

# Midlothian NOW

MAGAZINE

SEPTEMBER 2015

## One Pole, Many Prayers

Brylee Stewart, Sloan Short,  
Logan Dyer and Jeremiah Cuellar  
start a new tradition for  
Mt. Peak Elementary

## Seeing the Vision

At Home With Darrell  
and Joanna James

Attractive Fit

Living Their Purpose

Growing a Winter Garden

Dealer Friendly

In the Kitchen With Ashley Phimm





# Care Health Services

.....Live Life Pain Free

WE OFFER A MULTITUDE OF SERVICES - WE SPECIALIZE IN:

**STOP SUFFERING FROM**  
**Back Pain, Neck Pain, Joint Pains**  
**Including Shoulders, Elbows, Hips,**  
**Knees and/or Ankles**



**We have a  
great solution  
for you**

- FDA approved natural medications with **NO SIDE EFFECTS**
- Treatment is very safe and effective with **NO surgery required**
- Treatments are covered by most insurances including Medicare

Lose Weight Now  
Ask Us How

**Lose  
up to  
30  
POUNDS  
in 30 Days**

Safe and Effective  
Affordable  
Physician Supervised  
Rapid Weight Loss  
Sustainable Results  
Special Focus on Problem Areas

Introducing Our New  
**Medical  
Weight-  
Loss  
Program**

Ask about our introductory offer!

We Accept almost all Major Medical Insurance Including Medicare

**CALL NOW FOR  
FREE CONSULTATION  
214.550.0680**

## NEUROPATHY

**Do you suffer from:**

- **Neuropathy**
- **Diabetic Neuropathy**
- **Numbness and tingling**
- **Pins and needles**
- **Painful hands and feet**

Come learn about a safe, new, advanced treatment for **NEUROPATHY!**



**RELIEF AT  
THE SPEED  
OF LIGHT!**

GET INSTANT RELIEF FROM  
**HEADACHES**

MEDICAL BREAKTHROUGH  
IN THE TREATMENT OF  
HEADACHES AND MIGRAINES

**Do you suffer from:**

- Pounding, throbbing pain that affects your entire head?
- Sensitivity to light, noise or odors?
- Constant band-like pain around your head?
- Pain that lasts from 30 minutes to several days?
- Pain on one side of your head?

**Try Our New Headache Treatment**

- Very Safe and Effective
- Immediate Results
- FDA Approved Medicines
- Insurance Covered Treatment



University Plaza, 401 N. Hwy 77 Suite #1  
Waxahachie, TX 75165  
Visit us at [www.vcarehealth.org](http://www.vcarehealth.org)

# Afraid of the dentist? Come relax with oral sedation and nitrous.

Come meet Dr. Martin and the rest of the caring Fearless team.



Mention this ad and get  
**FREE WHITENING FOR LIFE**  
when you become a patient at  
Fearless Dental. FREE trays and then  
FREE whitening gel at every cleaning.

Dr. Martin does white fillings, crowns, bridges, veneers, implants, implant dentures, root canals, extractions, Invisalign. He sees children. Our hygienist, Melinda, does deep cleanings and laser gum treatments, if gum disease is present. Years of dental needs can be completed quickly and with very few appointments all in our office.

**Same-day treatment available.  
No-interest financing W.A.C. for up to 2 years.**

Convenient Hours: 8am-6pm M-Th F 8am-1pm

In network with these major PPO plans:  
Aetna, Delta, Cigna, Metlife, Guardian,  
United Healthcare, Blue Cross Blue Shield of Texas,  
Humana, Principal, Ameritas, Dental Select, UCCI.

[www.FearlessDental.com](http://www.FearlessDental.com)

972-617-3322 · 101 Austin Boulevard · Suite 100 · Red Oak, TX 75154

## Snap on Denture

Lower only with 2  
implants **\$6,995**

**\$292**

/month  
\*No interest  
for 24 months



Upper or lower with  
4 implants **\$8,995**

**\$375**

/month  
\*No interest  
for 24 months

\*With Valid Care Credit

Call our office for more details and to schedule your complimentary snap on consultation.

Regular

2

Plus

2

Prostate  
Cancer

3

When you have prostate cancer,  
you can't stop thinking about it.

**Neither can we.**

Treating prostate cancer is our mission. Here, you'll find compassionate physicians, state-of-the-art care and lots of hope – all under one roof.

Prevention • Diagnosis • Active surveillance  
Cryotherapy • Radiation • Robotic surgery

1-888-PROSTATE (776-7828) • usmdpcc.com



Prostate  
Cancer  
Center

Publisher, Connie Poirier

General Manager, Rick Hensley

#### EDITORIAL

Managing Editor, Becky Walker

Midlothian Editor, Betty Tryon

Editorial Coordinator, Sandra Strong

Editorial Assistant, Rachel Smith

Writers, Toni Engram . Virginia Riddle

Tim Tobey . Zachary R. Urquhart

Editors/Proofreaders, Pat Anthony

#### GRAPHICS AND DESIGN

Creative Director, Chris McCalla

Artists, Kristin Bato . Morgan Christensen

Martha Macias . Brande Morgan

Shannon Pfaff . Michael Richardson

Felipe Ruiz . Anthony Sarmienta

#### PHOTOGRAPHY

Photography Director, Jill Rose

Photographer, Amy Ramirez

#### ADVERTISING

Advertising Representatives,

Joyce Sebesta . Teresa Banks

Cherise Burnett . Linda Dean-Miley

Mark Fox . Bryan Frye . Melissa McCoy

Carolyn Mixon . Cleta Nicholson

Lori O'Connell . John Powell

Steve Randle . Linda Roberson

Shelby Veldman

Billing Manager, Angela Mixon

#### ON THE COVER



Darrell and Joanna James take a moment to relax in front of their home.

Photo by Amy Ramirez.

# CONTENTS

September 2015 • Volume II, Issue 9



8

## 8 One Pole, Many Prayers

Mt. Peak Elementary students gather for the SYATP event.



18

## 18 Attractive Fit

Scott and Dawn Slavens build muscle and a healthier life.

## 28 Seeing the Vision

At Home With Darrell and Joanna James.



28

## 36 Living Their Purpose

Three local women are paying it forward one day, one event and one need at a time.

## 44 Growing a Winter Garden

Cooler temperatures don't necessarily mean a gardener's work is done.

52 BusinessNOW

54 Around TownNOW

60 CookingNOW

*MidlothianNOW* is a NOW Magazines, L.L.C. publication. Copyright © 2015. All rights reserved. *MidlothianNOW* is published monthly and individually mailed free of charge to homes and businesses in the Midlothian ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 937-8447 or visit [www.nowmagazines.com](http://www.nowmagazines.com).



# Editor's Note

Hello, Midlothian!

My fun and carefree summers tended to end with a big blip on the road to happiness. When my kids were younger, my blip was back-to-school shopping. I would take all three on the tax-free holiday weekend, and every year I'd tell myself, "Never again!" Somehow, I'd always forget that declaration until the morning of school shopping arrived. I would be reminded really early why I said that every year. Before anyone was even remotely

thinking about getting in the car, Lauren yelled, "I call shotgun!" Outraged, the boys mounted a spirited and vigorous protest. That was as good as it got all day. We eventually returned home tired, hot, cranky and hungry. My reward was they all started school properly dressed and prepared, and just like other parents, I hoped and prayed they would have a good school year.

For everyone starting school, I hope this will be your best year ever!

**Betty**

Betty Tryon  
MidlothianNOW Editor  
[betty.tryon@nowmagazines.com](mailto:betty.tryon@nowmagazines.com)

**Friends Place  
Adult Day Services**

**Specialized Alzheimer's Daytime Care & Programs**

An affordable adult activity center designed to keep individuals active and engaged in a compassionate, supportive and safe environment.

Specialized programming designed to help members:

- Maintain their independence
- Stay physically and cognitively active
- Maintain social skills
- Improve quality of life

Call today for a tour.  
972.274.2484  
[WWW.FRIENDSPLACEADS.COM](http://WWW.FRIENDSPLACEADS.COM)  
1232 W. Belt Line Rd. DeSoto, TX

Ask about our Veterans program.

**The MARKET is EXPLODING!  
Have a Great Labor Day!**

**New Listing!**  
6402 Hill Valley

**Julie McKeever**  
Realtor

**(972) 824 -6017**

RE/MAX Suburban South 138 N. 8th St. Midlothian, Tx (972) 723-2553

100% ABR

**AESTHETIC & IMPLANT DENTISTRY**

**15% OFF**  
tooth-colored fillings  
EXP. 10/31/15

**DO YOU NEED A FILLING?**  
DO YOU HAVE OLD SILVER FILLINGS THAT SHOW WHEN YOU TALK AND LAUGH? NOW IS THE TIME TO IMPROVE YOUR SMILE, WITH BEAUTIFUL, TOOTH-COLORED FILLINGS. CALL TODAY FOR DETAILS.

Davis W. Morgan, DDS 972.723.5544  
102 South 7th St. | Midlothian  
[WWW.DFWSMILEDDESIGN.COM](http://WWW.DFWSMILEDDESIGN.COM)



Leisha Crowe



Steve Crowe, Broker



Sherri Starr



Donna Ferguson



Cindy Hurst



Allan McKeever



Abby Selman



Cindy Fearis



Leslie Armstrong



Beth Boles-Terminella



Julie McKeever



Kevin Melton



Brandon McKeever

**NO ONE**  
**sells more**  
**real estate**  
**than**  
**RE/MAX®!**

**RE/MAX®**  
Suburban South

138 N. 8th St • Midlothian  
972-723-2553  
Search the MLS at [www.suburbansouth.com](http://www.suburbansouth.com)

## Voted Best Mortgage Company in Ellis County 2013, 2014 & 2015

**Gateway**  
MORTGAGE GROUP®

GATEWAY MORTGAGE GROUP IS A REGISTERED SERVICE MARK OF GATEWAY MORTGAGE GROUP, LLC NMLS 7233

Your GATEWAY to HOMETOWN Service and Expertise:  
The Waxahachie office has over **90 COMBINED YEARS**  
of experience in the mortgage industry.

So, whether you are purchasing a new home, considering refinancing or even seeking access to your home's equity, we have the right solution to meet nearly any mortgage need.

### WE PROMISE:

- Community-first Approach
- Local Underwriting
- Reliable Closings & Services for a Lifetime

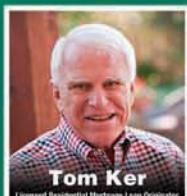
**CONSTRUCTION LOANS**  
**NOW AVAILABLE!**



Jeff Schmidt

Licensed Residential Mortgage Loan Originator

817.681.7897  
Regional Manager  
FHA, VA, DTI



Tom Ker

Licensed Residential Mortgage Loan Originator

972.365.7022  
Senior Loan Officer  
FHA, VA, DTI



Nick Hester

Licensed Residential Mortgage Loan Originator

469.855.9262  
Senior Loan Officer  
FHA, VA, DTI



Terry Wooten

Licensed Residential Mortgage Loan Originator

214.949.9285  
Senior Loan Officer  
FHA, VA, DTI

[www.TheSchmidtGrp.com](http://www.TheSchmidtGrp.com) | 972.937.2200

1332 W. Hwy. 287 Bypass, Suite 1, Waxahachie



**10% OFF  
SERVICE CALL!**

parts and labor included  
Valid Sept. 1-30, 2015

Residential  
Commercial  
Industrial

**FREE  
10-Year Parts  
Warranty**



**Texas Ace**



**Heating & Air**

**817-240-6701  
972-825-7180**

**Open 8am-8pm  
7 days a week**

**Phones answered 24 hours a day**

We accept all major credit cards



**\$69 HEATER  
Tune-up**

MAKESURE YOUR HEATING  
SYSTEM IS READY FOR WINTER

Only \$69. Reg. \$119  
per residential system

FREE CARBON MONOXIDE CHECK \$30 value  
With coupon. Not valid with other offers.

**\$1,700  
UP TO Rebate**

from Lennox on a Qualifying New System

**LENNOX**

With coupon. Not valid with other offers.

- 100% Financing
- Free Estimates
- Precision Tune-ups
- Service All Brands
- 24-hour Emergency Service
- Home Energy Audits
- Duct Sealing
- Blown Attic Insulation

Become a Texas Ace Club Member today!  
Special DISCOUNTS and LOW monthly rates.

Includes 2 no charge visits per year!

[www.texasacehvac.com](http://www.texasacehvac.com)

Midlothian Family-owned and -operated

TACLA40925C

office@texasacehvac.com

# Thank you Ellis County for 20 great years!



*Excellent Dentistry • Comprehensive Care • Exceptional Experience*

*"We credit our success to our faith, the support of family, friends and colleagues, and our outstanding patients."*

*Thank you for letting us serve you."*

- Dr. Shaw, Angie, Melisa and Charlotte

Accepting New Patients  
**972-223-0313**

**Family Dentistry**  
**Margaret Shaw, DDS**

135 W. Ovilla Road at Hampton  
Glenn Heights  
[www.MargaretShawDDS.com](http://www.MargaretShawDDS.com)

# ONE POLE, M

— By Betty Tryon

*In the early morning hours before school on September 24, 2014, with some of the students still reconciling their bodies to being awake, a small team stood alert, excited and eager for the day to begin. Three nine-year-old Mt. Peak Elementary School students, Brylee Stewart, Sloan Short and Jeremiah Cuellar had decided to make history on their campus and start a new tradition — See You At The Pole.*

On the fourth Wednesday in September in every time zone around the world, millions of kids gather around the flagpole at their respective schools at 7:00 a.m. to show unity for each other and unity in Christ during the annual SYATP event. Though SYATP began in 1990, Mt. Peak Elementary had never participated in this global day of student prayer. The event is student-led, but the beginning of the idea for Mt. Peak Elementary came from Donnelle Cuellar, Jeremiah's mom, who is also the nurse at the school. She spoke to her son about it, and he thought it would be a good idea to have a SYATP event at the school. In the beginning stages of planning, "Jeremiah called to set up a meeting and set up an agenda," Brylee informed. Present at the initial meeting were Jeremiah, Brylee, Sloan and their moms, Donnelle, Stephanie Stewart and Laura Short. As a student-led event, the adults only provided assistance with some insight as what to prepare. The kids then brainstormed about which task each would be responsible for.

"Sloan, Jeremiah and Brylee all know how important prayer is," Stephanie shared. "They pray, on a daily basis, with their family and on their own. For them to have the opportunity to organize an event that encouraged all of their friends and fellow classmates to join them in prayer was simply an awesome thing."



# ANY PRAYERS



"Its main focus is to simply pray."



# Hardsurface Unlimited Flooring

Family Owned and Operated with over 25 years of experience

Located in Midlothian Plaza,  
behind Dairy Queen



1000 E. Main St. Suite 201  
Midlothian

**10% OFF ENTIRE PURCHASE WITH AD**

WWW.HARDSURFACEUNLIMITED.COM  
817-793-4083 or 682-558-2439



At The Meridian at Kessler Park, you'll discover a vibrant community and a luxurious lifestyle that provides the perfect balance of respectful care and independence – *all for one affordable monthly fee with no hidden costs.*



**Don't miss out – Assisted Living at The Meridian at Kessler Park is opening soon!**



**THE MERIDIAN**  
*at Kessler Park*  
Luxury Senior Living by Pacifica

MeridianatKesslerPark.com | 2522 Fort Worth Avenue, Dallas, TX 75211

Call 214-308-5936 today  
to choose an apartment with  
a variety of fabulous views!



Being able to step up and put their faith and leadership skills into action was a great gift.”

One of the items on the agenda included the idea of T-shirts for the occasion. “We sold 60-70 T-shirts,” Sloan said, “and we wore them every Wednesday before SYATP.” The kids also advertised in the neighborhood to expose more kids to the event and to also alert parents of when the event would take place.

“It was very encouraging to watch Sloan, Jeremiah and Brylee work side by side to put this event together,” Stephanie shared. “Because of their age and this being the first time Mt. Peak Elementary participated in SYATP, as their moms, we gave them a few ideas on how to organize it. It didn’t take much from us. From ways to advertise the event to organizing the schedule for the event itself, the kids did it all. They were so excited to be able to make this their own and to work together to make SYATP a success. It really wasn’t about the numbers but the glory it gives God.”

Even though the event was not about the numbers, the first SYATP event for their school produced about 80 participants and spectators. Beginning at 7:00 a.m., Jeremiah, Brylee and Sloan claimed the attention of everyone there



Sloan Short, Brylee Stewart, Logan Dyer and Jeremiah Cuellar began a new tradition for their campus.

with the school's bull horn. Jeremiah opened up the occasion and explained the purpose of SYATP. After informing the crowd of the designated group leaders, the kids divided up, joining the group with the leader of their choice, and voiced their prayer requests. In addition to Brylee, Sloan and Jeremiah, others who joined them as group leaders were

The top half of the advertisement features the 'dental center of midlothian' logo with a stylized tree icon. Below the logo is a photograph of a family of five: a man, a woman, and three children (two boys and one girl) standing on a stone wall in a garden setting.

## Life is Good!

- Environmentally friendly office
- Invisalign teeth straightening
- Enjoy sedation dentistry • Implants



**Travis Spillman, DDS**

800 Silken Crossing, Ste 112  
adjacent to Ellis Co. BBQ • Midlothian

**972.723.3567**

[dentalcenterofmidlothian.com](http://dentalcenterofmidlothian.com)

**FREE**  
**Teeth Whitening**  
**For New Patients — Take-home Trays**

\*with purchase of X-Rays, cleaning and exam

Some restrictions may apply. Offer expires 9/30/15. Call Today!

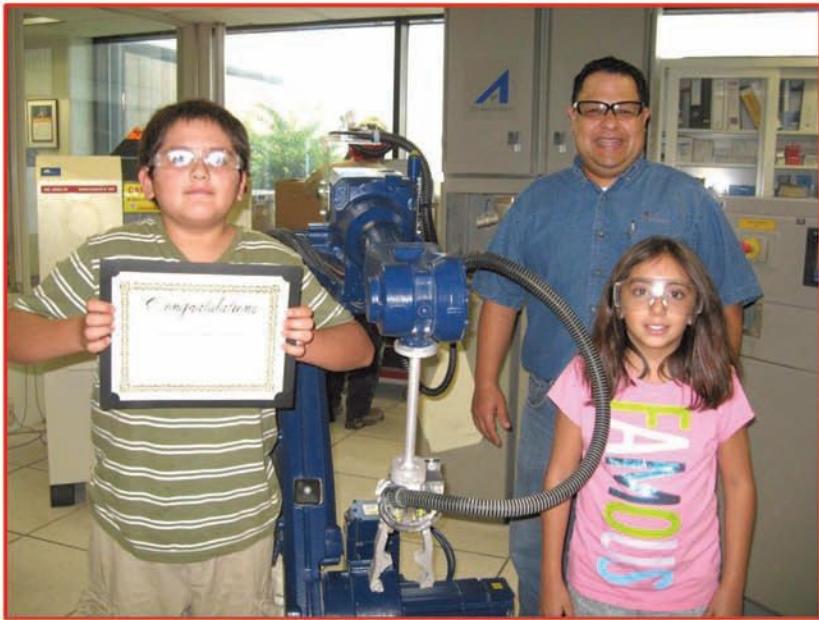


Lee Averitt  
**972-775-5550**  
661 E. Main St., Suite 300  
Midlothian

Check out our weekly specials on **Facebook**  
& see our **NEW** shipment of G-Shock!  
Watch Batteries Installed \$3 + Tax



## Name the Robot Contest Winners Introducing **H.A.L. - Holcim Automated Lab tech**



**Javier Sosa, Quality Manager  
with 1st Place Recipients  
Edgar and Sephora Carnes**



Logan Dyer, Lindy Gaither, Hannah Hill and Neeley Robertson.

Just because they are children does not mean they are not weighed down by very heavy issues and are not searching for help. "We got prayer requests and prayed in a big group," Sloan said. "One of the girls in my group asked for prayer for her dad because he lost his job. I kept praying for him constantly after she told me."

"It was impressive how seriously the kids took this at their ages. It was pretty neat," Stephanie marveled.

Praying was not the only activity in the groups. Some sang songs and/or read Scripture. Brylee read Scripture in her group. She had consulted with her dad, Bryce Stewart, the night before to come up with an appropriate one for the occasion. After the reading, "I asked for prayer requests going around the circle," she recalled. "It was really beautiful how everyone opened up in prayer, just like a flower."

"That's what we did," Sloan described. "We shared prayer requests and went around the circle. If someone didn't want to pray, they would squeeze the hand of the person next to them as a signal to pass it along so everyone had the chance to pray if they wanted to."

After prayer, the smaller subgroups came together again to form a new, larger whole group for a final closing prayer, after singing another song. And with that, the first SYATP at Mt. Peak was complete. But, if things go as planned, this will only be the beginning for the event at their campus. The kids hope this will be something that will continue at the school and become a yearly tradition.

"We will meet September 9, after school, to plan for the second SYATP

feeling the squeeze of  
**PRESSURE?**



JOIN US ON SUNDAYS AS WE DISCOVER HOW TO MANAGE  
THE EVERYDAY PRESSURES WE FACE.



fbcmidlothian  
Connect Grow Serve Change  
1651 S. Midlothian Parkway  
972.775.9000

[fbcmid.com](http://fbcmid.com)

SUNDAY MORNINGS AT  
8:15, 9:30, & 11:00

# Manage Your Chronic Pain

Therapeutic, deep tissue and sports massages,  
facilitated stretching and trigger point.  
All to increase your physical performance.

Martha Binz

Stephanie Kimbell

**972.998.0556 214.543.4427**

**Spot Treatments Available**

Visit our website for details.

200 S. 14th St., Ste. 170, Midlothian

[www.marthabinz.massagetherapy.com](http://www.marthabinz.massagetherapy.com)



**208 N. Main Street**

**Duncanville, TX 75104**

Phone: 972-296-6423

Email:

[andeverythingnice2015@yahoo.com](mailto:andeverythingnice2015@yahoo.com)

fb: [andeverythingniceduncanville2015](#)

instagram:

[andeverythingniceduncanville](#)



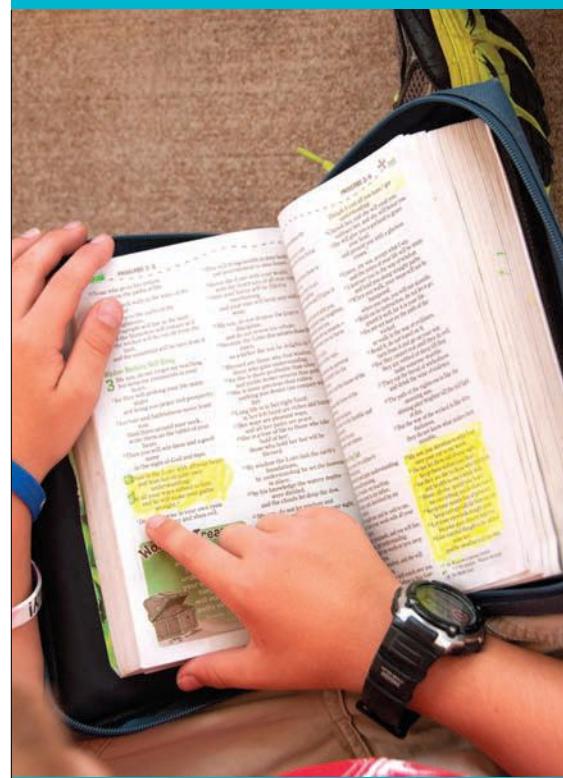
**Welcome back teachers  
and all school employees!  
Come in, show your school  
ID and receive a FREE gift.**



**Personalized  
Christmas  
ornaments  
COMING  
SOON!**  
Personalized  
by Marilyn.



**20% OFF**  
**One in-store  
Regular Priced Item.**  
Excludes special orders  
and Brighton.



this year," informed Brylee. "The meeting will be open to any fourth- or fifth-grader who wants to help lead a prayer group. More information will go out the first week of school!"

"This year, we are hoping it will be bigger and better, so when we leave Mt. Peak, after sixth grade, our brothers and sisters will continue with this," Sloan said hopefully.

"I think we will be group leaders again, because we now have experience doing this," Brylee added. "It was important to do this because of all the Christians around the world who gathered around the pole."

Sloan felt SYATP is important because some Christians at the school get to connect with other Christians there. "Some students who were not Christians could be involved and get to ask questions, and that could lead to more relationships with Jesus," she smiled.

"This event is not just a chance to share Christ with others," Stephanie mused. "Its main focus is to simply pray. Being an event that is student-led, requires us, as parents, to step back and let the kids show the world what they can do. How awesome it was to see over 80 young people, their parents and Mt. Peak staff joining together to lift up praises and give glory and honor to the One who created us." **NOW**



# IGNITE SOMETHING

ONLY THE PERFECT CUT CAN UNLEASH  
A DIAMOND'S BRILLIANCE.



HEARTS ON FIRE STORES, AUTHORIZED RETAILERS, HEARTSONFIRE.COM

CAVES   
JEWELRY

972.230.0950 | [cavesjewelryinc.com](http://cavesjewelryinc.com)

**HEARTS ON FIRE®**

THE WORLD'S MOST PERFECTLY CUT DIAMOND®

# Switch to a bank where you *m*atter.

Bank *m*Powered

*Open an account online today!*

[www.cnboftexas.com](http://www.cnboftexas.com)



Citizens  
National Bank  
Of Texas MEMBER FDIC

Your Bank Since 1868

972-938-4300   1-877-938-4300

# SEE WHAT YOU'VE BEEN MISSING®



**MOJO Outdoors  
Critter Sitter  
\$73.95**



**BOG Gear Tripod /  
Bipod Cover  
\$19.95**



**MOJO Outdoors Clip On  
Dove Decoys (4-pack)  
\$13.95**



**Red Rock Gear Hunting  
Series Camouflage  
Netting  
\$19.95**



**ThermaCELL Mosquito  
Repellent Appliance  
\$26.95**

MRFJ



**Bushnell BackTrack D-Tour  
Bear Grylls Edition GPS  
\$74.95**

BUS360310BG

**Bushnell**



**GameGuard Mesquite  
MicroFiber Shirt  
\$49.95**

GAM1003MSQL



**GameGuard Ladies'  
Cotton Tee  
\$19.95**

GAM1115GGCL



**MOJO Outdoors Dove Live  
Action Kit  
\$11.95**

MOJHW8102



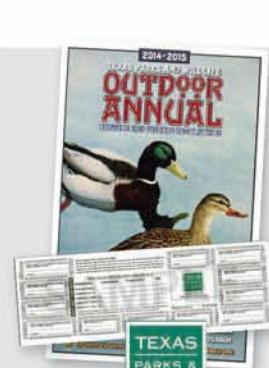
**MOJO Outdoors  
Voodoo Dove  
\$46.95**

MOJHW2300



**MOJO Outdoors  
Wind Dove  
\$13.95**

MOJHW7201



**TEXAS  
PARKS &  
WILDLIFE**

**HUNTING  
& FISHING  
LICENCES  
*SOLD HERE!***



**The Hunter's  
Essential Low-Profile  
Vest All Day  
\$137.95**

**The Hunter's  
Essential F.A.S. Bag  
\$63.95**

THE200380205



**Texas Dove Loads  
By Remington, Fiocchi,  
Winchester, and Rio**

**ORDER NOW AT SWFA.COM  
1.972.SCOPE IT  
(1.972.726.7348)**

**VISIT OUR NEW  
RETAIL LOCATION!  
*NOW OPEN*  
5840 E. US HWY 287  
MIDLOTHIAN, TX 76065**

**SWFA  
OUTDOORS®**

**OVER 1,000 DIFFERENT TYPES OF AMMUNITION,  
TOTALING OVER 1 MILLION ROUNDS IN STOCK**

# Attractive Fit

— By Betty Tryon



*Not many people know what it is like to be called one of the beautiful people, but Scott and Dawn Slavens do. It is not a title they asked for or cultivated. But because they are so physically fit at the ages of 46 and 43 respectively, they do inspire others. However, it was not always this way.*

Mutual friends brought the two together in Kansas City, Kansas, where they were both born and raised on the Kansas side. After dating for five years, they have now been married for 21 years. The couple moved to Midlothian from Kansas City and according to Dawn, they love it here.

"We were looking on the Internet for a place to live and liked the home values and the schools in Midlothian," Scott ventured. "We thought this would be the perfect place with easy access to DFW and Houston because I travel quite a bit as an insurance adjuster."

Scott admits he had been out of shape for a while before becoming serious about his health. Because of his travels with his job, he found it easier to eat fast food and do a minimal amount of exercise. "I would do just a quick lifting of about 25 pounds," he admitted. "When I turned 39, I had a physical and weighed 230 pounds! That woke me up, and I started eating right, running and lifting."

Dawn ran track in college where she studied human development and family life, earning a degree in liberal arts. "It took me 10 years



Build Your Story With US

~ The Thompson Story

Model Now Open!

**Autumn Run**  
401 Autumn Run Dr.  
Midlothian, Tx 76065

**JOHN HOUSTON**  
CUSTOM HOMES

YOUR HOME. YOUR WAY

866.646.6008  
JOHNHOUSTONCUSTOMHOMES.COM

Come Take A Tour Today!



**MIDTOWNE**

ASSISTED LIVING & MEMORY CARE



TAKING RESERVATIONS 469-672-1400

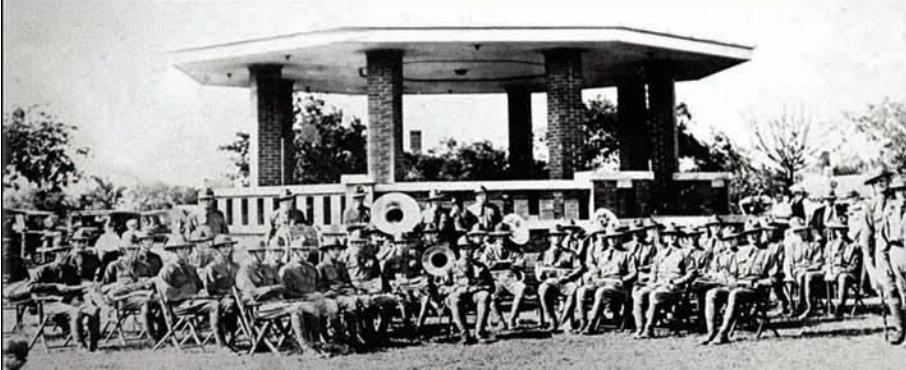
910 S. 9th Street • Midlothian, TX 76065 • [www.midtowneal.com](http://www.midtowneal.com)

**NOW OPEN! —**

# KIMMEL PARK CENTENNIAL CELEBRATION 1915-2015

hosted by the City of Midlothian and Midlothian's Historical Advisory  
& Park Advisory Boards

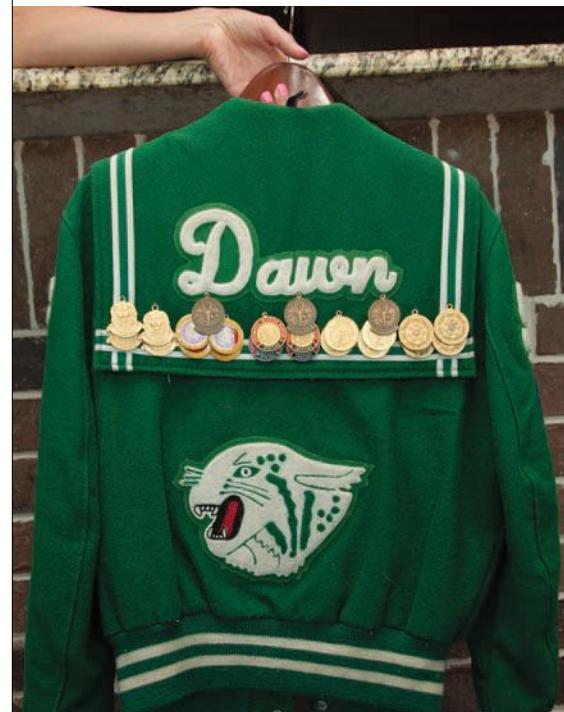
**September 12, 10 am - 2 pm, 801 W. Ave F**



To Include 4-piece Quartet, Ceremonial Proclamation,  
Presentation of Flags & Kimmel Family Introduction

**CHILDREN'S ACTIVITIES  
ERA MELODRAMAS  
MUSICAL ENTERTAINMENT  
FREE CARRIAGE RIDES  
FREE GIVEAWAYS  
FOOD TRUCKS & MORE!**

Shuttle service from Heritage Park to Kimmel Park every  
20 minutes starting at 9:40 am, last pickup at 1:00 pm  
Please bring your own chairs



after college to figure out what I really wanted to do," she shared. "I went back to school and received my certification in doing echocardiograms."

After moving to Midlothian, they joined a gym and began working out. Part of Scott's exercise regime was to run, but he began having complications. "Dawn approached me about a muscle-building contest after the trainer spoke to her. My body was starting to hurt from running, so I was happy to do something else. And I had always wanted to put on more size. The only cardio would be low impact. However, the trainer told me that if I



wanted to build muscle, I had to stop running. I was concerned my belly would come back," he laughed.

When Scott made the decision to compete in a muscle-building contest, Dawn joined him. "We are both very competitive," she said. "The trainer actually encouraged us to do this. It helped that we were already into lifting before we started the competition prep. It was a new experience for both of us, and we helped each other out. We would moan and groan about what we had to eat together," she laughed.

They were on the same diet but with different proportions. Vitamins and protein supplements were added. The diet itself was heavy on protein and carbs. "We were coached in what to eat," Scott explained. "We had to eat clean to build muscle, not fat. You can lift and lift and never change if you don't watch your diet. I didn't gain a lot of size but my body definitely changed. We trained for four months before the competition."

For Dawn it was hard to get in there and get motivated with the most challenging part of the training. "Diet is the biggest thing. It was hard to stay away from sweets that we liked to eat," she confessed. "When I was around pizza or something else I couldn't eat, all I could do was just look at it and smell it because you can't cheat."

Anyone on a diet would probably recognize it as a challenge to stick to the specifics of the plan. However, meeting your goals has its own rewards.

# CONGRATULATIONS TO THE WINNERS OF OUR ALLIE CUT-OUT CONTEST!

Allie enjoyed all the fun adventures you took her on this summer. Congratulations on winning and enjoy your time at Six Flags!

**DENTISTRY FOR CHILDREN**

Shelly K. Clark, D.D.S., P.A.

4450 East Hwy 287 | Midlothian | 972-723-0111  
 211 W. Belt Line Rd. | Cedar Hill | 972-291-0111  
 2828 Duke of Gloucester | DeSoto | 972-572-0111  
 (Next door to Pediatrics Southwest)

[www.drshellyclark.com](http://www.drshellyclark.com)

**New Patients Are ALWAYS Welcome**

**Free Whitening**

Three systems to choose from  
 ZOOM!, BOOST or Take-home Whitening  
 to all new patients w/cleaning, exam & X-rays. Exp. 9-30-15

**Brian Clark, D.D.S.**  
 (972) 723-2300  
 4450 East Hwy 287 | Midlothian  
 211 W. Belt Line Rd. | Cedar Hill  
[www.BrianClarkDDS.com](http://www.BrianClarkDDS.com)

Delta Dental Premier, Humana, Cigna Radius, Assurant, DNOA

**SARDIS**  
Tires & Wheels

Come see us 7 days a week.  
In & out in 20 minutes!  
Guaranteed lowest prices!

631 Sardis Road • 972-937-4177  
[www.sardistiresandwheels.com](http://www.sardistiresandwheels.com)  
(just off 287 between Waxahachie & Midlothian in Sa

"Once you get in there and start pushing yourself, you'll see results," Dawn stressed. "They say not to look at the scales and that the best way of knowing how your diet is going is how your clothes fit. As far as training, the diet helped me develop more muscle, and I got stronger. I lost body fat and got leaner."

*"We had to eat clean to build muscle, not fat. You can lift and lift and never change if you don't watch your diet."*

## Find Dr. Right, Right Now

CALL 1.800.4BAYLOR



VISIT [BaylorHealth.com/Waxahachie](http://BaylorHealth.com/Waxahachie)

CHOOSE FROM MORE THAN 250 PHYSICIANS BY



Location



Specialty



Gender



Name

For a physician referral or for more information, call **1.800.4BAYLOR**  
or visit us online at [BaylorHealth.com/Waxahachie](http://BaylorHealth.com/Waxahachie).

 **BaylorScott&White**  
MEDICAL CENTER  
WAXAHACHIE

2400 North Interstate 35, Waxahachie, TX 75165

FOLLOW US ON:  
Username: BaylorHealth



Physicians provide clinical services as members of the medical staff at one of Baylor Scott & White Health's subsidiary, community or affiliated medical centers and do not provide clinical services as employees or agents of those medical centers, Baylor Health Care System, Scott & White Healthcare or Baylor Scott & White Health. © 2015 Baylor Scott & White Health BMCWax\_300\_2014 CE 04.15

The couple's hard work paid off because in their first competition in Oklahoma City they both placed. Dawn competed in the bikini division and took sixth place. "I had a posing instructor. It was very awkward because I don't usually stand that way or walk in 4-inch heels. I was nervous! I was fine back stage, but once I was on stage I thought, *What am I doing?*" she said. "I have a few memorable parts of the show. One was the transformation of my body, hair and makeup. I felt beautiful. I loved that all of our family came to OKC to watch us perform, even though they did not exactly understand or know what we were doing. I plan on doing another one at some point."

Scott placed third and received a sword on his first attempt. He confessed to feeling nervous, too. "When I was on stage, I was shaking. I didn't like to put myself in front of people like that. I was very shocked when I took third, and to me, that made all the hard work worth it!"

In order to qualify for third place, he had to be in the top three in height division. That placement qualified him for nationals, and that level's categories are divided by height. He qualified in the men's physique category for nationals, which will be held in Pittsburgh, Pennsylvania. It's titled National Physique Committee, or NPC. Participating at that level is a goal many aspire to because if you compete there and get first place, you are able to go professional and make

## NEW LASER TAG ARENA

4,000 sq. ft. of LED, Laser & Fog

Get your friends together for some great team action.

**Team competitions starting soon!**

- ★ New Arcade Games
- ★ 24 Bowling Lanes
- ★ Bar & Grill Featuring Drinks & Delicious Food
- ★ Parties & Special Events Available

WE MAKE  
BIRTHDAY PARTIES  
**FUN!**



**Family Entertainment Center**

2303 W. Ennis Ave., Ennis, TX

**972-875-7827**

[www.BowlEnnisTx.com](http://www.BowlEnnisTx.com)



The  
**LEARNING**  
STATION  
Preschool  
& Child Care

NOW  
ENROLLING

Care for children aged 6 weeks to 12 years  
Before- and after-school care  
Qualified and experienced teachers  
Large, outdoor play area  
Field trips for school-aged children  
Monthly activity calendars  
Security controlled access  
Full CCTV coverage of the facility

**A Beka Book**  
Excellence in Education from a Christian Perspective

**571 KIRK RD  
MIDLOTHIAN  
TEXAS  
76065**

A collage of various photographs showcasing different aspects of The Learning Station. It includes images of the exterior building, the interior lobby, classrooms with children playing, a teacher interacting with children, and children engaged in various activities like painting and sports. A large banner in the center reads 'BACK TO SCHOOL' in colorful letters.

Mon-Fri  
6am - 6:30pm  
**CALL US**  
**972-723-9898**



[www.facebook.com/mylearningstation](http://www.facebook.com/mylearningstation)



# READY.

My team is ready to help before,  
during and after any disaster.  
Protect your home. CALL ME TODAY.

Tim Tobey, Agent  
423 East Main Street  
Midlothian, TX 76065  
Bus: 972-723-8880  
tim.tobey.he5o@statefarm.com



State Farm Fire and Casualty Company, State Farm General Insurance Company, Bloomington, IL 1501430

# LONG family

A legacy of smiles. | DENTAL

## Dental Care for your family.

- ❖ Enhanced digital technology is here!
- ❖ Convenient, accurate and on-site!
- ❖ No messy impressions with digital scans

Go  
back to school  
with a  
**white smile!**  
Free whitening for life

with new patient appointment



Dr. Heather Magers, Dr. Chris Long, Dr. Robert Long

*Most insurances accepted*  
CALL TODAY FOR APPOINTMENT  
**972-775-3192**

4470 E. Hwy. 287, Suite 1200, Midlothian, TX 76065  
[www.longfamilydental.com](http://www.longfamilydental.com)



Scott and Dawn ready for a contest.



money. "That is my goal, but I know it will take time and effort," Scott admitted.

Scott and Dawn recognize that for those who wish to improve their physical health and shape, it won't be easy. "If you are up for a challenge with diet and exercise this is for you, but it is very addicting," she acknowledged. "You have to follow a very strict diet, and exercise six days a week twice a day — cardio in the morning and weights in the evening. Your prep is about three to four months before the show. However, if I can do it, you can do it. You will not be disappointed."

"The advice I would give to people who want to compete is that although you have to work very hard in the gym," Scott said, "the diet is the biggest and hardest part of it. If competing is something you want to do, there are no excuses. No matter your age or shape, anyone can meet their goals." **NOW**

**Call today for your  
FREE ESTIMATE!  
972-938-8600**

# AMERICAN OUTBACK BUILDINGS

LOCALLY OWNED & OPERATED SINCE 2002



Providing the finest quality in outdoor living area design and construction that delivers one-on-one dedication at every stage of construction from **start to finish**.

By delivering you an outstanding final product, we can rest easy knowing that our next referral will be coming from you.

Sincerely,  
Scott Chilcutt  
Owner/President  
American Outback Buildings



**1525 W. Hwy. 287 Bypass, Waxahachie • [www.americanoutbackbldgs.com](http://www.americanoutbackbldgs.com)**



Where students have  
a GREAT time  
becoming  
GREAT dancers!

## It's Not Too Late To Enroll

Tap • Ballet • Pointe • Lyrical • Musical Theatre  
Cheer • Clogging • Hip Hop • All-Boy Hip-Hop  
Jazz • Contemporary • Technique • Dance Company

**Call or Email Us Today!**  
**Now Offering Tumbling Technique Classes!**

**[www.otmdance.com](http://www.otmdance.com) • [onthemovedance@gmail.com](mailto:onthemovedance@gmail.com)**  
1071 Eastgate, Midlothian 972-775-3646





# ROBIN MCCARTY

— ATTORNEY AT LAW —

# 972-775-2100

CRIMINAL ♫ DWI ♫ JUVENILE

423 E Main Street Midlothian, TX 76065

[www.robinmccarty.com](http://www.robinmccarty.com)

# HANSON

## I R O N   W O R K S

ELLIS COUNTY'S #1 SOURCE FOR CUSTOM  
WROUGHT IRON FOR OVER 20 YRS.

\* WROUGHT IRON FENCES & GATES \* AUTOMATIC GATE OPENERS \* STONE & BRICK COLUMNS  
\* WOOD & IRON FENCE COMBOS \* SERVICE AND REPAIR ALL GATE OPENERS \* BALCONY RAILINGS



# 972-775-3091

VISIT US ONLINE AT

[WWW.HANSONIRONWORKS.COM](http://WWW.HANSONIRONWORKS.COM)

FREE ESTIMATES





760 N. Highway 67, Cedar Hill, TX 75104

972.569.7003 Cell • 972.291.0902 R. E. Sales • 972.291.0900 Rentals

[www.DLasater.com](http://www.DLasater.com) • [DonnaRealEstate2014@yahoo.com](mailto:DonnaRealEstate2014@yahoo.com)

34 Years Top Selling Agent

## 639 Johnson Ln. • Ovilla



Fab custom home totally remodeled & updated \* 24 in tile & wood floors \* granite \* tile backsplash \* SS appliances \* antiqued new cabinets \* app garages \* island \* pot filler \* skip trowel walls \* lite fixtures \* French doors \* split bdrms \* 22 x 14 screen porch with great views \* all baths redone with vessel sinks \* lead ft door with sidelites \* So Beautiful on almost 2 acres with lots of trees



Ibanez **AGM Countertops, LLC**  
AFFORDABLE GRANITE AND MARBLE!

Call Today for a  
**FREE**  
Estimate

Serving Ellis County and the Entire DFW Area for Over 20 Years

- Countertops; Kitchen/Bath
- Granite, Marble, Quartz & Travertine
- Hardwood Flooring
- Wide Selection of Inventory

# 972-514-1623

Showroom Hours

Mon.-Fri. 8 a.m.-5 p.m. • Sat. by Appointment

We Carry Silestone, Vicostone, Caesarstone & More



Visit Our Gallery of Products Online at [www.agmcountertops.com](http://www.agmcountertops.com)





# Seeing the Vision

— By Zachary R. Urquhart

AT HOME WITH  
Darrell and Joanna James



Twenty years ago, the northern part of Midlothian just south of Cedar Hill consisted primarily of 100-acre farms owned by holdovers from the city's ranching heyday. But in the last two decades, many of these landowners have started parcelling their huge lots to developers and families moving into the area. Those early new residents were coming to open fields and pastures, and it took vision to see what Midlothian would one day become. Darrell and Joanna James have plenty



*of vision, and they are sure that moving into those flatlands was one of the best decisions they have ever made.*

Darrell grew up in Corpus Christi. After high school, he joined the Navy, which is how he ended up in the Metroplex in 1986. "I spent the first several years in Norfolk, Virginia, then they stationed me in Dallas as a recruiter at the Naval Recruiting District," he explained.

Joanna grew up in Marshall, Texas, but moved to Grand Prairie at a young age and attended Grand Prairie schools. "I graduated from South Grand Prairie, and right after high school, I met Darrell," she detailed. When she met Darrell, they started a life together and became business partners after he finished his

**ARBORS • OUTDOOR KITCHENS • PATIOS**

# Your Oasis Awaits...



Call today for  
**FREE**  
Consultation



**URBANOASIS**

OUTDOOR LIVING & LANDSCAPING

**817.453.3100**

[www.UrbanOasisOutdoor.com](http://www.UrbanOasisOutdoor.com)

**PayPal**



L19335

**LANDSCAPING • SPRINKLERS • LIGHTING**



service with the Navy. They have run a few successful companies for almost three decades, and currently own James Enterprises and Darmar Investment LLC.

Darrell and Joanna were married in February 1991. They first lived in Grand Prairie before moving to the southwest area of Dallas County. They have three adult children and five grandchildren. Tasha lives in Kansas City, Damien lives in Cedar Hill and Brittni lives in DeSoto.

Because they live so close, Damien and Brittni's families visit often. "After church we have family fun day Sundays, and the kids and grandkids come over most weekends," Joanna detailed.

Thirteen years ago, they decided they were ready for one more move. "I was driving around in the country between Cedar Hill and Midlothian before there was much of anything developed," Darrell remembered. "I saw this land and knew it would be the perfect spot. I made a handshake deal, and we built this place in 2003." Though the area was lacking development, Darrell knew what it could one day become. "I liked the openness and the land. It's perfect. It is the best place we could be."

Joanna was slower to come around, however. "Honestly, when we first moved, I didn't see the vision, but I'm glad he did," she admitted. Now, having lived in their 5,300-square-foot home on 2.8 acres for over a decade, she has more than come around. "I like that we are away, but not too far away," she said. "I love the area, the space. I love everything about it."

The house is set off of the road a bit, and an ornate gate displaying a large letter J offers the first touch of personalization seen throughout the home. "We did everything ourselves," Darrell said. "We picked every color and every design throughout the house." A long driveway winds up to the home after passing several kids' play structures and a beautiful gazebo just inside the property's entrance.

From the foyer, there are available views of a quaint sitting area, a leather-



# Eubank

Audiology & Hearing Aids

11797 South Fwy, Ste 132, Burleson, TX 76028

**Megan R. Eubank, AuD**  
Eubank Audiology & Hearing Aids  
817-551-0466  
[www.eubankaudiology.com](http://www.eubankaudiology.com)

**Sound solutions from someone you can trust.**  
We offer the most advanced hearing aid technology to fit your personal needs and budget.

When auditory centers of the brain are not properly stimulated, neural pathways deteriorate permanently. Studies have shown that auditory deprivation can have a negative effect on brain function, contributing to early dementia.

---

**John P. Shea, MD**  
Shea ENT & Allergy Clinic  
817-551-1010  
[www.sheaent.com](http://www.sheaent.com)

**Wax? Middle ear? Inner ear?**  
Shea ENT & Allergy Clinic has helped diagnose and treat various causes for hearing loss and tinnitus since 1979. Our clinical staff with over a century of experience is ready to help.

After evaluation and care of common causes of hearing loss and tinnitus, such as common wax impaction, other causes are investigated, such as Ménière's disease. Fluctuating ear fullness, tinnitus, hearing loss, sound sensitivity and dizziness can be caused by Ménière's. This inner ear disorder is often from an allergy that can be diagnosed and treated with Allertol sublingual drops, offered exclusively through our clinic.

After diagnosis and clinical treatment, persistent hearing loss/tinnitus can be improved with hearing aids, custom selected and fitted by Dr. Eubank.

**PROFESSIONAL EDUCATIONAL SERVICES**

**Struggling? We can help!**

"Reach for the stars! Your education has no limit." **Teresa Bertinetti**

---

**SERVICES**

- STAAR Test tutoring
- Pre-testing preparation including evaluation techniques & exercises
- Post-testing analysis of test scores & assessment of specific areas needing improvement
- Individualized tutoring in reading, writing, math & science
- Develop a personalized learning plan, determining what type of specified training each student may need
- What works best for your kid? What type of a learner are they & how will they obtain the information most efficiently?

**Please call 469-658-5729 or 972-921-1629**



# Branded Burger Co.

Burgers so good,  
one location wasn't enough!

## 1/2 OFF 2ND BURGER

with a purchase of 1 burger, fries and drink.  
Mondays & Tuesdays only. Not valid with other offers.  
Expires 9/30/15. Red Oak location only.

Voted #1 burger  
in Ellis Co.!



NOW OPEN IN  
**RED OAK!**

GAME WATCHING PARTIES!

HAPPY HOUR 3-7pm



972.576.2203



205 S. Main (Near corner of FM 2377 & Hwy. 342)

100 N. 8th St., Midlothian, TX

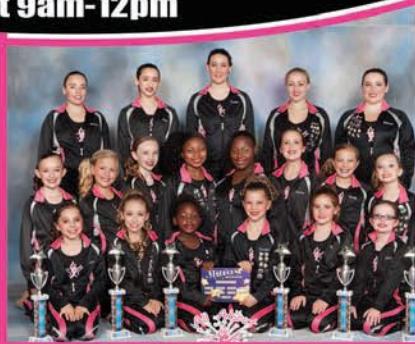
[www.BrandedBurgerCo.com](http://www.BrandedBurgerCo.com)



Tap • Ballet • Jazz • Hip-Hop • Tumbling • Pointe  
Adapted Dance • Drill Team Prep • Adult Classes • Birthday Parties  
Studio Rental • DJ Services

# NOW REGISTERING

Dance Wear Store Open:  
Mon, Tue, Thu, Fri 2pm-6pm  
Sat 9am-12pm



469.672.4028

[www.allaboutdancetx.com](http://www.allaboutdancetx.com) • 505 George Hopper Rd.  
Midlothian, TX (next to MidTowne Donuts)

Call to set up an  
evaluation for  
competitive teams.



## FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY



### ACHIEVEMENT, CHARACTER AND A PLACE TO BELONG

#### YMCA AFTERSCHOOL

**Do you know that after school programs accelerate achievement in children's test scores, grades and classroom behavior?**

**Join the YMCA's Afterschool program in Waxahachie and help your child develop a passion for learning.**

**Make your kid a Y kid at:**

Mt. Peak  
J.A. Vitovsky  
Irvin\*

T.E. Baxter  
LaRue Miller  
Longbranch

(\*transports to LaRue Miller)

**Is your kid a Y kid?**

**469-348-YMCA (9622)**

[www.YMCADallas.org/Afterschool](http://www.YMCADallas.org/Afterschool)

#### FINANCIAL ASSISTANCE AVAILABLE

YMCA Mission: To put Christian values into practice through programs that build healthy spirit, mind and body for all.



furnished TV room, windows to the land in back and a home gym. "That used to be our home office," Joanna laughed. "But we are big gym rats, so we made it a workout space." Darrell and Joanna have a small den ideal for hosting a few guests. Next to that sits a dining room somewhere between casual and formal. In lieu of overelaborate furnishings, a simple, warm, circular table is centered between four padded, comfortable chairs.

The dining area blends into a large kitchen, resplendent with granite counters, multiple sinks and cozy views of a second dining area and the large living room. "We like to go out on the weekends, but during the week we use our kitchen almost every night," Joanna said. Their kitchen nook has a long, sophisticated table that is ideally suited with seating for their ever-growing family. The living room is well-appointed with plush leather couches directed at a fireplace and large screen television.

To the side of the living room, a splendid staircase leads to the upstairs rooms. "Each of the bedrooms has its own bathroom, which was good when the kids were here," Joanna continued. "And we let them choose their own paint, so there are a lot of colors up here." Along with what used to be kids' bedrooms, a guest room and a billiards room, the upstairs includes a tasteful theater room. "When the grandkids are here, this is a perfect spot for watching movies or playing video games," Joanna remarked.

Back downstairs, the uniqueness of their design is most obvious in Darrell and Joanna's master suite. The bedroom is decked out in shades of brown that offer an elegance and coziness. The large size of the sleigh bed and furnishings contrast the generally casual style of the

**AA SEAMLESS GUTTERS**

**Over 1 million feet of seamless rain gutters installed**

**ELLIS COUNTY'S #1 CHOICE**  
for seamless rain gutters for over 20 years.

5 Year Workmanship Warranty

Call today 214-212-4667

furniture itself. Windows offer more views of the open backyard. And the visual center of the room is a fireplace with double access to the bedroom and master bath. The bathroom is almost separate from the bedroom, and has several features of note. Split sinks and closets are in opposite corners of the room, and the bathtub sits in front of



a wall of opaque glass partially hiding a huge, wall-wrapping shower.

As remarkable as the house is, Darrell and Joanna's favorite aspect is probably the outside. "We have space. I love having to walk a little to get to our neighbor's house," he said. They made sure to build in plenty of seating in the back, with a full-length back patio including multiple seating options. As for the land itself, the first part of the back is flat and open. "We had our plumbing redone so we can add a pool at some point," Joanna shared. They added a simple blacktop road that winds past the field, through a section of trees, culminating in a small creek bed.

A decade ago, it took vision to see what small-town Midlothian was becoming. Many people may have shied away from building a colossal home in the midst of empty scenery. But Darrell and Joanna had the ability to see just how perfect their new home could be. **NOW**

## Call Us Today!

[www.welshvetclinic.com](http://www.welshvetclinic.com)  
**4470 E. Hwy 287, Midlothian**  
**972-775-7570**

*Ultimate Comfort,  
Ultimate Care.*

**soothing**  
DENTAL

**John Vinton DDS**  
Midlothian Native

**FREE  
WHITENING KIT  
WITH NEW PATIENT EXAMS,  
CLEANINGS & X-RAYS**

Call today to schedule an appointment **214-306-7065**  
 1131 George Hopper Rd., Ste. 100, Midlothian, TX | [soothingdental.net](http://soothingdental.net)  
 Saturday Appointments Available • We accept most insurance and Care Credit.

**SOUTHERN STAR CRUISE LINES**

\$40 per person or  
\$400 per table.  
Deadline is Sept. 7th.

Purchase a raffle ticket  
for a \$1500 gift card to  
Carnival Cruise Lines.  
\$5 each or 5 for \$20.

Raffle tickets available at the  
Midlothian Chamber of  
Commerce  
(310 N. 9th St.) or  
The UPS Store  
(661 E. Main St., Ste. #200).  
(Do not need to be present to win.)

**RSVP TODAY!**  
All inquiries to:  
[info@midlothianchamber.org](mailto:info@midlothianchamber.org) or 972-723-8600



# U.S.S. SOUTHERN LEGEND

## SOUTHERN STAR CRUISE LINES

**Destination:** Midlothian Conference Center  
**Reason For Travel:** Dinner & Auction  
**Ship Sails:** Saturday, Sept. 19, 2015 - 5:30PM

The Midlothian Chamber of Commerce  
would like to announce our  
2015 Annual Dinner & Auction!

Please RSVP Today!  
All inquiries to: [info@midlothianchamber.org](mailto:info@midlothianchamber.org) or 972-723-8600

Silent and Live Auction • Casino • Photo Booth • Catered by Mo & Hari's





Ad sponsored by  
 Judy McGraw  
 Century 21  
JUDGE FITE COMPANY

**214-536-2790**  
[JudyMcGraw@judgefite.com](mailto:JudyMcGraw@judgefite.com)



**SALE on Fences and Patio Covers**



**Wallace Lott General Contractor LLC is ready to serve all your contracting needs.**

*We do things right, and do what we say.*

**Residential & Commercial**

- Roofing • Remodeling
- Bathroom • Kitchens
- Replacement Windows
- Painting • Cedar Patio Covers
- Fences • Outdoor Kitchens

**Hometown Trusted Builder**

- ★ 40 years experience
- ★ Fully insured/bondable
- ★ Insurance negotiation specialist for property claims
- ★ Licensed insurance adjuster

**972.679.6781**





*The Best of Times*  
 Waxahachie Chamber  
*Auction*



*Black & White Affair*  
 Dressy Casual

Saturday, October 3, 2015  
 Waxahachie Civic Center • 6:00 PM  
 \$75 Per Person  
 Dinner, Dancing and Live Auction

---

TITLE SPONSOR:  
**Baylor Scott & White Medical Center - Waxahachie**

---

For more information and to reserve tickets contact the chamber at  
 972-937-2390 or email [kmaxwell@waxahachiechamber.com](mailto:kmaxwell@waxahachiechamber.com)

# Now Enrolling For Fall Classes!

Call the studio or email at [stagedoormidlothian@gmail.com](mailto:stagedoormidlothian@gmail.com)



50% OFF Siblings

Stage Door  
School of Dance

972.775.8199 • 214.675.0131 • [www.stagedoorschoolofdance.com](http://www.stagedoorschoolofdance.com)

Ballet • Tap • Jazz • Hip Hop • Pointe  
Tumbling / floor gymnastics • Contemporary / lyrical  
Liturgical / praise dance • Modified / adapted dance  
Modeling / pageant technique classes • Acting / musical  
theatre Twirling • Cheer • Pomdance • Drill team technique  
Leaps and Jumps technique • Competition dance teams

Respect, Honor

TX BLACK BELT  
空手道  
TXBBA  
柔術  
ACADEMY

It's Back-2-School!  
Arm Your Child with CONFIDENCE!

Like us on

800 Silken Crossing, #107 • Midlothian  
Call today! 972-775-8286  
[www.buiesuperkicks.com](http://www.buiesuperkicks.com)

Wishing your family a legacy of healthy smiles!



- Patient-centered care
- Wellness-focused
- Comforting environment

Let Dr. Engram and her team be your family's dental home!

Legacy DENTISTRY

151 Walton Way, Suite 102  
Midlothian  
(next to Game Stop near Wal-Mart)  
**972.723.1148**  
A general dentistry practice

# Living Their Purpose

— By Sandra Strong



Vicki Grady, Shelley Huskins and Sharon Hawthorne are the heart and soul of Our Sunflower Friends.



"God equips the called. Paying it forward does make a huge difference."

*Everyone has a purpose in life. Vicki Grady understood this soon after she started the Purpose Driven Life Bible study at her church. She felt compelled to do something. "God told me I needed to be doing more in my life," Vicki remembered. "I needed to be more involved in the lives of others."*

Shelley Huskins soon learned of Vicki's desire, and she too felt the need to do something to help others. Soon thereafter, the two ladies got together to discuss the endless possibilities. "We really didn't know what we were getting into," Vicki said, referring to the first few months. "The need was so much greater than we imagined."

From the beginning, their mission has been to be involved in event/fundraising for children and adults within Ellis County who suffer from a life-threatening disease or life-altering injury. They initially decided to help two individuals per year. The two recipients their first year were Penny Jurkash and

# PUT THE #1 TEAM IN ELLIS COUNTY TO WORK FOR YOU!



3202 Bent Creek Ct.

CUSTOM BUILT HOME IN ONE OF MIDLOTHIAN'S MOST SOUGHT-AFTER NEIGHBORHOODS! Backyard Oasis with sparkling pool, huge covered patio, landscaping and pool bath. Walk to school! MUST SEE!

Midlothian • 4/4.2/3



734 Mr. Haney Dr.

LOVELY home that has been well cared for featuring an open concept, scored concrete floors, large living, nice landscaping and a HUGE covered patio! Easy access to highways. Midlothian schools!

Midlothian • 3/2/2



2812 Mediterranean Ave.

Prettiest home on the street featuring a large living room with wood-burning fireplace, plant ledges and the perfect craft room or office added. Beautiful landscaping, covered patio and new AC 2014. MUST SEE! Midlothian Schools!

Midlothian • 4/2.1/2



5040 Honeysuckle Rd.

BEAUTIFUL HOME on over 7 acres surrounded by trees, lush landscaping, creek and park-like views! Includes a new 30x40 shop with electricity and AC plus a sparkling pool and pool house! MUST SEE!

Midlothian • 5/3.1/2

## Making it easy to **buy, sell & live!**

*Call today for a free market analysis of your home in today's market!*



[WWW.JHOUSTONREALTY.COM](http://WWW.JHOUSTONREALTY.COM)

Multi-million Dollar Producers

**MICHELLE OZMY** Broker/Owner

(214) 534-8758

[michelleozmy@jhoustonrealty.com](mailto:michelleozmy@jhoustonrealty.com)

**ALAN SIMONTON** Realtor®

(214) 534-7696

[asimonton@jhoustonrealty.com](mailto:asimonton@jhoustonrealty.com)



**Anso<sup>®</sup>nylon**  
GREEN by nature • fashionable by design<sup>®</sup>

by **Shaw FLOORS**

**Drive a Little... Save a Lot!**

**Jerry's J&W Carpets**

**Great Values Everyday Since 1971!**

**305 E. Main • Midlothian**

**972-723-8312 • Metro 972-299-6106**

**Financing Available • 12 months • No Interest - Upon approval**

**Wood • Carpet • Tile • Laminate • Vinyl**



# TURF-SCAPE

## LANDSCAPE AND IRRIGATION

Proudly Serving Our Community for Over 20 Years



- ANNUAL LAWN CARE CONTRACTS
- LANDSCAPE DESIGN & INSTALLATION
- FERTILIZATION & WEED CONTROL
- RETAINING WALLS & STONE PATIOS
- IRRIGATION SERVICES & REPAIR - LICENSED TECHNICIANS
- BACKFLOW TESTING
- TREE TRIM & REMOVAL

Introducing  
Susanna Neal,  
*Landscape  
Designer.*

Like us on



972-938-2956 • [turf-scape.co](http://turf-scape.co)

TCEQ LI 21842 | TDA 0513565 | BPAT BP0016386



Isabella Day with trophies for the Golf

Tournament fundraiser.

Brooke Foster. Penny was diagnosed with leukemia as a kindergarten student. Brooke, at age 16, was diagnosed with Stage IV Osteosarcoma. Both of these recipients lived in Waxahachie.

As the second year of the organization got underway, a third member came on board, completing the heart and soul of Our Sunflower Friends. Sharon Hawthorne also realized there was a need, and she had a yearning to do something more than sit on the sidelines. "I had an unrelated connection with one of the first-year recipients, and I also knew of another little girl who needed help," Sharon explained. "I fully believe God brought our different talents together to form this group of caring women."

Each of the three brings something different to the table, that when added together, makes for a mighty strong team. Vicki, who grew up in Waxahachie, graduated from Midlothian High School and now resides in Italy, is the PR person, and she has a spirit that doesn't give up or take "no" for an answer. She is also the face of the organization. "I'm a good talker," she admitted. "I have a passion for the cause for several reasons."

Shelley, from Italy, comes with an extensive background in education. In her day job, she is an oncology nurse. She comes with the knowledge of the diseases the group will face as they continue to grow their organization. "I have a personal base of friends and colleagues I can call upon," Shelley said. "This organization means so much to me. I can't close my eyes to the needs around me."

And last but definitely not least, Sharon, from Red Oak, comes with the experience to complete the necessary paperwork. She arrived with 30 years' experience in a legal environment. "I know how to organize and prepare

## Yogi Bear's™ Fall Fiesta

**Stay n Play with Us**  
**Every weekend in October**  
**and Last Weekend of September**  
**for a Funtabulous, Frightening,**  
**Fall Fiesta !**

See detailed activities schedule for each week at  
[www.northtexassjellystone.com](http://www.northtexassjellystone.com)

[WWW.NORTHTEXASJELLYSTONE.COM](http://WWW.NORTHTEXASJELLYSTONE.COM)

Photo by: Claudia Boller / AHS

papers for filing," Sharon confided. "I had the resources at my fingertips to get the nonprofit status we needed early on." The group incorporated as a nonprofit under the name Our Sunflower Friends and obtained tax exempt status from the IRS. A ribbon cutting was held for Our Sunflower Friends on March 26, 2014, at the Waxahachie Chamber of Commerce offices.

What they do as a group is a true labor of love. They have seen the families they have served go without so many personal things to care for their loved ones — those battling an illness as well as those who have remained healthy. Each of the women feels called to do what they are doing, and honestly, they wouldn't have it any other way. "Until now, I think I must have been living under a rock," Sharon confessed. "There are so many people with needs, who are living right under our noses."

"What we do is so time-consuming and intensive," Vicki said, "but it's necessary. It's definitely a calling."

"It's all about stomping the pavement," Shelley stated. "It is a lot of work with very little glory, but it's all worth it when you see the faces of the families you help."

The second-year recipients who are currently benefiting from Our Sunflower



Now accepting  
**NEW PATIENTS**  
in Midlothian!

Christopher D. Schmitt, DPM  
Associate, American College of  
Foot and Ankle Surgeons

1441 S. Midlothian Pkwy, Ste 120  
Midlothian, TX 76065  
located behind Vintage Bank in Baylor complex  
phone 972-755-4620 fax 972-755-4622  
[southernstarfootandankle.com](http://southernstarfootandankle.com)

A large advertisement for Southern Star Foot & Ankle. It features a large image of two feet. In the top right corner is a map of Texas with the "Southern Star Foot & Ankle" logo. Below the feet, the text "Now accepting NEW PATIENTS in Midlothian!" is written in a stylized font. A portrait of Dr. Christopher D. Schmitt, DPM, is shown on the right, holding a model of a human foot. A Facebook icon is also present.

**PISTOLS & PEARLS**  
FINE WESTERN WARES

LADIES, MEN'S  
AND CHILDREN'S  
APPAREL

**10% OFF**  
Regular Priced  
Items  
With ad. Exp. 9/30/15

2210 PLAINVIEW RD. • MIDLOTHIAN  
[WWW.FACEBOOK.COM/PISTOLSANDPEARLSTX](http://WWW.FACEBOOK.COM/PISTOLSANDPEARLSTX)  
**469.612.5044**

A large advertisement for Pistols & Pearls Fine Western Wares. The top half features the store's name in a decorative font. Below that, it says "LADIES, MEN'S AND CHILDREN'S APPAREL". To the left is a photo of a store interior with various western items like boots, hats, and bags. To the right is a large promotional box offering "10% OFF Regular Priced Items" with an expiration date of "9/30/15". At the bottom, the address "2210 PLAINVIEW RD. • MIDLOTHIAN", the website "WWW.FACEBOOK.COM/PISTOLSANDPEARLSTX", and the phone number "469.612.5044" are listed.

# Come Experience The Spine and Sport Difference.

- Spinal Adjustments
- Active Release Treatment
- Graston
- Dry Needle
- Rock Tape
- NormaTec
- Deep Tissue Laser Therapy
- Whole Body CryoTherapy



Dr. Brad W. Collins • Dr. Ross A. Ellis

**972.723.1155**



Friends are Isabella Day, from Red Oak, and once again, Brooke. Isabella and her twin sister were born on July 25, 2011. At her regular 9-month checkup, the pediatrician found a mass in Isabella's stomach. Test results showed she had Stage IV Neuroblastoma. She is still courageously battling the disease.

After a year of extensive chemotherapy and treatments, Brooke's doctors discovered that a large, softball-sized lump had redeveloped above her right knee. The tumor she'd been fighting had not only returned, but it was four times its original size. Because of this recurrence, the group chose to benefit her family for a second year.

Many events are held throughout the year for the recipients and their families. In May, the group held a community garage sale, a charity golf tournament and the Painting With a Purpose event. In September, they are planning to host a huge bake sale. The largest fundraiser each year is a family festival held in October. This year, it will fall on Saturday, October 3. The benefit concert and show will also include silent and live auctions, a 5K run/walk, classic car show, chili cook-off, children's events and much more. "There are so many opportunities to get involved," Vicki said. "There really is something for everyone."

As they reminisce about the events that have taken place thus far, they are still in awe of the giving spirits found in Ellis County. In early December 2014,

## Commitment to Quality

Approved Home Health Care provides a variety of nursing and therapy services to patients and their families in Ellis, Johnson, Tarrant, Dallas counties and surrounding areas. We are locally owned and operated by hometown folks who really care and are supported by a lifetime of home health experiences.

**Best Little Home Care Agency in TX!**  
Family Owned and Operated Since 2005  
Call 972-723-2933 or email [info@approvedhhc.com](mailto:info@approvedhhc.com)

Proud Sponsors of:



**ALL ABOUT DOGS**  
GROOMING • TRAINING • BOARDING

**IT'S A HAWAIIAN HOLIDAY FOR YOUR PET!**

**LUAU SPECIAL\* Hawaiian Lei**

Luxurious Plumeria Spa Bath  
Coconut Skin Treatment  
Blueberry Facial  
Papaya Finishing Spray

**FREE UPGRADE IN SEPTEMBER \$10 SAVINGS**

840 E. Main St. • Midlothian, TX (In the back of Midlothian Vet Clinic)  
972.775.7800 • [facebook.com/allaboutdogs.midlothian](http://facebook.com/allaboutdogs.midlothian)

Come see our **LOW** prices!

## TEXAS LIFESTYLE FURNITURE



*Decorate*  
YOUR HOME  
TEXAS★STYLE

RUSTIC ELEGANCE

2090 Hwy. 157 N., Suite 100  
(Former Pet 'O Rama Site)  
Mansfield, TX 76063  
**(817) 453-5400**

3705 N Hwy. 77, Bldg. 3  
(Next to the Greenery)  
Waxahachie, TX 76165  
**(972) 576-3200**

[TexasLifestyleFurniture.com](http://TexasLifestyleFurniture.com)  
Monday-Saturday 10-7, Sunday 12-6

Top Grain Leather ★ Sofas ★ Sectionals ★ Recliners ★ Bedrooms ★ Dining Rooms ★ Top Quality Mattresses

sparkling style,  
stellar service,  
incomparable results.

**Named Best  
of the Best  
2014-15**  
by D Magazine!

Jan Davis  
ABR, ASP, CRS, GRI, SRES



Top Office Individual  
Producer 1989-2014  
Company-wide Top 30  
Historic Home Specialist

**(972) 283-7519**  
jandavis@ebby.com  
www.calljandavis.com

ELLIS COUNTY

**outdoorsman  
Church**

We encourage all men, women and families who enjoy God's creation to be part of our congregation and join with other like-minded believers who desire to become effective witnesses and disciples of Christ.

Pastor Don Lott and Brenda Lott

**Celebrating One Year**

*Preaching An  
Old Fashion Gospel*  
Relevant for Today

Annual dove hunt  
Call for details.  
Sept.

Sunday Service 10:30 a.m.  
4370 Joe Wilson Rd. • Midlothian, TX 76065

[www.outdoorsmancog.com](http://www.outdoorsmancog.com) Prayer Requests - 972-679-6781

## Protect Your Family & Home From Pests

Mention this ad and receive 10% off any service!

### Pest Control



### Termites



### Fire Ants



### Mosquitoes



### Rodents

### Urban Wildlife

**SUREGUARD**  
Termite & Pest  
Services

[sureguardpest.com](http://sureguardpest.com)

**972-996-7559**

**817-453-6133**



the group conducted a “Fill the Boot for Brooke” campaign where they stood on a busy street corner in Waxahachie. “We had collected over \$7,000 dollars in just four hours,” Vicki said. “It was crazy good!” At last year’s bake sale, a man wanted to give all the money he had in his wallet as a donation.

All the money received at each of these fundraising events goes back to the families —100 percent! The money is given to the two families to pay expenses as they see fit.

“There are so many sad, yet wonderful stories,” Sharon said. “Every story brings hope, and God is found in each one.”

Vicki, Shelley and Sharon found their purpose, their true destiny and so much more in Our Sunflower Friends. The future goal is to grow to a size that will allow them to meet the needs of more than two individuals a year. Vicki and Sharon, both closer to retirement than Shelley, are looking to make this a full-time mission.

“Love is the purpose and the main goal,” Vicki stated.

“God equips the called,” Sharon said. “Paying it forward does make a huge difference.”

“We are setting examples for our children and grandchildren,” Vicki added. “There’s no better lesson than giving back to those in need. One person really can make a big difference in the life of another.” **NOW**

**BACK TO FITNESS SALE**

**START FOR \$0\*** (1 MONTH MINIMUM)

UNLIMITED WORKOUTS • NO JOINING FEE

GET MOVING! OFFER EXPIRES SEPTEMBER 15TH

SIGN UP TODAY AT [JAZZERCISE.COM/BACKTOFITNESS](http://JAZZERCISE.COM/BACKTOFITNESS)

CRUSH UP TO 800 CALORIES IN 60 MINUTES WITH OUR NEW CLASSES...  
DANCE MIXX • INTERVAL • STRIKE FUSION • STRENGTH • CORE

Jazercise Midlothian Fitness Center  
1041 Eastgate Road • Midlothian  
972-897-0174 • [www.jazzercise.com](http://www.jazzercise.com)

800.FIT.IS.IT | THE NEW JAZZERCISE

**MIDLOTHIAN**  
*Conference Center*

1 Community Circle  
Midlothian, TX 76065  
972-723-7919  
[www.midlothiancenter.com](http://www.midlothiancenter.com)

Weddings | Rehearsals  
Showers | Quinceañeras  
Family Reunions | Trade Shows  
Meetings + More!

# Family Dentist

Full Service Family Dental

**FREE Braces Consultation • Low Monthly Payments**

*Friendly Motivated Staff*

Preferred Providers:

- Aetna PPO • Delta Dental • Metlife PPO
- Guardian PPO • Cigna PPO • Fortis DHA
- United Health Care PPO
- Take all PPO Insurances



Actual patient



*Walk - Ins Welcome*

GM Family Dental

**972-988-3333**

2507 Medical Row #104  
Grand Prairie, TX 75051

Rose Park Dental

**817-473-1159**

217 N. Walnut Creek  
Mansfield, TX 76063

Grand Prairie Office Hours:

Mon. - Wed. 9 to 6 • Thurs. 7 to 3

Mansfield Office Hours:

Tues. - Thurs. 9 to 6 • Fri. 7 to 3 • Sat. 8 to 1  
Se Habla Espanol • Vietnamese Spoken  
"Under Same Ownership"



Like us on facebook and look for special promotions and contests!



**Express CARE**

**Valvoline.**

**ALL AUTO MAINTENANCE**

Oil, Lube & Tune • State Inspections  
Coolant, Transmission & Engine Flushes  
Belt Service • Tire Rotation • Tune-ups

**\$10 OFF YOUR CHOICE**  
Transmission, Coolant or Engine Flush  
**OR** Fuel Injection Service  
Expires 9/30/15 • Limit One Coupon Per Visit

**\$5 OFF**  
Full-Service Oil Change  
Expires 9/30/15 • Limit One Coupon Per Visit

**MIDLOTHIAN**  
400 Silken Crossing  
**972-775-8275**

**WAXAHACHIE**  
411 Ferris Avenue  
**972-923-3636**

Owned & Operated by 5th-Generation  
Ellis County Resident, Craig Rudolph

**Don't wait in LONG lines ...  
Get your hunting & fishing  
license here!**

**ARK**  
**COUNTRY STORE**

**Join us for our Midlothian  
GRAND OPENING!**  
Friday & Saturday, Sept. 11 & 12  
FREE lunch & lots of prizes, both days!

**Waxahachie**  
209 S. Highway 77  
**972-937-8860**  
Open Mon-Fri 8 to 6 \* Sat 8 to 5

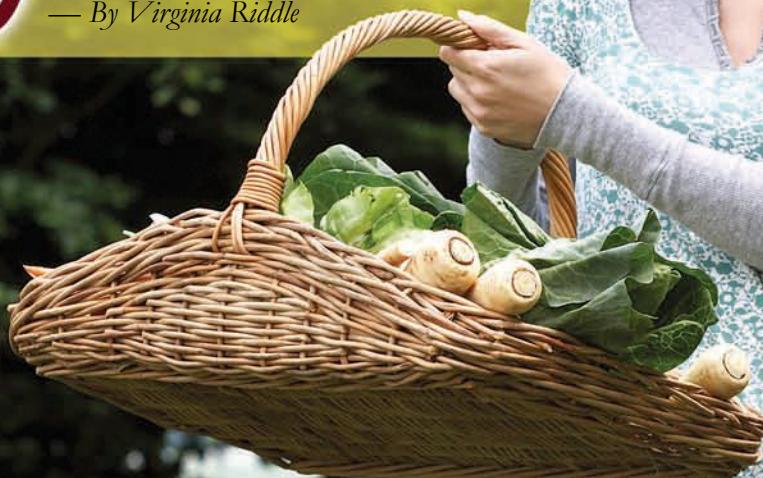
**COME SEE US!**  
**Midlothian**  
502 W. Main Street  
**469-612-5050**  
Open Mon-Fri 9 to 5:30 \* Sat 9 to 1

**f** [www.arkcountrystore.com](http://www.arkcountrystore.com)

# GROWING A

# Winter Garden

— By Virginia Riddle



As September nights start to take on that “fall’s coming soon” feeling, gardeners might consider their hard work to be over for the year, except for harvesting the last of the summer’s bounty. While letting the soil rest after the first frost and throughout the winter months is a choice, gardeners this far south can enjoy planting cold-weather vegetables and herbs, which can’t be grown during the hot, late springtime and even hotter summers. September is decision-making time.

Should you start closing down gardening for the year or start thinking green for winter and enjoy growing food for the table well into the coming year?

## Take a Break, But First ...

Fall and winter crops have a better flavor, since they are not under the stress of the summer sun. Fewer insects and diseases also help their growth. Those second plantings of tomatoes in August are going to taste great in November. Keep on a regular watering and feeding schedule and enjoy the bounty of

vegetables that results from cooler fall days and nights.

With the approach of the first predicted frost, protect container-grown plants by covering them or storing them temporarily in a protected place. Veggies from your last harvest can ripen when set on paper towels in window sills or, in the case of green tomatoes, enjoy using them in chow-chow (relish) or fried green tomato recipes.

As plants die during the summer and into the fall, gardens have space to fill. Before retiring a garden space until spring, plant a winter cover crop — rye, wheat, oats, ryegrass, hairy vetch or legumes. Sow between August and mid-October, so the roots will become established before the first freeze. These plants hold in soil and will add organic matter back to the soil when tilled under in the spring.



Clean, oil, sharpen and repair garden tools before storing. Follow manufacturers' instructions for storage of all power equipment.

## Planning Your Cold-weather Harvest

As the fall nights cool, it's the perfect time to get winter crop seedlings started. Cool winter plant choices center on roots and leafy veggies and herbs: kale, spinach, Brussels sprouts, Swiss chard,

"We love our new bathroom. We have been customers of Lone Star Floorcovering since 2007 and have always been very happy with their selection and service."

- Vickie and John Carter  
LANCASTER, TX



Visit Our Facebook Page To See More Pictures of Carter's Home  
Call for a FREE ESTIMATE • 972-872-9811  
2203 W. Ennis Ave. in Ennis • [lonestarfloor.com](http://lonestarfloor.com)  
Tues.-Fri.: 10-6 & Sat.: 10-3 or by appt.



Lighting,  
Carpet,  
Hardwood,  
Tile,  
Laminate,  
Vinyl,  
Area Rugs  
& More



» SPECIAL DISCOUNTS  
For Midlothian Residents

**MIDLOTHIAN  
GARAGE DOORS**  
Local and Affordable

Full Service, Repair, & Replacement  
of Garage Doors & Openers.

817.819.3909

CALL  
TODAY!

www.midlothiangaragedoors.net

MIDLOTHIAN OWNED  
AND OPERATED

**CAMPUZANO**  
mexican food

Voted Best Mexican Restaurant in Best Southwest

*Cool off with our Absolutely Phenomenal Margaritas!*

**\$5.00 off  
\$20.00 purchase**

Coupon only good from  
NOW Magazine! NO Copies  
accepted. Expires 9/30/15

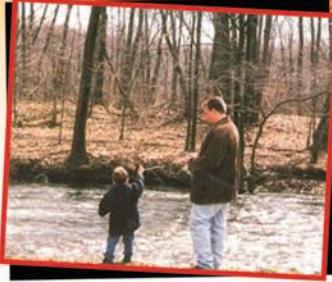
CAMPUZANO  
mexican food

108 N. 8th Street      2167 N. Highway 77      213 W. Beltline  
Midlothian, TX      Waxahachie, TX      Cedar Hill, TX  
**972-723-2634**      **972-938-0047**      **972-291-1053**

2618 Oak Lawn Ave  
Dallas, TX  
**214-526-0100**

# Caring About Myself Counseling Services, PLLC

Life is a journey upon which we must each travel our unique path with the soul to guide us. Forks in the road give us pause to reflect, assess & choose. Twists and turns, curves and bends provide challenges that test our ability to hold onto our own truths.



Services include,  
but are not limited to:

- Marriage Counseling
- Aging/Caregiver Issues
- Grief/Loss of a Child
- Grief/Loss of a Pet
- Home-based Therapy available

**817-845-4709**

Insurance, Medicaid and Private Pay

99 Regency Parkway, Ste 309, Mansfield, TX 76063

caringaboutmyselfcs14@gmail.com

**Liberty Cheer**  
Gymnastics & Dance

**BACK TO SCHOOL SPECIAL**  
**\$15 OFF NEW REGISTRATION**

Now Introducing Our New In-House Gymnastics Program  
Visit our website for details [www.libertygymnasticsacademy.com](http://www.libertygymnasticsacademy.com)

3390 N. Hwy 67 • Midlothian • (817)714-3592 • (972)775-5323 • [www.libertycheerallstars.com](http://www.libertycheerallstars.com)

## Jewelry Repair Center

**While You Wait Services:** Repair Estimates, Jewelry Inspections & Basic Ring Cleaning (no charge), Watch Battery Replacement, Basic Watch Band Sizing

**Next Day Services:** Ring Sizing & Basic Repairs, Ring Revitalizing (Clean, Polish, Tighten Stones & Rhodium, if needed)



972-937-4422 ♦ [wileysjewelry.com](http://wileysjewelry.com)  
2251 Brown St #102 ♦ Waxahachie

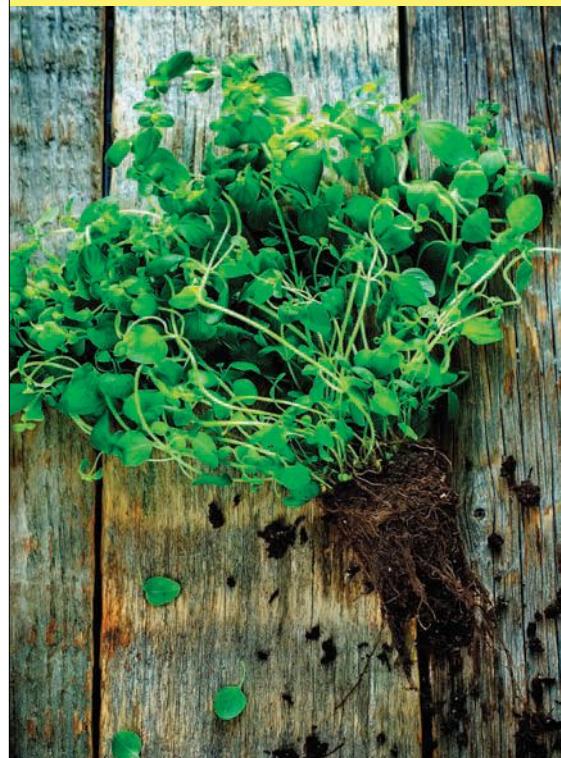
## FIRST PRESBYTERIAN CHURCH

516 West Main Street • Midlothian, TX

**972-775-3747**

Sunday Service Starts at 11 A.M.  
**ALL ARE WELCOME**  
Rev. Princeton Abaraoha

[www.fpcmidlothiantx.org](http://www.fpcmidlothiantx.org)





varieties of lettuce, cauliflower, collards, kohlrabi, mustard greens, garlic, radishes, turnip greens, asparagus, English peas, rutabagas, alfalfa (as an herb used in salads, sandwiches and teas), tarragon, beets, leeks and carrots. Rosemary, an evergreen herb, is a wonderful choice. Plant the seeds in starter kits available at local garden centers or directly into tilled gardens or containers.

While rain might be plentiful in the winter, keep a water source handy for occasional dry periods. Plant roots will not freeze as easily if the surrounding ground is watered prior to a freeze. Remember to feed the winter crops every two to four weeks with a well-balanced fertilizer.

If a severe winter is predicted, spend some time this fall by building and/or collecting some season extenders. Repurposed old shower doors and glass window frames along with hay bales for insulation become cold frames. Hotcaps or *cloches* (the French word for bell) are mini greenhouses, which retain the warmth from the sun and protect the plant from being covered in frost. Plastic milk jugs with cut-away bottoms or garage sale plastic punch bowls make great *cloches* to protect low-growing greens. Another, but more expensive protective solution is to build hooped row tunnels and covers. Detailed instructions, photos and videos for all of these suggestions can be found on the Internet.

## Hot Soups Need Herbs

Culinary herbs can be grown in pots that can be easily moved inside when temperatures dip below 40 F, or they can become a true kitchen garden by setting pots on the kitchen counter or in a sunny window sill. Keep the plants watered and use a mister on the leaves to keep them from drying out in the heated house. Turn each plant every day for even growth. Once plants reach 4-5 inches

**THE BEST KEPT SECRET  
IN MANSFIELD!**

# OVC

ONE 10 VOLLEYBALL CLUB

**CLUB TRY-OUT DATES FOR 2015**

**SEPTEMBER 26TH AND 27TH • AGES 10 - 13**

**OCTOBER 3RD AND 4TH • AGES 14 - 15**

**OCTOBER 10TH AND 11TH • AGES 16 - 18**

*All ages welcome. Parent meetings scheduled for Wednesday, Sept. 2nd @ 7pm and Sunday, Sept. 13th @ 3pm. Visit us at [www.one10volleyball.net](http://www.one10volleyball.net) for complete details.*

*Pre-tryout training and private lessons available.  
Improve your skills.*

**1551 Heritage Parkway, Suite 103, Mansfield • 817-404-7199**

**K CPA** **McDONNELL RICHARDSON CPA, PC**  
Certified Public Accountants

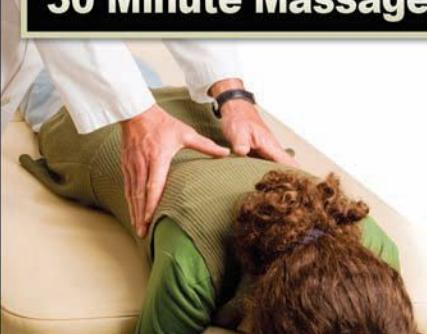
## A Better Experience

Principal Office:  
714 Ferris Avenue • Waxahachie  
(972) 923-2881 • [www.kj-cpa.com](http://www.kj-cpa.com)



TAX FILINGS | BOOKKEEPING | PROPERTY TAX CONSULTING | TAX DISPUTE RESOLUTION

**NEW PATIENTS RECEIVE A FREE  
30 Minute Massage**



**Now Two Locations  
to Elevate the Health  
of Our Communities.**

**Red Oak**  
CHIROPRACTIC & THERAPY



972-576-5501  
[RedOakChiro.com](http://RedOakChiro.com)

**Midlothian**  
Chiropractic & Therapy



972-775-2550  
[MidloChiroTX.com](http://MidloChiroTX.com)

**Have a Safe & Happy Labor Day!**

**HARDIN**  
**HEATING & AIR**  
Residential & Commercial  
Financing Available!

**TRANE** **MITSUBISHI** ELECTRIC **Amana** Heating & Air Conditioning

**(972) 775-8084**  
621 Primrose Drive • Midlothian

tim@hardinheatingandair.net • www.hardinheatingandair.net • License # TACLA29428E



*Jaynes*  
Memorial Chapel

Caring *hometown* service since 1998

**JAYNES MEMORIAL CHAPEL WELCOMES YOU**

When you have experienced the loss of a loved one, you can trust us to guide you through the arrangements necessary to create a meaningful ceremony that celebrates the unique life being honored. Our staff is committed to providing your family with the highest quality care and service in your time of need, and we take pride in our responsibility to lighten your burden as you take the first steps toward healing.

**Jaynes Memorial Chapel**  
811 S. Cockrell Hill Road, Duncanville, TX 75137  
Phone: (972) 298-2334 • jaynesmemorialchapel.com

*Celebrating life, honoring families, serving you in your time of need*

in height, cooks can harvest from the top. Herbs that are easy to grow inside include: parsley, rosemary, thyme, chives, marjoram, savory, oregano, sage, basil and scented geraniums. If a kitchen has no space and/or light, a grow light and stand will work in any room.

## Planning the Spring Garden

As days get shorter, it's time to think of next spring's garden. What worked well this past season, and what new crop will be included for next year? Did the family enjoy eating fresh veggies? If so, think of adding fruit and nut plant varieties to the garden between December and February, the dormant time span for most fruit and nut plants in Texas. These months are also the time to prune fruit trees that are already a part of your garden plan and to build frames for berries. The most popular fruit and nut varieties — blackberries, blueberries, figs, grapes, pears, plums, strawberries,



**St. Joseph Catholic School**

[WWW.STJOSEPHOKTOBERFEST.COM](http://WWW.STJOSEPHOKTOBERFEST.COM)

The Shelton Family • John Sullivan, MD • The Toker Family  
OKF Co-Chairs: Marissa Geary, Heather Hall, Kristin Morrow

Jenny Vidrine, State Farm • Interbank • Blake Family • Dart Container  
Waxahachie Cleaners • Dr. Frederic C. Puckett, PLLC  
Dr. and Mrs. Robert Bennett • Links Renovation • Victron Energy  
Acme Brick • Deepak C. Patel, MD  
John C. Wray, Attorney at Law • Handprint Graphics  
Mike and Kim MacLeod • College Street Printing • Rainmasters Irrigation  
Misty Culpepper, CPA • Hunter Excavation

## THANK YOU, SPONSORS!

**Sept. 19, 10AM - 8PM**  
Free Admission • Free Parking

# OKTOBERFEST

WAXAHACHIE CIVIC CENTER

Fun for the whole family!

Children's Games  
Silent & Live Auctions  
Raffle Drawings  
Biergarten

Karaoke Contest  
German Food & BBQ Plates  
Live Music  
Shopping

WAXAHACHIE ANESTHESIA CONSULTANT SERVICES, INC.

Diamond Ranch

Krombacher

YELDELL, WILSON, WOOD & REEVE, P.C.  
CERTIFIED PUBLIC ACCOUNTANTS

KJ LAW

HEXBUG Micro Plastic Creations

BUSINESS built on SERVICE

MIKE'S DELIVERY INC  
Mike & Mary Minter

Believe THERAPIES

Living ELLIS COUNTY MEDIA GROUP

Mark D. Griffith  
Griffith & Associates  
Criminal Defense Attorneys  
[elliscountycriminaldefense.com](http://elliscountycriminaldefense.com)

go MO

CNB TEXAS

Citizens National Bank of Texas  
Your Bank Since 1866

## Call NOW for the new countertops you've always wanted!



- ✓ FREE Estimates
- ✓ Competitive Pricing
- ✓ Up to 15-year Warranty on Some Products

**MTM** Countertops

2460 Hwy. 287 N. • Mansfield • For more info call 866-439-1935.  
(Northbound service road – between Callendar Rd. & Turner-Warnell)

**FREE**

18-gauge Stainless Steel Sink  
(\$350 value)

Call or visit our website for details!  
[www.MTMCOUNTERTOPS.com](http://www.MTMCOUNTERTOPS.com)

Granite, marble & quartz fabricator for kitchen & bathroom countertops

Extensive color selection combines beauty, function & elegance for any bathroom or kitchen!



**SILESTONE®** by COSENTINO

Come see our wide selection!

SHOWROOM HOURS:  
MON-FRI: 8AM - 5PM  
SAT 10AM-2PM

LIKE US ON

# A1AMoving

- Portable Storage Containers • Boat & RV Storage
- Local & Long Distance Moving [f](#)



**A1AMoving**  
• LOCAL & LONG DISTANCE MOVING [f](#)  
**972-921-6515**



## See What's New!

New Warmers,  
**New Catalog, New Scents!**  
Host a Qualifying Party  
of your choice to Earn  
**Free & ½ Price Scentsy!**



**Order Today!**  
**Phone Orders Welcome**  
Or Call for an  
Appointment Today!

Debi Mangan  
*Independent SuperStar Director*  
[www.eFlameless.com](http://www.eFlameless.com)  
[debmangan@sbcglobal.net](mailto:debmangan@sbcglobal.net)  
(972) 937-1440 Office • (903) 258-3513 Cell

16 LED Color Options  
3 Mist Settings  
1 Amazing Lifetime  
Warranty!



native pecans and black walnuts — will be available at local garden centers during these months.

## Enjoying the Harvest

Whether the shelves are stocked with canned vegetables or freezers are full of frozen produce, households that grow veggie crops can enjoy great-tasting foods and memories made at many upcoming meals and special occasions. There's also the satisfaction of turning sunny portions of a grass lawn into a productive food source and teaching children to grow what they eat. During the long winter nights there will be plenty of time to dream of the new gardening adventures that await you in the spring. **NOW**

**Scentsy**  
INDEPENDENT  
CONSULTANT



**NOW IS THE TIME TO  
PREVENT WEEDS!**



**817-692-7693**  
[www.weedsolutionsinc.com](http://www.weedsolutionsinc.com)

**Firefighter  
Owned**

Custom-blended Fertilizers  
Weed Preventatives  
Core Aeration  
Mosquito Control  
Lawn Insect Control  
Grassy Weed Control

**\$25.00 off  
first treatment**

New program customers only.

**\$20.00 off  
summer insect  
lawn treatment**

\*OFFERS EXPIRE 9/30/15

For healthy grass, trees and shrubs call  
**MIDLOTHIAN'S FINEST LAWCARE COMPANY.**

Building **RELATIONSHIPS**  
& portfolios is what we do!

**The POPE  
FINANCIAL GROUP**  
of  
**RAYMOND JAMES®**



**Donald R. Pope, CFP®, WMS**  
Senior Vice President, Investments

**Jonathan A. Pope, AAMS®, WMS**  
First Vice President, Investments

222 E. Wheatland Rd.  
Duncanville, TX 75116  
[www.PopeFinancialGroup.com](http://www.PopeFinancialGroup.com)  
972.780.0533 • 888.230.1558

©2013 Raymond James & Associates, Inc., member New York Stock Exchange/SIPC.  
Raymond James is a registered trademark of Raymond James Financial, Inc.



Commercial Renovations  
Design-Build  
Security Entrances  
Interior Design Services

Kevin Poirier - 972.741.9508  
[kevinpoirier@fpconstruction.net](mailto:kevinpoirier@fpconstruction.net)

**FP**  
FISHER-POIRIER  
CONSTRUCTION



## Waxahachie Autoplex [waxautoplex.com](http://waxautoplex.com)

Waxahachie Ford  
2401 North I-35E  
Waxahachie, TX 75165  
(972) 825-4500  
Facebook: Waxahachie Ford

Waxahachie Dodge Chrysler Jeep  
2405 N. Interstate 35-E  
Waxahachie, TX 75167  
(972) 825-4500  
Facebook: Waxahachie Dodge Chrysler Jeep

### Hours:

Sales:  
Monday-Saturday: 9:00 a.m.-8:00 p.m.

Parts and Service:  
Monday-Friday: 7:00 a.m.-6:00 p.m.  
Saturday: 8:00 a.m.-4:00 p.m.  
Sunday: 10:00 a.m.-2:00 p.m.



The Waxahachie Autoplex team goes out of their way to make their customers happy.

# Dealer Friendly

*Waxahachie Autoplex tries to give everyone a reason not to look elsewhere for a car.*

— By Betty Tryon

Waxahachie Autoplex won the highest honor for Ford dealerships for the first time in 2014. That honor came after much effort for the customers who benefited from the dealership. "We sell over 350 cars a month," Wes Spence, general manager informed. "The reason for our success is we aren't on TV or do high-pressure sales. We don't do hard negotiating back and forth. That is not allowed. Our Google ratings and our reputation ratings are extremely strong."

Matching their skill and salesmanship to what customers prefer is something the dealership actively cultivates. "We understand that not everyone enjoys visiting a car dealership," Wes shared, "so, we try to make it easier. We even deliver to their homes!" He estimates that about 25 percent of their customers

sign for their cars on their kitchen tables. The price doesn't change and the payment doesn't change because of this service. This amenity generates a lot of referral business with many of the automobiles being delivered to far away cities such as Houston, Austin and San Antonio.

"If you know you want a new, white Mustang, instead of shopping all around Houston, we will make a deal to sell it to you on a Ford invoice," Wes explained. "We don't do any game playing because if you come out here, you will pass up about 20 dealers, and we want to sell to you."

Waxahachie Autoplex houses a Dodge-Chrysler Jeep store and a Ford store. They have over 300 selections of pre-owned cars. "We sell a lot of high-end cars such as BMWs and Mercedes,"

Wes stated. "Our pre-owned cars have over a hundred point inspection, clean CARFAX and are certified. We have a philosophy that we will not sell you a bad pre-owned car. However if it happens and we can't fix it or take care of it, we try to help customers by finding something different."

## "We are very people friendly.

They realize that the consumer can buy anywhere they choose. The dealership has 22 lenders to shop for the best interest rates possible, and the savings are passed along to the customer. Another bonus for purchasing a vehicle from Waxahachie Autoplex is the maintenance the dealership offers free of charge. "Any car you buy from us whether new or pre-owned gets a two-year maintenance program," Wes stated. "All you have to do is put in gas or diesel and we do the rest for two years. We do this for customer retention. We do everything in our power to get your referral and get you back in our store doing business with us."

His efforts are paying off as the business grows. A great location helps also. "The growth of Waxahachie and this county is unbelievable," Wes exclaimed. Recently, they had a ground breaking ceremony for the new addition, which will house all new Ford sales and service and the accounting office. The current building will become a used car super center, which will create 30-40 more jobs with plans to have additional jobs in the future.

Wes attributes Bobby Malatia, the operations manager, and many of the managers with the success of the business. "We are very people friendly. Our philosophy is to make every customer happy. We go out of our way to do that." **NOW**

**Suzushii**  
Sushi & Grill

Lunch  
Bento Box  
Serves at  
**\$6.95**

Serving sushi roll  
over 80 items

OPEN 7 DAYS  
Mon-Fri: Lunch 11am-3pm • Dinner 4:30-10pm  
Sat: 11-10pm Sun: 12:00-9:30pm

**\$5 OFF**  
Any \$25 Order  
Alcohol not included. Tax not included.  
Dine-in only. One coupon per party.

638 Uptown Blvd. Cedar Hill • 972 293-1009 • [www.suzushiisushiandgrill.com](http://www.suzushiisushiandgrill.com)

**LLI**  
CONSTRUCTION INC.

**READY FOR THAT COVERED PATIO,  
CEDAR ARBOR OR BRAND NEW FENCE?**

**Give us a call! 682-232-6030**

**Locally Owned • Quality Workmanship  
References available on request.**

# Around TownNOW



Midlothian Mayor and City Council are hard at work at a regular meeting.



C.E.R.T. trainers Sharon Wrobel and Gordy VanSteenberg participate in a recent training.



Midlothian Chiropractic & Therapy hold a ribbon cutting ceremony.



106.9 The Ranch accepts their Chamber plaque from Cammy Jackson.



Jeff Honeycutt accepts a Savvy Boheme gift from Keri Lehmann at the Midlothian Chiropractic & Therapy grand opening.



Savvy Boheme hosts an after hours skin seminar for customers.



Texas Search & Rescue team members greet people at the Mid-Way Airport Fly-In Pancake Breakfast.



Seniors enjoy a day of fellowship and games at Midlothian Senior Citizens Center.



# NATIONAL PREPAREDNESS MONTH

*We are prepared to meet all your title needs!*

## Arlington

1241 W. Green Oaks Blvd.  
Suite 101  
Arlington, TX 76013  
(817) 457-3930 p | (817) 457-2976 f



Linda Sanders  
Escrow Officer



Kim Moore  
Escrow Officer

Since 1992, no other title insurer has had higher overall ratings than the Old Republic Title Insurance Group.

## Mansfield

1405 N. Highway 287  
Suite 101  
Mansfield, TX 76063  
(817) 453-8104 p | (817) 453-7418 f



Jo Waldrop  
Escrow Officer



Lolly Waller  
Escrow Officer



OLD REPUBLIC INSURANCE GROUP

Jennifer Rehn  
Hairdresser

FERRANTE  
Hair Studio

817-966-0045  
810 Alex Ln., Midlothian

Nails • Facials • Waxing • Xtreme Lashes • Body Wraps • Airbrush Tanning

Heath Mobile  
Veterinary  
Services

Offering at-home &  
on-farm vet care  
for large &  
small animals

Dr. Susan  
Heath

469-734-7978

Serenity  
NAIL SALON & SKIN CARE

1219 E. Debbie Ln., Ste. 115 • Mansfield  
(One block west of Matlock)

817.539.0099

[www.serenityofmansfield.com](http://www.serenityofmansfield.com)

**10% OFF**  
total visit  
Cannot be combined with other offers.  
Must bring ad for discount.

## Protect Your Home-based Business

More than half of America's businesses are home-based, according to the U.S. Small Business Administration. But setting up headquarters in your home doesn't mean your homeowners insurance will adequately protect your operation. "A typical homeowners policy provides about \$2,500 of coverage," says Loretta Worters, vice president of communications for the Insurance Information Institute. That usually will cover equipment, but it won't offer liability protection or cover you for lost data or income.

Do your research to protect yourself and your home business. "An important thing for any business owner to do when starting out is to create a business plan," says Worters. "That includes having the right type and amount of insurance coverage."

### Coverage Options

In general, home-based business owners have three basic options:

- Homeowners policy endorsement: This is added to a homeowners policy to increase coverage on business equipment. There also may be the option to buy a homeowners liability endorsement for protection in the event someone — say, a delivery person — is injured on your property.

- In-home business policy: An in-home business policy provides more comprehensive coverage for business equipment

and liability than a homeowners policy endorsement. These policies, which may also be called in-home business endorsements, vary significantly depending on the insurer.

- Business owners policy: Also called a BOP, this plan offers the most comprehensive coverage for small- and mid-size businesses. It protects against many of the same things that in-home business policies do, but offers even more coverage.

### Other Considerations

Being a savvy home-business owner is about more than having the right insurance. Other factors to consider include:

- Additional insurance: Re-evaluate your coverage as your business grows and your needs change.
- Zoning laws: Visit your local planning office to review restrictions that could affect your business.
- Licenses and permits: Find out which licenses and permits you need to run your business legally.
- Taxes: Talk to a tax professional about tax laws for home-based businesses. Also research money-saving deductions, such as the home office deduction.

Not sure if you're adequately protected? Meet with your agent to discuss the insurance needs of your home-based business. **NOW**

*Tim Tobey is a State Farm agent based in Midlothian.*

**Stop Dreaming ...**  
Call us today to make it a reality.

Mortgage Loans • Interim Construction Financing • FHA Loans  
One-time Close Construction Loans • Remodel/Refinance Loans



**MORTGAGE  
COMPANY**

[www.esbmortgage.com](http://www.esbmortgage.com)

972-878-5866 • 815 W. Ennis Avenue • Ennis, TX 75119



**Register NOW!**

**Ages: 18 Months - 8 Years**  
**Player Development Through Proven Curriculums**

**BASEBALL**  
Mascots (2 yrs.)  
Minors (3 yrs.)  
Majors (4 yrs.)  
Hall of Famers (5 yrs.)  
Sluggers Plus (6-8 yrs.)

**SOCCER**  
Kittens (18 - 25 Mos.)  
Cubs (25 - 35 Mos.)  
Cheetahs (3 - 3.5 yrs.)  
Panthers (3.5 - 4 yrs.)  
Lions (4 - 5 yrs.)  
Premier Classes (5-8 yrs.)

**BASKETBALL**  
Tiny Bouncers (2 yrs.)  
Crazy Jumpers (3 yrs.)  
Big Hoppers (4 yrs.)  
Slam Dunkers (5 & 6 yrs.)

**TEXAS PREMIER YOUTH SPORTS SINCE 2004**

We keep It Fun Indoors!  
972-978-8530 • Apex in Mansfield  
[www.TexasPremierYouthSports.com](http://www.TexasPremierYouthSports.com)

# An Unexpected Reason to Take a Closer Look at Your Child's Tonsils

Approximately 500,000 tonsillectomies are performed in the U.S. each year. And while the number of these procedures has dropped significantly in the last 30 years, it still remains the second most common childhood surgery — but not for the same reasons you, or perhaps your parents, had the procedure. Rather, 80 percent of tonsillectomies are now performed to open a child's airway, while chronic tonsillitis only makes up 20 percent.

What do tonsils have to do with a child's airway, and why do we need to open them up? When a child has chronically enlarged tonsils, they can partially (or completely) obstruct a child's airway when the child is asleep. Just as excess weight or a very large tongue can cause obstructive sleep apnea in an adult, large tonsils can cause sleep apnea in a child. Sleep apnea can cause a host of medical complications in a child's developing body, including ADD/ADHD, poor performance in school and bedwetting well past potty training.

Whether or not a child with enlarged tonsils has true sleep apnea, they will very likely develop into mouth-breathers at night, and sometimes during the day as well. Mouth-breathers are likely to still not be getting adequate oxygen to their brains, preventing them from performing their best at school. Also, because their air

is not properly filtered through their noses, they are more likely to have seasonal allergies and frequent colds.

In addition, when a child's mouth is chronically open, it can drastically affect the development of their mouth, face and jaw. The most visible changes could be dark circles under the eyes, as well as a recessive chin and an elongated lower face, as the jaw will grow downward more than outward. The roof of their mouth will develop more narrowly, furthering their likelihood of sleep apnea. It may become difficult for them to close their lips when their teeth are together.

When their mouths are open at night, saliva flow will decrease, and bacteria have longer to flourish. These children will often build up heavy plaque on their front teeth, and they are more likely to develop cavities. If you see some of these signs and symptoms in your child, or notice that they have very large tonsils for a long period of time, talk to your child's dentist or pediatrician to determine if they should see an otolaryngologist. **NOW**

*Toni Engram, DDS  
Legacy Dentistry*

## PARTY LIKE Picasso



Have Fun, Paint, Eat, Drink & Leave With Your Own Masterpiece!

Art Parties are available for ages 5 and up. Contact Us to Book your Art Party today!

Register Online or call 972-293-1117

## DIGITAL PHOTOGRAPHY 101

Sat. September 19th from 9:30-12:30 • \$40

You will need any digital camera that should have the ability to change the shutter and aperture settings. This class will help you understand the basic camera operation and the importance of light.

## ENCAUSTICS WORKSHOP

AGES 11 AND UP *Wax Painting*

SAT. SEPT. 19TH FROM 1:30-4:30

\$75-All Supplies Included

In this workshop, 2 works of art will be created. Artist will leave with the ability to fuse, create texture & use transfers with encaustic medium.

## SESSION 7: ADULT, TEEN, & KID ART CLASSES START SEPTEMBER 21

### EARLY REGISTRATION DISCOUNT

6-WEEK CLASS ONLY \$169.  
KIDS 6-WEEK CLASS AS LOW AS \$81.  
CAN'T MAKE THE COMMITMENT FOR A 6-WEEK CLASS..  
DON'T HESITATE, GIVE US A CALL FOR SPECIAL DROP IN RATES!  
OFFER ENDS 9/19/15 SO SIGN UP TODAY FOR THE CLASS OF YOUR CHOICE.  
(PRICE DOES NOT INCLUDE FEE. DEAL IS NOT VALID WITH ANY OTHER OFFERS OR PROMOTION).

# VISUAL EXPRESSIONS

[www.veartgallery.com](http://www.veartgallery.com) • 972-293-1117 • 1425 N. HWY 67 Cedar Hill TX 75104

# Calendar

SEPTEMBER 2015

**September throughout October 3**

The Midlothian Market (formerly Midlothian Farmers Market): **Saturdays**, 8:00 a.m.-1:00 p.m., or until everything is sold, Larkin Newton Cabin.

**September 7, 14, 21, 28**

Celebrate Recovery meeting: 7:00-9:00 p.m., Lighthouse Coffee Bar, 1404 N. 9th St. A Christ-centered recovery program designed to help those struggling with hurts, habits and hang-ups.

**September 7, 19, 30**

9th Annual DFW Free Day of Yoga: **9:30 a.m.**, Gentle Yoga; **10:45 a.m.**, Beginner/Intro to Yoga 101; **Noon-1:00 p.m.**, Open House Potluck Party with sales, healthy snacks, demos, and music; **4:45 p.m.**, Mix Level Yoga Class; **September 19**: 9:00 a.m.-1:00 a.m. for 108 Sun Salutations. **September 30**: 7:00-8:15 p.m. global yoga and meditation practice concluding National Yoga Month. Crescent Yoga Studio & Boutique, 812 Alex Ln. Bring a friend. Sign up online to hold your spot in classes at CrescentYogaStudio.com

**September 12**

Kimmel Park Centennial Celebration: 10:00

a.m.-2:00 p.m. Kimmel family honored. Food, music entertainment and activities will be available to celebrate the 100th birthday of the historical park.

**September 19**

2015 Annual Auction: 4:30 p.m., The U.S.S. Southern Legend will set sail at **5:30 p.m.** Highlights of the cruise include: Casino (for entertainment purposes only), photo booth, delicious buffet provided by Mo & Hari's Italian Bistro, silent and live auctions, raffle and loads of fun. For information, contact the Chamber at (972) 723-8600 or info@midlothianchamber.org.

Movie In The Park: *Dolphin Tale 2*: 7:30 p.m., Hawkins Spring Park, 1498 FM 1387. Bring lawn chairs or blankets and coolers for snacks/drinks. The concession stand will be open.

Pet Adoption Event: 9:00-11:00 a.m., Wal-Mart Garden Center Entrance, 400 N. Hwy 67. Monthly adoption event. Animal Shelter pets available for adoption will be in attendance. Contact (972) 775-7614 for more information.

Imperial Brass In Concert organized by Waxahachie Symphony Association:

7:00 p.m., 1200 Sycamore, Waxahachie. Southwestern Assemblies of God University (SAGU) Hagee Center SAGU can be found just south of the Dallas-Fort Worth metroplex in Waxahachie. For event and ticket information, please visit [www.waxahachiesymphony.org](http://www.waxahachiesymphony.org).

**October 3**

Paws for Reflection Ranch Round Up Fundraiser Event: 6:30 p.m., 5431 Montgomery Rd. Dinner, drinks, dancing, silent auction and live music from The Pontiac Band. Adult only event. Tickets available at the Ranch. Contact information: PawsForReflectionRanch.org, PawsForReflection@att.net or call (972) 775-8966

**October 17**

Midlothian Annual Fall Festival and 5K Run: run begins **8:00 a.m.**; festival opens **9:00 a.m.**

*Submissions are welcome and published as space allows. Send your current event details to betty.tryon@nowmagazines.com.*

**OVILLA**  
**SMALL TOWN**  
**BIG HEART**

# Ovilla Heritage Day

**September 26 • 9:30 a.m. to 2:30 p.m.**  
Behind Ovilla City Hall • Parade Begins at 9:00 a.m.

**Presenting Sponsor**  
  
 Entertainment featuring  
**Red Oak Opry**  
*Live Country & Gospel Music*  
 Additional Entertainment  
 by She Dances  
 Old Classics & New 2016 Cars



**FUN FOR THE WHOLE FAMILY!**  
 Food, Vendors,  
 Games, Bounce House,  
 Petting Zoo & More!

**Community Sponsor**  
  
**Visit the Vertical Zone**

**Diamond Sponsors**















# KNEE PAIN SUFFERERS FIND NEW HOPE IN FDA APPROVED TREATMENT

Treatment Covered by Most Major Health Insurance Plans - Including Medicare



SPACE IS LIMITED

## Who is a good candidate for this treatment?

- Have you been diagnosed with osteoarthritis?
- Do you wake up with knee pain?
- Does your knee pain keep you from certain activities?
- Have you been told you need a knee replacement?
- Are you active and sometimes suffer from sore knees?
- Do you have difficulty going up and down stairs due to knee pain?
- Do you take medications for knee pain?
- Are you considering surgery to alleviate knee pain?
- Have you suffered a knee injury during a sporting event?
- Does your knee ever feel like it is "giving way" or unstable?
- Has a recent car accident caused you a knee injury?
- Have you had a direct blow to the knee from a fall?

**Consider these facts before surgery.**  
People who suffer from knee pain typically try supplements or pain medications before seeking help from a doctor. When all else fails, and the pain is too much, some feel that surgery is the only option. Before you put yourself through months of immobility, pain, rehab and hefty medical bills, consider something else.

**How do I know that this is right for me?**  
In most cases, if you have knee pain, this is a great solution. Our doctors will give you an honest and fair evaluation of your particular knee pain. Call today to schedule your FREE knee consultation. Now is the time to take control of your life and say goodbye to knee pain the nonsurgical way!

— Dr. Natasha Maza, D.C.  
— Dr. Michael K. Shrader, M.D. Medical Director  
— April Morgan Family Nurse Practitioner

**Call now to change your life. You can live pain free.**



HOMETOWN  
PHYSICAL MEDICINE

607 Ferris Ave.  
Waxahachie

972-923-1003

CALL TODAY TO SCHEDULE YOUR  
**FREE CONSULTATION**

[www.hometownchirotx.com](http://www.hometownchirotx.com)

2200 W. Ennis Ave.  
Suite A • Ennis

972-875-8600

El Doctor Habla Español

Disclaimer: Due to Federal Law some exclusions may apply.  
Copyright © Epic Marketing 2013

Consistently providing you with honesty, integrity and professionalism.



1796 S. WESTMORELAND, OAK LEAF - \$319,900

Looking for the country feel but wanting a spacious custom-built home with all the upgrades? Well this is it! This beautiful 4-bedroom, 3-bath home features a split-bedroom design and open floor plan throughout the living areas. The living room has hand-scraped wood floors and features windows looking into the backyard. The master has its own fireplace and the master bath is a must see! All of this on a 2-acre treed lot with a creek!



1887 ASHFORD LANE, MIDLOTHIAN - \$259,900

Often sought out, but hardly found! This beautiful 4-bedroom, 2-bath home features a great, flexible floor plan. Fourth bedroom is oversized and would make a great office! Beautiful hardwood floors and crown molding! The kitchen features granite counter tops, SS appliances and tiled back splash. The lot is private and features a wood privacy fence with room for the kids to play or to add a shop! Outside City Limits!



THE OLIVER TEAM  
Chris & Holly Oliver

[www.facebook.com/theoliverteam](http://www.facebook.com/theoliverteam) | coliver@remax.net | hollyoliver@remax.net

3711 OVILLA ROAD,  
OVILLA, TX 75154  
DIRECT: 972-921-5797

**RE/MAX®  
ARBORS**

972-515-8111



## In the Kitchen With Ashley Phimm

— By Betty Tryon

Ashley Phimm's inspiration for cooking stemmed from a very simple and primal need. She was hungry! "I enjoy cooking because I personally love eating, but who doesn't?" she shared. Ashley has only been cooking for a year but has already found great success in helping the Practicum team she cooked with at school attend state competition. She credits Lauren Fraga, her instructor, for the achievement.

Ashley likes to use ingredients in her recipes that may be foreign to most American cooks. "My parents are from Laos, so the ingredients I use sometimes affect my cooking." However, she willingly shares her culinary experience. "I'll cook for anyone if I'm sure they would like my cooking!" **NOW**

### Chocolate Pecan Pie

#### Dough:

**10 oz. all-purpose flour  
1.25 oz. sugar  
1.25 oz. salt  
4 oz. butter  
2 oz. ice water**

#### Filling:

**4 oz. light corn syrup  
4 oz. dark corn syrup  
8 oz. granulated sugar  
3 eggs  
1 tsp. vanilla bean paste  
6 oz. pecans, chopped  
6 oz. semi-sweet chocolate chips  
6 oz. pecan halves**

#### Topping:

**12 oz. heavy cream  
3 oz. confectioners' sugar  
1 tsp. vanilla bean paste**

**1. Dough:** In a food processor, combine flour, sugar and salt; pulse to combine. Add butter; pulse until mixture resembles coarse meal, with just a few pea-size pieces of butter remaining. Sprinkle with ice water. Pulse until dough is crumbly but holds together when squeezed with fingers. To help ensure a flaky crust, do not over process.

**2. Transfer** dough (still crumbly) onto a piece of plastic wrap. Form dough into a disk 3/4-inch thick; wrap tightly in plastic. Refrigerate until firm, at least 1 hour. Roll out crust and place in the bottom of a pie plate.

**3. For filling:** Combine the first five ingredients in the bowl of a stand mixer and blend, using the paddle attachment until combined.

**4. Gently fold** in chopped pecans and chocolate chips. Pour mixture into prepared pie shell and top with remaining pecan halves in a circular pattern.

**5. Topping:** Place all ingredients into the bowl of a stand mixer. Use the whisk

attachment to whip cream mixture until very thick and creamy; top pie.

**6. Bake** at 350 F for 1 hour or until it is set. Let cool before cutting.

### Vietnamese Meatball Soup

#### Meatballs:

**1 lb. or less ground turkey  
1 Tbsp. shallot or onion, chopped  
1 Tbsp. fish sauce  
2 cloves garlic, minced  
1 Tbsp. ginger paste  
1 lime, zest only  
1 small bunch cilantro leaves, chopped  
Salt and pepper, to taste**

#### Broth:

**1 qt. beef stock  
1 qt. chicken stock  
2 tsp. chili paste  
2 tsp. ginger paste  
2 Tbsp. soy sauce  
1 Tbsp. honey  
Salt and pepper, to taste  
Fish sauce, to taste**

#### Noodles:

**8-oz. to 12-oz. rice noodles, soak or boil according to package directions and set aside.**

**Bean sprouts, to taste  
Carrots, julienned, to taste  
Cilantro, chopped, to taste  
Green onions, chopped, to taste**

**1. For meatballs:** Mix all ingredients; form into meatballs and set aside.

**2. For broth:** Combine all ingredients and bring to a boil. Add meatballs and simmer about 10 minutes until cooked through. Remove meatballs.

**3. For noodles:** Soak or boil noodles according to package directions. Set aside until meatballs are done.

**4. When ready to serve,** place noodles in bowls along with bean sprouts, carrots, cilantro and green onions. Cover with broth and add meatballs. Garnish with additional cilantro.

**To view recipes from current and previous issues, visit [www.nowmagazines.com](http://www.nowmagazines.com).**

# NOBODY in the World Sells More Real Estate Than RE/MAX.



## RE/MAX REALTY GROUP (972) 935-0095

103 Executive Court, Suite 2  
Waxahachie, TX 75165

### OUR TEAM



Steve Miller

Cell: 214.718.2854



Donna Byers

Cell: 254.715.2406



Ginny Jilbert

Cell: 214.802.2023



Melissa Jones

Cell: 972.351.6270



Kim Jansonius

Ofc: 972.515.8111



Heather Michaels

Cell: 254.715.2409



The Majors Team

John: 972.921.8215

Leslie: 972.921.6880



The Stevens Team

Tiffany: 214.463.9551

Brian: 214.463.9555



Hablamos Español

The Ramirez Team

Frank: 972.670.6635

Maggie: 972.896.9362



Shannon Beddingfield

Cell: 214.808.2720



Donna David & Jamey Cosper

Donna: 972.523.4664

Jamey: 972.268.5493



Each office is  
independently  
owned & operated.



8606 Granville Dr., Dallas

Great floor plan that includes large living area, formal dining and living, 4 bdrm, 3.5 bath and large room upstairs that could be a 5th bedroom or 3rd living area. Open patio overlooks large yard that is perfect for pets and outdoor entertaining. A gas log fireplace to look forward to on chilly nights.



518 Valerie

Well cared for 3-2-2 in sought-after Longbranch subdivision. Beautifully landscaped and manicured lawn. House is open concept with living, dining and kitchen giving you that wide-open feel. Great for entertaining. Split bedrooms, fireplace and sprinkler system are just a few things this home has to offer. House is crisp, move-in ready and inside the boundaries for the new high school.



109 Traveller St., Waxahachie

Beautiful pre-owned Megatel home in Saddle Brook. Energy-efficient 4/2.5 with bonus room. Open floor plan with tons of upgrades, granite countertops, stainless steel appliances, butler's pantry and more. \$267,000



215 Willow Creek Ln., Ovilla

This attractive home offers great space for any size family. Big backyard with pool to beat the summer heat and sun room for the year round gardener. Spacious living room with wood burning fireplace. Lots of cabinets in the kitchen and wet bar in den. Oversized master bedroom with private covered porch. There is even a storm shelter to stay safe during our crazy Texas weather! This home has so much to offer and it all sits on over an acre.

[www.elliscountreyrealtygroup.com](http://www.elliscountreyrealtygroup.com)

TWO Additional Locations to Serve You.

RE/MAX Bluebonnet Country  
206 S. Clay St. Ennis, TX 75119  
(972) 878-2200 • [www.remaxbx3027.remaxtexas.com](http://www.remaxbx3027.remaxtexas.com)

RE/MAX Arbors  
3711 Ovilla Rd., Ovilla, TX 75154  
(972) 515-8111 • [www.remaxarbors.com](http://www.remaxarbors.com)

VOTED BEST MORTGAGE COMPANY IN ELLIS COUNTY 2013, 2014 & 2015

# Gateway

MORTGAGE GROUP

GATEWAY MORTGAGE GROUP IS A REGISTERED SERVICE MARK OF GATEWAY MORTGAGE GROUP, LLC. MLS# 7223

### WE PROMISE:

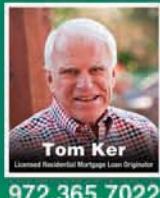
- Community-first Approach
- Local Underwriting
- Reliable Closings & Services for a Lifetime

**CONSTRUCTION LOANS  
NOW AVAILABLE**

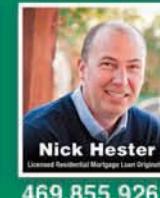
[www.TheSchmidtGrp.com](http://www.TheSchmidtGrp.com) | 972.937.2200 | 1332 W. Hwy. 287 Bypass, Suite 1, Waxahachie



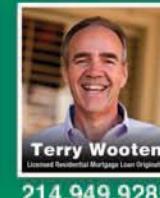
Jeff Schmidt  
Licensed Residential Mortgage Loan Originator  
817.681.7897  
Regional Manager  
100% Lender



Tom Ker  
Licensed Residential Mortgage Loan Originator  
972.365.7022  
Senior Loan Officer  
100% Lender



Nick Hester  
Licensed Residential Mortgage Loan Originator  
469.855.9262  
Senior Loan Officer  
100% Lender



Terry Wooten  
Licensed Residential Mortgage Loan Originator  
214.949.9285  
Senior Loan Officer  
100% Lender



Lupe Diaz  
Licensed Residential Mortgage Loan Originator  
682.241.2902  
Senior Loan Officer  
100% Lender

*Se habla Español*

Your GATEWAY to HOMETOWN Service and Expertise:

The Waxahachie office has over **90 COMBINED YEARS** of experience in the mortgage industry.

So, whether you are purchasing a new home, considering refinancing or even seeking access to your home's equity, we have the right solution to meet nearly any mortgage need.



# WAXAHACHIE

## AUTOPLEX

HAPPY  
LABOR DAY!



- America's best-selling truck for 39 years
- Integrated trailer brake control
- Exclusive eco-boost technology
- Outboard mounted rear shocks
- Best-in-class towing and payload



- 2014 Truck of Texas
- Best-in-class 25mpg hwy
- Class-exclusive torque, elite 8-speed transmission
- 5-year/100,000-mile powertrain limited warranty
- Class-exclusive link coil and air suspension

**Eggs are cheaper in the country and so  
are the vehicles at Waxahachie Autoplex!**



## EXPRESS QUICK LUBE

**Now Open on Sundays**

**OIL CHANGE**  
**\$25 customers\***  
**\$30 noncustomers**

Includes tax+fees. \*Customer must have purchased the vehicle from us.

**Mon-Fri 7-6 • Sat 8-4 • Sun 8-2**

## WAXAHACHIE COLLISION CENTER



- Free Estimates
- All Makes & Models
- Free Loaners

**We work with any insurance company,  
handling the hard work so you don't have to.**

SERVING ELLIS COUNTY AND SURROUNDING AREAS  
[WWW.WAXAHACHIEAUTOPLEX.COM](http://WWW.WAXAHACHIEAUTOPLEX.COM)

**888-405-5606**