# Corsicanalow

JANUARY 2020

M A G A Z I N E

# The Art of Inspiration

Rebecca White is uniquely gifted

# Anything Is Possible

Community role models inspire the next generation

Also inside: Scavenger Hunt

Featured Business: Mls. Arlene's Kountry Kitchen

In the Kitchen With Nicci Ferguson

GTE TRIBIN BOATRON & U GIAN XT BALLIAG CENCK TRIMISM

....ECHWSS EDDW....



# VAN HORN ORTHODONTICS

# BEST OF THE BEST

Zero down | Interest Free | Easy Payments | No Referral Needed | Offices in Corsicana and Fairfield

Van Horn Orthodontics | (903) 872-1200 | 1450 West Second Ave. • Corsicana, TX









# THE ART OF INSPIRATION

Rebecca White creates for joy and therapy.

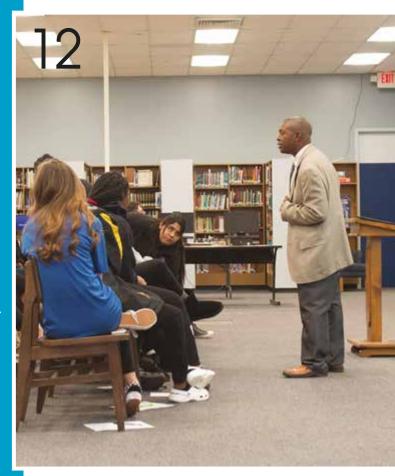
12 ANYTHING IS POSSIBLE

From disbelief to belief in oneself — that's the message.

**26** ADVENTURE AWAITS

Experience feelings of Hózhó

Experience feelings of Hózhó with a visit to the Moab/Bluff, Utah area.



18 BusinessNOW

20 Around TownNOW

22 CookingNOW

Publisher, Connie Poirier | General Manager, Rick Hensley

#### **EDITORIAL**

Managing Editor, Becky Walker | Corsicana Editor, Virginia Riddle Editorial Assistant, Rachel Smith

Writer, Bill Smith

Editors/Proofreaders, Lisa Bell . Sally Fuller . Angel Morris

#### **GRAPHICS AND DESIGN**

Creative Director, Chris McCalla | Artists, Kristin Bato . Martha Macias Anthony Sarmienta . Jennifer Stockett

#### **PHOTOGRAPHY**

Photography Director, Chris McCalla Photographer, Memories by Melissa

#### **ADVERTISING**

Advertising Representatives, Linda Moffett . Melissa Stacy Linda Roberson . Bryan Frye . Cherise Burnett . Dustin Dauenhauer Kelsea Locke . Lori O'Connell . Steve Randle . Keri Roberson Joyce Sebesta

Billing Manager, Angela Mixon



#### ON THE COVER

Intricate and colorful paintings are Rebecca White's trademark.

#### **Photo by** Memories by Melissa.

CorsicanaNOW is a NOW Magazines, L.L.C. publication. Copyright

CorsicanaNOW is a NOW Magazines, L.L.C. publication. Copyright © 2020. All rights reserved. CorsicanaNOW is published monthly and individually mailed free of charge to residents in Navarro County.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (903) 875-0187 or visit www.nowmagazines.com.









# NEW YEAR, NEW YOU!

Call Today to Schedule Your Post-operative Rehabilitation

- Knees
- Respiratory
- Shoulders

- Hips
- Wound-care
- Physical Therapy

- Spine
- Strokes
- Occupational Therapy

- C
  - Cardiac IV
- Speech Therapy



903-872-2521





Virginia Riddle

Corsicana NOW Editor

virginia.riddle@nowmagazines.com

(903) 875-0187

### **EDITOR'S NOTE**

Welcome new beginnings!

January always brings a hope for a bright future filled with new attitudes and resolutions. My family received the best gift last New Year's Eve, and it's one that we will celebrate every year — my granddaughter, Kyrie, born just a few hours before the ball dropped in New York City. Happy first birthday, little one. You'll always have fireworks on your day!

The world slows down as NFL teams head into playoff games leading to February's Super Bowl weekend. This phenomenon has been happening since 1967, and fans have anticipated each match since. My husband will be parked in front of our television, and I even enjoy watching the ads and halftime performances.

The long, cold nights have put my gardens to rest, but not before my village of squirrels gathered all my pecans and nearly all my pears. I've enjoyed, during the past months, watching as they "squirreled away" provisions by digging holes in my yard and burying pecans. Unlike my dogs, the squirrels very neatly cover the nuts and completely fill the holes. I wonder if, when needed, they find all their treasures. I'll be on the watch as I perform my winter gardening job of clearing brush, making way for new growth in my pastures.

Many of you note that I always have a camera in hand. That's nothing new. My first camera, a Christmas present in 1954, was a Brownie. During a recent interview, one of you inspired me to display my camera collection, including film and flashbulbs. It was fun sharing the collection with my kids and grandkids over the holidays.

Until we meet again "Around Town!"





#### ACCEPTING NEW MEDICARE PATIENTS AND MOST INSURANCES



Wayne Kemp, FNP-C,

- WALK-IN CLINIC FROM 8 A.M. TO 9 A.M. FOR ESTABLISHED PATIENTS ONLY (SICK VISITS ONLY/NO APPOINTMENT NEEDED)
- SAME DAY APPOINTMENTS AVAILABLE
- IN-HOUSE LAB

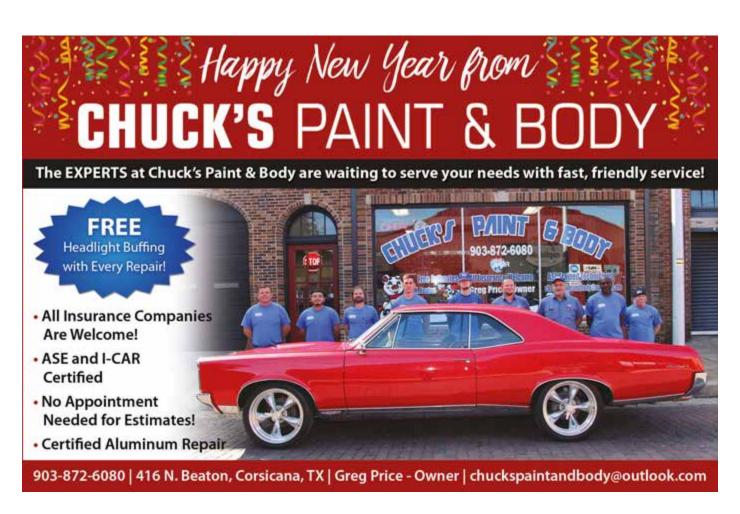
- Infant/child health & immunizations
- Adolescent health
- Women's health (including pap smears)
- Men's health (including low testosterone treatment)
- Geriatrics Psychiatric care
- Joint injections Hypertension
- Diabetes Weight loss management
- Arthritis
   Asthma
- · ADD/ADHD (for children and adult)
- COPD/emphysema
- Family planning (including Nexplanon insertion)



DR. FREDRIC C. PUCKETT FAMILY MEDICINE CLINIC (972) 875-6200 | 2203 W. Lampasas St., Suite 111 • Ennis

www.ffmclinic.com • www.facebook.com/DrFredricPuckett













"Creativity takes courage." This famous quote of French artist Henri Matisse could not be more evident than in the life of local artist, Rebecca White. Using various media and methods, Rebecca creates inspirational art, whether it's painting, jewelry-making, baking elaborate cakes or even cooking a meal for 30 people.

A self-described "Army brat," Rebecca said she was from many places until she settled in Corsicana in 1991. She and her husband, Jerry, met in high school in Corsicana, and he is undoubtedly the biggest fan of her art.

"In high school, our art teacher challenged me to go into a room that had a jar on a table with a water lily seedpod in it. I had two hours to draw it as an art project. I finished in 20 minutes. I figured if I couldn't do it in 20 minutes, I would not be able to do it in two hours," Rebecca remembered.

Another early test was to draw a picture while focusing on the subject and not looking down at the paper on which she was drawing. Rebecca related, "The subject was our school custodian. He always wore a railroad cap and had a pipe in his mouth. I came up with a pretty good likeness, and the picture won a gold key and hung in the Texas Governor's Mansion for a while."

When inspiration strikes, Rebecca can turn out as many as five paintings in a day. Much of her painting is in acrylic on tapestry or 5-inch-by-7-inch art board. Some of her work is on display for sale at a local gift shop, while other pieces have been sold through the Navarro College Computer Club as a fundraiser.

Though offered a couple of scholarships to pursue art education beyond high school, the twists and turns of life did not allow her to accept those opportunities, so Rebecca is self-taught. However, there is an inspiration and creativity that springs from inside her that probably could not be improved upon by formal instruction. Rebecca's unique gift includes seeing a mundane picture on the Internet that inspires her creativity. For example, she may begin with a picture of a horse, but the final product will be a multicolored unicorn that sparkles when light hits it. There may be a small, intricately drawn fairy in the picture that is accurate down to the tiniest details of long, flowing hair, a shiny scepter and fairy dust that makes the stars in the background twinkle. She may use fluorescent paint or perhaps add highlights in black ink after the acrylic dries.

Another outlet for Rebecca's artistic talent is making jewelry. She very creatively uses beads to make bracelets and necklaces designed for women's casual to formal attire. "She throws everything she has into whatever she is doing at the time. Both her painting and the jewelry-making help her to focus, and during those projects, her hands are calm," Jerry shared.









Leslie Melton 903.851.3432

903.875.2265 108 S. Beaton St., Corsicana www.citytxrealestate.com







469.556.0024



Linda Blake 972.351.4521



Amelia Valdez Broker Associate 469.658.5506



Shellie Smiley York 469.245.5274



**Tina Bow** 254.205.9621

#### Home loans just became even more affordable.

- 100% financing available
- FHA financing with 580 FICO minimum credit score and a max LTV/CLTV of 96.5%
- First-time homebuyer programs
- Cancellable, reduced mortgage insurance
- Refinance to rehabilitate your home



Contact me today for your free consultation!



Staci Fincher NMLS #469883 Sales Manager/Senior Mortgage Loan Originator 108 S. Beaton St. | Ste. K | Corsicana, TX 75110 M: 469.242.2248 | sfincher@guildmortgage.net

Guild Mortgage Company is not affiliated with City Real Estate. Guild Mortgage Company is an Equal Housing Lender; NMLS #3274 (www.nmlsconsumeraccess.org). All loans subject to underwriter approval; terms and conditions may apply. Subject to change without notice. (17-96545)

Rebecca suffered a stroke in 2008. As a result, much of the time her hands and arms tremble, and at times, speech is difficult. "We have been to many doctors, and they have suggested numerous treatments, such as music, meditation, lighting, etc. The suggested treatments will have some positive effect for about six weeks. Then I am back to where I was after the stroke." Rebecca revealed. Her art and beadwork are the exceptions, and she and Jerry are more than content with their lives today.

Rebecca's artistic talent flows to other areas that she has enjoyed over the years, including cooking large meals and baking. "I have made cakes that were too realistic to cut. One for a baby shower included the typical baby things like the cradle and blanket. All of it was edible, but the guests would not cut it because it was too pretty," she recalled.

"At Thanksgiving one year, there was no turkey, but instead a beef crown roast, complete with olive garnishes. There were two large baking hens, one cooked with garlic, cloves and honey, slow-cooked and filled with fruits and nuts. The other was cooked in 'garlic mud,' which is a combination including 10 heads of garlic blended to the consistency of mud with Tabasco sauce, oil and flour. The 'mud' is broken off of the hen after it is baked, and Jerry described the flavor as 'amazing."

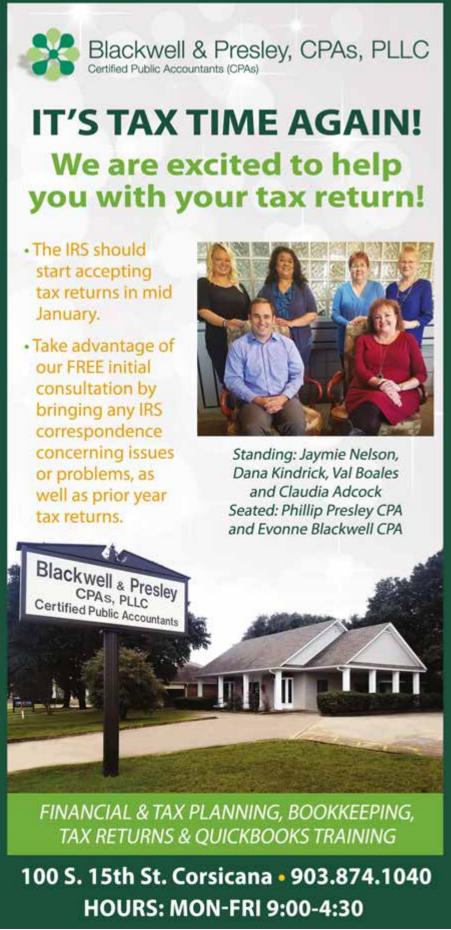


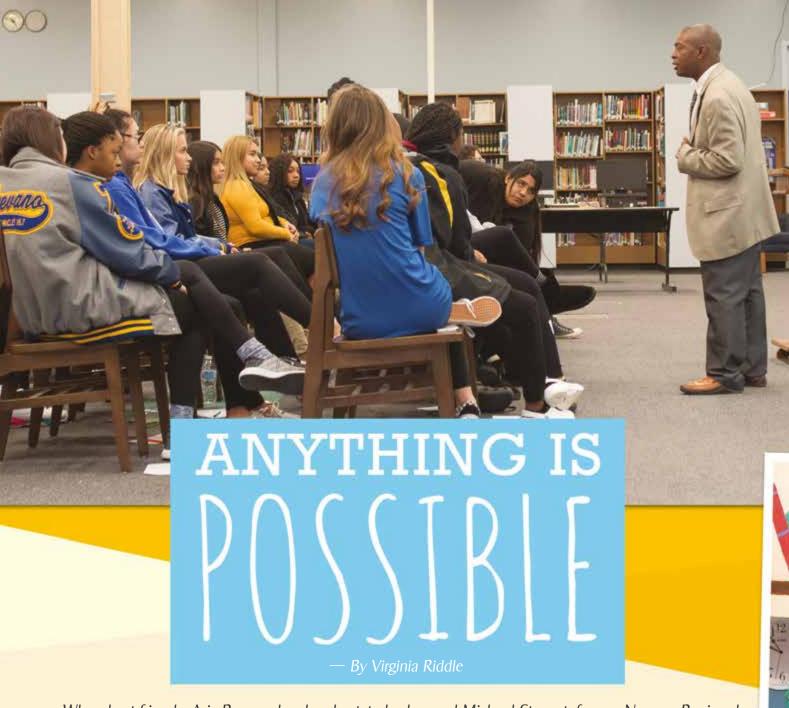


There have been times in their lives that were very lean from a worldly perspective, but Rebecca and Jerry smile at each other and recall those as times when they were growing closer to each other. Though they admit they do not have an abundance to share, they have been blessed to bring others who needed assistance into their home because they understand what it means to be down and out. They recalled once bringing in someone who said she knew she could make it if she just had help for one month. One month to the day, she moved out, got a job, her own apartment, went to college and now is a teacher at a Corsicana elementary school.

Their shared sense of community extends to all of Corsicana. They said they would like to have a class to teach youth just out of high school how to cook, and then for graduation have them prepare a large meal to feed Corsicana's homeless.

Rebecca told how recently she gave one of her grandchildren a piece of art board and paints to create something. Her granddaughter painted the entire board with colors of teal, blue, green and agua, and Rebecca said her first thought was, That's not very pretty. However, she looked at it later and decided to use the colorful work as a background. In the foreground, Rebecca painted an owl sitting on a post and gave the finished work to her granddaughter. She said her granddaughter is proud of the painting, because she knows she contributed to it. Rebecca continues to be inspired to create and to inspire others to do so. **NOW** 





When best friends, Aric Bonner, local real estate broker, and Michael Stewart, former Navarro Regional Hospital's CEO, get together, not only do these two community leaders have fun, they also work on solving problems they have identified. The "first to be" in many ways, these two leaders know the pathway to success is hard but achievable. "Michael and I have been afforded many opportunities in life," Aric said. "We wanted Corsicana's youth to experience a way out of the cycle of apathy and see they can be anything in life. Their future depends on decisions they make."

Men of action, Aric and Michael formed Dynamic Empowerment for Youth, Inc. (DEFY, Inc.) in February 2016 as a 501(c)(3) nonprofit. Their diverse board is led by Aric as president, Vice president Dr. Eron Crouch, Secretary Valorie Horn and Treasurer Kyle Glicksman. Other board members include Patricia Daniels, Shonna Franklin, Danzell Lee, Dr. David Lott, Thomas McNutt, Courtney Nelson, Stacy Polk, Ricky Walter and Monica West. "Eron, Ricky, Danzell, Michael, Stacy and I were 'founding fathers," Aric said. "DEFY was mostly self-funded at first. All the monies raised now go directly into the symposiums and the kids."

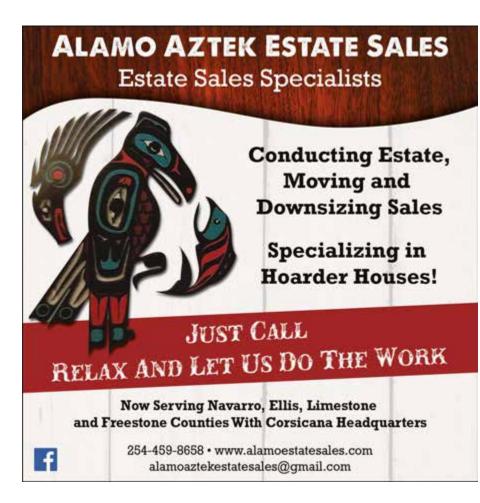
Annually, Corsicana High School students — 60 to 65 boys and 60 to 65 girls — are selected by the school's counselors, based on who they feel will benefit the most, for participation in DEFY. Students can enter at any age or school classification and begin participation in the fall semester. Vivian Arredondo, a proud CHS senior, has participated in DEFY since her freshman year, and the group's inception. "It's exciting!" Vivian shared. "You feel different when you leave a symposium — empowered!"













The annual fall and spring symposiums are held at CHS, the site of most DEFY events. Speakers engage the students, and then 30-plus adult community role models meet in small groups with students for conversations. "Guys are with male role models, and ladies are with female role models," Aric explained. "The only time genders are mixed is at the graduation celebration held at the MLK Center or the Cook Center. Role models come to us by word-of-mouth and must attend an orientation session. They are people who fit with the passion. We encourage role models to stay away from inappropriate or controversial topics, and if they encounter any issues, we ask the concerns be referred to trained school counselors."

Aric, who floats among the symposium's breakout groups, recalls when Thomas McNutt had every boy totally engaged. "He was showing them on a calculator how compound interest worked."

"The symposiums are designed to be relevant and relatable to students," Kyle added. "The role models are there and real to the students." Additionally, colleges, trade schools, VOICE's CAP (College Achievement Program) and all military branches are invited to the spring symposium.

"Exposure' is a big word for us," Aric stated. "We want these kids to see opportunities. We annually fund two scholarships and other items like laptops to graduates to help them."

Vivian, a Corsicana native, also participates in CHS's Youth Entrepreneurs, a partner of the Stand Together Network





sponsored by Ms. Nelson. Vivian has a part-time job and has started a business. She plans to attend Sam Houston State University and major in business management/entrepreneurship. Despite having her own ice pop business at age 6, Vivian said, "Before these opportunities, I still felt lost. Role models tell about their struggles."

"There's lots of excited conversations in the hallways about DEFY," Ms. Nelson added. "Role models speak to any of the students, not just DEFY students, on symposium days. You can see the change in students — they don't feel alone anymore while trying to succeed. Role models have lots of experiences to pass along. It's transformational. DEFY helps students develop their own voices."

Aric agreed, "One DEFY gentleman had committed some nefarious acts. He shared with a VOICE representative, 'I'm behind and a senior. I want to go to college.' At the spring symposium, he told Kyle he was registered for college. DEFY is community- and friend-to-friend-based. We owe thanks to CISD for its support of DEFY, along with community donations of time and monies."

Aric concluded, "The most important component of DEFY's success is the role model. Through role models, students learn that everyone has different viewpoints. That's important. If we can change a student's direction in life in a positive way, the program is satisfying its mission."

Editor's Note: For more information, contact a board member or visit www.thedefygroup.com or its Facebook page.

# REGISTER for SPRING!



Full 16-WEEKS Jan 13 - May 5 1<sup>ST</sup> 8-WEEKS Jan 13 - Mar 6 2<sup>ND</sup> 8-WEEKS Mar 16 - May 5

Register by Jan 7

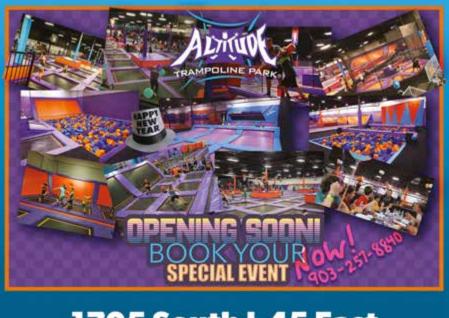
Register by Jan 7

Register by Mar 4

VISIT SCHEDULE.NAVARROCOLLEGE.EDU FOR A FULL LIST OF COURSES.

Navarro College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs or activities

## **OPENING EARLY 2020**

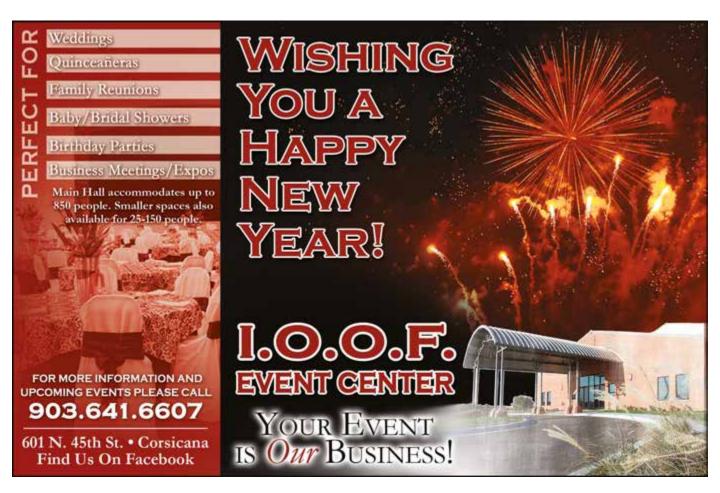


1705 South I-45 East Corsicana, TX 75151













# Ms. Arlene's Kountry Kitchen

- By Virginia Riddle

Ms. Arlene's Kountry Kitchen 122 West 3rd Ave. Corsicana, TX 75110 (903) 851-1171 arlenelagrone@yahoo.com Facebook: Arlene's Kountry Kitchen

Hours: Tuesday-Thursday: 11:00 a.m.-3:00 p.m. Friday: 11:00 a.m.-3:00 p.m.; 5:00-8:00 p.m. Saturday Brunch/Lunch: 9:00 a.m.-2:00 p.m. Sunday: 11:00 a.m.-4:00 p.m.

Closed Monday.

For soul food and much more, take a trip down Corsicana's brick streets to Ms. Arlene's Kountry Kitchen. Here, diners are greeted by Arlene Crawford, whose slogan is, "Food so good, it'll make you wanna slap yo' mama!" Downhome favorites such as hand-breaded chicken fried steak, okra and tomatoes, oxtail, liver and onions, short beef ribs or turkey wings and

mashed potatoes served cafeteria style keep her "regulars" coming and attract "first-timers."

"I make sure my diners are satisfied. I'm passionate about my cooking, but I also make a point to interact and introduce myself," Arlene said. "We welcome first-timers with the ringing of a bell and announce them."

Arlene learned to cook from her parents and grandmother, so she has 40 years of experience. Professionally, she cooked for nursing homes and restaurants before opening her own establishment two years ago. In 2019, Ms. Arlene's Kountry Kitchen earned a five-star Facebook rating and Best of the Best honors in two categories, Best Catfish and Best Home Cooking.

"I do beans and turnip greens daily, but I offer different selections each day otherwise and post the menu for the day on Facebook," Arlene explained. On Sundays, she offers 15 entrees and three kinds of beans. "People like just about anything I cook," Arlene said. "If you have a favorite, come early or call, so I can reserve a serving for you. Otherwise, I can run out." Regulars have their favorite days and menu selections.

For those diners with special dietary needs, Arlene requests they call ahead and let her know. She's flexible and offers gluten free, keto, baked only and no red meat selections with prior notice. She offers a children's menu that includes vegetables. "Growing up, we didn't have meat every day, but we always had something to eat, including vegetables from the garden," she recalled.

> "I make sure my diners are satisfied. I'm passionate about my cooking, but I also make a point to interact and introduce myself."

Take advantage of dining in or taking out, as well as Arlene's catering and special events, such as her date nights and Valentine's Day dinner. During date nights and Valentine's Day dinner, formal table settings, including candlelight, enhance the ambiance. Diners can eat inside or enjoy a picnic on the covered patio. Arlene takes bookings for class and family reunions, birthdays and other special group-oriented activities. "No job is too big or small," she said.

Eight employees help cook, serve, wait tables and wash dishes. However, Arlene always is the head chef. Accepted payment includes cash, debit and most major credit cards. Ms. Arlene's Kountry Kitchen is a member of Corsicana & Navarro County Chamber of Commerce.

A Corsicana native and graduate of Corsicana High School, Arlene said, "I'm a mother to three, grandmother to 13, great-grandmother to one and a sister to four. I've always enjoyed cooking for family." She cites hard work and dedication to the task as her hobbies, "I'm married to those ideals," Arlene added.

Writer and poet, Maya Angelou, once said about soul food: "The best comfort food will always be greens, cornbread and fried chicken." Come on down and enjoy those comfort foods and much more at Ms. Arlene's Kountry Kitchen. NOW



## **Around Town**





Memories, family and friends are abundent at Jimmy and Dawn Haden's 50th anniversary celebration.

#### **Zoomed In:**

By Virginia Riddle

## Woody Williams and Judy Dunavant

Judy Dunavant, retired Mildred ISD teacher and technology director, enjoys camping and kayaking with friends and family. However, those fun times take a back seat to the many volunteer positions she and her husband, Michael, hold. "I'm in James Blair Chapter, DAR," she said. "I was honored to represent DAR in helping host Hershel 'Woody' Williams, one of two living WWII Distinguished Medal of Honor recipients."

Woody, who earned his medal while serving as a Marine corporal at Iwo Jima, works to establish Gold Star Family Memorial Monuments in every state and was a Navarro County monument's groundbreaking ceremony speaker. "I'm the caretaker of the medal for those who didn't come home," Woody said. "These monuments honor families who gave a loved one in service of this country."



Navarro College's annual holiday event, Beauvile, is being enjoyed by Izzy Buckrucker and Elin Butler.



Smiles go with the turkey spaghetti and bake sale at the UMW Fall Harvest Bazaar at FUMC.



When November winds and elections arrive, these Rotary cooks and servers are ready with the chili.



Sharon Richards and Pamela Dunn host Christmas Saturday Mimosas shoppers.



Joyful music fills the air at the Downtown Christmas Tree Lighting Ceremony.



Angels of Corsicana Troop Support play Santa to U.S. active military around the world.



Officers Lana Stites and Michelle Knauth help lead the Alpha Rho Chapter of Delta Kappa Gamma Society International.







Pinterest and Facebook supply Nicci Ferguson with recipes that she and her mom, Donna Ferguson, "adjust" to make their own. "My mom is my inspiration. She's not scared to try any recipe," Nicci said. The first time, they follow the recipe exactly, then adjust on the second time they try it. The third time, Nicci said, "We add and subtract ingredients until we have our perfect version." A favorite example is the S'mores Dip, which is always a hit at International Order of the Rainbow Girls functions.

A Corsicana High School cheerleader, Nicci makes time to paint and be involved in the community. A cook since she was 3 years old, Nicci revealed, "Mac and Cheese is so good, my brother braved a Black Friday crowd for the cheese!" NOW

#### **Blueberry Lemonade Cookies**

Lemon Sugar:

1/3 cup sugar

I tsp. lemon zest, freshly grated

3 drops lemon juice

Cookies:

1 cup sugar

3/4 cup butter, softened

I large egg

2 cups all-purpose flour

1 1/2 tsp. baking powder

1/4 tsp. baking soda

I cup dried blueberries, chopped

I Tbsp. lemon zest, freshly grated

**1.** For lemon sugar: In a bowl, combine all ingredients. Mix well; set aside.

2. For cookies: In a bowl, combine sugar,

butter and egg; beat at medium speed until well mixed. Add all remaining ingredients; continue beating until just mixed.

- **3.** Shape cookie dough into 1-inch balls; roll balls in lemon sugar mix. Place balls 2 inches apart on ungreased cookie sheets. Flatten with the bottom of a glass to 1 1/2-inch circles.
- **4.** Bake at 350 F for 7-11 minutes, or until edges are lightly browned; don't overbake. Cool 1 minute on the cookie sheet; remove cookies to cooling rack.

#### Cran-Apple Pie

Filling:

4 medium Granny Smith apples, thinly sliced

1 1/2 cups cranberries

1/2 cup raisins

1 cup sugar

2 Tbsp. flour

1 Tbsp. cornstarch

2 tsp. lemon peel, grated

1/4 tsp. nutmeg I pie shell, lightly baked

#### Topping:

- 3/4 cup oatmeal (old-fashioned, not instant)
- 1/2 cup pecans, chopped
- 1/3 cup brown sugar, packed
- 6 Tbsp. butter
- 1/3 cup flour
- 1/2 tsp. cinnamon
- **I.** For filling: Preheat oven to 375 F. Combine apples, cranberries and raisins. Add next 5 ingredients; toss to coat fruit.
- 2. Pour mixture into pie shell; pack down gently.
- **3.** For topping: Combine ingredients; mix until moist clumps form.
- 4. Use mixture to top the fruit filling completely. Bake for 40-45 minutes.

#### Mom's Mac and Cheese

- 2 lbs. large elbow macaroni
- I cup butter, cubed
- 1 lb. Velveeta cheese, cubed
- I tsp. salt
- 1 1/2 tsp. pepper
- 1/2 tsp. paprika
- 4 oz. each extra-sharp cheddar, Colby, Monterrey Jack and mozzarella, shredded (divided use)
- 2 cups milk
- I. In a stockpot, cook macaroni in salted water for about 12 minutes; don't overcook.
- **2.** Drain macaroni; return it to the stockpot. Add butter, Velveeta cheese, salt, pepper and paprika; stir.
- **3.** Add 3/4 of the four cheeses; add milk. Stir until cheeses begin to melt.
- 4. Pour mixture into a Crockpot; top with remaining four cheeses. Keep warm until served.

#### **Blueberry Coffee Cake**

- 1 2/3 cups flour
- 1 1/2 tsp. baking powder
- 1/4 tsp. salt
- 1/3 cup butter, softened
- 3/4 cup, plus 2 Tbsp. sugar (divided use)
- 1/3 cup milk (divided use)
- I cup blueberries (if frozen, don't thaw)
- **I.** Preheat oven to 375 F; grease a 9-inch square cake pan.
- **2.** Combine flour, baking powder and salt. Stir well: set aside.
- 3. In another bowl, combine butter and 3/4 cup sugar; beat at high speed until well combined. Add the egg; beat for 1-2





Kay Yates, Carla Steele & Shirley Graham

(254) 855-9359

211 West 2nd Ave., Corsicana, TX

Find us on Facebook at Coyote Kay Creations

vintage furniture, unique items,

rusty and dusty things from the past.

Open Now!

Thu.-Fri. 9:30 AM-4:30 PM

Sat. 9:30 AM-3 AM

minutes, stopping to scrape down the bowl's sides, until mixture is light and fluffy.

- **4.** Stir in half the flour mixture. Stir in half the milk; mix just enough to keep butter smooth and combined.
- **5.** Add the remaining flour and milk; fold in blueberries gently.
- **6.** Pour batter into pan; top with remaining sugar. Bake for 30 minutes until cake springs back when touched in center.

#### S'more's Dip

- 1 Tbsp. butter
- I 3/4 cups milk chocolate chips or semisweet chocolate chips Mini marshmallows, as needed Graham crackers
- **I.** Preheat oven to 450 F. On stovetop, heat a 10-inch skillet on low. When warm, add butter to melt. Use a pastry brush to coat butter on the skillet's sides and bottom.
- **2.** Turn off heat. Add chocolate chips; top with marshmallows, as needed to form a thin layer.
- **3.** Bake on the oven's middle rack for 5-6 minutes, or until the tops of the marshmallows are golden brown. Serve with graham crackers as dippers.



#### **Banana Pudding**

5 cups milk or half-and-half

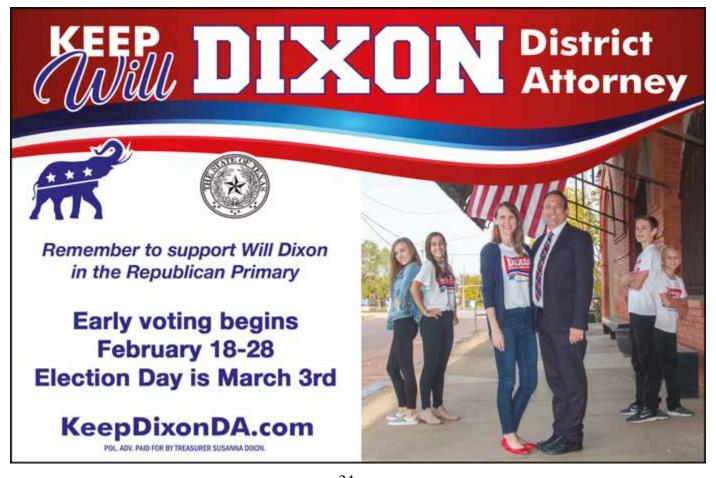
- 1 5.1-oz. box instant vanilla pudding
- 1 3.4-oz. box instant banana pudding
- 2 tsp. vanilla
- I 16-oz. container frozen whipped topping (divided use)Vanilla wafers, to tasteI0 bananas
- **I.** Combine milk, pudding mixes and vanilla; whisk to combine.
- **2.** Add half of the whipped topping to the pudding mixture; mix well.

**3.** In a serving bowl, add a layer of wafers, then pudding, followed by bananas. Top with remaining whipped topping and crumbled wafers.

To search for more great recipes from any of the

9 NOW Magazines

publications, visit www.nowmagazines.com.

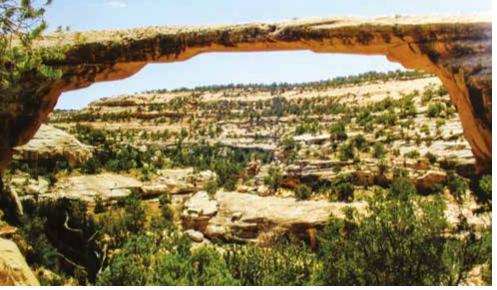


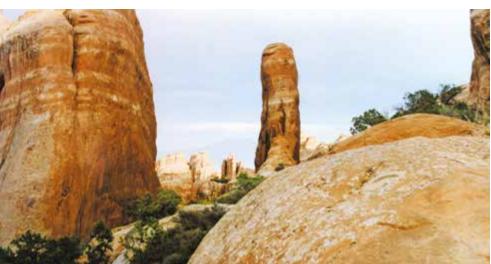
















#### TravelNOW

## Adventure Awaits

— By Virginia Riddle

What is Hózhó? As many adventure-seeking travelers to the Moab/Bluff, Utah, area learn, words don't do justice to this Navajo concept of balance and beauty. The ancient, vast wilderness of Native-American reservations and national parks envelopes visitors. Gone is the hustle and bustle of modern cities as time and space become redefined. Come, breathe deeply and embody Mother Nature's peace, balance and beauty, while hiking, mountain biking, rock climbing, rafting, camping, ballooning, kayaking, bouldering, canyoning, horseback riding, backpacking, stargazing, fishing, golfing, skydiving, bird watching, ATVing or visiting ancient sites.

Travel from the east to Bluff takes folks to the Four Corners, the only place in the U.S. where one can lie down in four states at one time — Arizona, Colorado, New Mexico and Utah! Be respectful of the posted Native-American reservations' laws while traveling through the many scenic miles of open-range grazing on the area Apache, Navajo and Ute reservations. Traveling on the Trail of the

Ancients Scenic Byway brings visitors to Canyons of the Ancients National Monument, Mesa Verde National Park and Hovenweep National Monument. Each location preserves prehistoric native cultures, particularly the Anasazi, interspersed with interpretations of the area's pioneering heritage. More than 6,355 recorded sites in the Canyons of the Ancients give visitors the "highest known archaeological site density in the U.S." Visit ruins of prehistoric to 12th-century archaeological sites and take advantage of free, guided talks and interpretive programs available at the visitor centers and museums of each site.

A listing in 1,000 Places to See Before You Die brings folks to otherwise relatively unknown Bluff, located 100 miles almost due south of better-known Moab. The ancients first settled the area around 650 A.D., and Mormon pioneers founded the town of just over 300 residents in 1880, earning its listing on the National Register of Historic Places.

Adventurers take advantage of outdoor sports and photographic opportunities on the San Juan River, or at nearby Grand Staircase-Escalante National Monument and the Glen Canyon National Recreation Area located west of town. Within an hour's drive in any direction, there are three state parks, Natural Bridges National Monument and the Blue Mountains, home to Manti-La Sal National Forest with lakes and spectacular views.

After busy days spent sporting with one of several guide services, dine and lodge at locally owned restaurants, lodges, cabins, Bureau of Land Management campgrounds or RV parks. Hot tubs and pools are always a welcome way to end the day and meet fellow adventurers from all over the world, while soothing aching muscles and enjoying an "off-the-grid" experience.

Continue northward to Moab, touted as the "Adventure Capital of the United States," famous for its Arches National Park, containing more than 500 natural stone arches sculpted by water, ice, underground salt movement and extreme temperatures. The often snow-capped La Sal Mountains serve as a backdrop to the different shades of red, brown and sand arches. Adventures and photographic moments lie within nearby Canyonlands National Park with its many canyons and buttes formed by the Colorado and Green rivers. This vast park is divided into four ecological districts — Island in the Sky, The Needles, The Maze and the Colorado River and tributaries. All share a desert climate, so stay hydrated when venturing into this wilderness backcountry.

Professional guides, equipment rentals and park services abound, but if going solo, follow all park rules. Moab offers museums and many restaurants and lodging choices, including some national chains. A sunrise or sunset walk in Arches National Park is a must, as is a soak in a hot tub or swimming pool during evenings.

The Moab area was long used by Ute Indians. While the French and Spanish explorers and later prospectors came to the area, it wasn't until the Mormons arrived in 1878 that there was a permanent settlement. Enjoy more beauty by taking the Old Spanish Trail that once linked Santa Fe, New Mexico, to Los Angeles, California, homeward until a dose of Hózhó necessitates a return visit. NOW

Photos by Virginia Riddle, LLC.

## Ferris Tae Kwon Do www.ferristkd.com 972-515-2261



Ferris Tae Kwon Do Little Dragons



Mon. & Wed. 4:00-4:30 p.m.

**Beginner Classes:** 

Mon. 4:30-5:30 p.m. Tue.-Thur. 4:30-5:30 p.m.,

5:30-6:30 p.m.

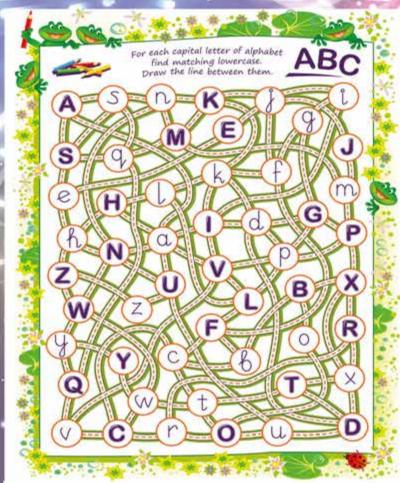
Saturday 10:00-11:00 a.m.

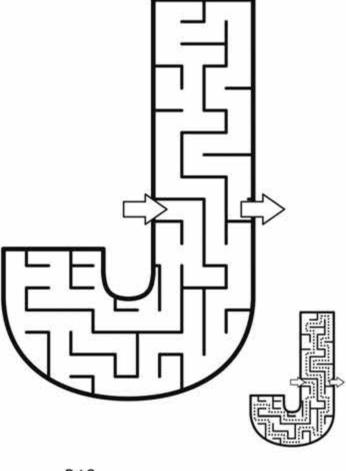






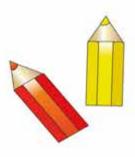
# Mis Fun Page





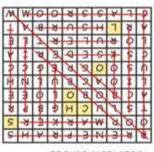
R	R	E	N	Е	Р	R	A	Н	5	
0	0	R	M	Α	R	K	Е	R	S	
Т	S	L	U	C	Н	G	В	Р	R	
Α	C	В	0	В	0	L	0	Е	Е	
L	I	0	Α	С	В	U	L	N	Н	
U	S	0	0	G	R	Е	G	С	C	
С	S	K	S	Е	D	Е	R	I	A	
L	0	R	U	L	Е	R	Т	L	Е	
Α	R	L	Н	5	U	R	В	Α	Т	
С	L	Α	5	5	R	0	0	M	W	

BAG BOOK BRUSH DESK CALCULATOR CLASSROOM GLOBE GLUE MARKER PENCIL RUBBER RULER SCISSOR SHARPENER TEACHER WATERCOLOR



MYSTERIOUS WORD:





200HDS: NOTTU













# We don't want your fingers, We just want your TOWS!



Lockouts • Jump Starts • Roadside Assistance Specializing in Mud Pulls • 24/7 Service Provider



## **B&W TOWING**

428 Southeast Dr., Corsicana, TX 75110 903-872-3349 • Metro: 214-399-1142



# SCAVENGER HUNT WINNERS!



Beth Hudson, winner of the Greentree Pecan gift box, said, "Our family loves the scavenger hunt in CorsicanaNOW, It took three of us to find the turkeys! We appreciate Greentree Pecan and are looking forward to enjoying the gift basket."



Mary Ann Pease said, "Thank you CorsicanaNOW for the \$100.00 gift card. I enjoy reading the magazine cover to cover, It lets me see the stores that may be new in town and the sales they have, and I love the recipes and scavenger hunt, which is the icing on the cake!"



Joe Glass said, "My wife and I enjoy the CorsicanaNOW magazine and look forward to it every month. The opportunity to read about special family accomplishments and find the hidden objects provide us enjoyable times. I especially enjoy Dickey's strong support of the Tiger's football."

## **Crossword Puzzle**

	1	2	3			4	5	6	7	
8		+	1	9	10	1		T	T	
11		+	t	+	T	T	1	$\vdash$	t	12
13	$\vdash$	$\vdash$		14	$\vdash$	$\vdash$		15	t	t
16	T	T	17	Т	t		18		t	t
			19	t	t	20				
21	22	23			24	T	T	25	26	27
28		T		29		T		30		+
31	1	T	32		T	$\vdash$	33		1	t
	34	1	$\vdash$	$\vdash$	$\vdash$	$\vdash$	T		1	+
	35	+	+	+			36	+	+	

Crosswordsite.com Ltd

#### Across

- 1 Angel dust
- 4 Adds
- 8 Citizen of Santa Ana
- 11 Due to
- 13 Morning drops
- 14 Anoint
- 15 Madhouse
- 16 Classify
- 18 Priestly cloak
- re though croan
- 19 "I haven't seen you in --- "
- 21 Leading light?
- 24 Doghouse sounds
- 28 Gas station abbr.
- 29 Small cell
- 30 Exclamation of surprise
- 31 Like some university staffers
- 34 Mapped out
- 35 Inner being
- 36 Narrow beam of light

#### Down

- 1 Window divisions
- 2 Talons
- 3 Pipe plastic
- 4 One ferried by Charon
- 5 Vase
- 6 Unleavened bread
- 7 Pry
- 8 Pop
- 9 Squash variety
- 10 "Encore!"
- 12 Enemy
- 17 Scull
- 18 Suit with an MBA, maybe
- 20 Rate
- 21 Title for a distinguished Indian
- 22 Is inclined
- 23 Give consent
- 25 "We -- touchdown!"
- 26 Tyne Daly TV role
- 27 Storage shelter
- 29 "Like that would happen!"
- 32 90-degree fitting
- 33 Spike

For online versions, visit nowmagazines.com



Solutions on page 36



## Sudoku Puzzle

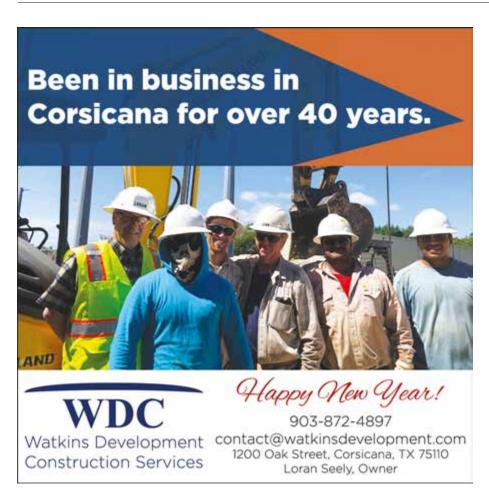
Medium

For online versions, visit nowmagazines.com

Easy

Crosswordsite.com Ltd

Solutions on page 36





# ALL EYE OPTICAL CARE We Accept Most New Patients Welcome Major Insurance

**Amazing things** are happening in 2020 at All Eye Care, PA!

We're proud to be the only Waxahachie practice offering the precision of the LenSx® Laser for cataract surgery, as well as technologically advanced AcrySof® IQ PanOptix® Trifocal implant.

## Raj Rugwani, MD

Board-certified Ophthalmologist

800 N. Hwy. 77, Ste. 100

Waxahachie, TX

(Next to HEB)

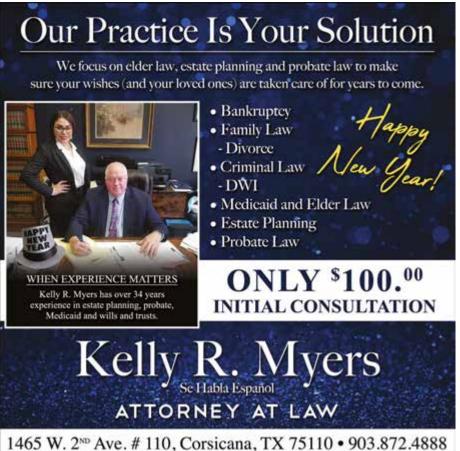
972-937-4433

AllEyeCare.com • AllOpticalCare.com



Experience You Can Trust, Results You Can See





# A LEGACY OF SERVICE PAST, PRESENT & FUTURE



Gary Hayden 903-641-1390



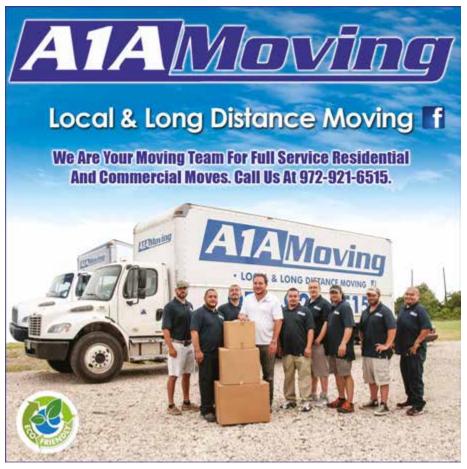
**Staley Shiller** 214-966-5044



Be good at life.

CORSICANA ENNIS DALLAS





# Crossword Sudoku Solutions



#### Easy

1	4	9	7	3	6	2	5	8
					9			
					1			
9	1	7	6	8	5	3	4	2
3	8	5	4	1	2	9	6	7
					7			
					4			
			_	_	3	_	_	-
					8			

#### Medium

8	1	9	2	6	3	4	7	5
3	6	7	4	5	8	1	9	2
5	4	2	1	7	9	8	6	3
2	8	5	6	1	4	9	3	7
1	7	3	9	8	5	6	2	4
4	9	6	7	3	2	5	1	8
9	3	8	5	2	6	7	4	1
7	5	4	3	9	1	2	8	6
							5	

Endorsed by Corsicana Police Officers Association VETERAN. CONSERVATIVE REPUBLICAN.



SUPPORT WILL THOMPSON IN THE REPUBLICAN PRIMARY. EARLY VOTING FEBRUARY 18-28, ELECTION MARCH 3, 2020.

## Endorsed by:

Matt McGinnis, Sgt. DPS,

Corsicana Police Officers Association Les Cotten, Former Sheriff, Navarro County Mike Cox, Former Chief Deputy Sheriff, Navarro County Becky Hatchell, NCSO, Retired James "Bubba" Jones, NCSO, Retired Johnny Lake, NCSO, Retired Tommy Nichols, NCSO, Retired Ricky Hightower, NCSO, Retired

Retired Ken Authier, Lt. DPS, Retired James Baird, DPS, Retired John Ellington, Former Chief of Police, Rice, Texas Larry Cheek, Former Chief of Police, Rice, Texas Thomas "Doc" Dockery, CPD, Retired Michael Ray, CPD, Retired Bob Blake, CPD, Retired Wesley Blue Jarrod Moore Jim Burgess

Alyssa Dunnahoe Lindsay King Tim Owen Stuart Schoppert Rick Prince Mark Palma Jason York Charlie Horton Dwayne Woodcock Ed Raney Charles Dunnahoe Carroll Moran Joe Hill **Brad Haynie** Stan Farmer Phil Farmer **Brad Farmer** 



Guardian<sup>™</sup> HEALTHCARE

AN EVOLUTION HEALTH COMPANY

# VOTED BEST OF THE BEST

Skilled Nurses • Physical Therapy

- Occupational Therapy Medical Social Work Services
- · Home Health Aid Services · Speech Therapy Services

Ryan Watson, RN - Manager • 104 W. 3rd Ave. • Corsicana, TX • 903.874.4777 Serving Navarro and Surrounding Counties