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JANUARY 2026

A Future and a Hope

Jaime Eagleson
believes in restoration

Taking the Waters

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considered a sure-fire cure
for whatever ails a person

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Made for Walking

Also inside:
Scavenger Hunt
Crossword/Sudoku

Best of In the Kitchen:
Chili Recipes

Postal Customer

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Adam

Adam Walker
WaxahachieNOW Editor
adam.walker@nowmagazines.com
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EDITOR'S NOTE

Make 'em to break 'em!

Resolutions are made to be broken. I prefer to set goals. That way, I don't break anything. I just fail. Last year, I set a number of goals: read 100 books, weigh under 200 pounds, work on maintaining my foreign languages, increase my bench press, publish more of my fiction. My record was spotty at best.

As I'm writing, I've only read 80 books. I still might get to 100 by reading a bunch of picture books to my youngest niece and great-nephew. This is a goal I set year after year. Sometimes I make it — sometimes I don't.

I was doing well with my exercise goals, until I had a bout of depression and barely went to the gym at all for months. I'll recycle those goals.

On December 1, I weighed 201, exactly. I managed to lose weight through Thanksgiving. Christmas has been ... undisciplined. I like cookies.

I read some books in Spanish, have frequent text conversations in Solomon Islands Pijin, read the occasional Facebook post in Scots and watch cooking videos in Mandarin. Yeah, not enough.

I published nothing, but I did make progress on several projects. So, that's a sorta-kind of win.

I may not actually achieve any of these goals, but I'm in a better place than I was last year. How about you?

Progress is progress!

January 2026
Volume 23, Issue 1

ON THE COVER



Jaime Eagleson is paying it forward, serving the group who helped her through tough times.

Photo by
Kobbi R. Blair.

*Publisher, Connie Poirier
General Manager, Rick Hensley*

EDITORIAL

*Managing Editor, Becky Walker
Waxahachie Editor, Adam Walker
Office Assistant, Kristin Bato
Writers, Virginia Riddle . Bill Smith
Editors/Proofreaders, Rachel Rich
Virginia Riddle*

GRAPHICS AND DESIGN

*Creative Director, Chris McCalla
Artists, Kristin Bato . Martha Macias
Katy Mirtz-Myers . Anthony Sarmienta*

PHOTOGRAPHY

*Photography Director, Chris McCalla
Photographer, Kobbi R. Blair*

ADVERTISING

*Advertising Representatives,
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Meet Tammy:

Tammy is a caring, experienced, and passionate provider who truly believes that great health care starts with *listening* and *empowering patients*.

Her journey in health care began in 2016, after earning her Nursing degree from Gulf Coast State College. Over the next several years, she worked in **Emergency Medicine, Wound Care, and Long-Term Acute Care**, gaining a wealth of hands-on experience caring for patients in critical moments.

In 2022, Tammy earned her Master of Science in Nursing from The University of Texas at Arlington and later completed a fellowship with A&M, where she began her exciting journey into **Functional and**

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Tammy's heart for medicine began in high school, inspired by her family members who worked as ER nurses. That early spark grew into a true calling — helping people understand their health; take charge of their wellness; and live vibrant, fulfilling lives.

When she's not caring for patients, Tammy loves spending time with her wonderful husband and four amazing kids. She brings the same warmth, compassion, and dedication to her patients that she does to her family.

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A FUTURE AND A HOPE

— By Adam Walker

Eight years ago, Jaime Eagleson was at a low point. Her future looked uncertain and hope was a little thin on the ground. “I was newly separated and felt lost and like I had no friends. I reached out to a friend on Facebook who had posted some things, so I realized she was also going through a divorce. She told me about BRA, Believing Restoration is Attainable, and invited me to their next brunch. She was on the board for BRA and told me I needed to get involved. They had an inspirational speaker and fellowship with other women walking the same road and lots of good food. What I found was sisterhood and support. I made some good friends who helped me through a really hard time.”

In the time since she first encountered her friends at BRA, Jaime has raised her girls, started a business and joined the board of directors for the organization, to help other women in the same situation she was once in. “I was honored to be a speaker at our recent 10th anniversary event,” she said.



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Believing Restoration is Attainable helps widowed, divorced or single moms in very practical ways. “We have a grocery day once a month, where we give out food, including meat, but also laundry detergent and other household necessities you would buy at a grocery store. Transition assistance offers practical financial support for essential bills, car payments and unforeseen expenses, helping families stay stable when life throws a curveball. We can help with finding employment, and advice and support for improving life and job skills. And we pray for each other,” Jaime said.

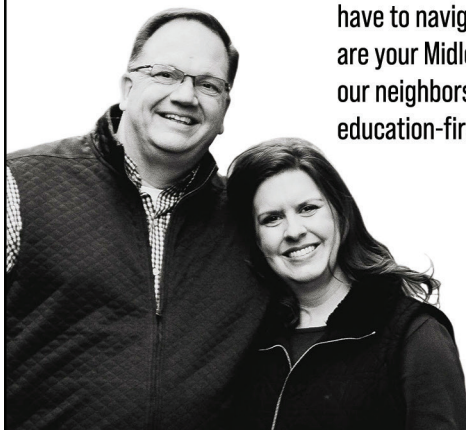
“THIS YEAR WE HOSTED OUR FIRST MENTAL WELLNESS EVENT, WITH SPEAKERS ADDRESSING MENTAL HEALTH, TRAUMA AND HOW TO HEAL.”

Those are immediate needs that need immediate assistance. But there are also seasonal needs to supply a little love and normalcy for the children in these women’s households. “At Christmastime, we have an Angel Tree, providing unwrapped gifts, so mom can wrap them herself, in her own paper, and the kids don’t realize where the gifts came from. The Holiday Memory Maker is our annual event where we have food, games and pics with Santa. At Easter, we have the Easter Bunny. A few years ago, we started hosting quarterly birthday parties to celebrate moms. Everyone deserves to feel special and celebrated for their birthday, and most single moms get put on the back burner, without a cake and celebrations, because the kids come first.”

BRA also offers educational and counseling resources to help women build better lives for themselves and their children. “We offer scholarships to get professional counseling. I took advantage of that to get counseling for me and my daughters. I feel like that was a wise decision that helped us with healing and transition,” Jaime shared. “This year we hosted our first mental wellness event, with speakers

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addressing mental health, trauma and how to heal. Four years ago, one of my best friends collapsed and died in front of me. It took me a while to realize I had PTSD from witnessing that. I was having a lot of anxiety about planning for tomorrow. I learned a lot about neuropsychology and behavior from our mental health event. Now I have more anti-anxiety techniques in my tool box — breathing, prayer, worship music. It's amazing how your mind and body respond."

BRA believes in giving women the tools to change their own lives. Things like credit repair, bill paying and how to break the cycle of poverty. "We have upcoming classes on budgeting, mental health and wellness, exercise events, résumé writing, how to start a business and how to be a first-time homebuyer. All these classes are free, and I'll be teaching some of them. I started off needing so much help. Now I'm in a season of giving back to support the ladies." They also have a private Facebook page for members only, where women can reach out for support. "If your kid is sick and you can't miss work, you can reach out for someone to look after your kid for a few hours, or ask about where to get help with legal problems or clothing swaps or help moving to a new place."

This group has been a major part of Jaime's life since she first got connected. "Connecting with BRA felt like stepping into a true sisterhood — a community of women who truly understand and support one another. I never felt alone. Sharon Verigan, our founder and executive director, has become one of my closest friends and prayer partners. She founded BRA more than 10 years ago, and I've known her for eight. She has walked with me through some of my hardest seasons."

Jaime's story shows that restoration, growth and change are not only attainable but can lead to helping others achieve the same things. When these women walk through some of their hardest days together, they can come out the other side ready to help each other stand tall and achieve a better life for themselves and their children. **NOW**

Editor's Note: Visit supporttheladies.org to donate, volunteer or get the help you need.

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Hot or cold, bathed in or sipped, derived from springs or wells, surfacing in grand hotels or in natural grottos, the mineral waters of Texas have long been believed to provide cures for many of the ailments people have suffered through the ages. The crudely shaped bathtubs carved by long-ago indigenous tribes in the Boquillas Hot Springs, located in what is now Big Bend National Park, can still be seen and used today by adventurers. Hispanic and Anglo settlers found springs in nearly every part of this state, and many of the towns' names reflect the lifegiving importance the early settlers attributed to the springs.

Texas naturalist, Gideon Lincecum, highlighted the “medicated waters of Texas” in the *Texas Almanac* for 1868. In remote areas, the mineral springs, mostly containing sulfur, hydrogen sulfide or iron, remained privately owned and quietly used by local townfolks, but the popular “taking the waters” movement of the 1800s also urged developers to commercialize springs located near larger cities and railways in hopes of attracting a following to their luxury resorts and hotels, which featured the medicinal waters. From Cypress, Mineral Wells, Marlin, Lampasas and San Antonio to nearly 50 other Texas cities, bathhouses and bottled waters became hot commodities and were a source of income for these cities which welcomed travelers from afar. Prosperity flourished in those cities, and even today, homes and businesses from that era reflect the riches derived from the springs.

Sadly, however, the “taking the waters” movement peaked in the 1890s and declined for the next 30 years. Most of the former glory existing in those cities is now in decay or has disappeared, such as San Antonio’s Hot Wells Hotel. Its three stories featured first-class rooms; shopping; ballrooms; meeting rooms; pools; Turkish-, Roman- and Russian-style baths; modern conveniences for 1901 when the hotel was completed; and masseurs. A film company and other attractions developed around the resort, which boasted its own railway spur. Among the notable guests were Rudolph Valentino, Will Rogers, Douglas Fairbanks and Mrs. Teddy



TALES OF TEXAS

Taking *the Waters*

Roosevelt, who traveled there in their private railway cars. During WWI and the Prohibition Era, the hotel housed military officers stationed at Brooks Field, and then became a school. It was destroyed by fire in 1925.

Time hasn’t been kind to other hotels and resorts that once were glamorous and relaxing getaways either. However, there’s a movement afoot to bring some of that glamor back. The city of Mineral Wells has had two decaying downtown hotels that were once great destinations for taking the waters — the Crazy Water Hotel and the Baker Hotel. The former has been restored and is open to the public, and the latter is due to be reopened in early 2028.

The original Crazy Water Hotel was completed in 1912. Following a fire in 1925, it was rebuilt in the late 1920s by Dallas developers and has recently been brought back to its former glory, largely due to townspeople investing in the remodeling needed. A historic structure, the doors and configurations are original. The basement spa area has been remodeled and reopened with the mineral waters pumping again through new pipes. The rooftop boasts a bird’s-eye view of the town and surrounding hills from its outdoor patio and indoor glass-walled ballroom. Visitors can sample the waters at a lobby bar to see what number they prefer. The higher the number, from 1-4, the more minerals are present. It derives its name from the Crazy Well, one of several wells drilled in Mineral Wells shortly after the city was established. Legend has it that a woman drank from the Crazy Well twice daily and was cured of her mental illness.

Known as the Grand Old Lady of Mineral Wells, the Baker Hotel was completed in 1929. Another historic building, its beautiful Spanish Colonial Revival architecture will be retained and restored. Built by T.B.



Photo by Wenling01 | Dreamstime.com.

— By Virginia Riddle

ers

Baker at a cost of \$1.7 million originally, it rises 14 stories high and was the first Texas hotel to offer a swimming pool. A hotel entrepreneur, Baker owned and/or built the Baker Hotel in Dallas; the Menger, Gunter and St. Anthony hotels in San Antonio; and the Galvez Hotel in Galveston, among many others. The Baker Hotel in Mineral Wells closed first in 1963, reopened and closed again in 1972. Today, it stands as a testament to Texas' rich hospitality history. **NOW**

Photos, unless otherwise noted, by Virginia Riddle, LLC.

Sources:

1. San Antonio Uncovered. Rybczyk, Mark Louis. Republic of Texas Press; Plano, Texas; 2000.
2. [www.texasalmanac.com/articles/Mineral Spas of Texas](http://www.texasalmanac.com/articles/Mineral%20Spas%20of%20Texas).
3. <http://thebakerhotel.wordpress.com>.
4. www.thecrazywaterhotel.com.

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Freedom Fellowship Church sings and acts out the Christmas story during the parade.

Zoomed In: Becky and Keith Milligan

By Adam Walker

Becky Milligan, who teaches at Tarleton State University, was doing leg day at GoFit Gym. “I love it. I’m an exercise nut. I found Treat (her trainer), and he’s the best. We’ve been training with him for about a year-and-a-half now. I’m having a hip replacement in January, and I want to strengthen it as much as I can before I do that. We come three days a week. I don’t like to miss my workouts!”

“She doesn’t want me to get ahead of her,” Keith commented. “Treat is really good about working with any injuries. He’s helped me through several. We both enjoy working with him.” That’s easy to see as they banter back and forth in a three-way conversation.



Officer Alan Agreda helps Ana Dominguez serve up some hot atole at the Canales Furniture turkey giveaway.



Dr. Rajiv Ragwani; his wife, Maryna Montano; Mayor Billie Wallace; and Licensed Esthetician Tina Thonesavane celebrate the opening of All Glow Med Spa.



Nicole Matthews from The Farmhouse decorates a tree for the Ellis County Habitat for Humanity's Festival of Trees.



Gingerbread Antiques celebrates their 30th anniversary with vendors past and present.



Optimist Field and Little League march in the Christmas parade.

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THESE FLOORS WERE MADE FOR WALKING

— By Bill Smith

Older hardwood floors were much more difficult to install than the modern options. Carpenters with significant experience might make it look easy, but driving twisted flooring nails into the tongue of the hardwood with a claw hammer requires a great deal of skill. Today's options are simpler by design, and modern nail guns have further simplified the process, making it possible for the replacement of carpet or vinyl floors with beautiful wood to be a do-it-yourself project.

There are essentially four types or choices of wooden floors. The floor can be nailed down, stapled down, glued down or floating. Undoubtedly, the clicklock, floating floor, commonly referred to as engineered clicklock, is the most popular for the DIYer, and it is the choice we will address in this article.

As with most DIY projects, assembling tools and supplies is the first step.

Supplies Needed:

1. The flooring
2. Some type of vapor shield (either plastic, silicon or felt)
3. Flooring nails
4. Duct tape
5. Finish nails

Tools Needed:

1. Jamb saw (or oscillating saw)
2. Table saw or panel saw (a circular saw and/or jig saw would also work)
3. Installation kit including spacers and tapping block
4. Rubber mallet
5. Small pry bar
6. Tape measure
7. Pencil
8. Chalk line box

Another preliminary step before the flooring can be cut and installed is the surface preparation. The subfloor should be smooth and level. If there are any uneven places or humps, they should be sanded smooth, and extreme differences in height may require shims to be placed to make the floor level and allow the material to lock together properly. All nails in the subfloor should be flush with the top of the subfloor.

If the floor is going to extend into a doorway, use the jamb saw or oscillating saw to remove enough of the door jamb to allow the flooring to slide under. This is much easier than trying to cut the flooring to fit next to the jamb.

One other thing that will contribute to the most positive aesthetic result is measuring the width of the entire room and figuring the width of the first and the last row, so they will be even. The minimum width for the boards along the walls should be 3 1/2 inches.

It is generally a good practice to let the flooring acclimate in the room for at least five days. Some manufacturers will suggest more time for the material to acclimate, while others may require none. Just be sure to read and follow the



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manufacturer's recommendation, so the floor is ready to install.

Beginning along the longest wall in the room, insert spacers at the end of your first board next to the wall as well as along the side. The spacers are very important, assuring a 1/2-inch expansion gap between the planks and the wall. (Note: Not all walls are perfectly straight, so it may be necessary to pop a string line on the floor to help line up the first course of planks.) Drill pilot holes about every 4 to 6 inches and about an inch away from the edge against the wall. Drive flooring nails into the pilot holes and countersink the nails. Continue to place the first row of boards. You will need to trim the last board to fit, leaving a 3/4-inch expansion gap on the end.

Install the second and remaining rows by clicking the boards into place. You will want to stagger the joints on each adjacent row in a random pattern. There should be no less than 6 inches between each joint. This contributes not only to the aesthetics of the floor, but it also assures the integrity of the planks holding as they are clicked together. The only row that requires nails is the first one. The remainder of the floor is designed to float.

Small gaps in the edge joints can be corrected with the tapping block and the rubber mallet. Tap gently to prevent damage to the joints.

There you have it! Finish the room by replacing the baseboards and moldings. Add a little caulking for any small gaps and enjoy your beautiful new floor! NOW

Sources:

1. Homedepot.com.
2. YouTube: craftedworkshop.
3. YouTube: JenWoodhouse.

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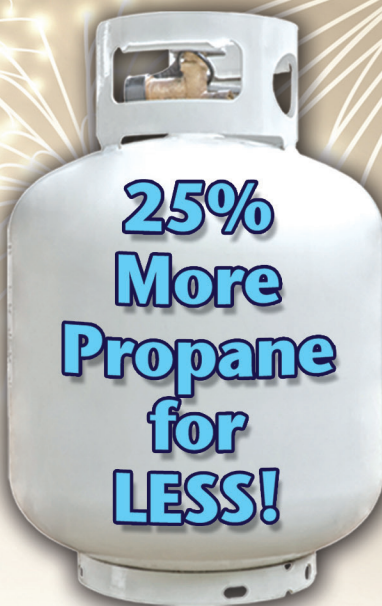
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Fire House Chili

CookingNOW

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CHILI RECIPES

What could be better than a big bowl of homemade chili on a cold winter's day? Here are some of the many chili recipes we've published through the years. If you need something to keep you warm, give one of them a try! **NOW**

Fire House Chili

Provided by John Seaberry for the February 2016 issue of WaxahachieNOW Magazine.

- 3 lbs. meat (ground beef, chili meat, venison, etc.)
- 1 large sweet onion
- 2 bell peppers, any color
- 5 cloves garlic
- 1 16-oz. can kidney beans, drained
- 1 16-oz. can pinto beans, drained
- 1 15-oz. can French onion soup
- 1 15-oz. can tomato sauce
- 1 28-oz. can diced tomatoes
- 1/4 cup flat leafy parsley
- 4 Tbsp. chili powder
- 2 Tbsp. cumin
- 3 Tbsp. smoked paprika
- 4 Tbsp. salt
- 3 Tbsp. ground black pepper
- 2 Tbsp. cayenne
- 1 32-oz. bottle Zing Zang
- Sriracha or habanero peppers, optional for a more heated flavor

1. Brown meat, making sure it is thoroughly cooked. Remove from pan and place on paper towels to drain. Leave grease in the pan for later use.
2. Finely chop vegetables. Place them in the skillet with the leftover grease and cook at medium heat

until soft. Drain to remove excess fat and grease.

3. Open and add canned items to a Crock-Pot, making sure to drain the liquid from the beans. Add the meat and the vegetables, giving the mixture a good stir. Add the dry ingredients, followed by half the bottle of Zing Zang. Stir again.
4. Turn the Crock-Pot to high; cook for 4 hours. If you want it to cook all day, turn the heat to low. You can add peppers for a more heated flavor. Be sure to stir often.

Ultimate Chili

Provided by Dylan Jones for the March 2019 issue of EnnisNOW Magazine.

- 1/4 cup olive oil
- 1 lb. stew meat, diced into 1/2-inch pieces
- 2 lbs. ground beef
- 1 lb. ground Italian sausage, no casing
- 2 cups diced onions
- 1 green bell pepper, diced
- 1 yellow bell pepper, diced
- 1 red bell pepper, diced
- 1/2 cup beef broth
- 2 14.5-oz. cans stewed tomatoes
- 1 14.5-oz. can tomato sauce
- 2 Tbsp. tomato paste
- 2 Tbsp. brown sugar
- 2 tsp. salt
- 1 tsp. pepper

- 2 Tbsp. chili powder
- 2 Tbsp. cumin
- 2 tsp. red pepper flakes
- 1/2 cup water
- 1/2 cup green onion, chopped
- 1 Tbsp. garlic, minced

1. Heat oil in a large pan. Brown stew meat; set aside. Brown ground beef and sausage; add to the bowl with the stew meat.
2. Remove all oil. Add diced onions and bell peppers to a large pot; sauté until tender.
3. Add the beef broth. Reduce it by half; add the meat back in.
4. Add the stewed tomatoes, tomato sauce, tomato paste, brown sugar, salt, pepper, chili powder, cumin, red pepper, water, green onions and garlic.
5. Bring to a boil; lower to a simmer. Let simmer for 3 hours before serving.

Turkey Chili

Provided by Kara Browne for the January 2012 issue of MidlothianNOW Magazine.

- 2 1/2 lbs. ground turkey
- 1 Tbsp. olive oil
- 2 onions, chopped
- 4 garlic cloves, chopped
- 2 Tbsp. chili powder
- 1 tsp. cumin
- 1 tsp. salt
- 1/2 tsp. cayenne pepper
- 1/4 tsp. black pepper
- 2 cans diced tomatoes
- 1 can water
- 1 tsp. oregano
- 2 cans kidney beans
- Handful fresh cilantro

1. Brown ground turkey with olive oil and chopped onion and garlic. Put all spices in after the turkey is cooked.
2. Place all ingredients in Crock-Pot and let cook on low for 6-8 hours. Sprinkle with fresh cilantro before serving.

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Your special *Bling*

— By Bill Smith

When you have a special outfit to wear, and you are looking for just the right earrings, bracelet and other “bling” for accessories, turn to your hobby table and create them with just the right color and style. Making your own costume jewelry is a great way to express yourself, as well as fashion unique items for yourself and your friends.

Begin crafting jewelry with just one item, such as a bracelet or a set of earrings. The sky is the limit after that, as you will soon find yourself creating your own design in necklaces, rings and pins.

It only takes a few supplies and tools to get started, and most of them will be available at your local hobby supply store. You will need a place in your home with a table and a good

light source set aside for this activity, and you will need some kind of storage for your tools and supplies, such as beads and wire. A few plastic boxes with partitions will work nicely.

After you decide what kind of bling your first creation will be, know that there are a number of other hobbyists out there who are more than happy to share their tips and tricks through YouTube videos. Sara Lovcraft and jewelrytv.com host some great jewelry workshops online. Firemountaingems.com is another source of videos, as well as supplies and tools. You can use these teachers to learn techniques, but you will still be the designer of your own custom jewelry as you choose all the colors and textures of your next jewelry piece.

To get started with a pair of earrings, begin with a set of round-nose pliers, a set of square-nose pliers and a wire cutter. Begin with 18-gauge wire, as it will be stronger and hold its shape better than the thinner offerings. Smaller gauges, such as 24-gauge, can be used for wrapping beads or pendants.



To make your first earrings even easier, you can purchase already made ear hooks and jump rings, and just focus on making the parts your friends will admire. After you advance your skills, you will want to start making the complete piece.

Tools such as jigs and special cutters are available for bending wire to make hoop earrings, but many advanced hobbyists still use common household items, like round prescription bottles, to bend the wire around. Another option is to use a specialty product called memory wire. It retains its shape and is a good material for fashioning hoop earrings.

Another medium for decorating earrings is polymer clay. Also available at hobby supply stores, the clay comes in a variety of colors, and the colors can be combined so that your creation is only limited by your imagination. The clay can be formed into myriad shapes, such as teardrops and half-moons, and during the holidays, popular earrings can be fashioned as crosses, Christmas trees, bells, candy canes, snowmen or just about any other holiday symbol. Embellishments such as glitter, additional colors and rhinestones can be added either before

or after the clay is fired, and then the clay can either be left with a flat finish or enhanced to a glossy glow with wax or resin. A small hole will need to be drilled to secure your wire hooks.

Your bling need not be limited to creating earrings. Fashioning bracelets might be your next venture. One of the easiest bracelets to create uses elastic stretch cord. Like jewelry wire, it also comes in different gauges, with the thicker gauge being stronger and the thinner gauge being more appropriate for children's designs.

Lay out the beads for your creation in a bead tray in the pattern you choose and the length you need. Run the cord through the holes, leaving two inches at each end to tie them together with a square knot. Cut off the excess cord and apply a drop of super glue to make sure the knot holds. Work the knot into one of the hollow beads, and no one can tell where the bracelet begins or ends!

Making jewelry is a fun and satisfying hobby for creative people. A big plus is that your friends will love it as much as you do! **NOW**



NATURE INFLUENCES HISTORY

— By Virginia Riddle

The land along the Texas-Oklahoma border had only the Red and Washita rivers to quench its thirst, but the sandy soil and rock/clay outcroppings were perfect hosts for the thick shrubs and trees of this Cross Timbers Region. The rocks, called marl, were created 90 million years ago. The trees make a haven for birds and bird-watchers, and hikes on the rocks and cliffs surrounding Lake Texoma and Eisenhower State Park, hold fossil treasures, created during the Cretaceous Period, for campers to view but not collect.

The area had a colorful history long before the U.S. Corps of Engineers created Lake Texoma by building the Denison Dam, which was completed in 1944, and is now one of the largest man-made reservoirs in the U.S. The Butterfield Overland Stage, which operated from 1858-1861, had water stops nearby, and the Chisholm and Shawnee cattle trails once crossed the Red River at Colbert's Crossing just below where the dam now stands. Native Americans, Fort Washita soldiers, outlaws and settlers used the crossing and watered livestock there during earlier times.

Today, fishing and water sports are main attractions at Eisenhower State Park. Fishing piers (one lighted), a boat ramp and a marina help fishermen and sports enthusiasts gain access to the waters. Striped bass, smallmouth and largemouth bass, crappie, spotted bass, white bass, catfish and alligator gar are ready to be caught. Since the lake is a state boundary, licensed fishermen must fish from their respective state's shorelines, but a special license is available for purchase to fish from anywhere on the lake. Boats and



other equipment can be rented at the marina. Sailboats; powerboats, often pulling skiers; houseboats; jet skis; and pontoon boats are popular recreational items.

Large, shaded campsites with full or partial hookups and bathhouses are available for recreational vehicles and tent camping. Campers have access to the swimming area, and there are picnic tables at each campsite, a group pavilion and recreation hall. Visitors can hike or mountain bike the many nature trails throughout the park or ride their ATV over the backcountry Off-Highway Vehicle Trail (permit required). A private marina, the Eisenhower Yacht Club, rents kayaks, canoes and boat slips to guests.

Named for former U.S. President Dwight D. Eisenhower, the state park is near Denison, Texas, where he was born in 1890. Eisenhower Birthplace State Historic Site is a landscaped park located at Lamar and Day streets in Denison. The white, two-story home on the property has been restored and is open to the public. Check online at thc.texas.gov/historic-sites for the days and hours of availability. Eisenhower's father worked in the nearby railyards for three years. The Eisenhower baby who would become a five-star general during WWII and the 34th U.S. president was born in Denison shortly before the family moved to Kansas.

Jennie Jackson, a former school principal in Denison ISD, had memories of the baby Eisenhower and later contacted the then general for information. She formed a local group to raise funds and preserve the home. It was donated first to the city of Denison and then, in 1958, conveyed to the Texas State Parks. Antique furnishings throughout the home show visitors how middle-class working folks lived at that time. The visitor's center holds memorabilia from Eisenhower's days serving in the U.S. Army and as president. While in Denison, enjoy shopping and dining in the city's historic downtown. **NOW**

Photos by Virginia Riddle, LLC.

Sources:

1. thc.texas.gov/historic-sites.
2. Parent, Laurence. Official Guide to Texas State Parks & Historic Sites. 2018. University of Texas Press, Austin, TX.
3. tpwd.texas.gov/state-parks.
4. discoverdenison.com.



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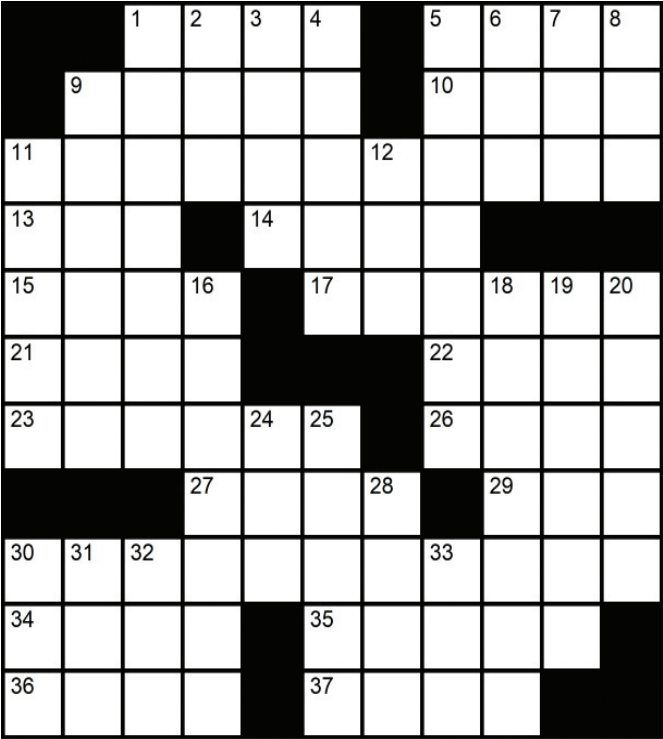
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Across

- 1 Soften
- 5 Voucher
- 9 Riyadh resident
- 10 Tex-Mex munchie
- 11 US mends toys haphazardly, producing a racket-maker
- 13 Finish first
- 14 Blueprint detail, briefly
- 15 Garfunkel and Malik, for example
- 17 Involuntary movements
- 21 Encounter
- 22 Diamond record-maker?
- 23 Powers a bicycle
- 26 Clear-thinking
- 27 Easily split mineral
- 29 Gymrat's pride
- 30 Fin
- 34 Related by blood
- 35 Heed the dentist's advice
- 36 Agents, for short
- 37 Seizures

Down

- 1 Mocked
- 2 Wanton destroyer of beauty
- 3 Has sum fun
- 4 Filmy fragments
- 5 Sources of inside information?
- 6 Bowler or bonnet
- 7 Assassinate
- 8 Huck's pal
- 9 After-dinner party
- 11 Slough
- 12 I reckon
- 16 Pollen producers
- 18 Chilean food fish
- 19 Norm is overturned for non-voters
- 20 Iditarod lineup
- 24 Cover
- 25 Mock
- 28 "And --- ask is a tall ship ..." (John Masfield)
- 30 At a great distance
- 31 He separated Harry and Jack
- 32 Big wheel
- 33 His wife looked back in the end

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	9						6	
			3	6		7		
		4				6		
3				4	8			
				1		5		
		3						4
8	2	1						
5					1	2		

Medium

1		3	8		9	5		
			6	4				
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5				3			4	
	1	7				3		
					7	6		
			5					9
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	8		7		4		6	

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Martha B., Mansfield, TX

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ideas supported by the Ellis
County Art Association. Bring
your sketchbooks! 3:00-4:30
p.m., Sims Library,
515 W. Main St.

1/24

Teen Theater:
2:00-3:30 p.m., Sims Library,
515 W. Main St.

Third Sundays

**Beards, Books
and Banter:**
Men's book club. Free.
3:00 p.m., Paper Leaves
Bookstore, 510 Water St.

Last Sundays

Literary Ladies:
Discuss books and make

friends. Free. 3:00 p.m.,
Paper Leaves Bookstore,
510 Water St.

First Mondays

Senior (50+) Dance:
Enjoy live country and western
music and dancing. 6:30-9:00
p.m. Dance instruction 5:45.
Optimist Youth Center,
219 N. Patrick.

**Ellis County Art Association
Meeting:**
Share your creative energy.
Refreshments, socializing and
art demos. 6:00 p.m.,
First Baptist Church,
450 U.S. 287 Byp.

Wednesdays

Write On!
Get that novel written. Free.
3:00-5:00 p.m., Sims Library,
515 W. Main St.,
Second floor.

Third Wednesdays

**Waxahachie Women's
Connection Luncheon:**
Cost is \$15 which includes
lunch, a special feature
and a Stonecroft speaker.
Reservations due each
Thursday before the meeting
which is held 11:30 a.m.-1:00
p.m., Waxahachie Country
Club, 1920 W. Hwy.
287 Business. For more details,
contact Dee Ann Ellis at
(972) 921-6221 or
deeanellis@sbcglobal.net.

Thursdays

Happy Feet:
This music class incorporates
harder songs geared toward
ages 3-5. Toddlers will use
rhythm sticks, sing, dance and
pop bubbles together. 10:00-
10:30 a.m., Sims Library,
515 W. Main St.

Introduction to Sewing:
Learn to use a sewing machine.
5:30-7:00 p.m.,
Sims Library,
515 W. Main St.

**Celebrate
Recovery Meeting:**
A Christ-centered recovery
program designed to help
those struggling with hurts,
habits and hang-ups. 7:00
p.m., The Lighthouse Church,
1400 N. 9th St., Midlothian.
For more details,
email CR@dfwlighthouse.org.

First Thursdays

**Chamber of
Commerce Lunch:**
Meet fellow entrepreneurs. Free,
but limited seating. Noon-1:00
p.m., Waxahachie Chamber of
Commerce Board Room, 412
S. Rogers St., Ste. 100. RSVP to
events@waxahachiechamber.com.

Fridays

Rotary Breakfast Meeting:
Start your day off with great
company, conversation and
food! 7:00-8:00 a.m.,
Cancun's Restaurant,
2000 Corporate Pkwy.

Second and Fourth Fridays

Bingo:
Fill your card. 5:00-10:00 p.m.,
VFW Post 3894,
1405 N. I-35E.

Third Saturdays

Adult Crafts:
Don't let the kids have all the
fun! Free. 10:30-11:30 a.m.,
Sims Library, 515 W. Main St.

Last Saturdays

YA Book Club:
Find out what everyone's
reading. Free. 5:00 p.m.,
Paper Leaves Bookstore,
510 Water St.

Weekly

**Waxahachie
Animal Shelter:**
Monday-Friday: 8:00 a.m.-5:00
p.m.; Saturday:
8:00-10:00,
191 Lions Park Rd.

*Submissions are welcome and
published as space allows. Send
your current event details to
adam.walker@nowmagazines.com.*



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- **Reduces Inflammation:** It helps decrease inflammation, which is a leading cause of joint pain and degeneration.
- **Slows Disease Progression:** A2M therapy has shown promise in slowing the progression of osteoarthritis and other degenerative conditions.
- **Non-Surgical Treatment Option:** A2M therapy offers a regenerative, non-invasive alternative to surgery and long-term pain medications.
- **Supports Natural Healing:** By neutralizing destructive enzymes, A2M helps promote the body's natural healing processes.
- **Potential for Long-Term Relief:** Many patients experience long-term symptom relief and improved joint function after undergoing A2M therapy.

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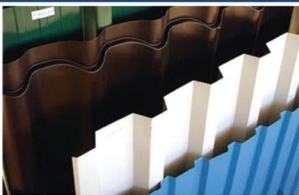
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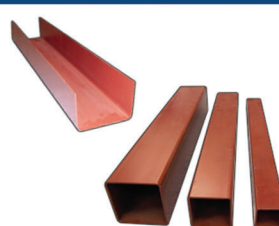


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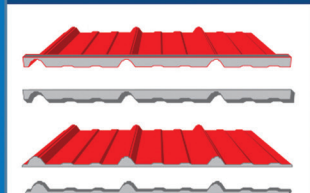


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