

15-YEAR ANNIVERSARY ISSUE

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# SouthwestNOW

M A G A Z I N E

NOVEMBER 2021

## Moving Experience

Dancing fills these two with joy

## Bob's Bags

Bob Cawthon saw a bottle of water change lives

Also inside:

Scavenger Hunt

Crossword/Sudoku

Featured Business:  
Flawless Hair and Beauty Supply

2021 Holiday  
Shopping Guide

In the Kitchen With  
Journey Slayton

Postal Customer

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# **Lacy**

## **Enrollment Center Dedication**



### **About The Lacy Family**

The Lacy Family made history in the summer of 1971 when the children became the first African American scholars to enroll in the Cedar Hill Independent School District.

Albert Lacy, Sr. and Emily Lacy moved to the tiny city of Cedar Hill that summer, from West Dallas, and purchased a home in the city.

Albert Lacy, Jr., Dana and Shannon integrated CHISD when they began classes in the district in 1971-1972, and the youngest Lacy sibling, Kimberly, began in 1972-1973.

The Lacys arrived at a school district that had very little diversity, but diversity increased gradually during their time in the district, and then grew substantially in the years following Kimberly's graduation in the spring of 1984.

Dana's daughter, Yolanda Caldwell, also attended CHISD and went on to teach Special Education at Bessie Coleman Middle School.

On her first day at Bray Elementary in 1972, Kimberly didn't know any of her classmates. A fellow first-grader named LeeAnn Polster befriended her, and they are still best friends 49 years later. The story of their friendship was featured on television channels throughout the United States.

All four Lacy children graduated from Cedar Hill High School.





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## ON THE COVER

*Amanda Winslett and Seanne  
Smith glisten with glitter.*

**Photo by**  
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# COLLEGIATE ACADEMY

**AN EARLY COLLEGE  
HIGH SCHOOL**



Duncanville High School Collegiate Academy is an early college high school where scholars earn a high school diploma AND an associate degree. The Collegiate Academy is a cohort program and is operated in partnership with Dallas College. This program is for students who:

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Pathways in Technology Early College, offers students the opportunity to develop skills that will translate directly into competitive careers. In the Duncanville High School program, students are able to receive a high school diploma, a credential and/or an associate degree.

- Architectural Design
- Automotive Technology
- Education & Training



## T-STEM

Texas Science, Technology, Engineering and Mathematics focuses on improving instruction and academic performance in science and mathematics-related subjects and increasing the number of students who study and enter STEM careers.

- Advanced Manufacturing/  
Mechatronics Technology
- Computer Science

# EDITOR'S NOTE

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*Adam*

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*Fall color ...*

Usually, that phrase refers to vibrant red, orange and yellow leaves, ready to fall from the trees, a last hurrah before winter barrenness. But while everything else is dying, some flowers are getting ready to bloom.

Chrysanthemums don't bloom with the lilies and roses. They bloom in the fall, in time for homecoming. If you are new to the area, you recently learned that no Texas homecoming is complete without the ridiculous, and fun, display of football mums — which can be more teddy bear, Mardi Gras beads and miles of ribbon than artificial chrysanthemum these days.

Real mums come in a wide range of varieties from simple daisy-like blooms to the full globes of petals we usually think of. And those petals can be flat and smooth or curled up like drinking straws. Then there are the “spoon” varieties that are curled into tubes near the head of the flower, but open up near the tips.

They come in a rainbow of colors from pure white, to crimson red, to plum, bronze and salmon. Oranges, yellows and even lavender shades are typical of different cultivars.

These beautiful late bloomers have featured in Chinese paintings for thousands of years, alongside the plum blossom, the orchid and bamboo. The Japanese held these blooms in even higher esteem. The throne where the emperor sits to be crowned, and even the monarchy itself, are referred to as the Chrysanthemum Throne.

They're delicious, too. I couldn't begin to count the cups of chrysanthemum tea I have consumed. Chinese friends from several nations introduced me to the drink back in college, when we'd drive to Arlington for dim sum. With or without the traditional rock sugar to sweeten it, a cup of that golden liquid is always refreshing. And if you like greens, check out chrysanthemum greens the next time you're at an Asian market.

*Mum's the word!*



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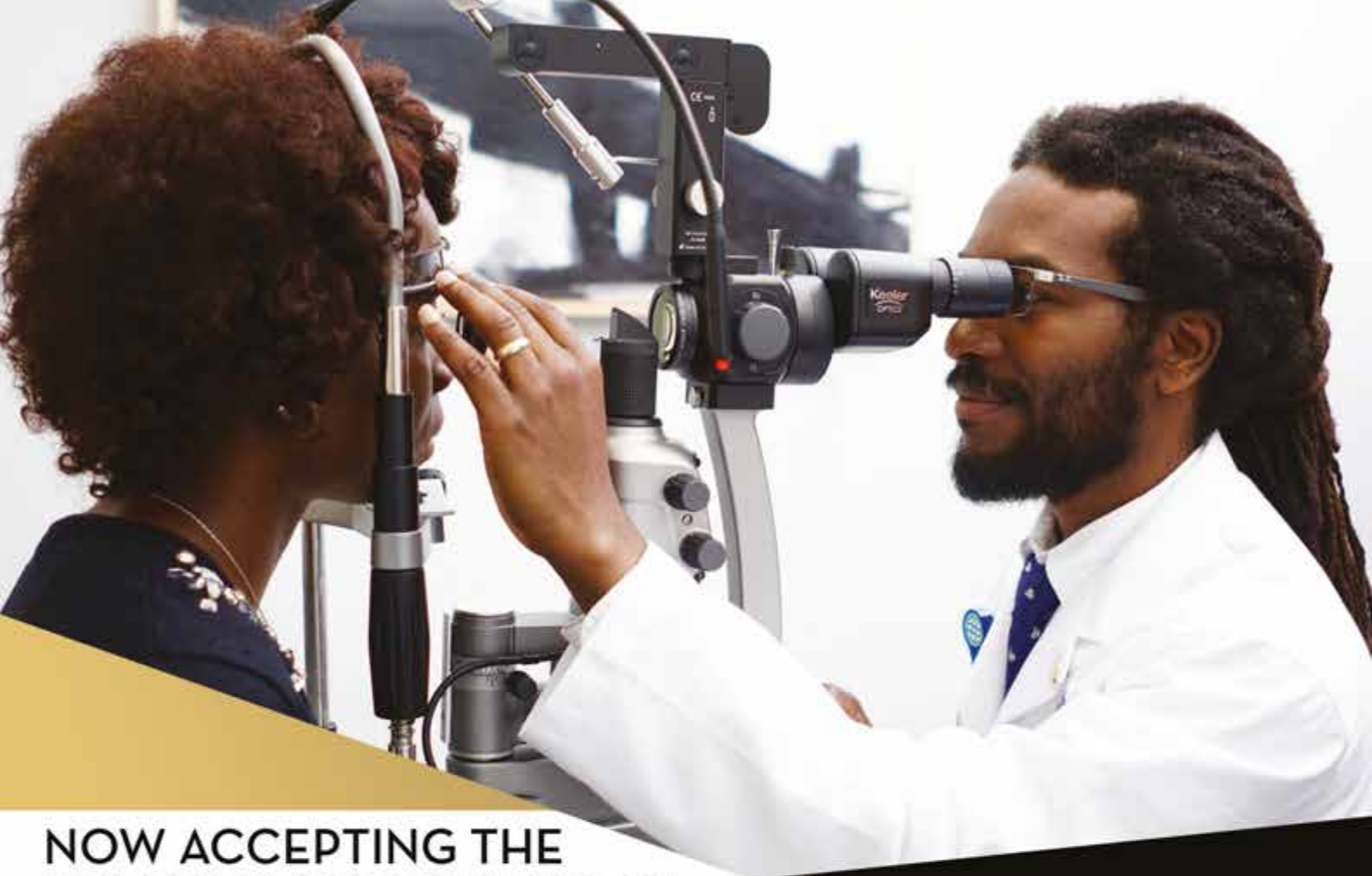
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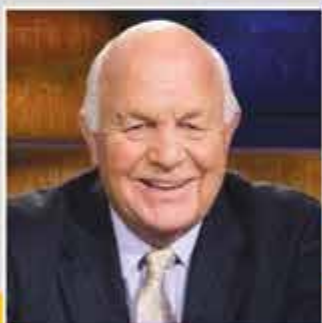
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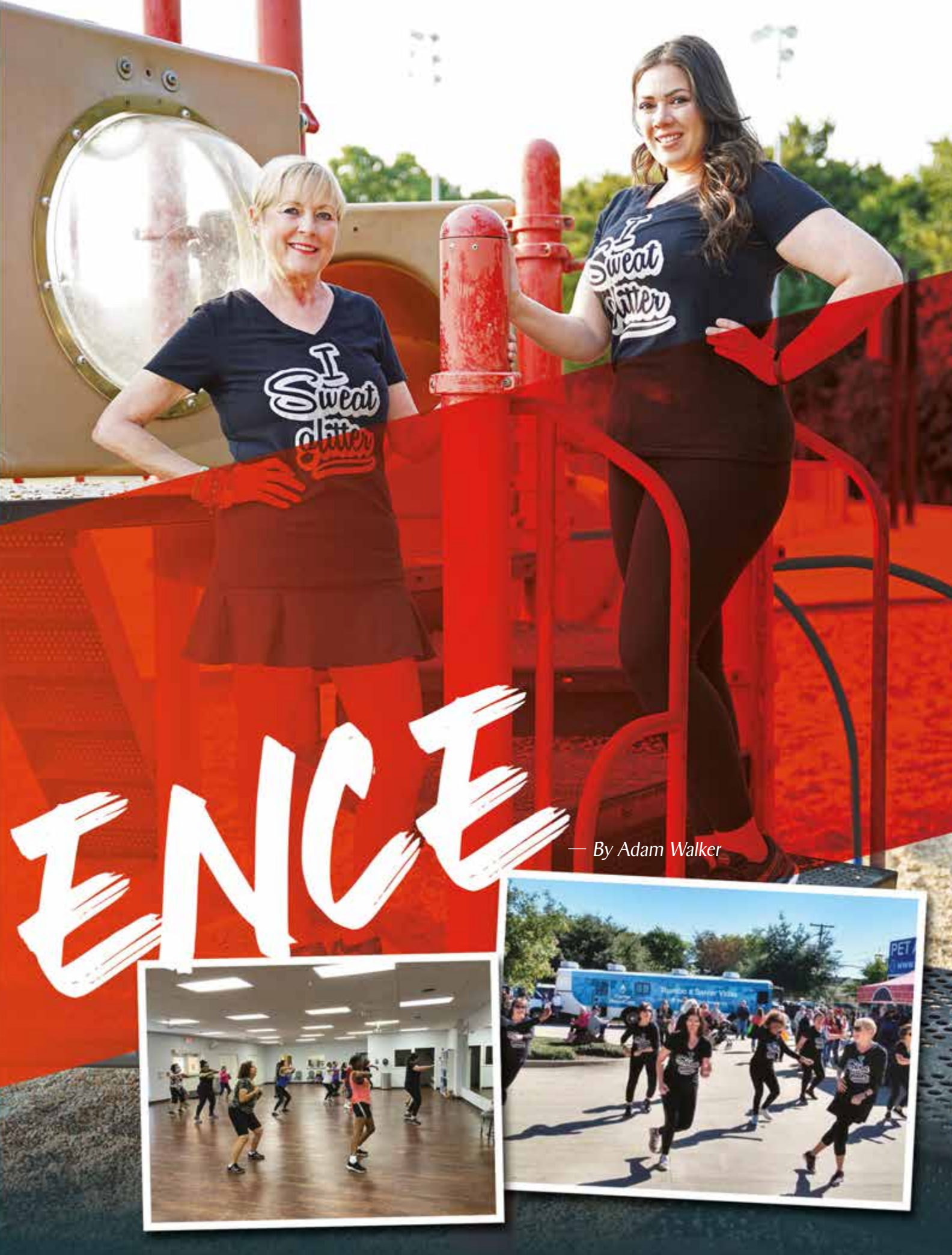
Seanne Smith didn't start out in dance, but she got there quickly. "My mother was a baton twirler, and she started teaching me how to twirl in the third grade. I was good at it, too. I won some contests, but it wasn't what I wanted to do. It broke my mom's heart when I told her I wanted to dance, but she acquiesced. I started taking ballet and tap." She continued with that through junior high, and danced with the Amarillo Ballet Theatre for four years. "During my junior and senior years of high school, I participated in the musical drama, TEXAS, put on by the Texas Panhandle Heritage Foundation, at Palo Duro Canyon. The first time I saw that production, as a little girl, I told my mother, 'I'm going to do that musical!' When I finally got to perform in it, it was so much fun. It was my first professional gig. I couldn't believe I was getting paid to have so much fun!"

Seanne continued pursuing her dream. "I joined Vicki McLean & Company to study jazz dance. That was my love — jazz. She knew Bob Hope, so we got to do a benefit with him. Then I moved to Chicago and studied with Gus Giordano. His jazz choreography won an Emmy. When I first returned to Texas, after a year with Gus, I started teaching at Amarillo College. Then in 1978, I married my husband, Steve Smith, and we moved to Dallas. I had studied with Buster Cooper for several years, but I spent the next 40 years in the cosmetics and fragrance industry."



# MOVING EXPERI





I  
Sweat  
Glitter

I  
Sweat  
Glitter

FINCE

— By Adam Walker







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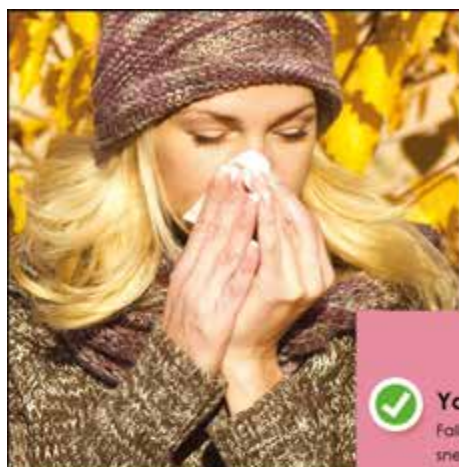
## 6 Rms Riv Vu

Written by Bob Randall  
Directed by Heather Winkelman

**November 11-13 & 18-20 • 8 PM**

**November 14 • 3 PM**

A vacant apartment for rent, a faulty door lock, and two complete strangers – a man and a woman – combine for an evening of unexpected attraction, humor, and a bit of “what if...”



## 5 Signs You've Got Fall Allergies

*Here's a breakdown.*



### Your symptoms are dragging on

Fall allergy symptoms usually include the following, sneezing, sniffing, itchy eyes and runny nose.



### You start feeling uncomfortable in late summer

Fall allergies typically show up in mid-August and last “until there is a hard freeze.” That’s usually sometime in November. However, if you live in a warmer area of the country, your fall allergies could last even longer into winter.



### You don't have a fever

Respiratory viruses like the flu and COVID-19 will often come with a fever. A fever, “is never a part of allergies.” Viruses are also more likely to make you feel wiped out.



### You feel worse when you go outside

The biggest fall allergy triggers are plants that are outside. And, as a result, heading outdoors can make you experience symptoms. It's a little different for everyone, depending on how severe your allergies are.



### You get relief from antihistamines

When you're exposed to an allergen (i.e. something you have an allergy to), your body releases signaling molecules called histamines. Histamines spark an immune reaction in your body that leads to allergy symptoms like sneezing and itchy eyes.

**HAROLD DELASALAS, MD, PHARMD, FACAII, FAAP, FACP, FAAAAI**

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Amanda Winslett grew up in Cedar Hill, interested in dance, but with no formal training. “I went to Cedar Hill High School, and I was a part of show choir from junior high through high school. I was taught vocal training in varsity choir and was involved with the musical productions, which required dancing. I learned how to two-step in the club scene, however as a single mother, I saw that wasn’t the best environment. That’s when I found Zumba. I saw a class at the rec center and thought it looked like so much fun. I initially took it for weight loss. I had a steady job, but the money wasn’t great and the hours didn’t work well with raising my kids. Therefore, I became licensed as a Zumba instructor, and within a year, I was teaching 22 classes at five locations, and making more money. The schedule worked great. I was able to work, provide for my kids and pursue my bachelor’s in ministry, all at the same time.”

Zumba is what brought Seanne and Amanda together. “Seanne started taking the class at the Cedar Hill Senior Center. She learned all the choreography really fast,” Amanda remembered. “I hate canceling classes, so one day when I was sick, I reached out to Seanne because no other substitutes were available. Seanne easily took over and taught the class. She knew all the routines by heart. I told her she should get licensed, so she could teach for real.”

“That was five years ago,” Seanne reported. “There’s about 30 years’ difference between us, but we’re joined at the hip!”







The class they now co-teach at the senior center has spawned an unofficial dance troupe called *Brilliante*. You can spot them at city events wearing their *I sweat glitter* T-shirts. “We encourage the ones who come to class to try. Some don’t know how to dance at first, but they get to move and have fun,” Seanne explained. “It doesn’t really matter if everyone is doing the exact steps. It’s a no judgment zone. When it’s time for a performance, those who want to show up, do.”

“We dance to the beat of our own drum,” Amanda confirmed. “The only one to limit you, is you. We have some real characters. Some can’t keep a beat at all, but they have so much fun. More than once, we’ve had one of the dancers show up to a performance with a walker, that they don’t need, only to throw it to the side and boogie!”

Brilliante has performed to “Thriller” at Scare on the Square, a hip-hop version of “Jingle Bells” and “All I Want for Christmas Is You” at Holiday on the Hill, as well as class favorites at Country Day on the Hill and the Block Party at the rec center. They plan to do “Thriller” again as a flash mob this year. And they’re always working on new songs.

“We mix in some salsa and other Latin beats and some Indian bhangra. I choreograph some numbers, and Amanda choreographs some. Sometimes, we both choreograph the same song and then see which one we like better. We just start talking and come up with ideas. We really should choreograph some Elvis. There’s this way that Amanda stands in this pose. In class, all you have to say is, ‘Do the Amanda!’ and everyone knows! Dancing just fills my soul. It’s such a joyful thing!” **NOW**

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**Application Window Opens  
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## COLLEGIATE ACADEMY

Duncanville High School Collegiate Academy aims to embrace a diverse group of scholars and change their futures one mind at a time. Collegiate Academy scholars have the opportunity to earn a high school diploma and an associate degree. The cohort program is operated in partnership with Dallas College.



## P-TECH

Pathways in Technology Early College, offers students the opportunity to develop skills that will translate directly into competitive careers. In the Duncanville High School program, students are able to receive a high school diploma, a credential and/or an associate degree.

- Architectural Design
- Automotive Technology
- Education & Training





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# P-TECH

## PATHWAYS IN TECHNOLOGY EARLY COLLEGE HIGH SCHOOL

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# BOB'S BAGS

— By Bill Smith

*On a hot summer day in 2018, Bob Cawthon took a brief detour on his way to work. The detour led to the creation of Bob's Bags, a ministry that continued through the restrictions of the pandemic and has grown exponentially to include helping meet basic needs of the homeless population in South Dallas.*

"There was a man near an intersection holding a sign, and the only thing I had to offer him was an unopened bottle of water," Bob recalled. "I extended the bottle to him as I passed, and he said, 'Thanks,' as he took it. I could see the sweat pouring from his face, and in my mirror, I saw him tip the bottle up to drink. I wondered, *What do homeless folks do for water and food?*"

Bob began assembling a couple of bags including things such as water, snacks, basic personal care items, McDonalds' gift cards and a Bible. He took a few bags to the area regularly, but it did not take long to realize the mission could use many

volunteers, and soon others began to join him, including the youth of his church, First Christian Church of Duncanville. Today, Bob's Bags is a mission that involves the whole church.

Another volunteer, Jim Lackey, said, "We put together 20 bags, and the youth went out to distribute the bags during Sunday school. When they returned, they gave a report of their experiences to the church. Soon the youth were involved in assembling the bags, and the church, as well as others in the community, got behind the project."

For years, church member Gayle Staggs had seen the homeless in Dallas who carried everything they owned in their arms, and she wanted to be part of a mission to help those living on the streets. She had previously volunteered in shelters that served meals to the homeless in the area, but she was looking for something more. She knew there were other homeless people who, for a variety of reasons, could not come to the shelters. Gayle learned that Bob was actively involved in the mission she was still trying to imagine.

"We nourish both body and soul when we distribute the bags," Jim offered.

"Our mission comes from Matthew 25:37-40, which speaks of serving God as we serve others less fortunate. We often pray with those we meet on the streets, and they are



open to prayer. Many have expressed gratitude for the Bibles we include in the bags.” Gayle said. “We have had the homeless people come up to us and initiate the prayer by praying for us.”

“These are not bad people,” Bob continued, “but they are in a bad situation. Another thing we provide in the bags is a resource book that directs them to all of the other social services available in the area, such as the nearest Social Security office or a place to find medical care. Some of the homeless have jobs, but they do not provide enough income to secure permanent shelter. COVID-19 had an effect on many, causing them to be on the streets.”

Bob, Jim and Gayle all agreed that the mission has brought the church together, whether they are involved in the distribution, assembling the bags, giving financially or praying for the workers and the homeless. “People want to be a part of something happening. We did not want to take anything away from the other ministries of the church when this started,” Bob reflected.

Jim added, “Our church has been very generous. It has also given us something to do during the pandemic.”

During the first year, 300 bags were distributed. The goal was 500 bags last year, and this year the goal is 1,000. From the first bottle of water, the bags have grown to include several bottles of water, McDonalds’ sandwiches, a pair of thick socks, a mylar blanket, toothbrushes and toothpaste, first aid items, lip balm, lotion, shampoo, tissues, wet wipes, COVID masks, healthy snacks such as raisins, protein bars, fruit and canned meat, a special bag for ladies, plus other items as they recognize the needs. Several ladies in the church have produced knitted or crocheted caps and scarves for distribution in the winter months.

Gayle said, “We gave one man a bag, and the next time we saw him, he said he had a job. Through this ministry, we feel like we get a much bigger blessing than those we are ministering to.”

Bob added, “We believe we are providing hope for them.” **NOW**

*Editor’s Note: To watch a video about Bob’s Bags or to donate to the ministry, please visit <https://www.fccduncanville.org>.*

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— By Adam Walker

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Flawless Hair and Beauty Supply is a retail shop specializing in hair bundles and wigs. “We’re moving away from a lot of traditional hair products to focus on wigs and cranial prostheses,” Owner Lucy Tartt reported. “We help women with hair loss, often because of medical conditions or treatments like chemotherapy. Many of our clients have never used wigs before, but they find themselves in need of nonsurgical hair replacement solutions. We still carry popular lines of hair care products, but our focus is more on this community of women.”

Many of Lucy’s customers have had a difficult time during the pandemic. “Many of the women we serve have compromised immune systems because of the treatment they are undergoing, so they haven’t felt comfortable going out to shop. Our customers are professionals, retirees and young women in their 30s, but COVID-19 has kept them home. We have been delivering within a 10-mile radius, to help out. We opened in November of 2019, and then the pandemic hit in March of 2020, so it’s been an interesting time for us, too.”



Women who visit Flawless Hair and Beauty Supply can expect more than a showroom floor with a wide variety of wigs and hair appliances to fit their needs — from business savvy to fun and outrageous. The shop offers in-store services for installing and styling wigs. “Ashi Loftin, the stylist, can teach our clients how to put on their wigs and eyelashes, and how to enhance eyebrows. Customers can also drop off their wigs for restoration, maintenance and styling. She can install hair prostheses, and is an expert with weaving and customizing wigs. If you need a special style job on your wig for a special event, Ashi can handle that.”

Medical insurance can help cover the cost, if a patient’s hair loss is due to a medical condition or treatment. “If their doctor prescribes a cranial prosthesis, some insurance providers can help with upfront costs or reimbursement of the unit.” Customers can also drop off their old wigs for restoration and updated styling.

The store decor was designed by Mandy of Legendary Look Interiors. “We try to keep it fun for our customers,” Lucy explained. “Many of them are going through hard times in their lives when they come to us. We try to give them some joy.

“A lot of our customers come to us by word of mouth. A woman sees another lady at the clinic and asks about her wig. They’ve already seen the quality of our work. Sometimes, they need a highly specialized hair prosthesis that we don’t have in stock. We can send them elsewhere for specialized wigs, but they often come back to us, just because of our service.”

Giving back to the community is very important to Lucy and her team. They frequently volunteer with Bridges Safehouse, and have an ongoing diaper drive to keep the mothers at the safehouse, and others in the community who need assistance, supplied. “We keep a donation bottle up front, so our customers can contribute, too. We’ve been blessed just to be here. We feel like it’s important to pass that blessing along,” Lucy emphasized. **NOW**



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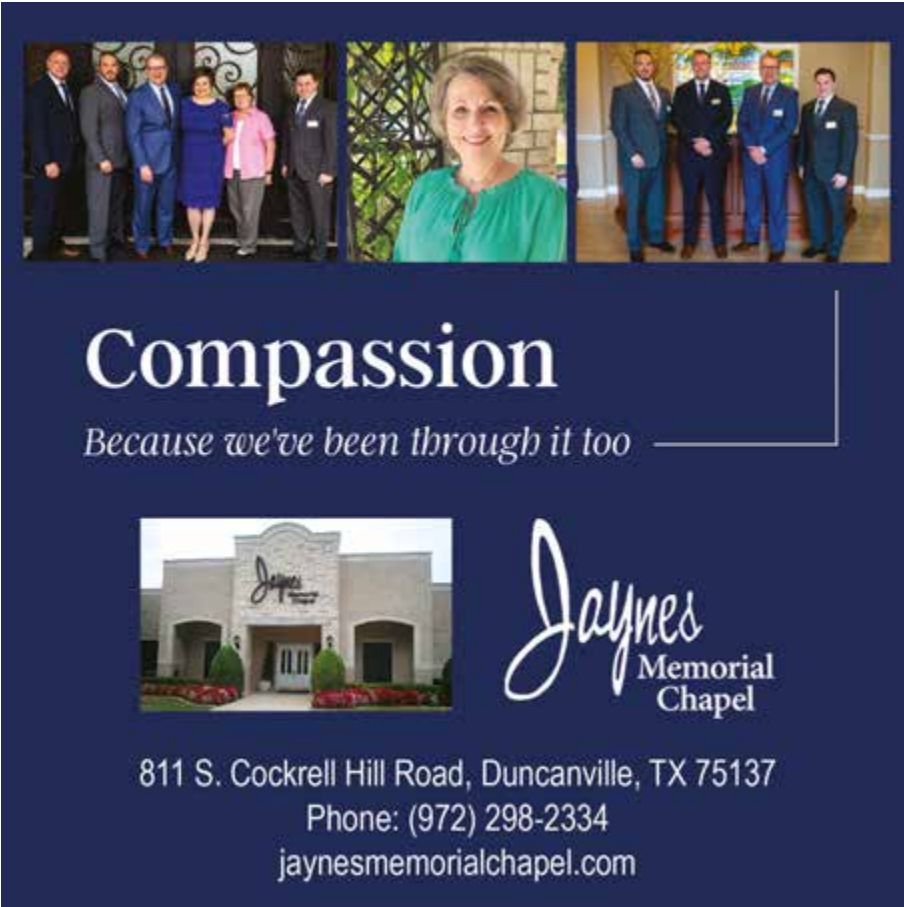
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# CookingNOW

## *In the Kitchen With*

### JOURNEY SLAYTON

— By Adam Walker



Journey Slayton is a born cook. “My mom says I cooked my first meal before I was 3,” Journey said. “She taught me all the basics of a kitchen and indoor cooking. My dad got me hooked on baking and grilling. I love to watch cooking and baking shows. I’m currently enrolled in culinary college. I like to eat out, and I reference a lot of cookbooks. When I find something I like, I alter it to make it my own.”

Journey is an adventurous eater and cook. “My ethnic background is all over the place. I think this is partially to blame for my eclectic cooking and eating style.” Journey celebrates that style through her food truck, Journey’s Mobile Eats and Treats. **NOW**

#### Mom’s Great Breakfast Biscuits

- 1 cup unbleached all-purpose flour**
- 1 1/4 tsp. baking powder**
- 1/4 tsp. salt**
- 1/4 tsp. seasoned salt**
- 1 1/4 cups cheddar jack or Mexican blend cheese, shredded**
- 2/3 cup beef summer sausage, diced**
- 3 Tbsp. frozen salted butter, diced**
- 2/3 cup milk**

- 1.** Preheat the oven to 450 F
- 2.** In a glass mixing bowl, mix the flour, baking powder and both salts; mix well. Stir in the cheese and summer sausage; mix well.

Chop the frozen butter into the mixture. Fold the milk into mixture. Avoid overmixing the dough.

- 3.** Using a tablespoon, drop the dough onto an ungreased baking sheet. Bake for 15 minutes, or until golden brown. Before serving, you can drizzle a little melted butter over the top, if you wish.

#### Globetrotter Albondigas

**Meatballs:**

- 1 lb. ground beef**
- 1 9-oz. pkg. Cacique Beef Chorizo**
- 1 large egg, slightly beaten**
- 1/2 tsp. garlic powder**

- 1/2 tsp. salt**
- 1/2 tsp. seasoned salt**
- 1/2 tsp. black pepper**
- 1 1/2 tsp. ground cumin**
- 3/4 cup cilantro, chopped**
- 1 cup jasmine rice, cooked**

**Soup:**

- 7 cups chicken bone broth**
- 1 tsp. minced garlic**
- 1/2 tsp. ground cumin**
- 1 1/2 tsp. oregano**
- 2 chicken bouillon cubes**
- 1/2 cup onions, chopped**
- 1 cup cilantro, chopped**
- 4 celery stalks, sliced**
- 2 large zucchinis, sliced**
- 6 golden potatoes (skin on), diced**
- 1 10-oz. bag carrots, julienne style**
- 1 14.5-oz. can fire roasted diced tomatoes**

**Garnishes:**

- Fresh cilantro, to taste (optional)**
- Cheese, shredded, to taste (optional)**

- 1.** For meatballs: In a bowl, combine all the ingredients well to ensure all seasoning is thoroughly mixed in.



2. Shape 25-30 meatballs by rolling a heaping tablespoon of the meat mixture into a ball, using the palms of your hands, packing it well to prevent crumbling.
3. In a lightly oiled skillet, sear all the meatballs until brown; set aside.
4. *For soup:* In a large stock pot, combine all of the ingredients; bring to a boil. Reduce the heat; allow to simmer for 15 minutes.
5. Increase the heat to medium-high; return the soup to a boil. Add the meatballs. Reduce to a simmer; cook for another 15 minutes. Garnish with fresh cilantro and shredded cheese, if desired.

## Costa Rican Grilled Chicken Skewers

- 10 chicken breast tenderloins, halved
- 2 Tbsp. Badia Sazón Tropical
- 2 Tbsp. liquid smoke
- 1 Tbsp. dried cilantro
- 2 tsp. jalapeño salt
- 1 15-oz. can pineapple chunks in syrup, drained
- 1/4 cup salted butter, melted
- 5-10 bamboo skewers

1. Thoroughly mix all the ingredients in a bowl; allow to marinate for at least 30 minutes to 1 hour in the refrigerator.
2. Once marinated, assemble the skewers, alternating pineapple and chicken.
3. Grill to an internal temperature of 160 F, about 6-7 minutes on each side. Remove from the grill; allow to rest about 5 minutes. Internal temperature will rise to 165 F.

## Costa Rican Rice

- 3 1/2 cups water
- 1 chicken bouillon cube
- 1 17-oz. pkt. Sazón Goya con Cilantro y Tomate
- 1 17-oz. pkt. Sazón Goya con Azafran Salt, to taste
- Pepper, to taste
- 1 Tbsp. butter
- 3 cups Minute Rice

1. Mix the water, seasonings and butter in a 3 qt. saucepan; bring to a boil. Stir in the rice; immediately turn off the heat.
2. Cover; let it sit for 5 minutes. Fluff with a fork, and enjoy!

## Shhhh ... It's Vegan Eggplant and Broccoli

- 1 large eggplant, washed, sliced and quartered
- 1 lb. broccoli crowns, separated
- 1 fresh jalapeño, sliced



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Angie's list     



2 Tbsp. garlic powder  
 1 Tbsp. lemon pepper  
 1 Tbsp. bruschetta seasoning  
 1/4 tsp. red chili flakes  
 1/2 tsp. salt  
 2 Tbsp. olive oil

1. Preheat the oven to 350 F.
2. Mix all the ingredients in a bowl until the vegetables are well-covered in the oil and seasonings.
3. Transfer the coated vegetables onto an ungreased cookie sheet. Place them in a single layer. Bake for 30 minutes.

4. Switch the oven to broil; allow the vegetables to char on the top, about 2-3 minutes.

### When You Can't Pick One Double Chocolate Strawberry Shortcake

2 cups Krusteaz Buttermilk Pancake Mix  
 3 Tbsp. Ghirardelli Sweet Ground Cocoa  
 1/4 tsp. ground nutmeg  
 3/4 cup vanilla yogurt

3 1/2 Tbsp. honey or agave nectar  
 2 Tbsp. vegetable oil  
 1/2 cup milk chocolate chips  
 2 cups strawberries, freshly sliced  
 3 Tbsp. sugar  
 2 cups Cool Whip Extra Creamy  
 Mint leaves

1. Preheat oven to 425 F.
2. Combine the pancake mix, cocoa and nutmeg in a medium glass bowl. Fold in the yogurt, honey, oil and chocolate chips; stir until it becomes a soft dough.
3. Use a large spoon to drop dough onto an ungreased cookie sheet, 1 inch apart. (Should make 6 shortcakes.)
4. Bake for 15 minutes. Test doneness by inserting a toothpick into the center of the shortcake. When it comes out clean, it's done. Set aside; let cool.
5. Mix the strawberry slices and sugar together in a bowl.
6. Slice the cooled shortcakes in half. Place the bottom half on a plate; layer with some of the strawberries and Cool Whip. Drizzle with some of the juice created by the strawberries.
7. Top with the top portion of the shortcake. Garnish the dessert plates with a leaf of fresh mint.



Costa Rican Grilled  
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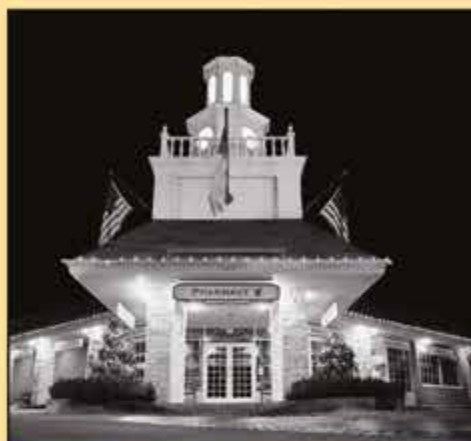
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**NOW Magazines**  
family to yours!







## Zoomed In: Rev. Craig Krueger

By Adam Walker

Craig Krueger is a Presbyterian minister who is the interim executive director at Duncanville Outreach Ministry. "I've pastored for 34 years. When Duncanville Outreach Ministry was looking for a new director, it seemed like a good fit. We do a good job with taking care of the community by helping with utilities, rent and food. But we're always looking for volunteers and donors."

Life as director of a nonprofit is full of expected challenges, but the unexpected is always waiting. "We're 202 Cherry St. The house across from us is 202 Hastings. We'd ordered 1,500 lbs. of jelly, and the delivery driver just saw the 202, not the street sign, and off-loaded it all in their yard. We had to carry all of it across the street!"



Bagpiper Steve Pruitt bows to the flag at the Duncanville Chamber of Commerce 9/11 remembrance.



Mr. Davis celebrates Decades Day with Woodridge Elementary students.



Duncanville's Mayor Gordon attends the ribbon cutting and tours the new surgical suite at the Tri-Cities Animal Shelter and Adoption Center.



Bridges Safehouse holds a ribbon cutting for its new facility.





CHISD principals work on their STEM skills.



Four-year-olds have fun with Play-Doh at Duncanville's First Methodist School.



DeSoto Fire Department held a bell ringing ceremony symbolic of the "end of watch," for 9/11 first responders.



Celeste Garza enjoys working on costumes in the CHISD theater department.

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—TALES OF TEXAS—

# I ADOPTED THE WORLD

— By Adam Walker

*Names of civil rights leaders like Martin Luther King Jr, Malcolm X and John Lewis are known to everyone nationwide, young and old. But here in Texas, much of the progress toward equality was spearheaded by an unassuming woman in old South Dallas. Juanita Jewel Craft helped change the face of race relations in Dallas and beyond.*

Juanita Craft isn't the household name that the men are, but she should be. Born in 1902, in Round Rock, by 1925 Craft, as her friends called her, was living in Dallas. She earned a teaching certificate from Samuel Huston College, but worked as a maid at the Adolphus Hotel. In 1935, she joined the NAACP and found her life's work. As the membership chair of the Dallas branch, she hid the membership rolls to protect her fellow members from those who would have used the rolls to harass those fighting for change. She assisted in organizing 182 branches of the NAACP and worked hard to ensure that African-Americans paid their poll tax and secured their rights to vote. She herself had been the first African-American woman to vote in Dallas County. She was surrogate mother

to the young members of the Dallas branch, advising them on life choices and choosing the right brides and husbands, as they struggled to integrate lunch counters, schools and the State Fair. She would later be elected to the Dallas City Council for two terms.

Mrs. Craft owned a small house, on Warren St., near Fair Park, but she lived in the guest house out back, running the main house as a boarding house for young men who are leaders in today's NAACP. She welcomed important figures like MLK and LBJ to her house, when they came to talk to her about her work. But she also welcomed the neighbor kids. The girl who lived next door, named her daughter Juanita, for her, and called her Neet. "Mrs. Craft met a lot of people and had a lot of photographs. On one wall of her sitting room, she had a picture of herself with JFK standing behind her. On the opposite wall was a picture of Neet," Patricia Perez recalled.

Patricia was one of those youth who spent countless hours at the Craft house. "That was my house of power. You just felt it being around her. She showed us in word and deed. She was militant, but quiet. She knew what wasn't right and knew it could be changed. She had all these community connections, and she used them to enhance our lives. I felt empowered and special when I was with her."

Bob Lydia was one of those young men who received advice from Mrs. Craft. "I rented a room from her. She'd give



me and the other young guys advice on which girls to avoid. Craft was like a mother. She was also artistic. She'd buy wooden boxes and turn them into decoupage purses. She wouldn't accept any help making them, but she did take the leaves we'd bring her to use. She'd sit on her bed and put in all the screws and nails. She could sew anything. She kept a garden and canned and made jams and jellies. She was very frugal. She wanted to teach us young people how to behave and be respectful. If you wanted something done, all you had to do was sit down with her, and she'd figure out a way. She didn't have to scream and holler. I thought I was too young, but Craft decided I should be the first vice president for the Young Adult Council of the Dallas NAACP, and she made it happen."

In 1977, Mrs. Craft was interviewed for the Black Women's Oral History Project held at Harvard University. In the interview she discussed the hardships of growing up Black in the pre-Civil Rights era. Her mother died in 1935 from tuberculosis, because there was no state hospital for Black people. But she never let hardship stop her. And her reach extended far beyond South Dallas, or even Texas. She worked with Eleanor Roosevelt and other national leaders on important issues, and rallied support for Thurgood Marshall as he litigated cases eliminating whites-only primary elections and "separate but equal" education.

She was 73 when she was first elected to the Dallas City Council, where she served from 1975-1979. "When she won, she said, 'I showed 'em!' And a few other words," Bob Lydia remembered. She died in 1985, leaving behind a better Texas for all of us. Her house on Warren St. is now a Civil Rights museum. **NOW**

#### Sources:

1. <https://www.nps.gov/people/jjcraft.htm>.
2. <https://dallasculture.org/cultural-venues/juanita-craft-house/>.
3. <https://www.womenintexashistory.org/biographies/juanita-craft/>.
4. <https://iiif.lib.harvard.edu/manifests/view/drs:4516825951i>.
5. Personal interviews with Bob Lydia and Patricia Perez.



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# FURNITURE

## REFRESH

— By Angel Morris

*Got a hand-me-down piece of furniture that's not exactly your style? Or a curbside treasure that needs a little TLC? Maybe there's an antique piece you'd like to modernize, or a beloved piece that's beginning to look worn. Whatever your furniture makeover goals, refinishing is an affordable approach.*

### Prep Work

Whether you're going to re-paint or stain, the first step is always a good cleaning. A tack cloth and warm water mixed with dish soap is a simple way to go. Wipe away any dirt or sticky residue with the soapy towel, then rinse with a damp sponge. Lastly, dry the piece completely.

Next, you'll want to inspect your furniture for damage, filling any mars or cuts with epoxy putty or wax filling compound. Once dry, remove excess filler with a fine grit sandpaper before proceeding.

### Stripping

The most time-consuming part of furniture refinishing will be the removal of the original finish. Chemical strippers or sanding are both options for taking off old paint or varnish. Heat guns may be needed for difficult finishes.

### Sanding

A power sander, which can be rented at some home supply stores if you don't have your own, takes the intensity out of varnish removal. You will need to sand until the surface shine is mostly gone, and the piece is smooth. (This can be done by hand with course sandpaper, but will require far more time.)

A medium-grit sandpaper can be used to finish removing any remaining patches of paint or stain.

### Chemical Stripping

If you choose to apply chemical strippers (liquids, sprays or gels) instead of sanding furniture, you'll need eye protection, rubber gloves, a stiff paint brush for application and a well-ventilated space in which to work.

After following the manufacturer stripping instructions, you will likely still need to sand any remaining bits of varnish, and multiple stripper applications may even be needed prior to that sanding.

Keep in mind, many online tutorials offer no-strip options, particularly with modern chalk paint products. The decision whether or not to invest the time involved in stripping depends upon your goals for the final look of your piece and the time you are willing to spend on the project.

### Cleaning Part 2

If you elected to use a chemical stripper, a second cleaning will be required. Mineral spirits or turpentine may be used, but your product's manufacturer will make recommendations, too. Once clean, allow the furniture to dry again.



### Wood Sealing

It may be tempting to omit this step, but sealant better allows the new paint or stain to be evenly and smoothly applied. Before sealing, you'll want to fill any imperfections or holes with a filler that is as close to your wood color as possible.

Then, you can apply sealant generously over the piece, wiping away excess with a clean cloth. A fine grit sandpaper can be used to smooth the surface once the piece is completely dry. Remove any dust with another clean cloth.

### Painting/Staining

There are many available paint and stain styles and colors. Consider the space in which you plan to use the piece when determining which product is best suited. Some products are easier to apply, less likely to show mistakes and/or more likely to withstand use. Choosing the best new paint or stain for your piece may be harder than the actual application!

Manufacturers may suggest the best type brush for application. Once applied, allow to dry before applying another layer as needed.

### Finishing

This step protects your newly painted piece, offering a safety layer from moisture or damage. As with the last step, there are a number of options — lacquer, oil and polyurethane, to name a few.

Your selected finish can be applied with a brush or cotton rag. Allow to dry, and apply another layer, if desired.

While refinishing furniture is less expensive than buying new, it will cost you in time. However, if you have a weekend to spare, it is the most cost-effective option to giving your space a new look. Upcycling a thrifted piece or making over an existing piece in your home is good for the environment and your wallet! **NOW**

Source: [www.homedepot.com/c/ah/how-to-refinish-furniture/9ba683603be9fa5395fab90140efad1a](http://www.homedepot.com/c/ah/how-to-refinish-furniture/9ba683603be9fa5395fab90140efad1a).



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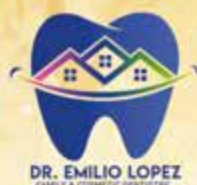
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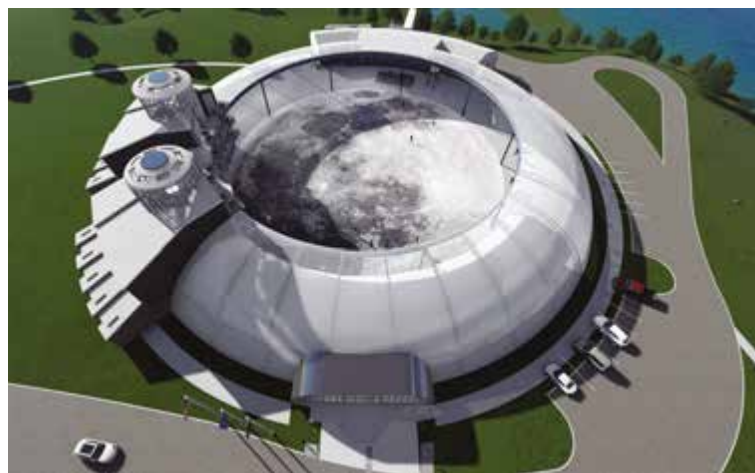
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TravelNOW

## Historic Fort to Outer Space

— By Lisa Bell

Many hunters know about Jacksboro, but the small town offers an amazing adventure. From the historic Fort Richardson to the future site of Back to Space's Lunar Landscape Experience, this town northwest of the Dallas-Fort Worth area gives families an opportunity to experience history and nature.

Part of the Texas Forts Trail, the restored fort housed at Fort Richardson State Park carries a long history ranging from the mid-1800s to 1940s and beyond. A National Historic Landmark since 1964, Texas Parks and Wildlife Department acquired the property in 1968. Since then, the park expanded to over 450 acres, and several of the 55 original buildings dot the landscape as restored pieces of history. Visitors may arrange guided tours Tuesday through Friday, but on the weekends, the park opens the buildings with rangers available during self-guided tours.

In November, historical re-enactors take over Fort Richardson, presenting an authentic experience of the Civil War.

Visitors pay only the standard entrance fee and get to see how soldiers lived at the fort during the 1800s.

Besides the historical site, ample day-use spaces provide spots for picnics, including a playground and covered pavilion. Rustic cabins and campsites enable visitors to enjoy a full weekend of hiking, biking, fishing, swimming, paddling and geocaching. With 12 miles of trails, be sure to take one to the Rumbling Springs Area. An underground spring rises to the surface, with the gentle sound of water flowing along the trail. Quarry Lake lies behind headquarters for fishing, and the North Park offers a sandy beach for swimming, fishing, boating and kayaking on beautiful Lake Jacksboro.

Ironic to the historical nature of Fort Richardson, wind turbines dot the horizon overlooking the state park. Jacksboro has never been a stranger to innovation. That represents one reason Danielle Roosa, granddaughter of astronaut Stuart Roosa, chose



the small town for her brainchild of Back to Space's Lunar Landscape. When someone incorrectly identified their favorite astronaut as Lance Armstrong (the cyclist), instead of Neil Armstrong, she resolved to renew education and interest in space exploration.

Delayed because of the pandemic, BTS plans to open near the end of 2022. The Lunar Landscape experience will not only reacquaint kids and adults with historical events, it will also educate them on space travel's current and future exploration.

On 33 acres of land beside Lake Jacksboro, the facility will be a truly immersive experience. Chief Marketing Officer Heather Sisson shared her enthusiasm over this one-of-a-kind destination, describing what will become the new pride of her hometown.

On entering, full sensory virtual reality engulfs visitors, simulating a rocket landing on the moon, and certain to catapult fresh interest in space. In different rooms, the Lunar Landscape will offer game play and multiple exhibits that let each person experience the same thing astronauts did in the past. In a constantly changing environment, families may want to return for a fresh experience more than once or twice.

Beyond the sense of walking on the moon, they also plan to host concerts, festivals and numerous events. With the possibility of lakeside lodging, Lunar Landscape continues working with the city. When finished, Jacksboro truly will become a destination people visit to experience life from the past, present and future.

In the meantime, visit Jacksboro, get acquainted and plan many return trips. You can go camping or stay at one of the hotels, the Richards Ranch, or JRs Chophouse B&B while enjoying the hospitality of this quiet town. **NOW**

*Editor's Note: For more information visit [www.tpwd.texas.gov/state-parks/fort-richardson](http://www.tpwd.texas.gov/state-parks/fort-richardson) and [www.backtospace.com/lunar-landscape/](http://www.backtospace.com/lunar-landscape/).*

*Photo of Back to Space's Lunar Landscape Experience courtesy of Back to Space. Photos of Lake Jacksboro and Fort Richardson by Lisa Bell.*

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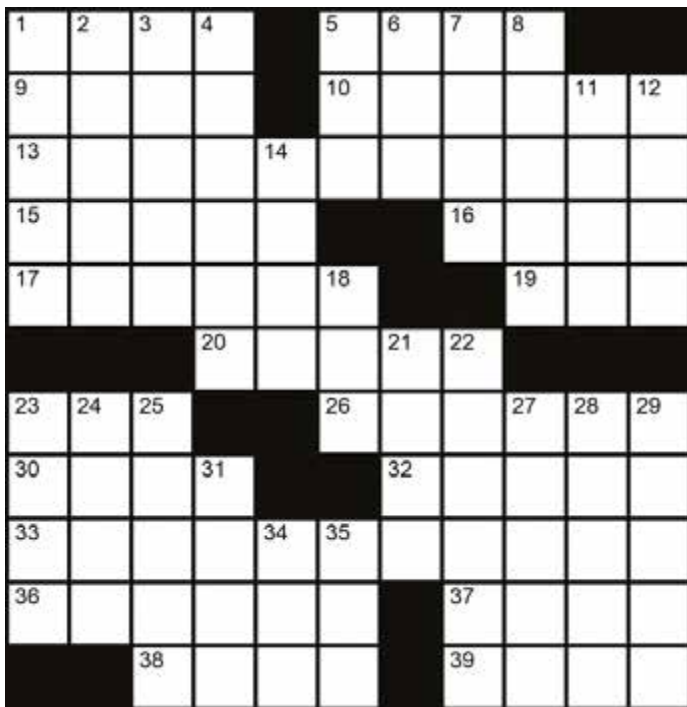
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## Across

- 1 Feeling of hunger
- 5 "Four Weddings — Funeral"
- 9 Operatic solo
- 10 Director of "Amadeus"
- 13 Unfortunate
- 15 Mournful ring
- 16 Great ideas
- 17 In peril
- 19 Fink
- 20 Coats
- 23 Going
- 26 Old capital on the Vistula
- 30 One way to hydrate in hospital
- 32 The first Mrs. Trump
- 33 A shared characteristic, if common
- 36 Inactive state
- 37 Diamond team
- 38 Kind of year
- 39 Where holes are started

## Down

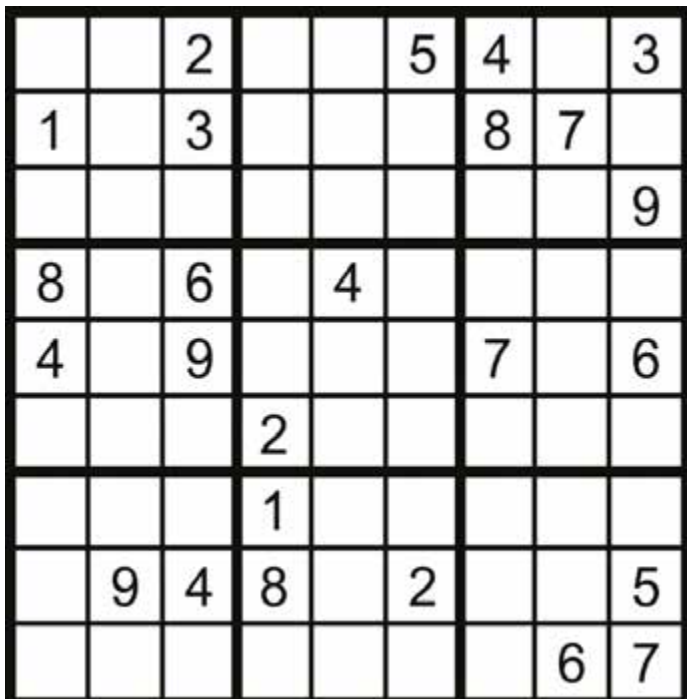
- 1 Arctic garment
- 2 — you forgetting something?
- 3 It hangs near Chad
- 4 Vampire repellent
- 5 Toward the stern
- 6 A negative
- 7 Street
- 8 Fossil resin
- 11 Egyptian dancing-girl
- 12 Digs of twigs
- 14 "Born Free" lioness
- 18 Fearsome initials
- 21 Emerald Isle
- 22 Learned one
- 23 Chances
- 24 Erode
- 25 Last edition
- 27 — Holmes, a Tom Cruise ex
- 28 One- — (basketball defense strategy)
- 29 Merchandise
- 31 Sit for a portrait
- 34 "Mamma" follower
- 35 Web-connection co.

Solutions on page 52

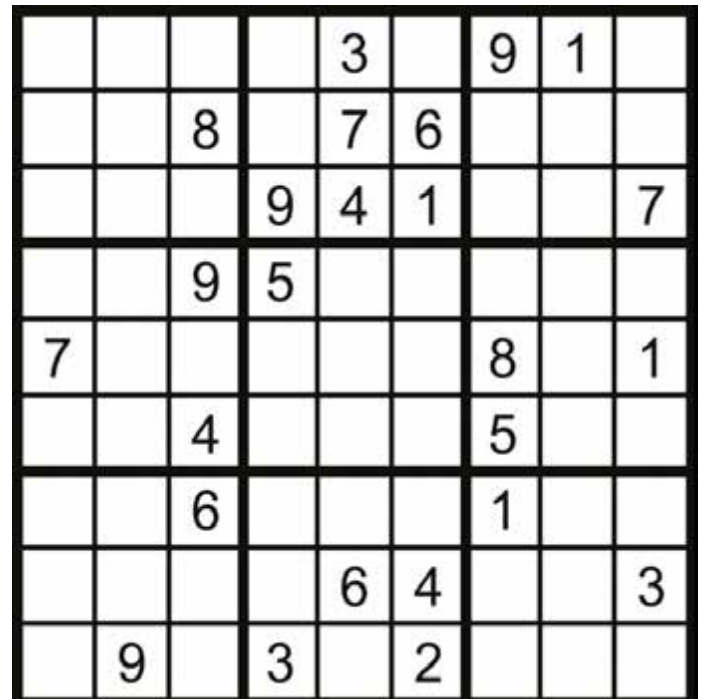
For online versions, visit [nowmagazines.com](http://nowmagazines.com)

# Sudoku Puzzle

Easy



Medium





CrosswordSite.com Ltd

For online versions, visit [nowmagazines.com](http://nowmagazines.com)

Solutions on page 52



**Happy Thanksgiving!**

**CAKE WALK**  
Nov. 5th at 1pm  
Donations Appreciated!

Pantry is open Nov. 1st & Nov. 15 at 11am - 3pm • We will have Thanksgiving turkeys in!

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**VOLUNTEERS NEEDED**



## SouthwestNOW Scavenger Hunt



**Find 5 hidden Paperclips**

in 5 different ads in this issue (not counting the one above).

Email the page numbers and specific ads where they are found, plus your contact information and phone number, by November 15th. To ensure your Scavenger Hunt answers go in the drawing, you must use the

**Scavenger Hunt Email**

[scavenger.swn@nowmagazines.com](mailto:scavenger.swn@nowmagazines.com)



**\$50 Cash Prize**

Courtesy of:

**NOW Magazines**

[scavenger.swn@nowmagazines.com](mailto:scavenger.swn@nowmagazines.com)

Winner must pick up prize within 30 days of drawing.

Paperclips were found on pages 6, 28, 34, 41, 53

October winner is:  
Gina Collins - \$50 Cash from NOW Magazines

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Happy Thanksgiving



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# Happy Thanksgiving

## NOVEMBER

Due to COVID-19, some events may have been cancelled or rescheduled while we were at press. Check with individual organizations or your city or Chamber websites to verify dates and times.

11/4-11/6

### Noises Off!

A live theater production by Village Tech High School. Adult themes. \$5-\$10. 7:00 p.m. Additional show Saturday at 2:00 p.m., Village Tech High School, 402 W. Daniel Dale Rd., Duncanville.

11/6

### Arbor Day Tree Planting and Celebration:

2 free saplings per person. 9:00-11:00 a.m., Armstrong Park, Tennis Court Parking Lot, 203 E. Wheatland Rd., Duncanville.

11/9

### Red Cross Blood Drive:

Supplies are low. Give the gift of life. Noon-5:00 p.m., Duncanville Library, Program Rooms, 201 James Collins Blvd., Duncanville.

11/14

### The Dream:

Fashion show presented by Elements of Style. Live DJ, food and drinks. \$45-\$60. 6:00-11:00 p.m., Unique Visions Upscale Events, 324 S. Hampton Rd., DeSoto.

11/19

### Paradigm Shift Fall Into the Season:

This event focuses on minority-owned start-ups and

understanding business taxes. Free. 9:00 a.m.-1:00 p.m., Sims Recreation Center, 310 E. Parkerville Rd., Cedar Hill.

11/20

### Don't Let Your Food Go to Waste:

Learn how to can food from A-Z. This is a hands-on learning experience teaching how to can fruits, vegetables and meats for fun and survival. \$45. 10:00 a.m.-2:00 p.m., Glo Best Western, 1215 E. I-35E, DeSoto. Space is limited so register on Eventbrite.

11/22-11/24

### Fall Break Activities:

Various school-age activities all day. Free. Noon-4:00 p.m., DeSoto Public Library, 211 E. Pleasant Run Rd.

11/25

### Gobbler Gallop:

Run at the time, place and distance of your choice for this virtual event. \$20. Register at cedarhilltx.com/gobbler by 11/4 to guarantee a T-shirt in your size.

Submissions are welcome and published as space allows. Send your current event details to adam.walker@nowmagazines.com.



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# SCAVENGER HUNT WINNER!



**Sharmila Wilmore won a \$50 cash prize courtesy of SouthwestNOW Magazine!**



**Urgent  
Health  
Warning:**

## **An Important HEALTH WARNING for Men and Women Age 55 or Older!**

**Do You Suffer from *Pain, Burning, Numbness,*  
or *Tingling* from Nerve Damage Caused by  
Diabetes, Infection, or *ANY* of the Other  
Conditions Listed in this Urgent Special Report?**

***If so, now you can virtually end your discomfort,  
protect your health, and help you live a more active life.***

Dear Suffering Friend:

Tens of millions Americans have nerve damage — a condition known as “neuropathy.”

*The most common symptoms of nerve damage are pain, burning, tingling, and loss of feeling in your feet, legs, and fingers* — with the pain ranging from mild to almost unbearable.

If you are diabetic, and especially if you are also age 60 or older, odds are that your nerve damage has been caused directly by your diabetes — although many younger diabetics also have nerve damage from this potentially deadly disease.

*But many OTHER people with these symptoms — pain, burning, and tingling — are NOT diabetic, yet also suffer from nerve damage.*

According to the Mayo Clinic, the many diseases and conditions that can destroy the nerves in your extremities and limbs include:

- |                        |  |                  |
|------------------------|--|------------------|
| ✓ Alcoholism           | ✓ Repetitive motions such as typing        | ✓ Chemotherapy   |
| ✓ Autoimmune diseases  | ✓ Bone marrow disorders                    | ✓ Tumors         |
| ✓ Vitamin deficiencies | ✓ Certain prescription medications         | ✓ Infections     |
| ✓ Liver disease        | ✓ Falls, sports injuries, and other trauma | ✓ Kidney disease |
| ✓ Underactive thyroid  | ✓ Wearing a cast or using crutches         |                  |

***New hope — and better health —  
for men and women with nerve damage ...***

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## Crossword - Sudoku Solutions

1	P	A	N	G		5	A	N	D	A	
9	A	R	I	A		10	F	O	R	M	A
13	R	E	G	R	E	14	T	T	A	B	L
15	K	N	E	L	L				16	G	E
17	A	T	R	I	S	18	K			19	R
						20	C	A	K	E	S
23	O	F	F			26	K	R	A	K	O
30	D	R	I	P					32	I	V
33	D	E	N	O	M	34	I	N	A	T	O
36	S	T	A	S	I	S			37	N	I
						38	L	E	A	P	
									39	T	E

Easy

9	6	2	7	8	5	4	1	3
1	5	3	6	9	4	8	7	2
7	4	8	3	2	1	6	5	9
8	3	6	9	4	7	5	2	1
4	2	9	5	1	3	7	8	6
5	1	7	2	6	8	3	9	4
2	7	5	1	3	6	9	4	8
6	9	4	8	7	2	1	3	5
3	8	1	4	5	9	2	6	7

Medium

6	4	7	8	3	5	9	1	2
9	1	8	2	7	6	4	3	5
5	2	3	9	4	1	6	8	7
1	6	9	5	2	8	3	7	4
7	5	2	4	9	3	8	6	1
3	8	4	6	1	7	5	2	9
2	3	6	7	5	9	1	4	8
8	7	5	1	6	4	2	9	3
4	9	1	3	8	2	7	5	6

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# *Happy Thanksgiving!*

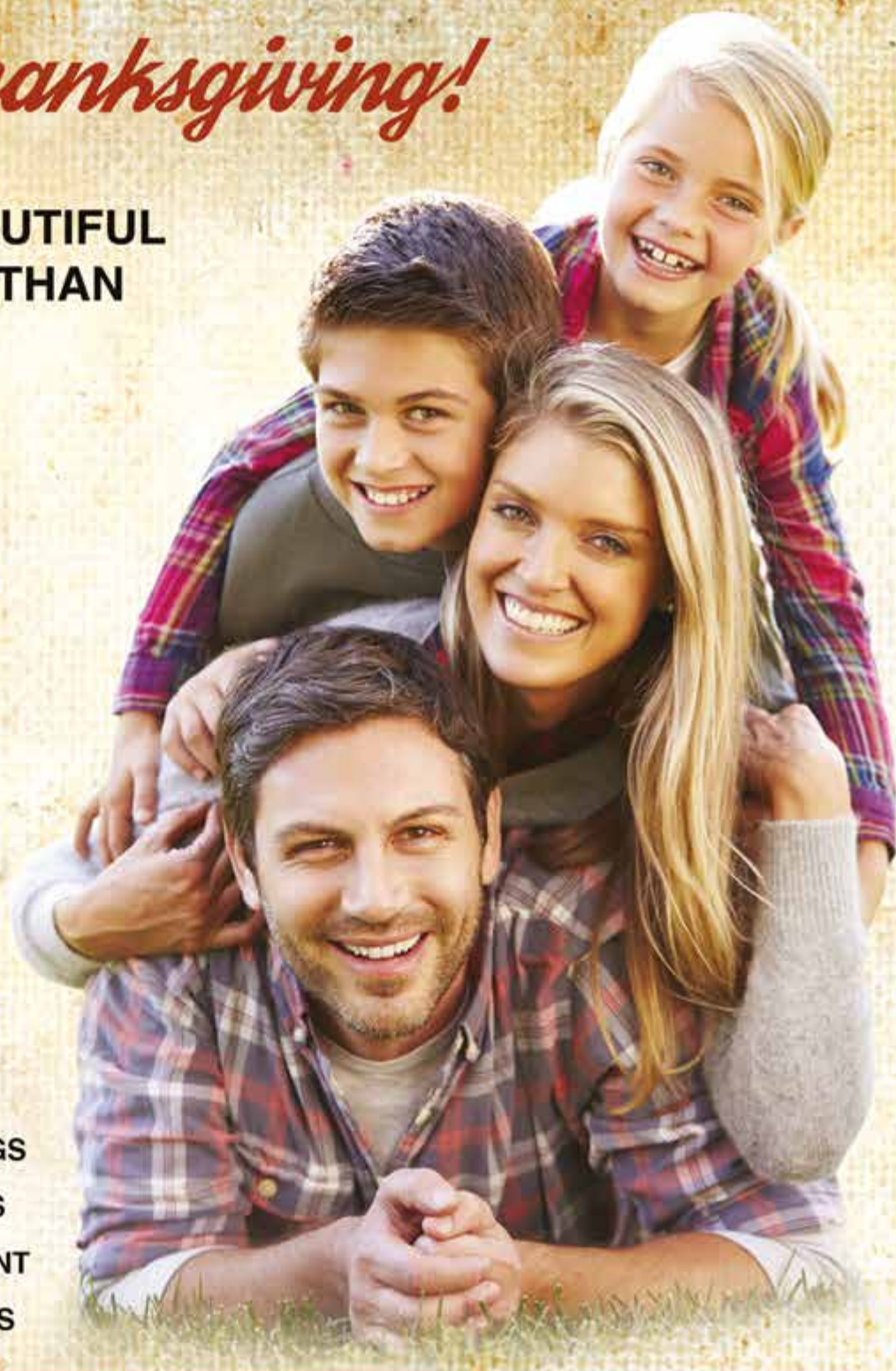
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# 13TH ANNUAL LAKE RIDGE CHARITY GOLF TOURNAMENT



## MISSION STATEMENT:

To allow the Lake Ridge Charitable Foundation the ability to reach out to the local community, create awareness of all Lake Ridge has to offer, and create immense goodwill towards our neighborhood and the community.

## Some of the charities benefiting from the 2021 tournament:

Bridges SafeHouse  
Cedar Hill All Pro Dads  
CHAT • Mission Cedar Hill  
Cedar Hill Shares  
Grand Prairie Food  
and Clothing Co-op

*Mark The Date*

**NOVEMBER 6, 2021**  
**TANGLE RIDGE GOLF COURSE**  
7 AM Registration/ 7:30 Putting Contest

8:30 Shotgun Start

- First Flight - \$600 Gift Card
- Second Flight - \$400 Gift Card
- Third Flight - \$300 Gift Card
- DAL Place—Special Prize
- Raffle Items too many to list



## SPONSORSHIP PACKAGES AVAILABLE

\$100 per player • \$400 per team

Premier \$5,000 • Golf Carts \$1,000

Platinum \$2,500 • Closest to The Pin \$500

Gold \$1,500 • Longest Drive \$500

Silver \$1,000 • Putting Contest \$500

Lunch/Awards \$1,500 • Hole Sponsorship \$200

Breakfast \$1,000

## ATTENTION SPONSORS AND PLAYERS

Registration [www.LakeRidgeCharityGolf.org](http://www.LakeRidgeCharityGolf.org)

Contact The Lake Ridge Charitable Foundation

Email: [LRCFInc@gmail.com](mailto:LRCFInc@gmail.com)

Call (972) 213-1306 to register

You may also print out and mail your registration or sponsorship to:

909 W. Beltline, Cedar Hill, TX 75104

Or the drop box located inside the POA Office

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