RED OAK | FERRIS | GLENN HEIGHTS | OAK LEAF

# NorthEllisCoNOW

电源 1 音 P

OCTOBER 2021

# Making of a Mentor

Wes Dorough knows caring counts

Also inside: Scavenger Hunt Crossword/Sudoku Featured Business: Morgan Dentistry

015 19699 3047809 4.0 009 XT 644140 XT 644140 02464 186939

Postal Customer

In the Kitchen With Shane Croft

#### DR. FREDERICK D. HAYNES III GLOBAL PREPARATORY ACADEMY AT PAUL QUINN COLLEGE



DALLAS

#### Growing Global Changemakers in Southern Dallas

An international education program, first of its kind to be housed on a Historically Black College and University (HBCU) campus, giving students the opportunity to experience college life from an early age.

- Enrolling 6th- and 8th-graders
- · Adding one grade each year up to 12th

Visit: dollasisd.org/quinnglobal | 3837 Simpson Stuart Road, Dallas, TX 75241 | 972.749.3300



Application period for 2022–2023 begins in November. Apply at dallasisd.org/choosedallasisd



CHOICE

#### Dallas Hybrid Preparatory at Stephen J. Hay

First school of its kind in Dallas. Located in the Turtle Creek/Oak Lawn area.





Application period for 2022–2023 begins in November. Apply at dallasisd.org/choosedallasisd





#### Transforming Traditional Learning— Bringing School to Your Home!

Offering a creative and flexible learning environment for students in grades 4th - 7th grade. Additional grade levels to be offered in future years. The new hybrid school allows your child the opportunity to attend school remotely and on campus. Students attend school three days a week from home and two days face-to-face in a small, boutique campus.

Visit: www.dollosisd.org/hyridschool | 3801 Herschel Ave., Dallas, TX 75219 | 972.749.2800

DALLAS

DALLAS

#### WORK OR LIVE NEAR DOWNTOWN DALLAS? THESE ARE YOUR CHOICES!



IGN TE DISCOVER YOUR SUPERPOWER!

- Grades 6 through 8
- Personalized Learning School
- Career Exploration & Purpose-Driven Learning
- Technology and Project-Based Learning

972.794.7770 | DALLASISD.ORG/IGNITE Twitter @lgniteDISD



#### ONE-OF-A-KIND STUDENTS DESERVE A ONE-OF-A-KIND EDUCATION!

- Grades 9 through 12
- Personalized Learning High School
- Launching Next Generation of Innovators and Entrepreneurs



972.794.6800 | DALLASISD.ORG/IDEA

### CHOOSE DALLAS ISD D.A. HULCY STEAM MIDDLE SCHOOL



STEAM CURRICULUM | PROJECT-BASED LEARNING



Transforming Learners into Leaders 9339 South Polk St., Dallas, TX 75232 | 214,932,7400 | Dallasisd.Drg/Steam



# Green Tree Pecan Company Est. 1984

Hours: Mon.-Fri. 8 a.m.-5 p.m. Sat. Hours: 8 a.m.-12 p.m. 903-345-2535 | Hwy. 31 W., Powell, TX Owners: Kim & Dennis Bancroft HACC Compliant

Expanding Into the Building Next Door!

SERVING LUNCH DAILY Hamburgers, Hot Dogs and Sandwiches Made with Fresh Sliced Meat from Our Deli Counter

一部门福川

WE SHIP

"In God, whose word I praise, in God I trust; I shall not be afraid." ~ Psalms 56:4

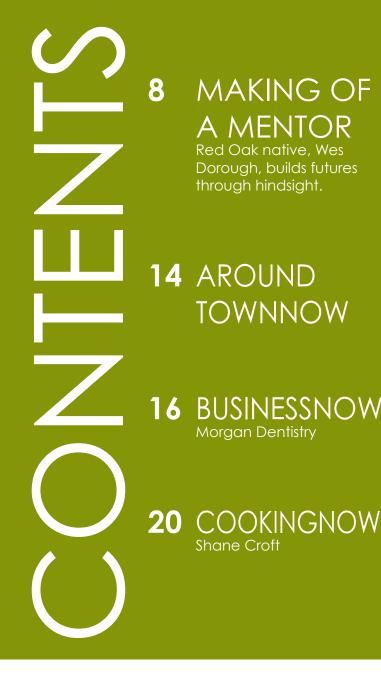
#### NEW ITEMS ADDED REGULARLY!

Seasonal Gift Items Inside & Outside Decor New Crop Pecans Walnuts Manonds Dried Fruit Pecan Fruit Pecan Brittle Pecan Pies Fried Pies Chocolate Candies Jams & Jellies Sauces Vegetable Plants Pecan Trees Fruit Trees

Providing the Freshest Pecans for 35 Years!

If You Can't Get in to See Us ... Check Out Our Website! www.greentreepecan.com

October 2021 | Volume 16, Issue 10





Publisher, Connie Poirier | General Manager, Rick Hensley

#### **EDITORIAL**

Managing Editor, Becky Walker | North Ellis County Editor, Angel Morris Editorial Assistant, Lori Widdifield Writer, Virginia Riddle Editors/Proofreaders, Lisa Bell . Rachel Rich . Virginia Riddle

#### **GRAPHICS AND DESIGN**

Creative Director, Chris McCalla | Artists, Kristin Bato Martha Macias . Anthony Sarmienta . Jennifer Spence

#### PHOTOGRAPHY

Photography Director, Chris McCalla Photographer, Shane Kirkpatrick

#### **ADVERTISING**

Advertising Representatives, Cherise Burnett . Linda Roberson Dustin Dauenhauer . Bryan Frye . Linda Moffett Constance O'Bryan . Lori O'Connell . William Perron

Billing Manager, Angela Mixon



#### ON THE COVER

Wes Dorough is the recipient of the first ever Carl Smith Outstanding Mentor Award presented by Mentors Care.

**Photo by** Shane Kirkpatrick.

North Ellis Co.NOW is a NOW Magazines, L.L.C. publication. Copyright © 2021. All rights reserved. North Ellis Co.NOW is published monthly and individually mailed free of charge to homes and businesses in the Red Oak, Ferris, Ovilla, Bristol, Glenn Heights, Pecan Hill and Oak Leaf ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 937-8447 or visit www.nowmagazines.com.

# WELCOME \* BACK \* ALUMNI

## **HOMECOMING** FRIDAY, OCTOBER 15

Parade/Pep Rally 2:00 рм Alumni Reception www.RedOakISD.org/Alumni 5:30 PM Football Game vs Midlothian 7:00 PM



**REDOAKISD.org** 

# Coffee TALK

Join Superintendent Brenda Sanford as she visits campuses throughout fall to meet with parents, students, and members of the Red Oak ISD community!

Oct 6	7:30 AM	Red Oak ES
Oct 20	7:30 AM	Eastridge ES
Nov 3	7:30 AM	Wooden ES
Nov 17	7:30 AM	Schupmann ES
Dec 1	7:30 AM	Shields ES
Dec 15	8:00 AM	Red Oak MS

www.RedOakISD.org/CoffeeTalk

Oct. 4 - State Fair Day (No School) Oct. 8 - Varsity Football Pink Out Oct. 11 - Education Foundation Partnership Golf Tournament Oct. 15 - Parent/Teacher Conferences and ROHS Homecoming Oct. 18 - Staff Development (No School for Students) Oct. 25-29 - Red Ribbon Week Nov. 8 - Staff Development (No School for Students) Nov. 11 - Veterans Day





Angel Morris North Ellis Co.NOW Editor angel.morris@nowmagazines.com (972) 533-7216

## EDITOR'S NOTE

#### What a day!

Wouldn't it be weird if one day we woke up and everyone just *behaved*? I mean, can you even imagine? If we followed basic social etiquette guidelines like saying, "Please" and "Thank you," and holding the door for the person behind us? What if we stepped outside to take phone calls in public and, even better, turned our phones off when visiting with folks in person? How about looking at people when they speak to us and acknowledging we heard what they said?

Oh! What if we made a point to be on time for activities to which we actually sent an RSVP? Could we wait until everyone was served before digging in to our own meal? How about bringing a small token of appreciation to a host, or writing thank-you notes for gifts we received?

What would it be like if we stopped our grocery carts on the side of the aisles instead of smack-dab in the center? Then — get this — *returned* our buggies to the exterior corral rather than leaving them to roll into other people's cars? What if we then used our turn signals when we exited the lot? Or let people in front of us in traffic and shared a friendly wave with others who allowed us to cut in?

Can you fathom the difference these small things could make? Might we be able to move on to bigger courtesies? Could there *really* come a day when we actually treated everyone with kindness regardless of our differences? When we didn't accept the status quo, but recognized we're meant to work *together* for good? What if everyone woke up and just did their best?

What a day, indeed!



### NOW ACCEPTING THE FOLLOWING INSURANCES!

Aetna WellMed Cigna Humana Medicare WellCare Blue Cross Blue Shield | United Healthcare Scott & White | Molina | Superior Health | Healthscope DART | TriCare and many, many more



Dr. Mikelson MomPremier, MD FACS Board Certified Ophthalmologist

Please visit our website www.DeSotoEyeDoctor.com to see the many other insurance options we have available.

### MOM PREMIER EYE INSTITUTE

1510 N. HAMPTON ROAD SUITE 290 DESOTO, TX 75115 T: 469.687.5664 F: 469.317.3344 WWW.MOMPREMIER.COM



General Dentistry Accepting New Patients

Mark Morgan, DDS Sarah Key, DMD MS



1618 W Hwy 287 Business Waxahachie • 972-937-6654 Extended Hours to Better Serve YOU!





# DO YOU SUFFER FROM ....



- Leg or Ankle Swelling
- Leg Pain, Aching or Cramping
- Restless Legs
   Varicose or Spider Veins
- Leg Heaviness or Fatigue Burning or Itching Skin • Skin Changes or Rashes

If you answered yes to any of the symptoms above, then you could have Venous Reflux Disease. If left untreated, Venous Reflux Disease may worsen over time and develop into a more serious form of Venous Disease called Chronic Venous Insufficiency.



Call for your comprehensive evaluation and ultrasound. (817) 668-1360 Office Locations;

Weatherford • West Fort Worth • Plano • Graham • Waxahachie Corsicana • Dallas • Frisco Medicare and commercial Insurances accepted.

# Impressions Salon Etc.

Where Magic Happens for Skin & Hairl

\$20 OFF Cut & Color

No Tricks Just Sweet Dealsl 20% OFF All Aveda Products the Week of Halloween

One coupon per customer, per month - Expires 10.31.21 BRING IN COUPON TO REDEEM.

Cut, Color & Highlights • Balayage & Ombre • Blow Outs
 Special Event Hair • Brazilian Blowout • Manicures / Pedicures
 • Massage • Skin Care • Bridal Parties

Hair, Skin & Make-Up Products

Massage & Esthetician lease space available.
Hiring exceptional stylist.
We offer you everything but your tools.
Join our team and receive high commission salaries.

202 Suite B N. 1-35 • Northbound Service Rd. between Ovilla & Red Oak Rds. Red Oak • 972-617-6300 • Open at 8 a.m. Tues. Thru Sat.

# ALL EYE We Accept Most Major Insurance

### **Rediscover** Clarity.

Don't let cataracts hold you back from doing the things you love. Dr. Rugwani now offers **AcrySof**<sup>®</sup> IQ Vivity<sup>™</sup> – the first and only U.S. approved non-diffractive extended depth of focus intraocular lens for cataract patients.

Vivity<sup>™</sup> is a presbyopia-mitigating intraocular lens option that provides clear vision at distance and intermediate, with functional near vision.

800 N. Hwy. 77, Ste. 100, Waxahachie, TX (Next to HEB) 972-937-4433 • AllEyeCare.com • AllOpticalCare.com

Raj Rugwani, MD Board-certified Ophthalmologist

**AVEDA** 



Red Oak native Wes Dorough uses hindsight to help others see their future more clearly. As a participant in Mentors Care, a nonprofit group that mentors high schoolers, Wes has helped three local teens find their confidence and pursue their dreams. "They all had a lack of support and needed someone to feed them with encouragement, truth and hope," he noted.

# MAKING OF A ENITED

#### By Angel Morris

Struggles in his own life — and a failure to listen to some who tried to guide him along the way — made Wes keenly aware of the importance of strong mentors. "In high school, I was preoccupied with baseball and fun. I put forth only the effort necessary to pass class so I could play," he admitted. "I had mentors who poured into me, but I didn't understand how much they were trying to help me. I didn't realize how much working hard in school would have helped me grow and prepare for life."

Wes went on to earn his bachelor's degree in kinesiology from East Texas Baptist University, then became a construction manager for John Houston Homes. "Early in my career, however, I was making a lot of unhealthy decisions personally. I was seeking out a lot of things to fill a void. Because of these decisions and bad habits, my marriage and career were hanging by a thread," Wes reflected.

The turning point came in June 2017, when Wes and his wife discovered they were unable to have children. "I was on my patio crying and asking why I was going through all this pain at work and at home." Right there on his back patio, Wes had a spiritual experience in which he sensed God's love and forgiveness. With gratitude, he chose to trust and follow God.

Wes said it was then he realized how self-centered and stubborn he had been.



Our members enjoy access to world class quality care, significant cost savings, predictable healthcare bills, telemedicine, discounted labs & imaging, and more, all for less than a cup of coffee day.

**Plans start at** 

\$40 per month!



#### Federico Maese, MD

Have a High Deductible? Save thousands of dollars on discounted labs & imaging without worrying about denials or surprise bills!

\$0 Office Visits Unlimited Telemedicine Internal Medicine Cardiology Discounted Labs & Imaging Medical Weight Loss Hormone Therapy and more!



Call 469-949-3499 to learn more about our healthcare membership today!

> theangelplan.com 269 E Ouilla Rd # 100 Red Oak, TX 75154

"I was making these unhealthy decisions expecting a healthy result. I was relying only on myself and not seeking help from others. It had been all about me which led to emptiness, but after letting Jesus be the center of my life, healing, purpose and growth followed."

At the same time Wes began to acknowledge the importance of faith, a friend from high school began working with him at John Houston Homes. "He showed me that true leadership is characterized by men who serve others wholeheartedly," Wes acknowledged.

A new outlook led to healing in Wes's career and marriage. "Because I had a friend who met me where I was at and encouraged me to grow, I wanted to do the same for others, so that they could experience the healing and purpose that I have been given." Wes found that opportunity through Mentors Care, the program that "encourages action, hope and a future using volunteer mentors from the community to reach at-risk youths."

"The three young men I was partnered with made decisions to grow healthier and became more confident. They graduated, joined the workforce and started college," Wes outlined. "They are future leaders and will make a positive impact in the world in their own unique ways."

Wes said his primary goal as a mentor is, "to listen to them, love them and encourage them to never give up. I want to remind them that they have what it takes and honestly share from my own life experiences of what works and what doesn't."

Wes' efforts resulted in him receiving the first ever Carl Smith Outstanding Mentor Award earlier this year. The late



Carl Smith was a former Mentors Care board member and former Midlothian ISD school board trustee who was dedicated to helping struggling students. Wes was chosen to receive the honor out of more than 225 mentors across seven North Texas high schools.

"I would not be where I am today without Jesus and the many mentors He has placed in my life," Wes said upon receiving the award. "I'm humbled and thankful for the opportunity to help others."

Wes encourages others to use their own life experiences to mentor, as well. "You don't have to have all the answers. It's about being transparent about your own growth and genuinely seeking to understand people in order to help them," he promised. "It's like planting a seed and watering it every week knowing that, at the right time, it will bloom on its own when it's ready."



Wes also inspires folks through fitness. "I love helping people with health and wellness! Starting a class at work to help our employees physically, mentally and spiritually is one of my biggest successes."

Acknowledging his own improvement as a mentor, Wes said volunteerism is as much for himself as his students. "Being a volunteer at Mentors Care is one of the best ways to make a positive impact that could change generations to come," he explained. "It feels good to grow personally, but it's way better seeing someone else grow and knowing that you helped them get there." REAT GATSBY Jaca Red Oak Area Chamber

Red Oak Area Chamber of Commerce Annual Dinner & Auction

Saturday, October 16, 2021 6:00 PM - 9:00 PM CDT

Red Oak Municipal Building 200 Lakeview Pkwy., Red Oak, TX

> 6:00 PM: Cocktail Hour & Silent Auction Opens

> > 7:00 PM: Dinner

8:00 PM: Silent Auction Closes & Live Auction Begins

The live auction will be featuring Walt Cade, one of the country's highest acclaimed auctioneers and star of A&E's Storage Wars Texas.



Presenting

Sponsor

For reservations, donations or more information, call or contact us at 972-617-0906, www.redoakareachamber.org or email at admin@redoakareachamber.org

ATTORNEYS AT LAW

#### PROTECT THE THINGS YOU CHERISH THE MOST

Products and services to meet all your insurance needs
 Call to see if you can save



#### Marianne Whitley

Your Local Agent 117 W OVILLA RD GLENN HEIGHTS, TX 75154 MWHITLEY@FARMERSAGENT.COM

Call 972.223.9992 today! For Home, Auto, Life and Business.



Restrictions apply, Discounts may vary, Not available in all states. See your agent for details, Insurance is underwritten by Farmers Insurance Exchange and othur atfiliated insurance companies. Vait farmers com fur a complete feiting of companies. Not all insurance are authorized to provide insurance in all states. Covarage is not available in all states.



# OCTOBER IS NATIONAL DENTAL Hygiene Month

HAVE YOU GOTTEN YOUR 2 CLEANINGS IN THIS YEAR? Make an appointment today!

FAMILY DENTISTRY



Family and Emergency Dental Care

Accepting New Patients of all ages!



Additional locations: E. Dallas, Garland & Pleasant www.accessstoragedallas.com



Johnathan Merrill enjoys the NEC Scavenger Hunt and is now the lucky winner of the \$50 cash prize from North Ellis Co.NOW Magazine!

#### Celebrating 11 Years of Business!

FREEDOM HEATING & AIR Sales-Service-Maintenance Residential-Light Commercial

Heating & Air Conditioning Solutions Maintenance Plans, Repairs & Tune-Ups

Smart Thermostat Installation Duct Cleaning & Duct Sealing Solutions

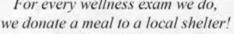
Quality Service on ALL Brands 10 YEAR Worry-Free Warranty on Service, Labor and Parts for NEW Equipment

Our trained, insured & licensed cooling & heating technicians can help!

Call Today!







972-617-9996 3357 Ovilla Road in Ovilla www.OvillaVet.com 7am-6:30pm Monday-Friday







### **Zoomed In:** Meg Habasevich

By Angel Morris

Devastating happenings like the global pandemic and Texas ice storm led fouryear Red Oak resident, Meg Habasevich, to create an event that would unify people "regardless of faith, ethnicity or political beliefs." October 10, the community is invited to gather at Waxahachie's Lumpkin Stadium, where leaders will encourage healing of hearts and minds. "The support was overwhelming. Doors started opening, and people came forward to be involved," Meg said of her idea.

Involving 18 team members and volunteers from across Ellis County, the free twohour inspirational event will feature a minister and author, Will Ford III, as keynote speaker and musical support from Southwestern Assemblies of God University. "We hope our example spreads until every county in Texas is doing something to unify and spread love in our communities!" Meg prompted.

## Around Town



Friends Caleb and Hudson climb trees near their homes in Ovilla.



Cole and Deboni Naylor have fun with Camila and Kalea Gallegos at Issa Vibe Nutrition.



Emma Cooper, Kristi Todd and Meagan Cooper welcome guests to Belle Studio's registration party.



First Red Oak Church volunteers assist in the 4:19 Food Pantry and North Texas Food Bank mobile distribution.

# NOW



Kentoshia McCoy meets the ROHS Hawk mascot at Red Oak's Founder's Day.



Class of '22 members make memories at the Senior Sunrise breakfast.



Billy Burkes models a LEGO costume at Tight Wallets Resale.



Monty Grant and Taylor Hunter share Chick-fil-A Red Oak's My Pleasure Model.



Call for more information or to reserve your seat (reservations not required)

#### Medicare Information Resource Join us for an hour of education.

Meeting in the Lyceum Room with Debbie Hart

Oct. 6th 5:45 PM to 6:45 PM Oct. 20th 5:45 PM to 6:45 PM

Waxahachie Library 413 W. Main Street, Waxahachie, TX





# BusinessNOW Morgan Dentistry

By Angel Morris

#### Morgan Dentistry

1618 W. Hwy. 287 Business Waxahachie, TX 75165 (972) 937-6654 morgandentistry.co

**Hours:** Monday-Thursday: 7:00 a.m.-6:00 p.m. Friday: 7.00 a.m.-4:00 p.m.

Morgan Dentistry celebrates its 50th anniversary this year, after opening in May 1971, and remains family-owned and -operated to this day. Originally located in Northgate Center by Dr. Mackey Morgan, the business has had two additional locations, including its Waxahachie address in the Medical Plaza. "At its beginning, Waxahachie had a population of



approximately 14,000 residents, and Morgan Dentistry was the fifth dental practice in town," current owner, Dr. Mark Morgan, noted.

Dr. Mark joined his father at Morgan Dentistry in January of 1994, and the two worked together until Mackey's retirement in 2019. Like his father, Dr. Mark has helped Morgan Dentistry keep pace with not only the community's growth, but also with advances in dental treatment and technology — all while maintaining a commitment to deliver the very best in dental care to patients.

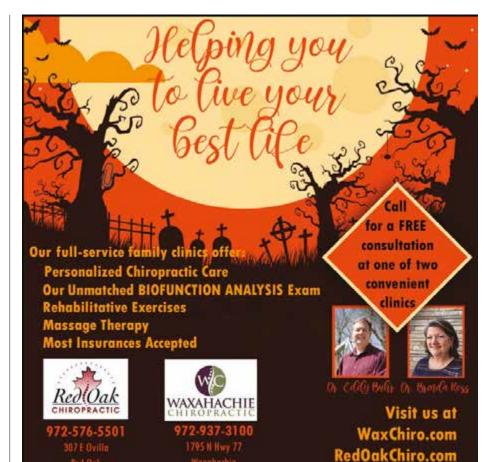
The dental office strives to provide personalized treatment for each patient in a friendly, comfortable atmosphere. Patients have individual needs, concerns, desires and dental histories that are taken into account to provide this customized care. "Along with understanding patients' dental concerns, getting to know our patients personally also provides additional comfort and personalized service," Dr. Mark promised. "Current patients are often children, or even grandchildren, of other patients. Additionally, many of the Morgan dentistry employees have been with the office for many years. Patients enjoy the consistency of seeing familiar faces throughout the office at each visit."

While Morgan Dentistry has grown and changed in its half-century of service, its culture and environment has not. "Our goal has always been to provide the best dentistry possible in a comfortable and safe office. We are fortunate to have trained employees with the same attitude that have been a part of our office for more than 20 — and in some cases 30 — years!" Dr. Mark calculated.

Dr. Mark and Dr. Sarah Key are the two dentists serving Morgan Dentistry. Dr. Mark is a 1985 graduate of Waxahachie High School, a 1989 graduate of Texas A&M University and a 1993 graduate of UT Health School of Dentistry, San Antonio. Dr. Mackey was also a Texas A&M graduate in 1963, then graduated UT Health School of Dentistry, Houston in 1967. Dr. Sarah Key graduated from University of Georgia in 2014 and University of Louisville Dental School in 2019.

Working with 11 additional staff members that comprise the dental team, Morgan Dentistry offers general dental services, including cleanings, checkups, fillings, crowns, bridges, implants, root canals, tooth extraction, bleaching and veneers. The staff members are also no stranger to serving the community outside the dental office. "Staff members spend time biweekly assisting Waxahachie Care in creating food packages for distribution," Dr. Mark praised. "We also donate monetarily to various charities in the community, Waxahachie school organizations and booster clubs, as well as volunteer for organized dental charity events where dental services are provided at no cost to individuals in need."

If Morgan Dentistry's longstanding tradition of care and service to the area is not enough, Dr. Mark hints at more to come: "There is a third-generation Morgan interested in joining the dental practice," he noted.



# JOIN OUR OTA PROGRAM





North Ellis Co. NOW Scavenger Hunt



in 5 different ads in this issue (not counting the one above).

Email the page numbers and specific ads where they are found, plus your contact information and phone number, by October 15th. To ensure your Scavenger Hunt answers go in the drawing, you must use the

Scavenger Hunt Email scavenger.nec@nowmagazines.com



scavenger.nec@nowmagazines.com





DON FELDER

(former lead guitarist of the Eagles)

#### Sunday's Headliner, THE BELLAMY BROTHERS

Cornhole Tournament, Haymaze, Pumpkin Patch, Pumpkin Painting, Carnival Rides, Kids Craft Area, Corn Pit, Costume Contest, Food, Shopping Vendors and more!

For a schedule of events and more information:

VISITENNIS.ORG 🍪 972.878.4748

LARGEST FAMILY-FRIENDLY FALL EVENT IN TEXAS

GHHB













Shane Croft started cooking as a child. "I grew up in a single-parent home in Midlothian," he said. "My mother wasn't always there to cook due to being at work, so I learned to cook from my mother and grandparents. My grandfather taught me the majority of what I know about cooking with a wood fire," he added. The owner of East Texas Barbeque Company, Shane also works at Martin Marietta full time.

Having mastered grilling and smoking, Shane enjoys taking new recipes, adding ingredients, changing cooking techniques and making the recipes his own. "I love to eat, travel and enjoy doing anything outside, from hunting to hiking," he remarked. "Cooking, especially during the holidays, is the perfect way to join family and friends together." NOW

#### Jerk Chicken Rasta Pasta

- 2 4-oz. chicken breasts
- 4 Tbsp. Walkerswood Jerk Seasoning (divided use)
- 1 Tbsp. browning sauce
- I Tbsp. thyme, fresh or dried leaves
- 1 tsp. olive oil
- 1/3 green bell pepper, sliced

- 1/3 red bell pepper, sliced
- 1/3 orange bell pepper, sliced
- 1/3 cup green onion, chopped
- 2 garlic cloves, chopped
- 3 cups heavy whipping cream
- 2 cups Parmesan and mozzarella,
- freshly grated
- l tsp. paprika
- I tsp. Old Bay Seasoning

Salt, to taste Pepper, to taste I 16-oz. pkg. Barilla Mezze Penne Pasta, cooked according to pkg. directions Garlic bread

 Rub the chicken breasts with 3 tsp. of jerk seasoning; place the chicken in a Ziploc bag.
 Add the browning sauce and thyme. Coat well; refrigerate to marinate for at least 4 hours.

Smoke the chicken at 250 F until it reaches an internal temperature of 165 F.
 The sauce can be made ahead of time or while the chicken is smoking. In a large skillet, add the olive oil. Add the peppers and onion; sauté over medium heat for 5-6 minutes.

5. Add the garlic; sauté an additional 2 minutes. Add the heavy cream; bring the sauce to a slow boil while stirring.
6. Stir in the cheese. Add the paprika, Old Bay and 1 tsp. jerk seasoning; stir.
7. Cook for 5 minutes; add the salt and

pepper. Add the pasta and a thinly sliced chicken breast; toss the pasta and chicken, coating it well with the sauce.8. Pour the chicken and pasta onto a serving platter; top with the remaining sliced chicken breast. Serve with garlic bread.

#### **Grilled Lobster Tail**

- 4 lobster tails, washed
- 4 Tbsp. East Texas Barbeque Company Honey Chipotle Rub
- I stick Kerrygold Garlic & Herb Butter, melted

**I.** Using kitchen shears, split the top of the shells down the middle; use fingers to separate the meat from the shell, leaving it attached at the bottom.

**2.** Rest the meat on the shell tops; season all meat sides with the rub.

**3.** Place the seasoned shells/meat on a preheated grill at 300 F; cook to an internal temperature of 145 F. Baste with butter while cooking.

#### Fresh Apple Cake

Note: This cake can be served warm or at room temperature. It crumbles less when cooled.

2 cups sugar 3 cups flour 1 tsp. baking soda 1 tsp. salt 1 heaping tsp. cinnamon 3 cups tart apples, peeled and chopped 2 eggs 2 tsp. vanilla 1 1/2 cups canola oil 1 cup pecans or walnuts, chopped

**I.** Grease a Bundt pan; in a bowl, mix all ingredients with a spoon.

**2.** Pour the batter into the pan; bake at 350 F for 1 hour, or add 15 minutes if a crisper crust is desired.

**3.** Cool the cake for 10 minutes; flip it onto a serving plate.

#### **BBQ** Rub

cup dark brown sugar
 1/2 cup paprika
 1/2 Tbsp. course black pepper
 1/2 tsp. chili powder
 1/2 Tbsp. garlic powder
 1/2 Tbsp. onion powder
 1/2 Tbsp. cayenne pepper
 2 Tbsp. kosher salt

**I.** In a bowl, combine the brown sugar and paprika; mix well with a fork, removing clumps.

# FALL EVENTS AT



353 SUGAR RIDGE RD. IN BRISTOL, TX

# OETOBER

2ND MUSIE/MARDI GRAS: DAVID WASHBURN 4:30-6:30 FM 9TH MUSIE: DANIEL SAMFLEY 4:30-6:30 FM 16TH MUSIE: NATIONAL BOSS' DAY WITH JOSH JAEEARD 4:30-6:30 FM 22ND MUSIE: JOHN JOHNSON 5-7 FM 23RD MUSIE: JADE FLORES 3:30-5:30 FM 30TH TBA



FOR RESERVATIONS AND EVENTS, PLEASE CONTACT CHRISTAL AT 972-841-8194 OR CHRISTAL@SUGARRIDGEWINERY.COM. **2.** Add the remaining ingredients; mix well. Store in an air-tight container or Mason jar.

#### **Beef Tenderloin**

3-5 lbs. beef tenderloin

- 4 Tbsp. East Texas Barbeque Company White Lightning Rub
- 4 Tbsp. East Texas Barbeque Texas Mojo Rub
- 4 Tbsp. Kerrygold Garlic & Herb Butter

**I.** Trim all the silver skin off the tenderloin; either roll the smaller end under and tie or trim the smaller end to make the tenderloin proportioned.

2. Wearing gloves, season with the White

Lightning Rub; allow the tenderloin to set a few minutes before applying the Texas Mojo Rub.

**3.** Place the tenderloin in a smoker; smoke at 250 F until an internal temperature of 125 F in the thickest part is reached.

**4.** Remove the tenderloin from the smoker. Wrap it in foil with 4 pats of butter; allow the tenderloin to rest for 30 minutes.

#### Jerked Shrimp Tacos

Tacos: I Ib. shrimp, peeled and deveined Wooden skewers I 12.25-oz. bottle Great Value Caribbean-Style Jerk Marinade



2 Tbsp. Walkerswood Jerk Seasoning

I pkg. Mission Street Tacos Yellow Corn Tortillas

#### Mango Avocado Salsa:

- I mango, peeled and diced
- I avocado, diced
- I jalapeño, diced (Remove seeds for less heat.)

I/4 cup purple onion, diced
I/4 cup cilantro, chopped
Juice of 1 lime
I/2 tsp. celery salt

 For tacos: Place the shrimp on skewers, using two skewers, one for each side; place the skewers in a large Ziploc bag.
 Add 1/2 to 3/4 of the marinade bottle and the jerk seasoning to the bag. Toss well; marinate for 2 hours.

**3.** On a grill or over charcoal, bring the temperature to 350 F. Remove the shrimp from the bag; shake off any excess marinade before placing the skewers on the grill.

Cook to a 145 F internal temperature.
 Don't let the marinade's sugar burn.
 Remove the skewers from the grill; warm

the tortillas.6. For salsa: In a bowl, combine all ingredients; fold carefully so the avocado isn't mashed.

**7** Assemble the tacos; top with the salsa.

### Advances, upgrades, and nationally recognized care.



It's time to experience a whole new Methodist Charlton Medical Center. Today you'll find nearly 300 physicians in 58 specialties on the medical staff, comprehensive robotic surgery options, nationally recognized cardiac care, advanced cancer treatment and, opening fall 2022, an entirely new emergency department. And that's just the beginning. Providing the care you need in your neighborhood for nearly 50 years. That's community. And why so many people **Trust Methodist**.

#### Visit us at ChooseChariton.org or call 877-637-4297



Tenso law provide reception from practice produces. The physicians on the Methodist Heads System medical staff are independent practices are not are not employee or agents of Methodist Chariton Redical Cartler, Nethodist Headth Byttem compiles with applicable Federal over rights laws and does not discrimination in the basis of race, color institution, age, disability, or two.

Happy Halloween!

CREATING A BEAUTIFUL SMILE IS EASIER THAN YOU THINK.

DENTISTRY CAN BE PAIN FREE & AFFORDABLE.

# TODAY!

#### AVAILABLE SERVICES:

- INVISALIGN
- WHITENING
- . CROWN AND BRIDGE
- TOOTH COLORED FILLINGS
- IMPLANTS/MINI IMPLANTS
- PERIODONTAL TREATMENT
- DENTURES AND PARTIALS



www.williamabrowndds.com • williamabrowndds@gmail.com GENERAL DENTISTRY • 226 N. CEDAR RIDGE RD. DUNCANVILLE, TX 75116

## **Crossword Puzzle**

	1	2	3			4	5	6	7	
8		+	$\vdash$	9	7	10	+		+	
11	1	+	$\vdash$	+	12		+	$\vdash$	+	
13	-	+		14	+	+		15	$\vdash$	16
			17		$\vdash$	┢	18		+	+
19	20	21		$\vdash$		22	$\vdash$	$\vdash$	+	+
23	1	+	$\vdash$	$\vdash$	24		$\vdash$			
25		-		26	$\vdash$	+		27	28	29
	30	1	31		+	$\vdash$	32			$\uparrow$
	33	-	$\vdash$	+		34	1		1	1
	35	-	+	+			36	-	+	

#### Crosswordsite.com Ltd

Solutions on page 28

#### Across

- 1 Swivel joint?
- 4 Old you
- 8 Rattle on about nothing in particular
- 10 Wreck
- 11 On the fritz
- 13 Cushion under a saddle
- 14 Horseplay
- 15 Gaping mouth
- 17 Capital on the Congo
- 19 Quarrel
- 22 Tumpike sections
- 23 "You could say that"
- 25 Brooch
- 26 Wrestling area
- 27 Free
- 30 Show signs of interest
- 33 "New World" symphony key
- 34 Cow's stomach
- 35 Place in the House
- 36 Every river has one

#### Down

- 1 Tennis champion --- Mandlikova
- 2 Mobile music machine
- 3 Soda
- 4 Interpreter
- 5 From which spokes radiate
- 6 Crude worker
- 7 Discomfort
- 8 Big wheel
- 9 Civility
- 12 "Logan's --- " (1976 movie)
- 16 Used to be
- 17 Flesh and blood
- 18 Hit this at night
- 19 Gravestone letters
- 20 Consolidates
- 21 Generic
- 24 Pasty
- 27 Frosty coating
- 28 Hit
- 29 Cozy room
- 31 --- Ora (Maori greeting)
- 32 Stout roomy boat

#### For online versions, visit nowmagazines.com

## Sudoku Puzzle

Easy									1	Mediu	m						
6		8	7				9				1	2		3			
7			1	4			6										8
			5							4			8			9	6
		4	6		8		2	1			4		7			3	
3	7									3						2	4
		6		9								5	6				
4				6	3	9				2		8				7	
		9					1				5		1		9		
8						4											
			tati					Crosswo	dsite	e.com Ltd							

For online versions, visit nowmagazines.com



Due to COVID-19, some events may have been cancelled or rescheduled while we were at press. Check with individual organizations or your city or Chamber websites to verify dates and times.

HAPPY

#### 10/3-10/31

Pumpkin Patch: This event will be held Monday-Friday: 10:00 a.m.-4:00 p.m. and Saturday-Sunday: 10:00 a.m.-7:00 p.m., First United Methodist Church Red Oak, 600 Daubitz Drive. Learn more at www.fumcro.org or call (972) 617-9100.

#### 10/10

**Rise Up In Prayer:** Featuring pastors and prayer warriors, this free Ellis County event promotes unity and reconciliation, encouraging healing in the hearts and minds of everyone regardless of race, faith or politics. 6:00-8:00 p.m., Lumpkins Stadium, 200 Indian Dr., Waxahachie. Learn more at ChristiansRiseUp.net.

#### 10/16

Walk-a-thon: Benefiting Ellis County Homeless Coalition, the event features booths, food trucks and live music, along with walking on nearby trails. 8:00 a.m.-3:00 p.m., Railyard Park, 455 S. College St., Waxahachie. Email Rhonda.miller@ elliscountyhomeless.com for more information or call (469) 428-7320.

**The Great Gatsby Gala:** Red Oak Chamber of Commerce annual dinner and auction. 6:00-9:00 p.m., 200 Lakeview Pkwy. Email admin@redoakchamber.org or call (972) 617-0906 for more details.

#### 10/23

Texas Country Reporter Festival: Enjoy arts, crafts and music from far and wide at the 25th annual festival with more than 250 booths and two food courts. Free. 9:00 a.m.-7:00 p.m., Courthouse Square, Waxahachie.

#### Tuesdays

Children's Virtual Story Time: The library may be closed, but stories, songs and more are still happening on Facebook @redoaktx.org. 10:00-10:30 a.m. For more details, message librarian@redoaktx.org.

#### Third Saturdays

Mobile Food Pantry: Drive-through food distribution for local families in need. 9:00-11:00 a.m. (while supplies last), First Red Oak Church, 320 E. Ovilla Rd. Email info@firstredoak.com to learn more.

Submissions are welcome and published as space allows. Send your current event details to angel.morris@nowmagazines.com.



#### Urgent Health Warning:

### An Important HEALTH WARNING for Men and Women Age 55 or Older!

Do You Suffer from *Pain, Burning, Numbness,* or *Tingling* from Nerve Damage Caused by Diabetes, Infection, or *ANY* of the Other Conditions Listed in this Urgent Special Report?

# If so, now you can virtually end your discomfort, protect your health, and help you live a more active life.

Dear Suffering Friend:

Tens of millions Americans have nerve damage — a condition known as "neuropathy."

The most common symptoms of nerve damage are pain, burning, tingling, and loss of feeling in your feet, legs, and fingers — with the pain ranging from mild to almost unbearable.

If you are diabetic, and especially if you are also age 60 or older, odds are that your nerve damage has been caused directly by your diabetes — although many younger diabetics also have nerve damage from this potentially deadly disease.

But many OTHER people with these symptoms — pain, burning, and tingling — are NOT diabetic, yet also suffer from nerve damage.

According to the Mayo Clinic, the many diseases and conditions that can destroy the nerves in your extremities and limbs include:

- Alcoholism
- Autoimmune diseases
- Vitamin deficiencies
- 🗸 Liver disease
- ✓ Underactive thyroid
- Repetitive motions such as typing
- Bone marrow disorders
- Certain prescription medications
- ✓ Falls, sports injuries, and other trauma
- Wearing a cast or using crutches
- Chemotherapy
   Tumors
   Infections
   Kidney disease
- New hope and better health for men and women with nerve damage ...

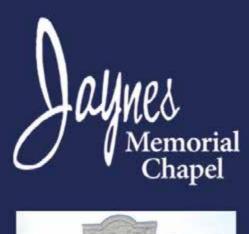


WWW.COMPLETEHEALTHMEDICALCENTER.COM



# Compassion

Because we've been through it too





811 S. Cockrell Hill Road, Duncanville, TX 75137 Phone: (972) 298-2334 jaynesmemorialchapel.com

# Crossword -Sudoku Solutions

	'H	21	<sup>3</sup> P			ŤΤ	<sup>5</sup> H	<sup>6</sup> 0	'U	
۴v	A	Ρ	0	°R		<sup>10</sup> R	U	1	N	
"1	N	0	Ρ	E	12 R	A	В	L	Ε	
<sup>13</sup> P	A	D		<sup>14</sup> F	U	N		<sup>15</sup> M	A	16 W
			17 K	1	N	S	18 H	A	s	A
19 R	20 U	21 N	1	N		22 L	A	Ν	Е	S
23	N	0	N	E	24 W	A	Y			
25 P	1	N		26 M	A	Т		R	28	29 D
	<sup>30</sup> T	A	31 K	Ε	N	0	<sup>22</sup> T	1	С	Е
	<sup>33</sup> E	М	Ť	N		R	U	М	E	N
	35 S	E	A	Т			<sup>36</sup> B	E	D	

Easy

6	4	8	7	3	2	1	9	5
7	3	5	1	4	9	2	6	8
1	9	2	5	8	6	7	3	4
9	5	4	6	7	8	3	2	1
3	7	1	2	5	4	6	8	9
2	8	6	3	9	1	5	4	7
4	1	7	8	6	3	9	5	2
5	6	9	4	2	7	8	1	3
8	2	3	9	1	5	4	7	6

Medium

8	1	2	9	3	6	4	5	7
5	6	9	4	2	7	3	1	8
4	3	7	8	1	5	2	9	6
9	4	1	7	8	2	6	3	5
3	8	6	5	9	1	7	2	4
7	2	5	6	4	3	1	8	9
2	9	8	3	6	4	5	7	1
6	5	3	1	7	9	8	4	2
1	7	4	2	5	8	9	6	3



#### NOW HIRING NOW HIRING NOW HIRING NOW HIRING NOW HIRING

# 

- Benefits on Day One
- Weekly Bonus Program
- Matching 401(k)
- Madical Dental
- Medical, Dental, Vision
   Tuition Reimbursement
- Fultion Reimbursemen
- Mechanics
- Electricians
- Mill Operators
- Melt Shop Operators
- Mobile Equipment Operators

### Happy Smile! Happy You!



105 Ovilla Creek Court #200 • Ovilla

Now accepting new patients of all ages!

972-845-8072



Hilda, Dr. Shaw, Amanda, Dr. Sharpe, Melisa, Angie

### \$100 off Dental Services

\$100 of detail services when you purchase detail services with conduced actual initial walk of \$200 or most valid on per person. Other is not redeemable for cash or credit. Valid on non-covered services role when you purchase detail services with conduced actual initial walk of the services details actual initial walk of the service of the servic

# TIME TO MTM UPDATE Countertops YOUR KITCHEN?

#### COME SEE OUR WIDE SELECTION!

SHOWROOM HOURS: MON-FRI: 8AM - 5PM SAT: 10AM - 2PM



18-gauge Stainless Steel Sink (\$350 value) Call or visit our website for details! www.MTMCOUNTERTOPS.com



Granite, marble & quartz fabricator for kitchen & bathroom countertops

Extensive color selection combines beauty, function & elegance for any bathroom or kitchen!

FREE Estimates • Competitive Pricing
Up to 15-year Warranty on Some Products

2460 Hwy. 287 N. • Mansfield (Northbound service road - between Callendar Rd. & Turner-Warnell) For more info call 817.477.8663

