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## On The Cover



Taylor Travis shows market animals in this month's Frontier Days PRCA Rodeo and Livestock Show.

*Photo by Lora Ralston.*

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## Editor's Note

*Hello, Friends!*

Growing up with a high-energy mom who also taught school, the month of June always involved vacation Bible school and summer camp for my sister and me. With my daddy, our family also visited relatives and camped in tents — something local Cub Scouts will enjoy, as June is Cub Scout Camping Month. Brazos Valley District Cub Scouts host their annual Cub Scout Day Camp this June 11-15. Families get involved in fun outdoor learning experiences, which enhance children's abilities and creativity, while developing character. Brenda Wolfe and Ginger Cornick organized the Dinosaur Safari program for boys ages 7-11 to meet helicopter pilots, a paleontologist, a ham radio operator and a range officer from Dinosaur Valley State Park. Kudos to Cub Scouts and to all those who prepare our youth to become good people and citizens.

On another note, last month we mistakenly gave cover photo credit to Opaque Visuals. The beautiful photo, however, was submitted by Paula E. Campbell. We apologize for the error.

Happy Father's Day!

*Melissa*

Melissa Rawlins  
WeatherfordNOW Editor

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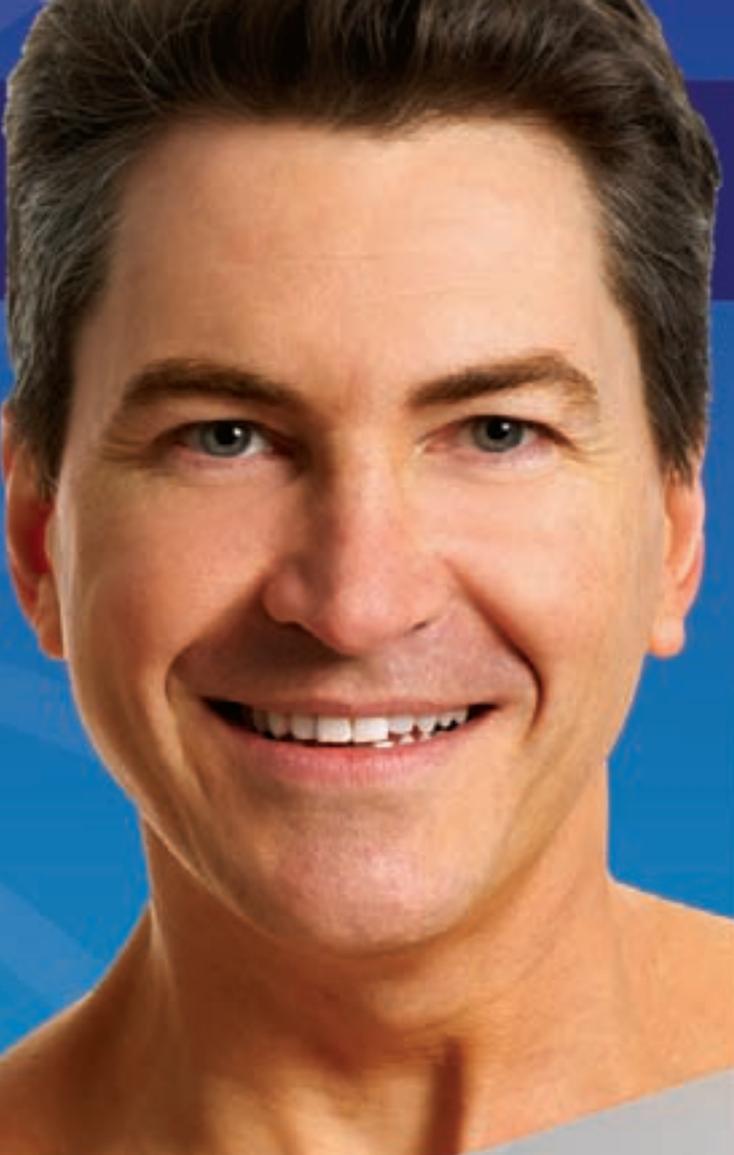
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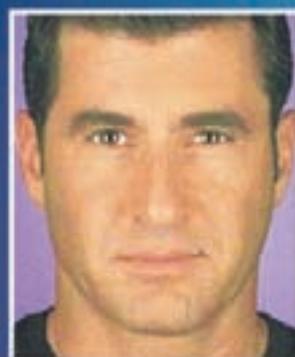
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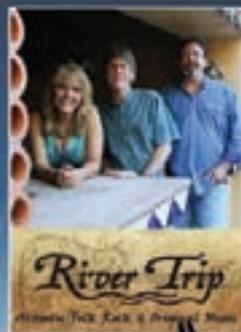
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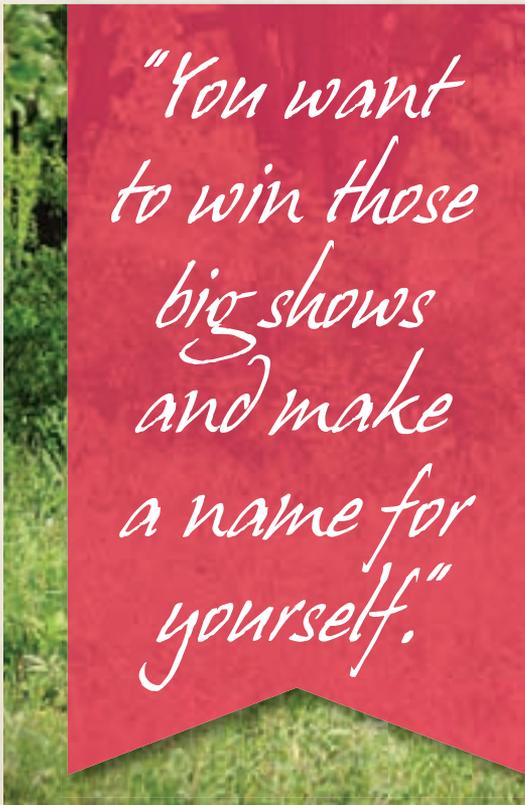
# Driven By AGRICULTURE

— By Amber D. Bronne

*At the young age of 18, Taylor Travis has already accomplished a lot. The Weatherford High School senior has served as school mascot in years past, and just last summer became a part of the Agriculture, Food and Natural Resources department at the school. Taylor has raised lambs and pigs, but her passion is rabbits. "I'm just more competitive with my rabbits, because I win," she said proudly.*

Taylor got involved in breeding rabbits after her grandparents, Nance and Lee Travis-Talley, introduced her to their neighbor down in Killeen, John Foster. He is ranked nationally and shows animals across the U.S. "He got me into that with my first two rabbits. After that, you jump feet first," Taylor explained. She started breeding rabbits her freshman year of high school and began showing them at smaller shows with the Texas Rabbit Breeders Association. Taylor's desire to win influenced her to join Future Farmers of America (FFA). And after two active years in Weatherford FFA, she is closer to achieving her dreams.

"As you get to the bigger shows, you have to be in 4-H or FFA. The more competitive you get, that's where you



*"You want to win those big shows and make a name for yourself."*

want to go," Taylor explained. "You want to win those big shows and make a name for yourself." For each animal that places in the bigger shows, Taylor gets points, which can ultimately lead to school scholarships. This spring, she won a \$1,000 scholarship from Friends of the Weatherford FFA and has applied at the state level for four more scholarships, as well as five awards that come with monetary prizes. With her winnings, Taylor will attend Tarleton

State University this fall, majoring in agricultural education.

"I always wanted to do Ag, but with class schedules and being the mascot, it never fit," she said. Taylor was mascot her eighth-grade year and the varsity mascot her sophomore and junior years at Weatherford High School. She decided to move over to the Ag department her senior year.

Caring for show animals takes a lot of time and money. Taylor feeds her animals





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in the mornings and exercises them after school. She returns at night to feed them their dinner. She spends more than \$100 of her own money monthly for feed, supplements and other expenses. Taylor does not mind the extra work and fees, because she enjoys the companionship of the animals.

"I feel like rabbits are my best friends. When you have a bad day or when you just have to get something off your chest, you can tell them, and they don't tell anyone," she chuckled. "I like to think they're listening." She mostly focuses on breeding rabbits, which she is able to keep after a show.

She has also raised pigs, which she enjoys when they are cute and cuddly. "When they're 250 pounds, mean and only want to eat, I'm ready for them to go," Taylor admitted. The animals are sent to the slaughter house, even if they do not place at shows.

Taylor also thrives on the competition of showing her animals. "The level of competitiveness is so high," she said. "You have to work really hard to get it." At the San Angelo Stock Show, Taylor won Senior Showmanship and Grand Champion for her Mini Rex and Californian rabbits. She also won Grand Champion for Californian at the Fort Worth Stock Show. Taylor took second place in the Houston Stock Show. "It's so hard to get, and when you get it, it's like 'Wow!'" she exclaimed. She is showing a market pig, a market lamb, two sets of

market rabbits and 30 breeding rabbits during this month's Parker County Sheriff's Posse Frontier Days PRCA Rodeo and Livestock Show, where she could win a scholarship. If the animals sell, premiums up to \$200 are also handed out to the owners. Taylor has a few other shows this summer, and then her points will be tallied up for a possible scholarship.

Taylor plans to continue raising breeding rabbits in the Collegiate FFA. She will keep her rabbits in her grandfather's air-conditioned barn and travel to meet him at various shows across the state. Right now, Taylor houses her rabbits at home. Taylor lives with her mom, Tana, who is more of a city girl. "She's still supportive," Taylor said. Her dad, Tim, is also very supportive of Taylor. "I think he would bend over backwards to do anything for me."



FFA has taught Taylor valuable life lessons. "You are learning all these different aspects," she said. "You learn career qualities and how to lead." Public speaking, managing money and caring for animals are just a few of the other lessons taught. She has also learned a lot about herself, mostly through the guidance of the Ag teachers, Amber Jennings and Aaron Baker. "We spend so much time together," Taylor said. "You have these people, men and women in your life, who love you so much that they can tell you what is wrong. You change it, and you win."

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Although Taylor has only been involved with the school's Ag department for a year, her teacher, Mrs. Jennings, says Taylor has been extremely active, interested and curious. Mrs. Jennings teaches a wide variety of classes, ranging from flower arrangement and veterinarian medicine to agriculture. She believes learning about the industry now will help the younger generation make better decisions in the future.

"They need to be able to make food-conscious decisions," Mrs. Jennings explained. "Agriculture plays a big role in politics, and they need to be able to make decisions that will benefit them and their families and the agricultural world we live in."

Taylor had previously wanted to teach special education, but now she feels her calling is to become an Ag teacher, partly because of Mrs. Jennings' guidance. "This is a family. This chapter is my family," Taylor said about building strong relationships with her teachers and classmates.

Taylor has carved a path for herself to excel in life. She is working toward her Veterinary Assistant Certification by interning at Bowie Drive Animal Hospital. The certification requires 200 in-class hours and 300 outside hours, plus she must pass a test. Once she meets the requirements, Taylor can be compensated for her work. "Not many 18-year-olds have a certificate," she said. "That's a good way to work through college." **NOW**



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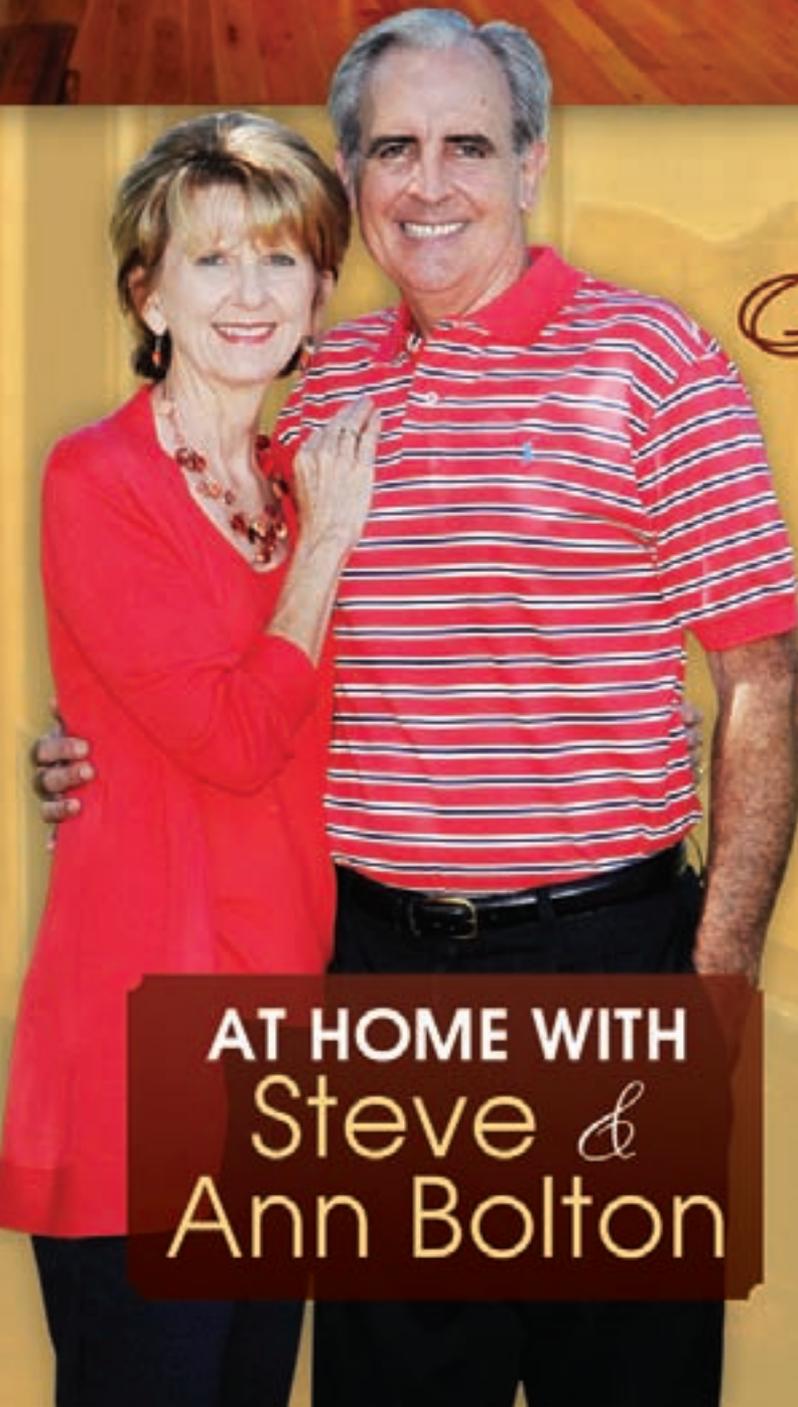
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# *If Walls* **Could Speak**

— By Erin McEndree

*If the walls of Steve and Ann Bolton's house could talk, they would have almost 90 years of stories to tell. But some of the history is held hostage by the tight-lipped ole girl. All of the former owners have expired leaving sketchy knowledge, at best, to their descendents. Since 1979, when Steve, as a bachelor, bought what was known as the El Chico Lodge, he has searched for the missing pieces of her history while making the former western party place a home for his family. "I wanted a fixer-upper," Steve explained. "I saw the challenge, and I could envision what I wanted this place to become."*

**AT HOME WITH**  
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**Ann Bolton**



What was originally a one-room cabin on the El Chico cattle ranch has turned into a vision splendor for Steve and Ann. Its earliest builder is still a mystery, locked away in the past. The cabin was rough when it was erected in the 1920s. It had no kitchen or bath. The property changed hands approximately 10 times up until 1935 when prominent businessman, W.K. Stripling, became the owner. Mr. Stripling owned the cabin for eight years and made many improvements. He added another huge room for parties and dancing, another 8-foot wide fireplace was built and ceilings were vaulted, leaving the immense beams exposed. He also added a coat room, a large kitchen, a bed room, two bathrooms and a covered porch that extended the entire length of the lodge. Steve enclosed the covered porch, knocked out some walls and created a dining room and two bedrooms.

“Inside the front door, you see the highlight of the house,” Steve said. “The wet bar sports a hand-carved, western scene on the front.” The impressive mosaic depicts prairie life with a covered wagon, a cowboy, a woman in a long dress and cows sauntering down a trail. Cactus and coyotes frame the picturesque setting. You can almost see the dust being kicked up by the herd. The Boltons would like to know who designed it.

If the walls could speak, they would tell of the parties held in times gone

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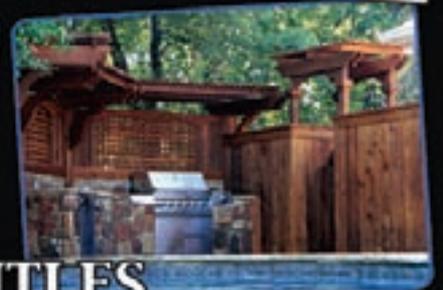
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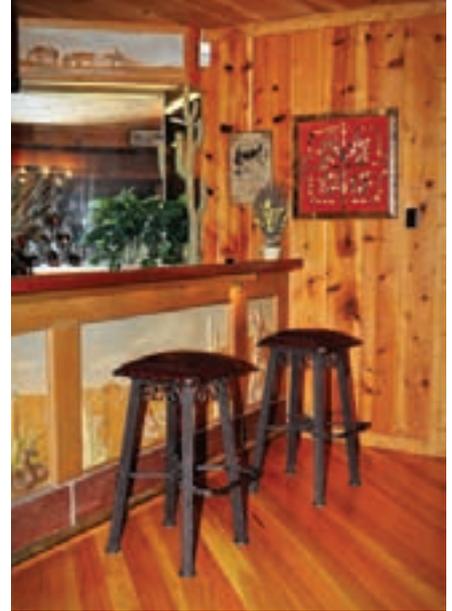
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by. Celebrities such as Roy Rogers, Gene Autry, Bob Wills and the Texas Playboys would fly into the ranch on the landing strip. They were greeted with twinkling lights and a sign, "Welcome to the El Chico" that still hangs in the home. People came to the Palomino horse auctions held at the ranch to have a chance to meet Roy Rogers. It is said in the '20s, Jack Dempsey, the famous heavy weight boxer lived in the lodge and ran to Aledo as a way to train for his

fight. The Boltions would love to know who else visited their home long ago. "People would stop by routinely in the beginning," Steve said. "They wanted to see if it was like they remembered it way back when."

From 1942 to 1955 the property changed hands another four times. O. P. Leonard sold part of the 1,700 acres to developer, Curby Mirike. His goal was to entice city people wanting a country lifestyle. El Chico Ranch Estates was

created, but the lodge stayed in Mr. Leonard's ownership and continued to be used for occasional events. The lack of air conditioning limited the lodge's use in the hot Texas summers. It was used as Willow Park City Hall, Willow Park Church of Christ and Willow Park Baptist Church.

In 1979, the run-down El Chico Lodge became Steve Bolton's new project. "The windows were weathered. There was a hole in the roof. The porches were

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Left to right: Pat Hamilton, President, PlainsCapital Bank Weatherford, Dr. Kevin Eaton, President, Weatherford College, Bob Glenn, Executive Vice President, PlainsCapital Bank.



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rotten. The yard was caliche and there were huge, deep fat fryers in the kitchen.” Steve met Ann the same year, so the lodge got put on the back burner while their love blossomed into a proposal.

After they were married, “Steve worked on the house on the weekends,” Ann said. “I could not see his vision. There were old deer heads hanging every where and the hides were falling off. There were boxes and boxes of dishes and silverware for the parties, I guess. I told him to call me when the air conditioning was on,” Ann laughed. She mainly works on the beautiful landscape surrounding their house with splashes of color everywhere. Ann uses the new green house attached to the garage, added in 2007 and designed to look like the house.

When Steve began to renovate, he took the faux log siding off the outside. He also removed the wood inside the house so it could be wired for new electricity, and air conditioning could be added. He found a rare treasure behind one wall: a neatly folded page from the *Fort Worth Star-Telegram* dated May 19, 1936. If walls could talk! He also reconfigured the coat room to accommodate a laundry room and small power room. “Steve loves to work with his hands,” Ann said. “He should have been an architect.”

“I’ve tried to stay true to the structure while remodeling,” Steve said. He wanted to keep the pure Western chic lodge architecture. “I’ve kept one original aspect of the old house in each room.” Steve and Ann kept the wagon wheel

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chandeliers in the living area and the light fixtures resembling oil lanterns in the master bedroom. He kept the bead board ceiling in the rooms created from the porch. Trim high atop the living room remains a large Western-looking rope.

Steve was a “poor boy” when he bought the place and did most the work himself, but for the remodel in 2007, they got a designer, and Steve just wrote the checks. Now, granite countertops compliment the original cabinetry in the kitchen. A designer from Dallas made wallpaper in the powder room appear to be chipping plaster. It’s one of the nice touches in the house that make the new seemingly old.

“All the warm colors were the designer’s idea,” Ann explained. “I didn’t know what to use. The designer helped us a lot.” There are still some areas they want to tackle. “The outside mainly,” Ann said. “We want to clean off the rock ledge along the two-acre lake and plant natural plants and flowers there.”

Steve and Ann have other hobbies, presently. Ann likes to cook. They both enjoy a game of tennis together and they are passionate about helping others. “Ann’s new hobby will be our grandson coming in the summer,” Steve laughed.

If the old historical ranch house could talk, it would thank the Bolton family for giving it a stunning facelift. The updates and colorful landscape preserve the past and stay true to the era. Beauty has been brought back to Ranch House Road and everyone in Willow Park can be proud. **NOW**

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# Therapy THROUGH Firefighting

— By Amber D. Browne

*Jeff O'Neal was once afraid of fire. His family was involved in the devastating 1996 Poolville fire that left dozens homeless and charred thousands of acres.*

*"It stopped right at my back fence. I was young, so from that point forward, I was always scared of fire," Jeff admitted.*

Jeff had his first experience with a house fire in 2008 while responding to a call with a co-worker from Farm Bureau Insurance who also served as a volunteer firefighter at the Brock-Dennis Volunteer Fire Department. Jeff felt the



excitement of being part of an emergency team. "They were a real brotherhood," he said. Jeff watched the firefighters battle the structure fire and realized they were calm and knew how to handle the situation without panicking.

He joined the department as a volunteer firefighter a month later and is no longer apprehensive about how to deal with an emergency. He knows how fire works and how to stop it. As a volunteer firefighter, Jeff and other volunteers must undergo the same training as paid firefighters to meet state requirements. Jeff loves to educate local youth about the dangers of fire and what to do in an emergency. He likes to dress up in gear and show the children what a firefighter looks and sounds like. "When we're dressed up in all our gear, we look like monsters," he explained. He teaches the children, when in a fire, to go toward the firefighter and to the sound of his voice — not run away from it.

*"I hope to continue to serve my community and help others in any way I can."*

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Public service has been a tradition in Jeff's family. As a child, Jeff would pretend to drive a fire engine or spray down his playhouse with a water hose. His Uncle Dan, a Richland Hills firefighter most of his life, would bring the fire truck to Jeff's school each year to teach fire safety. Jeff's Uncle Glen, a retired Deputy U.S. Marshal, used to take Jeff riding in his patrol car. "It was all about the excitement at that young age, and as we get older, not much has changed," he admitted.

Being a volunteer firefighter is a passion for Jeff. He finds it rewarding to have the chance to help people in the community. And, the community appreciates the volunteer firefighters by donating funds to keep the department running. Donations and some state grants help pay for truck maintenance and other associated costs, but taxpayer dollars will be used to offset those costs in 2013. Voters passed the Emergency Services District proposal last November to allow the department, which covers the third largest area in Parker County, to use taxpayer funds for fire and other emergency services.

Community members also donate delicious cakes for the department's two annual fundraisers, drop off a few donuts at the station or simply offer a quick thank you. "You feel like, I don't deserve this," Jeff said. Jeff feels he is no different than any other guy out there. "I just have a little more knowledge of how a fire works, and I don't mind getting in there and getting a little dirty."

Jeff calls volunteering as a firefighter his therapy. "I've always said firefighting

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is cheaper than a therapist,” he joked. “You wouldn’t think the adrenaline rush you get from it would be relaxing, but for this guy, it is,” he explained. He calls the other firefighters a “band of brothers,” who care about him and his family. They spend time at the station, but they also hunt, fish and have family cookouts together.

Jeff’s family supports his volunteering, although sometimes he may have to



jump up from the dinner table to respond to a fire. His wife, Tami, understands why he volunteers. “She can see the passion in my eyes and knows that I really enjoy it,” he explained. “She has never kept me from doing something I really want to do.”

The two were high school sweethearts in Springtown and have been married since May 2005. While Tami attended The University of Texas at Austin, Jeff moved to San Marcos to attend Texas State University, where he earned his degree in industrial technology. Jeff and Tami then moved back to North Texas, and he has worked as an insurance agent for Texas Farm Bureau ever since.

One personal experience makes Jeff even more compassionate when his insurance clients suffer any type of loss.

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Jeff's daughter, Natalie, was just 8 weeks old when his wife, Tami, caught type A influenza and then pneumonia, leading to an arterial blood infection in spring 2010. "She was on the verge of death," Jeff remembered.

The doctors told Jeff if Tami made it through the night, his then 30-year-old wife might have a chance. "I hit my knees right there in the hallway of the ER. I couldn't believe what I was hearing." She was in ICU for 10 days at Weatherford Regional Hospital. "They gave her her life back," Jeff said.

As an agent, Jeff often deals with a family's heartbreak of losing everything in a fire. He offers them comfort, mentioning their safety is the most



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important thing. "We can rebuild your home, and the grass will grow back. We can fix these things, but we can't fix you," he explained. "I have been known to point out fire danger in their home when I go on appointments to insure the home." His job ties into his love for firefighting and passion for helping people.

To help the community in other ways, Jeff plans to become an Emergency Medical Technician (EMT). He also volunteers on the board of the Parker County Firefighters Benevolent Fund. "The purpose of the Benevolent Fund is to provide immediate aid and support to the families of our fallen firefighters, or the firefighter themselves if they are ill," he said.

Finding a point where enough is enough is hard for the passionate 30-year-old. "I've always been one of these guys that give 110 percent in whatever I do," he explained. His parents always told Jeff he could do anything he set his mind to. "Now that I am here," he pledged, "I hope to continue to serve my community and help others in any way I can." **NOW**

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## *Come tell Bob: "Congratulations"*

### **Bob White Named 2012 Funeral Director of the Year for North Texas Region**

Bob White, President of White's Funeral Homes in Texas, was named the Funeral Director of the Year for the North Texas Funeral Directors Association on April 5th at the annual Spring Regional Meeting in Dallas.

"I was very honored to receive this award," said Bob. "It's nice to be honored by your peers."

In 2009, Bob was also honored to be presented with the Fifty Years of Service in the Funeral Industry award at the 123rd TFDA convention in Austin, TX. "It's a great feeling of accomplishment," added Bob.

Bob is a third generation funeral director whose family has served in the funeral profession since the early 1900s. He received his Bachelor's Degree in Banking and Finance from North Texas State University and went on to graduate from the Dallas Institute of Mortuary Science in the late '50s.

The White family was an early adopter of new technologies, from air-conditioning to preneed burial plans. By the 1980s, the preneed plans were becoming too much for the funeral homes to handle on their own. Bob White decided to join a group of West Texas funeral directors who had a vision for establishing a preneed insurance company with strong roots in funeral service. Bob joined the board of Directors Investment Group (DIG) and its preneed subsidiary, Funeral Directors Life Insurance Company (FDLIC) in 1983.

"For over 25 years, Bob has been a source of quiet wisdom, leadership, and guidance and an integral member of our board," said Kris Seale, President and CEO of DIG and FDLIC. "Bob has offered us insight in many areas of business all while helping us become knowledgeable, trusted business advisors to our clients. Congratulations to Bob on receiving this very prestigious award; I cannot think of a more worthy recipient!"



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## Look Cool, Feel Cool

*Pulliam Pools would be honored to build your outdoor staycation destination! — By Melissa Rawlins*

Ninety-six years ago, two brothers, Theodore and Frank Pulliam, who were well-known for building waterproof cattle dipping vats, were asked to build the first swimming pool in Coryell County, Texas. Theodore's son, Doren, and grandson, Barry, continued improving on design and technique. The nation's oldest pool builder is now run by Debra Smith and Mike Clark, who worked for the company a combined 44 years before purchasing Pulliam Pools in 2009. Mike designed the showroom in Hudson Oaks, where customers can view every option in equipment, layout and color scheme for finishing out their dream pool — which Pulliam Pools can build in one to two months.

Behind the scenes, seasoned professionals are experts, familiar with a quality pool's firm foundation. Having built over 1,000 pools in Parker County in the last 10 years, they know the

makeup of cement, the process of shooting gunite and how to work with hydraulics. The owner and service technicians have their electrical appliance installer licenses, as required by Texas state law.

Designers, like Mike Hatfield, brainstorm with each client to glean ideas for their perfect pool. "If you're putting in a spa, we developed this rounded edge spa so you can lay your head back," said Debra, who is a certified building professional through the Association of Pool and Spa Professionals (APSP). "We have really cool LED lighting now. I have a pool and can make mine red, white and blue for July Fourth.

"With the iAquaLink app, pool owners can use their phone to communicate with the controller, setting it to clean the pool or heat their spa while they are driving home," Debra added.

“It’s one of the coolest things ever.” Such conveniences enhance the already limitless variety of modern pool design, which include outdoor kitchens, small or large imprints in custom shapes, fast lanes and bateaux jets on which you can boogie board.

“Building an inground pool is like building a house, almost,” Debra said. “They used to be simply white plaster over gunite and five or six tile choices. At our showroom, we have over 30 samples of aggregate plaster which can give the finish you desire.” Tahoe blue will, in bright sunlight, give it a deep teal color. Purple or terra-cotta complements houses that already have a southwest appearance.

If you already own a pool, but wish it looked or acted differently, Pulliam Pools will renovate your existing pool. They will also perform regular maintenance for you. Debra, who has served the community through the local chambers, advises every pool owner to ask their pool company for proof of general liability and workers compensation insurance, as well as lien releases.

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**“I love this job. “You’re really enriching people’s lives — building the epitome of fun.”**

of dollars every year for local children’s charities, like the Texas Pythian Home and A Place for Grace, and Shriners Hospitals for Children,” Debra said. Pulliam Pools employees give back to their customers, too, teaching water safety and giving a safety packet to every new client.

“I love this job,” Debra said. “You’re really enriching people’s lives — building the epitome of fun.” Since jumping into the pool business, Pulliam Pools won’t get out. **NOW**

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Lion John Good, right, recently received the Grassroots Award from Weatherford Noon Lions Club President, Derik Moore.



Claudia Bowden, of Texas Workforce Commission, joins Ranelle Colinsworth (center) and Rosalind George (right) at a recent job fair at Weatherford College.



Casey, Corbin and Cole Cockburn enjoy an afternoon at the park.



Jackson Mendoza hits the park slide with his dad, Johnny Mendoza.



Mrs. Parsons' K-5 students take a breather during a walk from the library back to Aledo Christian School.



Eugene Patoka is hard at work scraping paint for a home remodeling job.

  
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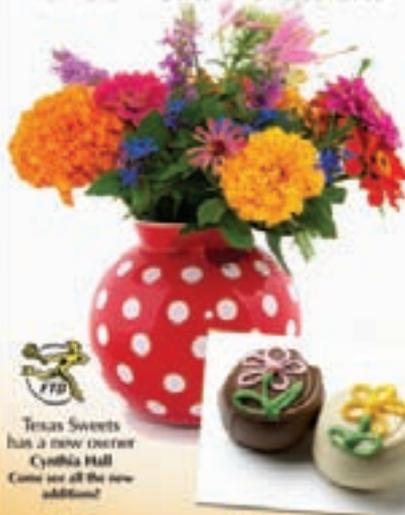


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# Sickle-shaped Trouble

— By Betty Tryon, BSN

The young African-American male was thin and quiet with an air of seriousness about him. As one of the student workers at the college library, he seemed to be just another student. His absences from school became more frequent until one day he no longer came. His sister informed the school he had died from sickle cell anemia.

Sickle cell anemia is a disease that causes the red blood cells of the body to develop abnormally. Normal red blood cells are round with a concaved center and live about 120 days. They are very flexible and designed to flow through the tiniest blood vessels without difficulty. Sickle cells resemble the shape of the crescent moon. These sickle cells are sticky and stiff. They tend to clump together, which interferes with normal blood flow. Sickle cells are fragile and live 10-20 days. This leads to anemia.

Sickle cell anemia is not a disease that is communicable or caught from other people. It is a genetic disposition with autosomal recessive inheritance. This means both parents must have the sickle cell trait before the child has sickle cell anemia. This gene is found primarily in African-Americans, but also in Hispanics and people of Mediterranean and Middle Eastern descent. It has been estimated that one in 12 African-Americans carry the sickle cell trait, but the trait does not turn into the disease. You must be *born* with sickle cell

anemia after inheriting the trait from *both* parents.

Two of the most prevailing symptoms from this condition are anemia and pain. The anemia comes from not enough normal red blood cells, because the sickle ones die early and are not healthy enough to perform adequately for the body's needs. When the sickle cells clump together and block flow to parts of the body, such as the bones, joints and organs, the pain can be severe. This is called a sickle cell crisis. If the crisis is prolonged or repeated too frequently, organ damage can occur.

It is so incredibly important for someone with this disease to stay well-hydrated and avoid infections. Specific treatment will depend on the area of the body affected. Blood transfusions may be given on a regular basis. The only possibility for a cure lies with receiving a bone marrow or stem cell transplant. However, only a few patients receive this treatment because of the difficulty in finding a donor and the health risks associated with those procedures. Medical research has advanced greatly in this area, and with proper management of symptoms, patients are living longer with a better quality of life. **NOW**

*This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.*



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# Launch Your “Summertime” Investment Strategy

Now that summer is officially here, you may be looking forward to vacations, barbecues, ballgames and other events of the season. But even while you’re engaged in these activities, you can’t forget about other aspects of your life — such as your plans to achieve your long-term financial goals. However, your summer activities can actually provide you with some valuable lessons on managing your investment strategy.

Here are a few possibilities:

- **Plan your trip.** If you’re taking a long road trip this summer, you’ll need to choose your vehicle, map out your route, determine how far you want to go each day and be quite certain of your destination. And, essentially, the same is true for your investment strategy. You need to choose the right investment vehicles, familiarize yourself with your ultimate goals (such as a comfortable retirement) and chart your progress along the way.

- **Try to avoid getting burned.** If you’re going to spend a lot of time outdoors this summer, you may need to apply some sunscreen. But you don’t have to be exposed to the sun to get “burned.” It can happen in the investment world, too. However, you can help prevent this from happening. How? By building a diversified portfolio. If most of your money is tied up in just one type of investment, and that asset class falls victim to a downturn, your portfolio could take a big hit. While some investments are moving down, others may be moving up, so it makes sense to spread your money among a range of vehicles appropriate for your risk tolerance, investment goals and time horizon. Of course, diversification, by itself, cannot guarantee a profit or protect against loss, but it can help reduce the effects of volatility on your portfolio.

- **Keep yourself hydrated.** When you’re outside on hot days, you can lose a lot of fluids, so you need to drink plenty of liquids to remain hydrated. As an investor, you also need a reasonable amount of liquidity. In the severe market downturn of 2008 and early 2009, many investors found they had insufficient amounts of the type of liquid investments — cash and cash equivalents — that held up better than other, more aggressive vehicles. Furthermore, if you are relatively illiquid, you may have to dip into your longer-term investments to pay for short-term emergency needs. Try to always keep an adequate level of liquidity in your holdings.

- **Dress for the season.** As you go about your summer activities, you won’t always wear the same clothes. On hot days, you might want to wear shorts, but on cool, rainy days, you might need heavier items or even a raincoat. And as you go through life, you may need to adjust your investment approach depending on your individual financial “season.” For example, early in your career, you might be able to afford to invest more aggressively, as you’ll have more opportunities to recover from the inevitable short-term downturns. As you close in on retirement, though, you may need to take a more conservative approach so that you can lower your investment risk when you need to access your money.

So there you have them — some ideas for “summertime investing.” Use them wisely, and they may be of value to you long after summer is over. **NOW**

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Gregg Davis is an Edward Jones representative based in Willow Park.*

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## June 4

23rd Annual Project Graduation Celebration: 10:00 p.m.-5:00 a.m. After more than 500 seniors graduate from Weatherford High School, the drug- and alcohol-free celebration at the high school is open to all graduates and a guest. To support Project Graduation, contact Lonna Leach at (817) 929-3864.

## June 8 and 9

Weekend at Kate's: **Friday**, 10:00 a.m.-5:00 p.m.; **Saturday**, 9:00 a.m.-5:00 p.m., 2410 White Settlement Road. A curious art and antique fair held inside a 1905 farmhouse and outside on 2.5 acres. Proceeds from \$1 admission go to Grace House Ministries. For details, contact Michele JuVette at (214) 535-7022.

## June 11-15

Cub Scout Day Camp: 9:00 a.m.-3:00 p.m., Church of Jesus Christ of Latter Day Saints, Stake Center Building, 2251 Bethel Road. Boys 7-11 will investigate the dinosaur era through activities, such as games, crafts and archery. Call Ginger Cornick, camp director for Brazos Valley District Cub Scouts Day Camp, at (817) 341-6532.

## June 11-16

Frontier Days PRCA Rodeo and Parker County Livestock Show: Livestock show begins **Monday** morning. Traditional rodeo kickoff parade **Wednesday**: 5:00 p.m. on South Main between the Ninth Grade Center and the Courthouse. Rodeo with entertainment following, **Wednesday-Saturday**: 7:30 p.m., at Parker County Sheriff's Grounds, 2201 Mineral Wells Hwy. General Admission for ages 12 and older: \$10; children 6-11: \$5; 5 and under: free. [www.parkercountysheriffssposse.com](http://www.parkercountysheriffssposse.com).

## June 23

Miss Parker County Peach Pageant: 10:00 a.m.-5:00 p.m., Harbarger Hill/Weatherford Community Center, 701 Narrow St. Categories include: beauty, photogenic, casual wear and talent for newborn to 21. E-mail for an entry form [peachpageant@att.net](mailto:peachpageant@att.net).

Annual Summer Brock Homecoming: 3:00 p.m., Brock Community Center. The class of 1962 is the 50-year class to be honored, and the classes of 1942, 1952, 1972, 1982, 1992 and 2002 will also be honored. Bring your favorite dish and enjoy some good food and

fellowship. All alumni, family and friends are welcome to attend. Call Jo Ann Glenn at (817) 596-4275.

Northwest Wrestling Federation — The Gathering: 7:00 p.m., Azle VFW Post 2137, 730 N. Azle. Texas Old School Professional Rasslin to benefit veterans. Contact Mike Markalonis at [mmarkalonis@yahoo.com](mailto:mmarkalonis@yahoo.com).

## Through July 21

The Digital Artistry of Don Lambert: **Tuesday-Saturday**, 10:00 a.m.-5:00 p.m., **Sunday**, 1:00-5:00 p.m., the Doss Heritage and Culture Center, 1400 Texas Drive. Lambert takes original photographs and creates something unique with the computer. For details, contact [www.dosscenter.org](http://www.dosscenter.org) or (817) 599-6168.

*Submissions are welcome and published as space allows. Send your event details to [sskoda.nonmag@sbcglobal.net](mailto:sskoda.nonmag@sbcglobal.net).*

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## In The Kitchen With Lisa Mitchell

— *By Melissa Rawlins*

All around Aledo, people enjoy Lisa Mitchell's traditional meals — made with organic ingredients whenever possible. After high school, when she moved from Abilene to Arlington to attend Bauder Fashion College, her adventurous eating began. "For the first time, I ate most of my meals out and loved trying different restaurants." She finds now the treat is to have a home-cooked meal — one a little more unusual than the meatloaf, Salisbury steak and chicken fried steak she prepared as a teen, under her mother's watchful eye. Lisa's family ended every meal with dessert. "It is easy to come up with desserts using refined flour and sugar that make anything taste good. The real challenge is to find good, healthy ingredients and make them taste yummy." **NOW**

### My Mom's Chili Verde

**3 lbs. organic beef chuck, cut into 1-inch cubes**  
**3 Tbsp. Texas Olive Ranch Mesquite olive oil**  
**1 large garlic clove, crushed**  
**1 red bell pepper, seeded and chopped**  
**1 yellow onion, diced**  
**2 1-lb. cans peeled tomatoes**  
**1 7-oz. can chopped green chilies**  
**1/3 cup dried parsley flakes**  
**1/2 tsp. sugar**  
**1/4 tsp. ground clove**  
**2 tsp. cumin**  
**1/4 cup lemon juice**  
**3/4 cup beef broth**  
**Salt to taste**  
**Corn tortillas**

1. Brown the meat on all sides in olive oil. Remove from skillet.
2. Sauté garlic, peppers and onion in leftover oil, adding more oil if needed.
3. In a 5-qt. soup pot, add tomatoes, chilies, parsley and seasonings to lemon juice and broth. Bring to a boil. Reduce to a simmer. Add meat and sautéed vegetables.
4. Cover and simmer for 2 hours. Then remove lid and simmer for 45 more minutes.
5. Add salt to taste. Serve with sprouted corn tortillas.

### Razz Cherry Fennel Salad

**1/4 cup fresh pomegranate seeds**  
**1 package organic herb salad mix**  
**1 4- to 6-oz. bundle fresh basil**  
**4 cups of romaine lettuce**

**1/4 cup candied ginger, coarsely chopped**  
**1/2 cup fennel, diced**  
**1/2 purple onion, diced**  
**1/2 orange bell pepper, diced**  
**1/2 Anjou pear, diced**  
**1/2 pink lady apple, diced**  
**1 English cucumber, diced**  
**1/4 cup rosemary oil**  
**1/4 cup Star Apple balsamic vinegar**  
**1 cup roasted, unsalted pistachios, chopped**  
**1/2 cup chopped razz-cherries**  
**1 tsp. freshly cracked pepper**  
**1 cup feta cheese, crumbled or Parmesan cheese, finely grated**

1. Combine first 11 ingredients.
2. Drizzle salad with oil and vinegar. Toss; add nuts, razz-cherries, pepper and feta or Parmesan cheese. (If you prefer Parmesan cheese, place grated cheese onto an oiled baking sheet and spray olive oil on top. Bake in a preheated 400 F oven for 8 minutes. Break it up with a spatula. It comes out as a toasted cheese, which when crumbled substitutes for feta.)

### Nota Frittata

**2 Tbsp. ghee or butter**  
**2 tsp. basil pesto**  
**1 clove garlic, finely chopped**  
**1 shallot, finely chopped**  
**1 cup vegetable broth**  
**1 tsp. Celtic Sea Salt**  
**1 tsp. plus 1 Tbsp. cracked pepper (divided use)**  
**6 asparagus stalks, cut in 1-inch pieces**  
**4 oz. shredded carrots**  
**4-6 eggs**  
**1/2 cup tomatoes, chopped**  
**1/2 yellow or orange bell pepper**  
**1 cup fresh baby spinach**  
**6-8 fresh basil leaves**  
**6-8 small mozzarella balls**  
**1/4 cup balsamic vinegar**

1. Sauté first 4 ingredients together in a large cast iron skillet (with a lid) over medium high for 3 to 5 minutes.
2. Add broth, salt and 1 tsp. pepper; stir.
3. Add asparagus and carrots. Cooked covered on low for 8 to 10 minutes.
4. Add eggs, sunny side up. Cover for another 4 minutes.
5. Turn off heat; toss in last 6 ingredients plus 1 Tbsp. pepper. (Do not stir.)



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