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# Southwest NOW

M A G A Z I N E

MARCH 2019

## Becoming a Swan

A DeSoto middle  
schooler aces  
the SAT and  
excels on stage

## Engineering Futures

Cedar Hill High School  
students are building  
robots and dreams

In the Kitchen With  
Timothy Tellez

Also inside:

Kids' Fun Pages

Crossword/Sudoku

Featured Business:  
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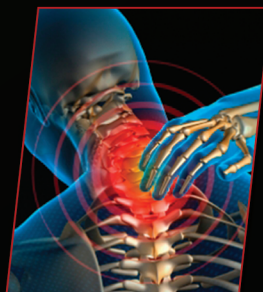
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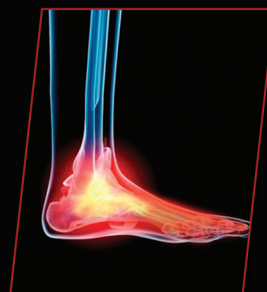
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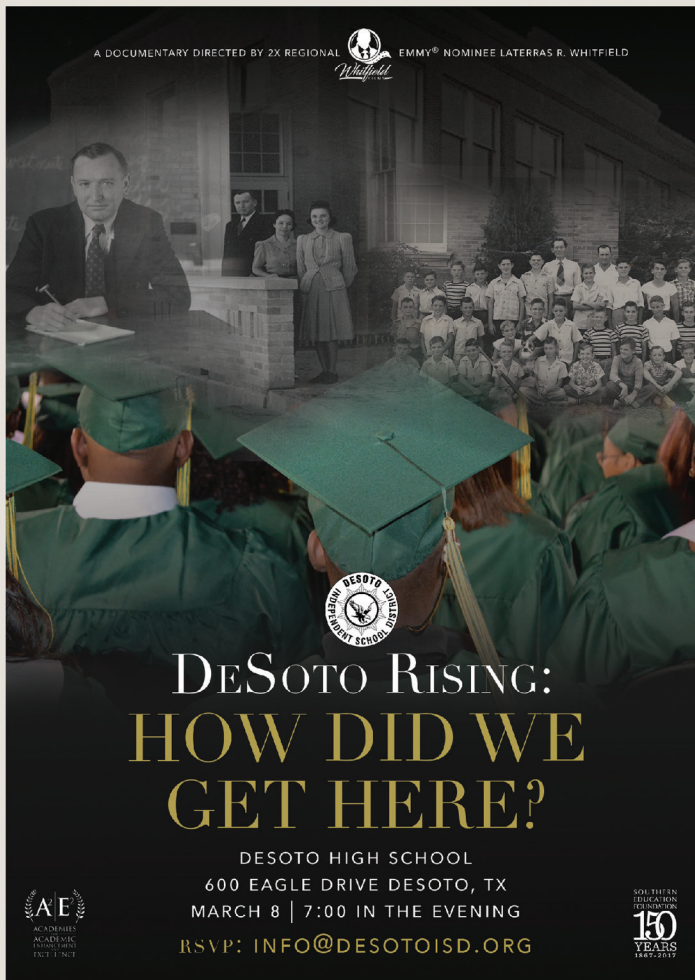
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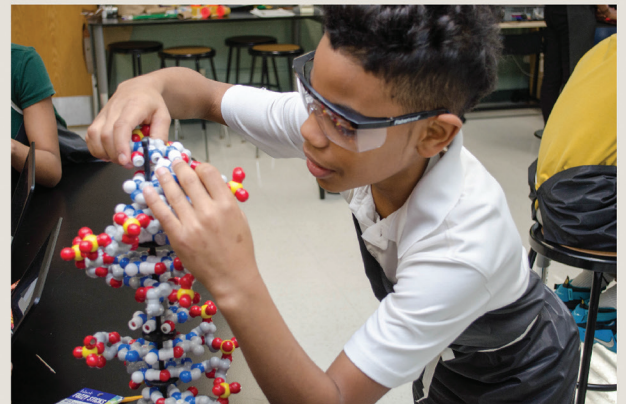
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## DeSoto ISD to host Movie Viewing of District Documentary

As DeSoto ISD begins the district's strategic planning process, our school community is invited to watch the first installment of a documentary series that will craft the story of our past, present, and future. Join in this opportunity to learn about how we got here as a district and take an active role in the conversation about where we desire to go for the future. The event will take place at 7pm on March 8 at DHS. Space is limited.



## DeSoto ISD to host first-ever Super Science Family Fun Night



The DeSoto ISD Education Foundation will host the first-ever Super Science Family Fun Night at 6 pm, Thursday, March 7 at the DeSoto High School Academy Cafeteria located at 600 Eagle Drive in DeSoto. Super Science Family Fun Night is an opportunity to bring science to life through fun and engaging activities for scientists of all ages. Start spreading the word and mark your calendars! Super Science Family Fun Night is sure to be a hit!

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### CALENDAR

- March 7: Super Science Family Night
- March 8: DeSoto ISD Documentary at DHS
- March 11-15: Spring Break
- March 25: Regular Board Meeting
- Pre-K Round-Up: April 1-3
- Male Leadership Symposium: April 6

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# SOUTHWEST NOW MAGAZINE

## 8 BECOMING A SWAN

With her sights set on college, a DeSoto teen focuses on both artistic and scientific interests.

## 14 ENGINEERING FUTURES

Lutitia Featherston leads the way for students who will shape tomorrow.

## 30 ENDLESS OPTIONS

Explore the heritage, music and food of the Pocono Mountains.



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## ON THE COVER

*Remi Swan looks forward to a bright future.*

**Photo by**  
Kobbi R. Blair.

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*Adam*

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## EDITOR'S NOTE

*If you already feel like you need a do over ...*

Once upon a time, the new year was celebrated in March. That's why December's name means *tenth* — it used to fall on the calendar as the tenth month of the year. Then the Romans decided to move January and February from the end of the year to the beginning, and they moved New Year's Day to January first, officially. But people kept celebrating in March.

The Catholic Church later made March official again, but different countries did different things in practice. Some used Christmas as the new year. Some used March first (like the Romans). Some used Easter, and some used March 25, Annunciation Day and the Spring Equinox on the Julian calendar. England was one of the countries that used March 25.

Things shifted again in 1582, when the Julian calendar was switched for the Gregorian. January first became the official beginning of the year again, but only in Catholic countries. In Protestant countries, it took years, even centuries, for the change to be accepted. England was one of the last to make the change — in 1752.

When America became a nation, the idea of celebrating the new year on January 1 was still a new-fangled idea. Some old documents list both years for dates in the gray zone between the two New Year's Day observances.

So, March is a perfect time to hit reset on your goals!

# Happy Mardi Gras!

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# B E C O M I N G A Swan

— By Angel Morris

*The swan is a bird representing grace and beauty and is one of the stronger birds of its size. At the age of 14, DeSoto's Remi Swan lives up to the qualities of her namesake. Artist, actor and scholar are some of the roles filled by the driven eighth-grader. "I'd describe myself as 'confusing.' I'm interested in a lot of different areas that might not seem to go together," Remi admitted.*

A strong student, Remi was invited to participate in Duke University's Talent Identification Program, or TIP, through which seventh-graders take the SAT or ACT college admission exams. Remi scored 1250 on the SAT exam. "It was a little intimidating because the high schoolers were so much older and bigger than me. Once the test started, everything faded away, and I calmed down," she recalled.

Because of her scores, Remi was invited to the Grand Recognition Ceremony in Durham, North Carolina. Of 48,569 students taking the exams through TIP — all of whom are in the 95th percentile of their grade level — only 2,611 were invited to the ceremony. "I thought I hadn't done well. Finding out that I had was kind of mind-blowing," Remi stated.

At Canterbury Episcopal School,

Remi participated in Private Schools Interscholastic Association contests many years, advancing to state competitions a few times. "In grades 4-6, I competed in the science expo and won first place each year," she recalled.

While Remi's always been studious, she's developed her artistic side, too. "I've taken art classes since kindergarten. It's always been something I enjoyed, so I started taking classes outside of school, as well," she noted.

Remi's piano teacher, Polly Ferraro, saw some of Remi's artwork and suggested she enter it in The State Fair of Texas Creative Arts competition. As a result, Remi won awards in children's categories from 2014 to 2017.

In 2014, she won one first-place award, one second-place and three honorable mentions for pottery/clay modeling, some done on the wheel, and

some hand modeling. In 2015, she won a first-, second- and third-place, plus three honorable mention awards, for pottery/clay modeling and a drawing of a crucifix.

In 2016, Remi won two second- and one third-place, plus several honorable mention awards. While she still entered pottery/clay modeling, she branched out to polymer clay, fused glass, mosaic tile and a painting.

2017 included a first- and a second-place award for fused glass, a second-place for a mosaic pot she designed and a third-place for a painting of elephants. Her latest work has been drawing still lifes, and she recently helped Visual Expressions (a Cedar Hill art studio) with a community project. "There are stairs at Hillside Village shopping center, and I was one of several artists who created the mosaics that now decorate those steps," Remi said. "I prefer working with pencils



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and paper. I like having the option to go back and erase my mistakes."

Remi's artistic side is not limited to visual arts, and she has discovered a love of theater. "When I was really young, my parents signed me up for classes at Dallas Children's Theater," she explained. "I don't remember a time when I wasn't going up there at least once a week."

That training resulted in her first professional acting experience in DCT's theatrical adaptation of *Yana Wana's Legend of the Bluebonnet*, a story about Texas' state flower. "When they asked me to be part of the reading for *Yana Wana*, I was really surprised, but I accepted. The next spring, I auditioned for the actual show, and got the part of *Yana Wana*," Remi reflected.

*Yana Wana's Legend of the Bluebonnet* is a tale connecting American Indians' present and past through a fictional story about a girl gaining pride in her heritage when her grandmother introduces her to the story of *Yana Wana*. "One of the things I'm most proud of is keeping my grades steady while participating in *Yana Wana*. Even though I spent most of my homework and study time in rehearsals and missed many days of school, my grades didn't falter at all," Remi recognized.

Still, Remi's *Yana Wana* experience was a challenge. "Firstly, my mother didn't really want me to audition because she thought being in the show would be too difficult to balance with my schoolwork," Remi explained. "I also didn't think that I was good enough to be in a professional production. I had to convince everyone, myself included, that I was ready."







While she was nervous initially, Remi became more comfortable on stage. So much so that acting is now one of her top two career possibilities. "I'm deciding between being an actress or an anesthesiologist. Being an actor is an obvious choice for someone in theater, and it's like getting paid to do your favorite hobby," she said. "I also love science, and something about anesthesiology is interesting to me, plus helping people is a nice bonus."

An unexpected bonus of her professional acting debut was gaining a family member. "Cecelia Flores, an actress who was in *Yana Wana* with me, is a big inspiration. She does what she loves for a living and still helps those who are learning. She gave me many tips that helped me grow as an actress, and she became my unofficial grandmother," Remi said of the San Antonio woman who continues to offer acting and life advice.

Besides art and theater, Remi enjoys dance, specifically ballet. Her favorite school subject is math because she likes to be challenged, and she enjoys planning activities through her school's version of student council. "Remi is really self-motivated. I'm constantly surprised by her abilities," her dad, Glenn Swan, said. Remi also impresses her mom, Patricia Swan, and older siblings, Elizabeth and Glenn Jr.

Ultimately, Remi has her sights set on college, where she hopes to continue to participate in theater. While performing on Broadway would be a dream come true, she is also practical. "I don't want to worry about money," Remi said. "So being able to find a job right out of college would be helpful!" **NOW**

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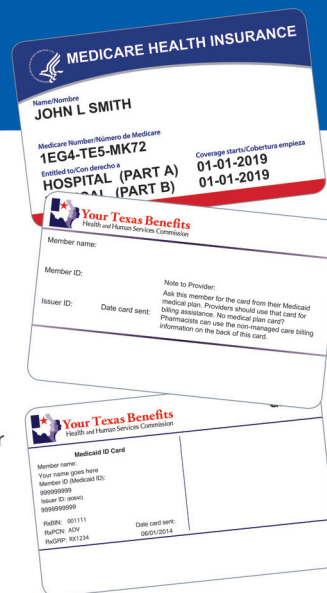
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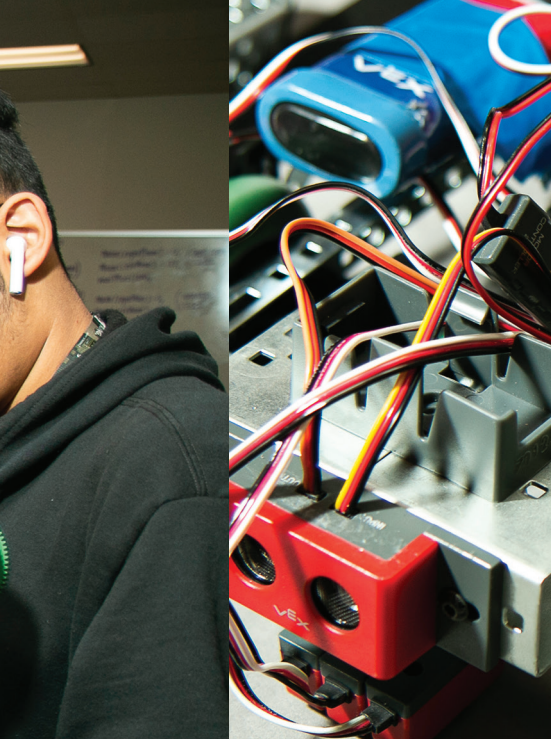


# ENGINEERING FUTURES

— By Adam Walker

*Lutitia Featherston has a passion for seeing students reach for a better life. She has experience. Her parents both grew up in Buckner Children's Home, where they met. Her father went away to Vietnam, came back changed, and her parents' marriage did not survive. "I grew up poor, ashamed of my clothing and felt rejected by my family. I had a baby right out of high school, but I went to college to study nursing. The problem was, when I got to the point when I*





*needed to do my clinicals, I could only do them at night, and I had no one to watch my daughter. I decided I had to change fields, so I went to my old high school counselor. She said, 'You've always been a logical person. You should go with technology.' So, that's what I did." Unfortunately, just as Lutitia finished her degree, 9/11 happened, and all the tech jobs dried up. That's when she turned to education.*

Lutitia has continued her own education, garnering a box full of certifications from Texas A&M University, University of North Texas and other schools. She has taught in both Texas and California school systems. When she was teaching in Garland, she started a service group called Rachel's Challenge, named for one of the Columbine victims. Through the group, she took more than 100 students into local children's shelters on monthly outings.

When she returned from California, Cedar Hill High School asked her to get the engineering program rolling, but there were a few obstacles. "When I walked into the room the first time, I found 20-year-



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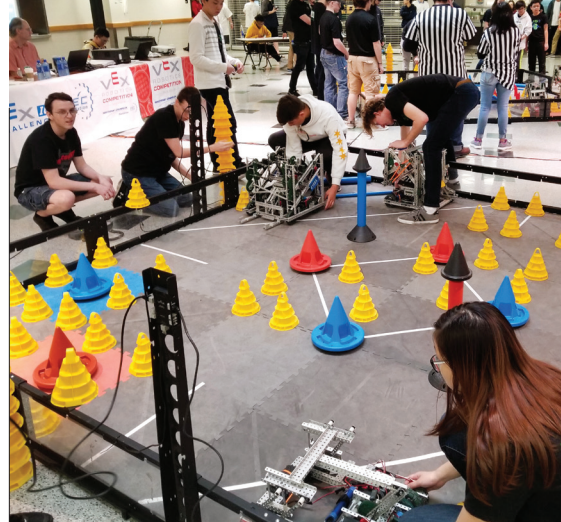


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old computers. I was supposed to teach biotech, robotics, three levels of engineering, web tech and principles of AV, but the computers took 20 minutes for PowerPoint to come up on a good day." So, the district got new computers for the classes, and Lutitia jumped online to start snooping out all the free stuff she could find. "Figuring out how to do things is one of my strengths. I usually bite off more than I can chew, but I know how to chew! I'm good at finding free stuff available for educators. Last year, I got us 3,000 licenses for Autodesk."

She's also good at getting people to take note. "I have professionals in these fields come in to speak to my classes, and in March, we went to Lockheed Martin to learn more from the pros. The engineering program here at Cedar Hill High School now earns dual credit at UT Austin. When my students finish Engineering II, which is a double-block class, they can take a certification test for Autodesk. Having that opens employment doors for the students."

Lutitia's students design buildings, and then test them for earthquake resistance. They use chemical engineering to test the perfect brew of coffee. They learn about DNA and aquaponics and attempt to grow chickens outside their eggs.

Cool things are happening in all the tech-based classes, but the robotics class has some really cool projects going on. The students are building robots, of course. A lot of programs are doing that sort of thing these days, building little robot tanks that attempt to capture balls or put blocks in containers. They did that the first year, with a kit that arrived one month before the competition, and placed in the top 50 percent. The second year, these Longhorns built a robot for a SkillsUSA competition that

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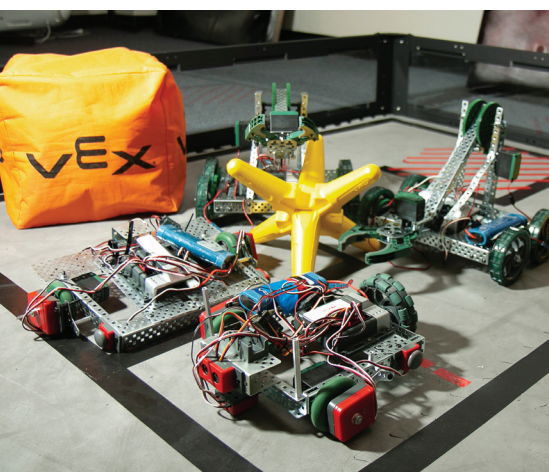




had to navigate a maze. They placed in the top 25 percent. That's fairly impressive for such a new program, but Lutitia has bigger goals for her students — Ivy League goals.

"By the end of this year, my students are going to build robots like they're building in Ivy League universities. The students have to design their robots using CAD software, then test the results using ANSYS simulation software, just like they would do if they were designing for a major company." These robots won't just roll around scooping up balls. These robots will dance!

"The students have three choices for how to program their robots. They can do a dance routine, a football play or a band pattern, but they have to move across the football field doing their performance. We're going to enter in the VEX Robotics Competition. You have to go to Waco or Greenville for the competitions because so few schools compete at this level," Lutitia said.



"We had 352 students who wanted to sign up for the STEM classes this year, but there were only computers for 140. I enjoy teaching these classes, because STEM gives these kids options," Lutitia said. "If you give them options and show them that they can do this, you can change thousands of lives — these students, their children and the people whose lives are changed by the things they invent and improve. It's really exciting to see them talk with the professionals, and then they realize that they can talk to professionals and ask the right questions. You see the look on their faces when they think, *Oh my gosh! I can do this!* That's what makes it all worth it." **NOW**

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# BusinessNOW

## CSE Mobility and Scrubs

— By Virginia Riddle

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[www.csemobility.com](http://www.csemobility.com)  
 Facebook: CSE Mobility and Scrubs

Hours: Monday-Friday: 9:00 a.m.-6:00 p.m.  
 Saturday: 10:00 a.m.-4:00 p.m.

In this world of increasingly fast transit, limited mobility is frustrating for those dealing with it, as well as for their caregivers. A sincere desire to help people overcome mobility limitations and live more independently is the heart of CSE Mobility and Scrubs' business philosophy.

Extensive knowledge of the industry and compassionate, personalized service sets CSE and its staff apart. "Our staff knows and understands our products and fits the right product to the needs of each customer," said Cole Spradlin,



CSE founder and owner. This means spending time to get to know their customers. "We ask questions to find out what our customers' needs are," Cole explained.

CSE Mobility is really two businesses in one: scrubs to outfit all segments of the medical community and mobility aids to enhance the lives of individuals. Veterinarians, dentists, nurses, doctors, medical technicians and even individuals not working in the medical industry can find the latest in scrubs. Customers can purchase scrubs in bulk or individually. Fourteen popular brands are available, making it easy for anyone to find a style and color that works for them or their company.

Ensuring mobility is readily available for their customers means stocking devices ranging from scooters to wheelchairs, lift chairs, walkers, rollators, canes, crutches, compression socks, orthopedic products, knee and other braces, eating utensils and aides in dressing and grooming. Cushions and mobility accessories help scooters and wheelchairs work comfortably and efficiently for customers' needs. CSE carries more than 15 brands of popular mobility items in-house.



CSE has been in business since 2009. After outgrowing its original location, they opened in Red Oak in 2015. The move meant more room and the addition of high-end medical scrubs for customers in the medical industry. "Our product selection has only grown since then," Cole added.

## EXTENSIVE KNOWLEDGE OF THE INDUSTRY AND COMPASSIONATE, PERSONALIZED SERVICE SETS CSE AND ITS STAFF APART.

CSE's caring employees are always ready to help customers find exactly what they need. "All of my employees are trained in-house and receive training by most vendors/manufacturers about our products. We service equipment, so all the service technicians are required to attend a training class for major manufacturers once a year to hold current certification and work on that company's products," Cole said.

Providing quality products is only one part of CSE's business. "We support our sales, and service is a huge part of our business. Most of our customers can't bring the product to us, so we have a mobile service van that will come to their homes to service the product there. We service equipment even if it wasn't purchased from CSE," Cole stated.

The company can also provide paperwork for customers to file for insurance reimbursement on recliners. Cash, check and most major credit cards are accepted as payment.

CSE's staff members find joy in enabling customers to lead lives that are more independent. "At CSE Mobility, we understand the vital role this equipment plays in customers' everyday lives," Cole remarked. Mobility means independence, and independence means a more satisfying and fulfilling life. Through commitment to its customers and continuing to offer quality products and professional service, CSE continues to grow. **NOW**

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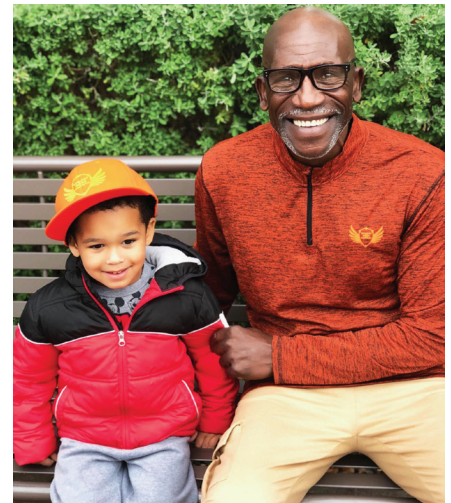


## Zoomed In: Kaleb Torrez

By Adam Walker

Kaleb Torrez of McCowan Middle School loves spelling. “I like to challenge myself to do more things. I studied a lot of different words over and over for three weeks until I memorized them,” he explained. “It’s interesting in that I might win!” And win he did, at the DeSoto ISD district-level spelling bee, which qualified him for the county-level bee at Fair Park to earn the right to compete at the next level.

Kaleb is in sixth grade, but only 10 years old. “I skipped kindergarten,” he reported. Though only in middle school, Kaleb already reads at a 12.8 grade level. That’s just one month short of college level! “I like to read books with more than 300 pages,” he said, “especially mysteries by Stuart Gibbs.”



Cason Molloy and his grandpa, Winston Hutchison, take a rest at the DeSoto Town Center.



Charlotte Stivers of Cedar Hill displays her quilt.



Detective David Moon receives his award for 25 years of service from Chief Brown.



Maiya and Alicia Sanders help Girl Scout Troop No. 2228 meet its cookie goals.



Adrian and Linda Evans accept the Mayor's Excellence Award for La Mexicana Tortilla Factory.





Martin Luther King III joins Cedar Hill to celebrate the day dedicated to his father.



Duncanville's Judge William Neilon retires after 36 years of service.



Alex Dreher puts Emmie through her paces.



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# CookingNOW

## *In the Kitchen With*

### TIMOTHY TELLEZ

— By Adam Walker

Timothy Tellez started cooking early. “Mom cooked just simple home-style meals, normally, but she never missed the opportunity to cook for a visiting minister or missionary. I remember watching and helping her hand-batter chicken fried steak. It was a messy event, but the outcome was well worth it. My sister normally cleaned up after. I normally helped with the cooking. Mom is where I learned most of my cooking.”

He enjoys meal prepping, making food ahead of time, so he doesn’t have to depend on fast food when life gets too busy. “The things that are important to me when I cook are the degree of easiness, yumminess and healthiness. Except when it comes to desserts, then the healthiness is out the door. So, enjoy!” **NOW**

## Slider Burgers

12 King’s Hawaiian sweet dinner rolls  
(or similar)  
Garlic butter  
1 lb. ground meat of your choice  
Salt, to taste  
Pepper, to taste  
Garlic powder, to taste  
1 egg (helps keep patties together  
when cooking)

1 4-oz. can chopped green chilies,  
undrained  
2 Tbsp. minced onions (the dried ones  
in the spice aisle)  
Barbecue sauce, to taste  
Worcestershire sauce, to taste  
Honey, to taste (optional)  
Oatmeal or 4 cups crumbs, if needed

*Toppings:*  
Cheese slices  
Avocado, slices

Fried bacon strips  
Roma tomatoes, sliced  
Lettuce  
Mayonnaise  
Mustard

1. Toast dinner rolls with garlic butter, if desired.
2. Mix ground meat with all the other ingredients. If too wet, add some oatmeal or 4 cups crumbs to firm it up.
3. Portion small patties that will fit on the dinner rolls; cook in a skillet. When they are almost cooked to your liking, place a piece of cheese on top, so it will start melting.
4. Remove patties from skillet; place on dinner rolls. Add toppings to build your favorite slider burger.

## Famous Chocolate Shake

Several scoops Blue Bell Homemade  
Vanilla ice cream  
1 cup milk  
3 Oreo cookies  
1/8 cup chocolate chips



1 good squirt of chocolate syrup  
(preferably Ghirardelli)  
1 splash genuine vanilla extract  
(not imitation)  
Sugar, to taste

1. Add all ingredients to a blender; taste.
2. If it's too runny, add more ice cream. If it's too thick, add more milk.

## Easy Chili Recipe

*Chili is always better the second day, so I normally cook it up the day before and just reheat it. I normally double the recipe and freeze half of it in single-serving portions.*

1 to 1 1/2 lbs. ground beef or turkey,  
or half of each  
1 medium onion, chopped  
1 Tbsp. garlic, minced  
Salt, to taste  
Pepper, to taste (divided use)  
1 4-oz. can green chilies, chopped  
1 10-oz. can Ro-Tel tomatoes  
1 8-oz. can tomato sauce  
1 6-oz. can tomato paste  
1 15.25-oz. can whole kernel corn  
1 16-oz. can beans (I use kidney beans  
for my chili.)  
5 stalks celery, chopped  
1 red bell pepper, chopped  
8-10 grape tomatoes, halved  
1 Tbsp. chili powder, or to taste  
Cumin powder, to taste  
1/2 cup ketchup  
Cheddar cheese, to taste  
Sour cream, to taste  
Chives (optional)

1. Brown meat, cooking fully with onion, minced garlic, salt and pepper.
2. Drain and place in a large soup pot. Add all canned ingredients; don't drain. Add celery, bell pepper and grape tomatoes. Add chili powder, cumin and pepper.
3. Bring to boil. Reduce heat; let simmer for about 1 hour, stirring occasionally. During the hour, add ketchup. Add more garlic powder, cumin, chili powder, salt and pepper to taste. If it looks like it needs more liquid, you can add a bit of water.
4. Top with cheddar cheese, sour cream and chives, if desired.

## My Chicken

Salt, to taste  
Pepper, to taste  
Garlic powder, to taste  
4 boneless, skinless chicken breasts  
1 onion, sliced  
1 bell pepper, sliced  
Barbecue sauce



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## Garlic Mashed Potatoes

12 decent-size new potatoes  
1 stick butter  
8 oz. cream cheese  
Half-and-half, to taste  
4 fresh garlic cloves  
Heavy whipping cream, to taste  
Salt, to taste  
Pepper, to taste

1. Cube potatoes; boil until a fork can go into them easily. Drain; place in a bowl.
2. Add butter, cream cheese and a good pour of half-and-half. Use a garlic press to add the garlic to the bowl.
3. Mix with electric mixer until potatoes are creamy, adding heavy whipping cream as needed; add salt and pepper.

1 lb. bacon  
1 4-oz. can green chilies, chopped  
2 cups cheddar cheese, grated

1. Salt, pepper and garlic the chicken on both sides, rubbing it in. Lay the chicken in a baking dish. Lay onion and bell pepper on top of the chicken; cover with barbecue sauce.
2. Cover with foil; cook for 30 minutes at 350 F. Check the chicken to make sure it is fully cooked.
3. While the chicken is cooking, fry the bacon; set aside.
4. Once chicken is fully cooked, remove from the oven. If the juices cover the chicken

breast, dip out some of the liquid, so the tops of the chicken breasts are exposed. Baste chicken with the juices to be sure it is nice and moist.

5. Put a fresh bit of barbecue sauce, cooked onions and bell pepper from the baking dish, and a good spoonful of green chilies on top of each chicken breast. Place a couple strips of bacon on top of the green chilies. Put a nice portion of cheddar cheese on top of each chicken breast.
6. Return to oven; bake until the toppings all melt together. Set oven to broil, and give it a little bit of a char on top.

To search for more great recipes from any of the 10 NOW Magazines publications, visit [www.nowmagazines.com](http://www.nowmagazines.com).

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**Valerie J. Gorman, MD, FACS**, is a breast surgeon who specializes in surgical oncology and surgical diseases of the breast. She is board-certified by the American Board of Surgery and serves as Chief of Surgery and Medical Director of Surgical Services at Baylor Scott & White Medical Center – Waxahachie.

Dr. Gorman performs breast surgery that includes mastectomy and lumpectomy, allowing the cancerous tissue to be removed through a single incision made in a cosmetically appealing area while preserving the natural shape of the breast and reducing any visible scarring. Dr. Gorman is dedicated to offering her patients an advanced, personalized and targeted approach to breast surgery and the treatment of breast cancer.

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## TravelNOW Endless Options

— By Kelly Shannon

Imagine rolling mountain terrain, breathtakingly beautiful waterfalls, thriving woodlands and 170 miles of winding rivers. This paradise is known as the Pocono Mountains, a 2,400-square-mile region in northeastern Pennsylvania just waiting to be explored.

The Pocono Mountains, also known as “the Poconos,” is teeming with history. A popular destination to many on the East Coast, it’s a short drive from major metropolitan areas, such as New York City, New Jersey, Philadelphia, Baltimore and Washington, D.C. Within reasonable driving distance of many airports, Allentown is the closest, and Philadelphia and Newark are the next closest. From Dallas-Fort Worth, that’s only about a 3-hour flight. Once at a nearby airport, a rental car is the best option to be able to fully explore the Poconos, which is about the size of the entire state of Delaware.

Natural scenic beauty; fun-filled, year-round activities; and luxurious accommodations make the Pocono Mountains the perfect

place for a romantic stay. The region has become a haven of world-class, luxury spas incorporating breathtaking, natural surroundings. Romantics indulge in decadent amenities, such as saunas, massage tables, log-burning fireplaces and whirlpool baths.

Accommodations are as varied as the Poconos’ landscape. Consider a bed-and-breakfast atop a mountain peak overlooking one of the Poconos’ many quiet coves, or an inn nestled among rolling hills and scenic mountains. Alternatively, visitors can stay in a historic, downtown boutique hotel that caters to romance with its vintage charm and warm hospitality.

The past decade has transformed the region into a family-friendly destination. Endless entertainment is provided, whether it be in the form of indoor water parks, arcades, adventure parks, NASCAR races, scenic train rides, festivals, ski/snowboard lessons, snow tubing or a resort with daily activities tailored to children. Options



are endless, and families return time and time again.

The Poconos' bountiful nature makes the destination shine. There are nine states and two national parks, more than 261 miles for hiking and biking, dozens of majestic waterfalls, rivers for whitewater rafting, more than 35 golf courses and lakes for boating, fishing and jet skiing. Even just driving around, visitors can catch grand scenic overlooks.

Winters offer guests the opportunity to ski or snowboard 163 ski trails, snow tube (including galactic tubing and family-style tubing), snowmobile and even snowshoe their way through snowy wonderlands.

The family will love the Pocono Mountains' miles of snowmobile trails in the winter and its wonderful selection of family-friendly resorts, motels, cottages and condos just steps away from the many lakes in the summer.

The region's water park resorts welcome families to splash and stay in any season, as they are always 84 degrees. Full-service hotels and resorts serve up extensive amenities and make for a well-appointed home base while exploring. A variety of campgrounds can be found along the rivers, lakes or in the woods.

Foodies will have a field day at a variety of restaurants around the region. Find upscale French flair at the Delmonico Room at the Hotel Fauchere, or at the French Manor Inn & Spa. End the family-fun day at Kalahari's indoor water park with a juicy burger and a milkshake — topped with a donut at B-Lux Grill & Bar. Share a sunset toast with your travel buddy at The Dock on the third largest lake in the state, Lake Wallenpaupack.

While exploring the quaint downtowns, visitors find unique cafés, bakeries, ice cream parlors and coffee shops. The local breweries and wineries offer some of the tastiest beverages on the East Coast.

The Poconos' year-round cultural tours and art exhibitions, abundant antiquing, brand-name shopping and full calendar of festivals showcase the heritage, music and food of the Pocono Mountains. If you are considering a vacation to this region, the friendly professionals who manage the Pocono Mountains Visitors Bureau are happy to help. **NOW**

*Photos courtesy of PoconoMountains.com.*



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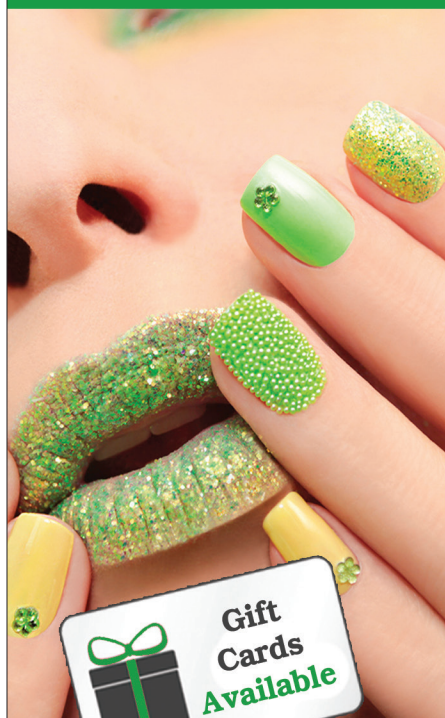
Tuesday, March 26 at 2:00 pm - Topic: Housing Options  
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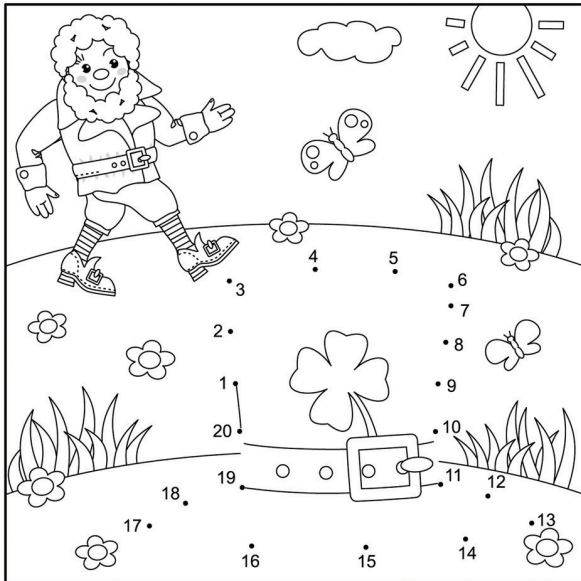

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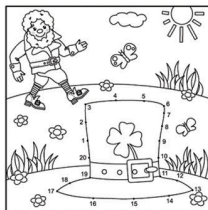


# Kids' Fun Pages

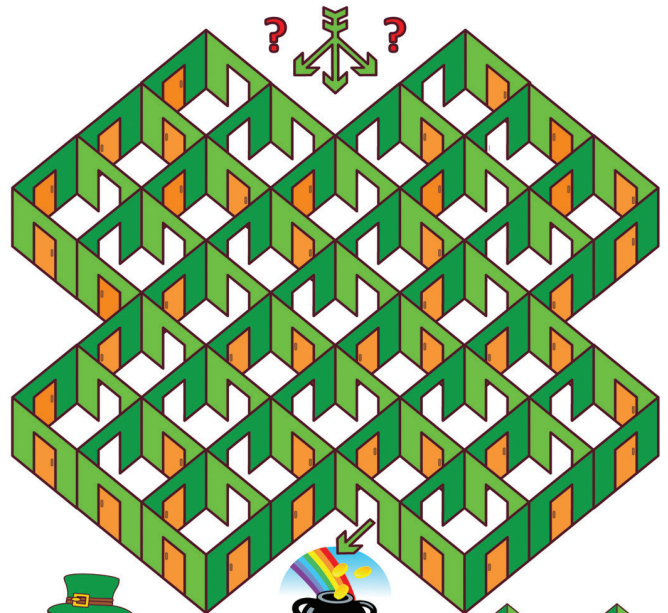
Draw a line from dot number 1 to dot number 2, then from dot number 2 to dot number 3, 3 to 4, and so on. Continue to join the dots until you have connected all the numbered dots. Then color the picture!



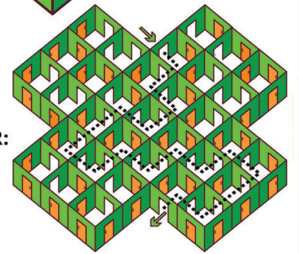
ANSWER:



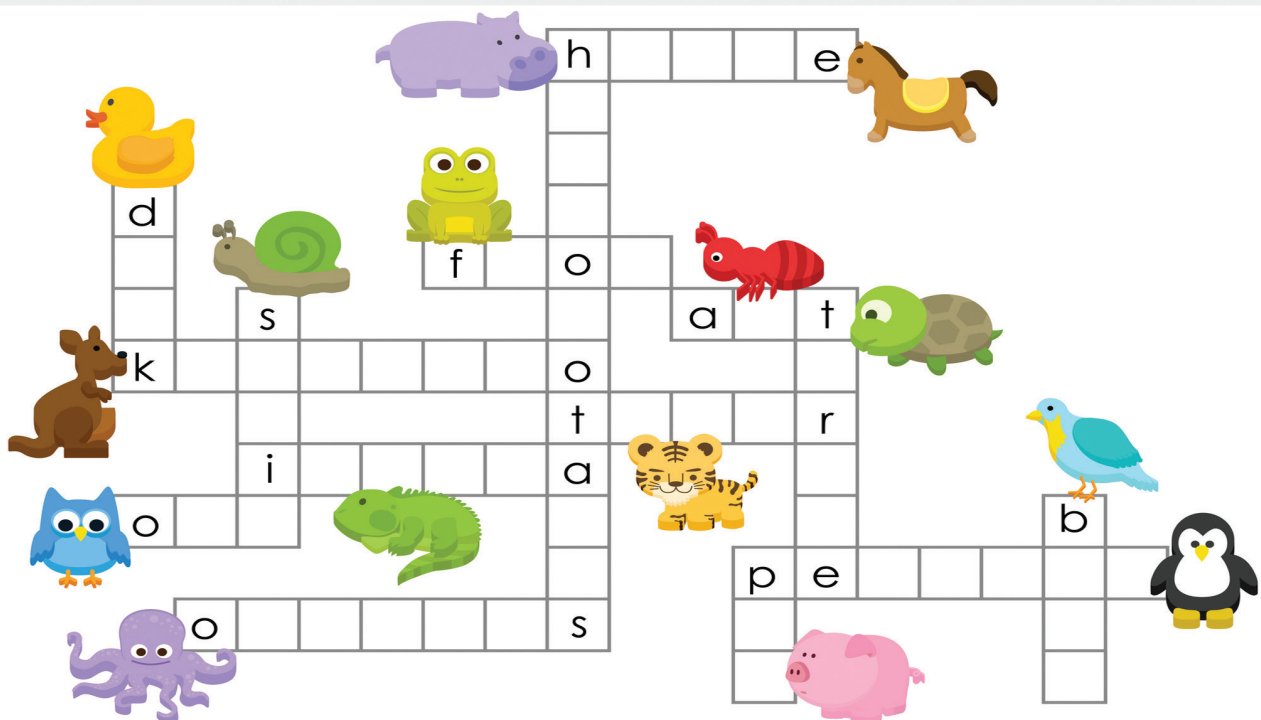
Help the leprechaun get through this quatrefoil shaped maze. Start from the top. Avoid locked doors.



ANSWER:



## Animals Crosswords





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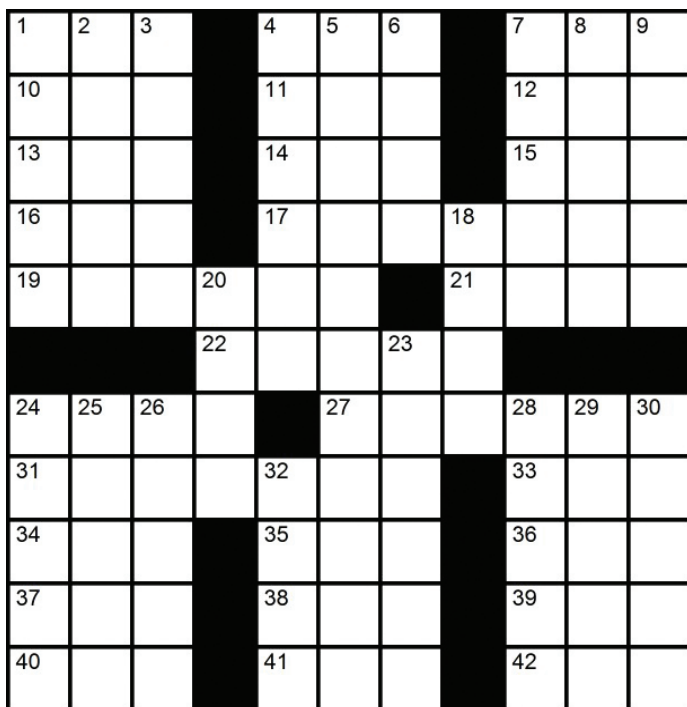
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# Crossword Puzzle



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## Across

- 1 British Delta Force equivalent
- 4 Short change?
- 7 Iraq war *casus belli*
- 10 Presidential advisory grp.
- 11 "Figured it out!"
- 12 Weeding implement
- 13 Diamonds
- 14 Actor --- Gibson
- 15 Admiration
- 16 Fiver
- 17 Built
- 19 Party, south of the border
- 21 Blades
- 22 Drop by unannounced
- 24 Transfer legally
- 27 Cover completely
- 31 Drafted
- 33 Observe
- 34 Free
- 35 El operator
- 36 Highest mountain in Crete
- 37 Repetitive behavior condition, for short
- 38 Atmosphere
- 39 Crackpot
- 40 Might
- 41 Statute
- 42 Navigational aid

## Down

- 1 Smell
- 2 Computer data character set
- 3 Part of an act
- 4 Woke up
- 5 Healing
- 6 An auction
- 7 "Oh, --- Beautiful Mornin'"
- 8 Lawn-care buy
- 9 Real estate documents
- 18 Nam force
- 20 Vomit
- 23 To a certain extent
- 24 Information holder
- 25 "Fear of Fifty" author --- Jong
- 26 Annie's Lieutenant-General
- 28 On drugs
- 29 Introduced, with "to"
- 30 Achievements to be proud of
- 32 College sporting org.

Solutions on page 44

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**Get help.** Tackling an important financial goal isn't easy to accomplish alone. Working with a professional wealth advisor can help you identify potential roadblocks and opportunities you might not think about on your own. A trusted, knowledgeable professional can also provide calm coaching, help you revisit and revise your goals as your circumstances change and ensure you stay accountable for the results you want to achieve.

**Make sure you have a comprehensive plan for your financial life.** From saving and investing to protecting assets with insurance to estate planning, a financial plan that includes all aspects of your life is like traveling with an up-to-date road map or GPS. Without a

documented plan that defines your financial destination and plots the route that can help take you there, you could actually be "planning" to miss the goals you want to achieve.

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Easy


1				7				
			3	4				
					8		7	3
9								2
5		3					1	7
			5			3	8	
		5	1		6			
	7					5		
	2				4	6		8

Medium

	6							
		5	3					1
		7			4			
			7			6	3	
				2				9
5	9			6				
					7		2	
	2		6	5				
	5			8		4		

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Solutions on page 44



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3/1-3/2

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3/2

**Citywide Neighborhood Block Party:**

Connect with community organizations, tour the rec center, visit the petting zoo and bounce houses. Free. 10:00 a.m.-2:00 p.m., Alan E. Sims Cedar Hill Recreation Center, 310 E. Parkerville Rd.

3/5

**Community Pancake Dinner:**

Celebrate Shrove Tuesday with pancakes and storytellers. Free. 5:00-7:30 p.m., First United Methodist Church, 128 N. Roberts Rd., Cedar Hill.

3/5 & 3/7

**DeSoto Dukes Tryouts:**

The Dukes are looking for seniors (men over 65, women over 40) to join their softball team. 10:00 a.m., Ziegler Field, 440 Eagle Dr., DeSoto. JohnMerry@aol.com.

3/7-3/12

**North Texas Soccer President's Club:**

Round robin tournament for 13-under to 18-under boys and girls. All day. Valley Ridge Park, 2850 Park Ridge Dr., Cedar Hill. ntxsoccer.org.

3/9

**Ma'At 6th Annual "Step Up or Get Stepped On" Step Show:**

Come watch some of the best step dancers around. \$10 advanced. \$15 at the door. 1:00-5:00 p.m., DeSoto High School, 600 Eagle Dr. Register on Eventbrite.

**U Design Ur Pillow:**

Boys and girls age 13-18, come learn to sew your own pillow. No registration, but supplies are limited. 3:00-5:00 p.m., DeSoto Public Library, 211 E. Pleasant Run Rd.

3/10

**Spring Break Kick Off 2019:**

A family fun day with tacos, bounce houses, an obstacle course, pony rides, DJ and more. Free. 2:00-6:00 p.m., Lakeside Park, 515 Hill St., Duncanville.

3/11

**Tharpo the Clown:**  
Come for the fun. Free.

10:15-11:15 a.m., Duncanville Public Library, Lobby Meeting Room, 201 James Collins Blvd.

3/12

**Incredibles 2:**

Come see the movie. Free. 2:00-5:00 p.m., Duncanville Public Library, 201 James Collins Blvd.

3/12-3/23  
& 3/28-3/30

**Scotland Road:**

In this psychological thriller, Winifred claims to be a survivor of the *Titanic*. 8:00 p.m., Duncanville Community Theatre, 106 S. Main St. (972) 780-5707.

3/13

**Ewe Pet Petting Zoo:**

Meet more than 35 animals, including mini horses, llamas, chickens and sheep. Free. 10:00 a.m.-noon, Duncanville Public Library, 201 James Collins Blvd.

3/14

**Owls of Texas:**

Learn about owls and their calls. \$12 adults. \$6 children under 12. 6:00-8:00 p.m., Dogwood Canyon Audubon Center, 1206 W. FM 1382, Cedar Hill.

3/15

**Clothespin Horse Craft:**

Make horses out of clothespins. Free. 2:00-3:00 p.m., Duncanville Public Library, 201 James Collins Blvd.

**Spring Break Kayaking:**

Expert guides teach kayaking basics. Ages 8+. \$35 for Audubon members. \$40 for non-members. 3:00-5:00 p.m. or 6:00-8:00 p.m., Cedar Hill State Park 1570 W. FM 1382.

**St. Patrick's Day Soirée:**

Wine, hors d'oeuvres and live music benefiting the Tri-Cities Animal Shelter. \$25. 6:00-8:00 p.m., Grow DeSoto Market Place, 324 E. Belt Line Rd.

3/16

**KEVA Planks:**

Come build the tallest tower. Free. 2:00-3:00 p.m., Duncanville Public Library, 201 James Collins Blvd.

3/22

**RJ & Zydeco Smoove:**

This band from Lafayette, Louisiana, blends zydeco with neo-soul, R&B, jazz and funk. Free. 7:00-9:00 p.m., Corner Theatre, 211 E. Pleasant Run Rd., DeSoto.





3/2

### DeSoto's 70th Birthday Celebration:

Join the mayor, city council and the DeSoto Historical Foundation in celebrating the history of our town. Free. 10:00 a.m.-noon, DeSoto City Hall, 211 E. Pleasant Run Rd.

3/23

#### The Judge:

A Palestinian documentary about the first female shari'a law judge. Snacks provided. Donation. 7:00 p.m., Museum of International Cultures, 411 Hwy. 67, Duncanville.

Through 4/10

#### Free AARP Tax-Aide:

Bring last year's tax return, your Social Security Card and all documents for this year's taxes for first-come-first-served tax help. **Tuesdays:** 11:00 a.m.-3:00 p.m., Zula B. Wylie Public

Library, 225 Cedar St., Cedar Hill, **Wednesdays:** 11:00 a.m.-3:00 p.m., DeSoto Public Library, 211 E. Pleasant Run Rd.

**Second Tuesdays**

#### Super Seeders Garden Club:

Free. 10:00 a.m., Zula B. Wylie Public Library, 225 Cedar St., Cedar Hill.

#### Methodist Charlton Hospital Auxiliary:

Support the hospital. 12:30 p.m., Methodist Charlton Medical Center Auditorium, 3500 W. Wheatland Rd., Dallas.

**Second and Fourth Tuesdays**

#### Caregiver Support Group:

2:00-3:30 p.m., Friends Place Adult Day Services, 1232 W. Belt Line Rd., DeSoto. Call (972) 274-2484.

**Tuesdays and Thursdays**

#### After School Enrichment:

Science and social studies on **Tuesdays**, math on **Thursdays**. Ages 5-12. Free. 4:30 p.m., DeSoto Public Library.

**First and Third Thursdays**

#### The Hang Out:

Teens 13-18. Hang out and explore technology. 4:30 p.m., Zula B. Wylie Library, 225 Cedar St., Cedar Hill.

**Third Thursdays**

#### Zula B. Wylie Library Friends Meeting:

7:00 p.m., 225 Cedar Street, Cedar Hill.

*Submissions are welcome and published as space allows. Send your current event details to adam.walker@nowmagazines.com.*



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## TOP 4 REASONS YOU NEED A STORAGE SPACE

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3. I'm downsizing to a small house and need a place to put all my memories.
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## Crossword - Sudoku Solutions

1	S	A	S			C	T	S			7	W	M	D
10	N	S	C			11	A	H	A		12	H	O	E
13	I	C	E			14	M	E	L		15	A	W	E
16	F	I	N			17	E	R	E		18	C	T	E
19	F	I	E		20	S	T	A			21	O	A	R
					22	P	O	P	I	N				
24	C	E	D	E		27	E	N	G		28	U	L	F
31	D	R	A	W		32	N	U	P		33	S	E	E
34	R	I	D			35	C	T	A		36	I	D	A
37	O	C	D			38	A	I	R		39	N	U	T
40	M	A	Y			41	A	C	T		42	G	P	S

Easy

1	3	6	2	7	5	8	4	9
7	8	9	3	4	1	2	6	5
4	5	2	9	6	8	1	7	3
9	1	8	6	3	7	4	5	2
5	6	3	4	8	2	9	1	7
2	4	7	5	1	9	3	8	6
8	9	5	1	2	6	7	3	4
6	7	4	8	9	3	5	2	1
3	2	1	7	5	4	6	9	8

Medium

9	6	1	2	7	8	3	5	4
2	4	5	3	9	6	8	7	1
8	3	7	5	1	4	9	6	2
1	8	2	7	4	9	6	3	5
3	7	6	8	2	5	1	4	9
5	9	4	1	6	3	2	8	7
6	1	9	4	3	7	5	2	8
4	2	8	6	5	1	7	9	3
7	5	3	9	8	2	4	1	6



**16th Annual**

### A Sample of Who Will Be There!

#### Restaurants to Taste:

- City View Tacos
- Chubby's Restaurant
- David's Seafood Grill
- Hilton Garden Inn Duncanville
- Chick-fil-A of Cedar Hill
- Kitchen's Deli
- Little Caesars
- Smokin' BBQ

#### Businesses to Visit:

- American Eagle Credit Union
- Camp Bow Wow
- City of Duncanville (8 Booths)
- Duncanville Community Theatre
- Jane Moore - Farmers Insurance
- NOW Magazines
- Sunflower Dental
- 1-800-Plumber
- Republic Services

**FREE**  
Food Tasting  
with Ticket  
Admission.

**... and Many More!**

**THURSDAY, MARCH 14 • 4:00 P.M. - 8:00 P.M.**

**Duncanville High School, 900 W. Camp Wisdom Road, Duncanville**

**\$10 - Adults • \$7 - Students & Seniors (65) • Children 5 & Under Get in FREE!**

**Get your tickets today or sign up for a booth space before it is too late!**

**[www.DuncanvilleChamber.org](http://www.DuncanvilleChamber.org) or call 972-780-4990.**



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