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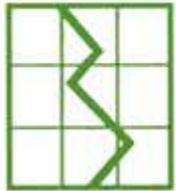
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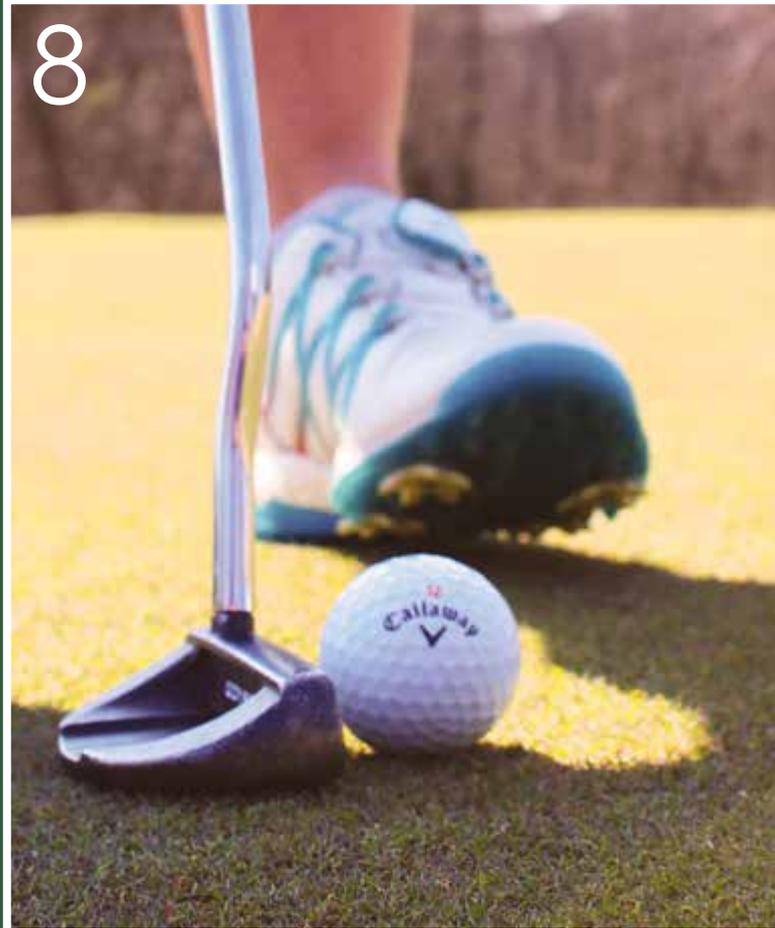
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ON THE COVER

Caitlyn Lindell dreams of playing in the LPGA.

Photo by
Joy Elmore.

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EDITOR'S NOTE



Melissa

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The fish are biting ...

This is the season when being in a canoe or out on a dock — anywhere near water — is perfectly pleasant. The folks at the Mansfield Activities Center really have it going on. They are integrating local parks with local experts and teaching local kids how to enjoy the great outdoors. With just a little time, and an even smaller cash investment, children can learn to fish!

Thinking of my first fishing trip — with Daddy, of course — reminds me of the Polaroid photo of him teaching my sister how to tie bait. They're sitting on the bank of some body of water in Colorado with backs to the camera, and her upturned face barely reaches his elbow, while he holds the hook and looks so kindly at her. Sweet dreams are made of these kinds of moments.

What kinds of moments make you smile? Are there people in your life who made an impact on you? Do you have memories of people from this town who have gone off to do nifty things? I'd love to hear your stories. Who knows? Maybe I'll ask permission to share them with all the readers of *MansfieldNOW Magazine*.

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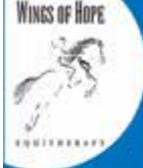
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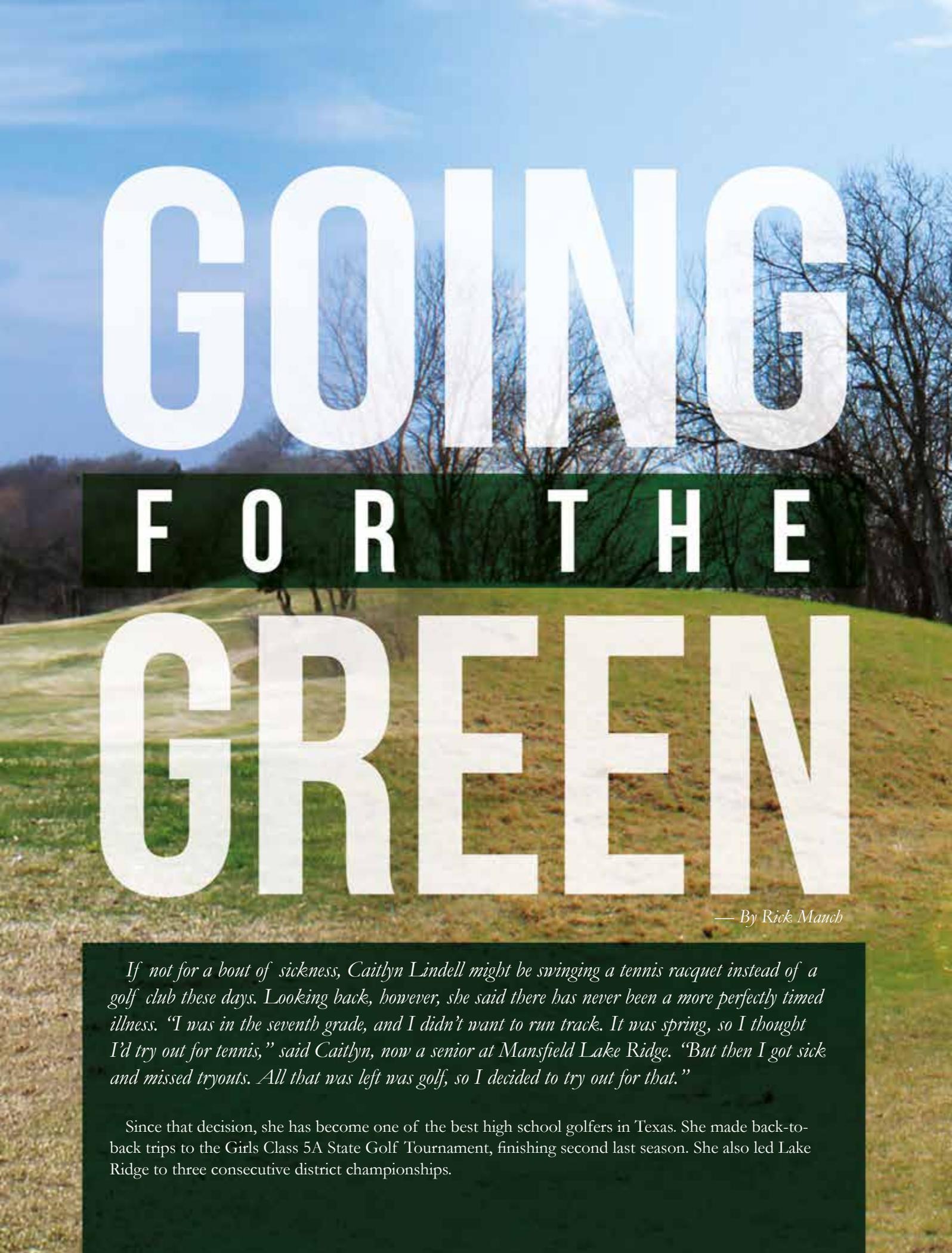
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GOING FOR THE GREEN

— By Rick Manch

If not for a bout of sickness, Caitlyn Lindell might be swinging a tennis racquet instead of a golf club these days. Looking back, however, she said there has never been a more perfectly timed illness. “I was in the seventh grade, and I didn’t want to run track. It was spring, so I thought I’d try out for tennis,” said Caitlyn, now a senior at Mansfield Lake Ridge. “But then I got sick and missed tryouts. All that was left was golf, so I decided to try out for that.”

Since that decision, she has become one of the best high school golfers in Texas. She made back-to-back trips to the Girls Class 5A State Golf Tournament, finishing second last season. She also led Lake Ridge to three consecutive district championships.



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Caitlyn actually shared the low score in the state tournament with a 150 over two rounds (74-76). However, she lost in a playoff to Halle Whitney of Magnolia. Caitlyn holds several team records, including best single-round score of 68. Her two rounds of 71 and 70 in the District 10-5A championship last season are also the team mark for two rounds.

At last season's 5A Region II Tournament she almost pulled off the biggest comeback of her career. Trailing by nine strokes on the second day, she closed within one stroke before settling for second place.

Caitlyn said her twin sister, Cassidy, who participated in cross-country at Lake Ridge, is the runner in the family. According to their dad, Ryan Lindell, Caitlyn may not like running, but she can do so very well. "She has





a natural talent,” Ryan said. “She’s played soccer, volleyball and softball. She’s very athletic. Both of my daughters are.”

Ryan is also a golfer, though he doesn’t play as he used to. He does what he can to help Caitlyn with her game, such as shooting videos that they can analyze together. “He’s my instructor away from my instructor,” she said with a giggle.

To which he responded with a smile, “I stopped playing when she started beating me. I clean the clubs. Her mother and I will play our best ball against her and she still trounces us. If I put the ball within 3 feet of the pin, Caitlyn’s going to put a shot in between.”

Caitlyn started out by being the only girl at tryouts who was able to hit a golf ball into the air, doing so three times. Then, in the eighth grade she won the annual district tournament, playing for Danny Jones Middle School. Now, she has received a scholarship to play for Texas State University next season. “The coaches are amazing. They’re both ex-LPGA (Ladies Professional Golf Association) players, and that’s my dream, to play in the LPGA,” Caitlyn admitted.

She received the offer after they watched her play in the state tournament last May. Among the things that impressed them was

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sinking a 50-foot putt. “Her coach texted me and said, ‘She doesn’t miss a putt, does she?’” Ryan said.

“She’s where the complete game is coming together for her. She plays smart, has good course management and goes with what the course gives you,” said Coach Shawn Alsup, who first worked with Caitlyn at Danny Jones. “She just picked up the game. I could tell the first time she held a club she was going to go somewhere. I told her, ‘Before you graduate, you’re going to play in the state tournament,’ and sure enough, she has. I’m looking forward to seeing what she does in college. She’s going to do great.”

Caitlyn is thinking of studying chemistry in college and considering entering the pharmaceutical industry. But first, she wants to play golf as long as she can. Like many who love the game, she said there is always something that keeps her coming back, a particular round or even a certain shot. “You don’t want to stop. When you hit that good shot, it’s amazing. It’s as if all your hard work has paid off,” she said. “Golf can be so frustrating at times. A shot you’ve hit a million times can go a different way. But then there’s that chip-in that makes you feel fantastic.”

One thing she’s never had, though, is a hole-in-one. She’s come close a couple of times. One she thought for certain was going in when she hit it. “It was at Tangle Ridge. The pin was

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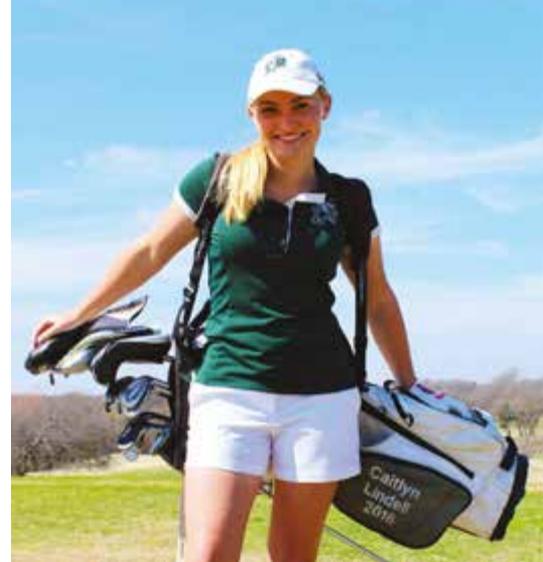
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on the back on number 9, and there was a slight wind. I hit my 7 iron, and I hit it perfectly. I saw it rolling toward the cup. I got so excited. Then, it stopped that short," she recalled, holding her fingers about an inch apart.

Along with playing for Lake Ridge, Caitlyn has played golf for a number of organizations. These include the Texas Junior Golf Tour, the All-American Tour of the North Texas PGA Junior Golf Association and U.S. Junior Golf events.

When she's not golfing or studying (she'll graduate with several college hours already accumulated), Caitlyn often volunteers at the area food bank. She and her family go snow skiing every year, and she's a certified scuba diver. "I've been in a tank with sharks, lion fish, eels — I love eels," she said. "We actually used to have an eel. I named it Eely."

While she loves playing golf, she said her favorite part of the game is the people she meets. She met her two best friends because of the game. "We go to different high schools, so I would never have known them without golf," she said. "I have met so many fantastic people through this game."

And though she has started running a little more in recent years, Caitlyn will never run as much as Cassidy. Likewise, Cassidy will never take up golf. "She has caddied for me, though," Caitlyn said with a laugh, "and she likes putt-putt." **NOW**

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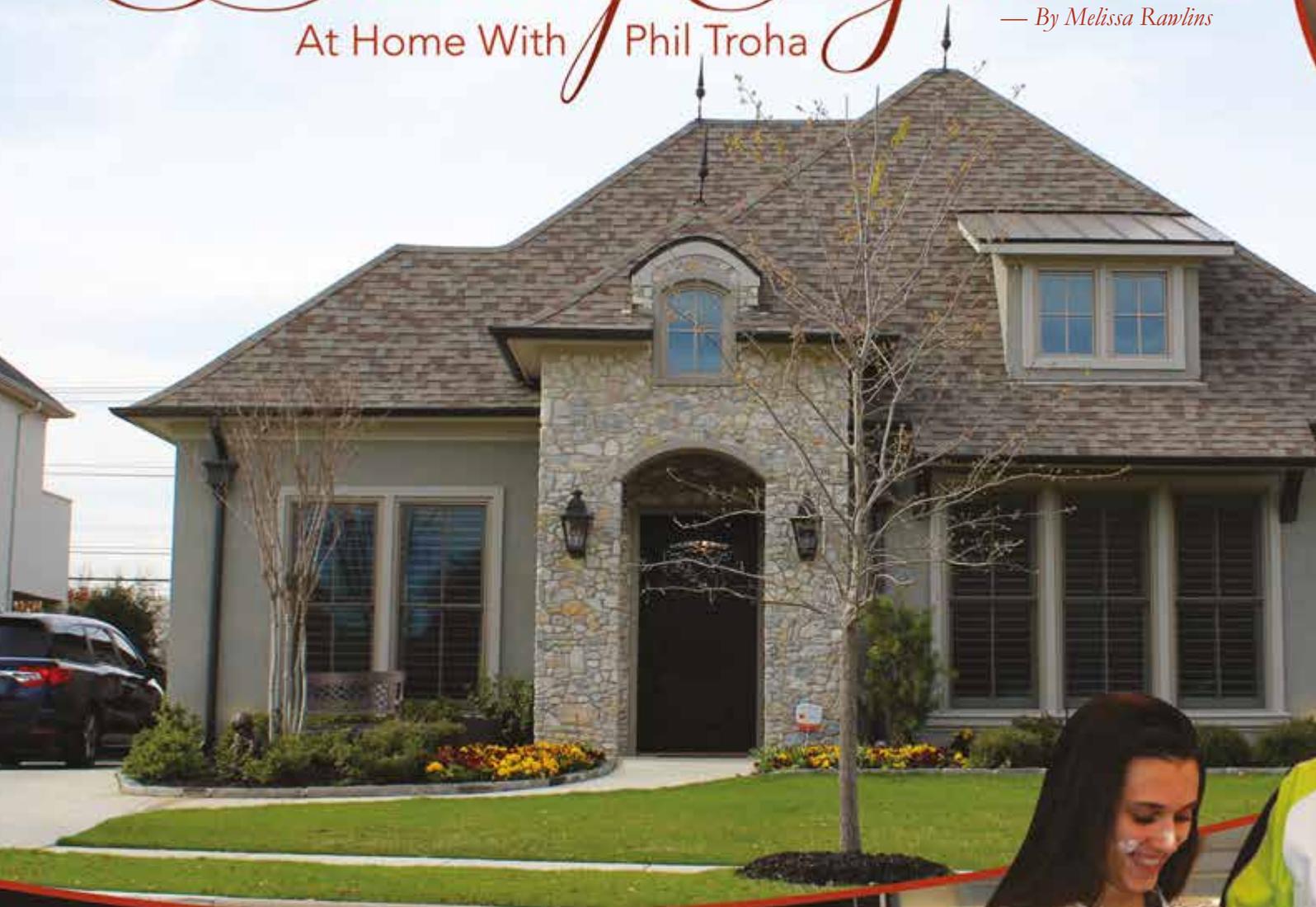
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Building Memories

At Home With Phil Troha

— By Melissa Rawlins



Comfortably stunning, Phil Troha's cheerful home welcomes friends and family. The one-story, 3,000-square-footer is less than a year-and-a-half old and full of well-researched, custom details. Its decor reflects Phil's professional ideas, since he worked with major retail buyers to decorate his home with fashions he helped design. Phil built the home to share with his wife, Carolyn, through old age. She passed away not long after moving in, yet he's happily adding to their beautiful memories as he employs his philosophy: "The next 10 years are the best 10 of the rest of your life — one day at a time!"

The Trohas moved from Arlington to be closer to their son, Jeff; his wife, Eva; and their children. Phil's sister, Debra, also his personal secretary, lives a few miles





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away. Phil often finds himself making breakfast in his kitchen for a bevy of granddaughters. “Avery, Kendall and Anna Claire have blessed me,” Phil said, “and they call me every day to chat about their lives.” He talks to their parents, Jeff and Eva, just as frequently. Because they live in the same neighborhood, they trade off making meals at each other’s houses.

Jeff’s elder sister, Tracie, hears from her father daily. She lives with her husband, Barney, and their 4-year-old son, Gavin, in Louisiana. Two of their children are in college, building their own lives. Jeb is studying at Notre Dame Seminary Graduate School of Theology in New Orleans to become a priest, and Molly is studying chemical engineering at the University of Louisiana at Lafayette.

Family, faith, food, fun and fireplaces have always inspired Phil. His father worked in oil fields, and their family moved frequently. “I always dreamed of having a



fireplace, and now I have two,” he said. Across from the rock-faced living room fireplace, cuddled on a gray, leather sectional, Phil and his granddaughters watch movies on a regular basis. They’re usually joined by Coco, the 4-year-old Havanese who matches the rug where the living room suite rests.

When Kendall celebrated her 11th birthday in January — just two days before Phil’s 70th — Phil cooked her favorite dinner — grilled

swordfish, wild rice, macaroni and cheese and asparagus. “One day the children are little, and the next they’re gone. It’s the same way with the grandkids,” Phil said. “I really enjoy doing things with them and for them. I try to build memories.”

Phil treats his friends and family from his kitchen, where he created a welcoming ambience with white subway tile, copper utensils and glass-fronted gray cabinets displaying colorful glass plates. “I don’t care for

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antiques but like the weathered look so that things look old without being old,” he explained. “I’m into a clean look, and spacious counters give the impression of lots of room.” The six-burner stove is great for Phil, who likes to cook down-home goodies like barbecue, pot roast, cornbread, turnip greens, prime rib, Cajun gumbos, cabbage and black-eyed peas. When preparing a simple coffee, he opens the oversized pantry door and — voilà! — a coffee bar at waist level, facing a rolling ladder to reach items stored up high.



Designing for convenience comes naturally for Phil, who spent hours researching Pinterest when building this house. Every detail mattered, from the plantation shutters on every window to the black-painted tray ceiling above the washed beige dining table to the hand-scraped wood ceiling in the entry vestibule. He designed this house so the family could stay home together as much as possible. There are 12 architectural arches in the home, including the one over the wine cellar, yet every one is wide enough for a wheelchair. Phil gave it a huge, foam-filled front door made of iron and glass and flanked it with gas lights. Interior walls are extra strong, and exterior walls are filled with foam insulation, so the heater and air conditioner hardly ever come on. Phil’s favorite room is his outdoor patio kitchen, complete with fireplace, hot tub and putting green.

The climate indoors is always fresh, thanks to his selection of classy gray and white paint for the airy interior spaces. Hanging a

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mirror in the dining room made the open space feel even larger. "After Carolyn passed, I decided to move in a bigger couch to make room for all the grandchildren that come here," said Phil, who keeps her favorite Thomas Kinkadee paintings throughout the house as a reminder. "We first found him when we visited California, and he was on the street selling his paintings for only \$150."

The Trohas traveled quite a bit after their wedding in Many, Louisiana, and one-night honeymoon in Shreveport. Setting up house in Biloxi, Mississippi, Phil served the U.S. Air Force, and Carolyn worked as a nurse's aide. She finished her degree while they lived in Barksdale, Louisiana. When Tracie was 6 months old, Phil left the military. He worked for TG&Y and went back to school, and then found his niche as a buyer for companies like West Gibson's, Howard Brothers and Airway. Those jobs kept moving him north to Minneapolis, where he worked with Target before being invited to Dallas to work in the import business. After traveling back and forth to China for a number of years, Phil started his own company, LaPosta, Petty, Troha & Company, and also started a consultancy working with retail buyers of products designed in Shanghai, where he has a large team. Now, he only travels to China a couple times a year.

Carolyn went there with Phil, as well as to Portugal and Italy and many other countries. "I took off the whole year that Carolyn was ill, so anything she wanted to do, we did. Our closest friendship happened during that year," Phil said. "So many people build with plans. You have to take the time now."

Living life to the fullest, Phil focuses on helping other people. He has shared love, time and money and enjoys true family and friends. And they don't have to call or knock. It's an open-door policy at Phil's. **NOW**

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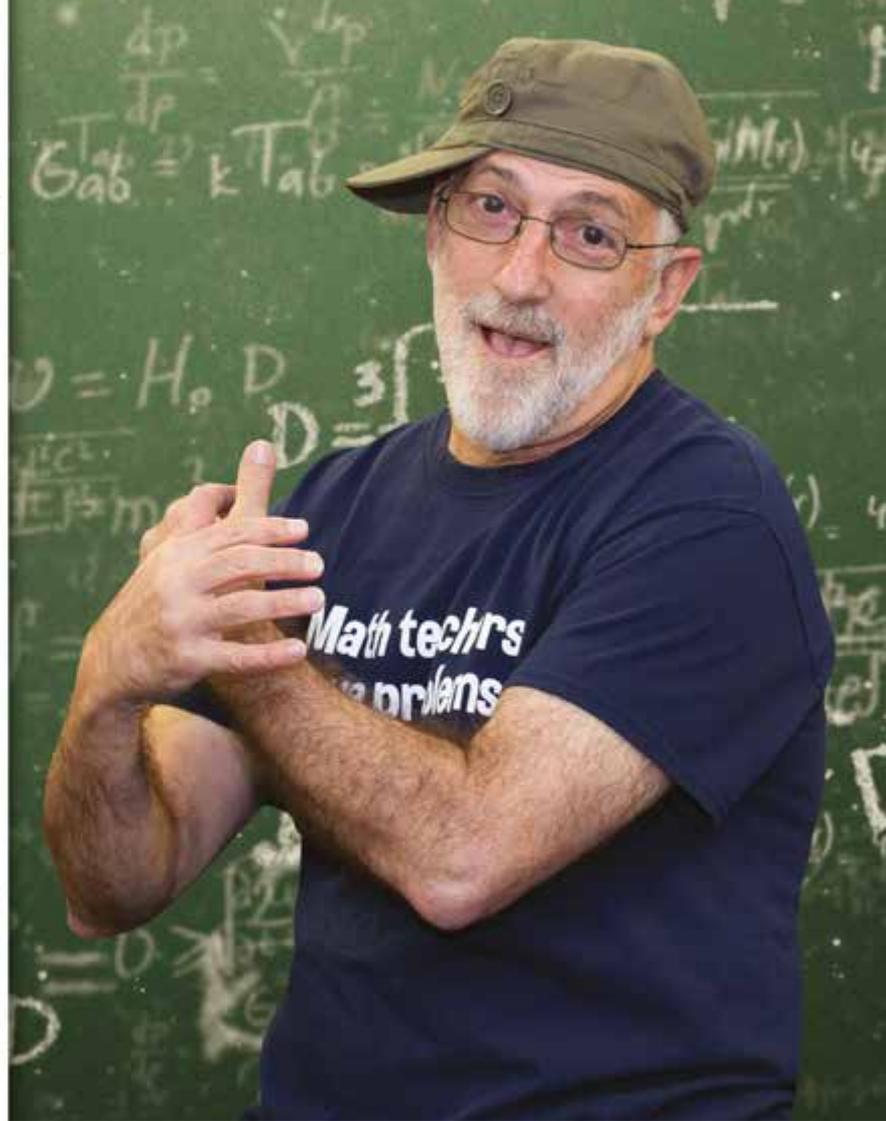
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Phoenix Rising

— By Rick Mauch

At an age when many folks are contemplating retirement, Tony Casamento is going strong in a career he loves. And he has no thoughts of stopping anytime soon. The 66 year old, born and raised in New York City, has worked in a variety of capacities in life. He is proud to be a veteran, having served in the U.S. Air Force for four years. But teaching math for the Mansfield Independent School District's Phoenix Academy, an innovative nontraditional school, is what he has loved more than anything. His wife taught most of her career, from special education to vocational schools. "I'd drop by to see her," he recalled. "It always fascinated me watching her."

It also fascinates his students to watch him in action. Among the things he's done to get their attention and advance their education is having a "rap-off" with his friend and fellow teacher Raymond Cook. "I try to

motivate students in different ways," Tony said. "We had a blast. You've got to be willing to let go to reach the kids."

And reach them he does. Another of his popular projects was a Math Murder Mystery, which he carried out with another fellow teacher and his good friend, Jeff Maison. "I got us pipes and Sherlock Holmes hats. We made a big deal out of it," Tony said. "We had almost the whole school sign up."

In the project, teams of four students worked on a set of math problems with numbers that corresponded to letters that led to solving the mystery. The suspects were teachers at the school. "You should have seen the kids. They really wanted to solve those math problems and get the clues," Tony said.

Tony and his wife, Maria, moved to Mansfield 28 years ago because of his job with Johnson & Johnson as a network manager. He also worked for TD Ameritrade as a stockbroker, and once certified to teach, he was both a weekend stockbroker and a weekday substitute teacher.

He soon became an English as a second language math tutor. Then, he realized where his heart really was

and listened. "About three years ago I said, 'I'm too old for this. I'm going to start teaching full time if an opportunity comes up,'" he said.

"It was evident that he had a passion for helping students to succeed," Phoenix Academy Principal Regenia Crane wrote in a letter of recommendation for an award for Tony. "I knew I needed teachers with a heart like his."

Now, he's focused on creating chances for his students in preparation for life. And the first step is establishing a positive relationship. "This one student was a gangster type, but we hit it off," Tony said. "He told me, 'I have to finish this program and be the first in my family to finish high school.' He'd come in and call me 'Brother C.' That's the kind of thing I'm talking about."

Tony sees past his students' problems, looking instead at the person. His students appreciate this. "I was tutoring ESL at Mansfield High, and we got this kid from Vietnam who was visually impaired. We developed a relationship, and his English got a lot better," he said. "He's my friend now. We go for coffee every once in a while."

Tony, now the school's math chairman, was nominated by Jeff for the H-E-B Excellence in Education Award. "He has an innate ability to figure out why a student is not getting or understanding a math lesson and do something different, so the student not only understands it, but can apply what they have learned. Tony is in tune with what's real and is able to teach our students how to use real world, everyday math," Jeff said.

"It meant a lot to me. Out of all the teachers, he thought to nominate me," Tony said, humbled. "But I don't do it for awards. I do it for the kids." **NOW**



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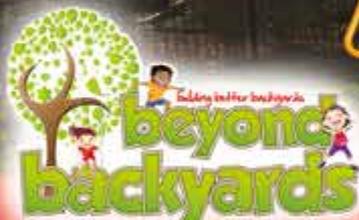


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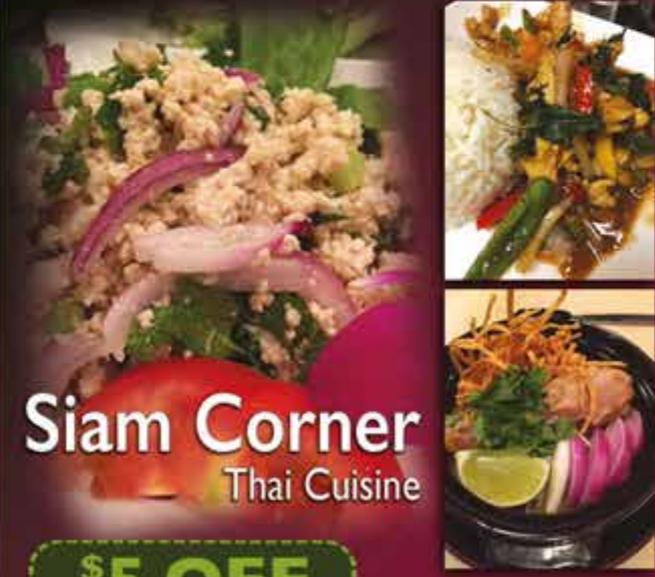
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Brushing Herself Away

— By Rick Mauch

Brittany Ross lives in Mansfield. However, her world is wherever her imagination can take her. Brittany, 27, dreams of bringing her painted canvases to the whole world. She starts by teaching art to youngsters at Mansfield's Tarver-Rendon Elementary, bringing back memories of her own early love. "I remember, as a little girl, I started off with this ladybug. Instead of doing what I know now, I ended up giving my ladybug shoulder pads," she said with a chuckle. "But my mom — also an artist and teacher — loved it and hung it up."

That prompted her passion for creating beauty on canvas. It continues to this day, with a variety of her favorite works throughout her apartment. "I call that one *Mountain on Fire*," she said, pointing to a painting of a dark cavern with a night sky lit up overlooking the space and rock below. "You're standing next to these mountains that God made, next to this beautiful sky. I love how small it makes you feel."

Across the room is her father's favorite painting. It's called *Snowy Caprock*, and depicts snow-covered rocks just outside of Lubbock, where Brittany graduated college at Texas Tech University in 2013. She also recently received a master's degree from The University of Texas at Arlington. "What fascinates me is how she incorporated the red rocks and up front is the snow," said her dad, Johnny Ross. "You see the desert, and if you look close, you can see the blue hue where the snow is inconsistent."

"It was the only thing that could capture my attention. When I realized that, I knew I was going to do something with art the rest of my life."



Brittany enjoys painting Western/Southwestern visuals most. These include landscapes and animals. It all began with the place she was born. "We'd go back to San Angelo and go hunting when I was a kid," she recalled. "I bonded with my dad, just being in that environment with dirt, dried grass, rocks and trees. Also, my dad would take us on family vacations to Nevada, New Mexico and Utah to go ski, and I'd see these beautiful landscapes. It resonated with me."

A painting of an appaloosa horse, inspired during a trip to Ruidoso,

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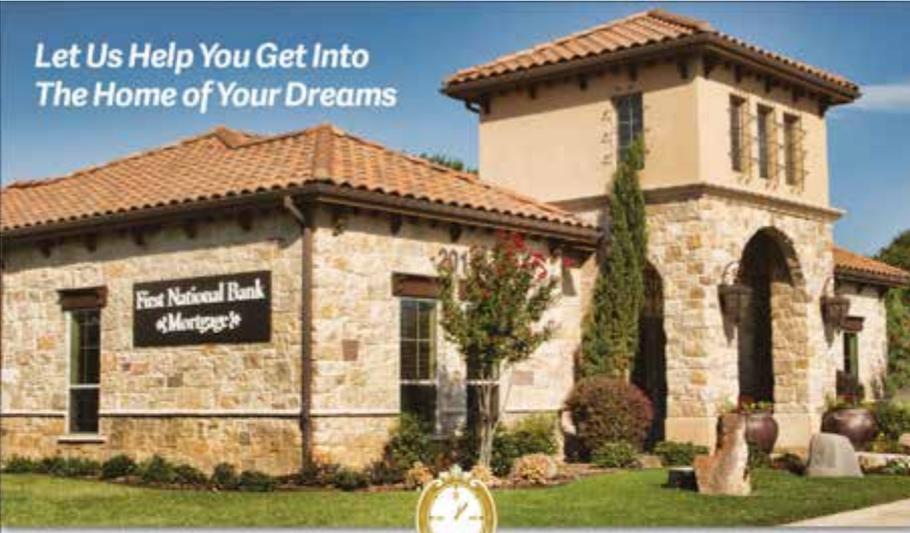
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includes a salmon color reminiscent of pottery. There are also dark lines to represent horse hair pottery. "It was so wonderful. I loved it there," she said. "It was great being able to experience the different scenes and cultures."

Brittany loves horses. She has ever since she was a child and hopes to own one again someday. In the meantime, she and others enjoy them vicariously through her paintings.

One of her subjects is a white horse on a black background, charging toward the person admiring the work. It's accentuated with crackle fingernail polish. "I love this painting," she said. "I dread the day when somebody buys it. I like the fierce power you can feel from this painting." Having exhibited paintings in San Angelo and Lubbock, Brittany has set a goal to enter her work in a major art show.

She has experimented with a variety of combinations. Another painting of floral design combines water and oil to create specks on the canvas. "The oil resists the ink and moves it around in certain ways," she explained.

In the hallway is a painting of the Grand Canyon at midday. Next to it is *Bad Moon Rising*, named after one of her favorite songs and because it perfectly suits the silver moon rising through a navy night sky over a brown



canyon wall. It's another of her dad's favorites. "My dad wants me to paint a really big one of this," she said.

As a child, Brittany dealt with attention deficit disorder, but her artwork helped her through it. She'd do art for hours on end. "It was the only thing that could capture my attention," she said. "When I realized that, I knew I was going to do something with art the rest of my life. My junior year of college, I found I didn't need to be medicated anymore because of my focus on art."

When she was a child, her father and her mother realized her potential. She won every art competition she entered. "For as long as I can remember, she was always drawing and coloring," he said. "She loved horses, and she started drawing horses. We had a feeling early on. That's all she ever wanted to do — draw and paint. We are so proud of her."

She loves the excitement art brings to her students. "My first-graders are the hardest workers," she said. "I can give them a fourth-grade project, and they have no fear. It's so good for the brain, too."

Brittany's favorite place to escape is her studio. She transformed the garage into a workplace where she can create, or just relax with a cup of coffee with

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Raven, her Corgi mix companion. A sign describes one of her favorite delights in life: *Coffee. A liquid that smells like fresh ground Heaven.*

The area contains numerous canvases, some finished paintings and just as many works in progress. She pulls out one of her favorites, named *Alpha*. It's a buffalo on a black canvas staring at the viewer. There's also one of a blue cow. Both paintings she considers among her best. "I think cows have sweet faces," she said.

A painting above the TV in the studio is entitled *Desert City*. It is of a canyon at night, with surrounding cacti and walls resembling skyscrapers. "I love the way when the light is on them, the mountains just light up," she said. "I was in here when it was 30 degrees outside at night. I just love coming down here and getting away."

The studio is designed to look like a living room. That way, when she photographs her artwork, viewers online can get an idea of what it will look like in their own homes. She wants others to experience the same feeling she gets when she's creating a work of art. "When I'm painting, the feeling I get is ultimate happiness," she said. "It takes me literally to where I'm painting — I'm there." **NOW**

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In the Kitchen With

PRISCILLA SANCHEZ

— By Melissa Rawlins



Biscuit Donuts have been a favorite recipe of Priscilla Sanchez and her family since they were children. Priscilla's mom, her favorite cook, taught her that when you cook for others, do it with love, and never serve food you wouldn't eat yourself. Priscilla can cook anything, yet she really enjoys grilling.

During her 12 years working for the city of Mansfield, Priscilla has made the grill her sweet spot during festivals, including the spring and fall Creekside Cleanups. "I am the hot dog queen," said Priscilla, who has grilled as many as 1,000 hot dogs at one event. "People return just so they can eat one of my Sanchez hot dogs." And when she serves chicken? "Nothing," she said, "goes better than grilled corn in the husk." **NOW**

Biscuit Donuts

1 can biscuits
1 cup grease
1 cup powdered sugar

1. Open the biscuit can. Separate biscuits and make donuts by puncturing a hole in the center of each biscuit.
2. Place individual donuts in the hot grease; fry until golden brown.
3. Sprinkle the donuts with powdered sugar.

Arroz con Leche for Breakfast

1 cup rice
2 cups water

2 cups milk
1 tsp. cinnamon
1 Tbsp. sugar

1. Cook rice until tender in water and milk. Additional milk may be needed to make it creamy.
2. Add cinnamon and sugar. (May adjust to taste.)

Taco Sliders

1 white onion, minced
1 cup cheese, grated
1 pkg. taco seasoning
1 lb. hamburger
1 large tomato, sliced

1 red onion, sliced into rings
1 head lettuce
1 avocado, sliced
1 pkg. hamburger buns

1. Mix onions, cheese and taco seasonings with meat. Form into patties.
2. Place sliders on a medium-hot grill; cook well.
3. Layer sliders with tomato slices, onion rings, lettuce and avocado between buns.

Pork Boneless Ribs

Serves 4.

5 onions (divided use)
2 lbs. boneless pork ribs
1/4 cup Obie-Cue's Mega-Hot Cayenne rub
1/2 can beer of your choice
4 potatoes
Salt and pepper, to taste
1 stick butter

1. Clean medium-hot grill with half an onion.
2. Cover meat with Obie-Cue's rub. Use enough to cover, but you should still be able to see the meat. Pour 1/2 can beer over the meat. Marinate for about an hour.

3. Double-wrap the meat in foil; place on the grill for about 25 minutes, so the meat becomes tender.
4. Remove meat from foil; add more Obie-Cue's rub, to taste. Place on the grill, turning every few minutes, so the meat becomes grilled on both sides.
5. Halve the potatoes and remaining onions. Sprinkle with salt and pepper, and dot with pieces of real butter. Place potatoes and onions on large pieces of foil, making a pocket in each piece of foil so the vegetables can be steamed on the grill about 10 minutes, or until tender.
6. Serve once the meat is done.

Hot Dogs

Serves 8.

- 5 onions (divided use)
- Salt and pepper, to taste
- 1 stick butter
- 2 lbs. wieners
- 1 lb. bacon (optional)

1. Clean grill with half an onion while setting the temperature on low.
2. Halve 4 onions; place them in foil with salt, pepper and real butter. Let them start cooking over low heat before placing hot dogs on the grill.
3. If you like, wrap each hot dog with a strip of bacon. Place hot dogs on the grill; turn them frequently. For the best flavor, allow them to get slightly burnt.

Grilled Chicken 'n' Corn

Serves 4.

- 2 lbs. chicken legs or thighs
- Salt and pepper, to taste
- 1/4 cup olive oil
- 4 fresh corn cobs, in the husk
- 1/4 cup butter
- 1 bottle hot sauce

1. Heat grill to medium temperature.
2. Rub clean chicken with salt, pepper and a little olive oil, so the skin will get crunchy. Cook until the chicken is well done, about 12 to 15 minutes.
3. While chicken is cooking, place corn on the side of the grill; let it cook. Keep turning until the husk is golden brown and the corn kernels are tender to your taste. Serve with some butter and hot sauce.

To view recipes from current and previous issues, visit www.nowmagazines.com.



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BusinessNOW

The Brenneman Team of Keller Williams Realty

— By Melissa Rawlins

The Brenneman Team of Keller Williams Realty

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Saturday-Sunday: By appointment

Are you hoping for a seamless sale of your home, or maybe to purchase a house just like the one in your imagination? The Brenneman Team of Keller Williams Realty — Mansfield works to bring your dream into reality.

“We try to anticipate our clients’ needs,” Lead Agent Rachael Brenneman said, “and when people call us, we follow up very quickly.” Operations Manager Tammy Lindley makes

communication with clients easy for Rachael and her two stellar real estate agents, Jenne Ticer and Katie Baughman.

All four members of Rachael’s team have lived in Mansfield more than 14 years, and their knowledge of the local area empowers them to find just what homebuyers want. “Because we know the area, we’re able to help them narrow down their search,” Rachael said. They’ve watched Mansfield grow and can talk about the community.

Throughout the process, from listing to searching to closing, they make themselves available to people. “We have high expectations of each other and work together as a team,” Rachael said. Tammy takes care of all the paperwork while the three agents focus on their clients.

The Brenneman Team handles quite a few unique situations. For out-of-state buyers, Rachael gives virtual showings, walk-throughs and inspections well before they

step foot in their targeted dwelling. “We help people going through divorces with glass gloves. While they make the transition, we market the house and get it sold, so they can focus on other things,” Rachael said. For clients who have been transferred to jobs in other cities, Rachael checks on their house weekly, calling to let the seller know what is going on every week. These little things are what earned the multiple awards on display in her office.

A former schoolteacher, Rachael continually trains The Brenneman Team. They devote much of their time to support Mansfield ISD teachers, partly because customers frequently cite MISD as their reason for moving here. “I always tell the teachers, ‘Thank you for doing your jobs, because it makes our jobs easier.’ And I tell my clients, ‘Property values will remain high because Mansfield is a family-friendly, safe place.’” The Brenneman Team’s other favorite areas to share with customers are Mansfield’s neighbors, including Arlington, Kennedale, Midlothian, Fort Worth and Burleson.

Rachael grew up in Fort Worth. Her mother was a schoolteacher, and her grandmother was a real estate broker in Fort Worth. “I was very close to her,” Rachael said. She began wearing her grandmother’s necklace to every closing. “Now my family says, ‘You are just like Granny Tess.’”

Rachael’s high school sweetheart and husband, Paul, cheers her on. So do their two boys. “They say, ‘Yay, Mom!’ every time I sell a house,” Rachael grinned. “With busy jobs, it’s important for us to spend time together as a family. One way we do it is in church. Another is our partnership with JFITs (Jesus Freaks In The Streets), serving food and clothing to the homeless.”

Satisfying the needs of others is an approach that works for Rachael and her clients. For results you desire with the service you deserve, call The Brenneman Team of Keller Williams Realty. **NOW**

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TravelNOW

Awakening in Charleston

— By Amanda Hollinger

A rich and colorful painting by acclaimed artist and South Carolina Lowcountry native Jonathan Green depicts a vibrant sunrise spreading across a tidal creek and marsh grass that is Charleston's iconic landscape. Entitled *Awakening in Charleston*, the painting captures more than the fiery beauty of sunrise. It also evokes the spirit of awakening Charleston experiences as it tells its story to the world — not just the postcard-ready version of cobblestone streets and historic plantations, but also the realities of enslaved people whose skills and labor built Charleston. Once a sleepy coastal port, today Charleston draws visitors to discover a vibrant, modern city examining its roots and teeming with high-tech job growth, a vibrant arts and culture scene and an award-winning culinary destination.

Charleston boasts more than its share of award-winning “get-your-reservation-in-advance” dining experiences but

also entices with off-the-radar offerings. Felix, a hip and modern French café at the north end of the King Street Historic District, tempts visitors with small, savory plates of lobster deviled eggs and crab croquettes with crispy okra. For a quieter, more sophisticated dining experience, reserve your spot at the James Beard award-winning restaurant, FIG. Chef Mike Lata's cuisine is a simple, yet innovative, approach to Lowcountry food, such as baked golden tilefish with spring shallots. For something casual, yet no less mouthwatering, venture to the diverse North Central neighborhood. Strap on your appetite for James Beard-nominated Chef Rodney Scott's legendary whole hog BBQ or sit outside at Leon's Oyster Shop and dine on charred oysters and spicy fried chicken.

After getting your fill, explore downtown Charleston by foot. Founded in 1670, Charleston offers unparalleled

opportunities to experience history. At the Old Exchange and Provost Dungeon, completed in 1771, walk the same floors where George Washington was received, and learn about the site's tragic role in the history of the slave trade.

While downtown, take a walk down historic Broad Street — slowly — so as not to miss the reasons why this street is ranked one of the nation's "Great Streets" by the American Planning Association. Bluestone sidewalks, gas streetlights and palmetto trees frame structures dating back to 1715. Near Broad Street, you will find The Gibbes Museum of Art, home to the foremost collection of American art that incorporates Charleston. The collection includes something for everyone, from 18th century portrait miniatures to modern sculptor Patrick Dougherty's twig and branch structure (a kid favorite).

Visitors are likely to encounter one of Charleston's many popular festivals, such as Charleston Wine + Food, Southeastern Wildlife Exposition, Charleston Fashion Week, Festival of Houses and Gardens or, if you're lucky enough to visit during the 18-day period beginning Memorial Day weekend, Spoleto Festival USA. Every year since 1977, the festival has transformed Charleston, filling its historic venues with opera, symphonic music, theater, dance, chamber music and jazz from across the globe.

No visit to downtown Charleston would be complete without a visit to the Battery, the southernmost tip of the historic district and the Charleston peninsula. This promenade provides sweeping views of Charleston Harbor, Fort Sumter, the convergence of the Ashley and Cooper Rivers and the Atlantic Ocean beyond. Awakening couldn't be more romantic. **NOW**

For more information or to plan your visit to Charleston, visit www.explorecharleston.com. Photos courtesy of ExploreCharleston.com.

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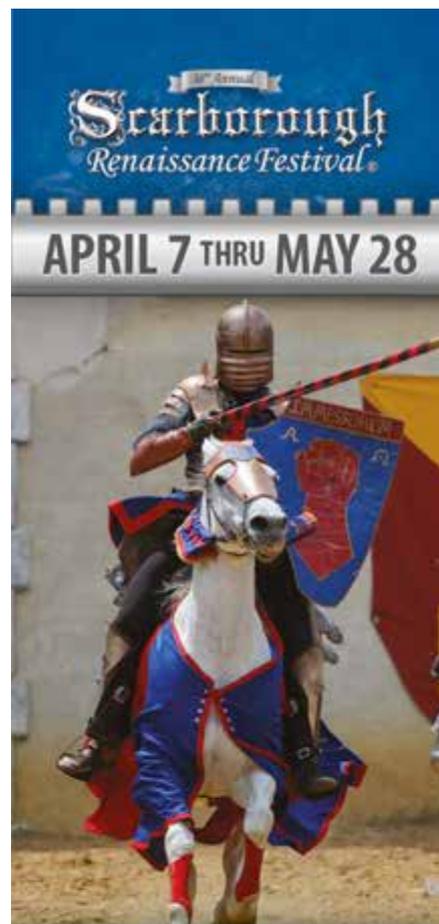
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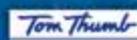
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Alex Jones and Carrie Wade pause during their busy work day at Rose Park Dental to show off their beautiful smiles.

Zoomed In:

By Melissa Rawlins

Jason and Alysia McGlasson

Before coming out for an evening with friends at American Legion Post 624, Jason “Chief” McGlasson and his wife, Alysia, dressed for the occasion. Alysia was a cosmetologist before marrying her high school sweetheart eight years ago. “Now I’m a spoiled wife,” she said, with a grateful smile.

“This morning, I showed her a picture of a pinup I was considering painting on my motorcycle saddlebags,” he said. When he came home, she was dolled up with a 1940s-roll in her hair — inspired in part by her Bettie Paige and Betty Boop collections. After 20 years in the Navy, Jason retired, and the couple moved to Mansfield four years ago. They’re looking forward to a simple Memorial Day gathering, and then a special flag retirement ceremony at American Legion Post 624.



Deborah Su connects with John Phillips, president of Methodist Mansfield Medical Center, a guest speaker at a Chamber Chats.



Diane Owens shops for her kitchen at The Salvation Army in Mansfield.



Kyndle Cain stands proudly with her Grand Champion Lamb and Grand Champion Breeding Doe at the Tarrant County Junior Livestock Show.



Lauren Peralta chats with Kelly DeGarmo about the many positions available at Mouser Electronics.



Legend and Nora go for their sunset walk at Town Park with Sam and Stacy Rogers.



Isletta Reese, Alexis Price and Reanna Butler, part of the lunch crew at Mansfield's Schlitzsky's, take a breather.



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Free Live Music: 7:00-10:00 p.m., The LOT Downtown. **May 5**, Breaking Bad Co. with The Pontiac pays tribute to Bad Company and Free; **May 12**, Alvarado native singer-songwriter Brittany Oviedo with Lawless; **May 19**, get your pop fix with McAllister; **May 26**, enjoy a bit of tejano with Grupo Stampede. Contact Executive Director Kat Orsak, (405) 250-1947.

7, 14, 21, 28

Sunrise Toastmasters Club: 7:00-8:00 a.m., Methodist Mansfield Hospital, Canedy Community Room, 2700 E. Broad St. Become the speaker and leader you want to be. kevinorsak@mhd.com.



8

Mansfield Garden Club meeting: 6:00-8:00 p.m., Chris W. Burkett Service Center, 620 S. Wisteria St. and 24 N. Mitchell Rd. Please bring a small plant from your garden. Donna Mendenhall, (817) 475-4428.

9, 23

Mansfield Lions Club meeting:

Noon-1:00 p.m., Mansfield Methodist Hospital, 2nd Floor Conference Room, 2700 E. Broad St. (817) 453-1170.



10 — 12

Household Hazardous Waste Collection: **Thursday** and **Friday**, 3:00-7:00 p.m.; **Saturday**, 10:00 a.m.-3:00 p.m., Mansfield Environmental Collection Center, 616 S. Wisteria. Contact David Macias, (817) 276-4239.

13

Unheard of Ensemble: 7:30-9:00 p.m., New Hope Baptist Church, 6765 Dick Price Rd. Ford Fourquarean (clarinet), Matheus Souza (violin), So Sugiyama (cello), and Daniel Anastasio (piano) perform newly composed works. Contact Dr. Paul Poston, contact@applausemf.org.

16

Quilting With Heart: 1:00-3:00 pm, First Methodist Church Mansfield, 777 N. Walnut Creek. Open membership with no dues. qwhinfo@gmail.com.

17

Third Thursday: 5:00-8:00 p.m., Historic Downtown. Join your neighbors for a world of fun, including live music, restaurants, food trucks, a brewery, after-hours shopping, contests and more. www.downtownmansfield.org.

19

Wisteria St. Market: 10:00 a.m.-3:00 p.m., Mansfield Activities Center, 106 S. Wisteria St. Free make-and-take craft, activities, food trucks and a face painter. Take home gifts for dads, grads and teachers. (817) 728-3680.

20

Family Experience: 5:00-6:00 p.m., First Methodist Church Mansfield, 777 N. Walnut Creek. High-energy worship, kids style. Andrear@fmc.org.

26

Fallen Patriots: 7:30-10:00 p.m., First Methodist Mansfield Church, 777 N. Walnut Creek Dr. Next Gen Chamber Players presents string chamber orchestra concert celebrating Memorial Day. Fletcher Rudd, (817) 372-2682.

29

Unleash the Power of the Subconscious Mind: 8:00-9:00 a.m., Mansfield Area Chamber of Commerce, 114 N. Main St. Free. Learn how your mind rules your conscious self, behavior and mindset: (817) 473-0507.



Ongoing:

Mondays

Miracle Mondays: 10:30 a.m.-1:30 p.m., The Healing Place, 600 Strada Circle, Suite 210. We pray at no charge for people with any issues and teach others

to pray for healing and wholeness. Bill Dasch, (817) 319-0129.

First Mondays

Mansfield Area Marines: 7:00 p.m., Fat Daddy's Sports and Spirits Café, 781 W. Debbie Ln. Active duty, retired, honorably discharged Marines and FMF Corpsman are welcome. Contact George Miller, (817) 705-7984.



Mondays — Fridays

Mission Market: By Appointment, Wesley Mission Center, 777 N. Walnut Creek Dr. To meet dietary needs,

families may choose their own grocery and toiletry items. Call to make an appointment to shop: (817) 473-6650.

Senior Lifestyles Program: 9:00 a.m.-2:00 p.m., Mansfield Activities Center, 106 S. Wisteria. Contact (817) 728-3680, ext. 3687, for more information, as well as details on how to volunteer in support of local seniors.

Mondays — Saturdays

Wesley Mission Center Thrift Store:
Monday-Friday: 9:00 a.m.-7:00 p.m.,
Saturday: 9:00 a.m.-5:00 p.m., 703 E. Broad St. (817) 225-4868.

Tuesdays, Wednesdays, Thursdays

The Fit Club: 9:30-11:00 a.m., Walnut Ridge Baptist Church. Ages 55+ relieve stress and maintain balance, focusing on cardiovascular endurance, strength, balance and flexibility (yoga). Kelly Myers, (512) 963-3440.

Wednesdays

MasterMind Group (LEADS): 8:00-9:00 a.m., Mansfield Area Chamber of Commerce, 114 N. Main St. Free. This vibrant referral group allows you to expand and build your business network. Call first for information about application process: (817) 473-0507.

Thursdays

Rotary Club of Mansfield Sunrise: 7:00-8:00 a.m., Methodist Mansfield Medical Center, 2700 E. Broad St. Meet with others living by the motto Service Above Self. www.mansfieldrotarysunrise.org

Submissions are welcome and published as space allows. Send your event details to melissa.rawlins@nowmagazines.com.

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Exchange-traded funds (ETFs) are just one of the many types of investment funds available, but they have some qualities that are unique and set them apart from other vehicles. ETFs are securities that attempt to track all types of indexes, industries or commodities. For example, an ETF might be made up of securities representative of the technological industry or a specific index.

When ETFs were first created in the 1990s, the aim was to mimic the movements of an index of a specific financial benchmark. Today, ETFs also follow industries and commodities, not just indexes. The investment vehicle with the sole purpose of mirroring a specific index is called an index fund.

Some investors may choose ETFs because they combine the diversification of a mutual fund with the flexibility of a stock. ETFs do not have their net asset values calculated each day, as do typical mutual funds, but rather their prices may fluctuate throughout the day based on the rate of demand on the open market. Although the value of an ETF comes from the worth of the underlying assets comprising it, shares may trade at a “premium” or a “discount.” ETF shares are sold on stock

exchanges. Investors can buy or sell them at any time during the day. The underlying assets of the fund are not affected by market trading.

Exchange-traded funds may have expense ratios that are lower than those of an average mutual fund, and they are usually more tax-efficient than many mutual funds. Additionally, shareholders can often invest as little or as much as they desire. However, an ETF cannot be redeemed by a shareholder. Rather, it can be sold only on the stock market.

One downside to exchange-traded funds is the commission. When an ETF is bought or sold, a commission is charged because ETFs are traded like stocks. However, despite this downside, an ETF can be a diversified and low-cost investment that often has a low turnover rate, so you might want to consider ETFs as part of your investment portfolio. Keep in mind that diversification is a method to help manage investment risk. It does not guarantee a profit or protect against investment loss.

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