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M A G A Z I N E

OCTOBER 2019

A Beautiful Dream

Hannah Wright
brings a rare title
back to the
community

Always a Goalie

Cole Seevers considers
the ice to be his home

In the Kitchen With
Elaine Rose

Also inside:
Scavenger Hunt

Featured Business:
The Garage Men's
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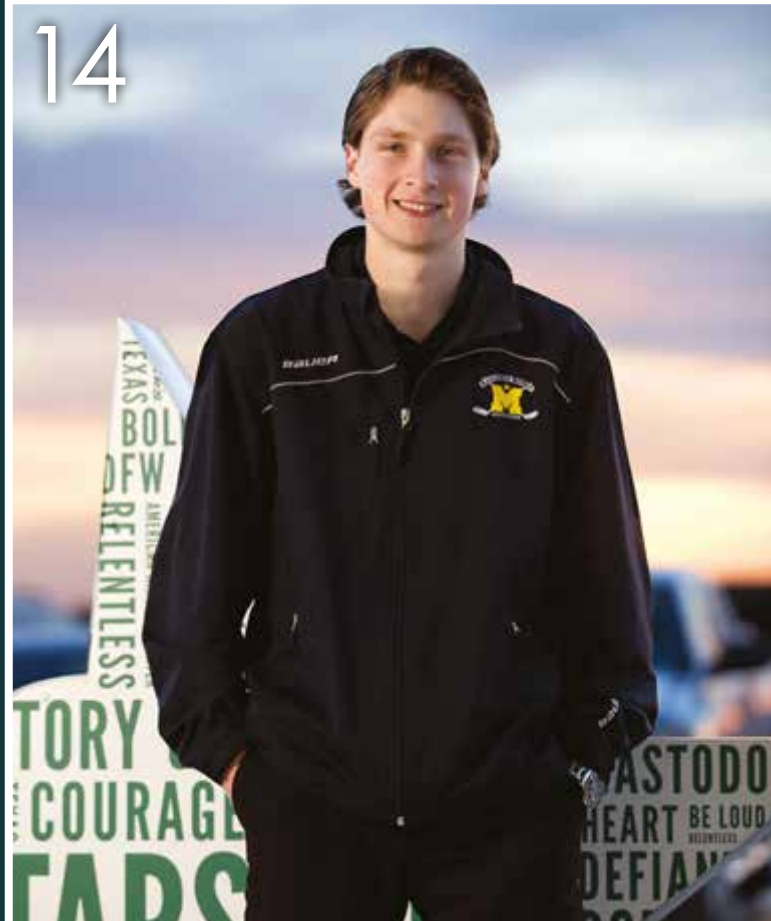
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ON THE COVER

Hannah Wright loves the idea of being title-holder for the place she calls home.



Photo by
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EDITOR'S NOTE

Water is wondrous!

While working with the StarCenter Mansfield to prepare this month's sports feature on an amazing team of hockey players, I meditated on the water over which they all effortlessly glide. This frozen water has been groomed specifically to perform the task of supporting 60 9-inch steel blades and a couple of 1-pound rubber hockey pucks. The same water could have been used to serve humanity in multiple other ways.

An example would be shaved ice — especially the kind reportedly served in Hawaii. This frozen water is shaved so finely, and coated with a hint of freshly harvested coconut milk, that it tastes like a tropical cloud.

Closer to home, the water in the reservoirs holding our drinking water is capable of producing great power. Some of these lakes have dams holding them back. When the rains get high, those floodgates can be opened, and the rushing waters bursting forth contain electricity-producing energy!

Amazingly, we tend to take this for granted, while using up our own energy paddling our kayaks and canoes along the shores of places like Joe Pool Lake. For me, such exercise is most fun this time of year because the sun is not so bright it will burn the skin. Even if it did, it's good to know that simply drinking lots of pure water before, during and after our workouts promotes healing of both sunburn and burning muscles.

The only water therapy I have not found here in Mansfield are all-natural hot springs, like the *onsen* I once experienced in Tokyo. In Japan, they're a national pastime. The locals usually create five to seven different-temperature pools around the hot water they find bubbling forth from the earth.

May you make good use of whatever you find this month!



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A Beautiful DREAM

— By Lisa Bell

Some little girls dream of winning the coveted title in a beauty pageant. Others think they never have a chance. When the Miss Texas pageant system took away swimsuit competition and raised the age limit, Hannah Wright catapulted her journey to represent Mansfield. For the first time in many years, a local resident captured the title of Miss Mansfield.

Hannah recently competed against 46 other young women for the Miss Texas America title. Although she didn't receive the state crown and sash, she said, "We all walked away as winners. I was there for so much more." Winning the Miss Congeniality Award, voted on by her peers, and the Interview Preliminary Award, Hannah came home with more than \$2,000 in scholarship money. She can apply that toward school loans, as well, since she already finished her degree from Texas Christian University.

Hannah grew up in multiple cities and states, moving to Mansfield only two years ago. With interest in theater, dance and singing, she appreciated any opportunity to perform. Attending the 2013 Miss America pageant hooked her. During her senior year in high school, she entered her first pageant, gave it 100 percent and won first runner up. "In Nevada, the

state level had 12 contestants," she shared. "Here, I competed against 12 women at the local level."

Although stunningly beautiful with a winning smile and bright eyes, Hannah never honestly thought she looked the part of a beauty queen. She has an average build, not the ultrathin look most people envision. Entering college, a professor spoke negatively of her singing, leaving her confidence shattered. She left the pageant circuit.

Then, last November, Hannah learned the Miss America system raised the age limit from 23 to 25, and no longer included the swimsuit competition. "It involves so much," she confided. "Taking away swimsuits said a lot." Everything the young women win or earn goes back into school. But Hannah also likes that winning Miss Mansfield gives her opportunities to tell any girl she can do it — as long as she is at least 13.

The Miss USA and Miss America are the two best-known systems, but Hannah admitted hundreds of beauty pageant systems exist for all ages, and each has different requirements, prizes and coverage. She believes strongly in the Miss America system. Thus, she willingly made the sacrifice and dove headlong into preparation.

While most competitors spent months preparing for the June state pageant, Hannah had very little time. Mid-December she told her parents of her plans to compete. They fully supported her. In a flurry of choosing her platform — "Compassion is Contagious" — applying, updating and sending her résumé and writing an essay about her platform, she forged ahead in preparation for a January 6 pageant in Southlake. She





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chose to rent evening gowns at the local levels, saving the expense of purchasing a dress for the state-level pageant. With a crash course in current events, she also started working on community service hours. Although she didn't win Miss Southlake, Hannah did win a community service award and Miss Congeniality, which pleased her considering her chosen platform.

The second contest took place early in February in Hunt County. There she won first runner up. But on February 16, she came back locally. Joining efforts, Kennedale hosted three titles. *If I don't win this one, I'm done*, Hannah thought as the third pageant approached, knowing it was her last chance to win a local title and compete for Miss Texas.

With the title of Miss Mansfield, she said, "For me, God's plan was perfect." Although many titleholders don't live locally, Hannah loves the idea of being the winner of the place she calls home.



As a mentor for Miss Mansfield Outstanding Teen, Kennedy Hardeman, Hannah enjoys giving back to an organization that keeps giving her so much. With two years in the system, Hannah admits she learns as much from Kennedy as she teaches her. During one of their first appearances, outside of Burger Box in Kennedale, Hannah's social media presence improved using Kennedy's "glow" technique. "Hannah wanted to know how I kept my eyes open while looking at the sun during a picture, and I was able to show her how to do it," recalled Kennedy, who also familiarized Hannah with the schedule for the Miss Texas competition week.

Hannah had only three requirements — make appearances, promote her platform and prepare for the June event. But she never does anything halfway. Immediately, she looked for connections



and partnerships, volunteering with several organizations that promote compassion and kindness. She loves teaching how easy it is to be kind, with kids as her favorite audience. At companies and schools, locally and in Fort Worth and Houston, Hannah shared her platform, thankful for a job where they supported her, too. "With connections, even beyond the crown, I'll be able to continue," she said.

"I've been transformed, being unapologetically myself," Hannah admitted. Being authentic rates high on her list. "Trying to be someone else for a year would be exhausting." As a role model, she and all the other beauty-pageant winners must watch their behavior — in person and on social media. "I'm glad I didn't have to clean up much on my pages."

Confidence counts for a lot in the eyes of judges, and Hannah didn't go into this year with much. Shaken by the words of one professor, she didn't realize the impact until her confidence returned. "The term 'pageant girl' doesn't exist," she said. "God is the ultimate judge, and He doesn't see me that way. But when I felt confident again, I realized it was my confidence that had been missing."

Until January or February 2020, Hannah continues serving as Miss Mansfield. After that, she'll volunteer with the Miss Texas Scholarship Organization, giving back as much as possible. And if they raise the age limit again, you can bet she'll be on the stage. Hannah loves the idea of motivating others to win Miss Congeniality in everyday life and to pursue their dreams. **NOW**

Editor's Note: For information and to follow or contact Hannah, go to Facebook and search "Miss Mansfield Scholarship Organization."

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Imagine skating your way across the ice, straight into a coaching position. That's what Cole Seevers did, though it wasn't planned. Now he serves as Mansfield Hockey's junior varsity assistant coach and goalie coach for their Varsity Silver, Varsity Bronze and JV Silver teams. Only 12 years ago, he tagged along with his father, Matt Seevers, and his music teacher, Chris Burkhalter, to the Dr Pepper StarCenter in Duncanville, playing on their house league while the men practiced for men's league games.

When that ice closed, they switched to skating at the Dr Pepper StarCenter at Farmer's Branch (now the Children's Health StarCenter). Cole started acting

ALWAYS GOAL



as the goalie and developed his skills in four years. Later, he played at the StarCenter in Euless and the NYTEX Sports Centre in North Richland Hills, attending some of the camps to see how it felt. Eventually, he went to an open tryout and was able to play through his entire high school career for Mansfield Hockey Association on ice around the Metroplex. Family and friends traveled far and wide to support the players.

They've been able to stay local since 2018. A year after construction, the StarCenter in Mansfield is gaining in popularity. "People are realizing it's fun and different and free to come watch the games," said Cole, who suggests wearing jeans, thick socks and a warm jacket, since the inside temperature is usually in the low 50s. Games last

SA IE

— By Melissa Rawlins




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a little more than an hour, so it's not uncommon to see fans wearing furry headgear covering their ears.

There is even free ice time for little kids at StarCenter. The interest started when the Dallas Stars won the Stanley Cup, according to Steven Gatz, president of Mansfield Hockey Association. His son, Carter, now in his fourth year playing for Mansfield Hockey, was 5 years old at the time. Then, Jenny Conrad, who has a hockey-playing son and a figure-skating daughter, began championing the StarCenter's construction in Mansfield. "City Council got a big push from the hockey parents who were driving to Flower Mound, Frisco, Euless or Duncanville," Steven said. "It just made sense. There was no ice south of Interstate 20 until this opened."

"To keep the interest going, the StarCenter brings kids in at a young age, introducing them to public skates," Steven said, "That morphs into either figure skating or hockey for boys and girls."

Mansfield Hockey Association's former president was Matt Seevers, who asked Steven to take over when Cole graduated from Waxahachie High School. MHA's four-person board does everything from taking care of finances to scheduling practices and reporting grades to the school. They pave the way for almost 40 kids, from Mansfield, Burleson, Grand Prairie and Midlothian, to play for Mansfield Hockey on both Junior Varsity and Varsity teams.

About the same time Cole was made JV assistant coach, Mansfield Hockey Association awarded him the Chad Daniel Memorial Scholarship. He chose to attend Navarro College



in Waxahachie, working toward an associate degree in business. "After the 2019-2020 school year, I will attend a larger school for a degree in construction management," said Cole, who spent last summer working at H-E-B plus playing a lot of hockey.

Always a goalie, Cole coached during Mansfield Hockey Association's spring and summer camps. His challenges revolved around getting the young goalies to switch to new techniques. "How goalies move changes every season, depending on how players are changing their moves," Cole said. Using Instagram or YouTube to observe the Stars or any of the NHL teams, he watches professional goalies to see how they react to players' shots and moves. "This helps me stay up with the trends all the kids we play with will adopt."

Cole's years on the ice have propelled the 19-year-old into a leadership track. "This last year has definitely stepped me up. I was used to a whole group listening to me as a captain. But this year, having a whole group looking up to me as a coach is a different standpoint," he said. "Being able to play so many years prepared me to coach them right, because I can see what they're doing wrong or right."

Mansfield Hockey will play around 18 games this season, and Cole will be behind the bench, coaching. But he can often be found in casual clothes during open skate time. "It's one of my favorite things," he said. "It's a relaxing time. I'm away from everything else, don't have to limit myself, can go as fast as I want. Plus, it's nice being in a cool place in Texas." **NOW**



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— By Melissa Rawlins

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If a person needs rejuvenation, the ladies can do a Jack Black facial, hair cut, face shave and 10-minute neck-and-shoulder massage in about 90 minutes. "The full clean up, as well as a nose wax, would be an investment of \$75-\$80 in themselves," Owner Daniela Brooks said.

Complimentary whiskey and beer are served to grandfathers and dads. Boys get fruit snacks and stick-on tattoos. Women are offered free wine and margaritas while they wait on their sons and husbands. "We cut hair for a lot of little boys," Daniela said. "We feel so honored to be able to give babies their first hair cuts."

The Garage Men's Grooming is as involved in the community as possible, sponsoring local schools' sports

as well as The LOT Downtown in Mansfield. Yet it's always a party inside The Garage Men's Grooming when a sports game is on. The guys are having fun while they're getting pampered in their brown leather seats. "We call it 'manpering,'" Daniela said.

The powerhouse owner of this fun men's salon is 25 years old, and only at the surge of her wave of success. She has hustled since she was 18 years old and a cosmetology student at Burleson High School. Cutting hair, saving up every penny, she took a check to First Financial Bank with a business proposal. "We opened May 2017, in Burleson, and here in April of this year," Daniela said. "When it was time to get the Mansfield loan, I told John Saenz, the local bank vice president, what I needed, and he said, 'Burleson's doing great. Here you go.'"

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Surrounded by "agreeable gray" walls accented with garage panels of metal, black toolboxes and televisions tuned as often to *Sponge Bob* as to The Cowboys' game, the men enjoy a no-cussing, no-slang playlist of music. Meanwhile, they're getting men's haircuts from women wielding a straight razor, trained in the details.

"The hottest trends are the pompadours and the Eurohawks, which are a blended Mohawk," said Daniela. She did one just the other day and finds adults are getting them as much as the boys.

"Seeing the girls succeed is the most fun part of running this business," Daniela said. When you need a manpering, call The Garage Men's Grooming. **NOW**



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Amber Nelson and DeMarcus Randle enjoy happy hour at Fish City.

Zoomed In: Gary and Pepper Crary

By Melissa Rawlins

Gary and Pepper Crary work together to help increase awareness of and appreciation for local visual artists and their work. Both are on the board of the Mansfield Art Association, and helped produce the First Annual Fine Arts Gallery and Exhibition. Inside the MISD Center for the Performing Arts, approximately 450 people mingled with 36 local artists displaying more than 70 original works of art.

Gary was proud to enter the gallery with his stunning wife, who found a unique way to achieve their goal of presenting and focusing attention on original art created by local artists. Pepper wore lovely, eye-catching, locally fashioned earrings. "I thought they would be a perfect statement piece for our gala," she said. With her husband and many friends from the art association, Pepper was surrounded with beauty everywhere she turned.



Jordan Moore, Cameron Badolato and Tassha Faison meet Venetia Sneed, director of human resource development for MISD, during substitute teacher orientation.



Ace Rodriguez, Brent Aldridge and Hugh Hunton contemplate eating another spicy hot wing during the Hugh Hunton Hot Ones Challenge at By The Horns Brewing.



Mansfield's Shane Richmond, co-founder of Writers in the Field, presents his zaniness at the Burselson Bookfest.



Cousins Julian, 8, and Nysa practice baseball in the field behind Lone Star Barber Shop with Juan Moreno Jr.



Mayor David Cook, left, and Brent Newsom, assistant Vice president of Frost Bank, celebrate Troy and Leslie Dorsey.



Melissa Rawlins gets a long overdue blowout from Kenzee Nickerson, hairstylist at Avanté.

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*From Left TOP: Chrissy Coppock, Alen Munoz, Martin Ferman, Ruben Cadena, Omar Munoz, Wesley Wise, Billy Wofford, NACHO, Roger Villarreal, Mark Dearborn, Jorge Reyna, Dan Lopez, Neal Guthrie, Chad Day, Hunter McClendon, Jerry Beam
From Left BOTTOM: Omar Menchaca, Ivann Sanchez, Mark Negrete, Salvador Reyna, Ashu Mandit, Isai Lopez
NOT PICTURED: Neil McClendon & Gabe Vera*

Roger Villarreal started with Texas Ace Heating & Air in January 2015. When he first started, he represented the entire New Construction Department – a department that did not exist prior to his hire. He served as the sales rep, the field rep, the QC rep, the designer and the manager. Quickly identifying an area within the company both ideal and necessary for growth, Roger set out to foster and build relationships with as many builders, and project managers that he could – the easiest of his tasks, given his commitment to customer care and service. Already known within the industry for his direct collaboration and tenacious work ethic, his attention to the customer experience has helped grow the department into the largest sector of Texas Ace.

And, as the New Construction Department continues to grow, so too the team. Now a highly prized ensemble of the most experienced and professional talent, the New Construction Department employs: a support staff led by Dan Lopez; a Quality Control crew led by Chad Day; a Start Up crew led by Mark Dearborn; a Warehouse crew led by Isai Lopez; and, an Engineering staff led by Billy Wofford. And this is where Roger is most comfortable – much preferring to discuss the team's accolades than that of his own attributes - awards such as Vendor of the Month, Trade of the Quarter, and Outstanding Vendor of the Year. Just as important, are the personal rewards that come from working with such programs as Habitat for Humanity and Homes for Troops.

And, while the success of the department lies largely with the team's efforts, it's Roger's big heart and big personality that continues to win over his peers, his customers and his community of builders.

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In the Kitchen With

ELAINE ROSE

— By Melissa Rawlins

College helped turn Elaine Rose into an instructor and a foodie. While sharing an apartment with a home economics major, Elaine acquired a 1970s edition of the *Better Homes and Gardens Cookbook*. “The game was on,” she said. “I tried to excel in making delicious meals.” She was appointed cook for Sunday lunch, when they invited boys to the apartment. “Two dishes that went over particularly well were *coq au vin* and *boeuf bourguignon*. It was fun, because everyone loved the food, and afterwards we danced and talked.”

After 35 years living in Arlington — teaching 23 of those years — Elaine and her husband moved to Mansfield last year. Now a health coach, she has learned from Dr. David Katz and his wife, Catherine Katz, how to make healthy food delicious. **NOW**

Spinach and Feta Quiche in a Quinoa Crust

Crust:

1 cup quinoa

2 cups water

Cooking spray (I use a basil olive oil spray.)

1/8 tsp. freshly ground pepper

1 large egg

Filling:

1 small onion, finely chopped

1 tsp. olive oil

1 5-oz. bag organic spinach

1/2 cup unsweetened almond milk

1/4 tsp. freshly ground pepper

1/4 tsp. crushed red pepper

4 large eggs

2 large egg whites

2 oz. feta cheese

1. *For crust:* In a fine mesh sieve, rinse the quinoa in order to remove a bitter coating. Drain and put into a small saucepan. Add water; bring to a boil. Cover; simmer on a medium-low heat for 15 minutes. Let cool.

2. Preheat oven to 375 F. Spray a 9-inch glass pie pan with cooking spray. Combine quinoa, pepper and egg in a bowl; stir well. Press the mixture into the bottom and up the sides of the pie pan. Bake for 20 minutes; cool.

3. *For filling:* Sauté onions in olive oil for 4 minutes. Add the spinach; sauté for 3 minutes, stirring often. Remove from heat; cool.

4. In a separate bowl, whisk together the milk, pepper, crushed red pepper, eggs and egg whites.

5. Arrange the spinach mixture in the crust. Pour the egg mixture over the spinach. Crumble and sprinkle the feta cheese over the quiche. Bake on the middle rack at 375 F. After 30 minutes, stick a toothpick in the middle to see if it comes out dry. If not, cook an additional 5–10 minutes. Let stand 5 minutes before cutting.

Chickpea (or Chicken) Wraps

1 cup plain yogurt

2 Tbsp. curry

1 8-oz. can chickpeas or chicken

1 apple, diced

3 stalks celery, diced

1 green onion, finely chopped

1 cup walnuts, finely chopped

1 red, yellow or orange bell pepper, finely chopped

1/2 cup cranberries

Pinch of salt

Freshly ground pepper, to taste
2 Tbsp. lemon juice

1. Whisk the yogurt with the curry in a small bowl until well mixed.
2. Rinse and drain the canned chickpeas or chicken; put through a food processor until mashed. Remove to a large bowl; add the apples, celery, green onion, walnuts, bell pepper and cranberries. Season lightly with salt and pepper; mix well.
3. Add the yogurt mixture; mix thoroughly. Add lemon juice; mix one last time. Serve as a filling for a multi-grain tortilla to make a wrap, or scooped onto a salad for a crisp and delicious protein topping.

African Stew
Makes 8 servings.

- 2 cups chickpea rotini pasta**
8 cups boiling water
1 Tbsp. olive oil
2 yellow onions, diced
6 cloves garlic, minced
3 jalapeño peppers, seeded and diced
2 Tbsp. curry powder
1 Tbsp. fresh ginger, grated
4 cups vegetable or chicken broth, low sodium
4 tomatoes, diced
1/3 cup peanut butter (creamy or chunky)
1 large sweet potato, cut into 1-inch pieces
4 cups Swiss chard or spinach, shredded
1/4 cup coconut
Salt, to taste
1/4 cup cilantro

1. Cook the pasta in boiling water according to package directions; set aside.
2. Heat olive oil on medium heat in a large pot. Add onions; sauté until tender. Add garlic, peppers, curry powder and ginger; sauté for 1 more minute.
3. Stir in broth, tomatoes and peanut butter. Add sweet potato and greens, increasing heat to medium-high. Bring to a boil; reduce heat to a simmer. Cook, uncovered, until potatoes are tender (12-14 minutes). Add coconut; stir and salt to taste.
4. Divide rotini among serving bowls. Top with stew, cilantro and more salt.

Quinoa Cashew Veggie Burger
Makes 4 servings.

- 1/2 cup quinoa**
1 cup vegetable broth
1/2 cup raw cashews
2 Tbsp. Parmesan cheese
1 large or 2 small onions

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Spinach and Feta Quiche in a Quinoa Crust

- 1 clove garlic, minced
- 1/3 red bell pepper, minced
- 1 egg
- 1 Tbsp. soy sauce or liquid aminos
- 1/2 tsp. chili powder
- Salt and pepper, to taste
- 2 Tbsp. olive oil

1. Combine quinoa and broth in pan; after bringing to a boil, simmer, covered, for 13-15 minutes.
2. Use a food processor to chop cashews and shred cheese; set aside. Use a food processor to chop and mix together the onion, garlic and red bell pepper.
3. In a bowl, combine quinoa, cashews,

- cheese and the onion mixture. Add egg, soy sauce, chili powder, salt and pepper; mix well.
4. Form into 4 patties. Chill at least 2 hours in the refrigerator.
 5. Heat olive oil over medium heat. Add patties to a skillet; brown on both sides.
 6. Serve on whole wheat buns or lettuce leaves, if desired.

Elaine's Thai-inspired Chicken and Vegetable Soup

- 1 Tbsp. olive oil
- 1 red, yellow or orange bell pepper, rinsed and diced
- 3 carrots, peeled, rinsed and diced
- 3 stalks celery, rinsed and diced
- 1 onion, diced
- 6 Swiss chard leaves with stalks, rinsed and cut into 1-inch segments
- 1 cup broccoli, Brussels sprouts, asparagus or any vegetable, diced
- 1 cup riced cauliflower (processed to the size of rice)
- 2 Tbsp. fresh ginger, peeled and grated
- 1/4 tsp. cayenne pepper

- 4 cups chicken broth
- 1 13.5-oz. can unsweetened coconut milk
- 2 cups chicken breast, cooked and shredded
- 1/2 lime, juiced
- 1/2 Tbsp. freshly ground black pepper
- 4 Tbsp. fresh cilantro, chopped

1. Heat oil to medium-high heat in a large pot. Add vegetables; cook for 5 minutes, stirring occasionally. Add the ginger and the cayenne pepper; heat for 1 minute.
2. Add the chicken broth and the coconut milk. After it begins to boil, reduce the heat to a simmer.
3. Add the chicken; cook until heated through. Remove from heat. Add the lime juice and pepper to taste. Ladle into bowls; garnish with cilantro.

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- Virginia Woolf



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TravelNOW Timeless Travel

— By *John T. Taylor*

Do you ever think you would like to go back in time? Maybe not an earlier time but a simpler one, where residents still sit on their front porches and visit with their friends? A place where you are greeted on the sidewalks by people genuinely glad to see you? Can you even imagine such a place that also has quality events and attractions, as well as quality relaxation?

Tucked into the northeast corner of Texas, you'll find Jefferson, one of Texas' oldest and most historic cities. A charming destination for families, or a romantic weekend getaway for couples, you'll find myriad entertainment choices all year. With its 20-plus award-winning B&B's, top-ranked restaurants and exciting festivals, Jefferson is a must-see destination, and one to which you will want to return. Its

location east of the Dallas-Ft. Worth area and north of Houston makes it easily accessible by major highways.

Founded in the 1840s on Big Cypress Bayou, Jefferson was once the largest inland river port in Texas. Steamships plied this river to New Orleans by way of the Red and Mississippi Rivers and brought a level of prosperity not seen by other cities in this region. This is still reflected today by the presence of nearly 100 entirely restored homes built in the 19th century, many of them open for tours. Surrounded by stately magnolias and gardens, they give visitors a glimpse into the grandeur that was Jefferson 150 years ago.

Today, that famed waterway hosts visitors to canoe and kayak past magnificent cypress trees draped with Spanish moss, reminiscent of states farther south and east. If that sounds too much like exercise on your visit, take a narrated riverboat tour with an experienced and entertaining guide and local historian. If you have more time and a passion for water activities, visit nearby Lake O' the Pines, as well as Caddo Lake, a haven for photographers and fishermen. Fully equipped campgrounds are available at both lakes.

Jefferson was designated "The Bed and Breakfast Capital of Texas" by the Texas Legislature, and those establishments

found here are definitely deserving of recognition. From plantation breakfasts in many to charming hosts, you'll experience the graciousness and manners of the South with the friendliness of Texas. If it's a historic hotel you prefer, the Excelsior House Hotel is located downtown and has been in continuous operation since the 1850s.

While the pace is slower here, you'll quickly find an attraction to interest almost everyone and a memory waiting to be made. There are museums, galleries and an original restored Carnegie Library. For model railroad enthusiasts of all ages, the R.D. Moses Model Railroad is located in the Depot directly behind the Jefferson Historical Museum. Train rides, soda fountains, a petting zoo with exotic animals, shops and boutiques, informative horse-drawn carriage rides and coach tours on brick streets await your exploration and are in operation year-round. To fuel all that activity, you'll find Jefferson has everything from unique sandwiches, award-winning barbecue, burgers and fudge to bistros, wine, coffee bars and fine dining establishments. If you still have the energy, you will find ghost tours available on weekends with fascinating stories of hauntings, past and present.

Festivals abound all year with a candlelight Christmas season, an old-fashioned Fourth of July celebration and a pilgrimage of homes. Add to that Mardi Gras, motorcycle rallies and car shows, Bigfoot sightings, history symposiums and Girlfriend Weekend book festivals, and you might have to stop to catch your breath. But, if you're just looking to get away from the crowds for a weekend, Jefferson offers that, too. And that feeling of relaxation and contentment you'll carry home with you comes free of charge. **NOW**

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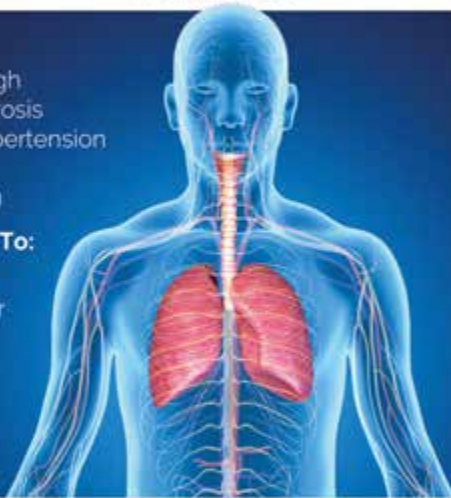
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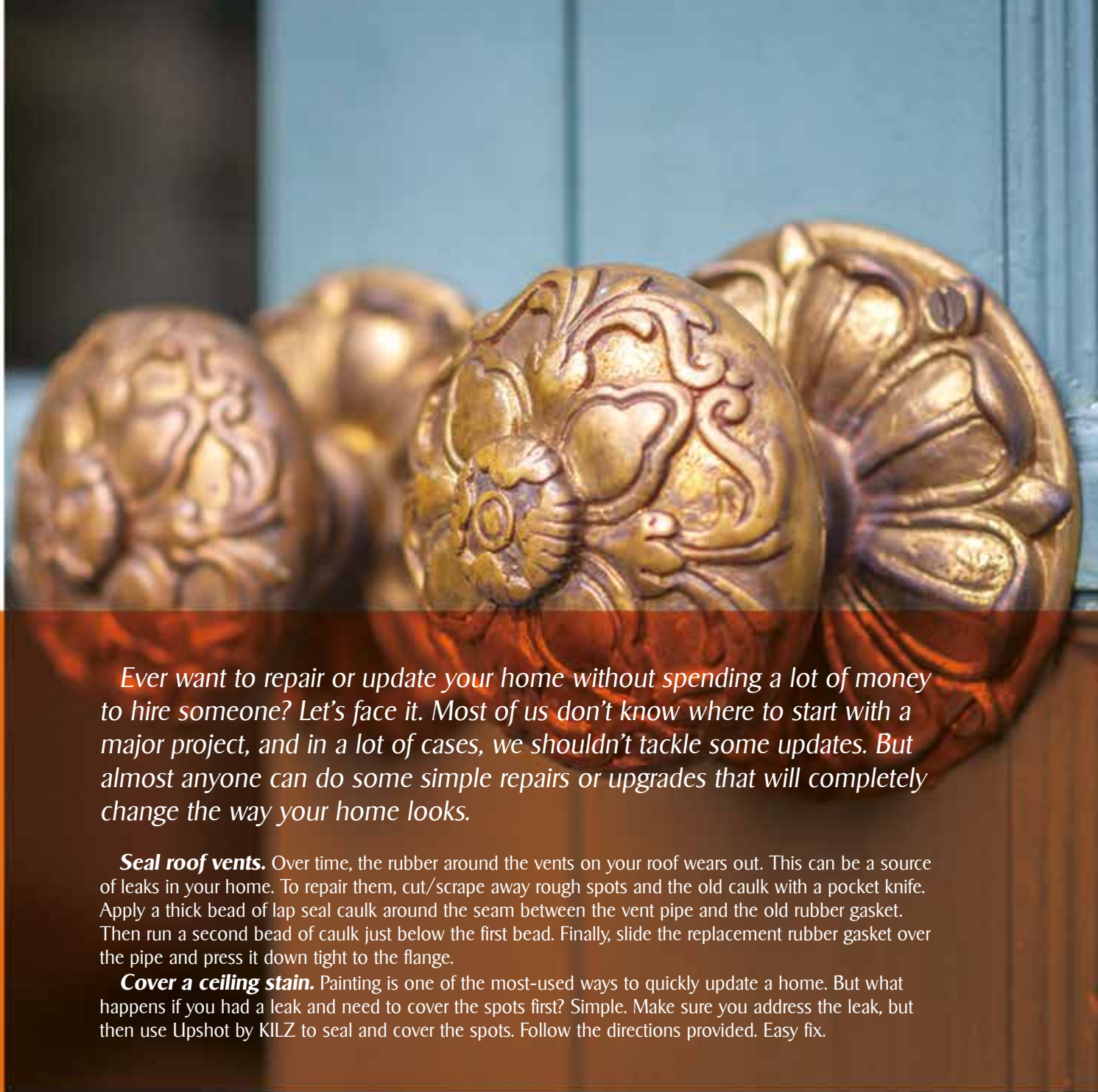




Easy Upgrades

— By Lisa Bell





Ever want to repair or update your home without spending a lot of money to hire someone? Let's face it. Most of us don't know where to start with a major project, and in a lot of cases, we shouldn't tackle some updates. But almost anyone can do some simple repairs or upgrades that will completely change the way your home looks.

Seal roof vents. Over time, the rubber around the vents on your roof wears out. This can be a source of leaks in your home. To repair them, cut/scrape away rough spots and the old caulk with a pocket knife. Apply a thick bead of lap seal caulk around the seam between the vent pipe and the old rubber gasket. Then run a second bead of caulk just below the first bead. Finally, slide the replacement rubber gasket over the pipe and press it down tight to the flange.

Cover a ceiling stain. Painting is one of the most-used ways to quickly update a home. But what happens if you had a leak and need to cover the spots first? Simple. Make sure you address the leak, but then use Upshot by KILZ to seal and cover the spots. Follow the directions provided. Easy fix.



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Add wall art. Most home improvement or home decor stores carry a variety of wall words or pictures. Choose a wall to highlight with these quick and easy additions. The wall art or words have easy-to-follow instructions, making this a simple project.

Replace cabinet knobs and pulls. An effortless and inexpensive way to completely change up a bathroom or kitchen is to replace the old drawer pulls and knobs with an updated, fun version. Available at home improvement, home decor and even some department stores, the options are endless. Love chickens or animals? A variety of options enhance other items already in your kitchen. Sports fan? Look for literally dozens of sports-shaped knobs. These can also be used in a bedroom on a dresser or desk to create a fun atmosphere. In most cases, you only have to unscrew the old knob/pulls and screw in the new ones. Invite your children to help with this project.

Change interior door knobs. If you have an older home, you might want to replace the old-fashioned knobs with something more modern. But if you love the country style, even a new home can enjoy a fresh look with the old-fashioned crystal knobs. While this takes a touch more skill, you still need only a screwdriver to complete the project. Make sure to line up all the elements within the knob and check before closing the door.

Paint vinyl flooring to look like stone. Often vinyl flooring isn't in bad shape, but it can lose its luster and original appeal. Even if the flooring has small chips or cracks, you can actually use those areas to enhance the look of

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stone. Use chalk paint, and be sure to seal the floor after it dries to increase durability. Start with a base color to cover the floor. Then mix in lighter and/or darker colors, and lightly brush over your base color to achieve uneven tones throughout the room, creating the stone look. Be sure to start in the far corner and work your way out of the room. Try this out on a small space before moving to a larger area if you're nervous.

Replace house numbers. A simple update for the exterior comes in the form of new house numbers. You can find many options, and simply remove the old and hammer or screw on the new ones. Be sure to clean around the area and touch up paint, if needed.

Switch out switch-plates. Throughout most houses, light switches and outlets have the same dull cream or white covers. But you can find decorative options to brighten or create an elegant look in any room. Some hobby stores carry clear acrylic options if you want to create a unique backdrop. You only need a screwdriver to uninstall and replace old covers with something new.

These are merely a few ideas to quickly and easily update your home. Don't be afraid to use your imagination and come up with something wonderful. And, of course, utilize the Internet for more ideas. Hire a handyman for big jobs you can't do, but get adventurous and make a few changes. You'll be glad you did. **NOW**

Sources:

1. www.thisoldhouse.com
2. www.hometalk.com
3. www.familyhandyman.com
4. www.bhg.com

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Leaving Your Job? What Happens to Your 401(k)?

If you're in the early stages of your working life — or even in the not-so-early ones — the chances are pretty good that you will change jobs at some point. When that happens, you'll probably leave a few things behind, but will one of them be your 401(k)?

Of course, you wouldn't really forget about your 401(k). (It does happen, however — over the period from 2004 through 2013, more than 25 million people left at least one 401(k) or similar plan behind when they left their job, according to the U.S. Government Accountability Office.) But you will have to do something with your account.

Essentially, you have four choices:

- *You can cash out your 401(k).* It's your money, but if you take it out before you reach 59 1/2, you will owe federal income taxes, plus any applicable state and local taxes. Also, you will likely be charged a 10 percent penalty for early withdrawal. Perhaps even more important, if you liquidate your 401(k) when you change jobs, you'll be reducing the amount you'll have left for retirement.
- *You can leave your 401(k) with your old employer.* If your former employer permits it, you can leave your 401(k) intact, even after you move to a different

job. This might be appealing to you if you like the investment choices in your account, but you won't be able to make any new contributions. Plus, you won't face any immediate tax consequences.

• *You can move the money to your new employer's 401(k).* You can consolidate your old 401(k) with one offered by your new employer, if allowed. You won't take a tax hit, and you might like your new plan's investment options. And, you may find it easier to manage your funds if they're all held in one place.

• *You can roll your 401(k) into an IRA.* You don't need the permission from any employer — old or new — to move your old 401(k) to an IRA. Your money will continue to grow on a tax-deferred basis, and an IRA offers you a virtually unlimited array of investment options — stocks, bonds, mutual funds and so on. You can make either a direct or indirect rollover. With a direct rollover, the administrator of your old 401(k) sends your money directly to the financial provider that holds your rollover IRA. No tax is withheld because you never actually take possession of the money. With an indirect rollover, you're technically withdrawing the money and moving it to the IRA provider yourself. You've got 60 days to make this transfer. You will face a withholding of 20 percent of your account's assets, but you may be able to recover most of this amount when you file your tax return. Still, for the sake of ease of movement and avoidance of all tax issues, a direct rollover may be more advantageous.

Which of these options is right for you? There's no one right answer for everyone. You'll have to consider several factors, and you'll certainly want to consult your tax professional before making any decision. But in any case, do whatever you can to preserve, and hopefully grow, your 401(k) assets. You'll need these resources to help fund the retirement lifestyle you want and deserve. **NOW**

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Jeff Trentham is an Edward Jones representative based in Arlington.

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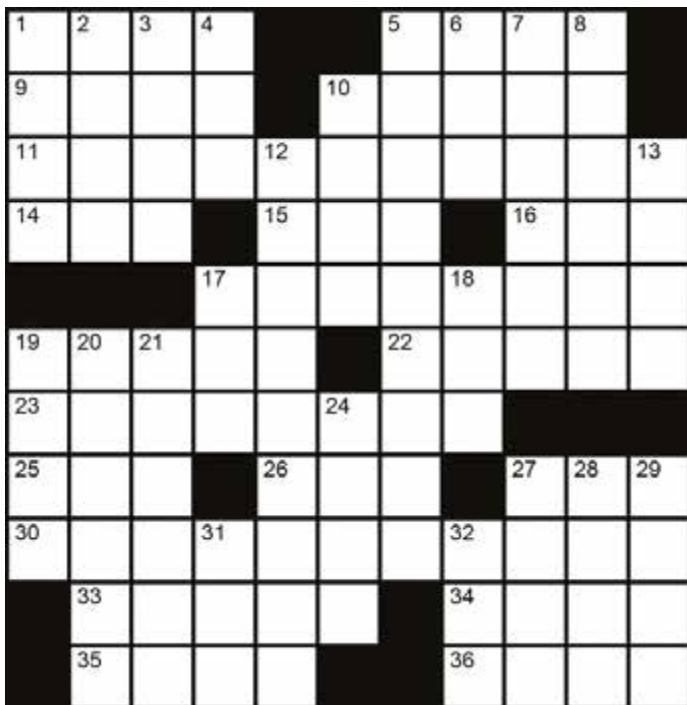


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Crossword Puzzle



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Across

- 1 Start of Operation Overlord
- 5 Banned pollutants
- 9 Former Soviet ruler --- Andropov
- 10 Acute
- 11 Watch
- 14 When one is supposed to get there
- 15 Metal container
- 16 Period of history
- 17 Judicial restraint
- 19 Variable
- 22 Old-fashioned
- 23 Hung around
- 25 First of her kind
- 26 The whole race, or a member of half of it
- 27 Put down in the street
- 30 Journey's end
- 33 Yearned
- 34 The power to reject
- 35 Playthings
- 36 Thrust with a knife


Down

- 1 Embankment
- 2 Musical composition for two
- 3 Extent of space
- 4 Pup's cry
- 5 Remarkable events
- 6 Reef
- 7 Cattle classifications
- 8 Puffball emissions
- 10 Obstacle
- 12 Scholarly centers
- 13 Not any
- 17 Light rowboat
- 18 Slender bar
- 19 Ran away
- 20 Occupy
- 21 Worldwide cultural org.
- 24 South African monetary unit
- 27 Tokyo legislature
- 28 Small thing
- 29 Nose-in-the-air sort
- 31 Your, old style
- 32 Domestic channels for news, education, entertainment and rubbish

Solutions on page 52

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Footballs were found on pages 25, 27, 31, 33, 41.

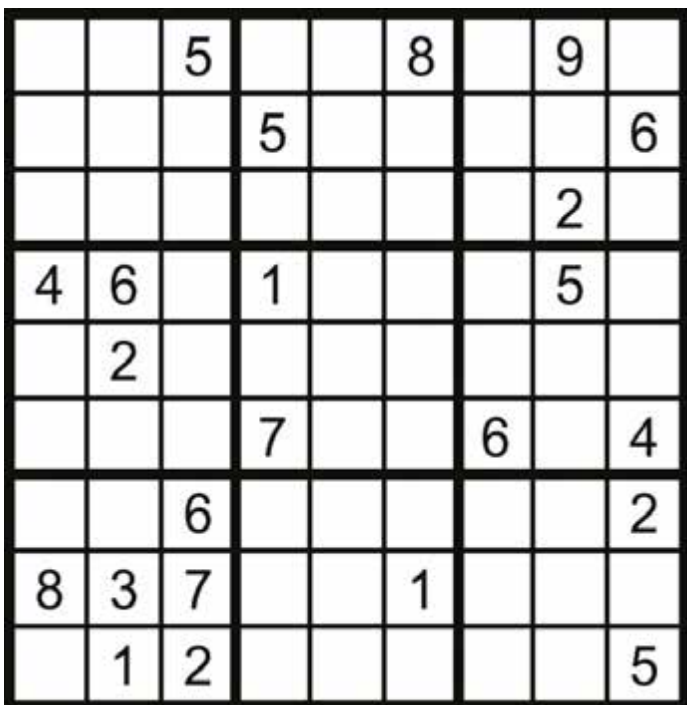
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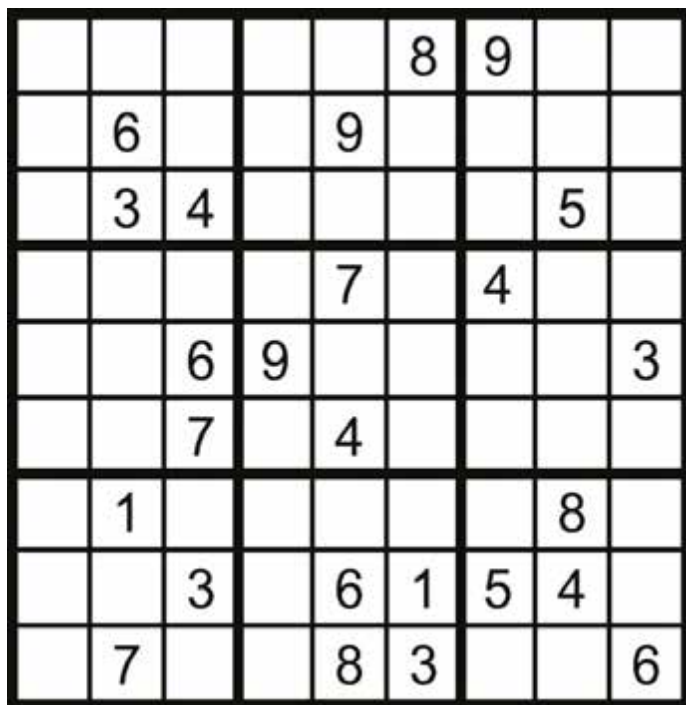


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Solutions on page 52



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10/18-10/27

Sleepy Hollow: A Musical Tale:
A new musical version of the classic Washington Irving story. **October 20 and 27:** 2:30 p.m.; all other dates: 8:00 p.m., MPM Studio Theater, 400 S. Main St. mpmstudiotheater.com.

10/26

Short Stacks for a

Tall Cause:

Mansfield Centennial Lions Club invites the community to support Feed The Kids in Mansfield. \$10 tickets available from Jane Jones, American National Bank, (817) 723-3817. 8:00-10:00 a.m., Applebee's Grill + Bar, 2021 U.S. 287 Frontage Rd.

Texas Country

Reporter Festival:

Join Kelli and Bob Phillips, hosts of the weekly TV show, *Texas Country Reporter*, for this 24th annual, one-day arts and music festival. More than 250 booths featuring artists, craftspeople, food, live entertainment and some of the people who have been featured on the TV show over the years. Free admission. 9:00 a.m.-7:00 p.m.; "unplugged" performance by country legend John Anderson: 6:00 p.m., historic courthouse square, downtown Waxahachie. www.waxahachiecvb.com.

10/27

St. Jude Catholic Parish Festival:

Enjoy food, entertainment, games, auctions and prizes. 8:30 a.m.-8:00 p.m., 500 E. Dallas St. tomdebinski@yahoo.com.

11/9

Veterans Day Parade:

The city of Mansfield and Mansfield ISD say thank-you to the men and women who have

served our country. Free. 10:00 a.m., Mansfield City Hall, 1200 E. Broad St. (817) 276-4200.

11/9-11/10

I'll be Home for Christmas:

This tribute to faith and family is free to veterans and MISD students. Tickets can be

purchased online through our website or at the door. Adult: \$16; senior: \$14; student: \$12.

Saturday: 7:00 p.m.; **Sunday:** 2:00 p.m.; Willie Pigg Auditorium, 1520 N. Walnut Creek Dr.

For more information: <http://mainstageclassictheatre.org>.

11/14

Taste of Mansfield 2019:

The whole community is welcome to benefit Mansfield Mission Center. One \$35 ticket gives you unlimited tastings plus tea and soft drinks; a \$50 ticket provides unlimited tastings with beer and wine. 6:00-9:00 p.m.,

Aristide Mansfield, 570 N. Walnut Creek Dr.

www.tasteofmansfield.org or Lindsey Trook, (817) 473-6650.

Mondays

Miracle Mondays:

We pray at no charge for people with any issues, and teach others to pray for healing and wholeness. 10:30 a.m.-1:30 p.m., The Healing Place, 600 Strada Circle, Ste. 210. Bill Dasch, (817) 319-0129.



10/5

Fire Safety Palooza: Interactive and hands-on demonstrations teach kids how to prevent fires in the home. Free. 10:00 a.m.-2:00 p.m., The MISD Performing Arts Center, 1110 W. Debbie Ln. (817) 276-4790.

DivorceCare:

Men and women who are going through a divorce, recently divorced or separated and in need of Christian support are welcome. 6:30 p.m.-8:00 p.m., Building C, First United Methodist Church, 777 N. Walnut Creek. (817) 477-2287, ext. 231.

Third Mondays

Mansfield Art Association Meeting:

Enjoy a demonstration of technique while networking with local artists. 6:30-8:30 p.m., Chris Burkett Service Center, 620 S. Wisteria St. (817) 313-6327 or www.mansfieldart.org.

Mondays-Fridays

Senior Lifestyles Program:

Enjoy vital services as well as life-enhancing activities, such as devotional singing, bridge, ceramics, exercise, bingo, games, crafts, Red Hat Society and dance classes. 9:00 a.m.-2:00 p.m., Mansfield Activities Center, 106 S. Wisteria. (817) 728-3680, ext. 3687.

Tuesdays, Wednesdays and Thursdays

The Fit Club:

Relieve stress and maintain balance with senior adults, ages 55-plus. 9:30-11:00 a.m., Walnut Ridge Baptist Church. Kelly Myers, (512) 963-3440.

Third Wednesdays

Quilting With Heart:

Join us if you are interested in making charity quilts and would like to learn more about and share the art of quilting. Open membership with no dues. 1:00-3:00 p.m., First Methodist Church Mansfield, 777 N.

Walnut Creek, Bldg. C, Room 11. qwhinfo@gmail.com.

Thursdays

Rotary Club of Mansfield Sunrise:

7:00-8:00 a.m., Methodist Mansfield Medical Center, 2700 E. Broad St. www.mansfieldrotarysunrise.org.

Submissions are welcome and published as space allows. Send your event details to melissa.rawlins@nowmagazines.com.



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Russell Farris, with daughter Arianna, winner of the \$100 Visa Gift Card from NOW Magazines, said, "We had so much fun finding the hidden objects. Thanks, MansfieldNOW!"



Steve Caccavale, winner of the \$50 Poured Gift Card from Poured, said, "Thanks, MansfieldNOW! I can't believe I won! I'm looking forward to visiting Poured."



Susan Pereira won the \$50 Joe's Family Restaurant Gift Card from Joe's Family Restaurant. Picture not available.

Crossword - Sudoku Solutions

1	D	D	A	Y		5	P	C	B	S						
9	Y	U	R	I		10	S	H	A	R	P					
11	K	E	E	P		12	A	N	E	Y	E	O	N			
14	E	T	A		15	C	A	N		16	E	R	A			
					17	G	A	G	O	R	D	E	R			
19	F	L	U	I	D		22	M	O	S	S	Y				
23	L	I	N	G	E	R	E	D								
25	E	V	E		26	M	A	N		27	D	I	S			
30	D	E	S	T	I	N	A	T	I	O	N					
					33	A	C	H	E	D		34	V	E	T	O
					35	T	O	Y	S			36	S	T	A	B

Easy

6	7	5	4	2	8	1	9	3
2	8	3	5	1	9	7	4	6
1	9	4	3	7	6	5	2	8
4	6	9	1	8	3	2	5	7
7	2	8	6	4	5	9	3	1
3	5	1	7	9	2	6	8	4
5	4	6	9	3	7	8	1	2
8	3	7	2	5	1	4	6	9
9	1	2	8	6	4	3	7	5

Medium

7	5	1	6	3	8	9	2	4
2	6	8	5	9	4	7	3	1
9	3	4	1	2	7	6	5	8
3	2	9	8	7	6	4	1	5
5	4	6	9	1	2	8	7	3
1	8	7	3	4	5	2	6	9
6	1	2	4	5	9	3	8	7
8	9	3	7	6	1	5	4	2
4	7	5	2	8	3	1	9	6

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