

# MidlothianNOW

M A G A Z I N E

NOVEMBER 2023

## Writing Stronger

Dave Williams  
strengthens kids  
through books



Stronger.Coach

2023 Holiday  
Shopping Guide

In the Kitchen With  
Mallorie Moorman

Also inside:

Scavenger Hunt

Crossword/Sudoku

Featured Business:  
Aesthetic & Implant Dentistry

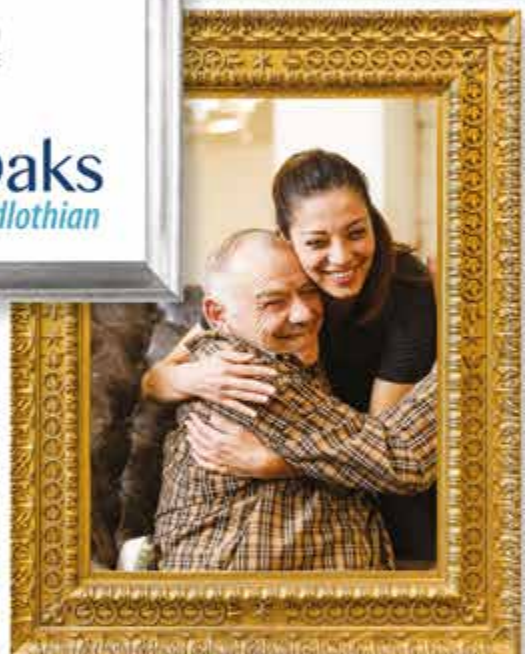
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ON THE COVER



Local coach, Dave Williams, trained professional athletes and Olympians before putting his knowledge into books for youth.

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Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 937-8447 or visit [www.nowmagazines.com](http://www.nowmagazines.com).

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Angel

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MidlothianNOW Editor  
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## EDITOR'S NOTE

*Food for thought ...*

As the foundation upon which Thanksgiving was built is largely romanticized, there have long been movements to do away with the holiday or, at the very least, acknowledge its true history. Today, Americans consider it an opportunity to join with family celebrating that for which they are thankful ... with food, fellowship and often, football. Certainly, gathering in gratitude is a good thing.

Would it be appropriate, however, to move our national day of thanks to coincide with a historical time for which we might appropriately be thankful? Is it not our responsibility — as lauded writer and activist Maya Angelou suggested — to do better, when we know better? Arguments to the contrary are often based on the idea that changing tradition means dismissing history. Isn't that ironic when Thanksgiving itself is based on historical revisionism?

Collectively giving thanks for abundant blessings is powerful, as is learning from the past. Centuries after the 1621 harvest celebration in Plymouth, Massachusetts, President Abraham Lincoln declared Thanksgiving officially the last Thursday of November (hoping to soothe a nation weary from the Civil War with a holiday). This meant sometimes it was the fourth Thursday, and other times, the fifth. President Franklin D. Roosevelt later set it for the fourth Thursday of the month under pressure from retailers ... to give people more time between Thanksgiving and Christmas to shop. (Research shows the arbitrary dates of some other holidays, too, proving an acceptance of change when warranted.)

However we choose to mark the day, may the tremendous sacrifice behind it not be forgotten. Perhaps that will make Thanksgiving more poignant for us all.

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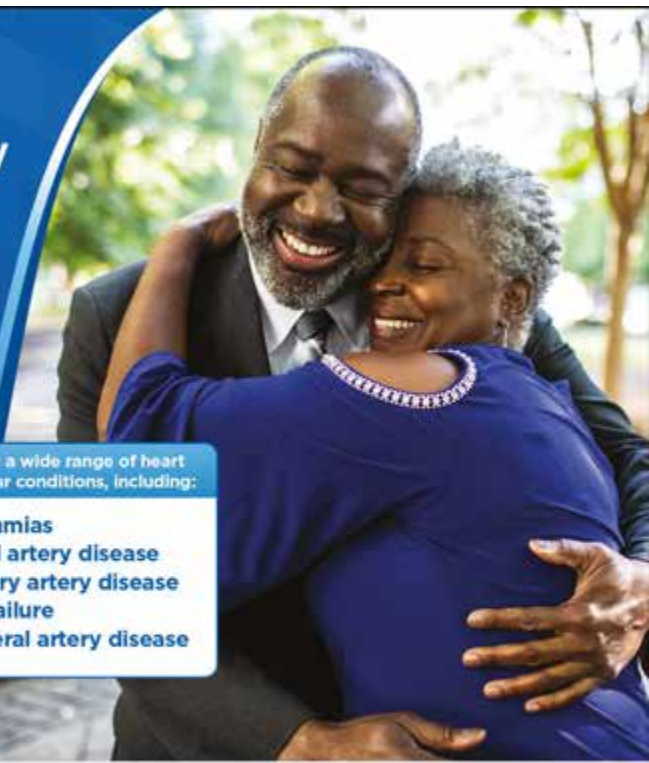
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*More than 40 Olympians and countless professional athletes have a Midlothian strength-training coach to thank, at least in part, for their success. Growing up in a small farm town in Northern California, Dave Williams didn't have access to the best facilities or the best coaching. What he had to do as a result changed the course of not just his life, but the careers of dozens of athletes as well. "I did all the sports — baseball, football, swimming, wrestling, basketball. I was never the greatest athlete, so I knew I had to outwork everyone else. I started lifting weights at age 10, which was unheard of at that time."*

Dave made himself stronger than his competition, and ended up attending Sacramento City College, where he was an All-American and Academic All-American wrestler. On a wrestling scholarship to Boise State University, he earned his bachelor's and master's degrees in physical education. "While student teaching, I was asked to coach the track teams, and we won the city championship. I fell in love with coaching," Dave admitted.

Dave continued at BSU for his master's and worked as a graduate assistant strength and conditioning coach in the athletic department, working with collegians, professionals and Olympians. He also

began competing in powerlifting and set the state of Idaho bench press record. "I had so much fun coaching the junior high track team that I did my master's thesis on the effects of weight training on the prepubescent athlete. No other researcher had examined this topic.

"I took a bunch of fourth-graders and put them through an eight-week weight training program, which improved their speed, strength, endurance, jumping ability and mental health," Dave explained. "I was accepted into the Ph.D. program in kinesiology at Texas A&M University, where I was a teaching assistant and then full-time instructor and helped in the athletic weight room."

Dave completed a dissertation on a similar topic to his thesis, examining the difference between boys and girls, consequent to a weight training program. "The girls rocked it and improved just as much as the boys, reinforcing my belief that all youth athletes should be performing speed and strength drills," he said.

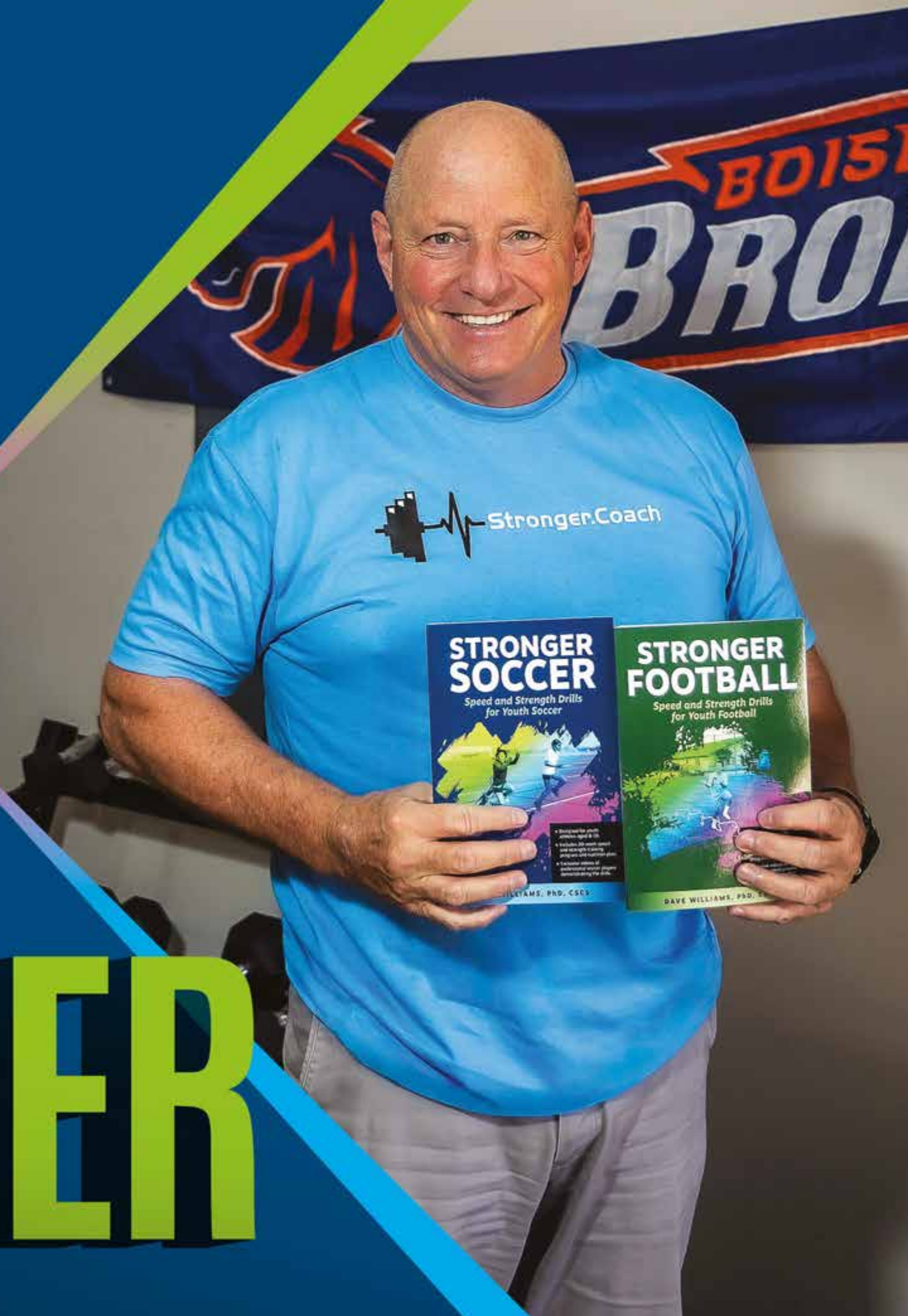
Up next for Dave was a job at Southern Methodist University as the head strength and conditioning coach, where he worked with some of the world's best athletes. "In 1996, I had 26 of my athletes in the Summer Olympics in Atlanta. It was the most fun job I ever had but also the worst paying. Starting a family at the time, I needed better pay and



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— By Angel Morris





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took a job at Tarrant County College in Arlington as a kinesiology professor.”

Promoted to department chair, Dave stayed at TCC seven years before starting a personal training company. Having had numerous articles and studies published in grad school, and publishing two college textbooks at TCC, Dave had wanted to write about strength training for children for 25 years. To that end, he completed *Stronger Soccer: Speed and Strength Drills for the Youth Soccer Player* and *Stronger Football: Speed and Strength Drills for Youth Football*. “These are the first in a series designed to be read by youth athletes, but coaches and parents will enjoy them, too,” Dave promised.

“Kids want to get stronger and faster, but get a lot of misinformation from social media. Even many youth coaches, although well meaning, are not trained how to coach kids,” Dave continued. “For example, we all learn to run by trial and error, which results in poor technique. Very few of us are ever coached on how to run faster and more efficiently.”

Professional trainers are expensive, so Dave said his books, available at [www.Stronger.Coach](http://www.Stronger.Coach), are affordable alternatives for avoiding bad form. “When I was a collegiate coach, it would take eight months to break bad habits of incoming freshmen ... mostly the boys. If they had learned proper technique at an earlier age, they would’ve been so much further along.”

The list of athletes with whom Dave has worked underscores his expertise: NCAA swimmer of the

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year and Olympic gold medalist Ryan Berube; six-time Olympian, Olympic gold medalist and nine-time world champion swimmer Lars Frölander; five-time Olympian, two-time silver medalist, 14-time NCAA champion and 22-time World Championship medalist in swimming Martina Moravcova; as well as John Rade of the Atlanta Falcons, Chris Bordano of the New Orleans Saints, Donald Mitchell of the Tennessee Titans and Jim Ellis of the LA Raiders.

Dave also trained Blake Mycoskie — founder of Tom's Shoes and Shark Tank entrepreneur, but he said nothing is more important than training one's own children. "It's not enough to drive your child to practice. Parents should educate themselves on ways to help their kids achieve their goals — learn about speed drills, strength training and nutrition," he suggested. "Kids will make better nutrition choices and exercise more if they see parents being role models."

With parents' help, Dave hopes his books can also address the growing issues facing children. "Twenty percent of all U.S. kids are obese, which will lead to nearly 50 percent of adults being obese by 2030. Kids need to be moving and eating better," he explained. "And nearly one in seven kids have treatable mental health issues. Weight training for kids has been proven to be a safe and effective way to improve strength, speed, endurance and mental health."

Dave plans to publish a book for every sport. Also, *Stronger Dads* will "help fathers be a better leader of the family — physically, emotionally, spiritually — and will have sections on exercise, nutrition and men's health."

Dave's three grown children, Jake, Caden and Kylie, are his inspiration. Jake, who has autism, prompted a percentage of Dave's book sales going toward autism research. Dave also partners with The University of Texas at Arlington to help interns train local youth athletes free of charge. "There are three things that I believe we need to do every day," he numbered, "something to improve yourself like working out, reading a book, learning a new task; something to help others; and thanking God for giving us the opportunity to do the first two." **NOW**



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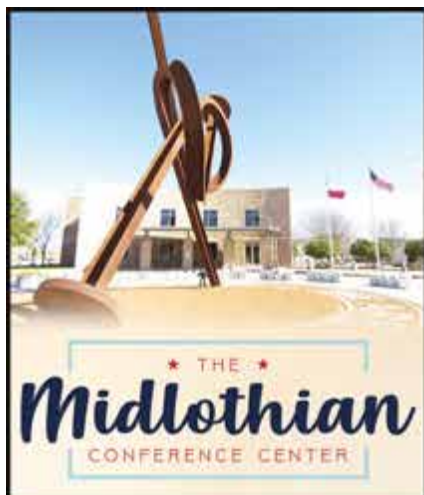
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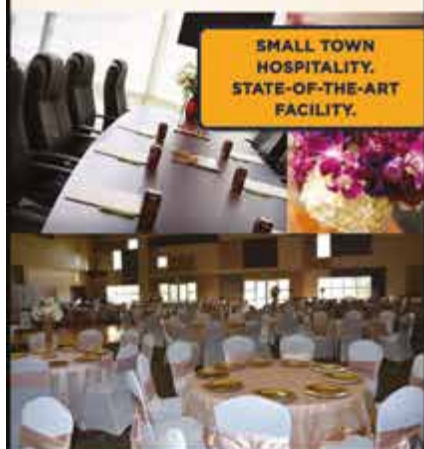
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BusinessNOW

# Aesthetic & Implant Dentistry

— By Angel Morris

**Aesthetic & Implant Dentistry**

102 S. 7th St.  
Midlothian, TX 76065  
(972) 723-5544  
<https://www.dfwsmiledesign.com/>  
Instagram: @dfwsmiledesign  
Facebook: Aesthetic & Implant Dentistry

**Hours:** Monday-Wednesday: 8:00 a.m.-5:00 p.m.  
Thursday: 7:00 a.m.-2:00 p.m.

Midlothian’s Aesthetic & Implant Dentistry specializes in state-of-the-art dental care with a soothing touch. “We’re devoted to enhancing and restoring the natural beauty



of your smile using conservative procedures that result in beautiful, long-lasting results,” Dr. Noe Jaramillo said.

Dr. Jaramillo believes patients are most comfortable when they know they can count on gentle, personalized care. “Our entire team is dedicated to providing the care each patient deserves,” he noted. “Our team is handpicked for their skill, knowledge, professionalism and caring attitude. Most have been with the practice for many years, and my wife is a dental hygienist as well.”

Staying at the forefront of technology also helps the team serve patients in an efficient and predictable manner. Dr. Jaramillo says this allows his office staff to be the best implant specialists around, ensuring the proper diagnoses and most appropriate treatments dentistry has to offer.

Dr. Jaramillo participates in more than 100 hours of continuing education most every year, although the Texas State Board of Dental Examiners only requires 12, and he has completed courses at some of the most respected dental education centers in the nation. “I am continually learning, so I can serve my patients well and help them feel their



best. This is just one more part of our continued dedication to patients that provides them the opportunity to say yes to the best,” Dr. Jaramillo noted.

While Dr. Jaramillo practices all aspects of dentistry, he has a particular interest in aesthetic restorative dentistry and implantology. “Our work is about improving one’s oral health, as well as the general appearance. These work hand-in-hand to benefit our patients’ overall well-being,” Dr. Jaramillo explained.

Dr. Jaramillo’s aesthetic experience began as a dental assistant to a cosmetic dentist and then as a surgical dental assistant. He has participated in TDA Texas Mission of Mercy events. Dr. Jaramillo shares that his fluency in Spanish is just another way to put more patients of Aesthetic & Implant Dentistry at ease. “My passion is changing people’s lives through personalized, comfortable, transformative care,” he promised. “I want each patient to walk out feeling confident in their smile.”

Dr. Jaramillo and his wife, Dulce, have been married for 12 years. They have three children, Adrian, Lionel and Carina. “We love the small-town vibe of this area and its proximity to the Metroplex!” Dr. Jaramillo said.

His family ties help Dr. Jaramillo appreciate putting patients of all ages at ease. “We believe in sharing information with the patient and having them help formulate the treatment plan. An informed patient is a happy patient!” he stated.

New and returning patients are encouraged to learn more at the Aesthetic & Implant Dentistry website, where dental conditions, available treatments and appointment options are outlined in greater detail. Also, follow them on social media for the latest day-to-day updates.

“We offer dental services, including preventive dental care, implant placement and restoration, smile-transforming cosmetic dentistry and even same-day emergency care for our patients of record,” Dr. Jaramillo outlined. “Browse our website and call us with any questions. We want all patients — new and old — to know we are dedicated to providing the most comprehensive, caring dental service to every person who walks through our doors.” **NOW**



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## Zoomed In: Jayce Lawson

By Angel Morris

A silent auction prize from the Midlothian Band Boosters fundraiser resulted in Jayce Lawson getting to spend a day with Midlothian Mayor Justin Coffman. The mayor donated a tour of city hall and the police station, as well as lunch together. “It showed me there are so many people working to run a city,” Jayce explained.

An A Honor Roll student at Frank Seale Middle School, Jayce already has a career in mind. “I want to work in IT someday — maybe at city hall,” Jayce stated. His other hobbies are playing video games, building LEGOs and collecting hats from places his family visits. “I also enjoy my dad’s stories of being in the military and now in law enforcement.”



Firefighter Caleb Bondurant accepts stuffed animals from the Midlothian FFA community service drive benefiting children in crisis.



Jedi Blake and Emerson Kimsey of Scout Troop 512 volunteer at Community Park for a Keep Midlothian Beautiful event.



Southern Star members receive the Presidential Volunteer Service Award with a Congressional Certificate from the Midlothian City Council.





Midlothian Police Officer Chris Brown and resident Stacy Elliott enjoy gathering with neighbors during National Night Out.



The annual Scarecrow Festival of Midlothian Downtown Business Association attracts esteemed judges like Judge Joseph R. Gallo, Judge Cindy Ermatinger and Judge Bob Carroll.



Jessica Morgan and Debbie Poteet participate in Longbranch Community Baptist Church Ladies' Tea & Testimony.

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**Dec. 1 Tree-Lighting Ceremony 6 p.m.**

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234 N. 8<sup>th</sup> Street

**Dec. 2 Christmas Festivities 1 - 4 p.m.**

Midlothian Community Park  
3601 S. 14<sup>th</sup> Street

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**Dec. 2 "Believe" Light-Up Parade 6 p.m.**

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**Dec. 8 Merry Movie Night 6:30 p.m.**

Midlothian Community Park  
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[www.midlothian.tx.us/specialevents](http://www.midlothian.tx.us/specialevents)





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A quick look at the gift items and discounts available locally.

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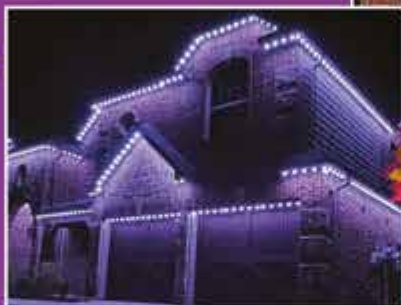
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## CookingNOW *In the Kitchen With* MALLORIE MOORMAN

— By Angel Morris

Born and raised in Waxahachie, Mallorie Moorman has lived in Midlothian for five years, where she coaches for the local basketball league. “Having four kids in sports, our lives stay busy with practices and games. With Crock-Pot meals, it feels like a win to have dinner already done for us,” she noted.

Mallorie always liked cooking but recently discovered the joy of preparing a meal for her husband and children. “There is just something about hearing them say, ‘This is so good, Mom! Thank you!’” she admitted. “Baking with my two girls in the kitchen is a new favorite, as well.”

Mallorie also stays busy homeschooling her children, while her husband has become the newest Midlothian City Council member. “I decided to share Crock-Pot meals because they are so fitting for our busy life!” **NOW**

### Crock-Pot Corn Chowder

**1 lb. ground sausage**  
**2 14.5-oz. cans corn**  
**1 14.5-oz. can cream of mushroom soup**  
**3 14.5-oz. cans cream of potato soup**  
**1 qt. half-and-half**  
**2 blocks cream cheese**  
**1 stick butter**

**Salt, to taste**  
**Pepper, to taste**  
**1-2 Tbsp. Tony Chachere’s Creole Seasoning, or to taste**  
**Tostitos Scoops chips (optional)**  
**Biscuits (optional)**

**1.** Brown the ground sausage in a skillet; put the sausage in a Crock-Pot. Drain and

rinse the cans of corn; add the corn to the Crock-Pot.

**2.** Add the cream of mushroom and cream of potato soup. Add the half-and-half, cream cheese and butter. Add salt, pepper and Tony Chachere’s Creole Seasoning on top for taste.

**3.** Cook on low for 6-8 hours. Stir occasionally. Serve with Tostitos scoops or over biscuits.

### Crock-Pot Red Beans

**1 lb. red beans**  
**7 cups water**  
**2 cups chicken broth**  
**1 green bell pepper, chopped**  
**1 medium onion, chopped**  
**3 celery stalks, chopped**  
**1 1/2 lbs. sliced sausage**  
**3 garlic cloves, minced**  
**2 Tbsp. Tony Chachere’s Creole Seasoning**  
**Rice, cooked, to taste**

**1.** Rinse the red beans; add them to a



Crock-Pot. Add the water and chicken broth.  
**2.** Add the bell peppers, onions and celery.  
 Add the sliced sausage, garlic and Tony Chachere's Creole Seasoning.  
**3.** Cook on high for 7 hours. Serve over rice.

### Crock-Pot Chicken Alfredo

**2 lbs. chicken breast**  
**2 tsp. salt (divided use)**  
**Pepper, to taste**  
**Garlic powder, to taste**  
**1 Tbsp. olive oil**  
**3 cups heavy cream**  
**4 cups chicken broth**  
**4 Tbsp. butter**  
**2 garlic cloves, minced**  
**1 lb. penne pasta, uncooked**  
**5 oz. Parmesan cheese, shredded**

**1.** Season the chicken breast with 1 tsp. of salt, pepper and garlic powder. Heat the olive oil in a skillet on medium to high heat; quickly sear the chicken.  
**2.** Add the chicken, heavy cream, chicken broth, butter, garlic, remaining salt and several turns of freshly ground black pepper to a Crock-Pot. Cook on low for 4 hours or on high for 2-3 hours.  
**3.** Remove the chicken from the Crock-Pot. Shred it; set it aside.  
**4.** Add the uncooked penne pasta to the cream mixture that is still in the Crock-Pot. Cook for 30 minutes. Once the pasta is cooked, add the chicken back in. Add the Parmesan cheese; stir.  
**5.** Serve with a vegetable of your choice and garlic bread.

### Crock-Pot Smothered Pork Chops

**6 boneless thick-cut pork chops**  
**8 oz. mushrooms, sliced**  
**1/2 onion, sliced**  
**1/2 cup beef broth**  
**1 14.5-oz. can cream of mushroom soup**  
**1 14.5-oz. can cream of chicken soup**  
**2 tsp. garlic cloves, minced**  
**1 tsp. paprika**  
**1 tsp. black pepper**  
**Mashed potatoes, to taste**

**1.** Place the pork chops in a Crock-Pot. Add the mushrooms and sliced onions on top of the pork chops.  
**2.** Mix the beef broth, cream of mushroom soup, cream of chicken soup, garlic, paprika and pepper in a small bowl.  
**3.** Pour the mixture into the Crock-Pot on top of everything. Cook on low for 6-8 hours. Serve over mashed potatoes.

### Crock-Pot Chicken Spaghetti

**2 chicken breasts**  
**1/2 tsp. salt**





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Crock-Pot Red Beans

1/2 tsp. pepper  
1 tsp. onion powder  
1/2 tsp. paprika  
1 Tbsp. garlic, minced  
2 14.5-oz. cans cream of chicken soup  
1 10-oz. can Ro-Tel  
1/4 cup sour cream  
2 cups Colby-Jack cheese, shredded  
1 lb. spaghetti

1. Place the chicken breasts, seasonings, cream of chicken soup and Ro-Tel into the Crock-Pot; stir. Cook on low for 4-6 hours.

2. Once the chicken is cooked, remove it from the pot and slice it. Return the chicken to the Crock-Pot; stir in sour cream and cheese.  
3. Cook the spaghetti according to the package instructions; add it to the Crock-Pot.  
4. Serve with garlic bread and a vegetable of your choice.

### Crock-Pot Pumpkin Cobbler

2 15-oz. cans pure pumpkin  
1 12-oz. can evaporated milk  
3 eggs, beaten

1/4 cup brown sugar  
1 cup granulated sugar  
1 Tbsp. vanilla  
1 Tbsp. cinnamon  
1 box spice cake mix  
1 stick butter, thinly sliced  
Pecans, chopped (to taste)  
Whipped cream, to taste (optional)  
Vanilla ice cream, to taste (optional)

1. Add the pumpkin, evaporated milk, eggs, brown sugar, sugar, vanilla and cinnamon to a Crock-Pot; stir.  
2. Pour the spice cake mix on top of mixture, but do *not* mix it. Top the cake mix with butter slices; sprinkle with chopped pecans. Cook on high for 2-3 hours.  
3. Serve with whipped cream or vanilla ice cream.

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## MANNA HOUSE

Manna House was created in 1992 as a result of a student-led Problem Solvers project from Midlothian ISD to serve the needs of Midlothian residents. Local churches collaborated to support the ministry, which works to ensure that every member of the community has dependable access to food, utilities and other basic needs.

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(501) 628-4252, <https://www.mentors.care/>.

## MORGAN SAFENET FOUNDATION, INC.

Created to promote the Morgan horse breed, repurpose Morgans to new jobs before there is a need to rescue, but stepping in, when possible, to help Morgans at risk. Through relationship building and education, MSN accomplishes this by assisting owners, trainers, breeders and the Amish market with a network for their lower price point horses.

(240) 529-3066, <https://morgansafenet.com/>.

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- ⚡ Numbness
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# EXPERIENCE THE MAGIC OF *Christmas* *in McKinney*

*As the holiday season approaches, McKinney, Texas, transforms into a winter wonderland that captivates visitors and locals alike. Known for its small-town charm and festive spirit, McKinney offers a plethora of holiday activities, events and decorations that create an enchanting atmosphere to delight all ages.*

## **Home for the Holidays Festival — November 24-26**

McKinney's Home for the Holidays festival, held every Thanksgiving weekend, is a beloved tradition that kicks off the Christmas season. The event features an array of activities, including live music and dance performances, arts and crafts vendors and food trucks offering delicious holiday treats. Children can delight in visits with Santa Claus in his workshop. And families will not want to miss the spectacular community tree-lighting ceremony on Friday evening followed by a concert on the square. Admission to the weekend-long event is free.

Throughout the holiday season, families can enjoy the Christmas Carousel, kids workshop craft area, visits with Santa and taking family photos by the community Christmas tree on the downtown square. Of course, you will want to take some time to stroll around Historic Downtown McKinney to be enchanted by the festive storefront displays.

Christmas shopping in McKinney is a delight, as the city boasts an eclectic array of boutiques, specialty stores and art galleries. Browse through the shops to find one-of-a-kind gifts for your loved ones, such as handmade jewelry, clothing, home decor, Christmas decorations, toys and artisanal chocolates.

After a day of shopping and exploring, enjoy the delightful dining options McKinney has to offer. From cozy cafes serving hot soups and sandwiches to upscale restaurants with seasonal menus, the city's dining scene caters to all tastes. Don't miss the chance to try some Texas-style barbecue, a local favorite, or indulge in a festive feast at one

of the many restaurants offering special holiday menus.

## **50th Annual Holiday Tour of Homes — December 2-3 & 9-10**

This year, Chestnut Square and the Heritage Guild of Collin County celebrate 50 years of this favored event that showcases several homes in McKinney's residential historic district. For this year's tour, there will be two sets of decorated homes, one set each weekend, and bonus stops and activities at Chestnut Square Heritage Village. In addition to the home tours, guests can enjoy tea served along with a full breakfast buffet in the recently renovated Bevel House. (Additional ticket required for this activity.)

## **Holidays at the Heard — December 8-9**

This annual event at the Heard Natural Science Museum & Wildlife Sanctuary brings the beauty of the holiday season to nature. Children can take part in activities and snacks in the museum while visiting with Father Christmas, then head out to the nature trails adorned with thousands of twinkling lights. Make sure to look for the animatronic dinosaurs that visit The Heard each fall and winter, all decked out for the season. Bundle up the kids, and enjoy this one-of-a-kind family holiday experience.

## **Christmas Parade of Lights — December 9**

Each year, thousands of locals and visitors fill the downtown square for the Christmas Parade of Lights that includes decorated floats, marching bands and, of course, Santa Claus himself. Admission is free.

If you are seeking a magical and heartwarming Christmas experience for your family, look no further than McKinney with its rich traditions and strong sense of community. Plan your visit to McKinney to experience the magic that makes this North Texas town a must-see holiday destination. **NOW**

Beth Shumate  
Communications Manager — Visit McKinney

Editor's Note: For more information, go to [visitmckinney.com](http://visitmckinney.com).





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Consultant



*Robyn Jones*

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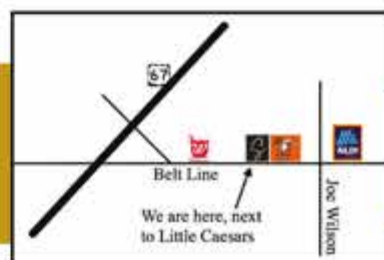
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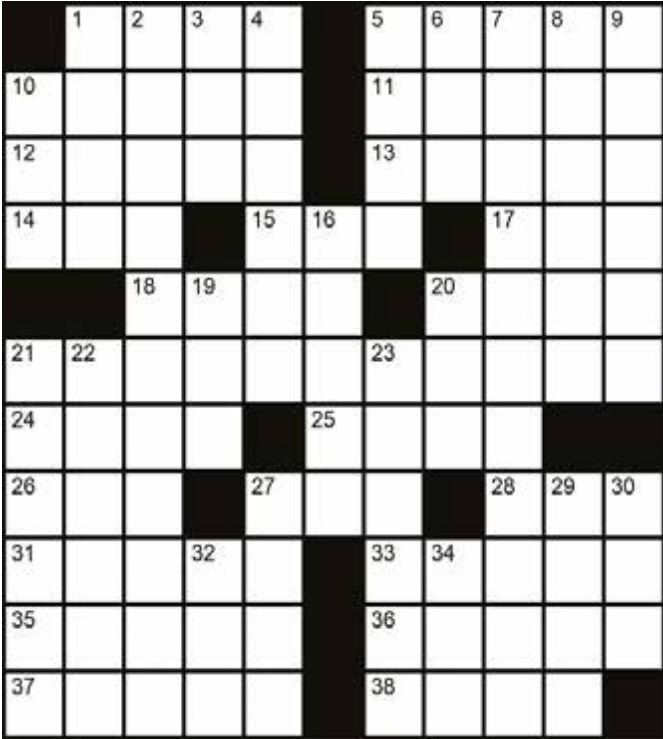
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# Crossword Puzzle



Crosswordsite.com Ltd

## Across

- 1 "House" and "Shooter" actor Omar ---  
5 Frat-party wraps  
10 Skateboarding jump  
11 "Lummo" writer Fannie --  
12 Icon  
13 Efface  
14 Military go-betweens  
15 Devoted follower  
17 Anonymous Jane  
18 Follow closely  
20 Sound of a finely tuned engine

## Down

- 21 Swells  
24 It stopped with HST  
25 Wise one's call?  
26 Kind of PC port  
27 Creditor's statement  
28 Online connector  
31 Barrel bit  
33 In unison  
35 Old watchmaker  
36 Kind of eclipse  
37 Start over  
38 1/2 fl. oz.  
1 Patron saint of sailors  
2 Some forms of packaging  
3 Iron block  
4 Believe it proper  
5 At that time  
6 Belonging to us  
7 Marks on a measuring device  
8 Arrange by type  
9 Takes the tiller  
10 Painting medium  
16 Welcome to Hawaii!

- 19 Seek clarification  
20 Paid sportsperson  
21 Vituperative one  
22 Steal stock  
23 Kind of blue  
27 Home on the range?  
29 Easy task  
30 For each  
32 Contend  
34 Pinch-hitter

Online versions and solutions available at [www.nowmagazines.com](http://www.nowmagazines.com). From our Homepage, click on the Crossword-Sudoku tab. Click on a puzzle. Click on the See All button to view solutions.



**Amanda Krawietz, PA-C**  
Nationally Certified  
Physician Assistant



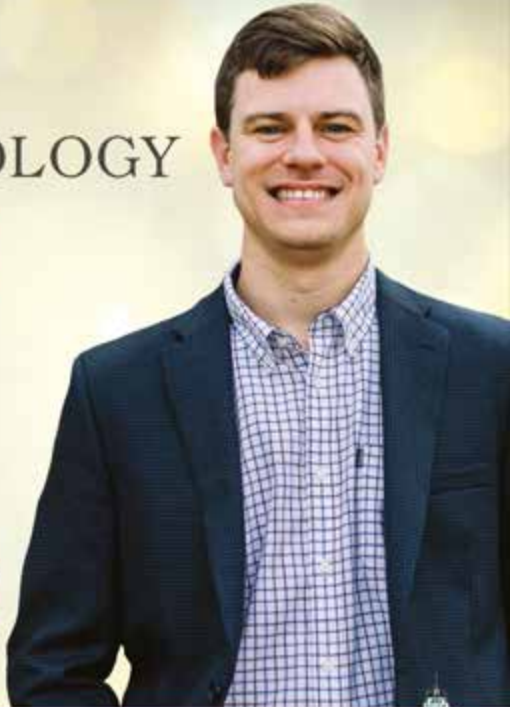
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# Sudoku Puzzle

Easy

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   | 1 | 5 |   |   | 2 | 9 |   |
|   |   |   |   |   |   |   |   | 1 |
|   | 8 | 6 |   |   | 7 |   |   |   |
| 3 |   |   |   |   |   |   |   | 4 |
|   |   | 4 | 9 |   | 5 |   |   |   |
|   |   |   | 2 | 6 |   | 8 |   |   |
|   |   |   |   |   | 8 |   |   |   |
|   | 4 |   |   |   |   | 9 |   | 7 |
|   |   | 9 |   |   |   |   |   | 6 |

Medium

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 4 |   |   |   | 2 |   |   |   |   |
|   |   | 3 |   |   |   | 9 | 6 | 8 |
|   | 7 | 8 |   |   | 5 |   | 4 |   |
|   | 9 |   |   |   | 6 | 8 |   |   |
|   |   |   |   | 9 |   |   | 3 |   |
|   |   | 5 |   |   | 7 | 6 |   |   |
|   | 6 |   |   |   | 1 |   | 7 |   |
|   |   |   |   | 4 |   |   |   |   |
| 7 |   |   | 6 |   | 2 | 1 |   |   |

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# Happy THANKSGIVING

## NOVEMBER

Some events may have been cancelled or rescheduled while we were at press. Check with individual organizations or your city or Chamber websites to verify dates and times.

11/4

### Citywide CleanUp Day:

City of Midlothian residents only with proof of residency. Free solid waste drop-off: 8:00 a.m.-noon, Public Works Service Yard, 1050 N. Hwy. 67. Accepted items listed at <https://www.midlothian.tx.us/19/Public-Works>.

### MHS Cheer

#### Mistletoe Market:

Boutiques, artisan products, food trucks and more. \$5 admission. 10:00 a.m.-4:00 p.m., Midlothian High School Cafe, 923 S. 9th St.

### Texas Arbor Day:

Free tree giveaway, crafts and

information. 5:00-7:00 p.m., Midlothian Community Park, 3601 S. 14th St.

### Free Autumn Beats Concert:

Lance Battalion, classic rock band. Bring chairs and blankets for lawn seating. Food for purchase. Outside food and coolers allowed. 7:30-9:30 p.m., Midlothian Community Park, 3601 S. 14th St.

11/8

### State of the City Luncheon:

Hosted by Midlothian Chamber of Commerce. 11:30 a.m.-1:00 p.m., I Community Circle Dr. For more information, visit

[www.midlothianchamber.org/luncheons](http://www.midlothianchamber.org/luncheons).

11/11

### Midlothian Veterans Day Tribute Dinner:

Meal and ceremony in honor of our local veterans. 6:30 p.m., Midlothian Conference Center, One Community Circle. Call (972) 775-7777 for information.

11/16

### Bingo and Bags Night:

Midlothian Education Foundation hosts a night of bingo, raffles and fun benefiting local students. 6:30-9:30 p.m., Midlothian Conference Center,

I Community Circle. Email [misdedsfound@gmail.com](mailto:misdedsfound@gmail.com) for more details.

11/18

### Kids' Crafty Saturday:

Library fun for first- through fifth-graders. Limited to 30 participants. Free. 11:00 a.m.-noon, A.H. Meadows Library, 922 S. 9th St. (inside Midlothian High School).

Register at <https://www.midlothian.tx.us/504/A-H-Meadows-Library>.

*Submissions are welcome and published as space allows. Send your current event details to [angel.morris@nowmagazines.com](mailto:angel.morris@nowmagazines.com).*



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