Magazine

FEBRUARY 2023

Damascus Moment

Charles Jonasi missions in Midlothian

Let's Have a Super Party Go for the extra point

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February 2023 Volume 19, Issue 2

ON THE COVER



Zimbabwe native Charles Jonasi is making his mark on the community with the support of his wife, Loreen, and their children.

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Publisher, Connie Poirier General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker Midlothian Editor, Angel Morris Office Assistant, Kristin Bato Writer, Bill Smith Editors/Proofreaders, Lisa Bell Rachel Rich . Virginia Riddle

GRAPHICS AND DESIGN

Creative Director, Chris McCalla Artists, Kristin Bato . Martha Macias London O'Connell . Anthony Sarmienta

PHOTOGRAPHY

Photography Director, Chris McCalla Photographer, Kobbi R. Blair

ADVERTISING

Advertising Representatives, Cherise Burnett . Dustin Dauenhauer Bryan Frye . Kelsea Locke Linda Moffett . Lori O'Connell Linda Roberson . Karen Schaefer Jeremy Young

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Ing

Angel Morris *MidlothianNOW* Editor angel.morris@nowmagazines.com (972) 533-7216

EDITOR'S NOTE

Shot through the heart ...

Why is a winged, diaper-clad baby armed with a bow and arrow associated with February? And why in the spirit of Valentine's Day would you ever want to be shot by him — presumably, through the heart? We're breaking down all things Cupid in this month's edition of "Weird Holiday Traditions We Ought to Rethink."

The child of Roman love goddess, Venus, Cupid's name means, "to desire." In Greek mythology, Cupid's counterpart is Eros, with discrepancy toward his parentage. He is sometimes considered the son of Aphrodite and Zeus — who would have been both his father and his grandfather. (And *this* is the guy put in charge of matchmaking?)

In early days, he was depicted as slender, growing increasingly weightier over time (all that archery, apparently, made one hungry). He carried two sets of quivers — one causing people to fall in love, the other to fall out — which he used infamously to target the god Apollo (love struck) and the nymph Daphne (eternally not in the mood). From this myth we get a story of unrequited love and Apollo's promise to adorn the head of victors with laurel wreaths after Daphne turns into a tree to escape him. (Guess she never heard of a restraining order?)

Cupid's mom's jealousy toward a beautiful mortal results in further nefarious arrow use and, in turn, a sordid romance for Cupid himself. In spite of poor choices, Cupid was often described as irresistible to gods and humans alike. Perhaps those lapses in judgment, however, led to his increasing depiction as a playful child. Ultimately, his cherubic likeness would be used on cards by 19th-century Victorians who are credited with giving Valentine's Day its romantic spin. Maybe Eros' ineptitude explains a lot of weird matters of the heart?

Cupid's to blame!







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Damascus Momente Bragente

How does a man born and raised in Zimbabwe, Africa, make his way to Midlothian, Texas? Pastor Charles Jonasi said he was pursuing a law degree in his homeland when, at 34, he was introduced to God. "My Damascus moment, like the Apostle Paul, was a shock to my parents. They were very disappointed when I announced I would pursue theological training, even though my mom was very God loving," Charles recalled.

In 1986, Charles began volunteering at his local church, doing janitorial work, taking care of the grounds and with humanitarian relief programs that took him into deep, rural villages. "This is where my passion for the lost was birthed. It was during one of these trips in South Africa that I got hold of books by E.M. Bounds and the biographies of John Wesley and Smith Wigglesworth the British evangelist. It became very clear to me that there is more to Christianity than the embedded theology I had."

Ultimately, Charles would become the first in his family to get a bachelor's, then a master's degree and the first to travel abroad. In 1996, seeing a famed German evangelist in a packed Zimbabwe stadium inspired him to plant a church a year later. "This was the genesis of my traveling and church-planting ministry. The transformation that I saw during those missionary trips left me unsatisfied with doing church with a business-as-usual mindset."

Charles met with other role model pastors from across Africa over the next few years and, in the year 2000, was assigned to lead a tent ministry of Ambassadors for Christ. "This marked a turning point in my life. I began to learn skills necessary to lead and the power of networking around anointing." Charles remarked.

Ministering across Zimbabwe led to speaking invitations both locally and internationally. During this time, Charles met and married Loreen Matambira, who held his hand throughout planting churches across Africa. "Loreen and I went on to study at Petra's Theological Seminary, where we both did our first bachelor's in theology. We got married in 2001 and, although doctors had told us our chances of having children were slim, the Lord blessed us with three awesome kids over the years — our son, Nyasha Joshua, who is 17; daughter, Tatenda Moreblessing, 14; and son, Tinashe Brandon, 12," Charles stated.

In his first year of marriage, Charles joined Campus Crusades for Christ, focusing on discipleship training and leadership development of rural leaders and pastors. "Many churches in urban cities began inviting us to help them. I helped plant a church in the middle-density town of Waterfalls, in Harare. The ministry grew from just one family to over I,000 in five years," Charles said.



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While working for Campus Crusades for Christ, Charles made a couple of visits to the U.S. for conferences, where he said he experienced the "kind and hardworking culture of Texans," and, after 13 years with Campus Crusades, he decided to further his education at Christ For The Nations Institute in Dallas. "It was here in 2017 that I met Pastor Don Phillips and Pastor Tom Woolard, who were pastoring in Midlothian at Awaken Church. We had something in common as both students and immigrants," Charles acknowledged.

Charles decided to move his family to the States. "There was some uncertainty of bringing my family into a new culture. The major difference is the culture here is very individualistic. You can live for years without seeing or talking to your neighbors. On the contrary, back home we are one as a people under what we call the spirit of Ubuntu (community), and we are very social. We do everything together. We raise our kids as a community," Charles noted.

The Jonasi family has found its sense of community at Midlothian's Awaken Church. "Though the church is not very big, the love we experienced was irresistible," Charles explained.

In 2020, Charles and Awaken Church sent its first missionary team to Zimbabwe to help encourage churches he had planted. After serving various roles over the next couple of years at Awaken, Charles became senior pastor in 2022.

Today, he hopes to share a taste of his homeland with Midlothian. "I grew up in the days when we said, 'Thank you, sir,' and we were taught to respect our elders and help those in need. I miss the fellowships and the oneness of Ubuntu values, where everyone is accountable to the community's spiritual and social contract," Charles admitted.





In Zimbabwe, Charles appreciated times when men gathered to share ideas and pray together despite church-denominational differences and hopes to engage in breaking those denominational boundaries here. "I want to see the unity of churches with a Kingdom mindset," Charles stated.

To that end, Charles has written one book about the "spiritual rules of engagement" and two books about "creating meaningful relationships in the Kingdom." "We are meant to build networks and support systems around the various gifts God has given us," Charles explained. "I believe that there is no dustbin for human beings, and the biggest room in life is room for improvement. The idea is to raise ordinary Christ-centered disciples who are doing life the Jesus way."

Never one to rest on his laurels, Charles is currently pursuing a master's degree at Pentecostal Theological Seminary and learning to speak Spanish and Mandarin — adding to the other eight languages he learned in his travels and ministry. Loreen is studying for her nursing degree when not supporting Charles at Awaken Church. The couple looks forward to continued involvement in Midlothian. "People here have impacted my life — the late Fran Sweet, Pastors Phillips and Woolard and, recently, Lady Janice Wright who is helping us navigate the bookwriting ministry," Charles attributed. "Obviously, I miss my mum and my siblings who are still in Zimbabwe, but I love the state of Texas." NOW



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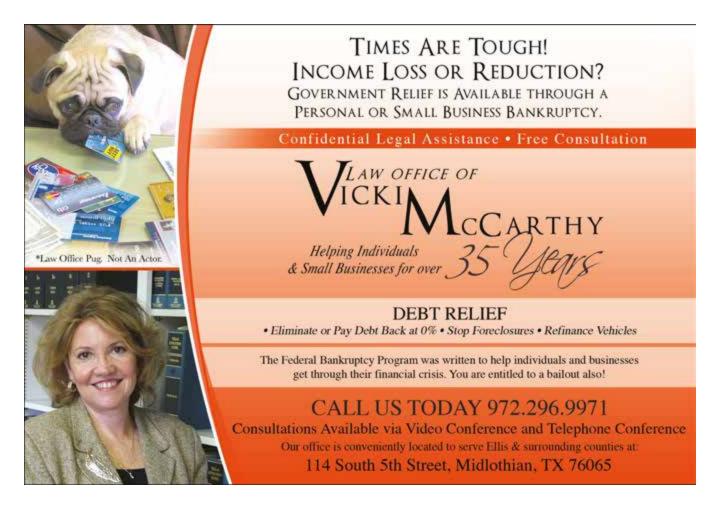
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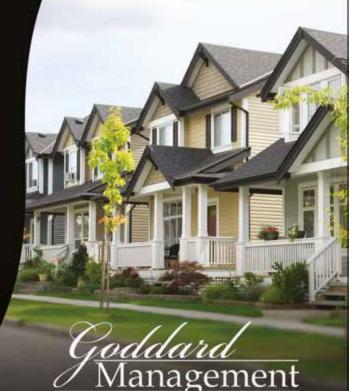


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If you are a die-hard football fan, then the Super Bowl is all about watching the game. If you are a casual football fan, but really enjoy viewing your local or regional team, and they make it to the Super Bowl, you want to watch the game. But even if you are not really into the game, you might still enjoy the commercials that Madison Avenue develops, and the advertisers pay serious money to have them aired during the big contest. Still not a fan? The halftime show is just for you!

Whatever category you fall into, hosting a Super Bowl party can be a lot of fun for both the hosts and the guests. If it is your turn to put on the party, here are four focus areas that can make your party a hit with apparel, decorations, games and food!

There are a couple of ways to go with apparel. Rather than

your invitation saying "casual dress," why not say "football related attire"? Most of your guests will arrive wearing the jersey of their favorite team, but some might get creative and come as cheerleaders, referees or play-by-play commentators. These days, most invitations are sent by email, and it would be easy to offer some subtle hints by attaching pictures of some alternatives. Or you could offer, "optional dress, come representing your favorite Super Bowl commercial." Imagination takes over, and someone shows up as a Pepsi can or a Budweiser Clydesdale!

Decorate the space for the party with balloons, paper lanterns, streamers, pom-poms and other party decor in the teams' colors. Paper plates and plastic cups are fine for this casual affair, and your local party supply or big-box store will probably have them in team colors. You can probably find a green tablecloth marked with yard lines to look like a football field. If you have some green cloth, you can make your own yard lines with a simple piece of white chalk. Goal posts are simple to make with a few straws, a hot glue gun and a couple of squares of Styrofoam to support them. Use a big water cooler (the kind they use at the end of the game to dump Gatorade on the winning coach) for holding punch, and maybe a bucket of ice decorated with streamers to hold other canned or bottled beverages.

Some guests will be too far into the game to want to participate in other games, but others may want some side action. An inexpensive football board that pays a dividend on the score at the end of each quarter may actually spark some additional interest in the game. Some other games can be played before the big game comes on and during half time. Challenge your friends to a football trivia contest, and award a simple prize to the winner. Change it up a little by having a Super Bowl commercial trivia contest! A 1992 Nike ad showed Michael Jordan playing hoops with what cartoon character? (Bugs Bunny!) Another idea for the commercial lovers is charades, but all of the clues are acting out a Super Bowl commercial from prior years, and the opponent tries to guess what product is being advertised. If you can take the games outdoors, bean bag toss is popular, and if you have time to make the bean bags in the shape of footballs, even better. Smaller children could even have a variation of the game indoors, using a green felt "football field" with a large round or square design to land the fleece football on. Kids love LEGOs, so you could have them make goal posts with the LEGOs and use them either on a table or on the floor with paper triangle "footballs." (Warning the dads may take over this game!)

Finger foods rule at a Super Bowl party, and guests are often more than happy to bring simple things like chips and dip. Staying with the football theme as the host, you might want to have a "concession stand" with food like your guests would find if they were at the stadium — corn dogs, fries and popcorn. If Buffalo is in the big game, Buffalo wings might be in order. If it's Kansas City, how about barbecue? Serve Tex-Mex if Dallas is playing. Philadelphia would lead us to cheesesteak! You get the idea.

Just remember, it's not whether your team wins or loses, it's just about how much fun we have. Now get ready for the kickoff! **NOW**

Sources:

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By Angel Morris

Zoomed In: Leslie Stevens

While Leslie Stevens' future plans involve becoming a cosmetologist, the 11thgrader at Midlothian High School currently challenges herself through the Junior ROTC program. In JROTC, she faces activities like pushing a 50-lb. ruck sack through three-feet-five-inches-deep waters. "The hardest part is pushing yourself outside your own limits. My best friend and my JROTC officer encourage me to do my best," Leslie noted. "Seeing how other cadets view me as a leader, not just in the class but also outside of JROTC, was a surprise."

Leslie's other hobbies are playing soccer and spending time with her sister and cousin. Plus, watching YouTube videos related to hair and makeup because, she said, "Cosmetology is definitely a dream of mine!"

Around Town



Aaron Cox rings in the New Year last month at Union 28.



Brothers Ryken and Dax Schroeder attend a Bricks 4 Kidz Winter Break Camp.



The Soyokaze Massage + Skin Care staff enjoys a tea party at the Adolphus.



Carter Dawson, Mia Figueroa, Jackson Chapman and Gage Smith donate 245 pounds in canned goods and almost 100 toys to Manna House on behalf of the MHHS FFA.

NOW



Angela Lopez and Donna Crimmins-Bonnell wrap up a year of service as 2022 Midlothian Chamber Ambassadors.



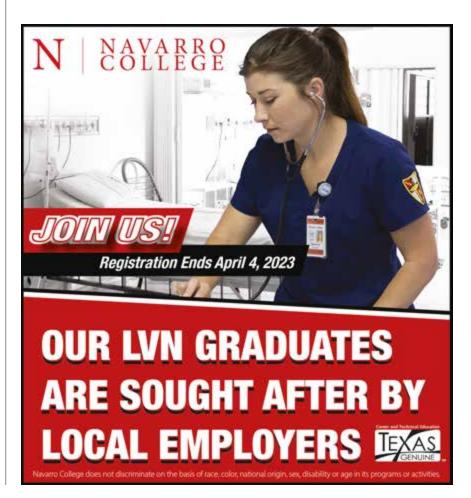
Even in winter, Austin and Leah Piekos enjoy the taste of Midlo Scoops.



Midlothian Panther Regiment trumpeter, Carter Hays, plays "Taps" to dedicate the new Veterans Tribute Memorial at Community Park.



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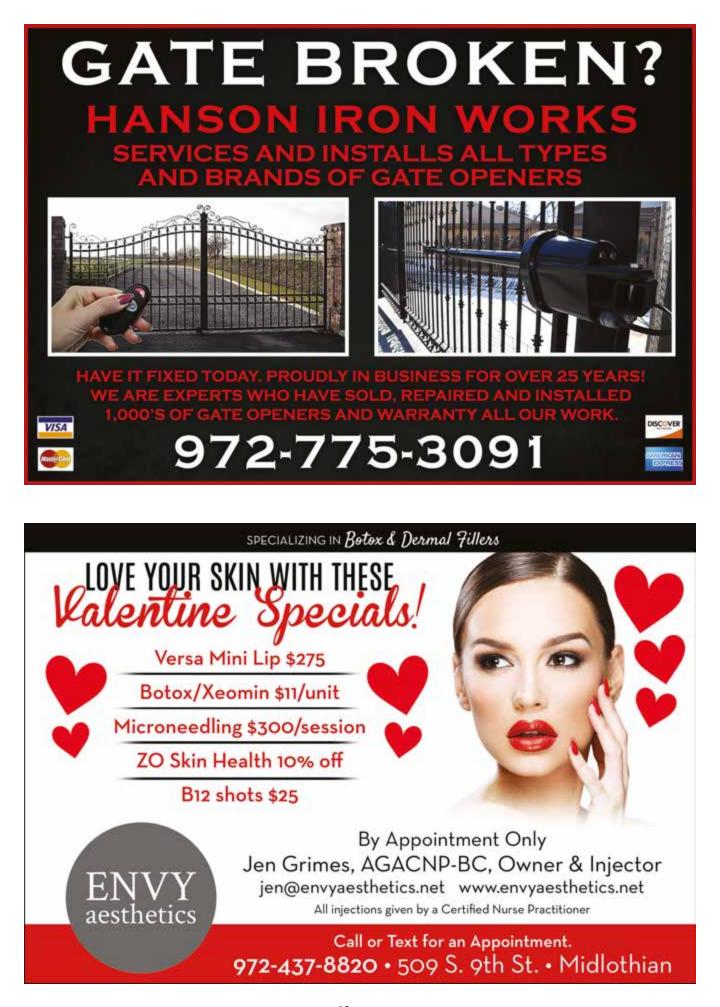
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— By Angel Morris

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With offices in Midlothian, Mansfield and Arlington, Cross Timbers ENT specializes in ear, nose and throat care for patients of all ages. Its board-certified team of physicians is highly qualified toward the diagnosis and treatment of head, neck and sinus conditions. "We offer a full range of services, from pediatric ENT care, hearing aid solutions and sinus and allergy therapy to cosmetic treatments," said Luke Shellenberger, MD. Cross Timbers' mission is providing "transformational healing through attentive, premier care you can trust." "We want to deliver the outstanding patient experience you and your loved ones deserve. Safety, excellence, efficiency and effectiveness are pillars of Cross Timbers' standard of care," Dr. Shellenberger promised.

With four doctors on staff — Dr. James Leffingwell, Dr. Luke Shellenberger, Dr. Allis Cho and Dr. Jonathan Wu — Cross Timbers ENT has patients covered from allergy treatments and chronic nasal conditions to ear infections or strep throat. Sinus/nasal conditions including sinus pain, headaches, nasal obstruction, decreased smell and nosebleeds — are commonly treated issues. Also, sinus/allergy services — testing and immunotherapy, balloon sinuplasty and sinus surgery — are offered.

Ear conditions served at Cross Timbers include hearing loss, pain and infection, plus ringing and pressure issues. Bone-anchored hearing aids treat conductive hearing loss, mixed hearing loss and single-sided deafness. Additional ear services include: hearing aids, ear tubes, cochlear implants, eardrum repair, hearing testing, hearing aid fitting and hearing protection. "We also offer pediatric treatments in these areas, addressing chronic ear infections and sore throats, plus adenoid and tonsil removal," Dr. Shellenberger noted.

Further services involve throat/voice conditions (hoarseness, strep throat, trouble swallowing and throat pain), plus head/neck conditions (thyroid issues, Parathyroid Disease, salivary gland infections, neck masses and head and neck cancers). Sleep conditions are also an area of expertise, from snoring to sleep apnea.

"We want to deliver the outstanding patient experience you and your loved ones deserve."

Cross Timbers offers home sleep study opportunities, but also Inspire treatment, the insertion of a small, electronic device that keeps the airway open with a gentle pulse as you sleep. "It's an advantageous alternative to CPAP for sleep apnea because it doesn't require a mask, hose or oral appliance," explained Dr. Shellenberger.

In addition, Cross Timbers offers cosmetic treatments of laser hair removal, skin rejuvenation, body contouring and hands-free body/face services. Minimally invasive treatments are cosmetic solutions that utilize various products to enhance the appearance and overall health of the skin.

Skin rejuvenation treatments are nonsurgical therapies using "cutting-edge technology and specialized techniques to boost the aesthetic of the skin." Body contouring addresses anti-aging concerns on the face, neck and body through FaceTite, AccuTite, laser lipo with fat transfer, MyEllevate™ and NovaThreads.

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Whether providing ENT or cosmetic treatments, Cross Timbers staffers emphasize treating patients as they would their own family. "We search for the most effective solutions and diagnoses for each patient to minimize cost and provide the best results. We believe our patients deserve a personalized experience. That's why we listen, adapt and provide a friendly atmosphere that makes them feel at ease," Dr. Shellenberger stated. "In every encounter, we strive to provide the best service and care possible."



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A disastrous Valentine's Day dinner that ended in flames — literally led to Ty Sherrell becoming so good at cooking that he now teaches others how. "Thank God my then-fiancée, now wife, Khristy, stuck with me. She bought me a smoker and made me face my fear of failure," Ty said.

A Midlothian resident who grew up in Red Oak, Ty just wanted to make good family meals. "I knew that in order to do so, I'd have to put in the work. I was ready. I put in the work. And, hey! Now I can cook."

Today, through Texas Brew and Barbecue, Ty offers lessons to others. "I'm proof you can get better by not quitting. That's the hidden beauty of cooking barbecue — trial and error means lots of eating!" Now

Marry Me Chicken

- 3 large boneless and skinless chicken breasts, sliced into thin cutlets
- 1/2 tsp. salt, plus more to taste
- 1/4 tsp. ground black pepper, plus more to taste
- 6 Tbsp. all-purpose flour
- 2 Tbsp. olive oil
- 2 Tbsp. butter
- 3 cloves garlic, minced
- I cup chicken stock

I cup heavy cream
I/2 cup Parmesan cheese, grated
I tsp. chili flakes
I/4 tsp. thyme
I/4 tsp. oregano
I/3 cup sundried tomatoes, chopped
I Tbsp. fresh basil leaves, chopped

 Season the chicken with 1/2 tsp. salt and 1/4 tsp. pepper; dredge the chicken in the flour. Shake off any excess.
 In a large skillet, heat the olive oil and melt the butter on medium heat. Swirl the pan to coat evenly with the oil and butter. **3.** Brown the chicken for 4-5 minutes on each side, or until golden brown and cooked through. (Do not overcrowd; work in batches if needed.) Transfer onto a plate, cover and set aside.

4. Sauté the garlic for 1 minute, or until it's fragrant. Add the chicken stock; deglaze the pan, scraping any bits stuck to the bottom of the pan with a wooden spoon.

5. Adjust heat to medium-low. Add the heavy cream and Parmesan cheese to the skillet. Allow the sauce to simmer a couple of minutes, then season with chili flakes, thyme and oregano.

6. Season with salt and pepper to taste; add the tomatoes. Put the chicken back in the sauce; simmer and thicken a few more minutes. Garnish with basil leaves; serve warm over pasta or rice.

Twisted Mac

1 lb. ground round, cooked 1 10-oz. can Ro-Tel (mild)

- I lb. hot breakfast sausage
- 1 10.5-oz. can cream of mushroom soup
- 1 32-oz. block Velveeta, sliced
- I small block smoked gouda, sliced
- I Tbsp. barbecue rub, or to taste
- 1 16-oz. pkg. twisted pasta noodles, boiled al dente and drained

 Preheat a smoker to 350 F; combine the first 7 ingredients in an aluminum half pan.
 Place on the smoker for about 30-35 minutes, or until all the cheese has melted, stirring every 10-15 minutes.

3. Put the pasta noodles in a skillet; stir in the cheese mixture until all the noodles are covered. Serve warm and save extra for dipping sauce.

Spicy Bacon-wrapped Pickles

Highly requested at classes and weekend get-togethers!

1 16-oz. pkg. bacon strips, cut in half
1 24-oz. jar sliced spicy pickles (I prefer Famous Dave's.)
Barbecue rub, to taste (I use BOOYAH! BBQ Rub.)
Barbecue sauce, to taste

 Preheat a smoker to 275 F. Wrap bacon around each pickle slice individually, putting the seam on the bottom.
 Place the pickles on a wire rack or

 have the pickes on a whe tack of barbecue mesh mat; cover in the barbecue rub.
 Cook in the smoker about 10 minutes, or until the bacon is done. Brush on the barbecue sauce. Cool at least 5 minutes before eating, as they will be *hot*.

The Texas Popper

2 pork tenderloins, trimmed of fat and membrane

4 jalapeño peppers, cored and minced 8 oz. cream cheese

- l cup cheddar cheese, grated
- 1 Tbsp. chili powder
- 10-12 slices bacon

 Holding a knife horizontally, slice the pork tenderloins in half, being careful not to pierce through the other end.
 In a small bowl, mix the peppers with the cream cheese, cheddar cheese and chili powder. Spread the mixture evenly in the openings of the pork. Close up the tenderloins, ensuring that the cheese stays inside the pocket of the meat.

3. Wrap the tenderloins with the bacon; place them on a smoker rack. It may be wise to have the tenderloins with the cut-open side facing up, so that any melted cheese will stay in the pocket and not ooze out. 4. Set the smoker to 275 F. Smoke the pork until it reaches an internal temperature of 165 F and the bacon is rendered and starting to crisp, approximately 2 1/2 to 3 hours.



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and pepper; let sit out for about 10 minutes, until the pork starts to sweat and the rub adheres to the meat.

3. Place on the smoker; let it cook until it reaches 165 F internally. Then, place it in an aluminum half pan; cover with brown sugar, butter and honey over the top.

4. Cover with foil; place back on smoker until it reaches 205 F internally. Pull out of the smoker; let it rest for about 1 hour.
5. Remove the foil; shred and place atop potato buns, adding barbecue sauce.

5. Remove from the smoker; let rest for about 10 minutes. Slice into 1-inch medallions and serve.

Hot 'N' Fast Pulled Pork

I rub, 5 hours and a whole lot of yum!

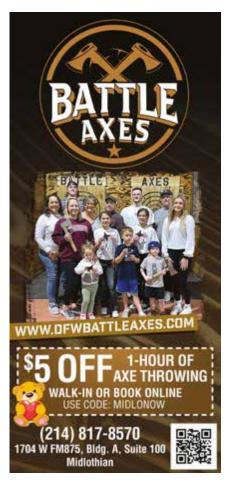
I pork shoulder or Boston butt Mustard, to taste Barbecue rub, to taste (or salt and pepper, to taste) Brown sugar, to taste 6-8 pats of butter Honey, to taste I pkg. potato buns Barbecue sauce, to taste

I. Preheat a smoker to 350 F. Trim some of the fat cap off the pork shoulder; rub down in mustard for a binder. (You won't taste the mustard).

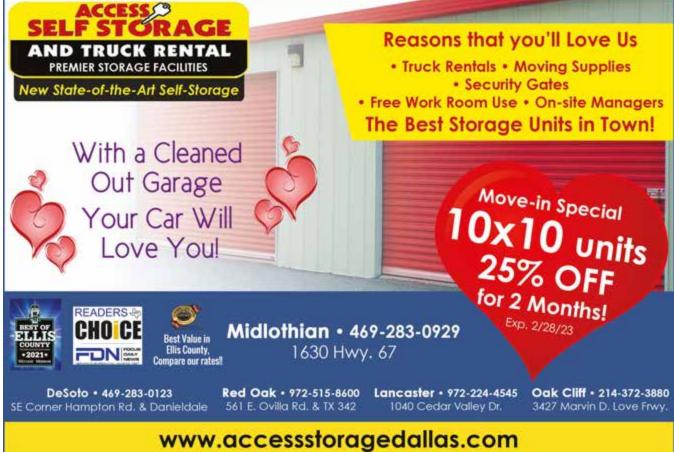
2. Cover liberally with barbecue rub or salt

To search for more great recipes from any of the 9 NOW Magazines publications, visit www.nowmagazines.com.









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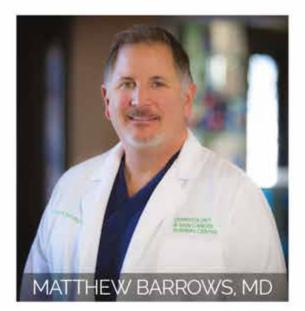
I eg or Ankle Swelling
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Ieg Heaviness or Fatigue • Burning or Itching Skin • Skin Changes or Rashes
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The smell of pine is usually in the air, especially on dew-filled early mornings. Birds chirping busily in trees and logging trucks hitting the roads, it's another busy start to a day in Lufkin, Texas.

The city was founded in 1882 as a depot stop for the narrow-gauge Houston, East and West Texas Railway. A debate exists over the city's namesake. Some records show it was Abraham P. Lufkin, a Galveston merchant, and some records list Edwin P. Lufkin, a civil engineer and surveyor. The city was incorporated in 1890 and became Angelina County's seat in 1892. Surrounded by towering forests, its major industries are foundries and wood and paper mills, the largest of which was Temple Industries, now Temple-Eastex.

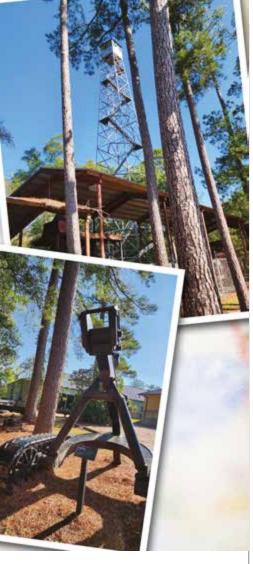
The legend of Angelina, for whom the county is named, dates to 1690 when the Spanish Franciscan fathers explored the Piney Woods and befriended Angelina, an indigenous girl from the Hasinai Tribe. Her name graces a river, a village, a national forest and the county. Of Texas' 254 counties, only Angelina is named for a woman.

In the 1930s, land was acquired by the United States to create the Angelina, Sam Houston, Sabine and Davy Crockett national forests in East Texas, making the Neches River Valley

the largest continuous wildlife area in East Texas. Lufkin and the surrounding national forests and state parks provide plenty of outdoor, family fun. Bikers of all proficiencies can enjoy the Azalea Trail, Crown Colony Loop and Old Orchard Park. Birding and golfing are available. Hiking and running trails are in city parks, on a college campus and nearby Angelina National Forest; Davy Crockett National Forest, which also offers horseback trails and camping; and the Sabine National Forest. Lake Sam Rayburn and the Cassels-Boykin County Park Lake offer fishing, boating and swimming. Want to paddle your own canoe or kayak? Alligators, otters, birds and other wildlife can be viewed along the 9.2-mile Neches-Davy Crockett Paddling Trail, a designated Texas Paddling Trail.

Family fun continues with the dinosaurs in the Naranjo Museum of Natural History or with lumberjacks at the Texas Forestry Museum. Parks and playgrounds are available in all parts of the city. Lufkin is also home to Atkinson Candy Company, maker of Slo Poke, Chick-O-Stick and other vintage favorites. Visit the Ellen Trout Zoo, the Hijinx Trampoline Park, Pawsitive Animal Encounters, Skate Ranch and city splash parks.

Lufkin, a Main Street member since 1983, boasts a vibrant downtown with restaurants, businesses and entertainment. Come enjoy SpringFest, Halloween, Heritage Festival, Flag Day and Christmas events. Lufkin and Angelina College offer



great shows in the Pines Theater, as well as art exhibits showing creations from a thriving local art community. Downtown murals brighten several buildings.

From barbecue to hamburgers, pizza, seafood, Italian, Asian, Cajun or downhome Southern comfort food, Lufkin has a restaurant that will please palates. Fast food, bakeries, restaurants, delis and coffee shops are available. B&Bs, camping, RV parks, hotels and motels are available in all price ranges. Come stay for a day, a weekend or longer.

Sources:

I. The Big Thicket Guidebook: *Bonney, Lorraine G., The Big Thicket Association and University of North Texas Press, #6 in series* The Temple Big Thicket Series 2011.

2. Lufkin Convention & Visitors Bureau: visitlufkin.com.



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Crossword Puzzle

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36	1	+	1	1		37	1		1	
	38	-	+	-		39			+	+

Across 1 Robert

sumame

10 Cavalry

cool

11 Get -

weapon

(banish)

13 Failed to keep

15 Behind, at sea

Yugoslavia

16 Dictator of former

17 Consider 19 "But of course!"

20 Front part of

an apron

23 Half a South

American dance

molecule

24 After costs and taxes 25 "Messenger"

26 Bright, positive

6 Javanese tree,

arrow poison

a source of

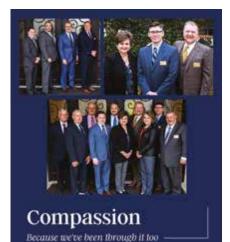
- 38 Distribute cards Downey Jr's father's original 39 Tend a fire
 - - Down
 - 1 Scat artist Fitzgerald
 - 2 "Land of a
 - million elephants"
 - 3 "Meet Me
 - Louis'
 - 4 Behaved
 - 5 Requirement
 - 6 Vase

 - 9 Alleviate

 - and I go off

Online versions and solutions available at www.nowmagazines.com. From our Homepage, click on the Crossword-Sudoku tab. Click on a puzzle. Click on the See All button to view solutions.





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- 33 "But, --- was ambitious, I slew him" (Shakespeare, Julius
- 35 Key to
- Caesar") oblivion?
- for a surprise party
- 7 "Seven Years in Tibet" actor
- 8 --- Monk, TV 'tec
- 12 Fishing bob
- 14 Sine of 30"
- **18** Instruction
- 20 Chesterton's
- 27 Full range

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chinese principle 28 Man-eating giant 30 Angolan capital 34 Globally

- renowned 36 Hullabaloo
- 37 Often "done" in the middle of

32 Down source

29 "Born Free" character 31 Forbidden act

- books, as Mulan reinterpreted sleuthing cleric
- 21 Close Don
- 22 Pan inventor

Sudoku Puzzle

Easy								1	Mediu	m							
3	6						5		2	3	7	5				8	
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1				9		7	4									9	
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							Crosswo	rdsite	e.com Ltd								

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Winner must pick up prize within 30 days of drawing.

Snowmen were found on pages 3, 18, 24, 29, Back Cover

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Valentine's Day

ome events may have been cancelled or rescheduled while we were at press. Check wit individual organizations or your city or Chamber websites to verify dates and time



Heart Healthy Tailgate Tips:

Learn the importance of diet for the heart. Tour Methodist Midlothian Medical Center's new Cath lab. Recipe ideas for tailgating. 5:00-6:30 p.m., I201 E. U.S. Hwy. 287. Register: https://methodisths.formstack. com/forms/mlmc_heart_ healthy_tailgating_tips_event.

2/8

Chamber Luncheon: Keynote Speaker, Michael Ray Newman, CEO of Zig Ziglar International. 11:30 a.m.-1:00 p.m., Midlothian Conference Center, I Community Drive. https://www.midlothianchamber. org/events-calendar.

2/11

Cupid Shuffle 5K:

Annual fundraising event benefiting Reach Council, school and community programs for local youth and families. Inperson registration: S40 day of race beginning at 7:00 a.m. Race starts: 8:00 a.m., MISD Multi-Purpose Stadium, I800 S. 14th St. https://thedriven.net/event. race_reg/eid/5881124579?.

Dancing With the Ellis County Stars: Six pair of dancers compete for the Mirror Ball Trophy. Support your favorite couple by voting as many times as you like at \$5/ vote up until the night of the event. Benefits Texas Baptist Home for Children. https:// event.gives/dwtecs?srh=Danci ng+with+the+Ellis+County+Sta rs. 6:00-10:00 p.m., Waxahachie Civic Center, 2000 Civic Center Ln., Waxahachie.

2/18

Mayor's Annual Winter Walk:

I-mile, guided nature trail excursion. All ages. Led by members of Texas Master Naturalist, Indian Trail Chapter of Ellis and Navarro Counties. Dress appropriately for the weather. Closed-toe shoes recommended. 9:00 a.m.-noon, Mockingbird Nature Park, 1361 Onward Rd. Register at: https:// www.midlothian.tx.us/530/ Winter-Walk.

2/25

Wild Game Feast: Barbecue dinner; sample various

wild game dishes. Expert hunter, Larry Moyer; raffle; and vendor booths. Tickets: \$10. 5:00 p.m., Midlothian Bible Church, 4250 FM 663.

Submissions are welcome and published as space allows. Send your current event details to angel.morris@nowmagazines.com.



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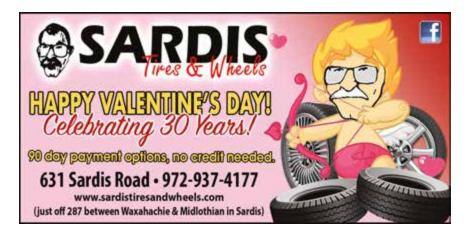
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Priscilla, Grand Prairie, TX

I started Diet Solution because nothing else was working. I signed up at two different fitness clubs, and I even attempted the Keto diet. However, I didn't realize that accountability is what I needed. I gained 60 pounds while pregnant with my son. Within the next four years, I only lost 20 of those pounds. My weight gain caused me to slip into a depression while I was wedding dress shopping. I was no longer confident and mentally battled with my weight daily. A family member mentioned Diet Solution, and I noticed she had lost a lot of weight herself. I decided to give it a try. I was given the freedom to be able to eat most of the food I enjoy, and if not, DSC was able to provide me with the proper substitution. Weekly check-ins were quick and easy! It was a great feeling to know that you were losing weight and inches! Within three months, not only did I lose all the weight I gained, but I even got down two pounds lower than what I was before getting pregnant with my son. The best news is I am still keeping it off! I love how people all around me notice my weight loss. It has brought out the confidence that I lost. I recommend DSC to anyone that wants to lose weight, no matter how many different diet programs you have tried!

BEFORE

WER CONN

Priscilla lost 40 lbs.*

> *Individual results may vary.

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