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At age 9, Cash Harsche is already a national champion ATV Motocross rider Pretty in Pink luncheon Saturday, Sept. 29 • 10 a.m. – noon Methodist Mansfield Medical Center Cafeteria, first floor 2700 E. Broad St., Mansfield, TX 76063 Parking is free.

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Melissa K., Burleson, TX

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ON THE COVER

Cash Harsche takes the hills, valleys, turns and jumps of motocross all in stride.

Photo by Joy Elmore.

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EDITOR'S NOTE

If it ain't one thing, it's another...

... another... another. If it ain't one thing, it's another... another... another. So goes my new favorite song. It's just a little ditty, sung with a lilting tone that makes light of the fact that *stuff happens* — and it seems to continually happen — so that just when you solve one issue, another lands in front of you and won't just fly away on its own.

Or will it? Lately, maybe as a result of learning mantras like, "It is what it is," I'm practicing what, for me, is becoming less of a discipline and more of an art. I'm facing reality, recognizing whatever difficult issue exists, and asking my Heavenly Father to provide the solution. And then I'm ignoring the difficulty, focusing on what I already can accomplish until the solution is given to me. I then implement the solution and move along to whatever comes next.

What you hope to move along to are the issues that you *don't* want to fly away. These productive, positive projects are worth attending to with all your energy because you already are the solution. You're the perfect steward for the project, and that is why it has been placed before you.

What are your perfect projects? Do tell me!





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A little bit of Cash can go a long way. Only 9 years old, Cash Harsche is money in the bank when it comes to success in the ATV — all-terrain vehicle, four-wheelers — motocross competition world. Cash started riding at age 4. By 2016, he was a national champion, followed by a pair of reserve — second place — finishes in two 2017 categories. In early summer, he was leading the point standings in his age group in the American Motorcyclist Association. 'It's fun, and I love winning,'' Cash said with a grin, also recalling his first national championship award. 'There were a lot of people there at the banquet. I liked it.''

Competitors can participate in up to 10 races. From those, the top six finishes result in their points total. "They are so responsible. They know the dangers, and they know it's on them to perform," said Melissa Harsche, Cash's mother. "If you fail, it's you. If you win, it's you."

Cash has done a lot of winning. Along with his national championship, he has Texas Overall Championships in each of his classes for the past three years, and, of course, he's leading this season. He also has won multiple American Motorcyclist Association State Championship Titles Races in Texas (two), South Carolina (two), Pennsylvania (one), Illinois (one) and Indiana (one). "I was raised in a horse show family. I never imagined racing four-wheelers," Melissa said. "But we love it. It's such a family atmosphere." WALNUT CREEK AUTO CLINIC offers the same services as car dealerships, but at MUCH LOWER PRICES!

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Cash became interested in fourwheelers after watching a friend, Austen Dinger. Cash was almost 3 at the time. "He said, 'I can do this,'" Melissa said, "so, his dad bought him a bike, and it started."

He is also very good at riding two-wheelers, though he prefers four-wheelers. In addition, he rides vehicles with both 50- and 70-cubiccentimeter engines. The 50cc reaches speeds of around 35-40 miles per hour, and the 70cc can achieve speeds of up to 50 mph. While that may not seem all that fast, going those speeds over a rugged terrain that includes lots of hills, valleys, turns and jumps makes it all the more dangerous.

And Cash has had a few accidents. Perhaps the most memorable was one earlier this year. His bike flipped and he went into a ravine, landing in mud. "That's what saved him. Usually, he jumps right up from a wreck, but this time it was scary," Melissa said.

"All I remember thinking was, *I'm* done. I thought I'd break my leg, but I hit the mud. I had an impression of the stitching from the seat on my legs for over a week," Cash said.

Cash was indeed *not* done. He got out, started his bike and finished the lap to score some points. Then, he came back later in that same day to win another race and claim the overall title in the event.



Melissa admitted it's a little nerveracking as a parent to watch him perform. "You do a lot of praying," she said with a smile. "I'm not superstitious, but before every race, while they play the National Anthem, I must sing it out loud while holding my good luck necklace. And before every Moto, I have to say to him the same thing: Be safe, ride smart, have fun.







Racing is becoming a family affair. Cash's little brother, Kenton, age 6, is also competing now. He placed sixth nationally last season, and at the beginning of summer, he was running third in the national standings in his age group. Cash is his brother's biggest supporter, just as Kenton is to Cash.

"There's not a gate drop Cash will miss," Melissa said. "They have lots of discussions — what to hit, what not to hit. The difference is Cash is extremely serious, and K.D. (Kenton's nickname) is the family clown."



Cash's sister, Lyndee, also 6 and Kenton's twin, shows horses in competition. Melissa did the same when she was younger. Cash's dad, Tracy, is a former rodeo competitor.

In other words, the entire family has a competitive nature — but perhaps none more than Cash. That was evident when he decided to enter Mansfield's Junior FFA program, raising a goat named Gus (because they bought him in Gustine) for competition. "He was very nice. He was like having a pet," Cash said. "I'd feed him and water him, and then my mom would come out, and we'd practice showing him."

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Cash and Gus won a Showmanship Award in the Tarrant County Junior Livestock Show. "We are an extremely competitive family. That goat was as trained as they come," Melissa said. "Cash is a perfectionist, and once he puts his mind to something, he's going to be the best. He worked hard for that Showmanship buckle."

Gus has since been donated to a physically challenged young girl. But Cash plans to compete with goats next season, and will add a competition in San Antonio to his agenda.

A Texas Rangers' fan, Cash also loves playing baseball, something he's done since the age of 3. A pitcher, second baseman and outfielder, he can recall the favorite play he's made in his young life — robbing an opposing player of a homerun with a diving catch. 'I really thought it was a homerun, but I caught it and did a backflip,' he said.

But racing is what Cash loves most. And perhaps best of all, it brings his family together, he admitted. They regularly hit the road, sometimes up to a week or more, spending quality time together. "I like hanging out with my family. Sometimes, we drive all night," Cash said. "It's like a vacation. But I like it when we get there, and I get to race, too." NOW

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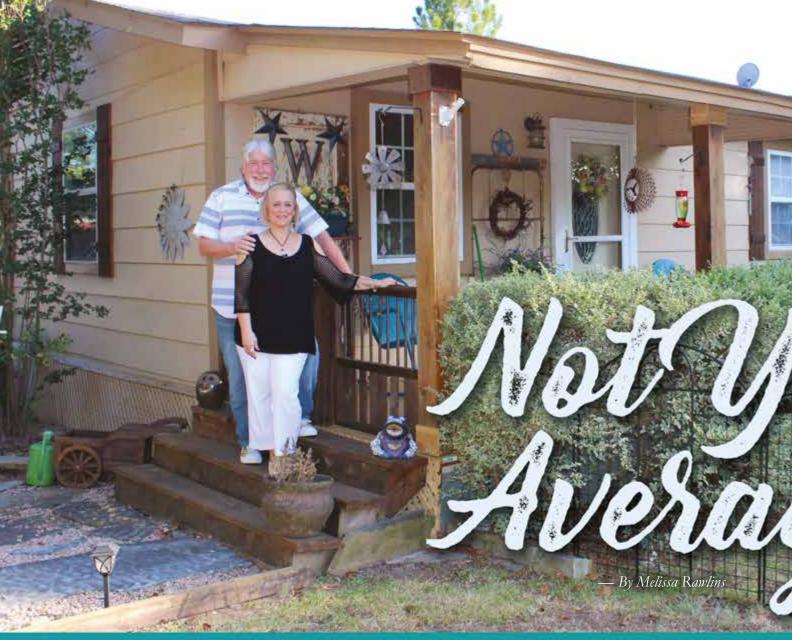
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At Home With Ricky and Jo



Ricky Wilson, whose dad was once the Mansfield police chief, grew up on a dairy farm a few hundred yards from where he lives now. There on his front porch, he met the love of his life one evening some 30 years ago. Then and there, he knew he was destined to be with this girl, whose father had recently transferred for Bell Helicopter from Johnson City, Tennessee, to Arlington.

> But Joy married someone else and moved to the Eastern states. She and Ricky continued to write letters throughout her difficult marriage, and he swept in and married her after waiting 10 years. Their love story is played out in their one-story home in the country, where he has built many of the key pieces of furniture. Their home's farmhouse feel is enhanced by her collections of family heirloom dolls, tatting, antiques and buttons.



y Wilson

How this couple finds time to keep such a neat house is anybody's guess. Joy is a psychiatric nurse and Ricky a house painter. But they make time to enjoy the great outdoors, and their backyard, with its Hill Country feel, has hosted many a music party.

Joy's big 50th birthday party featured Scott & Steve performing from a spot near Ricky's hand-made *Wilsons Trading Co. Guns & Fers* sign. The duo played their standards and gave Joy their best. "Steve got on his knees in the gravel rock, playing the guitar for 'Purple Rain,'" she beamed. Their stage was a living



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work of art, developed organically by Ricky over his 32 years in this home.

"You couldn't pay me a million dollars to live in a neighborhood," Ricky said. Everywhere here, inside and out, he reconnects with his deep roots in this place. "My Granny and PaPa, J.W. and Rosie Wilson, raised me and my brothers and sisters on their dairy farm. Cows roamed here. We each got parcels of the pasture,

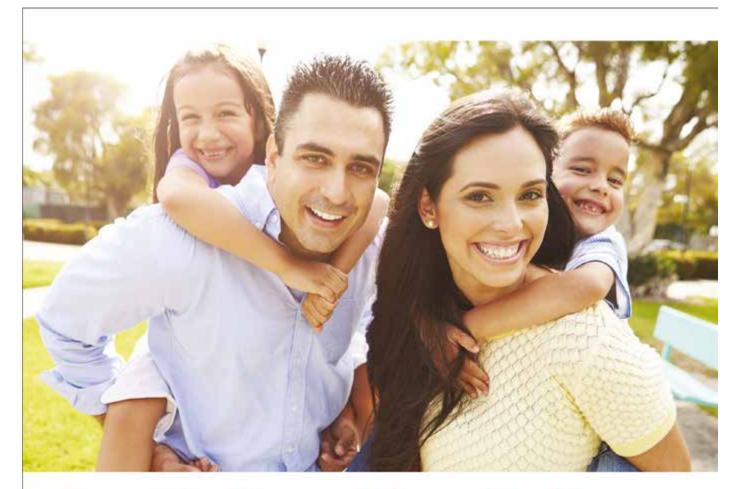


and I built this house with the help of my grandparents, starting when I was about 22 years old."

One of his fondest memories as a little boy in the early '70s involves something that neither adults nor children can do these days. "The engineer used to throw me candy off the train, and once he stopped to give me a red lantern that I still have. One day, he stopped the train where I was down hunting with my BB gun, and he let me get on the train and brought me back to our crossover."

Now, this safe, happy home he shares with Joy is decorated with stuff that is definitely not average. On the sides of his sheds he placed odds, ends and antiquities that may mean nothing to anybody but Ricky. It's obvious he likes cowboys and is a big Clint Eastwood fan, but the poster





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from the movie *Pulp Fiction* shows what an open mind he has.

Who else keeps a mason jar full of bullfrogs on their smoking porch? "My doctor who brought me into this world was Dr. Cook, and when they had an estate sale, Joy and I were digging around in his barn and Joy found them. Their son, who's probably in his early 70s, said we could have them," Ricky said, holding out a smaller jar filled with formaldehyde and some floating things. "He got these salamanders from Mexico."

Joy has fun collecting the unusual, as well, because for her, memories make the home. She keeps belongings from her best friend and grandmother, missionary Beth Bassett, everywhere in the house. One bedroom holds Mrs. Bassett's clothes and furniture. The hall holds her pillow, and the kitchen holds her china in a hutch custom-built by Ricky. "My grandmother's pictures and letters are part of my great memories. But the most special things in this house are the things Ricky built for me," Joy said. "Everything he has done is out of sweetness and surprises."

When Ricky bought a bunch of beautiful buttons as a gift for Joy, during the time when she had a neardeath experience, she began collecting buttons seriously. She has more than 10,000 buttons, some dating to the 1800s, in glass jars, tins, boxes and display cases.

A three-ring notebook Joy's working on documents the history of the military, workers, Cub Scout, railroad and perfume buttons. The quintessential romantic, Joy loves to tell their history: "Before the Civil War era, the perfume used to be oil-based and was ruining the ladies' clothes. They started putting the oils on a fabric button. When their sweetheart would go to war, they'd give him a button, and when they came back from war they'd tell her the button kept them going." You could say that Ricky has kept Joy going. Or maybe it's vice versa? "When I first met Ricky in 1985, he was just my buddy," Joy said, recalling their fishing trips to Cedar Hill, bowling fun in Arlington and matinee excursions in Mansfield. "I watched my first werewolf movie with Ricky: *Silver Bullet.*"



That's where the memories started. But they built an everlasting friendship, which evolved to love and marriage. When Ricky married Joy, 10 years after he started building his house, he gave a room to her 4-yearold son. Chuck was adopted at the age of 7 by Ricky and reared here with this creative couple.

From his brown leather easy chair, positioned in front of the quilt made by his great-grandmother for Ricky's mother at her high school graduation, Ricky reflected on home. "It means security. It's also special. It's like an eject button, when you eject from the real world to *your* world," he said. "Being home is a turn on."

What the Wilsons did together to make his house their home was simple, really. "I gave her the inside and she gave me the outside," Ricky said. From the time they started their relationship through letters, Ricky lived in his shed and worked in his spare time on the house. Ever since they married, the Wilsons have created precious peace through artful teamwork. After all these years, their home is still a work in progress, while they are living happily ever after.



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Healthy Conversations

- By Melissa Rawlins

Sausage tacos, tater tots, orange juice and coffee from Sonic are served at 8:00 a.m. on the dot. The fathers at Danny Jones Middle School dining with their children are focused on conversation — inspired by All Pro Dad and facilitated by Corey Anthony and Terry Brown.

For both children and fathers, the 45 minutes spent focusing on each other during the monthly All Pro Dad breakfasts strengthens their relationship. "We fathers, just because of life, don't have the best track record of engaging in emotional conversations with kids. But All Pro Dad facilitates that," Corey said.

Growing up in a two-parent household in Jewett, Texas, Corey recalls his father being highly involved in his school, academia and extracurricular sports. When he married a Houston native, Priscilla Walker, they agreed their family values would include quality time with their children. Monte and Ryley spent their early years in the San Francisco Bay area, but both have enjoyed the majority of their public schooling in Mansfield. The Anthonys have lived here since Thanksgiving 2009, when Corey transferred to AT&T's Dallas office. He now serves AT&T as senior vice president for human resources and chief diversity officer.

Priscilla stopped working as a high school counselor when she birthed Monte. While being a stay-at-home mom, she wanted to understand the environment at her children's school. "Joining PTA was one way to be active and involved," she said.

Starting years of PTA service at Dalton Elementary, and being on the board of PTA there, Priscilla has continued in Mary Lillard Elementary, Danny Jones Middle School and Lake Ridge High School.

Community work was priority for both Priscilla and Corey during college. Corey worked with Junior Achievement since the late '90s, before his children came into the Anthonys' family. Corey now sits on the board at AT&T for Junior Achievement. And both Corey and Priscilla are child advocates for Dallas CASA, where Corey is also vice chairman of its board. Corey's company fully supports his volunteer efforts.

"It is one of AT&T's stated goals to be very involved in a very positive way," said Corey, who finds it important that All Pro Dad was founded by Tony Dungy. "A Superbowl-winning NFL football coach, his emphasis on values makes him unique. It wasn't only winning he expected of his players but winning the right way."

Corey admired Dungy's creation of a program to help fathers become better leaders and love their families, and to merge that coaching with public schools. Priscilla asked his help facilitating the program at Mary Lillard when Ryley was a student there. Since All Pro Dad aligns with the Anthony family values, Corey agreed.

"Often you see the mother volunteering," Priscilla said. "All Pro Dad facilitates communication between dads and their daughters and sons. Girls and boys need their dad to share about them, say they're proud and have open discussions with them. Dads share and support one another while their children are with them. The dialogue carries over from the breakfast into their entire lives."

By asking a provocative question at the beginning of every breakfast, Corey encourages fathers to talk with their children about issues that center around character, integrity and trust. "He starts off asking, 'Hey, does anybody have something good they want to share about their dad? Does anyone have something good to share about their child?' These big, burly men stand up, and when they say it out loud, they get emotional and their voice cracks," Priscilla said. "The kids are so happy when a dad shares something positive about their kid that they're proud of."

Overcoming their busy schedules was a challenge, but the Anthonys make All Pro Dad at Danny Jones a priority. They are hoping they can bring the program to Lake Ridge High School where their son, Monte, is a sophomore. It's exciting to see healthy conversations happening across Mansfield, as dads connect with their kids over breakfast.



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If it's true that a picture is worth a thousand words, then Meshali Mitchell is working on the longest novel since War and Peace. Meshali, a professional photographer, believes stories can be told through pictures, and she loves being the one to tell them. "My photography is 'heart-and-soul photography,' capturing the heart and soul of the moment," the 34-year-old Mansfield resident said. 'I like real-life photos. I love that storytelling style."

The story Meshali is currently telling is of her own home. Earlier this year, she moved into the Botts-Fowler House, which is on the national historic register, giving her the opportunity to live in her dream home — and to document every step of the restoration via photography. "I've always had a dream of a fixer-upper farm house, and I have a heart for

- By Rick Mauch









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"I've always tried to use my photography for **INSPIRATION.** I feel that's why my gift was given to me – to use it for good."

restoration in general," she said. "I feel that the home is symbolic of my personal story and journey in a sense."

As each room is restored, she posts photos to the Internet. Each one is accompanied by a short story she writes connected to the heart behind the photo.

Originally from Arkansas, Meshali lived in Mansfield for eight years from 2008-16, before moving to Dallas for a couple years. However, she always loved Mansfield, largely because of her church, Creekwood Church. So, when her friend and Realtor, Meredith Murray, found this house built in 1885, she didn't hesitate to return.

Plus, it gave her the chance to use her photography to tell the story of its restoration. "I found out about the history of the home, and it captured my heart," she said. "I got connected with the owners. I feel like this home is me. A lot of people saw ashes, but





I saw potential. I went through some heartbreak and hardships as a child, and it was hard for me to come back from the ashes of my childhood. At one point in my 20s, I felt restoration seemed so far out of reach for me."

But, just like her new home, it wasn't. Meshali became a renowned photographer who travels the world and regularly photographs people and clients all over the United States and beyond. These clients include wellknown Christian artists and influencers, such as Sadie Robertson from Duck Dynasty, Christy Nockels and Candace Payne, also known as "Chewbacca Mom." Candace got the nickname after recording a video in which she dons a mask of the legendary Star Wars character, Chewbacca. She laughed hysterically throughout, which sent the video viral.

Meshali's travels have included a wedding in Brussels and working with children in Africa. "That was so memorable and moving," she said of the latter. "I love seeing new places and experiencing new cultures."

As for her new home, Meshali said she felt an instant connection. "A lot of entrepreneurs have lived there, and that's what I am," she said. "It's got a lot of history. A lot of neat people have lived in it."

The list includes: A.J. Botts, who moved to Texas from Kentucky, ran a grocery store on Main Street and built the small wood frame house;











Warren Stevens, owner and operator of a cotton gin near Mansfield; and Andrew M. Fowler, who bought the property in 1911. Andrew moved to Texas from Tennessee in 1879 and settled in the Mansfield area in 1889. He is remembered as the Father of Mansfield's water system, which he bought and improved in 1904.

The house was enlarged and altered by contractor W.L. Graves in 1900. The porch with delicate lathed railing and spindle work dates from this time. In all, the house is more than 1,400 square feet with three bedrooms and one bath, but Meshali said a second bathroom is being added. "The contractors are making my vision come to life, but I'm a visionary, and that's why I'm participating," she said. "They're doing an amazing job, and being a photographer makes it all really exciting for me."

Ironically, Meshali didn't set out to become a professional photographer. It was a hobby when she was growing up. "I saved up all my money as a senior and bought a Canon film camera," she recalled. "That became a side job, and now it's a career."

And it's led to the home of her dreams, not just for her, but for her faithful companion. Her 6-year-old, Golden Doodle dog, Belle, is also enjoying the digs. "She loves her new yard," Meshali said.

"I've always tried to use my photography for inspiration. I feel that's why my gift was given to me — to use it for good," Meshali said. "People can be restored just like houses. I think if we're honest, we all have a restoration story." NOW





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A long line of good cooks in her family — mainly Mom Kitty; her mom, Oma Marie; and Oma Helga — have inspired Rebecca Sulin's career as Chef Omi. "My parents owned a restaurant when I was really young," she recalled. Rebecca is an honors graduate of Le Cordon Bleu. "I'm constantly reading cookbooks — old, new and different," Rebecca added. Her favorite cooking technique is braising. "My sauces coming from braised meats or vegetables are very rich and satisfying."

Born in Germany and having lived there as an adult, Rebecca likes preparing other countries' comfort food and European regional recipes. "German cooking is influenced by seasonal produce and nose-to-tail eating, with very little processed foods," she explained. Rebecca also cooks to please her grandchildren, adding, "Every family tradition we have revolves around food. Cooking makes people happy." NOW

Keto Cauli Mash

- 4 large heads fresh cauliflower, washed and broken into small florets
- 2 8-oz. blocks cream cheese
- 2 sticks butter
- 1 cup heavy cream
- I cup white cheddar cheese, freshly shredded
- I whole, fresh nutmeg nut

I. Steam the cauliflower in salted water until tender; drain. Return the cauliflower to the hot pan to steam off the rest of the water. Don't skip this step.

2. Add the remaining ingredients, except the

nutmeg nut, to the pan. Using a microplane, scrape the whole nutmeg nut 5 times into the soup. Using a mixer, whip until creamy, scraping the sides often. Add more cream if needed to gain a mashed potato-like consistency. **3.** *Tip:* To make a lower fat version, substitute half-and-half for cream and use 2% cheese, low fat cream cheese and less butter.

Vegetable and/or Sausage Quiche

To make a low-carb frittata, omit the crust and spray the pie plate with nonstick cooking spray.

12 organic eggs 1 tsp. salt

- I whole, fresh nutmeg nut
- I cup heavy cream or half-and-half
- 1 cup zucchini, grated
- 1/2 cup carrot, grated
- 1/4 cup colored bell peppers, finely diced
- 3 scallions, cut on the bias
- 4 oz. turkey or pork sausage crumbles (optional)
- 1 9-inch Pillsbury refrigerated piecrust or homemade crust

I. Preheat oven to 325 F. Crack eggs into a large bowl; whisk until just mixed.

 Add salt and, using a microplane, scrape the whole nutmeg nut 12 times into the egg mixture. Whisk again until well incorporated.
 Add the cream, vegetables and sausage; mix with a spatula.

4. Pour the filling into the piecrust. The filling will come right to the edge and puff up in the oven, collapsing once it cools. Bake for about 35-40 minutes, or until the middle sets.

Butternut Squash Soup

Makes 4 servings.

1/2 medium onion, chopped
 4 oz. butter
 2 lbs. butternut squash, peeled and cubed

- 3 Tbsp. fresh thyme, chopped (divided use)
- 3 cups vegetable broth
- Salt and white pepper, to taste

I whole, fresh nutmeg nut (Optional; leave out if only ground nutmeg is available.)

1 pt. almond/coconut or cashew milk, or heavy cream thinned with water Pepitas, toasted, to taste

I. Sweat onion in butter; add squash. Cook for 3 minutes before adding 2 Tbsp. thyme and broth.

2. Add salt and pepper; simmer until the squash is tender.

3. With an immersion blender, blend the soup mixture until smooth; add more broth if thinner consistency is desired.

4. Using a microplane, scrape the whole nutmeg nut 3 times into the soup; add choice of milks or cream. Blend well; serve topped with pepitas and garnishes of the remaining thyme.

Watermelon Cucumber Salad

5 cups watermelon, diced into 1/2-inch pieces

3 cups seedless English cucumber, diced into 1/2-inch pieces

- 12-15 fresh Thai basal leaves, rolled and thinly sliced
- 12-15 fresh mint leaves, rolled and thinly sliced
- I blood orange, zested and juiced

I. Remove seeds from watermelon. If using a regular cucumber, scrape out its seeds before dicing.

2. Combine all ingredients. Let set at least 1 hour or overnight. Toss gently before serving.

To search for more great recipes from any of the 10 NOW Magazines publications, visit www.nowmagazines.com.









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— By Angel Morris

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Hours: Monday-Friday: 8:00 a.m.-6:00 p.m Saturday-Sunday: By appointment.

Working full time and keeping up with a home can leave you with little free time. That's where Mansfield Handyman Services comes in, tackling your project list and making your time your own again. "Like most people, I was working full time, and I'd come home and realize I was behind on everything that needed to be done around the house," Steven Kirchner, owner of Mansfield Handyman Services, said.

In his search for a skilled repairman to help him out, Steven discovered a lack of handymen in the area. "I reached out to general contractors and found they were not necessarily interested in small projects, while handymen might not want the bigger projects," Steven recalled. "It was tough to find a reliable jack-of-all-trades to tackle an entire list of large and small repairs."

s.com

This led to Steven's reflection on his own skillset, and the idea of Mansfield Handyman Services was born. "My dad has been in heating and air conditioning for 40-plus years. When I turned 15, he said I needed a job, and he wanted me to pick a trade," Steven recalled. "I was interested in learning some carpentry, and he got me in touch with a general contractor, who I ended up working for every summer of high school and some after graduation."

The experience is the foundation of Steven's business today. "I gained all kinds of knowledge, and it built my confidence in problem solving. It left me with the ability to do good work," Steven said. Heading toward his third year of business, Steven offers interior, exterior and commercial services ranging from drywall repair and wallpaper removal to painting and pressure washing. "We can help with large jobs like fence staining and exterior painting, but we can also complete smaller projects, such as mounting your flat-screen TV or changing a doorknob," Steven noted. "We've got your list covered from A to Z."

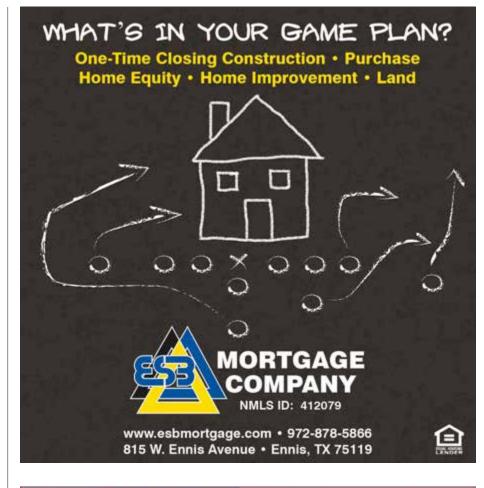
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Originally from the DFW area, Steven is pleased to serve his current hometown of Mansfield and is pleasantly surprised with the reception of his business in the community. "We'll remain exclusive to the area, but demand is so great we may look to grow the business, adding more high-quality handymen to meet local's needs even better in the future," Steven projected.

Steven also hopes to give back to the community by offering a summer internship to youth interested in learning a trade. "I'm considering a six-week internship to teach basic carpentry to a high schooler," he said. "The trades are in short supply, and these are invaluable skills to learn."

With three children ranging from infant to age 5, Steven partners with his wife, Lindsey, to juggle family and home demands. "I'm a great handyman but a horrible salesman. That leaves Lindsey in charge of marketing and promotion," Steven admitted.

It's exactly this awareness of balance between work and home that led to the Kirchners' business motto: The professional alternative to doing it yourself. "When there are just not enough hours in the day to maintain your home, we can help," Steven said. Call Mansfield Handyman Services, and accept their offer of saving you time. NOW





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TravelNOW A Canadian Adventure

— By Alf Blanchard

From the stunning red cliffs, the miles of red and champagne beaches and the vibrant small-city scenes, there is only one way to describe Prince Edward Island — magical. If driving, you will be pleasantly surprised at the beauty of the highway. It takes you through towns and villages, scenic landscapes and coastal views. Every journey on the island is as special as the destination. Driving along the highway or one of the designated coastal drives, you will see a small glimpse of life on Prince Edward Island, and it will make you feel the need to explore.

Prince Edward Island is also known as Canada's Food Island. Once you take a bite of what the island has to offer, you will undoubtedly understand why. Not only is the island abundant with fresh ingredients such as mussels, oysters and potatoes, artisanal cheeses, breweries, wineries and distilleries, its views will also take your breath away. Every September, you can attend Fall Flavours Festival, which includes the International Shellfish Festival. Visitors from all over the world come to enjoy these festivals.

The size of Prince Edward Island is one of its greatest assets. You can taste fresh seafood in a small fishing town and still only be a short drive to the capital city of Charlottetown for experiencing live music, theater and bars.

Visitors can spend their time basking in the sun on one of the 90 beaches, listening to the waves crash and digging their toes in the sand. Prince Edward Island isn't just for relaxation though. Get your heart racing with paddleboarding, kiteboarding, hiking or cycling. The Confederation Trail is built on an abandoned railway that goes across the entire Island. It's 269 miles of rolled stone-dust surface — an incredibly unique way to experience Prince Edward Island.

If all that adventure isn't enough, Tourism Prince Edward Island offers hands-on activities led by local community leaders. Jigs & Reels, where you join Captain and multiinstrumentalist J.J. Chaisson onboard his boat, *Chaisson A Dream*, is one such activity. Learn about traditional music, step dancing and how to play a musical instrument.

At the Table Culinary Studio in New London, one can take classes or have an experiential meal. For instance, Marilla's Table — A Taste of the Past, begins with a visit to the birthplace of L.M. Montgomery, author of *Anne of Green Gables*, to see what life was like in Anne and Marilla's time, and ends with an authentic meal made from locally grown organic vegetables, while listening to stories from a historian who specializes in Montgomery history.

Speaking of Anne, if the book holds a special place in your heart, you will enjoy visiting the island. Head over to Green Gables Heritage Place and feel like you are part of the story, or visit the Anne of Green Gables Museum (operated by relatives of Lucy Maud Montgomery and part of the inspiration for the world-famous novel). In Charlottetown, see Anne on stage at the Confederation Centre of the Arts in *Anne of Green Gables* — *The Musical*[™], or watch love bloom at the Guild in *Anne & Gilbert*.

Love and magic await you in Canada. Come find your adventure on Prince Edward Island. For more details, visit *www.tourismpei.com*. **NOW** ENERN DUI DUR Fautorite Recipes

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A New Way to Landscape

— By Zachary R. Urquhart

Landscaping can be one of the most timeconsuming tasks for homeowners. Pulling weeds and trimming bushes are jobs that are seemingly never really finished. Instead of planting flowers, consider adding hardscapes, decorative structures or materials that add a different kind of beauty to your yard.

Patios and Walkways

• *Create a Walkway.* One of the simplest ways to enhance part of your property is with a patio or walkway. The most permanent route is to pour concrete, possibly even covering your new space with an awning or gazebo. For a simpler DIY project, you can lay stones to make your new walkway or patio.

• *Do It Yourself the Right Way.* If you decide to lay your own stone, there are some important choices to make.

You can buy square or rectangle stones and lay them end to end, leaving no space between. Or, you might want a more irregular stone, which necessitates putting a material like pebbles or crushed granite in the gaps. Whatever your finished product is, your first step should be laying down weed blocker. And the key to a solid, level walking surface is getting a good foundation of sand before you put your stones down.



Build What You Need

• Add Form to Function. Sometimes, hardscapes can be as much about necessity as beauty. If you need to build a retaining wall, you will want to carefully plan your project. Including pipe for drainage is essential, as is tamping down the soil while you backfill to cut down on the land's settling making your wall uneven. And to improve the aesthetic value, spread out any stones that are slightly discolored to give the wall a more artistic look.



• *Check for Codes and Cables.* If you decided to build stairs, retaining walls over a few feet or are pouring a new driveway, do not start the work on a whim. For some larger projects, city codes may dictate size restrictions and what materials you can use. For projects that require significant digging or trenching, you should always call 8-1-1 first, so you can ensure there are no pipes or cables underneath your project area.

Accent Pieces

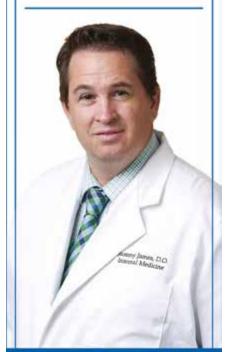
• Create Some Counterspace. If you admire your friend's outdoor kitchen, but building something that large is not an option, consider building an outdoor island. Find a space, get your measurements and use simple right angles to design a counter for food prep. Large hardware stores and lumber suppliers will generally make cuts for you, so you will only have to put the wood together yourself. And if you want to add a small refrigerator underneath, it is easy enough to install an exterior outlet by tapping into an existing outlet inside.





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• Create a Buzz With a Blaze. If you want to add something fun that can be a conversation piece, fire pits are a great and relatively simple project idea. Unless your pit is going on top of existing hardscape, you should dig about a foot into the ground, then add sand as a foundation for the stones. Be sure your stones are at least 12 inches above ground level to ensure a safe barrier between your fire and your yard.



If you need design help for whatever hardscape ideas you have, sites like Pinterest are flush with pictures and plans perfect for builders of all levels. With all the options available, hardscaping your lawn is a great way to put your personality into your property. **NOW**



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Zoomed In: By Melissa Rawlins Anke Berg and Teresa Revels

Whether watching, singing or deejaying, Anke Berg finds the fun in karaoke. One night while working DJ Marine's soundboard at El Primo's, she and Teresa Revels were transfixed by the girls on stage. For each, it was actually a guy that drew them to karaoke. An ex-boyfriend invited Teresa to karaoke, and he sang her all-time favorite, the George Strait song "The Chair." She's sung only once since then. "I prefer to watch, listen and encourage."

Anke, on the other hand, met her husband when he was hosting karaoke regularly as DJ Marine. "I was a little hesitant to the whole concept, and never imagined being on that stage myself," she said. But after friends talked her into it, "Oh, my goodness, it was fun!"

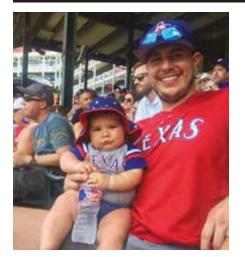
Around Town



Katie Romo and her friend, David Seastrunk, stain their teeth blue with snow cones from Shivers On Main Street.



Zakir Azam, 7, and his sister, Miriam, 8, play at the Mansfield Public Library with their new friends, June Whiting, 4, and his sister, Norah, 7.



Lilly Meadows enjoys her first Rangers game with her dad, Nathan Meadows.



The community comes together on the Methodist Mansfield helipad to officially celebrate the opening of the Amon G. Carter Foundation Kids Zone and CareFlite.

NOW



Courtney McCrary sets up the game room at Main Street Lofts before her guests arrive for Thirsty Thursday.



During a recent Mansfield Chamber mixer, Theresa Mayser receives a free laundry scrubber from Roger Witham, operations manager of Minuteman Heating and Air who co-hosted the event with Benjamin Franklin Plumbers.



Keith Gallegos cleans the windows of the new Paisley Grace Boutique.



Zachary Holt maintains his joy after barely missing the water balloon his mother, April Holt, threw during the contest at The LOT Downtown.

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Calendar

6 — 8

Household Hazardous Waste Collection: **Thursday** and **Friday**, 3:00-7:00 p.m.; **Saturday**, 10:00 a.m.-3:00 p.m., Mansfield Environmental Collection Center, 620 S. Wisteria. Bring your paint, aerosol cans, electronics and recyclables along with proof of Mansfield residency. A list of accepted items is at www. mansfieldtexas.gov/ecc. Contact David Macias, (817) 728-3655.

6

Community Prayer Breakfast: 7:00 a.m., MISD Center for the Performing Arts, 1110 W. Debbie Ln. Join guest speaker Dr. Kelvin Stroy Sr., a local mentor with Big Brothers Big Sisters, at this event hosted by Common Ground Network and Mansfield Churches for the City with sponsorship by Methodist Mansfield Medical Center. RSVP to (817) 473-6650, X 167.

8

Music Alley Festival: 4:00-10:00 p.m., Historic Downtown Mansfield. Multiple stages of live music, interactive art exhibits, shopping and food surround the festival's headlining band, The Landsharks. Experience a summer paradise with the sweet sounds of Jimmy Buffett. (817) 804-5768 or www.mansfieldtexasarts.org/ calendar/events/music-alley-festival.



11

Come Grow with Us: 6:00-8:00 p.m., Chris Burkett Service Center, 620 Wisteria St. Mansfield Garden Club provides refreshments and program. For information, contact Tammie Pavese at (817) 453-5289.

13

Chamber Chat: 8:00-9:00 a.m., Mansfield Area Chamber of Commerce, 114 N. Main St. This Chamber Chat is a oneon-one interview between Lori Williams and Pete Shopp of Mouser Electronics. Email info@ mansfieldchamber.org or call (817) 473-0507.

Meals on Wheels Golf Benefit: 1:30 p.m., Cleburne Golf Links, 2501 Country Club Rd., Cleburne. Still accepting sponsorships through the Double Eagle level, which will pay for meals for seniors in Johnson and Ellis counties. To sponsor or register to play, contact Lisa Deese, (817) 558-2840 or (972) 351-9943, or visit www.mowjec.org/2018-annualgolf-benefit.

Business Unplugged: 5:00-7:00 p.m., Mansfield Area Chamber of Commerce, 114 N. Main St. Free to engage in conversations with your legislators. Email info@mansfieldchamber.org or call (817) 473-0507.

16

Quilting With Heart: 1:00-3:00 pm, First Methodist Church Mansfield, 777 N. Walnut Creek. Open membership with no dues. Join us if you are interested in making charity quilts and would like to learn more about and share the art of quilting. qwhinfo@gmail.com.

18

Coffee and Conversation with Legislators: 8:00-9:30 a.m., The Center for Performing Arts, 1110 W. Debbie Ln. Free. info@mansfieldchamber.org.



Careity Rocks!: 6:00-9:00 p.m., Cendera Center, 3600 Benbrook Hwy., Fort Worth. Gifted children play music with Sonny Burgess and his band during an evening dedicated to raising funds to help families experiencing cancer. Contact (817) 882-4100.

19

Come Get Your Flu Shot: 1:00-5:00 p.m., Mansfield Area Chamber of Commerce, 114 N. Main St. \$30 quadrivalent influenza vaccine provided by Market Street Pharmacy. Bring insurance cards if you have them. Email info@mansfieldchamber.org or call (817) 473-0507.

20

North Texas Giving Day: All Day, On Line. Communities Foundation of Texas' 10th Annual North Texas Giving Day invites your participation in an 18-hour giving extravaganza to benefit our local nonprofits and make a difference here at home. www.northtexasgivingday.org.

Quilling Cards: Noon-1:30 p.m., Mansfield Public Library. Anyone

September 2018

over 18 wondering how to create beautiful designs with paper is welcome to register for this free class at www.morelibrary.org or contact Faria Matin, adult services librarian, at faria.matin@mansfield-tx.gov or (817) 728-3690.

Giving At The LOT: 5:00-8:00 p.m., The LOT Downtown, 110 S. Main St. Food trucks, family activities and information booths. Free to enter, but donations are encouraged for the local nonprofit organizations spotlighted. Contact Kat Orsak, executive director, (405) 250-1947.

Kate Jones, Double Bass: 5:30-7:00 p.m., The Farr Best Theater, 109 N. Main St. During Third Thursday in Historic Downtown Mansfield, shop, dine and catch a unique classical music concert at the Farr Best. farrbesttheater.com or (817) 804-5768.

25

National Voter Registration: 10:00-8:00 p.m., Mansfield Public Library. Volunteer deputy registrars assist you in determining your eligibility to vote and registering you to participate in elections. (817) 728-3690.

Seed Harvesting 101: 6:00-7:00 p.m., Mansfield Public Library. Anyone over 18 is invited to learn from our expert about proper collection and storage of your seeds. Register for this free class at www.morelibrary.org.

27

ArtScapes: 6:00-9:00 p.m., Walnut Creek Country Club, 1151 Country Club Dr. Join the Mansfield Commission for the Arts for their annual gala event. Celebrating all things art, live music sets the tone for an evening of great food, drink, beauty and fun. RSVP at (817) 804-5768 or mansfieldtexasarts.org/ calendar/events/artscapes.

Ongoing:

Saturdays

Farmers Market: 8:00 a.m.-1:00 p.m., 206 Smith St. Runs through **October**. For more information about the cheeses, crafts, baked and canned goods, flowers, herbs, vegetables and meats available, visit www.mansfieldfarmersmarket.net.

Submissions are welcome and published as space allows. Send your event details to melissa.rawlins@nowmagazines.com.









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Fido for the Family – By Amber D. Browne

by Ariber D. browne

For most couples with little ones, a pet is a necessity. Dogs provide hours of playtime for children, teach responsibility and offer unconditional love and companionship. But which dog breeds are best for children? The answer varies for each family depending on multiple factors including yard space, allergies and the child's age, among other things.

Soon-to-be dog owners with large, enclosed yards could choose more energetic breeds, since the dog has plenty of outdoor room for exercise. According to the American Kennel Club, the Labrador Retriever is friendly and active, and as America's most popular breed, fits well with families. The Golden Retriever is obedient and devoted to its owner. Because of its patience, the breed does well with young children. The Beagle is also known to be great with children. The breed enjoys companionship, and its playful demeanor will provide hours of entertainment.

Apartment renters or homeowners with limited yard space could decide to add a smaller breed to the family. Small- to medium-sized breeds include the Bulldog, which is a patient pup, and the Bull Terrier. The Bull Terrier can be mischievous, but was bred to be a companion dog and is good with older children. Another popular breed for families is the Poodle. With multiple sizes available, a miniature Poodle might be an option for families living in an apartment.

Because it is hypoallergenic, the Poodle is one breed better fit for families suffering with allergies. Another breed for allergy sufferers is the Soft Coated Wheaten Terrier, which has a happy disposition and is a devoted companion. Depending on the age of the child, parents must decide if a puppy or mature dog would be the perfect fit for the family. Puppies need to be trained, but the dog will grow and mature along with the child. An older dog will most likely have some training and can provide several years of companionship for an older child. As the child ages, he or she can take on more responsibilities when caring for the pup. Younger children can help brush, feed and water the dog. Older children can walk the dog or even bake fresh puppy treats in the kitchen.

Whether parents decide to purchase or adopt the pup, they must do their research. Most adoption or rescue agencies know the breed or have an idea of the breeds if the animal is mixed. Whatever the case, families should look for a calm and friendly temperament, how the breed might interact with other pets, research possible health problems and determine if the dog will incur grooming expenses. Although adding a furry family member to the pack is a big responsibility, the memories made with children and adults alike are unforgettable. **NOW**

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