

What the Heart Sees

Sometimes love takes some time

In the Kitchen With Joetta Hodge

One Goal

Keith Moore knew firefighting was his calling

Also inside:

Scavenger Hunt

Featured Business: April's Pet Grooming

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8 ONE GOAL A roundabout path ker Keith Moore on target.

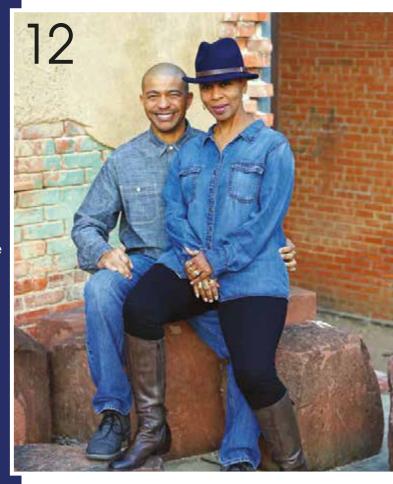
A roundabout path kept

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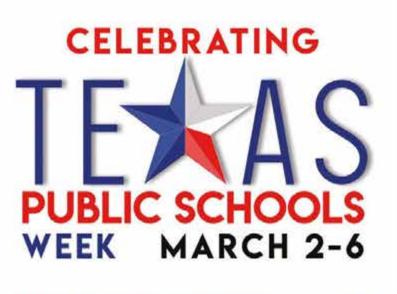
ON THE COVER

Keith Moore fulfills his purpose in life as a firefighter.

Photo by Shane Kirkpatrick.

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Elementary Open Houses

Monday, March 2, 6-7 PM

Middle School Open House

Thursday, March 5 6:30 - 8 PM

REDOAKISD.org

Sed Oak



Please join us for a district update from Superintendent Brenda Sanford!

> Tuesday, March 31 at 6:00 PM Wooden Elementary 200 Louise Ritter Blvd.

Thursday, April 2 at 6:00 PM Schupmann Elementary 401 E. Ovilla Rd.











February - Black History Month Career and Technical Education Month

Jan. 15-Feb. 14 - School Board Filing (Places 3,4,5,6)

Feb. 14 - No School (Staff Development)

Feb. 17 - No School (Presidents' Day)

Feb. 24 & Mar. 23 - School Board Meeting @ 7 PM

March - Music In Our Schools Month Youth Art Month Texas History Month

Mar. 27 - 7th Annual Special Olympics

Mar. 30 - No School (Staff Development)



(TUBULAR!)

Details at RedOakiSD.org



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EDITOR'S NOTE

Hello, North Ellis County!

Many people adore this time of year because they get to show someone how much they care. Others enjoy it because they can show love toward themselves and stay true to who they are. There are such beautiful aspects to February's love-filled month.

I, for one, am strongly feeling love in the air, as I gear up to marry a wonderful man, Ty Rich, in March. There are many changes happening in a short time — creating a new lifestyle, changing my name (and, in a way, who I want to be) and being promoted to the community editor of this wonderful magazine — all within a couple of months. But, I am grateful for still getting to love on my friends and family even during my busy seasons of life.

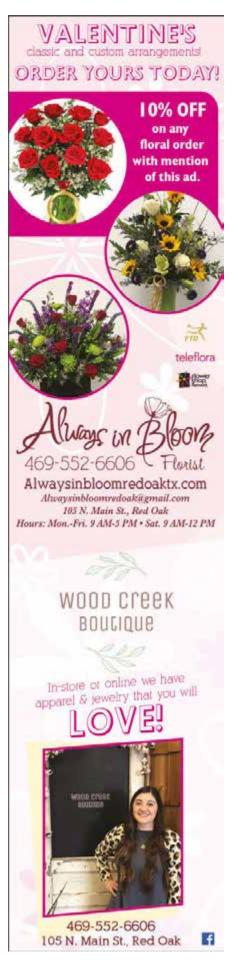
Excitement also overwhelms my heart as I get to transform strangers into friends. I've been with the company for five years as an editorial assistant, but I am now taking on the role of community editor. I want to bring you the best kinds of stories, and be there for you when you need someone to listen. We all represent the towns of North Ellis County together, and I believe a good job we have done!

As love shows up in the most unexpected ways, embrace it. Whether you're an acquaintance making a house call to a lonely, bed-ridden neighbor, a boyfriend looking for the best way to propose to your sweetheart or a family member calling your loved one to see what's new, don't be afraid to do all you do with love.

Share the love!









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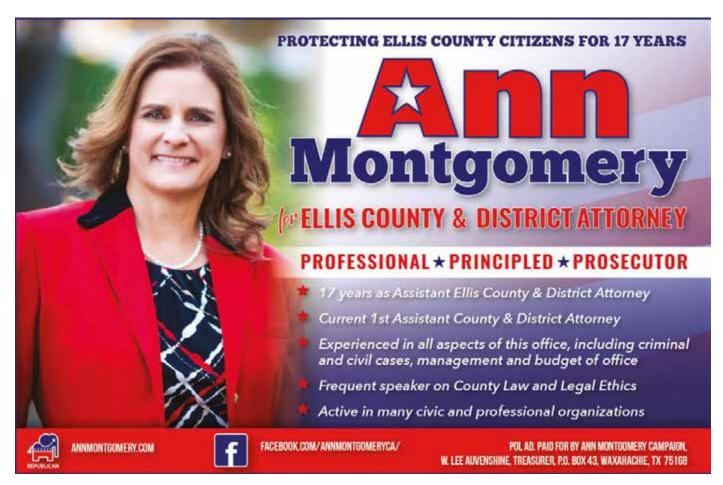
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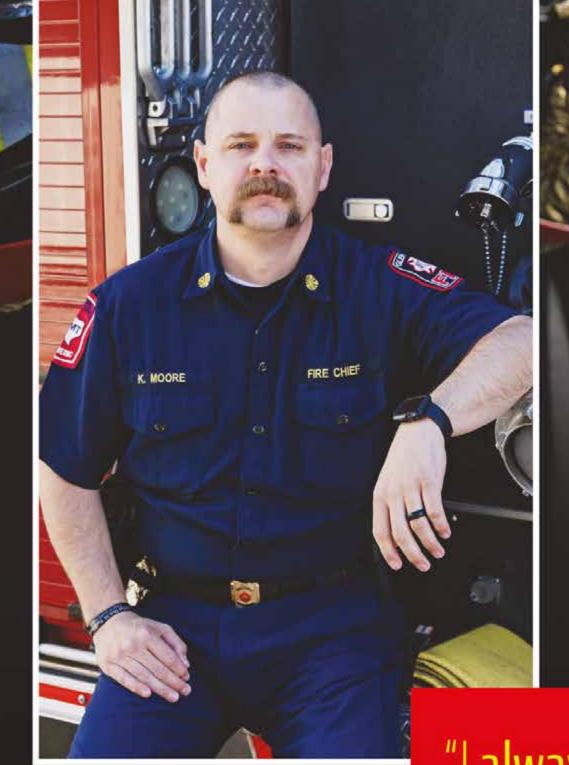


— By Adam Walker

Every little boy wants to be a firefighter at some point in his childhood. It's just a passing phase, a fascination with red hats and noisy bells, and maybe the allure of flames. But most boys go on to be mechanics or investment bankers or professors or grocery store managers. For Keith Moore, it was no passing phase. It was a life pursuit.

"I always wanted to be a firefighter. I had a fire hat with a little red light on it that I'd wear to run around the house. Mom has pictures of me in it. Growing up, my stepfather was a volunteer firefighter where we lived in Addielou, Texas. For a time, while the town was trying to build a firehouse, they housed the fire engine at my stepfather's auto shop. Sometimes, I got to go along and see them work calls as a kid."

A background like that can make a boyhood dream stick. "My mother and father always instilled in me the importance of service to others, and that I should always lend a helping hand," he said.



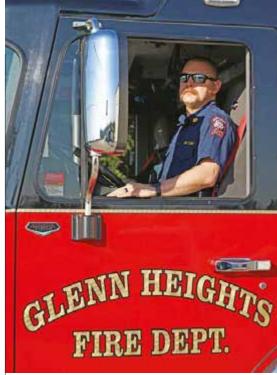
Later, his family moved to Waxahachie, where he spent time hanging out with the firefighters at the station, after school, all through junior high and high school. After graduating, he got a job at the water department there, but started volunteering with the fire department here in Glenn Heights, while attending the fire academy and EMT school at night!

When Glenn Heights FD went professional, Keith was one of six full-time hires in December of 2000. A lifelong goal had been achieved. But Keith keeps dreaming bigger. So, when his boss learned that Keith was interested in becoming a fire marshal, he encouraged Keith to transfer to the police department. "I went to the police academy and spent four years with the police department learning how to deal with the criminal element. The

"I always wanted to be a firefighter."







police chief had helped to hire me for the fire department when I first came to Glenn Heights. They brought me in to dispatch. Then I transferred to patrol. I spent two or three years in patrol. Then I spent six months to a year in CID overseeing juvenile and fire cases. When I came back to the fire department in 2007 I started working my way through the ranks." Now Keith Moore is the fire chief for his adopted home town. "This fulfills how I was raised. I feel a calling. It's like my Lord and Savior, Jesus Christ, set me out on this path to give back what He had given to me."

Keith values education for himself and for everyone in his department. "I'm always trying to learn new things. Paramedic training, SWAT, bike patrol — I've done all of them. I take all the fire classes, and I have master certification in inspection, investigation and emergency management. The more knowledge I have, the better public servant I can be. We try to do some type of training every shift, whether that's talking through the previous call or training a new skill or doing something to keep our minds sharp and ready for the next call."

Firefighters are visible. They're heroes. But there's a lot that goes on behind the scenes. "The majority of the time, the public only sees the engine, the lights and sirens. They don't see the day-to-day training in the station or in the field. Firefighters have to give more than 100 percent. And they're always learning, whether it's practicing

intubation for medical work or learning how to read smoke."

Keith is always looking to the future. "My goal is for us to continue to provide professional service and to grow with the city. We're unique in Ellis County, because we have fire-based EMS. The city is only about 50 percent developed. We have lots of room for growth, so the department needs to grow, too. We have a frontline and a reserve for both the fire engine and the ambulance, plus a brush truck and a command vehicle right now." This puts the department in a good place to build for future growth as new housing developments, apartment complexes and businesses add to the community. "I think the No. I most important part of providing good service to the city is the supporting staff. We try to be professional about everything, and make sure everyone has all the training and tools they need to do their jobs well."



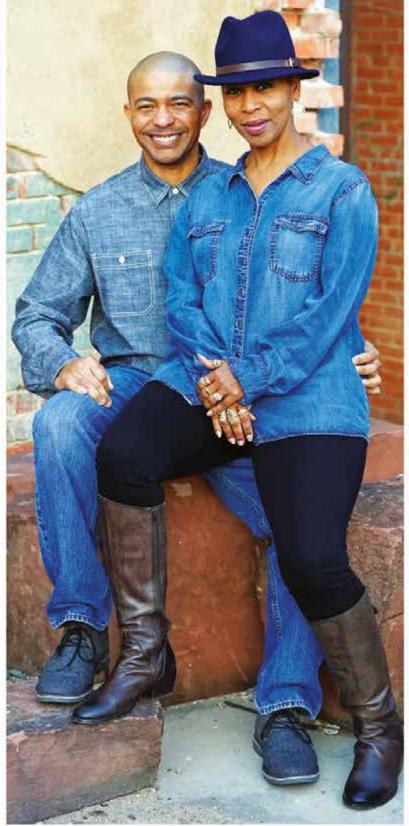
In between work and continuing to go to schools and other training, racking up an impressive collection of diplomas, certificates, awards and commendations, Keith values his family. "Time with family is very important to me. I love doing things with my wife and kids," he said. "We like to watch sports, especially baseball and football — college, not professional. I also like playing the guitar and drums. It's important to have things you enjoy away from work."

Glenn Heights is growing, and people like Keith Moore stand ready to protect the community from random events. It's good to know that excellence lives and thrives in small, hometown communities. Glenn Heights is in good hands with dedicated servants like Keith Moore clanging the bell and rushing into danger when the need arises. NOW











What the

HEART SEES

Not all great love stories start with love at first sight. For Ells and Tee Huling, it took a few looks.

The couple, who've been married 25 years, met as U.S. Marines at Camp Pendleton, California. "We didn't even really get along," Ells shared of their first impressions. "I thought she was very — how do I say this without getting in trouble?" he said with a broad smile as Tee laughed. "Let's put it this way, I thought she was a little bit over the top."

"I am," she admitted jovially. "He called me, 'Thug,' one time."

As for Tee's thoughts on Ells, "I believe the term I used for him was I thought he was kind of a 'Goober," she said as lovingly as possible.

Ells joined in, making them both laugh, "I used to wear these military brown glasses."

The shift in their relationship started as each began to admire the other's professionalism and abilities. "We started gaining mutual respect for each other because we were both very good at our jobs," Ells remembered. Rather than Thug, Ells started to think, *She's driven*.

For Tee, Goober became, "He's really smart."

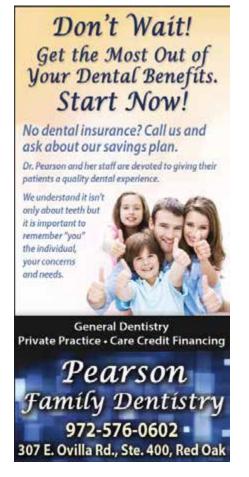
As happens in military life, both were transferred but renewed their acquaintance when they found they were stationed in close proximity. What began as professional respect grew into a friendship. "We were just buddies. I was one of the 'fellas," Tee described.

Somewhere along the way, Ells and Tee began to be more than buddies. Tee credits Ells' mom with being the impetus for them finally seeing what, perhaps, their hearts had seen all along. "His mother called him one time, and I guess they were discussing me somewhere











in this conversation. His mother said, When do friends become more than friends?' And so, then he came back and had this conversation with me. It never dawned on me."

"It never dawned on me, apparently, either," Ells said.

Tee continued, "So, we were like, 'Well, OK. I guess that's something to ponder. So, we went away, and we thought on it." Thinking on it was all it took. Soon they were engaged, and after six months of in-depth premarital counseling at their church, they married.

Ells and Tee knew what they wanted and what was expected of them when they became Marines. Competitive by nature, both had goals of achieving rank, obtaining as much education as possible and staying in active duty at least 20 years. To reach their goals, they knew they'd have to work hard, study hard and, as Marines, almost certainly serve at least one foreign deployment.

Five months after they married, Tee was diagnosed with Hodgkin's lymphoma. That diagnosis, ensuing treatments and other health issues threatened Tee's dreams of achieving all of her goals as her military doctors repeatedly denied her the chance to deploy.

"I was excelling in everything. My physical fitness tests, I always did really well at. I wanted to go. This wasn't me doing anything. This is a doctor looking at my history. I was sitting there, perfectly healthy and fit, but he was looking at my history and said, 'No," she shared.





If a Marine is unable to fulfill the requirements of their service, they can be involuntarily retired. It was when she was denied deployment the third time that Ells stepped in.

"That's when he said, 'I'll take your orders. I will do the job. We have the same name. We have the same rank. I'll go."

The man Tee had at one time referred to as Goober knew how important it was for her to achieve her goals, and willingly took her place so she could. Tee's orders were not to somewhere peaceful or exotic. They were to Iraq in 2004. Having previously deployed on two overseas ship deployments, as well as to Japan, Ells had some idea what he was volunteering for when he asked to take Tee's place.

Surprisingly, Ells' request was granted. For 11 months, he endured life in a battle-ravaged country. He did it for the woman he once called Thug, but now describes as "the other side of me," the one who "drives me and makes me want to be a better man."

Because Ells took her place, Tee was able to achieve her 20 years as a Marine. Both retired but continue to serve, Ells as an Ellis County Veterans Service officer and Tee as a veteran's employer liaison with the Texas Veterans Commission. They spend their leisure time in ministry at their church, going to movies, traveling in their RV and continuing to write the love story of Goober and Thug.



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BusinessNOW

April's Pet Grooming

- By Sally Fuller

April's Pet Grooming 600 Methodist St., Ste. 2130 Red Oak, TX 75154 (972) 576-1777

www.aprilspetgrooming.com aprilspetgrooming@yahoo.com Facebook: April's Pet Grooming

Hours: Monday-Friday: Opens: 8:00 a.m. Closing time varies. Early drop-offs and late pickups can be arranged by appointment.

They say if you do what you love, you never work a day in your life. For April Warren, owner of April's Pet Grooming, nothing could be truer. "I just like being able to be around the dogs all day. I feel like it's not work," she shared.

As a child, April would groom her grandmother's dog well before she even knew what dog grooming was. "My grandma

had a Pomeranian, and I would always take care of it for her. I always wanted to bathe it, clean it up and do its nails. I didn't know anything about grooming back then. I didn't even know it was a thing, but it was fun," April said.

t Grooming

Sitting at her grooming table, happily and expertly snipping fur from the tiny Yorkshire Terrier in front of her, it's obvious that working with her canine clientele has never stopped being fun for April. Her patience and skill transform pets — from the perpetually pampered to the recently rescued — into furry masterpieces, or at least into very cute animals.

April's service to her clients isn't just about producing pretty pooches. Her experience and familiarity with animals enable her to help pet owners by keeping them apprised of things she notices. From ear infections to unexplained lumps or skin conditions and more, when April notices, she lets owners know. "I'm not a vet, but I can tell them if I see there's something going on with the dog that's not supposed to be," April explained.

April is the sole groomer at her shop, but not the only one involved in the business. Her husband (and high school sweetheart), Tommy, takes care of the paperwork for the thriving company. Her mother and mother-in-law, Barbara Beene and Peggy Bennett, respectively, work in the shop with April daily. Barbara is the dog shampooer and helps April at the grooming table. Peggy dries the dogs, greets customers and sets appointments.

"I just like being able to be around the dogs all day. I feel like it's not work."

Services for pets can be simple or comprehensive. There are flea, oatmeal, skin remedy and brightening shampoos, as well as de-skunk treatment for those smelly mishaps. Dogs can have their nails filed and teeth brushed. There's even blueberry pie facial scrub and paw moisturizing treatment. In addition to a variety of fur-cutting services, there are several types of brushings, such as de-shedding, furminating and de-matting available.

As the name implies, April's grooming skills are not limited to dogs. She also shaves cats and trims their toenails. She grooms special needs dogs, those who are blind or can't hear, and every three months, she hosts a low-cost vaccination and pet care clinic. Payments accepted are cash or check only.

The personal touch and attention April gives her customers set her apart. "I take my time because I want to do it right. When people bring their pets to me, they know it might take a little longer than one of the big shops, but their dog is going to be treated well. It's going to be done right, and it's always going to be done by the same person," April said. "Some other places, they're in it just to get paid. I do it because I like to do it." NOW









Around Town



Ferris Jr High's custodians are celebrated on National Custodian Day with a meal and gift cards from PTO.



Ferris Jr High holds its first awards assembly celebrating students who had all A's during the prior year.



Patty Jordan, Scott Fuller and First Baptist Pastor Jared Douglas welcome Medical City ER to Red Oak during their ribboncutting celebration

Zoomed In:

By Rachel Smith

Logan Ragsdale and Brooke Grmela

With children's books holding a special place in his heart, Logan Ragsdale wrapped up story time with the kids, dressed in his usual Cat in the Hat head gear. Supporting him through her Olaf creation made out of "warm books" was Brooke Grmela, Red Oak Library Assistant. Together, they enriched the lives of children through literature.

"Brooke is a wonderful person, a joy to work with and the library is better for having her here," Logan stated. "Mr. Logan," as so named by the children, spends an hour each week reading, singing and dancing with kids who visit the library.

Fellow Library Assistant Jolene Brown (not pictured), doted on Mr. Logan: "It is a rowdy hour, and it's impossible to tell whether Mr. Logan is the entertainer, or if he's being entertained!"



In his 12th season with Life School, Head Varsity Basketball Coach Eddie Berumen earns his 300th win.



Brady Layne spends time with his grandparents for Goodies with Grands.



Beth Trimble, Amanda Skinner and Holly Jones attend the presentation of Bombardier & TSTC Red Oak's presentation of its new training program.



Meagan Cooper, center, celebrates Belle Dance Studio's grand opening and ribbon cutting in Glenn Heights with friends and family.



Some of the Ferris Intermediate Robotics Team gather for a photo at a scrimmage meet.





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A baker by trade, Joetta Hodge began cooking at 8 years old and taught herself to cook by visiting the library. Baking isn't only Joetta's specialty, it's her favorite kind of cooking. "I was raised where candy was not an option. Our sweet treats came from baked goods and ice cream that my mother made from scratch," Joetta recalled.

Joetta enjoys teaching others to cook, and her baking is a family tradition. "Every year for family member's birthdays, I bake their favorite cakes, cookies and pies," she shared. "I love seeing others enjoy the goods I bake!"

Joetta invents many of her own recipes. She may start with recipes from a cookbook, but will add her own ingredients to "make it healthier" and "personalized." Now

Strawberry Cheese Mousse

Great diabetic dessert!

- 1 4-serving pkg. sugar-free strawberry gelatin mix
- 1/3 cup sugar
- 3/4 cup boiling water
- 1 8-oz. pkg. nonfat cream cheese
- I cup nonfat ricotta cheese
- Sugar substitute equal to 1/4 cup sugar
- 1 1/2 cups mashed fresh strawberries (divided use)
- 1 1/4 cups light whipped topping
- 8 whole strawberries, for garnish

- 1. Place gelatin and sugar in a large heatproof bowl; mix well. Pour in boiling water; stir until completely dissolved. Set aside; cool to room temperature.
- 2. While gelatin cools, place cream cheese, ricotta cheese, sugar substitute and 1/2 cup mashed strawberries in a blender or food processor. Process until smooth; set aside.
- 3. With an electric mixer, beat cooled gelatin for about 3 minutes, until it has the consistency of soft whipped cream. Gently fold cheese mixture into gelatin. Fold in the remaining cup of mashed strawberries. Fold in the whipped topping.

4. Divide into 8 10-oz. dishes. Chill until firm (minimum 2 hours). Top with whole strawberries; serve immediately.

Cheesecake Squares

Crust:

1 1/2 cups graham cracker crumbs

1/4 cup sugar

1/2 stick unsalted butter, melted

3 8-oz. pkgs. cream cheese

1 cup sugar

4 large eggs

1 tsp. vanilla

Topping:

8 oz. sour cream

1/4 cup sugar

1/2 tsp. vanilla extract Garnishes of your choice

- **I.** Heat oven to 350 F.
- **2.** For crust: Blend all ingredients, press into the bottom of a 9x13-inch jelly roll pan. Bake for 6-8 minutes. The crust should be set.
- **3.** For filling: Beat together cream cheese

and sugar until smooth. Add eggs; beat well (about 5 minutes). Stir in vanilla.

- **4.** Pour filling over the crust; bake for 20 minutes.
- **5.** For topping: Combine sour cream, sugar and vanilla. Pour over filling; bake 10 minutes.
- **6.** Let cool about 15 minutes before refrigerating. Cool completely; garnish.

Wacky Mac and Veggies

- 1 12-oz. pkg. Wacky Mac Veggie Spirals pasta
- 2 bunches broccoli, chopped
- 2 stalks celery, chopped
- I medium onion, chopped
- 3/4 cup red bell pepper, chopped
- 2 Tbsp. olive oil
- 3 tomatoes, chopped and seeded
- 1 5-oz. can Albacore tuna, drained

Parsley, Italian herbs or scallions, to taste (optional)

- **I.** Cook pasta per pkg. directions.
- **2.** Sauté all vegetables, except tomatoes, in olive oil until tender.
- **3.** When pasta is done, drain and mix with vegetables; add tomatoes and tuna.
- **4.** Garnish with parsley and Italian herbs and/or scallions.

Apple Pecan Cake

- I cup vegetable oil
- 2 cups sugar
- 3 eggs, separated
- 1 tsp. vanilla extract
- l tsp. salt
- I tsp. baking soda
- 2 tsp. baking powder
- 3 cups flour
- I cup pecans, chopped
- 3 cups apples, chopped
- **1.** Preheat oven to 350 F. Grease and flour a 10-inch Bundt pan.
- 2. Blend oil, sugar, egg yolks and vanilla.
- **3.** Sift together salt, baking soda, baking powder and flour.
- **4.** Stir dry ingredients into sugar mixture. Fold in pecans and apples.
- **5.** Beat egg whites until stiff; fold into batter.
- **6.** Bake 1 hour, or until a toothpick inserted in the center comes out clean.

Banana Pound Cake

- 1 1/2 cups butter, softened
- 3 cups sugar
- 5 large eggs
- 3 ripe bananas, mashed
- 3 Tbsp. milk



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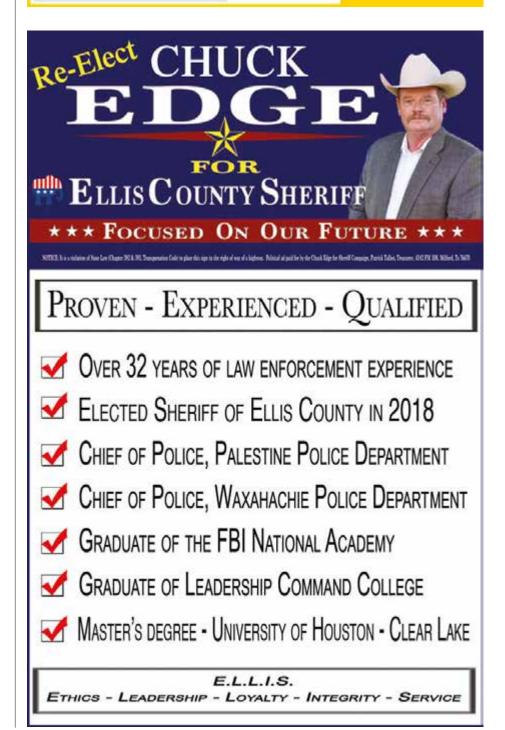


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powder and salt; add to sugar/egg mixture, alternating with banana mixture, beginning and ending with flour mixture. Beat on low speed only until blended after each addition.

- **5.** Pour batter into the prepared tube pan. Sprinkle with pecans. Bake for 1 hour and 20 minutes, or until a toothpick inserted in the center comes out clean.
- 6. Cool in the pan for 10-15 minutes. Remove to a wire rack to cool completely (about 1 hour).

3. Layer another 3 Tbsp. pudding over crumbled wafers. Repeat banana and wafer layers. Serve immediately.

Crescent Bacon-cheese **Tartlets**

1 can Pillsbury Crescent Rolls 1/3 cup Swiss cheese, shredded 1/4 cup bacon, cooked and chopped 1 Tbsp. green onion, chopped 1 egg

- 3 Tbsp. whipping cream
- **I.** Heat oven to 375 F. 2. Unroll dough into 1 large rectangle on a work surface. Press into a 12x9-inch
- rectangle, firmly pressing perforations to seal. **3.** Cut dough into 12 squares. Gently press squares into 12 ungreased mini-muffin cups,
- shaping edges to 1/4-inch high. **4.** Spoon cheese evenly into cups; top with bacon and green onion.
- 5. In a small bowl, beat egg and cream with a whisk or fork until well blended. Spoon slightly less than 1 Tbsp. egg mixture into each cup.
- **6.** Bake 15-20 minutes, until edges are golden brown and filling is set. Cool 5 minutes before removing from muffin cups.

2 tsp. vanilla extract 3 cups all-purpose flour I tsp. baking powder 1/2 tsp. salt 3/4 cup pecans, chopped

- 1. Heat oven to 350 F. Grease and flour a 10-inch tube pan.
- 2. Beat butter at medium speed until creamy, about 2 minutes. Gradually add sugar, beating 5 to 7 minutes. Add eggs, 1 at a time, beating only until yellow disappears after each egg.
- 3. In a separate bowl, combine bananas, milk and vanilla. Mash and combine until almost smooth.
- 4. In another bowl, combine flour, baking

Banana Pudding Parfaits Great diabetic dessert!

- 1 4-serving pkg. instant, sugar-free vanilla pudding 2 cups skim or 1% milk I cup bananas, sliced
- 12 reduced-fat vanilla wafers, crumbled
- 1. Prepare pudding per pkg. directions. Cover; chill for 30 minutes or until set. 2. Assemble parfaits by placing 2 Tbsp.
- of the pudding in the bottom of 4 8-oz. wine or parfait glasses. Add 2 Tbsp. sliced bananas; top with 1 1/2 Tbsp. crumbled vanilla wafers.



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One cannot think well, love well, sleep well, if one has not dined well.

- Virginia Woolf

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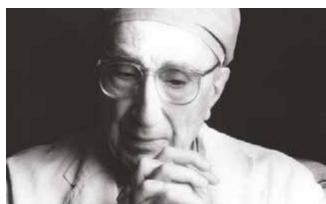
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Tales of Texas

The DeBakey Difference

- By Angel Morris

The American Heart Association reminds us that one in four deaths each year in the United States is a result of heart disease. In response, American Heart Health Month takes place each February to raise awareness of the disease and how to prevent it.

Longtime Texas resident, Dr. Michael DeBakey, was a pioneer in cardiology whose accomplishments centered around heart health. Namesake of the Houston Methodist DeBakey Heart and Vascular Center, Dr. DeBakey performed the first successful removal of a blockage in the carotid artery, establishing the field of surgical treatment of stroke, in 1953.

While today, Dr. DeBakey's name can also be found on other Texas research facilities and schools, it was not his birth name. After immigrating to Louisiana from Lebanon, the Dabaghis decided DeBakey was a more suitable, anglicized version of their name.

Born to Shaker Morris and Raheehja DeBakey in 1908, Michael is said to have shared his parents' thirst for knowledge and discipline. Shaker was not only a pharmacist, but also an investor. Michael's compassionate spirit no doubt came from his mother, who was an activist for nonprofit organizations.

In 1926, Michael graduated high school as valedictorian, then earned his bachelor's degree from Tulane University in 1930. While finishing his medical degree at Tulane's School of Medicine in 1932, DeBakey invented the roller pump — a tool helping blood flow continuously during operations. The device went on to be used in the first open heart surgery two decades later and was the first of more than 50 surgical heart and artery instruments credited to Dr. DeBakey.

Volunteering for military service at the start of World War II, DeBakey is credited with changing the way the Army handled casualties. Serving four years in the Office of the U.S. Surgeon General, he pursued movement of medical facilities nearer to the front lines, speeding the care of wounded soldiers and increasing their chances of surviving.

In 1945, he received the Legion of Merit Award for these efforts, which resulted in the Army's standardization of MASH units — Mobile Army Surgical Hospitals — which were first utilized in the Korean War a decade later, with helicopters and airplanes used to transport wounded soldiers from front-line care centers to surgical hospitals.

As a result of DeBakey's efforts, reports suggest soldiers who made it to MASH units had a 97 percent chance of surviving. With ongoing concern for servicemen, Dr. DeBakey also developed the Veterans' Administration (VA) Medical Center System and VA's Medical Research Program to try and ensure the treatment of soldiers returning from war and veterans with certain medical issues.

Moving to Houston in 1948, Dr. DeBakey became a staff member at Houston Methodist Hospital and joined the Baylor College of Medicine faculty. Houston Methodist's website credits the doctor as "essential to the Texas Medical Center's evolution into the largest medical complex in the world."

DeBakey recruited doctors and researchers who, with him, developed many innovative treatments. Other significant accomplishments by Dr. DeBakey include the invention of the Dacron graft — tubes which can replace or repair blood vessels — which he initially prototyped using his wife's sewing machine in 1954. This method would save DeBakey's own life decades later, when he suffered a dissecting aortic aneurysm at age 97, and doctors performed his own procedure on him.

In addition to his Dacron graft development, DeBakey performed the first aortocoronary artery bypass in 1964, and in 1968, the first multiple-organ transplant of a heart, one lung and both kidneys from one donor to four recipients. Working into his 80s, the medical statesman is credited with more than 60,000 surgeries.

Dr. DeBakey ensured Houston would continue to be synonymous with heart surgery treatment by teaching at Baylor College of Medicine, training thousands of surgeons, conducting ongoing research and co-authoring some 1,300 published articles. In 2001, Houston Methodist DeBakey Heart and Vascular Center officially opened. In 2008 at age 99, Dr. DeBakey died at Houston Methodist Hospital, where he had served a significant portion of his career and had greatly advanced cardiovascular medicine.

You can honor Dr. DeBakey's legacy by recognizing February as American Heart Health Month in large or small ways. Visit yourethecure.org for tips on living longer, healthier lives. Here you can also learn about supporting causes that promote heart health, such as being aware of upcoming health legislation and holding food companies accountable. In the spirit of Dr. DeBakey, the website helps you make decisions with heart. NOW

Source: houstonmethodist.org Photos courtesy of Houston Methodist.



Mis Fun Page

Help friends to meet in the middle of the Valentine maze.



AN	5W	ER	





Family

P	T	S	1	S	T	Н	U	N	E
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Find all the words from the word list (ignore spaces and dashes):

BROTHER
CHILDREN
DAUGHTER
FATHER
GRANDFATHER
GRANDMOTHER

AUNT

NEPHEW NIECE PARENT RELATIVE SISTER SON UNCLE

MOTHER

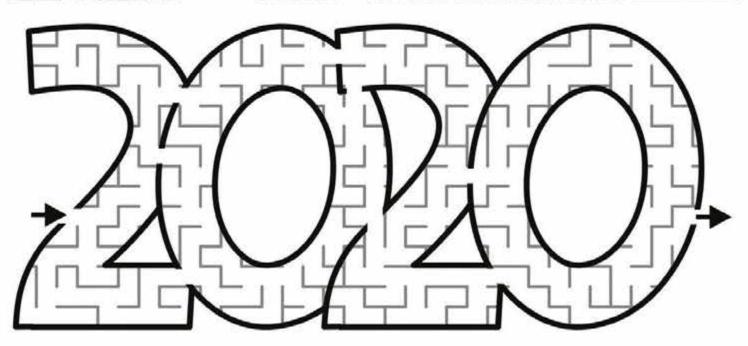




This is a zigzag word search puzzle.
Words go left, right, up, down, not diagonally, and can bend at a right angle.
There are no unused letters in the grid, every letter is used only once.

ANSWER:

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Crossword Puzzle

1	2	3	4		5	6	7	8	9	
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	36	1	+	+	-		37		+	+

Solutions on page 36

Crosswordsite.com Ltd

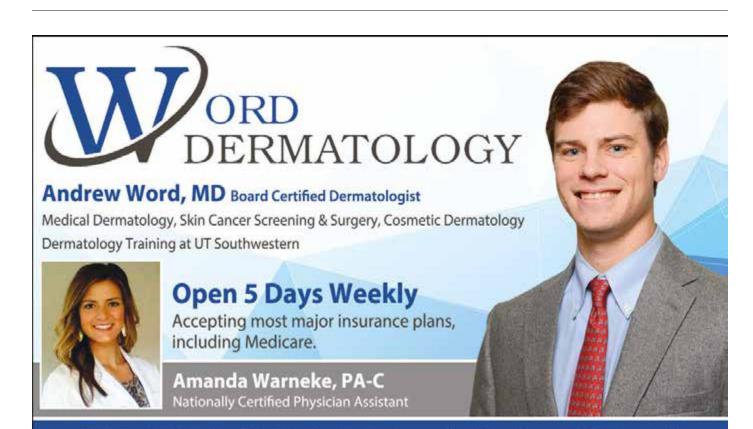
Across

- 1 First part of a Web address
- 5 Stylish
- 10 Via
- 11 Playful prank
- 12 Entrées
- 15 Ad follower
- 16 Classic Ford
- 17 --- Man (arcade classic)
- 18 --- the crack of dawn
- 20 The Beatles' meter maid
- 21 Settled
- 23 Head of the line
- 24 Pile
- 25 Cuckoo
- 26 And not
- 27 Trim, in a way
- Et tinii, iii a may
- 28 Letters in an open slot
- 31 Temperature reading of a sort
- 34 Get to know
- 35 Love god
- 36 Old Democrat --- Kefauver
- 37 About

Down

- 1 WWW code
- 2 Like tom yum soup
- 3 Feeders
- 4 Low form of comedy
- 5 "Ivanhoe" writer
- 6 She was urged to come into the garden (Tennyson)
- 7 Loan abbreviation
- 8 Hospital breathing machines
- 9 Dog rewards
- 13 Clothed
- 14 Hightail it
- 19 Vigor
- 20 Manipulate
 - 1
- 21 "Say it ain't so!"
- 22 Persons in general
- 23 Deer in a petting zoo
- 25 Thugs
- 27 Bog
- 29 Rorschach test piece
- 30 Too
- 32 Southampton Insurrectionist --
- 33 Shooter ammunition

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Sudoku Puzzle

Lasy									 vicaio								
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	8		3				9		9		7		5				
									5			2					9

Medium

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Solutions on page 36



Easy

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2/1

Vertical Women's Conference 2020:

The theme is Recharge. Worship, fellowship, giveaways and more. Breakfast and lunch included. General ticket: \$20; ticket plus T-shirt: \$35. 9:00 a.m.-3:00 p.m., Vertical Church, 3333 Ovilla Rd., Ovilla. www.eventbrite.com/e/verticalwomens-conference-tickets-89057175409?aff=ebdssbdest search.

Take Your Child to the Library Day:

All children ages 7-16 can apply for a free library card and get a free face painting as well. Parent must bring in current driver's license/ID. Parent and child must both be present. Free cards: 10:00 a.m.-1:00 p.m.; face painting: 11:00 a.m.-1:00 p.m., 301 E. 10th St., Ferris. (972) 544-3696.

2/4

North Texas Homeschool Innovation Lab:

Weekly Markerspace & Innovation Lab for homeschool students sixth-12th grades. Explore technology and trades while working on projects in a student-led collaborative environment. Prepare for your future career and higher education. Must RSVP going and obtain tickets through Eventbrite. New or returning students, must complete

the Spring 2020 registration that will be sent via email after you obtain your tickets through Eventbrite. Spring semester meets Tuesdays 2/4-4/28; spring break: 3/10. 2:00-4:00 p.m., Texas State Technical College, 119 North Lowrance Road, Red Oak. www.eventbrite.com/e/north-texas-homeschool-innovation-lab-spring-2020-tickets-89523875321?aff=ebdss bdestsearch.

2/6 & 2/12

New Family Preview Event: Feb. 6: 6:30 p.m.; Feb. 12: 9:30 a.m., Ovilla Christian School. Please RSVP at (972) 617-1177.

2/7

Friends of FirstLook 25th Anniversary Celebration:

Guest Speaker Jim Denison, Ph.D., founder of Denison Forum, discerning today's culture with biblical truth. 7:00 p.m., Waxahachie Civic Center, 2000 Civic Center Ln., Waxahachie. Learn more at friendsoffirstlook.org.

2/14

My First Love:

Dinner Theater. The DeSoto
Parks and Recreation
Department presents a romantic comedy about a woman looking for love in all the wrong places, but love has always been right in her face, it just wasn't what

she had in mind. The night will include a 3-course dinner, I glass of champagne, theater and dance. \$75-\$80. Doors open: 6:45 p.m.; dinner: 7:15 p.m.; show starts: 7:30 p.m., DeSoto Corner Theater, 211 E. Pleasant Run Road, DeSoto. www.desototexas.gov/parks.

2/15

Cupid Shuffle:

Register for the 5K/Fun Run supporting Ellis County Reach Council Prevention Services at runsignup.com/ Race/TX/Midlothian/ CupidShuffle5KandFunRun.

2/22

Helicopters for Heroes Patriot Party in Downtown Ennis:

Helicopters for Heroes is proud to present a full day of fun for the entire family with street vendors, small shop displays, food trucks, face painting, puppy patch for dogs, real life tanks and helicopters for the entire family to experience.

Live entertainment all afternoon with a rising star, Tim Montana, and a special guest closing out the show. Free to attend.

NW Main Street in Ennis.

2/23

Henry Brun in Concert:

The Waxahachie Symphony Association presents Henry Brun and The Latin Playerz. 7:00 p.m., SAGU's Hagee Communication Arts Center, 1200 Sycamore, Waxahachie. Tickets: www.waxahachiesymphony association.org/.

2/27

Black History Month Presentation:

7:00-8:00 p.m., Ferris High School, 1025 E. 8th Street, Ferris.

2/28

Red Oak's Got Talent:

ROMS First Annual Multicultural Talent Show. 7:00-9:00 p.m., Red Oak Middle School Cafeteria.

Second Tuesdays

Alzheimer's and Dementia Support Group of Ellis County Meeting:

Please come talk, listen, share and take notes. For family members dealing with this terrible disease in a positive manner. Free. 6:00 p.m., Farley Street Baptist Church, 1116 Brown Street, Waxahachie. Contact weare 13able@gmail.com.

Submissions are welcome and published as space allows.
Send your current event details to rachel.rich@nowmagazines.com.





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Deanna Kuhn says, "It pays to read and play the NorthEllisCo.NOW Magazine."



Helene Boline was so happy to redeem her S50 gift certificate to Petals Plus for a beautiful holiday wreath.



Jesse McClure (not pictured) is looking forward to his exam and adjustment from The Joint Chiropractic Red Oak.

Crossword Sudoku Solutions

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Easy

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7								
4	1	5	7	8	3	9	6	2
5	9	4	2	7	1	6	3	8
1	8	6	3	4	5	2	9	7
3								

Medium

8	1	3	9	4	7	6	5	2
7	5	2	1	6	8	3	9	4
4	9	6	5	2	3	1	7	8
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