

Weatherford

Aledo | Hudson Oaks | Willow Park
M A G A Z I N E

NOVEMBER 2012

NOW

Holiday
Shopping
Guide 2012
p. 21

Pitching In

At Home With Alta Wolfenberger

Changing Lives

Adchara Peterson makes sacrifices, with joy, for her daughter

Plus:
A Weaver's Imagination
Texas-style Relaxation
In the Kitchen
With Lisa Geron





WE HAVE A GIFT FOR MAKING KIDS AND PARENTS HAPPY.

From our reusable lunch bags to our coloring books and teddy bears, every child goes home with a gift – and you'll go home with the gift of knowing your child received the best possible care from our pediatric board-certified anesthesiologists and pediatric-trained nurses. No wonder USMD Fort Worth has a 99% patient satisfaction rating.

We're patient people.



1-888-444-USMD • USMDFortWorth.com

USMD is a physician-owned hospital.

Rio Mambo

TEX MEX Y MAS

NOW OPEN!

Weatherford

(Nov. 6, 2012)



VOTED BEST FROZEN DRINK
2011 & 2012

VOTED BEST MEXICAN FOOD 2012

BY THE READERS OF
FORT WORTH, TEXAS MAGAZINE

COMPLIMENTARY

Tomate Frito with Sunrise Sauce

WITH ENTREE PURCHASE

Rio Mambo
TEX MEX Y MAS

Present this invitation prior to ordering.
Not valid with other offers. Expires 11-30-12.

www.riomambo.com

WEA

FORT WORTH

6125 SW Loop 820
(SW corner of Bryant Irvin & Loop 820)
817.423.3124

COLLEYVILLE

5150 Hwy. 121
(Hwy. 121 between Hall Johnson & Glade)
817.354.3124

S. ARLINGTON

6407 S. Cooper
(1/2 mile south of Sublett Road)
817.465.3122

WEATHERFORD

1302 S. Main
(corner of South Main and Park)
817.598.5944

www.riomambo.com

Brock Primary Care

Elizabeth Bailey, D.O., *Board Certified, Family Medicine*
Richard Keller, PA-C, *Family Medicine*
1110 FM 1189, Suite 101 • Brock • 817-341-1300



Lone Star Children's Care

Jessica Ramsey, M.D., *Board Certified, Pediatrics*
Sandra Rodriguez, D.O., *Board Certified, Pediatrics*
5700 E. Interstate 20, Service Road South, Suite 200
Aledo • 817-489-PEDS (7337)



Lone Star Family Care

Roberto Cardarelli, D.O., *Board Certified, Family Medicine*
Danica Jordan, D.O., *Board Certified, Family Medicine*
Steven M. Melcher, M.D., *Board Certified, Family Medicine*
Matthew Phares, D.O., *Internal Medicine*
Kimberly Hilmer, F.N.P., *Family Medicine*
5700 E. Interstate 20, Service Road South, Suite 100
Aledo • 817-489-7300



Lone Star Surgical Associates – 817-599-7022

A. Scott Walker, M.D., *Board Certified, General Surgery*
C. Daniel Jordan, D.O., *General Surgery*

Weatherford Specialty Care – 817-341-7246

Jina Shrestha, M.D., *Board Certified, Rheumatology*
937 Hilltop Drive • Weatherford



Weatherford Family Care

Greg Bratton M.D., *Board Certified, Family & Sports Medicine*
Sara Saginaw, D.O., *Family Medicine*
925 Hilltop Drive, Suite 100 • Weatherford
817-341-7600



Weatherford Internal Medicine

Masoud Romezi, M.D., *Board Certified, Internal Medicine*
933 Hilltop Drive, Suite 100 • Weatherford
817-341-7302



Weatherford Medical Associates

Johnita Darton, M.D., *Board Certified, Internal Medicine*
Kimberly Strickland, D.O., *Family Medicine*
925 Santa Fe Drive, Suite 107/108 • Weatherford
817-341-7670



Weatherford Primary Care

Michael Mutchler, M.D., *Board Certified, Internal Medicine*
Heather Back, D.O., *Board Certified, Family Medicine*
929 Hilltop Drive • Weatherford • 817-596-7900



Publisher, Connie Poirier

General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker

Weatherford Editor, Melissa Rawlins

Editorial Coordinator, Sandra Strong

Editorial Assistant, Beverly Shay

Writers, Amber D. Browne . Gregg Davis

Nancy Fenton . Betty Tryon

Editors/Proofreaders, Pat Anthony

Pamela Parisi

GRAPHICS AND DESIGN

Creative Director, Chris McCalla

Artists, Julie Carpenter . Casey Henson

Martha Macias . Felipe Ruiz

Arlene Honza . Brande Morgan

Shannon Pfaff

PHOTOGRAPHY

Photography Director, Jill Rise

Photographers, Thomas Freylack

Vanessa Polozola

ADVERTISING

Advertising Representatives,

Steve Randle . Lisa Miller . Rick Ausmus

Teresa Banks . Linda Dean . Kelly Feld

Laura Fira . Bryan Frye . Melissa McCoy

Carolyn Mixon . Jami Navarro

Lori O'Connell . John Powell

Linda Roberson

Office Manager, Angela Mixon

ON THE COVER



Alta Wolfenberger enjoys spending time in her garden.

Photo by Vanessa Polozola.

CONTENTS

November 2012 • Volume 2, Issue 11



8 Changing Lives

Adchara Peterson makes sacrifices, with joy, for her daughter.



14 Pitching In

At Home With Alta Wolfenberger.



26 A Weaver's Imagination

Using a loom and yarn, Sherri Coffey brings her visions to reality.

37 AroundTownNOW

38 BusinessNOW

40 FinanceNOW

44 CookingNOW

WeatherfordNOW is a NOW Magazines, L.L.C. publication. Copyright © 2012. All rights reserved. *WeatherfordNOW* is published monthly and individually mailed free of charge to homes and businesses in the Weatherford and Aledo ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (817) 613-1533 or visit www.nowmagazines.com.



Editor's Note

Hello Friends,

Do you consider yourself an extrovert or an introvert? Simply put, introverts prefer solitary activities over social ones, while extroverts receive a dose of energy just by being around other people. I've taken my share of personality profiles over the years, and I have been identified as an extrovert. True, it is great fun to get out and about, interrogating people everywhere I go. There comes a point, however, when I need to stop and write — and I find special pleasures in this solitary activity.

I'm blessed to work for NOW Magazines, which makes good use of my chameleon-like abilities. In existence since 2004, our company launched its 10th magazine last month. We are happy to welcome *GranburyNOW Magazine* into our family! We distribute over 240,000 magazines each month and have a readership of over 600,000 across the 10 markets. To be part of this growth is amazing! This year more than any other I can, in all things, give thanks.

Happy Thanksgiving!

Melissa

Melissa Rawlins
WeatherfordNOW Editor
melissa.rawlins@nowmagazines.com
(817) 629-3888

The Apple of Your Eye

Cute Clothes for fall

FROGS in Fairies
Children's Boutique

207 N. Main St. • Weatherford
817-599-8828 • Tues-Sat: 10-5:00

Iron Skillet

Open 24 hours a day with Breakfast, Lunch & Dinner ready when you are!

32 oz. Sirloin Steak	Heavy Hauler \$16.99
14 oz. Ribeye Steak	Steak Connoisseur \$13.99
24 oz. Sirloin Steak	Long Distance Runner \$14.99
16 oz. Sirloin Steak	Wagon Hauler \$11.99
10 oz. Rib Eye Steak	Light Hauler \$10.99

FREE Beverage with your Steak dinner with this coupon, one per visit

2001 S Santa-Fe Weatherford 817-594-0245

Christmas at Something Special

Come pick out your own shirt and have one of our Santa's painted on it.




Cowboy Santa or Traditional Santa

The 21st year of Christmas on the Square, shirts will be in the shop by Nov. 15th

Open T-F 10-5, S 10-4
Holiday hours after Thanksgiving
M-F 10-5 Sat-10-4
Open every Thursday night till 8pm.

126 B York Ave. Weatherford
817-599-0294 www.shernyp.org



**Facial Cosmetic
& Surgical Center**



Non-invasive Laser Special 20% OFF

Anti-aging Facial Skin Rejuvenation

- Skin Tightening
- Acne Spot Removal
- Wrinkle Reduction
- Facial Vessel Reduction

Also includes:

Acne Blue Light Therapy Laser Hair Removal

We've got the Right Laser Technology for You:
Call our office to schedule your appointment 817-596-7666.



before



after

COSMETIC FACIAL SURGERY

- Nasal Surgery
- Eyelid Surgery
- Browlift Surgery
- Face lift
- CO2 Laser Skin Resurfacing

PROFESSIONAL SKIN CARE

- Facials
- Chemical Peels
- Silk peel
- Laser Hair Removal
- Photofacial Laser
- Fractional CO2 Laser Skin Tightening & Wrinkle Reduction
- Ultrasound Facial Firming

MASSAGE THERAPY

Dr. Bruce N. Epker DDS, MSD, PhD,
Board Certified

Dr. Meagan Hill, MD
Board Certified

Schedule Your Holiday Makeover!

20% DISCOUNT

on All Youngblood Mineral Makeup

All Brands - Mascara & Primers

Non-Surgical BODY CONTOURING

Offering breakthrough treatments for cellulite, fat reduction, and skin tightening for the face and body.



before



after

The Plowman family and staff invite you to join us
December 2, 2012, at 3 O'clock p.m.

for our 8th Annual Holiday Memorial Service.
Each family will be given the opportunity to
place an ornament on the memorial tree in
memory of their loved one. We will also have
guest speakers, music and refreshments.
Space is limited so please RSVP to 817-594-2747



**Full-service Funeral Home
Cremations • Advanced Funeral Planning**

*Serving Every Family as if
you are a part of our own.*

**913 Elm St. • Weatherford
817-594-2747 • 800-593-2747**

Galbreath-Pickard
FUNERAL CHAPEL
Since 1954



Charlie Gilchrist's
South West
AUTOGROUP

FAMILY OWNED & OPERATED SINCE 1986



FALL INTO Savings!



2012 SX4

0% for 72 months
on all New Suzuki's

See dealer for details

\$17.95 LUBE OIL & FILTER

\$79.95 ALIGNMENT CHECK & FREE TIRE ROTATION

FREE COOLANT, WIPER BLADE & BATTERY INSPECTION

\$99.95 COOLANT & HEATER FLUSH

10% OFF WIPER BLADES

\$99.95 LUBE OIL & FILTER
PLUS DETAIL PARTS SPECIAL

MITSUBISHI AIR FILTER
\$13.99 WITH OIL CHANGE



\$9,000 OFF
all New Mitsubishi
Endeavor SUV's
See dealer for details

THE ALL-NEW OUTLANDER SPORT

800.483.9461

2951 FORT WORTH HIGHWAY WEATHERFORD TX • 76087

WWW.SWAUTOPLEX.COM

CHANGIN

By Melissa Rawlins

Adchara Peterson holds herself to high standards. Knowing her daughter, niece and nephew are watching, she wants to give them a good example. That's what she told Becky Tripp and the committee of ladies from Parker County Women's and Newcomer's Club, who provided her with a full scholarship to Weatherford College. "You can tell your children all you want, but unless they see how hard you work they're not going to listen," Adchara said. "I try to show them how hard I work, and that as a result I will get good grades."

Reared in Bangkok, Thailand, Adchara has a Bachelor of Arts in social sciences, political science and history from a government university in Thailand. "Asian kids are all about school. They don't have other responsibilities outside of their school work," said Adchara, who came to America to further her studies and eventually met her husband, William, while attending North Texas State, now University of North Texas.

Throughout her years as a housewife, Adchara chose to mix Asian and American



G Lives

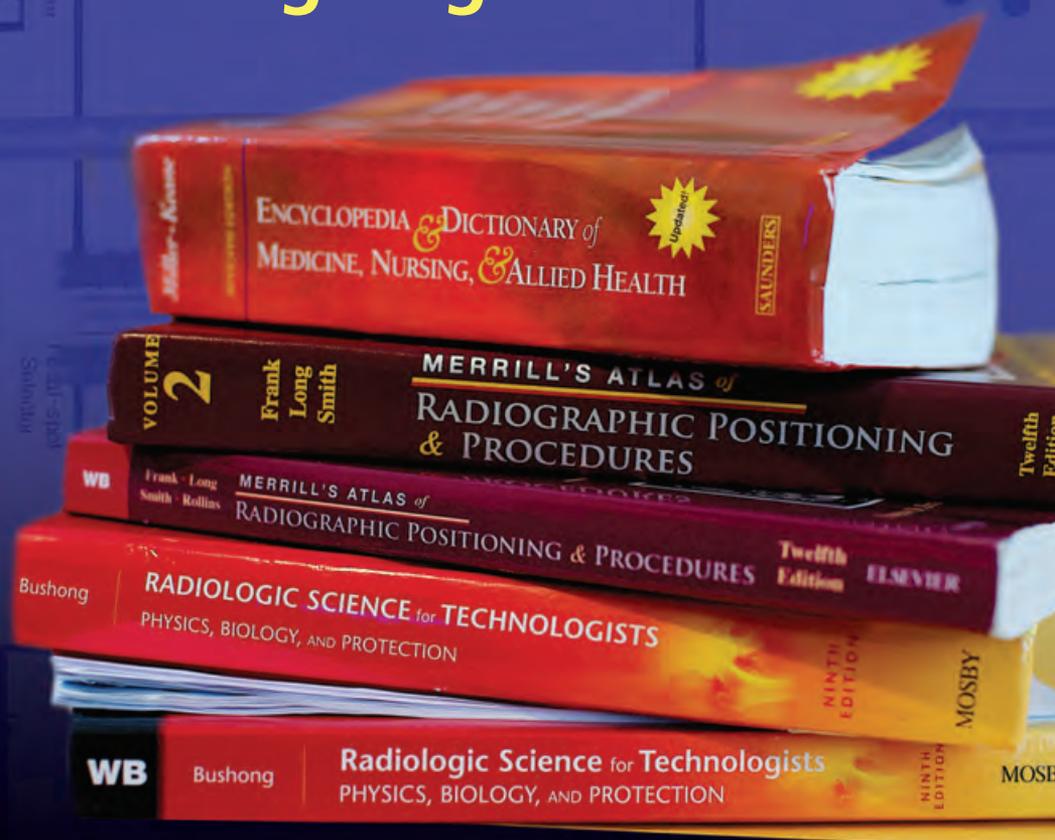
standards for her daughter, Jessica, who is now 12. "It's a good thing to have chores besides study. Plus, it's good to get outside and get fresh air and play outdoor sports rather than stay indoors and work on the Internet all day," Adchara said. "As a family, we sometimes go outside to take a walk, or we swim. We eat well and healthy, because we don't want to get sick."

Running a household and going to school is Adchara's more-than-full-time job, a choice she made so Jessica can one day attend college — possibly to study in the field of medicine. "I wouldn't have dreamed of going back to school at my age, but Jessica's education is my motivation," Adchara said. "I think she's smart enough to do whatever she wants to do. It's not going to be cheap, and that's not going to be easy."

After May, 2013, with an associate degree in radiologic technology, Adchara's day to day schedule will be less strenuous. Her goal is to work in diagnostic radiology and other modalities, such as CAT scans, MRI, nuclear medicine and ultrasound, so that she'll be eligible for a variety of jobs after graduation. "I'm thinking I might continue studying at Midwestern University, so I can complete my Bachelor of Science in the radiology field and be able in the future to teach or become an administrator," Adchara said. "Overall, it's not as much about money as about job availability."

Her family is quite willing to help when she is studying for exams. "They are so sweet! If I have a test in the

"You can tell your children all you want, but unless they see how hard you work they're not going to listen."





Fancy's
Plus Size Resale Shop
 Sizes 1X - 5X
 Buy • Sell • Consign
 318 D Santa Fe • Weatherford
 817-599-4944
*We Also Carry Shoes, Jewelry,
 Purses and Accessories*
www.fancysplussizeresaleshop.com



POP'S USED BOOKS
 318 A Santa Fe
 Weatherford
 817-598-1800
www.popsusedbooks.com




GC GREYSTONE CASTLE SPORTING CLUB
www.greystonecastle.com • info@greystonecastle.com
 P.O. Box 158 Mingus, Texas 76463 • 800.399.3006

morning, they will bring me breakfast,” Adchara said, “or they will help with dinner and clean up after themselves.”

The family conducts a concerted and unified effort on weekends to plan the next week’s meals, shop and cook so leftovers are available all week long. They also maintain a strict routine of housekeeping throughout the week, by cleaning bathrooms, doing laundry, vacuuming and dusting. “The priority is to keep up with schoolwork before they can move on to their activities.” Everyone enjoys their free time together more when they know their work is done and done well.

In order to do well in her own classes, Adchara improvises throughout each day, balancing her homework with her main priority, which is her family. In her radiologic technology program at Weatherford Community College, the clinical experience is weighted as heavily as the classroom work. Although she approached her first anatomy and physiology classes with trepidation, since science had never been her forte, Adchara found she was quite good at the natural sciences and even was asked to help the other students in the class. “I was tutoring anatomy and physiology





class for one semester while waiting to get into the radiologic technology program. I enjoyed helping those students," she said, "and found tutoring helped me go back and study it again for myself."

Three days per week, Adchara drives to her clinicals in a Stephenville hospital. "I have to be there at 7:30 a.m., and then I leave by 4:00 p.m. It could be after 5:00 p.m. before I am able to pick up my daughter," Adchara said, "and if she has piano lessons or other activities I will drive her and read in the car during her lesson." She is always studying after classes, while eating lunch,



after she has prepared and served dinner to her family and then again after they are in bed. Yet Adchara strives to find the happy medium between just enough and too much study.

"Sometimes, I cannot read longer than 3-4 hours. Long study sessions are my bad habit," she said. "You need to take a break after one or two hours, because your brain gets overloaded." She has little choice, though, since family is first priority. Additionally, it takes her more work than most of the other 18 students in her class.

"As a foreigner it's not always easy to study in a different language. Also, I'm older and can't remember as quickly as those younger students in my class," she stated matter-of-factly. Adchara

Quilting Around

"Your Quilting Boutique"

- Fabrics • Kits • Notions
- Specializing in Stonehenge from Northcott and Jinny Beyer's Color Palette
- Solids & Blenders

817-599-7810
806 Palo Pinto Street
Weatherford, TX 76086

Come taste The '50s Again

Just what a burger should be and the best malts around

Buy any Malt or Shake GET 2ND REG. SIZE FREE
(equal or lesser value) With coupon only. One coupon per visit, please. Not valid with other offers. Exp. 11/30/12

FREE Pint of Ice Cream
Buy a quart of homemade ice cream and get a pint for FREE
With coupon only. Not valid with other offers. One coupon per visit, please. Exp. 11/30/12

BUY ANY SANDWICH AND GET A REG. BURGER FOR .25

BUY ANY SANDWICH AND GET SECOND 1/2 PRICE
(Equal or lesser value) (Cheese extra) With coupon only. One coupon per visit, please. Not valid with other offers. Exp. 11/30/12

9 FLAVORS OF HOMEMADE ICE CREAM

2038 Ft. Worth Hwy. at the Azle Hwy. (FM 730)
Mon-Sat: 9:45AM - 9:30PM
Sun: 12 Noon - 9:30PM
817-594-2524

the Malt Shop



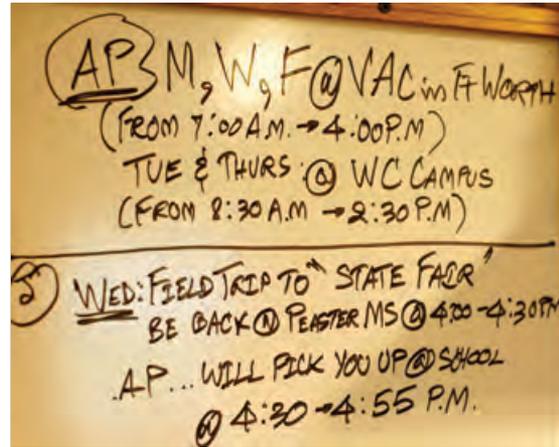
Believing That Love Makes
the Healing Difference



Nursing • Therapy • Social Workers
Home Health Aides

Joint Commission Accredited

109 Larson Rd. Suite 100 • Aledo, TX 817.441.2747 • Cell 817.771.8368
BeyondFaithHomeCare.com



compensates by planning and prioritizing her study goals, re-reading and repeating to help her remember more and researching each topic to increase her comprehension. "I don't know if my classmates do that, but I have to. I do triple the work, also, because some words are really hard to understand." Some of her textbooks have English medical terms that Adchara is not familiar with, so she searches the Internet to find explanations from medical dictionaries. "I have to translate the English to English!" she laughed.

Along with 15 native students, Adchara goes to class with three other foreign students. "We are all good students, and everyone in this program studies very hard. We have to, because this is a tough field to be in," she said. "In 2011, we started with 24 students and are now down to 19 in the class."

Tuition and books for this two-year program were provided for Adchara by a scholarship from the Parker County Women's and Newcomer's Club. "I'm very proud of that, because they have a lot of applicants," Adchara said. "During the interviews, six wonderful ladies asked me questions, and my answers were as honest as I could provide. Just that they called me was generous. I said, 'Thank you for the opportunity!' before I left. I never dreamed I would get something or someone to help me!"

As a mother and a wife, Adchara has already transformed her loved ones' lives. Now, Adchara is dreaming even bigger: "This makes me feel I need to do something else for somebody else," she said. "When I get to the point of having a job, I'm totally going to plan to help change other people's lives." **NOW**

A HOME you deserve,
with the SERVICE you expect,
at a price you can AFFORD.

NOW LEASING

GARDENS OF WEATHERFORD

Independent Senior Living
at its Best!



Apartment Features:

- Spacious 2 Bedroom Apartment Homes
 - 2 Car Garages with Remote Entry
- Range, Refrigerator & Dishwasher Included
- Full Size Washer/Dryer Connections in All Homes
 - Abundant Closet Space
 - Central Heat & Air Conditioning
 - Energy-Efficient
 - Internet & Cable Ready

Community Features:

- Caring, Attentive, Onsite Management Team
 - 24-Hour Emergency Maintenance
- Beautiful Clubhouse with Activity Room
 - Planned Resident Socials
- Handicap Accessible Homes Available
 - Computer Room with Library
 - Beautifully Landscaped and Maintained Grounds
 - Pet Friendly Community*
- Conveniently located off of Old Dickey Rd. Less than one Mile from the 180 and the Azle Highway

*ask for details

BRAND NEW
2 Bedroom/2 Bath
Apartment Homes
55 or better
Community



Call 817.550.0168 to Move
into Your New Home Today!

GARDENS OF WEATHERFORD
Attractive apartments for adults 55 and better



Phone: 817.550.0168
1900 Old Dickey Road, Weatherford, Texas 76086
www.gardensofweatherford.com • weatherford@ofpmanagement.com



Property Managed By
AMERICA FIRST
Property Management



4899 East Interstate 20
Willow Park, TX 76087
817-441-1746

HOURS OF OPERATION:
Sunday - Thursday 11 am - 9 pm
Friday 11 am - 10 pm
Saturday 12 pm - 9 pm

www.eatfishcreek.com



**Order a Turkey and pick up
your dessert at Fish Creek**

Private dining room available for events seats up to 30 people



**ORDER YOUR HOLIDAY FRIED TURKEYS
FROM FISH CREEK AND YOUR HOLIDAY PIES
AND CAKES FROM WINDY HILL BAKERY
817-565-0585**



**6 Months Free
Weekly Pool Maintenance**
with each new pool build

You can just have a pool, or you can have a BlueWater pool!

- ▶ WEEKLY SERVICE
- ▶ NEW CONSTRUCTION
- ▶ RENOVATIONS & REMODELING
- ▶ EQUIPMENT REPAIRS/UPGRADES
- ▶ PLASTER, TILE & COPING

- ▶ OUTDOOR KITCHENS
- ▶ DECKING
- ▶ SALT SYSTEMS
- ▶ WATER FEATURES



We ALSO offer Landscape Lighting
*Let us light up your life and add beauty to
your outdoor surroundings!*



Our showroom is located at 10424 FM 1902 • Crowley, TX



817.297.7120
www.BlueWaterCustomPools.com



“Our family’s getting to be so big now, we usually gather at Lavada’s big dining table — she’s the mother of the clan now, I reckon.”

Pitching In At Home With Alta Wolfenberger

— By Melissa Rawlins

Lemon-drop yellow kitchen walls cheer Alta Wolfenberger, inviting her to sit still and consider both her home’s history and her own. “A lot has happened in my 105 years,” Alta reflected, “and it kind of staggers me — from way back to down-down-down!” Casting a gaze at the cross-stitched reminder of newer generations, then at the quilted heirlooms from her ancestors, Alta gives thanks for the family of which she is such a vital part. She first came to this house in 1981. Before that, she lived in the old homestead on the same property inherited through her mother, whose father cleared this land. He was a preacher and a dairyman, who gave his family more than land — he passed on his values of faith and hard work. He gave Alta the opportunity to milk cows and strengthen her hands. “I think we all think Grandpa Barton was pretty wonderful.”



Four generations continue to work a small garden plot on the land. Together with her son, Bob Wolfenberger, his daughter, Lea Penny, and her daughter, Hannah, Alta keeps her hands dirty and her heart healthy. This fall, they have all been enjoying homegrown tomatoes, greens, squash and beans from the garden behind Alta's house. Alta planned it, Lea plowed it, and together they planted it. Bob and Hannah have helped Alta and Lea to weed and to harvest. "Last summer, it was too hot to have a garden, yet we had a nice early garden that Lea and I took care of," said Alta, who is teaching Lea the secrets of bringing life from the earth.

"I am a teacher by experience. I let them see my life, the way I do," Alta said. "But you know it's altogether different now. This old world is getting in a mess. You try to garden now, and everything you can think of goes against you — the weather, the bugs, the deer. It wasn't that way in the past. Later on it got that way, and I was young enough to fight it and work it. Now, I leave it to Lea."

Inside her home on the living room couch, a pillow cross-stitched with *One who sows a Garden reaps Happiness* attests to Alta's love for growing things. Above it is a Colorado landscape, painted by Bob's



Mr. Rooter
PLUMBING

There's a reason they call us Mr.™

\$20 OFF
Any Plumbing Service
817-594-7077
MrRooter.com

Coupon must be presented at time of service. Cannot be combined with other offers. Limited time offer.
Locally owned and independently operated franchise

817-594-7077 • MrRooter.com
Fast Service 24/7
Never an Overtime Charge!

The only time during HUNTING SEASON that you DON'T want to blend in!



2012 Trucks
\$9,000 OFF MSRP
ALL MONTH LONG

Jerry Durant Auto Group



3118 Fort Worth Hwy. • Weatherford, TX
817-596-8088 or Toll Free 800-445-3779
www.jerryschevytexas.com



eldest daughter, Allyson. Other friends and family members painted flowers, a windmill and a scene of Grandmother Boecker's homestead in Nebraska. Alta's father, Gus Boecker, was known as a hardworking handyman and carpenter. "He could do most anything, and the people around the country would say, 'If it can be fixed, Gus Boecker will fix it.' And he never charged 'em a dime for fixing anything."



"Neither would Alta," chimed in her daughter, Lavada, who lives on the property. Gus built the homestead in 1946 with help from Alta. Alta had moved in with her two children after her husband left her. While the children were in school, Alta was up on the roof nailing down shingles. She also worked at places like the long-gone Hillcrest Motel; the Peaster schools, where she cooked for the children; and Wilhite's pillow factory, from which she retired.

In 1960, Gus moved an older barn-like building onto the property, so Lavada could have a home. He and Lavada and Alta's brother, Roy, renovated the home. "Back in those days, Grandpa built the cabinets and created the kitchen," Lavada said. "He added a closet and a bathroom, and later, added another bedroom." For 20 years, the expanded building housed many different members of Alta's family. In 1981, it became her residence.

The rocking chair, in which Alta's

Furniture & More

Mention this ad for a **FREE Gift**

Furniture, Home Decor, and so much more

Enter into His gates with Thanksgiving and into His Courts with Praise. Be Thankful to Him and Bless His Name. ~ Psalm 100:4

1508 Ft Worth Hwy.
Weatherford • 817-341-4449
www.furnitureandmoretexas.com

FRIED PUMPKIN PIES

COME TRY ONE!

\$6.99

Sandwich, drink and one of our famous Fruit Pies WITH THIS COUPON

the Original **FRIED PIE SHOP**

Check out our commercials on **You Tube**

817-599-4229

1921 South Main St. - Weatherford
Open Daily 7AM - 9PM

White's Funeral Home

Our family serving your family since 1908



Dan Feely, Richard Woodman, Bob White, Jay Morrill and Bruce Duncan

Cremation Services • Pre-Need Plans

Azle • Springtown • Mineral Wells • Weatherford • 817-596-4811 • www.whitesfuneral.com
130 Houston Ave. • Weatherford TX

JOB HUNTING?

ExpressSM
EMPLOYMENT PROFESSIONALS

General Labor • Office Help
Professional • Temporary
Temp to Hire • Direct Hiring

Send resumes to
junell.mauch@expresspros.com
or go online and apply
at expresspros.com

*NOW taking applications
here in the office.*

*Businesses seeking employees
may call or stop by.*

**218 Santa Fe Drive
817-594-3600**

Join us for a **DOWN HOME**
Christmas in Waxahachie!



You'll feel at home for the holidays with a heartwarming weekend filled with wonderful activities, touring, dining and shopping in Waxahachie - one of the most charming, historic cities in Texas! Step back in time and walk the ancient streets of Bethlehem during *Bethlehem Revisited*. Plus, tour unique homes, spanning from the Victorian era to the 21st Century, during the *Candlelight Home Tour*. Visit www.waxahachiecvb.com for a complete list of holiday activities.

Come Home to Waxahachie for the Holidays!

www.waxahachiecvb.com

TACTICAL AND CLASSICAL GUNSMITHING

SHOOTIST ARMS COMPANY, LLC



Only Entrust your finest firearms or family treasures to the specialists in Gunsmithing and Custom Firearms, built to your exacting specifications. All work is performed on site by a qualified master gunsmith with over 35 years of experience. Whether it is Cowboy Action Shooting, Antique Firearms, Custom Hunting or Fowling piece come to the ones who know and care. Engraving, Checkering, Color Case Hardening

March 29 the Texas Parks and Wildlife Division passed the regulation making hunting of game animals with a suppressor LEGAL.

NFA Sales and Service • Suppressors and NFA items
 Barrel • Threading • Investment Grade Firearms
 Historical Restorations • Cowboy Action Shooting
 Heirloom and Estate Firearms • General Gunsmithing
 Sales • Consignments • Appraisals

1872 Mineral Wells Hwy #101, Weatherford, TX 76088 817.599.6767
www.shootistarmscompany.com




parents rocked her and her brother, graces the master bedroom, where she displays an antique oval photograph of the Barton family. If you look really close, you can see Grandpa Barton's handlebar moustache. Alta's mother made the bed covering, a complicated quilt made from men's shirts. A handmade shelf full of Bibles and reference books on one side of the bed testifies to Alta's love of reading. Now that macular degeneration has visited, Alta, Bob and Lea often read to her.

She has a book on reflexology, a health practice Alta uses regularly. "Our body is wonderfully and fearfully made — it's true. You can press right under your nose, like putting on a moustache, and it takes away leg cramps every time," Alta said. "I massage the knuckles on the palm of my left hand to help my heart going. And the good Lord — I think He's the best to keep me going!"

Alta has outfitted her guest room with reminders of life's joys. For five generations, all the women have sewn on the century-old treadle sewing machine. "I remember when Mother and Dad bought it. A man came through the country selling them, and demonstrated it in front of our yard. Dad gave him a cow for that machine." The dresser was part of Alta's parents' bedroom set, and it holds a complete set of *McGuffey Eclectic Readers* just like those Alta's mother grew up with. On the other side of the doorway hangs a plaque that says: *The kiss of the sun for pardon, the song of the birds for mirth, one is nearer God's heart in a garden than anywhere else on earth.*

On the little back porch beyond the guest room, Alta tends to a variety of happy, potted plants. She loves to sit

JUST ARRIVED!

Razzberry Lane

A Children's Boutique

Upscale Children's Boutique
 106 Austin Ave, Ste. 100
 Weatherford, TX
 (On the square next to Fire Oak Grill)

817-594-7727
 Mon-Fri 10 - 5:30
 Sat 10 - 4

\$10 Off
 Your purchase of \$30
 or more when you
 mention this ad

Also offering Tea Parties for Birthdays, Special Occasions or Just for Fun in our private party area. Call for details!





on the little sewing chair that belonged to her mother and contemplate her bougainvillea and Wandering Jews. She digs with her little trowel as necessary. "You stir up the dirt and soil," Alta explained. "It brings the bottom moisture up to the roots and the air down to the roots."

Alta celebrates her family's roots while looking forward to the future when 30 people will gather for Thanksgiving with Alta. "Our family's getting to be so big now, we usually gather at Lavada's big dining table — she's the mother of the clan now, I reckon," Alta said. To get all 30 at the holiday meal, they'll meet at the Zion Hill Clubhouse. "Any time of year when we come together, we always give each other a hug and a kiss! Everybody loves to eat and brings something, so we always have oodles of food. Our home is full of praying, oh my. That's what I credit my long life to: knowing the Lord."

And these days, Alta's grateful for her family of helpful men and women. As she helped her own parents, Alta's children and grandchildren and their spouses are always ready to help. Because they pitch in regularly to maintain her house, it is comfortable for Alta. "I've had a real good life," she said, "and I am so thankful I can stay in my little home." **NOW**

Leri's Back Home Bakery
"Our Buns Are Bigger" *We got Pie!*

"May the God of all hope, give you peace as you trust in Him"

DUTCH AND TWO CRUST PIES:
 Apple • Cherry • Peach
 Cherry Pineapple
 Pecan
 Chocolate Pecan
 Buttermilk
 Coconut Buttermilk
 Pecan Buttermilk

MERINGUES AND CREAM PIES:
 Lemon • Coconut • Chocolate

316 SANTA FE WEATHERFORD • 817-594-4003

Tri Cities
Med Spa
Thanksgiving Special
BOTOX
\$10 per unit!

- Chemical Peels
- Massages
- Botox
- SkinMedica Products
- Laser Hair Removal
- Spider Veins
- Zerona Body Contouring
- Weight Loss Programs
- Eyelash Extensions
- Facials
- Microdermabrasion
- Waxing

HOST A TRI CITIES SPA PARTY
 For four or more of your friends here at the Spa, and receive Botox Rewards

LIKE US ON AND GET
20% OFF
 any Spa Service
 Excluding Botox & Fillers

123 South Ranch House Road | Willow Park (817) 984-7120
www.tricitiesurgentcare.com

2033 DIESEL TRUCK SHOP

Your Complete Auto • Truck • Diesel
Service Department



2033MOTORSPORTS.COM

2033 FM 920 (Peaster Highway) 817.341.2033

Whether you need to repair, restore
or revive your vehicle, Call Us!

WE ALSO
DO CUSTOM
PAINT JOBS



Before



After



As testimony of customer satisfaction over **75% of our customers are referrals**. Our paint jobs are so remarkable, they speak for themselves. We use the highest quality paints to achieve undetectable paint matching. You'll love our expert workmanship.

"MAKING FRIENDS BY ACCIDENT"

Lindsey COLLISION CENTER

148 Cartwright Park Road • Weatherford, Texas 76088

(817) 599-6877

2012 Holiday Shopping Guide



A Havenly Escape In Your Own Backyard

15% OFF ANY SERVICE

(Must mention this code NOWMAG to receive this special)
Not good with any other specials exp 12.31.12

H
The Havens
SPA

109 otto drive, weatherford, tx 76087
817.341.4772

www.TheHavensSpa.com

 coolsculpting



A special advertising section

2012 Holiday Shopping Guide

A quick look at the gift items and discounts available locally.



Youngblood Mineral Makeup

Complete Line of Mineral Makeup
Complimentary Makeover included
Facial Cosmetic & Surgical Center
1020 Ft. Worth Hwy • Weatherford
817.596.7666



Gift cards — One size fits all

Come by First National Bank and load a gift card. Gift cards available \$25 and up
First National Bank Weatherford
220 Palo Pinto St. • Weatherford
817-598-4900



Most Unique Gift

Ne'Qwa Ornaments
New designs for 2012 have arrived!
Shop early for the best selection.

Heritage House

122 York Ave. • 817-341-1410
10am-5pm, Mon.-Sat.



Come Celebrate Your Team

Great Gifts under \$20 - Ceramic Collegiate Ornaments, Burlap Burlee's
The Red Rooster
129 York Ave • Weatherford
817-594-8088



A Clean Sweep

Polaris Cleaners as low as \$475
Uninstalled • Nov. 1 - 15th
Pulliam Pools
3292 Fort Worth Hwy
Hudson Oaks • 817.613.1910

2012 *Holiday Shopping Guide*

A quick look at the gift items and discounts available locally.



"Fall" for Trendy Fashion

Fabulous looks 4 every personality at great prices

Fancy That Tan & Boutique
1409 S. Main St. • Weatherford
817.594.2400



Spartina 449

Embrace the richness of the season.

Kaleidoscope Boutique
211 York Ave • Weatherford
817-598-1656



May Your Christmas Be Merry & Bright

Your Christmas Headquarters for that Perfect & Unique Gift

Truly Trendy Boutique
801 I-20 West • Weatherford
817.594.6873



Fall in Love with Rhema!

Clothing, Personal Shopping, and Lifestyle Boutique! Leopard Blazer with Faux Leather Trim \$48

Rhema Boutique & Personal Shopping
113 W. Church St. • Weatherford Square
817.458.6779



Some like it HOT! YOGA, that is,

The WARM Yoga classes are great for everyone \$10 each or \$88 for 10

The Neighborhood Yoga & Beads
922 S Main St • Weatherford
817.304.2414
theneighborhoodonline.com

2012 Holiday Shopping Guide

A quick look at the gift items and discounts available locally.

DON'T FORGET TO SHARE THE SECRET

for the holidays

Shop Smart - Treat yourself and others

- New Items w/tags
- Purses
- Jewelry and Accessories
- Men's and women's formal, casual and western wear

20% OFF ALL PARTY ATTIRE AND MORE

Expires 11/25/12
Not valid with other offers.

The Resale Secret

159 College Park Dr., Weatherford

817-594-7770

www.theresalesecret.com

CHRISTMAS ON THE SQUARE

Saturday, Dec 1, 2012 • 12pm-5pm

Historic Downtown Weatherford • Free Admission

Christmas Parade @ 10:00 starts at the Ninth Grade Center on South Main St.



Shopping at stores around the Historic Square



Hot Chocolate, Cookies, Kettle Korn, Soup and More



Christmas Carolers Local Choirs and Christmas Music



Train rides and Ice sculptures



For more information contact the Chamber at 817/596-3801 or visit the event website at www.weatherford-chamber.com



Left to right: Corey Tucker, VP; John Hinton, SVP; Bob Glenn, EVP; Cindy Vaszauskas, SVP; Martin Talley, SVP; and Pat Hamilton, PlainsCapital Bank Weatherford president

Weatherford Proud

Like our symbol the mighty buffalo, PlainsCapital Bank has strength, stability and momentum. For over a quarter of a century, we have served the great state of Texas, and have proudly used our financial strength as a catalyst to help individuals and businesses in Weatherford move forward. The Weatherford community is a renowned place to live and work, and helping keep it that way is our No. 1 priority. Join us.



817.598.5400

PlainsCapital.com

© 2012 PlainsCapital Corporation Equal Housing Lender Member FDIC

Pulliam Pools would be honored to build your outdoor stay-ca-tion destination!

**Other:
Renovations
Pool Covers
Fireplaces**

Pulliam Pools
www.pulliam.com
817.613.1910
3292 Fort Worth Hwy
Hudson Oaks, TX 76087

FALL IS HERE. NOW IS THE TIME TO BUILD THAT POOL AND OUTDOOR KITCHEN.

Pulliam Pools was ranked 2012 Top 5 Pool Builder in the Nation by *Pool & Spa News*.

A Weaver's Imagination

— By Amber D. Browne

Sitting at the loom in her window-filled home studio, Sherri Coffey creates beautifully colored rugs. Each handcrafted piece is unique, straight out of Sherri's imagination. Each piece is also woven from yarn, dyed at Sherri's fingertips.

Her passion for colors and textiles spread into more indigenous weaving.



Sherri first sat at the loom in the 1980s when she began weaving fabric. “Growing up, my mother made all our clothes. So, there was always an interest in cloth and textiles,” Sherri explained. “I had this little vision that I would sew it into something, but, I didn’t want to go any further with it. I didn’t want to cut into it.”

Her passion for colors and textiles spread into more indigenous weaving. Sherri decided to weave a striped saddle blanket for her late father, Herman Woodard. He used the blanket as a member of the Parker County Sheriff’s Posse. “I dyed all the yarn with the only



colors I knew how to make — indigo and cochineal. He liked it, and I liked the weaving, so I just went on from there. This is all I do now,” she explained.

Sherri started out with a small loom and moved on to larger sizes. She now weaves rugs, which are mostly hung on walls as tapestries. “I love it,” Sherri admitted. She is self-taught and has read many books over her career to learn the art of weaving.

“The hardest part about learning to weave for me was just the vocabulary,” she said. Sherri had to learn correct terms for each part of the loom, the yarn and the various steps of the weaving process. The colored yarn is called the weft, which she pulls through the warp. Pushing the treadle with her feet tightens the strand of weft across the warp, making one of hundreds of small rows of yarn that will ultimately combine to complete the rug.

NOW
Hiring an Experienced Photographer
 Contact Jill Rose at jill.rose@nowmagazines.com

**PARK SPARTAN
 FITNESS**

Personal Training that comes to you!
 The comfort of your home, favorite park, anywhere you prefer!

**No crowded gyms!
 No contracts!**
 Weatherford, Aledo, Willow Park, and surrounding areas.
Most affordable in town!

BOOT CAMPS

- \$65
- 4 weeks

GROUP FITNESS

- Create your own group
- 5+ to qualify
- On your schedule

WEIGHT MANAGEMENT

- Personalized workouts to meet your goals
- On your schedule

****** Results Guaranteed or Your Old Body Back! ******

Call for more details 817-526-2595 Find us on Facebook



Weatherford NOW Advertising Sales Position Available

Excellent Commissions • Company Benefits



GRANBURY • ENNIS • CORSICANA • RED OAK
MANSFIELD • MIDLOTHIAN • WEATHERFORD
SOUTHWEST • WAKAHACHIE • BURLESON

817-613-1533

HOME AND expo Holiday



Parker County Connections
Building Your Business One Referral At A Time!

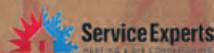
November 10th
10am ~ 4pm

Free event for you and your family! Come see us for:

- ◆ Gifts
- ◆ Home Decor
- ◆ Beauty and wellness products
- ◆ Crafts
- ◆ And much, much, more!

Also enjoy refreshments, food, and live family friendly entertainment.
Giveaways and door prizes announced throughout the day!

Sponsored by:



In the gymnasium at Northside Baptist Church
910 North Main Street, Weatherford, TX 76086

Vendor applications available. For information, call (817) 304-1135



She attaches 30 yards of warp about once a year. Each warp must be individually attached and tied onto the loom. Sherri has learned over the years to measure how much warp is used for each piece she makes. "It's really bad to run out of warp before you get finished with your weaving, because then you have to start all over again," she explained.

Learning by book was probably not the easiest way to pick up the art form, but it gave Sherri insight on a passion she wanted to follow. "Once I decided that this was the kind of weaving I wanted to do," she confessed, "I did go take some lessons."

She uses many bright colors in her pieces and dyes her own yarn. She buys undyed wool yarn from a company in New York. "Dying is all based on the weight of the goods," she explained.



Sherri uses two threads together when she weaves, so she dyes two rolls, or skeins, of yarn for each color she wants to use in the piece. She must weigh the yarn and the dye, which she then mixes with citric acid and simmers in a pot. The dye-yarn mixture is checked every 30 minutes until all the dye has been absorbed. The propane burners are turned off, and the dyed yarn sits overnight. Sherri washes the yarn the next day, and then uses a wooden umbrella swift to roll it into balls. "You can get different effects by using different colors," she said. Sherri also dyes patterns, including the ikat technique into yarn, which leaves a design in the piece while it is being woven.

The large loom takes up most of Sherri's sun-filled studio, which also has other various pieces of weaving equipment scattered about. Balls of colorful yarn are lined up along the floor, each tagged with a specific dye formula. Unfinished pieces are rolled up, peeking out of a basket along the front wall. Her studio is inviting,

and Sherri does not mind spending time doing what she loves because of the satisfaction she feels once a piece is finished. She also uses that time to listen to audio books. Other times, she transcends into a meditative state while sitting for hours at the loom.

Although Sherri may enjoy her alone time while weaving, she also appreciates camaraderie of other local weavers. "We have a really active Weavers Guild in Fort Worth," she said. After first joining the organization, Sherri volunteered for a committee with the guild to meet other locals who loved the craft. "It's just a fun group of people," she said. Several Parker County residents have joined the guild, which includes monthly meetings, workshops and a mentor program. "After you've started weaving, there are people who will help you with whatever issue

David's Outdoors
"WHERE YOUR ADVENTURE BEGINS"
Indoor Archery Lanes • Pro Shop
• **CROSSBOWS**
• **KAYAKS**
30 Years experience
Same location since 1982
1448 Mineral Wells Hwy • Weatherford • 817-594-0821

Stop Suffering!

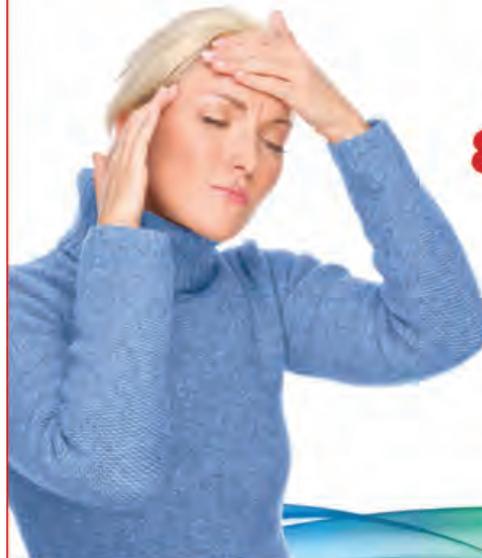
Would you like lasting relief from:

- + Headaches and Migraines
- + Head, Neck & Face Pain
- + Ringing in the Ears



Call now for your
FREE consultation.
817-594-8761

Can you imagine
your life without
Headaches or
Migraines?



Fred H. Potter, DDS

601 South Bowie Dr., Weatherford, TX 76086

www.BowieDriveDentalCare.com

817-594-8761



817-599-9275
321 West Interstate 20, Weatherford
www.lonestargunsgallerygear.com

Hunting Season Is Here!

Come see our Guns, Safes, loading Supplies,
Gun Range, Gunsmith Shop, and more.
Great Gift Ideas for All Ages. Gift Cards available

Straight Shooting is how we do Business



VOTE YOUR CONSTITUTION

"...the most wonderful work ever struck off at a given time by the brain and purpose of man."

William Gladstone

"...a Constitution of Government, framed and adopted by the people of the United States, and obligatory upon all the States, until it is altered, amended, or abolished by the people, in the manner pointed out in the instrument itself."

Justice Joseph Story

The powers not delegated to the United States by the Constitution, nor prohibited by it to the States, are reserved to the states, respectively, or to the people.

The Constitution of the United States
Amendment X

"Our particular security is in the possession of a written Constitution. Let us not make it a blank paper by construction."

Thomas Jefferson

YOUR CONSTITUTION IT IS YOURS TO PROTECT OR TO LOSE

The Senators and Representatives before mentioned, and the Members of the several State Legislatures, and all executive or judicial officers, both of the United States and of the several States, shall be bound by Oath or Affirmation, to support this Constitution...

The Constitution of the United States
Article. VI.

IT IS AN ELECTED OFFICIAL'S SWORN OBLIGATION TO SUPPORT YOUR CONSTITUTION

VOTE YOUR CONSTITUTION IN 2012

VOTE JUDGE Q IN ONE-TWO

Paid political ad by Judge Quisenberry Re-election campaign, Box 2425, Weatherford, Texas 76086-2425, Graham Quisenberry, Treasurer, in accord with the voluntary limits of the Judicial Campaign Fairness Act

you might have," she said. Sherri no longer heads the committee, but she now helps with its Web site.

Sherri has also learned to take advantage of technology in her studio. "I usually draw my design on graph paper," she said. "I can scan my design and play around with colors on Photoshop." Previously, Sherri would use colored pencils on the graph paper design to match the colors of the piece she had envisioned. "If I didn't like it, I would have to start over again. So technology is really helpful in that way." Sherri has met other weavers from across the country through online groups and made lifelong friends.

Besides her passion for weaving, Sherri enjoys those special moments with her family. Sherri was born in Corpus Christi, but grew up in Weatherford. She is one of five children, including three sisters and a brother. Her brother passed away

"She uses many bright colors in her pieces and dyes her own yarn."

several years ago, but her sisters live in Weatherford and Arlington. Her father passed away a couple of years ago. Dannie Woodard, Sherri's 85-year-old mother, is a writer, and Sherri often helps her with computer-related issues and her writing groups.

Sherri's two children do not live locally, but they do visit from time to time. Her son, Chad, lives in Flagstaff, Arizona, and her daughter, Megan, lives in Charlotte, North Carolina. Megan's two young sons made a trip to Texas this summer. Sherri often tries to teach the boys a little about weaving when they visit. "One of the best pictures I have is of the boys at Christmastime in their pajamas weaving on this little bitty loom I have," she remembered.

Although it takes time to finish a piece, Sherri plans to continue weaving and sharing her artwork at the Weavers Guild's annual show. She hopes others will get involved in the craft by joining a local weavers group and educating themselves about the interesting art. **NOW**

**GET READY FOR
THE FALL
RIDING SEASON!**

FREEDOM

POWERSPORTS
WWW.FREEDOMPOWERSPORTSTX.COM

**WE SERVICE ALL MAKES & MODELS!
BRING YOURS IN TO GET READY FOR
THE FALL RIDING SEASON.**

**GREAT INCENTIVES ON
ALL MOTORCYCLES!**

**ONE-STOP SHOP FOR ALL
YOUR ATV/UTV FALL NEEDS!**

**MENTION THIS AD FOR
10% OFF ANY PART,
ACCESSORY OR SERVICE!**

**LARGEST SELECTION OF PRE-OWNED
MOTORCYCLES IN THE DFW AREA.**

FORMERLY FAMILY POWERSPORTS WEATHERFORD

**1811 FORT WORTH HWY • WEATHERFORD, TX 76086
817-596-3244 • WWW.FREEDOMPOWERSPORTSTX.COM**



- Fractures
- Sports Injuries
- Rotator Cuff
- Total Joint Replacements
- Arthroscopic Surgery
- Carpal Tunnel
- Pediatric Injuries

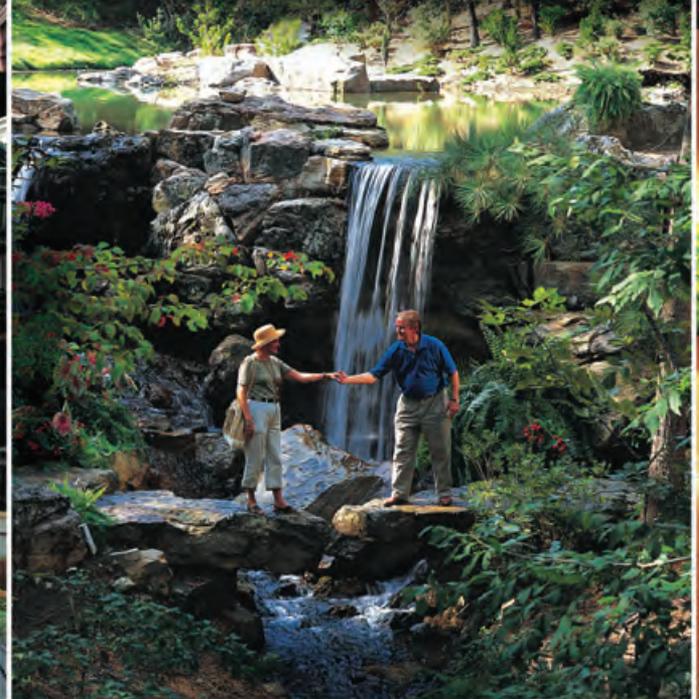
**Millsap
Valley**
Orthopaedics & Sports Medicine

Donal "Buck" Rose, MD
Board Certified Orthopaedic Surgeon

Two Locations to serve you!

Weatherford
924 Foster Ln.
817-596-8200

Mineral Wells
2517 Hwy 180 West
940-325-9500



Discover America's FIRST RESORT

The historic city of Hot Springs, Arkansas, was America's first resort and is one of the South's most popular family vacation and convention destinations. Hot springs carries on some very important hospitality traditions. Perhaps that's why it is such a popular spot.

Natural Thermal Hot Springs

The first federally protected area in the nation's history, Hot Springs National Park, features amazing 147-degree thermal water, rich history and beautiful architecture. Enjoy gorgeous Arkansas hiking trails in the Ouachita Mountains, tour the historic Fordyce Bathhouse and Visitor's Center, or enjoy a relaxing Hot Springs spa — all in the historic downtown area.



For centuries, this misty Ouachita Mountains valley was revered by Native Americans as a place of neutrality where all tribes could bathe in peace. In 1832, Congress set aside the natural hot springs site as a federal reservation, making Hot Springs National Park the first federally protected area in the national park system.

Until the advent of modern medicine in the late 1940s, visitors from around the world flocked to the natural hot springs to bathe in its healing thermal waters. Modern generations have carefully preserved the rich history of the springs and the bathing rituals that made the springs a world attraction.

Fort Worth Tree & Pest Specialist



Aledo family owned and operated by Randy and Jamie Bevis

Protecting homes inside and out with Residential & Commercial Pest Control.



- Certified Arborist
- Texas-certified pest applicator
- Texas Oak Wilt certified by Texas Forestry Service

- Insect and disease control for trees, turf and landscape
- Fire ant treatment
- Oak Wilt prevention
- Deep root fertilization



817-441-2276



Weatherford Regional Medical Center

The lone star in medical care.

Quality Care, Quality Career...Close to Home

Weatherford Regional Medical Center is hiring for the following positions:

- RN – Cardiac Cath Lab
- RN – Med/Surg • RN – ICU/CCU
- RN – ER • RN – OR • Radiology Positions
- Laboratory Positions • Patient Care Tech
- Telemetry Tech...and more



For additional details and to apply, visit www.WeatherfordRegional.com
Click on "Job Opportunities"

Dermatology Associates of Parker County



Elaine K. Miller, D.O.



D. Scott Miller, M.D.



Laura McCombs, PAC



Boris Ioffe, D.O.

General & Surgical Dermatology

Dermatology Associates of Parker County

912 Foster Lane, Suite 200 • Weatherford, Texas 76086

817-489-6789 • 866-768-3376

www.tarrantdermatology.com



Cool mineral water also flows from these magical springs, and when you visit Bathhouse Row in Hot Springs National Park, you'll probably see folks driving up in their cars, hopping out and filling up their water jugs. Take a sip and see how delicious hot or cold water of Hot Springs can be.

Visiting the faithfully restored, historic Fordyce Bathhouse now opened by the National Park Service as a museum and visitors center on Bathhouse Row is like stepping back in time. Relax and bathe your tensions away in the thermal waters, and enjoy the Hot Springs spa salons.

Historic Hot Springs

Hot Springs, Arkansas, has it all! Picture-postcard-perfect Arkansas historic sites of downtown Hot Springs National Park include classic hotels, Victorian architecture, world-class art studios, restaurants, nightclubs and famed Bathhouse Row.

**We're Applying For A Job...
Your Business Assistant!**

- Shipping Service
- Packaging Supplies
- Business Cards
- Signs & Banners
- Private Mailbox Rental
- Color Copies & Printing
- Wide Format Printing
- Full-Color Flyers & Brochures
- Every Door Direct Mail (EDDM)



Wide Format Printing



A Member of
Anpro

Additional Services

Wide Format Printing

- UPS • FedEx • DHL •
- US Postal Service • Stamps •
- B&W Copies •
- Passport Photos • Key Cutting •
- Faxing Services • Gifts •
- Moving Supplies •
- Greeting Cards •
- Binding • Laminating •
- & Much More •

Next door to Kincaid's Hamburgers

220 Adams Drive, Ste 280

Weatherford, TX 76086

Ph: 817-599-6607

Fx: 817-599-6608

aim115@aimmailcenters.com

www.AIMMailCenters.com/115

Store Hours:

M - F 9:00am - 6:00pm, Sat. 10:00am - 4:00pm



220 Adams Dr Ste 280

Weatherford, TX 76086

Phone: 817-599-6607

Fax: 817-599-6608

aim115@aimmailcenters.com

\$5 OFF

Any Purchase of \$10 or More
Excludes Stamps & Notary



Not valid with any other coupon or discount. Valid at participating AIM Mail Center locations. Limit one redemption per customer. Some restrictions may apply. ©2012 Anpro Brands, Inc. Offer expires 12/31/12

\$10 OFF

Any Purchase of \$20 or More
Excludes Stamps & Notary



Not valid with any other coupon or discount. Valid at participating AIM Mail Center locations. Limit one redemption per customer. Some restrictions may apply. ©2012 Anpro Brands, Inc. Offer expires 12/31/12



Hot Springs is also the proud hometown of our nation's 42nd president, former President Bill Clinton. President Clinton credits the world-famous resort city as being responsible for the early educational experiences that led him to a career in public service, first as Arkansas Attorney General, then Governor of Arkansas and ultimately, the 42nd president of the United States. In commemoration of President Bill Clinton, Hot Springs Advertising and Promotion Commission issued a series of very popular Clinton trading cards, which became collector's items due to the fact they are limited in quantity. While Clinton was a student at St. John's Catholic School, the nuns predicted he would one day be president. In high school, he was active as a student politician.

Other Tourist Attractions in Hot Springs

Are you shopping for unique antiques and collectibles, fine art or souvenir gifts? Arkansas antique shops, rock shops, boutiques and malls are additional reasons Hot Springs is such a popular vacation destination.

Looking for restaurants in Hot Springs? When you dine in one of the many restaurants inside Victorian buildings in the Historic Downtown District, you'll enjoy more than good food and friendly service. You'll be treated to intriguing glimpses into the city's colorful past. Friendly servers will be happy to point out the secret passages and one-way mirrors left over from the

FAMILY CARE OF TEXAS

YOUR RIGHTS

to the Medicare Home Health Benefit





HOME HEALTH CARE ALLOWS YOU TO RECEIVE treatment for an illness or injury in the comfort of your home, so you can regain your health and maintain your independence.

Benefits of receiving home health care:

- Continuity of care from hospital to home.
- Convenient: Your health care team comes to you.
- Cost-effective: You pay very little, if anything, out of pocket.

You are eligible if:

- You have Medicare.
- You are under a doctor's plan of care.
- You need skilled nursing care or therapy services on an intermittent visit basis.
- The home health agency you choose is Medicare-certified.
- You are homebound (you leave home infrequently and it requires considerable effort).

Conditions commonly treated by home health care:

• Hypertension	• Osteoarthritis
• Heart disease	• Dementia
• Diabetes	• Cancer
• COPD	• Cerebrovascular disease

Your rights as a patient:

- You are entitled to home health care services under Medicare if you qualify.
- You have a right to choose the home care provider that you want in your home.

Services We Provide

Our services may include but are not limited to:

- Skilled observation and assessment
- Education of disease process
- Home safety and emergency education
- Medication assessment, instruction, and supervision
- Nutritional assessment and instruction
- Pain assessment and instruction
- Wound care
- Restorative therapy
- Medical social services
- ADL assistance

100% medicare coverage

Please contact us if you have any questions!


FAMILY CARE OF TEXAS
www.familycareofthetexas.com

Serving:
Weatherford and surrounding areas
817-594-7186

Tuffys' Air Conditioning & Heating Service, Inc.

Would you drive your car, year after year, without changing the oil?

Just like your car, your heating system, needs maintenance to keep it running smoothly and to make sure your safety is not at risk.

Call today to make your appointment and mention this ad to receive a discount.



\$15 off Fall Tune Up



TRANE

(817) 596-0150

It's Hard To Stop A Trane.

Service@TuffysAC.net

TACLB022410C

www.TuffysAC.net



Breakfast is served all day!
\$3.99 breakfast specials before 9AM M-F
Great daily lunch specials, too!

WE CATER!

Happy Thanksgiving

FROM OUR FAMILY TO YOURS

Open Sun.-Thurs. 7AM-3PM
 Fri. & Sat. 7AM-9PM

Join us for Free Thanksgiving Dinner
 November 22, 2012

10:00 AM - 1:00 PM
 TURKEY • DRESSING • GRAVY
 MASHED POTATOES • GREEN BEANS • ROLL

DINE IN ONLY

817.594.9919 • 1206 S. Main St • Weatherford, TX




Don't let this be you!
 Bring your car in for winterizing
BEFORE the cold sets in



KINGWAY AUTOMOTIVE
 REPAIR AND MAINTENANCE

- ENGINES ■ TRANSMISSIONS ■ BRAKES
- SHOCKS ■ STRUTS ■ EMISSIONS
- CHECK ENGINE LIGHT DIAGNOSTICS
- OIL CHANGES ■ TUNE-UPS

FREE Honesty

(included in every service and quote)
 No need to bring in this coupon to receive this deal

FREE Integrity

(included when we stand behind our work)
 No need to bring in this coupon to receive this deal

922 A. FT. WORTH HWY.
WEATHERFORD | 817-598-1071
 Ft Worth Hwy just East of the Court House
 at the new Jack Borden light




Brandon Waters, Owner JJ Rucker, Owner

city's gambling resort days.

Historic downtown is not the only popular eating spot in town. Dine by the lake, on a riverboat, near the horse track or mall, on a main thoroughfare or on a mountain lane. Hot Springs restaurants offer a wide variety of excellent dining choices and cuisines —from cafés to gourmet cabarets.

Ouachita Mountain Wonders — Outdoor Fun

Some say one of the area's best features is its location in the Diamond Lakes Region of the scenic Ouachita Mountains, providing a variety of things to do. Looking for a vacation destination where you can enjoy Arkansas sports and outdoors? The Ouachita Mountains are truly a paradise for outdoor recreation. The beautiful Diamond Lakes region features tournament-quality bass and trout fishing and year-round water sports. Arkansas' State and National Parks offer camping, hiking, biking, horseback riding and birding along scenic mountain trails. World-class Arkansas golf courses in the Hot Springs area provide challenging play on lovely courses. When you go hunting for quartz crystals, you can keep all the natural treasures you find.

Crystal hunting, fishing, water sports, hiking, golf, camping, sightseeing and horseback riding provide year-round opportunity for outdoor recreation. Tucked inside a mystical valley in these gentle mountains, Hot Springs offers visitors many exciting outdoor sports activities.

Action and Adventure

You'll find the perfect combination of relaxing activities and kick-out-all-the-stops attractions in the Spa City. The new state-of-the art concert and sports arena, Hot Springs Convention Center and meeting facilities, interesting interactive museums, 210-acre botanical gardens, Oaklawn Park for thoroughbred horse racing and fun family attractions make Hot Springs a popular group travel destination. Oaklawn Park thoroughbred horse racing track and Garvan Woodland Gardens, the new 4 1/2-mile lake-side botanical masterpiece, are just two of the many exciting activities you'll find waiting for you in the Arkansas outdoors. **NOW**

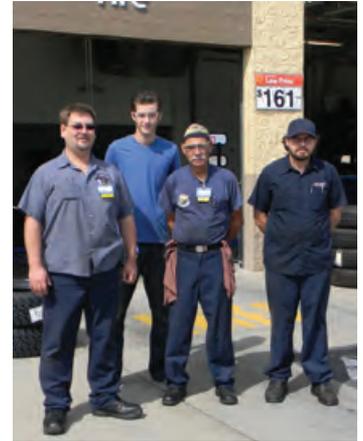
Copy and photos courtesy of Visit Hot Springs.



City of Weatherford is busily working.



The newly elected 2012-2013 Parker County Women's and Newcomers Club Officers: Kathryn Linde, Sherry Magee, Dottie Young, Virginia Presnell, Jackie Dixon, President Linda Lawson, Debbie Cockrell and Sue Coleman.



The employees at Walmart Super Center are always ready to help.



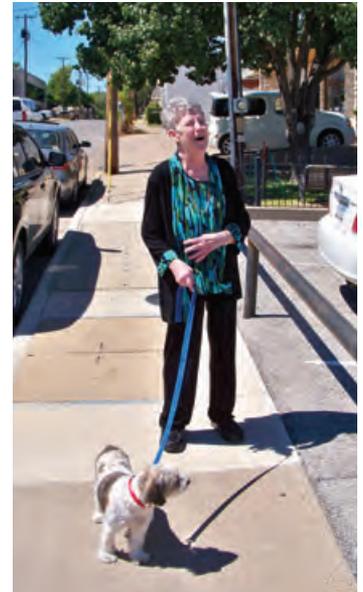
Tison Middle School thanks Best Buy and Wal-Mart for their recent donations of iPad cases and screen protectors.



Brennan and her brother, Dereck Scott, take their kids Nikki, Rylee, Jax, and Logan out for a treat at Long John Silver's.



Lady GaGa GaGa GaGa, otherwise known as Rachel, joins her mother, Lisa, on a tour of Myra Hall's and Cynda Ewing's booth at the quilt show.



Mary Lou gets caught by the NOW paparazzi as she lets Dasie walk her around town.



Parker County Master Gardeners point out some of the native and adaptive plants during a seminar at the Demonstration Gardens located at the AgriLife Extension Services Facility.



Weatherford ISD payroll coordinator LaDawna Raper wears her husband, Jerry's, Roo Blue 1965 WHS letterman sweater.



Jacob Shorter found a large rattlesnake hiding under a mountain goat while he shops with his mom at Bargain Hunters Outdoors.



Lane and his mom, Melissa Bragan, are up early to workout at Fit Now .



The Arbor Store

7637 Levy Acres Circle
Burleson, Texas 76028
(817) 821-6142
www.thearborstore.com

Hours:

By Appointment



When James Fleming is not building outdoor patios for families in the Weatherford area, he crafts furniture from his workshop in Burleson.



TEXAS-STYLE RELAXATION

The artisans at The Arbor Store consider your budget while crafting your dreams. — By Melissa Rawlins

James Fleming and his artistic craftsmen can build an arbor at any time of year. As winter approaches, the trio at The Arbor Store are gearing up to build outdoor patios that can be enjoyed throughout our mild cold season and, of course, next year's warmer months. James' artistic eye enables him to envision the outdoor spaces people describe to him in their early consultations.

Whether people want an outdoor kitchen or just an arbor with a stream and a fire pit, James can design and craft the backyard transformation they desire. "I'm out to help the customer. I try to modify their dreams to give them the most for their money," he said, "if necessary suggesting a fire pit instead of a fireplace, for instance, to keep their project affordable."

James' Web site offers tips to help make all the decisions

necessary in order to build an outdoor project, including choosing the types of wood. Visitors can browse about 75 photos of arbors, outdoor patios and kitchens, outside fireplaces and the handcrafted hardwood mantels many people choose as adornment. James creates these mantels from mesquite, black walnut and aspen.

"I like to use mesquite, which is a very stable wood, yet is a little more forgiving," said James, adding: "It's one of the prettiest woods that is naturally beautiful, and I'm just releasing what it looks like." Ranchers often allow James to cut a tree off their property and make them something, whether a cutting board or a cross, while he crafts a table, credenza or bed out of the larger portions of the mesquite.

To look at projects James and his craftsmen have created,

Business **NOW**

customers often come to his showroom, which is his own home and those of a few of his neighbors. Five projects — from an open-themed patio to an arbor to an outdoor kitchen surrounding James' house show how The Arbor Store projects weather over the years. "Out in the barn, I'm building a two-story, 20x30-foot showroom of all mesquite furniture," James said. "People could come here and look at beds, couches, nothing but furniture, and they can pretty much pick it and go."

Formerly working as a carpenter inside homes, James has been in business about 20 years. "I started doing arbors and decks, and then patios," James said. "It spilled over into whole backyard renovations, including outdoor kitchens, rivers and ponds, even outdoor lighting." After James designs a project, he works with Brandon Talkington and James Rawdon at their shop, prebuilding and detailing the structure. The craftsmanship on the end pieces takes more time, since the rafter tails are cut and routed. Customers do not experience two or

"I'm out to help the customer. I try to modify their dreams to give them the most for their money."

three days of dust and early-morning sounds of sawing and sanding, since most of the work is done at the shop.

"All the boards are notched, and instead of just stacking boards on top, everything is fit together like Lincoln logs. It's more stable that way," James explained. When the clean-cut, personable team from The Arbor Store brings the finished project pieces to the client's house, they build it like a kit. The men only need one day to put an arbor up. When the customer comes home at the end of a day, they find their arbor finished. Now that is relaxation, Texas-style! **NOW**

ARBOR STORE
OUTDOOR LIVING AREAS • CUSTOM MESQUITE FURNITURE

\$300 off any Arbor or Outdoor Kitchen
(Minimum purchase is required.)

DFW'S BEST ARBOR BUILDER

**Arbors • Patios • Outdoor Kitchens
Furniture & more!**

Call James Fleming: 817.821.6142
www.TheArborStore.com

RETROSPECTION
boutique

BUY A \$100 GIFT CARD AND WE'LL ADD \$10 TO IT!

LIKE US!

**HOLIDAY OPEN HOUSE
FRIDAY & SATURDAY
NOVEMBER 9-10TH**

www.shopretrospection.com
3318 Ft. Worth Hwy, Hudson Oaks, TX | 817-458-9139

Are You a “Hands-on” Investor?

The investment world can be complex — so you may not want to navigate it alone. But when it comes to getting professional advice, you certainly have an abundance of choices. How can you know which approach is right for you?

The answer depends, to a large extent, on how you choose to work with a qualified financial advisor — someone with the training and experience to help you work toward your financial goals. When you work with a financial advisor, he or she will analyze your financial situation — your income, current assets, family status and short- and long-term investment goals, such as helping pay for your children’s (or grandchildren’s) college education and attaining a comfortable retirement.

You can choose different ways of working with a financial advisor — and a deciding factor may be how “hands on” you want to be with your investment strategy. To illustrate this concept, let’s look at two common ways investors interact with financial advisors:

- *Taking recommendations and making choices* — After evaluating your financial situation, goals, risk tolerance and time horizon, your financial advisor can recommend appropriate investments. Over time, your financial advisor will communicate with you regularly to keep track of changes in your life and to suggest any changes you may need to make in your portfolio. Of course, you have the final say in accepting or rejecting these recommendations, which is why this method is considered a hands-on way to invest.
- *Investing through a managed account* — In this situation, your financial advisor will help you create, implement and refine your long-term financial strategy, but the

money managers will make the daily investment decisions, relying on a variety of criteria pertaining to your situation. For example, if your portfolio has become overweighted in a specific asset class, such as stocks or bonds, and is no longer aligned with your goals, it may automatically be brought back into balance.

So which method of investing is better for you? There’s really no one right answer for everyone. If you’re the sort of person who likes to make all your own decisions, then you might be better off following the hands-on approach with your financial advisor. On the other hand, if you are particularly busy and just don’t feel you have the time to be actively involved with day-to-day investment decisions, you might want to consider a managed account.

In any case, you’ll want to be comfortable with the method of investing that you’ve chosen. So do your homework beforehand. Whether you’re interested in a hands-on relationship or a hands-off approach, you still need to interview several financial advisors to find one who has worked with people in your situation and who seems genuinely interested in helping you. During these interviews, make sure you understand everything related to working with a financial advisor — the fees involved, the way decisions will be communicated to you if you choose a managed account, and so on. Deciding how you want to invest is your first step in working toward your financial goals, so make the choice that’s right for you. **NOW**

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Gregg Davis is an Edward Jones representative based in Willow Park.



Happy Thanksgiving

Gregg Davis, AAMS®
Financial Advisor
108 S Ranch House Road
Ste. 300
Aledo, TX 76008
817-441-6612

www.edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

Pyramid Counseling Center
The Ascent to Wellness

Group therapy for children and adolescents

We work with:

- Teenagers
- Family
- Couples
- Groups

1 FREE SESSION FOR STUDENTS

817.594.8775
104 W Russell St • Weatherford
Cassie Webber, LPC-Intern
April Woolridge, LPC-S
www.pyramidcounselingcenter.com

tap • ballet • jazz • lyrical • hip-hop
technique • drill team • tumbling

Benbrook (817) 249-2110
Weatherford (817) 594-1055

FootWORKS
Performing Arts Center
www.footworkspac.com

NEW FALL SELECTIONS HERE JUST IN TIME FOR THE HOLIDAYS!

Razzle Dazzle
"Where Bling is our Thing!"
817.594.1531
1710 Bethel Rd. • Weatherford, TX
(Across from Chicken Express)
Find us on Facebook Razzle Dazzle Weatherford

Mon-Sat
10am-6pm

Les McDaniel
**BOOKKEEPING &
 TAX PREPARATION**

Filing late?

Don't wait!
 Call us TODAY.
 We know the way.



Personal and Small Business

- 1040 EZ **\$35**
- 1040A **\$50**
- 1040 **\$75 - \$100**

• Mobile Tax Preparation

**BRING A FRIEND AND
 WE'LL GIVE YOU \$10.00**



@ccu-Turn
 Tax Preparation



115 Bryan St. • Weatherford
817-613-6836



Everything you
 need for the
 cold weather... ❄️

is on our shelves
 and racks.

Some kids
 clothes are
 NEW and still
 have the tags.



Mon-Sat: 10am-6pm • Closed Sunday
 118 College Park Dr. • Weatherford
817-594-3380
www.weatherford.kidtokid.com

BLACK FRIDAY SALE!
25% OFF
 Total purchase on Fri, 23rd
 with coupon. Expires 11/30/12



Customized
GIFT BASKETS



WEEKLY TASTINGS
 SEE OUR TASTINGS ON FACEBOOK AT
[FACEBOOK.COM/TSNIFTER](https://www.facebook.com/TSNIFTER)

Gift Cards
 FOR ALL OCCASIONS



BOUTIQUE BOTTLE SHOP

FINE WINE, CRAFT BEER AND SPIRITS

**LOWEST
 PRICES
 IN TOWN**
 on Coors Light,
 Bud Light, &
 Miller Light!

**WE WILL
 BEAT ANY
 PRICE**
 You find in
 Weatherford

111 N MAIN ST. | WEATHERFORD | 817-550-6110



CORRY MORROW
 WILL BE HERE NOV. 30TH

\$4 Crown and Down
 monday thru thursday all day!

\$2 Wells & Domestic
 tuesday

\$2 Wells & \$1 Drafts
 wednesday

\$1 Wells
 thursday

\$2 Domestic bottles until 9pm
 friday & saturday

November Shows
 3rd: Taylor Hickey Band
 17th: Matt Wayne

December Shows
 1st: Casey Thompson
 15th: Jamie Richards
 22nd: Thieving Birs
 29th: Midnight River Choir

SUNDAY FOOTBALL

WATCHING PARTIES

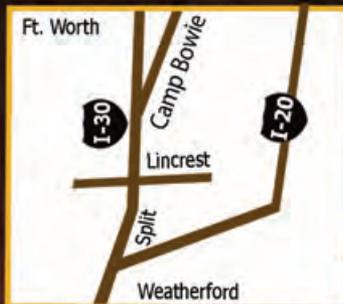
Karaoke

Every Friday Night with no cover!!

Tuesday Dance Lessons

with Blake Elder From 7 to 10

With \$2 Wells and Domestic



BUY ONE GET ONE HALF OFF ADMISSION
 Must bring in this coupon for discount. Offer good any day of the week. Limit 1 coupon per customer.

FREE WET WILLIE'S KOOZIE
 When you bring this coupon in on a Friday or Sat night!

Check out our new website at www.wetwilliesinc.com



12301 Camp Bowie West Aledo • On I-30 at the Linkcrest Exit • 817-244-6638

November 7

Thanksgiving Food Drive: 10:00 a.m.-2:00 p.m., Center of Hope/East Parker County, 9901 E. Bankhead Hwy., Suites C and D, Aledo. Area residents are encouraged to drop off items for Thanksgiving food baskets that will be given to needy families. Go to www.centerofhopetx.com or call (817) 441-2442 for more information.

November 10

Home and Holiday Expo: 10:00 a.m.-4:00 p.m., Northside Baptist Church, 910 N. Main St. This free event, hosted by Parker County Connections, features gifts, home décor and wellness products. You can get more information by calling Misty Engel at (817) 304-1135.

Girls Night Out: 5:30-8:00 p.m., historic downtown Granbury square. Drawing for \$100 downtown dollars, drinks and food for ladies who come to shop in the boutiques and galleries surrounding the courthouse. For more information, call (817) 573-5299.

November 17

FBC Home for the Holidays Fair: 9:00 a.m.-3:00 p.m., First Baptist Church of Weatherford,

259 W. Church St. The fair full of vendors offers great gift ideas for Christmas and a few door prizes along the way. You can find more information at (817) 594-5457 or visit www.fbcweatherford.org.

December 1

Christmas on the Square: Noon-5:00 p.m., historic downtown Weatherford square. The Annual Christmas Parade begins at 10:00 a.m. with plenty of holiday gifts available for purchase at the festivities that afternoon. Call (817) 596-3801 or visit www.weatherford-chamber.com for more information.

Christmas Tyme in Aledo: 5:00-9:00 p.m., Aledo Community Center, 104 Robinson Ct., Aledo. The fun-filled family event will feature live music, horse-drawn wagon rides and holiday treats. For more information, call (817) 441-7016 or visit www.aledo-texas.com.

Aledo Arts and Crafts Fair: 10:00 a.m.-8:00 p.m., Aledo Community Center, 104 Robinson Ct., Aledo. Come stock up on some holiday gifts from some local artisans and vendors. For more

information, call (817) 441-7016 or visit www.aledo-texas.com.

December 3

Messiah Concert: 7:30 p.m., Weatherford College, Alkek Fine Arts Center, 225 College Park Dr. Kick off the holiday season with this annual concert presented by the Parker County Community Choir. For more information, visit www.wc.edu or call Sheila Kinkead at (817) 598-6458.

Sundays through December

Annetta Valley Farmers Market: 10:00 a.m.-5:00 p.m. or until the farmers sell out of their fresh produce, 2655 W. FM 5, Annetta. Bring the children to enjoy some fresh air and fresh produce out at the farm. Contact Lynne Carpenter at (817) 992-5691 for more information.

Submissions are welcome and published as space allows. Send your event details to Amber.Browne@nowmagazines.com.

Woolard's
Custom Jewelers

As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.
- John Fitzgerald Kennedy

We are so thankful for all of our friends, family, and customers.

Happy Thanksgiving!
From Bob & Caryl Woolard

Fine Jewelry • Diamond Setting
Jewelry Repair • Special Order Work
Custom Designing • Laser Welding • Watch Repair

Are You Ready For Christmas?
Layaway Available for Holiday Season

Jeweler By Trade. Artist By Heart
Bob and Caryl Woolard

437 S.W. Wilshire Blvd • Burleson, TX
Between NW Newton & Exchange
817-295-6361

Family Memories Are Priceless



Jellystone Park
Yogi Bear's
North Texas
CAMP-RESORT

- Family Fun Resort
- Camping/Cottages
- Group Facilities
- Firetruck & Hayrides

www.NorthTexasJellystone.com
888-855-9091 - Burleson, Texas



In the Kitchen with Lisa Geron

— By *Melissa Rawlins*

For as long as she can remember, Weatherford native, Lisa Geron, has cooked — first with joy, followed soon with skill. As a small girl she helped her mother by peeling potatoes, making salad or preparing spaghetti and garlic bread to go with dinner for their family of seven. Her Nana and Grammy were great influences as she developed her passion for cooking, often without a recipe. Now, she cooks not only for family and friends, but also as the sous chef at a small bistro on Weatherford’s square. Last summer, Lisa’s mission trip took her to Nairobi, Kenya. The family she stayed with taught her to cook some traditional Kenyan foods. She returned the favor, teaching their children how to make baked potatoes. **NOW**

Sukuma Wiki Serves 2

- 2 Tbsp. oil**
- 1 small onion, finely chopped**
- 1 Roma tomato**
- 2 beef bouillon cubes (optional)**
- 1 bunch sukuma (any leafy green vegetable, such as kale, collard greens or spinach), shredded or chopped**
- 1/2 cup water**
- 1/4 tsp. salt (or to taste)**

1. Heat oil in a pot and add onions. Sauté briefly.
2. Add tomato and beef bouillon cubes (optional); then sauté.
3. Add *sukuma*; sauté briefly.
4. Add water and salt to taste. Simmer until the *sukuma* has reached a desired tenderness. (Incidentally, *sukuma wiki* means “to push the week,” implying that *sukuma wiki* is a food used to stretch the meals to last for the week.)
5. Serve with *ugali* or *chapati*.

Ugali Serves 4

- 4 cups water**
- 3-4 cups maize meal**

1. Boil water in a pot. Add maize meal; stir to prevent lumps.
2. Add more meal (as necessary) to thicken porridge. Stir until maize meal is well-cooked.
3. Tip out onto a plate. The *ugali* should hold its shape. Best served hot with *sukuma wiki*.

Chapati Makes 4 chapatis

- 2 cups white flour**
- 1/2 tsp. salt**
- 1 tsp. sugar**
- 2 Tbsp. oil (divided use)**
- 4 Tbsp. warm water**

1. Mix dry ingredients well.
2. Add 1 Tbsp. of oil to flour mixture; mix with your hands until flour feels a little bit like sand.
3. Add enough water to form elastic dough.
4. Divide the dough into 4 equal parts.
5. Roll 1 ball into a circle; spread 1/2 teaspoon oil over it. Roll circle up, like a jelly roll, then roll again to resemble a snail shell. Do the same for the other three balls.
6. Let the dough rest 20 minutes (can rest up to 8 hours).
7. Roll each dough ball into a circle 10- to 12-inches in diameter.
8. Heat a cast iron pan large enough to cook the *chapati*. Place *chapati* on hot pan and let bubble. Flip and oil lightly. Flip again and oil other side. Cook until *chapati* is browned on both sides.
9. Serve this unleavened flat bread (a staple among the Swahili-speaking people of East Africa) with foods like *sukuma wiki* and other vegetables. Pieces of *chapatti* are used to pick up other foods.

Green Gram Soup Serves 2

- 1 cup green grams (lentils), rinsed**
- 1 tsp. salt**
- 1 onion, chopped**
- 1 tomato, chopped**
- 1 clove garlic, finely chopped**
- 1/2 bunch cilantro**
- 1 green bell pepper, chopped**

1. Cook lentils with salt in a pressure cooker until the beans are tender, about 45 minutes.
2. Sauté onion, tomato and garlic in a pot.
3. Add beans. Simmer for a few minutes.
4. Stir in cilantro and green bell pepper.
5. Serve with *chapatis* or over rice.

Chai Serves 2

- 1 cup water**
- 1 1/2 tsp. tea leaves or 1 tea bag**
- 1 cup milk**
- Sugar, to taste**
- 1 tsp. tea masala (optional)**

1. Heat water and tea together in a 3 to 4 quart saucepan. Boil 10 minutes.
2. Add milk, stirring while heating to near boiling.
3. Add sugar, to taste, and tea masala for spice.

WE ARE A COMMERCIAL, RANCH, AND RESIDENTIAL COMPANY.

*Call us today to locate your real estate needs and to maximize
the return in your real estate investments.*

phone: 817-578-0609

fax: 817-396-4544

integrity • knowledge • results

CLARK

REAL ESTATE GROUP

www.clarkreg.com



TIM CLARK • WESLEY STOUT • STEPHEN REICH • JAKE LINK • KAMISHA TULEY • BOB FRANK • TERRIE HAYS

It's Time for a
BRAND New Smile!



Charles Stewart, D.D.S., M.D.F.U. is offering

\$300 OFF
with this coupon!

(New patients only. Prices ranging from \$2500-\$5900. Offer cannot be combined with any other discounts. Coupon must be presented at initial consultation. Some restrictions may apply.)

Braces for Children & Adults

Most Insurance Accepted • Affordable Monthly Payments • Damon Provider
Certified Orthodontic Specialist • i-Cat 3-D Imaging • Preferred Invisalign Provider

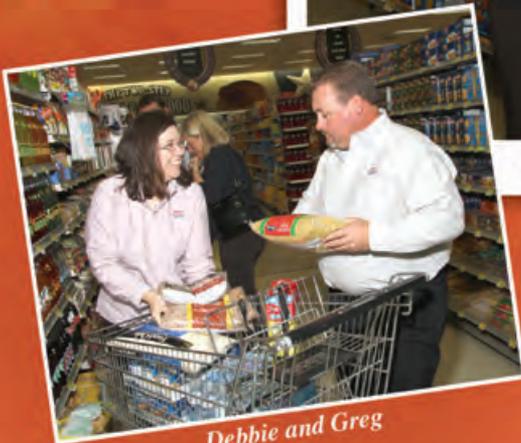
CALL TODAY FOR YOUR FREE INITIAL CONSULTATION! (817) 341-2777

1429 Clear Lake Rd, Suite 300 • Weatherford, Texas 76086 • www.StewartOrtho.com

Share a Thanksgiving Blessing



Zan Prince, John Patteson, and Debbie Rowe



Debbie and Greg



Fred Werner, Evon, and John

Join the First National Bank Weatherford family as we fill the pantries of the local food banks.

Donations for Center of Hope and Manna may be dropped off at the First National Bank Weatherford lobby.



Nathan Clark of Brookshire's help Zan check out



First National Bank Weatherford



220 Palo Pinto St. Weatherford TX 76086 817.598.4900
www.fnbweatherford.com

Member
FDIC