

MansfieldNOW

MAGAZINE

OCTOBER 2025

From Double Dutch to Doctorate

Lizette Roldan-Otero
relentlessly pursues
excellence

In the Kitchen With
Jennifer Holmes

Also inside:

Scavenger Hunt
Featured Business:
Budget Blinds





DIET SOLUTION
WEIGHT LOSS CENTERS

Dr. Alan M Taylor II



Rayven A., Mansfield, TX

I am thankful for Diet Solution Centers because I have been able to lose weight when nothing else has worked. I have tried low-calorie meals, working out, diet pills and devices. Diet Solution works because it holds you accountable every week, and they give you a diet with options that won't leave you feeling like you're starving. I have more energy and stamina than ever before, and I can fit into clothes that I haven't been in since I was 17.



BEFORE

Rayven lost
40.6 lbs.*

*Individual results may vary.



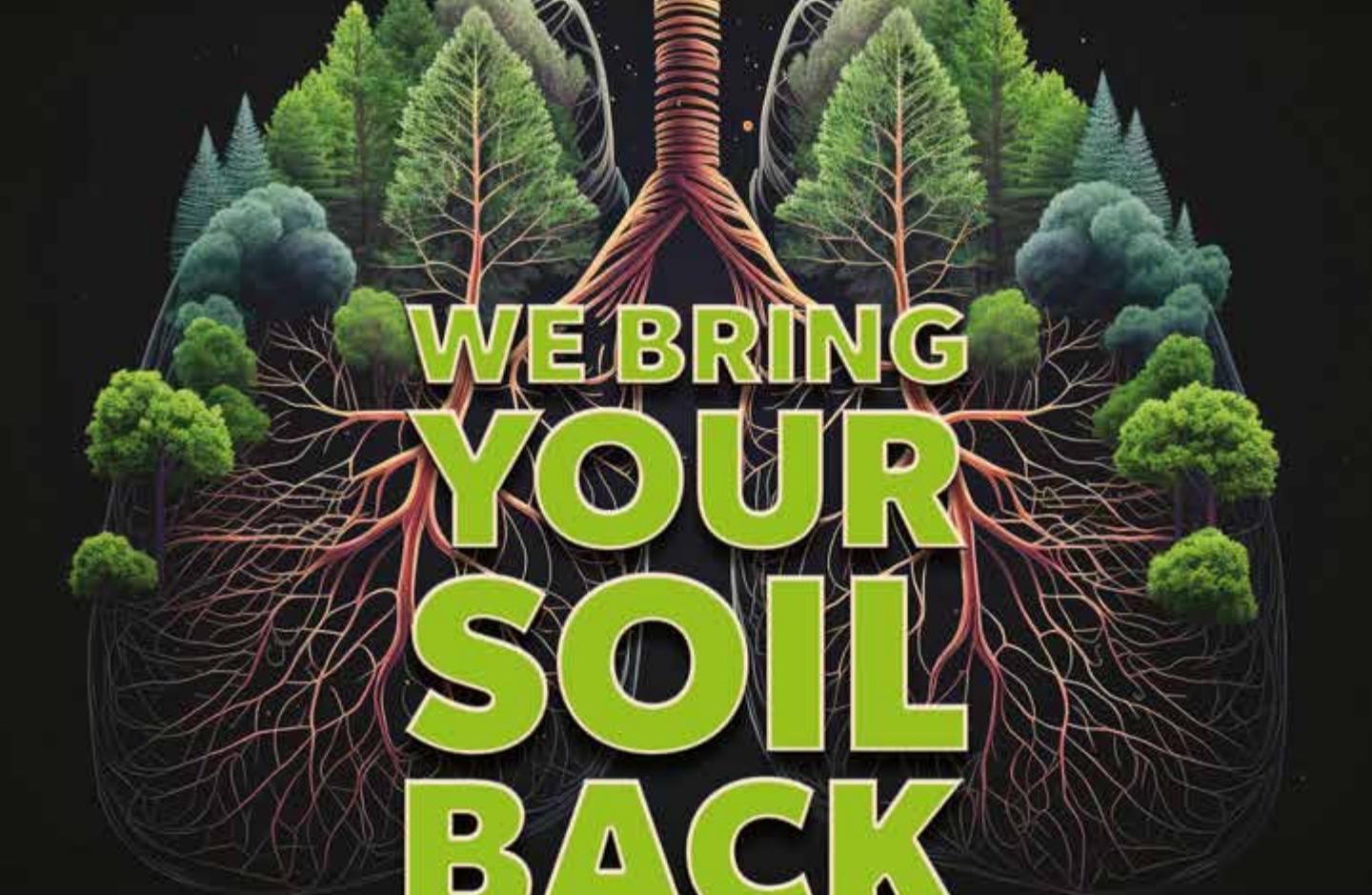
AFTER



MANSFIELD • BURLESON • WAXAHACHIE

817-453-3438

www.dietsolutioncenters.com



WE BRING YOUR SOIL BACK TO LIFE

**SAVE 50%
OR MORE ON
WATERING**

- Sick Tree Specialist
- Weed Control (that won't hurt your trees)
- Tree & Shrub Fertilization
- Disease Management
- Lawn Fertilization
- Grub Control
- Fire Ant Control
- Flea and Tick Control
- Perimeter Pest Control
- Borer Treatments
- Mosquito Control

**With Our Natural & Organic
Carbon Based Fertilization**



*Licensed & Insured
Over 20 Years Experience*



Trees Hurt Too Inc.
Plant Healthcare Specialists

972-521-1552
treeshurttoo.com

**CALL NOW AND SCHEDULE
A FREE CONSULTATION!**



**FREE
Tree
Consultation
(\$200 Value)**

10/31/25

**FREE
First Service
with paid
annual program**

10/31/25



On Staff

WE'RE RIGHT AROUND THE CORNER!

Swing by today and discover local banking that cares.



1061 N State Highway 360
Mansfield, TX 76063

FIND US HERE



For easier access,
enter via Cannon Dr.

OR VISIT US AT:
www.TexasTrustCU.org/Branches



TEXAS TRUST
CREDIT UNION®

CHECKING | SAVINGS | AUTO LOANS | INVESTMENTS | HOME LOANS

FEDERALLY INSURED BY NCUA



WEED SOLUTIONS

FERTILIZATION • WEED CONTROL



Two of the most trusted
WEED experts
in Texas!

- OVER 20 YEARS OF EXPERIENCE
- NO HASSLES • NO CONTRACTS
- FREE SPOT CHECKS BETWEEN TREATMENTS
- NOW IS THE TIME TO KILL SUMMER
GRASSY WEEDS

MANSFIELD'S
FINEST
LAWN CARE
COMPANY!

Custom-blended Fertilizers 
Weed Control 
Lawn Aeration 
Grassy Weed Control 
Tree and Shrub Care 
Lawn, Pest & Insect Control 

FREE LAWN TREATMENT

WITH PREPAID
ANNUAL LAWN
PROGRAM

(NEW CUSTOMERS ONLY)

OFFER EXPIRES 10/31/25



817-692-7693

www.weedsolutionsinc.com

Scan for a free estimate!

EDITOR'S NOTE

Dear Mansfield Family,

As I continue my morning walks, greeting neighbors and checking them off the attendance list on my phone, I can't help but notice how the weather brings such peace and calm. The hot summer days are behind us, and this spring-like air is a refreshing gift.

During these walks, I'm reminded of the excitement that comes with the food of this season. October's table is abundant and inviting. Whether it's the sweetness of apples, pumpkin — the iconic symbol of autumn — or the brightness of cranberries, these foods remind us that harvest season is about slowing down, gathering close and relishing every bite.

In our home, pumpkin-spiced desserts, soups and hearty Sunday dinners spark joy. My family especially loves Hostess Iced Pumpkin Cupcakes, which have

become a fun little tradition. We have taken selfies with the cupcakes when we have discovered them in the store. Throughout the week, someone in the family will share a recipe or picture of a seasonal treat that tempts us all to indulge.

What do you like best about October? Are there any traditions you continue? Do goodies begin at the beginning of the month or close to the end? Are they sweet or savory?

Have a fantastic month, whatever you choose to do!



Sandra

Sandra Walters
MansfieldNOW Editor
sandra.walters@nowmagazines.com
(682) 554-1743

October 2025
Volume 20, Issue 10

ON THE COVER



Lizette Roldan-Otero recounts her story of perseverance.

Photo by
Lori Baur.

Publisher, Connie Poirier
General Manager, Rick Hensley

EDITORIAL
Managing Editor, Becky Walker
Mansfield Editor, Sandra Walters
Office Assistant, Kristin Bato
Writer, Todd Simmons
Editors/Proofreaders, Rachel Rich
Virginia Riddle

GRAPHICS AND DESIGN
Creative Director, Chris McCalla
Artists, Kristin Bato . Beth Davis
Martha Macias . Anthony Sarmienta

PHOTOGRAPHY
Photography Director, Chris McCalla
Photographer, Lori Baur

ADVERTISING
Advertising Representatives,
Bryan Frye . Dustin Dauenhauer
Kelsea Locke . Linda Moffett
Linda Roberson . Karen Schaefer
Jeremy Young

Billing Manager, Angela Mixon

MansfieldNOW is a NOW Magazines, L.L.C. publication. Copyright © 2025. All rights reserved. MansfieldNOW is published monthly and individually mailed free of charge to homes and businesses in the Mansfield ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (817) 477-0990 or visit www.nowmagazines.com.

Allure Smile DENTAL

\$29 Emergency Exam

\$99 Exam, X-ray & Cleaning

- General Dentistry for Kids & Adults
- Cosmetic Dentistry
- Teeth Whitening
- Gum Treatment
- Partial & Full Dentures
- Implant, Crowns & Bridges
- Extraction & Root Canal Treatments

MEDICAID, CHIP & MOST INSURANCES ACCEPTED
2880 N. FM 157, Ste. 102, Mansfield, 76063 | **817.473.6200**
WWW.ALLURESMILEDENTAL.COM

ACCEPTING NEW PATIENTS



DivineTouch
Medical Center

Women's & Men's Health • Sick Visits
Physical Exams • Wellness Exams
Chronic Disease Management
Allergy Treatments
Supervised Weight Loss Program



Olivia Ciccone
PA-C

Dr. Tomi Ola-Peters MD,
DipABIM, DipABLM
American Board of Obesity
Medicine Diplomate

Start a
healthier and
a happier life
@ DivineTouch!



PATIENT CARE RATINGS

"I am so blessed to come across Divine Touch. I was out of my medication and had to find another doctor. I was a new patient and was seen the next day. They have a great staff and everyone is very professional." Bonnie (Sept '25)

"Everyone is so kind here. I am always treated with the utmost respect beginning with the girls at the front desk all the way through my entire visit. Dr. Ola-Peters is very thorough and takes her time answering all my questions. She is genuinely concerned for my health and well being. I am so pleased that I chose her for my primary care physician." Jackie (Sept '25)

Committed to Providing Compassionate Care

682.422.9950

304 N. Mitchell Rd., Mansfield, TX Located behind the new Mansfield H-E-B
divinetouchmedical.com



Book Online
Here

EXTREME TACTICS AND TRAINING SOLUTIONS

Your premier outdoor shooting range in North Texas

OPEN TO THE PUBLIC 9AM-5PM

972-268-2485



MEMBERSHIPS AVAILABLE

OPEN 7 DAYS A WEEK, RAIN OR SHINE

620 Greathouse Rd., Waxahachie, TX 75167 • www.ettsgunrange.com





THE PLACE TO GO FOR ALL YOUR WOMEN'S HEALTHCARE NEEDS. IYKYK.

Come experience care that grows with you, from your first visit to life's biggest milestones. Whether it's wellness, pregnancy and anything in between, we are your partner throughout every step of your journey. Your healthcare journey starts here.



Texas Health
Hospital®
MANSFIELD



BEAT THE HOLIDAY RUSH!

Less than 90 days until Christmas

ONE-TIME
INSTALLATION.
LIFETIME USE



Program
for Any Holiday
or Occasion

For Halloween too!



SECURITY LIGHTING



HALLOWEEN



OUTDOOR LIVING



ACCENT LIGHTING

EARLY BIRD SPECIAL
UP TO **19.99% OFF**

(Minimum 120 LF) Must present this ad. Not valid with other offers. Expires 10/31/25.



SCAN TO SCHEDULE NOW!
817.646.6291
trimlightdfw.com/now





From Double D Doctora

Lizette Roldan-Otero's life has been shaped by two cultures. Her parents met in Chicago, only to discover they grew up in the same small Puerto Rican town. Both moved to the U.S. mainland in search of opportunities but always dreamed of returning home. Eventually, they married and welcomed Lizette, making her proudly American and Puerto Rican.

From a young age, her energy was boundless. As a toddler, she mastered jump rope, favoring double Dutch and spending hours outdoors and at the local recreation center. Television, which she jokingly called "the black box," never appealed to her. Movement was her passion.

"I grew up speaking both English and Spanish, often serving as my parents' translator," she said. "I thought in both languages constantly — English in public and Spanish mainly at home. Translating wasn't a chore. It's second nature."

School quickly became her sanctuary. "I hated summers because it meant no school," she remembered. "I loved structure

"On the playground I played hard, but in the classroom, I was focused."

utch to te

— By Sandra Walters

and learning new things. By first grade, I could add, subtract, multiply and divide — often doing my sister's homework just for fun." She also helped her mom calculate the bills, and this opened her eyes to the family's financial struggles. Determined to change her future, she set her sights on college, planning to become a doctor, but not a medical doctor.

Then, at age 9, everything shifted. Lizette's parents decided to return to Puerto Rico. "I was devastated," she recalled. "It felt like my life was over." After they moved that August, she asked her older cousins where the recreational center was, only to be met with blank stares. Her cousins replied, "We don't have that here." The fact that there was no rec center surprised her because she desired to play and make friends.

When she enrolled in school, she was considered a *gringo*. Even though she spoke fluently in Spanish, she couldn't write or read in Spanish, so they teased and laughed at her. But within six months, she became proficient in both. "Students in the Puerto Rican school system are classified in 10 academic groups, with group 1 being the highest academically, and group 10 being the lowest," Lizette admitted. "My perseverance and determination earned me a place in Group 1."

PAIN MANAGEMENT ASSOCIATES OF TEXAS

817-442-6482

1770 East Broad Street, Suite 102 Mansfield
txpaindoctors.com



Dr. Chris Dyer

Interventional
Pain Management/Anesthesiology



CONDITIONS TREATED:

- Neck Pain
- Back Pain
- Spinal Stenosis
- Herniated Discs
- Vertebral Compression Fractures
- Failed Back or Post Laminectomy Syndrome
- Sciatica
- Joint Pain (Shoulder, Hand/Wrist, Hip, Knee, Ankle)
- Nerve Entrapment/Pinched Nerves
- Neuropathy
- Complex Regional Pain Syndrome (CRPS)

MOST INSURANCES ACCEPTED

**If you suffer from pain ...
Hip, Back, Knee, Foot, Elbow,
Shoulder and more**

Get back to moving, PAIN-FREE with

 **stemwave**

- Faster recovery and healing
- Reduced inflammation & pain
- Non-invasive & drug-free
- Precise 15-min treatments



In eighth grade, she recalled her math teacher saying she wanted to have her as a student because other instructors thought she was smart. But she didn't believe that was possible because Lizette was extremely loud on the playground. "Some may have described me as a savage, but I was an athletic nerd," she laughed. "On the playground I played hard, but in the classroom, I was focused."

After completing high school, she enrolled in the University of Puerto Rico. She married while pursuing her college degree and later discovered she was expecting. After giving birth to her daughter, she earned her bachelor's degree. Then life took another turn — Lizette and her husband divorced. Being adamant about moving forward, she discussed options for obtaining a doctoral degree with her college advisor. He informed her about an opportunity at Howard University, an HBCU in Washington, D.C. She visited the campus along with the advisor and was sold. Lizette chose to continue her graduate studies there.

At 25, she and her 3-year-old

daughter moved to the U.S. mainland, without a day care provider or knowing anyone here. So, she studied during every available moment, especially after her daughter went to bed at 8:00 p.m. "I was depressed because Puerto Rico is sunny all year. I missed having 12 hours of sun a day and speaking in Spanish," she said. The adjustment was hard until she befriended a student from Barbados who understood her struggle.

She focused on her studies and raising her daughter, so she didn't date — until life took another unexpected turn. When her daughter was preparing to spend a year in Puerto Rico with her father, Lizette's car was stolen just 10 days before she left. A police officer came to take the report. Before knocking on her door, he prayed, "Let this be a beautiful woman who is trying to make things work." They struck up a friendship and soon discovered deep connections. Both were single parents raising daughters, and both of their families came from the same region in Puerto Rico.

She remarked, "I loved his family before I loved him. My daughter



immediately had grandparents who assisted with pick-ups and drop-offs when she returned." She dated George Otero for years while she remained focused on graduating from Howard University with a doctorate in atmospheric science in 2006. Now they have been together for 21 years and married for 15 of those years.

Lizette and her friends can be seen running in the neighborhood while preparing for the next 5K run. She never stops pushing herself and encouraging others. She continues to demonstrate tenacity, adaptability and immense pride in the life she's built. **NOW**

SCARE AWAY CLUTTER THIS SPOOKY SEASON!

Crowded and Messy Garage?

Cluttered Bedrooms?

• Front Gate Security • ALL UNITS 'Security Sensored' • 446 Units
• On-site Manager • 24-hour Surveillance • 28 Different Sizes

817-473-2311
Easy to Reserve & Pay online at:
www.uhaul.com and www.webselfstorage.com

100 Newt Patterson Rd., Mansfield
Located across from the Post Office, on Main St. near downtown Mansfield

Questions? Email at knappssistersselfstorage@gmail.com

Safe, 'Contact-Free' Access to Storage:
6am to 10pm
Office Hours: Monday-Friday 9AM-5:30PM
Saturdays: 10AM-2PM • Sundays: 10AM-Noon


KNAPP SISTERS SELF STORAGE
OFFICE: 817-473-2311
TURN RIGHT AT NEXT LIGHT







WE SALUTE YOU

JOIN THE CITY OF MANSFIELD AND MANSFIELD INDEPENDENT SCHOOL DISTRICT AS WE SALUTE OUR MILITARY VETERANS.

Saturday, Nov. 8

10 a.m. PARADE

Patriotic Salute immediately following the parade
On steps in front of City Hall, 1200 E. Broad St.
NEW - The Blue Skies Parachute Team

Mansfield Public Arts

ART FOR VETERANS (Mansfield ISD Student Art)
Nov. 3 - Nov. 14 @ City Hall, 1200 E. Broad St.
8 a.m. to 5 p.m. Monday through Friday

HONORING THROUGH ART

Reflections of Courage Exhibition*
Nov. 7 - Nov. 22

Wallace Hall Art House, 210 S. Main St.

Monday, Wednesday, Friday, Saturday & Sunday

*Opening Reception - 5 to 8 p.m., Thursday, Nov. 6



SCAN



FULL DETAILS
& EVENT INFO AT
MANSFIELDTEXAS.GOV/VETERANSDAY

PARADE AND SALUTE SPONSORED BY:



Care of Excellence
Home Health

PARADE TROPHIES SPONSORED BY:
JEWISH WAR VETERANS
POST 755



VETERAN SEATING SPONSORED BY:





Zoomed In: Brice Butler and Abbie VanHeel

By Sandra Walters

It was a night filled with joy as Brice and Abbie officially became engaged, surrounded by their families. "These two are truly made for one another, and our hearts are overflowing with joy as we welcome Abbie into the family," said Christi Butler, Brice's mother.

The evening featured a heartfelt surprise proposal, followed by a celebration honoring both Abbie's birthday and the couple's engagement. "Brice orchestrated everything so beautifully, creating a night that will be remembered forever. Watching them begin their lifelong journey together is such a blessing," Christi added.

To make the occasion even more special, Brice gifted Abbie and her mother a mother-daughter photo shoot, capturing the day's magic. With wedding planning now on the horizon, the excitement is only beginning.



Annleigh Johnson is ready for some college football.



Isabella Baldwin says strike a pose as she takes a picture with her camera.



Jordyn Lydia and Kaliyah Gaither are cousins who cheer for Lake Ridge.



James Descoteaux displays his swimming skills at the natatorium.



Enslie Bowland knows how to take the perfect picture.

NOW



Addison and Megan York model as they share a smile.



Rhys Hamilton enjoys time at the park.



Winton Mendenhall wins big as he plays for Mansfield Youth Baseball.

**PERFORMANCE
HEAT AND AIR, INC.**

SPOOKY SPECIAL

**\$79 FOR
FALL CHECK-UP
OR
\$50 OFF A TICKET
PRICE OF \$250**

One time use. Residential only. See dealer for details.
Offer ends 10/31/25.

TRANE
It's Hard To Stop A Trane.

817-477-1000
WWW.PERFORMANCEHEATANDAIR.COM
LIC. NO. TACLB29398E



Focused on the Future:

Mansfield Celebrates the Opening of Fields at Station 63

The City of Mansfield in partnership with KemperSports and REV Entertainment, celebrated the reopening of Mansfield Sports Park, formerly Big League Dreams, as Fields at Station 63 on Sept. 6.

KemperSports and REV Entertainment worked with the City since January 2025 to rebrand and reimagine the park, reestablishing its position as an elite tournament destination. The reopening celebrated this new management partnership and the facility's multimillion-dollar renovation aimed to elevate both the player and spectator experience by integrating state-of-the-art technology, improving

safety, and expanding the functionality of the field, concessions, indoor facility and spectator areas.

The new name, Fields at Station 63, pays homage to nearby rail lines that helped shape the City's early growth as well as the ZIP code, 76063. However, Fields at Station 63 is more than its name. It represents a future of exciting programs and events that will continue to bring Mansfield together.

Design work is currently underway on phase two of the renovation, which will add an inclusive Miracle League Field to allow players of all abilities to participate.



Grand Opening Event
September 6, 2025





CONNECTING MANSFIELD
ONE CONVERSATION AT A TIME



Common Table Returns For Year Two: Connecting Mansfield One Conversation at a Time

The City of Mansfield is bringing back the Common Table for its second year.

This event aims to bring together Mansfield's community leaders, individuals from across the political spectrum, religious faiths, ages, and cultural backgrounds for a facilitated conversation aimed at fostering connection across the city. Common Table will take place at 6 p.m., Tuesday, Oct. 21, at the Grand View Mansfield.

This year, participants can expect to share a meal and guided art activity centered on the theme of celebrations and traditions. Don't worry, attendees do not need to be an artist to participate. There will be opportunities for all skill levels.

Those interested will need to complete the interest form from the QR code below no later than Oct. 10, 2025. Participation is not guaranteed, as the interest form will

help organizers ensure that a cross-section of our community is represented.

Please note that participation will be prioritized for residents of the City of Mansfield.

Scan the QR code below to complete the interest form.





Imagine Your Home totally ORGANIZED!

40% Off + 15% Off*
Plus FREE Installation
Special Financing Available

Call for a **FREE** in-home design consultation and estimate

972-846-4455 NOWMAN



 **Closets
byDesign**
closetsbydesign.com

*40% Off any order of \$1000 or more. 30% off any order of \$700 - \$999. On any complete Closet, Garage or Home Office. Take an additional 15% off any complete unit order. Free installation with any complete unit order of \$850 or more. With incoming orders at time of purchase only. Offer Expires in 30 days. Offer valid in DFW area only.

Locally Owned and Operated 2025 ©
 All Rights Reserved Closets By Design, Inc.



ACCEPTING
NEW PATIENTS
NOW OPEN FOR
SATURDAYS
APPOINTMENTS

 **LIVINGSpring**
FAMILY MEDICAL CENTER

WE ARE
HIRING
A FULL/PART TIME
FAMILY PHYSICIAN
TO JOIN US

hr@livingspringmedical.com

Dr. Tolulope Olabintan
MD, FAAFP, DipABLM
Your Neighborly Family Doc

WWW.LIVINGSpringMEDICALS.COM

We help our patients live long and well because we believe the quality of life is just as important as the quantity of life.

WE ALSO OFFER IMMIGRATION PHYSICALS.

We provide well-child exams, sports physicals, and DOT physicals.

SERVICES OFFERED:

- Executive Health Screenings
- Adult Annual Physicals/ Wellness Check Ups
- Well Child Exams
- Same Day Sick Visits
- Remote Chronic Care Management for the Elderly
- Pharmacogenetic and Nutrigenomic Testing
- Genetic Testing
- Pap Smears/Gyn Exams
- Contraception Management - IUD & Nexplanon Placement
- Telehealth Appointments
- Vaccines
- Urgent Care Services
- Weight Loss Management

- Genetic testing
- Plant Based Supplements
- HIV Treatment
- Labs Done in Office
- Care for the Whole Family
- Medication Management
- Mental Health Management
- Minor Surgery Care
- ADHD Testing
- Immigration Physicals
- And Much More



JOIN US LIVE WEEKLY

817-717-9597

3807 E. Broad Street, Suite 101
Mansfield, TX 76063

Care, Sincerely

OFFICE HOURS:
Monday to Friday 8:30 AM - 5:30 PM

Saturdays 8:30 AM - 2:00 PM

BY APPOINTMENT ONLY

FOLLOW US ON

 @livingspringmedical

 @livingspringmedical

 @dr_olabintan



BusinessNOW

Budget Blinds

— By Sandra Walters

Budget Blinds

Joseph and Raquel Elder, Owners
7489 Rendon Bloodworth Rd., Ste. 102
Mansfield, TX 76063
(817) 554-1772
jrelder@budgetblinds.com
www.budgetblinds.com/mansfieldtx

Hours: Monday-Friday: 8:00 a.m.-5:00 p.m.

Joseph Elder grew up working alongside his siblings under the Texas sun in the family's parking lot paving business. Hard work is innate. After marrying Raquel, Joseph took a part-time installer position at Budget Blinds in Waco. It quickly became clear he was earning more there than in his full-time job. "I was making more money than I ever imagined," Joseph recalled.



A full-time opportunity opened in Mansfield, and the couple relocated to DFW, while Raquel worked at Mansfield Methodist as a radiology tech. Four months later, they were offered the chance to buy the Mansfield franchise. The previous owner offered to finance it. "We wrote up the paperwork and paid it off in two-and-a-half years," Joseph said.

"We bought a business before we bought our first house," he laughed. "We lived below our means to stay out of debt. I drove an old Honda and parked it down the street when I visited clients for consultations."

Now, Joseph and Raquel have owned and operated their Budget Blinds business for 12 years. "We give all the glory and honor to God," Joseph acknowledged. "We got great advice from family, took Dave Ramsey's Financial Peace classes at church and learned from other business owners." Their business was built on faith, discipline and service — one window at a time.

Budget Blinds of Mansfield is a full-service operation with a fleet of wrapped vehicles — far from parking his old car down the street. This location has a showroom and a

dedicated team: Office Manager Jaymes Murphy and Installer Seth Foster. The team guides customers through every step of the process. Because every home and all needs are different, Joseph and Jaymes prefer to meet clients in their homes. There, they take precise measurements, discuss goals and present curated sample books featuring hundreds of styles and materials — whether the goal is more privacy, better insulation, light control or a fresh new look.

“Now, Joseph and Raquel have owned and operated their Budget Blinds business for 12 years.”

“Education is a big part of what I do,” Joseph said. “I take time to explain how each option affects the price, function and feel of the room.” For clients seeking advanced features, they offer motorized drop screens, aluminum shutters for added security and plantation shutters for insulation and design. Budget Blinds products come with a five-year, no-questions-asked warranty. Faux wood blinds and shutters also include a lifetime color-fastness guarantee — perfect for families with kids or pets. Prospective customers are encouraged to visit the Budget Blinds showroom or explore options online.

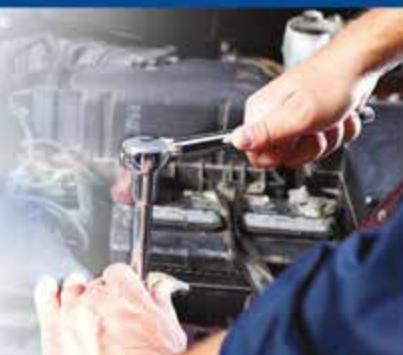
With so many possible combinations of styles, textures and functions, an in-home visit is the best way to discover what fits your lifestyle. Whether you’re renovating, redecorating or simply updating your window treatments, Budget Blinds is ready to help. Reach out and uncover what they have to offer. Free in-home consultations can be scheduled with Joseph or Jaymes for homes in Mansfield, Burleson and Kennedale. **NOW**



NOW HIRING!

FULL TIME EXPERIENCED AUTO TECHNICIAN

- COMPETITIVE SALARY
- M-F 8AM-5:30PM
- HEALTH BENEFITS
- PAID VACATION





27 YEARS EXPERIENCE

QUALITY AUTO REPAIR & SERVICE

817.477.8400

WWW.QUANTUMMECHANIX.NET

TOMMY FRANTZEN-OWNER

TOMMY@QUANTUMMECHANIX.NET

7920 RODEO TRAIL #200 @ 1187, MANSFIELD

(3 MILES WEST OF HWY 287)





SHUTTERS - SHADES - MOTORIZATION - AND MORE



DESIGN
MEASURE
INSTALL
ENJOY

20% OFF
Select Custom
Window Coverings
OFFER ENDS 10/31/25

You work hard;
let us take over for a while.

“We take pride in providing style
and service for every budget.”

- JOSEPH AND RAQUEL ELDER, OWNERS



Call 817.539.0155 for Your FREE In-Home Consultation Today!

A solid investment plan can help navigate through tricks or treats.



817-225-4476

600 Strada Cir., Suite 106, Mansfield, Texas, 76063
todd.simmons@lpl.com www.simmonswm.com

Investment offered through LPL Financial, Member FINRA/SIPC. Investment advice offered through Advisor Resource Council, a registered investment advisor. Advisor Resource Council and Simmons Wealth Management are separate entities from LPL Financial.



Over 30 Years in Mansfield

No Rent Increases for 2 Years!

817-453-8557

355 Russell Ln.

WWW.MANSFIELDSTORAGEHUT.COM




Evaluating Your Investments and Your Advisor

How do you determine if you are happy with your investment portfolio? What makes you think your financial professional is doing a good or bad job? Many times, investors compare their portfolio returns with what the media reports about general stock market indices. The problem with that is unless you only own what is included in the index, you are not making a fair comparison. A better idea might be to set goals with monetary and time elements then measure your progress against those goals. For example, I would like my IRA balance to be \$100,000 by December of 2030. Another goal might be, I would like to take \$1,000 monthly from my portfolio without reducing the total balance. Now you and your financial professional can develop a plan to help reach specific goals.

When evaluating your investments, another idea is to accurately assess your risk tolerance. Risk tolerance can help determine the types of investments to use based on how much gain or loss you expect over time. If your risk tolerance is low and your portfolio includes aggressive stocks and mutual funds, you might not be pleased with the volatility you experience.

Something else to keep in mind is that most financial advisors have multiple ways or platforms to invest your money. You can

pay up front commissions or sales charges. Some platforms are fee based where an annual fee is charged on the value of your account on a quarterly basis and is deducted from the account. Another idea is to set portfolios based on your risk tolerance. Other platforms have separately managed accounts that allow you to hire a third-party money manager to actively trade the account for a fee. Never assume your advisor only has one or two ways to help you. Always ask if there are other ideas that can help you pursue your goal.

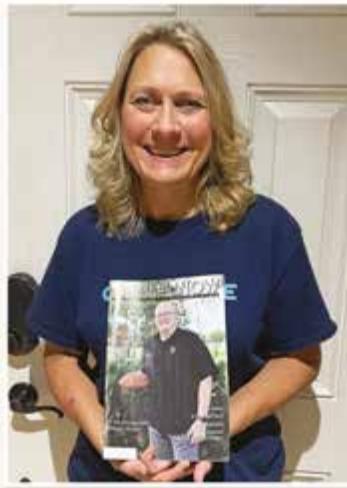
Finally, investing is not just about stock, bonds and mutual funds anymore. There are many exchange-traded funds that meet certain needs or niches. Some companies offer structured notes and market-linked CDs that can provide downside preservation from principal loss. In some cases, annuities might offer a way to help you work toward your financial goals and provide a comfortable income for retirement.

Ask your advisor if there are different ways to invest your money. Be open to new ideas and opportunities. Keep your expectations reasonable. Set realistic and attainable goals. And remember, the portfolio is your money, so be proactive in communicating with your advisor, ask questions, make suggestions and be a partner in your plan. **NOW**

All investing involves risk including loss of principal. No strategy assures success or protects against loss.

Todd Simmons is a registered representative with, and securities are offered through LPL Financial, Member FINRA/SIPC. Investment advice offered through 360 Wealth Management, a registered investment advisor, and separate entity from LPL Financial.

SCAVENGER HUNT WINNER!



"Yay!! Thank you!"
- Ginger Busocker

A cartoon illustration of a green crocodile with a wide-open mouth, showing white teeth, and a purple tongue. It appears to be a dentist, wearing a white bib with a yellow star and a purple dental tool in its mouth. The background is orange.

FunDentist

Pediatric & Adolescent Dentistry

- Infants
- Children
- Teens

Helping Your Child & Teenager Grow Into An Adult With Good Dental Health

Our unique open concept office provides a cheerful and enthusiastic environment to educate and promote oral health for the children of our community. We are excited to share this journey with you and your family.

Accepting Medicaid, CHIPS and Private Pay Insurance at ALL locations!

Accepting New Patients at all Locations

NORTH OFFICE
Arlington Medical Plaza
801 W. Rd. to Six Flags • Suite 101 • Arlington
817-459-1313

SOUTH OFFICE
4220 Little Rd., Arlington
817-478-2300

www.fundentist.com

A stylized orange "Halloween" logo with a black outline. It features a black bat at the top, a black spider at the bottom, and a black witch's hat with a yellow band in the middle. The word "HAPPY" is written in a small, yellow, sans-serif font above the "Halloween" text.

CABLES PLUMBING



Serving our local community for 25+ years, Cables Plumbing is here to help with **ANY AND ALL PLUMBING REPAIRS.**

SERVICES INCLUDE:

- Leaky Faucets
- Clogged toilets
- Traditional and tankless water heater installation and maintenance
- Slab water leak/sewer leak detection and correction
- Gas leak detection and repairs
- Cast Iron Pipe replacement
- Bath remodels



For fast, reliable service, call us today at

817-517-9185

3916 Heritage Ct.
Burleson

www.cablesplumbing.com



CROSS TIMBERS

EAR, NOSE AND THROAT

Experience the Healing Difference!

- Sinus/Nasal Conditions
- Sinus & Allergy
- Pediatric ENT Services
- Ear Conditions/Services
- Throat/Voice Conditions
- Head/Neck Conditions
- Sleep Conditions/Services
- Hearing Aids



Now seeing patients at our new location!

801 E. Debbie Lane, Mansfield
817-261-3000

Additional locations in Midlothian and Arlington

www.crosstimbersent.com

Scan for
more info!



9TH ANNUAL BURLESON *Christmas Ball*

AN EVENING OF GIVING, FUN &
FESTIVE CHEER UNITING
HEARTS AND HOLIDAY MAGIC
FOR A CAUSE THAT MATTERS.

12.13.2025 ♦ THE LOFT RUSTIC
CREEK RANCH ♦ 6pm - 11pm
Jellystone Park, Burleson, TX

Ciera Bank



The Center for ASD is a nonprofit organization serving children, teens, and adults. Our programs are built around the individual.

We are not a clinic or a traditional school. We are a community that values the dignity and trust of each participant we serve.



Center for
ASD

Helping Special Needs Families

OUR MISSION

TO DELIVER LIFELONG SUPPORT
FOR THE WELL-BEING OF THE
SPECIAL NEEDS COMMUNITY.





Tiramisu

CookingNOW IN THE KITCHEN WITH JENNIFER HOLMES

— By Sandra Walters



"I never took any cooking classes outside of home economics. However, my mother took culinary arts, so we ate a variety of amazing dishes for dinner, such as cabbage rolls, stuffed peppers and chicken à la king. Also, older women are the source of many of my recipes. When I like a meal, I inquire about how it was made and then pledge to secrecy," Jennifer admitted. "I feel honored when people share these treasures with me."

Now, her children choose the weekly menu and prepare the meals nightly. She finds satisfaction in witnessing them create delectable dishes. [NOW](#)

Breakfast Jambalaya

1 lb. andouille sausage, sliced
1 onion, diced
1 bell pepper, diced
2 cloves garlic, minced
1 cup long-grain rice
1 14.5-oz. can diced tomatoes
2 cups chicken broth
Salt, to taste
Pepper, to taste
Cajun seasoning, to taste
4 eggs
Green onions, chopped

1. Brown the sausage in a large skillet. Remove from the pan; set aside.
2. Sauté the onions, bell peppers and garlic in the same pan until softened. Stir in the rice, tomatoes, chicken broth and seasonings. Bring to a boil; then reduce the

heat. Cover; simmer for 20 minutes.
3. In another pan, fry the eggs sunny-side up.
4. Stir sausage into the jambalaya.
5. Serve topped with eggs and garnished with green onions.

Caprese Stuffed Chicken

4 boneless, skinless chicken breasts
Salt, to taste
Pepper, to taste
1 cup cherry tomatoes, halved
1 cup fresh basil leaves
4 slices mozzarella cheese
Olive oil
Balsamic glaze

1. Preheat the oven to 400 F. Season the chicken with salt and pepper. Cut a pocket into each chicken breast. Stuff with cherry tomatoes, basil leaves and mozzarella cheese.

2. Drizzle the stuffed chicken with olive oil. Bake for 20-25 minutes until the chicken is cooked through and the cheese is melted.
3. Garnish with balsamic glaze before serving.

Tiramisu

1 cup heavy cream
1 cup mascarpone cheese
1/4 cup granulated sugar
1 tsp. vanilla extract
1 cup strongly brewed coffee or espresso, cooled
2 Tbsp. coffee liqueur (optional)
24-30 ladyfinger cookies
Unsweetened cocoa powder

1. In a large bowl, beat the heavy cream until stiff peaks form.
2. In another bowl, whisk together the mascarpone cheese, granulated sugar and vanilla extract until smooth. Gently fold the whipped cream into the mascarpone mixture to combine.
3. In a shallow dish, combine the cooled brewed coffee or espresso with the coffee liqueur, if using.
4. Quickly dip each ladyfinger cookie into the coffee mixture, ensuring they are moistened but not soaked. Arrange a layer of dipped ladyfingers in the bottom of an 8x8-inch square dish. Spread half of the mascarpone mixture over the ladyfingers; smooth with a spatula.
5. Repeat with another layer of dipped ladyfingers and the remaining mascarpone cheese mixture.
6. Cover; refrigerate for at least 4 hours or overnight to set.
7. Before serving, dust the top generously with unsweetened cocoa powder. Slice and serve chilled.



THE LOCAL TABLE

One cannot think well, love well, sleep well, if one has not dined well.
- Virginia Woolf



BOGO
SHARE THE LOVE

EST. 1998
SCOOTER'S COFFEE

BUY ONE DRINK, GET ONE FREE
6801 MATLOCK RD, ARLINGTON, TX
721 E MAIN STREET, MIDLOTHIAN, TX

Buy one drink, get one free of equal or lesser value. Limit one use per customer. Discount cannot be combined with any other offer. Valid at 6801 Matlock Rd, Arlington, TX and 721 E Main Street, Midlothian, TX locations only. Offer excludes any pre-packaged beverages sold in cans, bottles, or cartons. Not eligible for use with "order ahead" mobile app orders. Expires 10/31/25.

 
Add Lib BOGO Drink

Palio's
PROUDLY SERVING MANSFIELD
FOR OVER 17 YEARS!

2200 N HWY 157 Ste. 232
Mansfield
(817) 453-4992

ORDER ONLINE
www.paliospizzacafe.com 

HAPPY Fall!

MON-WED FAMILY FEAST
4 PM-CLOSE
Large 2-Topping Pizza \$15
Large Gourmet Pizza \$17
X-Large 2 Topping \$17
X-Large Gourmet \$19

THURSDAY
4 PM-CLOSE
Buy 1, Get 1 FREE Pizza
WITH PURCHASE OF
LARGE SALAD & APPETIZER
DINE-IN OR PICKUP ONLY
Free Pizza of Equal or Lesser Value

For dine-in and pickup only.
All deals not valid with any other offers.
Valid at Mansfield & Fort Worth Locations Only.

CAMPUZANO
mexican food

NEW CAMPUZANO FRIED TACOS



\$7 OFF
\$25 PURCHASE **CAMPUZANO**
Expires 10/31/25 MAN
MAY NOT BE COMBINED WITH THE \$6.99 ENCHILADA SPECIAL.



CATERING AVAILABLE

CampuzanoMexicanFood.com

CINNAHOLIC MANSFIELD
1671 E Broadd St Suite 105
Mansfield, Tx 76063
(817) 225-2225



\$2.00 OFF
ANY SIGNATURE ROLL

LIMIT ONE COUPON PER CUSTOMER.
MUST PRESENT COUPON AT REGISTER.
VALID ONLY AT MANSFIELD LOCATION UNTIL OCTOBER 31, 2025.

Blue Mint
THAI & ASIAN CUISINE

\$5 OFF
ORDERS \$25 OR MORE

Must present coupon. One coupon per table.
Cannot be combined with other offers.
Dine-in only. Expires 10/31/25.

CATERING AVAILABLE

Now the Proud Asian Restaurant & Official Partner of the Texas Rangers!

www.bluemintrestaurant.com

661 Aspen Pkwy. #400, Midlothian (By Waffle House) 214-817-8214
1211 E. Debbie Ln. Ste. 115, Mansfield (No Phone Orders) 817-453-1999

Sun - Thurs 11am - 8pm • Fri - Sat 11am - 9pm | Order Online • Takeout • Delivery • Dine-in

WE DON'T CUT CORNERS; WE CLEAN THEM.

Reliable & Professional Cleaning for Your Home & Business

- Residential Cleaning
- Commercial Cleaning
- Deep Cleaning
- Move-In/Move-Out Cleaning

Lone Star Bright CLEANING SERVICES
CONTACT MICHELLE
469-475-3608

CANDLE MAKING CLASS
AT JAVA LOUNGE MANSFIELD
 October's class is sold out, but we still have spots available for our November 7th class.

Create your own custom scent from 24 premium fragrances.

Hand pour two candles and enjoy a fun, interactive night out!

Reserve your spot at www.lalyscandles.com

- Luxury
 - Hand Poured
 - Long-Lasting
 Find us at Painted Tree Boutiques Mansfield
 Or shop online at www.lalyscandles.com

COOKING PASSION?
GET FEATURED!

Passionate about Cooking or Baking?
 Share your culinary journey with us and get featured!

NOW
REACHOUTTODAY.COM 972-937-8447

WIN!

MansfieldNOW Scavenger Hunt

Find 5 hidden Ghosts
 in 5 different ads in this issue (not counting the one above).

Email the page numbers and specific ads where they are found, plus your phone number, by October 15th. To ensure your Scavenger Hunt answers go in the drawing, you must use the

Scavenger Hunt Email
scavenger.man@nowmagazines.com

One entry per person.

WIN!

\$50 Cash Prize
 Courtesy of:
NOW Magazines
scavenger.man@nowmagazines.com

Winner must pick up prize within 30 days of drawing.

Acorns were found on pages 5, 16, 19, 20 & 25.

September winner is:
 Denise Raddle - \$50 Cash from NOW Magazines
scavenger.man@nowmagazines.com

ATLAS FOUNDATION CO. INC.

Honest Foundation Repair of the **HIGHEST QUALITY.**

Your home is a big investment. Our family is here to help you fix your foundation the RIGHT way.

Family owned and operated since 1958.

817-478-1181
www.atlascfoundationinc.com

CELEBRATING 67 YEARS OF SERVING OUR LOCAL COMMUNITIES

**SAVE \$300
WHEN YOU REPLACE
5 OR MORE WINDOWS**

OFFER EXPIRES 10/31/25



**Mansfield Glass
& Windows**

SINCE 1999

FREE IN-HOME CONSULTATION

0% FINANCING AVAILABLE

- ✓ Replacement Windows
- ✓ Frameless Showers
- ✓ Foggy Glass Replacement
- ✓ Mirrors
- ✓ Commercial



Call OR Text
817-473-3909

7489 Rendon Bloodworth Rd., Mansfield | www.mansfieldglass.com



Over 150 5-Star Reviews!

ENROLLMENT TIME IS HERE

Medicare Annual Enrollment Period Begins October 15th



MAJOR PLAN CHANGES

Start looking at plan changes today.

(817) 300-3031

AFFORDABLE MEDICARE PLANS

**TURNING AGE 65
OR OLDER?**



BEACH INSURANCE GROUP, LLC.
"insuring everything under the sun"

Local Medicare Benefit Specialist
"The Right Plan For Your Needs"

We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.



Scan for
more info.



CALL YOUR LOCAL MEDICARE BENEFIT SPECIALIST

FREE CONSULTATIONS & HOUSE CALLS

New To Medicare Guidance - Information • Plan Options
Answers To All Your Questions • Enrollment Assistance & Professional Advisor

Already On Medicare - FREE Medicare Benefit Review • Second Opinion
If You Have "The Right Plan For Your Needs" Plans Change Each Year!



Scan for
more info.

47TH ANNIVERSARY

Independent Retirement Specialist

ALLERGIES? BREATHE EASY.
AIR DUCT & DRYER VENT CLEANING



AIR DUCT CLEANING
AIR DUCT SANITIZING
DRYER VENT CLEANING

Schedule Your
Next Cleaning!



888-268-1072
CLEANINGBYINTEGRITY.COM

\$89 AIR DUCT
CLEANING
INCLUDES 8 SUPPLIES & 1 COLD AIR RETURN
BASED ON WHOLE HOUSE DUCT CLEANING
All extra supplies, returns & main trunk lines
are \$40 each with coupon.
Expires 10/31/25

\$389 UV LIGHT
KILLS AIRBORNE VIRUSES
DOES KILL COVID-19!
With coupon. Expires 10/31/25

**DRYER VENT
CLEANING ONLY
\$99**
With coupon.
Expires 10/31/25

ON THE MARK HOME REPAIR

REMODELING • HOME REPAIRS
PLUMBING • DRYWALL
LANDSCAPING & More!

*No job too BIG
or too small!*

940-456-7053

Choose Freedom:
PPO Plans Beat
Marketplace HMO's
— COMPARE NOW!

Cigna PPO • PHCS PPO

VIEW-SCAN AT



Benefit Brokers Since 1986

**HELP HOTLINE:
817-631-3867**

Tenrollment.com/index.cfm?id=855743

From the producers of Scarborough Renaissance Festival® **SCARBOROUGH'S HOLLOW**

An All New Fall Fantasy Festival for All Ages with Live
Entertainment, Shoppes, Kids' Activities, Pumpkin Patch,
Hayride, Fun House, Haunted House, and Seasonal Fun!

Family Friendly Costumes Welcome!

SCAN THE QR CODE
TO GET YOUR
DISCOUNT TICKETS TODAY!

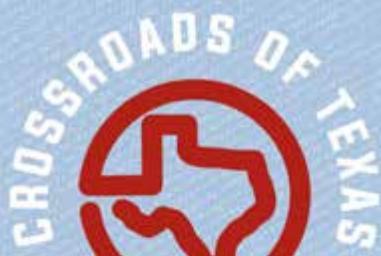
Saturdays
OCT 11-NOV 15 & HALLOWEEN NIGHT

SRFestival.com/hollow

Just 30 Minutes from
Downtown Dallas in Waxahachie



Albertsons Tom Thumb Dr Pepper



GO TEXAN.

Country Festival

DOWNTOWN WAXAHACHIE
TEXASCOUNTRYFESTIVAL.COM

Saturday
OCT. 25

Ask us about our NEW -
Social Media Add-On
Proven Results!
15,000+ Views,
100s of Clicks

- Your print ad will be posted to Facebook & Instagram.
- Create a 2nd wave of exposure after homes receive our magazine.
- We will BOOST your post as a Facebook Ad for 10 days to maximize reach & drive customers to your website.



Reach out at
nowmagazines.com/advertising

DON'T NUMB THE PAIN. HEAL IT.

Covered by Medicare & Most Medical Insurance

SYMPTOMS:

Hands & Feet

- ✓ Numbness
- ✓ Burning pain
- ✓ Leg cramping
- ✓ Sharp electrical pain
- ✓ Pain when walking
- ✓ Difficulty sleeping
- ✓ Prickling or tingling



NEW PROMISE NEUROPATHYSM

682-323-5904

919 W Randol Mill Rd, Arlington, TX 76012

Follow us online [facebook](#) [Google](#) [yelp](#)

WWW.NEWPROMISENEUROPATHY.COM



KEEP THE MONSTERS OUT... OF YOUR AIR.



TEXAS ACE SERVICE
HEATING & AIR

\$500 OFF

Whole Home
Air Purification

Must complete by 10/31/25.



Preventative Maintenance
Texas Ace Club Memberships

Save 15% on
ALL Repairs

- ◆ (2) Annual Tune-ups
- ◆ Increase Energy Efficiency
- ◆ Prevent Costly Breakdowns
- ◆ Extend Equipment Life
- ◆ Priority Service

(817) 381-5718

Phones answered 24 hours a day

Open 7 days a week

www.texasacehvac.com



TACLA40925C



IT'S NOT TOO LATE TO HAVE

NEW KITCHEN COUNTERTOPS BEFORE THANKSGIVING!

MTM Countertops



COME SEE OUR
IN-STOCK
QUARTZ SELECTIONS!

OPEN TO THE PUBLIC:
MON-FRI: 8AM - 5PM
OPEN SATURDAYS 10-2

daltile®
ONE
QUARTZ SURFACES®

American
Made

*Granite, marble & quartz fabricator for kitchen
& bathroom countertops.*

*Extensive color selection combines beauty,
function & elegance for any bathroom or kitchen!*

- FREE Estimates • Competitive Pricing
- Up to 15-year Warranty on Some Products

2460 Hwy. 287 N. • Mansfield

(Northbound service road – between Callendar Rd. & Turner-Warnell)

For more info call 817.477.8663



FREE RABIES VACCINE*

NO EXAM FEE

*With the purchase of a basic set of vaccines for a cat or dog. Limit one per household. Cannot be combined with any other TCAP coupons, specials, discounts, or offers.

Coupon Code: NOW



BASIC VACCINE PRICES*

**TCAP
\$25**

**LOCAL PROVIDER
\$196****



*Rabies, DAPPv & Bordetella

** Figures based on a survey of vet clinics in Denton County



THE STAFF AND THE SERVICE HERE IS AMAZING. WE DEFINITELY HAD A GREAT EXPERIENCE WITH THEM. THEY TOOK CARE OF OUR ANIMALS LIKE THEY WERE THEIR OWN. DEFINITELY RECOMMEND THIS PLACE.

— ERIK SILVEY



106 Conveyer Dr. Suite 100 | Joshua, TX 76058

texasforthem.org | 940-566-5551