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OCTOBER 2020

Life in the Fast Lane

For Joleigh Mitchell, racing is an adrenaline rush

SIMPSON

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Hoofing Intrough History

The Texas
Longhorn is a
living symbol of
the Old West

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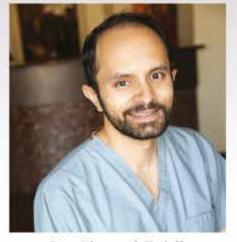
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LIFE IN THE **FAST LANE**

Drag racing must be hereditary.

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ON THE COVER

Joleigh Mitchell is on the right track for success.

Photo by Bill Smith

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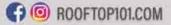




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EDITOR'S NOTE

Change is inevitable ...

Family and friends who know me will agree that I am not spontaneous. Some would even say I border on "boring" because I like to have things planned in advance, and I can get a little irritable with a change of plans.

Flexibility has become very important this year, as events which have occurred for many years and require months of planning each year have had to either be canceled, postponed or have taken on a completely different format. The Bluebonnet Festival, Polka Festival and High School Graduation are just a few of the events in our local community that come to mind.

Autumn has burst upon us, seemingly too quickly. We saw a transition in the spring that we thought would be so temporary, then summer came and went without the typical sports and other outdoor activities families have become so accustomed to. Even children's birthday parties have changed, and we, unfortunately, had to miss attending some of those of our children and grandchildren.

Spring is typically the time we think of for renewal, but I am optimistically looking forward to fall, typically a time of "change." If there is a fall festival or an Oktoberfest scheduled, I'll be making plans to attend. If it gets canceled or scaled back, I'm going to do my best to roll with it. I like that we were able to keep the Bluebonnet Market going downtown through the summer. Amid the change of seasons, I know I can count on the leaves changing color and making a beautiful backdrop for some great autumn days. Let's support our community and make this the best fall ever.

Join in embracing the changes!



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"My earliest memories are of being at the race track," Joleigh Mitchell recalled. My brother is eight years older than me, and he started racing at age 8. They tell me I was 2 weeks old when I attended my first race." Somewhat surprising, Joleigh did not fall in love with race cars at an early age, and, in fact, she said she "hated" the first experience she had driving a junior dragster at age 10. "I loved being at the track. I just did not like driving," she clarified.

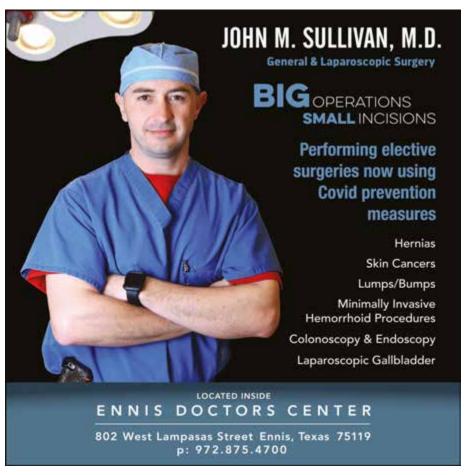
Heredity must have had a hand in moving Joleigh from spectator to participant. Gary Mitchell is her father, and in his office at the auto repair shop he owns is a trophy from the very first race conducted at the Texas Motorplex. Gary was mentored by a local legend in auto racing, Joe Fulton. The senior Mitchell continues to race today in a Ford Pinto. When Joleigh's brother, Drew, turned 16, he stepped up to what is known as "big-car racing," which is like what Joleigh is racing now.

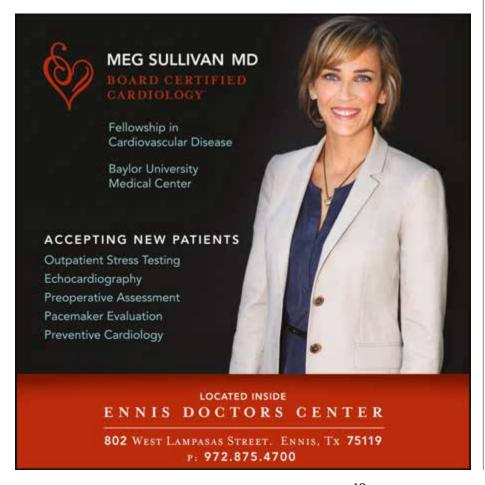
"I guess my first experience driving at age 10 kind of scared me. I remember it was really loud. At about the same time, a Disney movie came out called *Right on Track*. In the movie, there is a crash." Coincidentally, the primary subject of the movie is a driver named Erica Enders, and, today, Erica is on the same driving team as Joleigh's boyfriend, Aaron Stanfield. "Aaron races NHRA Pro Stock, so between his races and my races, we stay pretty busy on or around the track," she said. Joleigh stayed busy with a variety of extracurricular activities between her first experience in a junior dragster and the decision at age 18 to start driving in the Street Class at the Motorplex. "In junior high, I learned welding and participated in welding competitions. I also did archery, then the typical sports of volleyball and softball. I studied dance for many

years, and in high school, I was a Lionette.











"I still went to the track and supported our family's interest in racing, but during high school, my father was building his 1977 Ford Pinto, and that took five or six years to complete. When he started racing the Pinto, I started racing in Street Class at the Motorplex in my Chevy Silverado. I ended up placing second in Street Class for the first season, and after that, I told Dad I wanted to race a big car. That's when he bought the 1979 Chevy Malibu that I drive now."

Admiring the blue Malibu with the sponsorship paint and decals does not begin to reveal what is under the hood and the customization of the interior. When a racer says they are "building a car," it appears that the only thing left from the way the original manufacturer built it is a metal shell. The Malibu was probably originally built to seat five or six comfortably, and there may have been amenities like electric windows and door locks. As a Super-Gas NHRA car. the interior could only be described as austere, but at the same time, complex.

There is room for only the driver in the car, and the driver sits in a seat that resembles a cage, with strong steel bars and a web harness/seatbelt. Upholstered door and roof panels are replaced with metal and manual window controls. The other equipment looks like it belongs in a Buck Rogers movie and is far too complex to describe briefly. However, a key component in racing in NHRA Super-Gas, Division 4, is the timer that takes the place of the front passenger seat.

Joleigh described in layman's terms what racing in her class is all about and what it takes to compete, "Our goal is to complete the quarter-mile as close

to 9.9 seconds as we can. It is a class of racing for those who do not want to put a ton of money in a car to go faster. Our top speed is about 150 miles per hour. The car is equipped with a throttle stop. The timer inside the car activates the throttle stop, which limits the acceleration of the car, even though I have the gas pedal all the way to the floor. I may leave the starting line going 30-40 miles per hour until the timer releases the throttle stop. Once it releases, the car accelerates rapidly, eventually reaching top speed."

She went on to explain that various factors come into play to know how to set the timer, including how the car is performing, the track conditions and the weather. There is some math involved, and during the first day or two at the track, they are working to get the timer set just right, so they can cross the finish line as close to the 9.9 seconds as possible. The cars may actually finish within ten one-thousandths of a second to the prescribed time.

Joleigh has immediate goals and long-term goals, as well. "Many of the racing goals were put on hold or changed due to COVID-19, but things started to pick up again in midsummer," she added. One goal that was accomplished in June was completing her degree in human resources from Louisiana State University at Shreveport. She acknowledges some of her future will be influenced by the job opportunities her degree offers, but she hopes she can find an opportunity that will be flexible enough to allow her to work remotely as she continues to race. "Because of the pandemic, I have not been able to walk across the stage yet, but my degree was mailed to me."

Having recently attended Frank Hawley's Drag Racing School, Joleigh said she has more confidence than ever in her racing. "The adrenaline rush is everything. If you are worried in the seat, you are just a passenger in the car. You have to be a driver." Looking down the road, Joleigh said, "Ultimately, I want to be racing at 250 miles per hour in a top alcohol dragster." NOW

Editor's Note: See Joleigh's promotional video at https://www.youtube.com/ watch?v=97ICx-bXSv0.



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HOOFING THROUGH HISTORY

— By Angel Morris

From the Lone Star flag to bluebonnets in the spring, many symbols are synonymous with Texas. As the second largest state, it is not uncommon to find that things are bigger in Texas, too. Perhaps that's what makes the Longhorn steer so suitable as the state's official "large mammal," a title it was given in 1995.

Recognized for their remarkable horns, which can measure anywhere from 50 to 80 inches tip to tip, Texas Longhorns are a unique breed of cattle. Their roots can be traced to around 1493, when Christopher Columbus brought Spanish cattle to the New World. For the next 200 years, the drought-tolerant steer were used in Mexico and were part of the gradual migration northward toward the area that would become Texas in the 17th century.

At this point, it is said that the steer were turned loose on the open range, where they would fend for themselves for two centuries developing hardy characteristics and managing to multiply in number despite little help from mankind. The Texas State Historical Association suggests Texas Longhorns were a result of the mixing of Spanish and English stock "that Anglo-American frontiersmen brought to Texas from Southern and Midwestern states in the 1820s and 1830s.





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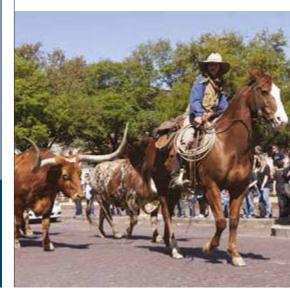
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"Spanish and Anglo cattle mixed on a small scale in the 1830s and after, but by the Civil War, the half-wild Texas Longhorns emerged as a recognizable type," TSHA reports. "Over the next 20 years, contractors drove 5 to 10 million cattle out of Texas, commerce that helped revive the state's economy. Longhorns, with their long legs and hard hoofs, were ideal trail cattle; they even gained weight on the way to market."

As frontiers became more densely populated, however, modern ranchers found breeds with an ability to gain weight quickly more desirable than Longhorns and their lean beef. By the 1920s, only a few small Longhorn herds remained.

Decline of Longhorn population led to near extinction, but the breed began to come back in vogue when adopted as the mascot of The University of Texas in 1917. The year prior, a nervous 1,200-pound steer had been introduced on the football field when Texas defeated Texas A&M on Thanksgiving Day 1916. The Longhorn would come to be named Bevo — with a variety of lore attached to his name — and remains one of the most recognizable university mascots to this day.

In 1927, the federal government and the United States Forest Service focused their attention on rebreeding the Longhorn from a small herd. In the early 1930s, more breeders helped Texas form its own herd, keeping the cattle in state parks. Again, the steers' natural ability to survive led to its revival as beef stock.





The Texas Longhorn Breeders Association of America was formed in 1964 by Charles Schreiner III, who had created a herd on his own ranch in the late 1950s in honor of his grandfather's ranching legacy. Charles helped stage cattle drives — complete with cowboys battling "attacks" on the herd — as publicity efforts to bring attention back to the beloved steer.

More than a quarter-million Texas Longhorns were listed within the TLBAA registry by the end of the 1900s. Today, all 50 states, Canada, Mexico and other countries are home to Longhorn breeders, with the steer used for beef stock, as well as kept by local ranchers purely for their ties to Texas history.

Longhorns have also gained popularity in recreational use, in sports such as team cutting, penning and roping. The animals' size, demeanor and trademark horns lend them to use in these activities, plus they maintain resale value beyond their time in recreational sports, making their value two-fold.

Owners of Texas Longhorns who could trace a steer's elite bloodline have reportedly earned \$40,000 or more at 21st century cattle auctions. In fact, the record for Longhorn sales peaked at \$380,000 for a cow and heifer calf during a 2017 auction at the Fort Worth Stockyards — a fitting marker for a city whose nickname is "Cow Town."

With TLBAA's maintenance of a registry for perpetuating the Longhorn breed in a pure state, coupled with the increase in number of cross-bred steer, Texas' official large mammal seems well protected. **NOW**

Sources:

http://Longhornfacts.weebly.com/ www.rightsidesd.com/ www.sciencedaily.com https://tshaonline.org/



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When Dr. Raymond Blair completed his residency at John Peter Smith Hospital in Fort Worth in 2007, he was looking for a community like the one he grew up in to establish his family medical practice. His youth was spent in Little Elm, Texas, where he graduated from high school and spent a lot of time working in his father's construction business. He continued to work with his father while he pursued his undergraduate degree from the University of North Texas at Denton.

From Denton, Dr. Blair attended McGovern Medical School at The University of Texas Health Science Center at Houston before doing his residency in family medicine at John Peter Smith Hospital. "I was looking for a place to establish my practice, and my search area included being within an hour of the DFW Metroplex," Dr. Blair offered. "I found Ennis to be the perfectly sized small town, and not too far from my family in Little Elm.

Dr. Blair indicated that he chose to pursue a career in medicine for several reasons that support one another. "Our family would probably be considered 'poor' by many standards. I was the first person in my family to complete high school, and no one in the family had attended college. I was working with my father right up until two weeks before I left for medical school. I remember we were welding, building pipe fence.

"In college I found I really liked science and biology. I discovered that I was pretty good at it, so pursuing medicine would be a good fit for me. Growing up, I saw Mom struggle with whether to take the kids to the doctor or not. I chose

family medicine because I wanted to be face-to-face with my patients. In my family practice, I work with people from infants to grandparents. I enjoy that interaction."

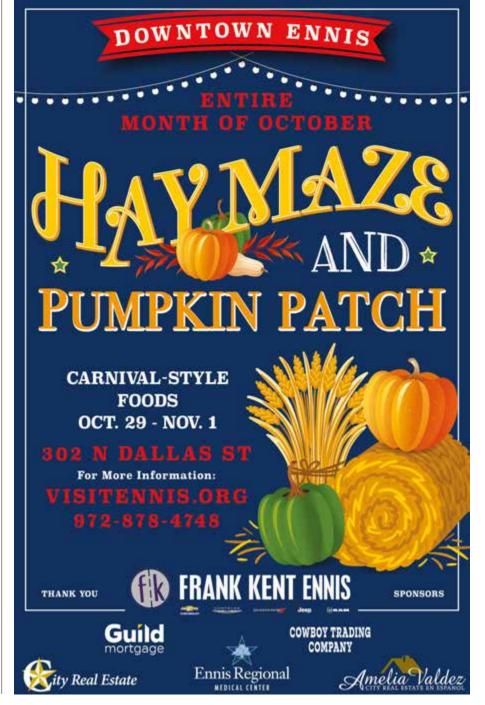
Working in the hospital was part of Dr. Blair's early experience in Ennis, and he served as chief of staff at Ennis Regional Medical Center for nine years. Today, his focus is on his family practice, and he admits there have been some changes over the years. "We are doing a lot more telemedicine these days," he explained. "We started doing it before COVID-19, but the pandemic has certainly expanded it. There are challenges with the virtual visits, but we are prepared to help our patients with it as much as necessary, from helping them to connect to our office from the parking lot, to sending my wife, who is an RN, to the patient's home in full protective gear to set up a Wi-Fi hotspot with an iPad. She will take their vital information, then connect with the office for me to do a FaceTime visit with them."

"I chose family medicine because I wanted to be face-to-face with my patients. In my family practice, I work with people from infants to grandparents. I enjoy that interaction."

Dr. Blair's practice is also part of the Privia Medical Group. He is active in the group because it allows his practice to remain autonomous, while gaining the benefits of peer review and sharing information and ideas including efficiencies in the back-office operations that every practice has. He currently serves as the local director of government programs for Privia of North Texas.

Dr. Blair concluded, "At the end of the day, I'm blessed to be able to do what the Lord would have me do, which is serve others. I also have three children whom I love spending quality time with as much as possible. I love what I get to do for a living. I love my involvement with patients." NOW







Around Town



Kathleen Prachyl, Joyce Machalik and Lisa Morales maintain social distancing during one of their regular walks.

Zoomed In: Teddy Duncan

Teddy Duncan and his grandson, Micah, enjoy an evening stroll in Ennis, even though it is still pretty warm. Having recently moved here from Haynes City, Florida, Teddy admits to being well acclimated to the heat. "My wife and I actually just moved here last week," he said. "I moved with my job as plant manager of Ammeraal Beltech in Grand Prairie.

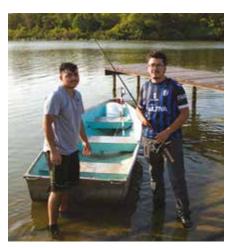
"We have visited Ennis a number of times because my wife, Mollie, is an Ennis native. Her maiden name is Doherty. Her parents are Homer and Jon Doherty, and they have been here for years. It was just a logical move to come here and be close to family with my job move. We are happy to be in Ennis."



Officer Zach Jones enters the recently completed Public Safety Building,



Robert Castillo spends time with his family at the Famous Family Cornhole Conference Championship in Denton.



Roger Gayton and Luis Muniz launch their boat for an evening on the lake.

By Bill Smith

NOW



Faybian Morris is all smiles during a recent trip to the neighborhood convenience store.



Stefani Morrow, Terri Williams and Pamela McDade visit Dave and Busters in Arlington for some family fun.



Brayden and Cayden Isbell enjoy homeschool and anticipate the return to the classroom.

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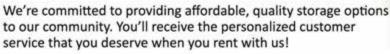




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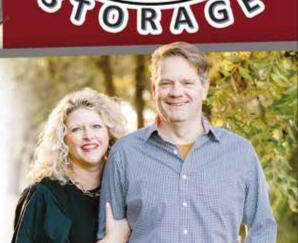


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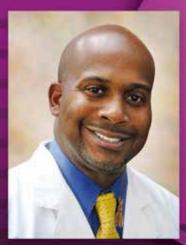
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Becky McCarty loves entertaining, and the recipes and traditions she shares reflect how much she loves inviting family and friends to her home to cook for them. She related a story from a few years back, "One of my favorite parties was when I was in banking. Budgets were cut, and there were no funds for a Christmas party. So, I offered to host. I served several appetizers and homemade eggnog. I roasted a beef tenderloin with horseradish cream, and I served Brussels sprouts, garlic potatoes and glazed carrots. But after dinner, I made everybody come to the kitchen, and I fried up homemade pound cake in butter, topped with fresh berries and whipped cream."

Becky has a varied background in her cooking experience, including previously owning a local restaurant. She said some of the simplest recipes can have a great "wow" factor.

Easy Hot Artichoke and Jalapeño Dip

8 oz cream cheese, softened

- 1/2 cup mayonnaise
- I jar marinated artichokes
- 1/4 cup pickled jalapeños
- I cup grated mozzarella and provolone blend
- 1/2 cup Panko breadcrumbs
- 2 Tbsp. butter

- **I.** In a food processor, blend cream cheese and mayonnaise.
- **2.** Add the entire contents of the jar of artichokes and the peppers; pulse. You want the artichokes to be chunky.
- **3.** Pour into a square pan; mix half of the cheese into the mixture. Top with the rest of the cheese, along with the breadcrumbs and pats of butter to help with toasting.
- **4.** Bake at 375 F for 30 minutes, or until bubbly and the cheese on top has browned.

The Martinez

I always like to offer a cocktail to someone who arrives for dinner. Recently, my favorite is the Martinez. This is an easy cocktail to mix for 2.

2 oz. London dry gin1 oz. sweet vermouth.25 oz. maraschino liqueur1 dash Angostura bitters

- **1.** Pour all ingredients into a cocktail shaker with ice: shake.
- **2.** Strain into a chilled martini glass. It's a sipper but a classic.

Frozen Lemon Drop Martini

Another cocktail you can batch that is fun is a frozen Lemon Drop.

- I cup vodka
- I cup lemon juice, freshly squeezed
- 1 cup simple syrup
- **1.** Pour all ingredients into a blender filled with ice.
- 2. Blend until smooth.
- 3. Pour into glasses rimmed with sugar.

Shrimp and Sausage Boil

A shrimp boil is a fun outside party. Here's how I do mine.

- I jalapeño, split down the middle
- 3 celery stalks (not chopped)
- I yellow onion, quartered
- 4 garlic cloves, smashed
- 3 Tbsp. Old Bay Seasoning (divided use)
- 3 lemons, 2 halved and 1 quartered (divided use)
- 12 cups water
- 1 lb. small potatoes (red or golden Yukon)
- 3 ears corn, shucked and halved
- 1 lb. sausage, cut into 1-inch pieces
- 1.5 lbs. shell on shrimp
- I stick butter, melted
- Hot pepper sauce, to taste
- **1.** To a very large pot, add the jalapeño, celery, onion, garlic, 1 1/2 Tbsp. of the Old Bay Seasoning and the 2 halved lemons.
- **2.** Cover with the water; bring to a boil.
- **3.** Add the potatoes; reduce heat to a rapid simmer. Cook the potatoes until they are tender but not quite done.
- **4.** Add the corn and sausage to the pot; cook until the potatoes and corn are cooked through, about 15 minutes.
- **5.** Remove the pot from the heat; add the shrimp. Cook for about 2 minutes.
- **6.** Reserve about 1/2 cup of the cooking liquid. Drain the shrimp mixture; return mixture to the pot.
- **7.** In a bowl, mix the cooking liquid, butter, remaining Old Bay Seasoning and hot pepper sauce; pour over the contents in the pot.
- **8.** Lay out butcher paper on the table; pour the contents of the pot onto large sheet pans. Place the pans in the center of the table.
- **9.** Place the quartered lemon in ramekins; place on the table as a condiment, along with additional Old Bay Seasoning, the bottle of hot pepper sauce and ramekins of melted butter. Serve with crusty bread and beer.

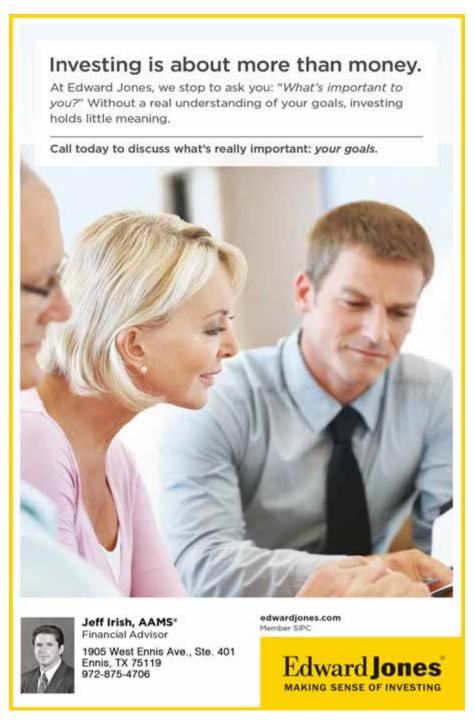
Roasted Beef Tenderloin

Some people are really intimidated by a beef tenderloin, but I really think it is hard to mess it up. Here is my recipe.

I 6-lb. beef tenderloin (Have the butcher tie it for you.) Canola Oil, to taste Kosher salt, to taste Pepper, freshly ground, to taste Horseradish cream, to taste

- 1. Preheat oven to 500 F.
- **2.** Bring the tenderloin to room temperature.





- **3.** Moisten the tenderloin with canola oil; sprinkle it liberally with salt and pepper.
- **4.** Place the tenderloin in the oven; turn it every few minutes to sear on all sides. Cook until the internal temperature reaches 120 F. This should take 12-20 minutes for medium rare to medium. Don't overcook. Serve with a horseradish cream.

Hot Chocolate Pots

A chocoholic's dream.

- 1 stick butter, plus 1 Tbsp. (divided use)
- 4 oz. semisweet chocolate (60% cacao)
- 2 eggs
- 3/4 cup super fine sugar
- 3 Tbsp. flour

- 4 1-cup capacity oven-safe teacups, coffee mugs or ramekins
- **1.** Place a baking sheet in the oven; preheat oven to 400 F.
- 2. Butter the baking vessels with 1 Tbsp. butter.
- **3.** Melt 1 stick of butter and chocolate, either gently in the microwave or over a double boiler. Set aside to cool a little.
- **4.** In another bowl, mix eggs, sugar and flour with a hand whisk.
- **5.** Add the cooled chocolate and butter mixture; divide evenly between the buttered dishes.
- **6.** Bake for 20 minutes. The tops will look cooked and cracked, but underneath will be gooey chocolate greatness.
- 7. Place on a small plate; serve immediately,

but warn your guests that these are hot!

3 cups flour and baking soda; slowly add to the mixture.4. Toss the nuts and fruit in 1 Tbsp. flour;

applesauce until well blended.

1 tsp. cloves

2 cups raisins

mix on medium.

2 tsp. baking soda

(I prefer walnuts.)

stir into the batter.

3 cups, plus 1 Tbsp. flour (divided use)

I cup walnuts or pecans, chopped

1. In a large mixing bowl, mix butter and

2. Add the granulated and brown sugars;

3. In a separate bowl, sift together the spices,

5. Bake in a buttered and floured Bundt pan for 75 minutes at 375 F.

Frozen Lemon Drop Martini

Grandma
Wamsley's
Applesauce Cake
Over 100 years old!

I cup butter, softened 2 cups applesauce I cup granulated sugar I cup brown sugar

2 tsp. cinnamon

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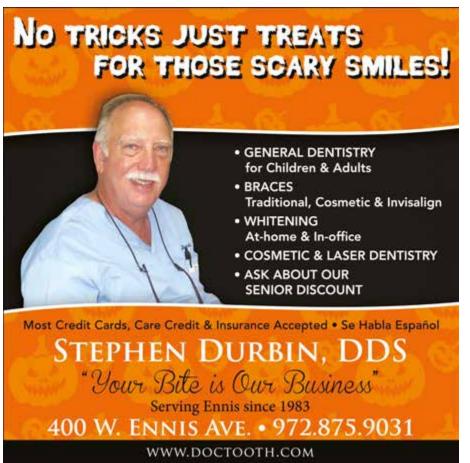
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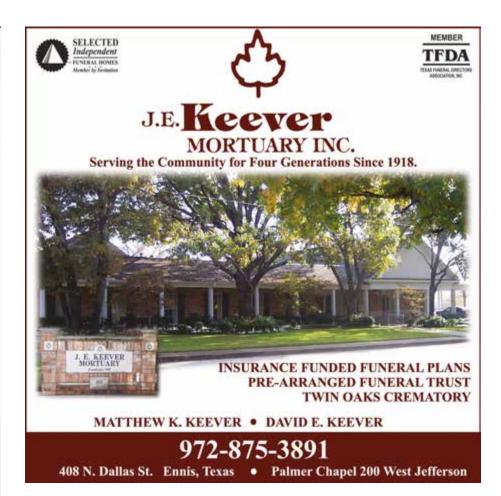
SCAVENGER HUNT WINNERS!



Kira Phillips, winner of our S50 cash prize, said, "I love to play with my daughter, Leighton, and I love reading the *EnnisNOW* every month, especially the cooking section."



Rita Torres, winner of our \$50 cash prize, said, "I always look forward to the *EnnisNOW* and have found several of the businesses I use here in town from reading it."





Beyend - By Lisa Bell - By L

Best recognized for the world-renowned original First Monday Trade Days, Canton, Texas, draws massive crowds for the monthly event. But the town doesn't fold up and disappear during the rest of the month. While everyone probably should experience the famous trade days at least once, Canton offers far more than the biggest outdoor shopping extravaganza in the United States.















Tutoring in Reading & Writing

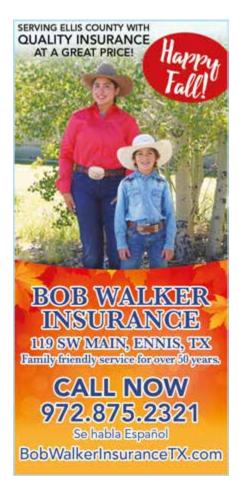
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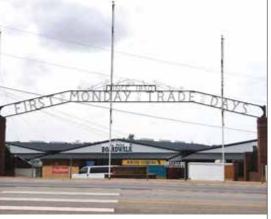


When visiting Canton, don't miss the Van Zandt County Memorial Plaza, an extraordinary veterans' memorial site worth visiting. Despite the location at a major intersection, the plaza provides a quiet place for reflection and appeals to all ages. What child, of any age, doesn't want to walk beneath a suspended plane and helicopter? A U.S. Army tank and U.S. Coast Guard boat add to the flanks surrounding a statue posted mid-plaza, honoring veterans from all military branches. A covered gazebo and benches give visitors time to consider history and men and women who served and remain in active duty. Nearby, the Van Zandt County Gift Shop and Museum recently reopened, featuring fresh exhibits and recorded interviews with local heroes. The website, www.vzcm.org, also contains stories and historical information.

Since 2000, Yesterland Farm hosts families who want a taste of nature but with more fun than imaginable. With a variety of rides, activities and food, plan on spending the day. For the first time, Yesterland Farm remained open during the summer of 2020, featuring all things peach. During the spring, visitors also enjoy Bunny Palooza. But come fall, a pumpkin patch and corn maze bring Texas-style fall to life. In the evenings, the corn maze becomes frightening,

but during the day, it's simply fun. At Christmas, Santa's workshop takes over the grounds, creating a memorable experience for the entire family.

Head downtown for food and shopping. Stop in the old theater, which houses the Canton Chamber of Commerce and the Canton Museum. Marvel at the hundreds of bells lining one wall, the Kennedy Native American collection or the old fire truck. While there, gather information on all the exciting places to visit.



And, of course, come for the Original First Monday Trade Days. The tradition began in 1850 and remains a living history. When the circuit judge came to town the first Monday of each month, the locals brought in goods to trade. What started with horses eventually changed to dogs, other animals, produce and more. Bartering abounded back then. By 1965, the event outgrew the courthouse square, so the city bought 6 acres to expand trading. Over the years, they added the weekend. Today, regardless of weather, the event occurs Thursday through Sunday prior to the first Monday and covers 450 acres. The Mountain area maintains the Old West style, capturing a bit of history. Some say if you can't find it at Canton, no one's making it.

Canton offers festivals throughout the year, music on the square most weekends, the Buffalo Creek Motorsports Complex, multiple parks, Splash Kingdom and more. With area resorts, any time of the month can be a fun family getaway. Time your trip for trade days, but plan on staying longer and enjoy the unexpected.

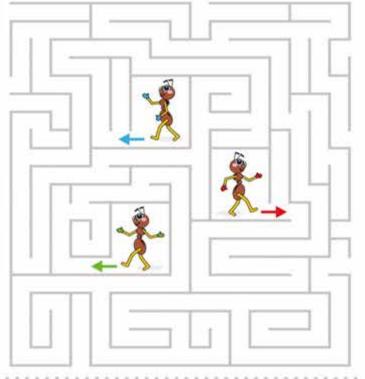
Photos by Lisa Bell.



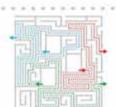


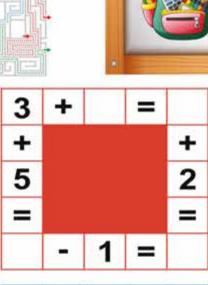
Mis Fin Page

Help the ants to get out of the labyrinth.









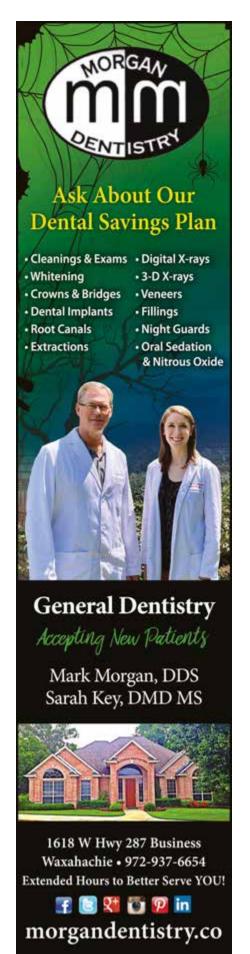
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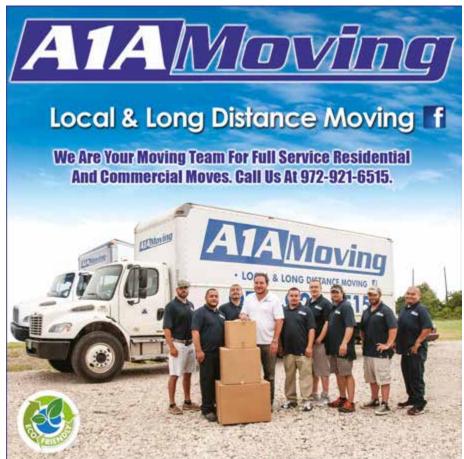
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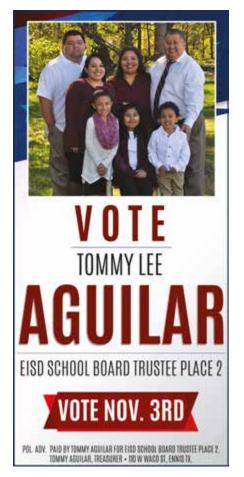
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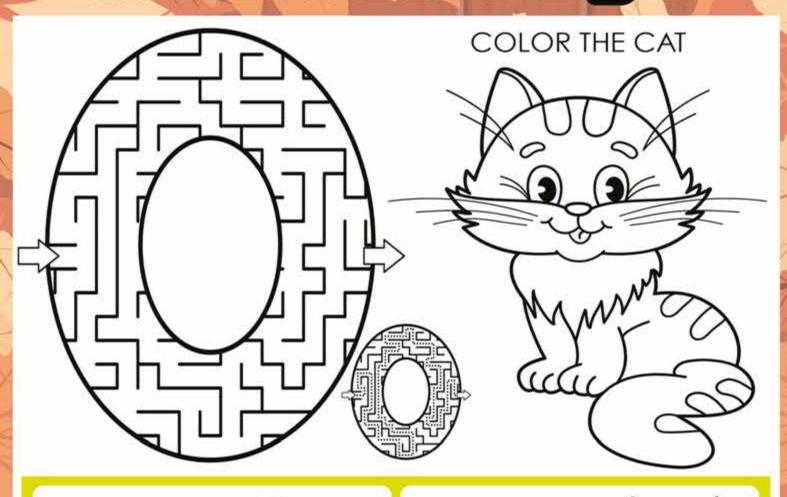


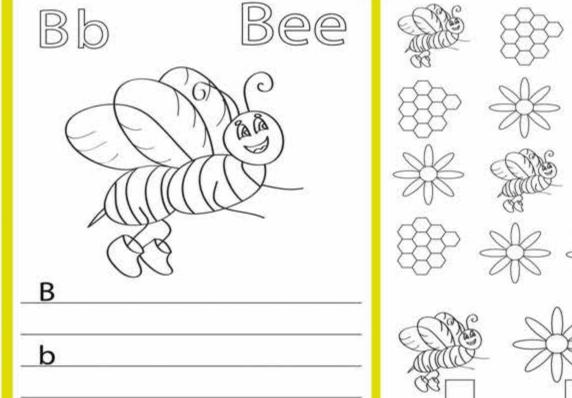


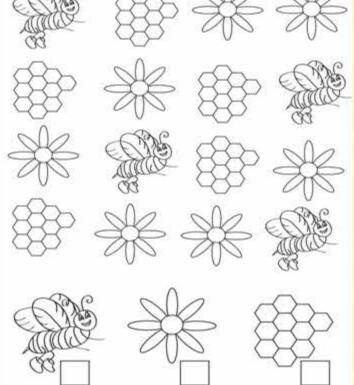




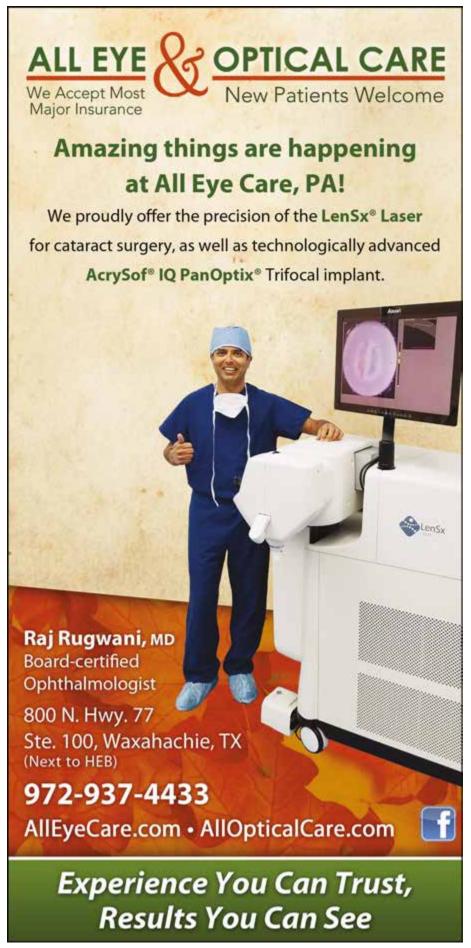
Mis Fin Page











GROOMING GROOMING

By Angel Morris

Gutter is a word commonly used regarding street drainage or bad bowling, until you become a homeowner. Then gutters gain new meaning when you learn that cleaning and maintaining them is a must to avoid damage to the soffit and fascia of your home's eaves.

Rain and snow result in water that flows from rooftops to the ground. Gutters allow this to happen while protecting your home from water damage and leaks. Therefore, keeping gutters unclogged by leaves and debris is essential. Here are some basic tips for cleaning and maintaining your home's gutters.

Downloading the Debris

Just like going to the dentist, experts suggest twice-yearly maintenance of gutters and downspouts, preferably at the end of spring and fall. Of course, this requires a tall enough ladder to see atop your gutters, and a receptacle into which you will place debris, such as a large bucket. Once all debris is removed, it is also a good idea to flush gutters with a water hose.

While hosing out gutters, homeowners can look for leaks and places where water is pooling. If water is pooling, it could be a sign of a blockage somewhere along your gutters. If leaking, there may be holes or improperly sealed gutter connections.

When water pools atop a downspout, there could be a clog down the tube, which will need to be broken up with a drain snake or auger, both of which are available at local hardware stores with explanations on proper use. Once snaked, you should again hose out the gutter to remove debris and confirm any blockages are cleared.

Locating the Leaks

With gutters draining freely, it is now important to locate leaks within gutters and downspouts and repair the holes causing them. Roofing cement or silicon caulk is a quick and easy solution for repairing small holes after you have removed any rust with a wire brush. Smooth roofing cement with a putty knife to avoid creating areas where debris might catch.

Larger holes may require metal flashing for repair. You will want to clean several inches around these holes with a stiff wire brush, giving your roofing cement ample clean, smooth area to which it can adhere.

Using flashing made of the same material as your gutters, cut enough of the flashing to cover and extend a couple of inches beyond the hole. Working inside, not outside the gutter, put roofing cement beneath the patch and hold it in place several seconds. Then run cement along each top seam

of your patch, smoothing the cement as you go with a putty knife.

To enable water and debris to flow smoothly over any patches, you should also create a ramp with the roofing cement that is flush with the gutter on one end, running over the patch and flush down the opposite side.

Large holes in elbow connections or downspouts are probably best repaired with replacement parts rather than patches. Additionally, an array of gutter covers is available to limit the chance of leaves and debris working their way into gutters and causing damage.

The Final Fixes

In addition, gutter maintenance involves ensuring water exiting downspouts is diverted away from the house with either an extension to the downspout, an irrigation pipe or splash blocks.

Lastly, loose or drooping gutters may require replacement of worn gutter spikes with gutter screws, which hold better than standard spikes. A cordless drill will be required for this task. NOW

Sources: www.modernize.com www.todayshomeowner.com







A RECOMMENDED GUIDE FOR SANITARY VOTING

2020 General and Special Election: Early Voting October 13th-17th, 19th-30th Election Day is Tuesday, November 3, 2020

It is recommended you wear a face covering over mouth and nose.

Please wash and disinfect hands upon entering and exiting the voting area.





Maintain 6 feet of physical distance between any others where possible.

6 FEET APART

If possible, please use your own pen for the check-in process.



It is recommended to use the cotton swab provided at the polling station to make your ballot selections without touching the voting device.



If you are 65 or older, consider submitting an application for a mail-in ballot



Vote curbside if you exhibit any symptoms of COVID-19.



VOTE

Elections Office | 972-825-5195 | www.co.ellis.tx.us/elections





Recomendacion para una votacion sanitaria 2020 Elecciones General y Especial: Votación anticipada 13-17, 19-30 de Octubre Dia de eleccion Martes 3 de Noviembre de 2020

Recomendamos usar máscara

Lave sus manos o use desinfectante al entrar y salir del area de votación





Si es posible, por favor use su propia pluma para registrarse.



Si tiene 65 años o más, considere enviar una solicitud para una boleta por correo.



Mantenga seis pies de distancia física entre persona a persona donde sea posible.



6 PIES DE DISTANCIA

Te recomendamos usar el hisopo de algodón proporcionado por el area de votar para hacer su selección sin tocar el dispositivo de votación.



Puede votar en su vehiculo si presenta algun síntoma de COVID-19.



VOTAR

Oficina de elecciones | 972-825-5195 | www.co.ellis.tx.us/elections



General and Special Elections Elecciónes General y Especial November 3, 2020 03 de noviembre de 2020 Early Voting Vote Centers Centros de votación adelantada

The below listed Early Voting Vote Centers will be established for any qualified voter with an effective date of registration on or before November 3, 2020. A voter may vote at ANY of the Early Voting Vote Centers for the General and Special Elections.

Las ubicaciones para centros de votacion anticipada que se enumeran a continuación se establecerán para cualquier votante calificado con una fecha efectiva de registro en o antes del 03 de noviembre de 2020. Un votante puede votar en cualquiera de los lugares de votación anticipada para las Elecciónes General y Especial.

Early Voting Location Dates and Times:

Ubicación, fechas, y horarios de la votación anticipada:

1. Main Early Voting Site - First United Methodist Church

(Fidelis Hall) 505 W Marvin Ave Waxahachie, TX 75165

2. Ellis County Sub-Courthouse (Foyer) 207 S Sonoma Trail Ennis, TX 75119

3. Midlothian Conf. Ctr (Ballroom/Foyer) 1 Community Circle Dr. Midlothian, TX 76065

4. Palmer ISD Annex Bldg (Portable Bldg) 303 Bulldog Way Palmer, TX 75152

5. Grace Covenant Church (Dining Hall) 212 N Main Street Red Oak, TX 75154

6. Harvest of Praise (House of Manna Rm) 2603 S Hampton Rd Glenn Heights, TX 75154

Tuesday, October 13, 2020	through	Friday, October 16, 2020	8:00 AM - 5:00 PM
martes, 13 de octubre de 2020	hasta	viernes, 16 de octubre de 2020	8:00 AM - 5:00 PM
Saturday, October 17, 2020			8:00 AM - 4:00 PM
sábado, 17 de octubre de 2020			8:00 AM - 4:00 PM
Monday, October 19, 2020	through	Friday, October 23, 2020	8:00 AM - 6:00 PM
lunes, 19 de octubre de 2020	hasta	viernes, 23 de octubre de 2020	8:00 AM - 6:00 PM
Saturday, October 24, 2020			7:00 AM - 7:00 PM
sábado, 24 de octubre de 2020			7:00 AM - 7:00 PM
Sunday, October 25, 2020			1:00 PM - 6:00 PM
domingo, 25 de octubre de 2020			1:00 PM - 6:00 PM
Monday, October 26, 2020	through	Friday, October 30, 2020	7:00 AM - 7:00 PM
lunes, 26 de octubre de 2020	hasta	viernes, 30 de octubre de 2020	7:00 AM - 7:00 PM

Last day to register to vote for the General and Special Elections is: Monday, October 05, 2020.

Último día para registrarse para votar en la Elecciónes General y Especial es: lunes, 05 de octubre de 2020.

Last day for the Election's Office to receive a Regular or FPCA Ballot by Mail Application (October 16th is the last day the voter can walk-in and hand deliver an application): Friday, October 23, 2020.

El Último día para que la Oficina de Elecciones reciba una solicitud regular o una solicitud de tarjeta postal federal para votar por correo (FPCA-por sus siglas en inglés) es (El 16 de Octubre es el último día en que el votante puede venir en persona y entregar personalmente una solicitud): viernes, 23 de octubre de 2020.

Notice is hereby given of state law for acceptable credentials for voting in person. A voter will be required to show one of the seven approved forms of photo identification. Voters who do not possess and cannot reasonably obtain one of the seven forms of approved photo ID will be able to execute a Reasonable Impediment Declaration and provide a supporting form of identification. https://www.votetexas.gov

Aviso-por este medio se da aviso de la ley del Estado para las credenciales aceptables para votar en persona. Un votante tendrá que mostrar una de las siete formas aprobadas de identificación con foto o los votantes que no poseen y que razonablemente no pueden obtener una de las siete formas de identificación con fotografía aprobada podrán ejecutar una Declaración de Impedimento Razonable y proporcionar un formulario de respaldo de identificación. https://www.votetexas.gov

For More Information: Website at www.co.ellis.tx.us/Elections OR Facebook.com/EllisCountyElections OR Contact us at Elections Office 204 E Jefferson Waxahachie, TX 75165 972-825-5195



General and Special Elections Elecciónes General y Especial November 3, 2020 03 de noviembre de 2020

Election Day Vote Centers Centros de votación el día de las elecciones

Polls open from 7:00 am to 7:00 pm

Horario de votación estarán abiertos de 7:00 am a 7:00 pm

The below listed Election Day Vote Centers will be established for any qualified voter with an effective date of registration on or before November 3, 2020. A voter may vote at ANY of the Election Day Vote Centers for the General and Special Elections.

Las ubicaciones para centros de voto de dias de votacion se establecerán para cualquier votante calificado con una fecha efectiva de registro en o antes del 03 de noviembre de 2020. Un votante puede votar en cualquiera de los centros de votación de dia de las elecciones para las Elecciónes General y Especial.

Elecc	iónes General y Especial.	
2 3	FIRST BAPTIST CHURCH-AVALON (Annex) 206 GILES STREET FIRST UNITED METHODIST-BARDWELL (Church Annex) 104 PECAN ST BRISTOL UNITED METHODIST (Fellowship Hall) 104 CHURCH ST	AVALON, TX 76623 BARDWELL, TX 75119 BRISTOL, TX 75119
4	ALMA COMMUNITY CENTER (Foyer) 104 INTERURBAN RD	ENNIS, TX 75119
5	ELLIS COUNTY SUB-COURTHOUSE (Conference Rm) 207 S SONOMA TRAIL	ENNIS, TX 75119
6	ENNIS PUBLIC LIBRARY (Learning Center) 501 W. ENNIS AVE	ENNIS, TX 75119
7	FAITH ASSEMBLY OF GOD CHURCH (Fellowship Hall) 1810 W BALDRIDGE ST.	ENNIS, TX 75119
8	NEW FOUNDERS MISS. BAPTIST (Fellowship Hall) 1903 LAFAYETTE ST.	ENNIS, TX 75119
9	FERRIS PUBLIC LIBRARY (Aubrey Trussell Rm) 301 E 10TH STREET	FERRIS, TX 75125
10	FORRESTON BAPTIST CHURCH (Fellowship Hall) 211 SEVENTH ST.	FORRESTON, TX 76041
11	HARVEST OF PRAISE (House of Manna Rm) 2603 S HAMPTON RD	GLENN HEIGHTS, 75154
12	MT GILEAD BAPTIST CHURCH (Fellowship Hall) 106 HARRIS ST.	ITALY, TX 76651
13	FIRST BAPTIST CHURCH-MAYPEARL (Fellowship Hall) 5744 FM 66	MAYPEARL, TX 76064
14	MIDLOTHIAN CHURCH OF CHRIST (Fellowship Hall) 1627 N HWY 67	MIDLOTHIAN, TX 76065
15	MIDLOTHIAN CONFERENCE CTR (Foyer) 1 COMMUNITY CIRCLE DR	MIDLOTHIAN, TX 76065
16	MOUNTAIN PEAK COMMUNITY CHURCH (Sanctuary) 751 W. FM 875	MIDLOTHIAN, TX 76065
17	SARDIS UNITED METHODIST CHURCH (Fellowship Hall) 640 SARDIS RD	MIDLOTHIAN, TX 76065
18	STONEGATE CHURCH (Rams Rm) 4025 E US 287	MIDLOTHIAN, TX 76065
19	THE SHEPHERD'S HOUSE (Sanctuary) 3221 MOCKINGBIRD LN	MIDLOTHIAN, TX 76065
20	MILFORD SENIOR CITIZEN CENTER (Main Rm) 109 S MAIN ST	MILFORD, TX 76670
21	GRACE CHURCH OF OVILLA (Flex Rm Bldg B) 519 WESTMORELAND RD	OVILLA, TX 75154
22	OVILLA CITY HALL (Council Chambers) 105 S COCKRELL HILL RD	OVILLA, TX 75154
23	PALMER ISD ANNEX BUILDING (Portable Bldg) 303 BULLDOG WAY	PALMER, TX 75152
24	EASTRIDGE BAPTIST CHURCH (Family Activity Ctr) 732 E OVILLA RD	RED OAK, TX 75154
25	LIFEPOINT COMMUNITY CHURCH (Fellowship Hall) 201 LOUISE RITTER RD	RED OAK, TX 75154
26	RED OAK MUNICIPAL CENTER (Pitts Room) 200 LAKEVIEW PKWY	RED OAK, TX 75154
27	GRACE COVENANT CHURCH (Dining Hall) 212 N MAIN ST	RED OAK, TX 75154
28	BIBLE BAPTIST CHURCH (Fellowship Hall) 1400 FM 1446	WAXAHACHIE, TX 75167
29	ELLIS COUNTY WOMANS BUILDING (Main Room) 407 W JEFFERSON ST.	WAXAHACHIE, TX 75165
30	FARLEY STREET BAPTIST CHURCH (Foyer) 1116 BROWN ST.	WAXAHACHIE, TX 75165
31	FIRST UNITED METHODIST-WAXAHACHIE (Fidelis Hall) 505 W MARVIN AVE	WAXAHACHIE, TX 75165
32	PARK MEADOWS BAPTIST CHURCH (Foyer) 3350 N HWY 77	WAXAHACHIE, TX 75165
33	SALVATION ARMY OF ELLIS CO. (Fellowship Hall in rear) 620 FARLEY ST.	WAXAHACHIE, TX 75165
34	SOUTHLAKE BAPTIST CHURCH (Sanctuary) 2378 S HWY 77	WAXAHACHIE, TX 75165
35	THE AVENUE BAPTIST CHURCH (Venue Rm) 1761 N HWY 77	WAXAHACHIE, TX 75165

WAXAHACHIE, TX 75165

WAXAHACHIE CIVIC CENTER (MTG RM C) 2000 CIVIC CENTER LANE





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Crossword Puzzle

1	2	3	4	5		6	7	8	9	
10		T	+	+		11		\vdash	$^{+}$	7
12	1	T	\vdash	+	13			T	t	
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25	1		T	26		T		27	28	29
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	32	T	t	T		33	\vdash			T
	34	1	+	+		35	\vdash		$^{+}$	+

Solutions on page 52

Crosswordsite.com Ltd

Across

- 1 Pass through Congress
- 6 Shot on the ice
- 10 --- Lama
- 11 Switch off
- 12 Nonphysical
- 14 As well
- 15 Menu at the edge
- 17 Cyst
- 18 Trick
- 19 No later than
- 22 Outmoded
- 23 Sassy
- 24 --- Rio, Texas
- 25 Take a --- it (Go for it!)
- 27 Frequently
- 30 "On top of that ..."
- 32 Female first name Ms. Minnelli rejected
- 33 S American republic is cold by the sound of it
- 34 Ultimate
- 35 Irritably impatient

Down

- 1 Prepare for publication
- 2 "Small" prefix
- 3 Voice below a soprano
- 4 He came between J A G and G C
- 5 Hollywood town?
- 6 Kind of row
- 7 Copious
- 8 Everyone except
- 9 Make happy
- 13 Cotton seed remover
- 16 Wine selection
- 17 See
- 19 Downs' partner
- 20 Mike —, "Harry Potter and the Goblet of Fire" director
- 21 Inessentials
- 22 What shamuses do
- 24 Flatfish
- 26 Tiny biter
- 27 Elevating outfit?
- 28 Experienced
- 29 Small club, maybe
- 31 Much-used article

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Sudoku Puzzle

Easy									I	Mediu	m							
4				5			2					6		2				8
				4	6							2			1	9		
							6				5						6	
						3	5				8							
		6			7		4	1		3					2	1		
		2		3								4		3				
	9	5	6				7						6	4		7	1	
		8			1	6		9		5								4
				8		2						9			5		8	

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Solutions on page 52





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Due to COVID-19, some events may have been cancelled or rescheduled while we were at press. Check with individual organizations or your city or Chamber websites to verify dates and times.

OCTOBER

10/1-10/30

Haymazing! Downtown Hay Maze:

The hay maze is bigger and more challenging than ever! Free. North Plaza parking lot, 302 N. Dallas Street.

10/2

KidzFITT:

Positively reinforces importance of exercise and activity for kids schooling at home.

Noon-1:00 p.m., Rotary Park,
2300 Park Street. Call
(972) 875-1234,
ext. 2403 or email
zdavid.casarez@ennistx.gov.

10/6

National Night Out Block Party:

Hosted by Keep Ennis Beautiful and the Ennis Police Department. 5:30-7:30 p.m., 301 W. Crockett St.

10/10

Night Lights Sky Lantern Festival:

Inspired by the traditional Thai Lantern Festival, Night Lights is an all-new, completely reimagined sky lantern experience. Tickets: \$15-\$26.50. Just after dusk, Texas Motorplex, 7500 US 287. Tickets available at www.evenbrite.com.

10/14-10/18

AAA Texas Fall Nationals:

NHRA Mello Yello Drag Racing Series. Tickets will be sold to 50 percent capacity. Each ticket order receives a special commemorative 35th anniversary coin while supplies last. Texas Motorplex, 7500 US 287. Contact (972) 878-2641, www.texasmotorplex.com.

10/17

Runnin' Free Ranch Fall Gala:

Live and silent auction. Ticket includes brisket meal, tea and

dessert. Complimentary adult beverages will be available. Tickets: \$25. 5:00-9:00 p.m., Tailwind Ranch, 167 Isom Road. Amy Dojahn, (214) 399-4270 or runninfreeranch@gmail.com.

10/31

Ennis Autumn Daze:

Food, shopping, kids' activities and entertainment. Free parking at 505 W. Baylor. 9:00 a.m.-9:00 p.m., Minnie McDowell Park, 119 N. Dallas St.

Submissions are welcome and published as space allows.
Send your current event details to bill.smith@nowmagazines.com.





Dr. Richard R. Knight, M.D.

Carissa T., Burleson, TX

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Carissa T. lost 30.4 lbs."

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Crossword Sudoku Solutions

E	N	³ A	°C	⁵ T		⁶ S	7 L	⁸ A	9 P	
10 D	Α	L	Α	1		"K	1	L	L	
12	N	Т	A	N	13 G	1	В	L	Е	
14 T	0	0		15 S	1	D	Е	В	Α	16 R
			17W	E	N		^{t®} R	U	s	E
19 U	20 N	²¹ T	t	L		22 D	Α	Т	Е	D
²³ P	Ε	R	Т		24 D	Ε	L			
25 S	W	ì	N	26 G	Α	Т		²⁷ O	28 F	²⁹ T
	30 E	٧	E	N	В	Е	31 _T	Т	Е	R
	32 L	1	S	Α		33°C	Н	1	L	E
	34L	A	S	Т		35 T	E	S	Т	Y

Easy

4	6	3	8	5	9	1	2	7
5	2	1	7	4	6	9	8	3
7								
9	7	4	1	6	8	3	5	2
3	5	6	2	9	7	8	4	1
8								
1	9	5	6	2	3	4	7	8
2	4	8	5	7	1	6	3	9
6								

Medium

220								
9	1	6	7	2	3	5	4	8
8	4	2	5	6	1	9	3	7
7	5	3	8	9	4	2	6	1
1	8	7	9	5	6	4	2	3
3	9	5	4	8	2	1	7	6
6	2	4	1	3	7	8	5	9
2	3	8	6	4	9	7	1	5
		1						
4	7	9	3	1	5	6	8	2

SAY GOODBYE TO JOINT PAIN!

ONE 30-MINUTE TREATMENT COULD END YOUR PAIN!

Have you ever wondered how different your life would be if you could significantly reduce your joint pain? Where would you go, what would you do? What if this therapy took ONLY ONE 30-MINUTE TREATMENT? We're pleased to announce that joint pain sufferers don't have to wait any longer to get one of the most advanced treatments available today. If you suffer from debilitating joint pain, we invite you to regain control of your life by visiting Complete Health Medical Center, a modern, holistic medical facility.



WHAT IS OSTEOARTHRITIS (OA)?

Osteoarthritis, also known as degenerative joint disease, is the most common type of arthritis. In Osteoarthritis, the surface layer of cartilage breaks down and wears away. This allows the bones under the cartilage to rub together resulting in pain, swelling and loss of motion of the joint. Although in some people it progresses quickly, in most individuals joint damage develops gradually over years.

HOW DOES THIS TREATMENT WORK?

Advanced live motion sonography allows us to pinpoint problem areas with extreme accuracy. We prepare and introduce regenerative tissues into your affected joint and the healing process begins. Stem cells are the building blocks of nearly any tissue type, i.e. are multipotent, and support soft tissue supplementation and possible regrowth! This treatment also quickly reduces pain, inflammation and swelling of the joint. Most patients describe the treatment as getting a shot at the doctor's office and report little pain or discomfort.

WHAT ACTUALLY IS A STEM CELL?

Stem cells (also called mesenchymal cells) have the exceptional ability to take on the behavior and characteristics of their surrounding cells. As such, following a stem cell joint repair procedure, the injected cells may become specialized for the joint and, over time, may help to regenerate the damaged cartilage and other tissue. Results will vary among patients, but many report experiencing pain relief in as little as one week. You have probably recently seen many professional athletes in the news using stem cells to regenerate their bodies following a sports injury (including Super Bowl champion Peyton Manning). Stem Cell Therapy for joint repair is used for acute and chronic injuries and to stop the progression of degenerative arthritis.

WHEN WILL I FEEL RESULTS?

Most people feel better as quickly as one week and can begin enjoying everyday activities within a few days following the treatment. Healing and regeneration continue for several months afterwards, further recovering more function in the joint and supporting tissues.

IS IT AFFORDABLE?

Yes, Our clinic has made stem cell treatments affordable and within reach of most people, Imagine eliminating the need to wear a brace or the dependency on antiinflammatories or opioids.

WHO IS A GOOD CANDIDATE FOR THIS TREATMENT?

Do you wake up with joint pain? Does your pain keep you from certain activities? Have you been told you need a knee replacement? Are you active and sometimes suffer from soreness? Do you take medications for joint pain? Do you have difficulty going up and down stairs due to pain? Are you considering surgery to alleviate pain? Have you tried everything to get rid of joint pain with no success? If you answered yes to any of these questions, you are ready to apply to see if you are an eligible patient candidate at Complete Health Medical Center.

HOW DO I KNOW THAT THIS IS RIGHT FOR ME?

In many cases, regenerative medicine is a solution for joint pain. Our medical staff will give you an honest and fair evaluation of your particular joint pain. We are pleased to announce that we have opened up our schedule and we are now accepting new patients. Take the next step by learning more at our free seminar.

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