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M A G A Z I N E

JANUARY 2024

A Place to Call Home

The Dietrichs share their
story of discovering
Mansfield

In the Kitchen With
Cassandra Scott

Also inside:

Scavenger Hunt

Crossword

Featured Business:

Poured-Wine,
Beer & Bubbly

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The Dietrichs allow the community into their world of serving.

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EDITOR’S NOTE

Mansfield Family ...

As we bid farewell to 2023, I find myself reflecting on the incredible journey we’ve shared together. Each narrative became a source of inspiration, compelling me to search for many more in this community. I love what I do!

While I think about *MansfieldNOW*, I consider the part I like most. Meeting the wonderful people in the community is undoubtedly the cherry on top. Sometimes, it may be as simple as being in one of the neighborhood grocery stores or coffee shops and saying hello. Also, I enjoy asking residents and representatives of the city of Mansfield to share some of their photos in the Around Town feature. Finally, I absolutely love celebrating people who aren’t accustomed to being celebrated. It brings me a great deal of joy.

I still smile or cry when I see the pictures added to the stories. Looking at the finished product makes me appreciate the photographer, graphic designers, managing editor, proofreaders, billing manager, ad representative, publisher and general manager because they bring life to every story — and, of course, the businesses that make this happen. There are a lot of moving parts. This collective effort makes this magazine a reality, and I am grateful for each person’s contribution.

As we venture into the new year, let’s continue to work together, share our stories and celebrate the unique fabric of this community. Feel free to email me at sandra.walters@nowmagazines.com with a short paragraph recommending someone as a possible feature and send photos for Around Town as well. And thank you for being an essential part of this magazine.

Here’s to making it a great New Year!



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Joseph and Mariah grew up as friends in Bowie, Texas, before they became the Dietrichs. “We were boyfriend and girlfriend from the seventh and eighth grade through my senior year of high school,” Mariah said. “He is my best friend. We got married the week after I graduated, and I wasn’t even expecting,” she said with a smile. This was challenging at first, but after a while, they moved into some apartments in Dallas and began working toward their career goals.

A Place to Call Home



She enrolled in a massage therapy school, while Joseph worked at a job to make ends meet. Once she finished, he worked on his aviation degree. Then, after graduating, he secured a job building helicopter engines. When their apartment was broken into, it prompted them to entertain the idea of relocating. At the ages of 23 and 24, they knew it was time, and began searching for a home in a safer community where they looked forward to raising a family.

Mariah admitted, “We didn’t even know what a credit score was, so we had to improve our credit. Eventually, we were approved for a home loan. Our Realtor found a house in this area, and we visited, looking for a small-town feel. We fell in love. The people seemed friendly and welcoming. Meanwhile, I discovered I could make more money in the massage industry by being independent, so I gave my two

weeks’ notice, not knowing this would affect our ability to close on our home. Therefore, I had to return to my previous boss and ask for my job back. I am grateful that he was such a sweet businessman, and he graciously rehired me. Since Joseph and I come from humble beginnings, we were unaware that making any changes to our employment status would impact our ability to purchase a home. Also, we didn’t realize how the housing industry would soon change after purchasing. The costs increased significantly, and without a doubt, we purchased right on time for our equity to grow within a few years.”

They moved to Mansfield in 2018. Mariah developed relationships with people in the community by joining groups, as she established her massage business. In the process, she connected with some moms who wanted

come

— By Sandra Walters

to create a business expo for the community. Initially, they started with about 20 businesswomen online. However, their first meet and greet was a flop. They expected the women who connected virtually to attend, but only three people showed up. "We were a little discouraged because we planned to network with other likeminded small business owners. I was one of the members and almost instantly became the leader. *How did this happen?* I thought. As I reflected, I realized I had been a leader my whole life because I was raised by a single mom of six. I am



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accustomed to jumping in and helping.” In 2019, the Mom Boss Expo had its first event. “People signed up as vendors through word of mouth, and we grew year after year. St. John Lutheran Church graciously hosted the event each year while giving us a generous discount to use their facilities. This year, I reviewed 400 applications from possible vendors, and, of course, we selected 90 percent of the vendors

who live in Mansfield or businesses from which this area can benefit.” Mariah and many Mansfield Boss Moms participated in this event. All of the profits were raised with the community in mind. After the expenses were paid, supplies were bought for the Mansfield Mission Center and the Mansfield Animal Shelter. The Dietrichs and Mariah’s sister, Nadia Caudell, find it important to give back to the community for personal reasons. “My sister and I volunteered our services because our family used to benefit from the donations of others,” Mariah shared. “As children, we were takers, so now we find great joy in being able to return the favor. I was one of those kids who was on the Angel Tree for Christmas.” During the pandemic, Joseph discovered he didn’t spend much time at home with the family because of the demands of his profession. He shifted to automotive mechanics and established Maintenance Matters, a mobile mechanic business. He worked his side hustle while continuing to hold his full-time aviation job. He was extremely busy. Because people

were afraid to go out into the public, he catered to the needs of neighbors. Eventually, this allowed him to manage his schedule and be present for his wife and children, Josen and Kaiden. “We dreamed of building a legacy with a loving mom and dad present,” Joseph said. They acquired numerous mentors by joining the Mansfield community of small business owners. Through networking and creating organic relationships, many people took them under their wings. Now Joseph and Mariah strive while being delighted that their roots are planted in Mansfield. “We’ve been here for five years, and this area has grown in such a short amount of time. We looked for a down-home, friendly place and found this suburb of DFW. We enjoy celebrating others and learning from our amazing neighbors who don’t mind sharing their wealth of knowledge. We’ve learned the importance of our credit score, how to save, invest and make more, which allows us to be generous,” the Dietrichs concluded. “Mansfield, Texas, is definitely the place we were searching for.” **NOW**

As the new year starts, remember to review your investments.

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Reagan Hammond wins a Texas pageant title, wins \$100k for her school and makes final callbacks for Broadway.

Zoomed In:
Officer Abrams and Vance Hudson

By Sandra Walters

Officer Abrams is considered a hero. He demonstrated courage and compassion when he rescued Vance Hudson as an infant during a perilous situation. Five years ago, he arrived at the Hudson’s home and conducted CPR. He said, “I wouldn’t say I’m a lifesaver. That’s a little bit bold.” This is when the bond between the two was initiated, and it continues today. They meet up once a year to spend time together.

His efforts to provide safety and well-being to Mansfield citizens were displayed through his exemplary skills and commitment as a law enforcement officer. In addition to showing admirable traits of a police officer, his prompt thinking and devotion to duty highlights his passion for serving and safeguarding the community.



Alexander Handley shares his beautiful smile with the world.



Many participate in the 10th anniversary of the Kiwanis Club of Mansfield’s FaLaLaLa 5K!



The Adil family spends time together.



The Nguyens stand with their daughter, Olivia, after she wins the spelling bee.



Aria Johnson takes a walk down the red carpet on Main Street.



Evelyn McCracken skates at the Mansfield Star Center figure skating exhibition.

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Poured-Wine, Beer & Bubbly

— By Sandra Walters

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Poured-Wine, Beer & Bubbly was established in 2014. “Both of my parents were business owners, so I grew up around entrepreneurs my whole life,” Carroll Burney said. “I graduated from Texas A&M with a bachelor’s degree in journalism, PR and marketing.” From communications coordinator, marketing manager and director of marketing and development, she used her skills to communicate effectively in a variety of positions while perfecting her craft.



Carroll attended culinary arts school before working for a prominent chef in DFW for seven years, immersing herself in the intricacies of the food and beverage industry. Then she transitioned to a role for a nonprofit as she started her family. Carroll enjoyed the opportunity, but the allure of the food and beverage sector persisted. Her passion for the industry never waned, and she especially recalls being intrigued by the wine lists.

“I initially started this business with a partner, and we simply desired to create an experience that extended beyond the living room. We envisioned Poured being a relaxing place to get a glass of wine on a date night, girls’ night out or to have a low-key party — no shots, just wine. My partner eventually went another direction, so now I’m the sole proprietor.”

Poured draws many looking for relaxation and a good time after work. People need a break, so they’re delighted to offer a serene environment and strive to educate customers about wine and beer to elevate their appetites. “When we first opened, our menu consisted of some upscale wines by

the bottle only along with others by the glass. Now every wine offered is by the glass, so people can try a lot of different varietals,” Carroll said. “Also, we have a brunch one Sunday a month, which includes shrimp and grits, biscuits and gravy, chicken and waffles, scrambles and more! In addition, we reserve space for bridal showers, baby showers and parties. I prepare the food for my staff to set them up for success. I am lucky to have an amazing staff right now. We make a great team!” she added.

Carroll figured out a way to manage her schedule and life while doing what she loves. As a communicator, she listens to and observes her customers. She truly knows how to cater to their needs and appreciate them. “I am grateful to the community for their support,” Carroll said. “We’ve been open now for 10 years in February, and we are so thankful. Being a business owner isn’t for the faint of heart!”

“I INITIALLY STARTED THIS BUSINESS WITH A PARTNER, AND WE SIMPLY DESIRED TO CREATE AN EXPERIENCE THAT EXTENDED BEYOND THE LIVING ROOM. WE ENVISIONED POURED BEING A RELAXING PLACE TO GET A GLASS OF WINE ON A DATE NIGHT, GIRLS’ NIGHT OUT OR TO HAVE A LOW-KEY PARTY — NO SHOTS, JUST WINE.”

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Fashion Faves

OF 2024

— By Emma McKay

For many people, personal fashion can be challenging. It's hard to find clothes that make you look and feel good. The fear of your style choices making you stand out in an unpleasant way can be a beast of its own. Due to fashion's cyclical nature, you might already have this winter's trends in your wardrobe.

Burgundy is “in” again this season, which is good news for Aggies fans, whose closets are filled with burgundy’s sister shade. This rich, warm color is perfect for the brutal Texas winter. There is no wrong way to wear solid-colored clothing. You could rock an entire outfit of burgundy pieces or add a splash of it here and there to tie the whole look together. To save a bit of money and closet space, try accessorizing with burgundy. Find a good, solid-colored burgundy coat, and you can make any outfit in season.

In a move that harkens back to the retro-futurism art style, metallic silver is having its moment in the wardrobes of fashion icons. Whether it be a shining polyester dress or reflective chunky shoes, this trend is reminiscent of decades-old depictions of what the 2020s *might* look like. While silver is a solid color like burgundy, silver works best as the focal point of an outfit. If you are going to wear silver pants, don’t pair them with a silver top, otherwise you might come across as a droid from *Star Wars*. Instead, pair it with a black, dusty rose or soft cream blouse. Silver shoes can be a fun way to make any casual or swanky outfit a bit more out of this world.

Classic prints such as polka-dot and plaid are back. Like with silver clothes, a general rule of thumb for printed fabric is to make it the centerpiece of the outfit. Pairing a polka dot blouse with a plaid skirt could unintentionally turn a casual outfit into a loud eye sore. Instead, the other elements of the ensemble should be solid colors that complement the printed fabric. That way, the eye will naturally gravitate toward the patterned piece, instead of getting lost in the noise. You could even pair your polka dot blouse with your silver heels or pull the burgundy look in with a plaid skirt to double your fashion points.

It’s common knowledge in the fashion world that former style trends tend to cycle back into the mainstream eventually. This fashion season pulls items from several different decades back into people’s closets.

Strolling in from the 1950s are the classic A-line and swing dresses. With their fitted bodices and flared skirts, these dresses are perfect for those who want to show off their form while still having fun twirling on the dance floor. Accessorize this look with a timeless strand of pearls or a peacoat for warmth.

Dust off the shoulder pads because exaggerated shoulders from the 1980s are officially back. Whether paired with a nice top and

slacks or a T-shirt and jeans, a padded blazer makes nearly any outfit board meeting ready.

Double denim is the epitome of recycled fashions. Double denim has had a resurgence in popularity every decade since the 1970s. If you wish to pull this bold look off, you must be willing to commit. Your look should consist of either the same shade of denim or completely contrasting shades — think navy and white.

Oftentimes, it’s the accessories that make the outfit shine. This winter, professional neckties and bold neckerchiefs can add the final touches to your outfit. While nothing beats the traditional black tie or a neckerchief in the same shade as your blouse, if you want your outfit to pop, try playing with opposing colors. You can even pull in patterned materials if you want your accessory to be your outfit’s centerpiece.

Fashion works as a way of expressing oneself. It can be used to make one fit in or stand out in the crowd. Sometimes, it can be tricky figuring out how to make it work for you, but through constant study and willingness to experiment, you can master the art of fashion. **NOW**

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CookingNOW

In the Kitchen With

CASSANDRA SCOTT

— By Sandra Walters

“I come from a family of cooks, and everyone knows what dish they are responsible for preparing. A few of us will sneak a bit more seasoning in a dish — if we get a chance,” Cassandra Scott said.

Her family loves gathering to celebrate holidays, significant milestones and accomplishments with a great dinner and lots of love and laughs. A large portion of her meals are Louisianan cuisine. Meals in her childhood home of North Louisiana revolved around corn bread, but her husband was raised in South Louisiana, where rice was included in most meals. “I’ve learned how to prepare a majority of the meals he grew up eating,” Cassandra concluded, “while exposing him to meals from my upbringing.” **NOW**

Smothered Chicken

2 lbs. chicken quarters
Salt, to taste
Pepper, to taste
1 Tbsp. paprika
1 Tbsp. garlic powder
1/2 cup olive oil
1/2 white or yellow onion, sliced
1/2 bell pepper, sliced
2 Tbsp. flour
2 cups water

1. Season the chicken with salt, pepper, paprika and garlic powder. Allow to rest for 30 minutes in a plastic bag.
2. Place a skillet on the stovetop over medium heat; add the oil. Once hot, add the chicken; sear on each side until light brown. Add the onions and bell peppers; sauté for 1 minute.
3. Sprinkle the flour over the chicken and vegetables. Sauté another minute until brown.
4. Preheat the oven to 350 F. Place the chicken and vegetables in a pan. Add water

until the chicken is covered. Cover the pan with foil or a lid. Cook for 30 minutes, or until the chicken is tender.

5. Remove the dish; check to ensure the chicken is tender. Place the dish back in the oven for 30 minutes.

6. The gravy should be light brown in color and have a thick consistency.

7. Serve chicken and gravy over hot cooked rice or mashed potatoes.

Red Beans and Rice

1 1-lb. pkg. red kidney Camellia beans
1 lb. smoked or andouille sausage, sliced
1/2 lb. smoked ham or turkey
1/2 stick butter
1 whole onion, chopped
2 celery stalks, chopped
1 green bell pepper, chopped
2 cups fresh parsley, chopped
1 toe garlic, chopped
2 bay leaves
8-10 cups water
Cajun seasoning, to taste
Salt, to taste
Pepper, to taste

1. Rinse and sort the beans, removing the dirt.
2. Put the beans, sausage, ham or turkey, butter, onions, celery, bell peppers, parsley, garlic and bay leaves in a pressure cooker, covering with the water. Select the automatic bean setting; cook the beans for 45 minutes.
3. Place the beans in a Dutch oven, on the stovetop. Bring the beans to a boil. Reduce the heat once it has begun to boil; cook for 30 minutes. Stir the beans regularly.
4. Add the Cajun seasoning, salt and pepper to taste.
5. Serve over hot cooked rice and with corn bread.

Okra Chicken Sausage Soup

- 4 Tbsp. olive oil (divided use)**
3 cups okra, fresh or frozen
1/2 lb. Cajun sausage, sliced
1 cup onion, chopped
1 tsp. garlic
1/2 cup bell pepper, chopped
1 Tbsp. parsley
1 lb. boneless chicken thighs or breasts
Salt, to taste
Pepper, to taste
2 tsp. Tony Chachere's Original Creole Seasoning
1 8-oz. can tomato sauce
1 10-oz. can Ro-Tel
1 cup water
1 pinch cayenne pepper

1. Preheat the oven to 350 F In a Dutch oven, add 2 Tbsp. of oil and the okra. Cover; place in the oven for 30-45 minutes, stirring every 15 minutes.
2. Add the sausage, onions, garlic, bell peppers and parsley once the okra has cooked down.
3. Season the chicken with salt, pepper, and Tony Chachere's Seasoning. In a separate pan, add the remaining 2 Tbsp. of oil; sauté the chicken until light brown.
4. Add the chicken, tomato sauce, Ro-Tel and water to the Dutch oven. Add a bit more Tony Chachere's to taste and a pinch of cayenne pepper. Cover; cook for another 30 minutes, stirring halfway through the cooking time.
5. Remove; serve over hot cooked rice or with a side of corn bread.

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- 1 Territory marker
- 6 Indisputable data
- 11 General meaning
- 12 Alert
- 13 These choristers can be male or female
- 14 Annapurna locale
- 15 "The Lion King" baddies
- 17 Plunge head-first
- 18 Lab product in "Breaking Bad"
- 19 Involuntary muscular contraction

1 Six-sided state	20 Train stations
2 Depend	21 Humorously sarcastic
3 Meet painter, surreally prone to excess	23 Samuel Goldwyn's hometown
4 Nary a soul	27 It happens every birthday
5 Not genuine and usually inferior	29 Ceramicist's furnace
6 Geisha's prop	31 Image of a deity
7 Impressed	32 Repudiate
8 Governmental seat, usually	34 Soak in liquid
9 Alamo commander	
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If you are an adult who is afraid of going to the dentist, or even just a little extra anxious, Serenity Advanced Dentistry may be just what you are looking for. "We do a lot of sedation dentistry, mostly for adults," Dr. Allala explained. "It's kind of my niche. Many adults may have some pretty serious anxiety about going to the dentist. They may not even seek care. They'd rather be in pain. I provide a place to take care of these people. When patients elect to get treatment, we lower the statistics of people living in pain. I like being able to contribute to improving people's lives."

"Coincidentally, a lot of people who are anxious about going to the dentist are also people who don't have good insurance. That's a bad combination. I have membership plans for patients without insurance, and really good discounts on implants and dentures. A membership might not be necessary if you only need one simple procedure, but if you need sedation and a lot of work, it really pays for itself."

Dr. Allala is a graduate of the Texas A&M School of Dentistry. "When I started there, it was still Baylor. My diploma has both names on it," she recalled. "I specialize in oral surgery, and we're really good at it. I'm nothing without my team. We do everything in dentistry. I like being well rounded. I enjoy being an overachiever, so I'm constantly taking continuing education, keeping up with all the

newest techniques and technology. I'm also a native Spanish speaker. I grew up speaking both languages. Our YouTube videos explaining procedures are available in both English and Spanish."

Dr. Allala is proud of the service they provide at Serenity Advanced Dentistry. "I think we give five-star service. And I know my staff is five-star. We know what works and what doesn't. I know it sounds corny, but this is my life's work. Most of my staff have been with me for years, at different locations around DFW, before I came to Cedar Hill. I met Mariela seven years ago, in Pleasant Grove. It was my first job out of school. Racine has been with me four years, and Jazmine three years, both in Red Oak. Our newest team member is Jessica. She found us three months ago when she emailed me looking for an opportunity to shadow a dentist."

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Serenity Advanced Dentistry has all the newest technology to make your experience convenient. "We have hospital-grade blood pressure machines, so we can do sedation. We also have intraoral scanners, so I can see inside your mouth, from every angle, before I ever go in for your procedure. We print dentures and place implants right here in the office. With our skills and strategies, most patients don't even feel our injections. We have TVs in every room to keep you entertained while we work. It's all about efficiency — working smarter, not harder. That's why I designed the floor plan of the office myself. And we're really big on sanitation and sterilization. It's important to maintain a sterile environment, which is why we're closed every Friday for deep cleaning the office and training."



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JANUARY

Some events may have been cancelled or rescheduled while we were at press. Check with individual organizations or your city or Chamber websites to verify dates and times.

1/1-1/20

Christmas Tree Drop Off:

Recycle your live tree and help us make mulch to give away in the spring. There will be a self-service trailer next to the garden center where trees may be unloaded. Cost: Free for Mansfield residents. 8:00 a.m.-5:00 p.m., Home Depot, 1725 North Hwy. 287.

1/1-1/31

Quanah Parker Exhibit:

One Man, Two Worlds, a photo exhibit that tells a story of the lives of two people caught between two different worlds.

Cynthia Ann and Quanah Parker are two important names in U.S. frontier history, and their story will be shared. Cost: Free.

Tuesday-Saturday: 10:00 a.m.-4:00 p.m., Mansfield Historical Museum, 102 N. Main St. For more information, call (817) 473-4250.

1/5

New Year's Party:

Come dressed up in your New Year's best. Get your picture taken with Rudolph and Clarice. Enjoy interactive activities, and countdown to the big balloon drop! Food vendors will be on-site. Cost: Free. 5:00-9:00 p.m., The LOT Downtown, 110 S. Main St.

1/6

Shred Day:

Bring your documents in paper sacks or cardboard boxes for secure, on-site shredding to ensure a speedy process. Mansfield residents only. Cost: Free. 10:00 a.m.-1:00 p.m., Environmental Collection Center, 616 South Wisteria.

1/9

A Fresh Start to a Healthier You (18-plus):

This 4-part class will feature live cooking demos with free samples. This will include discussions about creating safe and healthier meals, balancing your day, meal planning, saving at the grocery store. Cost: Free. 6:00-7:00 p.m., Mansfield Library, 104 S. Wisteria St.

1/20

Online SAT/ACT Practice Test (13-17Y):

Free online practice tests provided by the college admission services professionals at The Princeton Review. Free but registration is required. 9:00-1:00 p.m. (817) 728-3690.

1/26

The Hunger Games Chamber Awards Show:

We invite you to step into the world of Panem with your attire! Embrace the spirit of the Capitol by donning bold, extravagant outfits that radiate opulence and high fashion.

Think avant-garde meets elegance. Tickets: \$80/each; table of 8: \$850. 6:00-8:00 p.m., Walnut Creek Country Club, 1151 Country Club Dr. Contact Lori Williams at (817) 473-0507.

By Appointment

Mansfield Mission Market:

Families, seniors or anyone in MISD who needs food is welcome to walk-in. Pets are provided for, as well. **Monday-Saturday:** 10:00 a.m.-6:00 p.m., Mansfield Mission Center, 703 E. Broad, Thrift Store. For more information, call (817) 473-6650 or visit www.mansfieldmission.org.

Mondays

Sunrise

Toastmasters Club:

Become the speaker and leader you want to be. 7:00-8:00 a.m., Methodist Mansfield Medical Center, Canedy Community Room, 2700 E. Broad St. Email Gary Lockhart at garyllock28@gmail.com.

Miracle Mondays:

We pray at no charge for people with any issues and teach others to pray for healing and wholeness. 10:30 a.m.-1:30 p.m., The Healing Place, 600 Strada Circle, Ste. 210. Bill Dasch, (817) 319-0129.

Second Tuesdays

Mansfield Garden Club Meeting:

Come grow with others learning about native and adaptive plants for North Texas from Sher Dunaway, a Tarrant County Master Gardener. 6:00-8:30 p.m., Chris W. Burkett Service Center, 620 S. Wisteria St. Sonya Bryant, (817) 266-4422.

Second Wednesdays

Mansfield Lions Club Meetings:

We work closely with MISD to provide free vision testing and eyeglasses to students who need them. Noon-1:00 p.m., Mansfield Methodist Medical Center, 2nd Floor Conference Room, 2700 E. Broad St. RSVP to Karen Williams, president, (817) 729-4978.

Second Thursdays

Business Unplugged:

Unplug from your social media for face-to-face networking, free food, drinks and music. 4:30-6:30 p.m., www.mansfieldchamber.org.

Submissions are welcome and published as space allows. Send your current event details to sandra.walters@nowmagazines.com.

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