

Burleson

Including Crowley and Joshua

M A G A Z I N E

NOVEMBER 2013

NOW

Happiness by Choice

Cynthia Hall
spreads joy while
challenging bus riders
and others to smile

Fall Fashion

At Home With Luanne Humphrey

SPECIAL SECTION:
2013 Holiday
Shopping
Guide

Fall Family Fun

Bring some color into
your autumn with
these seasonal crafts

Destined For Greatness

Happy, Healthy People

In the Kitchen With
Glenda Bullard

Come and Lose Your Stuffing!

Billy M. lost
22.6 pounds
in 9 weeks.



Billy M. - Mansfield, TX

When I set my goal to weigh 190 pounds, in the back of my mind, I didn't think it was realistic. But with the encouragement of my friends and family I came to Diet Solution Centers and I HAVE MADE IT. The DSC staff has been there for me every step of the way. No chastising, just encouragement. Thanks to DSC for making me feel better than I have in years.

- ✓ Medically monitored weight-loss system
- ✓ Natural and FDA-approved prescription appetite suppressants
- ✓ No prepackaged foods
- ✓ No contracts, no hidden fees
- ✓ No restrictive 500-calorie diet plan

Individual results may vary.

Follow us on Facebook



DietSolution

WEIGHT LOSS CENTERS

817-453-DIET (3438)

CROWLEY / BURLESON
740 S. Crowley Road, Suite 2
(Next door to I-Fit Elite Gym)

MANSFIELD
920 US Hwy 287 N. Suite 306
(At Walnut Creek in Tom Thumb Shopping Center)

Dr. Brian J. Caplan, M.D. • www.dietsolutioncenters.com

Giving Thanks!

We want to thank you for 27 years of support.



ORTHODONTICS



BRACES & INVISALIGN

Where Smiles Come Alive

- *Free Consultation (\$150 value)*
- *No Down Payment**
- *Most Insurance Accepted*
- *Braces & Invisalign*
- *TMJ/TMD, Dental Migraines & Headache Treatment*
- *Private Treatment Rooms*

**Only applicable to autodraft and does not pertain to Invisalign.*

Bring in this ad for
**\$250 OFF
TREATMENT!**

(Comprehensive treatment and new patients only. Cannot be combined with any other offers. Prices ranging from \$2500-\$5900. Expires 1-31-14.)

Dr. Sheila Birth
Board Certified Orthodontist

Dr. Charles Stewart

109 West Renfro St.
Burleson, TX 76028

817-546-0770

www.ProfessionalSmiles.com

Thank You

We are extremely thankful to all of our wonderful customers for choosing First National Bank of Burleson for your financial needs. Because of you, we have been consistently rated a 5-Star Bank by Bauer Financial, which indicates we are strong and secure. We still offer the very best products and services such as *free checking* and low interest rates on business and personal loans. Since we are locally owned and independent, we are proud to be involved in the community through civic and charitable organizations. We are thankful for you!

Happy Thanksgiving from your friends at First National Bank of Burleson!



Member FDIC

First National Bank

of BURLESON...LOCALLY OWNED

Welcome Home!

Products and Services:

FREE Checking Accounts	Safe Deposit Boxes
Business Checking Accounts	FREE Online Banking
Regular Savings Accounts	Online Bill Pay
Certificates of Deposit	Auto Loans
ATM/Debit Cards	Personal Loans
Business Debit Cards	Real Estate Loans
Personal/Business Credit Cards	Business Loans
Merchant Services	SBA/504 Loans
+ Much More!	

817-295-0461 • www.FirstBurleson.com

899 NE Alsbury Blvd. (@ I-35W) • 740 SW Wilshire Blvd.

Burleson, Texas 76028



Publisher, Connie Poirier
General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker
Burluson Editor, Melissa Rawlins
Editorial Coordinator, Sandra Strong
Editorial Assistant, Beverly Shay
Writers, Lisa Bell . Amber D. Browne
Erin McEndree . Betty Tryon
Patricia E. Vermeire
Editors/Proofreaders, Pat Anthony
Pamela Parisi

GRAPHICS AND DESIGN

Creative Director, Chris McCalla
Artists, Casey Henson . Martha Macias
Felipe Ruiz . Arlene Honza
Brande Morgan . Shannon Pfaff

PHOTOGRAPHY

Photography Director, Jill Rose
Photographers, Jennifer Spears
SRC Photography

ADVERTISING

Advertising Representatives,
Melissa McCoy . Lisa Miller . Teresa Banks
Rick Ausmus . Linda Dean . Laura Fira
Mark Fox . Bryan Frye . Vicki Meeks
Carolyn Mixon . Jami Navarro
Lori O'Connell . John Powell . Steve Randle
Linda Roberson . Judy Trivett

Billing Manager, Angela Mixon

ON THE COVER



Luanne Humphrey revitalizes each season with life-like figurines in every room of her house.

Photo by SRC Photography.

CONTENTS

November 2013 • Volume 7, Issue 11



8 Happiness by Choice

Life can be fun in spite of less-than-perfect circumstances.

18 Destined for Greatness

Football runs deep in Isaiah Hall's family.

30 Fall Fashion

At Home With Luanne Humphrey.

36 Fall Family Fun

Let autumn begin with crafting ideas designed with the family in mind.



42 BusinessNOW

44 Around TownNOW

46 FinanceNOW

48 HealthNOW

52 CookingNOW

BurlusonNOW is a NOW Magazines, L.L.C. publication. Copyright © 2013. All rights reserved. *BurlusonNOW* is published monthly and individually mailed free of charge to homes and businesses in the Burluson, Crowley and Joshua ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (817) 477-0990 or visit www.nowmagazines.com.



Editor's Note

Hello Burlison, Crowley and Joshua!

This month we have the opportunity to gather with friends and family to publicly express gratitude for the overflowing lifestyle we enjoy in America. Yes, there are some in our community who cannot claim such abundance. This provides opportunity for the rest of us to be blessings. All around us are places like Open Door Ministries in Joshua, Crowley House of Hope, Harvest House and Heart For the

Kids in Burlison — amongst others — where we can step up to the plate, not to eat but to serve. Beyond food, we can serve thoughtfulness and friendship. And these things can be done year-round.

Getting to know others with a wholly different story than my own deepens my appreciation for all I have ever known, and for the One who gave me life. May you be blessed to be a blessing too!

Happy Thanksgiving,

Melissa

Melissa Rawlins
BurlisonNOW Editor
melissa.nowmag@sbcglobal.net
(817) 629-3888

Thanksgiving is a time when the world gets to see just how blessed and how workable the Christian system is. The emphasis is not on giving or buying, but on being thankful and expressing that appreciation to God and to one another.
-John Clayton

Christmas is coming upon us, let us make you a custom, handcrafted piece for your loved one this holiday season.

Woolard's

CUSTOM JEWELERS
Jeweler By Trade, Artist By Heart
Bob and Caryl Woolard

437 S.W. Wilshire Blvd • Burlison, TX
Between NW Newton & Exchange
817-295-6361
woolardsjewelers.com • woolardtxbgw@aim.com

Adult and Children's Dentistry. Gentle Dental Care and friendly staff!

Crystal Dental
www.crystaldental.org

- BURLISON •
664 S.W. Wilshire Blvd. • Burlison, 76028
817.426.3331
- FORT WORTH •
1114 E. Seminary Dr. • Ft. Worth, 76115
817.921.0883
- CLEBURNE •
1301-H W. Henderson St. • Cleburne, 76063
817.641.3344

Laughing gas available for patients with dental phobia!

\$59 EXAM, X-RAY AND CLEANING
(gum treatment extra)
With coupon. Expires 11/30/13

\$10 FOR LIMITED EXAM AND X-RAY
With coupon. Expires 11/30/13

We accept Medicaid, CHIP & most Insurances.

Accents of Burlison

121 NE Wilshire • 817-447-3315

IT'S OK TO WINE A LITTLE

Visit our booth at the Burlison Wine Crawl November 9th.

Furniture & Home Decor
From Rustic to Classic

Gifts for every occasion
Baby & Bridal Registry Available

Cleburne • Granbury • Keene
www.accents-home.com

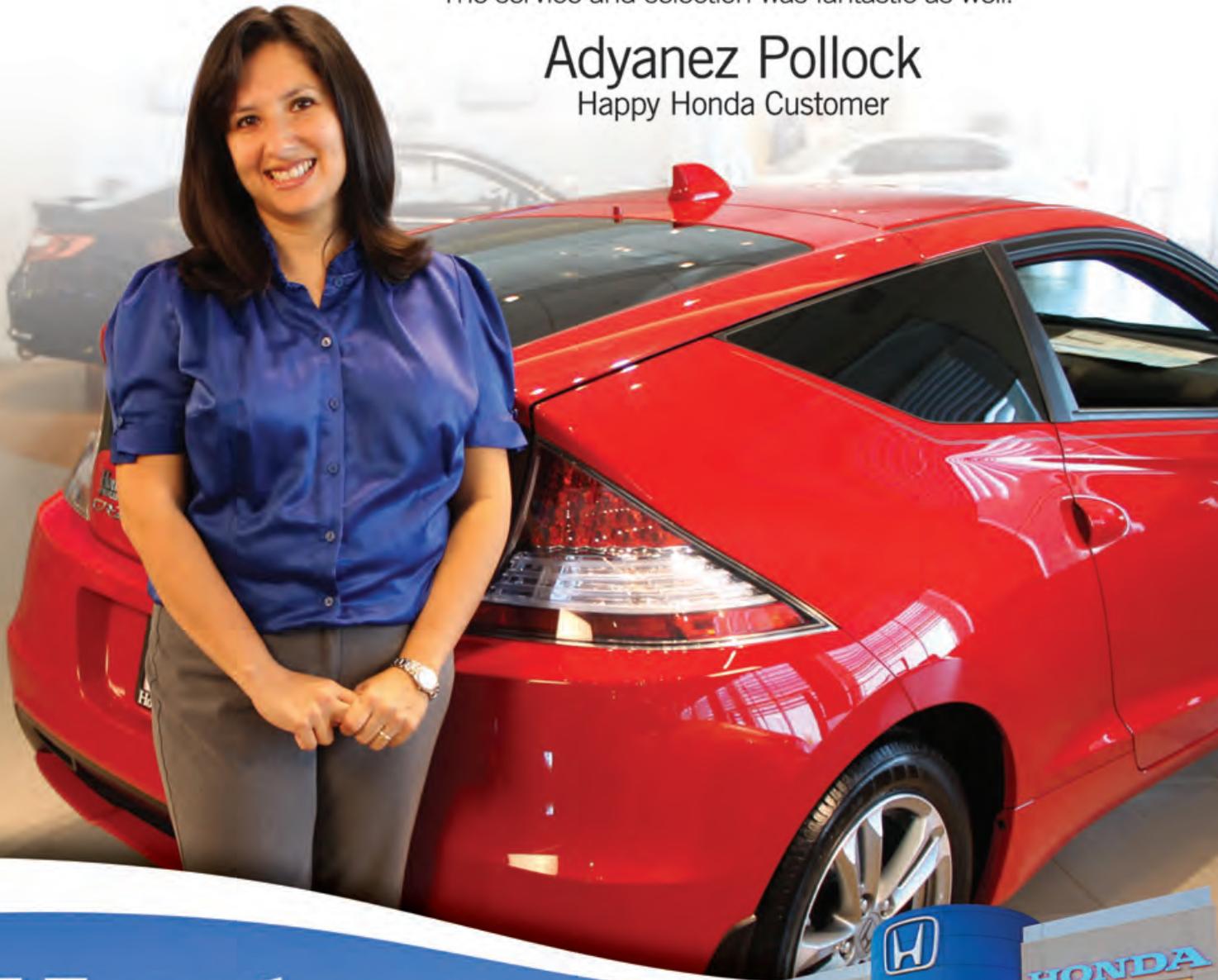
Lifetime Powertrain Warranty | \$0 Added Cost

On EVERY New Honda & Most Pre-Owned

“The reason we came to Honda of Burleson was their incredible Lifetime Powertrain Warranty. The service and selection was fantastic as well.”

Adyanez Pollock

Happy Honda Customer



Honda
of BURLESON



888-Yes-Honda

HondaOfBurleson.com

Local: 888.577.9511

632 N. Burleson Blvd in Burleson, TX 76028. If traveling South, exit Renfro and make a U-turn.

INFINITY FLOORING

Step Into Fall with New Flooring



HARDWOOD, TILE, LAMINATE, CARPET, VINYL, GRANITE, VINYL PLANK, SHEET VINYL, WE DO IT ALL!

\$399

**Laminate
Installed
Price**

(minimum footage required)
Offer expires 11.30.13

\$299
sq. ft.

water resistant vinyl,
hardwood plank
Installed Price!

(minimum purchase \$2000)
Offer expires 11.30.13

\$599
sq. ft.

1/2" Hand
Scraped Engineered
hardwood
Installed Price!

(minimum footage required)
Offer expires 11.30.13

**\$200
OFF**

any installed
project

(minimum purchase \$2000)
Offer expires 11.30.13

NO-INTEREST FINANCING FOR UP TO 24 MONTHS

Minimum purchase (with approved credit)

Coupons may NOT be combined with sale items. Coupons must be presented at time of sale

We Do Remodeling!

- Kitchen and Baths
- Fireplace Updating
- Plumbing
- Electric
- Tape, Bed, Texture, Paint
- Room Additions
- Laminate countertops

Store: 817.641.2010

After Hours: 972.345.4917

infinityflooring2010@gmail.com

www.myinfinityflooring.com

We Offer:

- Lifetime No-Exclusion Stain Warranty
- Lifetime Warranty Laminates
- Lifetime Installation Warranty from Certified Installers
- **Free** Measure and Estimates
- **Free** Design Consult



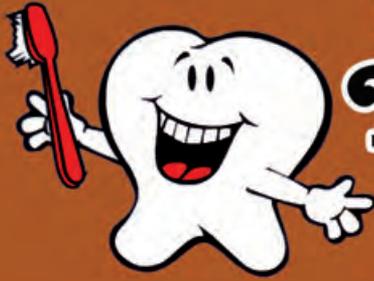
Financing Available with Approved Credit

Hours: Mon-Thurs 9am-6pm • Fri 10am-5pm • Sat 10am-5pm • Closed Sun

Stop by our beautiful showroom conveniently located at ...

307 E. 12th Street, Ste B • Joshua (Next to Family Dollar)

★★★★★ Check out our 5-Star Customer Service Rating at yellowpages.com ★★★★★



Start every day off with a GREAT smile **Family Smiles**

General Dentistry for Adults & Children
(817) 426-9337



¡Hablamos Español!

\$20⁰⁰
Toothache Visit
 Includes Necessary X-ray, Exam and Doctor Consultation
 Regular price \$100
 Not valid with any other offers.

\$40⁰⁰ Initial Exam
 Includes Necessary X-ray, Exam and Doctor Consultation
 Regular price \$150
 Not valid with any other offers.

For Patients with No Insurance
 Full-mouth Deep Cleaning \$300
 Simple Cleaning \$75
 Most Extractions \$200
 (Excludes Wisdom Teeth)

Teeth Whitening \$125⁰⁰
 Regular price \$300
 Include custom-fitted mouth guard & take-home bleaching kit.
 New patients only.

LOCATED BEHIND BRAUM'S



**225 Exchange St. Ste D
Burleson, TX 76028**

**Mon-Fri 10am-6pm
Sat 9am-2pm**

Dr. Gunjan Dhir BDS, MS & Associates

**Accepting Medicaid
& CHIPS and All PPO Insurances
Walk-ins &
Same-day Emergencies**

Happines

by Ch

— By Lisa Bell

A little boy approached the school bus, head down with a deep frown on his face. It can't be that bad, Cynthia Hall thought. As he stepped onto the bus, her smile broadened. "Good morning. Rise and shine," she said. A tiny smirk crossed his lips.

For weeks, they continued the morning ritual. Each day, the child's smile grew. Before long, he stepped onto the bus and broke into a wide grin before Cynthia spoke. She beamed, feeling she helped make his days brighter. "When other people are happy, it makes me happy," she said.

In spite of a less-than-perfect life, bad marriages and being a single parent to four children, Cynthia chose happiness. No matter what life threw her way, she looked for the positive from negative circumstances. "You can let the bad stuff drag you down for the rest of your life, or get back up and keep going," she said. "For the sake of my children, I have to keep going." She set an example for them of how to produce a positive attitude. As a single mother, staying positive wasn't always easy, but she remained upbeat.

"Even though bad things happen in life, we make the choice of whether it's gonna affect us or not," she said. "It's not what your parents did or didn't do, or what anyone has done to you. Your choice — you choose which way to go."

Cynthia grew up in Lewisville, Texas, but has lived in the

Burleson area since 1992. She spent many years being a substitute teacher. However, when her oldest daughter got pregnant, she moved to Arkansas to be with her. With no substitute teaching jobs available, she opted for a position as a veterinarian assistant. After several years, she decided it was time to move back home to Burleson, where another veterinarian assistant job waited. She liked working with animals, but missed being with children.

During that same time, her youngest son struggled with emotional and behavioral issues. Cynthia knew more than missing a male role model hid beneath the surface. After many misdiagnoses and medications that didn't help,



Students Lane Copeland and Patrick Dent are pictured with Cynthia Hall and her children — JP Morris, Allyssa Morris and Stephanie Cantrell.



choice

doctors finally pointed to Asperger's Syndrome, a type of high-functioning autism, as the true issue. A job opening for a bus driver with Durham in the Burselon ISD gave her the perfect solution.

At first, she said, "It's so big. I could never drive one of those." But she learned. A split schedule allowed her to take her son to doctor's appointments and provided the opportunity to eat lunch with her daughter, who loved seeing her mom appear at Centennial High School with a pizza.

Cynthia chooses to leave the past

"Even though bad things happen in life, we make the *choice* of whether it's gonna affect us or not."

**Hoffman Family Practice
ASSOCIATES**

We proudly welcomed
Ashley Schwartz, PA
to our practice
October 21st



MAY EACH OF YOU HAVE A **HAPPY THANKSGIVING!**

Providing compassionate care for your entire family!

Call and schedule your appointment today!

**Adult & Pediatric Care (newborn-adolescent)
Sports Medicine • Physicals for all ages
Allergy Testing • IN-OFFICE LAB & X-RAYS**

Mon-Fri 7:30am - 8pm
Now accepting appointments for After Hours Clinic
Monday – Friday 5 - 8pm
Saturdays Walk-in Clinic 8am - 2pm
Closed Sundays

817-916-5180

2730 S.W. Wilshire (Hwy 174)
Burlson, TX 76028

Located at the Texas Health
Burlson medical complex

HoffmanFPA.com



behind, not bringing it up or dwelling on it. She has decided instead to focus on the good things in life. She greets the day determined to practice happiness and spread it to others. She pushes toward a personal goal of making at least five people smile each day, whether it is her children, co-workers, bus kids, their parents or a stranger at the store. The simplest things place the biggest smile on Cynthia's face.





Cynthia Hall gains encouragement from her boss, Clint Muhlenberg.

As a bus driver, she gets to impact children before they ever reach school. When they board the vehicle, she offers a positive attitude. Cynthia treasures the relationships she builds with the children throughout the year as one of the few adults with whom they interact. When a child experiences a less-than-good day at school, they confide in her. She listens, soothing their hurts so by the time they get home things look brighter. They trust her, not quite like a best friend forever, but as an adult who they know will take them seriously.

JOHN HOUSTON
C U S T O M H O M E S

YOUR HOME. YOUR WAY.

Build your story with us



~ The Beane Story

At John Houston Custom Homes, we believe your family deserves a home built around your needs.



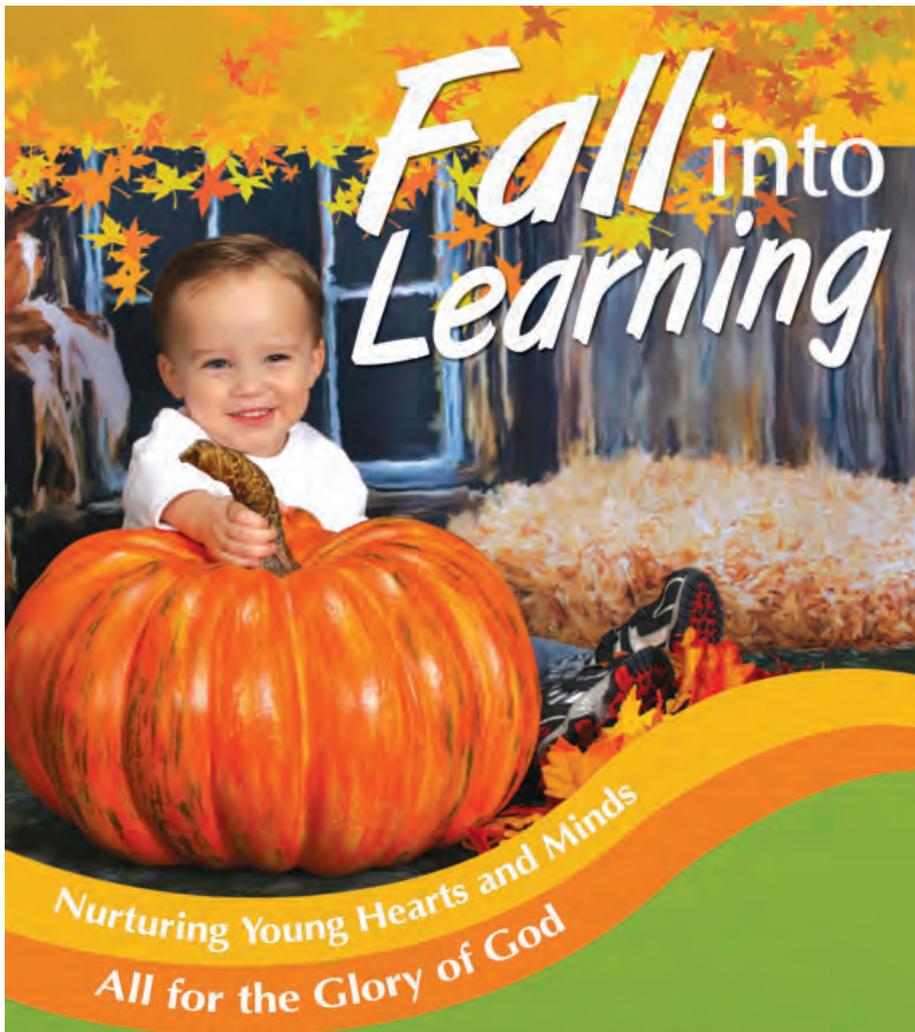
Home is where your family grows, generations meet, and memories are made. A home is birthdays, holidays, and graduations. It is friends, neighbors and small groups.



3 NEW COMMUNITIES
OPENING SOON - more info online

JohnHoustonCustomHomes.com

866.699.6054



Mothers' Day Out is Back!

We have many schedule choices available.
Call to see what schedule works best for your family.

- We offer infant, toddler, pre-school, kindergarten preparatory & after-school programs. We provide flexibility to meet the needs of most schedules & budgets.
- Beautiful state-of-the-art facility conveniently located on Wilshire Blvd.
- Live streaming video to view your child while you are at work.
- A-Beka Curriculum
- Spanish and baby sign is taught in the daily curriculum.
- Music education program. Also, a monthly visit from Mr. Music!
- Morning chapel with praise and worship.
- All teachers are trained by a master-level teacher.
- "Reading Mastery" — early literacy program.

Mountain Valley Child Development Center

2975 S.W. Wilshire Blvd. • Bursleson, TX 76028 • (817) 484-2444
www.mountainvalleychilddevelopmentcenter.com



Cynthia doesn't take for granted the amount of trust parents give her. Bus rules center first on safety. She also demands respect for herself and other students, and insists on keeping the bus clean, allowing no food or drinks. "A clean bus impacts their attitudes," she said. "If a bus is dirty, they show less respect for it."

While she is strict with rules, she also makes riding to and from school fun. She decorates for each season, often considering and adding elements of activities important to the children. When they arrive at school early, she'll ask them an age-appropriate trivia question. She looks for opportunities to have fun. "Life's too short to be a grumpy, negative person," she laughed.

During the summer, Cynthia drove for Fort Worth Recreational Center trips. One of her memorable moments came during such a trip. While visiting Ripley's Believe It or Not, a little boy became frightened going through the tornado exhibit. She told him it wasn't real. "I won't let anything happen to you," she assured him.

"OK, but you have to hold my hand, because I'm really scared," he said.

Clinging to her hand, they made it through the area. With a sigh, he gave her a big hug and said, "Yep. You're my best friend."

One of her most enjoyable activities comes from volunteering for Special Olympics. She gives her time not only through Durham, but personally as well. She first volunteered because of her son, hoping he might get involved. However, she quickly became a part of this special community of people. "The athletes are amazing," she said. "They don't judge or discriminate, they just have fun. I



WE HAVE A GIFT FOR MAKING KIDS AND PARENTS HAPPY.

From our reusable lunch bags to our coloring books and teddy bears, every child goes home with a gift – and you'll go home with the gift of knowing your child received the best possible care from our pediatric board-certified anesthesiologists and pediatric-trained nurses. No wonder USMD Fort Worth has a 99% patient satisfaction rating.

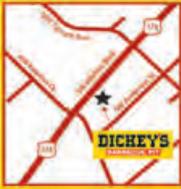
We're patient people.



1-888-444-USMD • USMDFortWorth.com

USMD is a physician-owned hospital.

DICKEY'S BARBECUE PIT



251 SOUTHWEST WILSHIRE BLVD.
BURLESON, TX 76028

817.295.2006

DICKEYS.COM

\$5 OFF

COMPLETE HOLIDAY MEAL

OR

TURKEY & DRESSING MEAL

Not valid with any other offers and cannot be combined with other discounts or specials. Not valid with online orders. Burleson location only. Expires 12/31/2013.



think our society could learn a lot about being positive from them. And they are the happiest people, despite whatever disability they have.”

One boy touched her personally during a 2012 event. A child with severe Down's syndrome started to exit the bus and stopped. “You're so pretty. You're my best friend,” he said. Then he gave her a big hug and handed her a little football. She kept it as a reminder of the extraordinary little boy who brought tears to her eyes. As a volunteer, she admits the children affect her life in a very positive way. She is seeking new ways to grow more involved in community volunteer work.

Cynthia holds an associate degree in business administration and communications. She plans someday to complete her bachelor's and perhaps become a teacher. For now, she focuses on getting her two youngest children finished with high school and encourages them to fulfill their dreams.

When people ask how she can be so happy after all she's been through in life, she smiles. “I have beautiful children, a roof over my head, a good job and good friends. What's not to be happy about? Things could be so much worse. I've been there, and now I'm not. I have good reasons to be happy,” she said.

She encourages other single moms to choose happiness no matter what they face. “For the sake of your kids, don't give up,” she said. “You can still be happy — it's your choice.” **NOW**

Clark Gardens



SATURDAYS
NOV. 30
DEC. 7, 14, 21



STROLL THROUGH LIGHT DISPLAY
SANTA, LIVE REINDEER, ENTERTAINMENT,
HAYRIDE, SNOW TO THROW!

clarkgardens.org

Free Admission passes available at participating Chicken Express Restaurants.

For a list of locations go to www.clarkgardens.org

PRESENTED BY:



Mineral Wells • Weatherford



For Schedule of Events,
Times, and Reservations
visit our website
or scan QR code
with your smart phone

567 Maddux Road, Weatherford, TX ♦ (940)682-4856



Don't wait on a new year to start a new you.

At Texas Health Harris Methodist Outpatient Center Burleson, our advanced fitness center offers everything you and your family need. Our child-care center will watch your kids as you take advantage of the modern gym, extensive group fitness programs and indoor pool. Plus, your wallet won't even break a sweat since we offer no-contract memberships as well as couple and family rates.

For more information, call 817-782-8080
or visit TexasHealth.org/Burleson.



The Hotel Burleson invites you to join us in our new lounge

The Office



For a New Year's Eve Bash, tickets go on sale November 15th.

The Hotel Burleson



Call for ticket prices

Ask for Kathy
817-447-2000
12450 S. Freeway, Burleson
hotelburleson.com

The Hotel Burleson invites you to join us for a romantic evening of dinner and dancing at our:

Valentine's Day Ball



Tickets must be purchased in advance and will go on sale November 15th.

MAKING STRIDES



ONE PATIENT AT A TIME.



LONE STAR

Orthopaedic and Spine Specialists, PLLC

We Specialize in:

- » Minimally Invasive Spinal Surgery
- » General orthopaedics
- » Sports Medicine



Christopher Werner, D.P.M.



Von L. Evans Jr., M.D.



John A. Malonia, M.D.



Gupreet S. Bajaj, M.D.



John A. Thomas, M.D.

215 Old Hwy 1187 • Burleson, TX 76028
Phone (817) 926-BONE (2663)

WWW.LONESTAR-ORTHO.NET



FREE FIRST 6 MONTHS
Weekly Pool Maintenance
with each new pool build

- ▶ WEEKLY SERVICE
- ▶ NEW CONSTRUCTION
- ▶ RENOVATIONS & REMODELING
- ▶ EQUIPMENT REPAIRS/UPGRADES
- ▶ PLASTER, TILE & COPING

- ▶ OUTDOOR KITCHENS
- ▶ DECKING
- ▶ SALT SYSTEMS
- ▶ WATER FEATURES



We ALSO offer Landscape Lighting
Let us light up your life and add beauty to your outdoor surroundings!

You can just have a pool, or you can have a BlueWater pool!
Our showroom is located at 10424 FM 1902 • Crowley, TX



817.297.7120

www.BlueWaterCustomPools.com

Shop'n Awe

Nov 21-Dec 14
Fort Worth
nchashows.com



CHRISTMAS SHOPPING A BATTLEFIELD?

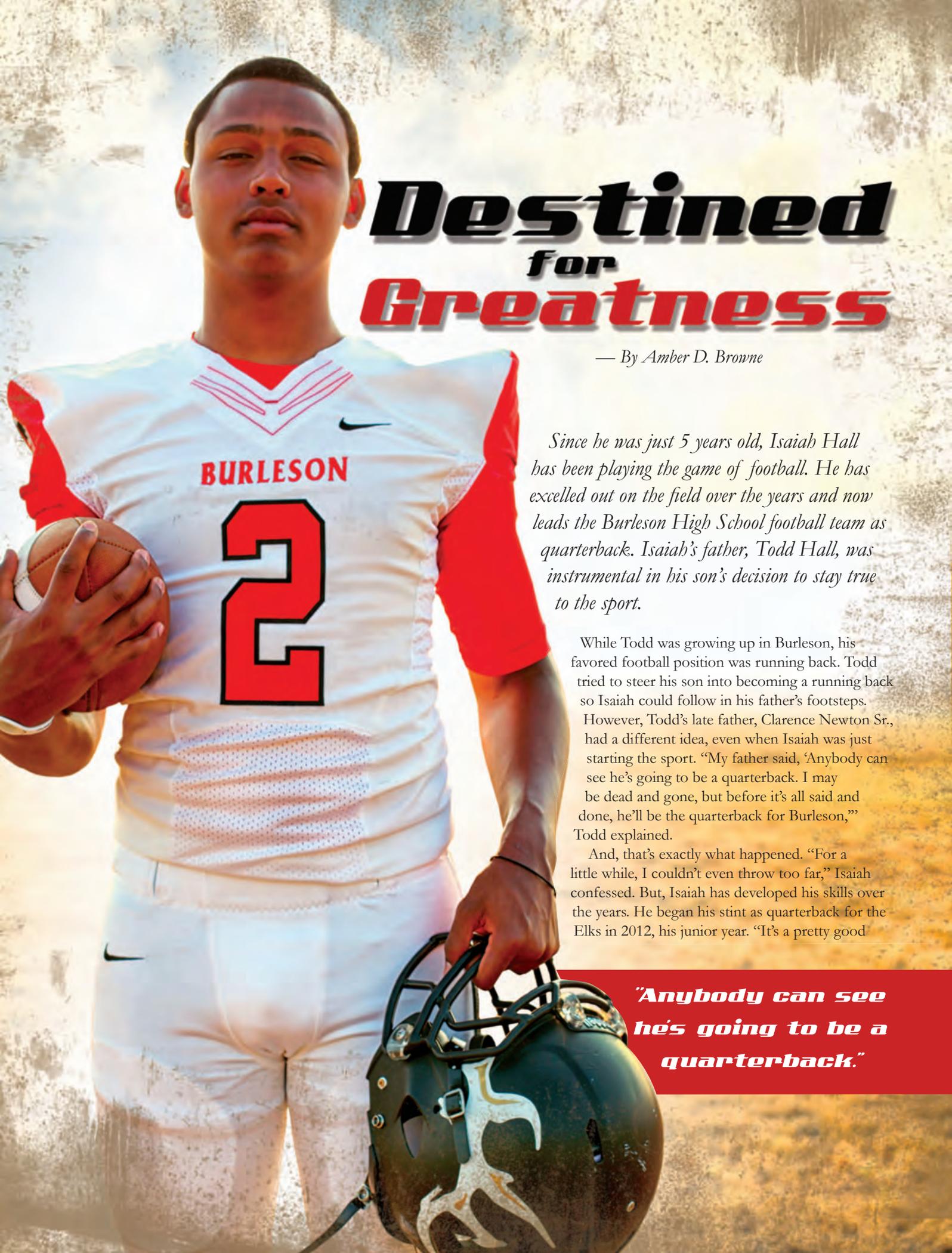
Escape the front lines and shop to the sounds of favorite local bands when you come to the Best of the West western lifestyle gift show during the National Cutting Horse Association's World Championship Futurity. Devon Dawson and the Outlaws, Randy Brown, Zack Seth and more are in the lineup, and you'll find more than 200 friendly merchants offering the best in art and fine jewelry to unique clothing and saddles and equipment.

It all happens November 23 through December 14, 9:30 a.m. to 7 p.m. daily at the Will Rogers Amon Carter Exhibit Hall. Free!

3401 West Lancaster Avenue Fort Worth, TX 76107

For more information, go to nchashows.com.

BRING THIS AD TO THE NCHA MEMBER AND GUEST RELATIONS BOOTH TO RECEIVE A COUPON FOR A FREE LARGE SOFT DRINK



Destined for Greatness

— By Amber D. Browne

Since he was just 5 years old, Isaiah Hall has been playing the game of football. He has excelled out on the field over the years and now leads the Burleson High School football team as quarterback. Isaiah's father, Todd Hall, was instrumental in his son's decision to stay true to the sport.

While Todd was growing up in Burleson, his favored football position was running back. Todd tried to steer his son into becoming a running back so Isaiah could follow in his father's footsteps. However, Todd's late father, Clarence Newton Sr., had a different idea, even when Isaiah was just starting the sport. "My father said, 'Anybody can see he's going to be a quarterback. I may be dead and gone, but before it's all said and done, he'll be the quarterback for Burleson,'" Todd explained.

And, that's exactly what happened. "For a little while, I couldn't even throw too far," Isaiah confessed. But, Isaiah has developed his skills over the years. He began his stint as quarterback for the Elks in 2012, his junior year. "It's a pretty good

***"Anybody can see
he's going to be a
quarterback."***



feeling to have. Occasionally, I need to keep the team calm so we can win in a time of adversity," he said. "You can't be freaking out if everyone is looking to you for all the answers or to do something. You have to always know what you're doing and keep your cool."

Keeping his cool comes easily for Isaiah. His father thinks he has ice water running through his veins, because his facial expression rarely changes whether a play didn't go so well or resulted in a touchdown. "The kids and coaches would question him about why he didn't look excited, and he would respond, "The game isn't over yet," Todd said. "I think he is his hardest critic."

Isaiah likes the camaraderie that comes with playing a team sport. "One person does well, and the whole team gets excited. Everybody is having a good time," Isaiah said. "When you score a touchdown, that feeling you get, it's hard to explain, but I've always loved it." He appreciates the support from the local community each Friday night in the fall. "At times, it gets your heart beating pretty fast. But then, we start playing," Isaiah explained, "and you focus on the game."

Todd gets a little nervous before Isaiah heads out onto the field on Friday nights. "I try not to let him know that. I can't sleep the night before the game. I'm nervous until the very first play," Todd

CareNow

Family Doctors, Convenient Care®



Flu Shots Now Available for only \$18



Dr. Richard Fleischer



Dr. Debra Ryder

1501 SW Wilshire Boulevard
Burleson, TX 76028

(Wilshire and FM 731)

817-295-9400 • www.carenow.com

Get Social With Us!



Danielle Elston

Hair
Airbrush Make-Up
Eyelash Extensions

405.514.9106

facebook.com/
DanielleElstonStylist

TIGI
cosmetics



said. "I just want to see him do really well, because he's worked really hard."

Although Todd may not worry too much about Isaiah getting hurt, his wife, Lydia, wants her son to stay safe. Football has been a legacy on both sides of the family. Lydia's father, Eddie Denson, played quarterback for BurlerSON back in the 1960s. Both Lydia and Todd grew up in BurlerSON, and they have reared their children there because of the small town feel and the education system.



Serving
Mansfield
Arlington
& Ft. Worth
Since 2008

Lipo-Abdominoplasty
Our #1 Cosmetic
Surgery Procedure

Lipo-Abdominoplasty combines liposuction with tummy tuck for *amazing* results!



*Actual patient of Dr. Thornton

Cosmetic Surgery:

- Breast Augmentation
- Breast Lift • Breast Reduction
- Mini Tummy Tuck
- Abdominoplasty
- Mommy Makeover
- Lipotherme™ Laser Liposuction
- Facial Rejuvenation
- CO2 Laser Skin Resurfacing

Aesthetic Services & Medical Spa:

- BOTOX® | Xeomin®
- Juvederm® | Radiesse®
- Dermapen / PRP
- IPL Photo-Facials*
- Microdermabrasion*
- Facials | Chemical Peels*
- Obagi & SkinCeuticals*

*Performed by Licensed Aesthetician



Michael L. Thornton, D.O., FACOS

Diplomate American Board of Cosmetic Surgery

550 N. Walnut Creek, Suite 120
Mansfield, TX 76063 • 817-477-9000
www.mansfieldcosmeticsurgery.com



As the community members join together in the stands for football games, the Hall family is right there with them to cheer on Isaiah and the Elks. Isaiah's three younger sisters — Myah, 14; Gianna, 7; and Laila, 3 — wear shirts to support Isaiah and paint his jersey number, No. 2, on their faces. "They all pretty much adore their big brother. Although, it's a lot of chaos with that many little girls, he handles it well," Lydia said.

The No. 2 has a historical tie to the Hall family. Isaiah's father wore No. 2 on his jersey, and Isaiah has worn the number since his first experience on a football team. When Isaiah first started playing football, Burluson only had one



Isaiah's mom, dad and sisters are his biggest fans. Gianna, mom Lydia, father Todd, Myah and Laila circle him.

Pee-Wee football league. Todd and a few other dads decided to start the Raiders organization, and it's still thriving under the Burluson Youth Association. Todd has always been his son's coach and feels like he has done a pretty good job. "I like to call myself his agent," Todd joked. He enjoys the game and his time serving as president of the Burluson Football Booster Club. "It's for the boys, so I don't really mind," Todd said. "I like to work with football and the kids."

Isaiah's focus is on both football and the team. During the summer, he lifted weights four days a week, and in August, he began practicing with his team twice a day. "I'm very dedicated. Pretty much 24/7." Isaiah was selected to participate in the Elite 11 Quarterback Camp this past summer at the Dallas Cowboys practice facility at Valley Ranch. The best of the best quarterbacks from across Texas and surrounding states were chosen for the camp. "It's a pretty

The Mobile Beancounter

We come to you!

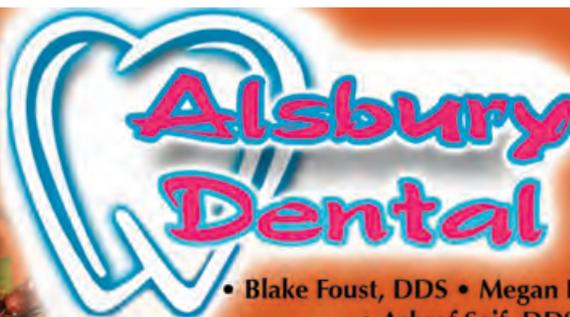
Call or email us today!

817.945.6475

- Bookkeeping • Accounting
- Individual & Business Taxes
- Small Biz Consulting • Software and More!

TheMobileBeancounter.com • patricia@themobilebeancounter.com

Patricia E. Vermeire, CPA - years of knowledge and education, focused on your financial needs



- Blake Foust, DDS • Megan Belken, DDS
- Ashraf Seif, DDS

See what our patients are saying about us on



Ask about our **SMILE Protection Plan**
Includes no-charge cleanings & big discounts!

*Providing implants and
general dentistry for 25 years!*

- Emergencies Seen SAME DAY
- Sedation & Nitrous Oxide
- Cosmetic Dentistry
- Veneers
- Teeth Whitening
- Implants
- X-BOX, TV
- WIFI

699 N.E. Alsbury (1/2 mile west of I-35 • Next to Sonic)

817-295-3070
www.alsburydental.com

Over 50 PPO plans accepted
CareCredit
Patient Payment Plans

\$10.00
CUSTOM BLEACHING TRAYS
after paid exam, x-rays & cleaning, or
treatment with Harvest House donation.
Regularly \$235

Expires 11-30-13

Not valid w/
any other offers.

\$10.00
NEW PATIENT EXAM
and X-rays with Harvest House donation.
Regularly \$140

Expires 11-30-13

Not valid w/
any other offers.



STUDIO C DANCE

Burleson's Performing Arts Training Facility

Happiness is...dancing with your friends at Studio C!

Classes in Ballet, Tap, Jazz, Hip Hop, Lyrical, Musical Theatre and Competitive Dance Companies

Mention this ad and receive \$20 off registration

Check us out on Facebook, for schedules, photos and info!

120 NW Newton Drive, Burleson, TX (817) 295-8277
 studiocdance@sbcglobal.net • www.studiocdance.net



big honor to be chosen to go perform," Todd said, proudly.

"I had a really good time. It was a pretty good thing to experience," Isaiah said, about the training camp. "Hopefully I can get a scholarship and go play football at the next level." He's interested in playing at a few colleges and has been doing some research on the University of North Texas, Texas State University and Arkansas State University. "If that's not what God wants me to do, then hopefully, I can go to a pretty good

We make your car look NEW again!

Auto Glass



Family Owned and Operated for 28 years!
R. Allen Massey and Lee Ann M. Avera

CAMPBELLS Auto Body
 an Ideal Collision Repair Company
Lifetime Warranty on Workmanship on Glass & Collision

- ✓ Complete Collision Repair
- ✓ FREE Mobile Auto Glass Service
- ✓ Chip Repair
- ✓ PDR (paintless dent repair) Available On-Site

10% OFF
 All non-insurance
 Glass Replacements
817-295-2278
 When you mention this ad.
Not available on fleet or insurance accounts.



817-295-0446
 www.campbellsautobody.com
 451 N. Burleson Blvd. (west side of I35W - just south of Wilshire/174)





school and study engineering — maybe civil or environmental engineering.” Isaiah makes all A’s and is a member of the National Honor Society. He enjoys science and math, but history is his favorite subject.

As Isaiah finishes up the season, he’ll continue doing his best out on the football field and in the classroom. He wants to make good on a statement he made to President Barack Obama when he traveled to the White House last December with his aunt, Tamron Hall, who is an anchor for MSNBC. “My heart dropped as soon as I saw him,” Isaiah confessed. President Obama shook Isaiah’s hand and asked him how he was doing in school. Of course, Isaiah answered that he was doing well.

Now that Isaiah is almost halfway through his senior year, he’s a little nervous about being out in the real world. His mother is coming to terms with him leaving home. “It hit me his sophomore year that I have two years left.” She thinks Isaiah probably gets annoyed about how much time she wants to spend with him. “I’m really excited for him though,” she said, tearing up. “I’m just so proud of him.”

Isaiah has grown from a youth playing catch with his father to dreaming of becoming a college athlete. With his attitude and determination, he is destined for greatness. **NOW**

TRENDY FASHIONS
HOLIDAY SPECIALS

10%
off purchase
with this ad

It's A Cowgirl Thing
Fashion Boutique

Located behind Burleson Walmart
785 West Hidden Creek Pkwy
817.556.1853 Tues - Sat 10am - 7pm

LOSE THE HOLIDAY WEIGHT
...BEFORE the Holiday!

» 2-week Fat Blast camp starts soon! This annual mini camp is designed with fun, energizing activities to get you results **FAST.**

Women Only!

HURRY!
Next Camp Starts **Dec. 2!**

BURLESON
ADVENTURE
BOOT CAMP

CALL OR SIGN UP ONLINE!
MetroplexBootCamp.com (817) 719-0355

MORETTI'S

GOURMET POPCORN & SWEETS

Can't decide on that perfect family or business gift?

Our holiday baskets can be customized and filled with any of our holiday popcorn, toffees, candies, nuts, truffles, or almond bark.

40 Flavors of Popcorn

Let our professional chef make you that special cake for all occasions.



CHRISTMAS SAMPLE SHOW
NOV 2ND. COME SAMPLE ALL OF OUR TASTY TREATS AND REGISTER FOR A DRAWING FOR A SPECIAL GIFT.

Our great tasting fudge is back ...
 Come in for a sample!



Our Christmas gourmet popcorns are back.

- Moose Crunch
- Dark Chocolate Mint Cookie
- Kris Kringle • Peppermint
- Snow Balls • Christmas Kettle
- Santa's Reindeer Treats



Popcorn Pizza



Gift Baskets

251 SW WILSHIRE BLVD, BURLESON
 (817) 426-2100 • WWW.MORETTISPOPCORN.COM

Ask About Our Extended Hours



the best dentistry
in Life is Free!

Worry Free...

Dental plan available for those without insurance

Ouch Free...

Gental Cleaning from our professional staff

Hassle Free...

Walk-ins always welcome

We're a Preferred Provider for HMOs & PPOs.

GET TO KNOW US SPECIALS

\$59
 Exam, Digital X-Rays
& Cleaning*

Need Braces?
 Braces for as little as **\$99** /mo

With a down payment of at least \$250, offer valid on new orthodontic cases only, offer only valid with participation in monthly automatic credit card or bank card program. DAD: Payments may extend beyond the period for treatment, cannot be combined with any other offer.

* Regular value of at least \$290.00. In absence of periodontal (gum) disease. New patients only. Discounts may vary when combined with insurance and cannot be combined with other offers or discount plans.



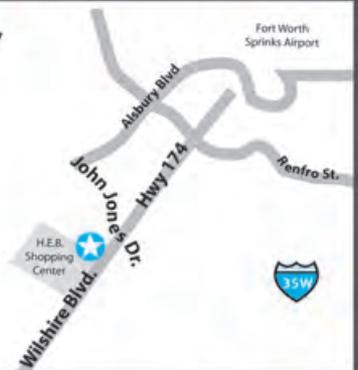
BURLESON
 MODERN DENTISTRY AND ORTHODONTICS
 Geoffrey Barnum, DDS

817-295-8884

www.BurlesonModernDentistry.com

Happy Thanksgiving!

FM 1187



**185 NW John Jones Dr, Ste 600
 Burleson**

We are conveniently located in the H.E.B. shopping center at NWC Wilshire Blvd. & John Jones Drive.

2013 Holiday Shopping Guide



REAL passion
pursuit
adrenaline
tracking
tales
tough

THE ALL-NEW VIKING™ EPS 4X4.

Bagging the biggest game means conquering the most remote hunting terrain. Enter the 2014 Viking. Thanks to Yamaha's most powerful fuel-injected 4X4 engine ever, the most advanced and durable dual range CVT drive system with exclusive all-wheel engine braking, and On-Command® – the industry's most versatile 4WD system—getting the three of you there and back in comfort is a sure thing.

Burleson Power Sports

1636 S.W. Wilshire Blvd. • Burleson

817-447-4200

www.burlesonpowersports.com



REAL WORLD TOUGH.™



Shown with optional accessories. Always protect the environment and wear your seat belt, helmet, eye protection and protective clothing. Read the owner's manual and the product warning labels before operation. Specifications subject to change without notice. ©2013 Yamaha Motor Corporation, U.S.A. All rights reserved. • YamahaViking.com

2013 Holiday Shopping Guide

A quick look at the gift items and discounts available locally.



Deck The Walls With A New Remodel

\$500 Off Any \$5,000 Remodel
Expires 12-31-13

J3 Construction & Consulting / Lisa Perkins

RIVR Media / HGTV Preferred Contractor
817-798-6054



It's Pumpkin Time!

Rhonda Allison Pumpkin Facial \$75
Pumpkin Is The Perfect Beginning To Celebrate
Fall & Replenish Summer Skin

Serendipity Salon

110 S. Main • Burleson, TX 76028
817-976-1900



Holiday Grooming

\$3.00 Off Any Grooming Service
Call Today For Your Appointment

Happy Tails Too

113 N.E. Johnson, Ste. 300
Burleson
817-529-9993



Create - Shop - Learn

20% Off (Must Present Coupon)
Expires December 31st

Art Works

140 W. Bufford Street
Burleson, TX 76028



Trendy & Affordable Fashion

Get This Look For Under \$100.00
Only At The House Of Couture

House Of Couture

785 W. Hidden Creek Pkwy.
Ste. 2102 • Burleson, TX
817-609-1702

2013 Holiday Shopping Guide

A quick look at the gift items and discounts available locally.



Make Your Holiday Sparkle

Deck Your Wardrobe With Trendy Fashions From Head To Toe

It's A Cowgirl Thing

785 W. Hidden Creek Pkwy.
Burleson, TX 76028
817-980-8046



"Baby, It's Cold Outside"

Sweaters & Jackets 20% Off
All Jewelry 30% Off (Must Present Ad)

The Glitz Boutique

110 W. Main
(Inside Serendipity Salon)
817-658-9803



Lash Out

Get a party set of Xtreme Lash extensions for \$75

Serenity Nail Salon

1219 E. Debbie Ln. 115
Mansfield, TX 76063
817-539-0099



Photo Op Your Holiday Parties

\$300 Off Premium 4-hour Package
Of Photo Booths - Exp. 1-1-14

Bounce Mania

bounce-mania.com
817-692-2363



The Best Vietnamese Around!

Pho, Spring Rolls, Boba Tea, Salads
Fried Rice, Edamame, Eggrolls

Sprouts Springrolls & Pho

Mansfield-3806 E. Broad #124
Arlington-780 Rd. To Six Flags #238
Man-817-473-7423, Arl-817-860-7655

2013 Holiday Shopping Guide

A quick look at the gift items and discounts available locally.



CityMarket

BURLESON'S HOME TOWN GROCERY

WE'RE ALL ABOUT HOME TOWN VALUES!

City Market has been in business for over 20 years, so we've built a solid reputation in the community for customer service and the highest quality that you can't find anywhere else. At City Market, we feel it is important to provide you with these personalized services:

- Custom-cuts of meat
- Boar's Head deli meats
- Quality produce
- Rapid check-out with little to no waiting
- Free soft-serve ice cream at the check-out counter
- Bagging groceries and carrying them out to your car

We invite you to stop by and check out our store for yourself. Let us be your family's home town grocer.

200 EAST RENFRO • BURLESON, TEXAS 76028
817-295-1051 • hometowncitymarket.com



MOTHER SHUCKER'S

HANDMADE TAMALES

The same great taste and quality you've loved for years in our Mother Shucker's Tamales & Salsa is now in our NEW Enchiladas and Texas Comfort Food Dinners like chicken & dumplings, burgundy beef tips, chicken spaghetti and more. Come into City Market and experience a new taste of homemade tomorrow!

BUY 1 DOZEN TAMALES AND GET A DINNER FREE

\$10.00 Value
Expires: 12-31-2013

mothershuckerstamales.com

Something for everyone

- ✦ Custom Design
- ✦ Wax Carving & Casting
- ✦ Jewelry Repair
- ✦ Laser Welding
- ✦ Pearl & Bead Stringing
- ✦ Signature Engraving
- ✦ In-house Jewelers

Woolard's

CUSTOM JEWELERS

Custom Design • Wax Carving & Casting • Jewelry Repair • Laser Welding
Pearl & Bead Stringing • Signature Engraving • In-house Jewelers

Jeweler By Trade. Artist By Heart
Bob and Caryl Woolard

437 S.W. Wilshire Blvd • Burleson, TX • Between NW Newton & Exchange

817-295-6361

woolardsjewelers.com • woolardtxbgw@aim.com

Town Square Toys is turning **3!**

COME CELEBRATE WITH US ON **Saturday, November 9th 10am-6pm**

Like us on to find out what the birthday deals will be!

- FREE Gift to the first 50 kids!
- FREE Balloons
- FREE Cupcakes
- FREE Popcorn & bottled water
- Super special birthday deals

WHILE SUPPLIES LAST

215 N. Walnut Creek Dr., Suite 101 • Mansfield, TX 76063
817-453-TOYS (8697)
www.townsquaretoys.com

Here when you need us!



- Sports Physicals and Immunizations
- Travel Medicine Clinic at our Joshua Location
- General Surgery, Colonoscopy, EGD, Laparoscopic Surgery
- Wellness exams for newborns to elderly
- Weight-loss Center — Medifast and Phentermine
- Hormone replacement therapy including testosterone management and bioidentical hormone replacement
- ADHD evaluation and treatment
- Occupational Medicine and Workers Compensation

JOSHUA

Heather L. McKenzie, MD
Robert M. Miller, MD
J. Mike White, MD
Brian Wasson, MD
Ava J. Land, FNP-BC
Matthew Hunt, FNP-BC

CLEBURNE

John T. Dang, MD
McDavid Mahaffey, MD
Stanley J. Johnson, MD
Clinton Twaddell, MD
Rebecca J. Thomason, FNP-BC
Crissy D. Welch, FNP-BC
Kevin B. Baker, PA-C
Ashley Gentry, PA
Souksavanh Bush, PA

OPEN EXTENDED HOURS!
Our Family Taking Care of Yours

FAMILY MEDICINE ASSOCIATES, P. A.
CLEBURNE - JOSHUA



Serving Johnson County with Primary Care for over 30 years

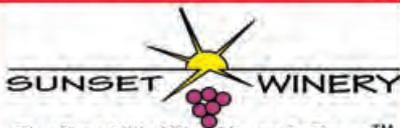
Full-service
lab and
x-ray

817.556.4800
220 N. Ridgeway, Cleburne
www.cleburnefma.com
M-Th 8-8 · Fri 8-5 · Sat 8-2 · Sun 1-5

Dexascan available at our
Cleburne location to screen for
osteoporosis
• AASM accredited sleep
lab in Cleburne

817.447.1151
3517 S.W. Wilshire Blvd, Joshua
www.joshuafma.com
M-Th 7-7 · Fri 7-5

Facebook.com/SunsetWinery



The Best Little Wine House in Texas™

NOV. EVENTS!

11/10 • PINOT NOIR PARTY (\$20)

2:00PM to 4:00PM

Reservations Required
Call 817-426-1141 ASAP!

11/15 • WINE DOWN

5:30PM to 9:00PM

Live Music by Claire Hebert

11/15 to 17 • WAY OUT WINERIES

Wine Trail Holiday Road Trip
www.wayoutwineries.org

PHOTOS WITH SANTA!

SATURDAY, NOV 23
(TIME TBA)



*A great gift
for everyone
on your list!*

www.SunsetWinery.com

HALF OFF

Laser Hair Removal
for all of
November 2013

We now carry

LASER REJUVENATION

Owned & operated by family physicians & nurse practitioners

www.laserrejuv.com • www.facebook.com/laserrejuvenation

817-447-5270
3517 SW Wilshire Blvd., Joshua
220 N. Ridgeway, Cleburne

CONVENIENTLY LOCATED INSIDE
FAMILY MEDICINE ASSOCIATES



Fashion

At Home With Luanne Humphrey

— By Erin McEndree

With every new season come new styles. As the weather gets cooler, fashions become weightier with more substance. New textures and layers replace flip flops and spaghetti straps. It's much the same with Luanne Humphrey's home. Summer leads into fall, and her home's fashion transforms into warmer colors and accessories that complement the French country style she blends into her space. During the past 13 years, Luanne has been putting her stamp on her abode by incorporating each season's characteristics. Fall is in the air, and Luanne's home follows suit with fashions of the season.





The oversized kitchen is a focal point beyond the foyer. "I love my big kitchen," Luanne explained. "It was the least favorite house plan, but I traded a big kitchen for living space." A garden-type table and chairs are anchored in the bay window at the far end of the kitchen. The table is set for fall with autumn colors and plates with pumpkins in the center. Large letters spell *HARVEST* and hang in the window above the bench seat. The island is an old nail bin Luanne bought on a trip to Canton. She admits she gets a lot of things at Canton, the Sanger auction and antique malls. "I am an avid HGTV and DIY viewer," Luanne revealed. "I get ideas from the shows all the time."

A large cabinet beside the table is where Luanne places her fall village, complete with trees covered in yellow, red and brown leaves. Tiny people are walking around in coats and hats. Hay bales and pumpkins line porches and

ASK VONNA

"Your Personal Decorator"

Ask me your decorating question and check my website for tips:

www.vonnapool.decoratingden.com

"ARE THERE GOOD AND BAD COLORS FOR DINING ROOMS?"

-AMY WOODARD



Vonna Pool
vonnapool@decoratingden.com



Research clearly shows color psychology takes on added significance in the dining room because color profoundly influences appetite. Did you know that changing a restaurant's color scheme has been known to make a failing restaurant a success?

Color has the same stimulating effect on appetites as they do on atmosphere. Blue is particularly restful, encouraging leisurely meals. Full-strength red is exciting and to be used with discretion, but lighter shades, such as rose, or pinkish hues also create a pleasant place to eat. Yellow is its usual cheerful and sunny self. Neutrals tend to liven up dining rooms with positive and effective color splashes.

When choosing a color in which to present food, stick to lighter shades of green. I also recommend avoiding shades of purple, such as lavender and violet, as they tend to be appetite suppressants. Likewise, using drab colors for your dining room decor is rarely successful.

Since most dining is done at night, it's important to test colors under artificial light. This type of lighting turns some colors muddy and could ultimately make food look less appealing.

Lighting should be flexible to allow different levels of light to accommodate many activities. Choose a central chandelier, which can be controlled with a dimmer switch.

Call to schedule a free in-home consultation.

817.447.1185

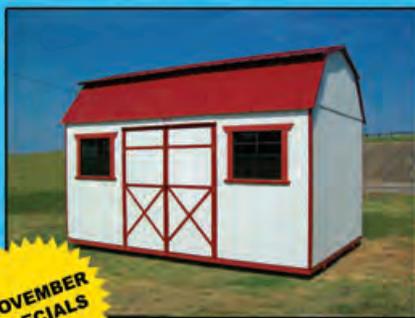
ATLAS

BUILDINGS, POOLS & SPAS

Family Owned and Operated Since 1981.

32

PLUS YEARS
EXPERIENCE



NOVEMBER SPECIALS

Up to
30% OFF

New and Used Inventory with the mention of this ad.

MONTHLY SPECIAL GOOD THROUGH NOVEMBER 30TH

Ask about our pools, spas, carports, garages, fences, decks, patio covers, room enclosures and more.

9600 S. FREEWAY
FORT WORTH, TX 76140
817.551.5655



www.atlasbuildingspoolsandspas.com



driveways. “I have five villages,” Luanne said, “one for fall, Christmas, Easter, St. Patrick’s Day and the Fourth of July.”

Each season, she spends time setting the style in her home to match. Opposite the village sits a vintage Hoosier cabinet. Its dark wood complements the tall glassware displayed amid service ware and splashes of fall. “The glasses are actually celery vases,” Luanne explained. “They are rare.” Celery vases were a sign of prestige and wealth in the 1830s to the

early 1900s. Wealthy families considered celery a luxurious treat. Intricately cut-glass vases were filled with cold water and celery as a way to serve the vegetable.

In the pass-through to the dining room, hangs a long decorative window with beveled glass that acts as a divider for the two spaces. The dining room has several antique sideboards that house all of Luanne’s service ware and crystal. For fall, she displays a huge soup tureen shaped like a pheasant. “I serve

Look who’s found a new home at First United.

Samie Campbell has over 13 years experience in the Financial Services Industry.



Samie Campbell
Branch Manager
NMLS# 277792

308 E. Renfro St., Suite 206
Burleson, TX 76028
817-447-4443
sjcampbell@firstunitedbank.com
sjcampbell.fubmortgage.com

Good news for Burleson area prospective homeowners

Call today to ask Samie about:

- Quick approval with no application fee
- First-time home buyer loans
- Flexible financing options
- Construction to permanent loans
- FHA, VA and USDA loans
- Jumbo loans
- Debt consolidations

For all your mortgage needs, call me today!



U MORTGAGE

Banking • Mortgage • Insurance • Wealth Management

EQUAL OPPORTUNITY LENDER FDIC

GOLF ETC.

We Fit Your Game.

YOUR PERFORMANCE FITTING CENTER

Authorized dealer of all major brands on the PGA tour.

FULL REPAIR SHOP IN HOUSE
Custom Fit • Custom Built

ADAMSGOLF TaylorMade

BRIDGESTONE GOLF

NIKE

Cleveland GOLF

Callaway GOLF

MIZUNO

PING

November Special

FREE FITTINGS

with the purchase of new clubs or shafts.
w/ Coupon Exp. 11/30/2013

2650 SW Wilshire, Ste 100
Burleson, TX 76028

Store: 817.484.2833 • Fax: 817.484.9833

www.golfetc.com



Family Dentist

Full-Service Family Dental



FREE Braces Consultation • Low Monthly Payments

Friendly Motivated Staff

Preferred Providers:

- Aetna PPO • Delta Dental • Metlife PPO
- Guardian PPO • Cigna PPO • Fortis DHA
- United Health Care PPO
- Take all PPO Insurances

Walk-ins Welcome

GM Family Dental

972-988-3333

2507 Medical Row #104
Grand Prairie, TX 75051



Rose Park Dental

817-473-1159

217 N. Walnut Creek
Mansfield, TX 76063



Grand Prairie Office Hours:

Mon. - Wed. 9 to 6 • Thurs. 7 to 3

Mansfield Office Hours:

Tues. - Thurs. 9 to 6 • Fri. 7 to 3 • Sat. 8 to 1
Se Habla Español • Vietnamese Spoken
"Under Same Ownership"



Like us on facebook and look for special promotions and contests!



ANTIQUE TOOL EXHIBIT

Saturday,
November 9 & 16
9:00AM - 4:00PM

SPONSORED BY

Mansfield Custom Homes

FREE Admission

Mansfield Historical Society & Museum
102 N. Main Street • 817-473-4250

fort worth
ent

EAR NOSE & THROAT

- Children to Adults
- Surgery for Hearing Loss
- Chronic Ear Disease
- Snoring/Sleep Apnea
- In-Office Balloon Sinuplasty
- Septoplasty/Rhinoplasty
- Balance Disorders
- Hearing Disorders/Hearing Aids
- Skin Cancers of Face/Neck
- Allergy/Sinus Disorder/Allergy Shots
- Thyroid/Parathyroid Surgery

817.332.8848

1250 8th Avenue, Suite 135 • Fort Worth, Texas 76104



J. Roy Lowry, DO



Jeremy P. Watkins, MD



John B. McIntyre, MD



Mon.-Tues. & Thurs.-Fri.
7:30am to 6:00pm
Wed. & Sat.
8:00am to 5:00pm

Don't forget to call
Happy Tails
for my reservation!

When planning your Thanksgiving trip...

13079 Rendon Rd • Burleson
(817)-529-9993 • www.happy-tails.net



SHEAR CREATIONS

• Waxing • Cuts • Styles • Color
• Highlights • Perm

Walk-ins

Adult cuts \$15
Kids cuts \$10
(10 and under)

Call to set your appointment
817.557.7504
785 W Hidden Creek Pkwy Suite 1112

Juanita "Allison"
Neda Saleh
and Staci Loftin




DURHAM SCHOOL SERVICES

BE A PART OF OUR WINNING TEAM!

NOW HIRING

817-245-1180
855-4-BUS-CHARTER

Don's

Computer Sales & Service

- Tune-ups
- Repairs
- Upgrades
- Virus Removal
- & Advice

104 Forest Green St
Burleson, TX 76028
817.887.0203 • dontop@att.net



Art Works

Create Shop Learn

Custom gifts and special orders
in time for Christmas!

Find us on Facebook
to check out upcoming Project Parties

140 W. Bufford St.
682-202-2776



pumpkin or squash soup in mugs during Thanksgiving meals,” Luanne said. It’s flanked on either side with candle sticks and pumpkins. The word *GOBBLE* is spelled in huge letters across the French doors leading out to the play area she created for her grandchildren. A rocking rabbit sits in Luanne’s favorite rocking chair, which she received from her mother’s cousin. “It must be over 80 years old,” Luanne shared. Pumpkins of all shapes, sizes and textures are scattered throughout the home and rest beside the bunny. Other items close to Luanne’s heart are her great-great-grandmother’s bread box and a five-generation cookbook she helped put together with her family.

“I never get rid of anything,” Luanne admitted. “I rework and repurpose everything.” Everything in Luanne’s house has its place. Luanne is very organized. Even the garage is organized and labeled. This quality is beneficial since Luanne is a librarian. For 19 years, she has used her gift of organization at work and at home. “My daughter, Lindsey, says it’s a sickness,” Luanne laughed. “Organization is my thing. I love to organize.” When her sister, Melinda, lost her home during the tornado in Cleburne, Luanne was there to help her unpack what was left, sift through over 80 boxes, reorganize and categorize her new space. “Melinda said I was totally in my element.”

Luanne likes to entertain family and friends. She keeps color-coordinated plastic service ware in a cabinet from her dad by the door that leads to the pool area. A sign that reads, *Le Jardin*, hangs above the door and means, The Garden, in French. Wind chimes sing in the breeze as little, red gnomes keep watch. Jeweled dragon flies and crosses adorn the fence. The patio furniture boasts a black-and-white swirling pattern on the

seat cushions, creating an inviting place to sit to watch the “kids” play. Two of Luanne’s kids are her two rescue dogs named Minnie and Daisy. They buzz around passionately wherever Luanne goes. They have nice digs in the master bathroom. Their matching beds are among the French country accessories Luanne decorates with.

In the master bedroom are low lights that create an intimate glow across the beige walls. Luanne created a faux fireplace by placing a large mantel she purchased at an auction against the wall. “No one was bidding on it,” Luanne said. “I didn’t know what I was going to do with it, but I love it.” She placed an antique stove with flickering lights under the mantel, giving the room a cozy feeling of warmth. The old, drop-leaf desk on the opposite wall displays a large book opened to Luanne’s favorite poem, “The Touch of the Masters Hand,” by Myra B. Welch. A huge magnifying glass lies across the pages.

Family is important to Luanne. Pictures and memorabilia of her childhood, her children and her grandchildren are proudly displayed everywhere. “I am very sentimental,” Luanne remarked. She still uses the Spanish-style headboard and matching mirror she had when she was 12. She displays her mother’s pink wedding hat and a fork and knife her grandmother used. In the office, a printer’s tray is filled with life-long memories. Luanne displays her pink baby bootie and birth announcement along with her tea cup collection and Madame Alexander doll. The office is also where she keeps gifts from her students. An angel acts as a bookend for her collection of cookbooks.

Luanne enjoys making things. She made almost all the curtains and cornice board window treatments in her home. A new project Luanne wants to pursue is covering train cases and using them as gifts. “I can cover anything,” Luanne said. “I have covered boxes, stools, cornices and walls.” She calls herself a handywoman with a garage full of tools.

Luanne does not like to stay stagnant. She changes her surroundings as often as the seasons come and go. Brown, gold, yellow and green are the fashions exhibited all over Luanne’s home. Fall is presently the theme, but it will quickly turn into red and green. **NOW**

CALL BY 11/25 FOR OUR FALL LISTING SPECIALS!



Happy Thanksgiving
from our family to yours!

Top Agents –
NOW in your
community.*



1009 Caleb Street
Burleson • 3/2/2



2516 Buffalo Run
Burleson • 3/2/2



804 Sheryn Drive
Burleson • 3/2/2

Aggressive, full-service
marketing plan.

Homes sold in an
average of 72 days.

Homes sold at
98% off list price.

Melanie Brewer, Realtor/Owner
Buyers Specialist
214-923-3104
melaniebrewer@jhoustonrealty.com

Michelle Ozymy, Broker/Owner
Listing Specialist
214-534-8758
michellozmy@jhoustonrealty.com

Beth Woodall
Listing Coordinator
972-310-0415
bethwoodall@jhoustonrealty.com



The real estate market is changing.
If a move is in your future, put our team to work for you.
Call us for a FREE CONSULTATION.



WWW.JHOUSTONREALTY.COM

#1 REAL ESTATE TEAM IN ELLIS COUNTY 2009-2012

Call about our builder buyback program.

WISHING EVERYONE A HAPPY & SAFE THANKSGIVING

QUALITY AFFORDABLE HEALTHCARE

- PEDIATRICS
- ADULTS
- GYNECOLOGY
- MINOR EMERGENCY D.O.T.
- SPORTS PHYSICALS

**CASH OR INSURANCE
PATIENTS WELCOME!**

**FLU SEASON HAS ARRIVED
TIME FOR FLU SHOTS!**

FREE for children! (under 18) • Adults \$20.00

Rusty Short FNP-BC

Jack Short D.O.

817.295.5200

WWW.SHORTFMC.COM

101 NW Ellison ST, Burleson TX 76028

FALL FAMILY FUN

— By Sandra Strong

Families have extra time to share in November as the sun sets earlier and the temperatures begin to drop. The fall craft ideas listed below are designed for the entire family and can help you fill a chilly evening or long weekend. We hope these activities will facilitate fun and laughter while you make lasting family memories.

FALL TREE

Recycle a puzzle that's missing some pieces into a priceless work of art, while making memories with the youngest members of the family. Your fall tree can be kept for years in a scrapbook, or a magnet can be glued to the back to make the perfect fall decor for the family's refrigerator door.

DIFFICULTY LEVEL: EASY

- Child-safe scissors
- Cardboard
- Paint brush
- Black acrylic paint
- Blue craft foam
- White craft glue
- 36 small puzzle pieces
- Gold, red and brown acrylic paint
- Small brown lunch bag
- Green yarn



HOW TO DO IT. ▼

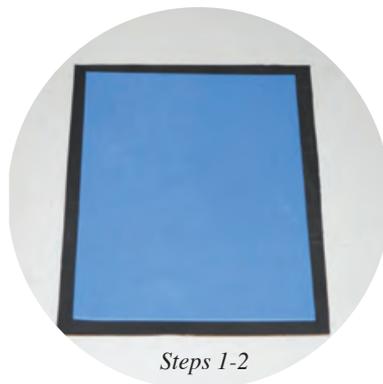
1. Create frame by cutting cardboard into a piece measuring 8 1/2x11-inches. Paint front side black. Allow to dry completely.

2. Create background by cutting foam into a piece measuring 7 1/2 x10-inches. Glue foam to cardboard allowing cardboard to frame the foam.

3. Paint one side of the puzzle pieces, alternating gold, red and brown until you have three equal piles of 12 to create fall leaves. Allow to dry completely.

4. Cut bottom off lunch bag and discard. Wad up remaining section of bag to form tree trunk. Set aside.

5. Cut green yarn into 1/2- and 1-inch pieces to represent grass. Glue bag to bottom edge of foam to make trunk.



Steps 1-2



Steps 4-5



6. **Glue yarn** pieces randomly along bottom edge of foam to make grass. Glue puzzle pieces haphazardly around bag to represent leaves on the tree, making sure to glue some in the grass around the bottom of the trunk to represent leaves that have already fallen. Allow to dry overnight before displaying.



Step 6



Announcing... Our New Assisted Living and Memory Care Community

Heritage Place has long been known for offering superior Independent Living services to our residents, and now we are excited to announce our new Assisted Living and Memory Care community, opening in 2014. With our new community comes a fresh new look, but what isn't new is our commitment and dedication to the seniors that call our community 'home'.



Heritage
— PLACE —
INDEPENDENT LIVING

Call us at (817) 568-1000
or stop by today to see how we
can help the senior in your life.

300 Huguley Blvd., Burleson, TX 76028
www.HeritagePlaceLife.com



A Sagora Senior Living Community



We Deliver at Baylor

(Andrews Women's Hospital Fort Worth)

*Dedication and Compassion
for Women's Health*



Texas Health Care

Obstetrics & Gynecology

(817) 924-2111

2 Locations to Serve You

1250 8th Ave. Suite 320
Fort Worth, TX 76104

12608 South Freeway
Burleson, TX 76028

(Inside Baylor Pain Management next to Half Price Books)



Alicia Larsen, M.D.

BEST BUY WALK-IN BATH TUBS 

\$500.00 OFF
Installation
(with purchase by 11/30/13)

Visit Our Showroom
4053 Action Hwy, Granbury

817-326-3003
www.bestbuywalkintubs.com
Granbury Chamber of Commerce Member
Locally Owned And Operated

Family Owned
Texas-Built

Lifetime Guarantee
Against Leaks

Great for circulation,
arthritis, stiff joints
and relaxation.

Angie's list
Reviews you can trust.



NOT YOUR BASIC HAND TURKEY

This three-dimensional hand turkey can be used annually as a holiday table topper or mantel decoration. More than one can be made and presented to those grandparents who can't get enough of their grandchildren!

DIFFICULTY LEVEL: MEDIUM

- Tracing pencil
- 2 squares beige felt
- Scissors
- 1 square each: red, orange and yellow felt
- Pinking shears
- White craft glue
- Cool melt hot glue
- Wiggle eyes, 2 each
- 3x2 1/2-inch piece of cardboard
- Brown acrylic paint
- Cotton balls

HOW TO DO IT. ▼

1. **Trace hand print** on both pieces of beige felt. Cut both prints out.
2. **Using pinking shears**, cut 6 red, 6 orange and 2 yellow triangles (2 1/2 inches from top to bottom and 2 inches from side-to-side for adult handprint and 2 inches from top-to-bottom and 1 1/2 inches from side-to-side for child's handprint).
3. **Glue handprints together** with craft glue making sure to leave palm area and bottom unglued. Let dry. Reinforce with hot glue if needed.
4. **Using craft or hot glue**, glue 3 red triangles in between fingers on each side. Glue 3 orange triangles in the middle on each side. Glue 1 yellow triangle toward the bottom on each side. Let dry.
5. **Cut two very small triangles** from remaining yellow felt, gluing on each side to make turkey's beak. Glue eyes in place. Let dry.
6. **Paint cardboard brown.** Let dry. Stuff cotton balls into bottom opening to plump up the holiday hand turkey. Glue turkey to board before displaying.



Step 1

 **Dr. Gene DeWitt, DDS**
General Dentistry

What the Patient Needs: *No More, No Less!*

- Implants • Root Canals • Sleep Apnea/ Snoring Appliances

Serving the community for over 32 years

3513 SW Wilshire • Joshua, TX 76058
817-295-4500 • 817-295-2001

www.drdewittdentistry.com    



HAPPY
Thanksgiving

FROM OUR
FAMILY
TO YOURS.

Grand
salon.spa
Gift Certificates Available!

817.426.4615
HOURS: TUES.-SAT. 9A-6P
780 Alsbury Blvd. • Suite D • Burleson
WWW.GRANDSALONSPA.COM

MONTICELLO
DIAGNOSTIC IMAGING



MRI - CT - XRAY
ULTRASOUND

817.295.5477
Same day appointments available
649 NE. Alsbury Blvd. #101 • Burleson
Mon-Wed 8am-7pm Thur & Fri 8am-5pm
We accept all major insurance plans & cash prices
are available to patients without insurance.

BURLESON'S FIRST PATIENT FRIENDLY
HIGH FIELD WIDE BORE 1.5T MRI
WWW.MONTICELLODIAGNOSTICIMAGING.COM  Like Us!



Step 3



Steps 4-5



Step 6



Licensed, Certified Arborist
Master Landscaper



Texas Property Services

November Featured Services

Tree & plant installs, landscape design, mulch & winterizing flower beds
Tree trimming & removal. Mistletoe removal
Insect control "Insecticides" & weed control "Herbicides"
Surface soil aeration

Your One Solution

Scott Peterson 817-312-2890



HAPPY THANKSGIVING
FROM YOUR NEIGHBORHOOD
REAL ESTATE TEAM. MAY YOU
AND YOUR FAMILY ENJOY

A SEASON OF JOY
AND THANKSGIVING.

WE APPRECIATE ALL
OF OUR CUSTOMERS,
PAST, PRESENT AND FUTURE!

THE WETHINGTON TEAM
817.929.3189

KELLER WILLIAMS
REALTY

www.wethingtonteam.com

Monday-Sunday
11am-9pm

Take Out • Delivery • Dine In
(minimum delivery \$10.00)

817-297-3000
448 E. Main Street • Crowley, TX 76036
www.chelseapizzas.com

Monday & Tuesday Special
49 cent wings and
99 cent Cheese Pizza Slices
Expires 11/30/2013. Not to be combined with any other offer.

Family Pack
for \$24.99

Must have coupon. The family pack includes two large, one-topping pizzas, one order of 6-pc. wings and one two-liter soft drink of your choice.
Expires 11/30/2013. Not to be combined with any other offer.



PAIN RELIEF

with **COLD LASER THERAPY**
for **Arthritis & Fibromyalgia Pain**

FREE CONSULTATION
Pain management also for headaches
and failed back surgeries.

Can N. Ho, D.C. **682-472-4011**
www.DrHoClinic.com

BURLESON PAIN & WELLNESS CLINIC
230 N.E. Wilshire @ Hillery, Ste A, Burleson

THANKS FOR THE MEMORIES

One full day can easily be spent outdoors as your family hunts for natural alphabet letters in the world of fall colors around them. The completed project makes for a unique mantel or wall hanging. You can use this same idea for any occasion from special holidays to wedding and baby shower gifts. Your imagination is your only limitation.

DIFFICULTY LEVEL: MEDIUM TO CHALLENGING.

- Sepia-tone photographs from nature that spell THANKS
- Scissors
- Holiday scrapbook paper
- Natural burlap
- Elmer's craft glue
- 12 clothespins
- Twisted jute twine, 5-foot length

HOW TO DO IT. ▼

1. Take photos in nature. You can design them yourself to complete the project sooner, or you can hunt until you find the "letters" to spell THANKS. Have photos developed into 4x6 prints.



I am honored and blessed to be able to do what I love everyday... without my amazing clients, none of this would be possible. From my family to yours, Happy Thanksgiving, may you count your blessing each and every moment.

J3 Construction
817-798-6054

28 Years in ALL Construction: Contact Lisa Perkins
RIVR Media/HGTV Preferred Contractor



2. Cut holiday printed paper into 6 5x7-inch rectangles. Cut burlap into 6 6x8-inch rectangles.



3. Glue paper to burlap. Let dry. Glue photo to paper making sure to secure corners. Let dry.

4. Trim burlap from top allowing the paper edge to be your guide. Make fringe frame by shredding remaining edges of burlap by pulling strands until reaching edge of paper.



Your Freedom Starts with a License

\$29900 with this ad for **Teen Driver's Ed**

FREE SHUTTLE PICK UP from BHS, CHS and JHS!
Please call for details.

817-556-4644
www.maverickdrivingacademy.com (for Calendar)
Off 174 • 509 SW Wilshire Suite D
(next to the Burleson Car Wash behind the old barber shop)

MAVERICK DRIVING ACADEMY



PINOCCHIOS
GELATO - COFFEE - PANINIS

217 W. Renfro • Burleson
ilovepinocchios.com
817.426.6900

BUY 1 GET 1 free
EXPIRES 11/30/13



Steps 3-4

5. **Glue clothespins** to front corners of photographs only. Let dry. Backside needs to remain unglued to allow for stringing.



Step 5

6. **Lay photos face down.** Thread twine through circular cutout on clothespin allowing you to hang pictures in the same manner you would hang clothes on a line. This trick also allows you to move photos freely on the twine, bringing them close together or stretching them farther apart.

7. **Tie loop knots** and cut excess from twine before hanging. **NOW**



Step 6



Step 7

B&M

AUTO SPECIALISTS

YOUR
"1 STOP SHOP"
FOR AUTO & FLEET
MAINTENANCE
AND REPAIR!

We Service
National Accounts

Commercial Vehicle Repair & Maintenance
Individual Vehicle Repair & Maintenance



Owners

Bryan & Tonya Davis
are happy to serve Mansfield.

**FREE Local pick-up
and delivery!**



Happy Thanksgiving
from the
B&M Auto Crew!



CarCareONE™



1516 Hwy. 157 N. • Mansfield
Behind Tractor Supply & Lonestar Car Wash

817-453-5366

www.bmmansfield.com

Hours: Mon-Sat: 8am-6pm

LIKE us on Facebook

ANNUAL HOLIDAY BAZAAR



**November 16, 2013
10 AM - 3 PM**

**The Academy at
Nola Dunn
201 S. Dobson St.
Burleson, TX**

\$5 Admission

Includes:
Shopping Bag &
Door Prizes.

**Bring a friend &
enjoy this unique
shopping experience.**

SNOWMAN SPONSORS



Email:
pohbazaar@gmail.com
For more information
817.295.6121



Med Spa At Seena One

701 E. Rendon Crowley Rd.
 Burleson, TX 76028
 (817) 509-0405
 info@spaseena.com
 www.spaseena.com

Hours:

Monday-Friday: 8:00 a.m.-5:00 p.m.
 Saturday-Sunday: 8:00 a.m.-2:00 p.m.



From left:

Removing spider veins is easy with a little help from Dr. Mukhtar Anees, Jennifer Delgadillo, Tabitha Tabor and their trusty Lumenis M22 laser.



Happy, Healthy People

Med Spa At Seena One is where wellness and beauty meet.

— By Melissa Rawlins

Satisfied customers bring smiles to Sarah Anees and her father, Dr. Mukhtar Anees, who host Med Spa At Seena One together. Their practical approach to beauty has earned them a sizable clientele seeking body-enhancing treatments ranging from facials to laser hair reduction to weight coaching. With a hands-on approach to making women happy, the company celebrates its seventh anniversary this year.

“Women are pretty, and I want to see them get prettier,” Dr. Anees said, as he explained why he launched the Med Spa At Seena One in 2008. He already used lasers in his endoscopic procedures at Seena One, an ambulatory surgery center where he has practiced gastroenterology privately since 2006, after

nearly two decades of practicing medicine in the area. Dr. Anees noticed that his high-tech lasers provided another opportunity to help people.

The doctor’s friendly team of professionals uses highly effective lasers. With their ultra-modern Lumenis LightSheer Duet laser, no gel is required so it is not messy to remove or reduce hair from almost any part of the body — underarm, upper lip, legs, arms, bikini, back or navel. “Our newest laser machine has cut down the time it takes to do a full-body treatment to a little over an hour,” Sarah said, “and it is nearly painless.”

Since the opening day, Sarah has served as marketing director

and human resource manager to both Seena One and Med Spa At Seena One. She is proud of her helpful staff, who care about each client. Tabitha Tabor, Jennifer Delgadillo and Layne Hayes are each laser certified by the state of Texas, and Layne is also a licensed aesthetician, and Jennifer Garrett is a licensed massage therapist. Recently, they all attended continuing education courses in the latest techniques for laser procedures.

The Lumenis M22 laser at Med Spa At Seena One removes spider veins and erases visible capillaries. The spa also offers collagen induction therapy, CosMedix peels for erasing wrinkles and photorejuvenation for improving sun-damaged skin. As medical director of the Med Spa At Seena One, Dr. Anees is available at all times and trained in providing Botox and Juvederm injections, which reduce wrinkles and fill lines. Dr. Anees has found Botox to be his ally in helping patients fight migraines and uses it to treat against excessive sweating.

Clients of the Med Spa At Seena One tend to want more than cosmetic treatment. They seek better health. They enjoy the infrared sauna for cellulite reduction through sweating out toxins, which can also be accomplished during a contouring body wrap. "Removing toxins from your body allows you to metabolize fat a little bit better. This helps tighten the skin and reduce inches when you are living a healthy lifestyle," said Sarah, who is educating herself in the sciences of health and wellness. "It's interesting to me to see how you can prevent disease through nutrition."

She is proud to offer relaxing treatments that improve clients' skin. "We want to help people of either sex, of any age, who have acne or wrinkles or other skin problems," Sarah said. New clients meet with the experienced professionals at the Med Spa At Seena One for an analysis of what will work best for their unique skin. "Treatment by treatment, our team assesses the client's results and whether they're happy," Sarah explained. "At the end of the day, we want them to feel good about themselves." **NOW**

*From our family
to your family,
Happy Thanksgiving.*

**Mention This Ad And Receive
These Great Specials!**

- Full Body Laser Hair Removal \$999
- Photofacial \$89
- Facial w/Microderm \$59
- Body Wrap/Sauna \$59
- Full Face \$399

Gift Certificates Available!

- Photofacial • Laser Vein Therapy • Botox
- Facial • Microdermabrasion • Massage
- Sauna • Body Wrap • Laser Hair Removal

*Med Spa
At Seena One*



701 E. Rendon-Crowley Road | Burleson 
www.spaseena.com | info@spaseena.com | 817-509-0405



Lisa Duello, Neighborhood Services Director for the City of Burleson, gives an overview of municipal services to Burleson High School's new Senior Aerospace Science Instructor, Lt. Col. (ret) Walter E. Blankenship.



Monica Akin-Davis, Kathy Martino and Heather Chandler enjoy a warm welcome during the Burleson ISD New Teacher Luncheon.



Four couples from First Baptist Church Burleson celebrate their 60th wedding anniversary this year.



Lisa Deese of Meals-on-Wheels sells a raffle ticket to Gerald Miller, who is happy to serve the children of yesterday.



Shivann Palmer, founder of Plaid for Women, meets Jennifer Huffman, financial advisor for Couch and Russell, at Taste of Asia.



Char Smith and Patsy Varley chat with Megan Holloway about losing weight sensibly.



Iris Kuykendall rides around town in her Organic Transit called ELF.



Burleson Outlaws shortstop Kenny "KJ" Fritz practices with his dad, Tony, at Dionne Bagsby All Sports Complex in Crowley.

We are **THANKFUL** for our customers and the community!

Happy Thanksgiving



Justice INSURANCE SPECIALISTS

817-295-5878 (JUST)
124 West Renfro @ Wilson St.
Conveniently located in Old Town Burleson



You need an independent insurance agent.™



Delight Justice

J-CAT CONSTRUCTION

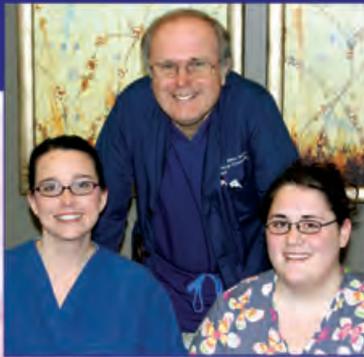
- Home Remodeling/ Renovations
- Commercial Tenant Improvements
- Kitchen & Bathroom Remodels (Specializing in handicap/ADA bathroom conversions)
- Full Service Plumbing Available

We deliver at Baylor
(Andrews Women's Hospital Fort Worth)

Women's Health Care
Obstetrics | Gynecology | Infertility
Board Certified
Accepting Most Major Insurances



Texas Health Care
Dr. David L. Holmes, M.D.
817-782-8210



12608 S. Freeway (Inside Baylor Pain Center, Next door to Half Price Books) Burleson, TX

J-CAT Construction is a subsidiary of

PRO★TEX PLUMBING

Burleson
817-405-7676
www.protexplumbing.com

November "Coop-On" Specials

Mention our ad for specials good thru 11/30/13.
(Specials for hair services good w/select stylist only.)

Cooper SALON & SPA

832 E. Renfro • Burleson, Texas

817-447-1922



Holiday Gift Cards Available Instantly From Our Web Site:

CooperSalonAndSpa.com

Brazilian Blowout
\$135
(Save \$65)

\$20 OFF Massages
Tue & Thur

New Clients Only
20% OFF
Color Services w/Haircut
(Level 1 Stylists)

20% OFF Brazilian Waxing
Tue & Wed



Five Steps to Gaining Control of Your Money

Money is more than a number. It represents security, opportunity and freedom. Money can also be a source of anxiety, frustration and fear. Break your emotional attachment to money by taking control of your spending and create a plan for financial success with these five easy steps.

Step 1: Track every cent that comes in or out.

You have no control if you don't know where your money goes. This means writing down every dollar that comes in and every penny that goes out. Use a journal, a spreadsheet or money management software. Do it every day. Don't fudge the numbers, and don't judge yourself. At this point,



Why Go Anywhere Else?

When it comes to meeting your financial goals, you really only need to see one person. At Edward Jones, we strive to meet all your financial services needs while providing exceptional personalized service.

Because we serve individual investors and business owners, all of our energy and resources are dedicated to helping you reach your long-term financial goals. That's why we live and work in your community. We meet with you face to face to discuss the key steps to creating your financial strategy.

You talk, we listen, and we get to know you.

Retirement Plan Rollovers and Consolidation	Individual Retirement Accounts	Mutual Funds	Insurance
Portfolio and Retirement Plan Reviews	Equities	Annuities	

For more information or to schedule a complimentary financial review, call or stop by today.



Lynn H Bates Jr, AAMS®
Financial Advisor
115 N W Newton Drive Suite E
Burleson, TX 76028
817-447-9446

www.edwardjones.com Member Since

Edward Jones
MAKING SENSE OF INVESTING

Lashes & Locks

20% OFF
FULL SET OF LASH EXTENSIONS.
NOT COMBINED WITH ANY OTHER COUPON OR OFFER
EXPIRES DECEMBER 1st 2013

129 NW Ellison • Burleson Tx
817.929.5225 • www.lashlocks.com

Ehab Hanna, MD
Board Certified Internal Medicine
Primary Care Physician
817-945-1682



The Vine Medical Center located in
11797 South Freeway • Burleson, TX
(inside the Hugley Hospital 2nd floor suite 254A)
www.thevinemedicalcenter.com

Walk-In 1-4 Tues-Thurs
Most Insurance Accepted • Medicare Accepted • Cash Price Promotions

you need honest information in order to move forward.

Step 2: Create a spending plan and stick with it.

Once you have a tracking system, you can change your spending habits to meet your financial goals. First define your spending priorities, starting with housing, food, transportation and insurance. Then plan for your short- and long-term money goals. Assign dollar amounts to each priority and goal. Then decide what to do with anything that's left.

Step 3: Start an emergency fund.

Living paycheck to paycheck is risky, because life is unpredictable. Your first priority should be building an emergency fund of at least \$1,000. Open a savings account and set up an automatic deposit for every payday.

Step 4: Pay off your debt.

There's not a bank in the world that will pay you the same interest on savings as you're paying on credit card balances. So it makes sense to pay off debt before you start saving. For strong motivation, pay off the smallest balance first, then add that payment to the next-highest to pay off that balance faster.

Step 5: Use the power of automation.

When you separate the human (you) from your money, emotion no longer rules your financial decisions. Let automation work to your advantage. Link your checking and savings accounts for overdraft protection. Then set up automatic savings deposits and monthly bill payment for your essential spending needs.

Taking control of your money won't happen overnight. Give yourself time for each change to become a habit. Like eating an elephant, take one bite at a time. Once you have control, you can adjust your spending plan, or any other decision, as needed. But ultimately, you'll find that as your money situation improves, life will be a lot better, too. **NOW**

Patricia E. Vermeire is a CPA based in Burlleson.

→ FREE ESTIMATES
 → SHEETROCK REPAIRS
 → SIDING
 → DOORS
 → FLOORING
 → PAINTING
 → REMODELING
 → OUTDOOR STRUCTURES
 → LOCAL SINCE 1989

FREE SERVICE CALL
 Limited to first 50 customers
 \$29 VALUE

TEXSTAR
 HOME REPAIR
We don't cut corners, we fix them!

SPECIAL DISCOUNT FOR SENIORS, TEACHERS, FIRE, POLICE AND MILITARY

817-770-6720 WWW.TEXSTARDFW.COM
 TEXSTARDFW@GMAIL.COM

HAVE YOU HAD "THE TALK" ABOUT TEEN DRIVING YET?



Mark Jameson
 (817) 447 1139

558 SW Wilshire Blvd
 Burlleson
 mark.jameson@allstate.com

Get your copy of our Parent-Teen Driving Agreement.

It's never too early to talk to your teens about driving safe. The Allstate Foundation Parent-Teen Driving Agreement gives you important tips on how to discuss good driving habits. And when it's time for them to get behind the wheel, it helps you and your teens agree on the ground rules and consequences together. Call me or come in today for your free copy.



Source: Insurance Institute for Highway Safety Fatality Facts 2007-2009. Allstate Fire and Casualty Insurance Company © 2012 Allstate Insurance Company

A Painful Swallow

— By Betty Tryon, BSN

One minute you are humming along just fine. The next minute your throat feels so horrendous you practically quiver when you swallow. Your body temperature shoots into the fever zone. All you have the energy to do is lie down with the wretchedness of your misery. You may have a strep throat infection. The majority of sore throats are not from strep but from viruses. Strep throat is a bacterial infection from *Streptococcus pyogenes* bacteria. This is not to say sore throats from viruses are not also painful. They can be, but they are usually not as intense as with strep.

To be absolutely sure of a strep diagnosis, laboratory tests must be given. However, there are some clues that point to strep being the culprit. If the symptoms come on suddenly with a high fever, tender swollen lymph nodes in the neck area, fatigue and an extremely sore throat, it may be from a strep infection as opposed to a cold or other viral infection. Also, if you look at your tonsils, and they have white or yellow patches of pus on them, it is probably from a strep infection. The typical symptoms of a cold or viral infection — coughing, sneezing, congestion, runny nose — are usually absent with strep throat infection.

Even if you come to the conclusion you have strep throat without the benefit of lab tests, it still needs to be treated with

antibiotics. Treatment will lessen the symptoms fairly quickly, and you will feel better. Treating strep infections is very important, because of possible complications, such as rheumatic fever, scarlet fever and kidney complications. After taking the antibiotics for 24 hours, you are no longer contagious. If you feel well enough, you may resume your duties. If you are prescribed a course of antibiotics, take all of the medication as ordered. Stopping your treatment after you feel better can lead to relapse and still leave you vulnerable to complications. Discontinuing antibiotics prematurely also contributes to antibiotic resistant organisms.

The best way to prevent a strep infection is to hold high standards for your personal hygiene. Wash your hands frequently — particularly if you are around someone who has strep throat. Do not share personal items such as towels, cutlery, plates, drinking glasses, etc. Since the bacteria is spread by droplets, be diligent about containing sneezes and coughs in a manner that doesn't spew them into the air. If you do get strep throat, see your doctor, complete your medication, take care of yourself and feel better soon! **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.

Country Critters farm

Welcome to the farm!

Admission includes: Bounce houses, playground, petting zoo, a train ride, hay rides, a storyteller, a wooden maze and pony rides (weekends only)

Admission: \$10 per person (kids and adults)
Ages 24 months and under get in FREE!
Includes a pie-sized pumpkin for each child, and each family receives a jack-o-lantern pumpkin.

OPEN

- Saturdays: 10 am to 5 pm
- Sundays: 1 to 5 pm
- Gates close at 4 pm each day!
- Weekdays by Reservations ONLY

Last day for Pumpkin Patch is Sunday Nov. 10th. Don't miss out!!

We also offer birthday parties and field trips at our farm, and petting zoos and pony rides that can travel to you.

817-477-3060 • www.countrycrittersfarm.com

\$35 ONE HOUR MASSAGE

ZEN FOOT SPA AND WELLNESS CENTER

509 SW. WILSHIRE BLVD. SUITE G
BURLESON, TX
817.295.3688

Rotary International

Burleson Rotary Parade of Lights December 7, 2013

4:00pm Parade Line-up (Kerr Middle School)
6:00pm Parade starts
7:00pm Christmas Tree Lighting

Log onto www.Burlesonrotary.org for fees and registration information or call Lisa Keese at 817-447-7300.

Fancy's

Plus Size Resale Shop

Sizes 1X - 5X
Buy • Sell • Consign

220 E. Renfro
(Next Door to City Market)
817-426-4944

We Also Carry Shoes, Jewelry, Purses and Accessories
www.fancysplussizeresale.com

PICK UP WET GRASS, LEAVES AND DEBRIS.

~ and lots and lots of admirers ~



The PowerVac™ Collection System

The powerful vacuum action of a PowerVac™ Collection System picks up virtually anything, leaving a manicured finish. A trash-ingesting steel impeller chops, propels and compacts debris for fewer stops while you mow. And when it's full, our exclusive PowerTilt™ collector empties at the flip of a switch for uninterrupted productivity.

COSPER TRACTOR, LLC

Authorized Dealer for Over 25 Years
3456 S. I-35 W. • Alvarado, TX
817.783.5757

www.cospertractor.com



Visit grasshoppermower.com for more information.
PowerVac™ Collection Systems available for all Grasshopper models.

YOUR NEXT MOWER®
© 2008 The Grasshopper Company



NEED TO QUIT?

BUT ENJOY SMOKING?

15% OFF STARTER KITS

EXP: 11/30/13

WE CARRY

ELECTRONIC CIGARETTES
PERSONALIZED NICOTINE AVAILABLE
ELECTRONIC CIGARETTE ACCESSORIES
200 + FLAVORS IN STOCK!



817•447•CIGS

339 NW RENFRO STREET (2447)
BURLESON

Mon.-Fri. 9A.M. - 6P.M. • Sat. 10A.M. - 5P.M.

CELEBRATING OUR 2ND YEAR ANNIVERSARY

SERVING BURLESON & SURROUNDING AREAS

**COME SEE US
SPECIALS ALL MONTH
817.426.0030**

RED WING SHOES

Join us November 16th
Free Food & Drinks
Music by Jimmy Jones 2:00-3:00

Burleson
1001 S.W. Wilshire Blvd. Suite E • Burleson, TX • 76028 • SHAFER PLAZA SHOPPING CENTER

The journey toward home begins here...

Using our state-of-the-art therapy gym, we provide a wide array of rehabilitation services to meet your needs. From our elegant surroundings, to our professional and friendly staff, our facility is the ideal setting for short-term stays, and even better for your long-term care needs.



"Experience the difference" at

Senior Care
Crowley

HEALTH & REHABILITATION

A Senior Care Centers Facility

For inquiries or admissions: 817-455-7628
920 East FM 1187, Crowley, TX 76036
817-297-5600

November 4, 11, 18

Joshua Young Life meeting: 7:02 p.m., the old gym at Joshua High School. Young Life brings the good news of Jesus Christ into the lives of teenagers. Contact Theresa Boydston at (817) 368-0349 or joshuayounglife@gmail.com.

November 9

FBC 14th Annual Quilt Show: 9:00 a.m.-2:00 p.m., First Baptist Church, 400 S. Eagle Dr., Crowley. Admission is free. For more information, call (817) 297-2189 or (817) 297-4347.

November 9, 16

3-Man Antique Tool Exhibit: 9:00 a.m.-4:00 p.m., Mansfield Historical Society & Museum, 102 N. Main St., Mansfield. Admission is free. For more information, call (817) 473-4250.

November 14

Handsome Hunks of Johnson County: 6:30 p.m., Beaumont Ranch, Grandview. Proceeds benefit the programs and services provided to the clients of Community Opportunities Inc. Contact Pamela Masters, (817) 558-9559 or pammasters@clc-coi.org.

November 15

Open Door Food Bank Classic: 7:00 p.m., Southern Oaks Golf Club. 4-man scramble; 18 holes of night golf. Fairway will be lined with Glow sticks. \$500 per team benefits Open Door Food Bank serving Johnson County. Contact Reggie Brock, (817) 908-0808.

November 16

Holiday Bazaar: 10:00 a.m.-3:00 p.m., The Academy at Nola Dunn. Join Power of Heels for a unique shopping experience. \$5 admission includes a shopping bag, door prizes and over 70 vendors including Christmas crafts, unique apparel and one-of-a-kind gifts. Email pohbazaar@gmail.com.

Children's Magic Show: 6:30 p.m., Burleson High School Auditorium, 100 Elk Dr. Kiwanis Club of Burleson presents the fundraiser. \$11 per ticket. Call or text (817) 614-7627, or email: bur88Kiwanis@gmail.com.

November 30

Youth Bee Scholarship application deadline: 5:00 p.m., Metro Beekeepers, c/o Tim Wallace, 1510 Sunnydale Dr.,

Midlothian, TX 76065. Members of the Metro Beekeepers Association want to provide a hive — and all its related responsibilities — to a wannabe youth hobbyist beekeeper. Application can be found on <http://metrobeekeepers.net>.

December 5

Free Horticultural Seminar: 6:00 p.m., Burleson Public Library, 248 S.W. Johnson Ave. Call David Lenartowicz, executive director of Keep Burleson Beautiful, at (817) 426-9842.

December 7

Burleson Christmas Celebrations: breakfast with Santa, 7:00-11:00 a.m., BRiCK; craft fair, 2:30 p.m., Senior Center; parade: 6:00 p.m., Old Town. Visit www.burlesontx.com.

Joshua Christmas Parade: 6:00 p.m., Staples Elementary is the starting point. Parade follows Main St. and ends with festivities. For more information, call Joshua Chamber of Commerce, (817) 556-2480.

Submissions are welcome and published as space allows. Send your event details to melissa.nowmag@sbcglobal.net.

Lending that has you covered.





Lisa Keese
Branch Manager
NMLS# 206895
817-233-9226

817-447-7300
124 W Renfro #200
Burleson, TX 76028
We've Moved! Come see us at our new location.



Terrie Goodloe
Sr. Loan Officer
NMLS# 206828
817-925-8306

Gary W. Chandler, D.P.M.
Medical & Surgical Podiatry
Board Certified
Serving Johnson & Tarrant County for 28 years.

NOW ACCEPTING
aetna

817-295-3799
809 SW Alsbury, Suite 4 • Burleson
Most Insurance Accepted

"OPENING DOORS IN BURLESON FOR OVER 27 YEARS"

TEXAS OVERHEAD DOOR

REPAIR, SERVICE & NEW GARAGE DOORS

122 N.W. Hillery Street
Burleson, Texas 76028

Garage Door Service
\$49.00 + tax

For regular business hours M-F 7:30-5 only.
May not be combined with other offers.
Call for details. Expires: 11-30-2013
Must Mention "Burleson Now Coupon"

295-0216
www.txohd.com

Amar   

WE MAKE OWNING A HOME AFFORDABLE!

575 Credit Score
10% down gets you a new home!



1903 S. Main • Cleburne, TX 76033
817-641-1515
3102 West Highway 377
Between Granbury & Tolar
Granbury, TX 76048
817-573-8830
WestFrontierHomes.com

Serendipity
A Complete Beauty Escape



15% OFF
Lanza Products
Exp 11-30-13
(must mention this ad for discount)

Thankful for Our Clients

Massage & Foot Detox Special \$80
Exp 11-30-13
(must mention this ad for discount)

Free Hair Cut w/Highlight with Karen
Exp 11-30-13
(must mention this ad for discount)

817.426.1900
110 S. Main St.

One-Stop Shopping for Your Kitchen or Bath Project



Over 40 Years in Business

The Cabinetry
Kitchen & Bath Showroom

Design and Installation

817-360-0044 • www.thecabinetrytx.com
915 N. Nolan River Rd. • Suite F
Across from Cleburne High School

Couch & Russell

HOLIDAY CASINO NIGHT

BENEFITING

SOS
Support Our Soldiers

December 12, 2013 • Mimoso Hall • 6-9:30pm
10405 Shannon Valley Dr. • Crowley, TX 76036
FREE COMMUNITY EVENT

BECOME A SPONSOR

Platinum Sponsorship
Gold Sponsorship
Silver Sponsorship
Texas Hold 'em Table
Craps Table
Roulette Table

Golf Cart Sponsor
Black Jack Table
Sponsor a Soldier

Couch & Russell
A Tradition of Wealth Preservation

For more info, contact Tami King 817-295-2236



Artistic Motion
dance academy

Nutcracker is December 21 at Burleson High School 2pm and 7pm.
Tickets go on sale November 25.

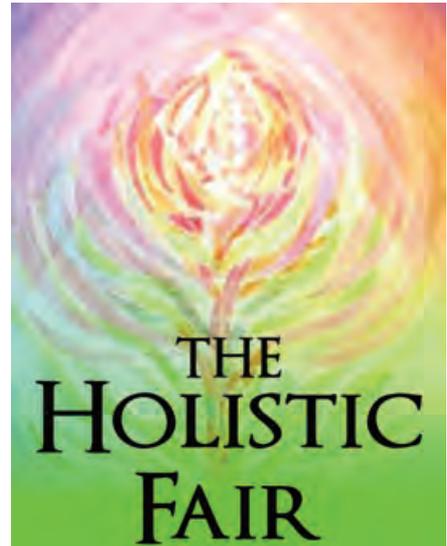
Ballet • Pointe • Tap • Jazz • Lyrical • Hip-hop • Modern
Musical Theater • Mommy and Me • Creative Dance/Tumble
Clogging • Cardio Hip-hop • Pilates • Adult Classes • Competition Teams

We've Moved to Our New Burleson Location
4,000 square feet - 3X the size!

Dance for a studio with Boundless Expectations!

817-575-7785
1420 E. Renfro • Burleson, TX 76028
www.amdacademy.net

Bring in this coupon for
\$10 OFF
ENROLLMENT FEE
New students only. Coupon expires 11/30/13



THE HOLISTIC FAIR

FEATURING
MARY HELEN SCHMIDT
ANIMAL COMMUNICATOR

NOV. 10 & DEC. 8
(The 2nd Sunday of Every Month)

11:00am – 5:00pm

COMFORT SUITES
321 S Burleson Blvd.
Burleson, TX 76028
817-426-6666

OFFERINGS

Angel Therapy®
Animal Communication
Aura Photography
Dream Interpretation
Intuitive Consultations
Essential Oils
Ionic Foot Detox
Chair Massage
Quantum-Touch®
Reflexology
Acupuncture & Acupressure
Nutritional & Body Products
...And More!

FREE ADMISSION
15-20 minute sessions Available
Prices for products and sessions may vary

For more information,
email jason@sigmamailing.com



In The Kitchen With Glenda Bullard

— *By Melissa Rawlins*

Every day is a new adventure for Glenda Bullard, who moved to Crowley 76 years ago when her family, the Mitchells, came from West Texas and settled in a four-room house where the Harbison-Fischer plant is now. An active community servant, Glenda enjoys keeping a garden for filling her large family with fresh sides and salads. She took up hunting two years ago with her son, Glen. “I’m pretty good at the bow, not so good with the gun,” Glenda said. “I have brought home three deer and, with my cross bow, three turkeys.” Her son, Jerry, usually cooks the meat at family gatherings. This year, Glenda will bring to their Thanksgiving table her old-fashioned dressing, a recipe she thinks every young woman should have. **NOW**

Banana Pudding

- 2 3.5-oz. boxes French vanilla instant pudding mix
- 3 cups milk
- 1 14-oz. can sweetened condensed milk
- 2 Tbsp. Mexican vanilla (or Adams Best)
- 1 10.6-oz. tub Cool Whip
- 1 11-oz. box vanilla wafers
- 4 medium bananas

1. Mix pudding, milk and condensed milk with electric mixer.
2. Add vanilla and Cool Whip. Beat.
3. Line bowl with vanilla wafers.
4. Layer 2 sliced bananas over the vanilla wafers.
5. Put half of the pudding over the wafers and bananas. Repeat, ending with vanilla wafers on top.

Creamed Squash

- 5 medium yellow squash
- 1 Tbsp. butter

- 1/4 cup sugar, or to taste
- 3 Tbsp. powdered Cremora Salt, to taste

1. Wash and slice squash to desired size. In a pot, cover squash with water and boil until done (about 10 minutes).
2. Drain squash well. Return squash to pot with remaining ingredients and mix well. Heat thoroughly before serving.

Orange Sherbet Salad

- 1 6-oz. pkg. orange gelatin
- 2 cups boiling water
- 1 pint orange sherbet
- 1 11-oz. can mandarin orange sections, drained
- 1 20-oz. can crushed pineapple, drained

1. In a large bowl, stir together gelatin with boiling water until gelatin is dissolved. Add sherbet; stir until melted.
2. Stir in oranges and pineapple; pour into a 2-quart baking dish or mold.

3. Cover and chill for 4 to 6 hours, or until set.

Never-fail Cornbread Dressing

- 1 1/2 cups all-purpose flour
- 4 tsp. baking powder
- 2 1/2 tsp. salt
- 2 tsp. dried sage
- 1 tsp. dried thyme
- 1 1/2 cups cornmeal
- 1 1/2 cups onion, chopped
- 1 1/2 cups celery, chopped
- 1/4 cup pimiento, chopped
- 3 beaten eggs
- 1 1/2 cups milk
- 1/3 cup oil
- 1/2 quarts chicken or turkey stock

1. In a large bowl, mix together all dry ingredients; add the onion, celery and pimiento.
2. In a small bowl, combine eggs, milk and oil.
3. Add egg mixture to the large bowl. Stir until well-blended.
4. Pour into a 9x13-inch pan or a greased 10-inch cast iron skillet. Bake in a 400 F oven for 35 to 45 minutes until well-browned.
5. Crumble the corn bread. Add the stock to the crumbled corn bread. Mix well with a hand-held potato masher.
6. Continue baking for about 35 minutes.

Mama’s Lemon Cake

Cake:

- 1 18.25-oz. pkg. lemon cake mix
- 1 3-oz. pkg. lemon Jell-O
- 3/4 cup water
- 4 eggs, beaten 2 minutes
- 3/4 cup corn oil

Icing:

- 2-3 lemons
- 1 cup powdered sugar

1. *To make cake:* Combine all ingredients into 9x13-inch pan or a Bundt pan. Bake at 350 F for 30 minutes for metal pans or 325 F for 30 minutes for glass pan.
2. *To make icing:* Squeeze juice from lemons into mixing bowl. Mix in powdered sugar.
3. Prick the cake with a long fork while still hot. Spoon icing over cake, making sure some goes into each hole.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

JOINING YOUR COMMUNITY

JOSHUA COMMUNITY YMCA

Join us as we celebrate the opening of the new Joshua Community YMCA with these fun events:

Ribbon Cutting & Grand Opening **Friday, Nov. 1, at 9 a.m.**

Come check out the new Y as we cut the ribbon and open its doors to the community.

Harvest Festival

Saturday, Nov. 2, from 2-5 p.m.

Bring the family & celebrate fall with a bounce house, door prizes, face painting, food, fun & more!





FREE Teeth Cleanings for duration of braces for NEW orthodontic patients who start treatment after 11/1/13.

iKids
Pediatric Dentistry
and Orthodontics

Cosmetic Dentistry for Kids



Ross Hamilton, DDS, Randy Hamilton, DMD,
and Blane Hamilton, DMD

Unsurpassed care and treatment in a kid-friendly environment! In-office oral & IV sedation



BURLESON
809 SW Alsbury, Ste. 100
817-295-1144

**DFW's Premier Children's
Dental Office**



**OPEN Monday-Saturday - Most Insurances Accepted
Medicaid/CHIP Approved**