



You can save a life today: your own.

Did you know that many women with breast cancer have no symptoms? This is why regular breast cancer screening is so important. Mammograms can find breast changes years before physical symptoms develop and detect cancer in its earliest stages, making treatment more successful. Most women should start annual mammograms at age 40. To schedule your mammogram today, scan the QR below or call **682.341.6040**.











Pause. Savor the cool, crisp autumn air. 'Tis the season to hangout on the charming porches and stately verandas at our shops and eateries while indulging in savory dishes, fine spirits, and stylish finds. Enjoy!













WILSON'S SEAFOOD & GRILL

New Orleans style seafood in a casual atmosphere.

THE PORCH POUR

farm-to-fork dining, wine, and cocktoils.

RELIC+

FEATURING

Home decor, gifts, and interior design services.

COPPER ROSE

Stylish women's clothes, shoes, and accessories.

HOUSE OF AESTHETICS

Wellness through beauty and sesthetics.

THE GARAGE

Modern men's clothes and accessories.

FAVENUE









As the new refrigerant regulations creep in on January 1st, don't be spooked by uncertainty. Upgrade to a 410A system now and lock in your savings before they vanish!

Make this Halloween season a treat for your home—contact us today to secure your 410A system before it's too late!



PREVENTIVE MAINTENANCE TEXAS ACE CLUB MEMBERSHIPS

SAVE 15% ON ALL REPAIRS

MIDLOTHIAN FAMILY OWNED AND OPERATED

Phones answered 24 hours a day Open 7 days a week

www.texasacehvac.com

\$0 Down, 100% Financing Home Energy Audits

Free Estimates

Custom Ductwork Evaluation

Precision Tune-ups

Check with us on how we can help you qualify for an IRS **Energy Efficiency** Tax Credit.





















We Bring Your Soil Back to Life with Our Natural & Organic Carbon Based Fertilization.
Save 50% or More on Watering.

FREE

Tree Consultation (\$100 Value)

Expires 10/31/24

FIRST SERVICE

FREE

with Paid Annual Program

(New Customers Only.) Expires 10/31/24

- ✓ Sick Tree Specialist
- ✓ Weed Control (that won't hurt your trees)
- √ Tree and Shrub Fertilization
- ✓ Disease Management
- ✓ Grub Control

- ✓ Fire Ant Control
- ✓ Perimeter Pest Control
- ✓ Borer Treatments
- ✓ Mosquito Control
- ✓ Lawn Fertilization



Licensed and Insured.



Ken Hewlett Certified Arborist TX-3265A

Veteran Owned





On Staff



ON THE COVER



Former MHS swim team captain, Brayden Anaya, helps build the program at Tarleton State University.

Photo by

Kobbi R. Blair.

Publisher, Connie Poirier General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker Midlothian Editor, Angel Morris Office Assistant, Kristin Bato Writers, Emma McKay. Virginia Riddle Editors/Proofreaders, Rachel Rich Virginia Riddle

GRAPHICS AND DESIGN

Creative Director, Chris McCalla Artists, Kristin Bato . Martha Macias London O'Connell . Anthony Sarmienta

PHOTOGRAPHY

Photography Director, Chris McCalla Photographers, Kobbi R. Blair Anthony Sarmienta

ADVERTISING

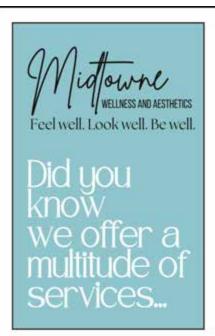
Advertising Representatives, Cherise Burnett . Dustin Dauenhauer Bryan Frye. Kelsea Locke Linda Moffett . Linda Roberson Karen Schaefer. Jeremy Young

Billing Manager, Angela Mixon

MidlothianNOW is a NOW Magazines, L.L.C. publication. Copyright © 2024. All rights reserved. MidlothianNOW is published monthly and individually mailed free of charge to homes and businesses in the Midlothian ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 937-8447 or visit www.nowmagazines.com.





wellness

Medical Weight Loss **Bio-Identical Hormone** Replacement Therapy Sexual Health for Men Sexual Health for Women -including Vaginal Wellness Wellness & Acute Care Visits Hair Rejuvenation Hair Re-Growth IV Therapy with Vitamin Infusions

aesthetics

Injectables: Neurotox & Dermal Filler Skin Assessments **Medical Grade Skincare** Medical Grade Facials Dermaplaning Laser Hair Reduction Laser Services: Agnes, Ultherapy, Tixel, Virtue, Cartessa, BBL, Votiva



Text Us: 469-898-0065

Midlothian Clinic 517 N 8th St Midlothian, Texas 76065

Waxahachie Clinic 1311 Ferris Ave Waxahachie, Texas 75165





EDITOR'S NOTE

Tricked out ...

It's a tricky thing, this Halloween. The holiday's popularity has ebbed and flowed, with people loving or hating it for various reasons. Here's a look at some of its spirited history ...

Halloween — celebrated October 31 — is among the oldest holidays, said to date back to the Celtic festival of Samhain, a pagan religious tradition held at the time when Celts believed spirits had greatest access to the living world. Lighting bonfires and covering one's face in ash was thought to ward off spirits. It was also a time to prepare for winter, slaughtering cattle and stocking up on supplies, followed by a feast — with the belief that otherworldly guests might make an appearance.

To Christianize the celebration, it seems, religious leaders moved their own All Hallows' Day (aka All Saint's Day) from spring to fall, honoring saints who did not have a day of their own on November I. In turn, this made October 31 All Hallow's Eve. According to worldhistory.org, a time that once represented those who had gone before and the changing of seasons became "a night of vigil, prayer and fasting in preparation for the next day when the saints were honored at a far tamer celebration."

Irish immigrants brought All Hallow's Eve to America in the 1800s, with folklore such as the jack-o'-lantern and door-to-door requests for soul cakes, added along the way. Eventually, costume parties and candy giveaways stemmed from a desire to limit the increasing issue of Halloween night vandalism, resulting in the catch phrase, "trick or treat?"

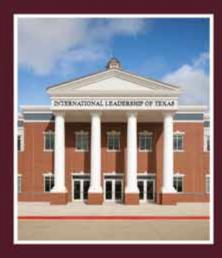
Today, it's generally considered a secular holiday, when the young and young at heart (however unwittingly) give nod to its origin — disguising oneself from potential spirits and feasting on treats as the seasons change.

Treat with care!



ILTEXAS MANSFIELD HERITAGE K-8







International Leadership of Texas (ILTexas) is a free public charter school serving more than 23,000 K-12 students at 25 physical campuses in the Dallas-Fort Worth, Houston, Cleveland, and College Station areas.

Our mission is to prepare students for exceptional leadership roles in the international community by emphasizing servant leadership, mastering the English, Spanish, and Chinese languages, and strengthening the mind, body, and character.

Limited seats available – Apply today to start your child's educational journey with us!

APPLY TODAY! ILTEXAS.ORG/APPLY





PRESIDENTIAL

RESTAURANTS AND PROFESSIONAL BUSINESSES

DR. WELSH & STAFF ARE

Celebrating 0 YEARS!

Thank you to all of our customers for letting us care for and trusting us with your family pets for the past 10 years.





(972) 775-7570 • 4470 E. Hwy 287, Suite 600 Midlothian, TX 76065









Presidential Plaza
Conveniently Located at
Hwy 287 & Presidential Pkwy

4470 E. HWY 287 MIDLOTHIAN, TX 76065



Strokeof Genius

By Angel Morris

If it weren't for an injury, Brayden Anaya might have never become an award-winning swimmer. "In a middle school football game, I stopped a touchdown, but I didn't get back up," he recalled. "I ended up in surgery due to a 4-millimeter gap on my ankle growth plate and a fracture in my heel."

A friend encouraged Brayden to consider swimming for rehabilitation. "That's when my experience with Coach Laura Grace and Midlothian Stingrays Swim School began," he noted.

As a Midlothian High School freshman, Brayden participated in football and swimming. "By the end of swim season, I made it to the 4A-5A Swim Regionals, set new personal records, showed a 26 percent increase every swim meet based off times and was named Most Improved Swimmer!" Brayden recalled.

His sophomore year, Brayden devoted himself to swimming. "With ongoing support from my freshman football coach, Clif White, and my teammates and Coach Christy Rollins, I achieved new personal records, becoming an alternate to the state swim meet with the Boys A Relay Team," Brayden outlined.

Brayden participated in the state meet during his junior year, was awarded Academic All-State for his school record, and went on to be team captain as a senior. Achievements, he credited, made possible by those around him. "My teammates became known as 'The Fab 4.' Madi Lofgren, Maggie Hunter, Aaron Melton and I, went through a lot together."

During the pandemic, the swim team faced many obstacles. The practice pool closed, and there was a coaching change. "The new Panthers' Coach, Jaron Ward, and Jaguars' Coach, Cassie Canales, had to tell us we were doing dry land workouts until further notice," Brayden remembered. "It took almost 40 days into our swim season until Midlothian came to an agreement to practice in a pool again."

Starting at 5:00 a.m., five days a week, the team traveled to Duncanville High School's natatorium, costing an hour of practice time daily. "We earned a state swim spot with Panther Jon Stephenson winning the 100-yard backstroke with me as an alternate. Several swimmers took third place, which meant no advancement in those events," Brayden explained, noting that only first and second place compete at state.

Doing as well as they did against 5A schools with their own natatoriums begged the question, how good would Midlothian swimmers be with a practice pool of their own? "With coaches Rollins, Grace, Ward and Canales, as a team and with our supporters, we addressed the school board and city council. We investigated financial implications — from construction to potential swim meet and concession earnings," Brayden shared. "Swimming is one of the fastest growing sports for high school athletes, [but] this isn't just for teams, it's for lessons and fitness for people of all ages."







The city hall/library and public safety facility are two projects currently under construction from Midlothian's 2021 bond election, when a recreation center was also approved. "Building a rec center [with a swimming pool] is something on the City Council's plate to consider, but the exact timing has not been determined," Mayor Justin Coffman updated.

The school district shared it is optimistic that partnerships in place to support the high school swim teams "will move locally in the future."

While promoting a local pool and supporting events like the breast cancer awareness swim meet, Brayden also began considering life after high school. With offers based on academic and athletic accomplishments, he toured many colleges. "In swooped Tarleton State University. Becoming a Division I school, they were in the process of not just adding new fields of studies but new sports programs, like swimming," Brayden explained. "I saw an opportunity to be a founder of their up-and-coming swim team."

Someone who enjoyed math and building with LEGOs, not to mention his two-year job at Frontera Truck Parts in Waxahachie, Brayden decided on his major. "I had no clue what I wanted to do, but on closer inspection, mechanical engineering made sense," he admitted. "I mean, you should see my LEGO collection. From castles to ships to planes, I've built them all and put a ding on the bank account for it."

Outside of college, Brayden is spending summers assisting with practices at the pool where his rehabilitation first began, and enjoying his competitive family, the "Anayalators." "My dad, Michael,





New Home, Same Service! RF/MAX Call Today for all your Real Estate Needs! Frontier Broker Associate 214.536.2790 (cell) 469.846.0123 (office) Your Ellis County Realtor Judy.McGraw@remaxfrontiertx.com RE/MAX Frontier (Midlothian) JUDY 803 W Main St. Midlothian, TX 76065 **MCGRAW**

started from the bottom and worked his way up. He's always there with love, support, feedback or 'let's be real' talks.

"My mom, Karen, owns a hair salon and is the Midlothian Panthers Swim Team Booster Club president and the Heritage Jaguars Football Booster fundraising coordinator. I don't know how she does it, but my mom seriously is the greatest," Brayden credited. "I see what excellence looks like with both my parents."

His brother, Colton, is a junior at MHHS, where he plays tight end. "Yes, our house is divided between Panthers and Jaguars. We are bleeding a lot of blue, red and smack talk!" Brayden joked.

His youngest brother, Zander, is a fifth-grader in his third year with the Stingrays, with Brayden as an assistant coach. Family ties to the community don't end there.

Brayden calls his local firefighter uncle and his wife "big influences when it comes to hard work and education." And he is thankful to have one set of grandparents in town, and another nearby in Maypearl. "They all play a big part when it comes to my direction. I can't say thank you enough to so many who motivate me and help me strive for more," Brayden shared.

Lastly, Brayden encourages those continuing the swim team legacy. "To my peeps, Preston Cassell, Aidan Branscum, Hunter Byrd, Lucas Cagle, Sean Friesenhahn, Taryn Heggen and Arriana Garcia, continue as the new prodigies!" Brayden praised. "I hope the legacy of our team follows into the next generation. Put it all in the water, and bring it ... bring it every day!" NOW





Now accepting new patients:



Hussna Abunafeesa, M.D. Medical Oncologist



Cynthia Wei, M.D. Medical Oncologist



Shruti Zaveri, M.D. Surgical Oncologist (Breast)



UT Southwestern Medical Center at RedBird 3450 W. Camp Wisdom Road Dallas, TX 75237 A short drive from Midlothian, plus free parking

Call 214-645-4673 and ask to be seen at our RedBird location.

UTSouthwestern Simmons Cancer Center

INJECTABLES MAY IOT BE THE ANSWE BUT IT'S WORTH A SHOT.

Acne & Scar Treatments **Body Contouring** Botox & Dermal Fillers Chemical Peels

Hydrafacials Laser Hair Removal Microneedling Skin Tightening



LIFT MEDICAL









Lift Medical Aesthetics, LLC a lift.mildo 469.337.8999 505 George Hopper Rd A, Midlothian, TX 76065



PAIN & SPINE CENTER

WE ARE GROWING!



1408 N. 9TH ST. MIDLOTHIAN, TX

PIEZO WAVE 2

- Eliminate Pain
- Facilitate Healing
- Increase Collagen Production
- Reduce Local Muscle Tension



COMPLIMENTARY Consult & 1stTreatment

CALL US (817) 724-7715



LET US HELP YOU BEFORE IT GETS WORSE!

UNITED EFFORES



— By Angel Morris

Just as its name implies, Unite Ellis is an organization bringing together multiple groups to help locals in need. Through collaborative efforts, leaders in business, church, education, government and other nonprofits partner to uplift the community. At Unite's helm is Anna Hammonds. "We have amazing people doing amazing things in this county. Unite's mission is to ensure we're all working together to best utilize resources," Anna explained.



When someone can't be helped by an individual organization, Unite puts its network in motion. "With my co-champion, Chris Aguilar, we utilize about 150 people across the county to help with housing and homelessness, domestic violence, poverty and other issues," Anna shared.

In this way, Unite is about more permanent solutions. "If we work together, we're not only more effective, but we limit duplication of services and can move toward longer-term change — helping people thrive and flourish rather than just moving them on until they need help again," Anna underscored.

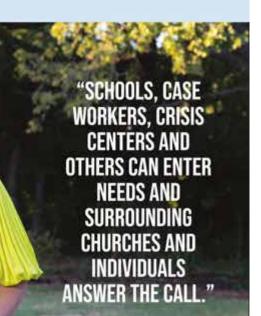
Working in the nonprofit/social services sector since 2005, Anna was drawn to Unite as a means to help the community in which she lived. She and her husband, Danny, and their four children, have lived in Midlothian since 2013, where Anna has served on the City Council, the MISD Education Foundation Board, within her church and as a business owner. "Those areas parallel the entities partnered within Unite," Anna noted. "The root of what we do as a family is our love for Jesus and wanting to make an impact in a direct way in the world, which means rolling your sleeves up and jumping in.

"In that same sense, Unite is about addressing all areas of human flourishing, including mental and physical health, vocational health, relational health, financial health and spiritual health," Anna continued.

Some of Anna's favorite success stories include Unite partners helping a single mom of two children move from a hotel to a rent house, with all appliances and furniture donated; purchasing a new trailer for a couple who lost theirs to a fire; providing things like backpacks, take-home meals, all-sizes of underwear, hygiene products and sensory rooms for schools; and directing pregnant teens to resources for when babies arrive. "There was a mom who was about to receive citations for not keeping up with her lawn. Our network not only mowed for her but bought a lawnmower and taught her sons how to use it," Anna recalled. "Teach a man to fish!"

Under the umbrella of Unite Greater Dallas — which serves seven counties — Unite Ellis utilizes CarePortal, a software project to connect families in crisis to a network of organizations that can meet their basic needs. "Schools, case workers, crisis centers and others can enter needs and surrounding churches and individuals answer the call," Anna explained. "CarePortal is one of our biggest tools and getting more people and more schools online is awesome!"

Unite also conducts Cost of Poverty Experience (COPE) simulations, giving participants a glimpse into the lives of low-income individuals and families — a look at the obstacles and decisions that impact them every day while living in poverty.



"Certainly there are times when people think others are just taking advantage of the system, and sometimes that is true, but it is rare," Anna shared. "There are so many obstacles to overcoming the cycle of poverty, COPE is truly an eye-opener toward understanding how infuriating it can be for the person really trying to better their life."

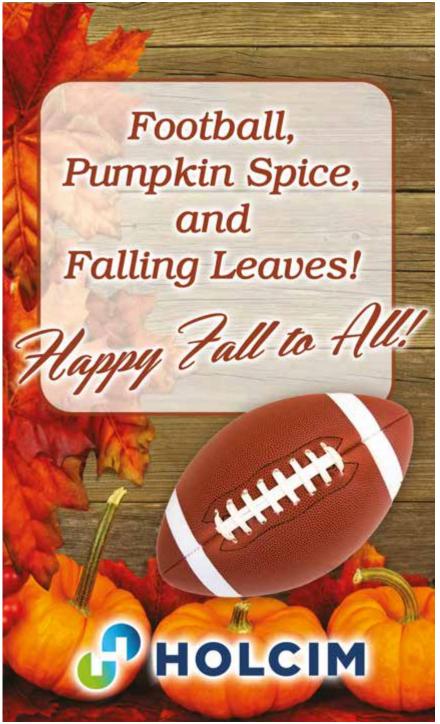
COPE is one of the most-requested tools of Unite Greater Dallas and has been facilitated 120 times for 100 groups of people with more than 8,000 participants over seven years. "What address does a homeless person list on job applications? Where do they clean up for interviews? How does an undocumented family living in a car learn how to do things the right way? How does a victim of violence get away?" Anna questioned. "COPE addresses these and so many more eye-opening issues."

Unite is keenly aware that poverty is about more than finances. "When people don't have relationships in their life, a basic support system for needs or advice, everything else can begin to collapse. Pepper in mental health or addiction issues, and the struggle is that much worse," Anna reminded.

Unite networks meet all across the county on a consistent basis by geography, service line and sector. "Our hope is that you will be inspired to become a part of someone else's success story," Anna shared. "Communities flourish when we unite." NOW

Editor's Note: Learn more at www.uniteellis.org.







CONVENIENT, SAFE, AND FUN YMCA

Afterschool Programs at YOUR child's local elementary school!

SCHOLARSHIPS AND FINANCIAL ASSISTANCE AVAILABLE.

WWW.YMCADALLAS.ORG/AFTERSCHOOL



CONTACT INFO:

469-902-9079

TIRZAH.ANDERSON@YMCADALLAS.ORG

FREE ENTRY AND PARKING. FUN FOR ALL AGES!

OKTOBERFEST

OCT 19, 2024 10AM - 8PM





When thinking of tie-dye, one is most likely to imagine the fashion trend from the 1960s, whose bright, psychedelic colors were used as a form of anti-war protest. However, the art of tie-dying has been around for centuries and continues to be used as a way of expressing oneself.

In the northern regions of India, bandhani was created through "plucking the cloth into tiny peaks and binding it with thread before applying dye" (Fagan). The patterns bandhani created later inspired the designs on western bandannas. Bandhani can be traced back to 4,000 B.C., making it the oldest known form of tie-dye art.

The Yoruba people of Nigeria used adire — their tie-dyed textiles — to signify one's rank. They would create their patterns by pleating their fabric and tying it with thread, then dying it in indigo. The creation of adire provides jobs for weavers, dyers and farmers even to this day.

In Peru around 500 C.E., amarra was created. This style of tie-dye symbolized cornfields and snakeskin through its "gridded design of diamonds with dots in the center" (Fagan). In Peruvian murals depicting their history and folklore, religious figures and deities wear amarra.

At the turn of the 20th century, Americans began experimenting with what they called "tied-dyeing." In 1909, Charles E. Pellew wrote an article for The Craftsman called "Tied and Dyed Work: An Oriental Process with American

Variations." This article in which Pellew praised Indians' art of bandhani is one of the earliest records of tie-dying in the United States.

In 1928, The Charm of Color, an informational booklet that taught crafters different techniques to use with dyes, had a section called, "The Art of Tied Dying." This section showed different ways one could dye cloth by tying off the fabric and dipping it into dye baths. Throughout the Great Depression, booklets like these were used as inspiration when dying old sugar sacks to turn into decorative cheap clothes.

Despite its origins of being an art made by hand, these days tie-dyed clothes can be found at almost any major retailer. As a way of honoring its history, here are a couple of methods that you can use to make your own tie-dyed clothes at home!

Supplies:

White 100% cotton T-shirt, washed and damp Rubber bands Disposable gloves (optional) Tie-dye kit, or fabric dye in squirt bottles Old shopping bags

The Rainbow Swirl Method:

I. Lay your T-shirt out on a flat surface, and decide where you want your swirl pattern to go. Pinch the fabric where the middle of the swirl will be, then start carefully twisting it into a spiral. Once you've twisted it, the shirt should resemble a rose. 2. Wrap three rubber bands around the fabric, so they

intersect like six pizza slices. Tuck any fabric spilling out of the pizza circle into the rubber bands. Flatten out the shirt, so you can see the middle of your swirl. 3. Wearing your plastic gloves, apply the yellow dye onto three of the pizza slices. Using the red dye, soak one of the yellow triangles and two of the remaining white pizza slices. When the colors blend, orange will appear. Finally, apply the blue dye to the remaining white triangle and the red and yellow ones beside it. The colors will blend to create purple and green, respectively. Flip your T-shirt pizza over and repeat the process on the back.

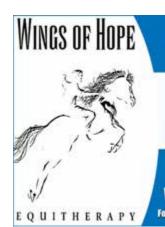
4. Let the shirt rest in a plastic bag for six to eight hours, then rinse out the dye and wash on its own.

The Two-Colored Swirl Method:

- I. Repeat steps one and two of the Rainbow Swirl Method to prepare your shirt.
- 2. Apply your two chosen colors of fabric dye to alternating pizza slices. You can choose two random colors or two shades of the same color. Once dyed, your fabric pizza should resemble the radiation symbol, without the center circle. Repeat the dying process on the other side of the shirt.
- 3. Let the shirt rest in a plastic bag for six to eight hours, then rinse out the dye and wash on its own. NOW

Sources:

- I. Aspiral Design. https://aspiraldesign. com/frontpage-article/the-brief-andcolourful-history-of-tie-dye-aspiraldesign/.
- 2. Dargo, E.B. (2021, September 7). Fit to Be Dyed. Science History Institute. https://www.sciencehistory.org/stories/ magazine/fit-to-be-dyed/.
- 3. Fagan, E. (2023, May 15). Beloved yet banned: The surprising history of tie-dye. National Geographic. https:// www.nationalgeographic.com/history/ article/beloved-yet-banned-thesurprising-history-of-tie-dye.
- 4. Harris, S. & McNeill, S. (2013). Tie-Dye 10: How to Make Over 20 Fabulous Patterns. Design Originals. 5. [Mr. Otter Art Studio]. (2018, June 7). 4 Ways to Tie Dye – Bullseye, Swirl, Stripe, and Ombre [Video]. YouTube. https://www.youtube.com/ watch?v=I7rLQJxczL0.



WE PROVIDE HOPE & HEALING THROUGH GENTLE HORSES AND THE LOVE OF GOD.

ADULTS & CHILDREN WITH SPECIAL NEEDS PHYSICAL • EMOTIONAL • MENTAL

Volunteers Always Welcome 14 years old & older, no experience necessary.

4200 CR 806 • Johnson County WWW.WINGSOFHOPEHORSES.ORG

For more information (817) 790-8810 or to make a donation .





Simplicity is freedom.

We offer sensibly sized homes for modern living.

Enjoy the advantages of home ownership without all the maintenance.

Residences starting in the mid \$300's.

Ask about our preferred lender financing options.



320 Woodside Trail, Waxahachie, TX





AUTUMR BEATS VIMALS

THE MAROON 5 TRIBUTE

PRESENTED BY



SUNRIDE sunrider.com

Sat., Oct. 5 7:30-9:30 p.m.
Midlothian Community Park

3601 S. 14th St.

Free admission Food for purchase

Lawn seating







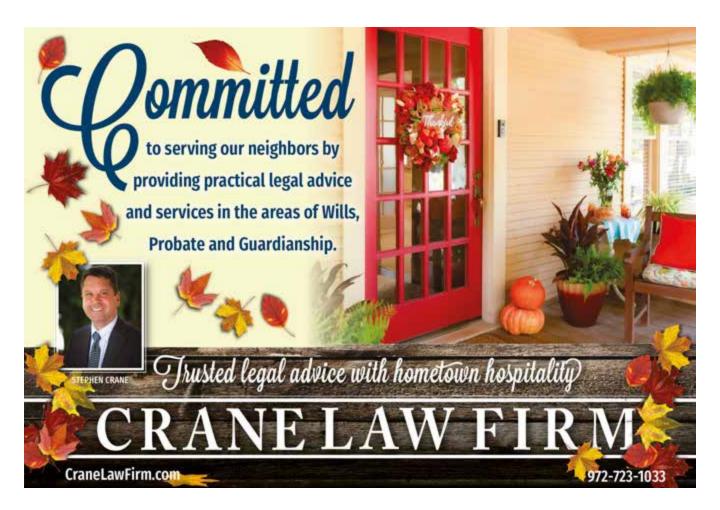
Put the girls first.

While taking time for your health can feel tough, Methodist Midlothian Medical Center is here to support the girls with annual mammograms. Supporting our friends and neighbors with essential women's care. That's community and why so many people Trust Methodist.

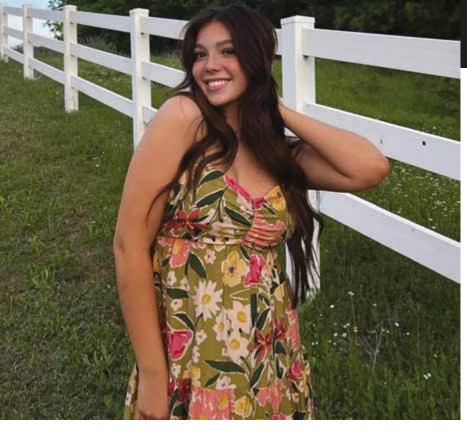




Schedule your annual mammogram. Call 469-643-4087 to learn more.



Around Town



Zoomed In: Camryn Huse

Camryn Huse earned her 2024 Midlothian High School diploma at the same time she received her associate of science degree from Navarro College. While she planned to attend The University of Texas at Arlington this fall, discovering the Youth With A Mission Fire and Fragrance program deferred that idea. "When I heard about the program through my Bible study, it's like I could feel my path redirecting," Camryn said. "I'm training with YWAM for three months at University of The Nations in Kailua-Kona, Hawaii. Then I'll do mission work for three months wherever YWAM sends me."

Camryn has raised most the funds required for the first semester, although donations are still needed. "I'm hopeful and curious about where this new chapter will lead me," she admitted. "I'm so excited to live and serve the beautiful people of whatever country YWAM decides, and I appreciate Midlothian's prayers while I'm there."



Sheri Hartgraves of Hart-felt Cookies prepares for the MHS Cheer Booster Mistletoe Market November 2.



Dantia Tate, with Lisa and Randy Rigsby, and Amanda Petit, raise cancer treatment funds at the Rally for Randy.



Jazzercise Midlothian Fitness Center instructors support their students' and one another's health goals.



HHS volleyball team members Claire Moody, Devyn Dennis, Addison Howie and Kaitlyn Brown walk students into McClatchey Elementary on a rainy day.

By Angel Morris



State Representative Brian Harrison visits with Manna House representatives Sissy Franklin, Norma Belcher and Craig Belcher about outreach efforts in the community.



Gathering at Battle Axes Axe Throwing venue, Methodist Midlothian Medical Center's Michael Turchiaro, Iacob Rhodes and Benjamin Lo lead an outreach event discussing the top causes of death in men.

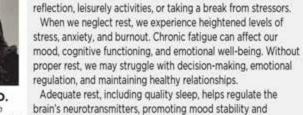


Piper Silas and Gabriel McGee sell popcorn at Midlothian Tractor Supply to raise funds for Cub Scout Pack 962 activities.

ARE YOU TOO BUSY TO REST?



Ufon Ahime, Ph.D. Mental Health Coach ahlme@higherlivingtoday.org



Adequate rest, including quality sleep, helps regulate the brain's neurotransmitters, promoting mood stability and emotional resilience. Rest allows our mind to process information, recover from daily stressors, and maintain focus and clarity. It also contributes to creativity and problem-solving, helping us approach challenges with a fresh perspective.

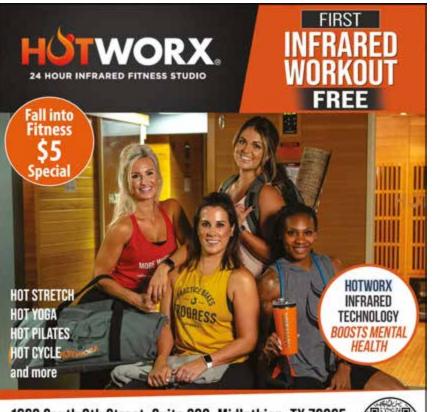
Rest is often undervalued in today's fast-paced society, yet it plays a critical role in maintaining and improving our mental health. Rest isn't just about sleep; it encompasses any activity that allows our mind and body to recharge, including quiet

To prioritize mental health, we must embrace rest as a form of self-care. Whether it be taking short breaks during the day, engaging in relaxation techniques, disengaging from social media, or getting a full night's sleep, rest is essential for maintaining balance in our lives. By making time for rest, we allow ourselves to reset mentally and emotionally, leading to greater overall well-being.

In a world that celebrates busyness, it's important to remember that rest is not a luxury but a necessity for a healthy mind.



SCAN THE OR CODE TO SIGN UP FOR MY BIWEEKLY NEWSLETTER.



Are You Registered to Vote 2

October 7, 2024 deadline to register or update your registration for the November Election.

Register to Vote and find election information online at: www.co.ellis.tx.us/elections Facebook.com/ elliscountyelections Email: Elections@co.ellis.tx.us Address: 204 E Jefferson St

Waxahachie, TX 75165

Phone: 972-825-5195

Scan QRCode for more information.



2024 General Election

Early Voting:

Mon, October 21 --- Fri. October 25
Sat, October 26
Sun, October 27
Mon, October 28 --- Fri. Nov. 1st
Locations:

8am-6pm
7am-7pm
1pm-7pm
7am-7pm

- Ellis Co. Woman's Building (Davis Hall)
 Main Early Voting Site
 407 W Jefferson Street, Waxahachie
- Ellis County Sub Courthouse (Conf. Rm) 207 S. Sonoma Trail, Ennis
- Midlothian Conference Center (Ballrooms)
 1 Community Circle Drive, Midlothian
- Palmer ISD Annex Bldg (Portable Bldg) 303 Bulldog Way, Palmer
- Red Oak Municipal Center (Ballrooms)
 200 Lakeview Parkway, Red Oak

Election Day: Tuesday, Nov. 5, 2024 7am-7pm (Vote at any of the 30 vote center polling locations in Ellis County)

GENESIS Back & Neck

We have been helping people avoid disc surgery for over 17 years.

The best non-surgical solution for bulging and herniated disc.



(972) 921-3219 1408 N. 9th St., Midlothian, TX

No Surgery • No Injections • No Medications

Step Beyond the Limits of Disc Pain!

Your Journey to Relief Starts Here.

Complimentary First Appointment











OPEN POSITIONS:

Machine Operator • Forklift Drivers Industrial Maintenance Mechanics • Electricians

BENEFITS:

- Anthem Blue Cross Blue Shield Insurance (Medical, Dental, and Vision)
 - Parental Leave
 - Up to 6% company match on 401(k) contributions
 - Charitable matching program
 - Free lunch Fridays
 - And more

To apply go to: https://careers.jameshardie.com

GATE BROKEN?

HANSON IRON WOR

Installs new gates as well as repairs ALL TYPES AND BRANDS OF EXISTING OPENERS





HAVE IT FIXED TODAY, PROUDLY IN BUSINESS FOR OVER 25 YEARS WE ARE EXPERTS WHO HAVE SOLD, REPAIRED AND INSTALLED





972-775-3091





BusinessNOW

Pro Education Academy

- By Angel Morris

Pro Education Academy 716 W. Main St. Midlothian, TX 76065

(469) 658-5729 proacademyeducation@gmail.com www.proeducationacademy.com

Hours: Monday-Thursday: 7:45 a.m.-2:45 p.m. (Classes) Monday-Friday: 3:00-7:00 p.m. (Tutoring)

Teena Betinetti's Midlothian roots run deep, as does her experience in education. "My parents moved us to Midlothian when I was in sixth grade, and I attended J.R. Irvin Middle School. I was a cheerleader and very involved at Midlothian High School, where I graduated in 1978," she outlined.

Teena had a long career in teaching while she and her

husband, Chris, raised three MHS graduates. "My career in education started as I graduated from The University of Texas at Arlington with a double English major and Bachelor of Arts in Elementary Education. I also attended the University of North Texas for master's work in early childhood," she outlined.

Teena began teaching in Cedar Hill in 1983 but was hired by Dolores McClatchey to teach at MISD's Baxter Elementary in 1986. "I then helped open Longbranch Elementary two years later with Principal Betty Moore, and ultimately spent 40 years in the classroom," Teena recounted.

A stage 4 triple-negative cancer diagnosis in 2021 led to retirement from MISD. "It broke my heart, not only to suffer with cancer, but to have to give up my passion teaching fifth grade with Karena Blackwell and Cari Nix, my sweet principals," Teena admitted.

Since healed from cancer, Teena found her next calling in life. "I am in total remission. My amazing team at

Baylor Scott & White brought me through this journey, but it is God who healed me — and I praise Him and give Him all the glory!" she shared. "Since then, God has called me to tutoring, which I have enjoyed for the past 12 years."

As a result, Teena was compelled to found Pro Education Academy in 2022 "to help struggling students with tutoring and to support homeschool families." She and her fellow PEA educators share a mission of "fostering a love of learning through creative lesson plans and hands-on education."

PRO EDUCATION ACADEMY STRIVES TO PROVIDE CHARACTER-BASED TEACHING IN A DIVERSE CULTURE.

Using the Bob Jones and Abeka curricula, classes run on a traditional schedule on weekdays, and tutoring is offered each afternoon. "At Pro Education Academy, students, along with their parents, are encouraged to grow through God's Word and strive for success both academically and in character," Teena explained. "It is our mission to provide superior education in a highly creative environment in order to develop future problem solvers who can impact their community!

"The school provides a multi-aged approach and allows students to advance at their own pace and excel their knowledge base without the constraints of traditional education," Teena continued. "Our curriculum is faith-based. We also use Apologia and Science Weekly and provide challenge labs, music, art, PE and health enrichment."

Pro Education Academy strives to provide character-based teaching in a diverse culture. "We are blessed to play a vital role in shaping our community of future problem solvers and future leaders, and to bring a light of hope and alternative for parents in a very dark world with ideals that do not take us away from our Judeo-Christian heritage," Teena noted. "We are very excited to give back to Midlothian in this way, as our lives have been greatly blessed by this community!" NOW



















A New York native, Kaylin Wall's roots led to her interest in cooking. "I have fond memories of my large Italian family in Grandma's tiny kitchen cooking and enjoying countless meals together," she recalled.

As an adult, Kaylin moved to North Carolina to join her Marine Corps husband stationed at Camp Lejeune. "I found myself baking for Marines left and right. Little did I know it was just the tip of the baking iceberg," Kaylin shared. "After my husband left the service, we started our family. We have five children 6 and under, and I bake nearly every day."

Last fall, daughter, Brielle, who was about to turn 4, wanted an apron for her birthday. "Whenever she hears me get out baking supplies she pushes a chair over to the counter," Kaylin described. "She is a diligent little helper."

Sawdust Spaghetti With Balsamic Glazed Tomatoes and Mozzarella

- I lb. spaghetti (angel hair, linguine or fettuccini)
- 3 Tbsp. butter
- 3 Tbsp. olive oil (divided use)
- 1 1/2 cups panko breadcrumbs
- 1 1/2 cups grape tomatoes

- 2-3 Tbsp. balsamic vinegar Salt, to taste Pepper, to taste Fresh mozzarella
- **I.** Bring a large pot of salted water to a boil. Boil the pasta until al dente.
- **2.** While the pasta is cooking, combine the butter and 1 Tbsp. oil in a skillet. When the butter has melted, pour in the panko breadcrumbs; mix until coated. Toast over

medium-low heat until golden brown. Take off the burner. Put the panko mixture on a plate; set aside.

- **3.** In the same pan on medium-low heat, add the 2 remaining Tbsp. of olive oil, grape tomatoes and balsamic vinegar.
- **4.** Sauté the tomatoes until they start to blister. (I always "pop" them by squishing them down lightly.)
- **5.** In a large bowl, combine the pasta, panko mixture and tomatoes; toss well. Top with salt, pepper and mozzarella.

Ultimate Cinnamon Rolls

Dough:

2 cups warm milk

1/2 cup granulated sugar

1/2 cup butter, melted

1 Tbsp. yeast

5 cups flour (divided use)

1 tsp. baking powder

2 tsp. salt

Filling:

3/4 cup brown sugar

3/4 cup butter, softened

2 Tbsp. cinnamon

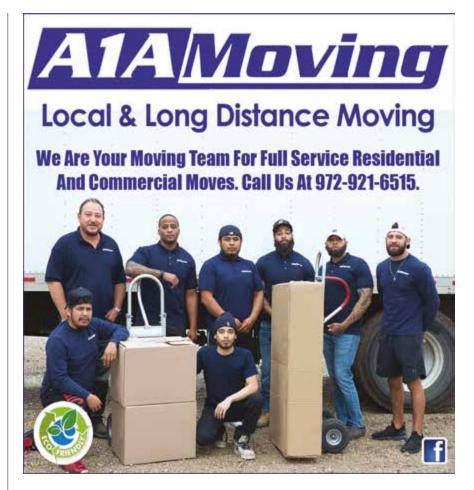
Frosting:

- 4 oz. softened cream cheese
- 2 Tbsp. butter, melted
- 4 Tbsp. milk, room temperature
- 1 Tbsp. vanilla
- 1 cup powdered sugar
- 1. For dough: In a large mixing bowl, combine the milk, sugar, butter and yeast; let sit for 10 minutes.
- 2. Add 4 cups of flour; mix. It will be sticky. Let rise for 1 hour.
- 3. Add the last cup of flour, baking powder and salt. Mix in a stand mixer with a kneading attachment or knead dough mixture by hand for 10 minutes.
- 4. For filling: Mix all the ingredients until thoroughly combined; set aside.
- 5. On a lightly floured surface, roll out the dough into a large rectangle. Spread the filling over the dough to the edges.
- **6.** Starting on a long side of the rectangle, roll the dough tightly and evenly into a log. Using unflavored dental floss or a sharp serrated knife, slice the log into even pieces.
- **7.** Place the rolls into a greased round baking dish; let them proof for 45 minutes to 1 hour. Bake at 350 F for 15-20 minutes; lightly cover the dish with tin foil when they start to brown on top. Bake another 10-15 minutes.
- **8.** For frosting: With a hand mixer or stand mixer with a paddle attachment, mix the cream cheese until smooth. Add the remaining ingredients; mix until fully incorporated.
- 9. Cool the rolls 10-15 minutes before frosting.

Spiced Sugar Cookies

2 1/4 cups flour I tsp. baking soda 1 1/2 tsp. cinnamon 1/2 to 1 tsp. nutmeg 1/4 tsp. salt 1 1/4 cups granulated sugar 1 cup (2 sticks) butter, softened I egg, room temperature 2 tsp. vanilla

- **I.** Combine the flour, baking soda, cinnamon, nutmeg and salt; set aside. Use a stand mixer or a hand mixer and mix the sugar and butter at a medium speed until light in color (about 2-3 minutes).
- 2. Add the egg and vanilla; mix until fully incorporated.
- 3. Add half of the dry ingredients; mix at a low speed. Add the other half of the dry ingredients; mix until incorporated. (Add more flour if the dough is too sticky.) Smooth into a small rectangle on a floured surface; wrap with plastic wrap.
- 4. Chill for a minimum of 1 hour. Roll the dough out on a lightly floured surface. Cut







into desired shapes; bake for 10-15 minutes in an oven at 325 F.

Coffee Cake

Cake:

3/4 cup vegetable oil

2 eggs, beaten, room temperature

1 tsp. vanilla

I cup milk, room temperature

1 cup sugar

3 cups flour

3 tsp. baking powder

1/2 tsp. salt

Streusel:

1 1/2 to 2 cups brown sugar (depending on how streusel-y you want your cake)

2 heaping tsp. cinnamon 1/2 cup melted butter

1. For cake: Grease a 9x13-inch glass pan. Stir the oil, eggs, vanilla and milk together.

2. In a separate bowl, mix the sugar, flour, baking powder and salt; combine with the wet ingredients. Mix well.

3. For streusel: In a separate bowl, mix the brown sugar and cinnamon together.

4. Spread half of the cake batter across the bottom of the pan (it will be a bit thick). Sprinkle in half of the streusel mixture.

5. Spread the remaining batter; top with the remaining streusel. Pour the melted butter over the top. Bake for 35-45 minutes (depending on your oven) at 350 F. Check with a toothpick or knife at 35 minutes.

Sausage Stuffing

1 19-oz. pkg. (five links) sweet sausage

4-5 Tbsp. olive oil

1/2 cup minced scallions (white and green parts)

2 cloves minced garlic (optional)

I tsp. salt

1 tsp. pepper

2/3 cup panko breadcrumbs

2/3 cup corn bread stuffing

2-4 Tbsp. chicken broth/stock

5-8 oz. mascarpone, to taste

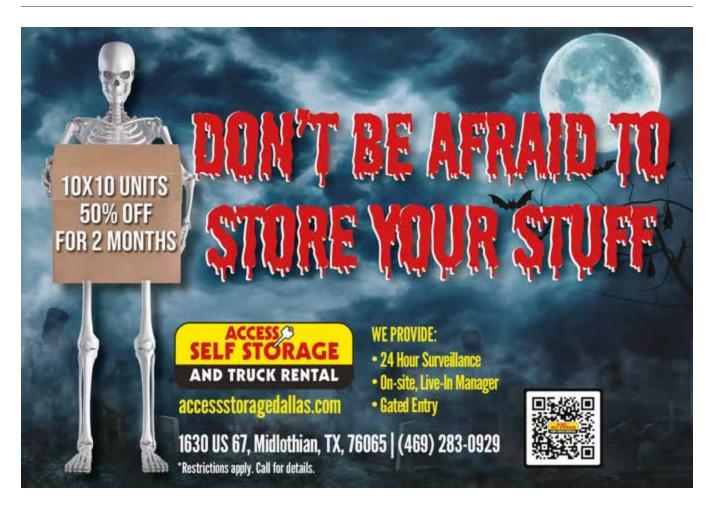
I. Remove the sausage from the casings; crumble into a pan. Cook with the olive oil over medium heat until done.

2. Stir in the scallions, garlic, salt and pepper; remove from heat.

3. Stir in the breadcrumbs and stuffing, mixing well.

4. Add 2 Tbsp. chicken broth (add more if the mixture is on the dry side). Swirl in the desired amount of mascarpone. Serve as is or bake for 15 minutes at 350 E







TENT REVIVAL

WELL OF LIFE MINISTRIES

Then the cloud covered the tent of meeting, and the glory of the LORD filled the tabernacle. Ex. 40:34

October 24-27 7:00 PM

Ellis County Outdoorsman Church of God 4370 Joe Wilson Rd. • Midlothian, TX 76065



Don't Replace When You Can Restore for Less!

Transform your rusty patio furniture into a fresh, stylish set.

Tired of repainting your patio furniture?
Our powder coating technology offers a durable, long-lasting finish that keeps your outdoor pieces looking fresh for years. Choose from a variety of colors for steel, wrought iron, aluminum or cast iron.

Call Now: (972) 299-9911

Visit us at CROSSLINKSOUTH.COM

Google 5 Star Review



"Great service and great price make for a great value. Turned my old patio set into one that looks better than when I bought it new," - Cody D

Pickup & delivery, repairs, and specialty surface prep may incur additional charges

Before Powder Coating Before Powder Coating



Offer Ends October 31st



(Between Cedar Hill and Midlothian)

RESTORATION 2024

FOUR DAYS OF POWERFUL SINGING AND PREACHING

CHRESTEN TOMLIN

Evangelist



Sun., 10/20 @ 10:30 AM

JOEY ROGERS

Pastor



Tues., 10/22 @ 7 PM

IVAN PARKER Gospel Singer

Sun., 10/20 @ 7 PM

JASON STIDHAM

Evangelist



Wed., 10/23 @ 7 PM

LORENZO SEWELL

Pastor



Mon., 10/21 @ 7 PM



Scan the QR code to learn more.

JOIN US AT THE HISTORIC CHAUTAUQUA AUDITORIUM IN WAXAHACHIE, TX FOR AN UNFORGETTABLE EXPERIENCE.

OCTOBER 20-23, 2024



f @RestorationCampMeeting

THE LOCAL TABLE

One cannot think well, love well, sleep well, if one has not dined well.

- Virginia Woolf

GIFT CARDS AVAILABLE! THE PERFECT HOLIDAY OR ANYTIME GIFT!

Bellucci s ITALIAN

www.belluccisitalian.com

SERVING AUTHENTIC ITALIAN IN DFW SINCE 1979

Dinner with Friends or Family, Bellucci's Offers Dinner Trays For Any Gathering at Affordable Prices.

Let us do the cooking!



DINE IN OR TAKE OUT ALL OF YOUR FAVORITE FOODS.

Open 7 days a week 11am - 9pm

469-612-5527 2000 FM 663 Suite 100 Midlothian

Dine at Home Family Pack Special 2 for \$26



BOYTINE

GRILL & BAR

FULL SERVICE BAR STEAKS AND MUCH MORE

Host Your Next Event with Us!

Now Booking our Back Dining Room for Private Parties and Large Groups.



Contact us for our special rates.

\$5 OFF \$30 food purchase

Serving Lunch and Dinner - Happy Hour 4 pm - 7 pm

(469) 672-6130

www.dinebovine.com 128 N. 8th St., Midlothian



BREAKFAST - LUNCH - DINNER



EXPERIENCE THE SCOOTER'S COFFEE® DIFFERENCE Amozing people, amozing drinks...amozingly fasti



Need More Business?

Advertise your restaurant here.

For information, call: **972-937-8447**



Bringing the best of the community home.



TUKN YUUK SUAKY SE

Proud Member of The Good Contractor List



Financing available. A+ BBB Rating. Free Estimates.

Call today and ask for our fall special!

- Frameless Showers
- Mirrors
- Replacement Windows
- Commercial
- Foggy Glass Replacement

Competitively Priced • Fully Insured • Professionally Staffed



OVER 150 5-STAR REVIEWS!



7489 Rendon Bloodworth Road, Mansfield (817) 473-3909 www.mansfieldglass.com





Heating - Air - Plumbing Keeping America Cool.com

Don't get caught in the cold weather
Schedule your Fall Tune-Up today
214-333-4410

AMgstical LANDSCAPE

By Virginia Riddle





The many changing, vibrant colors of the Piedra Lumbre Formation's bluffs, grasslands, lakes and plains had drawn indigenous people; Mexican, French and Anglo colonists; and a gang of bandits by the time artist Georgia O'Keeffe heard about the then-popular dude ranch, Rancho de los Burros, while on a trip visiting her friend, Mabel Dodge Luhan, in Taos, New Mexico, in 1929. O'Keeffe, on a visit to the ranch in 1934, fell in love with the solitude and majesty of the landscape and began spending summers at the ranch, purchasing her own cottage there in 1940.

Today, after checking in at the Welcome Center, O'Keeffe's Ghost Ranch visitors can book horseback rides, obtain a map and fun activities for kids, view a movie about the ranch's history and book three meals per day at the Dining Hall. Archaeological sites and hikes around the ranch's village and trails to sites O'Keeffe painted are a must. Be sure to carry plenty of water, sunscreen, wear a hat, watch for snakes and other wildlife and take it easy if you are not acclimated to the 6,500-foot elevation. Day-pass holders can take dogs on hikes, if they are leashed, and checking in at the Welcome Center before and after hiking trails is recommended. Whether visiting on a day pass, overnight or for one of the weeklong art, yoga or meditation class offerings, visitors can book lodging at tent and RV sites, group lodging or private rooms. There are no phones in guest rooms, and cell services are spotty at best at the Welcome Center and on the mesa.

The ranch is home to O'Keeffe's summer cottage, with the Ghost House and Ghost Tree next door. Legend has it that when the gang of bandits inhabited the ranch's canyons, the Ghost Tree was used for hangings, thus the name. Visitors can check out books at the Ghost Ranch Library, soak in the pool and socialize in the cantina or Dining Hall. Ghost Ranch is the site of paleontological digs resulting in the discovery of Coelophysis in 1947. It, along with artifacts from the Pueblos ancestral Paleo Indian culture from 10,000 years ago and items from the ranch's dude ranch days, are exhibited in two museums at Ghost Ranch the Florence Hawley Ellis Museum of Anthropology and the Ruth Hall Museum of Paleontology.

Nearby outdoor activities, such as canoeing, kayaking or paddle boarding at the Abiquiú Lake Recreation Area, can be booked at the ranch's Welcome Center or at the ALRA Visitor Center. The ALRA also offers a playground, campground, swimming area and boat ramp. Other area places to visit include the Carson National Forest, Cerro Pedernal, Chama River Canyon Wilderness, Echo Amphitheater and the Dar al Islam Mosque. The Continental Divide National Scenic Trail passes through the nearby Santa Fe National Forest.

O'Keeffe spent summers at Ghost Ranch, but she enjoyed owning her own home in the village of Abiquiú, New Mexico. Her home can be toured by making a reservation. The Spanish hacienda, which she completely restored, also gave her fruits and vegetables from its well-irrigated garden throughout the winters spent in town. The village offers restaurants, an inn, art galleries and the Poshuouinge Ruins.

The Georgia O'Keeffe Museum in Santa Fe complements a visit to Ghost Ranch through its extensive collection of her works. Also exhibited are personal items, her paints, brushes and sketches. It is the first museum in America devoted exclusively to showing works by a female artist.

Sources:

I. www.ghostranch.org.

2. Hassrick, Peter H., editor. The Georgia O'Keeffe Museum, Harry N. Abrams, Inc., New York. 1997.

3. Brochure/Map, Ghost Ranch, 2023.

Now Offering Pre-Print Insert Services

Call Your Rep Today!



972-937-8447

www.nowmagazines.com



CELEBRATING 25 YEARS

Established November 1998

Compassion

Because we've been through it too



You don't have to march on alone. Allow us to walk with you during this difficult time.



811 S. Cockrell Hill Road, Duncanville, TX 75137 Phone: (972) 298-2334 jaynesmemorialchapel.com





If you are an adult who is afraid of going to the dentist, or even just a little extra anxious, Serenity Advanced Dentistry may be just what you are looking for. "We do a lot of sedation dentistry, mostly for adults," Dr. Allala explained. "It's kind of my niche. Many adults may have some pretty serious anxiety about going to the dentist. They may not even seek care. They'd rather be in pain. I provide a place to take care of these people. When patients elect to get treatment, we lower the statistics of people living in pain. I like being able to contribute to improving people's lives.

"Coincidentally, a lot of people who are anxious about going to the dentist are also people who don't have good insurance. That's a bad combination. I have membership plans for patients without insurance, and really good discounts on implants and dentures. A membership might not be necessary if you only need one simple procedure, but if you need sedation and a lot of work, it really pays for itself."

Dr. Allala is a graduate of the Texas A&M School of Dentistry. "When I started there, it was still Baylor. My diploma has both names on it," she recalled. "I specialize in oral surgery, and we're really good at it. I'm nothing without my team. We do everything in dentistry. I like being well rounded. I enjoy being an overachiever, so I'm constantly taking continuing education, keeping up with all the

newest techniques and technology. I'm also a native Spanish speaker. I grew up speaking both languages. Our YouTube videos explaining procedures are available in both English and Spanish."

Dr. Allala is proud of the service they provide at Serenity Advanced Dentistry. "I think we give five-star service. And I know my staff is five-star. We know what works and what doesn't. I know it sounds corny, but this is my life's work. Most of my staff have been with me for years, at different locations around DFW, before I came to Cedar Hill. I met Mariela seven years ago, in Pleasant Grove. It was my first job out of school. Racine has been with me four years. and Jazmine three years, both in Red Oak. Our newest team member is Jessica. She found us three months ago when she emailed me looking for an opportunity to shadow a dentist."

"I LIKE BEING WELL ROUNDED. I ENJOY BEING AN OVERACHIEVER, SO I'M CONSTANTLY TAKING CONTINUING EDUCATION, KEEPING UP WITH ALL THE NEWEST TECHNIQUES AND TECHNOLOGY."

Serenity Advanced Dentistry has all the newest technology to make your experience convenient. "We have hospital-grade blood pressure machines, so we can do sedation. We also have intraoral scanners, so I can see inside your mouth, from every angle, before I ever go in for your procedure. We print dentures and place implants right here in the office. With our skills and strategies, most patients don't even feel our injections. We have TVs in every room to keep you entertained while we work. It's all about efficiency - working smarter, not harder. That's why I designed the floor plan of the office myself. And we're really big on sanitation and sterilization. It's important to maintain a sterile environment, which is why we're closed every Friday for deep cleaning the office and training,"

theserenitydentist.com | 972-634-1434 Dr. Cristina Allala 605 E. Belt Line Rd., Suite 101, Cedar Hill









Helping Here





CROSSROADS

OF TEXAS

Country FESTIVAI



★ ★ FREE ADMISSION ★ ★ 200+ ARTISTS & CRAFTSPEOPLE, FOOD, 10+ STAGES OF LIVE MUSIC INCLUDING TEN TIME GRAMMY AWARD WINNER



more!

SATURDAY

9 A M - 7 P M



TEXASCOUNTRYFESTIVAL.COM * 469-309-4040



FRI & SAT NIGHTS
OCT 4-NOV 2
OPEN LATE UNTIL 1:00 AM

FREE PARKING

HAUNTED HOUSES AND A WHOLE LOT MORE...

ADDITIONAL ATTRACTIONS

Cool Ghoul Boolevard Monster Museum Rottingwood Cemetery

AND MORE!

Stage Shows presented by Whataburger Scary-Oke Games of Skill Shops

SOME ACTIVITIES REQUIRE

Food & Pubs

GET YOUR DISCOUNT TICKETS AT SCREAMSPARK.COM TODAY!

SCREAMSPARK.COM #SCREAMSPARK





Direct Mail Advertising Works!

Let MidlothianNOW Magazine present your advertising message to

Home & Business addresses in the Midlothian ZIP codes

For more information, please call your local advertising representative.

972-937-8447





www.nowmagazines.com

BURLESON | CORSICANA | ENNS | MANSFIELD | MIDLOTHIAN NORTH ELLIS COUNTY | SOUTHWEST | WAXAHACHIE | WEATHERFORD



Beautify Your Countertops!

Showers • Bathtubs • Countertops



Want To Save \$1000s? Don't Replace! Repair & Refinish

> October **Special**

Any Refinishing Job

\$695 or more if booked in October

817-633-9100

We Repair & Refinish Most Jobs in 2 Days or Less!



Offer Expires 10/31/24

 FREE ESTIMATES By Appointment Only

2627 S. Cooper St. Ste. E12 Arlington, TX 76015

We Repair & Refinish Countertops

- Tile Showers & Walls
- Fiberglass Tubs & Showers

www.ftworthrefinishing.com

Angies list 🕇 🎯 👛 🔤 💳 💳







DIETSOLUTION WEIGHT LOSS CENTERS

Dr. Alan M. Taylor II, Cardiologist



Rayven A., Mansfield, TX

I am thankful for Diet Solution Centers because I have been able to lose weight when nothing else has worked. I have tried low-calorie meals. working out, diet pills and devices. Diet Solution works because it holds you accountable every week, and they give you a diet with options that won't leave you feeling like you're starving. I have more energy and stamina than ever before, and I can fit into clothes that I haven't been in since I was 17.





MANSFIELD • BURLESON • WAXAHACHIE 817-453-3438

www.dietsolutioncenters.com







Crossword Puzzle

1	2	3	4				5	6	7	
8	1	1	\vdash	9		10			1	
11	T	T		T	12		T	T	t	
13	t	t		14	T	\vdash	1	T	T	15
			16		T		17	T	1	T
18	19	20				21		\vdash	T	T
22	t	\vdash	T		23		\vdash		S-17.	ts:
24	T	\top	\vdash	25		\vdash		26	27	28
	29	T	\vdash		T	T	30		T	\vdash
	31	T		\vdash		32	\vdash	T	T	t
	33	T	\vdash				34		+	+

Crosswordsite.com Ltd

Across

- 1 Jack of old oaters
- 5 Spread
- 8 Torus-shaped food
- 10 Convergence points
- 11 Sociable
- 13 Longbow wood
- 14 Moves rapidly. deflecting her
- 16 Egg drink
- 17 "--- Romeo slain himself?" (Shakespeare, "Romeo and Juliet")
- 18 The --, seat of the International Court of Justice

- 21 --- Neiman,
- sports artist 22 Speck
- 23 Used to be
- 24 Took the nudder
- 26 Mister in Mumbai
- 29 Descendants of Jacob
- 31 Invent
- 32 Texting alternative
- 33 Last resting place in Virginia
- 34 She was shortened by Henry

Down

- 1 Nervously irritable
- 2 Collective wisdom
- 3 Once more
- 4 Assault
- 5 Mollifies
- 6 Eye-related
- 7 Aware of
- 9 Heavy Chevy
- 10 Evergreen tree
- 12 Top gear?
- 15 Bashful
- 16 Digital
- 18 Possesses
- 19 Prison in New York
- 20 Occurs
- 21 Soup scoop
- 23 Minuscule

25 Stood for office

- 26 Laurel or
 - Musial
- 27 Bit strap 28 Sea key
- 30 Well, --monkey's uncle!

Online versions and solutions available at www.nowmagazines.com. From our Homepage, click on the Crossword-Sudoku tab. Click on a puzzle. Click on the See All button to view solutions.





Vanessa Zmolik Branch Manager | NMLS #373756 M: 469.337.4578

> vzmolik@guildmortgage.net Apply Online VanessaZmolik.com



Staci Fincher

Sales Manager | NMLS #469883 M: 469.337.4916 sfincher@guildmortgage.net

Apply Online v.StaciFincher.com

our team is here to be your guide.



Guild Mortgage Company: Equal Housing Opportunity; NML5 #3274, www.nmbconsumeraccess.org/, All loans subject to underwriter approval. Terms and conditions apply, subject to change without notice. Branch address: 129 5 9th St., Midfothlan, TX 76065. Branch address: 101 NW Main St., Ennis, TX 75119. For more licensing information, please visit



the \$50 winner even more.

















TOP QUALITY WOOD FENCES

Budget-friendly fencing that blends seamlessly with any home design.

TOP BUALITY **ORNAMENTAL FENCES**

Fencing that will stand strong through anything life can throw at it.



StandStrongFencing.com/south-fort-worth-tx



CBD LIFESTYLES

MANSFIELD TEXAS

SUITE 107

For over 5 years, we have been a leading presence in the DFW area as a major player in the cannabis industry. Our range of products aligns with the legalization brought about by the 2018 farm bill.

We have been operational both before and after the pandemic, and have gained valuable insights to assist our customers in coping with various challenges. Our commitment is to offer the finest quality products at

the most competitive prices.

CBD oils and pet products. Additionally, we provide THC products for those seeking a more intense experience. We aim to cater to everyone's needs by offering a diverse range of products to assist with various purposes. Our selection includes THC Flower, also known as Buds, which is similar to what is available in California or other legal states. We offer many strains that are made accessible by the 2018 Farm Bill.

We offer a variety of

SEE YOU SOON!

10/5

Autumn Beats Concert:

Featuring Animals: The Maroon 5 Tribute. Bring chairs and blankets for lawn seating. Food for purchase. Outside food, beverages and coolers are allowed. 7:30-9:30 p.m., Midlothian Community Park, 3601 S. 14th St.

10/12

Heritage Day:

Hosted by the Midlothian Downtown Business Association to celebrate the history and community of Midlothian. Free lunch while it lasts, along with drink and dessert vendors, plus live music, kids' zone and a beer garden added this year.

11:00 a.m.-6:00 p.m., downtown Midlothian. Learn more at the event's Facebook page @2024 Midlothian Heritage Day or @MidlothianDBA.

10/19

Wildflower Walk:

1/2-mile walk to learn about wildflowers, native plants and animal life, guided by Texas Master Naturalists Indian Trail Chapter of Navarro and Ellis Counties. 9:00-11:00 a.m., Mockingbird Nature Park, 1361 Onward Rd.

Chamber Bingo:

Ten rounds of bingo with prizes. Cocktails begin: 6:00 p.m.; first round of bingo: 7:00 p.m., Midlothian Conference Center,

1 Community Dr. Learn more or register at midlothianchamber.org/ chamber-bingo.html.

10/20

Fall Festival:

Free admission for horse riding, games, prizes and candy. 1:30-4:30 p.m., Wagon Wheel Cowboy Church, 328 Hoyt Rd., Waxahachie. Learn more at www.wagonwheelcowboychurch.org.

10/26

Crossroads of Texas Country Festival:

This new and improved arts and music festival includes 10-time Grammy Award winner Asleep

at the Wheel, 200-plus artists/ craftspeople, music on 10-plus stages, food and more. Free admission. 9:00 a.m.-7:00 p.m., Downtown Waxahachie. www.texascountryfestival.com.

10/31

Downtown Trick or Treat:

Participating merchants share prepackaged candy with costumed visitors. 8th Street will be closed to through traffic during the event. 4:00-6:00 p.m., downtown. Event will continue in case of light rain, but will be cancelled in severe weather.

Submissions are welcome and published as space allows. Send vour current event details to angel.morris@nowmagazines.com.



NOW ACCEPTING NEW PATIENTS



Start a healthier and a happier life @ DivineTouch!





Dr. Tomi Ola-Peters MD. DipABIM, DipABLM American Board of Obesity Medicine Diplomate

Women's & Men's Health • Sick Visits • Physical Exams Wellness Exams • Chronic Disease Management Allergy Treatments • Supervised Weight Loss Program



★★★★★ PATIENT CARE RATINGS

"The staff and doctor at this location are exceptional."

"The whole place was very clean and nice, with complimentary coffee and water."

"Very kind, thoughtful, and thorough service."

Committed to Providing Compassionate Care

682.422.9950

304 N. Mitchell Rd., Mansfield, TX Located behind the new Mansfield H-E-B

divinetouchmedical.com





BEAT THE HOLIDAY RUSH!

Less than 90 days until Christmas



H 19.99% OFF

(Minimum 120 LF) Must present this ad. Not valid with other offers. Expires 10/31/24.



SCAN TO SCHEDULE NOW!

817.646.6291

trimlightdfw.com/now





10/12/2024 11am-6pm

in Downtown Midlothian

Celebrating the History and Community of Midlothian

Fun Family Events:

- Noon FREE Lunch while it lasts
- Non-profit and Community booths
- · Retail booths
- · Kids zone with ponies
- Petting zoo
- Bounce houses
- Pie eating contest
- Live music and local acts all day
- Scarecrow Festival judging and awards



Presented by:







Lunch Sponsor





* Sponsor as of printing

For more information, email: midlothiandba@gmail.com





American Made Granite, marble & quartz fabricator for kitchen & bathroom countertops.

Extensive color selection combines beauty, function & elegance for any bathroom or kitchen!

- FREE Estimates Competitive Pricing
- Up to 15-year Warranty on Some Products

2460 Hwy. 287 N. • Mansfield (Northbound service road – between Callendar Rd. & Turner-Warnell)

For more info call 817.477.8663

