

Burleson NOW

Including Crowley and Josh

M A G A Z I N E

NOVEMBER 2012

The broadcasting lingo
of Ward Whites keeps listeners informed

What a Voice

Welcome to the Country
At Home With Cecil & Karen Bedford

Plus:
Giving Payback
Seeing Double
Comfort and Peace of Mind
To Your Health
In the Kitchen With Pam Vire

Lose up to 5-15 lbs. *the First Week*

She lost
61.6 pounds
in 31 weeks



DietSolution

WEIGHT LOSS CENTERS



Before

Helen R. — *Arlington Resident*

In my life I have tried many weight loss programs with no lasting results. At DSC I've found a plan that really works for me, a life style change. With help and encouragement of all their friendly staff, I have found a better way to eat. I feel great and have a lot more energy. Thank you, **Diet Solution Centers ... I recommend you to all my family and friends.**



- ✓ Medically monitored weight-loss system
- ✓ Natural and FDA-approved prescription appetite suppressants

- ✓ No prepackaged foods
- ✓ No contracts, no hidden fees
- ✓ No restrictive 500-calorie diet plan

Individual results may vary.

\$99

For Initial Visit
Valid November 2012

(Reg price is \$200. Not valid with any other coupon or discount.)

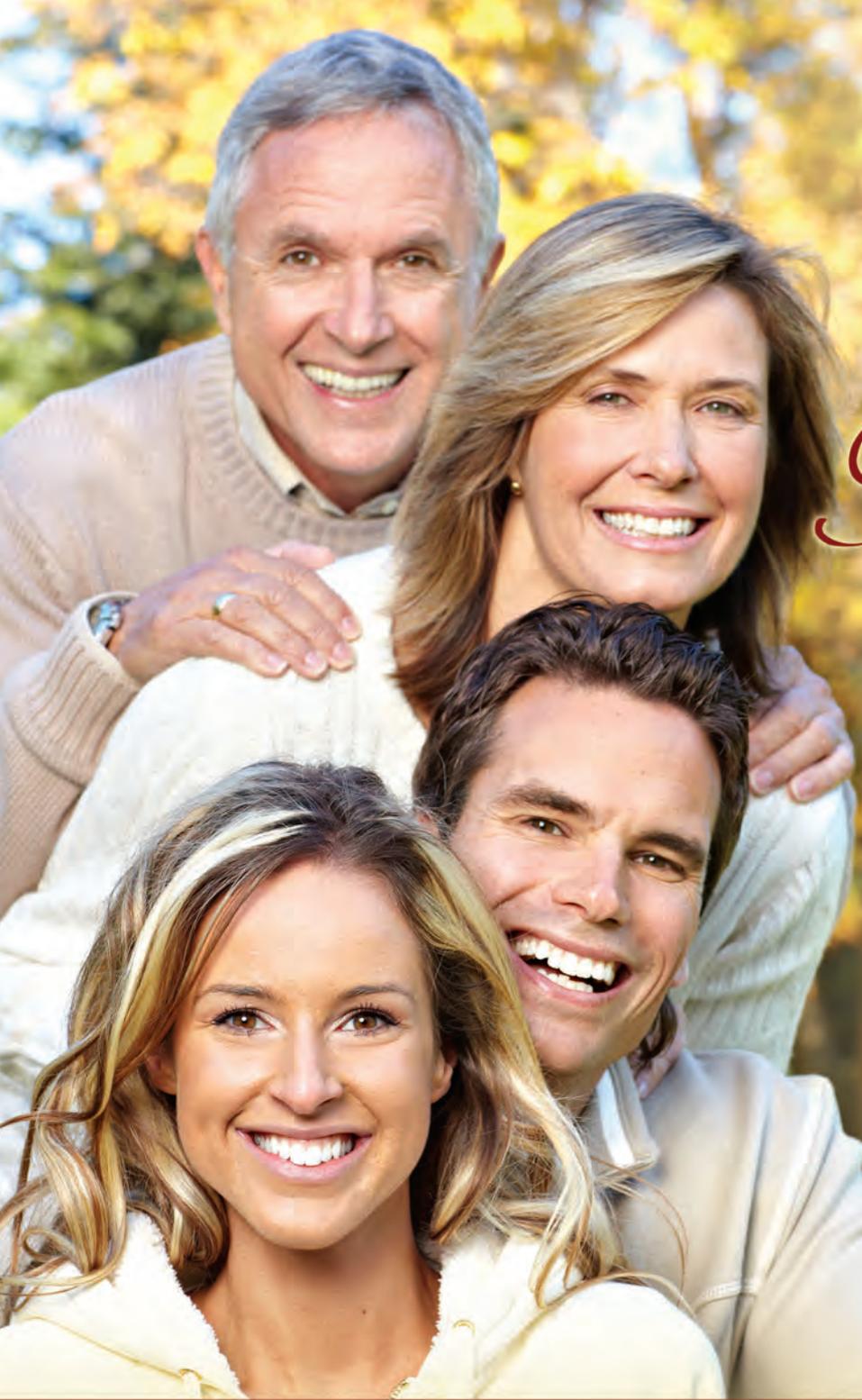
Follow us on Facebook 



CROWLEY / BURLESON
740 S. Crowley Road, Suite 2
(Next door to Gold's Gym)
817-297-2100

MANSFIELD
920 US Hwy 287 N. Suite 306
(At Walnut Creek in Tom Thumb Shopping Center)
817-453-DIET (3438)

Dr. Brian J. Caplan, M.D. | www.dietsolutioncenters.com



THIS YEAR BE
THANKFUL
FOR A

*Beautiful
Smile!*

**Bring this
ad in &
receive
\$250 off!**

New patients only. Coupon must be presented at consultation. Good toward comprehensive treatment only. Cannot be combined with any other coupon. Prices ranging from \$2500-\$5900.



Sheila T. Birth, D.D.S., M.S.
Charles Stewart, D.D.S.

- Braces for All Ages
- Invisalign®
- Adult Orthodontics
- Ceramic Braces

Call today for your **FREE** initial consultation!
* A \$150 value

109 W. Renfro Street • Burleson, TX 76028

817-546-0770

www.professionalsmiles.com

Go Wireless
With Invisalign®



Thank You

We are extremely thankful to all of our wonderful customers for choosing First National Bank of Burleson for your financial needs. Because of you, we have been consistently rated a 5-Star Bank by Bauer Financial, which indicates we are strong and secure. We still offer the very best products and services such as *free checking* and low interest rates on business and personal loans. Since we are locally owned and independent, we are proud to be involved in the community through civic and charitable organizations. We are thankful for you!

Happy Thanksgiving from your friends at First National Bank of Burleson!



Member FDIC

First National Bank

of BURLESON...LOCALLY OWNED

Welcome Home!

Products and Services:

FREE Checking Accounts	Safe Deposit Boxes
Business Checking Accounts	FREE Online Banking
Regular Savings Accounts	Online Bill Pay
Certificates of Deposit	Auto Loans
ATM/Debit Cards	Personal Loans
Business Debit Cards	Real Estate Loans
Personal/Business Credit Cards	Business Loans
Merchant Services	SBA/504 Loans
+ Much More!	

817-295-0461 • www.FirstBurleson.com

899 NE Alsbury Blvd. (@ I-35W) • 740 SW Wilshire Blvd.

Burleson, Texas 76028



Publisher, Connie Poirier

General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker

Granbury Editor, Melissa Rawlins

Editorial Coordinator, Sandra Strong

Editorial Assistant, Beverly Shay

Writers, Sarah Anderson . Erin McEndree

Nancy Fenton . Mark Jameson

Betty Tryon

Editors/Proofreaders, Pat Anthony

Pamela Parisi

GRAPHICS AND DESIGN

Creative Director, Chris McCalla

Artists, Julie Carpenter . Casey Henson

Martha Macias . Felipe Ruiz . Arlene Honza

Brande Morgan . Shannon Pfaff

PHOTOGRAPHY

Photography Director, Jill Rose

Photographers, Jennifer Spears

SRC Photography

ADVERTISING

Advertising Representatives,

Melissa McCoy . Lisa Miller . Teresa Banks

Rick Ausmus . Linda Dean . Kelly Feld

Laura Fira . Bryan Frye . Carolyn Mixon

Jami Navarro . Lori O'Connell . John Powell

Steve Randle . Linda Roberson

Office Manager, Angela Mixon

ON THE COVER



Ward Whites is one of five men announcing Burleson football games on Big Country radio.

Photo by Jennifer Spears.

CONTENTS

November 2012 • Volume 6, Issue II



8 What a Voice

A passion for sports and music makes work feel like no work at all.

16 Giving Payback

Gloria Gillaspie, the founder of Lighthouse Church, is a piece of Burleson's living history.

24 Welcome to the Country

At Home With Cecil and Karen Bedford.

30 Seeing Double

Two youth carry on a tradition of military appreciation.



38 Comfort and Peace of Mind

The wife of a highway patrolman pursues assurance for local first responders.

44 BusinessNOW

46 Around TownNOW

48 FinanceNOW

52 CookingNOW

BurlesonNOW is a NOW Magazines, L.L.C. publication. Copyright © 2012. All rights reserved. BurlesonNOW is published monthly and individually mailed free of charge to homes and businesses in the Burleson, Crowley and Joshua ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (817) 477-0990 or visit www.nowmagazines.com.



Editor's Note

Hello Burlison, Crowley and Joshua!

In counting my blessings, I'm amazed to be part of the NOW Magazines group. With last month's launch of *GranburyNOW Magazine*, our company, which has been in existence since 2004, has grown to include 10 markets. We distribute over 240,000 magazines each month and have a readership of over 600,000 across the 10 markets.

My job makes good use of my chameleon-like ability to be both an extrovert and an introvert. It's great fun to get out and about, interrogating people everywhere I go. There comes a point, however, when I need to hole up and focus on the information gathered — and I find special pleasures in this solitary activity.

This month, our family celebrates our blessings around the campfire at an East Texas state park. Where does your family gather to count your blessings? I'd love to hear about your traditions for this vital American holiday.

Until then, have a Happy Thanksgiving!

Melissa

Melissa Rawlins
BurlisonNOW Editor
melissa.nowmag@sbcglobal.net
(817) 629-3888

Woolard's
Custom Jewelers

As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.
- John Fitzgerald Kennedy

We are so thankful for all of our friends, family, and customers.

Happy Thanksgiving!
From Bob & Caryl Woolard

Fine Jewelry • Diamond Setting
Jewelry Repair • Special Order Work
Custom Designing • Laser Welding • Watch Repair

Are You Ready For Christmas?
Layaway Available for Holiday Season

Jeweler By Trade. Artist By Heart
Bob and Caryl Woolard

437 S.W. Wilshire Blvd • Burleson, TX
Between NW Newton & Exchange
817-295-6361

Crystal Dental

www.crystaldental.org

BURLESON
664 S.W. Wilshire Blvd • Burleson 76028
817.426.3331

FORT WORTH
1114 E. Seminary Drive • Ft. Worth 76115
817.921.0883

CLEBURNE
1301-H W. Henderson St. • Cleburne 76033
817.641.3344

We are thankful for our patients!

Adult & Children Dentistry, Gentle Dental Care & friendly staff!
Laughing gas available for dental phobia patients!

We Accept Medicaid, CHIP & most Insurances.

\$59 EXAM, X-RAY AND CLEANING
(gum treatment extra)
With Coupon. Expires 12/31/12

\$10 FOR LIMITED EXAM & X-RAY
With Coupon. Expires 12/31/12

Tired of Arthritis Pain?
Suffering from Fibromyalgia? **Dr. Ho can help!**

CALL FOR A FREE CONSULTATION NOW!
682-472-4011
Ask about our NEW Bone/Cartilage Supplement!

Burleson Pain & Wellness Clinic
Can N. Ho, D.C.

230 N.E. Wilshire
@ Hillery Ste A, Burleson
www.DrHoClinic.com

The Ultimate Wish List

Now at Honda of Burleson

- ✓ Exceptional Value
- ✓ Sophisticated Styling
- ✓ Fun to Drive
- ✓ High-Tech
- ✓ Advanced Safety
- ✓ Up to 36 MPG²
- ✓ Lifetime Powertrain Warranty
- ✓ Great Buying Experience

The All-New 2013 Honda Accord
Starting at \$21,680



Honda
of **BURLESON**



888-YES HONDA
Local: 888.577.9511

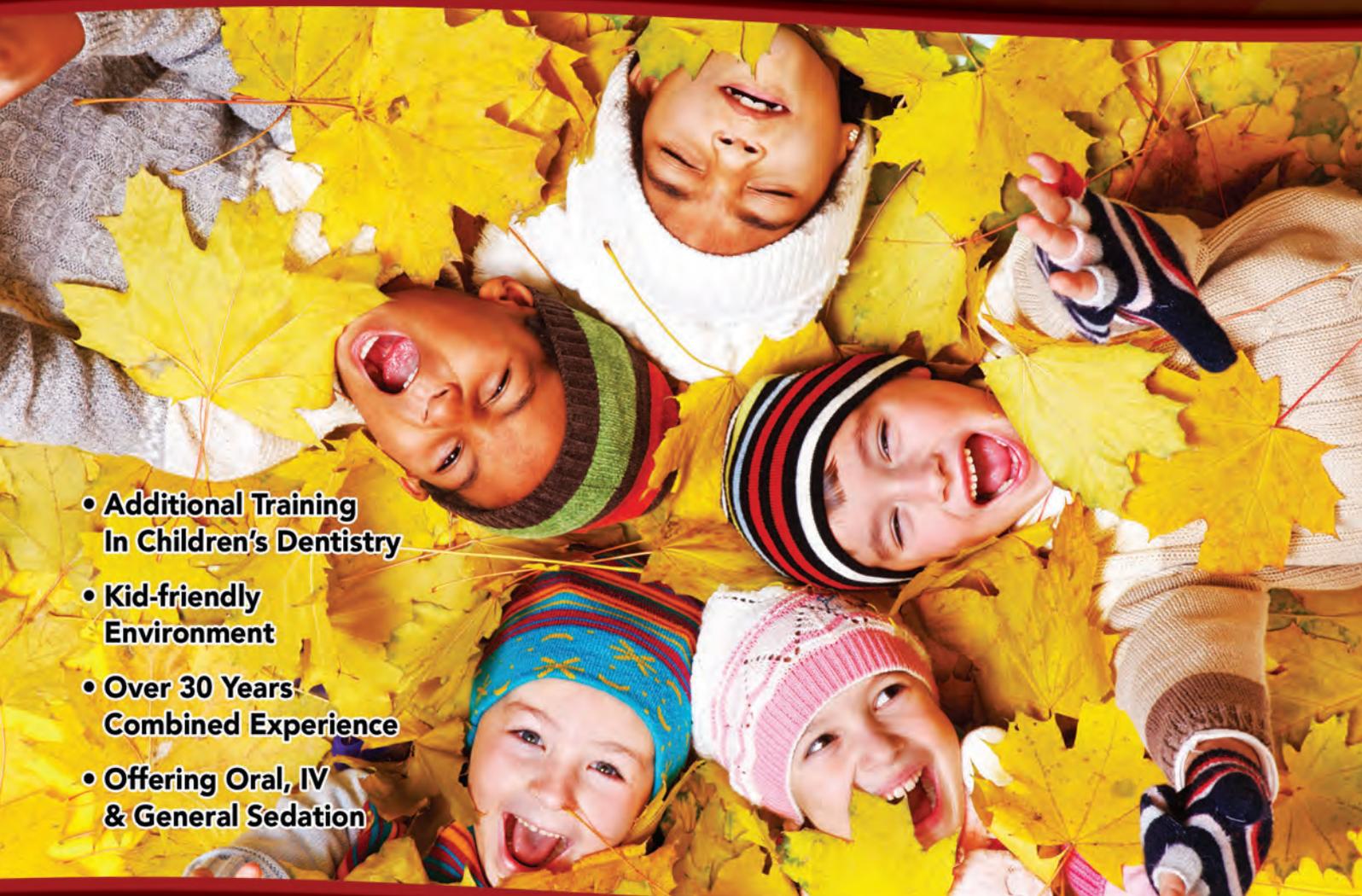
HondaOfBurleson.com

632 N. Burleson Blvd in Burleson, TX 76028. If traveling South, exit Renfro and make a U-turn.

EX-L V-6 model shown. Starting at \$30,070. 21 city/34 highway mpg rating. ² 27 city/36 highway/30 combined mpg rating for Sedan CVT models. Based on 2013 EPA mileage ratings. Use for comparison purposes only. Your actual mileage will vary depending on how you drive and maintain your vehicle.

*Happy Thanksgiving
to all of our pediatric*

SMILES

- 
- **Additional Training
In Children's Dentistry**
 - **Kid-friendly
Environment**
 - **Over 30 Years
Combined Experience**
 - **Offering Oral, IV
& General Sedation**

 **Burleson** 
Pediatric Dentistry

Book Your Dental Appointment Now

**1161 S. W. Wilshire Blvd.
Suite 110**

*Across from Burleson High School
in the Huguley Professional Building*

817-447-7474

www.burlesonkids.com
Most Insurance & Medicaid Accepted

OLD TOWN BURLESON, TX

Second Annual

WINE CRAWL

NOVEMBER 10TH, 2012



PRESENTED BY: **NISSAN**
of Burleson

JOSH WEATHERS & The True Endeavors 7pm-10pm

Andrew Dolan 4pm - 7pm

SPONSORED BY



5 Texas Wineries: Barking Rock Winery ❁ D'Vine Wine ❁ Sunset Winery ❁ Lost Oak Winery ❁ Times Ten Cellars
3 Food Trucks: Eat Joe Dawgs ❁ Gepetto's Pizza ❁ Hummingbird Sweets
14 Vendors Shopping ❁ Giveaways ❁ Photo Booth

GRAND PRIZE DRAWING worth \$100's from local merchants!

Come out to **VOTE** for your **FAVORITE CHARITY**
to receive a portion of our EVENT'S PROCEEDS!

PURCHASE TICKETS ON-LINE NOW @
www.burlesonwinecrawl.com

Tickets include Commemorative wine glass*
TEN wine tastings, tote bag* & raffle ticket

*while supplies last

Advanced Tickets Only \$15 (\$20 at the door)

VIP Tickets \$30 (limited quantity)

Concert Tickets if under 21 ONLY \$10

Kids under 12 are FREE

Call 817-295-6000 for Tickets & Information

T-Shirts Sponsor

AMERICAN NATIONAL BANK
OF TEXAS

BUY A T-SHIRT

& be entered to win a
necklace valued at over
\$3,000 from Woolard's
Fine Jewelry!

KIDS' ZONE
4PM-8PM
Bounce House
Face Paints
and MORE!!!

Make it a

NIGHT TO REMEMBER

with pictures from North Texas Photo Booth!





**“I CAN’T SEE
MYSELF DOING
ANYTHING
ELSE.”**

WHAT A VOICE

— By Erin McEndree

“Kiss the glass” and “Pull the trigger on the three” are not common phrases used in everyday conversation — unless you are Ward Whites. His eyes follow players on courts, fields and tracks. All the while he is broadcasting every move on Big Country radio. “I want everyone to feel like they’re right there,” Ward said. The squeak of shoes, the smacking pads and the roar of the crowd can be heard behind his voice on both AM and FM as he brings listeners the play-by-play of Burleson athletics.

From Ward’s earliest memories until now, “Sports has always been part of my life. I grew up in the locker room.” He remembered being in the Burleson locker room at the age of 3 listening to his dad, Gary Whites, give players direction and advice. “Sports became my passion,” Ward admitted.

Ward competed in football, basketball and track at Burleson High School under the direction of his dad. He continued his passion for sports at Texas Tech University. After graduating in 1986 with a degree in exercise and sports study, he accepted a coaching position at Tarleton State University in Stephenville. He was the linebacker coach and special team coordinator for eight years. He helped lead the Texans to eight conference titles, a bowl game win and a chance to play for two national titles.

“It was very time consuming. I worked 18-hour days,” Ward explained. “My son, Blaze, was born, and I wanted to do

something different, so I got a job at a private business,” Ward said. “It was okay, but I jumped at an offer by Robert ‘Boots’ Elliott at KSTV in Stephenville, where I was still living after the Tarleton years, to do sideline reporting for the Mid Day Show.” He covered the Stephenville Yellow Jackets in football, basketball and baseball. Then Ward got back into sports. He also played Texas music on the air and reported on Texas musicians he interviewed. This sparked his love of country music. He admitted that he “fell into broadcasting,” which has been his passion ever since. Soon he got the call to come to Big Country Radio where he started covering the Elks. He drove from Stephenville to the station for about two years.

Eventually, Ward moved back to Burleson. “It was time to come home. My folks and brother live in Burleson. It will always be my home.” For eight years, Ward has been the voice for Burleson athletics on the radio. He is the general manager for Big Country radio. The station caters to classic country music fans and sports fans alike. “Now I have the best of both worlds,” Ward explained. “I broadcast the game. I get to spend time watching film, as well as talking to the coaches and the kids. But, at the end of the game, I go home. I don’t have to wonder why we won or lost and try to fix it.”

Ward does not do his job alone. A five-man team combines all facets of the game together for the listeners. The team includes two statisticians, a sideline reporter and Ward’s sidekick, Shawn Minor. Shawn can be heard alongside Ward at every event. “Shawn adds color to the broadcast in the form of intricate details,” Ward explained. They have been a team for six years.



CareNow

Family Doctors, Convenient Care



Open 7 Days a Week, Nights & Weekends
NO APPOINTMENT NECESSARY
Most Insurance Accepted

1501 SW Wilshire Boulevard
Burleson, TX 76028
(Wilshire & FM 731)

817-295-9400

www.carenow.com

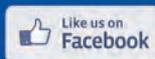


Dr. Richard Fleischer



Dr. Debra Ryder

Web Check-In®



“He does a great job for us. I could not do it without him.” The pair knew each other through childhood. “I remember Shawn as a kid riding his bike around the high school football field when I was at practice. I also coached him when I was at Tarleton.”

Burleson’s fiercest rival is Cleburne. Ward coined the phrase, “The War on 174.” He and Shawn even created a trophy to be passed to the winner and enjoyed until their next duel. The trophy is a large silver railroad spike, which the winning team displays in their trophy case. “The coaches love it,” Ward said. “The Santa Fe Railroad ties the two cities together, and that is why we call it the Silver Spike Award.”

“IT MEANT SO MUCH TO THE PLAYERS TO SEE A SEA OF RED AND BLACK.”

During the eight years Ward has been on the air at Big Country, Burleson has gone to the play-offs four times. Two of those games were played in the infamous Cowboy Stadium. “It was a neat experience. We were up high in the Fox Sports booth,” Ward explained. “We were the first high school team to play in the stadium. Our hats are off to the Burleson fans for their support. It meant so much to the players to see a sea of red and black.”



Ward Whites consults with Spartan's coach, Kyle Geller.



A lot of banter goes on behind the microphone. "We always have fun in the booth [during commercials]," Ward grinned. Gaining composure to continue announcing the game can be an interesting challenge at times. Although times in the booth are exciting and fun, it is different this year. When the new high school was built last year in Burleson, it brought a transition for the kids and the community. Centennial High was added to the roster and Elk Stadium had to be changed to BISD Stadium. So far the Elks have been supportive of the Spartans and attended some of their games. "As announcers, Shawn and I are Elks at heart, but we support both sides. We plan to bring both programs the recognition they deserve," Ward said.

Ward's reporting talent reaches far. ESPN recognized him and contracted him to announce play-off games in the area. He also attends Texas Rangers baseball, Dallas Mavericks basketball and Cowboys games so he can report statistics and scores during the Scoreboard show. As well, he has done a live show in Pit Row at Texas Motor Speedway. "I meet a lot of people at these events," Ward said.

More Than a House... It's Your Home.



"The Berry Family" Thanks for allowing us to build your home!



JOHN HOUSTON
CUSTOM HOMES

YOUR HOME. YOUR WAY.

Home is where your family grows up, generations meet, and memories are made. A home is birthdays, holidays, and graduations. It is friends, neighbors and small groups.

At John Houston Custom Homes, we believe your family deserves a home built around your needs.

Call us today and ask how we can help build your family's home.

JohnHoustonCustomHomes.com | 866.699.6054

Find us online:

Fall into Learning

Nurturing Young Hearts and Minds
All for the Glory of God

Mothers' Day Out is Back!

We have many schedule choices available.
Call to see what schedule works best for your family.

- We offer infant, toddler, pre-school, kindergarten preparatory & after-school programs. We provide flexibility to meet the needs of most schedules & budgets.
- Beautiful state-of-the-art facility conveniently located on Wilshire Blvd.
- Live streaming video to view your child while you are at work.
- A-Beka Curriculum
- Spanish and baby sign is taught in the daily curriculum.
- Music education program. Also, a monthly visit from Mr. Music!
- Morning chapel with praise and worship.
- All teachers are trained by a master-level teacher.
- "Reading Mastery" — early literacy program.

Mountain Valley Child Development Center

2975 S.W. Wilshire Blvd. • Burseson, TX 76028 • (817) 484-2444
www.mountainvalleychilddevelopmentcenter.com



A montage of framed, autographed photos line the walls in Ward's office at the radio station, showing the collision of his passion for sports and Texas music. Representing his love for sports is Pudge Rodriguez, Mike Renfro, Jason Whitman and a picture of Ward in a Texas Tech University football uniform. An old radio *On Air* sign glows next to his Red Raider helmet and a baseball signed by Nolan Ryan. Mingled with sports memorabilia are antique radios, photos signed by George Strait, George Jones and Willy Nelson. A guitar, signed by country musicians, such as Pat Green, Charlie Daniels and Chris LeDoux, is displayed by a bookcase.

Ward's voice is full of passion for broadcasting. Behind the scene he loves the process that makes the reporting great. Ward's motto is, "If you can't have fun doing what you're doing, you're doing the wrong thing. I can't see myself doing anything else." **NOW**



WE HAVE A GIFT FOR MAKING KIDS AND PARENTS HAPPY.

From our reusable lunch bags to our coloring books and teddy bears, every child goes home with a gift – and you'll go home with the gift of knowing your child received the best possible care from our pediatric board-certified anesthesiologists and pediatric-trained nurses. No wonder USMD Fort Worth has a 99% patient satisfaction rating.

We're patient people.



1-888-444-USMD • USMDFortWorth.com

USMD is a physician-owned hospital.

INFINITY FLOORING

HARDWOOD, TILE, LAMINATE, CARPET, VINYL, GRANITE, VINYL PLANK, SHEET VINYL, WE DO IT ALL!



Step into Fall with NEW Flooring

FREE
Padding Upgrade

on all carpet and laminate purchases

(minimum footage required)
Offer expires 12.15.12

\$299
sq. ft.

water resistant vinyl,
hard wood plank
Installed Price!

(minimum purchase \$2000)
Offer expires 12.15.12

\$589
sq. ft.

1/2" Hand
Scraped Engineered
Hardwood
Installed Price!

(minimum footage required)
Offer expires 12.15.12

3CM
Granite
Starting at
\$39⁹⁹

(minimum footage required)
Offer expires 12.15.12

\$200
OFF

any installed project

(minimum purchase \$2000)
Offer expires 12.15.12

NO INTEREST FINANCING FOR UP TO 24 MONTHS

Minimum purchase (with approved credit)

Coupons may NOT be combined with sale items. Coupons must be presented at time of sale

We Do Remodeling!

- Kitchen and Baths
- Fireplace Updating
- Plumbing
- Electric
- Tape, Bed, Texture, Paint
- Room Additions
- Laminate countertops

We Offer:

- Lifetime No Exclusion Stain Warranty
- Lifetime Warranty Laminates
- Lifetime Installation Warranty from Certified Installers
- **Free** Measure and Estimates
- **Free** Design Consult



Store: 817.641.2010
After Hours: 972.345.4917
infinityflooring2010@gmail.com
www.myinfinityflooring.com

Financing Available with Approved Credit
Hours: Mon-Thurs 9am-6pm • Friday 10am-5pm • Saturday 10am-5pm • Closed Sunday
Stop by our beautiful showroom conveniently located at ...
307 E. 12th Street, Ste B • Joshua (Next to Family Dollar)

★★★★★ Check out our 5-Star Customer Service Rating at yellowpages.com ★★★★★



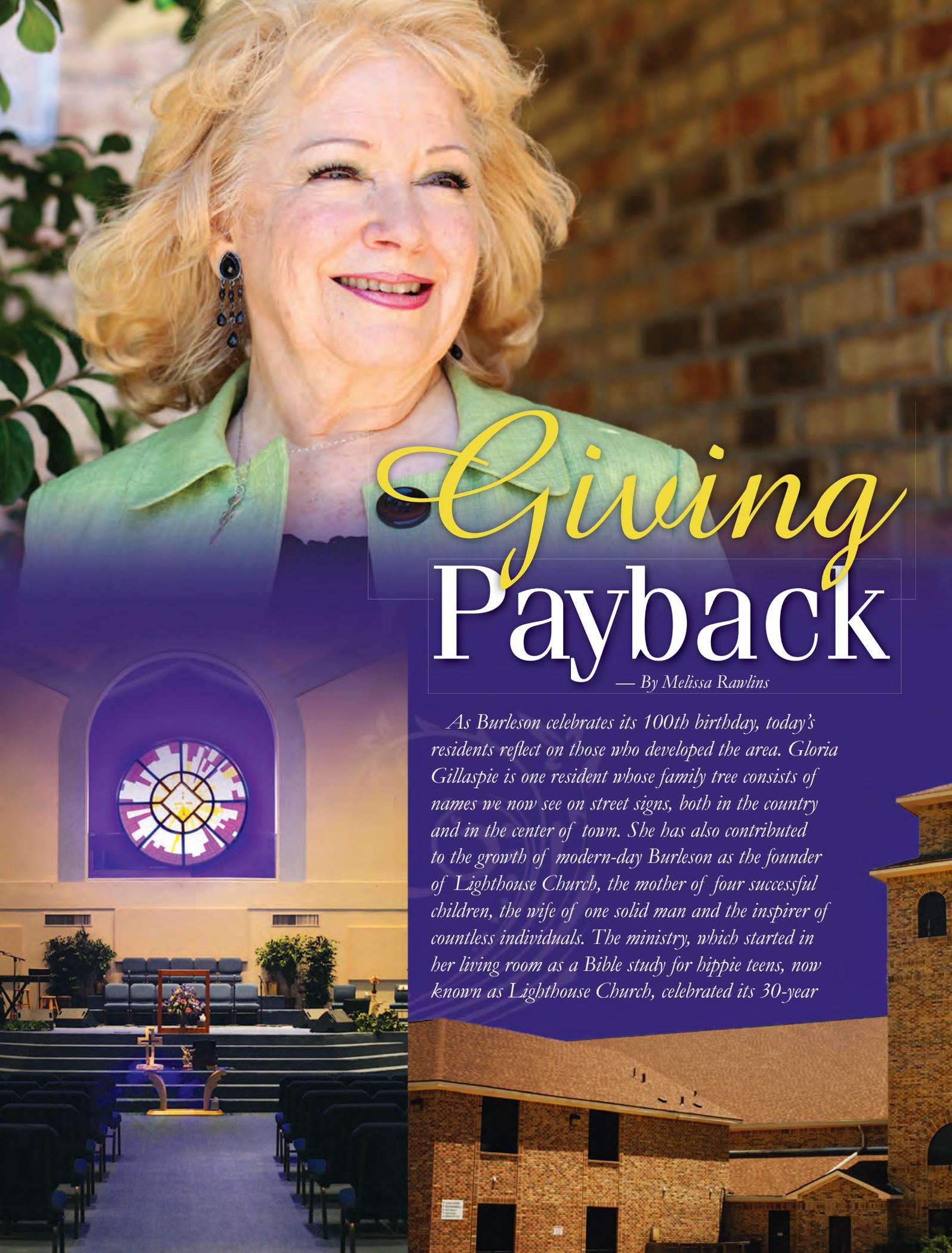
Don't wait on a new year
to start on a new you.

At Texas Health Harris Methodist Hospital Outpatient Center Burleson, we know how it is: every New Year you resolve to start working on a new you. Our advanced fitness center features the latest equipment, a 25-meter/three-lane pool, spacious locker rooms, kids care and much more. Our highly qualified staff is trained to help you attain your personal goals to lose weight, gain strength and stamina and adopt lifestyle changes that can improve your overall health. Membership is open to the public. So why not resolve to get started on a new you right now.

817-782-8080 | TexasHealth.org/Burleson.



Doctors on the medical staff practice independently and are not employees or agents of the hospital. © 2012



Giving Payback

— By Melissa Rawlins

As Burleson celebrates its 100th birthday, today's residents reflect on those who developed the area. Gloria Gillaspie is one resident whose family tree consists of names we now see on street signs, both in the country and in the center of town. She has also contributed to the growth of modern-day Burleson as the founder of Lighthouse Church, the mother of four successful children, the wife of one solid man and the inspirer of countless individuals. The ministry, which started in her living room as a Bible study for hippie teens, now known as Lighthouse Church, celebrated its 30-year

anniversary this year. Dignitaries from the city, county and state attended, and a congressman gave tribute to Gloria's husband, John. "He said how honorable it is that John has stood with me all these years," Gloria said. John is one of untold numbers who has encouraged Gloria over the years.

After 73 years of living right here in Burleson, continuing the traditions of her family, Gloria recently documented her matrilineal genealogy all the way back to H.C. Renfro's sister for the Burleson Heritage Foundation. Born here at home to Clyde and Francis Lewis, Gloria grew up with two brothers and two sisters, each of whom graduated from Burleson High School. Gloria remembers one of her first teachers was the woman after whom Nola Dunn Academy is named. "When I was in fifth grade, they built Nola Dunn, which just last year was torn down," Gloria said. "Next door to it had been the original three-story building where I began school. When it was torn down in the 1960s, all of us old timers lamented over the loss of that historical building. But that is part of progress.

"I saw Burleson begin growing in the late '50s and early '60s, at which time there was a sign between here and Fort Worth saying Burleson was the 19th fastest growing city in Texas," said Gloria, whose children — Otis, Stuart, Shanda and Rochelle — attended Mound Elementary. After they were grown, she received an invitation from Lion Charles Tyson to join the Burleson Lions Club. "I



Burleson Rotary Reindeer Run & Parade of Lights December 1, 2012

- 12:00pm Registration (Bartlett Park)
- 1:00pm 1 Mile Fun Run (Bartlett Park)
- 1:30pm 5K Run (Bartlett Park)
- 4:30pm Parade Line-up (Kerr Middle School)
- 6:00pm Parade starts
- 7:00pm Christmas Tree Lighting

Log onto www.Burlesonrotary.org for fees and registration information or call Lisa Keese at 817-447-7300.



Colby's Hair Studio & Permanent Cosmetics

at the Legacy Salons & Day Spa

Laserless
Tattoo
Removal

\$10.00 OFF
Any Hair Service

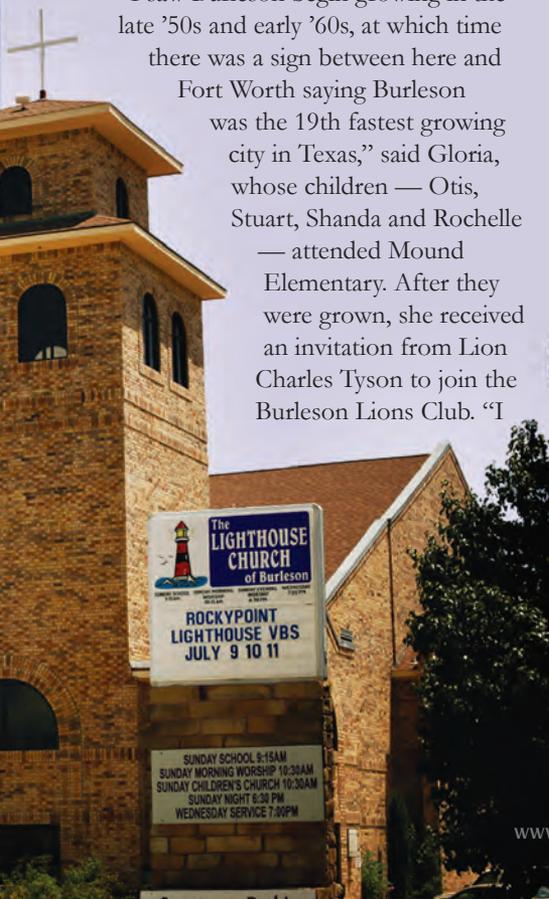
Expires 11/30/12. Not valid with any other offer.

\$100.00 OFF
Any Permanent
Cosmetic Service

Expires 11/30/12. Not valid with any other offer.

817.774.8573

12846 S. FREEWAY, BURLESON
(BEHIND BEST BUY ON I35 W)





**We Make Buying and Selling
Your Home Quick and Easy**

James McMath
817-627-5741
Your Hometown Choice

Since 1966

Your Home
Team Choice!
ORR & ASSOCIATES
REAL ESTATE

highly respect Charles Tyson. One of his sons was in my youth group when it was the Steppingstone Youth Center. Mr. Tyson was like a father to many young guys in the high school. He taught print shop, and that's how Lance, Shanda's husband, became involved in the printing business."

Since joining in 1999, Gloria's impact on the community has increased. "The service clubs help a lot of people get to know each other and serve together, which brings cohesion to the community, somewhat like the churches do," said Gloria. She would never have thought to



START NOW
to be ready for the holidays!

Granite, Marble & Quartz Fabricator for Kitchen & Bathroom Countertops

Extensive Color Selection
Combines Beauty, Function & Elegance for any Bathroom or Kitchen!

-  **FREE Estimates**
-  **Competitive Pricing**
-  **Up to 15 Year Warranty on Some Products**

SILESTONE
by COSENTINO

FREE
18 gauge Stainless Steel Sink (\$350 value)
Call or visit our Web site for details!
www.MTMCOUNTERTOPS.com

Come see our wide selection!

SHOWROOM HOURS:
MON-FRI: 8AM - 5PM,
SAT 10AM-2PM

MTM Countertops
2460 Hwy. 287 N. • Mansfield
(Northbound service road - between Callendar Rd. & Turner-Warnell)

 For more info call 866-439-1935.  



join the Lions Club were it not for Lion Tyson's invitation. She had assumed the service club was just for men, because she and her sisters' gospel trio often sang for area Lions Clubs, not only in Burleson but also in Alvarado and Cleburne.

The Lewis Trio also sang for church worship services, as well as on the CBS Saturday night program, *Big D Jamboree*, broadcast live from Dallas' Sportatorium. "During the '50s, the breadwinner had a car, and nobody else did," Gloria said, explaining how their boyfriends drove the trio to performances. Invited to perform daily on a television program on Channel 5, WBAP TV, the sisters turned down the offer because they were still studying at Burleson High School. When on the verge of signing a recording contract, all three sisters suddenly walked away from the Grand Ole Opry circuit.

From then on, they only sang at church. "The enjoyment, excitement,

even the want-to just left us,” Gloria said, adding that Burleson’s population in 1957, when she graduated from high school, was 700 people — many of whom had high hopes for the trio’s career. Success is relative, though.

Each time Gloria entered a different phase of her life, she came out of her comfort zone, stretched and changed. For example, when she was a mother of four teens in the 1970s and her neighborhood was plagued by careless teenagers trampling flowers, she chose not to call the police but instead to speak to the teens about what they were doing. “All of

that vandalism on the whole street just stopped,”

Gloria said.

That was the first of many experiences that forced her to grow. And as she matured, her Bible study became Steppingstone Youth Center and then evolved into Steppingstone Family Church. In 1993, it was augmented by Steppingstone Christian Academy.

After the new millennium, the ministry grew into a new building with a new name: Lighthouse Church. Now Gloria is mentoring another woman, Lisa Schwarz, who runs Crazy8 Ministries in buildings on the Lighthouse Church property.

One of at least 20 pastors engaged in the Burleson Ministerial Alliance, Gloria enjoys the camaraderie of people endeavoring to work together. “At our monthly meetings, we’ll have 20 or more of us planning and talking about how to help in the community,” she said, “by producing events like National Day of Prayer and our Thanksgiving service.” They also support Harvest House and The Little Red School House project.

Since having open heart surgery a couple years ago, Gloria concentrates on pastoring and being a grandmother and great-grandmother. She is also spending more time helping her mother, Frances, who just celebrated her 95th



Lending that has you covered.



Lisa Keese
Branch Manager
NMLS# 206895
817-233-9226



Terrie Goodloe
Sr. Loan Officer
NMLS# 206828
817-925-8306

817-447-7300

124 W Renfro #200
Burleson, TX 76028

We’ve Moved! Come see us at our new location.



Hoffman Family Practice

ASSOCIATES

Providing compassionate care for your entire family!



We are grateful for our patients and the surrounding communities. May each of you have a Happy Thanksgiving!

NEW HOURS!

Monday - Friday:
7:30 am to 8 pm

Saturday: 8 am to 2 pm

Sunday: CLOSED

- Adult & Pediatric Care (Newborn to Adolescent)
- Adult & Pediatric Physicals Sports Medicine & Physicals
- IN-OFFICE Lab & X-ray

2730 SW Wilshire, Burleson, TX | 817-916-5180

Located at the Texas Health Burleson medical complex on Hwy 174

HoffmanFPA.com

Pest problem ... No problem.
 Residential • Commercial • Termites • Estimates

\$39.95
 General Pest Control
 (New customers only)

\$79.95
 Yard Spray/Fleas
 (up to 4,000 sq. ft.)

RELIANT TERMITE & PEST CONTROL Inc
 For A Healthier Environment
(817) 297-7555
 www.reliantpestcontrol.net

Insured and Bonded Since 1998 • TPCL #11006

Start every day off with a GREAT smile

GENERAL DENTISTRY FOR ADULTS & CHILDREN

\$20⁰⁰
Toothache Visit
 Includes Necessary X-Ray, Exam and Doctor Consultation
 Reg. Price \$100
 Not valid with any other offers.
 New patients only. Expires 11/30/12.

For Patients with No Insurance
 Full-mouth Deep Cleaning \$300
 Simple Cleaning \$75
 Most Extractions \$200
 (Excludes Wisdom Teeth)

Teeth Whitening \$125
 Reg. Price \$300
 Includes custom-fitted mouth guard & take home bleaching kit.
 New Patients Only

Accepting Medicaid & CHIPS and all PPO Insurances

LOCATED BEHIND BRAUM'S

Family Smiles
 Dr. Gunjan Dhir BDS, MS & Associates
 817-426-9337 • 225 Exchange St. Ste. D • Burleson

Hablamos Español!
 Mon - Fri 9:30am - 6pm
 Sat 9:30am - 2pm
 Walk-ins & Same-day Emergencies

birthday, through whom Gloria traces part of her heritage. “Henry Renfro’s sister, Melinda, married a Bockman, and their daughter married a Floyd, and their son, John Floyd, was my grandfather,” Gloria said. “There was a school in Bethesda community — Bethesda School. My grandfather, John Floyd,



was the first headmaster when they opened the school.” Almost all of this side of Gloria’s family is buried south of Burleson in the Bethesda Cemetery.

North of town, Gloria also has history in the Oak Grove area. “From Daddy’s side of the family, my great-grandfather, James Winfield Lewis, had a horse ranch and raised race horses, and they raced at what was then Arlington Downs. When my great-grandfather died at Oak Grove, a portion of the Lewis estate was donated to the Oak Grove Baptist Church. My grandfather took his share of the money from the sale of the ranch and bought the family farm over at Bethesda. I feel like I kind of have a little heritage in that church, too.”

Heritage matters, whether by forming values or inspiring action. For Gloria, it is no small gift that Henry Renfro, considered the founder of Burleson, is her great-great uncle. And for all her many blessings, Gloria’s favorite way to show gratitude is to give more of herself to her family and her community. **NOW**

Grand
salon.spa



**WE WANT TO WELCOME
OUR NEW PROFESSIONAL**



JENNIFER REEVES
817-449-4501

**WISHING YOUR FAMILY A
HAPPY THANKSGIVING**

12 DAYS OF CHRISTMAS GIVE AWAYS

November 1st-30th anyone who receives a paid service will receive a Thank You bag and a chance to win one of our 12 days of Christmas Gifts!
One lucky person will win a 32' Flat Screen TV!



David • Annie • Allie • Lorie

**WE ARE A CAN DROP OFF POINT
FOR THE HARVEST HOUSE FOOD DRIVE**



Scan me
with your
smart phone!



Gift Certificates
Available!

HRS: TUES.-SAT. 9A-6P • 780 Alsbury Blvd. • Suite D • Burleson


 817.426.4615 • www.grandsalonandspa.com



**THERE'S NO ROOM
ON THE FIELD
FOR PAIN**

We Specialize in:

- Sports Medicine
- Joint Replacement
- Minimally Invasive Spinal Surgery
- General orthopaedics



Von L. Evans Jr., M.D.



John A. Malonis, M.D.



Gupreet S. Bajaj, M.D.



John A. Thomas, M.D.



LONE STAR

Orthopaedic and Spine Specialists, PLLC

Dedicated to restoring active lifestyles.

11797 S. Freeway, Suite 342 & 346 • Burleson, TX 76028
Phone (817) 926-BONE (2663) • www.lonestar-ortho.net

NOW HIRING/TRAINING SCHOOL BUS DRIVERS



CDL Training Provided
Split shift part-time schedules
Additional hours available with field trips/charters

Apply in person:
1160 SW Wilshire Blvd
Or call:
817-245-1180



Opportunities in Burleson & Joshua
Industry Leading Training Provided - No experience necessary
Medical/Dental/Vision and other benefits available
Bring your children to work (some restrictions apply)
Durham School Services conducts pre-employment drug screening, criminal background and motor vehicle record checks.



6 Months Free
Weekly Pool Maintenance
with each new pool build

You can just have a pool, or you can have a BlueWater pool!

- ▶ WEEKLY SERVICE
- ▶ NEW CONSTRUCTION
- ▶ RENOVATIONS & REMODELING
- ▶ EQUIPMENT REPAIRS/UPGRADES
- ▶ PLASTER, TILE & COPING



- ▶ OUTDOOR KITCHENS
- ▶ DECKING
- ▶ SALT SYSTEMS
- ▶ WATER FEATURES

We ALSO offer Landscape Lighting
Let us light up your life and add beauty to your outdoor surroundings!



Our showroom is located at 10424 FM 1902 • Crowley, TX



817.297.7120
www.BlueWaterCustomPools.com

Family Medicine

Elizabeth Vu, D.O.



Huguley Medical Associates welcomes family medicine physician Elizabeth Vu, D.O., to Alsbury Family Medicine Clinic in Burleson, where she joins Dr. Precious Marquart.

As a family physician, Dr. Vu provides comprehensive care for families and individuals of all ages, including treating acute illness, managing chronic conditions and providing wellness care.

Dr. Vu welcomes new patients and accepts most insurance plans, including Medicare.



Alsbury Family Medicine Clinic
780 NE Alsbury Blvd, Suite B
817-447-8080

Ask About Our
Extended Hours



the best dentistry
in Life is Free!

Worry Free...

Dental plan available for those without insurance

Ouch Free...

Gentle cleanings from our professional staff

Hassle Free...

Walk-ins always welcome

We're a **Preferred Provider** for HMOs & PPOs.

GET TO KNOW US SPECIALS

\$59
Exam, Digital X-Rays
& Cleaning*

Need Braces?
Braces for as little as **\$99**/mo

With a down payment of at least \$250, offer valid on new orthodontic cases only, offer only valid with participation in monthly automatic credit card or bank card program. OAC. Payments may extend beyond the period for treatment, cannot be combined with any other offer.

*Regular value of at least \$290.00. In absence of periodontal (gum) disease. New patients only. Discounts may vary when combined with insurance and cannot be combined with other offers or discount plans.

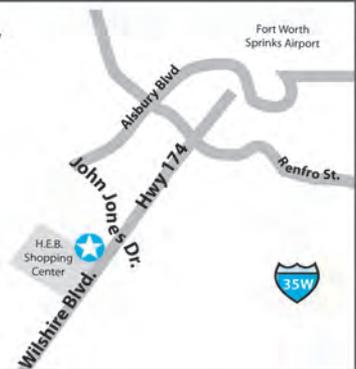


John Barnes DDS & Associates

817-295-8884

www.BurlesonModernDentistry.com

FM 1187



**185 NW John Jones Dr, Ste 600
Burleson**

We are conveniently located in the H.E.B shopping center at NWC Wilshire Blvd. & John Jones Drive.



WELCOME TO THE Country

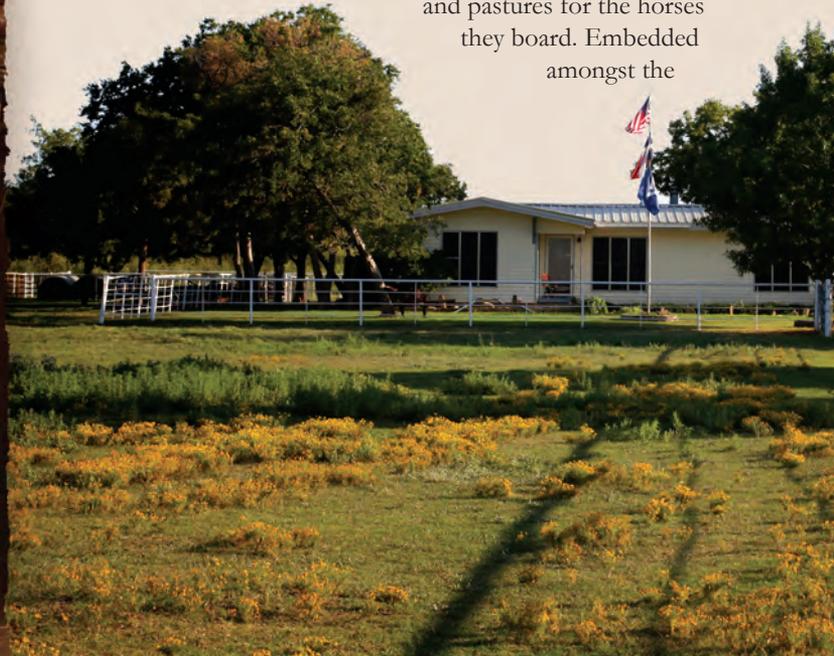
— By Melissa Rawlins

Two of the hardest working people in Burlison's countryside share a home with this mission: enjoy family. As Thanksgiving approaches, Cecil and Karen Bedford are preparing to host almost 60 people. Their five kids are all grown and gone — except Chad — so now the Bedfords are privileged to give their loving attention to grandchildren and horses. On their Back2Back ranch, named because they have each other's back, the couple looks out for others' needs, and in the process, they find the comfort they each require.

★ AT HOME WITH ★ CECIL AND KAREN Bedford

HOWDY
WIPE YOUR BOOTS

A recent trip to Hawaii gave them a much-needed break from their routine, which involves mucking stalls, repairing fences and cleaning house following long days at their respective day jobs. But when all the work is done, family and friends usually find Cecil and Karen relaxing on his grandmother's old red swing under the bald cypress trees out front. Behind them are the garden, retired and serving as a hay bale storage area, and pastures for the horses they board. Embedded amongst the



trees and flower beds are rusted tools, metal sculptures of cactus and old longhorn skulls. Cecil keeps tools out in the shop, as well as a pool table and volleyball net for the grandchildren who like to come hang out.

Karen and Cecil have seven grandchildren now, each an inspiration for more fun. Their first was only wearing size 2 shoes when Karen decided to invest in cowboy boots so little Tryston could go for a horseback ride. "Now, we have all sizes of boots over in the living room corner to fit anyone who wants to come over to ride," Karen said.

Inspired by ideas gleaned from magazines, Karen made a frame for a large mirror out of old boot tops collected from garage sales or family members. "I have a folder of magazine ideas and try out the ones I like," Karen said. She has a husband with tools, a talented brother and lots of kids to help when her ideas start to become reality.

"She comes up with a lot of ideas and asks, 'Hey, can you do it?'" That's why I got a shop out there with every tool in it you can think of," Cecil said. He recently put tin roofing material up for the ceiling of the remodeled guest bathroom, where people are treated to action photos of Cecil in his younger rodeo days.

"I quit rodeoing and started breaking horses, and then got out of it for awhile," Cecil said. When they met through a mutual friend, Karen was not a real country girl,

Herbal Health Stop
Crowley's VERY own Health Store
Since 1996

JIM ENGEL, C.N. • OWNER

20% OFF
OF \$50.00 PURCHASE
CANNOT COMBINE OFFER EXP. 11/30/12

WWW.HHSTOP.COM
817.297.4385 FAX: 817.297.0017 • 444 E. MAIN ST • CROWLEY TX

HERBS • VITAMINS • MINERALS • PURE WATER • MASSAGE THERAPY

Uncover Your Natural Beauty Within

Lipo-Abdominoplasty
Our #1 Cosmetic Surgery Procedure
Lipo-Abdominoplasty combines liposuction with tummy tuck for *amazing results!*

Cosmetic Surgery:
Breast Augmentation
Breast Lift • Breast Reduction
Mini Tummy Tuck
Abdominoplasty
Mommy Makeover
Lipotherme™ Laser Liposuction
Facial Rejuvenation
CO2 Laser Skin Resurfacing

Aesthetic Services & Medical Spa:
BOTOX® | Juvederm®
IPL Photo-Facials*
Microdermabrasion*
Facials | Chemical Peels*
Obagi & SkinCeuticals*
*Performed by Licensed Aesthetician

RADIESSE **BOTOX** **Juvederm**

"LIKE" us on Facebook

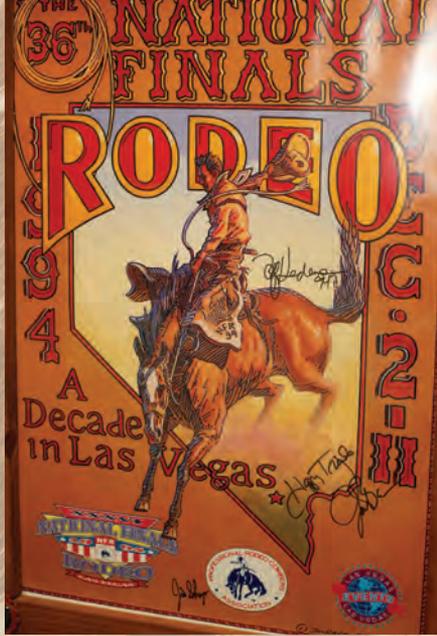
Before

After *Actual patient of Dr. Thornton

Michael L. Thornton, D.O., FACOS
Diplomate American Board of Cosmetic Surgery

550 N. Walnut Creek, Suite 120
Mansfield, TX 76063 • 817-477-9000
www.mansfieldcosmeticsurgery.com

MANSFIELD
cosmetic surgery center



but over time Cecil inspired her to enjoy taking care of chores at home every day. “When Karen and I got together, we went into raising longhorns and developed our brand, a C and a K linked along their backs. Eventually, I decided I knew more about horses and fixed up the old wooden barn on our property.”

Their granddaughters were the first to enjoy horses with them. They started doing play day rodeos together, and now they are hoping the boys follow suit. The children learn about country living from their grandparents. “There’s a water well

on this property. I like to show the kids the old-time well,” Karen said. “It’s a 600-foot, sucker-rod well, and is pumped up into the house.

“We also have old Concord grapes growing out back. I tell the grandkids, ‘That’s where grapes and jelly come from.’ There’s not a lot of old country like that left. Whether the kids let it soak in, I don’t know. But I like to let them know,” said Karen, who has not ever made jelly with them. “That’s a little more industrious than I really am.”

Karen works a full-time job as



FIRST IMPRESSIONS SALON SPA

SHOP FOR THE HOLIDAYS EARLY!!!
BUY GIFT CARDS ONLINE WITH THESE PRICES NOW!

815-1 Alsbury Blvd. @ Summercrest

817.295.9955 FIRSTIMPRESSIONSTX.COM

Permanent Eyeliner

(top OR bottom) **ONLY \$99** Regularly \$250

(top AND bottom) **ONLY \$199** Regularly \$350

1 hour massage,
shampoo style and
1 hour facial for \$99

Exp. 11/30/2012

\$3 OFF
ANY PRODUCT

Exp. 11/30/2012





IN THIS LARGE AND FANCIFUL ROOM, THE BEDFORDS DISPLAY ALL SORTS OF WESTERN MEMORABILIA, MOSTLY INHERITED FROM FAMILY AND FRIENDS.

Snoring? Daytime Fatigue? Restless Sleep? It may be a symptom of sleep apnea.

Offering an AASM accredited sleep lab for evaluating these and other sleep conditions.
Come see any of our providers in Joshua or Cleburne and start feeling better today!



**Joshua: Mon-Thur 7am-7pm
 Fri 7am-5pm**

**Cleburne: Mon-Fri 8am-8pm
 Sat 8am-2pm, Sun 1pm-5pm**



Family Medicine Associates, P. A.

3517 S.W. Wilshire Blvd. • Joshua, TX 76058
 817.447.1151 • www.joshuaafma.com

220 N. Ridgeway • Cleburne, TX 76033
 817.556.4800 • www.cleburnefma.com

Family Medicine Associates is proud to welcome

Brian Wasson, M.D.

to our Joshua location.

Dr. Wasson is now accepting new patients.

Our Family Taking Care of YOURS!

*I specialize in one thing ...
YOU!*

*I can help you make your world
more beautiful, one room at a time.*

I can help you with window treatments, furniture, lighting, accessories, bedding and the art of putting it all together. Call me for your interior decorating needs.

Vonna Pool, C.I.D.
817.447.1185
Certified Interior Decorator/Owner
Decorating Den Interiors



customer service rep for Conway Freight, as well as keeping horses. Cecil has a full-time job, too, as director of maintenance at Crowley Nursing Home. "She won't let me quit," quipped Cecil.

"We had a couple hundred dollars together when we met," Karen said. "We've slowly worked hard, been honest and saved our money." Their older home has been a mutual project since they joined forces. They put on new siding, doors and a metal roof. Her son-in-law, Matt, redid her bathroom, as a gift.

"I was never so happy to see a sledgehammer in my life," Karen said. Removing baby-pink tile, along with a never-used bathtub, Matt created a space that Karen and Cecil can use comfortably. Now painted in Southwest colors, and punctuated with glass tiles in blues, faded turquoise, browns and rusts,



Lose A Jean Size by Christmas!



FIND IT HARD TO STAY FIT DURING THE HOLIDAYS?

- ✓ Boot Camp keeps you motivated and accountable
- ✓ Challenging and fun workouts to keep you energized
- ✓ Convenient time for work or school schedule
- ✓ Nutrition Coaching
- ✓ Improve your Strength, Endurance & Self Confidence!

**CAMP STARTS
SOON!
Sign Up
Online Now!**

BURLESON
ADVENTURE
BOOT CAMP

www.MetroplexBootCamp.com **817-719-0355**



the ceiling is a simple pressed tin. "Cecil had about six old windows in his shop, and we took one and turned it into his mirror?"

The adjoining master bedroom is decorated with elk horns given to Cecil by an old boss, who liked to hunt. In this large and fanciful room, the Bedfords display all sorts of western memorabilia, mostly inherited from family and friends. "If somebody's got an old piece of junk,

they run it by us first," Karen laughed, "because they know we might want it!" The collar mirror was her parents', but she collected all her little guns from



garage sales. The cactus sculpture was a joke Christmas gift. And the 1994 National Finals Rodeo poster signed by big rodeo stars? "That's a souvenir from the trip to Las Vegas Cecil planned because he wanted me to see where the best cowboys ride!"

The big, fun, comfortable room reminds them a bit of a bar. "Cecil's not a drinker, but everybody brings him a jigger back from somewhere," Karen laughed. Over 200 of them are displayed under the southern end of a wall of arches that were here when the couple moved in. "The room was very feminine and flowery, and we had to deal with it." After texturing the walls, and then painting the room in a Palomino brown, Cecil topped off the leathery feeling with a western version of crown molding recycled from Karen's mother's old cedar fence.

The comfort of the country welcomes Cecil home every night. "I'm thankful I have somebody to come home to who works together with me," he said. "It doesn't look like Karen cooks for me — I'm a skinny guy — but she does." And the kitchen is the next project where she will rely on Cecil to bring her visions to pass. To modernize it while adding a country feel, Karen's list begins with a tin ceiling and new countertops. But first, those old counters will be needed for all the holiday food brought in by the extended family. "The more the merrier is the saying, and we usually get the more!" **NOW**

Cabinets Built for Your Storage Needs

Over 40
Years in
Business

Two photographs showing kitchen and bedroom interiors. The left photo shows a kitchen with wooden cabinets, a white countertop, and a stainless steel sink. The right photo shows a bedroom with a bed and built-in storage units.

The Cabinetry
Kitchen & Bath Showroom

Design and Installation
817-360-0044 • www.thecabinetrytx.com
915 N. Nolan River Rd. • Suite F
Across from Cleburne High School

Direct Mail Advertising Works!

Let *BurlesonNOW* magazine
present your advertising message to

over 32,700

*Home & Business addresses
in the Burleson, Crowley
& Joshua ZIP codes*

NOW
MAGAZINES
Bringing the best of the community home

Call for more information
817-477-0990

Seeing Double

By Erin McEndree





Veterans' Day, formerly known as Armistice Day, marks the anniversary of the end of World War I. It is a day set aside by U.S. President Woodrow Wilson in 1919 to honor armed service veterans. Cameron and Camden Lewis, 13-year-old twins, have long known the significance of this day celebrated on November 11.

In a family surrounded with a long history of military service, Cameron and Camden take on the charge of continuing their rich heritage. Both brothers are enlisted in the United States Navy League Sea Cadet Corps program at Carswell Air Force Base in Fort Worth. The boys want to carry on the long tradition of military service that started with their great-grandfather. The United States Navy League Sea Cadet Corps (USNLC) program is for boys and girls ages 10-17 interested in learning about the Navy. Enlistees learn about naval life, basic seamanship, military drill and leadership.

One weekend a month, the Lone Star Squadron meets to drill, march and learn about naval history. On Sunday, they attend the nondenominational worship service on the base. "We have achieved the current ranking of LC3, and will soon be promoted to Petty Officer 3rd class," Camden said. There are several ranks to maneuver through. Advancement requires course exams and training camps held twice a year. Ribbons are awarded for service and achievement. Both boys have ribbons for academic success at

We are **THANKFUL** for our clients!

PREFERRED IMAGE SALON DAY SPA

& BOUTIQUE Since 1983

Online scheduling @ www.preferredimagesalonandspa.com
817-447-1247 327 Northwest Renfro Street • Burleson

RAWHIDE RUSTIC

Rustic

*Elegance
at Its Finest*

**\$500 off Entire Bedroom Set
or 15% off Selected Items
EXP. 12.31.12**

RawhideRusticFurniture.com

Elegant Furniture & Accessories

817.295.5959
117 N. Commerce
Burleson

817.295.1732
108 W Ellison St.
Burleson
(across from Babe's in Old Town)

817.556.9954
711 North Main
Cleburne

*Dedication and Compassion
for Women's Health*

Obstetrics & Gynecology



Texas Health Care

(817) 924-2111

2 LOCATIONS TO SERVE YOU

1250 8th Ave. Suite 320
Fort Worth, TX 76104

12608 South Freeway
Burleson, TX 76028

(Inside Baylor Pain Management next to Half Price Books)



Alicia Larsen, M.D.



Hughes Middle School and community involvement activities. A family goal and priority is to give back to others.

Cameron and Camden joined the USNLC program in August, 2011. "The longer they are in the program," Tabor, their dad, said, "the more diverse their trainings become. They offer everything from SEAL training to marksmanship training." The longer recruits stay in the program, the more benefits they accrue. They will be eligible to enter the armed forces at a higher rank, are favorably looked up to and may receive scholarships.

SCUBA school is coming up, and they are looking forward to completing the training and becoming scuba-certified by the end of the year. "I want to go out to the lake and dive," Cameron said. Kids from all over the United States take part in these training programs. They are held twice a year in various locations across the country.

Melissa, the twins' mom, works as a mentor and supervisor with at-risk juveniles through the Youth Advocate Program. She also volunteers as a Court Appointed Special Advocate (CASA). Even though the family calendar is full, she also gives her extra time as unit photographer when their squadron needs individual and group photos. Tabor works for a military manufacturing and distribution company. "If a plane, helicopter, tank, sub or battleship needs parts," Tabor explained, "we are available to meet those needs." He helps Cameron and Camden with academics and football skills and volunteers with USNLC when he is needed.

The twins' family is very important and a huge support when it comes

Repair or replace your windshield **BEFORE** it becomes a problem!



**FREE MOBILE
AUTO GLASS
SERVICE**

- ▶ Windshield Chip Repairs
- ▶ Lifetime warranty on glass and collision workmanship



Family owned and operated for 26 years!
R. Allen Massey and Lee Ann M. Avera

817-295-2278

www.campbellsautobody.com

10% OFF

All noninsurance windshield replacements when you mention this ad.

Sorry, not available on fleet or insurance accounts.



451 N. Burleson Blvd. (west side of I35W - just south of Wilshire/174)



to getting the boys to school, sports activities and USNLC training. The boys were introduced to the USNLC program by their grandmother, Sharon West, who is one of their strongest encouragers. "They couldn't be any more blessed to have the support of her and their grandfather, Jack West, who is also a veteran of the United States Navy," Melissa said. The USNLC program encourages kids to have high academic scores and stay drug- and alcohol-free, while developing team work, patriotism, courage and self-reliance.

The Lone Star Squadron showed their patriotism when they traveled to Galveston, where they were assigned duties in the commissioning of the *USS Fort Worth* combat ship in September. "We helped send in a petition for the name," Cameron said. "It is the only ship named after a city, and it is an honor to have it named after the city of Fort Worth." In July, the squadron raised money for the journey through a Burger Burn fundraiser where cadets cooked burgers for the Marines on base.

Military service runs deep in the family. Their great-grandfather, Richard Lewis, served in the Army. Their grandfather, Rick Lewis, also served in the Air Force as military police. He has traveled the world and was also deployed to Desert Storm. He is a huge part of their lives. He has taught Cameron and Camden how to spit-shine shoes, fold uniforms and properly pack their sea bags. "He is a great resource for the boys," Melissa said. "He is so supportive."

Rick gives the boys advice. Most they follow, some they don't. "I tell them, 'Go Air Force,'" Richard laughed. "But, I didn't follow my dad into the Army, and

We are **THANKFUL** for our customers and the community!

Happy Thanksgiving



Justice
INSURANCE
SPECIALISTS

817-295-5878 (JUST)
124 West Renfro @ Wilson St.
Conveniently located in Old Town Burleson



You need an independent insurance agent.™



Delight Justice



Eye Care Center
Distinctive Eye Wear

Ray-Ban®

We Carry a Large selection of Designer Frames



Mention this ad and receive **10% Off** your frames

209 Market Street
Burleson, TX 76028
817-295-0186

Clip & bring coupons in for our specials, good thru 11/30/12.

**Veterans & Active Military
20% OFF
Any Service**

**FREE Haircut
w/Color Service
(w/select stylists only)**

**One Hour
Swedish Massage
\$50 Tue & Thur**

**Custom Makeup
Lesson \$40
Hydrating Chemical
Peel \$40**

**WE ARE Thankful
FOR OUR CLIENTS**



Cooper
SALON & SPA

832 E. Renfro • Burleson, Texas
817-447-1922 

REDKEN 3TH AVENUE NYC pevonia BOTANICA

Gift Cards Available Instantly From Our Web site: www.coopersalonandspa.com

Blessed2 Help
"Get the Help You Need"

Holiday Light Installation
Call for Quote

House cleaning
\$200 special for 1-3 bdrm, apt or House for November only

Home & Garage Organizing
\$249 (reg \$599) for November only

Call today 469-235-2027
www.blessed2help.com



Your Center for Complete Healthcare

 **THE internalmedicinecenter**
OF FORT WORTH
817.568.8700
www.theinternalmedicinecenter.com



Now Accepting New Patients
Located in Doctor's Surgery Center @ Huguley Hospital



they are not following me into the Air Force. Our family samples a little bit of it all. Together we work as a team to meet all the demands of our family's busy lives, as well as others' lives we can touch along the way."

Cameron and Camden have many other interests, like other boys their age. "We lead them in many directions, so they're able to explore what they like and find out what they don't like," Melissa said. Both boys enjoyed attending the Burleson Junior Fire Academy that is held yearly. Their younger brother, Taybor, completed the academy this year, and their dad, Tabor, completed the Burleson Citizens Fire Academy in 2009. For one week in the summer they don full gear as they shoot water from hoses, run the tower maze through smoke and learn about fire trucks, ambulances and medic helicopters.

Camden plays football at Hughes Middle School, and Cameron enjoys art. Many of his pieces are on display in the family's home. Camden is a Longhorn fan, and Cameron is a Sooners fan, so football is always an interesting debate in their home. Both boys plan on pursuing military police careers, like their grandfather, Rick.

With the approach of Veterans' Day, when the nation celebrates the service of all United States veterans, Camden and Cameron will be remembering and celebrating, too. They will remember the military service of their family members and celebrate the freedoms it allows. As these two eighth graders continue to earn stripes in the USNLCC program, their passion for military service leads them into the future. **NOW**



Happy Thanksgiving

From Gentle Family Dental

\$20

Emergency includes exam & necessary X-rays

\$25

Initial exam and necessary X-rays (new patients only)

Independently owned ◀
 Friendly staff ◀
 Modern equipment ◀
 Emergencies seen same day ◀
 (Mon.-Thur. if in by 3:00 p.m.)

Gentle
 Family Dental
 Quinlyn E. Yates, D.D.S.

817-295-2031
 2780 S.W. Wilshire Blvd. | Burleson, TX 76028
 Located at the new Texas Health Burleson Medical Complex




CTM
 WELLNESS CENTER
Healing Hands Since 1998

Migraines, Diabetes, Cancer,
 Arthritis, Fibromyalgia, Osteoporoses

Swedish, Deep Tissue, Reflexology,
 Massage for Chronic Pain,
 Chair Massage, Skinny Massage,
 Prenatal, Sports Massage, Foot Detox,
 Ear Candling, Face Toning

Gift certificates & package discounts available.
Flex cards accepted.

817-297-8866
 Crowley Therapeutic Massage
 9333 Crowley Rd. Suite 105,
 Fort Worth, TX 76134



THE FLOOR BARN

We'll floor you with our service & prices!

Handscraped Engineered
 Hardwood \$2.99 sq. ft.
while supplies last

Handscraped 12mm Laminate
 \$3.60 sq. ft. installed
 w/underlayment

3 CM Granite Countertops
 starting at \$35.99 sq. ft. installed

*Present ad at time of purchase.
 Offers expire 11/30/12.*

Other services we offer:

- Tile, Carpet & Vinyl Plank
- Bathroom & Kitchen Remodeling

Free Estimates
Financing Available
 with approved credit. (Minimum Purchase)

544 SW Johnson Ave., Burleson
(817) 426-3900
 www.floorbarn.com
 Mon-Fri: 10-6 and Sat: 10-4



SUNSET WINERY

The Best Little Wine House in Texas™



Get a Jump-start on your Holiday Shopping List with Gifts from Sunset Winery!

Join us every week for WINE DOWN!
Fridays from 5:30-9:00 PM!

- 11/2 • Veterans Appreciation!
Special Live Music
- 11/9 • Game Night
Cards & games
- 11/16 • Potluck: Soup's On!
Tim Angsten
- 11/23 • Jazz Night
Markley & Balmer

For Details & Information:
 facebook.com/SunsetWinery
 or 817-426-1141

www.SunsetWinery.com

ARBORS, OUTDOOR KITCHENS, PATIOS

Your Backyard Oasis Awaits
DREAM. DESIGN. BUILD.



Call today for
FREE
consultation!



URBANOASIS
OUTDOOR LIVING & LANDSCAPING

817.453.3100
WWW.URBANOASISOUTDOOR.COM

PayPal LI9335

LANDSCAPING • SPRINKLERS • LIGHTING

Join us for a **DOWN HOME** Christmas in Waxahachie!

WAXAHACHIE TEXAS

You'll feel at home for the holidays with a heartwarming weekend filled with wonderful activities, touring, dining and shopping in Waxahachie - one of the most charming, historic cities in Texas! Step back in time and walk the ancient streets of Bethlehem during *Bethlehem Revisited*. Plus, tour unique homes, spanning from the Victorian era to the 21st Century, during the *Candlelight Home Tour*. Visit www.waxahachiecvb.com for a complete list of holiday activities.

Come Home to Waxahachie for the Holidays! www.waxahachiecvb.com

UGLY BATHTUB?

Don't Replace, Refinish!

- FAST, 2-DAY PROCESS
- THOUSANDS LESS THAN REPLACEMENT!

BEFORE **After!**

\$75 OFF* *35 Sq. ft. min.

A complete countertop refinishing job OR a complete bathtub & tile refinishing job

Limit one coupon per project. Valid only at participating locations. Not valid with other offers. Coupon expires 11/30/12

Call for a FREE Estimate!
817.201.2774
181 S. Watson Rd., #309
Arlington, TX 76010

Miracle Method®
SURFACE REFINISHING

Please call for appointment to visit our showroom

"Yesterday, these were ugly. Today they're beautiful!"

Martin Rugroden,
Owner Miracle Method Mid-Cities

We Also Repair and Refinish:

- Bathtubs • Tile Showers & Walls
- Sinks & Vanities • Fiberglass Tubs & Showers

We're Looking for the Holidays

Each Miracle Method franchise is independently owned and operated. See our work at MiracleMethod.com

2012 Holiday Shopping Guide

A quick look at the gift items and discounts available locally.



GIVE THE GIFT OF BEAUTY!

Gift Cards for Facials, Chemical Peels, Microdermabrasion & More! • www.laserrejuv.com

Laser Rejuvenation

3517 S.W. Wilshire Blvd., Joshua
Inside Family Medicine Associates
817-447-5270



Leaf Season is HERE!

STIHL HomeScaper Series™ BG 55
Handheld Blower for ONLY \$149.99

Classic Turf Equipment

780 W. Debbie Ln., Ste 200
(Across from Fat Daddy's)
817-459-0521



A Clean Sweep

Polaris Cleaners
as low as \$475 Uninstalled

Nov. 1 - 15th

Pulliam Pools

2725 Altamesa Blvd.
Ft. Worth
818-346-4778



COZY UP IN STYLE

Reversible dog vest. Fastens with velcro,
high-cut belly & leash hole. \$16.00.

Happy Tails Too

113 NE Johnson/Suite 300 • Burleson
817-529-9993

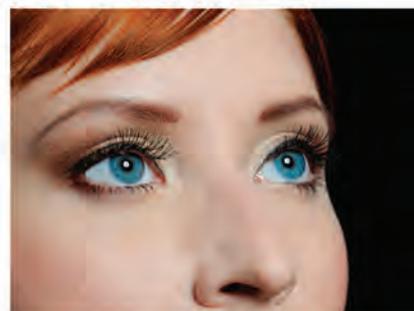


FREE Spinal Decompression

Free Whole Body Assessment w/first
treatments \$37 • FREE Cold Laser Trial

Burleson Pain & Wellness Clinic

Dr. Can Ho, D.C.
230 N. E. Wilshire, Ste A, Burleson
682-472-4011



Get Red Carpet Eyelashes

Nova Lash Special
\$50 Off • 1/2 Off Fills

Upper Cuts Salon/Danielle Elston

137 NW Hillary Burleson Tx 76028
817-295-0491 (B) • 405-514-9106 (C)

Comfort and Peace of Mind

— By Sarah Anderson





As the holidays approach and Melissa Zaborowski plans her family's festivities, she never knows when or if her husband will be able to join her and their two children or just how long he will be able to stay. As a dedicated Johnson County highway patrolman, Richard Zaborowski is one of nearly 1,200 first responders who stand at a moment's notice ready to protect and serve their community. Nights, weekends, holidays — there is no guarantee they will have that time with their families. Although Melissa respects her husband's noble profession, his unpredictable schedule and uncertain safety is a sacrifice. A sacrifice she has willingly made for the past 14 years.

“It’s like being a single parent at times because of your spouse’s hours and the things they miss out on,” Melissa said. “You try not to think about what they’re doing. You try not to think about the danger they face, and when they don’t get home at 1:00 a.m. like they are supposed to, you try not to [speculate] why they are late.” But living in a community with a

GAME X CHANGE

NOW OPEN

We **BUY** & **SELL** **TRADE** video games
DVDs • iPods
iPhones

FIND EVERYTHING from
Wii PS3 & XBOX 360.
to **classic formats** like NES

WE PAY CASH

817-295-2230 • 344 Wilshire Blvd Suite S • Burleson, TX 76028
(Located in the shopping center with Elks Diner & Little Ceasers)
www.gogamexchange.com

The **Ritz** SALON AND SPA

In The Now Boutique

Clothing, Cocktails and CLEARANCE!

Black Friday, Nov. 23rd, 9am - 9 pm
Small Business Saturday, Nov 24th from 9-5

FEATURE OF THE MONTH
MICRODERMABRASION

- Gives the skin a youthful appearance
- Improves the texture, tone and lucidity of your skin
- Improves blackheads, oily or dull skin, dry patches, uneven skin tone & fine lines
- Improves mild acne scars, sun-damaged skin, brown spots, and coarse skin texture

Holiday GIFT CARDS

Buy 2 at Reg. Price & Get 1 FREE
of either Chiropractic or Acupuncture

\$20 Off
Highlights or Lowlights
with selected stylists

Free Massage
Buy 2 Get 1 Free

Limit one per customer. Exp. 11.30.12

136 W. Bufford St. • Burleson • 817-295-6000
www.theritzsalonandspa.com License #ME2147



**Attention
MEN!**

Tired of Shaving or Plucking

...Your eye brows, ears,
back of the neck, side burns,
or back?

50% OFF
LASER HAIR REMOVAL
FOR MEN
with this ad

LASER REJUVENATION

Family Medicine Associates, P. A.

3517 S.W. Wilshire Blvd, | Joshua
220 N. Ridgeway | Cleburne

***** GIFT CARDS AVAILABLE *****

Now schedule online with Schedulicity!

817-447-5270 | www.laserrejuv.com 



100 Club makes it a little easier. So much so, that when Richard and Melissa moved their family to Egan from Brenham, Texas, in 2008, Melissa made it a priority to spark interest in creating a local 100 Club in her new community.

The 100 Club is a national organization founded in 1952 when a young Michigan woman, married to a police officer and expecting their first child, was widowed when her husband was killed in the line of duty. William Packer, a local businessman and friend of the young officer's police commissioner, was moved to action. He asked 100 friends and colleagues to donate \$100 to the widow and her unborn child. His example soon blossomed into a nonprofit organization, which has grown over 60 years and spread across the country. There are over 50 individual 100 Clubs in the United States, seven of them in Texas. They are all dedicated to supporting families of first responders when their loved one is injured or killed in the line of duty.

"It gives you peace of mind and a sense of security knowing there's something and someone there for you if the worst happens," Melissa said. "When Richard was a sheriff's deputy in Washington County, I witnessed firsthand what the Houston 100 Club did for a close friend whose husband was killed on the job." The Houston 100 Club not only blessed the woman and her 4-year-old daughter with immediate financial help, they also helped her go to school and find a career after being a stay-at-home mom. They even set up an education fund for her daughter and were there to offer moral support as she faced countless decisions in the wake of the tragic accident.

Seeing what the Houston 100 Club did for her dear friend before she moved from Washington County, Melissa knew

This time of year we all count our blessings and The Wethington Team would like to say Thank You to all of our clients, friends and family.



The Wethington Team

Karan Cell: 817.929.3189
Connie Cell: 817.233.8124
Scott Cell: 817.614.3761
Laura Office: 817.632.8126
kwethington@kw.com
www.wethingtonteam.com

KELLER WILLIAMS
REALTY

We Wish Everyone a Wonderful Thanksgiving Holiday.



Mountain Valley FUNERAL HOME

**Prearranged Funeral
Planning is available**

817.426.3200
Serving Burleson/Joshua with
Compassion and Dignity.

CUSTOM DENTURES
One Day Service Available

Care Credit now available

REPAIRS **from \$70**
RELINES **\$250 ca.**

DENTURES

Single \$900 ea.
Cast Partial \$1100 ea.



John R. Murphy DDS

Call for appointment.
The prices listed are top of the line products.

TEXAS DENTURE SERVICE

 1609 Everman Parkway • 817-551-1288



getting a 100 Club started in Johnson County was a must. Before long, she approached Sherriff Bob Alford about the possibility. Without hesitation, Bob agreed whole-heartedly and invited the community's movers and shakers to an informational meeting to gauge interest in a 100 Club. Within several months — by early 2009 — the Chisholm Trail 100 Club, the newest 100 Club in Texas, was born. Now every police officer, paid and volunteer fire fighter, sheriff's deputy, EMS and correctional officer in Johnson County is covered by an individual \$50,000 life insurance policy through the Chisholm Trail 100 Club.

"We are thrilled to already have enough members paying their \$100 annual dues that we can give our first responders and their families some peace of mind with the life insurance policies. Our goal is to grow enough and have enough members to move from insurance policies to self-funding," said Niki Passmore, the organization's executive director. "We can't wait to have enough funding to offer even more." Niki, the Chisholm Trail 100 Club's founding and current board members and especially Melissa, as the wife of a first responder, are delighted to offer the families of our local heroes peace of mind. Families of first responders can rest assured the club will be there to support them emotionally and financially in a crisis.

Melissa knows exactly what the families experience every day as they anticipate their loved one's return from a shift of being poised and prepared to respond when their community's citizens need them. She understands the effort to avoid worry and uncertainty. Each spouse or parent learns to believe they will safely return. They cannot let themselves think any other way.

"It's comforting to know you live in

Give yourself the gift of education!

With more than 50 fields of study at Hill College, the possibilities are endless!



Register online today.
www.hillcollege.edu



130 E. Renfro
 Burleson, TX 76028
 (817) 295-7392

FAMILY CARE OF TEXAS

YOUR RIGHTS

to the Medicare Home Health Benefit



HOME HEALTH CARE ALLOWS YOU TO RECEIVE treatment for an illness or injury in the comfort of your home, so you can regain your health and maintain your independence.

Benefits of receiving home health care:

- Continuity of care from hospital to home.
- Convenient: Your health care team comes to you.
- Cost-effective. You pay very little, if anything, out of pocket.

You are eligible if:

- You have Medicare.
- You are under a doctor's plan of care.
- You need skilled nursing care or therapy services on an intermittent visit basis.
- The home health agency you choose is Medicare-certified.
- You are homebound (you leave home infrequently and it requires considerable effort).

Conditions commonly treated by home health care:

- Hypertension
- Heart disease
- Diabetes
- COPD
- Osteoarthritis
- Dementia
- Cancer
- Cerebrovascular disease

Your rights as a patient:

- You are entitled to home health care services under Medicare if you qualify.
- You have a right to choose the home care provider that you want in your home.

Services We Provide

Our services may include but are not limited to:

- Skilled observation and assessment
- Education of disease process
- Home safety and emergency education
- Medication assessment, instruction, and supervision
- Nutritional assessment and instruction
- Pain assessment and instruction
- Wound care
- Restorative therapy
- Medical social services
- ADL assistance

100% Medicare coverage

Please contact us if you have any questions!



Serving:
 Hood, Johnson, Somervell
 and Tarrant Counties
 817-594-7186



STUDIO C DANCE

Burleson's Only Performing Arts Training Facility

Never miss your chance to dance!



2012 First, Second and Fourth Place National Champions
REGISTER NOW: *Classes in Ballet, Tap, Jazz, Hip Hop, Lyrical and more!*
 120 NW Newton Drive, Burleson, TX (817) 295-8277
studiocdance@sbcglobal.net www.studiocdance.net



an area that has a 100 Club, with people who will walk with you and be there for you if you lose your loved one. The Club doesn't merely come in and give you a check. They come in, and sit with you. They guide you as you do all the things you have to do," Melissa said.

Niki said the Club's members and leaders know money and support does not replace a lost loved one, but they want to do everything they can to offer comfort and any means possible to provide help in their absence. Burleson businessman and founding president, Jerry Payne, agreed. "You never want to get that call, but if you do you want to be prepared. I'm proud we have developed means through the Chisholm Trail 100 Club to provide assistance," he said.

Sherriff Alford was instrumental in getting the Club off the ground and is grateful it has become a reality. Unfortunately, his department was the first to experience a loss. A young sheriff's deputy from Cleburne, Clifton Taylor, was shot to death in April, 2010, during a standoff in response to a domestic violence call. The tragedy occurred within a month after the Chisholm Trail 100 Club finalized the \$50,000 death benefit for first responders. Clifton's fiancé and parents' lives were shattered, but the club's provisions gave them means to face the resulting responsibilities and grief. Clifton's parents offered their testimony on a video, which shared the club's mission. "I have such deep affection and respect for this organization," Clifton's mother said. "They helped us at the most overwhelming time of our life when we lost our son." **NOW**

Editor's Note: To learn more about Johnson County's Chisholm Trail 100 Club, visit ct100.org.

Women's Health Care
 Obstetrics | Gynecology | Infertility
 Board Certified
 Accepting Most Major Insurances
 817-782-8210



Texas Health Care
 Dr. David L. Holmes, M.D.



12608 S. Freeway (Inside Baylor Pain Center, Next door to Half Price Books) Burleson, TX



THE PORCH
 ★ ★ ★
 ONE TOWN PURSUSSION

817-426-9900
www.theporchburleson.com

Voted #1 Best Breakfast in Burleson

10% OFF
 ENTIRE PURCHASE
 With coupon only. One coupon per customer. May not be combined with other offers. Exp. 11-30-12

Blinds & Shutters by LaDonnia

FREE Estimates & In-home Consultation

10% OFF any order of \$500 or more
 placed by 12/15/12

Debbie Inman
 817-366-9906
 817-964-5882



We bring the showroom to you!

www.BlindsAndShuttersByLaDonnia.com

Fall is a Good Time for Planting Trees

— By Nancy Fenton

Was the long hot summer as hard on your trees as it was on mine? If you have to replace or just add a bit of color, fall is really one of the very best times for planting trees or shrubs of any size. The cooler weather gives the tree a much better chance to develop strong roots. Container-grown plants, including trees, can be planted any time of year, but the fall is still a much better time since they won't require as much watering. Trees, like most plants, shock easily when moved around. The roots start to dry out the minute the soil is pulled away. This makes careful planting a must.

For careful planting, the tree guys at Texas A&M University tell us the width of the planting hole is vitally important. Three times the width of the pot is essential, as is digging the hole no deeper than the container in which the tree is planted. If you are looking at a tree that is bare-rooted (no soil), just make sure that the hole is good and wide. Lots of room is needed for the roots to spread out. Good looking trees in containers often have lots of roots in a very small space. A

good soaking will often loosen the container and the soil around the roots. If that doesn't work, try a good, sharp knife to cut through and loosen the roots.

The depth issue is one that has changed over the years. The crown of the tree should be just above the level of the surrounding soil with the roots spread around it. The main issues in North Central Texas are our alkaline soils, plus the uneven moisture levels. Refilling the hole with the same soil that came out and topping with two to three inches of course mulch is recommended. Less air exposure to the roots means less of a chance the tree will be shocked. Regular watering after the fact (even after the temperature drops) will also help. **NOW**

Nancy Fenton is a Master Gardener.

SUPPORT *Harvest House*

WITH CAN GOODS AND PANTRY ITEMS THROUGH NOVEMBER 30, 2012.

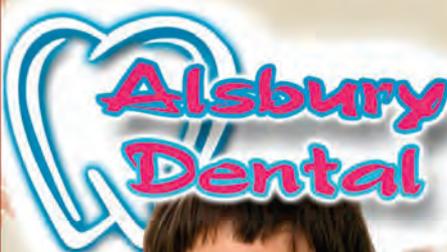
- Teeth Whitening
- Implants
- X-BOX, TV
- WIFI
- Emergencies Seen SAME DAY
- Sedation & Nitrous Oxide
- Cosmetic Dentistry
- Veneers

\$10.00 TOOTHACHE EXAM

for ALL patients with Harvest House donation.
Regularly \$77
Expires 11-30-12

\$10.00 NEW PATIENT EXAM

and X-rays with Harvest House donation.
Regularly \$140
Expires 11-30-12



Alsbury
Dental

Comfortable & Affordable
Dentistry for the Entire Family!

Ask about our
**NEW SMILE
Protection Plan!**
Savings include: No-charge teeth
cleaning & large dental discounts!

699 N.E. Alsbury (1/2 mile west of I-35 • Next to Sonic)

817-295-3070 www.alsburydental.com

Over 50 PPO plans accepted

CareCredit

Patient Payment Plans





Short Family Medical Center

101 NW Ellison
Burleson, Texas 76028
(817) 295-5200
www.shortfmc.com
Facebook/Short Family Medical Center

Hours:

Monday-Thursday: 8:00 a.m.-5:00 p.m.



Jack Short, D.O., and Rusty Short, FNPC, with their professional staff, serve patients old and young. Spacious examination rooms offer children toys and activities while their family members are seen.



To Your Health

This month Short Family Medical Center gives thanks for rewarding relationships with over 6,000 patients!

— By Melissa Rawlins

The first day Rusty Short served a patient in her center, she had on flip-flops and cut-off shorts for the job of unpacking boxes into Short Family Medical Center. “I had forgotten to lock the door,” Rusty laughed. “But I saw the girl, treated her ringworm, and she and her mother left satisfied that the little girl would be accepted in school the next day.”

Old-fashioned health care has been available at Short Family Medical Center since October 2010, and this month the owners are giving thanks for their rewarding relationships with over 6,000 patients throughout Johnson County. With or without insurance, people are welcomed here by Jack Short, D.O., and his wife, Rusty Short, FNPC.

The couple started the center close to their Joshua home to

provide affordable, accessible health care for entire families. “It’s the concept you had years ago when you had a family doctor who knew you,” said Rusty, a nurse practitioner who runs her center with a collaborative physician, who also happens to be her husband.

“We want to simplify things for patients. Certainly there’s a need for specialists, but there’s a whole lot your family practitioner can do,” Rusty added. Consulting with other physicians, nurse practitioners are licensed in Texas and trained to do almost everything a primary doctor does. Rusty and Dr. Short maintain referral relationships with several local physicians, including: Barry Bass, M.D.; Greg Hoffman, M.D.; or Joe Etter, D.O. Within the Short Family Medical Center, Rusty

relies on Medical Assistants Brittany Hoeninghaus, Christine Phillips and Melissa Graves and receptionist Mel Behney.

As an adjunct professor for The University of Texas at Arlington's nurse practitioner program, Rusty helps prepare health care providers for new careers. She mentors students from the Hill College LVN program, too. Heather Curtis has done her residency with Short Family Medical Center and will finish in December.

Not long after Heather's graduation, Rusty and her staff will say goodbye to their four-room building, which has been quite hospitable to the growing patient list. "People are usually shocked to find they actually can afford to take care of their health. They often come with a whole laundry list of things they need to deal with, because they haven't been to a doctor in so long," Rusty said. The center is able to provide this experience thanks to their supporters, like laboratories and imaging companies, which have worked with them to give

"We want to simplify things for patients. Certainly there's a need for specialists, but there's a whole lot your family practitioner can do."

special prices for their patients.

Short Family Medical Center has set March 15, 2013, for the opening of their expanded center, directly behind the current building. Already, Rusty and Jack and their staff treat a long list of medical issues, from gynecological exams to minor emergencies. They see many children for school physicals and vaccines along with other wellness issues. The center also runs a successful weight-loss program.

The mission of Short Family Medical Center is working itself out, with patients coming from Crowley and Cleburne. "When someone finds out they can go see a doctor for a very low price — and pay cash if they like — we get a lot of patients in here, who are pretty good about following instructions to do what they can to improve themselves," Rusty said. "They know the value of their health." **NOW**

Look who's found a new home at First United.

Samie Campbell has over 13 years experience in the Financial Services Industry.



Good news for Burleson area prospective homeowners

Call today to ask Samie about:

- Quick approval with no application fee
- First-time home buyer loans
- Flexible financing options
- Construction to permanent loans
- FHA, VA and USDA loans
- Jumbo loans
- Debt consolidations

308 E. Renfro St., Suite 206
Burleson, TX 76028
817-447-4443
sjccampbell@firstunitedbank.com
sjccampbell.fubmortgage.com

For all your mortgage needs, call me today!





Banking :: Mortgage :: Insurance :: Wealth Management

Affordable Quality Healthcare for the Entire Family



Pediatrics • Adult • Gynecology
Minor Emergency D.O.T.
Sports Physicals

Accepting most insurance
\$55 office visits for cash patients

Free vaccines for children ages 0-18 years
101 NW Ellison Street, Burleson, Texas 76028
817.295.5200 www.shortfmc.com



Jack Short D.O.



Rusty Short FNPC



Joni Dereta
TAX & BOOKKEEPING
CALL ME!
Office: 817.295.2611
Cell: 817.996.6723



Fancy's

Plus Size Resale Shop
Sizes 1X - 5X
Buy • Sell • Consign

WE HAVE MOVED

220 E. Renfro
(Next Door to City Market)
817-426-4944

We Also Carry Shoes, Jewelry, Purses and Accessories
www.fancysplussizersaleshop.com



Nina Cloud, Tara Ivie and Sarah Arentz, teachers at Building Blocks, support their Rangers.



Volunteers register the 375 participants in the largest Trash Bash ever hosted by the City of Burleson.



Amanda Nichols at the Crowley Sonic is always smiling.



Some of the volunteers for Crazy 8 Ministries present their work at an open house during Power of Heels.



A ribbon cutting is held for Looking Suite At Legacy Salons.



Leslie and Jon Duncanson receive the door prize from Tami King of Couch and Russell during their recent Lunch-n-Learn at the BACC.



Seth Rosser gives a tour of the new United Cooperative Services building to Tiffany Strother and DeeAnn Strother, attorneys at law from Joshua.



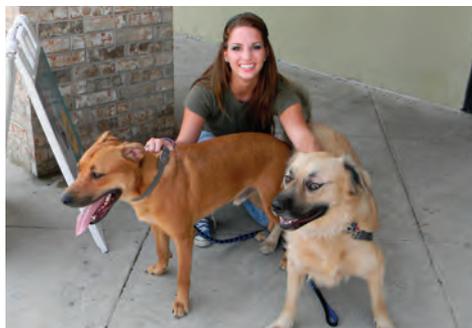
Pat Worrell helped Russell Farm welcome visitors from Japan earlier this month during the center's first public tour since its open house in May 2012.



Dorothy Nash at Russell Farm, the historic farm on the south side of Burleson that was donated to the City of Burleson by the Boren family for historical, art and agricultural/ natural uses.



A ribbon cutting is held for Burleson's New Star Bank.



Kayla Roger with the City of Burleson visits Pet Smart with Kaiser and Rosco.

NORTHWOOD UNIVERSITY MBA

Now Offering a New Weekend Program!



The proven MBA

The DeVos MBA is strategically aimed at transforming your managerial and leadership skills sets. We take you beyond the standard classroom environment and put you in the role of the decision maker through case study analysis.

► **MBA highlights include:**

- 24-Month Evening or Weekend program
- 12-Month Daytime program
- Integrated management curriculum
- Case-based learning approach
- Student-centered discussion
- Enhance your critical thinking and problem solving skills
- Capstone Management & Leadership Simulation Week

Next MBA Information Sessions

On Campus - November 13th • December 10th (Includes a MBA class visit)

Online Webinar - October 30th

Please register at www.northwood.edu/graduate or call 972.293.5448



mbatx@northwood.edu
www.northwood.edu
 1114 W. FM 1382 • Cedar Hill



Northwood University is accredited by the Higher Learning Commission and is a member of the North Central Association, (800) 621-7440; higherlearningcommission.org.

Give Your Hair That Seasonal Change

FREE Deep Conditioner, Blow Dry and Style with any Color

Serendipity
A Complete Beauty Escape

Sara Pryor: Owner/Stylist
 110 S. Main St. (next to Fresco's)
817.426.1900

Tuesday - Friday: 9-6, Saturday: 9-4
www.serendipityescape.com

NOBODY PROTECTS YOU FROM MAYHEM LIKE ALLSTATE

I can help you get the coverage you need. People who switched to Allstate saved money and got more protection. Which means they're better prepared for the mayhem that can happen everywhere. So don't wait! Call me today.

Doug Martin
 (817) 297-8887
 200 E. Main St., Suite E
 Crowley
dougmartin@allstate.com

Call me to put yourself in Good Hands®. You're in good hands.

Coverage and savings based on policy features selected and are subject to terms, conditions and availability. Allstate Fire And Casualty Insurance Company: Northbrook, IL. © 2010 Allstate Insurance Company

Accents of Burleson
 121 NE Wilshire • 817-447-3315

Wine & Cheese Friday Nights
 Burleson location only

Furniture & Home Decor From Rustic to Classic

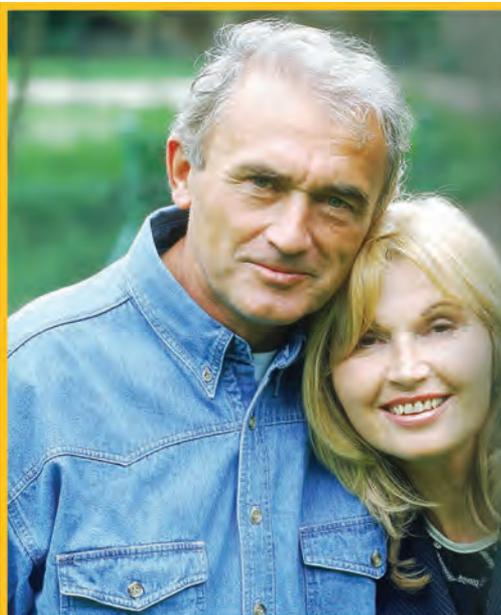
Gifts for every occasion
Baby & Bridal Registry Available
 Cleburne • Granbury • Keene
www.accents-home.com

Common Myths About Life Insurance: Singles and Stay-at-Home Parents Among Those Most at Risk

— By Mark Jameson

A recent survey by LIMRA International¹ shows that one-third of adults in the U.S. have no life insurance. Those with coverage, the study also showed, have far less than most experts recommend for a secure financial future for their families. For most consumers, buying life insurance can be a tough decision, and myths about life insurance can confuse and delay consumers from purchasing a policy, potentially forcing their families to make financial sacrifices.

Life insurance provides more than a tax-free cash payout upon death. It also helps provide peace of mind that your loved ones will be covered.

Having More Retirement Accounts Is *Not* The Same As Having More Money.

When it comes to the number of retirement accounts you have, the saying “more is better” is not necessarily true. In fact, if you hold multiple accounts with various brokers, it can be difficult to keep track of your investments and to see if you’re properly diversified.* At the very least, multiple accounts usually mean multiple fees.

Bringing your accounts to Edward Jones could help solve all that. Plus, one statement can make it easier to see if you’re moving toward your goals.

*Diversification does not guarantee a profit or protect against loss.

To learn why consolidating your retirement accounts to Edward Jones makes sense, call your local financial advisor today.



Lynn H Bates Jr, AAMS®
Financial Advisor

115 N W Newton Drive Suite E
Burleson, TX 76028
817-447-9446

www.edwardjones.com Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

Woman-owned business since 2007



*Happy Thanksgiving
From My Home To Yours.*

\$500 OFF
House Remodel
\$5,000 minimum, Nov. only.

J3 
Construction

Commerical & Residential
Contact Lisa Perkins
817-798-6054

Common myths about life insurance:

•*Myth: I am single.* Most single people don't have a pressing need for life insurance, because no one depends on them financially. However, there are exceptions — for instance, if you're providing financial support for aging parents or siblings.

•*Myth: I don't work.* Stay-at-home parents often make significant financial contributions to a family's budget by providing such things as child care, transportation and housekeeping services that could add up to tens of thousands of dollars a year. Could a single surviving spouse afford to pay for these services on his or her own?

“For most consumers, buying life insurance can be a tough decision.”

•*Myth: Group life provides all the coverage I need.* Group life insurance is a great component of a life insurance program. However, the coverage offered is not always enough to take care of your beneficiaries and usually offers limited coverage options. Group policies are generally nontransferable once you leave your current job.

•*Myth: A permanent policy is better than a term policy.* The kind of coverage that's right for you depends on your unique circumstances and financial goals. A term policy generally offers the greatest coverage for the lowest initial premium. A permanent policy may work best if you anticipate a need for long-term protection. **NOW**

Mark Jameson is a licensed Allstate sales associate based in Burleson.



Mon.-Fri. 9A.M. - 6P.M. • Sat. 10A.M. - 5P.M.

RED WING SHOES CELEBRATING OUR 1ST YEAR ANNIVERSARY

SERVING BURLESON & SURROUNDING AREAS

COME SEE US Join us November 10th
SPECIALS ALL MONTH Free Hot Dogs & Drinks
817.426.0030 Music by Steve Helms 2:00-3:00

Burleson

1001 S.W. Wilshire Blvd. Suite E • Burleson, TX • 76028 • SHAFER PLAZA SHOPPING CENTER

THE #1 KILLER OF TEENS IS NOT WHAT YOU THINK.



Get your copy of our Parent-Teen Driving Agreement. Car crashes kill more teens than murder or suicide. That's why I want every parent to have a copy of our Allstate foundation Parent-Teen Driving Agreement. It gives important tips on how to talk to teens about driving safe. And lets parents and teens agree on the ground rules and consequences together. Call me or come in today for your free copy.

Mark Jameson
(817) 447 1139

558 SW Wilshire Blvd
 Burleson
 mark.jameson@allstate.com

Call or come in today for your Parent-Teen Driving Agreement.



Source: Insurance Institute for Highway Safety Fatality Facts 2007-2009. Allstate Fire and Casualty Insurance Company © 2012 Allstate Insurance Company

Taking the Bite Out of Pain

— By Betty Tryon, BSN

Relaxing with a cup of hot tea or just chilling with friends enjoying an ice cream cone are simple pleasures you may have to enjoy at your own risk. Sensitive teeth can definitely take the pleasure out of eating. The symptoms are easy to recognize. Stimulation or irritation of teeth by hot or cold substances, or sometimes even by flossing or brushing, can cause pain and discomfort in the affected tooth. Sensitive teeth in and of themselves are not a medical crisis. However, they could be the indicator of worse things to come.

Many reasons might cause a tooth to suddenly become difficult to live with. Damage to the tooth would be an obvious cause. Fractured or cracked teeth can lead to great sensitivity and pain. Frequently, the damaged tooth is discovered after pain has driven the person to the dentist's office. Teeth grinding or biting on a hard surface, such as ice or popcorn kernels, can lead to tooth trauma. Having a tooth restored after such an ordeal is extremely important in order to avoid having bacteria seep into the exposed surface and cause tooth decay. Erosion of the tooth's enamel can occur with abuse of illicit drugs, such as methamphetamine, which has earned the nickname of "meth mouth," because of the prolific amount of damage to teeth from the highly acidic drug. Some over-the-counter medications can cause damage to the enamel if not taken

properly. An example is aspirin with its acidic nature or the sugar in cough syrup that's allowed to remain in the mouth and not rinsed or brushed away. Saliva helps protect teeth, but some medications, such as antihistamines, can cause dry mouth. Gastroesophageal reflux, as well as eating disorders, such as bulimia, cause stomach acid to bathe the teeth, which then breaks down enamel. Teeth whitening products are one of the major causes of sensitive teeth.

Preventing tooth sensitivity can be accomplished various ways. If you grind your teeth, have yourself fitted with a proper mouth guard. If your teeth have been damaged, seek the help of a dentist for remedy. Good oral hygiene is vital. Proper brushing, flossing and regular dental checkups go a long way toward keeping your teeth in good condition. Avoid hard bristled toothbrushes, because they can wear down your tooth enamel and cause irritation to the gums. Use fluoride toothpaste, and check with your dentist about which mouth rinse you should use. When brushing, do so gently. In today's world, modern dentistry can perform miracles. If you need dental services, call your dentist. **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.

Family Memories Are Priceless

JELLYSTONE PARK
Yogi Bérar
 North Texas
CAMP-RESORT

- Family Fun Resort
- Camping/Cottages
- Group Facilities
- Firetruck & Hayrides

www.NorthTexasJellystone.com
888-855-9091 - Burleson, Texas

Creative BYTES graphics

CUSTOM GRAPHICS • AUTO DECALS
VINYL LETTERING & MORE

Creating custom graphics that are affordable and fast!

ORDER BY PHONE OR ONLINE ☆ 817-908-6028
WWW.CREATIVEBYTESGRAPHICS.COM

A-1 GARAGE DOORS & REPAIR
 Service & Installation

ALL WORK DONE BY OWNER

SINCE 1964

817-688-7052 *AO & Bobbie Smith*

November 3

Crowley Area Chamber Extravaganza and Business Expo: 3:00-7:00 p.m., CTE Center, 1033 McCart Ave., across from Nicky D's. Featuring The Taste of Crowley Area, in which restaurants from Crowley and surrounding areas offer their goodies. Call (817) 297-4211.

Magic Show: 7:00 p.m., Burleson High School Auditorium, sponsored by the Burleson Kiwanis Club. Contact bur88kiwanis@gmail.com.

November 5

Walk with Council: 6:00 p.m., Bransom Elementary School. The public is invited to walk two miles with Burleson City Council members along the Oak Valley Trail, the first pedestrian trail leg in the City's planned trail system. Contact (817) 426-9687.

November 9

Senior Dance: 7:00-9:30 p.m. Burleson Senior Center, 216 S.W. Johnson Ave. Dancers from surrounding areas gather here for conversation and dancing. Come join the ball! For more information, contact (817) 295-6611.

November 10

Crowley Quilt Show: 9:00 a.m.-2:00 p.m., First

Baptist Church Community Life Center, 400 S Eagle Dr., Crowley. For entry information, call (817) 297-2189 or (817) 297-4347.

Fort Worth First Fall Craft Fair: 9:00 a.m.-4:00 p.m., Fort Worth First Church of the Nazarene, 2001 E. Main St., Crowley. Local vendors from all over the Metroplex bring their handmade arts and crafts to sell for unbeatable prices. Contact Clint Grimes, (817) 297-7003, ext. 107.

Free Acoustic Music Concert: 7:00 p.m., Grandview SDA Church, 12801 S. 35W, Grandview. Everyone is welcome to enjoy a hodgepodge of acoustic music, from classical guitar to bluegrass to gospel to country. Please contact Rendall Caviness at wrcaviness@hotmail.com or (817) 770-5663.

November 10

Military Veteran Tribute: 2:00 p.m., Veterans Memorial Park at Renfro Square. Dedicated to warriors wounded in action and Purple Heart recipients. For information, call (817) 426-9622.

November 17

Foster Care Expo: 9:00 a.m.-Noon, Field Street Baptist Church, 201 N. Field St., Cleburne.

For all those interested in providing foster care for hurting children. Visit orphansunday.org or contact Tammy King, executive director, Children's Advocacy Center, (817) 558-1599.

November 30

Youth Bee Scholarship application deadline: 5:00 p.m., Metro Beekeepers, c/o Tim Wallace, 1510 Sunnysdale Dr., Midlothian. The Metro Beekeepers Association will provide a hive — and all its related responsibilities — to a youth hobbyist. Visit www.metrobeekeepers.net.

December 1

Joshua Christmas Parade: 6:00 p.m., Staples Elementary is the starting point. Parade ends with annual celebration in City Park. For more information, call Joshua Chamber of Commerce, (817) 558-2821.

Submissions are welcome and published as space allows. Send your event details to melissa.nowmag@sbcglobal.net.

Empire

CARPET CLEANING



We also clean Tile & Grout

All work performed by owner.
My cleaning process goes far
beyond most competitors'.

HOLIDAY SPECIAL

4 Rooms
Only \$99

Locally Owned in Burleson for Over 15 Years

No Complaints!

817-361-0077

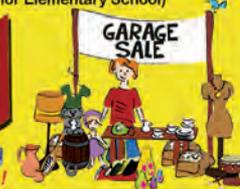
 facebook.com/empirecarpet

Garage Sale!

Saturday, Nov. 3rd • 8am-3pm

Alsbury Baptist Church Parking Lot
(will be held inside if weather is bad)
500 NE Alsbury
(Next to Taylor Elementary School)

All Proceeds
Benefit
Robert Miller -
Small Cell Lung Cancer



Like us on Facebook **Fight-Robert-Win!**

Call Lisa Miller 817-939-3386

JL

Pest Control Services Inc.

Commercial & Residential

Termite & Pest Control

817-484-2390

toll free 877-484-2390

www.pestserve.com



In the Kitchen With Pam Vire

— By *Melissa Rawlins*

Earning her Girl Scout badge while also preparing dinner on nights when her mother worked late, Pam Vire began cooking at the age of 10 and hasn't stopped. The first meal she cooked — under her mother's tutelage — was flame-broiled steak and oven-baked frozen French fries. She experimented with new recipes, and, after marrying Craig, began collecting cookbooks — amassing 300, which she reads cover-to-cover. The obsession started with Junior League cookbooks, her favorite being *Apron Strings* published by the Junior League of Little Rock, Arkansas, where Pam is from. In her 25-plus years as a paralegal, she frequently catered for co-workers, as well as her litigation team, when in trial. Her passion now benefits the Bethesda Baptist Church congregation, because Pam loves cooking for hungry people. **NOW**

Sausage Pinwheels

- 1 lb. ground Jimmy Dean pork sausage**
- 2 cups all-purpose flour**
- 3 tsp. baking powder**
- 3/4 tsp. salt**
- 1/4 cup shortening**
- 3/4 cup milk**

- 1.** Preheat oven to 350 F
- 2.** Stir together flour, baking powder and salt.
- 3.** Cut in shortening with a fork or pastry blender; stir in milk.
- 4.** Place dough on large piece of floured wax paper. Knead dough briefly; roll out into a rectangle about 1/4-inch thick.
- 5.** Spread raw sausage onto the rectangle. Roll up lengthwise.
- 6.** Cut dough into 1/4-inch slices. Lay pinwheels flat on a baking sheet and bake 30 minutes until golden brown.

Ready-by-dinner Yeast Rolls

- 1 package rapid rise dry yeast**
- 1 cup very warm water (just shy of hot)**
- 1 tsp. salt**
- 1 heaping Tbsp. sugar**
- 2 Tbsp. shortening**
- 2 cups all-purpose flour**

- 1.** Dissolve yeast in water in the bottom of a large mixing bowl.
- 2.** Add all other ingredients except the flour and mix together with a mixer.
- 3.** Begin stirring in all the flour; mix until the dough is smooth. (This can be mixed in a food processor with the dough blade or with a stand mixer using the dough hook.)
- 4.** Pour out onto floured wax paper; knead the dough slightly. Pull apart and roll into balls the size of golf balls. Put dough balls

on greased round metal pan about 3/4-inch apart. Let rise in warm place about 45 minutes.

- 5.** Preheat oven to 375 F; cook about 20 minutes until golden brown.

Stuffed Cream Cheese Jalapeños

- 1/2 lb. ground Jimmy Dean pork sausage**
- 1 8-oz. pkg. cream cheese, softened**
- 1 cup fresh Parmesan cheese, grated**
- 1 lb. fresh jalapeño peppers, halved lengthwise, seeded**

- 1.** Preheat oven to 425 F
- 2.** Cook sausage in skillet over medium heat until brown; drain and crumble into very tiny pieces.
- 3.** In a bowl, mix sausage, cream cheese and Parmesan cheese.
- 4.** Spoon 1 Tbsp. cream cheese mixture into each pepper half.
- 5.** Place on a cookie sheet; bake 20 minutes until bubbly and lightly browned.

Maple-sauced Pork Chops

- 1/2 cup ketchup**
- 1/2 cup maple-flavored syrup**
- 1/4 cup white cooking wine**
- 1/3 cup water**
- 1/2 tsp. instant beef bouillon granules (or 1/2 cube)**
- 1 small bay leaf**
- 1 garlic clove, minced**
- 1/2 tsp. ginger root, grated or 1/4 tsp. ground ginger**
- 1/2 tsp. dried ground thyme**
- 1/2 tsp. dried basil, crushed**
- 1/4 tsp. chili powder**
- 1/4 tsp. dry mustard**
- 1/4 tsp. salt**
- 1/4 tsp. pepper**
- 1/8 tsp. ground cloves**
- 4 pork chops**

- 1.** In a saucepan combine all ingredients except pork chops.
- 2.** Bring to a boil. Reduce heat; simmer, uncovered, for 20 minutes, stirring occasionally. Remove the bay leaf.
- 3.** Grill chops over medium heat for 15-20 minutes. Turn chops; grill 10 minutes longer, brushing sauce over chops occasionally.
- 4.** Serve with warm sauce.

Keeping The Game Going For Generations.



**\$27.00 Exam, Xrays,
& Report of Findings**

with all proceeds going to SOS.
This offer does not apply to Medicaid or Medicare,
and expires November 30th.



*Trinity
Chiropractic
of Burleson*



Chase Dyess, D.C.



Chiropractor for the
Spartans Football Team.

815 SW Alsbury Rd., Ste. 3 • Burleson, TX 76028
817-295-1999 Fax: 817-394-1900 • www.trinity-chiropractic.com

Package of 3 Photofacials at \$299.00

Botox \$10.00 a unit

Gift certificates now
available for the holidays!

*Med Spa
At Seena One*

701 E. Rendon-Crowley Road | Burleson | www.spaseena.com
info@spaseena.com | 817-509-0405





THREE AREA COMMUNITIES, ONE COMMITMENT TO CARE

Legend Retirement Corp. has three communities in Fort Worth and Granbury, offering three delicious meals per day, complimentary transportation to local doctors and shopping, and lifestyle programs catered around our residents' hobbies and interests.

Stop by today and learn about Heritage Place's upcoming Assisted Living and Memory Care addition, hear why Mirabella was voted #16th Best Assisted Living in Texas by AssistedLivingToday.com, and see why Hood County Readers have voted Waterview Best Independent Living and Best Assisted Living in Granbury two years in a row!

**Visit us today and learn more about our lifestyle programs,
taste our delectable dining, and see first-hand our commitment to care.**



Heritage
— PLACE —

A Retirement Community at Huguley

Independent Living
Assisted Living
& *Memory Care*
Opening 2013

300 Huguley Blvd.
Burleson, TX 76028
(817) 568-1000


MIRABELLA
ASSISTED LIVING

Assisted Living
4242 Bryant Irvin Rd.
Fort Worth, TX 76109
(817) 763-0088


Waterview
RETIREMENT REDEFINED.

Lakefront Homes
Independent Living
Assisted Living
Memory Care
100 Watermark Blvd.
Granbury, TX 76048
(817) 573-3434

www.LegendRetirement.com



TDAD# 130835, AL# 104023, 104024