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FEBRUARY 2011

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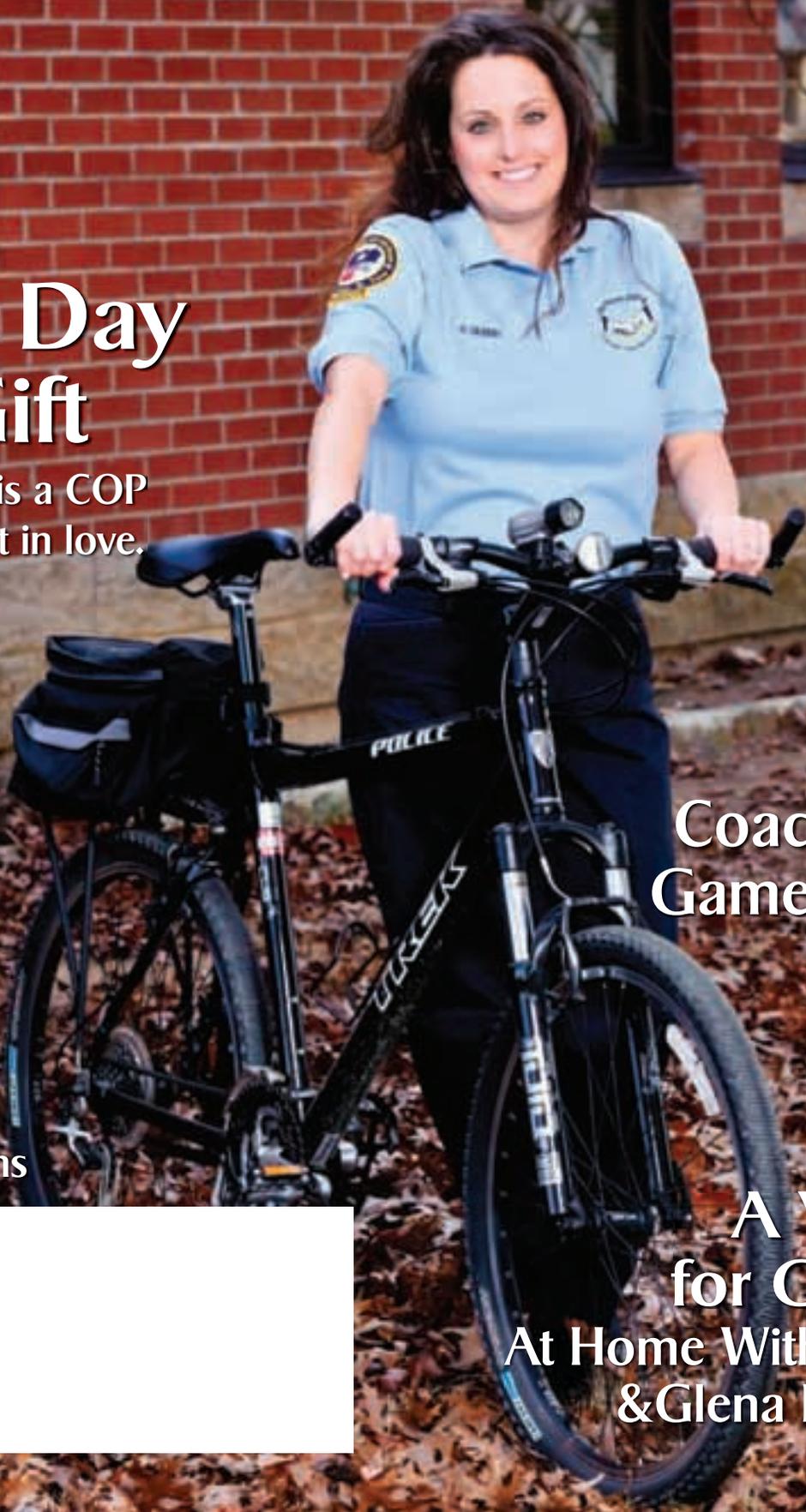
Kristy Gilbert is a COP  
who is vigilant in love.

### Also Inside

To Give  
Is to Receive  
In the Kitchen  
With Ila Perkins

Coach A's  
Game Plan

A View  
for Glenna  
At Home With Larry  
& Glenna Bagley



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## On The Cover



Kristy Gilbert promotes partnership with the police department.

Photo by Shana Woods.

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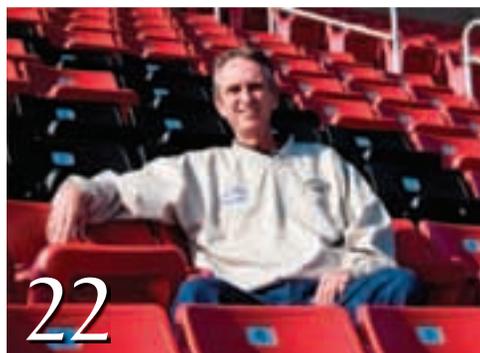
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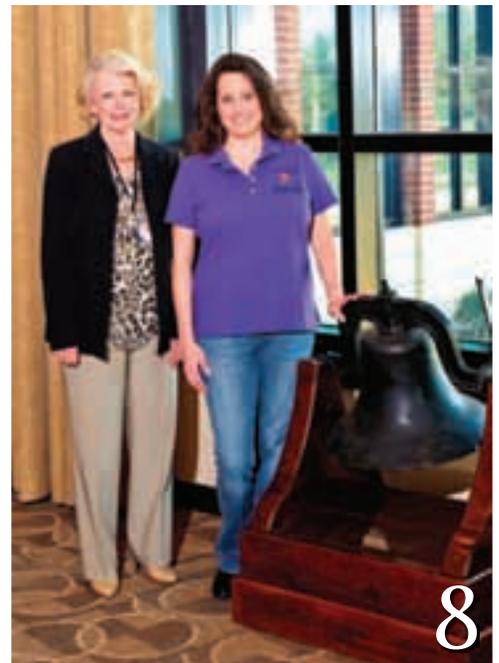
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Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (817) 477-0990 or visit [www.nowmagazines.com](http://www.nowmagazines.com).

# Editor's Note

*Howdy!*

I used to wonder why the radio only played songs about guys and gals falling in love, breaking up and making up. My father used to tell me it was because, "Love makes the world go 'round." Well, I have gone round and round a few times, and found out Daddy was mostly right!



I want to tell you about some people who love their families, friends and neighbors. The Burleson Lions Club is working to help conserve our neighbors' sight and fund some college scholarships by hosting a family fun event starring the Burleson Lions Pride basketball team versus the Harlem Ambassador's team. The game takes place February 10 in the Kerr Middle School Gym. Come on out and show your love!

Whoever you are loving this month, have a lovely February, Y'all!

## Melissa

Melissa Rawlins  
MansfieldNOW Editor  
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# EVERY DAY IS A

# Gift

— By Melissa Rawlins

Every couple of weeks, Kristy Gilbert puts on her COPS (Citizens on Patrol) uniform—consisting of navy or khaki pants or shorts, appropriate shoes and a light blue sweatshirt with an emblem of two hands shaking. One is a uniformed hand; the other is a regular hand, symbolizing partnership between police officers and citizens. “If nothing happens when you’re riding out, it’s a great night,” said Kristy, explaining the philosophy of the Citizens on Patrol. Twice a month, for four hours each night, Kristy heads out with her partner, Vicki McElroy, to ride the streets of Burleson, searching for suspicious activity. After a recent hit-and-run in the Walmart parking lot involving a maroon truck, the Burleson Police Department asked the COPS organization for extra patrol. “I patrolled four hours that night, looking for that truck. Every maroon truck we came across, we were calling dispatch,” Kristy said. “We’re basically just eyes and ears for the police department.”







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Mandatory monthly training causes local COPS to constantly grow in knowledge. Wannabe members of COPS must first take the Citizens Police Academy, which is usually offered in the first part of June. If more than 28 people sign up, CPA would offer more than one class per year. The nine-week course is free and covers topics like SWAT and undercover drug officers.

As a mother with two children, Kristy learns information in the CPA and COPS classes, which has helped her become more aware of what may be going on in her own house. The police who instruct the COPS volunteers also train them to inspect their vehicles prior to every ride out. "They teach us to check for things



**"WHEN YOU'RE OUT AT 2:00 A.M., YOU DON'T WANT YOUR TIRES TO GO FLAT OR TO RUN OUT OF GAS."**

you often overlook, but are important when you're out and about," Kristy said. "We were patrolling one night and came upon a car parked on a dead end road. We parked and watched until an officer could come check and see what they were doing. At times like that, when you're out at 2:00 a.m. you don't want your tires to go flat or to run out of gas!

"Burleson is relatively safe, but after you take some of these classes, your eyes are opened. It's hard to not look at people differently," Kristy said, with an unjaded, take-charge attitude. She now

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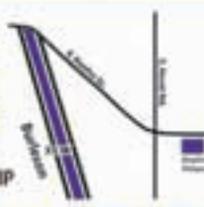
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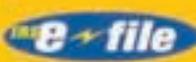
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always has her keys in her hand before walking outside. If she knows she has to walk to her vehicle at night, she will park in the light. She keeps her gas tank filled above the quarter-mark. She does not leave her children in the car when running errands. And she is constantly setting her daughter's computer to Internet safety standards. "She can complain, but it's a peace of mind knowing she's safe, and a child predator is not preying on her."

After more than 30 hours of CPA and COPS classes annually, Kristy is more aware, more alert and more observant. "I'm part of the police station, and I see it's not the government trying to run everything. It's really a group of people putting things into place for your safety," Kristy said.

COP was formed in 2006 when dedicated Citizens Police Academy alumni got together and approached Patrol Sergeant Diron Hill about wanting to put together a Citizens on Patrol group. He pitched the idea to Chief Tom Cowan, who approved of it. The concept soon bloomed into a full-scale program with a



current active membership of 30 people who, like Kristy, all have a genuine desire to improve the relationship between the community and the police department. Nearly five years after its inception, Commander Chris Havens will not hesitate to call the COPS to come in and help patrol high-traffic neighborhoods.

And Kristy does not hesitate to pick up her phone, either. "To order pizzas for the midnight shift is not uncommon for me to do! The police do so much for us that goes without thanks," said Kristy, whose greatest fulfillment is in helping other people. "You don't know how long you're going to be here, and you should do the things that you enjoy and give back to the community. Every day is a gift." **NOW**

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# A VIEW FOR GLENA

— By Carolyn Wills

*On the sill of a tall window near the Bagleys' breakfast table rests an elegant orchid in shades of fuchsia. It was a birthday gift from Larry to Glena last year and an example of how this couple, married 41 years, continues to make their experiences special. "Last year, Glena received a gift on each day of her birthday week," Larry said. "She's my original."*

"We're original for each other," Glena added. And considering the circumstances that brought them together, it would seem their destinies were determined.

Larry grew up in Sweetwater, Texas, and had it not been for an odd turn of events, he and Glena might never have met. It was the late '60s. Larry was a missile technician in the Army, and

AT HOME WITH LARRY AND  
GLENA BAGLEY



he had every expectation of going to Vietnam. "The day we were to leave, my unit received orders to report to Key West, Florida, instead. When we arrived, we were given the choice to report to any missile base in the United States. I picked the Nike Hercules Missile Base in Alvarado because it was in Texas." He was stationed in Alvarado for six months and, in that time, a mutual friend introduced him to Glenna. Before long, the two native Texans were married. They began their lives as husband and wife in a marriage that continues to be powered by a spirit of collaboration and an agreement to keep each other a priority.

When Larry retired in 1994 following 28 years with Amoco Oil, Glenna suggested moving from Odessa to Fort Worth. They purchased a condominium overlooking the fastidious lawns of Ridgela Country Club, which was also convenient to the elementary school where she is a diagnostic technician.

Until the beginning of last year, Burleson was nowhere in their future. "I was born and raised in Cleburne," Glenna



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their worlds upside-down. “We like to collaborate,” Glenna said. And that is a good thing, for it was this spirit of collaboration that enabled them to build their dream home and move to Burleson last July.

It began when the Burleson neighborhood of Southern Oaks caught Larry’s attention. “He thought we would like the area,” Glenna explained. “He knows I am all about a view. We picked our Fort Worth condominium largely because it overlooked the country club.”

When they saw the lot in Burleson and realized it was an opportunity to customize a home against a backdrop of trees and the Southern Oaks Country Club, they agreed it was time to build a home and that Burleson was the place to do it. “We looked at a house in the neighborhood that had already been built and made changes to fit our style. We like the Tuscany look, and I found a photo in a magazine to guide us,” Glenna said. “The house, built by Peter Thomas of Oakmont Classic Homes, is basically designed around the view from the back of our house. We wanted the inside to be as open as possible so the great room,

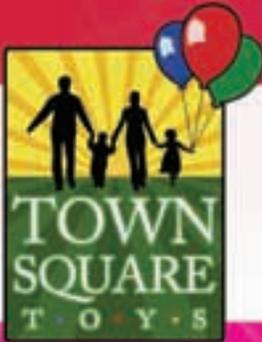


breakfast area and kitchen are banked by large windows with full views to the outside.” The master suite is also fitted with large windows and offers stunning morning views. “I like to have my coffee sitting in the oversized chair in our bedroom,” Glenna said.

Attention to quality and detail is abundantly apparent in the 2,800-square-foot home. From the custom front door with scrolled ironwork on a glass panel to the striking “art piece” of a copper vent-a-hood over the island cook top in the kitchen, it has all been carefully chosen.

said. “For me, Burleson was a place to drive through to visit grandparents in Fort Worth.” As it turned out, 2010 was a pivotal year. It began with their daughter Pamela, 2-year-old beloved granddaughter Katheryn and son-in-law Pete moving from Dallas to San Jose, California, and with Larry discovering something in Burleson that would turn

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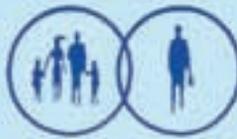
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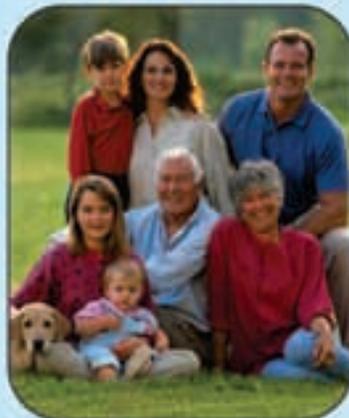
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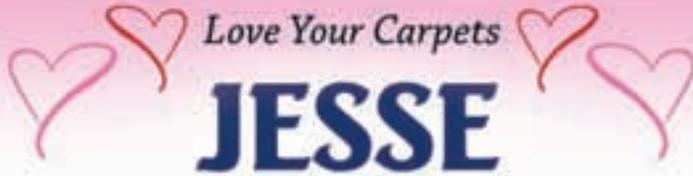
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“Larry was there through the building process,” Glenna said. “We would come out in the evenings. We made most of the decisions together, except for the vent-a-hood that was Larry’s project. He designed it, but it was handmade by a local craftsman.”

The kitchen’s granite countertops and exquisite cabinetry, coupled with the copper vent-a-hood, make the perfect statement at the heart of the home. The kitchen opens to the great room which is lined with tall windows and accentuated by a large remote-controlled gas fireplace. “Larry’s favorite rooms are the master bath and game/media room,” Glenna said. The master bath includes beautiful travertine tile and birch cabinetry. It is home to two angel statues mounted above each entrance. Larry’s game/media room sports a full-sized pool table and large-screen TV with four electric-controlled leather recliners. The walls are deep red, the carpet is stylishly patterned and the bar countertop is made of rainforest marble. There is also a balcony that affords a view from the upstairs.

Glenna picked most of the home’s interior colors which, in Tuscan fashion, are “tannish” yellow with a soft faux peach on some of the ceilings and in the formal dining room. The ceilings, most of which are at least 11 feet tall, have varying architectural features including the “barrel” entrance with two chandeliers that cast their own patterns. The ceilings are accented with crown molding throughout.

There is an office toward the front of the house with custom-made cabinetry and a not-so-custom statue. “I call him Einstein,” Larry said. The 3-foot plaster



statue with a stack of books in his hand resembles the famous scientist.

Not surprisingly, one of the three bedrooms was decorated and reserved especially for “Princess Kathryn.” Although she lives in California now, she has already visited her special room, and like grandmother like granddaughter, her favorite spot is the little table in front of a big window.

The Bagleys left the backyard small to minimize maintenance and for the enjoyment of having a long back porch. “The foliage from the natural stand of trees and tall grasses between the house and golf course cools the wind as it comes through in the spring and summer,” Larry explained. “We like the wilderness of the natural area, and it helps with drainage during heavy rains. In the springtime, the trees fill out, but we can still see the golf course when we’re



sitting down. Our condominium was on a golf course in Fort Worth, but this is different because it is natural.”

“I could have a little hut out here as long as I have the view,” Glenna said. “But I love the style, and we love living in Burleson. I don’t mind coming from work on that busy highway because I know I’m coming home.” **NOW**

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# COACH A'S GAME PLAN

— By Carolyn Wills

*In 1983, Phil Anderson was offered a coaching position in Burleson. He and his wife, Teresa, faced the prospect of not being in Kansas anymore. “From our first visit to Burleson, we loved the area,” he said. “The population was only about 13,000 at the time. We’ve seen it grow, have grown with it and still love living here.”*

Coach Anderson, or Coach A as he is best known, has been involved in the field of education for 37 years. He grew up in the tiny town of Burrton, Kansas. He finished most of his junior and senior years at the University of Kansas and then graduated from Baker University in Baldwin, Kansas. He began coaching at Haskell Indian Junior College in Lawrence, thanks in large part to his junior college basketball coach. He and Teresa met in Lawrence and have been married for 31 years.

Since their arrival, the transplanted couple from Kansas has been embraced by Burleson. Over the years, Coach A has taught and/or coached students who are now parents. About five years ago, he had barely “officially retired” when he was asked to serve as the district’s part-time associate athletic director. Teresa is well-known for her community involvement and her contributions in the beauty salon industry. The Andersons’ sons are products of the Burleson Independent

School District (ISD). "This is a great place to raise kids," Coach A said. "Our son, Rhyan, graduated from college and is married now, has two sons and is a banker in Burleson. Our son, Corey, finished his master's degree and has become a strength and conditioning coach at James Madison University in Harrisonburg, Virginia."

Coach A played basketball all through high school and sports have always been important to him. "I am a University of Kansas Jayhawks basketball fan," he said. "I'm also a huge Texas Christian University football fan, and I like The University of Texas Longhorns. We have been season ticket holders to the Cotton

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Bowl since 1984 and tailgating is a family tradition." After a lifetime of enjoying, playing, following and, of course, coaching sports, it is not surprising that he is the inspiration behind the new Burleson ISD Sports Hall of Fame.

Concerned that Burleson's rich history of athletics was not being recognized and, in fact, might someday be lost or forgotten, Coach A decided to draft a game plan. "I had noticed a Hall of Fame at Pennington Field in the Hurst-Euless-Bedford (HEB) ISD," he said, "and thought it would be nice for Burleson to do this. I got a committee together. We set up bylaws and formed a nonprofit organization. We invited a gentleman from the HEB ISD to talk to us, as well as representatives from Richland and Haltom City. Then, we established criteria, set up a selection committee and solicited nominations."

Inductees in the Burleson ISD Sports Hall of Fame must be out of high school for no less than five years and meet at least one of a number of stipulations described on the eligibility requirements form listed on the Burleson ISD Web site. "We want to honor those who have excelled in athletic endeavors," Coach A explained, "to memorialize Burleson's history by recognizing athletes, teams and

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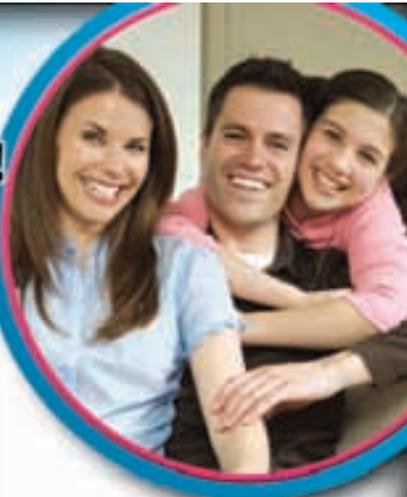
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significant contributors who have made a difference on and off the playing field.”

This year, five inductees will be honored. Each will be recognized with a bronze plaque to be permanently displayed in the Burleson ISD Sports Hall of Fame at the Burleson ISD Stadium. “The number of inductees may vary each year,” Coach A explained. “This year, we have five. Two are teams and three are individual athletes.” The teams include the 1951-52 Elks Football Team (the first in Elks history) and the 2001 State Semi-Finals Football Team. The individuals are Ryan Mendez, Stacy Sykora and the late Mark Collins.

Ryan, a 1996 Burleson High School (BHS) graduate, led the state in scoring, rebounding and three-point shooting



in his senior year on the Elks basketball team. In one game, he helped Burleson to a 101-96 win by scoring 72 points. After graduating in the top 10 percent of his class, Ryan went to Stanford University where he played in the 1998 Final Four semi-final game against Kentucky. He has been called “Mr. Offense,” “a young gun” and “a dynamic shooter,” and is rated as one of the best three-point shooters in Stanford’s history. Ryan has also played professional basketball in Australia and Spain.

Stacy competed in BHS varsity basketball, volleyball, track and field and cross country before graduating in 1995. Her phenomenal achievements in volleyball led to her jersey being retired in 2001. After high school, she played

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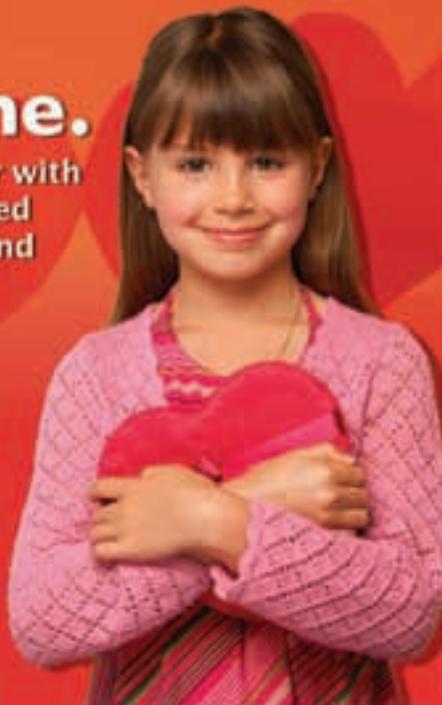
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volleyball at Texas A&M University and succeeded in winning the Southwest Conference heptathlon championship in 1996 and becoming a two-time Volleyball All-American. She competed in the 2000, 2004 and 2008 Olympics, where she helped the U.S. National Women's Volleyball team win silver. She and her team were recently awarded a championship at the 2010 FIVB World Grand Prix, the premier international women's volleyball event. Stacy plays a specialized defensive position known as libero, and when she is not competing with the National Team, she plays professional volleyball.

Mark was a 1974 BHS graduate and an All-American track runner who won the 400-meter state relay in his junior and senior years. He graduated from Baylor University where he was a 12-time All-American and a member of the Baylor Athletic Hall of Fame. He qualified in track and field for the 1976 Olympics and, had it not been for the boycott, would have competed in the 1980 Olympics. Mark received his master's degree from Texas Christian University, was a member of the Southwestern Track & Field Officials Association and a respected teacher and coach. He will be honored posthumously.

"The Burleson ISD Sports Hall of Fame will permanently honor these individuals, and we invite and encourage everyone to join us in these efforts," Coach A said. "Sports are very important in our way of life. Americans pursue athletic activities with a passion that is unique in the world. The lessons remain fresh and constant as generation after generation learn about and experience competition and fair play. Sports provide outlets for accomplishment and hope and make us feel good about ourselves," he explained. "It's fitting that we honor those in our community who have excelled. Everyone involved wants the new Burleson ISD Sports Hall of Fame to be significant to our community, and we pledge to continue making this organization the best of its kind." **NOW**

*Editor's Note: To purchase tickets for the upcoming sports banquet slated for February 26, visit First National Bank, Community Bank, stop by the BISSD Athletic Department or e-mail Coach A at [coach.a@att.net](mailto:coach.a@att.net).*

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— *By Melissa Rawlins*

The small-town heart of Burlleson beats strong in the center of the city's long business corridor, where a gentle stone-faced shop houses Woolard's Custom Jewelers. Known for generosity and devotion to detail, Bobby and his jewelers — including Salvador Rosso, Mickey Brooks and Bill Woolard, Bobby's dad, who has been in the business since 1948 — have a real appreciation for people's valuables and specialize in repairs and custom work. Using an old-fashioned torch as well as modern laser technology, the jewelers at Woolard's repair pendants, brooches, eyeglasses, chains or rings. They also size rings, build prongs and can even restore the splendor to a ring that has been dropped down the garbage disposal.

The real fun for customers is bringing in their ideas and

working with the professionals at Woolard's, who create beautiful custom-made jewelry. "We do wax carving and are beginning to use the Cad-Cam. Our customers bring in pictures or a sketch of something, and we can create it," explained Bobby, who often designs and polishes special projects in his shop at home.

Bobby is also known for taking old memories and creating new ones, making heirloom pieces out of jewelry already passed down through generations. Each of his creations is not just for the customer, but is for his fulfillment as well. "The pieces Bobby makes through the years are kind of an extension of him," noted Caryl Woodard, who helps run the business started by her husband, Bobby, in 1979.

A jeweler by trade and artist by heart, Bobby looks at each

piece of jewelry Woolard's touches as a gift for his customers. They will clean and inspect jewelry while you wait, at no charge, checking for loose stones, worn prongs or breaks that are unsuspected by customers. "You can get a loose stone by hitting your piece on something," Bobby said. If you get your jewelry checked every six months, it can be adjusted without the expense of having to do a repair.

The folks at Woolard's treat people according to the golden rule. "I strive to be honest and trustworthy," Bobby said. "I myself am born and raised in this county. I tell anyone that has

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The staff of nine welcomes each customer to the store like family. "When a person is standing in front of us, they are the most important thing in the world at that time," Caryl said. The 700-square-foot showroom displays jewelry made by Bobby, plus a couple of designer lines made with jewels from many very good quality suppliers. Woolard's offers a selection of pearls, children's jewelry, charms, watch bands and class rings, as well as handmade pocket knives by William Henry, picture frames and all kinds of gift items and clocks. More than anything, Woolard's offers respectful service.

They set a fine example in the community, supporting many service organizations. This year, Bobby is president of the Burleson Rotary Club. "Caryl and I try to help everyone we can and spread it around," he said, "because the community has given so much to us. We are the types that get more from giving than from receiving." **NOW**

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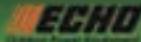


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Isabella Mitchell, Jayde and Zackary Gee, and Aaliyah Young pose during Burselson's celebration of its status as one of the 100 Best Communities for Children!



Meals-on-Wheels of Johnson County celebrates National Philanthropy Day with supporters Jack and Mary Burton and family.



The Williams family is all smiles for the camera as they have a lot to be thankful for in 2011.



Lion Greg French, right, asks a few questions of Scott Yates, a representative of the Texas Tollway Authority. Scott presented the Burselson Lions Club details about a 27-mile corridor called the Southwest Parkway/Chisholm Trail Parkway, which is being built between Fort Worth and Cleburne.

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Cody Shannon, a student at Burlleson High School, loads groceries into a customer's car during his shift at City Market.



Sarah DuPlanty and her mother, Tara, pay homage to the character trait RESPECT. Sarah was recognized by the city of Burlleson for her winning essay on character.



Aubrey Owens shows off her style on the couch at Preferred Image Salon & Spa.



Officer Mike Owen and Burlleson's modern-day founding father, Les Todd, welcome a newcomer, Kevin Boldt.



Mireya Hernandez holds up Lightning, the Wells Fargo pony.

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# To Eat or Not to Eat

— By Betty Tryon, R.N.

“It’s not about the weight ... it’s about the inability to deal with feelings and emotions ... about using a bowl of pasta or a pound of M&Ms as a narcotic to stem the pain. That’s what compulsive overeating is.” These anguished words are from a participator on a Web site for eating disorders. Those who suffer from an eating disorder exist in their own personal netherworld of emotional and physical pain. Three of the more commonly known eating disorders are compulsive overeating, anorexia and bulimia.

Compulsive overeating can be characterized as an addiction to food with uncontrollable eating patterns of perhaps thousands of calories. With anorexia, someone will literally starve themselves dangerously and, sometimes, even to death. Bulimia is all about eating an abnormally large amount of food and then using unhealthy methods to rid the body of the consumed food by vomiting, laxatives, enemas or by other equally inappropriate means.

Inherent within all eating disorders is poor self-esteem. Many feel that the only way to feel worthy or valued is to be thin. Another online blogger said, “Since I was little, I remember feeling that it was very important to be skinny. Part of it was because when I was little, the meanest thing you could call someone was “mean”

or “fat.” I had an extremely low self-esteem and a fear of being fat, so I was pretty much destined to have an eating disorder. All I remember thinking was that I could not get fat. I’d rather die.”

Do not mistake these disorders as just being on an extreme diet. The psychological and emotional aspects that play into such dangerous behavior go much further than merely losing some weight with anorexia or enjoying your food in compulsive eating. What triggers one to go from dieting to extreme behavior is unknown. There may be several factors at work here such as body image, weight issues, family problems and perhaps genetics.

Treatment is tailored to the specific disorder. A multidisciplinary team utilizing psychology, psychiatry and support from family and friends is sometimes necessary for successful treatment. Nutritionists for counseling in the form of rehabilitation may be included. Not everyone will need such intensive care. Treatment will depend upon many factors including the length of time one has the eating disorder, family environment and the health of the patient. There are many choices for treatment, whether it be inpatient hospitalization, an outpatient program, family therapy or a day care program utilizing the home environment. The goal for treatment is to help the person gain control of his or her eating behavior. They can get healthier, and the sooner they get started down the road to recovery, the better it will be. **NOW**

*This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.*

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## How Will New Tax Laws Affect You? — *By Lynn H. Bates Jr.*

Now that the Tax Relief, Unemployment Insurance Reauthorization, and Job Creation Act of 2010 is law, you'll want to familiarize yourself with how this new legislation affects you — both as a wage earner and an investor.

### Consider these key parts of the new tax laws:

- Income tax rates remain the same. Under previous legislation, tax rates were scheduled to rise in 2011, but the new laws will keep all tax brackets the same.

- Payroll taxes reduced by two percent. Your share of the Social Security payroll tax will drop from 6.2 percent to 4.2 percent for 2011. Consequently, you should see more take-home pay. You may want to consider investing at least part of this savings in another retirement account, such as an IRA.

- Top capital gains and dividend tax rates stay at 15 percent. The question of what would happen to capital gains and dividend taxes has been of great interest to most investors. For the past several years, the highest capital gains and dividend tax rate has been 15 percent. However, this 15-percent rate was scheduled to expire at the end of 2010; after that, dividends were to be taxed at one's standard income tax rate, while long-term capital gains would be taxed at 20 percent for anyone above the 15-percent income tax bracket. But due to the new legislation, the highest tax rate for both capital gains and dividends will stay at 15 percent for at least 2011 and 2012.

- The capital gains and dividend tax provisions can have significant effects on your investment decisions over the next two years. You now still have a strong incentive to follow a "buy-and-hold" investment strategy, under which you'd earn the favorable 15-percent rate on capital gains from selling an appreciated asset, such as a stock, that you've held at least one year. And the 15-percent rate on dividend taxes will continue to

provide you with good reason to seek out those stocks that regularly pay dividends; besides offering an advantageous tax rate, dividends, when reinvested, can help build your ownership stake in the dividend-paying investments. (Keep in mind, though, that companies are not obligated to pay dividends and can reduce or discontinue them at any time.)

- Estate tax exemption set at \$5 million per person. Under previous tax laws, the estate tax was scheduled to be repealed entirely for 2010 only, and then return in 2011, with an exclusion amount of \$1 million and a top tax rate of 55 percent. Under the new legislation, the exclusion amount for 2011 and 2012 is \$5 million per person (\$10 million for married couples), with a top tax rate of 35 percent. The new law also includes a "portability" provision which can provide increased flexibility in estate planning between married couples to attain full use of the \$10 million exemption. You'll need to see your tax and legal advisors to determine what, if any, changes you'll want to make to your estate plans for the next couple of years as these laws will sunset at the end of 2012.

- Gift tax exemption set at \$5 million per person. Under previous tax laws, the gift tax exemption for lifetime gifts was \$1 million. The new legislation increases the lifetime gift tax exemption to \$5 million per person. You should work with your tax and legal professionals to determine whether the new exemption amount provides opportunities for you to consider during the next two years.

As always, changes in tax laws can have a big impact on your financial future — so stay informed and take the steps you need to keep progressing toward your goals. **NOW**

*Lynn H. Bates Jr. is an Edward Jones representative based in Burleson.*



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# Calendar

FEBRUARY 2011

## February 10

The Harlem Ambassador's basketball team returns to Burleson: Game begins at 7:00 p.m. Doors open at 6:00 p.m., Kerr Middle School Gym. Many of Burleson's well-known persons will be playing on the Lions Pride team against the Harlem Ambassadors. A drawing for a 46" HD TV will be held during the game and an autographed basketball will be presented as well. Raffle tickets will be sold at the game entrance and are available in advance of game day from any Lions Club member. Visit the Web site at [www.burlesonlions.org](http://www.burlesonlions.org) or call Bill Ayars at (817) 295-3222 or (682) 225-7445.

## February 12

Father/Daughter and Mother/Son Valentine Dance: 6:00-9:00 p.m., Senior Activity Center, 216 S.W. Johnson Avenue, Burleson. Dinner, dancing, pictures and corsages are included. Tickets available at the BRiCK, 550 N.W. Summercrest Blvd., starting Tuesday, Jan. 11. Call the BRiCK at (817) 426-9104 for more information.

## February 21-28

Auditions for Burleson Kiwanis Club's 6th Annual Christian Music Show: 7:00-10:00 p.m.

at a local church. This competition is open to any sixth- through 12th-grade student in any public, private or homeschool. If you wish to be invited to audition, please e-mail Wayne Davidson at [bur88kiwanis@gmail.com](mailto:bur88kiwanis@gmail.com) with your address and a phone number. You can also text the information to (817) 733-8986.

"Love Is in the Air": 6:30-8:30 p.m., Burleson Senior Activity Center, 216 S.W. Johnson Avenue in Burleson. This special presentation by Ginger Bason, a Tarrant County Master Naturalist, will explain how to attract birds, bees and butterflies to your garden. Hosted by Burleson Town & Country Garden Club, whose monthly meetings are open to the public and offer various topics, speakers and light refreshments. Cost to join for the year is \$20. Contact Charlotte England, president, at (817) 295-7493.

## February 26

Annual fundraiser for the Johnson County, Nathaniel Winston Chapter of the Daughters of the American Revolution: 11:00 a.m.-1:00 p.m., First United Methodist Church, 1300 Westhill, Cleburne, Texas, 76033. For more information, please e-mail: [DARJohnsonCounty@gmail.com](mailto:DARJohnsonCounty@gmail.com).

## March 4

Empowering Seniors and Caregivers Conference: 8:30 a.m.-1:00 p.m., St. Matthew Cumberland Presbyterian Church, 380 Northwest Tarrant Ave., Burleson, TX 76028. This annual conference is hosted by and benefits Meals On Wheels of Johnson and Ellis Counties. A meal will be served. Please RSVP by calling (817) 558-2840 or downloading an RSVP form from [www.servingthekidsofeyesterday.org](http://www.servingthekidsofeyesterday.org).

## March 5

8th Annual Athena Society Mardi Gras Gala: 7:00 p.m.-midnight, Mountain Valley Country Club, Joshua, TX. Event benefits Johnson County residents and cancer patients through the Center for Cancer and Blood Disorders and the Careity Breast Care Center at Huguley Memorial Medical Center, Pediatric Palliative Care at Cook Children's plus educational opportunities for women and New Journeys Christian Women's Job Corps. Visit [www.AthenaSocietyofBurleson.org](http://www.AthenaSocietyofBurleson.org) or call (817) 295-1816 or (817) 307-8606.

*Submissions are welcome and published as space allows. Send your event details to [melissa.nowmag@sbcglobal.net](mailto:melissa.nowmag@sbcglobal.net).*



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## In The Kitchen With Ila Perkins

— By Adam Walker

Ila Perkins is a nurse who grew up in Minnesota and loves cooking foods from her Scandinavian heritage. She enjoys cooking for her husband, children, grandchildren and great-grandchildren. “I enjoy cooking for others,” Ila confessed. “Watching them enjoy the food that I cook gives me such great pleasure.” She began cooking at age 12, after her mother passed away. One of her early cooking adventures did not turn out so well. “I shot a rooster and tried to fry the tough ol’ bird, but my dad wouldn’t eat him,” Ila remembered. She had cooked her dad’s pet rooster! Ila has inherited many family recipes, which she is sharing here for all to try. Her cooking is a way of sharing her heritage. **NOW**

### Spritz Cookies

**1 cup butter**  
**2/3 cup sugar**  
**1 egg**  
**1/2 tsp. baking powder**  
**2 1/4 cups flour**  
**1 tsp. almond extract**  
**Colored sugar sprinkles**

1. Cream butter, sugar and egg.
2. Add dry ingredients and almond extract.
3. Using a cookie press, make various designs.
4. Bake 8-10 minutes at 375 F.
5. Sprinkle with colored sugar.

### Lemon KrumKake

*This recipe requires a krumkake iron.*

**1/2 cup sugar**  
**3 eggs, well beaten**  
**1/2 cup butter, melted**  
**1/2 cup flour**  
**1 tsp. lemon juice**

1. Add sugar to eggs and beat well.
2. Add melted butter. Then add flour and

lemon juice. (You may use almond or vanilla extract instead depending on what flavor you like.)

3. Preheat iron to medium heat. Be sure to brush griddle with shortening or Pam before first use to prevent sticking. Do not grease between cooking.
4. Place 1 tsp. of dough on griddle and close slowly and carefully to prevent dough from oozing out.
5. Bake a few seconds then turn iron over and bake half a minute.
6. Wrap cookie around a cone to form and place on paper towel to cool.
7. You may fill them with Cool Whip or eat them plain.

### Rosettes

*This recipe requires a rosette iron.*

**2 eggs, slightly beaten**  
**2 tsp. sugar**  
**1/4 tsp. salt**  
**1 cup milk**  
**1 cup flour**  
**1 Tbsp. lemon juice**  
**Powdered sugar**

1. Beat together eggs and sugar.
  2. Add remaining ingredients in order, except powdered sugar, and beat until smooth (like heavy cream).
  3. In a deep fryer, heat oil to 425 F. Dip rosette iron in oil to heat, and then dip into batter and plunge into hot fryer, 3 minutes per side.
  4. Drain on a paper towel.
  5. While still warm, dip in powdered sugar.
- NOTE: If rosettes are not crispy, the batter is too thick. Add milk to thin.

### Brown Molasses Bread

*Makes 6 loaves.*

**2 pkgs. dry yeast**  
**1/4 cup warm water**  
**12 cups flour**  
**3 tsp. salt**  
**1/2 cup molasses**  
**1/2 cup sugar**  
**1/2 cup Crisco**  
**1 qt. warm water**

1. In a cup, dissolve yeast in 1/4 cup of warm water. Let yeast rise in cup.
2. In large bowl, combine flour, salt, molasses, sugar and Crisco. Add 1 qt. warm water. Then add yeast and mix well.
3. Let stand until double in height.
4. Punch down and let rise for about 1/2 hour.
5. Knead and form into 6 loaves.
6. Place in loaf pans, and let rise to the top of the pans.
7. Bake at 375 F for 50-60 minutes.

### Swedish Cookies

**1 cup butter**  
**1 cup brown sugar**  
**1 cup white sugar**  
**1 cup vegetable oil**  
**3 1/2 cups flour**  
**1 egg**  
**1 Tbsp. milk**  
**1 tsp. baking soda**  
**1 tsp. cream of tartar**  
**1 tsp. vanilla**  
**1 tsp. salt**  
**1 cup Rice Krispies**

1. Cream butter and sugars; add the rest of the ingredients in order and mix well.
2. Drop a spoonful at a time on a cookie sheet and bake 8-10 minutes at 350 F.

To view recipes from current and previous issues, visit [www.nowmagazines.com](http://www.nowmagazines.com).



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