

North Ellis Co.

Red Oak | Ferris | Glenn Heights | Oak Leaf | Ovilla

M A G A Z I N E

OCTOBER 2014

NOW



Standing the Heat

Volunteer firefighting during high school led to a rewarding career for Fire Chief Eric Thompson

Warm by Design

At Home With Darryl and Cynda Smith

To Prune or Not to Prune

Live Life Pain-free

In the Kitchen With Linda Gatlin

NOBODY In The World Sells More Real Estate Than RE/MAX.



RE/MAX ARBORS (972) 515-8111

3711 Ovilla Rd. • Ovilla, TX 75154

OUR TEAM



The Blaine Group
Bob: 972.935.3239
Mary Jo: 972.935.3240



Donna Byers
Cell: 254.715.2406



Donna David
Cell: 972.523.4664



Jim Ensinia
Cell: 469.585.6012



Cassandra Hopkins
Cell: 972.365.5743



Kim Jansonius
Ofc: 972.515.8111



Ginny Jilbert
Cell: 214.802.2023



Melissa Jones
Cell: 972.351.6270



Dan Lobb
Cell: 469.767.0930



The Majors Team
John: 972.921.8215
Leslie: 972.921.6880



The Oliver Team
Chris: 972.921.5797
Holly: 972.935.2580



The Ramirez Team
Frank: 972.670.6635
Maggie: 972.896.9362



Mary Woods Stanley
Cell: 972.935.3991



Dale Horton
972.965.8856



Each office is
independently
owned & operated.



Featured Listing

1120 Hampel Road, Palmer
Immaculate 15-acre custom 6/4.5 home features spacious living & dining, gorgeous kitchen, oversized master bedroom and bath, game room & study. Backyard has huge pool, hot tub & large workshop.



200 Bluff Court, Cedar Hill
Beautiful park like setting corner lot in cul-de-sac in much sought after Lake Ridge. Over 1.5 acres right next to community park.



8650 Glenmoray Drive, Ovilla
Located on one acre in cul-de-sac in gated community. 4/3.5/2 living, 2 dining, large study/office with built-ins, huge 19 x 19 bonus room w/beautiful wet bar & office. Outdoor kitchen with fireplace and pergola, pool. Also has wine cellar/safe room.



212 Thoroughbred, Waxahachie
Beautiful two-story home in Saddle Brook Estates with lots of room. Master bedroom is down and three bedrooms up. Formal dining. Living room features ceramic fireplace frame.



5450 Mulberry, Midlothian
Beautiful 4/2 custom home in desirable neighborhood of Twin Creeks for only \$249,900. Open living design, split bedrooms and great views of the backyard.

www.remamaxarbors.com
TWO Additional Locations to Serve YOU.

RE/MAX Bluebonnet Country
206 S. Clay St. Ennis, TX 75119
(972) 878-2200 • www.remamaxelliscounty.com

RE/MAX Realty Group
103 Executive Court, #2 Waxahachie, TX 75165
(972) 935-0095 • www.elliscountyrealtygroup.com

Gateway MORTGAGE GROUP

WE HAVE
MOVED!

Turn to The Schmidt Group at Gateway Mortgage for hometown service by expert, local professionals. The Waxahachie office has over 90 years of experience in the mortgage industry.

We Promise You

- Community-first approach • Local underwriting
- Reliable closings and Services For A Lifetime.

Whether you are purchasing a new home, considering refinancing or even seeking access to your home's equity, we have the right solution to meet nearly any mortgage need.

www.TheSchmidtGrp.com

972.937.2200 • 1332 W. Hwy 287 Bypass, Suite -1 • Waxahachie

Your GATEWAY to HOMETOWN Service and Expertise:



Jeff Schmidt
817.681.7897
Regional Manager
NMLS# 91368



Tom Ker
972.365.7022
Senior Loan Officer
NMLS# 356892



Nick Hester
469.855.9262
Senior Loan Officer
NMLS# 338108



Terry Wooten
214.949.9285
Senior Loan Officer
NMLS# 224831



Afraid of the dentist? Fear No More!

Come relax with oral sedation and Nitrous.

Come meet Dr. Martin and the rest of the caring, gentle Fearless team.
Be treated with respect, not judgement.



Mention this ad and get
FREE WHITENING FOR LIFE
when you become a patient at
Fearless Dental. **FREE** trays and then
FREE whitening gel at every cleaning.

Dr. Martin graduated Baylor Dental School 11 years ago and has done extensive continuing education since. He does white fillings, crowns, bridges, veneers, implants, implant dentures, root canals, extractions, impacted wisdom teeth, Invisalign. He sees children. Our hygienist, Melinda, with 28 years experience, does deep cleanings and laser gum treatments, if gum disease is present. Years of dental needs can be completed quickly and with very few appointments all in our office.

Same-day treatment available.
No-interest financing W.A.C. for up to 2 years.

Convenient Hours: 8am-6pm M-Th
8am-noon Friday

In network with these major PPO plans:
Aetna, Delta, Cigna, Metlife, Guardian,
United Healthcare, Blue Cross Blue Shield of Texas,
Humana, Principal, Ameritas, Dental Select, UCCL.

www.FearlessDental.com

972-617-3322 · 101 Austin Boulevard · Suite 100 · Red Oak, TX 75154

Snap on Denture

- Are your dentures loose? • Embarrassed? • Does it hurt to chew?
- Want to bite into corn on the cob and apples again?

Lower only with 2
implants **\$6,995**

\$292
/month

*No interest
for 24 months

Act Now
2014 Price ...



Upper or lower with
4 implants **\$8,995**

\$375
/month

*No interest
for 24 months

*With Valid Care Credit. Usually half this cost with P.P.O. insurance.

Call our office for more details and to schedule your complimentary snap on consultation.



VCare Health Services

.....Live Life Pain Free

**Get your
FLU SHOT
here!**

Our New State-of-the-Art Facility Includes:

DR Panel Digital X-rays • DRX 9000 Spinal Decompression
Lipo Lite Laser for Medical Weight Loss • Therapeutic Electrotherapy and Physical Therapy units

WE OFFER ALL UNDER ONE ROOF:

Medical, Chiropractic, Physical Therapy / Rehab, Massage
Therapy, Spinal Decompression, Medical Weight Loss,
Durable Medical Equipment

CONDITIONS WE SPECIALIZE IN:

- › KNEE PAIN / OSTEOARTHRITIS
- › NECK PAIN
- › BACK PAIN
- › SHOULDER PAIN
- › HIP PAIN
- › SCIATICA
- › FIBROMYALGIA
- › HEADACHES/MIGRAINES
- › BULGING DISCS
- › NEUROPATHY

FDA Approved Treatment to

RELIEVE Knee Pain

**NOW
ACCEPTING
NEW
PATIENTS**

**WE CAN RELIEVE
KNEE PAIN WITHOUT SURGERY!**

OVER 95% SUCCESS RATE

Treatment is Safe and Easy. Call Today
if You Experience Any Degree of
Knee Pain or Discomfort.

*treatment is covered by most
insurance companies including Medicare

CALL TODAY FOR FREE CONSULTATION 214.550.0680

MON - FRI 8:30-6:30
SATURDAY APPOINTMENTS AVAILABLE
UNIVERSITY PLAZA, 401 N. HWY 77 • SUITE #1 • WAXAHACHIE, TX 75165
VISIT US AT WWW.VCAREHEALTH.ORG

Publisher, Connie Poirier

General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker
North Ellis Co. Editor, Angel Morris
Editorial Coordinator, Sandra Strong
Editorial Assistant, Beverly Shay
Writers, Callie Revell . Betty Tryon
Editors/Proofreaders,
Pat Anthony . Randy Bigham

GRAPHICS AND DESIGN

Creative Director, Chris McCalla
Artists, Eduardo Barajas . Kristin Bato
Julie Carpenter . Morgan Christensen
Matha Macias . Felipe Ruiz
Brande Morgan . Shannon Pfaff

PHOTOGRAPHY

Photography Director, Jill Rose
Photographer, Amy Ramirez

ADVERTISING

Advertising Representatives,
Rick Ausmus . Bryan Frye . Linda Roberson
Teresa Banks . Linda Dean . Mark Fox
Melissa McCoy . Lisa Miller
Carolyn Mixon . Cleta Nicholson
Lori O'Connell . John Powell . Steve Randle
Joyce Sebesta . Shelby Veldman

Billing Manager, Angela Mixon

CONTENTS

 October 2014 • Volume 9, Issue 10

8 Standing the Heat
Red Oak Fire Chief Eric Thompson is proud of increased technology and training.

16 Warm by Design
At Home With Darryl and Cynda Smith.

22 To Prune or Not to Prune
Prepare for fall with NOW's quick guide to lawn care.



28 BusinessNOW
30 Around TownNOW
36 CookingNOW

ON THE COVER



Fire Chief Eric Thompson leads a department of passionate firefighters.

Photo by Amy Ramirez.

North Ellis Co.NOW is a NOW Magazines, L.L.C. publication. Copyright © 2014. All rights reserved. North Ellis Co.NOW is published monthly and individually mailed free of charge to homes and businesses in the Red Oak, Ferris, Ovilla, Bristol, Glenn Heights, Pecan Hill and Oak Leaf ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 937-8447 or visit www.nowmagazines.com.



Editor's Note

Niña, Pinta, Santa Maria!

Can you imagine if No. 1 on your to-do list was "Discover New World"? Me neither. Some days my biggest accomplishment is getting my family fed, dressed and off to school and work. Never mind convincing the Spanish monarchy to pioneer a new sea route, I'm happy getting out the door on time with matching shoes.

This month in 1492, maritime entrepreneur Christopher Columbus reached land — the first European to explore the Americas since Vikings set up colonies in Greenland and Newfoundland in the 10th century. Interestingly, October is also when Henry Ford's first "universal car" went on sale, and the Space Age began as Russians launched the first satellite into orbit. In honor of pioneering spirit, let's challenge ourselves to explore something new ... even if only to enjoy a different route to school or work!

Angel

Angel Morris
North Ellis Co. NOW Editor
angel.morris@nowmagazines.com

Welcome!
TIO TONY'S
fine mexican food

FREE POOL!
Tue, Wed, Sat 6-7pm
with purchase of food or drink
Must be 21

KARAOKE!
with Stevie B!
Every Sat night! 8-12pm

HAPPY HOUR EVERYDAY
4-7pm at Rosa's Cantina

\$5 OFF
any \$25 ticket
Expires 10/31/14. Alcohol excluded.
Must present coupon.

Sunday Fajita Special
\$6.99 4pm-Close
Ask for our Margarita Special

All our drinks & food prepared with fresh, filtered water!

Join us for **BREAKFAST!**
Served 8am-11am
Sat & Sun to 12pm
Closed Mondays

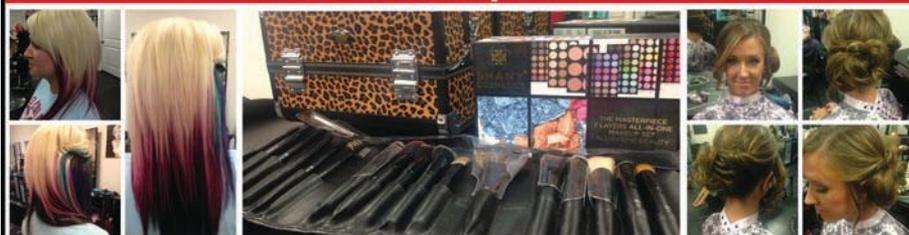
Enchilada Tues & Wed!
\$5.00
dine-in only, no substitutions

972-775-2390
110 N. 13th • Midlothian
Next to Tim Tobey Insurance behind Shell convenience store

The Hair Studio

Hair • Nails • Skin • Massage

Come and feel the "Studio" difference.
We make it personal!



Featured Stylist: Rae McGinnis

Haircut to Color Schemes
Up Styling

Professional Makeup Application

Walk-ins & Appointments Welcome

972-617-6262 • 206 Hwy. 342, Ste C, in Hawk's Landing • Red Oak

"Thanks to CNB I instantly caught the fraud."

When someone else uses your CNB debit card you are *Instantly Alerted*.

Get a CNB of Texas debit card today and discover how we empower you with better banking.

Bank *m*Powered.



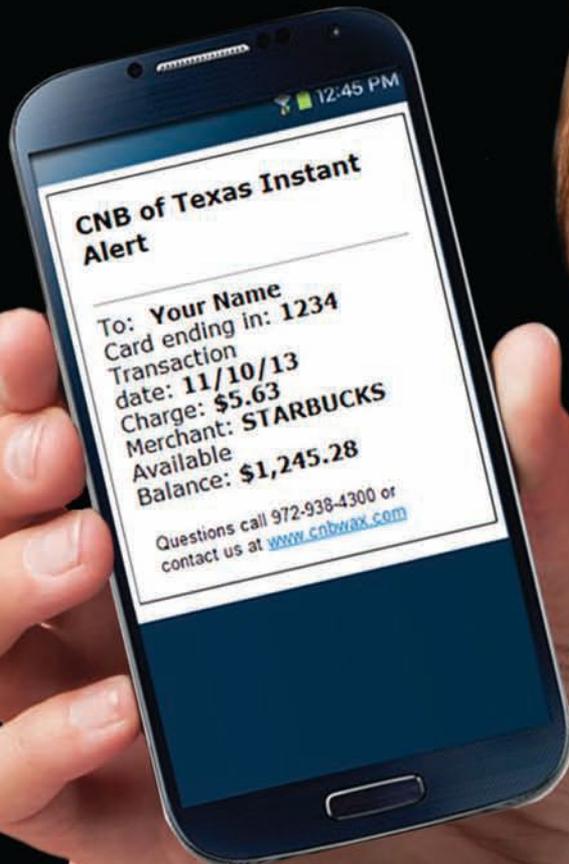
**Citizens
National Bank
Of Texas**

MEMBER FDIC

Your Bank Since 1868

972-938-4300 1-877-938-4300

www.cnboftexas.com



Healing²

Methodist Health has joined forces with Mayo Clinic.

Today at Methodist Health System, our patients are experiencing the power of two renowned health care systems—and our ability to take healing to the next level. As the first member of the Mayo Clinic Care Network in Texas, Methodist and its physicians are collaborating with the physicians of Mayo Clinic, ensuring world-class diagnostics and treatment. Learn how we're working together at MethodistHealthSystem.org/Mayo.



Two respected names, one purpose. You.SM

SEE WHAT YOU'VE BEEN MISSING[®]



SUREFIRE

Surefire SOCOM Series
Sound Suppressor

\$1,169.10

SURSOCOM556MINIBK



DIAMOND

Diamond Feeders 2000lb
Varmint Proof Feeder

\$1,295.95

DIAMV2000



ZEISS

Zeiss 6-24x72 Victory
Diavari FL 34mm Rifle Scope

\$3,699.95

ZE15217958973



YETI

YETI Tundra 75 Cooler

\$449.99

YT75T



Leica

Leica 15x56 Geovid HD Laser
Rangefinder Binocular

\$2,999.00

40043



**SWAROVSKI
OPTIK**

Swarovski 25-50x80
ATS Spotter

\$2,785.00

SWA86615



Smith & Wesson

S&W Bodyguard .380 Semi
Auto Pistol Integral Laser

\$398.95

SW109380



FN HERSTAL

FNH Five-Seven 5.7x28
Blk Semi Auto Pistol

\$1,229.95

FNH38688929300



MAGPUL

Magpul PMAG M3 40
Round 5.56 Magazine

\$18.95

MAG233BLK



AAC

AAC Model-7 .300 AAC
Blackout Bolt Action Rifle

\$899.95

AAC101265



GARMIN

Garmin Alpha
Track & Train System
for Hunting Dogs

\$779.95

GAR101014100



FOXPRO

FoxPro Fusion Digital
Game Call

\$499.95

FOXFUSION



iSCOPE

iScope iPhone Adapter
5/5s Realtree APG

\$109.95

IS9935



SPYPOINT

SpyPoint XCEL HD Hunting
Edition Action Camera

\$249.95

SPYXCELHDHUNT



FLIR

FLIR 2-16x ThermoSight
RS64 Thermal Rifle Scope

\$8,999.00

FLI43100070600

**OVER 700 DIFFERENT TYPES OF AMMUNITION,
TOTALING OVER 1 MILLION ROUNDS IN STOCK**



VISIT OUR NEW
RETAIL LOCATION!
NOW OPEN
5840 E. US HWY 287
MIDLOTHIAN, TX 76065

SWFA
OUTDOORS

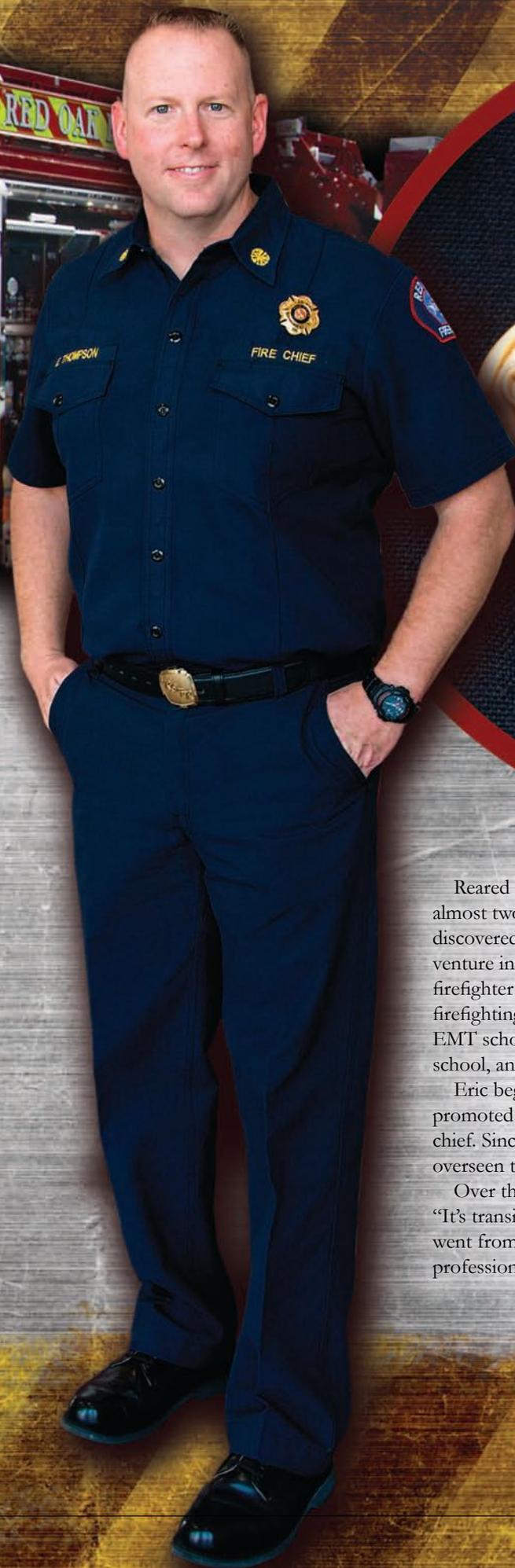
ORDER NOW AT SWFA.COM
1.972.SCOPE IT
(1.972.726.7348)



STANDING THE HEAT

— By Callie Revell

If you were a witness at the scene of a structure fire in Red Oak 10 years ago, chances are you would have spotted Eric Thompson working as an assistant chief on the scene. A lot has changed in Eric's career since then. He now serves as fire chief of the Red Oak Fire Department, president of the Ellis County Fire Chiefs Association, North Region director of the Texas Fire Chiefs Association and is a member of the Ellis-Dallas Unified Cooperative Team, a group of fire departments in the region devoted to sharing resources and supporting each other. Despite having so many responsibilities, Eric's main focus remains on the safety and well-being of his community.



Reared in Ellis County, Eric has had strong ties to the Red Oak area for almost two decades. Unlike many others in the professional world, Eric discovered his true passion in high school and has pursued it ever since. “My venture in fire service started in 1995,” Eric said. “I started as a volunteer firefighter for the city of Ennis while I was still in high school. Immediately, firefighting got in my blood, and I developed a passion for it. So, I went to EMT school at night and went to fire school as soon I graduated from high school, and that’s pretty much all I’ve done since then.”

Eric began working with the ROFD part time in 1997. In 2003, he was promoted to full-time deputy chief. Two years later, he was selected as fire chief. Since then, he briefly served as the interim city manager and has overseen the transition of the fire department into the 21st century.

Over the past decade, ROFD has changed and improved in numerous ways. “It’s transitioned to a whole different level of organization,” Eric said. “We went from a small, volunteer, part-paid department to a 100-percent career professional department.” The department now has an expanded full-time

JuStuff Creations & Mobilexpressions present
HALLOWEEN PHOTO SHOOT
 Friday, October 31st • 4 p.m. to 9 p.m.
 106/206 S. Hwy. 342, Red Oak, TX 75154
 (next door to Curves)

Walk-in or call to reserve a time.
469.323.0844

Wear your costume or grab a prop ...
 and SMILE! All ages welcome!

Only \$25

1- 8"x10" or 2- 4"x6" • Printed while you wait.
 Additional sheets: \$20



staff with 27 employees, who staff two fire stations. A new rank structure encourages constant professional improvement. "I'm very proud we've started developing our firefighters to be driver engineers, our driver engineers to be captains, and our captains to be future chiefs. It's helped a lot, because everyone has an understanding of what's expected of them," Eric explained. "We're proud of the training and education our guys have." Their training includes technical rescue, emergency management planning and pre-incident planning. "We go out to all of our businesses now, and we train our firefighters on how to attack a fire if there's an incident there," Eric said. "Everything we're doing currently has increased from where we were before."

Along with increased training measures, the department has seen a huge improvement in its technology in the past decade. "Before, we would have a computer in the office. Now, we have multiple computers in each truck," Eric said. The computers help firefighters accomplish more than they ever could before through computer-aided dispatch and databases. "All the information is right there in the truck when we make



101 NW Main ST. • Ennis, TX

Office (972) 878-2222

Fax (972) 878-2225

www.citytxrealestate.com



Amelia Valdez
 469-658-5506



Linda Rudd
 214-796-8197



Kim Lu
 817-913-2693



Stacey Goodman
 972-333-6951



Marylyn Wylie
 972-875-8836



Janie Hendrix
 817-271-0720



Liz Taylor
 214-564-8738

Vanessa Zmolik-MA
 Cell: (469) 337-4578
 NMLS# 373756



Ashley Johnson-MA
 Cell: (214) 949-9493
 NMLS# 178067

101 NW Main St. Ennis, TX 75119 Office (972) 878-2224 Fax (972) 878-2225
WWW.MAGLOANS.NET • Co NMLS #36130 / Branch NMLS #1140910 / This Branch Lends in Texas



the call. We have mapping, hazmat information and patient EMS reports.”

Not only does the new technology help on calls, it also allows the department to collect data and research trends. “We can see our response times, types of calls and the location of calls,” Eric said. “The data helps us with our risk-reduction plans.” Risk-reduction techniques include mapping out the location of fires and targeting high-risk neighborhoods with fire-prevention training. “We focus on continuous improvement,” Eric added. “We don’t change just to change. We change to improve and make things better.”

To continue to protect the community, Red Oak Fire Rescue has expanded its fire-education programs. In the past, the department focused only on school-aged children during the month of October, which is Fire Prevention Month. Under a new Community Risk Reduction plan, they have expanded to educate all ages and provide programs throughout the year on a variety of risk-reduction topics. Through these education initiatives, the department can focus on reducing preventable fires and protecting the community as a whole. Using Community Risk Reduction, the department also hopes to improve its relationship with Red Oak residents. “Our community must have trust and confidence in our abilities before they will allow us to offer education and trust the message,” Eric said. “We put a lot of effort into being transparent about our services and capabilities, and we continually involve our community.” Although Community Risk Reduction is targeted toward all citizens, special attention is still given to children and senior citizens who statistically pose a higher risk. Topics covered during fire-

Red Oak Family and Pediatric Clinic

REBECA PIANTINI, M.D. and
FERNE CUMMINGS, M.D.

- Board-certified
- Same-day appointments
- Most insurances accepted
- Well-child exams
- Well-woman exam
- Complete physical exams
- Sports physicals
- Se habla Español



Red Oak Family and Pediatric Clinic
273 East Ovilla Road, Ste. 4 • Red Oak, Texas

Call today 972-617-6660

LAND HEADQUARTERS Co.
"Where Country Living Begins"

"Where Country Living Begins"

1/2 to 70 acres in various locations

**Low Down Payment
 Owner Financing
 Affordable Monthly Payments**

972-842-3276 • 101 S Main • Ferris TX
www.LandHeadquarters.com

Ansonylon
 so soft. so tough. so proven.

Shaw FLOORS

*Drive a Little...
 Save a Lot!*

Jerry's J&W Carpets

Great Values Everyday Since 1971!

305 E. Main • Midlothian   

972-723-8312 • Metro 972-299-6106

Financing Available • 12 months • No Interest - Upon approval



prevention education include: identifying fire hazards, developing escape plans, checking smoke detectors and making sure building projects are up to code.

Eric has also pushed for a cooperative effort between Red Oak and surrounding cities. "We have a good working relationship with them," he said.

"They trust us enough to lean on us, and we trust them." He also connects to other departments in the state through the Texas Intrastate Fire Mutual Aid System (TIFMAS). "We deploy in a statewide system on wildfires, hurricanes and major disasters," Eric explained. The knowledge gained from TIFMAS training helped the ROFD combat the wildfire on the county line in 2011. "We were able to put some of those things in place and see the benefits," Eric said. However, emergency incidents are only a fraction of his daily routine. "We're involved with planning for growth, new development planning and fire code enforcement. We do a lot more than respond to fires and EMS incidents."

Eric's duties as fire chief keep him busy. On a daily basis, he seeks to educate the community, analyze the effectiveness of the department and mentor his staff. He makes sure firefighters are properly trained and manages emergency operations of large-scale incidents. "I'm the type of person who doesn't like the same old routine every day," he said. "Being out in the community, you get to talk to different people, and you never know what's going to come up." Eric enjoys working in Red Oak, because the department has a positive relationship with the community. "They allow us to do our job. They trust us, listen to us and support us," Eric said. "We're only as successful as they want us to be."

Despite the daily demands of the job, Eric knows he's right where he needs to be. "There are far more positives than negatives," he said. "I wouldn't do anything different. I love it, and I'm very blessed to have what I have." **NOW**

Before the year ends, take advantage of your flex spending and insurance benefits.



No dental insurance?

We have the solution.

Call us for a significant savings and ask about our Smile Savings Plan and ...

Get the smile you always wanted.

Orthodontics

We Accept Most Insurance

- Convenient Hours
- Care Credit Financing
- Private Practice

Pearson
Family Dentistry

307 E. Ovilla Road, Suite 400
Red Oak, TX 75154

972-576-0602

Impressions Salon Etc.



Where the
Real Magic happens!



- Cut & color specialist • Bridal parties • Skin care specialist
- Special event hair • Manicures / pedicures

Join us for Food, Fun & Frolic at our
October 30 Open House!
Sweet deals, sweet treats and
20% off merchandise!

\$5 OFF
Any Product
or Service
with this ad

\$10 OFF
Cut & Color
New client only

FREE
Conditioner w/
Cut & Blowdry

one coupon per customer, per month Exp 10.31.14

202 Suite B N. I-35 • Northbound service Rd. between Ovilla & Red Oak Rds • Red Oak
972-617-6300 • Open at 8am Tues Thru Sat

Come see our center offering
state-of-the art digital X-ray and
Spinal Decompression machines.



COMFORT REHAB
CHIROPRACTIC • MASSAGE
PHYSICAL THERAPY

Our patient-centered approach has been successful in treating problems once believed to be untreatable, using the most advanced nonsurgical methods to treat pain: Back and Neck Pain, Headaches, Carpal Tunnel Syndrome, Fibromyalgia, Joint Pain, Sports and Auto Accidents, Work Injuries, Pain Management.

We offer the following services:

- Family Chiropractic Care
 - Cold Laser Therapy
 - Physical Therapy
 - Therapeutic Massage
 - Vibration Therapy
 - Spinal Decompression
- On-site: Pain Management / ESI Injection - Medical Doctor

Mention this ad for
EXAM, X-RAY & RESULTS | \$59
ONE-HOUR MASSAGE | \$40

(New Patients Only)

Gift certificates available.



Dr. Bryan McCormick



Mon 8:30-7pm
Tue - Thur 8:30-6pm
Fri 8:30-4pm • Sat 9-5pm
Open Lunch

CEDAR HILL MEDICAL PLAZA
950 E. BELT LINE ROAD, SUITE 180 • CEDAR HILL
(Next to Methodist Family Health Center East) • (469) 454-2169

Visit ComfortRehab.com or DallasAccidentandInjuryRehab.com to sign up for our newsletter, special offers and Facebook. Get a Virtual Consultation® and more.





Branded Burger Co.

Burgers so good,
one location wasn't enough!

Voted #1 burger
in Ellis Co.!



OPENING SOON IN
RED OAK!

COWBOYS GAME
WATCHING PARTIES!

HAPPY HOUR 3-6pm

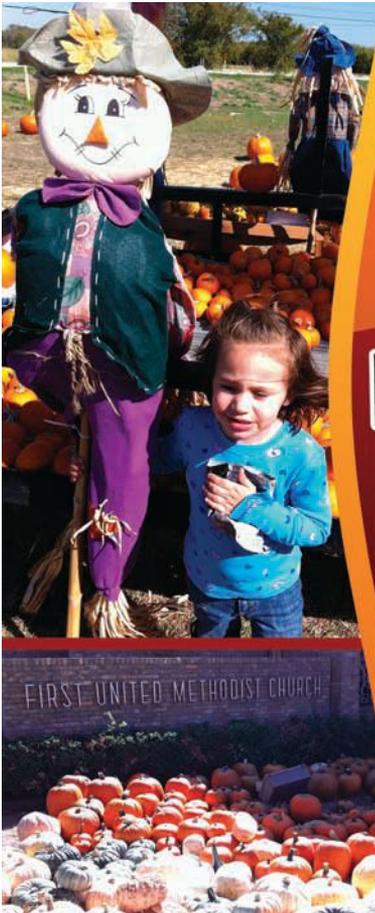
205 S. Main
Near corner of
FM2377 & Hwy 342



972-775-2202



www.BrandedBurgerCo.com



PUMPKIN PATCH

October 1-31

Sunday-Friday 1pm - 7pm • Saturdays 10am - 7pm

PARTY IN THE PATCH TRUNK OR TREAT

Saturday, October 25 from 2-4 pm

Bounce house, hay rides, games and treats!

FIELD TRIPS

CONTACT TERI PEARSON AT
LAUGHANDLEARN2014@YAHOO.COM
FOR MORE INFO.



First United Methodist Church
600 Daubitz Rd. • Red Oak
972-617-9100 • www.fumcro.org



WARM BY DES

— By Angel Morris



Building a home — inside and out — lights a fire in Darryl and Cynda Smith, who, ironically, make their living putting out fires. Employed as firefighters today, the couple met when Cynda was working as a librarian and Darryl as a fireman. A female friend who was a police officer suggested I become an EMT, then a firefighter, so I did," Cynda explained. Darryl is now a captain with DeSoto Fire Department, and Cynda is a firefighter for DFW Airport.

AT HOME WITH DARRYL AND CYNDA SMITH



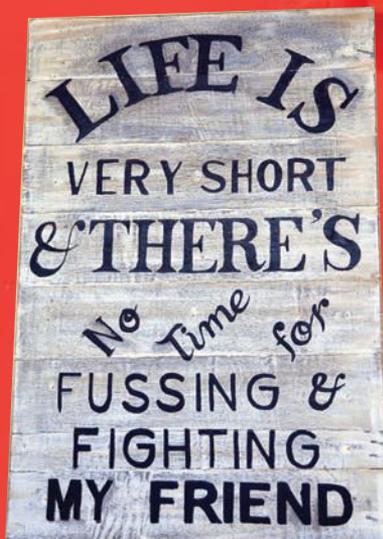
SIGN

"I guess it's in our blood. My two sons are firefighters. Cynda's dad was a fireman," Darryl explained. Although he was born in California, Darryl was reared in Red Oak and graduated from Red Oak High. Cynda grew up in Cedar Hill and graduated there, but has made Ellis County home during their 15-year marriage.

"We like the small-town feel. Red Oak's changing, but it's still a small town to us," Darryl said. The down-home feeling is recreated in the Smiths' Ovilla home, which they describe as having a Texas Hill Country style.

Prior to building their four-bedroom, three-bath home, the Smiths' lived in Ovilla's Glen Eagles neighborhood. "We would pass this lot, and we always loved it. The trees and the creek were just beautiful," Cynda recalled. "When we saw the lot for sale, we had to have it."

The Smiths were not strangers to home building, a job Darryl has held on the side for many years. Prior to moving to Ovilla, he built the family home off Methodist Street in Red Oak, and he has built some 10 homes total.



Corsicana Opry & Event Center
www.CORSICANAOPRY.com

THE NEWEST...
OLD PLACE...
TO BE...

Presents
GENE WATSON

November 14th • 7:30pm

Tickets available at www.itickets.com and www.corsicanaopry.com
215 E. 5th Ave. • 903-872-OPRY (6779)

Don't forget our "3rd Saturday Opry Show" with the Corsicana Opry Band.

100
BAYLOR MEDICAL CENTER AT WAXAHACHIE
CELEBRATING 100 YEARS 1914-2014

CELEBRATING OUR 2ND CENTURY.
Changing health care. For life.

We know Waxahachie and Ellis county. Our roots run deep in the community. For 100 years, residents have trusted us with their wellbeing and health, a relationship we have always valued and respected. Throughout our century of service, our commitment to Waxahachie has never wavered. As the community has grown, so have we, adding services, technology and medical expertise to provide the highest level of diagnoses and treatment.

Soon, a new \$175.5 million hospital will open its doors. And, the new facility will have a **new name – Baylor Scott & White Medical Center - Waxahachie**. As part of the largest non-profit health care system in Texas, our new facility's future is brighter and healthier than ever. And that's good news for residents of the area. Our roots run deep. Our commitment strong.

Baylor Scott & White
MEDICAL CENTER
WAXAHACHIE

1405 West Jefferson Street, Waxahachie, TX 75165
For a physician referral or for more information about our services, call **1.800.4BAYLOR**
or visit us online at BaylorHealth.com/Waxahachie.

Physicians are members of the medical staff at one of Baylor Health Care System's subsidiary, community or affiliated medical centers and are neither employees nor agents of those medical centers, Baylor Medical Center at Waxahachie or Baylor Health Care System. ©2014 Baylor Scott & White Health. BMCWAX_365_2014 NM CE 08.14

FOLLOW US ON: Username: BaylorHealth

“We could have purchased the home for sale next door when we bought this lot, but we knew we wanted certain things in our home — like enough rooms for all four kids and bathrooms that would accommodate everyone,” Cynda said.

As a result, the Smiths set out to build their 2,600-square-foot home on the 1.5 acre lot 10 years ago. Darryl began to clear the land, pour cement and bring in much-loved Austin stone for the front of the home.

“There was a lot of rain that year, and it turned the lot to mud. Plus, six of us were living in a duplex as we waited for this house to be ready,” Darryl said. “You could say it was a challenge.”



The end result is a home with a welcoming style. An eclectic mix of antiques and traditional furniture is found throughout, starting with a chest of drawers in the home’s entry, facing the dining room and a recently purchased farm-style table, with mix-and-match chairs.

“I had lunch with our daughter at the Dove’s Nest in Waxahachie, and we found the table. She loved it so much, she came home and did a PowerPoint presentation to convince her dad why it was worth the cost,” Cynda said.

Thirteen-year-old Emily, the only child still at home, shares her parent’s design flare. Her colorful style is showcased in her bedroom, where art pieces cover the walls, and treasured gymnastics awards are creatively displayed.

“Emily was very big into gymnastics, winning many awards. Now she’s totally into club, school and beach volleyball, plus drill team and track,” Cynda said. “She’s always rearranging and redecorating her room. I guess she gets that from us.”

With a split-bedroom design, three of



Ferris Pioneer Day

Saturday, October 4
Parade at 10am Desfile

Cake Walk • Music by John Riley • Crafts • Games • Food • Shopping
Comida, Juegos, Musica y Compras

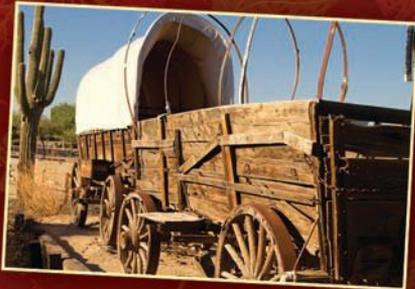
1:00pm
“The History of Ferris”
in the old theater at 108 S Church
Performance by FHS students

\$10 Adults/\$5 Students
Advance tickets at City of Ferris Finance



Join us for the
**2014 Great Pumpkin
5K Run/Walk
on October 25!**
Bring your **TEAM!**

Google “Ferris TX Lions Club” for more information.




Net proceeds from both events will benefit the Ferris Lions’ Scholarship Fund.

CityOfFerris.org  Ferris Main Street on Facebook

G&H

Glass & Carpet
Family Owned & Operated Since 1993
Residential & Commercial
Sales, Installation & Repair



- PLUSH • BERBER
- FRIEZE • VINYL
- CERAMIC • PORCELAIN
- HARDWOOD • LAMINATE

- INSULATED GLASS PANES
- SOLAR SCREENS
- SHOWER ENCLOSURES
- SCREEN • STORM DOORS • PATIOS
- COMMERCIAL STORE FRONTS
- GLASS & WINDOW REPLACEMENT

111 S Main, Ferris
M-F 8-5 • Sat by Appt
972.842.3075
www.ghglassandcarpet.com








Ballet • Tap • Jazz • Hip Hop • Pointe
 Tumbling / Floor Gymnastics
 Contemporary / Lyrical
 Liturgical / Praise Dance
 Adult Ballet



Modeling / Pageant Technique Classes
 Acting / Musical Theatre • Twirling • Cheer
 Leaps and Jumps Technique
 Competition Dance Teams
 PomDance • Hula

Stage Door School of Dance

Now Enrolling For Fall Classes!

106 N. 8th St., Downtown Midlothian

972.775.8199 • 214.675.0131 • www.stagedoorschoolofdance.com



*Partnering with horses to
 make a difference in the lives
 of children and adults.*

501c3 Organization



Campfire  Creek
 Therapeutic Riding Center
www.campfirecreek.org

767 Bethel Road, Waxahachie
 For more information or
 to make a donation call **972-937-7265**

TURF-SCAPE

LANDSCAPE MANAGEMENT

Proudly Serving Ellis County for Over 20 Years



Licensed by State of Texas Commission of Environmental Quality • Lic. Irrigator #8552

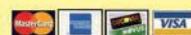
During the cooler months, new plants require less water to become established and have a better survival rate in case of freezing weather.

It's a great time of year to:

- Have trees trimmed, planted or removed.
- Install a new landscape or add to existing landscapes.
- Install a new sprinkler system or repair/upgrade your old system.
- Install a rain/freeze sensor — Why water when it's raining or when there is a freeze threat?

972-938-2956 • www.turf-scape.co
info@turf-scape.co

Visit our website for our full range of services.



ClinPoint
TRIALS

Tomorrow's Cures
Begin Today

Our mission is simple –
to provide the best of care to
our patients as we work
together to advance medicine.

Patients compensated for time and travel.
100 Professional Place • Waxahachie, TX 75165
972-961-3949 • www.cptrials.com

**NOW
ENROLLING!**

Visit our website
for details on current
studies and to
join our mailing list!



the home's four bedrooms line one side of the house, including Emily's room, a guest room and a room turned into a crafting space. Floor-to-ceiling shelves hold fabrics, scrapbooking materials and supplies in the craft room, where Cynda's grandmother's dressing table lives, along with an armoire chalk-painted by Cynda.

"It is a great space for Emily when she has projects, and a place where I'd like to say I do scrapbooking. Right now, I am mostly just a collector of scrapbooking materials," Cynda joked.

Nevertheless, Cynda's unique design peppers the home with inspirational quotes on signs, one-of-a-kind picture frames and clever wall art, such as the giant spinning wheel over the dining room table. "I'd wanted a large clock there, but I'm a big fan of bargains," Cynda said, "When I came across that wheel, the price was right, and I knew exactly where it was going."

The Smiths' treasures fit in on walls featuring a skip trowel texture above tile and wooden floors throughout the home. The leather living room furniture is overstuffed and inviting, and the wooden Texas flag — custom made by son, Justin, — over the fireplace leaves no doubt about the family's roots.

The kitchen features granite countertops — a must-have when they built the home — custom cabinetry and expensive appliances found at closeout prices by shopping around. "The Great Indoors was going out of business, and we hit the jackpot on appliances, hardware and fixtures," Darryl recalled. "We've also found deals at many of the outlet stores," Cynda added.

Although they drove to Tyler to get a better price on a beloved front door, the Smiths didn't mind the expense of a swimming pool once Emily was older. Today, it's the showpiece of the backyard, which also features a covered patio, storage shed and a triple-car-sized

**COLD
SEASON
IS HERE
AGAIN!**



**DOES YOUR 6 TO 11 YEAR OLD
GET COLDS?**

ClinPoint Trials is seeking children to participate in a medical research study.

A free, study-related, medical evaluation will be provided for the child.
Compensation may be provided for time and travel.

**CALL FOR MORE DETAILS!
972-961-3949**

100 PROFESSIONAL PLACE, WAXAHACHIE, TX 75165
WWW.CPTRIALS.COM



workshop for Darryl's tools and lawn equipment. "I'm always piddling with something in there or in the oversized garage where I'm learning to play the drums," Darryl admitted.

If constant improvements to their current home weren't enough, the Smiths also own and maintain three acres in Waxahachie. "It's near my mom, and it might be someplace we would consider building a smaller home when we are ready to downsize," Cynda said.

In the meantime, the Smiths enjoy hosting their three grown children and spouses — Brad and Bri, Justin and Jessica and Katelin and Casey — when they come home for family gatherings. Grandkids Brynlee and Carson round out the group.



"It wasn't a requirement but a coincidence that they all married spouses with names starting with the same letter or sound. Now Emily is worried she has to find someone with a cool name starting with E," Darryl joked.

The fun spirit of the Smith family is ingrained in their life, where a firefighter mom and dad know how to warm a house into a home. "Cynda always has a project that I somehow get involved in to the point it feels like it's my project," Darryl grinned.

"I can't help it," Cynda added. "It's because of Pinterest. And, well, repurposing is fun!" **NOW**

Attention
Home Owners &
Subcontractors:

**There's
a new
star
in town**

PRO ★ STAR
RENTAL

2601 State Highway 77 N., Waxahachie
2 miles N. of Hwy 287 • 972-937-7368

25% OFF FIRST RENTAL

See store for details.

www.prostarrental.com



QUALITY HEALTH CARE CLOSE TO HOME



Baylor Family Medical Center at Red Oak is proud to welcome our newest physician, Randy Leach, DO.



Randy Leach, DO

- Annual Physicals, Well Child Exams, Sports Physicals
- On-site Lab Draws
- Health Maintenance and Preventive Care
- Vaccinations/Immunizations
- Minor Surgery, Injections and Urgent Care

Extended Office Hours
Mon. - Thurs., 8 a.m. to 8 p.m.
Friday, 8 a.m. to 5 p.m.

BAYLOR
Family Medical Center
at Red Oak
A Baylor-HealthTexas Affiliate

For an appointment, call (469) 800-9200
or visit EllisCountyDocs.com

301 E Ovilla Rd., Suite 100
Red Oak, TX 75154

Physicians are employees of HealthTexas Provider Network, an affiliate of Baylor Scott & White Health. ©2014 Baylor Scott & White Health

TO PRUNE OR NOT TO PRUNE



— By Randy Bigham

The onset of harvest time brings more than the turning of the leaves. For most of us, it means raking them up after their inevitable descent, transforming lawns and driveways everywhere into a crunchy nuisance. Autumn's inception also inspires well-meaning homeowners to prune branches and hedges while the weather is still nice. But increasingly, the word from lawn care specialists and gardeners is to hold off on pruning until winter. Resisting the urge to prune in the fall is the advice of



famous green thumb Paul James, host of HGTV's Gardening by the Yard. "The tender new growth that would result may not have a chance to harden sufficiently before cold weather arrives," Paul explained, "and that can lead to damage."

Horticulturalist Deborah Brown agreed. "Pruning in late winter, just before spring growth starts," she said, "leaves fresh wounds exposed for only a short time before new growth begins the wound-sealing process."

Gardening author Mike McGrath is more adamant in his advice. "The rules of fall pruning are simple," he maintained. "Prune nothing in the fall! Nada! Zilch! Ladies, hide the pruners from helpful husbands!"

But we yard lovers needn't fret. There's plenty of lawn and garden maintenance for us to accomplish long before winter wields its icy claws.



Lawn cleanup and maintenance

Keeping lawns free of leaves is the main objective in the fall, so let the raking begin. And we may as well do it the right way. Yes, there's a method to leaf-free madness, as Barbara Pleasant outlines in her book *Compost Gardening*. She recommends raking with the wind (and downhill when possible). Matching your rake to the kind of leaves in your yard and to your body type is also suggested. Your favorite mom-and-pop garden

RED OAK CHIROPRACTIC & THERAPY



Happy Halloween



FULL SERVICE FAMILY CLINIC OFFERING:

- Chiropractic
- Massage Therapy
- Rehab
- Sports Medicine
- Auto Accidents
- Most Insurance Accepted

COMPLIMENTARY 1/2-HOUR MASSAGE
For All New Chiro Patients!

972-576-5501 • www.RedOakChiro.com • 307 E. Ovilla Rd., Ste. 100 • Red Oak, TX



\$9.73

(DAY SHIFT)

\$10.23

(NIGHT SHIFT)

Compensation

- ▶ Three pay increases within the first six months of employment
- ▶ Tuition assistance
- ▶ Career advancement opportunity
- ▶ Weekly paycheck/direct deposit

Qualifications

- ▶ Must be at least 18 years of age
- ▶ No longer in high school
- ▶ Must be able to load, unload and sort packages, as well as perform other related duties

All interested candidates must attend a sort observation at our facility prior to applying for the position.

For more information or to register for a sort observation, please visit

www.watchasort.com

Think Fast. Think FedEx Ground.

FedEx Ground is now hiring part-time package handlers for multiple shifts.

Location: Dallas Hub

1101 E. Cleveland St.

Hutchins, Texas 75141



FedEx Ground is an equal opportunity/affirmative action employer. Minorities/Females/Disability/Veterans are encouraged to apply. We are committed to a diverse workforce.

FedEx
Ground



Call 972-938-2642

*Talk to a person, not a machine.
Fast, Friendly Service.*

Convenient Drive-Thru Window.

*We will fill your prescription
while you wait.*

Compounding Pharmacy

- *Veterinary*
- *Human*

Services

- *Braces & Supports*
- *Medical Equipment*
- *Compression Stockings*
- *Ostomy Supplies*
- *Vitamins & Supplements*

*Drug Discounts Program Available for Customers
Most Insurance Accepted*

**Online
Refills &
Smartphone
App.
Available**



Red Oak Drug

106 E. Ovilla Rd. • Red Oak, TX 75154
P. 972-617-2222 • F. 972-617-6020

The Prescription Shop

120 S. Grand Ave. • Waxahachie, TX 75165
P. 972-938-2642 • F. 972-937-5681



centers, as well as your local big box stores, offer a range of sizes and weights.

Most importantly, use your shredded leaves as mulch. “Leaves contain some of the nutrients that trees and shrubs have taken out of the soil,” Barbara wrote, “and it’s in keeping with nature’s plan that you should give back some of those purloined nutrients by mowing over part of your annual leaf fall, thus returning organic matter to the soil.” Ellis County Master Gardeners are in favor of this form of organic recycling, advising a 3- to 6-inch layer of leaves as mulch in vegetable and flower beds and around trees and bushes.

Writer and avid gardener Lisa Kaplan Gordon suggests patching bare or thin spots of grass during the fall. Remove dead grass and replace with an inch of compost and an appropriate grass seed suited to shade or sun. “You’ll want to keep the patch moist,” Lisa said, “so lightly water once a day until the seed germinates, and the new grass gets about 1-inch tall.”

Planting and transplanting

Fall is a good time for planting vines and ground covers from containers. Cool-season annuals like pansies, daffodils, dianthus and ornamental kale or cabbage are ripe for autumnal planting, as are leeks, garlic and onions, especially

Join us this *fall* season!

Hosted by OUMC, Ovilla TX



OVILLA UNITED METHODIST CHURCH

REGIONAL FESTIVITIES

- **17th Annual Golf Tournament** 10/04, Old Brickyard, Ferris, 8 a.m.
- **5K Run/Walk** 10/25, 1403 Red Oak Creek Rd, Ovilla (Register ovillaumc.org)
- **BBQ Dinner/Dance** 10/31, 6:30 p.m. Ovilla @ Westmoreland Roads, Ovilla
- **Fall Festival** 11/01 Ovilla @ Westmoreland Roads, Ovilla, 9 a.m.

Booth rental opportunities for craftsmen, artists, & entrepreneurs*

Country Store — quality handmade items for your décor, baby, & gifts for friends, family, teachers, etc.

Free Kidzone with games, petting zoo, and bounce houses

Silent Auction (autographed memorabilia & other quality items)

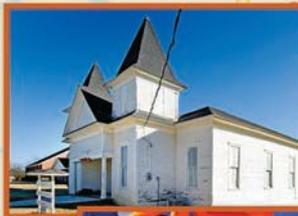
Live Auction (trips, gift certificates, quilts, hand-crafted wooden treasures, and much more)

Entertainment opportunities Looking for singers, dance troupes, etc.

Raffles (handmade quilt and a hunter’s dream)

Bake Sale — from the Best Bakers Around Dallas & Ellis Counties!

Casual Worship Service in the Tent 11/03 Westmoreland @ Ovilla Roads 10:00 a.m.



Proceeds from Festival events will benefit the mission fields of Ellis County.

Rich in history, strong in faith and missions since 1883

Contact Marikay Dewberry 214-532-5902 or dewkraft@swbell.net for more details.



those “from bulbs in soil enriched with organic matter.”

Paul James believes container plants deserve more attention from fall gardeners than they receive. “You can take cuttings of various annuals and root them in either water or a potting medium such as vermiculite, perlite or soil-less potting mix,” he instructed. Paul also recommends transplanting potted perennials into the garden.

Fertilizing

Roger Cook of *This Old House* magazine reminds his readers fall is the optimum time for fertilizing their lawns. “Taking the time to fertilize in the fall will strengthen your plants’ and lawn’s roots, giving them a strong base on which to thrive next spring,” he pointed out. He recommends a formula of 20-8-8 (nitrogen-phosphorus-potassium) for the best blade, foliage and root growth and trace element absorption. Check with your local Master Gardeners for the ideal time for lawn fertilization. Roger also suggests fertilizing shrubs and trees in the fall. “I recommend applying one to three

We make healthy affordable.

The Joint provides affordable chiropractic care to address nearly all your health needs. We're even open nights and weekends, making routine care convenient.

Red Oak

1 Mile E. of I-35
278 E Ovilla Rd.
(972) 617-7700

THE JOINT
...the chiropractic place

Monday - Friday: 9:00AM - 6:30PM

Saturday: 9:00AM - 12:30PM

Walk-Ins Welcome

\$49

FOUR adjustments*

No Appointments
Convenient Hours
Licensed Chiropractors

thejoint.com

Franchises Available

*Restrictions apply, see clinic for details. Initial visit includes consultation, exam and adjustment.

© 2013 The Joint Corp

Register To

ote

Please be sure to register to vote if you are not currently registered or update your record if you have moved within Ellis County.

NEW LAW: PHOTO ID REQUIRED TO VOTE.

Monday, October 6th is the deadline to register for the November 4, 2014 General Election.
Early voting dates are Oct. 20th thru Oct. 31st.

Applications to register or update your information can be obtained at:

www.sos.state.tx.us, any City Hall in Ellis County, any County Tax Office, or at the Ellis County Elections Office located at 106 S. Monroe, Waxahachie, TX
Call (972) 923-5195 for information or go to www.co.ellis.tx.us

Red Oak
Executive Suites
 309 E. Ovilla Road, Suite 2100 • Red Oak, TX 75154

Prime office and admin. assistance spaces available.
 Receptionist • Reception area • Conference room • Fax
 Scan • Copier available • Internet access • T-1 Line
 Break room • Kitchen utilities • CAM cost included in
 monthly rent. Minimum 1-year lease term.

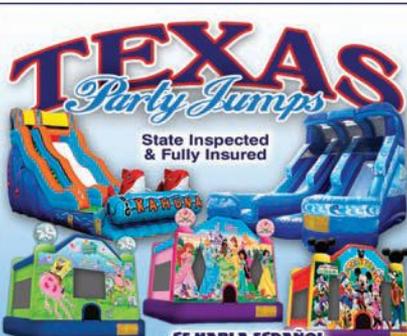
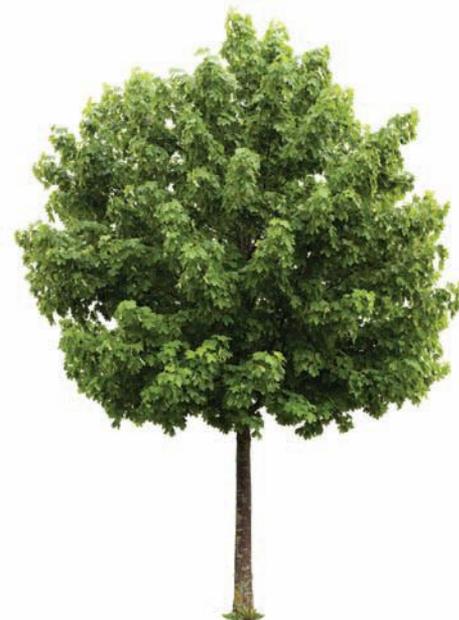


Contact **Natasha Bonneau** at
 469-218-2304

TEXAS
Party Jumps

State Inspected
 & Fully Insured

SE HABLA ESPAÑOL
 Call Now To Reserve Yours!!!
(214) 542-1101
www.texaspartyjumps.com

pounds of slow-release nitrogen per 1,000 square feet of bed and cultivating lightly,” he shared.

Pruning

While fall pruning isn’t advocated by most professionals, there are some basics to remember and apply to the task when trimming is safer for the plants. Mike McGrath expounded on why it’s advisable not to prune until winter. “As I try to stress every year at this time, pruning now stimulates new growth just when the plants are trying to go dormant, and this severely weakens the plants.”

Once winter has arrived, pruning is recommended to promote overall plant health, encourage flower and fruit development, control size and eliminate broken, hazardous branches. For large, established trees, pruning is best left to qualified professionals. A number of knowledgeable, reputable tree trimming services provide care programs and fertilization. Some employ certified arborists to assist clients and offer tree trimming along with traditional lawn and garden packages.

Among shrubs to prune in winter are hydrangeas and camellias. Trees to be pruned at the same time include: juniper, spruce, Bradford pear, honey locust and poplar. Trees *not* to prune in winter are maple, birch, dogwood, walnut and elm.

Whether raking and mulching or planting and fertilizing, remember to pace yourself. As Barbara Pleasant wrote in *Compost Gardening*, “Leaf season will last for several weeks, so you have plenty of time to let yourself enjoy the weather and the work!” **NOW**

FAMILY CAMP OUT

with  **Audubon**
DOGWOOD CANYON CENTER AT CEDAR HILL

at Cedar Ridge Preserve in Dallas County!

Bring your tent and sleeping bag and we will take care of the rest!

Check-in at 6pm on November 15, 2014 and
 depart by 10am on November 16, 2014.
 \$25. per person, which includes guided programming
 (camping 101, hikes, crafts, and more), s’mores, and breakfast.

For more information visit:
dogwoodcanyon.audubon.org
 469-526-1980



Photo by Faizel Ismail

Jeter & Son Funeral Home



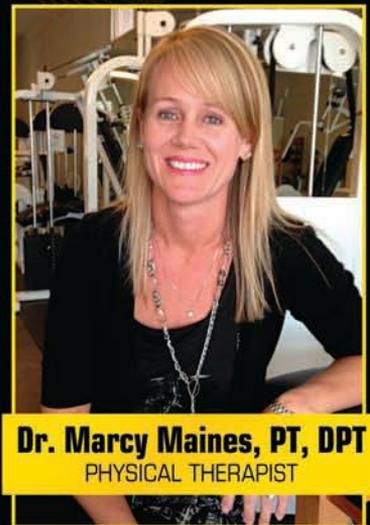
A Family Owned Business

CEDAR HILL CHAPEL

332 CEDAR STREET • CEDAR HILL, TEXAS 75104
972.291.4500

RED OAK LOCATION OPENING IN OCTOBER!

Hawks Landing
Business Center
in front of high school



Dr. Marcy Maines, PT, DPT
PHYSICAL THERAPIST



201 W. 5th Street
Ferris, TX 75125
469-373-2967
FAX 888-614-1885

**NORTH TEXAS FITNESS
& THERAPY CENTER**

If you're unhappy with what is going on in Austin and Washington, Go to the polls and vote incumbents out of office

You do not have to tolerate do-nothing obstruction over constructive problem solving!

Don't know enough about the challengers?

Send **David E. Cozad** to Congress

- ✓ Will keep jobs and American oil here!
- ✓ Won't shut down the government!
- ✓ Payday fairness for women and pay rate transparency for all workers!
- ✓ Will fund OSHA & EPA to keep us safe.

Voters' Guides in the *Dallas Morning News*, *Fort Worth Star-Telegram*, *League of Women Voters* will feature your federal and statewide candidates. Check out incumbents' voting records and positions on-line at Project Vote Smart and Ballotpedia.org.

"I'm David E. Cozad. This nation is too precious to continue handing it over to international corporate interest. Too many American jobs (and corporate tax HQs) have moved offshore. My opponent is determined to send even more jobs offshore by exporting our nation's oil. Gasoline and the shipping and manufacturing costs of other goods and services will cost more. Texas families deserve better!"

Say No to Joe. Vote David E. Cozad for Congress



Learn more: www.cozadforcongress.org
Facebook group: [cozadforcongress-TX6](https://www.facebook.com/cozadforcongress-TX6)

Pd. Pol. Adv. By Cozad for Congress Campaign Committee.
I approve this message. David E. Cozad



Vcare Health Services

401 N. Hwy. 77, Ste. # 1
Waxahachie TX 75165
(214) 550-0680
info@vcarehealth.org
www.vcarehealth.org

Hours:

Monday-Friday: 8:30 a.m.-6:30 p.m.
(Closed daily 1:00-3:00 p.m.)



Patients see Vik Reddy and his staff for a variety of pain relief at Vcare Health Services.



Live Life Pain-free

Vcare Health Services offers nonsurgical approaches to pain relief. — By Angel Morris

True to its slogan, Live Life Pain Free, Vcare Health Services offers pain relief solutions to multiple musculoskeletal problems. Vcare specializes in nonsurgical approaches to injury and pain through conservative pain-management techniques, physical therapy and rehabilitation. Vcare Health Services offers a multispecialty team that collaborates and combines its expertise, which results not just in relieving pain but also restoring health and well-being by correcting the cause of the condition.

Located in Waxahachie, Vcare Health Services reaches out to potential patients in surrounding communities. Vcare's team consists of two medical providers: James W. Galbraith, MD and Vik Reddy MSN, MPH, FNP-C, plus a staff of six full-time employees in different positions. The team takes pride in working together to render compassionate and courteous service to all its patients. "We try to put our patients' needs first. Pain

can be debilitating, and hence, we offer same-day appointments for patients," Mr. Reddy said. Initial consultations are free.

Some of the conditions Vcare specializes in treating include neck and back pain, disc problems, sciatica, migraine headaches, fibromyalgia, neuropathy, osteoarthritis and joint pains, such as: shoulder, elbow, wrist, hip, knee and ankle. On-site diagnostic services include digital X-rays, computerized range of motion testing, muscle strength testing, nerve testing and vascular screenings.

Vcare's nonsurgical treatment approach includes state-of-the-art, FDA-approved technological advancements, such as: the DR Flat Panel X-ray Imaging System, DRX 9000 Spinal Decompression Table, LipoLite Laser for medical weight loss, Pettibon System, advanced whole-body vibration units, electrotherapy units and infrared systems.

“Our commitment to our patients has led us to develop this state-of-the-art practice. We listen to our patients, take plenty of time to do a thorough examination on every patient and customize individual treatment plans to resolve their medical issues,” Mr. Reddy said. “We provide a wide variety of both modern and traditional diagnostic and therapeutic services to completely and accurately diagnose and treat the issue.

“We try to put our patients’ needs first. Pain can be debilitating, and hence, we offer same-day appointments for patients.”

“We also use various FDA-approved natural/biologic medications, which produce excellent, long-acting pain relief without any potential negative effects on the body. Our treatment plans have resulted in almost 95-percent success in treating various medical ailments. We have even been successful in treating chronic cases, which have failed other treatments.” Apart from pain relief, Vcare Health Services offers a medical weight-loss program, hormone-replacement therapy, allergy management, physicals and wellness exams, cholesterol screenings, second opinions and more.

Vcare reaches out to surrounding communities with sponsorships, giveaways and health screenings at community events. Mr. Reddy also speaks at businesses, both large and small, about preventative and functional medicine, proper body mechanics and injury-prevention methods. “My goal is to let people know surgery does not have to be the first line of treatment. I have many patient success stories to prove this,” Mr. Reddy said. “Medicine and physical therapy typically work hand-in-hand to solve a lot of pain issues. Come talk to me, and we will determine what might help you live life pain-free!” **NOW**

Direct Mail Advertising Works!

Let North Ellis County**NOW** magazine present your advertising message to **over 17,200**

Home & Business addresses in the Red Oak, Ferris, Glenn Heights, Ovilla & Oak Leaf ZIP codes

NOW
MAGAZINES
Bringing the best of the community home

Call for more information
972-937-8447

LARGE SELECTION OF NEW AND USED GUNS AVAILABLE



Drive LT • 336 FPS
Ready to Shoot in Skull Works Pattern
70 lbs. pull adjustable down to 50 lbs.
\$599.99



Fever 1 • 312 FPS
Ready to Shoot in Skull Works Pattern
60 lbs. pull adjustable down to 40 lbs.
\$399.99



Surge • 320 FPS
Ready to Shoot in Infnit Pattern
70 lbs. pull adjustable down to 50 lbs.
\$499.99



Tidal Wave • 30 lbs. to 40 lbs. Pull
Ready to Shoot in Reaper Pattern
With 2 Arrows Reel & Rest & No Gloves
\$379.99



Stalker Recurve Bow | Right Hand • 60 lbs. Pull
\$149.99



T-hanger
400 lb. capacity
Deer Feeder
\$599.99
Deer Corn
\$7.99 per 50 lb. bag



Holiday Season
30 oz.
YETI Rambler
\$29.99



Winchester Tradition
19 Gun Safe
\$709.99

Gibson's
Sporting Goods

411 S. Main • Weatherford, TX

817-594-8711

Mon-Sat 8am-8pm • Sun 9am-6pm

*While supplies last. Prices good through 10/31/14.



Jami Navarro and her sons are happy to be Ovilla Christian School Eagles!



Red Oak High School Project Graduation 2015 group hosts a car wash fundraiser at Ace Hardware.



Participants in a recent Texas Master Naturalists Wildflower Walk wear pollinator glasses to help them see more like insects.



Texas Veterans Commission Fund for Veterans' Assistance presents a \$75,000 grant to Ellis County's Paws for Reflection Ranch providing free services for veterans and their dependents.



David Biegler prepares to seat guests at Moni's Pasta & Pizza in Glenn Heights.



The Lonestar Burger Bar boasts some of the best burgers made by grill cook Luis Perez.



Junior high volleyball students wrap up skills camp at Red Oak High School.



Chief Wolf (second from left) with Johnny Determan, Michael Fitzgerald and Gary McIntosh as they graduate from the Regional Police Academy North Texas Council of Governments in Arlington.



A young patron gets a new style at Hair Villa Salon on Ovilla Road.

Come Learn With Me

- Pre-K 4 through 12th grade
- Faith-based community
- Proven college prep curriculum
- Caring, family-centered environment
- Championship athletics

Schedule a Tour Today

Admissions Open Houses
 Sunday, November 16, 2014
 Sunday, January 25, 2015
 2-4 p.m.



CANTERBURY
 EPISCOPAL SCHOOL

Address: 1708 N Westmoreland Road, DeSoto TX 75115
 Website: www.TheCanterburySchool.org

Phone: 469-759-2606
 Email: Admissions@TheCanterburySchool.org

"I saved more than \$4,000
 on my commute last year!"



Sign up for DART Vanpool now & get a credit* for \$100

Get on board for one low
 monthly rate that covers
 the van, insurance and
 maintenance!

DART.org/vanpool
 214.747.RIDE



* Offer available to any newly formed Vanpool group that starts on or before November 1, 2014. The \$100 credit will be applied to the group's third month of service. This program may be discontinued at any time without prior notice. Other restrictions may apply.



Bringing Families Together

Easy to use, Easy to Clean

Create Healthy Meals & Memories in Minutes!

Host a cooking demonstration*
 with your friends &

Earn Free & 1/2 Price Velata!

*qualifying party



Debi Mangan

Independent SuperStar Director

www.FondueWow.com

debimangan@sbcglobal.net

(972) 937-1440 / (903) 258-3513 Cell

Velata
 INDEPENDENT CONSULTANT

Our Team of Jewelry Repair Experts are Here to Help.

When you lead a busy lifestyle, it can be hard to give your jewelry the TLC it needs. All fine jewelry needs some form of services to keep it maintained and looking like new. That's where our jewelry repair services can come in handy. Our team can help with many types of jewelry repairs. It doesn't matter if your purchase was made at Wiley's Diamonds & Fine Jewelry or somewhere else. Everyone can take advantage of our repair services. Estimates are free and normally made while you wait.

While You Wait Services:

Repair Estimates,
Jewelry Inspections and
Basic Ring Cleaning (no charge),
Watch Battery Replacement,
Basic Watch Band Sizing

Next Day Services:

Ring Sizing and Basic Repairs,
Ring Revitalizing (Clean, Polish, Tighten
Stones and Rhodium if needed)

Other Repairs:

Normally 3 to 7 days depending in the complexity of the repair. We do offer a same day express service by appointment, check with us for details.

Other Services:

Jewelry Redesigning, Appraisals,
Pearl Re-stringing

Custom Design:

Create exactly what you want
and get it fast!

Our expert goldsmith and jewelry artisan is on-site at all times, we guarantee the best quality workmanship in repairing, creating, or restoring your jewelry. We offer competitive prices with the highest possible quality for the money. You can rest assured jewelry in our care it is kept safe and will not leave the premises.

Now Until the End of October:

Ring Revitalization, Clean, Polish,
Check and Tighten All Stones.
Re-Rhodium if Needed.

In by 10am and Pick Up after 5pm,
\$35 for first piece and \$15 for
each additional piece.

WILEY'S
DIAMONDS & FINE JEWELRY
972-937-4422 • wileysjewelry.com
2251 Brown St #102 • Waxahachie

HAVE YOU HELPED SOMEONE IN
NEED LATELY?
GIVE. ADVOCATE. VOLUNTEER



Get connected to your
community by visiting
www.westelliscountyuw.org
972-723-9280

Bill Crouch
Real Estate

*Helping you find
your dream home.*

Buy • Sell • Lease • Investments



\$114,000 • Great Dream Home Location

Beautiful 4-acres on Highway 342, in Red Oak ISD just outside of the city limits.
Large, mature oak trees, beautiful green grass, water line & new survey included.
MLS#12149409

Directions: Ovilla Rd. east to Hwy. 342/Dallas Ave., go north 1.5 miles.
Property on right slightly before Dallas County line sign.

Mindy Moody
214-808-4117
MindyMoodyRealEstate.com

700 W. Main St.
#100
Ovilla, TX

Miranda Cordero
214-801-8126



Need Gifts?
 Call me to Order or
 Host a "Party to Go"
 to Earn Free & 1/2 Price
 Rewards!



Need a Fundraiser?



Need Cash?

It's the Perfect Time to
 Start Your business & Start Earning!

Debi Mangan

Independent SuperStar Director
 www.eFlameless.com
 debimangan@sbcglobal.net
 972-937-1440 / 903-258-3513 Cell



CHANEY'S
DESIGNS
Embroidery & More
 206 S. Hwy. 342 Ste. B
 Red Oak (next to Curves)
972.576.5800
 9-5 Monday-Friday

Miss Tammy's House
 Taking care of children since 1993
 I provide the baby food!
Red Oak Area
 Infants up to 5 years old
 6:30am - 6:00pm
972-617-3809
 CCS Provider

Ferris Family Dentistry
 Dr. Virginia Williams

DENTAL EXCELLENCE
COMPASSIONATE CARE

Dr. Williams

www.ferrisdentist.com

972-544-2123
 454 FM 664 • Ferris • next to Subway



School pictures can be **SCARY** unless you love your smile.

Go MO

Call today for your complimentary exam.

First 9 callers will receive free whitening at the end of treatment.

972.268.6065
www.morganortho.com



Dr. Laura Morgan
Orthodontics Exclusively
"Your Smile Specialist"

No referral needed.



Now Open 24 Hours!

RED OAK EXPRESS WASH

State-Of-The-Art Friction Car Wash

Soft touch wash with incredible results!

Dually trucks welcome!

300 N. St. Hwy 342 • Just north of Vintage Bank
972-921-5536

Cash & CCs Accepted

dmf Du Monde Furnishings

100% Portuguese Cotton
twin-size throws
(Imported from France)

Only \$99

High Quality Imported
Home Accessories

dumondefurnishings.com

October 4

Oak Leaf Clean Up Day: 8:00 a.m.-noon, City Hall, 301 Locust Dr., Oak Leaf. Visit www.oakleaftexas.org to learn more.

Pioneer Day: 9:00 a.m.-5:00 p.m., historic downtown square, 100 Town Plaza, Ferris. Food, games, music and shopping plus a 10 a.m. parade on the square.

Annual Lord's Day Festival: 9:00 a.m.-4:00 p.m. Ferris Heights United Methodist, 108 Center St., Waxahachie. Live auction of handmade quilt set for 1:00 p.m. Tickets available in the church office for \$1 donation. Call (972) 937-2344 for more details.

October 4, 5

Annual Fall Festival: St. Francis of Assisi Catholic Church, 1537 Rogers Ave., Lancaster. Bring family and friends to enjoy the festivities. For more information, e-mail stfran@swbell.net or call 972-227-4124.

October 7

342 Morning Networker: 7:30 a.m., Denny's Restaurant, 408 N. I35 Service Road, Red Oak. Breakfast and business owner networking. Business owners from all communities welcome. RSVP to (214) 244-2329.

National Night Out: 6:00-8:00 p.m., Mutz Park, 9th St. and Mabel St., Ferris. Police, fire, sheriff and CareFlight demos and displays will be available, as well as free food, games, giveaways and more.

October 11

Second Annual Red Oak Lion's Club Clay Shoot: 9:00 a.m.-1:00 p.m., Ellis County Sportsman's Club, 470 W. Sterrett Rd., Waxahachie. Up to five shooters per team, \$50 per shooter. For competition details, email panderson@petestires.com.

October 18

Ferris Trade Day: 8:00 a.m.-4:00 p.m., historic downtown square pavilion, 100 Town Plaza, Ferris. Vendors welcome. Call (972) 544 2012 for more details.

Chamber Auction: 6:00-10:30 p.m., Red Oak Municipal Center, 200 Lakeview Pkwy. Tickets \$50. Email admin@redoakareachamber.org for details.

October 20

Book Club: 7:00-8:30 p.m., Red Oak Library, 200 Lakeview Pkwy. Email sandyg@aircanopy.net for this month's book selection.

October 22

Chamber Luncheon: 11:00 a.m.-1:00 p.m., 200 Lakeview Pkwy. Networking opportunity for businesses. Members with reservations \$12; members without reservations \$15; non-members \$20. Contact chamberassist@redoakareachamber.org to learn more.

October 25

Miles for Missions 5K/1mile Fun Run: 8:00 a.m. (mile) and 8:30 a.m. (5K), Ovilla United Methodist Church, 1403 Red Oak Creek Rd. Proceeds go to mission work at church. Register at www.ovillaumc.org/5k or contact Claire at ckftaylor@gmail.com.

Red Oak Fall Festival: 4:00 -8:00 p.m., Watkins Park, Live Oak and Waller Streets. Family event including food, performances, bounce houses, games, haunted maze and hayride, trunk or treating, best decorated trunk contest, costume contest and more.

Bristol Opry: 7:00 p.m. Old Bristol Schoolhouse, Union Hill Road at Church Street. Call (972) 846-2211 for more details.

Submissions are welcome and published as space allows. Send your current event details to angel.morris@nowmagazines.com.



**Local Jeweler
Buying Gold
Diamonds
Unwanted Jewelry**

Before gold prices drop, now is the time to clean out your jewelry box and bring all your broken chains, worn out rings and anything you just don't wear any longer. We are paying more than ever for diamonds any size, shape or quality. Wiley's has been buying since 1994 and now more than ever. Bring your treasures in for a free evaluation with no pressure to sell.



WILEY'S
DIAMONDS & FINE JEWELRY

972-937-4422 • wileysjewelry.com
2251 Brown St #102 • Waxahachie



SKYBEAM
presents

FALL FESTIVAL

&

5K

OCT. 18 ~ 9AM - 3PM

ARTS & CRAFTS VENDORS, FOOD, ENTERTAINMENT, FAMILY FUN & MORE!

MIDLOTHIAN ISD MULTI-PURPOSE STADIUM
1800 S. 14TH STREET ~ MIDLOTHIAN

FREE ADMISSION!



EVENT SPONSORS:       

Registration for 5K Run opens at 7am | Run begins at 8am
For more information, please call 972.723.8600
or email info@midlothianchamber.org | www.midlothianchamber.org



In the Kitchen With Linda Gatlin

— *By Angel Morris*

Linda Gatlin enjoys cooking, because good food and fellowship go together. “We host the Bristol Opry where we enjoy great local musicians, as well as homemade sandwiches and cakes plus pies made by our dear friend, Paul the Pie Man!” Linda said.

The youngest girl of seven boys and three girls, Linda learned cooking basics from her sisters. Today she tries recipes from magazines, TV, friends, food packages, etc., but adds or subtracts ingredients for her own taste. “My husband, Jim, is a vegetarian, so I now cook with protein substitutes and vegetables, too.”

Linda is a fan of her mother-in-law’s baking, especially her homemade yeast rolls, chocolate pies and white vanilla cake. “I’ll share her chocolate pie recipe, but you must follow her directions to make it right!” **NOW**

Grandma Willie’s Chocolate Pie

- 1 cup sugar**
- 2 heaping Tbsp. flour**
- 2 heaping Tbsp. cocoa powder**
- 2 cups milk**
- 1 Tbsp. butter**
- 2 egg yolks, beaten**
- 1 baked pie crust**

Meringue:

- 2 egg whites**
- 1 tsp. vanilla**
- 4 Tbsp. sugar**

- 1.** Mix sugar, flour and cocoa together thoroughly.
- 2.** Stir together milk, butter and yolks; combine with dry mixture. Cook over medium heat until mixture thickens. Pour into baked pie crust.

- 3.** *For Meringue:* Beat egg whites until peaks start to form. Add vanilla and sugar, gradually, and beat until stiff peaks form. Spread atop pie and bake at 350 F until lightly browned.

Chicken Tetrazzini

Makes 6 1-cup servings.

- 8 oz. spaghetti**
- 1 Tbsp. butter**
- 1 Tbsp. corn oil**
- 1 lb. boneless, skinless chicken breast, cubed**
- 1/2 cup onion, chopped**
- 1 medium red pepper, chopped**
- 2 cups fresh mushrooms, sliced**
- 1/4 cup flour**
- 4 oz. cream cheese, cubed**
- 1 14-oz. can chicken broth**
- 3 Tbsp. Parmesan cheese, grated (divided use)**
- 1/2 cup mozzarella cheese, shredded**

- 1.** Preheat oven to 350 F. Cook pasta per package directions.
- 2.** Melt butter and corn oil together in a large skillet on medium heat. Add chicken, onion, pepper and mushrooms; cook and stir 5 minutes, or until chicken is no longer pink. Remove from skillet and set aside.
- 3.** Put flour in skillet; stir and cook for 1 minute. Add cream cheese and broth, stirring with a wire whisk until mixture boils. Reduce heat to medium-low and simmer 5 minutes, stirring frequently.
- 4.** Drain pasta and return to pan. Add cream cheese mixture, chicken mixture and 2 Tbsp. Parmesan cheese; mix well.
- 5.** Spoon into 2-qt. round casserole dish; cover with foil. Bake 25 minutes. Remove foil and top with mozzarella and remaining Parmesan cheese; continue baking, uncovered 2 minutes, or until mozzarella is melted.

Cheesy Squash Casserole

- 1 Tbsp. vegetable oil**
- 6 medium yellow summer squash, thinly sliced**
- 1 large Vidalia onion, thinly sliced**
- 1 Tbsp. butter**
- 1/2 cup Parmesan cheese, grated**
- 1 cup sharp cheddar cheese, shredded**
- 1/2 cup sour cream**
- Sea salt and pepper, to taste**
- 1 sleeve Ritz crackers, crushed medium to fine**

- 1.** Preheat oven to 350 F. Grease 2-quart casserole dish.
- 2.** Heat oil in a large skillet over medium heat. Sauté squash, onions and butter until soft.
- 3.** Transfer to a bowl and stir in Parmesan, cheddar and sour cream. Be careful not to break the squash up too much. Add salt and pepper to taste.
- 4.** Place mixture in prepared casserole dish and sprinkle cracker crumbs evenly over top.
- 5.** Bake for 20 minutes, or until the top is golden and bubbly.

To view recipes from current and previous issues, visit www.nowmagazines.com.

FIND YOUR **Ideal Comfort** IN OUR **TRANE** SHOWROOM

Home Services

- AC & FURNACE INSTALLATION • AC & HEATING REPAIR
- AC & FURNACE SALES • INDOOR AIR QUALITY
- ZONING SYSTEMS

Commercial Services

- ROOFTOP UNITS • COMMERCIAL HVAC REPLACEMENT
- COMMERCIAL HVAC REPAIRS • PACKAGE UNITS
- AC & HEATING MAINTENANCE



*24/7 service.
We service all brands.*

972-4-WALKER

Walker Air Conditioning & Heating

Home • Commercial

Walkerac.com

2909 Live Oak Dr., Mesquite

Serving Ellis County



It's Hard To Stop A Trane.



State License Number: TACLA007818E

CREATING A BEAUTIFUL SMILE CAN BE EASIER THAN YOU THINK.



Dentistry does
not have to be
painful and can
be affordable.

WILLIAM A. BROWN, D.D.S. F.A.G.D.

Call us for a free consultation

972-298-8515

www.williamabrowndds.com

williamabrowndds@gmail.com

GENERAL DENTISTRY • 226 N. CEDAR RIDGE RD. DUNCANVILLE, TX 75116