

North Ellis Co.

Red Oak | Ferris | Glenn Heights | Oak Leaf | Ovilla

M A G A Z I N E

OCTOBER 2015

NOW



33

Dining
Deals
Inside!

Threads of Time

At Home With
Jim and Polly Starr

Seeing Beyond Circumstances

Faith and hard
work have been key
to Tameji Berry's fire and
emergency service career

Cabinet Refresh 101

A Gentle Touch

In the Kitchen
With Wendy Preston



V-Care Health Services

.....Live Life Pain Free

WE OFFER A MULTITUDE OF SERVICES - WE SPECIALIZE IN:

STOP SUFFERING FROM _____
Back Pain, Neck Pain, Joint Pains
Including Shoulders, Elbows, Hips,
Knees and/or Ankles



We have a great solution for you

- FDA approved natural medications with **NO SIDE EFFECTS**
- Treatment is very safe and effective with **NO surgery required**
- Treatments are covered by most insurances including Medicare

NEUROPATHY

Do you suffer from:

- **Neuropathy**
- **Diabetic Neuropathy**
- **Numbness and tingling**
- **Pins and needles**
- **Painful hands and feet**

Come learn about a safe, new, advanced treatment for **NEUROPATHY!**



RELIEF AT THE SPEED OF LIGHT!

Lose Weight Now
Ask Us How

Lose up to **30 POUNDS** in 30 Days



Introducing Our New

Medical Weight-Loss Program

- Safe and Effective
- Affordable
- Physician Supervised
- Rapid Weight Loss
- Sustainable Results
- Special Focus on Problem Areas

Ask about our introductory offer!

We Accept almost all Major Medical Insurance Including Medicare

GET INSTANT RELIEF FROM HEADACHES

MEDICAL BREAKTHROUGH IN THE TREATMENT OF HEADACHES AND MIGRAINES

Do you suffer from:

- Pounding, throbbing pain that affects your entire head?
- Sensitivity to light, noise or odors?
- Constant band-like pain around your head?
- Pain that lasts from 30 minutes to several days?
- Pain on one side of your head?

Try Our New Headache Treatment

- Very Safe and Effective
- Immediate Results
- FDA Approved Medicines
- Insurance Covered Treatment



CALL NOW FOR FREE CONSULTATION
214.550.0680

University Plaza, 401 N. Hwy 77 Suite #1
Waxahachie, TX 75165
Visit us at www.vcarehealth.org

Afraid of the dentist?

Come relax with oral sedation and nitrous.

Come meet Dr. Martin and the rest of the caring Fearless team.



Mention this ad and get
FREE WHITENING FOR LIFE
when you become a patient at
Fearless Dental. FREE trays and then
FREE whitening gel at every cleaning.

Dr. Martin does white fillings, crowns, bridges, veneers, implants, implant dentures, root canals, extractions, Invisalign. He sees children. Our hygienist, Melinda, does deep cleanings and laser gum treatments, if gum disease is present. Years of dental needs can be completed quickly and with very few appointments all in our office.

Same-day treatment available.
No-interest financing W.A.C. for up to 2 years.

Convenient Hours: 8am-6pm M-Th F 8am-1pm

In network with these major PPO plans:
Aetna, Delta, Cigna, Metlife, Guardian,
United Healthcare, Blue Cross Blue Shield of Texas,
Humana, Principal, Ameritas, Dental Select, UCCI.

www.FearlessDental.com

972-617-3322 · 101 Austin Boulevard · Suite 100 · Red Oak, TX 75154

Snap on Denture

Lower only with 2
implants **\$6,995**

\$292

/month

*No interest
for 24 months



Upper or lower with
4 implants **\$8,995**

\$375

/month

*No interest
for 24 months

*With Valid Care Credit

Call our office for more details and to schedule your complimentary snap on consultation.

HAVE A SAFE & HAPPY HALLOWEEN FROM



Bear Creek Beverage & Spirits



Serpent's Bite Whiskey
\$13.99 750ml



Twenty Grand Vodka
\$15.99 750ml



Twenty Grand Peach Vodka
\$22.99 750ml



George Ocean Rum
\$14.99 750ml



Grey Goose Vodka
\$11.99 375ml



AMBER TEQUILA
750ml

\$34.99 \$39.99 \$44.99



NUE Vodka
\$12.99 750ml



GREAT SELECTION OF SPIRITS FOR GHOSTLY COCKTAILS



Dee & Tuwana invite you to come check out the huge selection of Beer, Wine & Spirits!

972-217-1118

shawn@bearcreekbeverage.com

1350 East Bear Creek Road
Glenn Heights, TX 75154

Prices subject to change.



Publisher, Connie Poirier

General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker
North Ellis Co. Editor, Dianne Reaux
Editorial Coordinator, Sandra Strong
Editorial Assistant, Rachel Smith
Writers, Virginia Riddle . Betty Tryon
Editors/Proofreaders, Pat Anthony

GRAPHICS AND DESIGN

Creative Director, Chris McCalla
Artists, Kristin Bato . Morgan Christensen
Martha Macias . Brande Morgan
Shannon Pfaff . Michael Richardson
Anthony Sarmienta

PHOTOGRAPHY

Photography Director, Jill Rose
Photographer, Amy Ramirez

ADVERTISING

Advertising Representatives,
Cherise Burnett . Bryan Frye . John Powell
Linda Roberson . Teresa Banks
Linda Dean-Miley . Mark Fox . Cedrick Logan
Melissa McCoy . Carolyn Mixon
Cleta Nicholson . Lori O'Connell
Steve Randle . Joyce Sebesta . Shelby Veldman

Billing Manager, Angela Mixon

CONTENTS

October 2015 • Volume 10, Issue 10



ON THE COVER



Faith and determination have helped Tameji Berry excel in a career field that has typically been dominated by men.

Photo by Amy Ramirez.

8 Seeing Beyond Circumstances

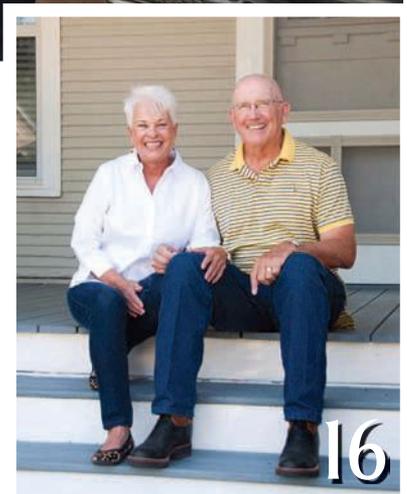
Tameji Berry is currently the highest ranking female in the Dallas Fire Department.

16 Threads of Time

At Home With Jim and Polly Starr.

22 Cabinet Refresh 101

A new coat of paint is an easy way to transform the entire look of your kitchen.



28 BusinessNOW

30 Around TownNOW

36 CookingNOW

North Ellis Co. NOW is a NOW Magazines, L.L.C. publication. Copyright © 2015. All rights reserved. *North Ellis Co. NOW* is published monthly and individually mailed free of charge to homes and businesses in the Red Oak, Ferris, Ovilla, Bristol, Glenn Heights, Pecan Hill and Oak Leaf ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 937-8447 or visit www.nowmagazines.com.



Editor's Note

Hello, Fellow North Ellis County Residents!

Fall is my favorite season. October helps to usher in the final days of another long, hot Texas summer. Cooler evenings are on the horizon, and they'll offer a respite from the heat. Sitting in the yard, watching an evening sunset will be a wonderful way to end the day. And I think the abundant spring rains will help make the beautiful fall foliage even more vibrant and colorful.

On October 31, we'll greet all of the little ghouls and goblins who've been in absentia since last year. And don't forget — October is also Breast Cancer Awareness Month. So make sure you remind your loved ones to schedule an annual screening appointment. We want to make sure that everyone can have the chance to get together and enjoy as many celebrations as possible!

Have a wonderful October!

Dianne

Dianne Reaux
North Ellis Co. NOW Editor
dianne.reaux@nowmagazines.com

Cheese Enchilada Dinner
\$4.99 Expires 10/31/15

Great Atmosphere & Food

Thursday Special
\$2.50
Margarita's

PLATO LOCO
Mexican Restaurant

972-617-4554
2520 Ovilla Rd., Red Oak, Ste. 400

Kwik Kar

AUTOMOTIVE SERVICE CENTERS For All Your Automotive Repair and Maintenance Needs

Pennzoil/Valvoline Oil Change

\$10 OFF



Any Valvoline/Pennzoil Oil Change
Includes a FREE seasonal check up:

- Change Engine Oil & Filter
- Check Vital Fluids
- Suspension Check
- Lights Check
- Radiator and Coolant Check
- Belts and Hoses Check
- Check & Adjust Tire Pressure

*Most cars/light trucks. Oil change includes up to 5 quarts of standard motor oil & new oil filter. Cannot combine with any other offer. Limited time only.



RED OAK 134 E. Ovilla Rd. • 972-617-2256
ENNIS 2308 W. Ennis Ave • 972-875-3323

Warning Light Scan

FREE

*Additional charges may apply should further diagnostics be needed to determine cause. Some restrictions may apply. For a limited time only.

Kwik Kar®

AUTOMOTIVE SERVICE CENTERS TOWING

972-875-KWIK



Caring for the
♥ of your car!

SEE WHAT YOU'VE BEEN MISSING[®]



**Leica 15x56 Geovid HD-R
Laser Rangefinder Binocular**
\$3,149.00
LE140063



**YETI
Rambler Colster**
\$29.99
RAMKOOZIE



**.30 Remington AR,
123 Grain, 20 Rd Bo**
\$19.95
REML30RARI



**Hornady Custom Pistol
Ammunition .500 S&W
500gr Fp XTP 20rd**
\$56.95
HOR9252



**Gemtech Ammunition
.22LR Subsonic
42gr 50rd Box**
\$5.99
AMMQ22SSBOX50



**SWFA IRMT-3 Upper,
SP223 Lower, & 12"
Keymod SP3R Set**
\$399.95
SWFASP3RSET



**BOG Gear Black Legged
Devil Monopod**
\$37.95
BLD1



**Dead Air Armament 7.62
Sandman-L Suppressor**
\$869.00
DEASML762



**Talley Aluminum
30mm Scopemount**
\$39.95
750720



**Vortex Ranger 1000
Rangefinder**
\$379.95
VORRRF101



**Glock OEM 22.40
S&W Gen 3**
\$499.00
GLOPI2250203



**Surefire Invictus Ultra-High
Variable-Output LED
Flashlight**
\$385.00
SURUB3T



**SWFA Precision Optic
30mm Mount**
\$209.95
SWFA202300



**Leupold 1.25-4x20 VX-R
Hog 30mm Rifle Scope**
\$499.95
LEU113165



**Havalon
Piranta-Edge Knife**
\$34.95
HAV XTC60EDGE



**Epic 1080P High Definition
Video Adventure Camera**
\$189.95
EPISTCEPC1080CB

**OVER 1,000 DIFFERENT TYPES OF AMMUNITION,
TOTALING OVER 1 MILLION ROUNDS IN STOCK**

VISIT OUR NEW
RETAIL LOCATION!
NOW OPEN
5840 E. US HWY 287
MIDLOTHIAN, TX 76065

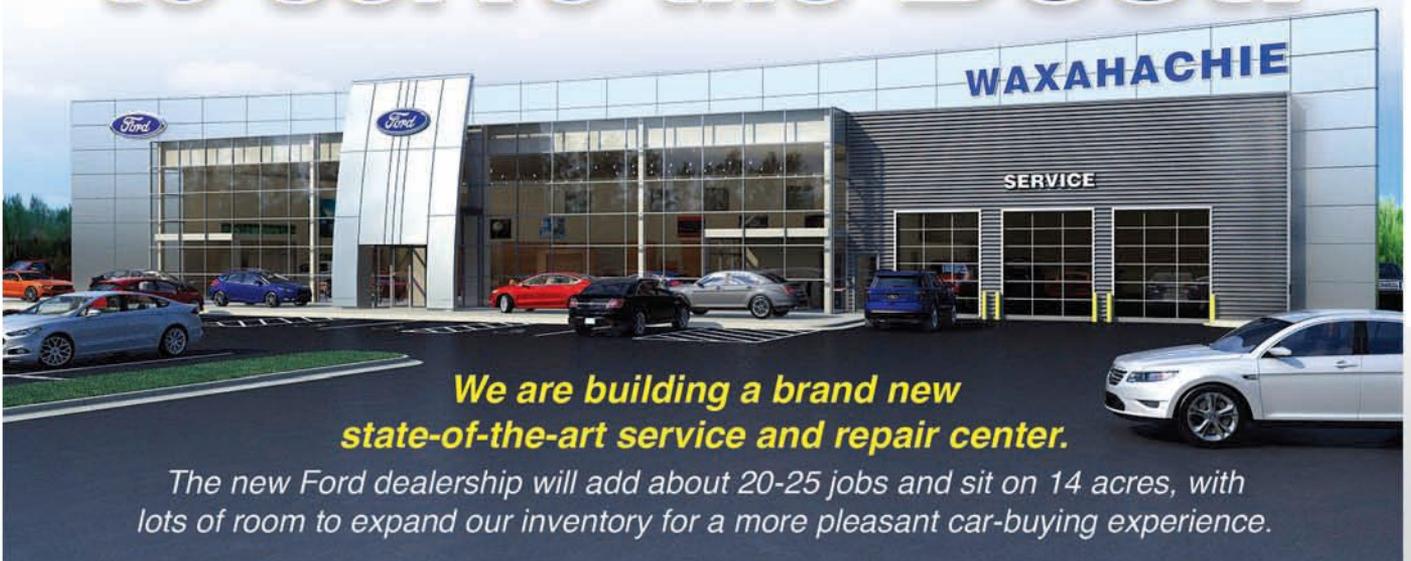


ORDER NOW AT SWFA.COM
1.972.SCOPE IT
(1.972.726.7348)

WAXAHACHIE AUTOPLEX



Building the Best to serve the Best!



**We are building a brand new
state-of-the-art service and repair center.**

The new Ford dealership will add about 20-25 jobs and sit on 14 acres, with lots of room to expand our inventory for a more pleasant car-buying experience.

Waxahachie Autoplex is proud to announce the opening of a new NISSAN Dealership. We hope to be operational to better serve our community around Thanksgiving!



Nissan. Innovation that excites.

In an effort to **GIVE BACK** to the community, Waxahachie Autoplex has donated 6 cars to local schools and given over **\$42,000 to Local FFA programs.**



SERVING ELLIS COUNTY AND SURROUNDING AREAS
WWW.WAXAUTOPLEX.COM

888-405-5606
SALES: Mon-Sat 9-8 SERVICE: Mon-Fri 7-6 • Sat 8-4 • Sun 8-2

Here's a Bright Idea ...



Switch to a
bank where
you *m*atter.

Bank *m*Powered

Open an account online today!

www.cnboftexas.com



Citizens
National Bank
Of Texas MEMBER FDIC

Your Bank Since 1868

972-938-4300 1-877-938-4300

SEEING BE CIRCUMSTA



As a youngster, Tameji Berry enjoyed spending time with friends and keeping up with the latest fashion trends. She was an only child in a single-parent household, but she was blessed with a mother who had high hopes and dreams for her daughter. Tameji now lives in a beautiful neighborhood in Ovilla. But growing up, her mother knew that the odds weren't in her daughter's favor.

"When I was young, I was interested in the latest fashions," Tameji shared. "I loved looking at magazines like *Vogue*, *Ebony* and *JET*, and my mother and I enjoyed going window shopping," she recalled, "that was our thing to do."

At the time, Tameji didn't understand that she and her mother were doing more than just window shopping. "As I got older, I realized my mother was on a mission — she had a purpose. When she took me on trips out of the Rhodes Terrace projects, she was doing more than just showing me fashionably dressed mannequins in storefront windows," Tameji explained.

Valerie Vaughn, her mother, understood that in order to help her daughter strive for a better life, Tameji needed to see the world that existed beyond their neighborhood. "When my mother and I would go window shopping, she was trying to open my mind up to things I could possibly have one day. She wanted to encourage and motivate me to see a life beyond the projects we lived in.

"I graduated from Skyline High School in 1987 and enrolled into El Centro College on a Minority to Majority Scholarship," she shared. "It was an initiative designed to get more minorities

YOND ANCES

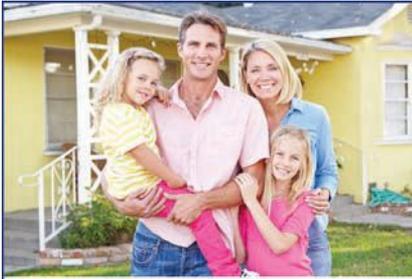
— By Dianne Reaux



into college.” After completing the two-year program, she was accepted into The University of Texas at Austin, and UT-Austin is also where she met her future husband, Mark Berry.

After graduating from college and getting married, Mark and Tameji settled down in Dallas. Mark started as a recruit with Dallas Fire-Rescue and Tameji worked in the insurance industry as an underwriter. But when she saw an ad in the newspaper for a fire inspector, it sparked her curiosity. At first, she was hesitant about applying for the job. But Tameji submitted her application and was excited when she was contacted for an initial screening. And after an extensive round of interviews, she was hired.





Coverage for your most valuable possessions.

Life | Home | Auto | Commercial

Call today for your FREE quote.

(972) 223-9992

117 W. Ovilla Rd.

Glenn Heights, TX 75154

MWhitley@farmersagent.com



Marianne Whitley



Tameji's courage to respond to an ad was the beginning of what has turned into an exemplary career in the Dallas Fire Department. Tameji was hired by Dallas Fire-Rescue in 2000, and over a span of 15 years, she's held three different positions, working as a fire inspector, a peace officer and as an arson investigator.

"It's actually pretty common for people to interchange fire investigator and arson investigator, but actually, the roles are quite different," she explained. "A fire investigator only investigates accidental fires — a kitchen fire or if kids were playing with matches. An arson investigator investigates fires that were deliberately set." When Tameji's department determines a fire was deliberate, they file criminal charges, which is why she is required to have the law enforcement designation as a peace officer.

Tameji is aware of the stereotypes, which often invoke images of men fighting fires. She recalled one incident that inspired her to help counter those stereotypes. "We were responding to a fire, and I started putting on my bunker gear," she shared. A small crowd had gathered to see what was going on, and when she pulled off her baseball cap, a little girl saw her ponytail. "Her eyes got big and she started shouting, 'You're a girl! You're a girl!'" Tameji became emotional as she recalled the incident because she saw herself in the little girl.

"Society tends to categorize career choices," Tameji explained. "So if young people don't have an opportunity to see faces in roles that challenge those stereotypes, those stereotypes are perpetuated."

SMOKIN' BLUES & BBQ FESTIVAL



OCTOBER 23-24, 2015
ARMSTRONG PARK • DUNCANVILLE, TX
GATES OPEN FRIDAY NIGHT 5:00 PM - 10:00 PM • SATURDAY 9:00 AM - 10:00 PM



IBCA SANCTIONED COOK OFF
LIVE BLUES BANDS
FRIDAY 6:00 PM – 10:00 PM
SATURDAY 10:00 AM – 10:00 PM
KID'S COOK OFF & MORE

FRIDAY NIGHT \$10 • SATURDAY \$20 • 2-DAY PASS TICKETS \$20

Help us help others in need — join us for this special day of music, food & fun for the entire family. Event proceeds benefit local, state, and international Lions Club Charities.

SMOKINBLUESBBOFEST.COM





Tameji rose up through the ranks of the department, and is now deputy chief of fire investigation & explosive ordinance disposal. She is the first African-American female appointed as deputy chief in the history of the department, and the first female assigned as deputy chief over the Arson Division. Tameji is aware of the unique role she has in the department, and she feels compelled to bring an awareness to young people, especially young females, so they can see they can also have successful careers in her line of work.

In fact, it has become her mission to help make sure young women know that it's a career path they are fully capable of embarking upon. "I'm working on a program, a girl's camp, to help bring awareness, especially to underprivileged girls," she explained. Tameji is a member of the International Association of Women in Fire & Emergency Services, an



Captain Ham poses with Tameji Berry.



Dedicated family
care is in your
neighborhood.

When it comes to exceptional primary care, Red Oak Family Clinic has you and your family covered. With a convenient location and a comprehensive suite of primary care offerings, we're dedicated to providing a lifetime of health and wellness services for the whole family.

- Board-certified
- Same-day appointments
- Most insurance accepted
- Well-child exams
- Well-woman exams
- Complete physical exams
- Sports physicals
- Se habla Español

Red Oak Family Clinic

Rebeca Piantini, M.D., Ferne Cummings, M.D.

273 East Ovilla Road, Suite 4
Red Oak, TX 75154

**Schedule an appointment today by going to
THPG.org or by calling 1-800-916-8080.**



Physicians employed by Texas Health Physicians Group practice independently and are not employees of the hospital or Texas Health Resources.

12th Annual Hawlette Experience

The Hawlette
Experience includes:

For girls
ages
5-14

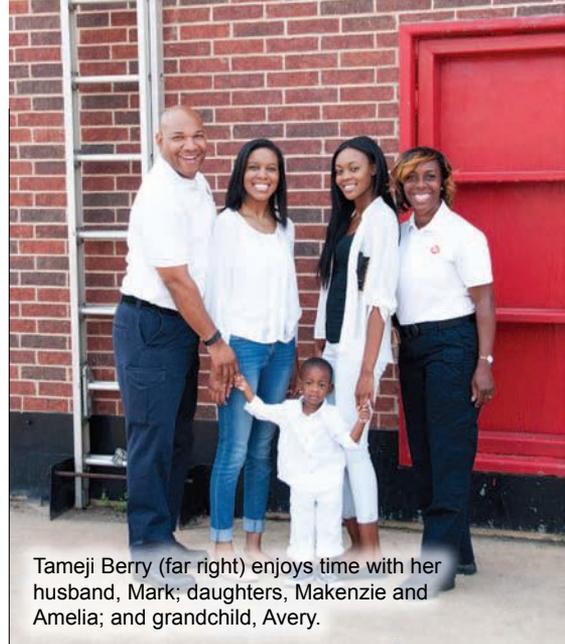


- A 3-hour camp with ROHS Hawlettes on **Saturday, Oct. 17**
- Camp taught by a former Kilgore Rangerette
- Performing at the ROHS Varsity Football game on **Friday night, Oct. 23**
- Standing with the Hawlettes in the Victory Line and cheering on the football players
- Sitting with the Hawlettes in the bleachers for the 1st quarter
- Hawlette Experience t-shirt
- \$35 camp fee

SPONSORED BY



Email hawlette.booster@yahoo.com
or call 469-285-9209 to enroll or
for more information



Tameji Berry (far right) enjoys time with her husband, Mark; daughters, Makenzie and Amelia; and grandchild, Avery.

organization whose mission is to support, mentor and educate women who pursue careers in fire and emergency services. Tameji hopes that once young girls know about the opportunities, their interest will bridge into the Explorer Program.

Mark and Tameji are the proud parents of two daughters, Amelia and Makenzie, and grandparents to 2-year old Avery. They are a close family that loves spending time together, hanging out, watching television and going out to eat. They love to travel and have enjoyed visiting New York, Seattle, Aruba and Costa Rica. And they are active members of their church, DC3, formerly known as Johnson Chapel of DeSoto.

Tameji has a bit of advice for all young people, regardless of the career path they choose. First and foremost is to, "always hang on to your faith." She'd also tell them to associate with two types of people. People you look up to and admire, who are where you'd like to one day be in life — as well as someone who might not be as fortunate. "That way, you're always learning from someone, and you can always reach back and help someone as you move closer to achieving your own goals."

Tameji credits God and her faith with her accomplishments. "I know it's because of His grace and mercy that I've reached where I am today," she shared. "There are many strong, intelligent and courageous young women capable of working in this field. But if you don't have a chance to consider it as a career option, you may never know just how far your aspirations and hard work can take you." **NOW**



"Where Country Living Begins"

1/2 to 70 acres in various locations

Low Down Payment

Owner Financing

Affordable Monthly Payments

972-842-3276 • 101 S Main • Ferris TX

www.LandHeadquarters.com

Thank you Ellis County for 20 great years!

"We credit our success to our faith, the support of family, friends and colleagues, and our outstanding patients.

Thank you for letting us serve you."

- Dr. Shaw, Angie, Melisa and Charlotte

Family Dentistry

Margaret Shaw, DDS

972-223-0313



135 W. Ovilla Road at Hampton
Glenn Heights
www.MargaretShawDDS.com



Excellent Dentistry • Comprehensive Care • Exceptional Experience

60th Annual Lord's Acre Regional Fall Festival

Hosted by OUMC, Ovilla TX



OVILLA UNITED METHODIST CHURCH

Fall Festival • Oct. 24

9 a.m.-4 p.m. • Ovilla @ Westmoreland Roads, Ovilla Shop 60+ booths including craftsmen, artists, entrepreneurs (rentals available thru Oct. 15*)

FREE KidZone

Bounce houses, games & video game bus!

Live Entertainment • 9 a.m.-1 p.m.

Silent Auction

(autographed memorabilia & other quality items)

Raffles

Church-made quilt and Sports & Leisure gift cards

Live Auction

1:00 p.m. (trips, gift certificates, quilts, hand-crafted wooden treasures and more)

Bake Sale

From the best bakers around Dallas & Ellis counties!

18th Annual Golf Tournament

Oct. 10 • 8:00 a.m.
Old Brickyard, Ferris

1955 Sock Hop & BBQ Dinner

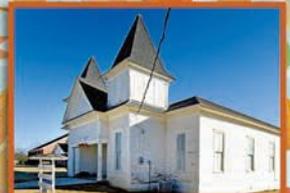
Oct. 23 • 6:30 p.m.
Ovilla @ Westmoreland Roads, Ovilla

Casual Worship Service in the Tent

Oct. 25 • 10:00 a.m.
Ovilla @ Westmoreland Roads, Ovilla

Miles for Missions 5K Run/Walk

Oct. 31
1403 Red Oak Creek Rd., Ovilla
Register at ovillaumc.org



Proceeds from Festival events will benefit the mission fields of Ellis County.

Rich in history, strong in faith and missions since 1883

*Contact Marikay Dewberry 214-532-5902 or dewkraft@swbell.net for more details.

Impressions Salon Etc.

Where Magic Happens
for Skin & Hair!



- Cut & color specialist • Bridal parties • Skin care specialist
- Special event hair • Manicures / pedicures
- Massage & Makeup

Join us for Food, Fun & Frolic at our
October 29 Open House!

Sweet deals, sweet treats and
20% off merchandise!

\$5 OFF
Any Product
or Service (with this ad)

\$10 OFF
Cut & Color
New client only

25% OFF
Fall Spa
Treatment



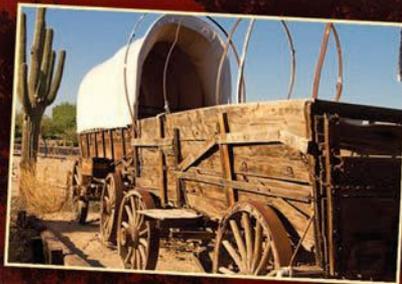
**Pumkin Scrub
Facials**

one coupon per customer, per month Exp 10.31.15

202 Suite B N. I-35 • Northbound service Rd. between Ovilla & Red Oak Rds • Red Oak
972-617-6300 • Open at 8am Tues Thru Sat

FERRIS ★ PIONEER DAY

Saturday, October 3
10:00AM - 4:00PM



the
**GREAT
PUMPKIN
RACE**

Saturday, October 31 at 9:00AM

Registration forms
at CityofFerris.org
Race Director (972) 544-2012



Benefitting the
Lions Scholarship
and EVETTE
QUEZADA Funds



FERRIS TRADES DAY

Every third Saturday
in the Downtown Pavilion



Congratulations
Ferris Leo Club!
Established 2015



October is LIONS
month in Ferris!

CityofFerris.org



Ferris Main Street on Facebook

Since 1989



Catering for All Occasions

NOW OFFERING

THURSDAY MEALS TO-GO

Let us provide your family a hot home-cooked meal each Thursday!

Just \$8 Per Plate
Cash or Check



Order by midnight Wednesday for
pick up the following Thursday 3:30-6:30

Order by phone **972-617-7110** or
check our Facebook page for the
weekly menu & more ordering options.

www.facebook.com/dallascaterer

Pick up at 421 Buckskin Drive, Red Oak. Drive up to the back of the dock,
HONK and we'll bring it out to you! Your meal will be hot and ready to eat!

www.appetizercatering.com

General Dentistry & Orthodontics for all ages

Limited-time Fall Special: X-Rays, Exam & Basic Cleaning

ONLY \$95

Expires 10/31/15

Now Accepting Medicaid/CHIP



Red Oak Dental

Dr. Charles Williams Sr. & Associates
Evening Hours Available • Se Habla Español

269 E. Ovilla Rd. • Ste. 300
Red Oak, TX

972-576-0248

www.redoakdentalcare.com

If you ignore your teeth, they will go away!

Most PPO Insurance Accepted • In-house Financing Available • Care Credit

PUMPKIN PATCH

October 4-31
Sunday-Friday 1PM - 7PM • Saturdays 10AM - 7PM
All proceeds benefit the church's children's programs.

Bring ad and receive a **FREE** mini pumpkin!

PARTY IN THE PATCH TRUNK OR TREAT

Saturday, October 24 from 2-4PM
Bounce house, hay rides, games and treats!

FIELD TRIPS

CONTACT TERI PEARSON AT
LAUGHANDLEARN2014@YAHOO.COM
FOR MORE INFO.

FIRST UNITED METHODIST CHURCH
600 Daubitz Rd. • Red Oak
972-617-9100 • www.fumcro.org



Threads of Time

— By Virginia Riddle

Folks of all ages turned out with their lawn chairs to watch the parade. No, there wasn't a marching band, cheerleaders or decorated floats — there was only one house being moved from the land it had occupied in Ferris since 1918 to a new, roomy three-lot site, and to a new family. "It took all day and big trucks to move it a few blocks," Polly Starr remembered.

That event occurred in 1999 when Jim and Polly Starr became the third owners of their home, which had once belonged to Faye Orr, an artist and member of one of Ferris' pioneering families. Jim and Polly were living in Arlington, Texas, when they discovered the house was for sale and needed to be moved to make room for new construction. Jim was a dentist, and Polly was a Texas Christian University faculty member teaching fashion merchandising. But the threads of time were leading them back to Ferris, Polly's hometown.

"My dad commuted to Dallas to work, but my mom was a teacher in Ferris," Polly recalled. After retiring six years ago, Jim and Polly became very active in the community. He serves on the Ferris City Council, and she serves on the 4B Economic Development board.



*At Home With
Jim & Polly Starr*



They are active members of the Ferris First United Methodist Church. "Our church has a strong sense of community ministry beyond the church's walls," Polly said. Life in Ferris offers the couple an enjoyable rural setting and the fellowship of close friends, and Dallas is only a 20-minute drive away.

Jim and Polly met during their college days at Texas Wesleyan College, now Texas Wesleyan University. Married for 49 years, they are parents to son, Jim Starr, and daughter, Stacey Adams, who is mother to their 11-year-old grandson, Brody.

TRAYLOR *Pleasure-Way* **Now Selling Propane**
MOTOR HOMES, INC. **AUGUSTA-RV**

Specializing in the sale of motor homes and towables.
 Over 27 years' experience in RV sales, service, parts and propane.

OFFICIAL VEHICLE INSPECTION STATION

1216 N. I-45, Exit 260 • Palmer • 972.291.2067
 Toll-Free 800.966.2053 • www.traylormotorhomes.com
 Monday - Friday 9:00 a.m. - 5:30 p.m.



Women's health care begins here and lasts a lifetime.

Women's bodies are always changing, so their health needs change along with them. Our expertise across many medical specialties means you'll receive quality health care when you need it most. We're now part of the largest not-for-profit health care system in Texas, and we're here to be your health partner for life.

For a physician referral or for more information about women's services, call **1.800.4BAYLOR** or visit us online at BaylorHealth.com/Waxahachie.



LONGLIVEWOMEN.COM

2400 North Interstate 35, Waxahachie, TX 75165

Physicians provide clinical services as members of the medical staff at one of Baylor Scott & White Health's subsidiary, community or affiliated medical centers and do not provide clinical services as employees or agents of those medical centers, Baylor Health Care System, Scott & White Healthcare or Baylor Scott & White Health. Not all services available at all locations. Photography may include models or actors and may not represent actual patients. © 2015 Baylor Scott & White Health. BSWMCW_14_2014_04.15

FOLLOW US ON:

Username: BaylorHealth





Before they purchased it, Jim and Polly's home had seen life as an antique shop for 10 years, so they didn't have a complete remodeling job to do. However, city codes had to be met following the move. After code updates, their home received a new paint job. "We chose colors that remain true to the 1918 era," Jim stated. The kitchen was completely remodeled and reconfigured, updating it to modern times. The bathrooms also

received updates, but the couple chose fixtures that fit the same time period.

Today, the American flag flies proudly from a wraparound front porch overlooking a circular drive that is beautifully landscaped. Friends and family can relax in the white rocking chairs and enjoy a sip of tea.

Most of the downstairs floors are of red heart pine planks that stretch the length of the rooms, and antiques



ACSI
Advanced

Discover • Advance • Soar

Fellowship Christian Academy

Celebrating 30 Years of Superior Academics



21st Century Learning

"A superior education in a nurturing Christian environment..."

A ministry of Oak Cliff Bible Fellowship, Dr. Tony Evans, Senior Pastor.

NOW ENROLLING 18 MOS. - 8th GRADE

OPEN HOUSE DATES

November 10, 2015 7:30 a.m.
Breakfast & Tour

January 21, 2016 7:30 a.m.
Breakfast & Tour

RSVP at www.FCAsoars.org

- Dual Accreditation
- Foreign Languages
- Biblical Worldview
- Championship Athletics
- Family-Centered Community
- Before & After-School Programs
- Fine Arts Institute/Private Lessons

www.fca@ocbchurch.org • 214-672-9249 • 1821 W. Camp Wisdom Rd. • Dallas, TX 75232

G&H

Glass & Carpet

Family Owned & Operated Since 1993

Residential & Commercial
Sales, Installation & Repair



- PLUSH • BERBER
- FRIEZE • VINYL
- CERAMIC • PORCELAIN
- HARDWOOD • LAMINATE

- INSULATED GLASS PANES
- SOLAR SCREENS
- SHOWER ENCLOSURES
- SCREEN • STORM DOORS • PATIOS
- COMMERCIAL STORE FRONTS
- GLASS & WINDOW REPLACEMENT

111 S Main, Ferris

M-F 8-5 • Sat by Appt

972.842.3075

www.ghglassandcarpet.com






“We are very family-oriented and enjoy entertaining. Our best memories are of Christmas, Thanksgiving and birthday celebrations.”



FAMILY FUN AS *Big* AS TEXAS!

SEPTEMBER 25 - OCTOBER 18 • DALLAS

State Fair

IT'S BIG. TEXAS BIG.

3 WAYS TO SAVE ON *State Fair* TICKETS

- KROGER**
Visit area Kroger Food Stores and save \$1.50 on general admission tickets.
- DART GOPASS**
Buy general admission tickets for just \$16 when you use the DART GoPass mobile app.
- ONLINE**
Order tickets in advance and save when you use coupon code **Tex10** at bigtex.com.

PLAN YOUR TRIP AT **BIGTEX.COM**

No Dental Insurance?

Call us and ask about our Savings Plan.

Dr. Pearson and her staff are devoted to giving their patients a quality dental experience.

We understand it isn't only about teeth but it is important to remember "you" the individual, your concerns and needs.

Before the year ends, take advantage of your flex spending and insurance.

General Dentistry • Private Practice • Care Credit Financing

Pearson Family Dentistry

972-576-0602 • 307 E. Ovilla Rd., Suite 400, Red Oak

FREE

Medicare Plan Consultation



RED OAK DRUG & THE PRESCRIPTION SHOP CAN HELP YOU SAVE \$\$\$ ON YOUR MEDICARE PLAN. BENEFIT FROM A PERSONAL PHARMACIST'S KNOWLEDGE OF THE DONUT HOLE AND ALTERNATIVE DRUGS AND YOU CAN SAVE AS MUCH AS \$1000 PER YEAR ON YOUR COPAYS. COME BY TODAY!

ask us about iMedicare

RED OAK DRUG

106 E. Ovilla Rd., Suite 1

Red Oak, TX 75154

P. 972-617-2222 F. 972-617-6020

THE PRESCRIPTION SHOP

120 S. Grand Ave.

Waxahachie, TX 75165

P. 972-938-2642 F. 972-937-5681

WWW.REDOAKDRUG.COM

appropriate to the time period are used throughout the home. "Most of the antiques are family pieces acquired over time," Jim said. For instance, new life was given to two comfortable living room chairs after the couple found them in a hay loft while Jim was attending dental school. An antique upright piano, a tea cart with service and a table that holds family photos surround the comfortable living room seating. Jim's mother was a painter, and many of her pieces have places of honor throughout the home.

"She was very gifted," Polly said proudly.

Art of another kind decorates plate rails surrounding the dining room walls. One wall hosts Faye Orr's Good Morning plates. Another wall is the background for Polly's sister's painted plates, while Polly's collection of plates round out the scene and sit on a buffet. The dining table is large enough to accommodate family members and friends. "We are very family-oriented and enjoy entertaining. Our best memories are of Christmas, Thanksgiving and birthday celebrations," Polly said.

A cooktop is hidden away on the kitchen's island — an innovation that provides more counter space when needed. Three of Jim's mother's paintings decorate the walls. "These are a little more primitive," Polly said. An antique tea pot holds a special place, while other antique collectables decorate the tops of cabinets. "Cooking is a hobby," Polly said. The kitchen's configuration was changed when a wall was built to provide for the coffee/wet bar with built-in wine rack on the opposite side facing the den, where the couple likes to host guests and bridge groups. One of Polly's retirement gifts from TCU, a quilted *Seu Long*, hangs in a place of honor.

The breakfast room functions as "Jim's day room" with windows and a door to the backyard's full deck, carriage house (now the garage) and potting house. The deck is used for outdoor grilling and entertaining.

A quilt made by ladies from their church hangs in the home's centralized hallway near a piano bench that Jim's grandfather made. A hall bath has the original claw-footed tub. A mirror created from one of the home's original weighted windows still has the cord

Saturday, Oct. 17th

Downtown Ennis from 10am-4pm

FREE Admission

AUTUMN DAYS IN ENNIS FALL FESTIVAL



Arts & Crafts / Food
Live Entertainment
Kids' Activities

Saturday, October 31:

YMCA Ennis Monster Mash 5K Dash

Fall for More Exciting October Events:

972-878-4748 visitennis.org

Some things just get better with age!

Great things happened in 1939! The first televised Major League Baseball Game between Cincinnati Reds & Brooklyn Dodgers aired, the first air conditioned car, the 1939 Packard, went on show and **Wolverton Service Company** opened!

Since 1939

Wolverton Air

AIR CONDITIONING & HEATING
(972) 923-COOL (2665)

704 Solon Road • Waxahachie, TX 75165 • #TACLA132E





attached. Antique door knobs from Polly's grandfather's house create a unique towel hanger. Jim pointed out the original door hardware and push button electrical switches that were kept. The front porch wraps around an adjoining guest bedroom. "It's a lovely little room," Polly said.

A fireplace warms the den on cool nights. A painting by Jim's mother of Jim's big boots, complete with spurs, and his son's little boots and spurs hangs on one wall. French doors open to a sun porch where his mother's portrait hangs along with a wall of portraits probably created in a class. Games can be played at the table, and an antique dental chair and treadle sewing machine pay honor to the couple's vocations. Polly's dad's scooter hangs above a doorway.

"We live upstairs along with Bella, the cat," Polly remarked. A quilt hand pieced by a friend and quilted by Polly decorates a guest bed. "It's small and just right for this room," she said. Another treasured quilt that Polly and the Methodist ladies quilted is also on display.

Polly's childhood table and chairs provides a sitting area in the master bedroom for games of spades with Brody. A work station and desk were created from original closet space, and a new shower was added to the bathroom.

Jim enjoys playing golf and hunting while Polly quilts, sews, crochets, embroiders and tats. "Needle arts are my passion," she revealed. Polly also volunteers at Brody's school. The couple has traveled to Austria, Germany, the British Isles, Russia, France and Italy. Through playing bridge, they are making new friends. This couple cherishes the past, but is working toward, and planning, a great future. **NOW**

Showroom Shine EVERYTIME!

RED OAK Express Wash

State-Of-The-Art Friction Car Wash

Soft touch wash with incredible results!

Dually trucks welcome!

NOW OPEN 24 Hours!

300 N. St. Hwy 342 • Just north of Vintage Bank
972-921-5536
 Cash & CCs Accepted

Because you promised...

WILEY'S
 DIAMONDS & FINE JEWELRY

In store Repairs
 Jewelry Appraisals
 Next Day Ring Sizing

Waxahachie, TX
www.wileysjewelry.com

WE BUY GOLD & DIAMONDS!

RL SCHWAB CPA PLLC
 Accounting & Tax Services

The Support You *deserve*

Offering Personal Service for Individuals & Businesses

Free Consultations
www.rlschwab.com

- Small Business Accounting
- Payroll Services
- Personal Bookkeeping
- Tax Services

972.937.9800 • 600 N. Hwy. 77, Ste. B, Waxahachie, TX
 (Inside Cliff's Check Cashing)

CABINET REFRESH 101

— By Jill Rose

Looking for an inexpensive way to dramatically change the look of your kitchen? Painting cabinets is a great way to get the look of a new kitchen without the price tag of a complete remodel.

FIND THE PERFECT COLOR

For most people, one of the hardest parts of painting kitchen cabinets is finding the right color. With all the paint options available, even opting for white cabinets can result in having to sift through hundreds of variations to find the “right” white.



One of the biggest obstacles to choosing a color is lighting. The number of windows in your space (natural lighting), as well as the type of bulbs you use (soft white, bright white, daylight, etc.), can drastically change the way a color will look. Buying your paint from a paint specialty store can alleviate a great deal of indecision, as the employees in these stores are able to provide you with the best options, depending on your lighting. Keep in mind, homes with a lot of natural light tend to cast a blue hue on white paints, whereas homes with artificial lighting can cast colors ranging from blue to orange, depending on the bulb used.

RED OAK CHIROPRACTIC & THERAPY



FULL SERVICE FAMILY CLINIC OFFERING:

- Chiropractic
- Massage Therapy
- Rehab
- Sports Medicine
- Auto Accidents
- Most Insurance Accepted

COMPLIMENTARY 1/2-HOUR MASSAGE
For All New Chiro Patients!

972-576-5501 • www.RedOakChiro.com • 307 E. Ovilla Rd., Ste. 100 • Red Oak, TX

Our Sunflower Friends FAMILY FESTIVAL

SATURDAY OCTOBER 3 2015

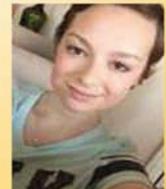
Ellis County Expo Center | 2300 W. Hwy 287 Bypass | Waxahachie

5K starts at 8:00am • Main Event Noon - 10:00pm
Live & Silent Auctions • NEW Truck Raffle
Brisket & Chili Cookoff • Live Band • Laser Tag

Fundraiser Event Benefitting
Our 2015 Recipients



Isabelle Day



Brooke Foster

These girls and their families need our help, so bring your whole family and your checkbook, and get ready to have some fun!

In Ellis County we believe,
Friends Don't Let Friends Fight Cancer Alone.

FREE ADMISSION

www.oursunflowerfriends.org

469.226.3080

**Yogi Bear's™
Fall Fiesta**

Stay n Play with Us
Every weekend in October
and Last Weekend of September
for a Funtabulous, Frightening,
Fall Fiesta!

See detailed activities schedule for each week at
www.northtexasjellystone.com

JELLYSTONE PARK™
Yogi Bear's
Burleson Texas
CAMP-RESORT

WWW.NORTHTEXASJELLYSTONE.COM



After selecting a few sample colors, purchase scrap pieces of wood strips that are the same species as your cabinets and paint them using the sample colors. Leave the samples in your kitchen for a few days to see how the color changes throughout the day. Once you've decided on a color, select your sheen. Choose a high-gloss sheen for a more modern look or an eggshell for a more classic feel.

PREP YOUR AREA

Begin by taking the cabinet doors off and removing the hinges. Be sure to label each cabinet door and hinge for reassembly. Next, tape off the wall area around the cabinet frames.



GIVE EVERYTHING A GOOD SANDING

Whether your cabinet doors, drawers and frames are painted or covered in stain, you will need to sand them. Begin by using a 100-grit sandpaper, and then move on to 120-grit sandpaper. Note: Most of the cabinet can be sanded with an orbital sander, but the smaller areas will need to be sanded by hand.

After sanding everything, remove the dust created. The frames are easy to clean, but doors and drawers can be tricky. Dust will ruin your paint job, and you will find yourself having to sand

DOING MORE, WITH LESS **C & M** RESIDENTIAL & COMMERCIAL

CONCRETE STAINING AND OVERLAY
www.concreteandmore.com

FREE ESTIMATES
Call Now! 972.217.9880
Local References, Insured, Guaranteed

Concrete Countertops | Stained Floors | Shower/Tub Renovations
Patios | Pool Decks | Interior Floors | Walkways | Driveways

Don't Tear It Out... Resurface It!

Jaynes
Memorial Chapel

811 S. Cockrell Hill Road
Duncanville, TX 75137
Phone: (972) 298-2334
jaynesmemorialchapel.com

Caring hometown service since 1998

REDOAK Hawks

HOME COMING JERSEY
\$25

CHANEY'S
DESIGNS
Embroidery & More

206 S. Hwy. 342 Ste. B • Red Oak
(next to Curves)
972.576.5800 • 9-5 M-F



out specks and reapply paint. To ensure maximum dust removal, start by simply turning the cabinet door or drawer over and patting the back so most of the dust falls out. Follow this with a quick pass over with a vacuum wand. Finally, use a duster and get into the crevices. If you find you still have dust specs, use mineral spirits and a rag to remove any remaining dust.

FIX ANY GOUGES OR DENTS

If you have deep scratches or dents, fill them in with wood filler. Let it dry, and then sand it down using a 180- or 220-grit sandpaper. Be sure to clean away any excess dust.

PRIME THE CABINETS DRAWERS/FRAMES

Using a 2-inch paint brush, apply a light coat of primer to the cabinets, drawers and frames. Tinting your primer to match the color of the new cabinet paint is excellent insurance against future nicks and scratches showing.

Begin by priming the back of the cabinet door. Start in the center panel section. If you get primer on the stiles or rails, make sure you brush them out, so they don't leave a blotchy finish.

Next, prime the rails, and then the stiles. Do not prime the edges of the cabinets at this stage. After priming the cabinet doors, move on to priming the drawers. Since drawers only have a front, prime the entire drawer (edges included). The next step is to prime the cabinet frames. If desired, prime the inside of the cabinets, also.

Once all items have been primed, allow them to cure for at least 24 hours before



TURF-SCAPE

LANDSCAPE AND IRRIGATION

FALL IS TREE PRUNING SEASON!



WHY THIN AND LIFT YOUR TREES?

Thinning a trees canopy is a method of pruning a tree while maintaining its overall size and natural structure. This involves the removal of up to 20% of the branches throughout the entire canopy. Removing dead wood from the tree should be carried out for aesthetic reasons but more importantly for safety, as dead branches will eventually decay and fall off. Lifting a trees canopy is the removal of the lowest branches.

Thinning and Lifting your tree is important because it:

- Allows for more air circulation
- Lets more light filter through your tree to your lawn
- Gives a uniform height from ground level
- Increases visibility of your home or business
- Improves form and reduces growth rate
- Reduces injury and liability by removing dangerous dead wood from trees overhanging roads, houses, public areas and gardens.

EMERGENCY SERVICE AVAILABLE

for trees which are unexpectedly blown or have fallen into a hazardous situation. We have the correct knowledge and equipment to solve these situations; creating a safe area.

Call Turf-Scape today for a free estimate! Visit our website for our full range of services.

972-938-2956 • www.turf-scape.co • info@turf-scape.co

Licensed Irrigator#21842
TX Dept of Ag#0513565



McDONNELL RICHARDSON CPA, PC

Certified Public Accountants



Principal Office:

714 Ferris Avenue • Waxahachie
(972) 923-2881 • www.kj-cpa.com

TAX FILINGS | BOOKKEEPING | PROPERTY TAX CONSULTING | TAX DISPUTE RESOLUTION

CAMPUZANO

mexican food

Voted Best Mexican Restaurant in Best Southwest

Treat Yourself to our Absolutely Phenomenal Margaritas!

\$5.00 off
\$20.00 purchase

Coupon only good from NOW Magazine! NO Copies accepted. Expires 10/31/15



108 N. 8th Street
Midlothian, TX
972-723-2634

2167 N. Highway 77
Waxahachie, TX
972-938-0047

213 W. Beltline
Cedar Hill, TX
972-291-1053

2618 Oak Lawn Ave
Dallas, TX
214-526-0100

Heritage Plus

IN-HOME CARE

Does Mom or Dad Need Help at Home?

We offer up to 24/7 care.
Our company is licensed & insured.
Our caregivers are bonded for your protection. Our rates are reasonable and you can pick your own care package.
Call today for a FREE assessment. (972) 283-8124



Cook Meals • Bathing/Grooming • Light Housekeeping • & Much More

Start NOW to be ready for the holidays!



Granite, marble & quartz fabricator for kitchen & bathroom countertops

Extensive color selection combines beauty, function & elegance for any bathroom or kitchen!

- ✓ **FREE Estimates**
- ✓ **Competitive Pricing**
- ✓ **Up to 15-year Warranty on Some Products**

FREE

18-gauge Stainless Steel Sink
(\$350 value)

Call or visit our website for details!
www.MTMCOUNTERTOPS.com



SILESTONE
by COSENTINO



Come see our wide selection!

SHOWROOM HOURS:
MON-FRI: 8AM - 5PM
SAT 10AM-2PM

MTM

Countertops

2460 Hwy. 287 N. • Mansfield • For more info call 866-439-1935.

(Northbound service road – between Callendar Rd. & Turner-Warnell)



LIKE US ON



lightly sanding (by hand) all the primed surfaces with a 300-grit sandpaper. Sand them just enough to remove any imperfections or random pieces of dust that may have fallen on them while they were still wet.

Turn the cabinet doors over to the front, and repeat the entire process above. Be sure to prime the edges of the cabinets, and allow them to cure for 24 hours.

PAINT THE CABINETS/ DRAWERS/FRAMES

After the primed pieces have been allowed to cure for 24 hours, begin painting. Painting is really no different than priming, and you should follow the same process as priming. Begin by painting the back of the cabinet door, and then lightly sand out any imperfections before moving on to the drawers and cabinet frames. Allow them to cure for 24 hours, and then repeat the entire process for a total of two coats of paint.

After the second coat has been allowed to cure for 24 hours, move on to painting the front of the cabinet doors. Again, follow the same process as above (panel, rails, stiles but now also the edges). Allow them to cure for 24 hours, and then repeat the entire process.

ADD THE POLYURETHANE

Before actually adding the polyurethane, lightly smooth out the door's finish using a 300-grit sandpaper. Apply the polyurethane with a foam brush for a suggested total of three coats on each side. Allow the polyurethane to cure per label, reassemble the cabinets and enjoy the beautiful new look of your kitchen for years to come!

TROUBLESHOOTING

The biggest concern most people have with painting their cabinets are brush marks. Inferior products are one of the biggest reasons for brush marks. If you use high-quality primer, paint and brushes, and apply the paint in thin coats, you should not have this problem. **NOW**



760 N. Highway 67, Cedar Hill, TX 75104

972.569.7003 Cell • 972.291.0902 R. E. Sales • 972.291.0900 Rentals

www.DLasater.com • DonnaRealEstate2014@yahoo.com

34 Years Top Selling Agent

705 Ovilla Oaks Dr. • Ovilla



Gorgeous setting * 1 acre with creek & trees * unique tall ceilings and crown moldings and ceiling medallions * 3rd living area can be 5th bedroom * huge rooms * study with walls of bookcases * granite and SS appliances * double oven * compactor * built-in desk in 2 rooms * custom window treatments including plantation shutter toppers * wood deck overlooks pool & hot tub & park like setting * master bath with jetted tub * glass blocks * double van and WIC * oversized garage * utility with iron board and sink



9:00AM - 2:00PM
CITY OF DESOTO

DESOTO TOWN CENTER PLAZA,
211 E. PLEASANT RUN RD.

CITY OF DESOTO

Vet Fest

Honor | Remember | Never Forget



Featuring

- * VETERANS FOR HIRE JOB OPPORTUNITIES
- * VETERANS MOBILE UNIT * FREE ENTERTAINMENT
- * VETERANS BENEFITS REPRESENTATIVE
- * FREE FLU SHOTS AND BLOOD PRESSURE CHECKS
- * SERVICES FOR HOMELESS VETERANS



CONGRESSWOMAN
EDDIE
BERNICE
JOHNSON



SENATOR
ROYCE
WEST

Sponsored by the City of DeSoto. For more information, visit www.DeSotoTexas.gov

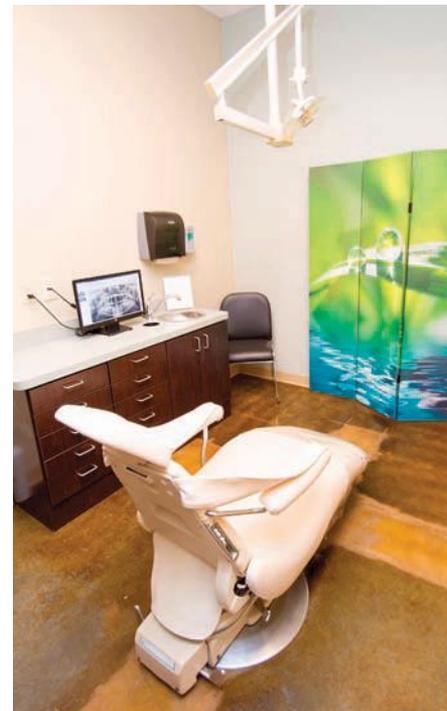


Ferris Family Dentistry

454 FM 664
Suite B
Ferris, TX 75124
(972) 544-2123

Hours:

Monday-Friday: 8:00 a.m.-5:00 p.m.



Ferris Family Dentistry features the latest in dental technology, with treatment rooms that are calm and aesthetically appealing for patients.



A Gentle Touch

With a strong family legacy in dentistry, Dr. Virginia Williams strives to provide that same level of excellent care.

— By Dianne Reaux

As a child, Dr. Virginia Williams enjoyed art. “I did a lot of sketch art,” she shared. “In high school, I had a teacher who was an artist who exposed me to pottery, and I enjoyed using my hands.” Although she didn’t end up pursuing it as a career, her penchant for art has been valuable in the field of dentistry. “It’s allowed me to develop good spatial skills. When working on patients, it gives me a better idea of how I want things to look and how to contour different shapes.”

Dr. Williams graduated from Highland Park High School and received a bachelor’s degree in biological sciences from Southern Methodist University. After completing her degree, there was never really any question as to her career path. And in 2007, she

graduated from the Baylor College of Dentistry. “For me, it had everything to do with the six generations of dentists in my family,” Dr. Williams admitted. “My father, Dr. Charles I. Williams, had a dental practice in downtown Ferris for over 40 years. When I was a kid, I spent my summers upstairs in his lab playing with plaster and going downstairs and getting into trouble,” she recalled smiling.

But her father wasn’t the only dentist in the family. They have a special family legacy that Dr. Williams is very proud of. “My maternal great-grandfather, two of my uncles, my father and my brother are all dentists. My mother was a dental hygienist, and they all graduated from the Baylor College of Dentistry. So, I’ve had the benefit of having several mentors at my disposal,” she explained.

Business **NOW**

All of the family expertise has allowed Dr. Williams to expand her range in the practice, and the strong family legacy has helped her to evolve professionally. Dr. Williams has benefited from the years of collective expertise — and so have her patients.

Angela Bruner is the office manager, and she helps ensure the practice runs smoothly. “I’ve been in the DFW area for several years, but I’ve lived in Ferris for the last 12 years,” she shared. She has a very solid administrative background, which includes a bachelor’s degree in business administration from LeTourneau University and a master’s degree in psychology from Naropa University. “Both degrees have been a good fit for being the office manager in a dental practice,” Angela shared. Her previous professional experience includes working in an attorney’s office and in the commercial division of Capital One Bank.

My patients know I am just a phone call away.

Angela enjoys her work and finds helping people with the process of healing to be very rewarding. “Someone can come in with a toothache. After treatment, they’ll return feeling better, and we are the ones who helped alleviate their pain,” she explained. Dr. Williams is particularly well noted for her extraction procedures. “She is a very gentle dentist,” Angela shared.

The office was established in Ferris because Dr. Williams likes the small-town atmosphere. “Our practice is small and personable. And one of the things I take a lot of pride in is the fact that I live in the town where my practice is located, and my patients know I am just a phone call away.” **NOW**




Use It Or Lose It!
Use Your Remaining Dental Benefits Before the End of the Year

New Patient Special

\$79 Exam & X-Rays

Some restrictions may apply. Call for details. Cannot be combined with other offers. Offer good for 60 days. New patients only.

Accept Most PPO Insurance

Care Credit

Se Habla Español

Our Services

- Root Canal Therapy
- Dentures
- Wisdom Teeth Removal
- Gum Treatment
- Care Credit®
- Kid Friendly
- Senior Discount
- Emergency Treatment
- Sedation Dentistry
- Porcelain Crowns/Veneers
- Tooth-colored Fillings
- Cosmetic Dentistry
- Digital X-Rays
- Teeth Whitening






Ferris Family Dentistry
Dr. Virginia Williams

454 FM 664 • Ferris • next to Subway
972-544-2123 • www.ferrisdentist.com

Stage Door
School of Dance
Est. 1985

Now Enrolling for Fall!

50% OFF Siblings




106 N. 8th St., Downtown Midlothian
972.775.8199 • 214.675.0131 • www.stagedoorschoolofdance.com

Suzushii
Sushi & Grill




Lunch Bento Box starts at **\$6.95**

Serving sushi roll over **80** items

OPEN 7 DAYS

Mon- Fri: Lunch 11am-3pm • Dinner 4:30 - 10pm
Sat: 11-10pm Sun. 12:00-9:30pm

\$5 OFF
Any \$25 Order

Alcohol not included. Tax not included. Dine-in only. One coupon per party.

638 Uptown Blvd. Cedar Hill • 972 293-1009 • www.suzushiisushiandgrill.com



Billinda Longino, owner of A Bundle of Love, showcases a store front window full of colorful and vibrant fall displays.



Haley Story and Natalie Wright, of Touchstone Imaging, want to remind everyone that October is National Breast Cancer Awareness month.



One-year old Madelynn loves playing with her toys in her family's little backyard oasis.



Coach Malone warms up with her varsity volleyball team players as they get ready to take on the Life Oak Cliff Lions.



Lois Metcalfe of Red Oak poses with Labor Day flags as she and Bethany take an early Sunday afternoon stroll.



Sandie Fant puts the finishing touches on a display in her new cafe, 214 Coffee Room, in downtown Ferris.



Dominoe's employees Jamie Fulton and Heather Croy add creative expressions to their Red Oak locations Wall of Art.



Youth members of Rock Community Church have fun as they host a local car wash fundraiser in Red Oak.



Headmaster Randy Adair and Elementary Principal Lezlie Rozier volunteer to serve in the Ovilla Christian School lunch line.

Dining DEALS



Branded Burger Co.

Burgers so good,
one location wasn't enough!

1/2 OFF 2ND BURGER
with a purchase of 1 burger, fries and drink.
Mondays & Tuesdays only. Not valid with other offers.
Expires 10/31/15. Red Oak location only.

GAME WATCHING PARTIES!

HAPPY HOUR 3-7pm

Voted #1 burger
in Ellis Co.!



**NOW OPEN IN
RED OAK!**






REGULAR
LUB
TEXAS
CLH-3
AT 2095
LYV-9
735-UB
LIV-784

H-351
E-8476

GAS

REGULAR
LUB
TEXAS
LIV-937
LIV-328

972-576-2203
205 S. Main, Red Oak, TX, Ste. 1007
(Near corner of FM 2377 & Hwy. 342)

972-775-2202
100 N. 8th St.
Midlothian, TX



www.BrandedBurgerCo.com

**10 PIECE DARK
& 2 FAMILY
SIDES PLUS
BISCUITS OR
ROLLS**

\$14.99

With this coupon. Offer Exp. 10/31/15



**BUY 4 TENDERS
GET 1 LARGE
FREE TEA**

With this coupon. Offer Exp. 10/31/15

126 E. Ovilla Rd. • Red Oak • 972-576-5100



972-576-2200

**Get 1
Meat Pie,
1 Fruit Pie
& a Drink
for Only**

\$7.99

Not valid with
other offers.
Expires 10/31/15





Inside Gateway Shell

200 S. I-35 Service Rd., Red Oak

Need More Business?

Advertise your restaurant here.

For information, call:

972-937-8447



Bringing the best of the
community home.

FREE "Fall in the Spa" Facial with a purchase of 20 or more units of "Boo-tox"



NAIL ART BY JENNIFER

ELLIS COUNTY MEDICAL ASSOCIATES
ECMA MED Spa
 972-875-4700 800 W. Lampasas, Ennis

"Goulfriends" Special
Side by side services with your "Beasti"

2 Deluxe "Fall in the Spa" Facials
 or
 2 "Dead" Sea Full Body Polishes -
 Get FREE \$10 Med Spa Gift Card each!

Spectacular Savings

CELEBRATING 25 years

SALE ENDS OCT 31, 2015

Trampolines (Springfree)

Basketball Goals (Goalrilla)

Playsets (ChildLife)

beyond backyards Making better backyards

BEYONDBACKYARDS.COM • 855-232-4444 f Join Us On FACEBOOK

DALLAS 1694 W. Northwest Hwy Dallas, TX 75220 972-506-9950	FORT WORTH 5860 E. Interstate 20 Fort Worth, TX 76119 817-563-6000	GRAPEVINE 3221 Ira E. Woods Blvd. Grapevine, TX 76051 817-251-8097	SPRINGTOWN 5189 East Hwy. 199 Springtown, Texas 76082 817-221-2218	RED OAK 510 N. IH 35 E. Red Oak, TX 75154 972-617-6500	TYLER 15994 Old Jacksonville Hwy Tyler, TX 75703 903-561-3371	WEATHERFORD 2585 MINERAL WELLS HWY Weatherford, TX 76088 817-341-1099	CARROLLTON 4211 Charles St. Carrollton, TX 75010 972-985-1061
--	--	--	--	--	---	---	---

CREATING A BEAUTIFUL SMILE CAN BE EASIER THAN YOU THINK.



Dentistry does
not have to be
painful and can
be affordable.

WILLIAM A. BROWN, D.D.S. F.A.G.D.

Call us for a free consultation

972-298-8515

www.williamabrowndds.com

williamabrowndds@gmail.com

GENERAL DENTISTRY • 226 N. CEDAR RIDGE RD. DUNCANVILLE, TX 75116

Breast Cancer Health

— By Betty Tryon, BSN

With breast cancer, there are hordes of drugs, treatments and therapeutic options. Some of these can carry pretty scary side effects. It is imperative that anyone being treated for this disease follow their health practitioner's advice and plans, and that they give approval for any alternate treatment plans. However, there are a couple of areas where you can give your health a helping hand with possibly great benefits — diet and exercise.

Diet can possibly play a crucial role in lowering your risk of getting breast cancer and can aid in the recovery process when healing from the disease. There are some studies that suggest an increase in the incidence of breast cancer in women who are menopausal and overweight. Weight can also play a factor in the recurrence of breast cancer. More research is needed before definitively stating that a low-fat diet carries the benefit of lowering the incidence of breast cancer. But, the research that is available does suggest a possible connection.

The best diet is one in which all food groups are represented in appropriate amounts. Saturated fats are usually the problem, and it is generally a good idea to aim for less of them in your diet. They are found in fatty meats, butter, many cheeses, breads and pastries to name a few examples. Antioxidants are substances that help to prevent and limit cell damage — a great boon to someone in the process of healing. Some

foods rich in antioxidants are berries, citrus fruits, whole grains, liver, carrots and green, leafy vegetables. Check with your doctor before changing your diet. If you get a recommendation to see a registered dietitian, try to follow through. Proper nutrition is crucial to your overall health.

Exercise can be a great mood lifter. However, when in the throes of recovery, the last thing someone may want to do is exercise. Before starting any exercise program, discuss it with your physician. Your level of performance will depend upon many different things, such as the treatment you receive, severity of the disease, your prior fitness level and your current health status. Some exercises will affect you adversely. For example, if you had the lymph nodes removed under your arm, you may be at risk for lymphedema. Some forms of exercise may cause further injury to that area.

On the other hand, exercise can carry great benefits. Physical activity can help control weight gain. It can also increase your stamina, which in turn will increase your energy level. Taking particular care with diet and exercise will not only offer benefits regarding breast cancer, they can improve your overall level of health. **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.

Don't let your smile
SCARE YOU!

Promo Code: GO MO
FREE CONSULTATION

go MO
morganortho.com

\$200 OFF!
Braces or Invisalign
Must start by October 31

Call us today
972-268-6065

Laura Morgan, D.D.S.
Your Smile Specialist
Orthodontics Children & Adults

104 Professional Place • Waxahachie
www.morganortho.com

October 6

City of Glenn Heights 16th National Night Out: Heritage Community Park, 400 E. Bear Creek Rd., Glenn Heights. "America's Night Out Against Crime" promotes crime and drug prevention and community partnerships.

October 10

3rd Annual Dentistry From the Heart: 7:30 a.m., official registration begins, Waxahachie Family Dentistry, 125 Park Place Blvd., Waxahachie. For more information, call (972) 937-4370.

October 12

2015 Partnership Challenge Golf Tournament: 11:00 a.m., registration, Thorntree Country Club, 825 W. Wintergreen Rd., Desoto. For more information, visit www.redoakisd.org, or call Karen Anderson at (972) 617-4320.

October 14, 15, 16, 17, 18

Pre Stage Fan Fest: 5:00 p.m.-9:00 p.m., downtown Ennis. Streets will be blocked off for fans to see NHRA pro and sportsman cars, food trucks, music and more. For ticket information, or additional details, call Texas Motorplex, (972) 878-2641, (800) MOTORPLEX, or visit www.texasmotorplex.com.

October 17

Youth Talent Show: 6:00-8:00 p.m., Ovilla Christian School, 3251 Ovilla Rd., Ovilla. Tickets: \$10, includes dinner. Purchase tickets at ovillachristianschool.org beneath the Fine Arts tab.

Red Oak Chamber Auction/Dinner:

6:00 p.m., Red Oak Municipal Center, 200 Lakeview Pkwy., Red Oak. For tickets or sponsorship opportunities, contact Shelley Martinez at (972) 617-0906.

12th Annual Red Oak Hawk Experience:

9:00 a.m.-noon, Red Oak Middle School gym, 154 Louise Ritter Rd. The camp is for girls ages 5-14. \$35 registration fee. After the camp experience, the girls will perform Friday, **October 23**, at Billy Goodloe Stadium during halftime. For more information, call (460) 285-9209 or visit hawkette.booster@yahoo.com.

October 24

20th Annual Texas Country Reporter Festival: 9:00 a.m.-7:00 p.m., historic downtown Waxahachie. Join Bob Phillips for a day of arts and music. Admission is free. For more information, call the Waxahachie Convention & Visitors Bureau at (469) 309-4040 or visit www.waxahachiecvb.com.

60th Annual Lord's Acre Regional Fall Festival: 9:00 a.m.-4:00 p.m., Ovilla United Methodist Church, 1403 Red Oak Creek Rd., Red Oak. For more information, contact Marikay Dewberry at (214) 532-5902 or dewkraft@swbell.net.

October 25

Red Oak Fall Festival: Old Town Park at the corner of Live Oak and Waller. The Parks Commission and The Oaks Fellowship are teaming up to create a safe atmosphere for your children to play games, eat candy, go on a hay ride, win prizes and have fun!

October 31

9th Annual City-wide Fall Festival: 6:30-8:30 p.m., Waxahachie Civic Center, Waxahachie. The event is free, and there is no need to register. Come as you are or wear a costume.

Submissions are welcome and published as space allows. Send your current event details to [dianne.reaux@nowmagazines.com](mailto:reaux@nowmagazines.com).

ARBORS • OUTDOOR KITCHENS • PATIOS

Your Oasis Awaits...



WWW.URBANOASISOUTDOOR.COM

817.453.3100

Call today for
FREE
Consultation

URBANOASIS
OUTDOOR LIVING & LANDSCAPING



LANDSCAPING • SPRINKLERS • LIGHTING



In the Kitchen With Wendy Preston

— By *Dianne Reaux*

Red Oak resident, Wendy Preston, is a working mother who teaches geometry at Waxahachie High School, and she enjoys cooking. “I love to feed people,” Wendy shared. She grew up with two siblings, and they would all pitch in and help prepare dinner for their working mom. “When I was around 8 years old, I can remember being able to fix tacos and spaghetti dinners all by myself,” she stated.

Though she enjoys cooking different kinds of foods, Wendy admits that she and her family have a preference. “We enjoy Tex-Mex and comfort foods like chicken, mashed potatoes and vegetables,” she admitted. She knows that dinner time can be hectic, and she has a bit of advice. “Get a Crock-Pot,” Wendy shared laughing, “and teach your kids to enjoy leftovers!” **NOW**

Crock-Pot Brown Sugar Bourbon Chicken

1-2 lbs. boneless, skinless chicken breasts, or 1-2 lbs. chicken thighs
1 pkg. McCormick Grill Mates Brown Sugar Bourbon Marinade

1. Clean chicken and place in the bottom of a Crock-Pot.
2. Follow directions on the back of the marinade packet, and whisk together the ingredients.
3. Pour the marinade over the chicken and cook on high for 4-6 hours, or until the chicken starts to fall apart.
4. Remove chicken from the Crock-Pot and discard the remaining sauce.
5. Serve with your desired side dishes.

Luscious Potatoes

1 lb. Velveeta cheese
1/4 cup milk
1 2-lb. pkg. hash brown potatoes
2 10 1/2-oz. cans cream of potato soup
1 pt. sour cream
1/8 tsp. salt and pepper, or to taste

1. Combine Velveeta cheese and milk in a large bowl and microwave on medium heat for 1 minute; stir. Microwave again for 30 seconds; stir. Repeat this process until cheese and milk are mixed smoothly.
2. Add potatoes, potato soup, sour cream, salt and pepper to cheese mixture; mix all ingredients together until smooth.
3. Pour mixture into a greased 9x13-inch rectangular baking dish and bake at 350 F for 1 hour.

Roasted Vegetables

1 envelope Lipton Recipe Secrets Savory Herb With Garlic Soup Mix
2 Tbsp. olive oil or vegetable oil
1 1/2 lbs. fresh or frozen vegetables

1. Preheat oven to 450 F.
2. Combine envelope of soup mix and oil.
3. Place vegetables in a large bowl and toss oil mixture with vegetables until they are thoroughly coated.
4. Place vegetables in a 9x13-inch baking dish; bake for 20 minutes, or until vegetables are tender.

Bread Bowl Artichoke Dip

2 16-oz. sourdough bread rounds, about 6-inch diameter (divided use)
Vegetable oil spray
4 oz. cream cheese, softened
1/2 cup milk
1 14-oz. can artichoke hearts in water, drained
1 1.4-oz. envelope, or 1 1.8-oz. box (2 envelopes) vegetable soup mix
1 garlic clove, pressed
2 tsp. lemon juice
8 oz. sour cream
Grated fresh Parmesan cheese (optional)

1. Preheat oven to 450 F.
2. Slice off top of one bread round to create a lid; set lid aside. Carefully remove center of bread round to form a 4 1/2-inch-wide and 2-inch-deep well for dip.
3. Slice center of first bread round and the entire second bread round into 1-inch cubes. Place bread bowl on a baking dish, and arrange bread cubes around the bowl. Spray with vegetable oil.
4. In a bowl, add cream cheese and milk; whisk until smooth.
5. Use a food processor to chop artichokes. Add chopped artichokes and soup mix to cream cheese and milk mixture.
6. Add pressed garlic clove to mixture.
7. Microwave mixture on high for 5-7 minutes, or until hot. (Do not boil.)
8. Stir lemon juice and sour cream into hot artichoke mixture; pour into bread bowl.
9. If desired, grate Parmesan cheese over bread bowl and bread cubes. Lean lid against bread bowl. Bake 13-15 minutes, or until bread cubes and top of dip are golden brown.
10. Remove from oven; serve immediately.

FI GHT CANCER

Texas Oncology brings cancer-fighting technology and expertise to your community, so you can have easy access to leading-edge cancer treatment. Our services include medical oncology, breast surgical oncology and radiation oncology. We also provide access to national clinical trials and genetic counseling. With Texas Oncology, you can fight cancer close to home with your support network by your side.



TEXAS ONCOLOGY PHYSICIANS:

Ashwani K. Agarwal, M.D. • Mammo Amare, M.D. • Darshan Gandhi, M.D.
Arve Gillette, M.D. • Kesha Harris-Henderson, M.D. • Cheryl Harth, M.D.
Lakshmi Priya Kannan, M.D. • Atisha P. Manhas, M.D.
Srinivasu Moparty, M.D. • Inna Shmerlin, M.D. • Dilip Solanki, M.D.

TEXAS BREAST SPECIALISTS PHYSICIANS:

Allison A. DiPasquale, M.D. • Martin L. Koonsman, M.D.

TEXAS  BREAST
SPECIALISTS

TEXAS  ONCOLOGY

More breakthroughs. More victories.®

To schedule an appointment, call Texas Oncology at 972-709-2580
or Texas Breast Specialists at 214-943-8605.

CORSICANA • DALLAS • ENNIS • WAXAHACHIE

1-888-864-4226 • www.TexasOncology.com



AllheartDental

Implants & Orthodontics

A PARTNERSHIP OF DOCTORS COMMITTED TO EXCELLENCE IN SERVICE AND CARE



In Network with ALL PPO Insurance • Open Late Evenings & Weekends • Emergencies Seen Same Day

General Dentistry • Dental Implants • Orthodontics

972-843-7983

AllheartDentalCare.com • 103 East Ovilla Rd • Red Oak

The Clock is Ticking ... Use Your Dental Benefits Before They Expire!

FREE Whitening

After Exam,
X-Rays & Cleaning

(Call for details. Limited time offer only.)

Braces or
 invisalign
\$400 OFF

& **FREE Consultation**

(Call for details. Limited time offer only.)

\$50 OFF Dental Treatment

Service of \$300 or Greater

(Call for details. Limited time offer only.)

\$39 Exam, X-rays & Cleaning is back

(In absence of periodontal disease. Offers cannot be combined. Limited time offer only.)