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M A G A Z I N E

October 2018

Nature Dash

Rose Reddish's daily run is a chance to commune with nature

Holding On By Adding

At Home With Michael and Tina Maness

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pp. 30 & 32

Crossword/Sudoku

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ON THE COVER

Rose Reddish enjoys a peaceful run.

Photo by
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EDITOR'S NOTE

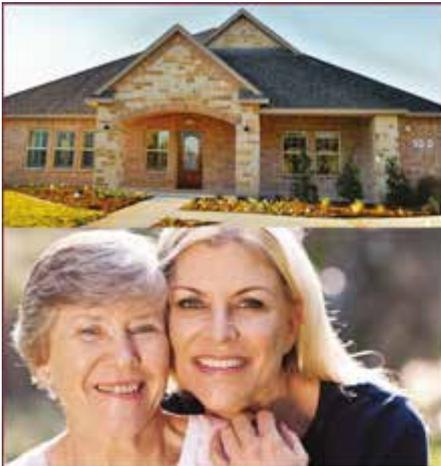
Fall festivals make me feel like dancing!

This time of year, people around the globe are feasting and celebrating. In fact, I'm in Israel enjoying the Feast of Tabernacles. Closer to home, folks in Muenster, Grapevine, Galveston, San Antonio, Fredericksburg and many more destinations are hosting events that invite you to get a hotel room near the Oktoberfest, so it doesn't hurt so bad when you stay up dancing polkas. Speaking of polkas, Ennis has several Czech halls where you can go to dance regularly.

It is a bit calmer here in our county. A totally different ambience will be found at myriad local church and school events. A Fall Fiesta will be celebrated on October 6, when the only bilingual school in the Burleson ISD hosts a Mexican food extravaganza to help the Taylor Elementary PTO raise money to provide a better playground. At North Joshua Elementary School's 19th Annual Fall Festival on Saturday, October 20, food and games for the whole family will be the big draw — in addition to opportunities to be generous. People participating this year will invest in family involvement resources, plus help to ensure enough enrichment curricula in every classroom.

Look around you, find a reason to celebrate and start dancing!

P.S. We hope you enjoy our new Fun Pages for kids and adults!



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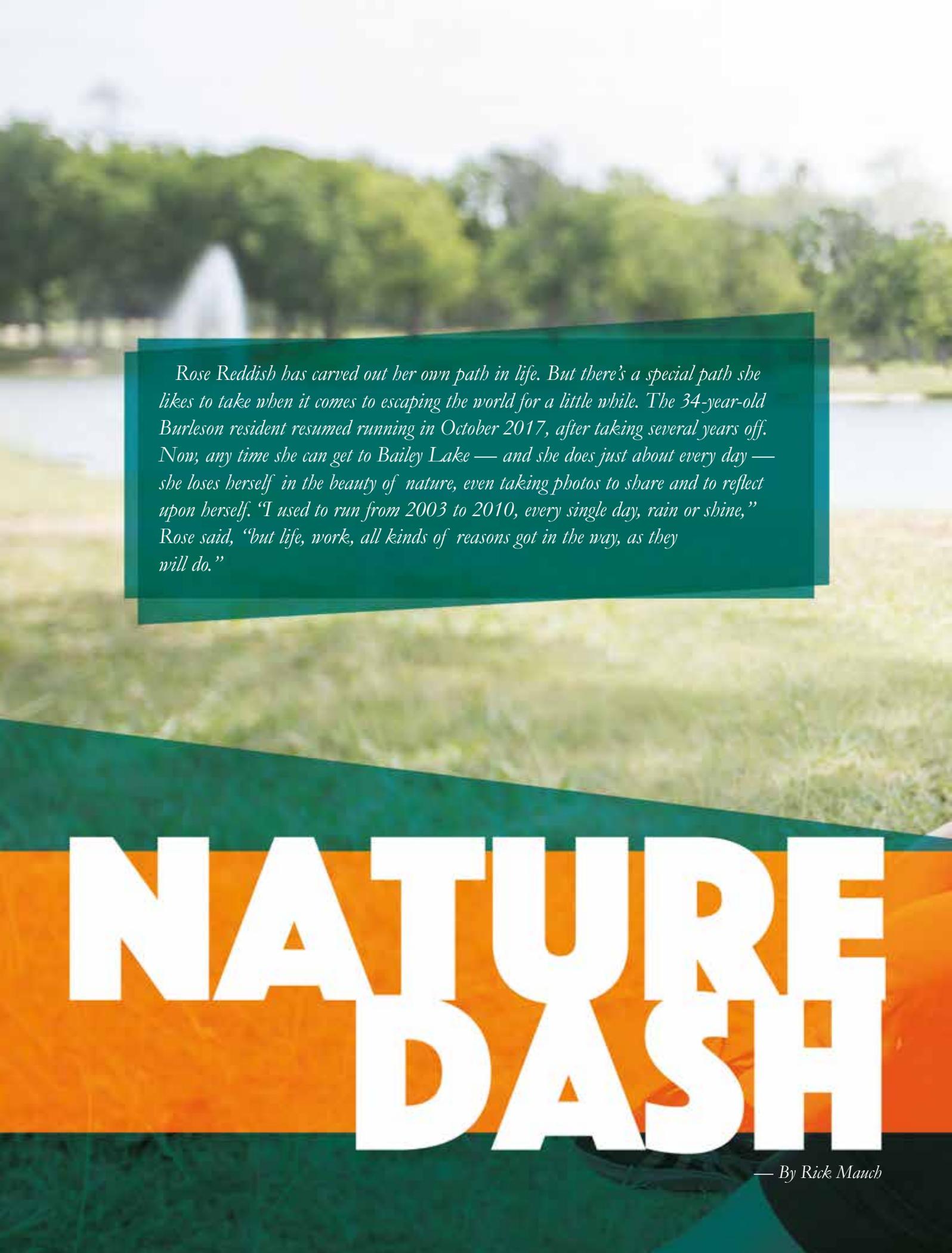
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Rose Reddish has carved out her own path in life. But there's a special path she likes to take when it comes to escaping the world for a little while. The 34-year-old Burlison resident resumed running in October 2017, after taking several years off. Now, any time she can get to Bailey Lake — and she does just about every day — she loses herself in the beauty of nature, even taking photos to share and to reflect upon herself. “I used to run from 2003 to 2010, every single day, rain or shine,” Rose said, “but life, work, all kinds of reasons got in the way, as they will do.”

NATURE DASH

— By Rick Manch



She plans to continue running for the rest of her life — this time with no interruptions.

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Then, a few months ago, she found herself on the trails at Bailey Lake. She knew she could no longer say no to something she once loved so much, so she resumed her daily routine of running/walking, as much for the peace of the setting as for the health reasons. “This is my church. Sometimes, I’ll go walking back in the woods. It’s full of trails,” she said. “I’ll go back for three or four hours and take pictures of things I see. Flowers, animals and, here lately, I’ve been taking pictures of animal tracks — deer and bobcat. And I have seen a pack of wild dogs chasing what I think was a rabbit. People don’t realize these things are right here in their backyard.”

Rose doesn’t have a scheduled time for her run/walk, as she is busy with life, caring for her mother; her 7-year-old niece, Alannah; and her daughter, Ashleigh, who recently graduated from Centennial High School. She loves evenings best, and



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it was one evening when she took arguably her best photo, to date, of a beautiful sunset. As she often does, she posted it on social media and got great response. “I looked over one night, and the sunset was breathtaking,” she said. “I’ve never had a photo get a reaction like that.”

She also doesn’t run to compete. However, she does sometimes push herself with personal goals, such as in February, when she set a goal to run 60 miles in the month (only 28 days, remember). She ran 80. “I was so pleased with myself at the end of that month,” she said. “I’ve lost about 30 pounds since I started this.”

Rose grew up in Burleson and is a 2002 graduate of Crossroads High School. She moved to Dallas in 2006, but moved back to Burleson in 2008, to help take care of her father, who passed away a few years ago. “He was my hero. I couldn’t see anybody else taking care of him but me,” she said.

Now she cares for her mother, who was once the librarian for the city of Burleson. She said her mom is her “other hero.” “She and my dad were such strong influences in my life,” she admitted. “I knew I could always turn to them.”

Rose strives to be the same kind of parent and aunt to Ashleigh and Alannah. “I was a teenage mother, and she was my anchor,” she said of Ashleigh. “She kept me out of trouble. We have a strong bond. And Alannah — she’s hilarious, something else completely. She’s changed all of our lives so much.”

Rose was “inspired” to return to running last September when she had her gallbladder removed. It got her thinking about her health, and how she wants to live a long life to see Ashleigh and Alannah grow up and accomplish things in life.

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“I woke up screaming in pain. It scared me so much. I was the same age as when my dad got sick,” she said.

When she’s not running or spending time with her family, Rose is busy with her eBay business. She loves scouring thrift stores, garage and rummage sales and storage auctions. For example, she’ll buy an item for \$2 and sell it for 50 times that amount on eBay. “I’ll sit there sometimes in the dark with a flashlight just going through boxes,” she said. “It’s so much fun. I sold an old Kool-Aid package from around 1976 for \$55, and I paid five cents. A woman brought me a doll she said was haunted. Within a day there were 30 people watching the doll [online]. I didn’t think it would sell, but I told her I’d try. It shocked me that so many people were interested.”

Rose’s goals include opening a brick-and-mortar business. “A thrift store, perhaps a coffee or taco stand. I want something I can leave for the kids,” she said.

And she plans to continue running for the rest of her life — this time with no interruptions. “I want to get at least a mile or two every day,” she said. “If it’s raining, I’ll go twice as far the next day. It’s just like a car. For a body to run good, you’ve got to take good care of it.” **NOW**

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With a little ingenuity and time, one idea can morph into a beautiful reality. The renovation of the original homestead of Kenneth and Ellen Toal on McAllister Road in Burleson originated as a discussion among the current owners: granddaughter, Tina Maness, her husband, Michael, and her brother, Justin Toal. “We loved the original house, but when we had gatherings, people didn’t fit,” Tina said.

Their vision included a sprawling, eco-friendly addition that maintains the nostalgia of the original farm house built by Kenneth in the late 1940s. “I couldn’t bear to lose the feel of the farm,” Tina shared.

They decided to keep the front section of the original home that includes a living area, two bedrooms and a Jack-and-Jill bathroom. Not much of the decor has changed in the space since Tina’s grandparents lived there. The wall of original light blue, built-in cabinets now includes a barn door of refurbished wood that opens to the addition.

The knotty pine paneling from the demolished area of the house found a home in the new entryway and kitchen. One of the favorite places to gather, the kitchen features white cabinets, floating shelves, stainless steel appliances and gray

AT HOME WITH MICHAEL AND TINA MANESS

— By Amber D. Browne

HOLDING ADDI



countertops lending a modern feel to the farm house. Large windows line both sides of the great room. "It's so open. I always like to be able see the outside," Tina shared.

When planning the remodel, the architect incorporated passive solar, which takes advantage of the sun to heat and cool the home. Two Smartflower Solar Panels were added to the property to cut electricity costs. Each Smartflower follows the sun throughout the day, cleans itself and closes at night. The addition has five heating and cooling zones, which are regulated with eco-friendly settings. Tina says their electric bill is now less than what it is was in the original farm house.

Dark wood floors throughout the addition are reclaimed from the original home and other sources. "It has imperfections, which I love," Tina stated. "I wanted the old house to be all over the new house."

During the remodel that began in November 2015, Michael and

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their own space,” Michael said. Artwork depicting life in New Orleans adds a fun flare to the home away from home.

The new game room and swimming pool add more avenues of fun. The game room boasts a pool table and a wall of retractable glass doors leading to the backyard oasis. The reclaimed wood bar in the game room

Tina lived in an RV. The addition is complete, but several rooms await furnishings. One wing of the home features the master suite, which is one of the final rooms the couple decorated. “Our closet is basically bigger than what we had to live in for two years,” Michael said, grinning.

The suite incorporates large curtain-free windows and French doors that bring in the view of

wooded acreage. A hallway of family photos and collected art pieces spark memories. Tina pays homage to her late father, James Toal, with his diplomas and plaques from various ventures.

The upstairs portion of the wing is designated for overnight guests. With three bedrooms and a kitchenette, the area is a special retreat. “They feel like they have



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was handmade by Michael and Jerry, Tina's stepfather. It houses bottles of homemade wine Michael produced from his vineyard that was demolished to make space for the remodel. Once retired from the Dallas Police Department, Michael aspires to plant the vineyard again and increase the size of their vegetable garden. Fresh eggs are provided by free-range chickens that prance around the yard during the day and hole up in the chicken coop at night.

One of Tina's favorite pastimes is Broadway musicals. The second wing hallway is filled with framed and autographed posters from Broadway shows such as *Kinky Boots*, *Cabaret* and *The Phantom of the Opera*. Tina immersed herself in Broadway the summer after her father passed away. "It helped me get over it," she said. She plans to spend more time traveling with Michael and visiting New York when she decides to retire from her management position at Texas Health Huguley.

Tina's involvement in political activism is apparent throughout the house. She has served as a delegate for the Democratic Party since 2008 and volunteers on the board of Equality Texas.

The Manesses' two daughters, Molly and Katy, live in Burleson and visit often. Molly is a coach for CrossFit, so she and her sister train with several others multiple

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times a week in their parents' six-car garage, in which two bays have been transformed into a gym. Michael enjoys woodworking and is in the process of finishing his workshop. He is also educating himself on how to play the guitar.

Tina's brother, Justin, lives in Miami but calls the second wing of the new addition his home when he's in town. With two bedrooms and a Jack-and-Jill bath downstairs and a master suite upstairs, he's got plenty of space for his family — wife, Christine, and son, Declan. A play room is chock-full of toys and games for Declan and Tina and Michael's grandchildren, Boston and Izzie.



Creating an eco-friendly home and preserving the farm house for the family are top priorities for Tina and Michael. With the incorporation of the Smartflowers for solar energy, composting, well water for irrigation and their refusal to use chemicals, poison or fertilizers, Tina and Michael are trying to reduce their footprint on the earth. And for those family members who hold childhood memories dear, they are now enjoying the opportunity to create more in the new nearly 7,000-square-foot living space. "It's just not something you can give up," Tina shared. "It's our happy place." **NOW**

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Founders Day Celebration 2018

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Burleson's Founders Day Festival hosts thousands of Burleson-area residents and tourists each year and offers participants the chance to spend the day enjoying numerous sights and activities such as:

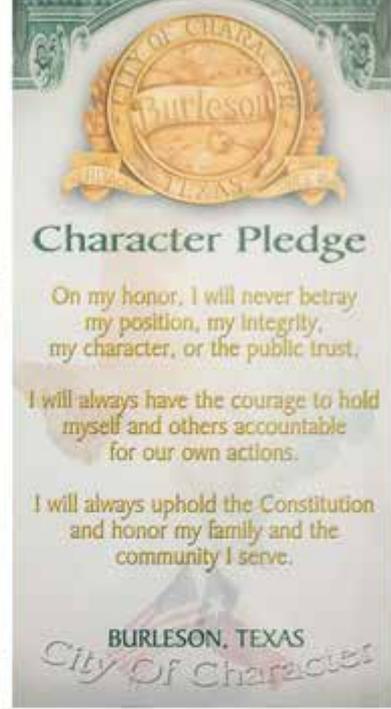
- Community walk parade beginning at 9:00am (clubs, & individuals welcome)
- Great Food • Blue Grass Festival • Period Attire Costume contest
- Games & Children's Activities • Interurban Depot and Museum
- Western gun fighters • Musical entertainment
- Car Show • Arts and Crafts

QUESTIONS PLEASE CALL: 817-447-1575

You may also find this application online at: <http://bit.ly/2016Foundersapp> Vendor Regulations:

1. Each Vendor is responsible for their own sales tax.
2. Food booths must have a food permit from Tarrant Co. Health Department 817-321-4960.
3. There is no alternative date. NO refunds will be given.
4. All Vendors must furnish their own tables, chairs and displays.
5. All vendors must have a sun cover 10 X 10, to cove their space. REQUIRED
6. Check in begins at 6:00AM. ALL cars and trucks must be removed to vendor parking by 8:00AM
7. ALL VENDORS MUST STAY FROM 9:00AM TO 5:00PM.
8. Food Vendors MUST be checked in by 7:00 AM.

VENDOR DEADLINE: SATURDAY, OCTOBER 6, 2018



Internalizing Quality

— By Melissa Rawlins

Charter members of the Burleson Character Council love sharing a story told years ago by a former Burleson police chief, Tom Cowan. “A little boy walking home from school picked up a paper sack. It had a bunch of money in it. He turned it in to the police, because the character program was teaching him about doing the right thing when nobody is watching,” Lighthouse Church Pastor Gloria Gillaspie said. She and First National Bank Director Patsy Dumas, the grand marshals at this year’s Character March, are just as happy to encourage people to show good character when people *are* watching.

At the beginning of this school year, students throughout Burleson ISD were challenged to write essays on compassion, the essence of the prompt provided to them by the BCC. This month, teachers submit their three best handwritten or typed treatises. Retired schoolteachers then volunteer their time to

read and select the best. BCC member and Burleson School District Trustee Pat Worrell believes, “When students write, they internalize the character qualities they are writing about.”

November 1, during the 19th annual Character Luncheon, recognition will be given to students whose essays effectively communicated their understanding of good citizenship.

One essay under consideration in 2018 is by Bailee Burgess, 14, a Centennial High School freshman who has competed in the Character Competition every year since entering school. She was a student at Kerr Middle School when she entered her first winning essay during the 2017 character contest. Her essay spoke of the teamwork required to build birdhouses with her grandfather and showcased the age-old truth that families who work together stay together. Bailee’s mother, Bekki Rudd, said, “Bailee and her twin sister work also with their grandmother, making pillowcases and quilts to be given to children with different needs.”

Watching seeds planted come to fruition is something Byron Black saw as one of the character council’s long-term benefits. He introduced the Character First Program to

Burleson's City Council while in his first year as mayor. The Burleson Character Steering Committee's first resolution, dated April 26, 1999, positioned the BCC to contribute to the "Good Life" in Burleson by strengthening the citizens, their families and the community through promoting excellence in character.

One way they did so was printing a Character Card, defining honor as "respecting those in leadership because of the Higher authorities they represent," and encouraging its carrier to commit to: "show leaders my loyalty; obey leaders cheerfully; speak positively about leaders; be attentive to leaders."

"If our work affects anyone, it means a lot," said Patsy, who is known around town for handing out a cream-colored business card that simply says, *Next time you're admiring all the wonderful things God has made, remember that you're one of them!*

By 2003, the BCC was recognizing citizens who operate with integrity with The Byron Black Character Award. As a BCC charter member, Byron has always escorted the organization's banner during the Character March. He was most recently joined by Brendon Bagnell, director of the Burleson Chamber of Commerce, which acts as this year's host for all BCC meetings.

Byron and BCC's other charter members wanted the group to have a four-pronged approach via the school district, the city, the churches and the Chamber of Commerce. Since the BCC was inspired by initiatives taken by an Oklahoma City business working to build a pool of eligible new hires, the Chamber appreciated the BCC's encouragements. "Businesses made sure to hire people who had good character qualities," Patsy said. "We brought the BISD into it by the march, the luncheon and the essays.

"We only wish we could count not only the students, but the adults that we've affected," Patsy said, looking forward to the BCC's 20th anniversary in 2019. "We want to remind people to be thankful that you could be a part of The City of Character." **NOW**

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In the Kitchen With

SUSAN ORDONA

— By Lindsay L. Allen

When Susan Ordon prepares dinner, she doesn't just stop when the food is ready. "I love to present my dishes in the most attractive ways when they're placed on the dining table. After all, we eat with our eyes!" she said.

Susan grew up in the Philippines. She forced herself to really learn her way around the kitchen when she was living together with her Filipina colleagues in Germany. When her mom joined Susan's family in the U.S., Susan learned some more about cooking.

Now, her greatest joy is in the kitchen, and her collection of 300 cookbooks and clippings of recipes have influenced what she makes for her family. Her diagnosis with Barrett's esophagus led her to write her *Foods Without the Burn* cookbook, so she can share how she reversed her condition by modifying her diet. **NOW**

Filipino-inspired Pancit Noodle Dish

- 1 8-oz. pkg. bihon thin rice noodles
- 1/2 cup lean pork, cut of choice
- 1 tsp. olive oil
- 1 cup shrimp or crab claws
- 1 cup low-sodium chicken broth
- 1 tsp. low-sodium soy sauce or Bragg Liquid Aminos
- 2 cups cabbage, chopped
- 1 cup carrots, julienned
- 1 cup shredded skinless rotisserie chicken breast
- Celtic salt and pepper, to taste
- 2-3 eggs, hardboiled, quartered
- Green onions (optional)

Lemon wedges (optional) Shrimp or crab claws (optional)

1. Soak the bihon noodles in water for about five minutes.
2. Cut the pork into 3-inch pieces. In a large wok or saucepan, heat olive oil over medium-high heat; brown the sliced pork pieces.
3. Add the shrimp or crab; sauté until they're pink in color, about 1 to 2 minutes. Reserve some of the shrimp or crab for garnishing.
4. Add chicken broth and soy sauce; add cabbage and carrots. Bring it to a low simmer for 3 minutes. (Simmer time depends on how crispy you want your vegetables to be.)

5. Add noodles; mix well. Cook for another 5 minutes, or until the broth is soaked up by the noodles.
6. Add shredded chicken, Celtic salt and black pepper to taste.
7. Garnish with slices of eggs, chopped green onions, lemon wedges, shrimp and crab claws.

Chicken Butternut Squash Soup

- 2 cups butternut squash
- 1 tsp. unsalted butter
- 2 stalks celery
- 3 cups low-sodium chicken broth
- 1 cup almond milk
- Ground nutmeg seasoning, to taste
- 1 cup rotisserie chicken breast, skinless and shredded
- Mix of fresh parsley and cilantro, for garnish

1. Peel and de-seed the butternut squash; cut into 1-inch cubes.
2. In a large pot, sauté the butternut squash in butter for at least 5 minutes, or until lightly browned.
3. Chop celery; add it to the squash. Continue sautéing for another 2 minutes.
4. Pour in the chicken broth; bring the vegetables and broth to a boil.

5. Reduce heat and simmer for about 30 minutes, or until butternut is tender. Let cool for at least 5 to 10 minutes.
6. Blend the soup in batches using a blender. Add some almond milk to each batch; blend until the mixture is smooth and creamy. Transfer this to another pot; continue to blend the remaining soup.
7. Season with nutmeg; garnish with shredded rotisserie chicken and a mix of chopped parsley and cilantro.

Oyster Soup With Mushrooms and Spinach

- 2 cups water
- 1 8-oz. container shucked oyster meat, ready to cook
- 1 cup almond milk or half-and-half
- 1 cup sliced mushrooms
- 1 cup spinach
- 2 slices whole grain toast

1. Bring water to a boil in a medium-size pot.
2. Add oyster with the liquid that comes in the container. Reduce heat to medium; cook for 3 minutes.
3. Add almond milk or half-and-half. Add mushrooms, and then add spinach.
4. Serve with whole grain toast.

A Fancier Oatmeal Breakfast

- 1 cup water
- 1/4 cup quick oats
- 1/4 cup steel cut oatmeal
- 1 tsp. dried cranberries
- 1 date, pitted and chopped
- 1 dried apricot, chopped
- 1 tsp. mixed nuts
- 1 small banana, peeled and sliced
- 1 tsp. chia seeds
- 1 tsp. flax seeds
- 1/2 cup almond milk or coconut milk
- Sprinkle of cinnamon

1. Bring water to a boil in a small saucepan.
2. Add the oats and oatmeal; reduce heat to low. Simmer uncovered, stirring constantly, for 3 to 5 minutes.
3. Transfer oatmeal to a bowl; add remaining ingredients.

To search for more great recipes from any of the 10 NOW Magazines publications, visit www.nowmagazines.com.



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BusinessNOW

Mountain Valley Studios

— By Melissa Rawlins

Mountain Valley Studios

Rebecca Brown, Owner
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www.mountainvalleystudios.com

Hours: By appointment only

People play music for reasons as varied as the rhythms of heartbeats. Rebecca Brown, owner of Mountain Valley Studios, dedicates professional, quality instruction to students who are committed to studio time. “Every student is different,” she said. “I make sure that, while they are getting the absolute best possible music education I can give them, I’m also meeting their personal needs as far as individual learning styles and interests go.

“Learning to play well has a lot to do with learning how to organize your thoughts,” said Rebecca, who has taught dyslexic students and children with autism to help improve their hand-eye coordination, reading skills and mental processing.

Studying music benefits even Rebecca, who might sit down to play when she’s sorting through something emotionally or simply needs to feel a sense of accomplishment. She has been playing piano and singing since she was 8 years old and has taught piano since 1991. At that time, she was attending Southwest Baptist University in Bolivar, Missouri, where she earned a degree in piano pedagogy in 1993.

She and her husband, Scott Brown, brought their family to Texas in 1995, and she taught piano lessons part time in her home for many years. In 2010, Rebecca moved her studio out of her home, opening Mountain Valley

Studios in Joshua. An expansion of space welcomed a significant increase in clientele and class offerings. Her studio rapidly crescendoed to 14 instructors and 200 students.

In 2016, Rebecca accepted an opportunity to join Marti Lucas as she moved Lucas Gymnastics into the building that was formerly Shepherd's Valley Church. Taking over a 1,500-square-foot space in their new location has once again expanded Mountain Valley Studios' business. Here, Rebecca and three instructors, John Jenkins, Justin Craig and Katrina Elsea, offer lessons in vocals, piano and guitar, while also providing opportunities for pre-school music and summer music camps.

This year's Jammin' in the Jungle music camp gave kids an out-of-the-ordinary musical experience involving drumming, boomwhackers, singing and ukulele, a fun instrument which John taught the children to play. Year-round, his students learn to read all the different types of guitar notation, as well as strumming, finger picking and chords.

"Anything they learn here, they'll be able to apply to anything they do with music in their future," Rebecca said. "Justin, whose beginner-level students learn breath support, vocal training and how to follow notes, makes sure they're actually learning how to read what it is they're singing, so they can pick up sheet music and teach the song to themselves. The same applies to our piano and guitar lessons."

The instructors run the Studios like a traditional music school, creating a level of seriousness about what the child is committing to. Rebecca, John or Justin challenge students by teaching them note reading and theory. "And then," Rebecca tells them, "you'll be good at what you do every day."

If your child is showing an affinity for making music, call Mountain Valley Studios today. It's never too early to play. **NOW**



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TravelNOW

MGM and More

— By Michele Goldberg

What do you get when you begin with our fantastically beautiful corner of classic New England, blend in dozens of unique attractions, swirl in some cool college vibe and top it all off with MGM Springfield, one of the most impressive new hotel casino experiences in the United States? Why, Western Mass, of course!

Long celebrated as a “triple threat” destination, the region bursts with top attractions and provides ultra-easy access and superb dollar value. Quintessential college towns and major events like the Big E and Bright Nights — plus craft fairs, sporting events and the arts — draw millions.

And it’s getting even better! The opening of MGM Springfield, a state-of-the-art entertainment complex in the heart of the region’s biggest city, provides excitement ranging from Vegas-caliber shows to top-shelf dining to incredible shopping and, of course, lavish casino gaming options.

Positioned at the junction of I-90 and I-91, Western Mass is regarded as the “Crossroads of New England.” Boston is a 90-minute drive, and New York City can be reached in less than three hours.

MGM Springfield promises tons of excitement, but there’ll be no shortage of activities to keep young ones busy. Visitors to MGM Springfield will discover a movie theater, a classic New England bowling alley, restaurants and more than a dozen specialty retail outlets. An ice-skating rink operates in the winter, and a farmers’ market offers local produce in the summer. You don’t have to be a grown-up to get a huge kick out of this place!

Near MGM Springfield, the esteemed Springfield Museums offer access to four world-class museums, plus the new Amazing World of Dr. Seuss Museum and the Dr. Seuss National Memorial Sculpture Garden, all under a single admission. Minutes away, is Springfield Armory National Historic Site — America’s first armory, established by George Washington.

We also invented basketball here in Springfield, and the Naismith Memorial Basketball Hall of Fame proudly traces its history. The Hall is completing a renovation featuring upgrades in their exhibits. A few miles north in Holyoke, there’s the Volleyball Hall of Fame, because we invented that game, too!

For more fun, there’s Six Flags New England — home to an array of fabulous rides and attractions. During the month of October, the park transforms for its annual Halloween festival, Fright Fest, and winter brings Holiday in the Park.

One of the region’s most-recognized attractions is Yankee Candle Village. This sprawling candle-focused experience boasts 200,000 candles on display in more than 200 fragrances, plus a wide variety of other activities. The opportunity to craft a wax likeness of your hand, create personalized candles and dip-your-own critters makes Yankee Candle a sure-fire day of fun for all ages. **NOW**

To continue to explore Western Mass, visit www.ExploreWesternMass.com. Photos courtesy of Michele Goldberg.



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NOW
MAGAZINES



Joel and Whitley Rodgers are excited to inform everyone they are having a boy during their gender reveal party.

Zoomed In: Michael Moscoso

By Melissa Rawlins

When performing in the Burselson ISD Stadium, the Spirit of the Elks Sousaphone section stands with their sparkling horns above the rest of the Spirit of the Elks Marching Band in section C, near the press box. They developed the strength in their shoulders to carry the 30- to 35-pound horns during their intense, three-week summer band camp.

When *BurselsonNOW* caught them between routines in the BHS parking lot, Associate Director Michael Moscoso encouraged the players from between their shiny cloud reflectors. "The top part of the sousaphone is easily noticed by the audience, so the student must be in total control of the way they carry the instrument," he said. "This particular group of kids is quite strong this year, and is bringing fantastic sounds to our musical palate."



In U Hair Salon of Crowley, Mary Alcantar blows out the hair of Lily Valadez.



Newly hired science, technology, engineering, art and math teachers in BIRD gather at the New Employee Luncheon.



The Lopez family runs their Burselson restaurant, Dos Juanitos Mexican Food, California style.



Diana Vela, of the National Cowgirl Museum, celebrates Wings of Hope with its co-founder, Margaret Dickens, during the Roundup for Riders gala.



Calean King, Jamie Christensen and Joy King host Field Day at Cypress Creek community in Joshua with Black Panther (aka their porter, Wyatt Swiney).



Chris Ann Malone, Alicia Kuykendall and Mark Endres enjoy a treat from Texas Snow.



Freshman Luke Johnson is geared up and ready to run for Centennial High School's cross-country team.

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5. MONSTER



1. GHOST



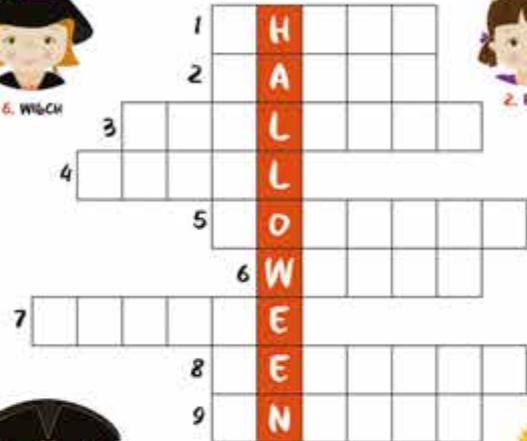
4. DEVIL



6. WITCH



2. FAIRY



7. PIRATE



8. MERMAID



3. SKELETON



9. KNIGHT



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- scream
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- Melissa Rawlins

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MYSTERIOUS WORD: _____

dot to dot game

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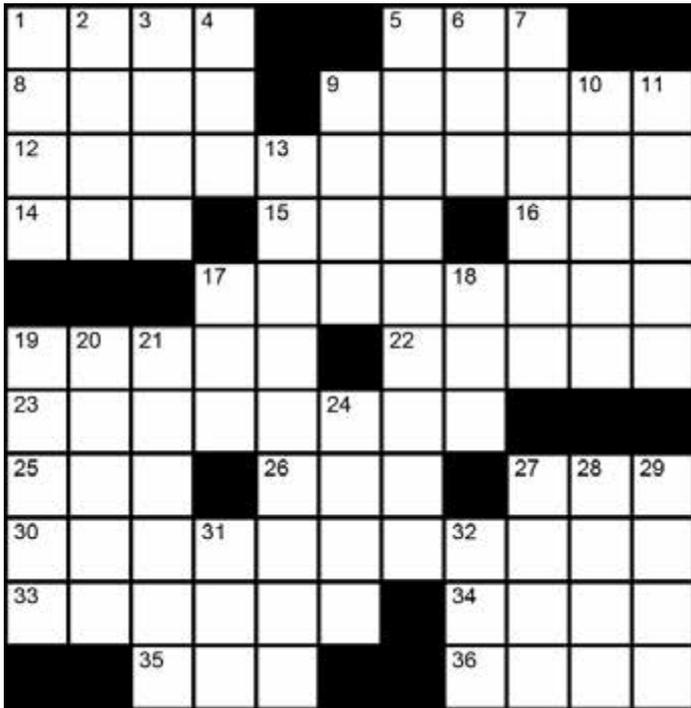


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Across

- 1 Substitution word
- 5 Opposite of 'tain't
- 8 One of the WWII Allies
- 9 Circles and such
- 12 Stand-in
- 14 Lock opener
- 15 Ask for a loan
- 16 Fuss
- 17 Interrupted
- 19 Diplomat's department
- 22 Tend the roast
- 23 Quixote's opponent
- 25 Well, --- monkey's uncle!
- 26 Air-pressure measure
- 27 Meet
- 30 They get elected
- 33 Wears slowly
- 34 Hess or Breckinridge
- 35 Deity
- 36 Noble

Down

- 1 Wait in ambush
- 2 Now it makes sense!
- 3 Catch sight of
- 4 Online address
- 5 An event might be open to it
- 6 "--- the Walrus" (Beatles tune)
- 7 Talks
- 9 Mark left by a healed wound
- 10 Initiate the break-up
- 11 Rock
- 13 Went for
- 17 Usual amt.
- 18 Record-holder --- Ripken
- 19 Hit
- 20 Indonesian island
- 21 Not digital
- 24 Horn-wearing goddess
- 27 Jack's "Chinatown" co-star
- 28 Concerning, in legal memos
- 29 Former Russian ruler
- 31 Words to wed
- 32 Mischievous child

Solutions on page 38

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Sudoku Puzzle

Easy

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| | | 9 | | | | 5 | 1 |
| | | | | 2 | | 7 | |
| | | 5 | | | | 8 | |
| 1 | 3 | | | | | | 2 |
| | | | | 4 | 8 | | 9 |
| 4 | | | 3 | | | | |
| | 4 | 3 | | | | | 5 |
| 7 | | | | | | | 8 |
| | | | 8 | | | 2 | |

Medium

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | | | 9 | 7 | | 8 |
| 5 | | | | 6 | | | | 9 |
| | 4 | | | 1 | 7 | | | |
| | 9 | 2 | 3 | | 6 | | | 4 |
| | 5 | | | | | | | 2 |
| | | | | | | | 9 | |
| | | | 9 | | | 8 | | |
| | 2 | | | | | | | |
| | | 6 | | 5 | | 4 | 7 | 1 |

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Solutions on page 38

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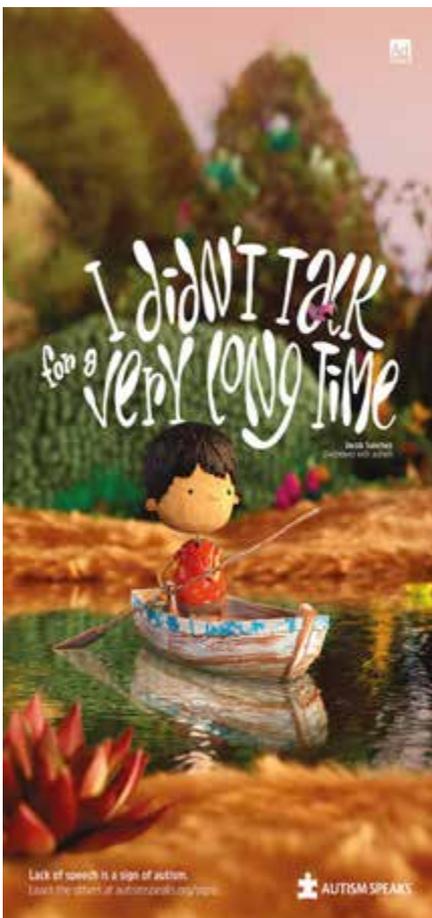
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| | | | | | | | | | | | | | | | | |
|----|---|---|---|---|----|----|----|---|----|----|---|----|---|---|---|---|
| 1 | L | I | E | U | | 5 | T | I | S | | | | | | | |
| 6 | U | S | S | R | | 8 | S | H | A | P | E | S | | | | |
| 12 | R | E | P | L | A | C | E | M | E | N | T | | | | | |
| 14 | K | E | Y | | 15 | T | A | P | | 16 | A | D | O | | | |
| | | | | | | 17 | S | T | R | U | C | K | I | N | | |
| 19 | S | T | A | T | E | | 22 | B | A | S | T | E | | | | |
| 23 | W | I | N | D | M | I | L | L | | | | | | | | |
| 25 | I | M | A | | 26 | P | S | I | | 27 | F | I | T | | | |
| 30 | P | O | L | I | T | I | C | I | A | N | S | | | | | |
| 33 | E | R | O | D | E | S | | | 34 | M | Y | R | A | | | |
| | | | | | | 35 | G | O | D | | | 36 | P | E | E | R |

Easy

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | 7 | 9 | 6 | 8 | 3 | 4 | 5 | 1 |
| 3 | 8 | 4 | 5 | 2 | 1 | 6 | 7 | 9 |
| 6 | 1 | 5 | 4 | 7 | 9 | 8 | 2 | 3 |
| 1 | 3 | 8 | 7 | 9 | 6 | 5 | 4 | 2 |
| 5 | 2 | 7 | 1 | 4 | 8 | 3 | 9 | 6 |
| 4 | 9 | 6 | 3 | 5 | 2 | 7 | 1 | 8 |
| 8 | 4 | 3 | 2 | 1 | 7 | 9 | 6 | 5 |
| 7 | 6 | 2 | 9 | 3 | 5 | 1 | 8 | 4 |
| 9 | 5 | 1 | 8 | 6 | 4 | 2 | 3 | 7 |

Medium

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | 6 | 1 | 5 | 3 | 9 | 7 | 4 | 8 |
| 5 | 7 | 8 | 4 | 6 | 2 | 1 | 3 | 9 |
| 3 | 4 | 9 | 8 | 1 | 7 | 2 | 6 | 5 |
| 7 | 9 | 2 | 3 | 8 | 6 | 5 | 1 | 4 |
| 1 | 5 | 3 | 7 | 9 | 4 | 6 | 8 | 2 |
| 6 | 8 | 4 | 1 | 2 | 5 | 3 | 9 | 7 |
| 4 | 1 | 5 | 9 | 7 | 3 | 8 | 2 | 6 |
| 8 | 2 | 7 | 6 | 4 | 1 | 9 | 5 | 3 |
| 9 | 3 | 6 | 2 | 5 | 8 | 4 | 7 | 1 |



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October

5 — 6

True Woman Simulcast: **Friday**, 5:00-10:00 p.m.; **Saturday**, 8:30 a.m.-3:30 p.m., Cana Baptist Church, 2309 E. Renfro St. To register, visit canachurch.com/simulcast2018, or email bethmarstaller@hotmail.com.

6

Taylor Elementary Fall Fiesta: 11:00 a.m.-2:00 p.m., Taylor Elementary School, 400 N.E. Alsbury Blvd. For more details, call (682) 230-4587 or email jtaylorpto@gmail.com.

Old Town Picture Show: 6:00-10:00 p.m. Ellison St., Old Town. Bring a blanket or chair to view *Avengers: Infinity War* under the stars Free. (817) 426-9638.



8 — 30

Pumpkin Patch: **Wednesdays**, Noon-8:00 p.m., Lost Oak Winery, 8101 CR 802. Donations support Meals on Wheels of Johnson & Ellis Counties. For more details, contact Lisa Deese, MOWJEC, (817) 558-2840 or (972) 351-9943.

9

Roots & Branches Genealogy Club meeting: 6:30-8:00 p.m., Burleson Senior Activity Center. Free. Call (817) 426-9550 for details.

12

Burleson Block Party: 7:00 a.m.-10:00 p.m., 141 W. Renfro St. Help the Burleson Drowning Prevention Coalition raise funds to provide free swim lessons to community children. Tune in to JoCo Community Radio.

13

Hungry 100 Bike Rally: 8:00 a.m., the Academy of Nola Dunn. Benefits Harvest House. Riders of every skill level on 3 courses. For more details, contact Blake Ovard, turnthepagetexas@gmail.com or register at www.bikereg.com/39436.

Founder's Day & Bluegrass Festival: 9:00 a.m.-5:00 p.m., Old Town Burleson. Vendors, food trucks, car show and much more. For details, call (817) 426-9113.

20

First Baptist Crowley's 19th Annual Quilt Show: 9:00 a.m.-3:00 p.m., 400 Eagle Dr., Crowley. Free admission. \$8 entry. Call Ann, (817) 228-1433.



Coming Home Fall Market: 9:00 a.m.-2:00 p.m., SAGU Hagee Communication Center, 1200 Sycamore, Waxahachie. \$5 admission for adults. \$2 admission for children. For details, email swaevents@sagu.edu.

St. Ann Church Craft Fair: 9:00 a.m.-6:00 p.m., 100 S.W. Alsbury Blvd, Parish Hall. For more information, call the church office, (817) 295-5621.

Fall Festival: 11:00 a.m.-3:00 p.m., Boulevard Baptist Church. Food and fun. Bring cash for games and rides. Call Chad Handy, (817) 295-4342.

21

Trunk or Treat Car, Truck & Bike Show: Noon-4:00 p.m., Dairy Queen, 109 N. Broadway St., Joshua. Thirty-four classes of vehicles on display, and 56 awards given. Kids' costume contest. For details, email Amanda May, amandajdq@gmail.com.



27

Texas Country Reporter Festival: 9:00 a.m.-7:00 p.m., historic downtown Waxahachie. Join hosts, Bob and Kelli Phillips, for this one-day arts and music festival. Admission is free. Over 250 booths for shopping. For more details, call (469) 309-4040 or visit www.waxahachiecvb.com.

Boo Bash: 6:00-8:00 p.m., Old Town Burleson. Children 12 and younger, two hours of fun, in a favorite costume and with a trick-or-treat bag. Enjoy free candy, games, bounce houses, pumpkin patch full of free pumpkins to decorate and a costume parade. (817) 426-9113.

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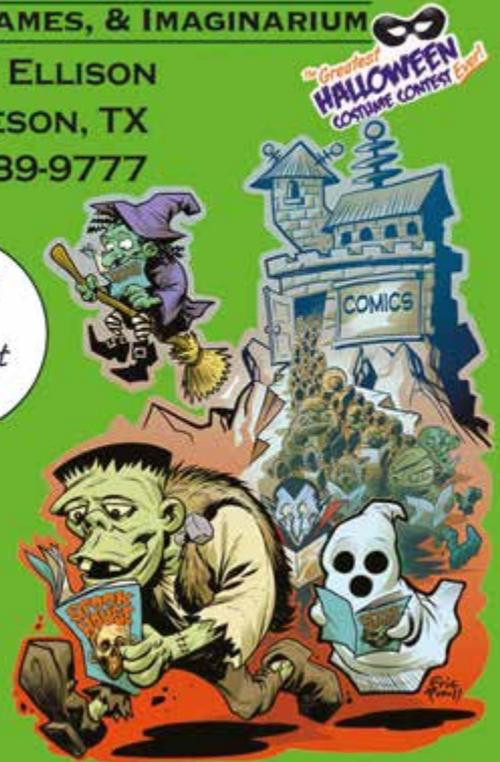
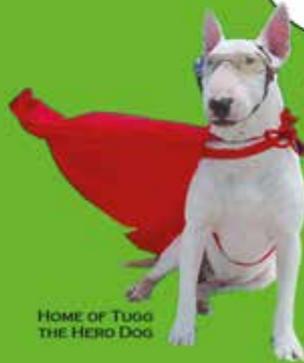


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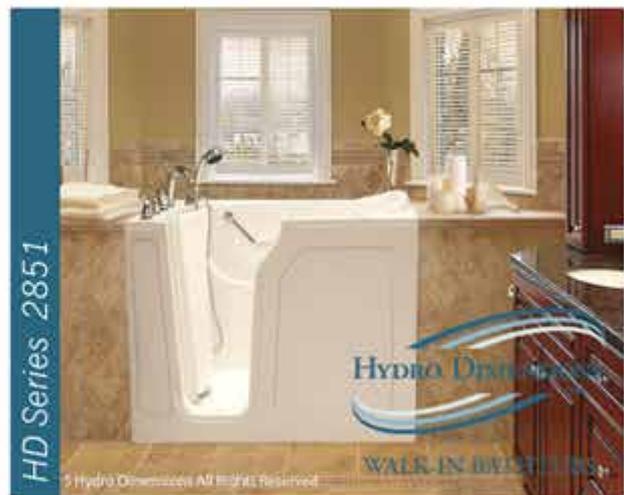
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First professional job. Eventually, you will land that first job, which will offer benefits and a 401(k) or similar employer-sponsored retirement plan. Since you may not have any experience with a 401(k), you may have several questions: How much should I contribute? What sorts of investments should I choose? When should I change my investment selections? A financial professional can help you review your plan and explain the aspects that may affect your investment choices.

Marriage. When you get married, you and your spouse may decide to merge your finances, including your investments. But if each of you brings similar investments to the table, you might create some redundancies. A financial professional can look at your respective portfolios and recommend ways to diversify. Generally, the more diversified you are, the greater your protection against market downturns that primarily hit one type of asset class. (However, while diversification can help reduce the impact of market volatility, it can't guarantee profits or protect against all losses.)

Children. Once you have children, you'll have new responsibilities — and you'll have some new financial issues that should be addressed. If something

happened to you, could your children still have the same lifestyle and educational opportunities? Would they even be able to stay in the same home? To help ensure your children's security, you may need to add more life and disability insurance.

While life insurance could help pay for your children's education, you also should prepare for education costs as if you will be around. So, you may want to consider an education savings investment, such as a 529 plan. A financial professional can help you with your insurance and education-funding needs.

Retirement. Once you retire, you will face a variety of financial decisions, but here's one of the most important ones: How much money should you withdraw each year from your retirement accounts? To choose an annual withdrawal rate that's appropriate for your needs, you should consider several factors such as how much you have in your retirement accounts, how much Social Security you'll receive, what other sources of income (such as part-time work or consulting) you might have, your age at retirement, your spouse's projected retirement assets, your retirement lifestyle and so on. It might not be easy for you to consider all these elements and then arrive at a suitable withdrawal rate, but a financial professional has the experience, training and technology to help determine a figure that could work for you.

These aren't all the life events that may lead you to contact a financial professional, but they should give you a pretty good idea of the type of assistance you could expect over time. So, consider reaching out for the help you need, when you need it. Doing so could help make your life easier as you move toward your financial goals. **NOW**

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