

CEDAR HILL | DESOTO | DUNCANVILLE

# SouthwestNOW

A G A Z I N E

APRIL 2019

## All's Faire

Ann Ellis enjoys some  
not so straight-laced fun

In the Kitchen With  
Shantrell Barnes

Also inside:

Kids' Fun Pages

Crossword/Sudoku

Featured Business:  
Medi-ssage Wellness

## Champion of the City

Mayor Barry Gordon  
honors outstanding locals

PERMIT #0450  
DALLAS TX  
PAID  
U.S. POSTAGE  
#000000

Postal Customer

\*\*\*\*\*EGRWSS EDDM\*\*\*\*\*





# V-Care Health Services

.....Live Life Pain Free

## Our New State-of-the-Art Facility Includes:

DR Panel Digital X-rays • DRX 9000 Spinal Decompression  
Lipo Lite Laser for Medical Weight Loss • Therapeutic Electrotherapy and Physical Therapy units

## WE OFFER ALL UNDER ONE ROOF:

Medical, Physical Therapy / Rehab,  
Spinal Decompression, Medical Weight Loss,  
Durable Medical Equipment

## CONDITIONS WE SPECIALIZE IN:

- › KNEE PAIN / OSTEOARTHRITIS
- › NECK PAIN
- › BACK PAIN
- › SHOULDER PAIN
- › HIP PAIN
- › SCIATICA
- › FIBROMYALGIA
- › HEADACHES/MIGRAINES
- › BULGING DISCS
- › NEUROPATHY

FDA Approved Treatment to

# RELIEVE Knee Pain

**NOW  
ACCEPTING  
NEW  
PATIENTS**

WE CAN RELIEVE  
KNEE PAIN WITHOUT SURGERY!

## OVER 95% SUCCESS RATE

Treatment is Safe and Easy. Call Today  
if You Experience Any Degree of  
Knee Pain or Discomfort.

\*treatment is covered by most  
insurance companies including Medicare

## CALL TODAY FOR FREE CONSULTATION 214.550.0680

MON.-FRI. 8:30-6:30

UNIVERSITY PLAZA, 401 N. HWY. 77 • SUITE #1 • WAXAHACHIE, TX 75165  
VISIT US AT [WWW.VCAREHEALTH.ORG](http://WWW.VCAREHEALTH.ORG)





# DESOTO

INDEPENDENT  
SCHOOL DISTRICT

**EAGLE EXPRESS**

APRIL 2019

**ACCELERATING EXPECTATIONS 2020**

## DeSoto ISD Male Leadership Symposium: April 6

The 5th annual DeSoto ISD Male Leadership Symposium's event theme is "Changing the Narrative: Redefining Manhood," a challenge to encourage young men to think of masculinity in broader terms and to contest the status quo of what it means to become a man.

Online registration for the event is available at [www.DeSotoISD.org/MLS2019](http://www.DeSotoISD.org/MLS2019).

## DeSoto ISD Pre-K Round-Up Set to Take Place April 1-3



Parents can visit DeSoto Town Center at 211 E. Pleasant Run Road to enroll their child at DeSoto ISD early childhood campus or partnering facility. The 2019 DeSoto ISD Pre-K Roundup is set to take place from 7 am to 7 pm for students who will be three or four years old during the 2019-2020 school year.

The event is a one-stop pre-k enrollment shop and can help families complete the online application and enrollment and other support. For more information, contact the DeSoto ISD Office of Early Childhood at 469.297.4587 or text Prek to 972.687.7735



**MALE  
leadership  
symposium**

**changing the narrative:  
*Redefining Manhood***

SATURDAY, APRIL 6, 2019 | 8:00 TO 2:00



DESOTO HIGH SCHOOL  
600 EAGLE DRIVE DESOTO, TX 75115

ONLINE REGISTRATION:  
[WWW.DESOTOISD.ORG/MLS2019](http://WWW.DESOTOISD.ORG/MLS2019)

## CALENDAR

- Pre-K Round-Up: April 1-3
- Male Leadership Symposium: April 6
- Board Workshop: April 8
- STAAR: April 9-12
- District Holiday: April 19
- Regular Board Meeting: April 22

[WWW.DESOTOISD.ORG](http://WWW.DESOTOISD.ORG) | 972.223.6666  
200 E. BELT LINE RD.  
DESOTO, TX 75115

**PASSION. PERSEVERANCE. PURPOSE.**

# S W E S T N O W

**8** **ALL'S FAIRE**  
Queen Anne's Lace  
keeps the Renaissance  
hopping.

**14** **CHAMPION  
OF THE CITY**  
A new award  
recognizes the talents  
of Duncanville residents.

**30** **PERFECT  
MIX**  
From art to the wild  
frontier, modern  
technology meets  
yesteryear in Abilene.

**8**



**18** BusinessNOW

**20** Around TownNOW

**24** CookingNOW

*Publisher, Connie Poirier | General Manager, Rick Hensley*

## **EDITORIAL**

*Managing Editor, Becky Walker | Southwest Editor, Adam Walker  
Editorial Assistant, Rachel Smith | Writers, Lisa Bell . Angel Morris  
Editor/Proofreader, Angel Morris*

## **GRAPHICS AND DESIGN**

*Creative Director, Chris McCalla | Artists, Kristin Bato  
Morgan Christensen . Martha Macias . Anthony Sarmienta*

## **PHOTOGRAPHY**

*Photography Director, Chris McCalla  
Photographers, Kobbi R. Blair . Bill Smith*

## **ADVERTISING**

*Advertising Representatives, Dustin Dauenhauer . Trent Dean  
Cherise Burnett . Bryan Frye . Kelsea Locke . Linda Moffett  
Lori O'Connell . Steve Randle . Keri Roberson . Linda Roberson  
Joyce Sebesta*

*Billing Manager, Angela Mixon*



## **ON THE COVER**

*Ann Ellis gets Medieval at  
the Renaissance faire.*

**Photo by**  
Bill Smith.

*SouthwestNOW is a NOW Magazines, L.L.C. publication. Copyright  
© 2019. All rights reserved. SouthwestNOW is published monthly and  
individually mailed free of charge to homes and businesses in the  
Cedar Hill, DeSoto and Duncanville ZIP codes.*

*Subscriptions are available at the rate of \$35 per year or \$3.50  
per issue. Subscriptions should be sent to: NOW Magazines, P.O.  
Box 1071, Waxahachie, TX 75168. For advertising rates or editorial  
correspondence, call (972) 283-1170 or visit [www.nowmagazines.com](http://www.nowmagazines.com).*





# Duncanville ISD **JOB FAIR**

**Saturday**  
**April 6, 2019**  
**9:00 AM - Noon**

**Duncanville High School**  
900 W CAMP WISDOM ROAD  
DUNCANVILLE, TX 75116

**Are you the perfect fit  
for Duncanville ISD?**

**Duncanville ISD is seeking teachers, bus drivers,  
custodians and food service employees.**

**Duncanville ISD offers competitive salaries and wages.**

**Participants should bring at least 7 copies of their resume,  
and if applicable, alternative certification documents.**

**Up to \$5,000 incentives provided for critical need areas,  
such as Bilingual, Foreign Language, Special Education,  
Math and Science.**



Scan me

**Online applications available on-site.  
Spanish interpreters will be available.**

To register, go to: [www.duncanvilleisd.org/JobFair](http://www.duncanvilleisd.org/JobFair)



**Tennille  
Jones  
Teacher**



**Elizabeth  
Armendariz  
Staff**



**Gabby  
Goodgames  
Student**





*Adam*

Adam Walker  
SouthwestNOW Editor  
adam.walker@nowmagazines.com  
(469) 285-2008

## EDITOR'S NOTE

*April showers...*

Texas weather is very unpredictable. One day we have sun and upper 70s. The next we're dripping faucets once more and hoping the roads won't be slick. You never know if you'll need the heater or the air conditioner. As April arrives, we begin to see more and more of the warm days and fewer and fewer of the cold ones. But it's also the start of one of the high-risk times for severe weather.

We've already seen severe tornadoes in parts of the country. In the Kansas of imagination, a tornado can transport you to Oz. In the real world, they are nothing good. I know. A few years ago, I missed being caught in the tornado that hit Red Oak. Most of my family and I avoided that by mere yards and minutes, driving in the dark.

While the threat of storms is real, April is full of beautiful days, nesting birds and fresh green leaves. All the trees will have put out by now. I look forward to this time every year. It's a hopeful time. The days are longer — the sun is brighter. But, it usually hasn't gotten hot enough to melt the tar on the streets yet.

Next month it may already be hot, but for now, it should be pleasant between the showers — plenty of sun, but not uncomfortable. Time to work in the garden, start a tan, finish a project or two out in the garage ... with the door up.

So, enjoy the spring and whatever rains come. Each month comes but once a year.

Bring on the May flowers!

**Kids@Heart**  
PEDIATRIC DENTISTRY

450 North Highway 67 - Suite 100  
Cedar Hill, TX 75104  
[www.kidsatheartdentist.com](http://www.kidsatheartdentist.com)  
(972) 291-5720

**TO DO LIST:**

- Decorate Eggs
- Take Grandma to Brunch
- Make a dental appointment for the kids!

**Who's your kid's dentist?**  
Dr. Ashla Martin  
Board Certified Pediatric Dentist

**Hillcrest Baptist Church invites you to**

# EASTER

## SUNDAY

**SUNDAY, APRIL 21**

**9:00 AM**  
TRADITIONAL

**10:40 AM**  
CONTEMPORARY

**11:00 AM**  
SPANISH

Looking for something more than marshmallow bunnies and eggs to fill your Easter basket this year?

At Hillcrest Baptist Church, we know that folks are searching for answers, significance, direction, and maybe even a second chance. Join us for Easter to discover that what we are all searching for can't be found in an egg or in a basket, but in an empty tomb!

**[hillcrestbc.com/easter](http://hillcrestbc.com/easter)**

Celebrate the Resurrection through song, scripture and the spoken word. Be a part of this exciting evening as we worship our risen Savior!

**EASTER**  
NIGHT OF WORSHIP

**SUNDAY, APRIL 14 • 5:00 PM**

Visit us online at  
**HILLCRESTBC.COM,**  
or call **972.291.3521**  
for more information.

 HBCMINISTRIES

 HBCMINISTRIES

 [INFO@HILLCRESTBC.COM](mailto:INFO@HILLCRESTBC.COM)

In addition to our Easter Services,  
we meet weekly on Sundays.

Traditional Worship: 9:00 AM

Contemporary Worship: 10:30 AM

Spanish Worship: 11:00 AM

Sunday School: 9:00 & 10:30 AM





# EASTER — at Trinity Church

**FRIDAY, APRIL 19**

Good Friday Service | 7pm

**SATURDAY, APRIL 20**

Eggsapalooza | 5-9pm

Saturday Night Service | 6pm

**SUNDAY, APRIL 21**

Easter Services | 7, 9 & 11am

Servicios en español | 9 & 11am

1231 E Pleasant Run Rd.  
Cedar Hill TX, 75104

For more info and for events at the  
Fairmeadows and Waxahachie campuses,  
visit:

[trinitychurch.org/easter](http://trinitychurch.org/easter)

 **trinitychurch**



# Don't be Afraid of the Dentist.

With nonIV sedation: you can sleep while we work.

Dr. Martin is pleased to introduce Dr. Allala:  
"I have seen Dr. Allala's work and know she  
can provide the quality and care patients have  
come to expect at Fearless Dental." -Dr. Martin



Dr. Allala excels in smile makeovers,  
crowns, bridges, implants, dentures,  
root canals, and extractions.



972-617-3322 · [www.FearlessDental.com](http://www.FearlessDental.com)

Years of dental needs can be completed in very few appointments.  
Complimentary second opinions. IV sedation available.

SE HABLA  
ESPAÑOL

## Snap on Denture

Lower only  
with 2 implants

**\$292**

/month  
\*No interest  
for 24 months

Upper or lower  
with 4 implants

**\$375**

/month  
\*No interest  
for 24 months

\*With Valid Care Credit

**FREE**

**Oral Sedation and Nitrous  
for Snap On Dentures**

(Limited Time Offer)

Call our office for more  
details and to schedule  
your complimentary  
snap on consultation.



101 Austin Boulevard · Suite 100 · Red Oak, TX 75154



# ALL'S FAIRE

— By Adam Walker

*Have you ever been to a Renaissance fair? Have you ever thought about how much fun it would be to be part of one? Cedar Hill's Ann Ellis doesn't have to imagine. She packs up reality and moves into the 1500s every spring.*

"Back in 1983, I became friends with this guy, and then with all his other friends. We heard about Scarborough Faire in Waxahachie, which was really new then, and we decided to go audition as a group. It sounded like a great chance to go and not be ourselves. We all got in. After that first year, the boyfriend moved on. I stayed." And Ann has been a regular at the Scarborough Renaissance Festival, rarely missing a season for the last 36 years.

Much of her time at Scarborough is spent with a singing group called Queen Anne's Lace. "We're an a cappella group. We've currently got 13 women, though we've been singing for 30 years, so there are a lot of alumni. At our last reunion, we had 20 women on stage. Every one of us has been on cast at Scarborough both as a stage act and as members of the performing company. But once a Lace, always a Lace. And it's a lot of fun because we sing music from the Medieval period all the way up to the 1960s."

The singing group's name evokes both the frilly blooms of the wild carrots that grow all over, and any of the several queens of England named Anne, including two of Henry VIII's wives. And that's important, since Scarborough Faire is set during Henry's reign. "In recent years, the fair has been set in 1533, but this year, we're rewinding to 1521, early in Henry's reign."







**PRECISION EYE-CARE**

**FREE CONTACT LENS FITTING**  
WITH THE PURCHASE OF A COMPLETE EYE EXAM  
Restrictions apply. Expires 4/30/2019

**Happy Easter!**

Anthony Peterson, O.D.

Accepting New Patients  
Walk-ins welcomed

Spanish-speaking doctor & staff (Se habla Español)

Hours: Monday-Thursday 9-6 | Friday 8-4 | Saturdays by appointment  
150 E. HWY 67 Suite 120 • Duncanville, TX  
972-298-EYES (3937) ■ [www.pecdallas.com](http://www.pecdallas.com)

Payments accepted: Cash, Debit, Checks, CareCredit

# FAMILY & COSMETIC DENTISTRY

## Services Offered Hablamos Español

Low Radiation Digital X-Rays  
Nitrous Gas Sedation  
Intraoral Cameras: *you see what we see.*  
Teeth Whitening  
10% Senior Discount

## Most Insurances Accepted

In addition, we are preferred-providers for:

Metlife PPO	Delta PPO   AARP Dental
Cigna PPO	United Healthcare PPO
Guardian PPO	Blue Cross/Shield PPO
Humana PPO	Principal/Ameritas PPO
Assurant PPO	United Concordia PPO
Aetna PPO	Connection PPO

## We are excited to announce that we moved!

Don't worry! We only moved across the street from our previous location. We are now located in the building next to Advance Auto Parts.

**\$89 Move In Special**

(A \$222 Value. Expires 4/30/19)

Exam, Basic Cleaning & X-Rays  
Not valid with insurance



**Dr. Emilio Lopez, DDS, PC**

**972.291.2591**

110 E. Belt Line Rd.  
Suite 100  
Cedar Hill, TX 75104

**CedarHillDentist.com**

Part of that original group of Ann's friends stayed on as another performing group called The Flaming Idiots. "Over the years, I've seen friends from the early years have kids who have grown up and are, themselves, part of the cast now. Being part of the cast is a big commitment, and it can be a strain on couples if only one of them is involved. But Jason, the love of my life, has been incredibly supportive, even though he isn't involved. I'm blessed beyond measure to have a spouse like this."

Ann sees spending a few weeks a year as a "rennie" as an important outlet. "Working there is a lot of fun. It's a very inclusive environment. We have doctors, lawyers, veterinarians, high school students, college students, people who bring their kids with them, all working in the cast. It's like your typical high school musical, only age everyone 10 years — or more.

"I think it's important to have outlets like this, because the mundane world can get to you. I work as a permit technician for a local municipality. It requires a lot of blank face. If you want to keep up your mental health, you need a hobby outlet for creativity, a place where you don't need to worry about laughing too loud. The energy is like blowing up a balloon for weeks before opening day, the balloon getting fuller and fuller. Then on opening day, it pops and all that energy flows out over the fair site. We're 50 to 100 costumed cast members among 13,000-14,000 guests, every day! We have a lot of fun, but as performers, part of our job is to draw the visitors into the fun."

Ann and her sisters in song work on their costumes, to be sure they are period correct. That can mean anything







from researching fabrics and styles to learning what dyes were available and how much they cost back then. "Blue is my favorite color, so every costume I've worn has had some blue in it. I started out as a peasant, and I had a brown skirt, but I wanted some blue in my costume. I was told I couldn't have blue, as a peasant, because it was too expensive. So, I did my research, and found out what blue dyes were available then, and how much they cost. I gathered my documentation and took it back to them. I got my blue. Now my costume is royal blue, and each of the Laces has a different color dress. It's part of our look."

And while that may sound like the performers take their characters and performance very seriously, it's all about having serious fun. Ann and her fellow Laces and other cast members manage to maintain flawless, in-character interactions not only with visitors dressed in their own Medieval garb, but folks dressed in 21st-century jeans and flip-flops, Trekkies in Starfleet uniforms, Stormtroopers equipped with blasters, Dungeons and Dragons characters, anime heroes — and just about anything else. It's all about having fun, so nothing legal is out of bounds.

"I tell people all the time, if you've never been to a ren fair, you owe it to yourself to go at least once. If the only fair you've ever been to is the State Fair of Texas, we have the booming voice of King Henry VIII instead of Big Tex. There's plenty of music and fun that you won't find on your smartphone screen. I love seeing children at the fair giggling their heads off, or a proposal of marriage during the court dancing. And in the midst of all the fun, you might learn some real history — with no test at the end! If you've never been, Go! I dare you!" **NOW**



## Toothache?

# FREE

Emergency Exam  
and X-ray

MUST PRESENT COUPON AT VISIT.






Tonjolique J. Jackson, DDS


950 E. Beltline Rd., Suite 130 • Cedar Hill • 972-293-8033 • [www.shinedentalcaretx.com](http://www.shinedentalcaretx.com)

## Men's Hormone Replacement By Testosterone Pellets

We are helping men AND women with libido and performance issues using Bioidentical hormones along with individualized natural compounded enhancements.

- Improve Sexual Desire & Satisfaction
- Improves Energy
- Decreases Body Fat
- Improves Stamina
- Improves Bone Mineral Density
- Increases Skin Thickness
- Decreases Skin Pigmentation

See our website for more information.



**SAME-DAY APPOINTMENTS AVAILABLE**

# PHILLIPS

## FAMILY MEDICAL

**Our Services Include:**


- Primary Medical Care for the **WHOLE** Family
- Special Care Services for **SENIORS**
- Women's Services (PAP Smears and Help with Menopause)
- Treatment & Care of Diabetes (Diabetic Educator on Staff)


**Lipo Laser Program**

Lose Inches • Lose Weight

**ONLY \$85 Per Session**

People typically lose 1/2 inch per session!





**Dr. Pamela Phillips**  
PhD, RN, FNP-C  
Certified Family Nurse Practitioner

**Tired of Your Doctor Not Listening to You? WE WILL!**

**Hormone PELLET Therapy for Women & Men**

Feel Younger, Lose Weight, Stop Aches, Increases Sex Drive

**WE'RE ACCEPTING NEW PATIENTS!**

We Take Medicare & Most Other Insurance.

**Weight Loss Plans That Work**

Includes Training Books & Medications to Assist with Weight Loss

Our weight loss program is the only one that accepts your health insurance for payment!

**972-709-3415 • 947 Scotland Dr., Ste. 107, DeSoto, TX 75115**

[www.PhillipsFamilyMedical.com](http://www.PhillipsFamilyMedical.com) • Email: [Info@PFMed.net](mailto:Info@PFMed.net) • Friend us on Facebook • Nosotros hablamos Español!



## Your Choice for Medical Imaging



When your health is in question, you want answers.

At Center for Diagnostic Imaging (CDI), we understand your need to know, so we provide high-field MRI, CT, ultrasound, X-ray and mammography exams at our convenient outpatient location in DeSoto.



Easy scheduling with same- and next-day appointments is part of our commitment to you.



**SCHEDULE AN APPOINTMENT**

main 214.420.5400  
interventional services 214.420.5429

### DESOTO

1750 N. Hampton Rd.  
DeSoto, TX 75115

myCDI.com

*We specialize in answers.*



DIAGNOSTIC IMAGING®

Center for Diagnostic Imaging (CDI) is a subsidiary of Mednet LLC, a Texas not-for-profit corporation, and its affiliated independently practicing physicians who are licensed by the State of Texas. The physicians and staff who provide services at the imaging centers are not employees or agents of Mednet LLC or any of its affiliated hospitals. © 2018, Center for Diagnostic Imaging (CDI) 000000

# TIME TO UPDATE YOUR KITCHEN?

# MTM Countertops



## FREE

18-gauge  
Stainless Steel Sink  
(\$350 value)

Call or visit our website for details!  
[www.MTMCOUNTERTOPS.com](http://www.MTMCOUNTERTOPS.com)

**COME SEE OUR  
WIDE SELECTION!**

SHOWROOM HOURS:  
MON-FRI: 8AM - 5PM  
SAT: 10AM - 2PM

**SILESTONE®**  
by COSentino



- FREE Estimates • Competitive Pricing
- Up to 15-year Warranty on Some Products

**2460 Hwy. 287 N. • Mansfield • For more info call 817.477.8663**  
(Northbound service road – between Callendar Rd. & Turner-Warnell)

LIKE US



MasterCard



VISA



Discover





# Prekindergarten Round Up

**April 25 & 26, 2019**

## Registration NOW OPEN

**Duncanville ISD offers three  
different full day  
Prekindergarten programs**

**General Education  
Bilingual  
Tuition Based**

### ENROLLMENT

**Pre-K Round Up  
April 25 & 26, 2019**

**Duncanville High School  
Shine Performance Hall  
900 W. Camp Wisdom Rd.  
Duncanville, TX 75116**

**Date: April 25, 1:00 pm – 8:00 pm  
April 26, 8:00 am – 12:00 pm**

**Students must be 4 years old  
on or before September 1, 2019.**

**Pre-K Tuition Classes Available  
[duncanvilleisd.org/Pre-K](http://duncanvilleisd.org/Pre-K)  
for more information**

### QUALIFICATIONS FOR FREE PRE-K

**Must meet at least one of the listed  
criteria:**

**Economically Disadvantaged**

**Limited English Proficiency**

**Homelessness**

**Foster Care  
(currently or formerly)**

**Child of an Active Member of the  
Armed Forces or Killed/Injured  
During Active Duty**

**Child is a Dependent of a  
Star of Texas Recipient**

### DOCUMENTATION

**Items must be presented  
at time of registration:**

**Current Utility Bill**

**Guardian's ID**

**Student's  
Birth Certificate**

**Student's Social  
Security Card**

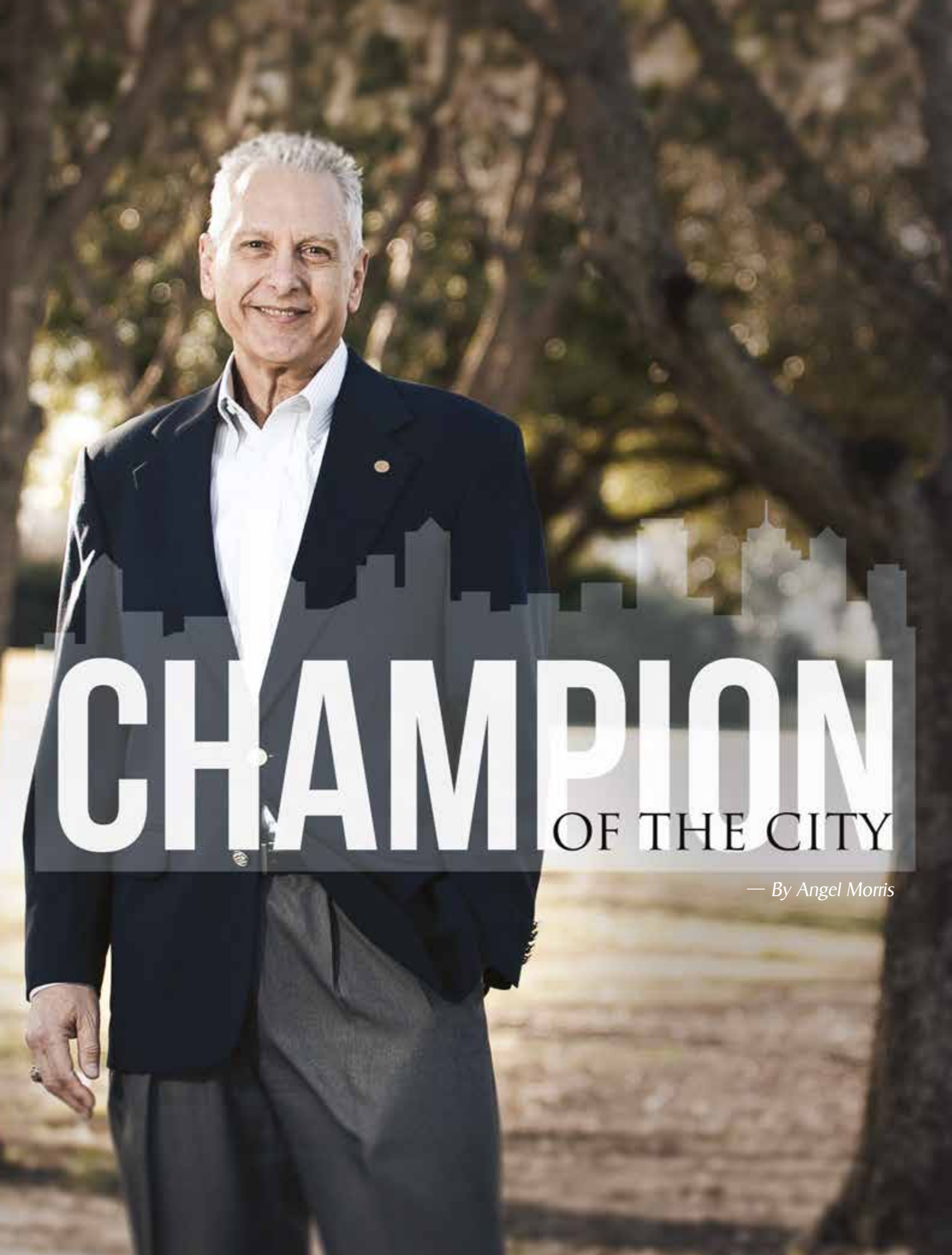
**Student's Up-to-Date  
Immunization Record**

**Proof of Income  
for Free Pre-K**



Visit [www.duncanvilleisd.org/Pre-K](http://www.duncanvilleisd.org/Pre-K) for more information.





# CHAMPION

OF THE CITY

— By Angel Morris

When Duncanville's Barry Gordon campaigned for mayor last year, he and his wife, Marlyse, went door to door meeting residents. Street by street, they met many interesting locals. "We were so impressed by the caliber of people, we wanted to recognize them somehow," Mayor Gordon explained. "Duncanville has a legacy of athletic champions, but we also have people who are leaders in their fields, whether that is business, industry, education, art, music, media and so on."

As a result, Mayor Gordon introduced the Champion of the City Award last fall. The first recipient was a Duncanville High School student whose art was selected for display in the U.S. Capitol. The second was a pair of students who earned second place in a national government/debate competition. "Our third recipient is a professional in the medical field," Mayor Gordon noted. "The award is not limited to students."

Honorees are recognized at city council meetings, receiving a certificate and a city medallion. "I want this recognition to be evidence to the entire community of the wonderful residents of Duncanville and their achievements," Mayor Gordon explained.

**SO FRESH,  
SO CLEAN**

**Buy 3 Baths, Get 1  
Bath FREE**

**CAMP BOW WOW**

Valid only at Camp Bow Wow (W) Dallas. Other restrictions may apply. See staff for details. Expires 4/30/15.



**MCGRAW'S**  
IRRIGATION SYSTEMS

- REPAIRS • INSTALLATIONS • DRAINAGE
- DESIGN • LANDSCAPE LIGHTING

**\$50 OFF** Service Call & First-time Repair  
OFFER EXPIRES 4/30/19  
COUPON VALID ONLY WHEN PRESENTED TO TECHNICIAN AT TIME OF APPOINTMENT

**HAPPY  
Easter**



**SPRAY HEADS**



**ROTORS**



**DRIP TUBING**



**Foundation Drip Tubing Systems Installation**

**We ALSO do:**  
**Landscape Lighting & Drainage**




**972-438-4196**

**www.McGrawsIrrigation.com**

LIKE US ON **facebook** LI #21678

MasterCard VISA AMERICAN EXPRESS DISCOVER



# Call now to Reduce Your Electric Bill The Switch is FREE!



*Stephani Spruill*  
**817-714-1132**  
**Save@ambit.global**

Residential and Commercial

## The Hunt is Over.

You can't hide a deal this good;  
half off our community fee  
with deposit by April 30th.

Our delightful, award winning  
community is perfect for making  
new friends and memories.  
Stop by or call today!

*Champions Cove*  
Award Winning Senior Living  
**972.298.5545**  
ChampionsCove.com



Vendor No. 000793

1600 South Main St., Duncanville, TX 75137



The mayor is no stranger to achievement himself. He retired after 33 years with the Army & Air Force Exchange Service, where he was senior vice president. He is past president of Duncanville Community and Economic Development Corporation, past vice president of the Tax-Increment Financing District, past member of the city's Comprehensive Plan Steering Committee and current member of Rotary International and Lions Club.

Mayor Gordon only considered a city council role after being approached by a fellow resident of the community. "I never had political aspirations. It was only after much discussion and prayer with my wife that I committed to running for mayor," he admitted. "I did not know how to conduct a campaign and relied on a great support group who got me to this point. But it is strictly because I felt this was the Lord's will for the next stage of my life that I agreed to campaign."

Since winning the election last fall, Mayor Gordon admits to a learning curve. "There are a multitude of laws surrounding how a city governs itself. I'm still learning all that, as well as how a mayor conducts himself with regard to the responsibilities of a city council," he explained. "Being mayor is vastly different than being an appointed leader in business. It is no longer a singular direction of action, but a combined aggregate in which the majority makes decisions toward actions."

Nevertheless, Mayor Gordon's professional expertise serves him well in the role. "My wife and I moved 14 times during my career, and these moves took us around the world, from England and Egypt to Japan, Germany and elsewhere, giving us a global perspective and an appreciation of different cultures and behaviors," he remarked.







The Gordons first resided in Duncanville in 1976, then settled here again in 1998. "We have become a more diverse society, to our credit. Now the goal is to attract young families and people seeking the vibrant, attractive, progressive community we want our city to be," Mayor Gordon said, explaining how the recent passing of \$21 million dollars in bonds will serve Duncanville.

While Duncanville is 95-percent built out, Mayor Gordon said city leaders are working to use remaining land and rehab existing facilities in the city's best interest. "We want to be astute and deliberate about our development to maintain the character of our city with a balance of growth," he shared.

The mayor encourages residents to share their ideas about the city, and is doing everything he can to accept invitations to meetings and gatherings. "I'll admit, the role of mayor is more time consuming than I could have imagined," Mayor Gordon said. He also maintains a consulting practice in strategic planning and owns and operates a logistics business. He juggles roles as both an adjunct and online business professor for area universities, as well.

Nominees for the Champion of the City Award are accepted through the mayor's office. In the future, those selected may be invited to participate in community events, such as the Fourth of July or Christmas parades. "I hope this award has traction and takes on a life of its own even after I'm no longer here," Mayor Gordon said. "A champion is a visionary — a proponent of a cause they believe in. I believe in this city, and I hope this award serves to champion Duncanville's own champions." **NOW**

An advertisement for Knick Knacks. At the top, it says "Spring is Here!" in a cursive font with two sun icons. Below this is the "knickknacks" logo in a stylized font, with "UNIQUE GIFTS &amp; VINTAGE TREASURES" underneath. To the right, it says "Come discover Knick Knacks. We are right in your backyard!" in a cursive font. The main part of the ad shows four images of various home decor items: a lamp with a purple shade, a striped armchair, a white ceramic bowl, and a patterned sofa. At the bottom, it provides the address "215 W. Camp Wisdom Rd. • Duncanville", phone number "972-283-9007", website "www.knickknacks.com", and social media icons for Facebook, Instagram, and Twitter.

An advertisement for New Dawn Health and Hospice. At the top, it says "Now Hiring RN's!" in a bold font. Below this is the "NEW DAWN HEALTH AND HOSPICE" logo. To the right, there is a photo of a woman in a pink shirt talking to a man in a red shirt. Below the photo, it says "New Dawn is a Veteran Owned Business." The main part of the ad lists "OUR HOSPICE SERVICES" and "HOW YOU BENEFIT FROM HOSPICE:" in bold. The services include Physician Services, Skilled Nursing, Hospice Aide/Homemaker, Medical Social Worker, Volunteer Services, Chaplain Services, Dietary Counseling Services, Therapy Services (PT, OT, ST), Medications, Durable Medical Equipment, Medical Supplies, Ambulance Services, and Bereavement Services. The benefits include passionate staff, 100% coverage of cost of care, care wherever the patient resides, 24/7 hospice team availability, and grief support. At the bottom, it provides the phone number "972-283-5590", address "1005 E. Pleasant Run Road, DeSoto, TX 75115", and website "WWW.NEWDASHOSPICE.COM". There is also a circular badge that says "Experience the 'New Dawn Difference' Call us to schedule a 'no-obligation' consultation."





## BusinessNOW

# Medi-ssage Wellness

— By Adam Walker

### Medi-ssage Wellness

920 E. Hwy. 67, Ste. 112 · Duncanville, TX 75137  
 (972) 349-9560 · Fax: (972) 349-9566  
 Cell: (972) 835-2902  
[medisage4u@gmail.com](mailto:medisage4u@gmail.com)  
[medi-ssagewellness.com](http://medi-ssagewellness.com)

**Hours:** Monday-Friday: By appointment only, 10:00 a.m.-5:00 p.m. Saturday available by request. Sunday closed.

Yolanda May of Medi-ssage Wellness offers medical and therapeutic massage on referral by a physician. “This is not a spa,” she said. “All of our patients come to us by referral. Your doctor writes you a prescription, just like he would for a pharmacy or for an MRI. We offer treatment for a wide variety of medical conditions. I’ve been doing this for 30 years. I love helping people feel better mentally and physically.”

Medi-ssage Wellness offers treatment for conditions from amputees with phantom limb pain to burn patients, from carpal



tunnel syndrome to MS, Parkinson’s and AIDS. “We do oncology massage for cancer patients to help with fatigue and lymphedema to encourage proper functioning of the lymphatic system. Studies have shown that massage helps energy levels during treatment. But there are a lot of regulations for treating cancer patients with massage. It’s a specialized skill.”

Yolanda’s facility is set up for everything from traditional massage to aquamassage to a Vichy room that provides a special shower treatment for eczema or burn patients. “Burned skin can’t sweat, and it itches a lot. We offer massage to keep the skin lubricated with salves and the Vichy shower to clean crevasses and sores and to keep the skin loose,” Yolanda said. She is always interested in the newest techniques. “You need to know a lot about various diseases and the body. With a diabetic patient, you need to know when they had their last dose of insulin and how many units. The doctors send over the patients’ charts, so I can write a proper treatment plan.”

The facilities maintain an up-scale atmosphere with a mostly Mediterranean flair, but touches of India and Japan are here and



there. The wet room offers a Jacuzzi that is equipped for peroxide baths and enzyme treatments, surrounded by Roman columns and statuary. Rich rugs and wall hangings make the building feel more like a residence than a doctor's office. Several rooms house massage chairs. One has an ion gravity bed.

---

**"I'VE BEEN DOING  
THIS FOR 30 YEARS.  
I LOVE HELPING  
PEOPLE FEEL  
BETTER MENTALLY  
AND PHYSICALLY."**

---

"We see a lot of student athletes and cheerleaders for sports injuries," Yolanda said. "We see a lot of pulled hamstrings and such. We teach them how to be aware of their mind and body, how not to reinjure themselves."

Anger management is another service Yolanda offers. "I do biofeedback for stress management and pain management. When the courts order anger management classes, biofeedback can help. It's a technique for control. People don't even know why they are angry. There are so many triggers. Biofeedback is also useful for treating migraines. It can help identify the triggers for headaches and reduce the duration of symptoms."

Massage is another technique Yolanda uses for migraine relief, but it is also useful for TMJ, fibromyalgia and other pain conditions. "We can use massage for diabetic and other forms of neuropathy."

"We aren't set up to take Medicare, but we offer special rates and payment plans for people who are eligible for Medicare," she said. "We do accept most insurance plans and workers' comp. After your physical therapy ends, insurance will pay for aftercare, which we provide."

If medical, therapeutic massage is what you are looking for, ask your doctor for a referral. Yolanda and her team at Medi-ssage Wellness are ready to serve. **NOW**

## Split Endings

would like to welcome  
our new stylist,  
**Yoko**



Yoko has been a licensed cosmetologist in the Cedar Hill area for 9 years. She truly enjoys doing balayage, color melts and traditional highlights. She specializes in all the latest trends of natural hair such as twisting, flat ironing and loc maintenance. She can also do haircuts for the whole family.

Accepting clients Tuesday through Saturday. For appointment, please book online at [www.SplitEndings.com](http://www.SplitEndings.com). Call the salon at 972-291-7883 or Yoko's cell phone at 214-808-8028.

## Split Endings

Salon

972.291.7883

**Rated BEST  
Hair Salon  
Since 2010**  
*Focus Daily News*

CALL FOR APPOINTMENT

201 Bryan Place • Cedar Hill

Or Book Online at [www.SplitEndingsSalon.com](http://www.SplitEndingsSalon.com) (Corner of Straus Rd)

## Medi-ssage & Wellness Center




Are YOU Suffering From The Following:

Chronic Headaches • Repetitive Motion Injuries • Thoracic Outlet Syndrome • Muscle Spasms  
Neuromuscular Conditions • Carpal-tunnel Syndrome

We Can Help:

Alleviate Headache • Treats Injuries • Stress Relief • Increase Bloodflow • Decrease Pain & Inflammation • Increased Sense Calmness

Services We Provide:

MEDICAL MASSAGE



HYDRO THERAPY



Contact Us Today & Get Your Body Back To Health & Well Being.

Office: 972-349-9560 • Fax: 972-349-9566

www.Medi-ssageWellness.com

920 East Highway 67, Ste. 112  
Duncanville, TX 75137

Office Hours:  
By appointment only

We accept the following  
forms of payment

Most Insurance Accepted  
Self-pay Patients - CASH  
Federal Workers Compensation  
Letter Of Protection (from attorneys)





## Zoomed In: Adrian Hawkins

By Adam Walker

Coach Adrian Hawkins got all dressed up to lead the Trinity Christian School Lady Tigers basketball team to their first ever state championship. “I was a student at Trinity in eight and ninth grades, and graduated from DeSoto High School. Then after 20 years of coaching boys’ teams at different schools, I came on as an assistant coach, three years ago, when my daughter started playing here,” Coach Hawkins remembered. “She’s a senior now, and I’ve been head coach for two years. I’m really proud of my girls. We had a tough season, but we finished 25 and 3. Our only three losses this season were to 5-A and 6-A schools. We even beat a 7-A school at a tournament in Georgia!”



*Fire Marshal Mike Trousdale celebrates his retirement.*



*The Duncanville Chamber of Commerce honors Rev. Ginger Hertenstein and Kasey Cheshier as woman and man of the year.*



*Dr. Emilio Lopez and staff celebrate the grand opening of Family & Cosmetic Dentistry's new location in Cedar Hill.*



*DeSoto Library's Teen Advisory Board makes custom candy treats to share.*





DeSoto welcomes Dunkin' Donuts.



The Duncanville Police Department recognizes Capt. Jason Wigginton, Firefighter Jared Gilbert and Firefighter Brent Nabors for their work as SWAT medics.



First Methodist School students and staff celebrate the 100th day of school.



The Texas Trust team serves as judges for the CHISD Gearup Amazing Shake competition.

## Do You Have a Foot Ulcer?

Dr. Galperin is Now Conducting a Diabetic Foot Ulcer Clinical Research Study

For more information, please call: (214) 330-9299



Richard C. Galperin  
D.P.M. | FAPWCA

**To be considered for participation, you must:**

- Have Type I or Type II Diabetes Mellitus
- Be at least 18 years old or older
- Have at least one diabetic foot ulcer

**At no cost, participating patients will receive:**

- Compensation for time and travel
- Offloading Boot
- Primatrix or Standard of Care treatment of wound
- Study-related podiatry care
- Wound dressings

**Providing foot care to the community for over 25 years.  
Board Certified in wound care.**

www.drgalperin.com | 801 N. Zang Blvd., Ste. 103, Dallas, TX



**Alzheimer's Diagnosis?**  
Specialized Alzheimer's  
Daytime Care & Programs



### CAREGIVER SUPPORT GROUP

Tuesday, April 9 at 2:00 pm - Topic: Caregiving Challenges  
Tuesday, April 23 at 2:00 pm - Topic: Falls, Balance and Safety in the Home  
Meetings are open to anyone in the community.  
Complimentary care for your loved one with reservation.

**We Provide Transportation  
Call today for more information.**

**972.274.2484**

**www.FriendsPlaceADS.com**

**1232 W. Belt Line Rd., DeSoto, TX**

Ask about our Veterans program.

*An affordable adult  
activity center  
designed to keep  
individuals active and  
engaged in a  
compassionate,  
supportive and safe  
environment.*



My Company, State Farm, recently announced that at the beginning of January 1, 2019 they are lowering the rates for Auto insurance here in Texas.

This is good news indeed for my existing customers and future customers.

In addition, we give a discount on your auto insurance for completing a defensive driving course. We also give a discount on your home insurance for installing a monitored burglar alarm system.

**We offer** • Auto • Truck • Home • Condo  
**Coverage In:** • Pickup • Motorcycle • Apartment • Renters



**JIM McDONALD**  
Agent

314 North Main Street  
Duncanville, Texas 75116  
Office # (972) 298-4491  
Fax # (972) 298-3005  
jim.mcdonald.b4ee@statefarm.com  
*Se Habla Español*

There when things go wrong.  
**Here to help life go right.™**



**STATE FARM INSURANCE COMPANIES**  
HOME OFFICES: BLOOMINGTON, ILLINOIS

**Feel free to call my office at 972-298-4491 or 1-800-250-9919 to get a rate quote today!**

## Bringing Advanced Surgical Care to Your Community



L to R: Maya Srimushnam, MD; Valerie Gorman, MD, FACS;  
Natalie Calcaterra, MD; Watson Royce, MD, FACS; Sean Arredondo, MD

**Baylor Scott & White Texas Surgical Specialists**  
welcomes two new acute care surgeons:  
**Maya Srimushnam, MD and Sean Arredondo, MD.**

Our board-certified surgeons look forward to providing surgery services to the residents of Ellis County and surrounding areas. Our physicians accept most insurance plans and specialize in breast surgery, endocrine surgery, bariatric surgery, endoscopy and all your general surgery needs.



**TexasSurgicalSpecialists.com**  
**469.800.9830**

2460 N IH-35E, Suite 215 | Waxahachie, TX 75165

Physicians are employees of HealthTexas Provider Network, a member of Baylor Scott & White Health. ©2019 Baylor Scott & White Health. HTSN\_4457\_2019 (01)





## ALLERGY & ASTHMA CENTER OF DUNCANVILLE

### NO MORE SUFFERING THROUGH ALLERGY SEASON

Are you tired of constantly being sick? Ready to take back control of your life? Call us to make an appointment today!

"Dr. DelasAlas is truly amazing when it comes to asthma and allergy treatment! After enduring years of unresolved allergies, Dr. DelasAlas successfully went above and beyond to treat it. If you are looking for a friendly place that treats the whole family, your search is over!" ~Sandy, Dallas Patient

#### Dr. Harold DelasAlas, MD, PharmD, FAAAAI, FAAP, FACP

Board Certified in Internal Medicine, Adult & Pediatric Allergy, Asthma and Immunology

626 W. Wheatland Rd., Suite B, Duncanville, TX 75116

O: 972-709-6673 | F: 972-298-8590 | Web: AAACOD.COM

Most health insurances are accepted including most PPO's, HMO's, private plans, TriCare, Medicaid, and Medicare.



## WHERE WILL YOUR TRUE NORTH LEAD YOU?

### Northwood University shapes entrepreneurial spirit into highly skilled leaders

It's never too late to learn. And what better way to advance your education and career than by joining a university where experience is boss?

Northwood University specializes in business-focused programs to help you succeed in a world where entrepreneurial thinking is greatly valued. Whether starting out or finishing your degree, Northwood offers the right fit with more than 20 specialty majors and graduate-level studies.

The programs include:

- Flexible online and evening courses
- Financial aid available to qualified students
- Graduate program scholarships available to qualified students
- 12-month, 24-month and online MBA options, online Master of Science in Organizational Leadership and Master of Science in Finance degrees for graduate students

#### So why wait?

Northwood University has a place for you. Take the step and see where your **TRUE NORTH** leads you.



207 North Cannady Drive | Cedar Hill, TX | 800.622.9000 | [www.northwood.edu](http://www.northwood.edu)

Northwood University is committed to a policy of nondiscrimination and equal opportunity for all persons regardless of race, gender, color, religion, creed, national origin or ancestry, age, marital status, disability or veteran status. The University also is committed to compliance with all applicable laws regarding nondiscrimination. Northwood University is accredited by the Higher Learning Commission (hlc.commission.org), a regional accreditation agency recognized by the U.S. Department of Education, 219.



# CookingNOW

## *In the Kitchen With*

### SHANTRELL BARNES

— By Adam Walker



Shantrell Barnes is a proud daughter of Louisiana. “I’m the youngest daughter of a born-and-raised Louisiana woman who was taught by some of the best cooks in New Orleans,” she said. “My mother and aunts cooked for their families in big commercial pots, and we threw big family gatherings for any reason. Being from a state surrounded by water, seafood lived in our refrigerators and deep freezers. We are a people that love good food and family.

“I’ve been married to a great man for over 20 years, and our three beautiful, smart girls are being raised on good Louisiana food,” Shantrell said. “Their favorite dish is gumbo, which we cook for special occasions and holidays. I love sitting around the table. I love to share my favorite dishes!” **NOW**

#### New Orleans Beignets

**1/4 cup warm water (105 F-110 F)**  
**1 tsp. active dry yeast**  
**1 tsp., plus 3 Tbsp. sugar (divided use)**  
**2 Tbsp. all-vegetable shortening**  
**1/2 tsp. salt**  
**1/2 cup boiling water**  
**1/2 cup evaporated milk**  
**1 large egg**  
**4-5 cups all-purpose flour**  
**Vegetable oil, for frying**  
**1 cup confectioners’ sugar**

1. In a small bowl, combine warm water, yeast and 1 tsp. sugar. Let stand until foamy, about 5 minutes.
2. In a large bowl, beat remaining 3 Tbsp. sugar, shortening and salt at medium speed with a mixer until smooth. Add boiling water and evaporated milk, beating until combined. Add egg, beating until smooth. Stir in yeast mixture.
3. Gradually add 3 cups flour, beating until smooth. Beat in enough remaining flour to make a soft dough.
4. On a lightly floured surface, turn out

dough; knead 6 to 8 minutes, or until dough is smooth and elastic. Place dough in a lightly greased bowl, turning to grease top. Cover; refrigerate for at least 30 minutes, or up to 2 hours.

**5.** On a lightly floured surface, roll out dough to 1/4-inch thickness. Using a sharp knife, cut dough into 12 3-inch squares. Do not re-roll dough.

**6.** In a large Dutch oven, pour oil to a depth of 3 inches; heat to 350 F over medium heat. Fry dough in batches for 2 to 3 minutes, or until golden brown, turning dough frequently during frying. Drain on paper towels. Sift confectioners’ sugar over hot beignets. Serve warm.

#### Gumbo

**1 lb. (4 sticks) salted butter**  
**3 cups all-purpose flour**  
**2 bell peppers, medium diced**  
**1 onion, chopped**  
**1 1/4 gals. (20 cups) chicken stock**  
**2 Tbsp. Creole seasoning**  
**1 tsp. ground black pepper**  
**1 tsp. dried thyme**



**1 Tbsp. garlic, chopped**  
**2 bay leaves**  
**2 Tbsp. kosher salt**  
**1 lb. andouille sausage, cut into 1/4-inch-thick slices**  
**1 lb. blue crab**  
**3 1/2 lbs. chicken, roasted and deboned**  
**3 lbs. shrimp**  
**Hot sauce, to taste**  
**Boiled rice, as an accompaniment**

**1.** In a 12-quart stockpot, melt butter over moderately low heat. Gradually add a third of the flour, stirring constantly with a wooden spoon; cook, stirring constantly, for 30 seconds. Add a third more flour; stir constantly for 30 seconds. Add remaining third of flour; stir constantly for 30 seconds. Continue to cook roux, stirring constantly, until it is the color of dark mahogany, about 30 to 45 minutes.

**2.** Add bell peppers; stir constantly for 30 seconds. Add onions; stir constantly for 30 seconds. Add the stock to the roux, stirring constantly to prevent lumps.

**3.** Add the next 7 ingredients; bring to a boil. Simmer, uncovered, 45 minutes, skimming off any fat and stirring occasionally.

**4.** Add blue crabs; simmer for 10 minutes. Add chicken; simmer for another 10 minutes.

**5.** Add shrimp; allow it to cook for 7 minutes. Adjust seasoning with hot sauce. Serve over rice.

## Jambalaya

**1 lb. boneless, skinless chicken breasts, cut into 1-inch cubes**  
**1/2 lb. andouille sausage, diced**  
**1 28-oz. can diced tomatoes**  
**1 medium onion, chopped**  
**1 green bell pepper, seeded and chopped**  
**2 stalks celery**  
**1 cup reduced-sodium chicken broth**  
**2 tsp. dried oregano**  
**2 tsp. Cajun or Creole seasoning**  
**1 tsp. hot sauce**  
**2 bay leaves**  
**1/2 tsp. dried thyme**  
**1 lb. frozen peeled and cooked shrimp, thawed**  
**2 cups cooked rice**

**1.** In a slow cooker, combine first 7 ingredients; stir in oregano, Cajun seasoning, hot sauce, bay leaves and thyme.

**2.** Cover; cook on low for 7 hours, or on high for 3 hours.

**3.** Stir in thawed shrimp. Cover; cook until shrimp is heated through, about 5 minutes. Discard bay leaves; spoon mixture over cooked rice.



**NEW!**  
[www.nowmagazines.com](http://www.nowmagazines.com)  
 Searchable Recipes  
 from the  
 Now Magazines Archives.

**TRY IT TODAY!**

**NOW**  
 MAGAZINES

**TREATING YOUR CANCER WHILE CARING FOR YOU.**

Each cancer is unique and so is every patient we treat. From screening and diagnosis to treatment and beyond, Methodist Charlton Medical Center is here to help you move forward and strengthen you with everything you need to focus on what matters most: beating cancer. For the best care at every stage, trust Methodist.

**For a physician referral or to schedule a cancer screening, call 214-947-0000.**

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff are independent practitioners who are not employees or agents of Methodist Charlton Medical Center, Methodist Health System, or any of its affiliated hospitals. Methodist Health System complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.





Gumbo

## Fried Shrimp Po Boys

- 1 1/4 cups buttermilk
- 1/4 cup Louisiana Hot Sauce
- 1/4 cup Creole seasoning (divided use)
- 1 1/2 lbs. medium shrimp, peeled and deveined
- 1 1/2 cups all-purpose flour
- 6 cups vegetable oil, for frying
- Salt, to taste
- Freshly ground black pepper, to taste
- 4 6-inch po-boy buns, or French baguettes, split lengthwise
- 2 Tbsp. butter, melted
- Mayonnaise
- Shredded lettuce, for serving
- 1 medium tomato, thinly sliced

1. Thoroughly combine buttermilk, hot sauce and 2 Tbsp. of Creole seasoning in a medium mixing bowl. Add shrimp; marinate for up to 30 minutes in refrigerator.
2. In a medium bowl, combine all-purpose flour and remaining Creole seasoning, mixing well.
3. Heat vegetable oil in a medium-size heavy pot or deep-fryer to 360 F.

4. Working in batches, remove shrimp from the buttermilk marinade; transfer them to the flour and Creole seasoning mixture. Dredge to coat, shaking to remove any excess breading. Cook shrimp in small batches in the oil until golden brown and crispy, 2 to 3 minutes. Remove with a slotted spoon; transfer to paper towels to drain. Season with salt and pepper; set aside.

5. To assemble, spread bottom halves of the bread with melted butter. Generously spread top halves of the bread with mayonnaise. Divide shrimp evenly among the bottom halves. Add lettuce and tomato. Place top halves over the fillings and press lightly; serve immediately.

## Crawfish Etouffee

- 1 1/4 sticks butter or margarine
- 1 medium onion, diced
- 1 stalk celery, diced
- 1 small bell pepper, diced
- 1 lb. peeled crawfish tails
- 1 tsp. Cajun seasoning
- 1/2 tsp. salt
- 1/2 tsp. cayenne pepper
- 2 Tbsp. parsley, chopped (optional)
- 3 Tbsp. green onions, chopped (optional)
- 2 cups cooked white rice

1. Melt butter or margarine. Add vegetables; sauté on medium heat until translucent (15 minutes). Add crawfish and spices; stir.
2. Cook, covered, on low heat for about 15 minutes. Add parsley or green onions; serve over rice.

To search for more great recipes from any of the 10 NOW Magazines publications, visit [www.nowmagazines.com](http://www.nowmagazines.com).

*Fall in love with your new smile!*

**\$100**  
off your next treatment!  
Expires 4/30/19



Dr. Sherry K. Marvel, DDS

411 W. Daniieldale Rd., #112  
Duncanville, Texas 75137  
(At the intersection with Cedar Hill Rd.)

## WE'VE GOT SOLUTIONS FOR YOU!

Same Day Crowns • Implants • Dentures • Partial • Bridges • Occlusal Guards  
Full Mouth Teeth Replacement In One Day • Whitening • Root canals  
Invisalign • Cosmetic Dentistry • Wisdom Teeth Extraction • Sedation

We except Visa, MC, American Express, Discover, Care Credit

We except most PPO Insurance plans  
No insurance, No worries. Ask about the Lake Ridge Dental Plan!

7:00 AM and Friday appointments available!

Call Us Today and Set Up Your Appointment:

**972-478-1201**



# THE LOCAL TABLE

*One cannot think well, love well, sleep well, if one has not dined well.*

- Virginia Woolf



**LATTE Love**

**WHITE RHINO COFFEE**

230 W Belt Line Rd, Cedar Hill, TX

[whiterhinocoffee.com](http://whiterhinocoffee.com)



**Happy Easter!**

**CAMPUZANO**  
mexican food

**\$5 OFF**  
\$20 PURCHASE  
Expires 4/30/19  
**CAMPUZANO**

Let **Campuzano** cater your next event.

108 N. 8th Street Midlothian, TX 972-723-2634	2167 N. Highway 77 Waxahachie, TX 972-938-0047	213 W. Beltline Cedar Hill, TX 972-291-1053	2618 Oak Lawn Ave. Dallas, TX 214-526-0100
---	--	---	--

**\$5 OFF**  
\$25 PURCHASE

Offer valid at the DeSoto El Chico location and for dine-in only. Tax not included. Alcohol not included. Expires 4/30/19.



**El Chico CAFE**  
MEXICAN FOOD

1111 North Interstate 35 E. • Desoto  
(972) 228-2133

Sun - Thur 11:00am - 9:00pm  
Fri - Sat 11:00am - 10:00pm  
[www.elchico.com](http://www.elchico.com)



**Suzushii**  
Sushi & Grill

Lunch Bento Box Starts at \$7.95

Serving sushi roll over **80** items

**\$5 OFF**  
Any \$25 Order  
Alcohol not included. Tax not included. Dine-in only. One coupon per party.

**OPEN 7 DAYS**  
Mon-Fri Lunch 11am-3pm  
Dinner 4:30 - 10pm  
Sat: 11-10pm Sun: 12:00-9:30pm

638 Uptown Blvd, Cedar Hill  
972 293-1009 • [www.suzushiisushiandgrill.com](http://www.suzushiisushiandgrill.com)



**PREMIER MOBILITY CENTER**

*Comfort and Mobility.*

**CSE**  
MOBILITY & SCRUBS

**SCRUBS YOU'LL** ❤️



**GOLDEN**  
technologies

**HUGE Selection of Medical Supplies in Stock! Stop by TODAY!**

**972-757-7636**  
www.csemobility.com  
100 Plaza Drive, Ste. 300  
Red Oak, TX



*Big Al's*  
**CELLULAR REPAIR**

**\$10 OFF**  
\$40 REPAIR OR MORE  
EXPIRES 4/30/19

**10% DISCOUNT FOR MILITARY, TEACHERS & FIRST RESPONDERS.**

**972-223-2615**  
www.BigAlCellularRepair.com

MON.-FRI., 10 AM-7 PM SAT., 10 AM-5 PM  
208 SOUTH HAMPTON ROAD, STE. #102, DESOTO

*"Sisters Sharing Styles"*

**D'Hawkins**  
**SALON STUDIO**

Walk-Ins Welcome | Make Up Artist on Duty



**Easter Special \$10 OFF Your First Visit**  
Expires 4/30/19

**Senior Citizens Ages 65+ \$45 Shampoo & Style**  
Mondays - Wednesdays  
Expires 4/30/19

**NOW HIRING**  
Stylist/Braider

Owners/Operators Derricka Thorne & Tineesha Sherley  
Stylists: April Branch & Kierra Patton

214 W. Beltline Rd., Suite 214 B, Cedar Hill, TX  
Directly Behind Resolutions Med Spa  
(469) 454-5544 | www.dhawksalon.com

**PROTECT THE THINGS YOU CHERISH THE MOST**

- Business or Commercial
- Evening appointments
- Insurance you can tailor to meet your needs

**Bridgette Levine Agency**  
Your Local Agent

1615 N HAMPTON RD STE 200  
DESOTO, TX 75115  
BLEVINE@FARMERSAGENT.COM  
https://agents.farmers.com/blevine

**Call 972.296.4300 today!**  
For Home, Auto, Life and Business.

**FARMERS**  
INSURANCE

Restrictions apply. Discounts may vary. Not available in all states. See your agent for details. Insurance is underwritten by Farmers Insurance Exchange and other affiliated insurance companies. Visit farmers.com for a complete listing of companies. Not all insurers are authorized to provide insurance in all states. Coverage is not available in all states.



## Batteries + Bulbs



### Car & Truck Batteries



Key Fobs



### Phone Repair

**\$10 Off**

Phone or Tablet  
Screen Repair

Unit 1 Expires 6.1.19  
CDP18K14

Cedar Hill

420 E. Pleasant Run Road

469-272-4533 batteriesplus.com

© 2019 DURACELL, Bethel, CT 06801. Duracell is a registered trademark of Duracell U.S. Operations, Inc., used under license. All rights reserved. All registered trademarks are the property of their respective owners. \*Excludes with purchase of a car or light truck battery, all other vehicles, all participating locations.



## Museum of International Cultures

411 US 67, Duncanville, TX

Located on the southbound access road of 67, just south of Daniel Dale Rd.

**MULTI-CULTURAL PROGRAMS EVERY 4TH SATURDAY OF THE MONTH • 2019**

### INTERNATIONAL DINNER & FILM SERIES • 2019

To promote intercultural understanding and friendship through evenings of shared food, artistic/informational presentations, films, and social interaction.

**FREE TO THE PUBLIC**

**DINNERS** A short cultural program will follow the POTLUCK dinner.  
Bring a dish that reflects the culture — or a salad, drink, dessert!

April 27 — Israel  
June 22 — France  
Aug. 24 — Eastern Europe  
Oct. 26 — The Philippines  
Dec. 14 — Cameroon (second Saturday)



**FILMS** To provide diverse cinematic experiences and promote social discourse on relevant topics such as racial and gender equality.

March 23 — "The Judge" (Palestine)  
May 27 — "Intouchables" (France)  
July 27 — "Changing the World, One Wall at a Time" (USA/Iran/Brazil)  
Sept. 27 — "On the Basis of Sex" (USA)  
Nov. 24 — "The Breadwinner" (Afghanistan)

Co-Sponsored by the Bahá'ís of Duncanville, Cedar Hill, & DeSoto

For more info: [mfkamm@micmuseum.org](mailto:mfkamm@micmuseum.org) (or) [unity9@sbcglobal.net](mailto:unity9@sbcglobal.net)

## Now Offering Pre-Print Insert Services

Call Your  
Rep Today!

972-937-8447

[www.nowmagazines.com](http://www.nowmagazines.com)

**NOW**  
MAGAZINES



**Marikay  
DEWBERRY  
For  
DESOTO Place 5**



- Domestic Violence Advisory Commission (DVAC), Chair
- 2018 Woman Of The Year Award
- DeSoto Comprehensive Plan Committee
- Leadership Southwest, Board
- DeSoto Charter Review Board
- DeSoto Education Foundation Grant Review Board
- DeSoto ISD Advisory Council
- DeSoto ISD Mentor Program

**THE CANDIDATE WITH A PROVEN TRACK RECORD  
OF ENGAGEMENT, SERVICE AND LEADERSHIP**

REGISTER TO VOTE BY APRIL 4, applications at  
DeSoto Library 211 E. Pleasant Run, DeSoto, TX 75115

Or at [www.DallasCountyVotes.org](http://www.DallasCountyVotes.org)

EARLY VOTING APRIL 22 – 30 at 901 N. Polk #101, DeSoto  
ELECTION DAY May 4 at DeSoto ISD Conference Center behind the  
Administration Building at 200 E Belt Line Road, DeSoto, TX 75115

Political Advertisement paid for by the Marikay Dewberry Campaign Fund,  
Stacie Moseley, Treasurer, 512 N. Hampton Rd #211, DeSoto, TX 75115





# PERFECT

# Mix

— By Lisa Bell



*What began in 1881 as a T&P Railroad stop, Abilene, Texas, became so much more. Two to three hours from the Metroplex, Abilene is home to Dyess Air Force Base, three major universities/colleges, and one place where families can find adventure, history and art all rolled into one city.*

Designated as a state cultural art district, throughout the year opportunities abound for visitors. A favorite time to visit is early June when the Children's Art & Literacy

Festival runs for three days. Special events and activities allow children of all ages to enjoy favorite literature and try their hands at art. From the Storybook Parade to children's artists, costume contests and much more, this weekend brings books to life.

But any time of the year, Abilene features multiple places children adore. In fact, on October 17, 2018,





Abilene received the distinguished title of Storybook Capital of America. With 24 sculptures around town and new ones added annually, kids get to pose beside favorite characters cast in bronze. With an audio storybook tour and adventure guide, families have fun in the downtown area finding Dr. Seuss favorites as well as figures from other books, including the infamous

## Got these cards? Get more.

Get more benefits than you're currently getting from Original Medicare with a **UnitedHealthcare Dual Complete® (HMO SNP)** plan. It combines your doctor, hospital and prescription drug coverage into one plan — for a **\$0 plan premium**.

### Additional benefits may include:



**Dental Coverage**  
\$2,000 toward dental services.



**Health Products Benefit**  
Up to \$700 in credits to place catalog orders for health products you may need.



**Transportation Assistance**  
Up to 24 one-way rides every year.



**Vision Coverage**  
Bi-annual exam and \$200 credit every 2 years for eyewear.



**UnitedHealthcare**  
Community Plan

**Call today to enroll or get answers to your questions.**

**Deshaundra Jones** Licensed Sales Agent  
214-571-8922, TTY 711



## PARTY LIKE Picasso



Art Parties are available for ages 5 and up. Contact us to book your Art Party today!

Have Fun, Paint, Eat, Drink & Leave With Your Own Masterpiece!

### 5 DAY SUMMER ART CAMPS

June 10th - Aug. 2nd @ 9:30am-12:45pm for ages 6-17 \$140 (all supplies included)



Save the Date

### CLAY MASK WORKSHOP!

April 10th @ 6:00pm-8:00pm for ages 9 to adult \$15 (all supplies included)



Session 4: Adult, Teen, & Kids Art Classes starts May 13th.

Early Registration Discount - Adult 6-week classes as low as \$150/Kids as low as \$101.

Can't make the commitment for a 6-week class ... Don't hesitate, give us a call for special drop-in rates! Offer ends 5/12/19, sign up today for the class of your choice. (Deal is not valid with any other offers or promotions).

Spring Student Art Show & the Unveiling of the Community Art Project

Fri. May 10th @ 7:00pm-9:00pm Food, Wine, & Art Raffle drawings throughout the night!



# VISUAL EXPRESSIONS

www.veartgallery.com • 972-293-1117 • 1425 N. HWY 67 Cedar Hill TX 75104



**BOLD VISION,  
PROVEN LEADER**

**RE-ELECT**

Curtistene S.  
**McCowan**  
DESOTO MAYOR

"As a city, we will not sit back and let others define who we are or what we stand for. We must be **BOLD** and **INTENTIONAL** in our focus, and driven by a commitment to see DeSoto become the premiere city to live, work and play. Let's get to work!"

**WWW.CURTISTENEMCCOWAN.COM**

**EARLY VOTING**  
**APRIL 22-30**  
**VOTE MAY 4**

Pol. ad. paid for by Curtistene S. McCowan Campaign, George W. Garrett Treasurer.



No, David. In the Adamson-Spalding Storybook Garden, kittens, dinosaurs, Stuart Little, Marcel and Wilfred, Charlotte and Wilbur, plus others wait for visitors of all ages. These statues evoke memories of favorite nursery rhymes and beloved tales.


In addition to the sculptures, don't miss the National Center for Children's Illustrated Literature. The museum celebrates the artistic achievements of children's book authors. During exhibits, they also offer free art activities for kids and their parents.

The Grace Museum and Center for Contemporary Arts are wonderful places where families enjoy a variety of art. At the Grace, one floor also houses historic scenes depicting life over decades. And a children's area allows the entire family to enjoy this culturally rich environment. While the artist displays vary, the children's area remains static. With an oversized Operation game and a musical wall, everyone can have fun interacting together.

Live theater is also big in Abilene, some of it designed around the tastes of younger audiences. The perfect way to introduce children to ballet, live performances and old movie hits can be found in the city while adults can also appreciate events offered for them.

The historic Paramount Theatre is only one venue in Abilene. The fully restored 1930's theater still has a ceiling decorated with stars. During the early years, the stage and curtains allowed live performances and the giant screens welcomed in movies. For a time, the

**DOWNTOWN**  
**church of CHRIST**



332 Cedar Street  
Cedar Hill, Texas 75104  
P: 972.291.0087  
www.dtcoc.church

**WORSHIP AND STUDY**


**SUNDAY**  
BIBLE CLASS ..... 9:30 AM  
MORNING WORSHIP ..... 10:30 AM  
EVENING WORSHIP ..... 6:00 PM

**MONDAY**  
MEN'S BREAKFAST & BIBLE STUDY ... 8:00 AM  
(at Acapulco's in DeSoto)

**TUESDAY**  
LADIES BIBLE CLASS ..... 10:00 AM  
(during September - May)

**WEDNESDAY**  
BIBLE CLASS ..... 7:00 PM

  
**BUILDING UP**

  
**SHINING**

  
**REACHING OUT**



theater changed to the hotspot for new movie releases. Today, they provide space for live theater, speakers and performances, as well as showing family films and classic movies. The building alone is an adventure that takes you back to a simpler time in history.

And Abilene has lots of history. The former T&P Train Depot now houses the Abilene Convention and Visitors Bureau. Part of the Texas fort trails, you can visit old Fort Phantom and Buffalo Gap Historic Village. For an extra treat, take in Frontier Texas where modern technology meets yesteryear and holographic figures help make history real. Learn about Texas in a unique way not soon forgotten.

On the wild side, the Abilene Zoo has 16 acres housing more than 1,000 animals, representing 250 species. Located at Nelson Park, there is also a splash area for warmer months and a park resembling a historic fort for fun beyond the zoo.



When in Abilene, local eateries and venues offer a great place to host events. The Mill and Soda District are two of many that welcome visitors. But the people of Abilene enjoy sharing the history and modern mix of art, culture and community. Some say the prettiest women live in Abilene. True or not, it's definitely a nearby destination you don't want to miss. **NOW**

Photos by Lisa Bell.

## Lose Weight Now

*Ask Us How*

Lose  
up to  
**30**  
POUNDS  
in 30 Days



Safe and Effective

Affordable

Physician Supervised

Rapid Weight Loss

Sustainable Results

Special Focus on Problem Areas

Introducing Our New

## Medical Weight Loss Program

Ask about our introductory offer!

We Accept almost all Major Medical Insurance Including Medicare

Call Today To Schedule  
Your FREE Initial Consultation

**214.550.0680**

Please Come Visit Us at:

University Plaza, 401 N. Hwy 77•Suite #1  
Waxahachie, TX 75165  
[WWW.VCAREHEALTH.ORG](http://WWW.VCAREHEALTH.ORG)



**V-Care Health Services**

# Take It To THE BOX



*Prescription Drug Return*

**DEA Take Back Day | April 27 | 10am-2pm**

SCAN, CALL  
OR VISIT OUR  
WEBSITE FOR  
A DROP OFF  
LOCATION  
NEAR YOU!




**972-937-1531 | [therxdropbox.com](http://therxdropbox.com)**

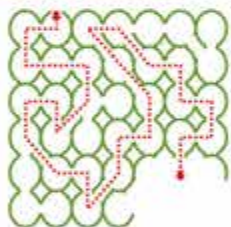


# Kids' Fun Pages

Enter the maze, find all the eggs, get to the basket.

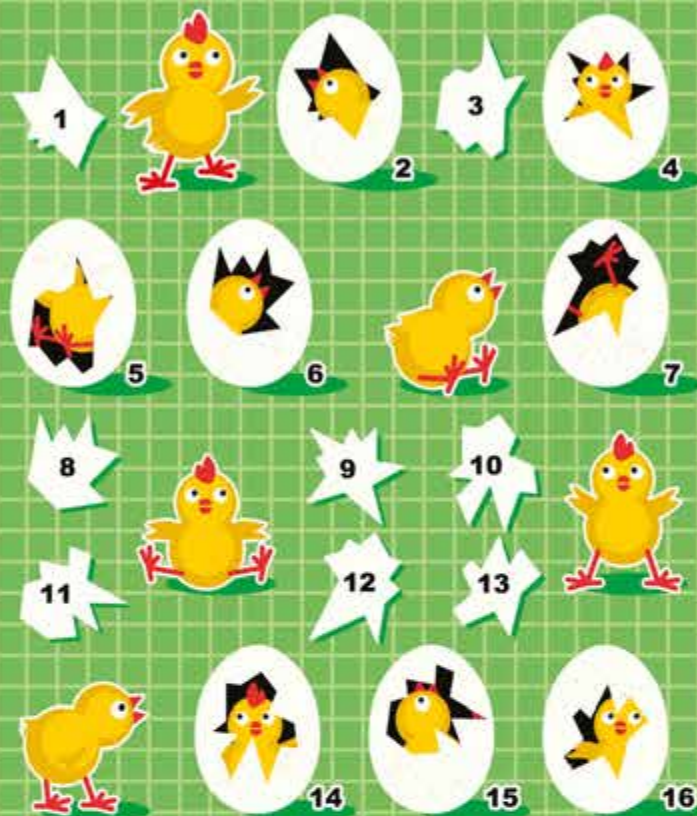


ANSWER:



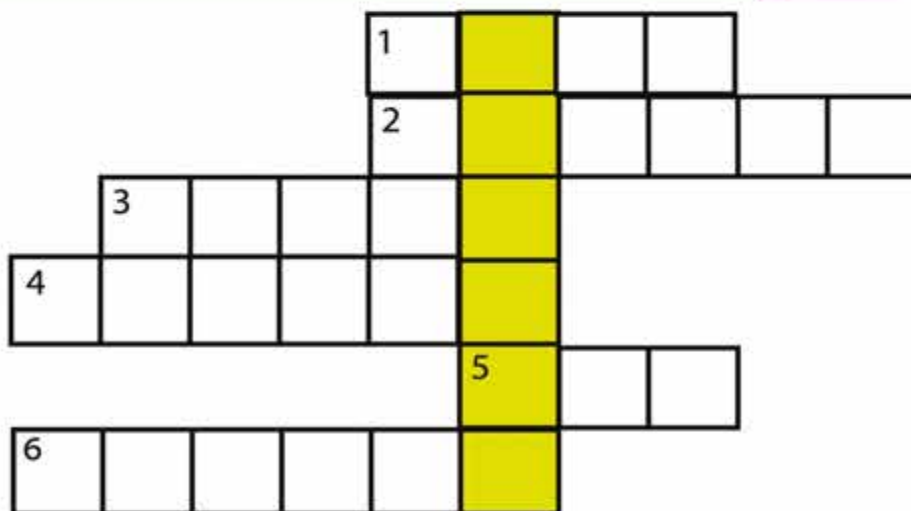
..... New Life .....

Can you spot the right eggshell fragment for each egg?



ANSWER: 2-1, 4-9, 5-3, 6-8, 7-12, 14-10, 15-11, 16-13.

## CROSSWORD



Answer: 1-ears; 2-rabbit; 3-dress; 4-basket; 5-egg; 6-flower



## DALLAS AREA PATROL AND PROTECTION SERVICES



**CHIEF M. JONES**  
CHIEF OF OPERATIONS

MOBILE NUMBER  
214-532-4202

MAIN NUMBER  
972-224-0920



1666 N. HAMPTON RD., SUITE 204-A, DESOTO, TX 75115  
WWW.DAL-APPS.COM • INFO@DAL-APPS.COM

MOBILE BANKING.  
ONLINE BANKING.  
AND GOOD OL'  
FACE-TO-FACE BANKING.



Frost is here whenever and wherever you need us, with the technology you want and the service you deserve.

Visit us at [frostbank.com/expectmore](http://frostbank.com/expectmore) or nearby at 150 E. Highway 67 in Duncanville.



MEMBER FDIC

**MC Salon**

Happy Easter!

972-298-2424  
214 E. Center St.  
Duncanville, TX. 75116

### NOW HIRING FOR HAIR STYLIST

Services for the entire family:

- Cuts • Up-dos • Highlights
- Color • Perms • Fades & Wax

## CASH REWARD FOR RETURN



- Senior 14 year old service beagle
- Wrinkled right ear
- Tumor on neck



- White zigzag on back
- White face • Not neutered

**CALL 214-418-2198**  
[www.facebook.com/fabian.solorio](http://www.facebook.com/fabian.solorio)

## THE SOLUTION

To Healthier Skin, Scalp & Hair



**10% OFF**  
DAILY FOR  
VETERANS,  
SENIOR CITIZENS  
& ALL ISD  
PERSONNEL

**10% OFF**  
VOUCHER  
ON FIRST  
PURCHASE

**Albra Dewyn™**  
Skin, Scalp and Hair Products

**As Seen On TV:**  
**Good Morning Texas**

214-908-3734 More Amazing Testimonies at [www.AlbraDewynLLC.com](http://www.AlbraDewynLLC.com)

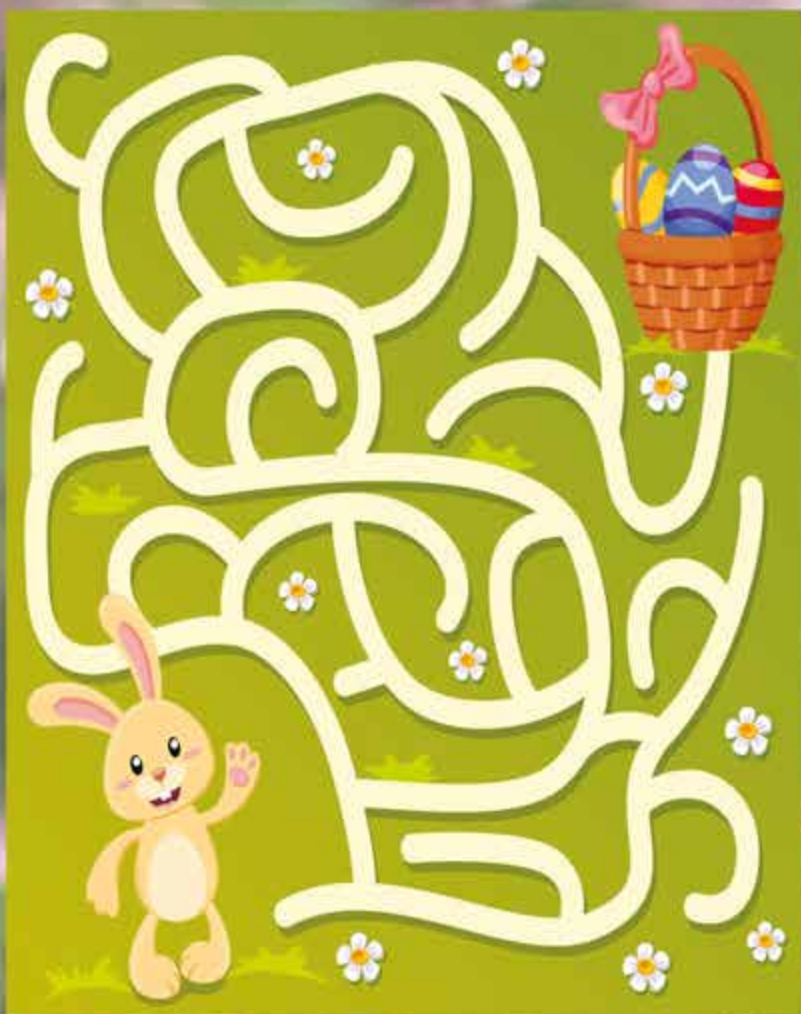
Visit us at  
*grow DeSoto*

**MARKET**  
PLACE

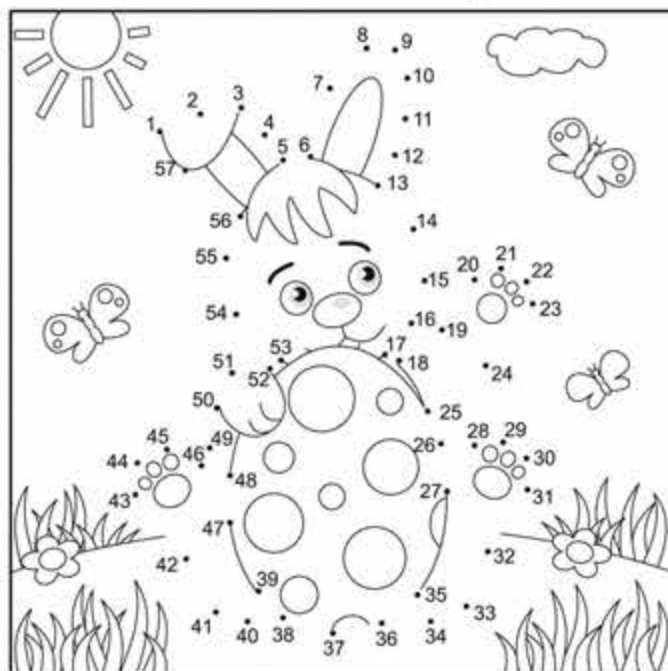
324 E. Beltline Rd, Ste. 704, DeSoto, TX 75115



# Kids' Fun Pages



Draw a line from dot number 1 to dot number 2, then from dot number 2 to dot number 3, 3 to 4, and so on. Continue to join the dots until you have connected all the numbered dots. Then color the picture!



ANSWER:



G	K	F	L	O	W	E	R	L
N	U	G	S	O	P	T	X	Z
I	H	R	E	T	S	A	E	U
R	B	V	N	A	G	P	C	N
P	M	E	L	B	H	R	O	N
S	P	H	G	H	U	N	T	Y
N	H	B	A	S	K	E	T	P
B	Q	K	D	O	I	B	W	O
W	O	C	H	I	C	K	E	N

CHICKEN  
SPRING  
HUNT  
EASTER  
BUNNY  
EGG  
FLOWER  
BASKET





## Introducing **BELLA STONE** Low-maintenance Shower Surface

- ★ ADA Compliant
- ★ Made in USA

Absolute  
Lowest Prices  
of the  
Season



- Ask about our*
- **NO PAYMENT UNTIL OCTOBER**
  - **18-24 MOS. SAME AS CASH (WAC)**
  - **0% FINANCING**



**CALL FOR A FREE ESTIMATE  
& SHOWROOM TOUR!**  
**214-433-9460**

[www.safeguardbathsystems.com](http://www.safeguardbathsystems.com)



All Credit Cards Accepted

*Look and feel  
your best!*



Licensed Esthetician

Specializing in Non-invasive,  
Holistic & Natural Treatments

Facials, Chemical Peels, Waxing

Reflexology-based hand  
& foot treatments



**(214) 267-8356**

J. Paris Spa and Salon  
1615 N. Hampton Rd, Ste 100,  
DeSoto, TX 75115

[www.jenniferhuntLE.com](http://www.jenniferhuntLE.com)

[f](https://www.facebook.com/jenniferhuntLE) [i](https://www.instagram.com/jenniferhuntLE) [@jenniferhuntLE](https://www.tiktok.com/@jenniferhuntLE)

*Happy Easter, from our  
Family to Yours!*

*April Specials!*

**Professional Drain  
Cleaning Services with  
Free Video Inspection**

*\$100 off  
Tank Water Heaters*

*\$250 off  
Tankless Water Heaters*



**TOILET AND FAUCET REPLACEMENT | CLOGGED PIPES  
VIDEO INSPECTION | HYDRO JET PIPE CLEANING | SLAB LEAKS**

**SERNA PLUMBING  
SOLUTIONS, LLC**

Commercial | Residential | Remodels | New Construction  
682-559-4841

[SERNAPLUMBINGSOLUTIONS@YAHOO.COM](mailto:SERNAPLUMBINGSOLUTIONS@YAHOO.COM)

CHECK US OUT ON FACEBOOK [f](https://www.facebook.com/SERNAPLUMBINGSOLUTIONS)

ELLIS CO. MASTER PLUMBER, 17 YEARS EXPERIENCE  
LICENSE #MPL42152

**Rinnai**

**navien**



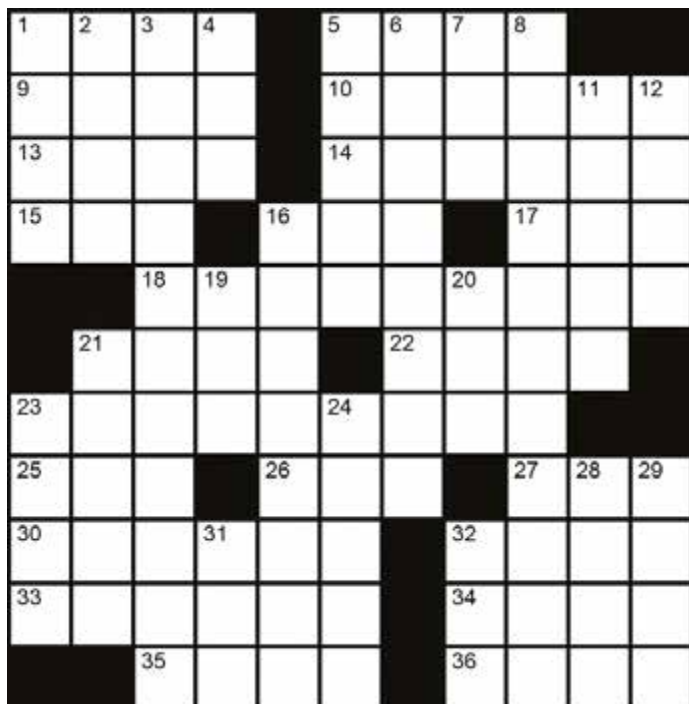
**Lochinvar**

**BRADFORD WHITE**





# Crossword Puzzle



Crosswordsite.com Ltd

## Across

- 1 Mountains
- 5 Set one back
- 9 Inamorato
- 10 Discord
- 13 Barely cooked
- 14 Westernmost Oregon cape
- 15 Alias
- 16 Speak
- 17 At the present time
- 18 Liberal magazine
- 21 Idle Monty Python comic
- 22 Swift
- 23 They'll make a play for you
- 25 Fifth Beatle?
- 26 Rank
- 27 Slugger's stat.
- 30 Muscular
- 32 Mattress feature
- 33 Sewer
- 34 Balladeer --- Seeger
- 35 Flatfish
- 36 Took advantage of

## Down

- 1 Siren in "East of Eden"
- 2 Escaping fluid
- 3 Jumpy guy?
- 4 Johnny Cash's boy
- 5 Type of cigar or sandwich
- 6 Not many
- 7 Mexican Mrs.
- 8 Wear for those who serve
- 11 "Vamoose!"
- 12 Itty-bitty city
- 16 Firmly
- 19 Took cover
- 20 Sailor
- 21 Sgt. Bilko
- 23 Blue matter
- 24 Ciphers
- 28 Religious practice
- 29 Snow vehicle
- 31 Smartphone forerunner
- 32 Chip

Solutions on page 44

**\$50 OFF**  
**4 HOUR**  
**LIMO RUN**  
FOR MONTH OF APRIL



*Dedrick & Chandra Jennings*



**Sacred Funeral Home**  
*"Where Platinum Services Are Rendered"*

*Happy Easter!*



**Sacred Funeral Home**  
*Funeral Home - Florist - PreNeed - Printing - Luxury Transportation - Travel*

1395 N. Highway 67 South, Cedar Hill, Texas 75104  
214-376-7273 - Office | 214-376-7272 - Fax  
Email: [sacredfh@live.com](mailto:sacredfh@live.com) | Website: [www.sacredfuneralhome.com](http://www.sacredfuneralhome.com)





**COMPASSIONATE CARE**  
Let us ease your journey



**Jaynes Memorial Chapel**  
811 S. Cockrell Hill Road  
Duncanville, TX 75137  
Phone: (972) 298-2334  
jaynesmemorialchapel.com

**FARMERS INSURANCE**  
Small Town Service for  
AUTO HOME BUSINESS LIFE




Jane Moore, Owner  
jmoore@farmersagent.com  
1314 S. Main St., Suite 100  
Duncanville, TX 75137  
Ph: 469-759-6996  
Fax: 469-759-6997  
Cell: 214-395-2271

**Spring Cleaning Special!**



**10x10 units**  
~~\$89~~ **\$69/mo**  
Reserve space by 4/30/19

**Best Value in Ellis County, Compare our rates!!**

**ACCESS SELF STORAGE AND TRUCK RENTAL**  
PREMIER STORAGE FACILITIES  
New State-of-the-Art Self-Storage

Midlothian • 469-283-0929  
1630 N. Hwy. 67  
Red Oak • 972-515-8600  
561 E. Ovilla Rd. & TX 342  
Lancaster • 972-224-4545  
1040 Cedar Valley Dr.  
Oak Cliff • 214-372-3880  
3427 Marvin D. Love Frwy.

DeSoto - OPENING SOON! SE Corner Hampton Rd. & Danieldale

[www.accessstoragedallas.com](http://www.accessstoragedallas.com)

**TASTE OF CEDAR HILL & BUSINESS EXPO**

**FIRST TEXAS HOMES** **APRIL 13TH**

**\* NEW LOCATION \***  
**Historic Downtown Cedar Hill**

**FREE ENTRY**  
**3:00 - 8:00 PM**  
**Concert Starts @ 6:30 PM**

**Food Tickets Available For Purchase at Event**



**State Farm** **Battle of the British Cars Show**  
**Live Music**  
**Beer & Wine Garden**  
**Art**  
**Local Restaurants**  
**Vendors**  
**Kids Events and More!**




**CEDAR HILL**  
ZULA B. WYLIE PUBLIC LIBRARY  
WHERE DISCOVERY GROWS NATURALLY

**FUEL CITY**

**Chamber of Commerce**  
60 YEARS

**Texas Commission on the Arts**

[www.cedarhillchamber.org](http://www.cedarhillchamber.org)



# Sudoku Puzzle

Easy

5				4	9	3		
		3	1		8	9		
8					7			
		1	5					
9					3		4	
	3	6				1		
		9						
6	8						3	7
		5				8	9	

Medium

7		4						
	1						5	
8		5			7			3
			2					
4			5		9			
	3							6
3				9	5		4	2
1	2						6	
			1				3	8

Crosswordsite.com Ltd

Solutions on page 44



## COMFORT REHAB CHIROPRACTIC

# GOT SPINE & JOINT PAIN? WE CAN HELP!



*Easter Special!*

Mention this ad for  
**EXAM, X-RAY | \$20  
& RESULTS**  
(New Patients Only. Excludes all federally funded programs such as medical/d/medicare. Expires 4/30/19.)

Gift certificates available.  
**(469) 454-2169 • ComfortRehab.com**  
**CEDAR HILL MEDICAL PLAZA**  
**950 E. BELT LINE ROAD, SUITE 180 • CEDAR HILL**  
(Next to Methodist Family Health Center East)

**NEW HOURS**  
 Monday 8-30 AM to 7 PM • Tuesday 1 to 6 PM  
 Wednesday 7:30 AM to 6:30 PM • Thursday 8-30 AM to 6 PM  
 Friday 8 AM to 3 PM • Saturday 9 AM to 12 PM

Specializing in difficult cases and chronic conditions like:

- Back & Neck Pain • Sciatica • Joint Pain
- Arm & Shoulder Pain • Leg Pain
- Tingling in Hands & Feet
- Sports and Auto Injuries • Work Injuries
- Pain Management • Wellness

**We offer the following services:**

- Family Chiropractic Care • Therapeutic Massage
- Cold Laser Therapy • Vibration Therapy • Rehab
- Spinal Decompression

**On-site: Pain Management / ESI Injection • Medical Doctor**  
**Treating Doctor for Federal/DOL/OWCP & TX Work Comp.**

**Dr. Bryan McCormick, D.C.**



# ANNUAL COMMUNITY FAMILY FUN DAY! **FREE!**

**EASTER**  
FUN FOR ALL AGES!

Saturday, April 20th 11am - 2pm

Egg Hunt • Music • Food • Games  
Carnival Rides • Petting Zoo  
Jerusalem Road Experience

Register at:  
**972-293-9333**

[www.polfc.org](http://www.polfc.org)

## Women's Luncheon benefitting Cancer Research

All Ladies!! Join us for an awesome two day event full of fun, fashion, fellowship in God's Word at our annual Zoe Women's Luncheon benefitting Cancer Research. May 2nd & May 3rd. Tickets \$35, vendor booths \$50. [www.polfc.org](http://www.polfc.org)



**EASTER SUNDAY SERVICE**  
Sunday, April 21st at 10:30am  
• Free Breakfast  
The Sunrise Cafe 9-10:15am  
• Free Family Photos 9-10:15am

**Regular Service**  
Sundays 10:30am  
Tuesday: Power Up Bible Study 7pm



**POINT OF LIGHT CHURCH**  
EMBRACE EDUCATE EMPOWER

972-293-9333 • [www.polfc.org](http://www.polfc.org)  
1599 Kingswood Drive,  
Cedar Hill, TX 75104

(Right on Hwy 67 just south of the Tidwell exit.)

**A/C Not Working?  
Breakers Tripping?  
Lights Flickering?**  
*Give us a call today!*

## SECOND CHANCE FINANCING OPTIONS

- AC Condensor / Furnace Replacements
- Electrical Panel Replacements
- Surge Protection
- HVAC / Electrical repairs on all equipment brands
- Preventative Maintenance Plans starting at \$89
- Free Second Opinions\*
- Free quotes on HVAC replacements
- Dual licensed HVAC-R / Electrical Technicians
- Property Management
- Flexible Financing

*Fast and Friendly Service*  
EMERGENCY SERVICE



RESIDENTIAL • COMMERCIAL  
MULTIFAMILY



**A+ Authorized Goodman Dealer**  
TECL 22978 • TACLB93232E

**972-230-9200**  
[www.CallAllSafe.com](http://www.CallAllSafe.com)

# ELECT *Tongee* FLEMMING

**DESOTO ISD SCHOOL BOARD TRUSTEE (PLACE 2)**

**EARLY VOTING DATES**  
APRIL 22-30, 2019

**ELECTION DATE**  
MAY 4, 2019

- RESTORE INTEGRITY
- ESTABLISH TRANSPARENCY
- SAFEGUARD TAXPAYER'S MONEY

Pol. ad. paid for by Tongee Flemming Campaign, Rosalind D. Kirk Treasurer







# HELLO *Spring!*

## APRIL

### Through 4/10

#### **Free AARP Tax-Aide:**

Bring last year's tax return, your Social Security Card and all documents for this year's taxes. First-come-first-served.

**Tuesdays:** 11:00 a.m.-3:00 p.m.,

Zula B. Wylie Public Library,  
225 Cedar St., Cedar Hill,

**Wednesdays:** 11:00 a.m.-3:00 p.m., DeSoto Public Library,  
211 E. Pleasant Run Rd.

### 4/4

#### **Mayor's Prayer Breakfast:**

Pray for those who live, work or attend school in Cedar Hill.

Free. 7:30-8:30 a.m.,  
310 E. Parkerville Rd., Cedar Hill.

### 4/5

#### **All the Colors of the Spectrum Dance Party:**

A sensory-friendly dance party to celebrate National Autism Awareness Month hosted by the library. Free. 6:30-8:30 p.m.,  
211 E. Pleasant Run Rd., DeSoto.

### 4/6

#### **Spring Girl Scout Kayaking Day:**

Learn the basics at Joe Pool Lake. No experience required. \$35. 10:30 a.m.-3:00 p.m.,  
1570 W. FM 1482, Cedar Hill.

### 4/12

#### **Just the Girls Night Out:**

Retail Therapy for the Soul.  
6:00-8:00 p.m., Hillside Village,  
305 W. FM 1382, Cedar Hill.

### 4/13

#### **Easter Eggstravaganza:**

Fun for children 9 and under.  
Free, but must pre-register.

See the city calendar.  
11:00 a.m.-1:00 p.m., Zeiger  
Park, 400 Eagle Dr., DeSoto.

#### **Taste of Cedar Hill and Business Expo:**

Food samplings, local vendors, live music, car show and beer garden. 3:00-10:00 p.m.,  
Historic Downtown,  
600 Cedar St. Cedar Hill.

### 4/17

#### **DeSoto Works! Job Fair:**

9:00 a.m.-12:30 p.m., DC3  
Church, 900 Polk St., DeSoto.

### 4/20

#### **Native Plant Sale:**

Texas plants use less water and shelter wildlife. 10:00 a.m.-2:00 p.m., Dogwood Canyon Audubon Center, 1206 W. FM 1382, Cedar Hill.

#### **Miracle Weekend**

##### **Easter Egg Hunt:**

35,000 eggs dropped by helicopter. Free. 11:00 a.m.-1:00 p.m., Virginia Weaver Park, 631 Somerset Dr., Cedar Hill.

### 4/22

#### **Earth Fest:**

An Earth and Arbor Day Celebration: Environmentally conscious vendors, sustainability tours, tree giveaways. Free. 5:00-7:00 p.m., Cedar Hill Government Center,  
285 Uptown Blvd.

### 4/26

#### **Gospel Live:**

Hear Chadney Christie, E.J. Field Jr. and Reggie Strong in concert. Free. 7:00-9:00 p.m., Corner Theatre, 211 E. Pleasant Run Rd., DeSoto.

### 4/27

#### **Briarwood Fishing Tournament for Kids:**

The pond will be generously stocked to increase odds. \$5. 9:00 a.m.-noon. Briarwood Park, 1625 W. Belt Line Rd., DeSoto.

#### **Household Hazardous Waste Event:**

Residential waste only; no commercial waste or electronics. Proof of DeSoto residence and city voucher required. 9:00 a.m.-noon. DeSoto Pump Station, 620 N. Westmoreland Rd., DeSoto.

#### **Impact Communities**

##### **"Take it to the Box":**

On the DEA's Take it Back Day find out where to safely dispose of your old medications. 10:00

a.m.-2:00 p.m. For details, visit  
[www.therxdropbox.com](http://www.therxdropbox.com).

#### **Everything Teen Mega Event:**

Enjoy workshops, live entertainment, a fashion show and more. Free. 10:00 a.m.-3:00 p.m., DeSoto Public Library, Civic Center, Outdoor Amphitheater and Plaza,  
211 E. Pleasant Run Rd., DeSoto.

#### **International Potluck Dinner:**

Celebrate the culture of Israel. Food live music and dancing. 7:00 p.m., Museum of International Cultures, 411 Hwy. 67, Duncanville.

### 4/27-4/28

#### **Flag Football X Spring Fling:**

Come enjoy the tournament. All day, Valley Ridge Park, 2850 Park Ridge Dr., Cedar Hill.

### 4/30-5/1

#### **Semi-annual Student Pottery Sale:**

Free admission. 10:00 a.m.-6:00 p.m., Cedar Valley College, 3030 N. Dallas Ave., Lancaster.

### Fourth Mondays

#### **Living With Diabetes:**

Learn life skills suggested in living with diabetes. 6:00 p.m., Zula B. Wylie Public Library, Cedar Hill.





4/6

### Easter B'egg Hunt:

Easter fun for dogs. Free. 10:00 a.m.-2:00 p.m., Virginia Weaver Park, 631 Somerset Dr., Cedar Hill.

## Tuesdays

### DeSoto Senior Center Golden Voices Choir:

9:00 a.m., Senior Citizen Center, 204 Lion St., DeSoto. For more information, call (972) 230-5825.

### Duncanville Rotary Club:

7:00-8:00 a.m., D.L. Hopkins Jr. Center, 206 James Collins Blvd., located across from Duncanville Public Library.

## Second Tuesdays

### Methodist Charlton Hospital Auxiliary:

Support the hospital. 12:30 p.m.,

Methodist Charlton Medical Center Auditorium, 3500 W. Wheatland Rd., Dallas. (Doesn't meet June-August)

## Thursdays

### Hats and Hugs:

Knit, crochet and loom hats to donate to various causes. 10:00 a.m.-noon, DeSoto Public Library. Call Precious Davis, (972) 898-7919.

### The Quilters:

New quilters are welcome. If you or someone you know has a quilt top they would like hand quilted, call (972) 230-9661. 10:00 a.m.-3:00 p.m., DeSoto Public Library.

## First and Third Thursdays

### The Hang Out:

Teens 13-18. Hang out and explore technology. 4:30 p.m., Zula B. Wylie Library, 225 Cedar St., Cedar Hill.

## Second Thursdays

### Business on the Hill:

Networking and meeting new neighbors. 7:30 a.m., Texas Trust Credit Union, 109 W. FM 1382, Cedar Hill.

## Third Fridays

### Senior Dances:

Cost \$5. 7:00-9:30 p.m., Hopkins Senior Center, 206 James Collins, Duncanville. For more information, call (972) 298-0667.

## Third Saturdays

### Duncan Switch Saturday Street Market:

The event includes vendors, food and fun. 9:00 a.m.-3:00 p.m., Main and Center streets, Duncanville.

*Submissions are welcome and published as space allows. Send your current event details to adam.walker@nowmagazines.com.*

Elect



# JAMI McCain

## FOR CEDAR HILL MAYOR

*Vision. Integrity. Results.*

**May 4, 2019**

JamiMcCain.org

Political Advertising paid for and authorized by Jami McCain, Daniel Avant, Treasurer.





# \$5 OFF

any purchase of \$20 or more



BRISKET | SAUSAGE | CHICKEN | POTATO BAR  
FRIED RIBS | WINGS | CHICAGO RIB TIPS

469-779-6042  

 DOORDASH  GRUBHUB  UBER EATS

*Now Serving Beer,  
Wine and Daiquiris*

Don't forget about our on-site party room, available for your next event!  
434 E Hwy 67 - Duncanville, TX 75137

# Crossword - Sudoku Solutions

1	A	L	P	S		5	C	O	S	T		
9	B	E	A	U		10	U	N	R	E	S	T
13	R	A	R	E		14	B	L	A	N	C	O
15	A	K	A		16	S	A	Y		17	N	O
			18	T	H	E	N	A	T	I	O	N
			21	E	R	I	C		22	F	A	S
23	P	R	O	D	U	C	E	R	S			
25	O	N	O		26	R	O	W		27	H	R
30	R	I	P	P	E	D			32	C	O	I
33	N	E	E	D	L	E			34	P	E	T
			35	R	A	Y	S		36	U	S	E

## Easy

5	1	7	2	4	9	3	6	8
4	6	3	1	5	8	9	7	2
8	9	2	3	6	7	4	1	5
2	4	1	5	9	6	7	8	3
9	5	8	7	1	3	2	4	6
7	3	6	4	8	2	1	5	9
1	7	9	8	3	5	6	2	4
6	8	4	9	2	1	5	3	7
3	2	5	6	7	4	8	9	1

## Medium

7	6	4	3	5	1	2	8	9
2	1	3	9	8	6	4	5	7
8	9	5	4	2	7	6	1	3
6	5	7	2	1	3	8	9	4
4	8	2	5	6	9	3	7	1
9	3	1	7	4	8	5	2	6
3	7	8	6	9	5	1	4	2
1	2	9	8	3	4	7	6	5
5	4	6	1	7	2	9	3	8



## Turn an afternoon's work into one big victory lap.

As user friendly as it is budget friendly, The Z100 zero-turn mower holds a line with ease and maneuvers around any landscape. Available in 42", 48" or 54" decks. So you can cut a lawn worth admiring. Visit us today.





501 North I-35E, Exit 401 B  
Waxahachie, TX 75167  
972-938-1770  
CentralKubota.com

KubotaUSA.com  
© Kubota Tractor Corporation 2018. This material is for descriptive purposes only. Kubota disclaims all representations and warranties, express or implied, or any liability from the use of this material. For complete accuracy, safety and product information, consult your local Kubota dealer. For the complete disclaimer, go to KubotaUSA.com/disclaimer and see the product disclaimer.



# *Happy Easter!*

CREATING A BEAUTIFUL SMILE  
IS EASIER THAN YOU THINK.

DENTISTRY CAN BE PAIN FREE  
& AFFORDABLE.

## CALL US TODAY!

### AVAILABLE SERVICES:

- INVISALIGN
- WHITENING
- CROWN AND BRIDGE
- TOOTH COLORED FILLINGS
- IMPLANTS/MINI IMPLANTS
- PERIODONTAL TREATMENT
- DENTURES AND PARTIALS



**WILLIAM A. BROWN, D.D.S. F.A.G.D.**

## **972-298-8515**

[www.williamabrowndds.com](http://www.williamabrowndds.com) • [williamabrowndds@gmail.com](mailto:williamabrowndds@gmail.com)

GENERAL DENTISTRY • 226 N. CEDAR RIDGE RD. DUNCANVILLE, TX 75116



The logo for Church on the Hill, featuring the words "CHURCH on the Hill" in a mix of serif and script fonts, enclosed within a hexagonal border.

CHURCH on the Hill

COME CELEBRATE THE

# MIRACLE

**5 EASTER  
SERVICES!**

8AM, 9AM, 10:30AM  
12PM, & 6PM



1375 NEW CLARK RD CEDAR HILL TX 75104

[WWW.COTH.US](http://WWW.COTH.US)