

# WaxahachieNOW

M A G A Z I N E

NOVEMBER 2018

## A Love of Locomotives

Bill Watkins creates  
a world of trains

Kids' Fun Pages  
pp. 48 & 50



Crossword/Sudoku  
pp. 52 & 54

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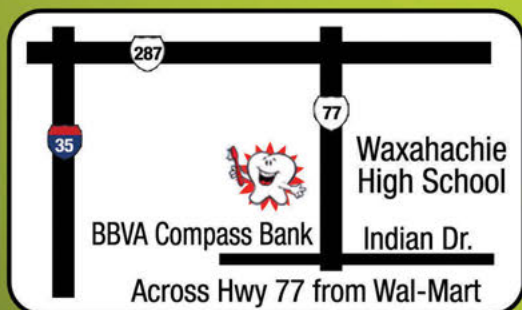
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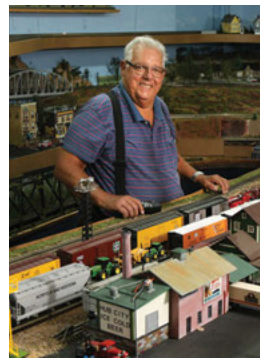
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## ON THE COVER

Bill Watkins is the sole engineer of the railroad display he's created.

**Photo by**  
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# EDITOR'S NOTE



*Sandra*

Sandra Strong  
WaxahachieNOW Editor  
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*Happy Thanksgiving!*

For me, November gets the ball rolling for the upcoming holiday season with the planning, the cooking and trying to "get it right" for family and friends. My goal is to always make those around me happy, and during the holidays, I accomplish that feat by being the best hostess I can be. I make a meal fit for many kings, repeatedly refill tea glasses and make everyone's favorite dessert.

My feet are killing me by the time these family gatherings come to an end, but as I sit and reflect about the day, I can't help but smile. I recall the plates that were loaded down with the food that marks the holiday. I smile as I try to remember the punch line to the joke my younger brother shared. I get teary-eyed to know that another season of giving has come to an end.

It seems to have come and gone so quickly. But like they say, time flies when you're having fun, and time with my family is always fun, abundantly loud, but fun. I wouldn't trade these tiring days for anything as I sit back and bask in my thankfulness.

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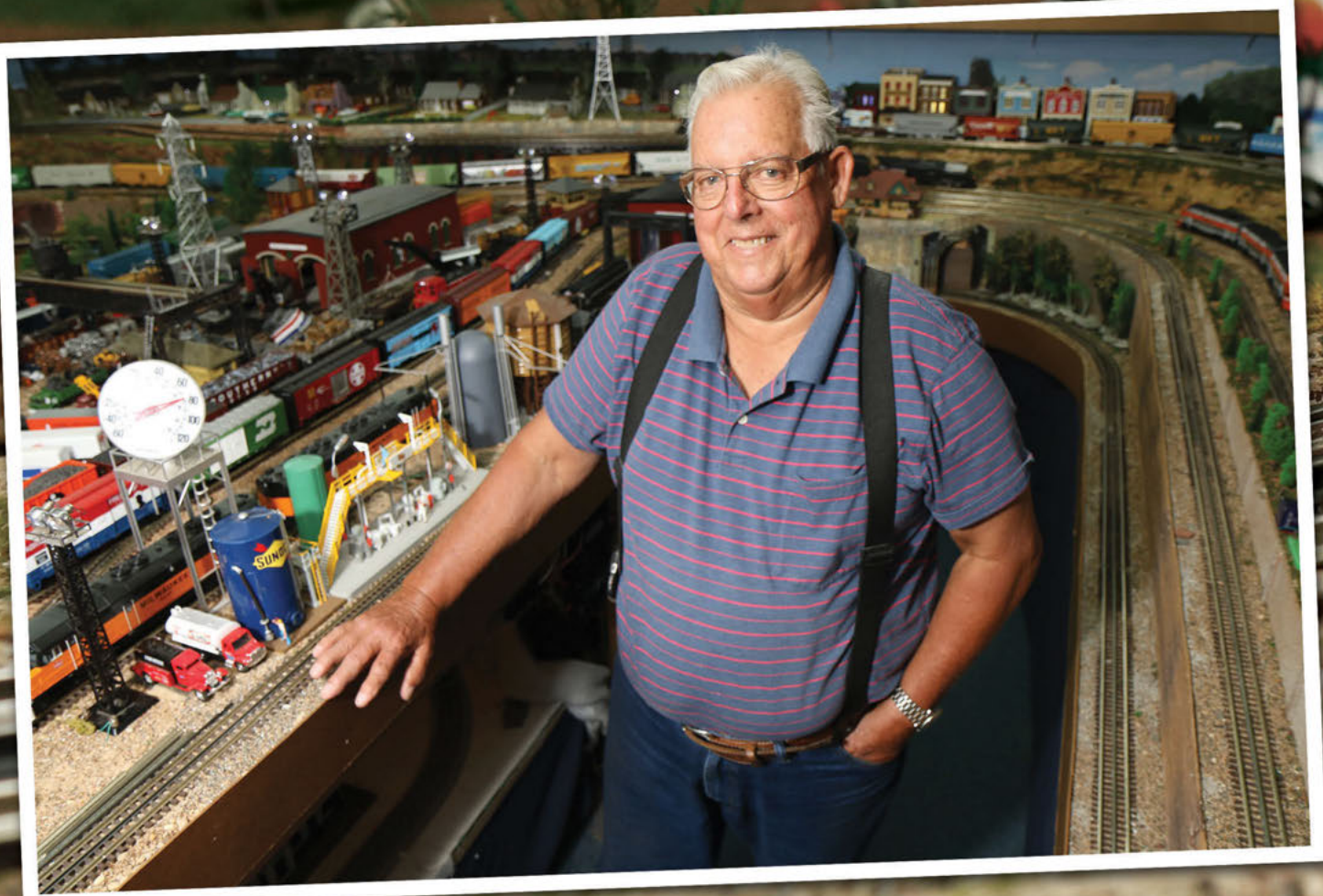
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# A LOVE OF LOCOM





# OTIVES



— By Derek Jones

*Children seem to have an inherent fascination with trains. This is evident by the number of toys featuring these vehicles of industry. Nothing adds to this natural interest more than a model train chugging around a Christmas tree or displayed in a storefront window. As a model train enthusiast, Bill Watkins is all too familiar with this phenomenon. “Kids just love model trains,” he shared. “But, the funny thing is, people of all ages seem to really get a kick out of them.”*





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Bill, like many children, had a Lionel train set when he was young, but his true love for the model train hobby did not begin until he was much older. "Sometime during the '80s, I bought a model train and began expanding it," he explained. "Before I knew it, I had several trains and really began working to create the natural environment for the trains. The hobby began to grow, and pretty soon, my wife told me to move the trains out of the house."

Today, Bill has a building beside his house measuring 24x36 feet, which contains his trains and workshop. "Everything has pretty much been built by hand by me and Gene Dickerson," he stated. "We source sand, rocks, moss and other natural elements from Colorado, Hawaii, the Grand Canyon and other various places across the country."







The result is truly life-like scenes, giving credit to what Bill is trying to accomplish. "We focus primarily on scenery and want it to look as real as possible." Even many of the trees have been fashioned from natural weeds and plants, rather than being store bought.

It is not just the natural landscape Bill and Gene are attempting to recreate. Bill's miniature world contains towns, construction zones, camping grounds, shopping areas and even a casino. Within each scene are small details, which are easy to overlook unless one takes the time to really study the area. "We have people from nursing homes and assisted living facilities come view the trains," Bill explained, "and they love trying to find the birds, frogs, various people and even witches, which are all small details within the scenery."

If people look carefully, they can discover a robbery taking place at a casino, paramedics trying to save a life at an accident and people shopping for a new bike at the Harley Davidson store. The backdrops even contain images of buildings found in Waxahachie. Bill smiled, "The real fun is in the details."

As amazing as the environment is, still, the focal point is the trains. Watching them chug up the inclines Bill created and pass over bridges and through tunnels is mesmerizing. Over the years, the model train industry has come a long way. Bill laughed, "You know, in the 1950s you could buy a decent train for \$50. Today, just the locomotive is \$1,000, and each car sells for around \$50." He shook his head and then added, "This really can be an expensive hobby."

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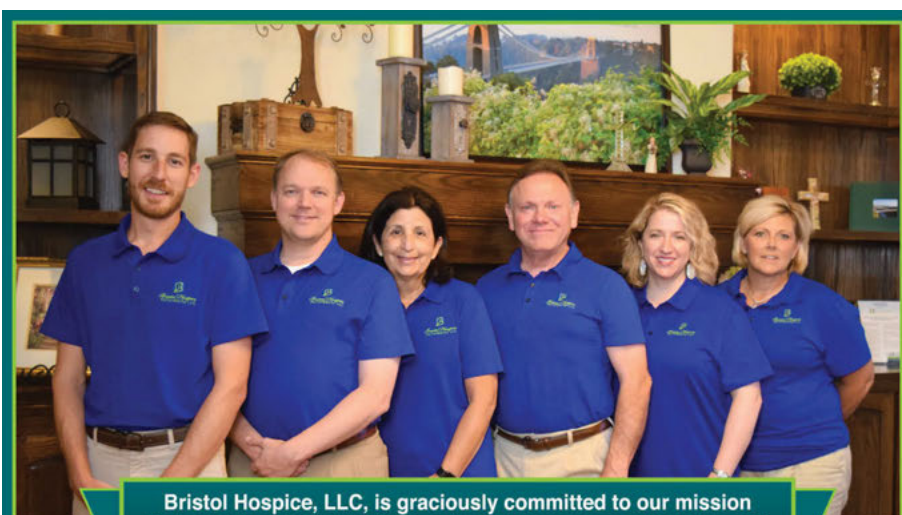
Bill runs four trains at one time on his intricate track layout. Each locomotive pulls various cars in assorted colors and shapes. To make all this run smoothly and to prevent accidents, all of Bill's trains are computer operated. "I can control everything that happens with a controller, which is programmed on a computer," Bill shared. "Even GPS is incorporated to keep things running smoothly."

The model train hobby keeps Bill busy and introduces him to other model train enthusiasts. Bill is a member of the Classic Train Collectors Association. He hosts a meeting for this group once a year, where members can observe the changes he has made. "It's fun to have people come see what you have done, and I get to see what other people in the model train community are doing with their sets and layouts."

With continuous inspiration, Bill is always in the process of changing or tweaking something with his display. Bill offered, "My train set and design has been rated one of the best home displays, but I am always looking to make it better."

Over the years, the model train bug has continued to grow, and Bill is just as passionate now as he was all those years ago when he first started building. Anyone can call Bill and make an appointment to view his model trains, as he is always happy to give a tour. He smiled and explained, "There is nothing like a model train display to bring a smile to one's face, no matter the age." **NOW**

*Editor's Note: Call Bill at (469) 337-9059 to view his model train display.*



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At Home With Joey and Delia Chapman

# All Trails Lead

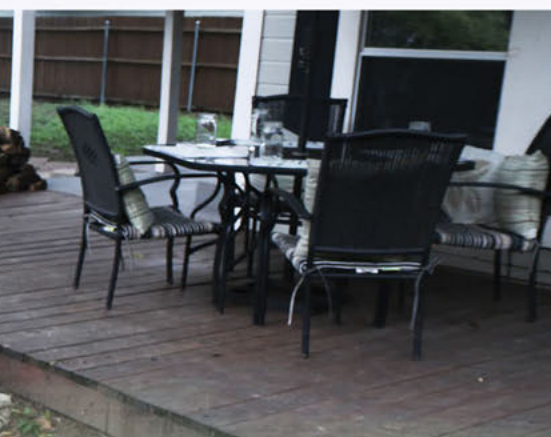
*Those streaks flying by on Waxahachie hike and bike trails just might be Joey and Delia Chapman and grandson, Jace, enjoying their nearly daily rides or runs. Speeding along is nothing new for Joey, who holds All-State track titles earned at Midlothian High School, where he's a Hall of Famer. Winning on the track was also part of Joey's life while a student at East Texas State University.*

The Chapmans love life out-of-doors. "We cookout religiously, compete in cooking competitions, ride dirt bikes, canoe, camp and fish," Joey noted. "I love all the trails here, but we also enjoy biking and running in Texas and Oklahoma's state parks and South Padre."

While Delia likes these activities, she also enjoys repurposing furniture, and many of the couple's home furnishings are results of her talent in painting and decorating. The couple's vintage country cottage in a well-established neighborhood has an original portion dating to 1893.

A well and cistern are present-day remnants of those times, and the couple and Jace often find old artifacts when remodeling or exploring the grounds. Joey and Delia have, during their 22 years of ownership, updated, added to and redesigned the home and surrounding grounds.





— By Virginia Riddle

A newly poured driveway winds between the beautiful canopy of mature and producing pecan trees to a new garage with space for workout equipment. “We’ve added decks, outdoor cooking areas and pretty well gutted the house and opened it up by taking out walls,” Delia said. “I didn’t know we were going to do all of this when we moved here, but I love our home.”

New plumbing, electrical, appliances, windows and frames and cosmetic changes have all been completed. “I’ve done most of this work over the years,” Joey recalled. “This home has been



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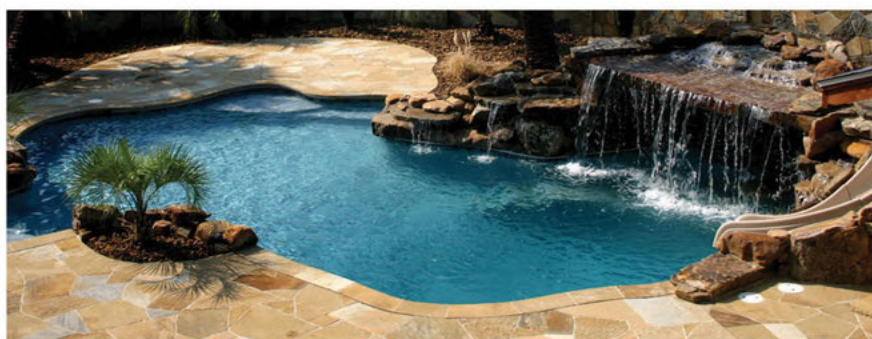
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my second job. We've been constantly working on it since we moved into it in 1995."

The couple also spends time helping their neighbors, many of whom are older and one of whom is Joey's sister, with their home and yards. "We have good neighbors everywhere in this area," Joey added.

Jace, when visiting, enjoys a perk unknown to many grandchildren. "My friends live in this neighborhood," he said.

For Delia, Waxahachie is home for her and most of her family. A graduate of Waxahachie High School, she has been a waitress at Caroline's Country Café for "forever." Joey's extended family is in Maypearl, while the couple's son, Joseph, lives in Palestine, Texas. The couple's Pomeranian, Lilly, completes the family.

Joey's position with the Texas Department of Criminal Justice led to many moves around Texas. "We've lived in East, West and South Texas, and this

has been the best place for us. We were very happy to be able to come back home," he said. "Our neighbors watch out for each other. The neighborhood is quiet, and the police take care of us."

The Chapman's story as a couple began when Joey's buddy introduced him to Delia. "We've been married 28 years," Delia said.

"And it's been great," Joey added, completing her sentence.

With the holiday season approaching, Delia will spend more time decorating



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and cooking. "I love this time of the year," she said, when family and friends gather indoors and out-of-doors even more often than usual at their home.

"But even our year-round weekend gatherings are special. We make every gathering a holiday," Joey explained.

A welcoming front porch with its view of flowers and shade trees invites neighbors to come and sit a spell. The front entry hall boasts a handy hall tree, bench and welcome sign.

The home's living room opens through French doors to one of the three decks. Shelves of awards line one wall while Delia's blanket and quilt collection reside in a corner. Stately pillars replaced a wall as support between the living area and formal dining room with its elegant







shutters created by Joey. Hardwood floors creak appropriately throughout the home, but the only original flooring is in the living room.

The “Chapman Coffee Bar” in the informal dining/kitchen is welcoming to family and the girlfriends, with whom Delia enjoys coffee klatch times regularly. Joey custom designed and created the concrete countertops.

A guest bedroom suite with a full bath is a welcoming retreat for family and friends during overnight stays. The master bedroom has a French door exit to a private deck. Joey created a master bath fit for his queen with its elevated whirlpool tub and dressing table.

Delia used her painting skills to create Jace’s Michael Jordan/basketball-themed bedroom. Jace’s choices in posters tell of his interests in dirt biking and football. “I found the basketball goal design on Pinterest and painted it, complete with the real goal he can use,” Delia explained. A winding staircase leads upstairs from Jace’s bedroom to a fourth bedroom used as a media getaway room.

With Joey’s recent retirement, he and Delia look forward to spending more time with Jace, other family, friends and neighbors. “There’s nothing like grandkids,” Joey said. But whether creating more memories out on far-away ventures or the trails around Waxahachie, Joey and Delia are as rooted to Waxahachie as their giant pecan trees. **NOW**

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**15 MINUTES FROM WAXAHACHIE**





# VETERANS REMEMBERED

— By Shannon Adams

Earn it. Two words etched into granite are also etched into Perry Giles' heart. He first heard them in 1998, in a Steven Spielberg movie at the historic Texas theater. In the first 30 minutes of *Saving Private Ryan*, Perry knew this movie "got it right," and when he walked out of the theater and faced the courthouse, his thought was, I've got to get this monument built.

That day, Perry made a commitment to see the Waxahachie Veterans Memorial completed as soon as possible. The monument was a dream that he and longtime friend David Hudgins had been nurturing for 10 years. "That stuck me like an arrow," Perry said. "You need to do your part to be a good citizen."

Although Perry himself has never served in the military, veterans' causes are close to his heart. "I grew up in the '60s," he said, "and my heroes were World War II veterans. I had uncles and grandfathers in the military."

Coming of age at the close of the Vietnam era, Perry watched as tired soldiers, including some cousins, came home from war. He was appalled at how the servicemen were treated — how they were told to change their uniforms in airport restrooms, so they wouldn't be ridiculed as they walked through the airport. "I take that as a lesson of how we should *not* act," Perry said.





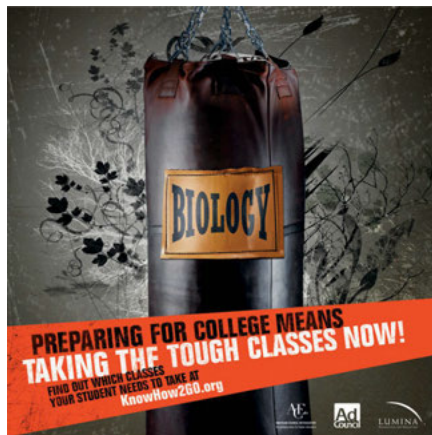
For a moment, he stared at the back wall of his office, then shook his head. "It was their war, but they didn't start it," he continued. "They were asked to go, and they went. Vietnam veterans want to make sure that no veteran ever gets treated that way again. We need to do our part to correct it."

This passion led to a project more than a decade in design. What began as a single monument honoring Waxahachie natives killed during their military service, gradually grew into a collection of benches and tributes dedicated to deceased servicemen from across Ellis County.

The listed names are of those who served in World War I, World War II, Vietnam and Korea. "I think the first donation I got was from one of our former governors, Bill Clements," Perry said. "I told him I was building a veterans' monument in a couple years, and I told him, 'When I get it built, I'd like for you to come to the dedication.' Three or four months later, he sent me a letter and a check fell out on the floor. It was \$2,500."

For the next three years, donations kept coming in. As fundraising goals were met and surpassed, Perry redesigned the monument multiple times. The result can now be seen in a small memorial park in front of the Waxahachie Civic Center.

With the completion date of the project near, Perry and David realized an official ceremony would be a fitting way to unveil what is now the Ellis County Veterans Memorial. In the fall of 2000, just in time for Veterans Day, the task was complete. "The original plan was just to build this monument," Perry said. "But when we got to the finish line, [David and I] were sitting here in two





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chairs, and we said, 'Well, I guess we should have some kind of a ceremony to dedicate it.'"

Regardless of the dollar amount, Perry and David sent an invitation to everyone who had donated toward the memorial. The dedication ceremony took place November 11, 2000. It was cold, and it was miserable — "bone-chilling weather," Perry recalled. Despite the weather, between 800 and 1,000 people showed up. Once again, Perry thought the story was over. Once again, he was mistaken.

The commander of the VFW was present at that first ceremony. Perry explained, "I was sitting next to him before it started, and we were just amazed at the number of people that were coming. And he told me, 'I've never seen so many people come to something like this.'"

A Vietnam veteran, the commander was receiving a vastly different reception than what he had experienced decades before. "When he got up and spoke, he said that he hoped we came back and did this again next year, and when he said that, it's like a little lightbulb went off," Perry said.

Just as the monument morphed from a Waxahachie tribute to an Ellis County tribute, so the ceremony itself has evolved. On average, attendance each year is about 1,000 people, and the ceremony is free of charge and open to the public. "The only qualification to get inside is that you have to be patriotic," Perry said, "And we encourage young people to come. Our average age is probably about retirement age."

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Perry's not quite sure how it happens, but the ceremony draws visitors from out of town, and even busloads of people visiting from out of state. He and his committee of 10 people work year-round to make the ceremony happen every November.

According to Perry, these volunteers are not afraid of work, spending two full days setting up and tearing down. The Civic Center is arranged to accommodate a crowd. Refreshments are available, and live music plays while everyone waits. It's not hard to see the stage because of the three large screens where everything is projected.

The ceremony itself lasts around 90 minutes, and it never gets dull. Veterans are acknowledged as their branch's song is played, live bands perform tributes, and in the background, a slideshow plays through hundreds of pictures. The photos focus on people, rather than places or things. They are mainly of servicemen, servicewomen and their families, and usually show their faces and their eyes. "That's where the connection is," Perry said. The ceremony ends with a flyover of vintage planes ranging from World War II to the Vietnam era.

Perry had no idea 20 years ago that two words uttered by a movie character would make such a difference in his life. When people ask him how this whole thing got started, he likes to joke that Steven Spielberg made him do it. The ceremony, the monument, the time and effort that he gives are his way of making sure that no veteran he encounters ever feels alone. It's his way of walking the walk. "And that's really the whole story wrapped up in two words," he said. "Earn it." **NOW**

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## Holiday Shopping Guide

# WAXAHACHIE

## A place to be Merry

### Calendar of Events

#### Shop Small Business Saturday

**Saturday, Nov. 24**

Downtown Waxahachie

#### Christmas Parade & Community Tree Lighting

**Tuesday, Nov. 27 | 6:30 pm**

Downtown Waxahachie

Enjoy a lighted Christmas parade culminating with the community tree lighting on the courthouse lawn! Other activities include – CNB of Texas Train Rides, EwePet Petting Zoo & Pony Rides and other children's activities followed by photos with Santa.

#### Christmas Market & Gift Show

**Friday, Nov. 30 | Preview Party | 6 - 9 pm**

**Saturday, Dec. 1 | 9 am - 4 pm**

Waxahachie Civic Center, 2000 Civic Center Lane  
Sponsored by the Waxahachie Junior Service League  
For tickets and information: [www.waxahachiejls.org](http://www.waxahachiejls.org)

#### SAGU Theatre:

##### A Christmas Carol

**Friday & Saturday, Nov. 30 - Dec. 1 | 7:30 pm**

**Sunday, Dec. 2 | 3 pm**

Hagee Communications Center Performance Hall  
For tickets and information: [www.sagu.edu/christmascarol](http://www.sagu.edu/christmascarol)

#### Bethlehem Revisited

**Friday, Nov. 30**

**Saturday & Sunday, Dec. 1 - 2**

**Friday, Saturday & Sunday, Dec. 7 - 9**  
**6 - 9 pm**

402 N. College Street  
Behind Central Presbyterian Church  
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#### Lake Cities Ballet Theatre

##### "The Nutcracker"

**Saturday & Sunday Dec. 1-2 | 2 pm**

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#### Candlelight Home Tour

**Saturday & Sunday, Dec. 1, 2 | 2 - 8 pm**

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#### Chocolate Sip 'N Stroll with Santa Photos

**Saturday, Dec. 1 | 2 - 6 pm**

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#### Christmas Hay Ride

**Saturday, Dec. 1 | 6 - 8 pm**

Enjoy a traditional hay ride around Getzendaner Park

#### Christmas Belles - Christmas Showcase

**Friday-Sunday, Dec. 7 - 9**

Chautauqua Auditorium in Getzendaner Park  
Tickets available online at [waxahachiecommunitytheatre.com](http://waxahachiecommunitytheatre.com)

#### TICA All Breed Cat Show

**Saturday & Sunday, Dec. 8 - 9**

Ellis County Expo Center

#### YMCA Santa Run

**Saturday, Dec. 15 | 8 am**

Downtown Waxahachie





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A quick look at the gift items and discounts available locally.



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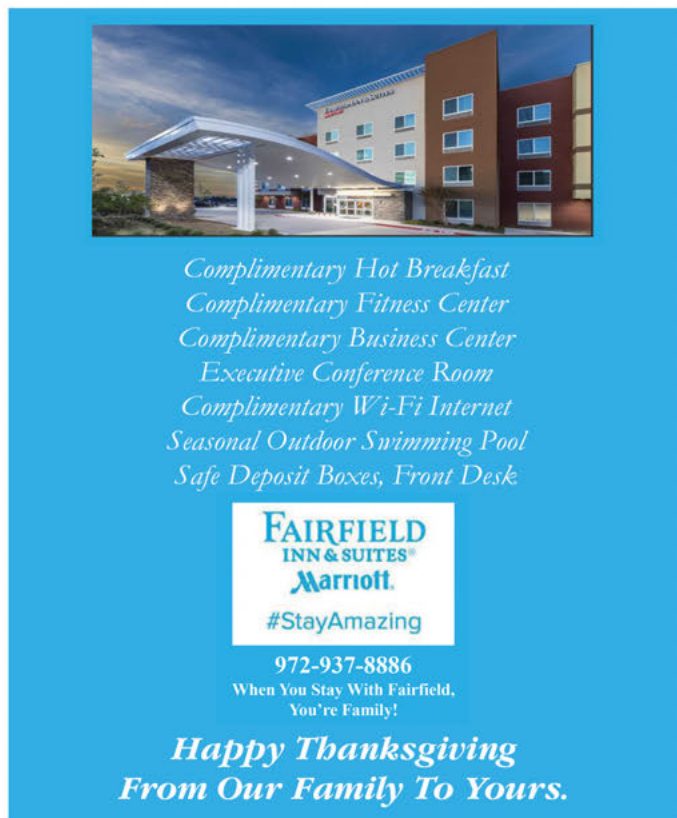


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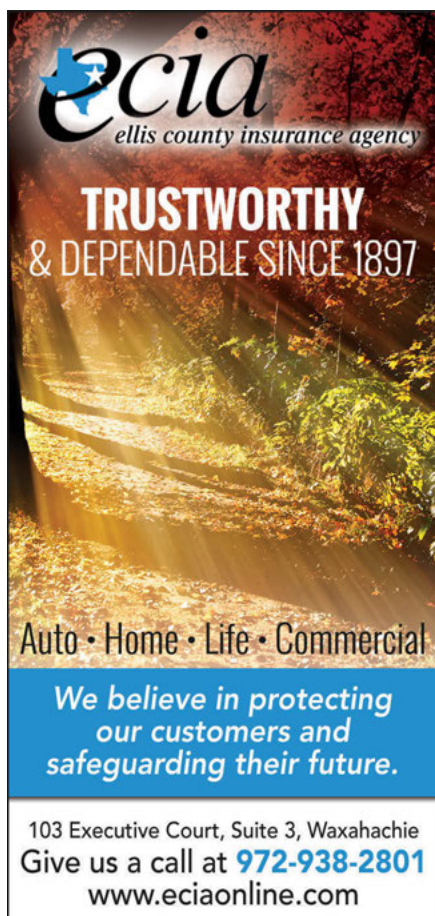
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# Delivering Love

— By Joy Horn

Working as a postman in Waxahachie is a rewarding career that allows you to connect with the community on many different levels. No one knows this more than George Valdez, who recently retired after 32 years in postal service. “You meet so many people. You’re like Santa Claus for the kids and sometimes an only friend to the elderly,” George said.

He started working for the postal service in 1986. Prior to that, he moved to Waxahachie from Ennis in 1979 to take a position with Texas Power and Light. “I was on call 24 hours a day . . . I would pass the post office and think to myself, *I am going to work there one day*. Approximately seven years later, George landed his first job at the Postal Service in Duncanville before transferring to Waxahachie.

He and his wife, Aracelia Janie, who have been married for 42 years, raised their three children — Eric Anthony, Isaac Christopher and Angelica Maria — here. He relishes the memories he created through his career as a postal worker in

Waxahachie. This career allowed him to enjoy the perks of working close to home and gave him the opportunity to make friendships with people on his daily routes.

Another advantage of living close to home was lunch time. He was able to go home for lunch where Janie had a hot meal waiting for him nearly every day. “My wife would cook me enchiladas, rice and beans, guacamole, fidello and sometimes homemade tamales. How much better can it get? A great family, good job, good pay and working so close to home. Sometimes, I even walked home after work. I would pass the church. It was a therapeutic walk,” George recalled.

Going door to door each day not only allowed George to stay physically fit, it also allowed him to meet people from all walks of life. His service was appreciated by many members of the community who would often greet him with a cold drink, stamps from other countries that he could add to his collection or even stop to talk to him about the important things in life. “Sometimes we prayed for each other,” he added.

George was also able to pray with his co-workers every morning before his shift started. “We would often meet up to pray in the morning before going out on our routes,” he said. “Those were rewarding times.”

George and his co-workers attended different churches



and were from different denominations. That was the beauty of it. Many of his co-workers supported George by participating in Lent, which also meant a lot to him.

After 32 years, George decided to retire. A large party was held at the post office in his honor. "The postmaster and everyone got together and invited as many retirees as they could. Most of my family was there and many friends that I

**"You meet so many people. You're like Santa Claus for the kids and sometimes an only friend to the elderly."**

had worked with over the years," George remembered fondly. "They gave me a certificate and a little jar with a mustache on it. They called it the Valdez Vault. On the back, it said, *Don't touch my 'stache*," George laughed.

These days, George is relishing retirement with his family. He enjoys the things he didn't have as much time for before like fishing, playing contemporary Christian music at church, riding his motorcycle and being with grandkids. "All the things I put off for the last 32 years I now have time for. We are beginning to do some restoration on our house by redoing the wood floors and repainting. I am currently working on some simple repairs," he explained. "I also bought my wife a utility vehicle that comes in handy, as she likes taking care of the landscape. My wife and I enjoy fishing private ponds where we can take our grandchildren and simply enjoy family time." As they walk into the next chapter of their lives, their two goals during retirement are to go sail fishing and to visit Rome. **NOW**



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# CookingNOW

## *In the Kitchen With*

### GINA FREELS

— By Lindsay L. Allen



Gina Freels began cooking as a young girl and would compete in the 4-H Club food shows every year. As a high school student, she signed up for and took cake decorating classes, but most of her cooking skills were handed down from her mother. "Cooking is a way to relax for me," she said. "A lot of times, I just invent my recipes, and my kids laugh because nothing ever turns out the same when I make it again."

She loves to bake, but when cooking, you can often find garlic and onion, her favorites, in her dishes. When Gina isn't in the kitchen, she is busy teaching second grade, loves watching the Aggies play and enjoys crafting. **NOW**

#### Banana Chocolate Chip Muffins

- 1 1/2 cups flour
- 1/2 cup sugar
- 2 Tbsp. baking powder
- 1/2 tsp. salt
- 1 egg, slightly beaten
- 1/4 cup oil
- 1/2 cup milk
- 3/4 cup bananas, mashed
- 1/2 cup chocolate chips
- 1/2 cup nuts, chopped

1. Preheat oven to 375 F. In a large bowl,

combine flour, sugar, baking powder and salt.

2. Add the egg, oil, milk and bananas; stir until combined.
3. Add chocolate chips and nuts; mix well.
4. Spoon mix into lined muffin cups, filling two-thirds full. Bake 18-20 minutes.

#### Beet Salad

Salad:

- 3 cups liquid (Use juice from beets and pineapple, and finish with water.)
- 1 small box raspberry Jell-O
- 1 small box strawberry Jell-O
- 1/2 cup celery, finely chopped

- 1/2 cup pecans, chopped
- 1 pt. pickled beets, grated (save juice)
- 10 oz. crushed pineapple, drained (save juice)
- Lettuce, for serving

Dressing:

- 1/2 cup mayonnaise
- 1/2 cup sour cream
- 1 Tbsp. bell pepper, finely chopped
- Dash seasoning salt
- Dash pepper

1. For salad: Bring liquid to a boil; add Jell-O.
2. Mix well; cool before adding celery, pecans, beets and pineapple.
3. Pour into a square or oblong dish to chill.
4. For dressing: Mix all ingredients together.
5. Cut Jell-O mix into squares. Serve over lettuce; drizzle dressing on top.

#### Lemon Meringue Pie

Pie:

- 1 1/2 cups sugar
- 1/2 cup cornstarch
- Dash salt
- 4 egg yolks



**1 3/4 cups water**  
**1/2 cup lemon juice**  
**3 Tbsp. butter**  
**1 tsp. lemon zest**  
**1 9-inch piecrust, baked**

*Meringue:*

**6 egg whites**  
**3/4 tsp. cream of tartar**  
**1/2 cup sugar**  
**1/2 tsp. vanilla**

1. Preheat oven to 325 F.
2. *For pie:* Combine sugar, cornstarch and salt in a saucepan; set aside.
3. Mix together egg yolks, water and lemon juice; stir into sugar mixture.
4. Cook over medium heat, stirring constantly, until mixture thickens and boils. Boil 1 minute, stirring constantly. Remove from heat; stir in butter and lemon zest. Spoon into piecrust.
5. *For meringue:* Beat egg whites and cream of tartar at high speed until foamy. Gradually add sugar a little at a time. Beat until stiff peaks form. Add vanilla; beat well.
6. Spread meringue over hot filling; bake for 25-30 minutes.

## Nana's Cornbread Dressing

**1 small pkg. cornbread mix, baked per package directions**  
**2 slices bread, toasted**  
**1 cup onion, finely chopped**  
**1 cup celery, finely chopped**  
**1 stick butter**  
**2 eggs, beaten**  
**Salt and pepper, to taste**  
**3/4 tsp. sage**  
**Chicken broth, to taste**

1. Preheat oven to 350 F. Crumble the cornbread and toast together.
2. Sauté the onion and celery in butter; mix together with the crumbled cornbread.
3. Add eggs, salt, pepper and sage. Add broth until soupy, but not runny; mix well.
4. Pour into greased pan. Bake for 1 hour.

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- Virginia Woolf



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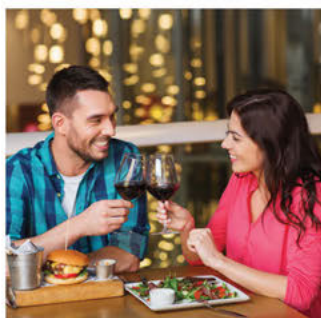
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- Virginia Woolf



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# TravelNOW

## Fabulous Greek Holiday

— By Mark P. Starrett

Combined, the words “Athens” and “Greece” conjure visions of ancient ruins and wall-to-wall tourists — all of them frantically trying to take selfie pictures in front of temples of the gods. Scores more scour the Plaka, a neighborhood that sits in the shadow of the Acropolis, looking for bargains and trinkets for friends and relatives at home. A relaxed vacation it is not.

If you really want to soak up true Greek sun, sand and life, then look no further than Voula, Greece. Voula is a southern suburb only 10 miles from Athens’ center city, but a million miles away from the frantic pace. You can reach Voula easily by hailing a taxi (Uber and Lyft are not available in Greece) or using the Beats App from Athens International Airport. The 20- to 30-minute ride is enjoyable.

The picturesque town’s charm will engulf you soon after arriving. Voula is separated by Parko Ethnikis Antistaseos, a green space that has a playground for children to run and plenty of shady trees to help fight the rays of the sun. The park runs southwest from Iridos Street all the way until it hits the Saronic Gulf.

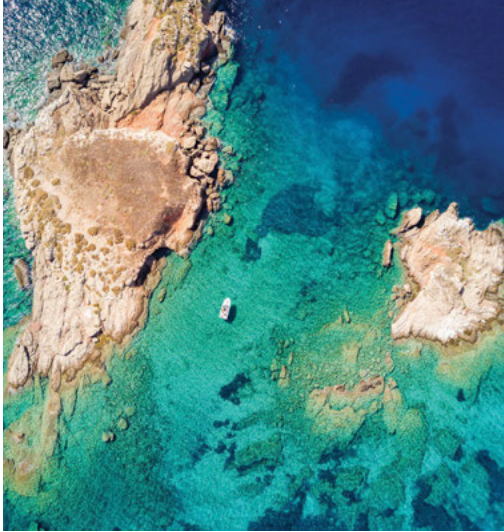
Close to the park is the town center, a place where Greek gentlemen and women sit in the early morning, drinking coffee, enjoying a smoke and having fun conversation with their friends. Small children run around, playing hide-and-seek, riding skateboards or playfully kicking a soccer ball around.

The town center has many wonderful restaurants to visit. They all serve authentic Greek food, such as gyros, moussaka, and kebab. Away from the trappings of Athens, the cost of the meal is very reasonable.

The Greek people are very gregarious and friendly. It is common for a Greek to see a child and call out “*όμορφο παιδί*” — beautiful child. The older Greeks love to ask if they can kiss your child on the head and hold their hands. The staff in their small grocery store will stop what they are doing and rush over to see the children who enter. They are quick to give them a banana or some other fruit to eat. The children love this attention so much.

Voula resides on the coast and looks out over the Saronic Gulf. The views of the water are relaxing and refreshing as





you stroll along the seawall. Any day, you can catch Greeks sunning themselves or enjoying the cool water at the many secluded beaches dotting the shoreline.

Kavouri Beach is a top location for family members due to the safe water and the open space of the beach. There are plenty of parking spaces around the coast, but it can get overcrowded on the weekends. Kavouri Beach is easily accessible via public buses, a car or a nice, moderate walk. The beach is an excellent choice for swimming, sunbathing or playing beach games, such as volleyball. It has nice facilities and plenty of cafés located right by the sea.

In the evening, locals and tourists alike head for Notos Café, an elegant, airy seaside restaurant serving modern and classic entrees. Enjoy cocktails from the bar as you sit and gaze out over the open water and reminisce on your fabulous Greek holiday. **NOW**



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# BusinessNOW

## Glenn's Warehouse Carpets

— By Sandra Strong

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Glenn Smith of Glenn's Warehouse Carpets may no longer come to the office daily for staff meetings, but his way of conducting business has not wavered. "My dad celebrated his 87th birthday this past June," said son and co-owner David Smith. The father-and-son team has been in the business of flooring for a very long time. David and installer George

Birkinbine each have more than 40 years of floor experience.

When asked what makes the long-standing business thrive, David gave a one-word answer: *Sacrifice*. "Dad sacrificed to be able to open Glenn Smith Installations [the name of the original business]. It was a big investment of time and money. For the first six years, I worked six days a week from the time we opened until we closed the doors for the day, but looking back, I know Dad worked longer hours than the rest of us."

Although the Ennis location is no more, the flooring center in Waxahachie continues to move forward. The most significant difference noted from the earlier days in the business is the use of Armstrong brand laminates and luxury vinyl tiles, along with lock-in waterproof planks. "So many homes are switching over to planks because of allergens, dust and the constant need for carpet cleaning," David explained. "The hard-surface flooring has gained much popularity." And it doesn't hurt that George is an Armstrong certified installer.



Customer service at Glenn's Warehouse Carpets is also a key component to the company's success. David credits their superior customer service for the company's longevity. "We are prompt, and we always give free estimates," David stated. "We also stand by our word. What we say we are going to do, we do."

As a smaller flooring retailer, which specializes in Armstrong and Shaw products, David and his team can offer a personal touch. "When customers come to us, they know who is coming to their home or business before they arrive. They know it's going to be George and his crew," David stated. "I tell customers all the time to not be misled by unrealistic advertisements. If it sounds too good to be true, it probably is."

## WHEN ASKED WHAT MAKES THE LONG-STANDING BUSINESS THRIVE, DAVID GAVE A ONE- WORD ANSWER:

*Sacrifice.*

Repeat customers and referrals are the company's largest sources of clientele. Customers that call Glenn's Warehouse Carpets when in need of flooring expertise include many local businesses, organizations, churches and schools throughout Ellis County.

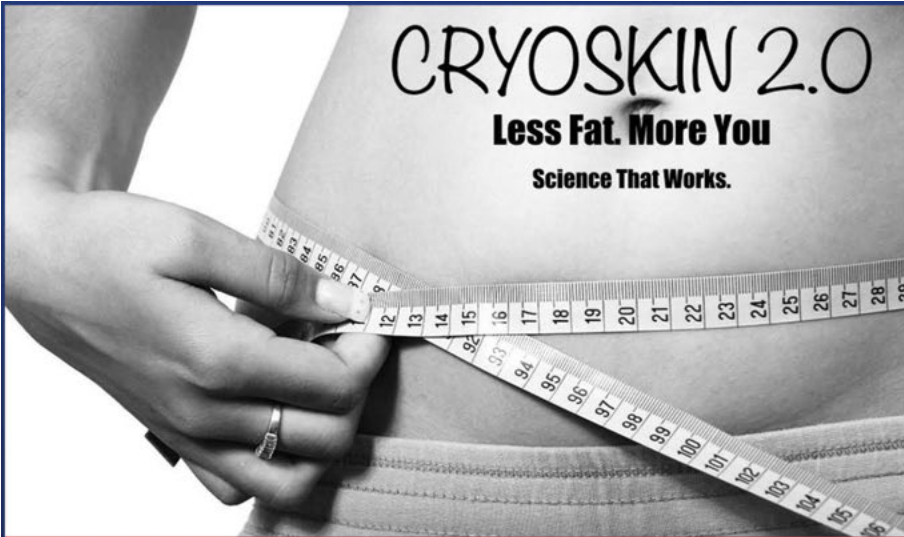
David encourages those in need of flooring to shop Glenn's Warehouse Carpets. "Come browse the large selection we have on hand," David said. Or feel free to browse through the two books David and his dad have penned. "My book is a compilation of cowboy poems," David said. "Dad's book instructs the reader on how to play and win at 42." **NOW**



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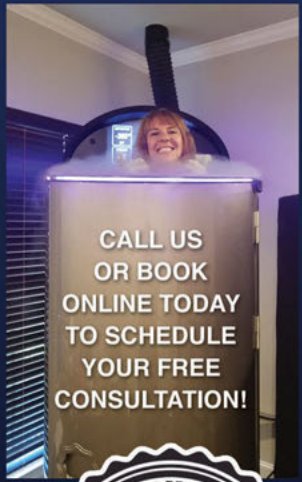
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## Zoomed In: OT Glidewell

By Sandra Strong

OT Glidewell has been with the Waxahachie Police Department for 11 years. He spent 10 years on patrol. Eight of those 10 years were spent as a field training officer. "I have held the position of community services officer for the past year," OT shared. "Being the community services officer allows me to make an impact on the community in a much different way than when I was on patrol. Our goal is to bridge the gap between the community and the police department."

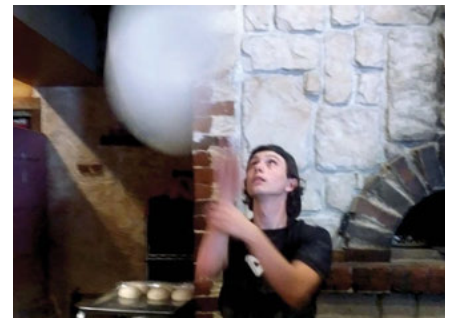
Being proud of the new police station is an understatement for OT and his fellow officers. "It's exciting to know this state-of-the-art building will be able to help the community out for years to come," he admitted. "We have big plans for utilizing the new police station to its fullest." Needless to say, it's an exciting time for the Waxahachie Police Department.



Shari Phillips stops by the NOW office to pick up the State Fair of Texas tickets she won from Rick Hensley, general manager at NOW Magazines.



Jack and Emma Lou Bunting, Oliver Shafer and Maddox Coates are busy working on the Fun Pages in the WaxahachieNOW.



Cameron Pack tosses dough at Tuscan Slice.



SAGU 2018-19 Student Leaders pose with President and Mrs. Bridges following the Student Leadership Etiquette Banquet at The Dove's Nest that was hosted by Career Development.





Brooke Clements and her daughter, Charlotte, spend the morning looking for fun fall decor.



Kristi, Dusty and Leighton Autry strike a pose with Chamber President Sandy King at this year's Chamber Auction.



Master Gardener Arlene Hamilton teaches the Culinary Herbs class on opening night of WISD's Lighthouse for Learning.



New Belk Store Manager Stephen Okpuzor introduces himself to shoppers.

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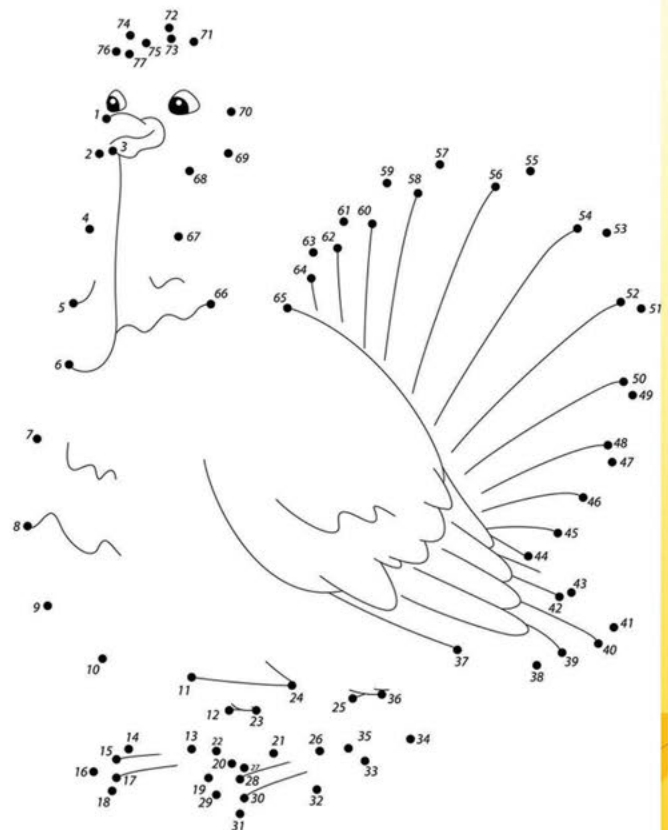
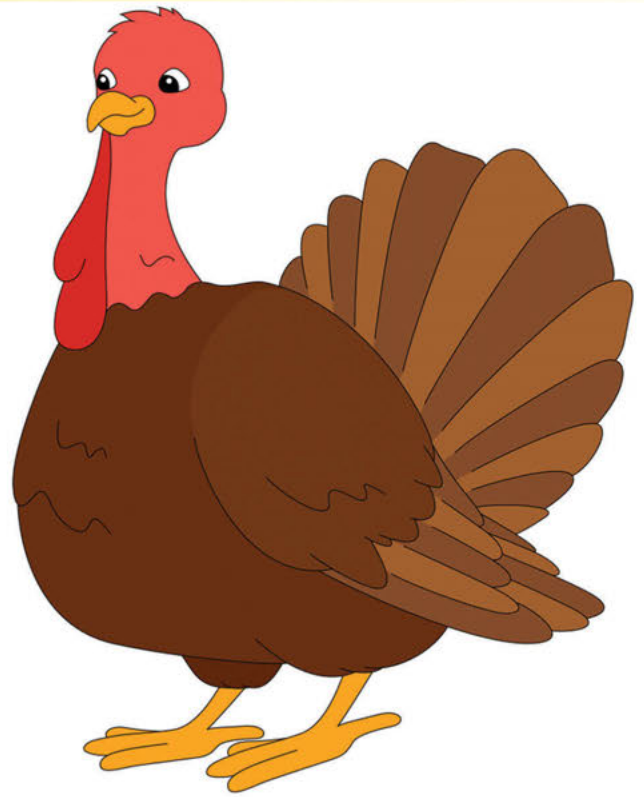
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# Kids' Fun Pages

## Word Search of Fruits





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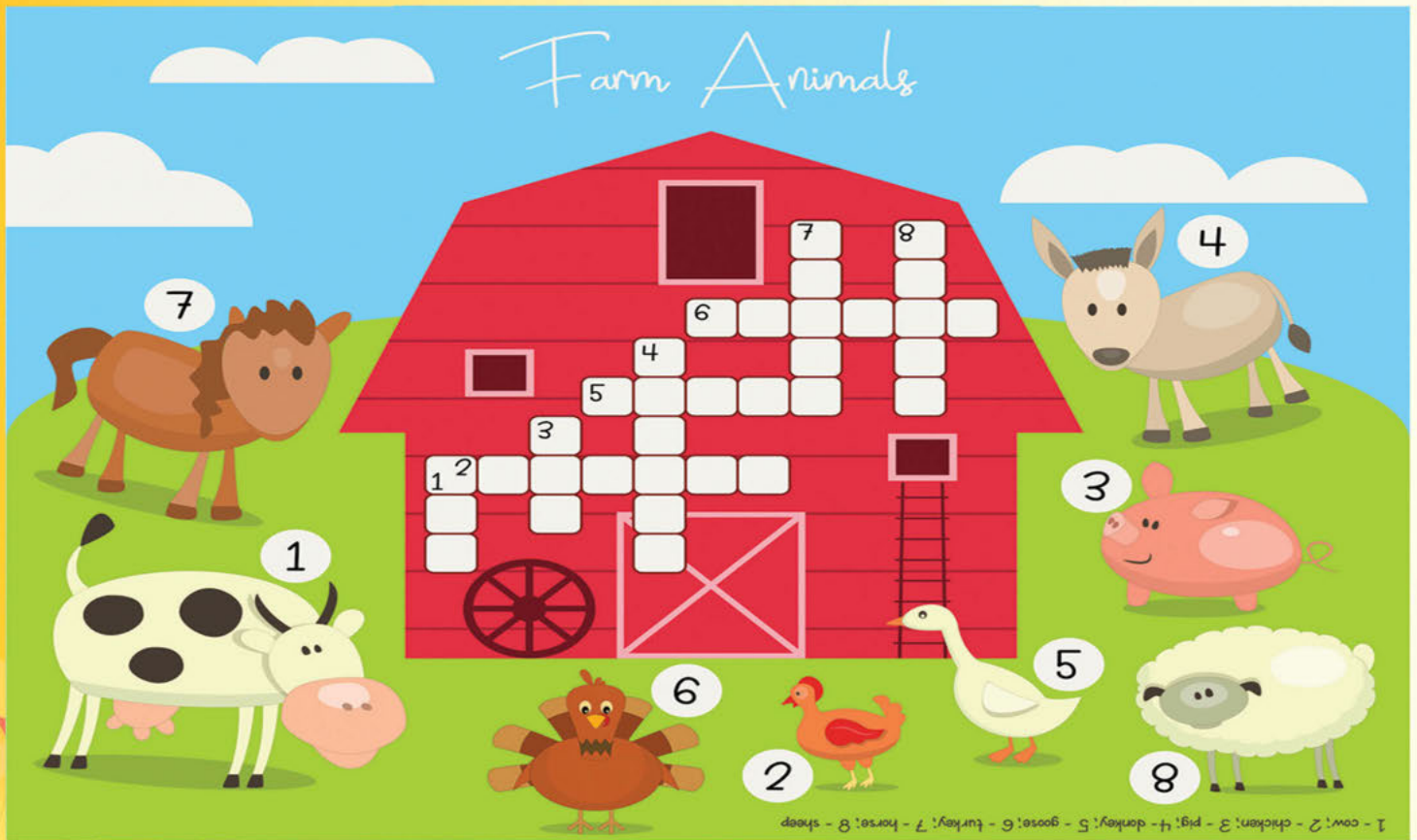
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# Kids' Fun Pages

## Farm Animals

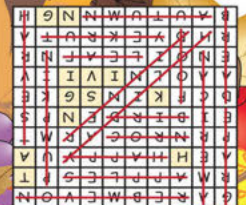


1 - cow; 2 - chicken; 3 - pig; 4 - donkey; 5 - goose; 6 - turkey; 7 - horse; 8 - sheep

MYSTERIOUS WORD: \_\_\_\_\_

G	A	R	E	B	M	E	V	O	N
R	M	A	P	P	L	E	S	P	T
A	E	H	H	A	P	P	Y	U	A
P	R	N	R	O	C	A	R	M	T
E	I	B	I	R	D	E	N	P	S
D	C	F	K	I	N	S	G	K	E
A	A	O	L	N	I	V	I	I	V
E	N	O	I	L	E	A	F	N	R
R	H	D	Y	E	K	R	U	T	A
B	A	U	T	U	M	N	N	G	H

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AUTUMN  
BIRD  
BREAD  
CORN  
DINNER  
FOOD  
GRAPE  
HAPPY  
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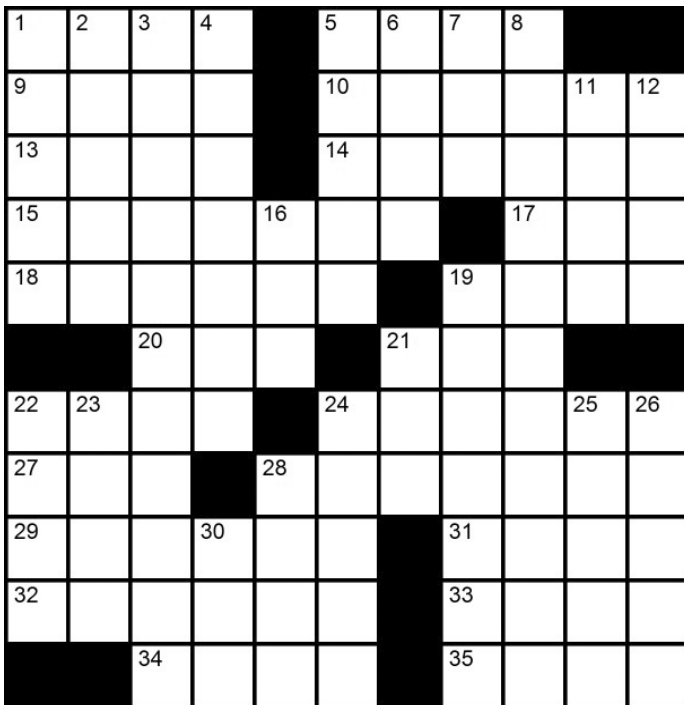
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# Crossword Puzzle



CrosswordSite.com Ltd

## Across

- 1 Finn's conveyance
- 5 Rush job letters
- 9 It replaced the franc
- 10 Make over
- 13 Image of a deity
- 14 Kind of recording
- 15 Maidenhair trees
- 17 Confucians' path
- 18 Fanciful idea
- 19 Plug
- 20 Wager
- 21 Photo, briefly
- 22 Astound
- 24 Operated by hand
- 27 Boston Bruins great
- 28 Graceful antelope
- 29 Official count
- 31 Narrative of heroic exploits
- 32 Stick to
- 33 Ollie's mate
- 34 Some butters
- 35 Long fish

## Down

- 1 Prevail
- 2 Pertaining to sound reproduction
- 3 Prime cooking spot
- 4 "The Hobbit" author
- 5 Burning of another's property
- 6 Hardens
- 7 Angelus prayer
- 8 Tiny piece of atmospheric pollutant
- 11 Coarsely ground foodstuff
- 12 Table-top game
- 16 Obtained
- 19 Smoothness
- 21 La --- (South American capital)
- 22 Short stocking
- 23 Woody plant
- 24 Sail poles
- 25 Like pond scum
- 26 Tilts or slants
- 28 Southernmost Mariana island
- 30 Mineral spring

Solutions on page 56



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# Sudoku Puzzle

Easy

		6					3	5
				5			9	
		9				1		
8	6							9
				7	6		4	3
3			2					
	2	3						7
6							5	
			8			4		

Medium

6		4		8			7	
		9		7		3		
		2	4	5				
	6	3					2	
4	7				5			
	9					6		
					1			
						4	8	2
5					4	7	1	

Crosswordsite.com Ltd

Solutions on page 56



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## Crossword - Sudoku Solutions

1	R	A	F	T		5	A	S	A	P					
9	E	U	R	O		10	R	E	V	A	M	P			
13	I	D	O	L		14	S	T	E	R	E	O			
15	G	I	N	K		16	G	O	S		17	T	A	O	
18	N	O	T	I	O	N			19	F	I	L	L		
							</								

Easy

4	8	6	7	1	9	2	3	5
7	3	1	4	5	2	6	9	8
2	5	9	6	8	3	1	7	4
8	6	5	3	4	1	7	2	9
1	9	2	5	7	6	8	4	3
3	7	4	2	9	8	5	1	6
5	2	3	1	6	4	9	8	7
6	4	8	9	2	7	3	5	1
9	1	7	8	3	5	4	6	2

Medium

6	5	4	1	8	3	2	7	9
1	8	9	6	7	2	3	5	4
7	3	2	4	5	9	8	6	1
8	6	3	9	4	7	1	2	5
4	7	1	2	6	5	9	3	8
2	9	5	3	1	8	6	4	7
3	4	8	7	2	1	5	9	6
9	1	7	5	3	6	4	8	2
5	2	6	8	9	4	7	1	3





## *Sandra's* Pic of the Month

Pumpkins in all shapes and colors are popping up everywhere, as they represent the beginning of fall and winter yet to come. Some will be purchased for the season's first homemade pumpkin pies, while many others will be used with hay bales, scarecrows and holiday ribbon to decorate homes and businesses, both indoors and out.

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# Calendar

November

2, 3

Waxahachie's Old Fashioned Singing Project presents Heaven's Front Porch: 7:00 p.m., **Friday**; 3:00 p.m., **Saturday**, Chautauqua Auditorium, Getzendaner Park. All tickets are \$12. Visit [www.WaxaOFS.com](http://www.WaxaOFS.com) for more details.

3

The Salvation Army Boys & Girls Club of Ellis County 5K: 7:30 a.m., downtown Waxahachie.

Fall Farm-to-Table Feast: downtown Waxahachie.

8

Red, White & You Veteran Hiring Fair: 1:00-4:00 p.m., Midlothian Conference Center, 1 Community Dr., Midlothian. The event connects veterans, service members and their spouses to Texas employers. Learn more to [dfwjobs.com/rwy2018](http://dfwjobs.com/rwy2018).

2nd Thursday Ladies Night Out: 5:00-8:00 p.m., downtown Waxahachie with participating merchants.

9 — 11

Waxahachie WWII Weekend & Reenactment: historic downtown Waxahachie. The big battle will begin at 3:00 p.m. on November 10.

10

Children's Nature Center event: 9:00 a.m.-noon, The Settles Science and



Nature Center, Pettigrew Academy, 806 E. Marvin St. Rocks, fossils and shells for viewing. Attendees age 4-14 will receive a free shell. Event also includes 10 types of pies, crafts, exhibits, games and prizes. Free and welcome to the public.

Ellis County Veterans Appreciation Ceremony: 10:00 a.m., Waxahachie Civic Center. Service will be held indoors, come rain or shine. Fly-overs will be held afterwards, if weather permits.

"Operation Hands on History" Veterans Day event: 1:00-3:00 p.m., downtown Waxahachie. The WWII Reenactment begins at 3:30 p.m.

Marine Corps Birthday Ball: 6:00 p.m., Texas Motorplex. Tickets are available at [www.eventbrite.com](http://www.eventbrite.com).

Lantern Fest: Texas Motorplex. Visit [www.thelanternfest.com](http://www.thelanternfest.com) for full details.



10, 24

In the Music Room Studio & Listening Room Radio Show Tapings: 7:00 p.m., **Nov. 10**, Randy & Helen Tredway with David Hayden; **Nov. 24**, Scott Fant & Paul Johnson, 3103 Sanger Creek Way. For more information or to make reservations, call (972) 938-9990 or email [rsvp@inthemusicroom.com](mailto:rsvp@inthemusicroom.com).

16 — 17

6th Annual Festival of Trees – A Home for the Holidays: **Friday**, 5:00-9:00 p.m.; **Saturday**, 9:00 a.m.-3:00 p.m., Waxahachie Bible Church, 621 N. Grand Ave. Silent auction and lots of fun family activities, including Santa and Mrs. Claus. The event benefits Habitat for Humanity of Ellis County. For more information, visit [elliscountyhfh@gmail.com](mailto:elliscountyhfh@gmail.com) or by calling (972) 937-2797.

17

Junk in the Trunk: 9:00 a.m.-1:00 p.m., downtown Waxahachie.

Waxahachie Wine Walk: 2:00-6:00 p.m., downtown Waxahachie.

26

Creative Quilter's Guild of Ellis County monthly meeting: 6:30 p.m., Waxahachie Bible Church, 621 N. Grand Ave. The program will begin at 7:00 p.m.



27

Christmas Parade & Community Tree Lighting: 6:30 p.m., downtown Waxahachie. Other activities include CNB of Texas Train Rides, EwePet Petting Zoo & Pony Rides and other activities for children followed by photos with Santa.



29

Lights of Ennis Parade of Lights and Block Party: 7:00 p.m., downtown Ennis.



30

Bethlehem Revisited: 6:00-9:00 p.m., 402 N. College St. Free admission.

Donations welcome. Take time to step back in time to the night of Christ's birth.

Christmas Market & Gift Show: 6:00-9:00 p.m., preview party, Waxahachie Civic Center. The event is sponsored by the Waxahachie Junior Service League.

December

1

Christmas Market & Gift Show: 10:00 a.m.-5:00 p.m., Waxahachie Civic Center.

1 — 2

A Christmas Carol: Hagee Communication Center. For ticket and information, visit [www.sagu.edu/christmascarol](http://www.sagu.edu/christmascarol).

*The Nutcracker* presented by Lake Cities Ballet: 2:00 p.m., Waxahachie High School Performing Arts Center.

1 — 2, 7 — 9

Bethlehem Revisited: 6:00-9:00 p.m., 402 N. College St. Free admission. Donations welcome. Take time to step back in time to the night of Christ's birth.

1 — 2, 8 — 9

Candlelight Home Tour: Three unique homes, spanning from the Victorian era to the 21st Century, will don their holiday finery. Tickets are \$15 per weekend; children under the age of 12 are free.

1, 8

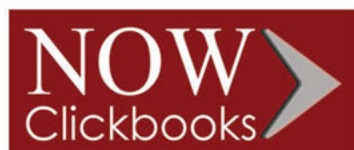
Chocolate Sip 'N Stroll with Santa Photos: 2:00-6:00 p.m., downtown Waxahachie at participating merchants.

*Submissions are welcome and published as space allows. Send your current event details to [sandra.strong@nowmagazines.com](mailto:sandra.strong@nowmagazines.com).*

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It's unfortunate obese adults get caught up in the vicious cycle of avoiding physical activity due to foot or ankle pain, thereby permitting cardiovascular disease and other life-threatening conditions to worsen. For example, in many cases, chronic heel pain occurs from carrying too much weight. Left untreated, it becomes an impediment to physical activity and meaningful weight loss.

There is no reason foot or ankle pain should stop obese patients from exercising. The first step toward breaking that vicious cycle is an evaluation by a foot and ankle surgeon.

Many causes of foot pain can be relieved without surgery through stretching exercises, orthotics and athletic shoes with

good shock absorption and support. If a bunion, heel pain or other condition requires surgery, patients can participate during their recovery in non-weight-bearing activities, such as riding a stationary bike, swimming or weight training.

For those moderately to severely overweight, a thorough physical examination is mandatory before beginning an exercise program. Once cleared by your physician to begin exercising, don't try to do too much too soon. Follow a gradual routine until your body adjusts to the stress of regular physical activity. For example, overweight patients should avoid working out on treadmills or elliptical machines to minimize pounding and stress on their joints.

Shedding excess pounds helps diabetic patients control their disease, but many who experience foot ulcerations and vascular problems caused by diabetes might think they shouldn't exercise. Every diabetes patient needs regular foot exams to check for possible sore spots and assess nerve sensation. And with proper diabetic foot care and the right footwear, most patients can follow an exercise regimen that is safe and appropriate for them. **NOW**

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Associate of the American College of Foot and Ankle Surgeons  
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