

Burleson

Including Crowley and Joshua

M A G A Z I N E

FEBRUARY 2016

NCW

Dino Duo

Paleontology lovers search for secrets just under the Earth's surface

Soaking in Serenity

At Home With Bobby and Joan Leach

Developing the Musical Child

The I Do Hairdo

Health for Horses

Dining Deals

In the Kitchen With Ashley Metz

DietSolution
WEIGHT LOSS CENTERS
Dr. Sheila Horsley, M.D. M.P.H.

**Look and
Feel your Best
for your Valentine!**

Gay L., Fort Worth

I want to personally thank the DSC staff at Crowley for all of their kindness, motivation and support on my journey to lose weight and feel better health wise. I have always had a battle with weight and have tried many diets. DSC has made a change in my eating habits and the way I look at dieting. Since retiring, I've made a decision to do something about my weight. I went to DSC, and their diet program was perfect for my metabolism and very easy to follow. I have gone from a plus size 18 to a regular 14. Thanks to DSC I feel 100 percent better, both physically and mentally.



**Gay L. lost
29.9 lbs.
in 29 weeks!***

**\$99
Initial Visit
Expires 2/29/16**

**Individual results may vary.*

MANSFIELD
920 U.S. Hwy. 287 N., Suite 306
(At Walnut Creek in Tom Thumb Shopping Center)
817-453-3438

CROWLEY / BURLESON
740 S. Crowley Road, Suite 2
(Next door to I-Fit Elite Gym)
817-297-2100

Orthodontics



BIRTH, STEWART & FLETCHER



Where
smiles
COME ALIVE!



New patients receive

\$500 OFF INVISALIGN®



- Braces & Invisalign® for children & adults
- FREE consultation, valued at \$150
- Affordable monthly payments
- Most insurances accepted

New patients only. Must bring in this ad to claim offer. Cannot be combined with any other offers. Expires February 29, 2016. Invisalign® treatment ranges from \$4900 to \$5900 depending on the patient's unique needs.

109 W. Renfro St., Burleson, TX 76028



BSFORTHO.COM



(817) 546-0770



Member FDIC

First National Bank *of BURLESON...LOCALLY OWNED* *Welcome Home!*

Independent and locally owned since 1981.
Come see why we are the local favorite.



Voted 2015 Best Bank and
Best Banker - Adam Russell
by *Burleson Star* readers!

Two convenient locations to serve you:

899 NE Alsbury Blvd. (@I-35)

&

**740 SW Wilshire Blvd.
Burleson, Texas 76028**

817-295-0461 • www.FirstBurleson.com

Auto Loans • Personal Loans • SBA Loans • Business Loans
Free Checking • Free Mobile Banking • Free Online Banking
Online Bill Pay • Savings • CDs • Debit Card Options
Safety Deposit Boxes • Business Services • Plus More!



Celebrating 35 years of hometown banking!



Publisher, Connie Poirier
General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker
Burlson Editor, Melissa Rawlins
Editorial Coordinator, Sandra Strong
Editorial Assistant, Rachel Smith
Writers, Mark Jameson . Erin McEndree
Jo Monroe . Betty Tryon . Carolyn Wills
Editors/Proofreaders, Pat Anthony

GRAPHICS AND DESIGN

Creative Director, Chris McCalla
Artists, Kristin Bato . Morgan Christensen
Martha Macias . Brande Morgan
Shannon Pfaff . Anthony Sarmienta

PHOTOGRAPHY

Photography Director, Jill Rose
Photography Coordinator, Amy Ramirez
Photographer, SRC Photography

ADVERTISING

Advertising Representatives,
Melissa McCoy . John Powell . Teresa Banks
Cherise Burnett . Linda Dean-Miley
Mark Fox . Bryan Frye . Cedrick Logan
Carolyn Mixon . Clea Nicholson
Lori O'Connell . Steve Randle
Linda Roberson . Joyce Sebasta
Shelby Veldman

Billing Manager, Angela Mixon

ON THE COVER

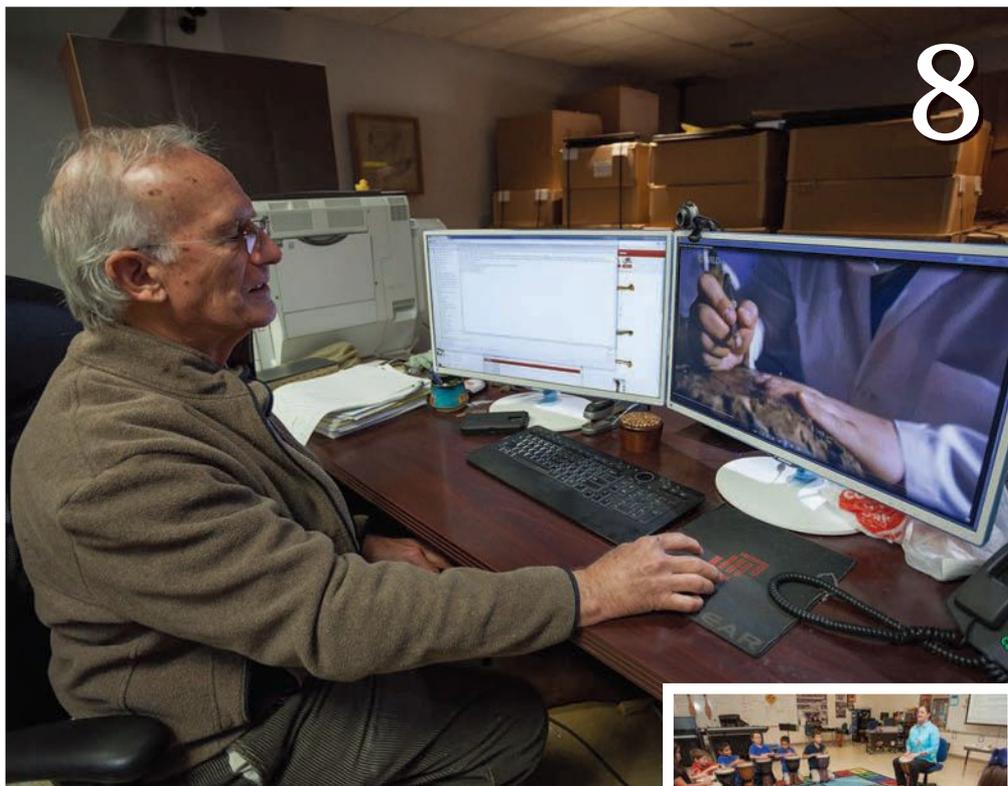


Nanotyrannus bones are on display, thanks to David Stair and Dr. Art Chadwick.

Photo by SRC Photography.

CONTENTS

February 2016 • Volume 10, Issue 2



8 Dino Duo

Preserving the past is important to Dr. Art Chadwick and David Stair.



18 Developing the Musical Child

Sandy Tucker's room is where students find their voices.



28 Soaking in Serenity

At Home With Bobby and Joan Leach.

36 The I Do Hairdo

There are many things to consider when selecting a style for your big day.

44 BusinessNOW

46 Around TownNOW

48 FinanceNOW

52 CookingNOW

BurlsonNOW is a NOW Magazines, L.L.C. publication. Copyright © 2016. All rights reserved. *BurlsonNOW* is published monthly and individually mailed free of charge to homes and businesses in the Burlson, Crowley and Joshua ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (817) 477-0990 or visit www.nowmagazines.com.



Editor's Note

Hello, Friends!

Who said life can't be a bed of roses? February is time to prune rose bushes. Pruning a rose bush prepares it for the next growing season by focusing the plant's energy into the strongest canes. By cutting out the diseased, dead or weak canes, you are giving the rose bush a healthy foundation for new growth.

If you're an adult, you could use this bitter cold month to take stock of parts of your life in need of pruning. If you're a young adult soon to graduate from high school, you could give yourself a healthy foundation for new growth by preparing applications for scholarships to college. Don't forget to look locally! Based in Burleson, The Ostrander Scholarship Program is available to students nationwide who meet certain requirements. Service organizations like our Lions Club and our two Rotary Clubs host websites detailing how to compete for valuable dollars to support your education.

Whether we're pruning, planning or preparing, we're all hoping for the best. It's up to you. Go for it!

Melissa

Melissa Rawlins
BurlesonNOW Editor
melissa.rawlins@nowmagazines.com
(817) 629-3888



CELEBRATE
YOUR SWEETHEART
WITH



PERFECT LOVE
LOVE
VER TO HAVE FROM TH

CUSTOM JEWELRY DESIGNS.
DESIGNS PERSONALIZED JUST
FOR YOUR SPECIAL SOMEONE.

Woolard's
CUSTOM JEWELERS

437 SW Wilshire Blvd. • Burleson, TX
Between NW Newton & Exchange
817-295-6361
woolardsjewelers.com • bobbywoolard56@yahoo.com

Kathy Buys Houses!

I pay ALL closing costs — sell now, more later!



FOR ANY REASON:

- Estates
- Behind on Payments
- Rental Property
- House Needs Repair
- Just Want Out

Sell Your House in 5 Days

817-295-6222

- ALL-CASH
- FAST & EASY CLOSE
- AS-IS HOUSES
- \$15K-\$200K

Kathy Matthews

WWW.KATHYBUYSHOUSES.NET



ACCREDITED
BUSINESS

A +

2016 NORTH AMERICAN CAR OF THE YEAR



The Completely Re-Designed,
All-New 2016 Honda Civic Sedan

Starting at \$18,640¹

Honda
of **BURLESON**



Lifetime
Powertrain
Warranty

\$0 Added
Cost

On EVERY New Honda & Most Pre-Owned

HondaOfBurleson.com • 817-295-5000

632 N. Burleson Blvd in Burleson, TX 76028. If traveling South, exit Renfro and make a U-turn.

1. MSRP excluding tax, license, registration, \$835.00 destination charge and options. Dealer prices may vary. * Based on 2016 EPA mileage ratings. Use for comparison purposes only. Your mileage will vary depending on how you drive and maintain your vehicle, driving conditions and other factors.

Bringing home a new puppy or kitten can be expensive.

Let us help!



Puppy & kitten wellness packages starting at \$75

- Wellness kits include all services your pet needs for its first year of life.
- Kits include all necessary vaccine visits, deworming, microchip and free pet gift.
- Spay/neuter optional.

Burleson, Texas

817-426-3777

www.texasforthem.org



344 SW Wilshire Blvd Burleson, TX 76028

Walk-ins welcome: M-F 9 AM - 12 PM

Additional off-site locations: www.texasforthem.org/vaccine-clinics

LOSE
20-40
POUNDS
in
6 WEEKS!

- * Genetic Testing Utilized
- * Doctor Supervised
- * Burns Unhealthy Fat
- * NO Hunger
- * NO Cravings
- * NO Pre-Packaged Foods/Shakes
- * NO Drugs or Injections
- * ALL-NATURAL health transformation

"After starting LFLC, I am down 26 pounds and 2-3 pant sizes, and my cholesterol is at normal range for the first time in 30 years. Every day, I feel blessed for my new lease on life. I am more confident, have more energy, and I am enjoying better health."

- Dee T.

"I decided to start this journey as I wanted to feel better and do more activities. I've lost 21 pounds and 13 inches, all in just 3 months. I feel great!"

- Sandy B.

"I've tried other weight-loss programs, and they never worked for me. Since beginning the LFLC program, I feel great and have more energy than before. I have lost 79 lbs., and I am down 8 pant sizes! The LFLC team helped and coached me in every way. When friends ask about Lifetime Fat Loss Centers, I say, 'go there and nowhere else!'"

- Michael M.

"Since I have started the LFLC program, I am energized, focused on what foods are best, and confident. Since starting the program, I have lost 40.8 lbs., and I feel great! I am not even close to my goal weight, but I am seeing results every day, which makes me even more motivated and determined. Don't put it off another day."

- Tammy M.

Are YOU
NEXT?

CALL TODAY TO SCHEDULE YOUR
\$20.16 NEW YEAR CONSULTATION!
(NORMALLY \$109) EXPIRES 2/29/2016

DR. M. BRANDON PETTKE

LifetimeFatLossCenters.com

(817) 996-8377

1320 NW John Jones Dr., Burleson, TX 76028

New Year's
Special
Extended



"The Lifetime Fat Loss Program is an amazing program! I have been heavy all of my adult life, and I have tried every diet out there -- this one works! The plan was really easy for us; the foods we should eat and the foods to avoid were laid out for us. We actually look forward to weighing ourselves daily. We love to see the numbers on our scale going down instead of up ... and the inches we have lost? It is just amazing!"

- Kathy V.

*RESULTS MAY VARY. CAUSES FOR BEING OVERWEIGHT OR OBESE VARY FROM PERSON TO PERSON, WHETHER GENETIC OR ENVIRONMENTAL. IT SHOULD BE NOTED THAT FOOD INTAKE, RATES OF METABOLISM AND LEVELS OF EXERCISE AND PHYSICAL EXERTION VARY FROM PERSON TO PERSON. THIS MEANS WEIGHT LOSS RESULTS WILL ALSO VARY FROM PERSON TO PERSON. NO INDIVIDUAL RESULT SHOULD BE SEEN AS TYPICAL. THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

DINO DUO

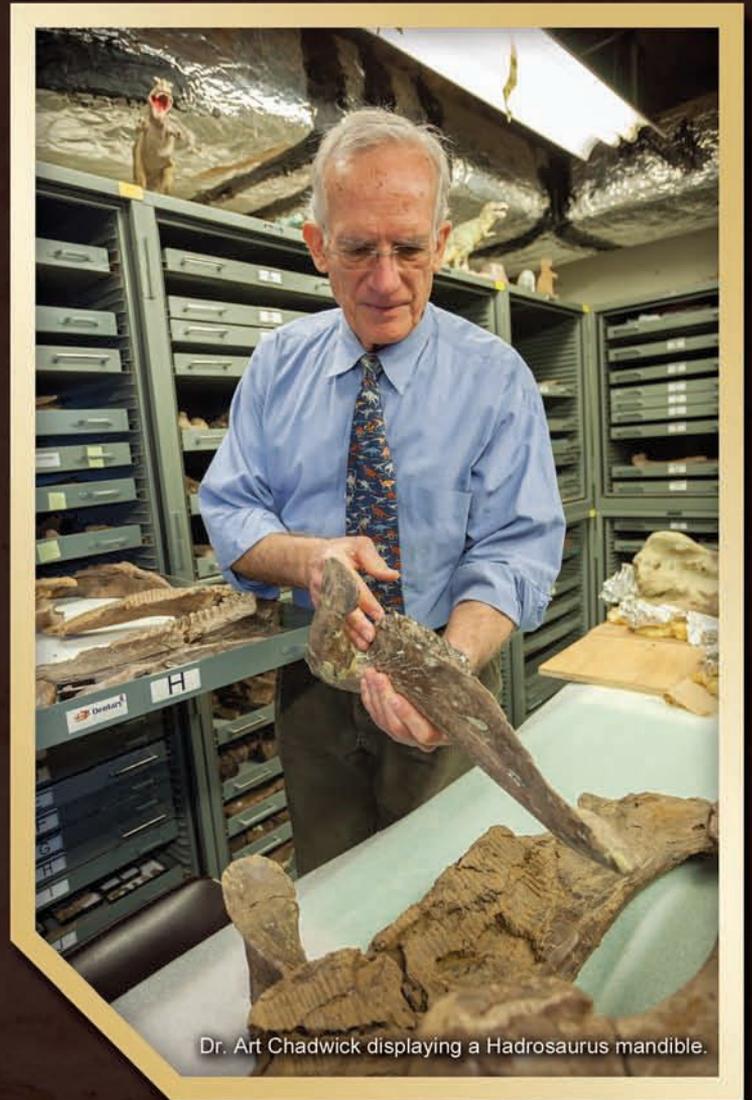
— By Erin McEndree

Preserving the past is no small feat when the specimens tower two stories overhead and stretch 30-plus feet long. Dr. Art Chadwick and David Stair make it their mission to put into safekeeping as many dinosaur bones as they can excavate from eastern Wyoming hillsides. At the headquarters on the campus of Southwest Adventist University in Keene, educating people about prehistoric relics is Dr. Chadwick and David's motivation. Encouraging adults and college students down to primary school students to get involved with discovering the past drives both men to forge ahead. Currently, their enormous task is opening a dinosaur museum in Sales Hall.

Scheduled to open in the spring of 2016, the dinosaur museum and discovery center will showcase many of their important finds and allow kids to have hands-on exploration.



David Stair holding a Nanotyrannus upper and lower jaw.



Dr. Art Chadwick displaying a Hadrosaurus mandible.

Dr. Chadwick holds a Ph.D. in molecular biology. He studied geology at the University of California and was a professor at the University of Oklahoma in the 1970s. He came to Texas to the Southwestern Adventist University in 1983, where he was chairman of the biology department for over 20 years before becoming a research professor.

In 1996, the owners of the Hanson Ranch in eastern Wyoming sought out a scientist who was also a creationist to discover the secrets peeking through the landscape they knew existed on their ranch. "I was researching fossil whales in Peru when I got the call to come to Wyoming," Dr. Chadwick explained. "While visiting the site, I was stepping on dinosaur bones. They were everywhere. I decided to preserve as much as I could from this location." The Hanson family agreed to allow Dr. Chadwick and SWAU to work on the site, and he has been leading the dinosaur project ever since. It was important for the Hanson family to find someone who held biblical views on origins. Since 1997, geology and paleontology classes, as well as people from all walks of life, have traveled to the dig site every June to participate in an active research project while gaining hands-on education.

David, at the time a teacher and principal, also became interested in preserving bones. "I received three degrees from SWAU. I was an upper elementary grade teacher and principal in several places including Jefferson, San Marcos, Arlington and Burseson," David said. "When

**"I WANT TO MAKE
A RESPECTABLE
DISPLAY TO EDUCATE
ADULTS AND KIDS
ABOUT SCIENCE AND,
HOPEFULLY,
MOTIVATE THEM TO
LEARN MORE."**

This Valentine's Day, Dance to the Beat of a New Floor

**COMPLETE
REMODELING**

♥ **HARDWOOD**

♥ **TILE**

♥ **LAMINATE**

♥ **CARPET**

♥ **VINYL**

♥ **COUNTERTOPS**

♥ **VINYL PLANK**

♥ **SHEET VINYL**

♥ **BACKSPLASH**

♥ **SHOWERS**



We Offer *Free* Measure & Estimates and Design Consults
No Interest Financing with Approved Credit

We Are an Approved Angie's List Provider



\$100 OFF
OF A PURCHASE OF \$1,000 OR MORE
Offer expires 2.29.16

\$200 OFF
OF A PURCHASE OF \$2,000 OR MORE
Offer expires 2.29.16

\$300 OFF
OF A PURCHASE OF \$3,000 OR MORE
Offer expires 2.29.16

Coupons may NOT be combined with sale items.
Coupons must be presented at time of sale.

Store: **817.641.2010**
After Hours: **972.345.4917**

Beautiful Showroom
307 E. 12th Street, Suite B Joshua
(Next to Family Dollar)

infinityflooring2010@gmail.com
www.myinfinityflooring.com

Hours:

Mon-Thurs 10 a.m.-6 p.m.

Fri 10 a.m.-5 p.m.

Sat 10 a.m.-5 p.m.

Closed Sun



Check out our 5-Star Customer Service Rating at yellowpages.com



I retired, I was the upper grade teacher and principal of the Joshua Adventist Multigrade School on Highway 917, east of Joshua. I took a paleontology class at SWAU while working on my master's degree in elementary science." David became involved in the preservation of the bones, and in his free time — when not fishing, oil painting or completing honey dos — he goes to the lab to clean bones with an air chisel and repair bones with special glues and epoxy. Dr. Chadwick created a class for college credit for students to travel to the Hanson Ranch Research Station in eastern Wyoming to gather specimens found at the dig site. "I went 11 years," David said. "The first students stayed in tents, had no showers and cooked on campfires. Now we have super meals and hot/cold showers."

Using dental tools, students scrape through tons and tons of dirt to find fossils. When one is discovered, the specimen is carefully described, measured and drawn in a field book, mapped with GPS to save its exact location and photographed. It is given a number that can be found on a topographical quarry map. Most bones (over 10,000) can be seen in 3-D on a program Dr. Chadwick pioneered and developed for the lab. Specimens are carefully packed or encased in plaster jackets and shipped to Keene, where they are cleaned and catalogued. "I've been told we have the

best classification system around,” David said. “Each card tells the exact shelf or cabinet and which drawer the specimen is located in.”

The bones are scattered across several acres. It is like someone dumped out a 20,000-piece puzzle. The bones are concentrated in certain areas of the ranch. Experts think they were washed into this location by a tsunami, creating a mass grave site. Since the team has mapped the bones, they have made an interesting discovery. “The bigger bones are [deeper] in the ground and the smaller bones are on top,” Dr. Chadwick said. “We are like crime scene investigators.” So far, they have recovered over 20,000 specimens from about 20 different species. Some of the most important dinosaur remains and best preserved bones have been discovered at the Hanson Ranch. Several network shows, such as *National Geographic* and *Focus on the Family*, have come to film the best specimens. Some creation documentaries have featured their work, their dig sites and bone labs.

The most abundant species found is the duck billed dinosaur, *Edmontosaurus*. They vary in size but are typically 20-25 feet tall. “The largest femur we have found is 54 inches tall,” David said.



Student Joana Hernandez cleaning a bone.



Caleb the Triceratops.

BURLESON FAMILY MEDICAL CENTER, P.A.

Family, Wellness, Urgent Care, Workers Comp.

Celebrating 32 Years of Serving You in Burleson!

Also, it's flu season. Don't forget your flu shots. No appointment needed!

- **Ultrasounds**
- **Cognitive Testing**
- **DOT Physicals**
- **ADHD Testing**
- **New Wellness Visits**
- **72-point Allergy Test & Treatment**
- **Weight Management, Lipo-body Sculpting**
- **Age Management, Hormone Optimization**

Voted One of Burleson's Top Doctors & Small Business of the Year



MOST INSURANCE ACCEPTED

Dr. Craig Nelon, D.O.

Your Hometown Physician for Over 30 Years

Accepting New Patients

434 S.W. Wilshire • Burleson

817-447-1208

www.burlesonfamilymedical.com

Member of the Burleson Lions Club

TOTALCARE

Family Medicine | Urgent Care

Let Us Be Your Family Doctor!

Allergy Treatment

Complete Physical Exams

Diagnostic Testing

Family Medicine

Immunizations

Laboratory Testing

School Physicals

Skin Care

Testosterone Therapy

Weight Loss

**Same-day
Appointments
& Walk-ins
Welcome**

**Open 7 Days
a Week**



1005 S. Crowley Rd,
Crowley, TX

Located near the intersection of
Renfro Street & Crowley Road (FM 731)

817-297-4455

Monday - Friday
8:00 a.m. - 8:00 p.m.

Saturday
8:00 a.m. - 6:00 p.m.

Sunday
1:00 p.m. - 5:00 p.m.



**WE OFFER SELF CHECK-IN
& ONLINE PATIENT PORTAL**

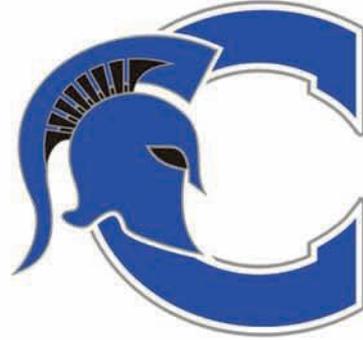
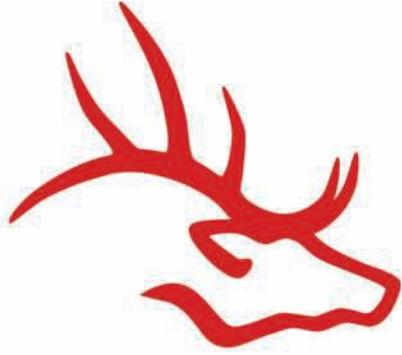
CALL TO SCHEDULE YOUR FLU SHOT TODAY!



A Triceratops named Caleb is an impressive specimen. David is presently restoring the skull. "Caleb's skull, nose to frill, is 7 feet long, the two large horns are 36 inches," David said. "It's like working on a puzzle." Caleb's femur is 42 inches long.

A Nanotyrannus is represented by a most impressive upper and lower jaw. This is one of the best examples (second one found) in the world. A full size T. Rex is 30-40 feet tall, whereas a Nano is between 12-15 feet tall.

Many great examples of dino relics in the lab came from a quarry where David found an exquisite Nano claw. The quarry is now called Stair Quarry after David. Over the years, many interesting things have been found, such as a Nano bone with bite marks. "It is clearly a T. Rex bite," David said. "It is one of the most unique pieces we have." Other unique pieces involve abnormalities, such as tumors on spinal columns and bone growths.



***PROTECTING
THOSE WHO
PROTECT THE
TRADITION***

***Proud sponsor of the
Scholar Athlete of the Month***



Mark Jameson
(817) 447 1139



Allstate®

You're in good hands.

Auto Home Life Retirement

558 SW Wilshire Blvd
Burleson
mark.jameson@allstate.com



Hoffman Family Practice
ASSOCIATES

*Valentines wishes
for the patients we love!*

Providing compassionate care for your entire family!

Adult & Pediatric Care (newborn-adolescent)
Sports Medicine • Physicals for all ages
Allergy Testing • IN-OFFICE LAB & X-RAYS

**Same-day Appointments
Always Available!**

Create your FREE portal account now!

Access your medical information online 24/7
with your computer, tablet or Smartphone!



2730 S.W. Wilshire (Hwy 174) • Burleson, TX 76028

Located at Texas Health Neighborhood Care & Wellness

Mon-Fri 7:00am - 6:00pm • Saturday 8:00am-2:00pm

1-800-916-8080 • HoffmanFPA.com

Physicians employed by Texas Health Physicians Group practice independently and are not employees or agents of the hospital or Texas Health Resources.



“I could not leave the collection in chaos,” Dr. Chadwick said. “I want to organize the bones and make a home for them. I want to make a respectable display to educate adults and kids about science and, hopefully, motivate them to learn more.” The museum will have an auditorium for visitors to see presentations. They can watch preparators clean bones with air chisels. There will be hands-on activities, as well.

Since the year 2000, this dino duo has worked together to preserve the dinosaurs, and they have become great friends. They go to schools, churches and Scout camps to introduce children to dinosaurs. Dr. Chadwick will continue to promote his findings, as he speaks all around the nation and at paleontology meetings each year. Dr. Chadwick and David are optimistic that they will continue to uncover some of the best dinosaur fossils in the world at the Hanson Ranch. **NOW**

JOIN US AT

BURLESON COMMONS

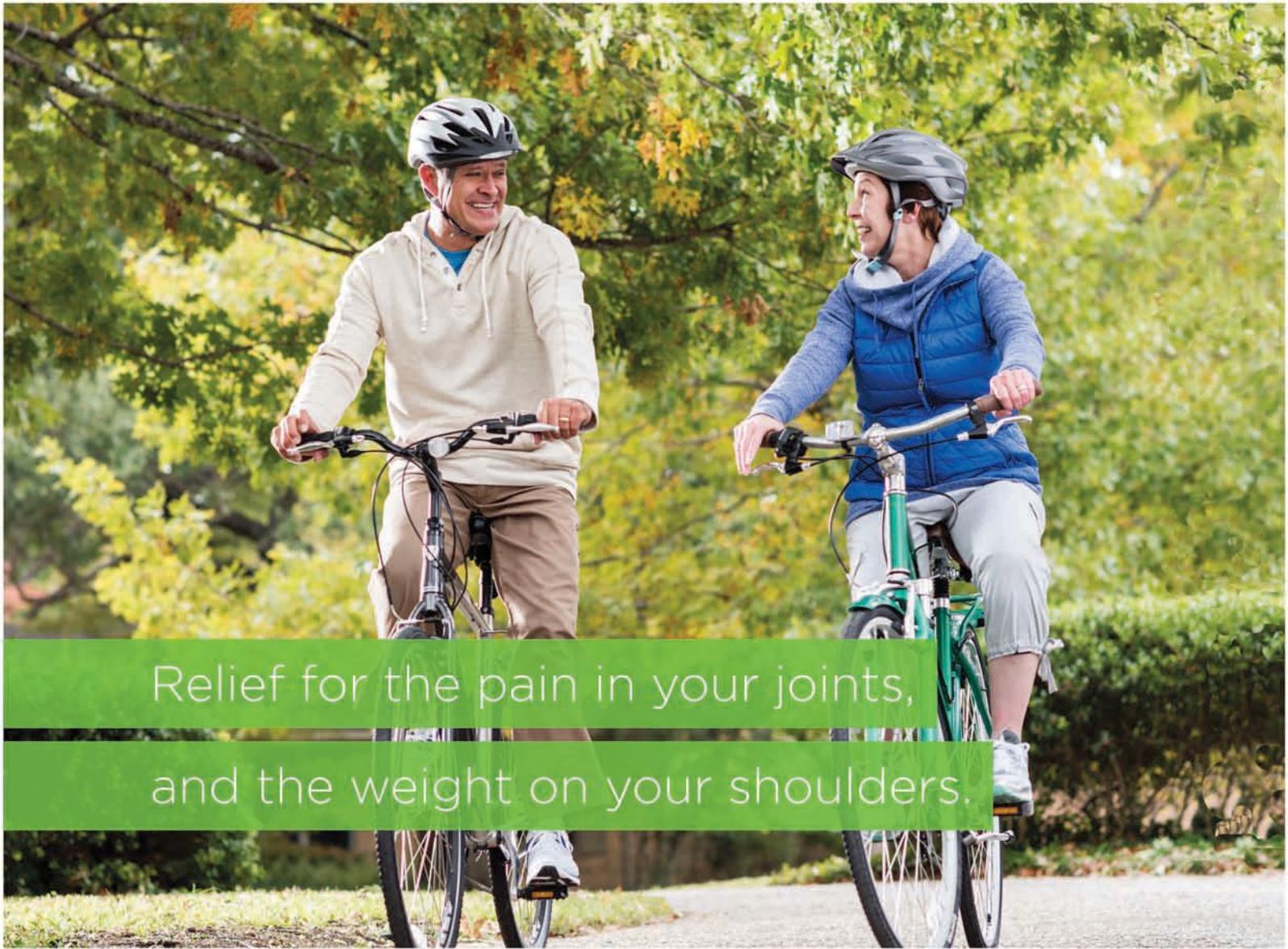
NOW OPEN!



EXPERIENCE BURLESON COMMONS

- PREMIERE CINEMAS
- THE LITTLE GYM
- MARBLE SLAB CREAMERY
- PETER PIPER PIZZA
- PANDA EXPRESS
- SMASHBURGER
- QDOBA
- ROSCOE'S BBQ
- GOLDEN CHICK (Coming Soon)
- PLUS MANY MORE!

SHOPBURLESONCOMMONS.COM
1501 SW Wilshire Blvd. | Burleson, TX 76028



Relief for the pain in your joints,
and the weight on your shoulders.

Compassionate, Collaborative Orthopedic Care

If you're considering surgery as an option to relieve joint pain or repair an injury, you've probably got a lot on your mind. Thinking about things like surgery, recovery time, and rehabilitation can seem overwhelming, especially if you've never had inpatient surgery before.

At Texas Health Huguley Hospital Fort Worth South, we have a team of professionals here to guide you through the process, answering any questions you may have and ensuring that you and your family stay as informed and comfortable as possible before, during and after your hospital stay. Surgical expertise is what makes our hospital great, but restoring your peace of mind is what truly sets us apart.

To receive our free guidebook
on joint pain relief, visit:
www.HuguleyOrthoCenter.com





**FAMILY-OWNED & OPERATED SINCE 1922.
COME EXPERIENCE OUR HOMETOWN HOSPITALITY JUST MINUTES NORTH.**



2015 TRAX

MSRP	\$20,995
BRUCE LOWRIE DISCOUNT	\$750
BRUCE LOWRIE PRICE	\$20,245
REBATE	\$2,250

\$17,995* +TT&L



1500 TEXAS CREW CAB

MSRP	\$42,950
BRUCE LOWRIE DISCOUNT	\$3,500
BRUCE LOWRIE PRICE	\$39,450
REBATE	\$5,500

OR **\$33,950*** +TT&L
\$32,950* THRU ALLY WAC



2015 EQUINOX COURTESY LOANER

MSRP	\$25,455
BRUCE LOWRIE DISCOUNT	\$1,960
BRUCE LOWRIE PRICE	\$23,495
REBATE	\$2,500

\$20,995* +TT&L



ST8 CUSTOM PKG
- 5.3 V-8
- 20" WHEELS
- TRAILER PKG

2015 1500 DBL CAB "ST8"

MSRP	\$34,710
BRUCE LOWRIE DISCOUNT	\$2,715
BRUCE LOWRIE PRICE	\$31,995
REBATE	\$4,500

OR **\$27,495*** +TT&L
\$26,995* THRU ALLY WAC

FIND NEW ROADS™

Bruce 
Lowrie.com
817-293-5811

CHEVROLET



711 S.W. LOOP 820 @ HEMPHILL
JUST ONE BLOCK WEST OF I-35W



*Picture may not reflect actual vehicle. Subject to availability. All prices are plus TT&L. Trax STK #151859, Equinox STK #151413, CREW CAB STK #151863, DBL CAB ST8 STK #151926.



DEVELOPING THE MUSICAL Child

Guitars standing at attention along a wall in Sandra "Sandy" Lou Tucker's spacious classroom immediately announce it as a special room, a music room where the lesson is to "move, sing and play every day." "Developing the musical child is a wonderful opportunity!" Sandy exclaimed. "Making music together allows students to connect and, also, to find their personal voices."

— By Carolyn Wills



Sandy teaches music at Ann Brock Elementary at Oak Grove, a job she has loved since the school opened in 2008. Officially, her day begins at 7:05 a.m. By Friday, she has seen every kindergartener through fifth-grader in rotating classes of 20-30 students. Her week includes before- and after-school music lessons, weekly rehearsals with her elective Brock Tiger Choir, plus the occasional field trip, contest, performance day and special event. She and fellow teachers meet often to create programs and projects to present to their principal, Kim Kimberling, and, for sure, there's time for building and fostering the expanded mentor program.

So, what fuels this 20-year veteran teacher and Burleson Independent School District's reigning Elementary Teacher of the Year? "I can't imagine any other profession to be so rewarding," she smiled. "Music exists as a beautiful, unifying and ancient language in every culture known throughout time. Teaching it for the sake of having it in my life is a blessing, but the opportunity to watch students develop lifelong music

Build Your Story With Us



~ The Smith Story



Explore 3D Space

jhoustonshomes.com/3Dtours



"The Hawthorne"

12 NEW 3D Models Online

Tour our homes without leaving yours...
Begin exploring the many ways to design
Your Home. Your Way

Tour "The Hawthorne" at

Summit Estates
257 McKinley Circle
Waxahachie, TX 75165



JOHN HOUSTON
CUSTOM HOMES

YOUR HOME. YOUR WAY

866.699.6054



JOHNHOUSTONCUSTOMHOMES.COM





**UNITED DERMATOLOGY
ASSOCIATES**



Dr. Jeannine Hoang
Board-certified Dermatologist

Uyen (Mimi) Phan
Physician Assistant

*In February
Peel Away
ALL Your Imperfections!*



Chemical Peel \$99
Regular prices start at \$150.

OFFER EXPIRES 2/29/16



Happy Valentine's Day!

UNITED DERMATOLOGY ASSOCIATES OF BURLESON

780B NE ALSBURY BLVD., BURLESON, TX 76028

817-529-1753

WWW.UNITED-DERM.COM



appreciation and enjoyment and, as a result, improve self-confidence, goal setting and respect is truly my privilege and calling.”

Sandy’s infectious enthusiasm is equal to her commitment. “All children deserve love,” she affirmed. “I want to be the best teacher I can be, and that means giving every student potential to thrive.” For example, her elective Brock Tiger Choir is open to all students who sign up because there are no tryouts. Being part of the choir simply means showing up for after-school rehearsals to work hard and have fun. Talent events are also open to all students, and there is no risk of not being selected. “Music is an instrument of growth for everyone, not only for the musically gifted or confident,” she said.

Music was a constant in Sandy’s childhood and continues to be central in her life. “Everybody in my family loved music, especially church music,” she smiled. “I play the guitar, and as a student at Burleson High School, I was happily a band geek. Then, in my years at Texas Christian University, my instrument was the trumpet, and I wanted to be a middle or high school band director.”

As it happened, her first job out of college was teaching music at an elementary school in Mansfield. After that, she never considered changing. She taught in Mansfield from 1990 to 2000, then took five years off at the birth of her third child. “I went back to teach at Taylor Elementary in Burleson for three years,” she said. When Ann Brock Elementary School opened in 2008, she couldn’t resist the opportunity to return as a music teacher to her childhood



community of Oak Grove.

Actually, Sandy and her family had returned to Oak Grove in 1992 in what proved to be the first step in her full homecoming. She had long been connected to the small community with members of her family counted among its first settlers. Her great-grandparents, John and Lula Bell Marti, grew up, ultimately married and lived in a little homestead near the entrance of the original Oak Grove School. "My great-grandparents and grandmother went to that school," she smiled. "Now, here I am living, teaching and going to church in the exact community where my family has lived since the 1870s."

In 1992, she and her husband, Donnie, bought her great-grandma Lula Bell's farm house. "We had been looking for a home," she explained. "My great-grandma Lula Bell, in her 90s, had already moved, so the house was sitting empty when my granny thought of us," she explained. "We bought it, fixed it up and now live across the street from our church and near to what was the site of the old Oak Grove School so long ago."

Sandy is a wife, mother, active member of Oak Grove Baptist Church and Worship Band, board volunteer for the Burleson Pregnancy Aid Center and part-time caretaker of her family's dogs, goats, chickens, one-legged rooster and a cow or two. Add to that her love for teaching, and it's easy to see how she would be selected as Burleson Independent School District's 2014-2015 Elementary Teacher of the Year. She is, however, also quick to attribute that recognition to everyone on staff at Ann Brock Elementary.

CareNow[®]

Family Doctors. Convenient Care.[®]



Web Check-in[®] Mobile App for both iPhone and Android devices



Dr. Richard Fleischer



Dr. Naomi Courtright

1501 SW Wilshire Boulevard
Burleson, TX 76028 (Wilshire and FM 731)

817-295-9400 • www.carenow.com

M-F 8 am-10 pm, Saturday 8 am-8 pm and Sunday 8 am-5 pm

Get Social With Us!



**OPEN 24 HOURS • EVERY DAY
WE NEVER CLOSE**



**Burleson Animal
Emergency Hospital**



817-447-9194

**805B N.E. Alsbury Blvd.
Burleson, TX 76028**

Right next door to Arby's in Burleson Town Center

Pet Tip of the Month

Have a safe and wonderful Valentine's Day. Remember to give chocolates to your loved ones, not the pooch. Also, lily flowers are extremely toxic to cats and can cause fatal kidney failure.

- Dr. Susan Andrews, Chief of Staff,
Burleson Animal Emergency Hospital



www.BurlesonEmergency.com



"Teachers are good people," she smiled. "I am especially proud of two recent accomplishments that could only have happened with the support of our whole staff."

Two years ago, Sandy approached Kim with the idea of expanding an existing mentor program to include third- and fourth-grade students in addition to fifth-graders. "Mentors benefit our students immeasurably," she said. "They are adult volunteers who serve a small group of students (no more than four) by becoming friends, good listeners and encouragers." Supporting a fellow teacher who already coordinated Huguley Hospital mentors, Sandy successfully recruited volunteers from Oak Grove Baptist Church and others from the community for the expanded program, and her goal is to continue to increase the mentor pool.

Sandy's second recent milestone involved extending her choir program to include options for before- and after-school music lessons taught by local musicians. Today, the program offers affordable group guitar, piano and newly added fiddle and dulcimer lessons. "One of our teachers has initiated a Music Enrichment Fund so students can benefit from supplemented lesson fees," she said.

Sandy and Donnie were married in 1986. Donnie owns a land surveying

At
CNB of Texas

CUSTOMERS *matter*

COMMUNITIES *matter*

EDUCATION *matters*

CHURCHES *matter*

ORGANIZATIONS *matter*

BUSINESSES *matter*

FAMILIES *matter*

Switch to a bank where

YOU *matter*

Bank *m*Powered



**Citizens
National Bank
Of Texas** MEMBER FDIC
Your Bank Since 1868

817-245-2121 | 1-877-938-4300

Burleson High School Department of Fine Arts

Bells are Ringing Musical

A Heartwarming 1950's Romantic Comedy

February 4th at 7 PM • February 5th at 7 PM
February 6th at 2 PM & 7 PM

\$8 advance • \$10 at the door

For ticket information call 817-245-0071
or <http://tinyurl.com/burlesonchoir>



company. Currently, their daughter, Abigail Christine, is a student at The University of Texas at Austin. Their older son, Luke Dillon, attends Baylor University, and their youngest son, Micah Cole, is a ninth-grader at Centennial High School.

"We are pathetically sentimental when it comes to family," Sandy grinned. "Donnie's mom's house is on our property. My parents live right down the road, and both of our sisters, as well as my brother, live in Burleson."

Faith, family and service are Sandy's priorities, and music infused with humor and enthusiasm is largely her expression. She is also deeply thankful for her husband. "I could not have been Teacher of the Year without his support," she smiled. As a result, the two have new nicknames. "Now, Donnie calls me 'Toty' for Teacher of the Year, and I call him 'Hoty' for Husband of the Year!" she grinned. **NOW**



Prestige
dermatology
medical • surgical • cosmetic

Valentine's Day SPECIAL!

For the Entire Month of February
Botox \$10/unit! (MSRP \$15/unit)



Specializing in these areas

- Skin Cancer Treatment • Warts • Hair Loss • Acne • Nail Disease
- Eczema • Cyst Removal • Psoriasis • Mole Removal • Hives
- Chemical Peels • Skin Exams • Botox • Vitiligo • Fillers
- Fungus • Skin Tags

621 SW Johnson Ave., Suite C • Burleson, TX 76028
Phone: (817) 766-7421 • Fax: (817) 447-8100
Office Hours: Mon. - Fri. 9:00AM - 5:00PM

OVER
1,000
DIFFERENT
TYPES OF
AMMUNITION,
IN-STOCK,
FROM
220 SWIFT TO
500 NITRO EXPRESS
& EVERYTHING
IN BETWEEN
LIKE
.30 REMINGTON AR

ORDER NOW AT
SWFA.COM
1.972.SCOPE IT
(1-972-726-7348)
OR
COME SEE US AT
5840 E. US HWY 287
MIDLOTHIAN, TX
**SEE WHAT
YOU'VE BEEN
MISSING®**



Like us on
Facebook



Trijicon 1x25 MRO Red Dot Sight (Comes with co-witness mount)
\$544.00
TRI200005



Seekins Precision NOXs KeyMod Rail System
\$151.00
SEE0010530043



Sig Sauer 1x20 ROME04B Red Dot Sight
\$349.95
SIGSDR41101



Surefire XC1 Ultra-Compact LED Handgun Light
\$249.95
SURXC1



FoxPro Deadbone
\$134.95
FOXDB1



Gerber Mini Covert Auto Knife
\$104.95
GER30000244



Magpul Hunter 700 (Remington 700 Short Action) Stock
\$239.95
MAG495BLK



Microtech Troodon SE Automatic Knife
\$289.95
MICMT1391



GoPro HERO4 Silver Standard Edition
\$399.95
GPCHDHY401



AAC 762-SDN-6 Suppressor 7.62/300 AAC
\$669.95
AAC10128



AAC Element2 Rimfire Silencer
\$379.95
AACAD102148



Laser Genetics ND-3AR Sub-Zero Laser Designator
WAS 299.95
NOW \$119.95
LGND3ARSZ



American Eagle Ammo .223 Rem FMJ 55gr 20rd
\$7.99
FE0AE223J



Hipfire Hipertouch 24 36 Trigger
\$213.75
HIPERTOUCH2436



SWFA AR ATC Comp 223 1/2-28 By Seekins Precision
\$73.12
SWFAARATC12



Hornady Security Rapid Safe
\$187.46
HDR99150



Yeti Hopper 20 Cooler
\$299.99
YHOP20



YETI Tundra 45 Cooler
\$349.99
YT45T

Buy a Hopper 20 and get a free Yeti 10 oz. Rambler Lowball





Ibanez **AGM** *Countertops, LLC*
AFFORDABLE GRANITE AND MARBLE!

Call Today for a
FREE
 Estimate

Serving Ellis County and the Entire DFW Area for Over 20 Years

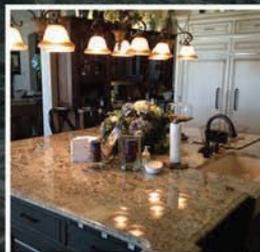
- Countertops; Kitchen/Bath
- Granite, Marble, Quartz & Travertine
- Hardwood Flooring
- Wide Selection of Inventory

972-514-1623

Showroom Hours

Mon.-Fri. 8 a.m.-5 p.m. • Sat. by Appointment

We Carry Silestone, Vicostone, Caesarstone & More



Visit Our Gallery of Products Online at www.agmcountertops.com



Do you suffer from chronic sinus infections?

A minimally invasive sinus surgery alternative.



Shea
 ENT & Allergy

To find out more visit sheaent.com or call 817-551-1010 for an appointment.
 11797 S Fwy, Ste 132, Burleson, TX

Balloon Sinuplasty (BSP) is an in office procedure that opens blocked sinuses, providing long lasting relief.

BSP provides relief similar to sinus surgery without the need for general anesthesia, tissue removal and postoperative pain.

Dr. Shea has practiced endoscopic sinus surgery in Tarrant County since 1986 and began using balloon dilation of the sinuses in 2001.



WHY NOT use a Realtor who ...

Saves You Money?

Save Thousands! Call ...

817-440-SAVE

JOHNSON COUNTY'S BEST REAL ESTATE PROGRAM!

BUYERS

Get a **CASH REBATE**
on **ANY** Qualifying
MLS Property Listed by
ANY Company!

See website for details.



*Darron & Deanne received a \$1600 rebate
for buying another company's listing!*

SELLERS

NEVER PAY 6%!
FULL SERVICE Program!
Listed on MLS, Zillow,
Realtor.com and many more!
Seller Advantage Program!



*Myron & Mickie Saved over \$3900
on our Full Service Program!*

Greg & Dawn Willis, Broker/Owner

**Over 26 Years
Combined Experience!**



Read what our clients say about us at www.WillisReviews.com



Soaking in Serenity

— By Melissa Rawlins



Bobby and Joan Leach start most mornings with breakfast at a round, marble kitchen table. They adjust the lowered shutters to brighten their coffee. Bobby gazes across the dining room through the sunroom's windows to get a superb view of his barns and horses. Joan soaks in the vision of Bobby, sitting in front of black granite kitchen counters with a huge fireplace in the background, and begins to consider her plans for the day. All around them, rays of sunlight highlight the serenity of this couple's base of operations.

Way back when, Joan bought this place because it had the right amount of acreage, a house she liked and a manageable commute into Fort Worth, where she worked as a librarian for Eastern Hills High School. In the 1980s, Bobby had a daughter attending that school and discovered he liked the way Joan looked. When he asked his daughter to ask for her phone number, he found out she'd been transferred to a different school. That did not deter him, and after a date, he found out they had something in common. They both liked horses. In 1986, they married, and Bobby, his two daughters and his horses joined Joan in the country.

They shared the business of horses, too. For a while, before Bobby came on the scene, Joan had raised horses for racing. "I got out of that mostly because when we finally got pari-mutuel racing in Texas, the really fun racing at small tracks among friends just went by the wayside," Joan said.

*At Home With
Bobby & Joan Leach*



**RAWHIDE
RUSTIC**

NO INTEREST FINANCING



Her husband had produced rodeos at an arena he and Roland Reed operated at Kennedale. “We had a buckout,” Bobby said, “a jackpot every Sunday and some high school rodeos on Saturdays.”

Memorials from the couple’s early days accentuate this home. In the hallway, Joan arranged several framed photos of guys riding in Bobby’s rodeos. In the living room, she created a huge shadow box, framed in black-lacquered wood, displaying a long black scroll printed with the names of Fort Worth bus stops near Bobby’s hometown of Handley, which is now part of Fort Worth.



LAYAWAY AVAILABLE

NO CREDIT CHECK



817.295.1732 • 3300 Hwy 174, Joshua
817.556.9954 • 711 North Main, Cleburne
682.205.3379 • 1452 E. Hwy 377, Granbury

RawhideRusticFurniture.com



He, too, worked for the Fort Worth ISD and was area advisor for student affairs for FWISD, before retiring in the late '90s. Joan was director of libraries for FWISD when she retired in 2004. It was then she got involved in Johnson County Master Gardeners and joined the board of Johnson County Texas Exes. And Bobby, who never stopped riding horses, keeps busy with the five in his barns.

When grandchildren visit, he'll saddle their horses for them. At the end of their rides, they may track in dirt, but Joan learned early on that carpet and country living don't mix. She pulled out

all the shag carpeting she thought was so appealing 40 years ago and installed oversized terracotta tile, some of which sport footprints from dogs that were sniffing around near the kiln where it was fired in Mexico. Details like this keep the playfulness in the *Town and Country*-beautiful atmosphere Joan has created. But her eye for color creates a calming elegance.

Eight black-lacquered Hitchcock chairs that Joan bought at the factory in Connecticut provide an early-American touch around the 9-foot-long dining table Joan had built from three planks of old

barn wood and topped with short and tall candlesticks. "Middle of the winter is the hardest time to decorate," said Joan, whose goal is that this table be a focal point for the room where she and Bobby host big family gatherings.

Between the two, they have three daughters and eight grandkids who enjoy coming for visits. When the grandchildren stay over, they go to sleep in individual twin beds with headboards that Joan covered in a textured fabric dyed in teal, sage green and sand.

The headboard in the Leaches' Sunbrella Yellow master suite is one of

BlueWater POOLS L.L.C.

You can just have a pool, or you can have a BlueWater pool!

- ▶ WEEKLY SERVICE
- ▶ NEW CONSTRUCTION
- ▶ RENOVATIONS & REMODELING
- ▶ EQUIPMENT REPAIRS/UPGRADES
- ▶ PLASTER, TILE & COPING
- ▶ OUTDOOR KITCHENS
- ▶ FIREPLACES
- ▶ DECKING
- ▶ SALT & UV SYSTEMS
- ▶ WATER & FIRE FEATURES

FREE FIRST 6 MONTHS Weekly Pool Maintenance with each new pool build

f Our showroom is located at 10424 FM 1902 • Crowley, TX

817.297.7120
www.BlueWaterCustomPools.com



Durable, Hard-working, and Dependable Performance
#1 Selling Tractor in the World
 Simple. Easy. Value.



5 YEAR
 WARRANTY

1538 HST - \$329/mo*
 Shuttle - \$316/mo*
 36.7hp, 4WD, 4-cylinder, with Loader.

Get \$1,000 off when you add two Mahindra implements.**

\$200 Rebate**
 Customer loyalty.
\$200 Rebate**
 Military/First Responders.
\$200 Rebate**
 Teachers.

** Restrictions Apply

1309 Haltom Road
 Fort Worth, TX 76117
 817-834-8131

Mahindra
 Rise.

* 50 down, 0% interest for 84 months with approved credit. Program restrictions may apply. See dealer for details.

Cheer Tryouts Are Soon!
Perfect Your Skills NOW!

Parent Night Out:

Feb. 12th & 26th
 6-10pm • \$15/per child
 \$1-\$2 snacks available

Cheer Tryout Clinic:

Feb. 20th
 9am-11am
 \$35/per child



CHEER TEXAS

1120 Eden Rd. #104, Arlington
 817.522.1253 • www.cheertexas.com

Custom Fencing



Residential, Commercial and Gate Operations Systems,
 Chain Link Pipe Fencing, No Climb Fencing, Ranch and Pasture



Texas Property Services

Serving Burleson for 30 years

817-312-2890

Johnson County Concierge Medicine

A better approach to healthcare!

How would you like to have a Dr. you can contact 24 hours, 7 days a week?



- After hours
- Same day next day services
- Little to no wait time in waiting room

CALL FOR INFORMATION

**817-984-1295 • Joe M. Etter, DO PA
312 E. Renfro St., Suite 202, Burleson, TX 76028**



Bobby's favorite details. He loves the old turquoise gate she bought in Round Top, Texas. Here, Joan kept the floor concrete and stained it an earth-brown. "If I were building another home, I would do this all over the house," Joan said. "It's so easy to clean!"

Redecorating, painting and repainting may not be Bobby's cup of tea, but he is happy to see Joan happy. "I really enjoy the process and the result of renovating. I like change," she said. "I've lived in this house nearly 40 years. Other people move around a lot. I haven't had that opportunity, and we like the place really well. So, I just change it — frequently."

When Joan recently redid her kitchen, sun porch and family room, she used chalk paint to repaint her dining room cabinets and installed boards running horizontally on the sun porch. She also changed out the fireplace and front door, and then padded and reupholstered the entry hall walls with a fabric alive with cream-colored medallions on red. Joan balanced this color scheme by painting walls in the adjoining living room a neutral color, called Natural Linen. "She probably won't tell you, but she painted all these walls and makes all this stuff," Bobby said proudly, pointing at the cushions for the furniture she gets upholstered by Ron Choate in Old Town Burleson.



ONE CALL - WE CAN DO IT ALL

Design • Installation • Commercial • Residential

CIMARRON Landscape, LLC

- Landscape
- Stone & Masonry
- Sprinkler Systems
- Outdoor Kitchens
- Decks, Patios & Arbors
- Water Gardens & Koi Ponds

PayPal | MasterCard | VISA | DISCOVER | AMERICAN EXPRESS

817-454-2898 • 817-313-1410

Like us on Facebook

Bobby and Joan have one daughter, Nicole, who is now 27 and was reared here. Nicole helped Joan decorate her room several times. Currently, it's also painted in Natural Linen. When Nicole was in college and high school she collected vintage clothing, so Joan arranged the vintage things in here. Above an antique wardrobe, feathered hats and suede boots hang out with faded-cardboard hatboxes.

Joan's affinity for antiques shines through down the hall, in the game room. Above one of Bobby's saddles, decoratively stored near the curtained library case holding the television, is a collection of silver coffee pots and accessories alongside 13 silver trays. Each ages differently, and Joan appreciates how they look when she lets them get black with tarnish. The tray hanging at bottom center was purchased by Joan's mother with green stamps.



Sam, the Calico cat, really enjoys the warm game room, with its dark, laminate floors lit softly by sunlight streaming through glass doors that lead to another patio. This is a good room for Joan, too, who sits and considers what she's going to do this year in her gardens.

"In Texas, it's smart to do a whole lot of your work in the winter, because who wants to do it in the summer?" she said, laughing. At a large glass-topped table graced by a gigantic glass bottle stuffed with sculptured, curly willow branches, Joan can devise yet another project. Experimenting with color, shape and design — whether in this year's gardens or in the next set of slipcovers for the sunroom furniture — Joan delights in her home, and Bobby rests in the happy result. **NOW**

ARBORS • OUTDOOR KITCHENS • PATIOS

Your Oasis Awaits...

Call today for **FREE** Consultation

URBANOASIS
OUTDOOR LIVING & LANDSCAPING
817.453.3100
WWW.URBANOASISOUTDOOR.COM

L19335

LANDSCAPING • SPRINKLERS • LIGHTING



Transform Your Home

Floors, Countertops, Backsplashes, Showers and Cabinets

- cabinet lighting
- wood, laminate, tile & vinyl floors
- shower doors
- closets
- project design & construction
- plumbing fixtures
- painting & texturing



The Cabinetry & Tile Store

Design and Installation

817-774-2977

www.thecabinetrytx.com

915 N. Nolan River Rd. • Suite F
Across from Cleburne High School

now accepting
NEW PATIENTS

Brite Dental

Formerly Crystal Dental
664 S.W. Wilshire Blvd. (next to Big Lots)
817-426-3331
Mon.-Fri. 9 a.m.-6 p.m. • Sat. 9 a.m.-3 p.m.
Se Habla Español

- SAME DAY EMERGENCY SERVICE AVAILABLE
- QUALITY DENTAL CARE
- WE ACCEPT MEDICAID, CHIP & PPO's
- FINANCING AVAILABLE



No Insurance Cash Discounts

Full Exam
\$50

Includes Exam, X-Rays & Coronal Polish

Pediatric Exam
\$40

Includes Exam, X-Rays & Cleaning

Limited Exam
\$30

New patients only.



CENDERA BANK, N.A.



Samie Campbell
Vice President

Leaning on over **100 years of experience**
to change the way people bank.

240 E. Renfro St., Ste. 101 ■ Burleson, TX 76028

817-447-4443 ■ Fax 817-447-3735

www.cenderabank.com

NMLS# 277792
Member FDIC



At mile 70, I thought I was dead.
At mile 80, I wished I was dead.
At mile 90, I knew I was dead.
At mile 100, I realized I had been
too tough to kill.

817-447-3505
111 S. Wilson St., Burleson, TX
WWW.SPOKES-BICYCLES.COM
FIND US ON 



Spokes
Bicycles & Service

UGLY TUB & TILE?

We Repair & Refinish in 2 Days or Less!

Before

- Cracked, Chipped Tile
- Damaged Grout
- Ugly, Outdated Colors

After!

- Tile Repaired
- Grout Permanently Sealed
- Beautiful Colors!

Thousands LESS than Replacement!

\$45⁰⁰ OFF!

Complete tub & tile refinishing job.
One coupon per project.

Call for a FREE Estimate on:

- Kitchen Countertops
- Sinks & Vanities
- Tile Showers & Walls
- Fiberglass Tubs & Showers



Miracle Method[®]
SURFACE REFINISHING



817-769-2043

Valid only at participating locations. • Each Miracle Method franchise independently owned and operated.
See our work at MiracleMethod.com

A BEAUTIFULLY RESTORED 109 YEAR-OLD CHAPEL



Originally built on the banks of the Brazos River, Founders Wedding Chapel now serves as one of the most beautiful wedding chapels in North Texas. The property also boasts a 6,000 square foot reception hall with a stage, wet bar, and lots of room for dancing.

Plan your next event with us for a one of a kind experience and enjoy vintage charm at an affordable price.



Founders
WEDDING CHAPEL
and RECEPTION HALL

**18501 HWY. 377, CRESSON
(817) 578-0503
FOUNDERSWEDDINGCHAPEL.COM**



The I DO Hairdo

— By Jo Monroe



With today's busy schedules, many couples hire a wedding planner, or at the very least, the bride enlists the help of her best friend to coordinate many of the needed appointments. There are timelines to meet and decisions to make, such as: scheduling the ceremony and rehearsal dinner; planning the reception; selecting a caterer and the music; finding the venue, a photographer, the cake decorator and the florist; and arranging the transportation to and from the wedding. Often, in the stress of planning, the bride gets



overwhelmed with choices, and out of frustration, decides to do her own hair. On the day of the wedding, no matter the weather, a bad hair day can show up without an invitation. When everything needs to come together perfectly, having a stylist ready to create your predesigned hairstyle will get all those butterflies flying in order!

Whether the wedding is large or small, you should schedule several appointments to visit your hairdresser.



Love is
in the Air

EXQUISITE BRIDAL
REGISTRY CHOICES
at
The Cottage Market
FINE GIFTS & GOODS

Vietri
Beatriz Ball
Arthur Court
Pomero
Le Creuset
Crane Stationary

• HAPPY •
VALENTINE'S DAY

113 N.E. Johnson Ave., Suite 100 | Burleson, TX 76028 | 682-224-0759
Located next to Pence & Panache Bridal Boutique
www.facebook.com/thecottagemarketburleson



Open Enrollment is right
around the corner.
Are you ready?

Confused about health coverage?
I am here to help with the right coverage that will meet your needs & budget. Call or email anytime.

Don't stay confused. Call or email me for a face-to-face appointment. We will go over your options for coverage together. I want you to know the agent that is working for you, your family or small business.



Health & Life Insurance Agent
Marvin L. Brooks
(972)-921-0354
marvin.brooks@ushadvisors.com
www.ushagent.com/marvinbrooks

Flexible, Affordable,
Customizable Insurance Coverage
24-hour Coverage, On & Off the Job!

Supplemental Coverages for

- Critical Illness Insurance* •
- Excess Medical Accident Insurance* •
- Short-term Accident Disability Income Insurance* •
- Dental PPO Insurance* •
- Premier Vision Insurance* •

Insurance underwritten by
Freedom Life Insurance Company of America
National Foundation Life Insurance Company

*Not all products are available in all states.
Exclusions and limitations apply.
#ADMB0915

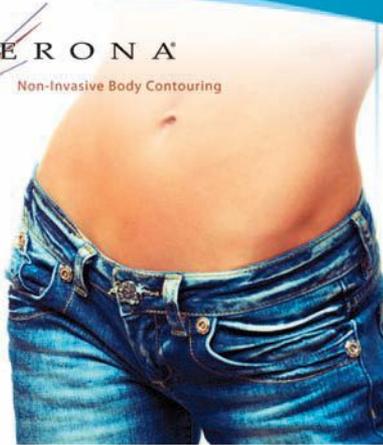
COMING SOON

The Vine Medical Center and Sleep lab
921 E. FM 1187, Crowley TX 76036
Extended hours: Monday thru Saturday from 7 a.m. to 7 p.m.

Reveal
your true shape.



ZERONA® is the first FDA approved non-invasive laser, that removes fat and inches painlessly. Imagine, dropping a dress size or losing that "muffin top" with NO PAIN, NO SURGERY and NO RECOVERY TIME.



- Nurse Practitioner on site.
- Board Certified Sleep doctor in adults and children.

817-945-1682

Find us on Facebook.

Dr. Ehab Hanna, Board Certified in Internal Medicine.
Accepts Medicare, Medicaid & most other insurance plans. Promotional cash prices also available.



If you are planning to use a professional photographer, ask him or her for recommendations on stylists they have worked with before.

The wedding location and theme should be taken into serious consideration when selecting the wedding hairstyle. Whether the ceremony is located on the beach, on a bridge, in a field of bluebonnets, in a cathedral or in a cottage chapel, it is essential that you feel complete and comfortable. Whether you walk barefoot in the sand, in heels in the city or in boots in the country, your focus is to look beautiful as you reach your destination at the altar. Theme weddings can require a bit more creative work in order to reflect a time period or a historical event. Whether Victorian, Grecian, Bohemian or traditional, your hairstyle will give you confidence to walk down the aisle, feeling beautiful.

Hairstyles and Necklines

Bridal hairstyles can be a failure, or they can be a grand success when created well in advance of the date. You need to consider your body and face shape, the gown style and neckline, and last but not least, the texture of your hair and your personality type.

A V-neck wedding gown embellished with the hair pulled up high, will give the face and neck a notably long appearance. If your face is already long, it is best to style your hair in a way that creates fullness at the cheekbones, making your

Styles just for your
Sweetheart

20%
OFF
single regular
priced item



SassyFrass
Boutique

817-915-8626

104 E. Ellison St. • Suite C • Burleson

Located in Old Town next to Painting with a Twist



face appear rounder. A V-neckline is best for someone with broad shoulders, a full bust and a short neck. If you have a wide, round or square jaw, this style is very flattering.

Depending on how low your neckline is and how high you style your hair, you could look inches taller than the groom — especially when wearing heels. When deciding the height of your hairstyle, take into consideration the neckline, the dress, the shoes and the groom's height.

Off-the-shoulder gowns are often made of lace or chiffon and softly reveal eye-catching shoulders. However, be

Eubank

Audiology & Hearing Aids

11797 South Fwy, Ste 132, Burleson, TX 76028

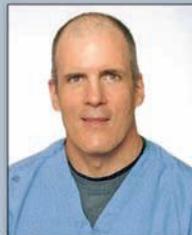


Megan R. Eubank, AuD
Eubank Audiology & Hearing Aids
817-551-0466
www.eubankaudiology.com

Sound solutions from someone you can trust.

We offer the most advanced hearing aid technology to fit your personal needs and budget.

When auditory centers of the brain are not properly stimulated, neural pathways deteriorate permanently. Studies have shown that auditory deprivation can have a negative effect on brain function, contributing to early dementia.



John P. Shea, MD
Shea ENT & Allergy Clinic
817-551-1010
www.sheaent.com

Wax? Middle ear? Inner ear?

Shea ENT & Allergy Clinic has helped diagnose and treat various causes for hearing loss and tinnitus since 1979. Our clinical staff with over a century of experience is ready to help.

After evaluation and care of common causes of hearing loss and tinnitus, such as common wax impaction, other causes are investigated, such as Ménière's disease. Fluctuating ear fullness, tinnitus, hearing loss, sound sensitivity and dizziness can be caused by Ménière's. This inner ear disorder is often from an allergy that can be diagnosed and treated with Allertol sublingual drops, offered exclusively through our clinic.

After diagnosis and clinical treatment, persistent hearing loss/tinnitus can be improved with hearing aids, custom selected and fitted by Dr. Eubank.

Call us TODAY!

Gorgeous Home on Southern Oaks Golf Course!



FORT WORTH MLS#13258551
4 bed, 3.2 bath, 3,977 sq. ft.

Amazing Upgrades & Quality Craftsmanship Everywhere You Look! Home Features 2-Ton Front Door & Iron Security Gates with Inside & Outside Access Via Control Panel. Master Suite with Jetted Tub & Fireplace! Gourmet Kitchen offers Granite C-Tops, Island & Bkfst Bar! 2nd Living or Game Room with Balcony Overlooking the 14th Green & Perfect for Watching Fireworks!

\$489,900

Perfect Starter Home in Joshua!



Joshua MLS#13278869
4 bed, 2.1 bath, 2,390 sq. ft.

Move-in ready 4 bedroom, 2.5 bath, 2-car garage. Stunning new build, perfect for the holidays! Open living with wood burning fireplace, kitchen overlooking living with granite, stainless appliances! Master is awesome with lots of room and master bath features soaking tub, 2 huge walk-in closets & separate shower. Large utility area with shelving for backpacks and shoes. Split bedroom concept with tile in majority of home for easy clean up.

\$269,900

The Wethington Team
817-929-3189
wethingtonteam.com

kw.
KELLER WILLIAMS
REALTY



Experienced team selling in Johnson & Tarrant Counties since 1998



Bluemoon Veterinary Services

Convenient veterinary care in the comfort of your home.

Contact us **TODAY** to
schedule your appointment!

Phone:

682-321-5179

Fax:

469-547-0857



www.bluemoonvetservices.com

Bluemoonvet@bluemoonvetservices.com



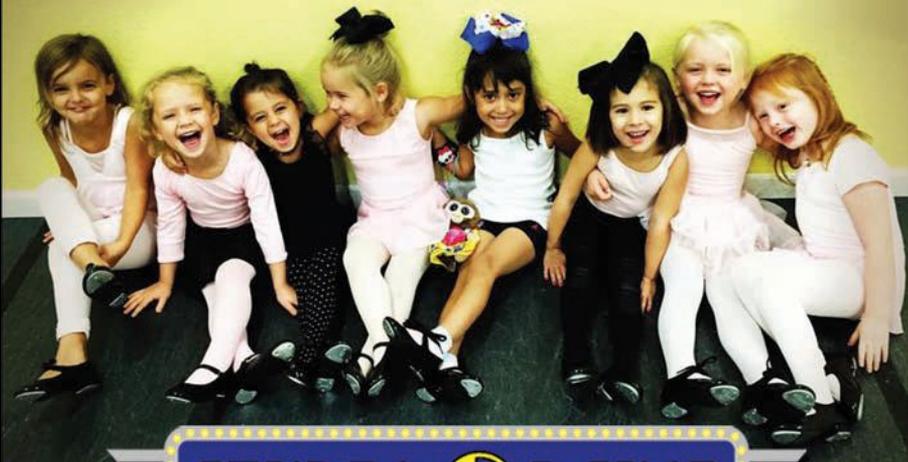
aware this style can widen the appearance of your neck and broaden the look of your jawline. If you are a bride with a square-shaped face, you may already wear your hair in a short, bobbed cut. If your hair length is medium or long, it can be pulled up and away from your face, and this will give the appearance of width at the ears. Creating a soft, wispy style will bring a balance to the strong features. A tiara will create added charm, and with a long veil, your look will be absolutely chic.

If you are a modern bride, you may select the sweetheart neckline because it visually elongates the face and provides an overall proportioned silhouette. This complementary neckline is most preferred by all face shapes and body types. An updo will make you look elegant and feminine. A tiara with pearls placed high with a floor-length veil will make you look enchanting and regal.

A gown with a halter or high neck creates an illusion of a wider neck. This is a flattering style for those with long necks or faces, as well as for small-chested women. Wear your hair down, and keep it soft and tousled. Hair tucked behind one ear and a petite flower or jeweled comb really complete this sophisticated look.

If you are a bride with a heart-shaped face desiring a voluptuously soft and romantic look, wear your hair chin-length and pull it off the face to one side. If you wear your hair longer and flowing to the side with a little fringed bang, you will disguise the broadness of your forehead. Your gown selection should have a scooped neckline, which will elongate a short or thick neck.

TOP AWARD-WINNING COMPANY



STUDIO C DANCE

817-295-8277 • 120 NW NEWTON DRIVE, BURLESON, TX
STUDIOCDANCE@SBCGLOBAL.NET • WWW.STUDIOCDANCE.COM

CHECK US OUT ON FACEBOOK FOR SCHEDULES, PHOTOS AND INFO!

BURLESON'S COMPLETE DANCE AND PERFORMING ARTS
TRAINING FACILITY. TRY ANY CLASS, ANYTIME ... FREE!

THE upper CUT salon

137 NW Hillery St, Burleson, TX

817.295.0491

Danielle Elston
Owner/Stylist

Tina Pate
Darlene Frost
Sheila Littlejohn
Rachelle Houston
Macy Carlock



Danielle Elston

Upper Cut Salon
Owner/Stylist
Hair
Airbrush Make-Up
405.514.910

 [facebook.com/
DanielleElstonStylist](https://www.facebook.com/DanielleElstonStylist) www.DanielleElston.com

Photo Courtesy: Kerri Brookins Photography - Model: Peyton Allen

20% OFF
ALL ACCESSORIES

GLITZ BOUTIQUE

Inside Serendipity Salon

14% OFF
All Services and Products
Presented for discount.

Love is in our Salon

Serendipity
A Complete Beauty Escape
817.426.1900 • 110 S. Main St.

Jellystone Park Texas
Yogi Bear's
CAMP-RESORT

SURPRISE Your Sweetheart FOR VALENTINE'S

Call for Info: 817-426-5037 • NorthTexasJellystone.com

Texas Medicine Woman
HERBS • VITAMINS • OILS
Family Nutrition & Wellness Shop

Ask about our classes on how to use herbs, supplements and oils. Call for details.

YOUR JOURNEY STARTS NOW...

817.295.5252
218 NE Wilshire Blvd • Burleson, TX 76028
www.texasmedicinewoman.com

IN.FORM
BURN FAT • BE FIT • FOR LIFE

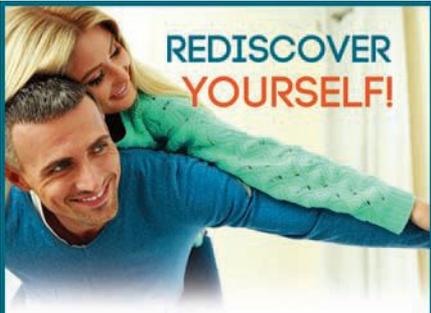
Check out our gift shop!



Strapless necklines, sometimes referred to as tube tops, aren't flattering for most body types. However, on a petite figure, they can create a longer silhouette and neck. If you are a petite bride, don't overdo. Soft fabrics, soft flowing hair, delicate jeweled combs and whimsical veils give elegance to your total look.



Needless to say, your bridal hairstyle should be designed to reflect the image you desire and your personality. Your hair and neckline will be the frame for your beautiful wedding pictures. How do you want to be remembered — romantically royal or softly sophisticated? This is what you dreamed of, and as you slip into your gown, your hair should complete the once-in-a-lifetime look that takes your groom's breath away. **NOW**



REDISCOVER YOURSELF!



Step into a brighter tomorrow!

ACCEPTING NEW PATIENTS!

Now accepting Traditional Medicaid and Blue Cross Blue Shield

817.888.8131 Ext. 702
255 Elk Drive Suite C
Burleson, TX 76028
www.midcitiescounseling.com

Fort Worth Lung Clinic, P.A.



Pulmonology, Critical Care, Sleep Medicine

Mayo Clinic Trained, Board Certified Pulmonologist

Asthma, COPD, Emphysema, Pulmonary Hypertension, Pneumonia, Lung Cancer, Sleep Apnea, Smoking Cessation.

Dr. Ayo received his Pulmonary & Critical Care training at the Mayo Clinic. Holding true to the extensive research-based training he attained, Dr. Ayo has made patient education, high standards of care and thorough follow-up the focal points of his practice.

Ph. (817) 568-8411 • Fax: (817) 568-8414
fwlungclinic@gmail.com • www.fortworthlungclinic.com

Providing Compassionate Care



11803 S. Freeway | Suite 311 | Burleson, TX 76028

Do You Or Your Loved One Snore Loudly?



- ☾ **Do you often feel tired, fatigued or sleepy during the day?**
- ☾ **Has someone observed you stop breathing while asleep?**
- ☾ **Do you or have you been treated for high blood pressure?**

Often symptoms may include: Waking up with a headache, dozing when reading, sitting, or watching TV, fatigued during waking hours, dry mouth or memory problems.

We Can Help! (817) 568-8411

☾ Crowley Sleep Institute

740 S. Crowley Road | Suite 7 | Crowley, TX 76036



SUNSET WINERY
The Best Little Wine House in Texas™

**February 13 & 14,
6:00PM
Valentine's Day
Dinner**

Enjoy a romantic, gourmet multi-course dinner, in our candlelit Barrel Room.

\$70++ Per Person

There is limited seating call (817)426-1141 today for more information and reservations.

www.SunsetWinery.com



Expecting a tax refund?



**Put your refund to work for you by investing in a new home!
Call us today to get pre-qualified!**



Lisa Keese

NMLS ID #206895
Branch Manager / Sr. Loan Officer
Office 817-447-7300
Cell 817-233-9226
lkeese@servicefirstmtg.com

Terrie Goodloe

NMLS ID #206828
Sr. Loan Officer
Office 817-447-7300
Cell 817-925-8306
tgoodloe@servicefirstmtg.com



437 SW Wilshire Blvd A-1 Burleson, TX 76028



Burleson Equine Hospital

Misty Jordan, DVM, MS
Ciera Guardia, DVM
Amy Armentrout, DVM, MS, DAVCS
755 N. Burleson Blvd.
Burleson, TX 76028
(817) 295-2231
emcburleson@aol.com
www.burlesonequine.com

Hours:

Monday-Friday: 8:00 a.m.-5:00 p.m.
Saturday: 8:00 a.m.-noon



Doctors Misty Jordan, Amy Armentrout and Ciera Guardia cater to horse owners, whether at Burleson Equine Hospital or out on the farm.

Health for Horses

Locals trust the women conducting high-end medicine at Burleson Equine Hospital. — By Melissa Rawlins

An all-female team of doctors specializing in complete health care for horses do amazing things at Burleson Equine Hospital. Owner Misty Jordan DVM, MS, believes an equine veterinarian's occupation is unique, requiring he or she be a pharmacologist, dentist, doctor, ophthalmologist, neonatologist and surgeon — all at once.

Burleson Equine Hospital represents a new generation of veterinarians providing advanced diagnostics and medical treatment for your horse. Castrations may still be performed in the same manner they were 100 years ago, but veterinarians' understanding of diseases and disease mechanisms has expanded, and anesthesia and surgical techniques are far superior. "In the '50s and '60s, they wouldn't do colic surgeries," Dr. Jordan said. "Now, the horses in our hospital recover within hours and go home in a few days, thanks to advancements in medicine and surgery."

In Dr. Jordan's hospital, horses are taken care of on a personal level

by all three veterinarians and the eight technicians. Around the clock, licensed technicians thoroughly handle all treatments of the animals, including bandage changes, IV fluid administration and IV and IM injections, as well as oral medications.

Serving every discipline and every breed, Burleson Equine Hospital practices advanced medicine. Dr. Ciera Guardia specializes in sports medicine, lameness and reproduction. Dr. Amy Armentrout, a board certified surgeon, specializes in soft tissue and orthopedic surgery but also treats horses for advanced lameness and regenerative issues and is certified in acupuncture. Dr. Jordan's specialties are internal medicine, advanced diagnostics for sports medicine and lameness, dentistry and reproduction.

An Arkansas girl who grew up with horses, Dr. Jordan chose to attend Texas A&M University for three degrees in microbiology, veterinary

Business **NOW**

microbiology and veterinary medicine. After interning with Weatherford Equine Medical Center, she came to Burleson Equine Hospital in August 2007 to serve as an associate. After four years, the owner sold the practice to her. She poured her love for horses into the hospital in many ways, including repainting the waiting area a lovely sage color, adding western decor and hanging a powerful black and white charcoal by Kit Hall.

Dr. Jordan is very involved with local 4-H, FFA and rodeos — participating with and for the community. Being around horses all day makes her happy. Though Dr. Jordan mostly sees sports medicine injuries, her degree in microbiology allows her to treat a plethora of infectious respiratory, ophthalmologic and gastrointestinal diseases, as well as infections in the hooves and skin.

During the spring reproductive season, Burleson Equine Hospital sees a large number of mares to be bred and mares to be foaled out at the hospital, along with septic foals infected in utero or within 24 hours after their birth. By getting the baby started quickly on IV fluids, plasma, oxygen and antibiotics, and staying 24/7 in the hospital with the foal, they see positive outcomes.

With two fully stocked ambulatory units, Burleson Equine Hospital can do everything on the farm that they can do at the hospital, including: lameness and pre-purchase exams, digital radiographs, reproduction and emergency medicine. The team caters to the owner's needs.

February is the time to start planning for breeding season, or foaling out. "It's so important that new foals are examined 12 to 24 hours after birth to make sure they received adequate colostrum," Dr. Jordan said, "and the pregnant mare gets her pre-foaling vaccinations and deworming treatment. We'll also investigate the mare's nutritional status, so her milk will have adequate calcium and fat content and good antibodies in it to protect your foal."

Burleson Equine Hospital posts a well-researched section on foaling on its website. Be sure to ask about their wellness program, which provides preventative medicine at a discounted rate. Dr. Jordan's detail-oriented team will help you prevent diseases in your horse. Let their high level of care translate into higher-level performance, whether in your backyard or in the show arena. **NOW**

BE BURLESON EQUINE HOSPITAL
Farm calls & hospital appointments available

Specializing in:

- Sports Medicine & Lameness
- Soft Tissue & Orthopedic Surgery
- Digital X-Ray & Ultrasound
- Dentistry & Reproduction
- Emergency Medicine & Surgery

Open 24/7

MISTY JORDAN DVM, MS - OWNER • 817-295-2231

Insure the things you love with help from

Justice INSURANCE
AUTO - HOME - LIFE - BUSINESS

817-295-5008 • 124 West Renfro
Wilson St. conveniently located in Old Town Burleson

www.justiceins.com

Alicia Sanchez
Licensed Agent

Delight Justice
Licensed Agent

Trusted Choice
Member of the Independent Insurance Agent

Robyn Adams, Manager

Happy Valentine's Day from
Fancy's Plus Size Resale

Sizes 1X - 5X Buy • Sell • Consign

Great Deals on Winter Items

220 E. Renfro • 817-426-4944
(Next Door to City Market)

We also carry shoes, jewelry, purses and accessories
www.fancysplussizeresaleshop.com

"OPENING DOORS IN BURLESON SINCE 1986"

TEXAS OVERHEAD DOOR

REPAIR, SERVICE & NEW GARAGE DOORS

122 N.W. Hillery Street
Burleson, Texas 76028

Garage Door Tune-Up
\$49.00 + tax
PARTS EXTRA • LIMITED AREA • CALL AHEAD

For regular business hours M-F 7:30-5 only.
May not be combined with other offers.
Call for details. Expires: 2-29-2016
Must Mention "Burleson Now Coupon"

817-295-0216
www.txohd.com

Amar
ACCREDITED BUSINESS
f t



Hill College soccer player, Savannah Melton, goes in for a strong kick.



Juli Stone braves the cold for the sake of her canine friends, Chika and Scotti, who enjoy their four-mile walk each day.



Payton and Abby Brown collect peanut butter on behalf of the BHS Sigma Swimmers for Harvest Bowl for Harvest House.



Nina Rodriguez and Trevor Harres are happy to serve at Tuscany Italian Bistro in Crowley.



BACC hosts a ribbon cutting at Stampede Harley Davidson.



Winter brings basketball lovers out to the BRiCK for a community pick-up game.



Burleson High School Swim Team volunteers in Lavon, Texas, for tornado clean up on New Year's Day.



Parks and Recreation Department employees Bobby Campbell and James Wood keep Joshua's City Park clean as a whistle.

Dining DEALS

LIGHT & FRESH PLATE



Party! PAKS

\$5.99

LESS THAN **500** CALORIES

GOLDEN ROAST
Breast & Leg with Green Beans & Side Salad
with FAT-FREE ITALIAN DRESSING

Light & Fresh Plate is less than 500 calories when Fat-Free Italian Dressing is chosen.
Calorie counts may vary with other dressing choices.

Expires 2/29/2016

Crowley Golden Chick (817) 297-2456
820 South Crowley Rd., Crowley, TX 76036

Burleson Location Opening February



GOLDEN CHICK

1601 SW Wilshire Blvd.
Burleson, TX 76028
(817) 426-1234

SW Wilshire Blvd.
★
St. John Jones Dr.

Need More Business?

Advertise your restaurant here.

For information, call:

817.477.0990

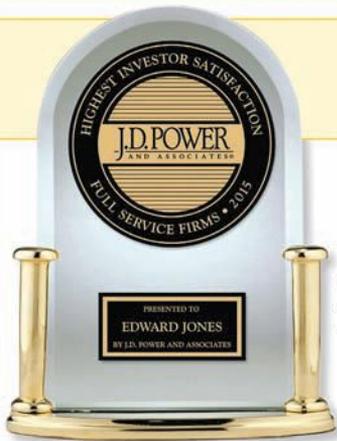


Bringing the best of the community home.

Get More Return on Your Tax Return: Five Ways to Avoid Shopping Spree-itis

You've got a couple thousand bucks back from the IRS, and it's burning a hole in your pocket. Before you splurge on a new wardrobe that will be outdated in a year, a summer vacation where you'll be fighting mosquitoes, or a new piece of electronic equipment that will get dusty on the shelves — stop, drop that credit card and roll out a few alternatives for consideration. So, here are five steps to kick Tax Refund Shopping Spree-itis:

The smell of new leather has got you all aflutter. But before you buy that new car — STOP! Gaze into the big, innocent eyes of your children. According to the National Institute for Consumer Education, the cost of a college education has more than doubled in the last 10 years. The 2004 Trends in College Pricing survey from The College Board shows that total student expenses average \$20,082 per year at private institutions, and \$5,132 per year at public institutions. Have you thought about a 529 College Savings Plan or a Coverdell Education Savings Account? Just imagine the smell



A Very Big "Thank You" to Our Clients

When You're Happy, We're Happy

We're pleased to announce Edward Jones ranked "Highest in Investor Satisfaction With Full Service Brokerage Firms, in a Tie" in the J.D. Power 2015 Full Service Investor Satisfaction StudySM.

Call or visit your local Edward Jones financial advisor today.

Edward Jones received the highest numerical score among full service brokerage firms in a tie in the proprietary J.D. Power 2015 U.S. Full Service Investor Satisfaction StudySM. Study based on responses from 5,351 investors who used full-service investment institutions. 18 investment firms which received a representative sample of investor opinions were measured on 7 factors: investment advisor; investment performance; account information; account offerings; commissions and fees; website; and problem resolution. Proprietary study results are based on experiences and perceptions of consumers surveyed in January-February 2015. Your experiences may vary. Rating may not be indicative of future performance and may not be representative of any one client's experience because it reflects an average of experiences of responding clients. Visit jdpower.com.



Lynn H Bates Jr., AAMS[®]
Financial Advisor

115 N W Newton Drive, Suite E
Burleson, TX 76028
817-447-9446

www.edwardjones.com Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

**BENNETT
BUILDING
SYSTEMS.COM**

2540 S.I.H. 35W Burleson, Texas 76028



**General Contractor
Metal Buildings
Full Turn - Key
Concrete
Design**

817-295-2223

Finance **NOW**

of the leather in your successful kid's limo when it comes to pick you up!

You're about to hand over your credit card to the cashier to buy that fancy do-it-all gadget that mows the lawn, cleans the pool and cooks a mean barbecued steak — STOP! Look at your credit card balance. Think about the interest rate. If your credit card interest rates go up, that means you'll be forking over more cash to pay off your debt.

Tropical sun, coconuts, warm water. A Hawaiian vacation is a click away — STOP! Now imagine your teeth sitting in a cup next to your bed at the nursing home. According to the Federal Long Term Care Insurance Program website (<http://www.opm.gov/insure/ltc>), approximately 60 percent of people who reach age 65 will need long-term care at some time in their lives. The cost is enormous if you don't have long-term care insurance. The average annual cost of a semi-private room in a care facility is \$52,000. In less than 30 years, it is estimated that the cost will be more than \$190,000.

The house is looking a little bare, but the bedroom set in the advertisement has your name spelled on it — STOP! Don't just think retirement. Think early retirement. In order to reap the financial benefits of compounding, you must start investing as soon as possible. A large Fortune 100 company's 2015 survey found that most Americans have not saved enough for retirement. Only eight percent of survey respondents had completed 10 basic retirement preparedness steps and 38 percent had completed fewer than five. If your current savings efforts are falling short of your future goals, consider increasing your retirement savings with your tax refund because there is an IRA, mutual fund or some other investment vehicle with your name on it.

You've decided to splurge on the skydiving trip you've been dreaming about — STOP! Have you considered life insurance? If your employer provides group life coverage but not individual life insurance coverage, you might want to look into purchasing an individual life insurance policy outside your place of employment. A 2015 life insurance survey showed that 47 percent of Americans surveyed do not have an individual life insurance policy — which means some may not be covered by a life insurance policy should they quit or leave their job.

When that tax refund shows up, it can be a great reminder to review your finances and make sure you're on the way to meeting your financial goals. **NOW**

Mark Jameson is a licensed Allstate sales associate based in Burleson.



BERRY STEWART
EYE CENTER

The eye procedures and surgeries we offer include:

- ✓ No-Stitch Cataract Surgery
- ✓ AcrySof Restor Cataract Surgery
- ✓ AcrySof Toric Cataract Surgery
- ✓ SLT glaucoma laser treatment
- ✓ YAG laser capsulotomy
- ✓ Laser Peripheral Iridotomy
- ✓ Eyelid Surgery
- ✓ Pterygium Surgery

Phone: 817-484-2020
www.berrystewarteyecenter.com



Happy Tails
complete pet care & boutique

Mon., Tues., Thurs., & Fri. 7:30am to 6:00pm
Wed. & Sat. 8:00am to 5:00pm

www.happy-tails.net • (817) 529-9993
113 NE Johnson Ave., Suite 300 • Burleson

\$5 OFF a Groom or Bath
For the month of February • Must present coupon • Limit one per family

Come check out our Valentine's goodies!

ELK CREEK
SENIOR LIVING Community

Burleson's Finest Assisted Living and Memory Care

Now Taking Reservations 817-295-6555

301 Elk Drive, Burleson, TX 76028
www.ElkCreekAL.com



Paper Crafting, DIY & Mixed Media Supplies

817-295-7100

flossie Scrapper
fresh. creative. fun.

Now Offering Birthday Parties for All Ages

40% OFF HIGHEST PRICED ITEM
Excludes Machines • Expires 2/29/16

Tues - Fri 10 a.m. - 5 p.m. Sat 10 a.m. - 6 p.m.
Closed Sun - Mon

Special Hours for Classes & Open Crops

3509 S.W. Wilshire Blvd. • Burleson
www.flossiescrapper.com

HOlistic Touch
In Balance

Debbie Gordon, CRTS
Certified Raindrop Technique Specialist

- Boosts Immune System
- Emotional Support, Release and Distress
- Re-align the Energy Centers of the Body
- Relax and Release Muscle, Bone and Joint Discomfort

20% OFF 1st Applied Aromatherapy Application

www.hoistictouch.com
817-888-6917
APPOINTMENT ONLY



February 4

JACC Scholarship Application Deadline: 3:00 p.m., Joshua High School Counseling Office, 909 S. Broadway. Graduating seniors are invited to apply for a \$1,000. Form at www.joshuachamber.org. Call (817) 556-2480.

February 5

Lunch & Learn: 11:30 a.m.-1:00 p.m., Burleson Public Library, 248 S.W. Johnson Ave. Ben Magill, Executive Director, Labor Market Intelligence for Dallas Community College, presents: Building an Entrepreneur-Friendly Community Cultivating Innovation. Bring your lunch. (817) 426-9210.

Crowley Chamber of Commerce Awards Banquet: 6:30 p.m., Crowley Recreation Center, 201 E. Main St. Mardi Gras Masquerade Ball, celebrating Crowley movers and shakers. \$40.00 per person. RSVP: (817) 297-2201.

February 9

Trail Life Troop TX-0110 meeting: 7:00-8:00 p.m., Burleson Church of Christ Community Room, 1150 N.W. John Jones Dr. Contact Toby Ford, Chaplain and Trail Master, tkf@dunaway-assoc.com or (817) 995-8466.

February 12

Night to Shine: 6:00-9:00 p.m., Alsbury Baptist Church, 500 N.E. Alsbury Blvd. Prom for individuals with special needs, sponsored by the Tim Tebow Foundation. Visit www.alsburybaptist.com or contact (817) 295-0134.

February 13

Father/Daughter & Mother/Son Valentine Dance: 4:00-6:30 p.m.; 6:30-9:00 p.m., Burleson Recreation Center (BRiCk), 550 N.W. Summercrest Blvd. Pre-event tickets \$8 per person: (817) 426-9104, ext. 2090.

February 16

Relay For Life Team Captain meeting: 6:00 p.m., Burleson Police Department. Contact Misty Harris, (817) 426-6268.

JACC Awards Banquet: 6:30 p.m., First United Methodist Church, 114 Paula St, Joshua. 31st annual event includes a fine dinner to celebrate the hardworking locals making Joshua a great place. RSVP by **February 2** for \$45 entrance. Contact kim@joshuachamber.org or call (817) 556-2480.

February 21

BACC Annual Awards Luncheon: 11:30 a.m.-

1:00 p.m., Pathway Church, 325 N.W. Renfro St. RSVP to (817) 295-6121.

February 25

Understanding Alzheimer's Disease & Other Dementias: 11:30 a.m.-1:00 p.m., Burleson Area Chamber of Commerce, 1044 S.W. Wilshire Blvd. RSVP to Home Instead Senior Care, (972) 576-1100.

February 26, 27

Friends of the Library Book Sale: **Friday**, 9:00 a.m.-5:00 p.m.; **Saturday**, 9:00 a.m.-2:00 p.m., Crowley Public Library, 409 S. Oak St. For more information, call the Crowley Public Library, (817) 297-6707, ext. 2090.

February 27

Free Tennis Playday: 10:00-11:30 a.m., North Crowley High School, 9100 S. Hulen, Fort Worth. Kids ages 5-18 are welcome. For more information, call Trent Sellers, (817) 683-6325 or go to www.topguntennis.us.

Submissions are welcome and published as space allows. Send your event details to melissa.rawlins@nowmagazines.com.



World's Only ST. PADDY'S

Pickle Parade & Palooza

Run • Parade • Polooza

March 11 & 12
Mansfield, TX
Pickle Capital of Texas

Shamrock n Roll
Party with the King
& the Pickle Queens

Free Family Fun
Friday Night
Movie at Town Park

Saturday
Pickle Runs
Fun Run, 5K & 10K
Parade • Street Market
Pickle Playground • Live Band

Special Guest Appearance:
The Dallas Cowboys
Cheerleaders



Kraig Parker
Elvis Tribute Band



PickleParade.org

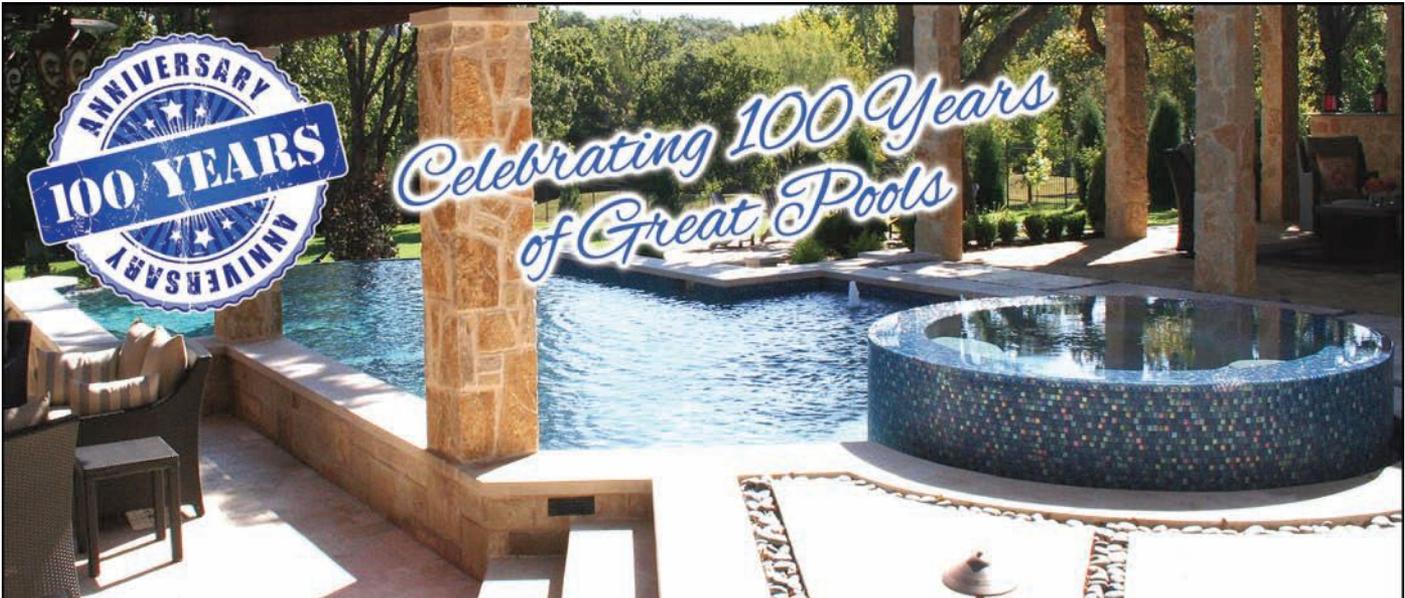
Sponsored by:



Star-Telegram
Mansfield News-Mirror



*Celebrating 100 Years
of Great Pools*



Custom Pools and Spas • Luxury Outdoor Living Spaces • Complete Pool Renovations • Dedicated Service Team

Pulliam Pools

Innovative pools built on experience since 1916



HOME OFFICE
2725 Altamesa Blvd.
Fort Worth, Texas 76133-
817-346-4778

PARKER COUNTY OFFICE
3292 Fort Worth Hwy.
Hudson Oaks, Texas 76087
817-613-1910

www.pulliam.com

*Pulliam Pools would be honored to build
your outdoor stay-ca-tion destination!*



In the Kitchen With Ashley Metz

— *By Melissa Rawlins*

Shadowing her grandmother, Nanny, Ashley Metz learned to love cooking and baking for almost everyone she knew. When she was a senior in high school, Ashley went on a blind date with a boy from Nanny's church. "Needless to say, it was love at first sight," Ashley said. She and Gary have now been married 17 years. Cooking for their family of five, Ashley prepares healthy, delicious and budget-friendly dishes using fresh, seasonal ingredients. Believing good health starts in the kitchen, Ashley is running an ultra marathon this month. Using weekends to plan and prep food, her recipes come together quickly all week long. Desserts are essential. "To be successful in sticking to a healthy eating plan," she said, "you have to treat yourself every now and then." **NOW**

Nanny's Chicken Spaghetti, Lightened Up

- 1 whole chicken**
- 4 cups water**
- 1 tsp. each salt, pepper and garlic powder**
- 1 tsp. olive oil**
- 1 onion, finely diced**
- 1 bell pepper, finely diced**
- 16 oz. whole wheat spaghetti**
- 1 10.75-oz. can 98% fat free cream of mushroom soup**
- 1 10.75-oz. can 98% fat free cream of chicken soup**
- 1 10-oz. can Ro-Tel (optional)**
- 4-8 oz. 2% Velveeta cheese, cubed**
- 1 cup shredded cheddar cheese (optional)**

1. Preheat oven to 350 F. Spray a baking dish with cooking spray and set aside.
2. Place chicken in a large stock pot, and add just enough water to cover. Season very well. Boil until the meat begins to separate from the bone. Remove chicken and cool enough to be able to handle. Do not discard

liquid; simply set aside. Remove the skin and discard. Remove the meat from the bone and set aside.

- 3.** Into a skillet, add olive oil and sauté onion with bell pepper until soft.
4. Into the remaining liquid from the chicken, add spaghetti. Boil per package directions. After it is done, drain off enough liquid that spaghetti is about halfway covered. To the same pot, add soups, Ro-Tel, Velveeta, sautéed vegetables and chicken. Stir over low heat until Velveeta melts and everything is well incorporated.
5. Place in a baking dish and top with shredded cheese, if you desire. Bake until bubbly, about 20-30 minutes.

Too Good to Be True Brownies

- 1 box devil's food cake mix**
- 1 15-oz. can pureed pumpkin**
- 2 tsp. vanilla extract**

1. Preheat oven to 350 F
2. Combine all 3 ingredients together until well incorporated as a thick batter.

- 3.** Spread into a 9x13-inch baking dish sprayed with cooking spray. Bake for 30 minutes or until a toothpick comes out clean.
4. Allow brownies to cool completely to enjoy the fudgiest brownie you could dream of.

Mexican Black Bean Quinoa Casserole

- 1 can cooking spray**
- 1 cup uncooked quinoa**
- 2 cups water**
- 1 Tbsp. olive oil**
- 1 small onion, diced**
- 3 cloves garlic, minced**
- 1 jalapeño, deseeded and diced**
- 1 red bell pepper, diced**
- 1 orange bell pepper, diced**
- 1 cup frozen corn kernels**
- 1 small lime, juiced**
- 1 tsp. ground cumin**
- 1 Tbsp. chili powder**
- 1/3 cup cilantro, chopped**
- Salt and pepper, to taste**
- 2 15-oz. cans black beans, drained and rinsed**
- 2 cups red enchilada sauce**
- 1 1/2 cups shredded cheddar cheese (divided use)**

Toppings:

- 1 bunch green onions, sliced**
- 1 avocado, diced**
- 1 bunch cilantro, chopped**

- 1.** Preheat oven to 350 F. Grease a 9x13-inch baking dish with cooking spray and set aside.
2. Add quinoa and water to a medium saucepan and bring to a boil over medium heat. Boil for 5 minutes. Turn heat to low and simmer about 15 minutes. Remove from heat and fluff with a fork. Water should be absorbed.
3. In a large skillet, heat olive oil. Add onion, garlic and jalapeño. Sauté until softened, about 3-5 minutes. Add in peppers and corn. Cook for about 3-4 minutes. Add lime juice, cumin, chili powder and cilantro. Season with salt and pepper, to taste.
4. In a large bowl, mix cooked quinoa and black beans. Add the sautéed veggie mixture and stir to combine. Add in enchilada sauce and stir. Add 1/2 cup shredded cheese. Pour into a baking dish. Top with remaining shredded cheese.
5. Cover pan with foil. Bake for 20 minutes, and then remove foil. Bake an additional 10 minutes. Serve with toppings.

To view recipes from current and previous issues, visit www.nowmagazines.com.



Your hands couldn't
be in better ones.

Certified Hand Therapists

For Certified Hand Therapists (CHTs) close at hand, look no farther than Texas Health Neighborhood Care & Wellness Burleson. Professionals with experience in the treatment of hand and upper extremity disorders, our CHTs care for everything from bone, tendon and nerve injuries to arthritis and joint replacement. Our spacious facilities feature advanced technology and equipment. We've got the right people, ready to put together a plan that's right for you, right here in Burleson.

1-877-THR-WELL
TexasHealth.org/Burleson



Part of Texas Health Harris Methodist Hospital Fort Worth

February is National Children's
Dental Health Month!

Share the love
this Valentine's Day.
Refer a friend and tell them
how much you love their smile.

We love our patients!
Dr. Randy, Blane & Ross Hamilton




**Pediatric Dentistry
and Orthodontics**

Cosmetic Dentistry for Kids

Excellent care and treatment in a kid-friendly environment! In-office oral & IV sedation



BURLESON

809 SW ALSBURY, STE. 100

817-295-1144

OPEN Monday-Friday - Most Insurances Accepted
Medicaid/CHIP Approved



Blane Hamilton, DMD, Ross Hamilton, DDS,
and Randy Hamilton, DMD,

