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SouthwestNOW

M A G A Z I N E

JANUARY 2021

Uphold the Right

Pat Madden has had
an adventure or two

In the Kitchen With
Christopher Simmons

Also inside:

Scavenger Hunt

Kids' Fun Page

Crossword/Sudoku

Featured Business:
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ON THE COVER

*From head to toe,
Pat Madden serves
his communities.*

Photo by
Shane Kirkpatrick.

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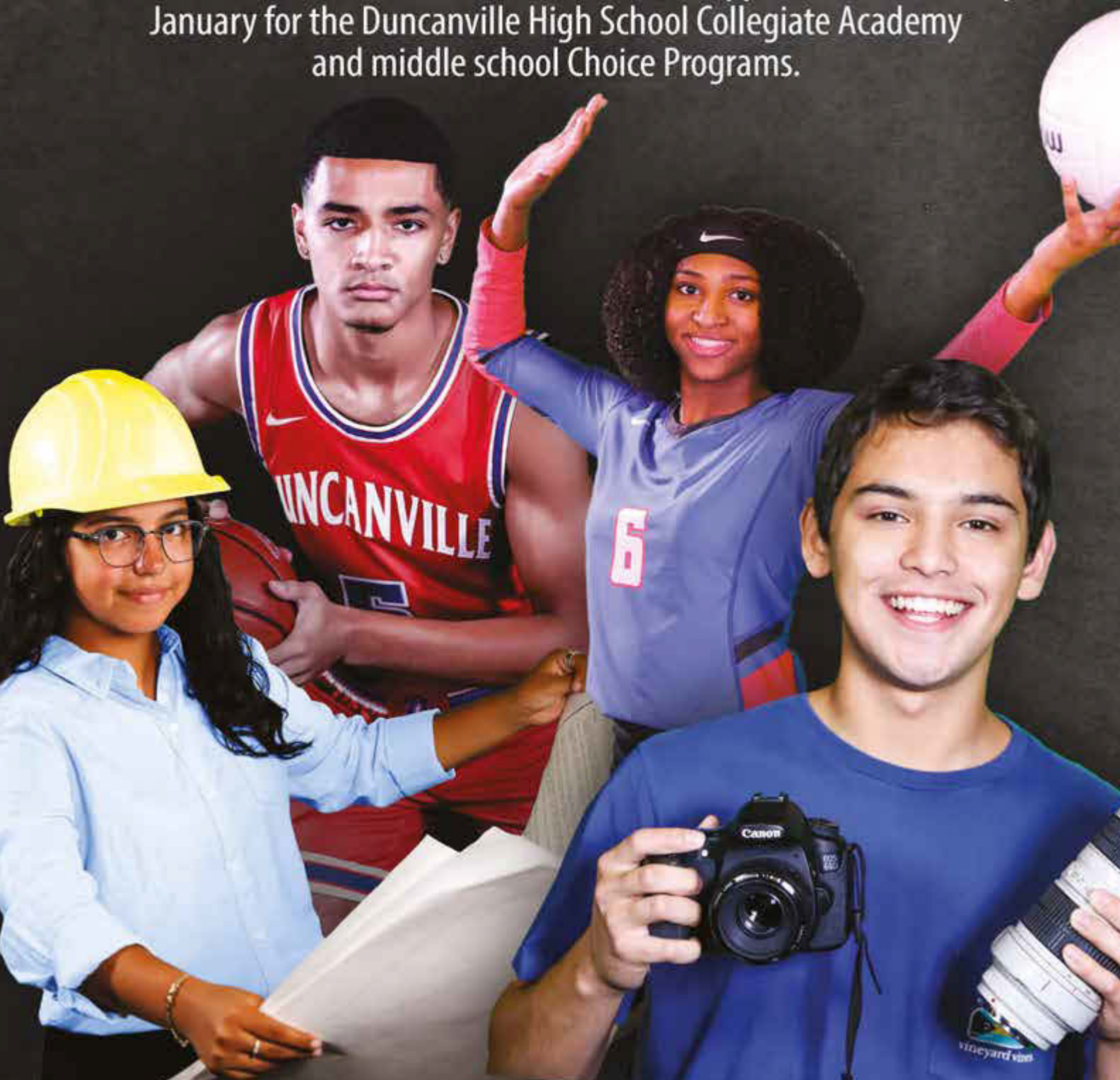


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EDITOR'S NOTE



Adam

Adam Walker
SouthwestNOW Editor
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The year is dying in the night ...

The poet, Alfred, Lord Tennyson wrote these words in a poem 170 years ago, and suggested that we, "Ring out the old, ring in the new." A section of a longer poem, "Ring Out, Wild Bells" feels like it was written about this year that has just died. He addresses the grief and sadness of the last year; the divide between rich and poor; party strife; false pride in class, race and nationality; civic slander and spite; but also "shapes of foul disease." How does a poem written so long ago, so fully address this year?

But the poem is not gloomy. Interwoven, he encourages us to respond with redress of the problems we see; to adopt a nobler set of mind; improve our manners; love the good, right and true; and to strive for "the larger heart, the kindlier hand."

Many of us have experienced some awful things this past year. We've lost loved ones, jobs, a lot of fun things we used to do. It's been really hard. But the present and the future can be better. There is always hope. There are better days and more joyful nights. We need to work on some things, but that's how we build a better world.

Last year will not make my favorite years list, but I'm still hopeful for 2021. Every new day is a new chance to do something better, to make someone else's life a little better, to take a stand for hope.

The year is going, let him go.

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When Pat Madden was a teenager, he chose a path in life. He knew he was signing up for adventure and excitement, but he had no idea what lay down that road, or that the road would eventually lead him from the wilds of northern Manitoba to Duncanville, Texas! Back in Manitoba, he chose to join the Royal Canadian Mounted Police and “Uphold the Right.” What kid in Canada hasn’t looked at the regal figure of a Mountie in the iconic crimson uniform and thought of life astride a horse, patrolling the forests and prairies?

UPHOLD THE RIGHT

— By Adam Walker

“It’s what I had wanted to do since I was a kid,” Pat reported. “My uncle had joined. I applied in college, but I didn’t hear back from them right away. I graduated and got a job in sales with Gestetner, the printing machine company. I’d been with them about three years when I got a call from the RCMP. ‘Are you still interested?’ they asked. They told me to come for a medical evaluation the next day and report in 10 days. I asked if I could think about it. The guy on the phone said, ‘Yep. Did you think about it?’ That was a Tuesday in November of ’77.” Pat made his decision quickly and left for training. On his way to the training base in Regina, Saskatchewan, Pat was stopped for speeding. “The Mountie looked at my car and asked me where I was going. I just hung my head. I didn’t want to tell him. ‘I’m going to ask you one more time,’ he said. ‘Where are you going?’ I told him I was headed to Depot Division to start my training. ‘If you knew what was ahead of you for the next six months, you wouldn’t be in such a rush to get there,’ he replied.”

His time as a Mountie sent him to many remote towns and communities in the northern parts of Manitoba and Alberta, places where the next town can be many miles away. “We were the only law enforcement in the area, and the nearest backup could be 20 hours away. Many of the communities I patrolled were First Peoples communities of 1,500-2,000 people. We patrolled by snowmobile in the winters and by boat in the summers.”

Along the way, Pat became an expert diver who has documented dives in all three oceans that border Canada — the Atlantic, Pacific and Arctic — as well as experience with the deep lakes of Canada. In one of those lakes, Canada had lost a treasure. A 1928 Fokker Standard Universal aircraft had gone down in December 1931. “It was made of plywood and canvas, with an open cockpit. They were supplying a gold mine, but a storm forced them down on Charron Lake. The ice was thin, and the plane broke through up to the wings. The crew managed to evacuate. They were lucky. An Indian trapper found them and led them out to a settlement 40 miles away. They knew where they landed, but the plane could have drifted anywhere on the lake before it sank in the spring.”

The director of the Western Canada Aviation Museum knew Pat’s reputation as a diver and asked him to help find the plane. “I’ve been diving since I was 16, and I took courses in underwater archaeology and marine biology in college. I’d been an instructor for years. The director was an ex-RCMP member who had been looking for the



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plane for 25 years. It had been missing for 75 years at that point. Charron Lake is 31 square miles. I researched the flight plan and combed through weather reports from outposts of The Hudson Bay Company in Berens River and Little Grand Rapids, Manitoba, to understand wind speeds and directions to figure out which direction and how far the plane was likely to drift as it sank. We searched for five years with sonar and other tools before we found it. I spent thousands of hours, all volunteer, searching records and diving. We finally found it in 126 feet of water, so it qualified as a deep dive. It took two years to bring it up." The plane is now in storage with the Royal Aviation Museum of Western Canada. "They changed the name of the museum and tore down the old building while they built a new one. National Geographic and the Canadian Broadcasting Corporation did documentaries on the recovery."

When 9/11 happened, it didn't just affect the United States. Canada, and the rest of the world, felt the repercussions, as well. Pat was called to Ottawa, Canada's capital, to serve as file coordinator. "I communicated with the FBI, CIA and other organizations in the U.S. and Canada, sharing information and following up tips. The different agencies didn't share information much back then. It's a lot better now. After the attack, no plane was allowed to fly into Washington, D.C., without an air marshal aboard. Canada had never had a program like that. One had to be created, so our airlines could continue

flying into the D.C. airport. I was put in charge of it.”

After a few years of that, Pat decided it was time to retire and do the things he really enjoys. So, he ended up living in Duncanville and braving rooms full of teenagers to teach criminal justice at South Grand Prairie High School. “The jury is still out as to which is more stressful — working counter-terrorism or teaching high school kids! But regardless, I love teaching the kids.”

With the *Dudley Do-Right* theme as his ringtone, he laughed and said, “As far as my retiring from the RCMP, I miss the clowns, but not the circus. I also don’t miss the Canadian winters, but I do miss curling. I especially miss my daughters, grandkids, siblings, nieces and nephews, who are all still in Canada, with COVID keeping me from visiting them.”



It’s no surprise he received the Canadian Sovereign’s Medal for Volunteers recognizing his years of work with the Royal Canadian Legion providing Canadian veterans with affordable housing, and with the Kinsman Club providing food for the hungry and raising funds and awareness for cystic fibrosis treatment. He also spent years teaching CPR and first aid to communities, fire departments and RCMP trainees. Pat should have received the medal from the hand of Queen Elizabeth II’s representative, the Governor General, in Ottawa, but the pandemic forced the event to be moved to the Canadian Consulate in Dallas. **NOW**

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Zoomed In: Joseph Mendoza

By Adam Walker

The pandemic has been hard on everyone, but the elderly in nursing homes, like Laurenwood, have been especially isolated. So, when Duncanville High School's student council suggested doing something about that, Joseph Mendoza, a junior class representative, was all in.

"Seniors can't go anywhere, so we went to see them through the windows and painted the windows to give them something fun to look at. Some of us painted holiday greetings or flowers. I painted balloons. I used to do art in junior high, but I haven't done it for years. Mr. Williams made sure we all wore masks and gloves to stay safe, but it was great to finally meet the rest of the student council, and art students came out to help, too!"



Jalaysi'ya Smith, Mia Abraham, Coach June Villers, Logan Neely and Lacie Deboskie celebrate track signing day.



Collegiate Scholar, Christian James, shares the weather with Cedar Hill ISD after interning at a local TV channel.



CHHS students prep for Ready, Set, Teach tutoring elementary students.



Havoc Flag 6U team wins the state championship.



Duncanville Community Theatre presents Showtime in the Park.



First Methodist School staff and students celebrated Veterans Day by wearing camo!



Concord Church's Pastor, Bryan Carter, presents a donation to Denise Root and Dr. Gerald Hudson of CHISD to buy hotspots for students.



Mark Arguello cooks for the community he loves at Mudhook Bar and Grill in Duncanville.

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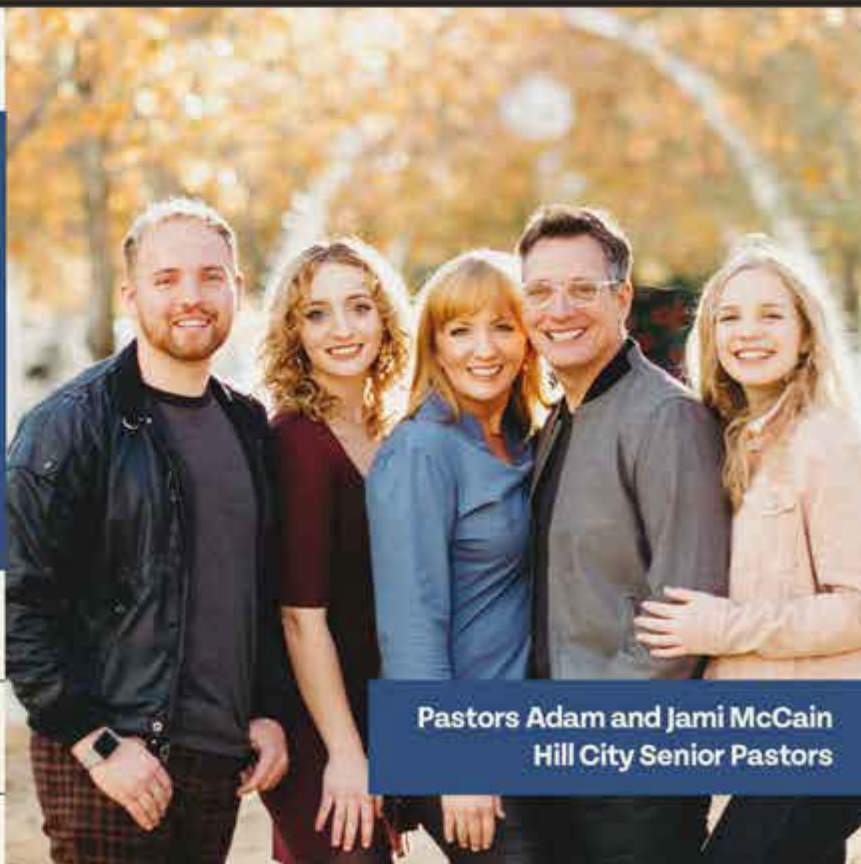
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CookingNOW

In the Kitchen With CHRISTOPHER SIMMONS

— By Adam Walker

Chef Christopher Simmons loves barbecue. “Coach Frank Orona taught me, at the early age of 10, to man the grill for the DeSoto Youth Football games,” Christopher said. “He taught me things like starting the grill, seasoning meat and even how to use my charisma to turn uninterested people into paying customers. Cooking is my calling, my passion, my oasis. To see a person’s reaction after the first bite is a rush like no other.”

Until recently, the main beneficiaries of Christopher’s passion and skill have been his son, Xzavier; the rest of his family; his friends; and his Omega Psi Phi fraternity brothers. He works as an insurance agent, but has recently added a side business, The Qulinary Oasis BBQ Trailer, to further spread his passion. **NOW**

Smoked Brisket

1 12- to 14-lb. whole packer brisket
2 Tbsp. coarse kosher salt
2 Tbsp. coarse ground black pepper
2 Tbsp. garlic powder (optional)
Oak or hickory wood, for smoking

1. Store the brisket in the refrigerator until ready to start trimming. Flip the brisket over, so the point end is underneath. Remove any silver skin or excess fat from the flat muscle. Trim down the large crescent moon-shaped fat section until it is a smooth transition between the point and the flat. Trim excessive or loose meat and fat from the

point. Square the edges and ends of the flat. Flip the brisket over; trim the top fat cap to about 1/4-inch thickness across the surface of the brisket.

2. In a mixing bowl, combine salt, pepper and garlic powder, if using. Shake to evenly distribute on all sides of the brisket.

3. Preheat a smoker to 225 F using indirect heat and hardwood smoke. Place the brisket on the smoker with the point end facing the main heat source. This is a thicker part of the brisket; it can handle the additional heat. Close the lid; smoke until the internal thermometer reads 165 F; about 8 hours.

4. On a large work surface, roll out a big piece of butcher paper or foil; center the

brisket in the middle. Wrap by folding edge over edge, creating a leak-proof seal all the way around. Return the meat to the smoker, seam side down, so the weight from the brisket crimps the edges of the paper wrap down tightly.

5. Close the smoker lid. Maintaining 225 F, continue cooking until the internal temperature of the brisket reaches 202 F in the thickest part of the meat, about 5-8 hours.

6. Remove to a large cutting board; allow to rest for 1 hour before slicing. Slice both the point and the flat against the grain with a sharp knife; serve immediately.

Brisket Queso

2 qts. heavy whipping cream
1/2 block (2.5 lbs.) American cheese
1 can black beans
2 cans Ro-Tel
1 lb. smoked brisket, chopped

1. Warm the cream on medium until hot.
2. Whisk in the cheese, slowly, until melted. Bring to a slight boil. Keep stirring until the cheese sauce thickens, about 5-10 minutes.

3. Once sauce sticks to the back of your spoon, add the beans, Ro-Tel and brisket. Keep on medium-low for another 10-15 minutes, stirring often. Serve immediately.

Granny's Taco Soup

1 lb. ground beef
1 pkg. taco seasoning
1 pkg. Hidden Valley Ranch Dressing Mix, dry
1 can water (for broth)
4 cans Ro-Tel, with juice
1 can Ranch Style Beans
1 can black beans, drained and rinsed (optional)
1 can whole kernel corn, drained
Frito or tortilla strips (optional)
Shredded cheese (optional)
Sour cream (optional)
Avocado or lime wedges (optional)
Scallions, chopped (optional)
Cilantro, chopped (optional)

1. Brown and drain the ground beef. Mix in taco seasoning and ranch dressing.
2. Add water and all canned ingredients; mix well. Simmer for about 30 minutes.
3. Layer a bowl with chips; add soup. Top with shredded cheese and sour cream; garnish with slices of avocado or lime, scallions and cilantro.

Brisket Chili

4 slices thick-cut bacon
1 3- to 4-lb. beef brisket, trimmed and cut in 1/4-inch cubes
Kosher salt, to taste
Pepper, to taste
Onion powder, to taste
2 cups white onion, diced small
1 Tbsp. paprika
1 Tbsp. cumin powder
3 1/2 Tbsp. Texas chili powder (Mexene or Gebhardt's)
1/2 tsp. dried thyme
1/2 tsp. chipotle chili powder
1/2 tsp. salt
5 garlic cloves, pressed through a garlic press
1/2 cup strong black coffee
1 qt. beef broth (divided use)
1 28-oz. can whole tomatoes, in juice
Sharp cheddar cheese, freshly grated, to taste
White onion, minced, to taste
Fritos, to taste
Jalapeños, to taste

1. Fry the bacon; remove from the pan. Increase the heat to medium-high. In the bacon fat, brown the brisket cubes in 3

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batches, making sure not to crowd the pan. You want to develop as much browning as possible. Season liberally with salt, pepper and onion powder while browning. Set meat aside.

2. Add onions; stir in a pinch more salt. Cook down, scraping the bottom of the pan to release the brown bits and brown the onion. Add all of spices; stir into the onions. Cook 2 minutes.

3. Add garlic; stir. Cook 1 minute.

4. Add seared beef back to the pan. Add coffee and 2 cups of the beef broth; stir well.

5. Use your hands to break up tomatoes as you add them to the pan. Add tomato juice.

6. Stir well. Crumble in bacon. Place the lid on the pot; simmer gently over low-medium for 2 1/2 to 3 hours. Add additional 2 cups of beef broth as necessary.

7. Serve topped with cheese, onion, Frito chips and jalapeños.

Smoked Ribs

Kosher salt, to taste

Coarse black pepper, to taste

2-3 racks of pork spare ribs,

Saint Louis cut

Yellow mustard, to taste

John Henry's Pecan Rib Rub, to taste

Hickory wood

Apple juice, in a spray bottle

Brown sugar, to taste

Heavy duty foil, 18-inch

1 squeeze bottle of honey

2 bottles of squeeze butter

1. Generously apply salt and pepper to the bone side of the ribs. Flip the ribs over; apply a coating of yellow mustard to the meat side. Apply a light coat of salt and pepper; let sit for 10-15 minutes. Generously apply John Henry's Rub to the meat side. Let set until the rub gets a "wet" look, showing that it has absorbed moisture from the mustard and the meat juices.

2. Ready a smoker for cooking at 225-240 F using indirect heat and hickory wood for smoke. Place the ribs directly on the smoker grate; cook for 3 hours. Spritz with apple juice every 45 minutes.

3. Remove the ribs. Spread a handful of brown sugar on foil. Squeeze a generous amount of honey and butter atop the brown sugar. Place the ribs, meat side down, on the mixture. Wrap tightly with additional piece of foil. Place back on the grill indirectly.

4. After 2 hours, unwrap them once again; place them back into the smoker at 225-240 F to firm up the crust and finish cooking.



Smoked Ribs



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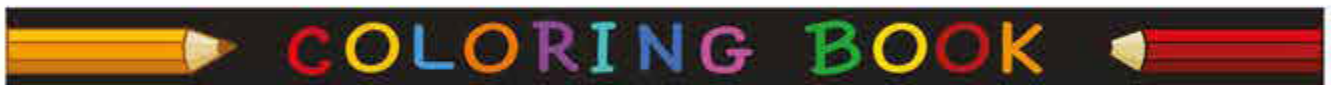
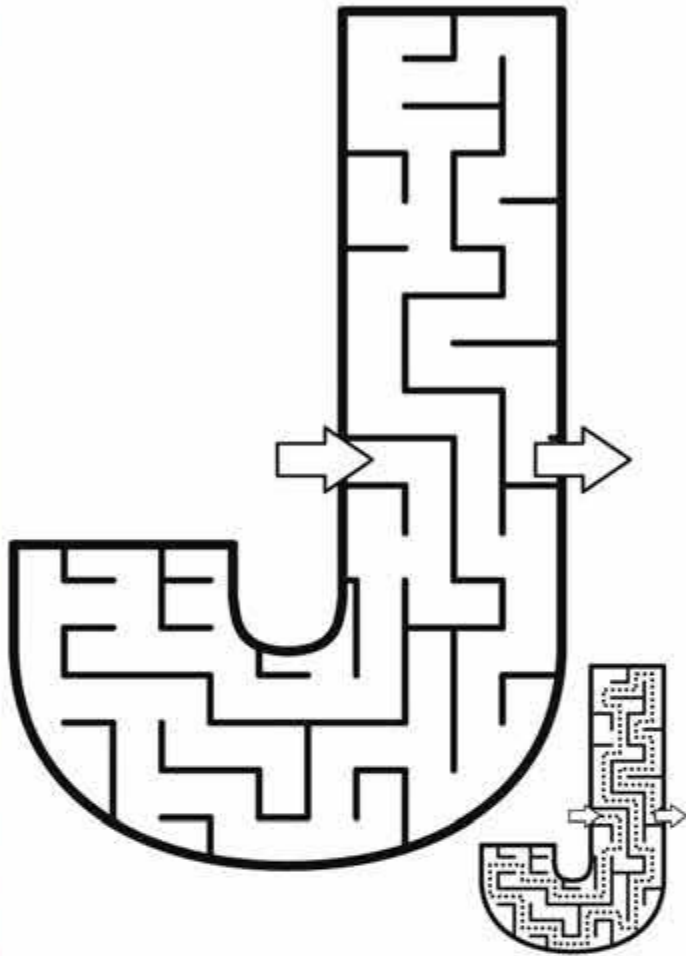
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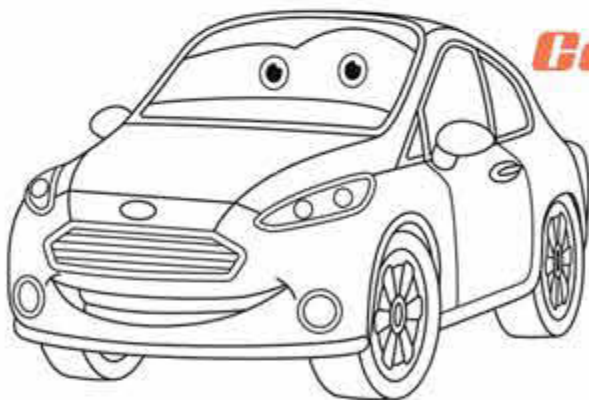
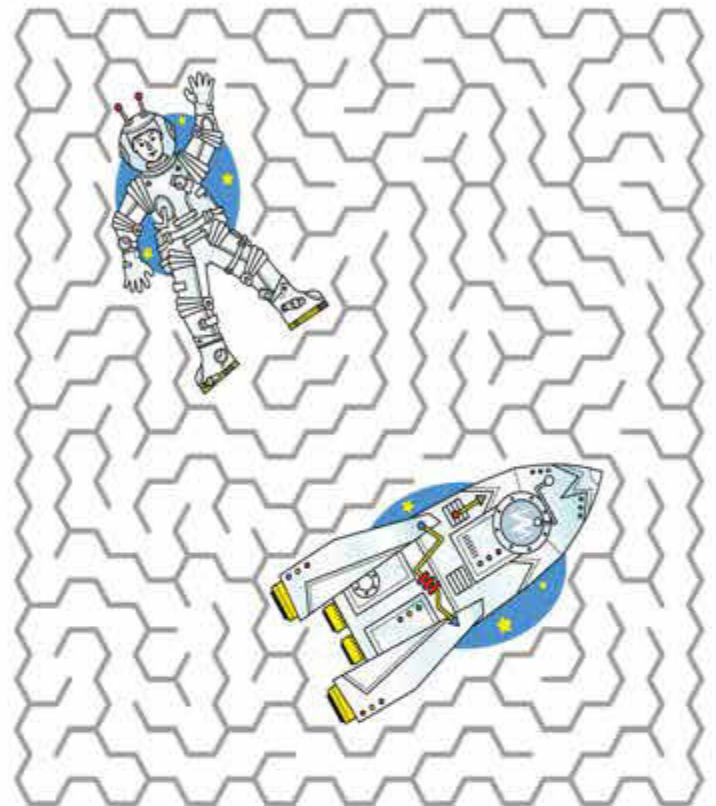
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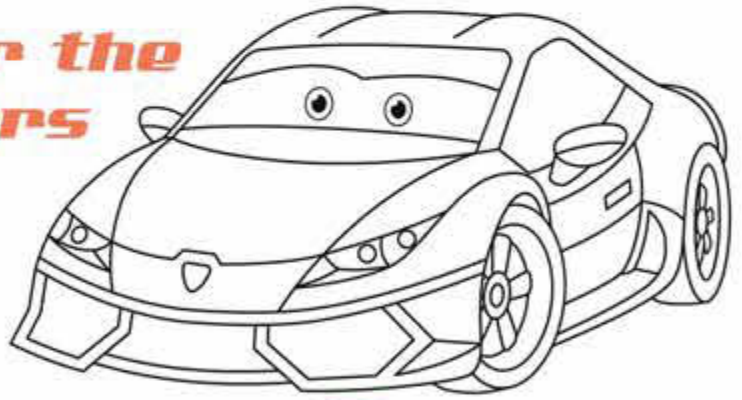


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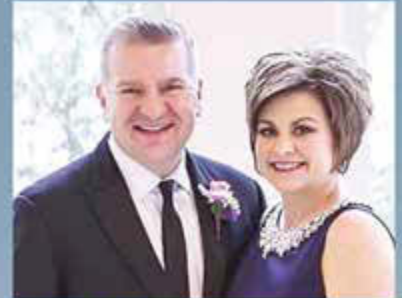


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— TALES OF TEXAS —

LOVER OF LIBERTY

— By Virginia Riddle

José Antonio Navarro's life and contributions to the birth of Texas are reflected on his historical marker erected in 1936 as part of the celebration of the 100-year anniversary of Texas independence from Mexico. Born in 1795, José Antonio saw his native land through much turmoil, war and change.

José Antonio's journey into Texas history began with his father, Don Ángel Navarro's (1748-1808) decision to leave his native Isle of Corsica to journey as a cabin boy aboard a Spanish galleon to Veracruz, Mexico. He became a successful merchant and married María Joséfa Ruiz, an aristocrat and native of San Antonio. He made his family's home in Texas for the remainder of his life. Don Ángel believed in truth, honor and freedom and passed those beliefs to his son, José Antonio.

A Mexican army unit led by a Spanish general, Joaquín de Arredondo, entered San Antonio in 1813. José Antonio's older brother, José Ángel Navarro, was a lieutenant in the infantry at the time. These lands had been claimed by the French, Spanish, United States and various Native American peoples. When José Ángel refused to carry out orders against these occupying persons, and it became clear that the family supported Mexican independence, he was relieved of his command and fled for his life to the interior of Mexico.

José Antonio was educated in Mexico but had left school at age 13 to help support his family in San Antonio following his father's death. When José

Ángel was relieved of his command, the rest of the family had to flee as well. María took the minor children with her, and José Antonio, who was 18 at the time, went to Louisiana. Three years later, he returned to find his mother and siblings nearly destitute, so he went to work to support the family. Mostly self-educated, he became successful as a merchant, rancher and land investor. In 1825, he married Margarita de la Garza y Flores, a native of San Antonio. The couple would have seven children.

In 1828, José Antonio's political career began when he was appointed representative of Bexar and the State of Coahuila by Mexico and to the federal congress in Mexico City. He purchased a ranch near San Antonio and moved his family there, while also being elected as that area's representative to the Congress of Texas. José Antonio was elected in 1833 as senator by the State of Coahuila's Junto Electoral. He supported Texas statehood, so by 1835, José Antonio declined serving further in Mexican political offices.

The following year, José Antonio was elected to represent Bexar District at the Washington-on-the-Brazos convention. He became the seventh signer of the Texas Declaration of Independence. José Antonio was one of three Mexican signers, and one of two native-born Texas signers.

Mirabeau Bonaparte Lamar, president of the Republic of Texas, appointed José Antonio as commissioner of the Santa Fe Expedition, which was undertaken in 1841. While José Antonio didn't favor the annexing of Eastern New Mexico into the new republic, as planned by President Lamar, he was persuaded to go. Mexican officials took the expedition's members captive and marched them over 2,000 miles to Mexico City. Many of the captives didn't survive.

Upon arrival, José Antonio was interrogated and offered freedom and a

return to government service if he would renounce allegiance to the Republic of Texas. He chose not to and was convicted of treason and sentenced to death. His sentence was commuted to life imprisonment. José Antonio endured Mexican dungeons for four years, until he escaped and boarded a ship from Veracruz, Mexico, to Cuba. From Cuba, he sailed to New Orleans, and then to Galveston. He returned to his ranch in 1845 and was welcomed as a hero. He was the only Tejano delegate to the 1845 Constitution Convention and was twice elected to the state senate. In retirement, José Antonio became a historical and political writer and newspaper contributor.

Respect for José Antonio Navarro's patriotism and leadership, granted to Texas in its formative years, has led to the naming of Navarro County and several schools and streets in his honor and memory. The city of Corsicana, Texas, was named by José Antonio in honor of his father's homeland. In 1871, he died at his San Antonio home, now Casa Navarro State Historic Site. **NOW**

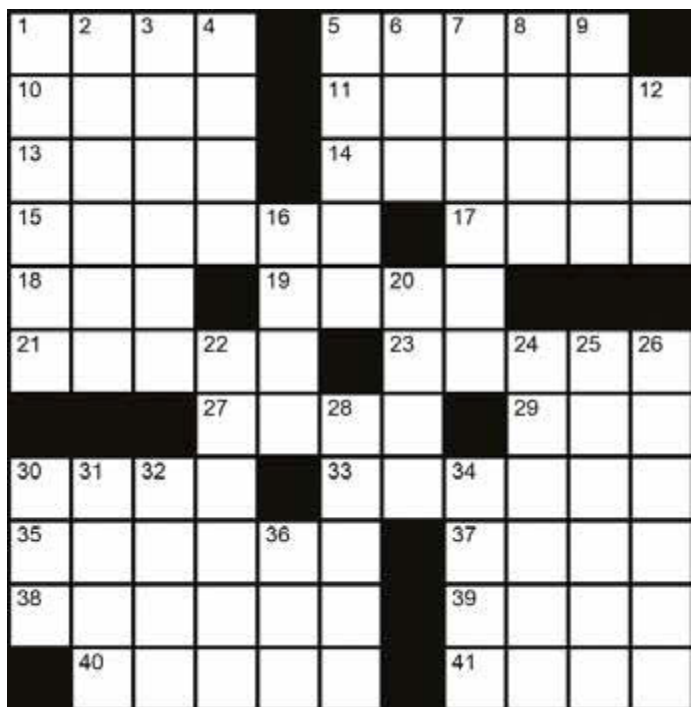
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3. www.thc.texas.gov/historic-sites/casa-navarro.
4. Various documents in the holdings of the genealogy department of the Corsicana Public Library.

Photo Credit:

Photo of José Antonio Navarro's statue on the Navarro County Courthouse grounds courtesy of Virginia Riddle, LLC.

Crossword Puzzle



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Across

- 1 Got grayer
- 5 Catch you later
- 10 Hint
- 11 Most Kurds
- 13 Popular type of party, often at universities
- 14 Horn of Africa resident
- 15 Spain and Portugal
- 17 Above
- 18 Indian flatbread
- 19 Speck of soot
- 21 First US orbiter
- 23 Leading soap actor Anthony ---
- 27 "And the rest," in short
- 29 Aviation regulator
- 30 What a soufflé should do
- 33 Recurrent
- 35 Said by a confessor
- 37 Mary Jane
- 38 Calibre
- 39 Skip over
- 40 "Grab --- of the life preserver"
- 41 Coolers

Down

- 1 Job for a thespian
- 2 All over the world
- 3 Seat of the University of Oregon
- 4 Costly
- 5 Indian tea state
- 6 Laurel and Hardy, for example
- 7 Mean it about a con
- 8 The show comes --- 9
- 9 Missile housing
- 12 Drink daintily
- 16 "--- it romantic?" (Rodgers & Hart)
- 20 Hard on the eyes
- 22 ... on a --- know basis
- 24 Burning
- 25 Dried grape
- 26 Regatta entrants
- 28 Portrayed
- 30 Edge
- 31 Concept
- 32 Darth Sidious's group
- 34 Karate blow
- 36 Off-color

Solutions on page 44

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Mary Jones - \$50 Cash
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Sudoku Puzzle

Easy

	5					9		
	6			7	5			8
					2		6	
		5			3	2		
	4		7				9	
6		3	2			1		
		4						9
	2		3				1	
	9	1			7			3

Medium

					8	2		3
	5	2					8	
7							4	
	9				3			
2				7		6		
		6			9			1
		4						
	3			8		9	2	
			7	6				

For online versions, visit nowmagazines.com

Crosswordsite.com Ltd

Solutions on page 44

Happy New Year!



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NEW YEAR

Happy

JANUARY

Due to COVID-19, some events may have been cancelled or rescheduled while we were at press. Check with individual organizations or your city or Chamber websites to verify dates and times.

1/10

Hike + Yoga:

Enjoy a yoga class and a group hike in nature. \$20. 3:00-5:00 p.m., 7171 Mountain Creek Pkwy., Dallas.

1/16

Midlothian Opry:

Features old country and gospel music. 7:00-9:00 p.m., Midlothian Civic Center, 224 S. 11th St., Midlothian.

1/18

Cedar Hill MLK Celebration:

Join Dallas Black Dance Theater and Cedar Hill High School

Choir in a celebration of Dr. King's life and legacy. Free. 6:00 p.m.

Visit cedarhilltx.com/mlk for the Zoom link.

Fridays

Heroes and Helpers Story Time.

10:30 a.m. on the Zula B. Wylie Library Facebook page.

Last Fridays

Poetry Night:

Join an open mic night, open to all ages, talents and styles. Authors and musicians welcome. Black and Bitter Coffee, 100 S. Main St., Duncanville.

Saturdays and Sundays

Duncanville

Pop-Up Market:

Come enjoy food and shopping with amazing vendors, artists, creators and musicians. Free. Noon-5:00 p.m., 511 E. Camp Wisdom Rd., Ste. A, Duncanville.

First and Second Saturdays

Vision Boards:

Come with your dreams, all materials provided. Refreshments served. Home large enough for social distancing. \$25. Noon-2:00 p.m., 214 Cozy Ln.,

Cedar Hill. Call (214) 515-2884 to RSVP.

Third Saturdays

Duncan Switch Saturday Street Market:

The event includes vendors, food and fun. 9:00 a.m.-3:00 p.m., Main and Center streets, Duncanville.

Submissions are welcome and published as space allows. Send your current event details to adam.walker@nowmagazines.com.

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Crossword - Sudoku Solutions

1	A	G	E	D	5	A	D	I	O	S	
10	C	L	U	E		11	S	U	N	N	I
13	T	O	G	A		14	S	O	M	A	L
15	I	B	E	R	I	A		17	A	T	O
18	N	A	N		19	S	M	U	T		
21	G	L	E	N		23	G	E	A	R	Y
					27	E	T	A	L		
30	R	I	S	E		33	C	Y	C	L	I
35	I	D	I	D	I	T		37	H	A	S
38	M	E	T	T	L	E		39	O	M	I
								41	P	E	N

Easy

1	5	8	6	3	4	9	7	2
2	6	9	1	7	5	4	3	8
4	3	7	9	8	2	5	6	1
9	1	5	4	6	3	2	8	7
8	4	2	7	5	1	3	9	6
6	7	3	2	9	8	1	5	4
3	8	4	5	1	6	7	2	9
7	2	6	3	4	9	8	1	5
5	9	1	8	2	7	6	4	3

Medium

4	6	9	1	5	8	2	7	3
3	5	2	9	4	7	1	8	6
7	8	1	2	3	6	5	4	9
8	9	7	6	1	3	4	5	2
2	1	3	5	7	4	6	9	8
5	4	6	8	2	9	7	3	1
1	7	4	3	9	2	8	6	5
6	3	5	4	8	1	9	2	7
9	2	8	7	6	5	3	1	4

*Start the New Year
with a Healthy Smile!*

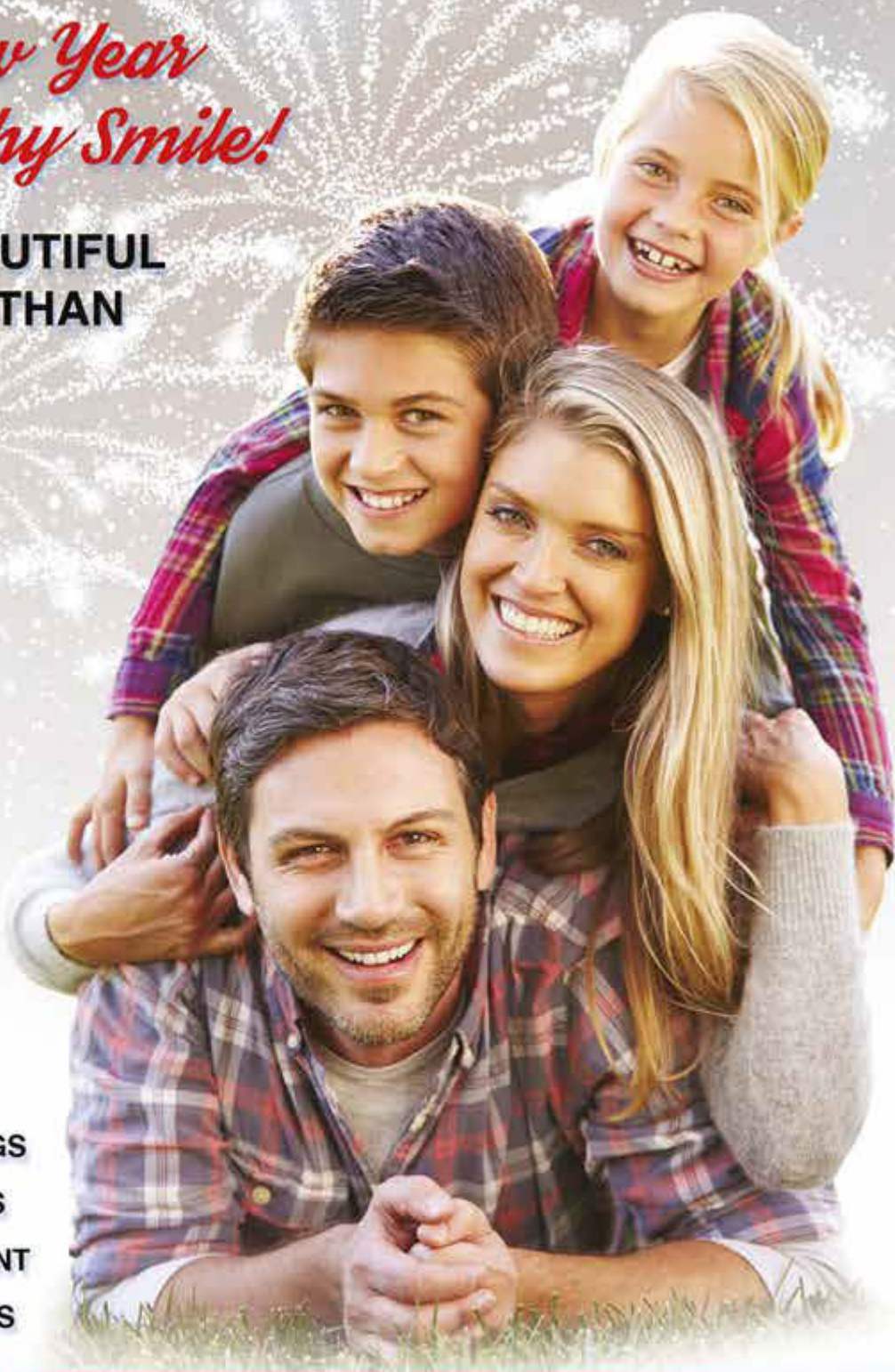
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